

## National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

## Meet Program - 10/4/2026 Morning

## Event 60 Boys 15 &amp; Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 15 Finals</b>				
3	Ahmed Waled Ibrahim	19	TALBE	5:26.94
4	Youssef Ahmed Moahsbo	15	Kharaya Ms	5:23.15
5	Yassin Mohamed Saeed	15	Wadi Degla	5:23.72
<b>Heat 2 of 15 Finals</b>				
2	Mohamed Emadeldein Solir	17	SMOHA	5:21.56
3	Hamza Moustafa Gaber	15	Haras	5:19.98
4	Ahmed Hatem Hosny	20	Wadi Degla	5:18.90
5	Ahmed Fathy eid Abd Elaty	20	Rowad	5:18.90
6	Hassan Yusef Hassan	15	SMOHA	5:20.15
7	Ahmed Belal Ahmed	15	Bank Ahly Alex	5:23.10
<b>Heat 3 of 15 Finals</b>				
1	Aly Mohamed Magdy	17	A S E C	5:18.49
2	Omar Hamad	20	El Temsah	5:17.85
3	Mostafa Mohamed Alserafe	15	Baladyat El Maha	5:16.67
4	Yassien Yaser Atef	20	MRAC	5:15.72
5	Mahmoud Mohamed Ahme	20	SHAMS	5:16.17
6	Selim Ahmed Hazem	15	Sporting	5:17.39
7	Wael Mohamed Abdallah	15	Kharaya Ms	5:17.91
8	Hamza Mohamed Hesham	15	SMOHA	5:18.82
<b>Heat 4 of 15 Finals</b>				
1	Hussien El Khashab	15	Sporting	5:15.68
2	Youssef Waleed Adel	15	Wadi Degla	5:15.24
3	Karim Gamal Abd Elsalam	19	SHOOT	5:14.79
4	Ziad Khaled Mohamed Moa	15	Wadi Degla	5:14.57
5	Yassin Mohamed Abd Elazir	17	ZOHUR	5:14.62
6	AbdelRahman Karim Moha	15	SHOOT	5:15.03
7	Yassen Gehad AbdelMonem	15	SHOOT	5:15.37
8	Ahmad Ehab Ebrahim Abde	18	SMOHA	5:15.70
<b>Heat 5 of 15 Finals</b>				
1	Omar Mohamed Hosny	17	HADAK	5:14.41
2	Seif Eldin Sameh El Kadi	16	AHLY	5:14.21
3	Omar Mahamed Karam Ali I	18	HELDO	5:13.93
4	Mohamed Ashraf Mohamed	16	Wadi Degla	5:13.11
5	Omar Alaa Eldin Mohamed	16	SMOHA	5:13.64
6	Hamza Mohamed Emad	16	Wadi Degla	5:14.08
7	Hassan Amr Mohamed Abd	16	Olympic Champion	5:14.34
8	Adam Hatem Mohamed Mo	17	ZMALK	5:14.52
<b>Heat 6 of 15 Finals</b>				
1	Amr Tamer Alsaad	15	SHRKS	5:12.75
2	Hamza Walid Abdelaziz	17	Elethead	5:11.72
3	Adham Ahmed Hamouda Al	15	Bank Ahly Alex	5:11.05
4	Eyad Mohamed Ali Saleh	16	SHOOT	5:10.02
5	Omar Mohamed Hanafy	16	M.S Tagamoa	5:10.65
6	Mohamed Ahmed Mohsen	16	Pegasus Club	5:11.63
7	Zein Tallal	17	Sporting	5:12.64
8	Seif Jousef Anas	17	HELOP	5:13.07

## Heat 7 of 15 Finals

1	Omar Osama Mohamed	17	AHLY	5:09.25
2	Yousef Mohamed ElSayed	16	Haras	5:08.14
3	Zeyad Mohamed Hedaya	18	M.S Tagamoa	5:07.52
4	Marawan Walid Noshy	19	AHLY	5:06.97
5	Karim Hesham Moh. Fakry	18	GEZIR	5:07.14
6	Hamza Mohamed Abdelwa	16	Bank Ahly Alex	5:07.90
7	Yousef Hessen Atia	15	OLMPA	5:08.75
8	Youssef Ahmed Attia	15	ZOHUR	5:09.99

## Heat 8 of 15 Finals

1	Ahmed Nader Mohamed	16	Elethead	5:06.43
2	Abdel Nour Ahmed Moham	16	AHLY	5:06.03
3	Malek Mohamed Abd Elwar	15	Bank Ahly Alex	5:05.20
4	abd Elrhan Mosad Abosre	18	SHAMS	5:04.79
5	Moustafa Wael Kasem	18	ZMALK	5:05.01
6	Amr Faisal Mohamed Ahme	17	TRSAN	5:05.82
7	Mazen Ahmed Elsaid Ahme	17	Bank Ahly Alex	5:06.30
8	Omar Ehab Mostafa	17	AHLY	5:06.70

## Heat 9 of 15 Finals

1	Hady Mahmoud Efat	17	Bank Ahly Alex	5:04.45
2	Amr Mohamed Said	18	BNKG	5:02.54
3	Khaled Waleed Adel	17	Wadi Degla	5:01.62
4	Mohamed Ibrahim Zakreya	18	A S E C	5:01.30
5	Hatem el Ameer Salah el dir	18	Al Hawar	5:01.39
6	Yasien Hytham Fayez	19	Cairo	5:01.94
7	Mohamed Mamdoh Abdelfa	16	HADAK	5:04.44
8	Ali Ahmed Adel Ibrahim	15	6 OCT	5:04.72

## Heat 10 of 15 Finals

1	Omar Hany Adel Abdelaziz	16	Bank Ahly Alex	4:59.26
2	Ahmed Mohamed Abd El Ra	17	ZOHUR	4:58.74
3	Mostafa Mohamed Jawhar	15	GEZIR	4:57.82
4	Essa Shref Abd EL Monem	18	HELOP	4:57.72
5	Eyad Mohamed Shokry Mo	18	6 OCT	4:57.74
6	Omar Haitham Bahaa	17	Wadi Degla	4:58.06
7	Mohamed Amr Hzza	16	PETRO	4:59.01
8	Mohamed Ahmed Zayed	16	Alaab Damanhour	5:00.04

## Heat 11 of 15 Finals

1	Ahmed Samy Hassan	18	AHLY	4:56.25
2	Selim Abdallah Mohamed	16	HADAK	4:54.87
3	Mohamed Amer Hosny	16	Gezira El Ward	4:54.37
4	Eyad Mohsen Esmail	19	AHLY	4:53.10
5	Hazem Hossam Nady	18	AHLY	4:53.81
6	Nour Eldin AlaaEldin Abdal	20	6 OCT	4:54.83
7	Zein el den Tamer Mohame	18	HELOP	4:55.06
8	Ahmad Nabil Ahmad	17	HADAK	4:56.51

## Heat 12 of 15 Finals

1	Mazen Karim Fawzy	15	SMOHA	4:52.66
2	Anwar Ayman Mohamed M	18	FAROS	4:52.31
3	Ahmed Elsaheed Kasem	17	OLMPA	4:52.02
4	Youssef Ehab Mostafa	21	AHLY	4:51.23
5	Adam Hamada Ahmed Moh	17	6 OCT	4:51.78
6	Ibrahim Mohamed Ibrahim	16	SMOHA	4:52.20
7	Zein Elabedin Aly Ragb	16	SMOHA	4:52.39
8	Hamza Said	17	Sporting	4:52.73

## National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

## Meet Program - 10/4/2026 Morning

## Heat 13 Finals (#60 Boys 15 &amp; Over 400 LC Meter IM)

1	Omar Ahmed Salah	20	AHLY	4:49.95	___
2	Yassin Emam Ahmed	16	AHLY	4:49.11	___
3	Mazen Ahmed Algalgemony	15	SMOHA	4:48.03	___
4	Abdelrahman Mohamed Ali	17	Elethead	4:47.65	___
5	Yasen Mohamed Nabil	17	HELOP	4:47.70	___
6	Mohamed Ayman Mohamec	17	Bank Ahly Alex	4:49.01	___
7	Abed Emad Abed	19	TRSAN	4:49.69	___
8	Omar Mohammed Samy Osi	15	SHOOT	4:51.05	___

## Heat 14 of 15 Finals

1	Youssef Abdel Aziz Alaa	20	Wadi Degla	4:46.69	___
2	Tarek el Shaer	17	Sporting	4:44.73	___
3	Omar Mohamed Hassan	18	AHLY	4:42.09	___
4	Hamza Moahmed Mhmoud	19	SMOHA	4:38.34	___
5	Sohayb Nabel Abdelsalm Za	19	Bank Ahly Alex	4:41.14	___
6	Abd El Rahman Hisham Fatl	20	Sporting	4:44.48	___
7	Khaled Hesham Ahmed	19	Elethead	4:46.62	___
8	Malek Mohamed Bazan	19	MAADI	4:47.53	___

## Heat 15 of 15 Finals

1	Yassen Mohamed Abdelgwa	20	Sporting	4:36.07	___
2	Youssef Adel Ramadan	21	HADAK	4:34.39	___
3	Moaz Hossam Mahmoud	16	AHLY	4:32.52	___
4	Karem Magdy Ismail	26	Sporting	4:29.44	___
5	Moahmed Ahmed Salem Ha	19	SMOHA	4:31.46	___
6	Farouk Mohamad Elgedely	19	SMOHA	4:32.89	___
7	Ahmed Mohamed Ahmed E	20	AHLY	4:35.65	___
8	Omar Ahmed Mohamed	17	Sporting	4:38.12	___

## Event 61 Girls 15 &amp; Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 15 Finals

1	Mariem Mohamed abd Elmas	19	Cairo	39.86	___
2	Karma Mohamed Elwakiel	19	SMOHA	38.38	___
3	Marwa Mohamed Hanfy	20	Y.M.C.A	37.94	___
4	Salma Ahmed Helmy	17	GHABA	36.85	___
5	Janah Ayman Abdelatief	19	SMOHA	37.06	___
6	Salsabil Samer Abdalla Shar	21	Y.M.C.A	38.02	___
7	Jolin Hany Gamal	20	Sporting	38.83	___

## Heat 2 of 15 Finals

1	Ghena Mostafa Tawakul	17	AHLY	36.68	___
2	Gana Wael Youssef Mahmou	20	Wadi Degla	36.42	___
3	Joudy Wael Ahmed	17	6 OCT	36.33	___
4	Hania Hossam Ahmed Salar	18	SMOHA	35.97	___
5	Salma Mostafa Kamel Abou	18	Elethead	36.04	___
6	Besan Mohamed	15	Club S	36.42	___
7	Monika Ayman Raaouf Eriy:	22	SHAMS	36.53	___
8	Haya Hisham Abbas	17	ZOHUR	36.84	___

## Heat 3 of 15 Finals

1	Hala Ahmed Abdelgawad M	16	Wadi Degla	35.86	___
2	Hana Hisham Ahmed Ibrahi	17	ZMALK	35.74	___
3	Jihan Hassan Hamdi	17	Marina Sporting	35.69	___
4	Yara Mohamed Ezzet	18	SHOOT	35.64	___
5	Kady Ahmed Sayed	15	Wadi Degla	35.66	___
6	Razan Hossam El Gebaly	19	Wadi Degla	35.74	___
7	Zeina Wael Abdel Aziz	17	SHOOT	35.78	___
8	Laila Ahmed Saied	15	SHAMS	35.90	___

## Heat 4 of 15 Finals

1	Karma Ahmad Ebrahim Ab	18	SMOHA	35.53	___
2	Noor Rami	17	Sporting	35.46	___
3	Mariam Ahmed Mohamed F	17	AHLY	35.45	___
4	Lamar Ahmed Mohamed	19	Elethead	35.42	___
5	Fayrouz Wael Gamal	18	Pegasus Club	35.42	___
6	Gana Ahmad Shreif	17	TALBE	35.46	___
7	Sereen Eslam gab Allah	16	Sporting	35.50	___
8	Fairoz Ahmed Ibrahiem	18	SHAMS	35.54	___

## Heat 5 of 15 Finals

1	Fareda Mohamed Farouk	19	Wadi Degla	35.28	___
2	Cady Amr Mohamed	16	SHOOT	35.21	___
3	Malak Tamer Mostafa	17	AHLY	35.17	___
4	Hana Ahmed Shararah	16	SMOHA	35.07	___
5	Goumana aly Abdelgafar	17	ZMALK	35.15	___
6	Alaa Ahmed Bahaa El-Din	16	Wadi Degla	35.18	___
7	Hania Mohamed Nabil	16	SHOOT	35.25	___
8	Goud Ashraf Shoman	17	HELOP	35.30	___

## Heat 6 of 15 Finals

1	Sara Mohamed Shawkat	15	NADY	34.91	___
2	Maya Osama Ahmed Mohan	20	SHOOT	34.84	___
3	Jana Khalid	22	Sporting	34.81	___
4	Judy Mohamed Helmy	15	A S E C	34.70	___
5	Habiba Mohamed Ahmed	16	Elethead	34.76	___
6	Habiba Elamier Fiesl	17	SHAMS	34.84	___
7	Farah Mohamed Fekre Most	18	SHRKS	34.87	___
8	Ayten Mohamed Albrbry	16	Y.M.C.A	35.04	___

## Heat 7 of 15 Finals

1	Rodina Karim Ashref Moha	15	SHOOT	34.63	___
2	Farah El Shazly	15	SHOOT	34.53	___
3	Login Osama Sayed	16	HADAK	34.42	___
4	Malak Sherif Shawky El Goh	23	MAADI	34.27	___
5	Farida Haitham Mohamed	16	MAADI	34.42	___
6	Dareen Ahmad Abdel Waha	15	AHLY	34.45	___
7	Tala Ahmed Hamdy	16	AHLY	34.54	___
8	Nouren Hussen Mohamed	16	SMOHA	34.69	___

## Heat 8 of 15 Finals

1	Jana Wael Ahmed	17	6 OCT	34.26	___
2	Laila abd el Latef Galal	16	HELOP	34.23	___
3	Hedy Amr Moustafa Hamou	27	HELOP	34.16	___
4	LiLi Karim Alaa ElDin	15	SHOOT	34.12	___
5	Salma Ahmed Ibrahim	15	Qaroun	34.12	___
6	Maram Sherif Abdelazim	16	HADAK	34.23	___
7	Talia Mohamed Younis Hou:	16	Olympic Champion	34.25	___
8	Zena amr Khalid	16	HELOP	34.27	___

## Heat 9 of 15 Finals

1	Mariam Osama Hassan	15	OLMPA	34.01	___
2	Saja Mahmoud El-Bahiry	15	Platinum	33.98	___
3	Retag Mohamd Ghareeb	17	SMOHA	33.79	___
4	Retaal Mohamd Ghareeb	17	SMOHA	33.73	___
5	Kinda Ahmed Mohamed	15	SMOHA	33.74	___
6	Rodaina Elsadany	15	ELABD	33.94	___
7	Zeina Sherif Ahmed	17	Wadi Degla	34.00	___
8	Haneen Khaled Mohamed	15	SHOOT	34.08	___

**National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026****Meet Program - 10/4/2026 Morning****Heat 10 Finals (#61 Girls 15 & Over 50 LC Meter Backstroke)**

1	Logain Amir Mohamed	17	Bank Ahly Alex	33.68	___
2	Rawaa Ahmed Fathy	15	Palm Hills	33.63	___
3	Noor Tamer AbdElrhim Mol	19	SHAMS	33.53	___
4	Rumaisa Yaser Mohamed	16	GHABA	33.48	___
5	Belar Ahmed Yousef	17	AHLY	33.48	___
6	Hana Wael Magdi Mah . Else	20	GEZIR	33.59	___
7	Leila Hussein Mohame	15	Palm Hills	33.63	___
8	Jana Mohamed Abdel Fatah	22	SHOOT	33.69	___

**Heat 11 of 15 Finals**

1	Roaa Tamer ali	16	Swim Home	33.39	___
2	Shantal Hany Nagy Milad	15	Wadi Degla	33.38	___
3	Malek Essam Eldin	22	Elethead	33.34	___
4	Goudy Ahmed Hanafy	19	AHLY	33.20	___
5	Layaly Hossam Eldin Mohar	16	SMOHA	33.28	___
6	Malak Nasr Aldahshan	15	OLMPA	33.36	___
7	Marila Hany Khalil	15	SMOHA	33.39	___
8	Joudy Raafat Abdelhamid S	17	Pegasus Club	33.41	___

**Heat 12 of 15 Finals**

1	Hala Osama Fatehy	17	SHOOT	33.10	___
2	Karma Mohamed Hassan	15	SMOHA	33.03	___
3	Mariam Sherif Ahmed Fekry	16	SMOHA	32.96	___
4	Habiba Ali Ahmed Ebrahim	18	Olympic	32.91	___
5	Alia Khaled Mohamed Ghor	20	GEZIR	32.94	___
6	Retaj Nour El-Deen Farouk	17	SHROK	33.03	___
7	Kenzy Wael Foud Ramadan	18	SMOHA	33.10	___
8	Mariam Hatem Mohamed Si	15	HELOP	33.14	___

**Heat 13 of 15 Finals**

1	Jana Mowafy Mahmoud Mo	15	SMOHA	32.80	___
2	Nour Mahmoud Abdelkadei	16	AHLY	32.68	___
3	Loujain Hazem Samir Omra	18	ZOHUR	32.59	___
4	Lara Ahmed Elwan	18	AHLY	32.49	___
5	Karma Ahmed Mohamed	16	HADAK	32.57	___
6	Sama AkramElsaid Kamel	16	Bank Ahly Alex	32.65	___
7	Gana Allaeldin Mohamed	18	SHAMS	32.78	___
8	Louloua Modather Hassan	17	Wadi Degla	32.89	___

**Heat 14 of 15 Finals**

1	Salma Ahmed Elsaid	18	Gezira El Ward	32.34	___
2	Karma aly Elsheraee	20	HELOP	32.21	___
3	Hana Tarek Yehia	19	AHLY	32.06	___
4	Jasmine Waleed Ibrahim	17	SMOHA	31.87	___
5	Lamar Mohamed Nabil	16	Wadi Degla	32.06	___
6	Fayroz Mohamed Elmtwaly	16	Bank Ahly Alex	32.13	___
7	Joudy Khaled Saied Ismail	18	Olympic	32.24	___
8	Goudy Ahmed Gamil	15	AHLY	32.36	___

**Heat 15 of 15 Finals**

1	Asil Ahmed Mohamed	16	AHLY	31.58	___
2	Malak Waled Essam Shaban	22	SMOHA	31.41	___
3	Hala Amr	18	AHLY	30.96	___
4	Farah Amr Abdel Motaleib	23	SHOOT	30.37	___
5	Marem Ahmad Abdelgafar /	18	SMOHA	30.57	___
6	Farida Amr Mohamed Abd I	21	SHOOT	31.34	___
7	Jana Maged Amir	18	AHLY	31.52	___
8	Nancy Mostafa Ibrahim Mol	18	ZOHUR	31.76	___