

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 7/4/2026 Evening

Event 41 Boys 15 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 18 Finals					
1	Moamen Mohamed Ahmed	20	Wadi Degla	1:11.70	___
2	Mohamed Hesham Ashraf	15	ZOHUR	1:09.15	___
3	Yossief Ahmed Wafik Sobhy	15	SHAMS	1:08.91	___
4	Yasein Hany Mohamed Kam	15	ZMALK	1:08.65	___
5	Yousef Ahmed Mohamed Na	15	Olympic Champion	1:08.87	___
6	Mazen Mohamed Hagag Oth	15	Bank Ahly Alex	1:08.93	___
7	Youssef Mohy Eldeen Ahme	20	Olympic	1:10.88	___
8	Ahmedd Maged Khorshed	21	HELOP	1:14.07	___
Heat 2 of 18 Finals					
1	Hazem Ahmed Elsayed	15	Sporting	1:08.54	___
2	Yassien Shehab	15	Sporting	1:08.36	___
3	Youssef Waleed Adel	15	Wadi Degla	1:07.97	___
4	Youssef Wala Mohamed Tav	19	SMOHA	1:07.88	___
5	Selim amr	15	Sporting	1:07.92	___
6	Mohamed Hassan Ali Hassa	15	MRAC	1:08.15	___
7	Adam Sherif Mohamed	15	HADAK	1:08.36	___
8	Seif Hany Abdelghafar	15	TRSAN	1:08.64	___
Heat 3 of 18 Finals					
1	Omar Mohamed Abdelghafa	19	SMOHA	1:07.83	___
2	Yousif Ahmed Mostafa Elma	17	SHOOT	1:07.70	___
3	Selim Mostafa Mohamed	15	AHLY	1:07.55	___
4	Youssef Mohamad Gamal	15	AHLY	1:07.40	___
5	Zeyad Ahmed Mohamed ezz	17	SHRKS	1:07.50	___
6	Malek Walid Farghaly	15	AHLY	1:07.69	___
7	Adam Mohamed Abdeldaye	19	Olympic	1:07.80	___
8	Omar Khaled Saber Ahmed	15	SMOHA	1:07.84	___
Heat 4 of 18 Finals					
1	Aseer Tamer Khedr Elnadi	15	ZOHUR	1:07.20	___
2	Mostafa Mahmoud Elbosat	19	Wadi Degla	1:07.17	___
3	Mohamed Ibrahim Mohame	17	AHLY	1:07.09	___
4	Mohamed Bakry Kaaed Abd	18	MAADI	1:07.05	___
5	Ali Mohamed Abdmuttlib	17	Tlaea El Ostol	1:07.06	___
6	Yassin Ahmed Nour	16	TOSHK	1:07.11	___
7	Fares Omar Abd Ellatif Awa	15	Pegasus Club	1:07.20	___
8	Yousef Ahmed Elgaml	16	Alaab Damanhour	1:07.23	___
Heat 5 of 18 Finals					
1	Yassin Mostafa Ahmed Mah	15	SMOHA	1:06.99	___
2	Hamza Walid Abdelaziz	17	Elethead	1:06.90	___
3	Loay Karim Bartakh	17	OLMPA	1:06.84	___
4	Adam Hatem Mohamed Mol	17	ZMALK	1:06.79	___
5	Youssef Shams Elden Gaber	18	A S E C	1:06.83	___
6	Ebrahim Mohamed Nafea	17	Swim Home	1:06.84	___
7	Eyad Mohamed Ahmed	17	AHLY	1:06.91	___
8	Omar Ahmed Abdelmohsen	16	Alaab Damanhour	1:06.99	___
Heat 6 of 18 Finals					
1	Mohamed Mamdoh Abdelfa	16	HADAK	1:06.70	___
2	Mike Ramy Fayez	16	New Giza	1:06.44	___
3	Yehia Mohab Ibrahim eid M	16	SHAMS	1:06.29	___
4	Adham Mahmoud Sayed	18	AHLY	1:06.11	___
5	Moamen Khalid Mohamed	21	ZMALK	1:06.14	___
6	Omar Ibrahim Mohamed	17	Tlaea El Ostol	1:06.44	___
7	Yassin Ahmed Elsabrou	16	Elethead	1:06.59	___
8	Hassan Amr Mohamed Abd	16	Olympic Champion	1:06.75	___

Heat 7 of 18 Finals

1	Yassen amr Mohamed	16	NASR	1:06.06	___
2	Malek Emad Elden Hamdy	18	ZMALK	1:05.75	___
3	Youssef Mohamed Abd ElRa	20	HELDO	1:05.63	___
4	Abdelrhman Mohamed Hafi	16	Bank Ahly Alex	1:05.60	___
5	Omar Karem Mahmoud Abc	18	Elethead	1:05.63	___
6	Mohamed Yasser Mohamed	15	SMOHA	1:05.66	___
7	Youssef Ahmed Rekaby	16	AHLY	1:05.99	___
8	Youssef Mostafa ElSayed Me	15	SHOOT	1:06.08	___

Heat 8 of 18 Finals

1	Loaay Motasem Alaaeldin	19	ZMALK	1:05.41	___
2	Hamza Ahmed Mohamed Sa	15	Wadi Degla	1:05.30	___
3	Mohamed Diaa Eldeen Moh	20	Nasr City	1:05.25	___
4	Mahmoud Khaled Mahmoud	18	MRAC	1:05.19	___
5	Bashar Mohamed Elsaid Kh	16	SMOHA	1:05.24	___
6	Yassien Tarek Mahmoud	17	SHOOT	1:05.25	___
7	Ahmed Ehab El Sayed Abd F	17	Wadi Degla	1:05.37	___
8	Moemen Ayman Ahmed	18	Al Hawar	1:05.49	___

Heat 9 of 18 Finals

1	Adam Mohamed Maher	16	Hurghada	1:05.13	___
2	Abdelrahman Tark Moustaf	17	Bitash	1:04.98	___
3	Omar Mohamedm Hamza O	21	BNKG	1:04.86	___
4	Sohail Omar Mohamed Harl	17	SHAMS	1:04.82	___
5	Mohamed Waled Barakat	18	HELOP	1:04.85	___
6	Malek Mohamed Abd Elwar	15	Bank Ahly Alex	1:04.92	___
7	omr Mohamed Hany Manso	17	AHLY	1:05.05	___
8	Mohamed Wael Ibrahim De	18	TWFIK	1:05.17	___

Heat 10 of 18 Finals

1	Hamza Mohamed Abdelwah	16	Bank Ahly Alex	1:04.58	___
2	Hassan Mohamed Hassan T	16	SMOHA	1:04.32	___
3	Ahmed Wael Ekram Beder	15	Rowad	1:04.09	___
4	Mohaned Shrief Hamdy	16	A S E C	1:04.03	___
5	Moustafa Mahmoud Ahmed	16	SMOHA	1:04.07	___
6	Youssef Mohamed Saad	16	AHLY	1:04.21	___
7	Mohamed Ahmed Mohsen	16	Pegasus Club	1:04.37	___
8	Yassin Eslam Saad	16	SMOHA	1:04.76	___

Heat 11 of 18 Finals

1	Ibrahim Mohamed Ibrahim	15	Elethead	1:03.86	___
2	Yassin Mohamed Saleh Abd	18	Olympic	1:03.66	___
3	Eyad Wael Abdelkader	18	El Mostakbal	1:03.58	___
4	Omar Hany Adel Abdelaziz	16	Bank Ahly Alex	1:03.43	___
5	Kareem Hossam Ahmed Sal	18	SMOHA	1:03.47	___
6	Ibrahim Bahaaeldin Ibrahim	18	Olympic	1:03.64	___
7	Omar Hashem Mohamed	17	Wave	1:03.70	___
8	Amar Ayman Taha Abo Nea	17	Olympic Champion	1:03.89	___

Heat 12 of 18 Finals

1	Mazen Ashraf Mohamed Ab	21	Bank Ahly Alex	1:03.41	___
2	Mohamed Fathy Mohamed	16	Olympic	1:03.32	___
3	Ibrahim Mahmoud Borhami	17	Wadi Degla	1:03.16	___
4	Hussin Mohamed Hussein	15	HADAK	1:03.04	___
5	Eyad Hossam Eldin Zakzoul	19	Sporting	1:03.16	___
6	Yazid Mohamed Youssef Ali	16	Olympic	1:03.18	___
7	Ibrahim Ahmed Zaki	17	SHOOT	1:03.36	___
8	Adham Hamdy Amin	20	ZMALK	1:03.42	___

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 7/4/2026 Evening

Heat 13 Finals (#41 Boys 15 & Over 100 LC Meter Backstroke)

1	Ahmed Moataz Ahmed Fath	17	SMOHA	1:02.86	_____
2	Amr Zakaria	19	SHOOT	1:02.66	_____
3	abd Elrhman Mosad Abosre	18	SHAMS	1:02.57	_____
4	Yassin Hussein Nabil Husse	18	SHOOT	1:02.39	_____
5	Youssef Abdel Aziz Alaa	20	Wadi Degla	1:02.54	_____
6	Farouk Ahmed Mohamed Al	17	Bank Ahly Alex	1:02.65	_____
7	Zian Mahmoud Fawzy	17	A S E C	1:02.82	_____
8	Yassin Khaled Shrif Moham	17	Bank Ahly Alex	1:02.92	_____

Heat 14 of 18 Finals

1	Adam Ahmed Hussein Ahm	17	ZMALK	1:02.27	_____
2	abd el Rahman Waleed el St	19	HELOP	1:02.17	_____
3	Omar Tarek Abdel-Rahman	19	AHLY	1:01.96	_____
4	Yehia Moamen Hany	16	Wadi Degla	1:01.81	_____
5	A.Rahman Mohamed Salem	18	Wadi Degla	1:01.87	_____
6	Yousef Hisham Mahmoud A	17	Gezira El Ward	1:02.10	_____
7	Omar Tamer Issa	18	Rowad	1:02.26	_____
8	Yossef Ayman Said	18	GHABA	1:02.34	_____

Heat 15 of 18 Finals

1	Omar Adel Saeid Hassan	17	ZMALK	1:01.73	_____
2	Omar Mohamed Ibrahim	19	Wadi Degla	1:01.58	_____
3	Mohanad Sameheldin Elsay	18	Olympic	1:01.23	_____
4	ali Soliman	17	Sporting	1:01.08	_____
5	Khaled Hesham Ahmed	19	Elethead	1:01.19	_____
6	Yosef Hatem ali Ahmed	19	Al Hawar	1:01.53	_____
7	Ahmed Yasser Asfour	16	Sporting	1:01.64	_____
8	Aly Ahmed Nagy	19	AHLY	1:01.77	_____

Heat 16 of 18 Finals

1	Adam Wagiuh Rawash	16	AHLY	1:00.89	_____
2	Selim Shrif Osama Helmy M	18	GEZIR	1:00.79	_____
3	Islam Mohamed Nashat	20	HELOP	1:00.58	_____
4	Mahmoud Moustafa Abdels	20	HADAK	1:00.46	_____
5	Yassen Osama Yosef Ebrahe	18	SMOHA	1:00.57	_____
6	Adham Amr Ahmed ElShar	18	Wadi Degla	1:00.69	_____
7	Mazen Ahmed Algalgemony	15	SMOHA	1:00.83	_____
8	Mohamed Taha Abd El Raou	21	Wadi Degla	1:00.95	_____

Heat 17 of 18 Finals

1	Mohamed Abdalla el Bosati	19	SHROK	59.90	_____
2	Amar Haitham Mohamed Sa	19	SHAMS	59.80	_____
3	Karim Ahmed Naser Abdelr	20	SMOHA	59.17	_____
4	Ali Tamer Abbas Marei	16	MAADI	58.82	_____
5	Ahmad Hatam Ahmed Ahm	21	BNK.G	58.98	_____
6	Omar Ahmed Salah	20	AHLY	59.58	_____
7	Yassen Mohamed Abdelgwa	20	Sporting	59.84	_____
8	Adam Mohamed Mahmoud	18	SHOOT	1:00.40	_____

Heat 18 of 18 Finals

1	Eyad Mohsen Esmail	19	AHLY	58.65	_____
2	Hamza Moahmed Mhmoud	19	SMOHA	58.04	_____
3	Zeyad Gamal Ashry	16	AHLY	58.01	_____
4	Abdel Rahman Amr Farag	19	SHOOT	56.02	_____
5	Mohamed Walid Azouz	22	AHLY	57.55	_____
6	Omar Ahmed Mohamed	17	Sporting	58.03	_____
7	Marwan Ali Mahmoud	18	AHLY	58.33	_____
8	Anas Mohamed Saad	17	Wadi Degla	58.72	_____

Event 42 Girls 15 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 12 Finals

3	Menna Abd Elkhalk Mahran	19	ZOHUR	5:29.65	_____
4	Mariam Ahmed Hassan	19	ZOHUR	5:20.45	_____
5	Monika Ayman Raaouf Eriy	22	SHAMS	5:21.26	_____

Heat 2 of 12 Finals

1	Rodaina Ayman Mohamed	19	AHLY	5:17.47	_____
2	Mariam Ahmed Zahran	19	Sporting	5:10.68	_____
3	Saja Mahmoud El-Bahiry	15	Platinum	5:07.39	_____
4	Alya Amr Hamdy Elserafy	15	Palm Hills	5:07.01	_____
5	Joudy Moahmed Khedr	19	SMOHA	5:07.18	_____
6	Rokaia Ayman Mohamed M	18	ZOHUR	5:07.78	_____
7	Malak Mohamed Abou Bakr	19	Wadi Degla	5:16.60	_____
8	Farida Ahmed Fouad	20	Wadi Degla	5:18.31	_____

Heat 3 of 12 Finals

1	Lougain amr Saeid	17	ZMALK	5:04.78	_____
2	Salma Abdelfatah Saad Abd	16	Gezira El Ward	5:04.46	_____
3	Lama Reda Metwally	15	ZOHUR	5:03.65	_____
4	Malak Youssef Abdelrahma	17	SMOHA	5:03.56	_____
5	Farida Hossam Ahmed Elha	15	AHLY	5:03.60	_____
6	Hana Mohamed Ibrahim	17	Pegasus Club	5:04.33	_____
7	Hana Nasser El Safty	19	SHOOT	5:04.59	_____
8	Hana Jihad Ahmed Abu Issa	15	A S E C	5:05.92	_____

Heat 4 of 12 Finals

1	Marim Ahmad Samier	17	TALBE	5:03.06	_____
2	Hana Mohamed Asharaf Ma	18	SHAMS	5:02.83	_____
3	Joudy Mostafa Abd Elraouf	16	Elethead	5:00.94	_____
4	Alya Mohamed Khair Eldin	16	AHLY	4:59.74	_____
5	Tasneem Mohamed Mahros	17	AHLY	5:00.85	_____
6	Nourhan Sherif SalahEldin	18	Elethead	5:02.40	_____
7	Habiba Mohamed el Hadad	16	Sporting	5:02.96	_____
8	Lojain Mokhtar Fayez Mokh	15	Pegasus Club	5:03.14	_____

Heat 5 of 12 Finals

1	Malak Wael Taher Mohame	15	Al Hawar	4:59.00	_____
2	Jana Ahmed akl	18	Sporting	4:58.22	_____
3	Karma Ahmed Said	15	MAADI	4:57.95	_____
4	Talia Tamer	16	SMOHA	4:57.74	_____
5	Jana Adel Shaaban	17	Wave	4:57.80	_____
6	Maya Mohamed Mostafa	16	Wadi Degla	4:58.09	_____
7	Jana Hesham Mohsen	17	SMOHA	4:58.74	_____
8	Malikah Ahmed Moussa	15	AHLY	4:59.52	_____

Heat 6 of 12 Finals

1	Aysel Sameh Elsayed	15	GHABA	4:57.29	_____
2	Malak Tareq Abla	16	SMOHA	4:55.58	_____
3	Menatalla Morsy	19	SMOHA	4:54.47	_____
4	Logain Amir Mohamed	17	Bank Ahly Alex	4:54.31	_____
5	Maya Mohamad Mahmud H	18	SMOHA	4:54.37	_____
6	Fayrouz Ehab Osman	15	AHLY	4:54.69	_____
7	Haneen Muhammad Gamal	15	ROYAL	4:56.22	_____
8	Dima Amir Abdallah	17	Wadi Degla	4:57.74	_____

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026**Meet Program - 7/4/2026 Evening****Heat 7 Finals (#42 Girls 15 & Over 400 LC Meter Freestyle)**

1	Sybel Mohamed Gaber	16	Elethead	4:53.73	___
2	Farida Amr Tarek Zaied	18	ZOHUR	4:53.31	___
3	Farida Elamir Fessal Bahgat	15	SHAMS	4:53.01	___
4	Talin Ahmed Mohamed	15	Wadi Degla	4:52.32	___
5	Fareda Eslam Ahmed Solim	16	SMOHA	4:52.96	___
6	Dema Tamer Mohammed	15	HADAK	4:53.30	___
7	Jannat Safwat Saleh	18	ZOHUR	4:53.63	___
8	Fatema Tamer Ahmed Saye	19	Wadi Degla	4:53.92	___

Heat 8 of 12 Finals

1	Leeann Ahmed Zakareya	15	SMOHA	4:51.69	___
2	Fareeda Mohamed Abd El M	17	SHOOT	4:50.78	___
3	Login Osama Sayed	16	HADAK	4:50.72	___
4	Gana Mohamed Abdul Maw	16	SHAMS	4:49.07	___
5	Gody Ahmed Moharm	15	El Obour	4:50.31	___
6	Khadija Sameh Abd Eihame	17	ZOHUR	4:50.78	___
7	Joudy Ibrahim abd Allha	16	SHOOT	4:51.05	___
8	Salma Saad Mohamed	18	SHOOT	4:51.69	___

Heat 9 of 12 Finals

1	Rofida Amro Abas	16	OLMPA	4:48.35	___
2	Heba Amr Ali Ahmed	15	SHOOT	4:47.47	___
3	Nazly Mohamed Elokda	18	SHOOT	4:46.99	___
4	Kenzy Hazem Moneeb	20	HADAK	4:45.57	___
5	Salma Mohamed Eltokhy	16	AHLY	4:46.65	___
6	Diala Mohamed Amin Ali	17	ZOHUR	4:47.22	___
7	Farah Ahmed	18	HELOP	4:47.62	___
8	Dima Khaled Mohamed	18	Wadi Degla	4:48.69	___

Heat 10 of 12 Finals

1	Sama Wael Ahmed Mohame	16	ZOHUR	4:44.34	___
2	Yasmin Youssef Ali	16	Elethead	4:43.94	___
3	Mayar Ashraf al Sayed	17	M.S Tagamoa	4:42.94	___
4	Alya Ehab Abdel Moneam	19	AHLY	4:41.93	___
5	Fayroz Mohamed Elmtwaly	16	Bank Ahly Alex	4:42.43	___
6	Sofia Ahmed Khalifa	16	AHLY	4:43.36	___
7	Gana Mohamed Yahia	15	AHLY	4:44.09	___
8	Yousra Tamer Mohamed	16	TRSAN	4:45.53	___

Heat 11 of 12 Finals

1	Nabila Hassan Ismail	19	OLMPA	4:41.82	___
2	Yara Kamel Masamer	16	Alaab Damanhour	4:40.97	___
3	Ayten Ahmed Elmanzalawi	17	SHOOT	4:39.96	___
4	Salma Ehab Ahmed Hany	17	Bank Ahly Alex	4:38.64	___
5	Zina Ahmed Medhat	18	AHLY	4:38.68	___
6	Lara Amr Mahmoud Elsoka	18	AHLY	4:40.44	___
7	Noran Mohamed Emad Fah	17	MAADI	4:41.45	___
8	Sara Ayman Abdelmageed Z	17	ZOHUR	4:41.84	___

Heat 12 of 12 Finals

1	Roudaina Samy Mohamed	17	AHLY	4:34.40	___
2	Arwa Faysal Al Sherif	18	AHLY	4:32.33	___
3	Daren Adel Ahmed	16	HADAK	4:31.34	___
4	Logain Abdallah Salah	22	AHLY	4:18.14	___
5	Lamees Amr Mahmoud Elsc	19	AHLY	4:30.69	___
6	Mariam Mohamed Bakr	18	HADAK	4:31.91	___
7	Farah Tarek	20	AHLY	4:33.15	___
8	Jana Ahmed Othman Yassin	15	SHOOT	4:35.56	___