

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 6/4/2026 Morning

Event 28 Girls 15 & Over 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|----------------------------|----------------------------|-----|----------------|-----------|
| Heat 1 of 15 Finals | | | | |
| 1 | Jana Wael Fahem | 20 | ZMALK | 3:40.89 |
| 2 | Swlaf Samer Abdalla Sharar | 20 | Y.M.C.A | 3:11.12 |
| 3 | Farah Waled Ibrahim | 19 | TALBE | 3:03.37 |
| 4 | Hania Hossam Ahmed Salar | 18 | SMOHA | 3:00.92 |
| 5 | Habiba Moustafa Refaat | 19 | GEZIR | 3:00.98 |
| 6 | Malak Yasser Abdellatif | 18 | Sporting | 3:09.42 |
| 7 | Renad Mohamed Rafek Farc | 18 | Bank Ahly Alex | 3:13.10 |
| Heat 2 of 15 Finals | | | | |
| 1 | Hana Ahmed Elsanhory | 19 | SMOHA | 2:57.13 |
| 2 | Nabila Hani Ismail | 19 | SHOOT | 2:55.66 |
| 3 | Mariam Ahmed Zahran | 19 | Sporting | 2:53.06 |
| 4 | Aya Sameh Said Hafez | 15 | SMOHA | 2:52.76 |
| 5 | Malak Aseem Mohamed aly | 18 | ZMALK | 2:52.80 |
| 6 | Rital Ahmed Ibrahim | 15 | Bank Ahly Alex | 2:53.64 |
| 7 | Joudy Mohamed Saied | 18 | ZOHUR | 2:57.11 |
| 8 | Salma Sherief Mohamed Ma | 18 | Olympic | 2:57.15 |
| Heat 3 of 15 Finals | | | | |
| 1 | Malak Waleed Ahmed | 15 | AHLY | 2:52.65 |
| 2 | Farida Ahmed Fouad | 20 | Wadi Degla | 2:52.18 |
| 3 | Hala Ahmed Fathy | 15 | OLMPA | 2:50.95 |
| 4 | Rahma Ayman Mohamed | 15 | Kharaya Ms | 2:50.28 |
| 5 | Aysel Sameh Elsayed | 15 | GHABA | 2:50.79 |
| 6 | Yossra Mostafa Kamel | 19 | Elethead | 2:52.08 |
| 7 | Jana Khaled El Sayed | 18 | Wadi Degla | 2:52.19 |
| 8 | Hana Wael Magdi Mah . Elsa | 20 | GEZIR | 2:52.67 |
| Heat 4 of 15 Finals | | | | |
| 1 | Jannat Hany Hassan Ali | 16 | SMOHA | 2:49.79 |
| 2 | Fayrouz Wael Gamal | 18 | Pegasus Club | 2:49.50 |
| 3 | Fatima Hassan Adel | 15 | Elethead | 2:48.68 |
| 4 | Mariam Ahmed Ahmed | 16 | Asyut Club | 2:48.34 |
| 5 | Lojayn Mohamed Gamal ali | 16 | ZMALK | 2:48.42 |
| 6 | Malak Sherif Shawky El Goh | 23 | MAADI | 2:49.22 |
| 7 | Nada Ehab Hussein Saeed A | 16 | GEZIR | 2:49.66 |
| 8 | Zeina Sherif Hady Mohamec | 15 | SHOOT | 2:49.96 |
| Heat 5 of 15 Finals | | | | |
| 1 | Nour Mohamed Ramzy | 17 | Swim Home | 2:48.14 |
| 2 | Marim Ahmad Samier | 17 | TALBE | 2:48.04 |
| 3 | Joumana Mohamed Hamza | 19 | BNK.G | 2:47.62 |
| 4 | Retaj Mohamed Elsayed An | 20 | SMOHA | 2:47.28 |
| 5 | Habiba Essam Wahba | 17 | Sporting | 2:47.58 |
| 6 | Retal Hamada Khairy | 15 | TRSAN | 2:47.83 |
| 7 | Janaa Waleed Desouki | 16 | Nasr City | 2:48.04 |
| 8 | Mariam Osama Hassan | 15 | OLMPA | 2:48.14 |
| Heat 6 of 15 Finals | | | | |
| 1 | Yasmin Aly Ghayyb | 16 | Bitash | 2:46.95 |
| 2 | Joudy Ahmed Mohamed | 15 | Elethead | 2:46.58 |
| 3 | Yara Ahmed Mohamed Abd. | 15 | SMOHA | 2:46.34 |
| 4 | Laila Ossama | 17 | Sporting | 2:45.92 |
| 5 | Renad Rada Hasan | 15 | Bank Ahly Alex | 2:46.34 |
| 6 | Salma Nader Magdy | 16 | REHAB | 2:46.40 |
| 7 | Sama Hesham Abdel Fattah | 16 | SHAMS | 2:46.59 |
| 8 | Malak Mohamed abd Elhad | 17 | TALBE | 2:47.12 |

Heat 7 of 15 Finals

| | | | | |
|---|---------------------------|----|----------------|---------|
| 1 | Reem Ahmad Abdel Wahab | 15 | AHLY | 2:45.42 |
| 2 | Zaina Ahmed Mohamed Mo | 17 | Olympic | 2:44.71 |
| 3 | Basma Eslam Hasan Elmahc | 15 | Gezira El Ward | 2:44.50 |
| 4 | Noor Rami | 17 | Sporting | 2:43.56 |
| 5 | Hana Mohamed Asharaf Ma | 18 | SHAMS | 2:43.84 |
| 6 | Shrouk Mohamed Rashad M | 18 | Olympic | 2:44.53 |
| 7 | Nourhan Sherif SalahEldin | 18 | Elethead | 2:45.32 |
| 8 | Jana Wael Ahmed | 17 | 6 OCT | 2:45.58 |

Heat 8 of 15 Finals

| | | | | |
|---|---------------------------|----|------------|---------|
| 1 | Lara Mohamed Farouk Khal | 15 | SMOHA | 2:43.26 |
| 2 | Fareda Ahmed Hosam | 16 | HELOP | 2:42.69 |
| 3 | Rodina Mohamed Ahmed A | 16 | Wadi Degla | 2:41.96 |
| 4 | Sedra Karim Mohamed Dar | 15 | Wadi Degla | 2:41.75 |
| 5 | Rodaina Khaled Mahmoud | 17 | HELOP | 2:41.87 |
| 6 | Talia Tamer | 16 | SMOHA | 2:42.15 |
| 7 | Habiba Elamier Fiesl | 17 | SHAMS | 2:42.83 |
| 8 | Farida Belal Ibrahim Saad | 15 | REHAB | 2:43.47 |

Heat 9 of 15 Finals

| | | | | |
|---|---------------------------|----|------------|---------|
| 1 | Nour Mohamed aly el Sobky | 19 | Wadi Degla | 2:41.16 |
| 2 | Dareen Ahmad Abdel Waha | 15 | AHLY | 2:41.08 |
| 3 | Malak Tareq Abla | 16 | SMOHA | 2:40.90 |
| 4 | Joudy Khaled Saied Ismail | 18 | Olympic | 2:40.86 |
| 5 | Kenzy Maged Abdel Gawad | 17 | Wadi Degla | 2:40.87 |
| 6 | Farida Ahmed Esmat | 16 | AHLY | 2:41.04 |
| 7 | Rose Rafeek Mohamed | 17 | Rowad | 2:41.13 |
| 8 | Razan Mohamed Samy Nofa | 17 | MAADI | 2:41.48 |

Heat 10 of 15 Finals

| | | | | |
|---|-------------------------|----|----------------|---------|
| 1 | Jannat Safwat Saleh | 18 | ZOHUR | 2:40.50 |
| 2 | Tema Mohamed Salem | 16 | Sporting | 2:39.97 |
| 3 | Laila Mohamed Fathy | 19 | SHOOT | 2:39.65 |
| 4 | Jana Shady Medhat | 16 | AHLY | 2:38.51 |
| 5 | Jana Sherif Mohamed | 17 | HADAK | 2:38.83 |
| 6 | Yomna Gomaa Ali Abdo | 17 | Bank Ahly Alex | 2:39.71 |
| 7 | Gana Mohamed Atef | 17 | SHOOT | 2:40.27 |
| 8 | Rokaya Saad Mohamed Ade | 18 | AHLY | 2:40.84 |

Heat 11 of 15 Finals

| | | | | |
|---|--------------------------|----|----------------|---------|
| 1 | Loujain Hazem Samir Omra | 18 | ZOHUR | 2:37.73 |
| 2 | Salma Ehab Ahmed Hany | 17 | Bank Ahly Alex | 2:37.35 |
| 3 | Habiba Ali Ahmed Ebrahim | 18 | Olympic | 2:37.12 |
| 4 | Lara Benaya | 17 | SMOHA | 2:37.00 |
| 5 | Haneen Yasser Mahmoud Sa | 17 | Wadi Degla | 2:37.02 |
| 6 | LiLi Karim Alaa ElDin | 15 | SHOOT | 2:37.18 |
| 7 | Farah El Shazly | 15 | SHOOT | 2:37.44 |
| 8 | Joudy Emad Ashmawy | 16 | Sporting | 2:38.43 |

Heat 12 of 15 Finals

| | | | | |
|---|--------------------------|----|----------|---------|
| 1 | Fayrouz Ehab Osman | 15 | AHLY | 2:36.18 |
| 2 | Habiba Hossam Abdraboh A | 18 | SHAMS | 2:35.86 |
| 3 | Ayten Tamer Abdel Azi | 15 | REHAB | 2:35.48 |
| 4 | Nour Bahgat Fekry | 16 | SHOOT | 2:35.10 |
| 5 | Ashraqat Hisham Ibrahim | 17 | ZMALK | 2:35.40 |
| 6 | Salma Ahmed Ibrahim | 15 | Qaroun | 2:35.50 |
| 7 | Sybel Mohamed Gaber | 16 | Elethead | 2:36.04 |
| 8 | Nour Mohamed Ahmed | 17 | SHOOT | 2:36.99 |

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 6/4/2026 Morning

Heat 13 Finals (#28 Girls 15 & Over 200 LC Meter IM)

| | | | | | |
|---|------------------------|----|-----------------|---------|-----|
| 1 | Mariam Mahmoud Ahmed S | 17 | AHLY | 2:34.80 | ___ |
| 2 | Dana Rafeq Elsaade | 18 | HELOP | 2:34.25 | ___ |
| 3 | Shaza Eslam Adel Yasin | 16 | AHLY | 2:33.33 | ___ |
| 4 | Jody Mohamed Bassiony | 16 | Alaab Damanhour | 2:32.90 | ___ |
| 5 | Lamar Mohamed Nabil | 16 | Wadi Degla | 2:33.05 | ___ |
| 6 | Halla Alla Maher | 20 | SHOOT | 2:33.50 | ___ |
| 7 | Marila Hany Khalil | 15 | SMOHA | 2:34.40 | ___ |
| 8 | Nour Mohamed Elsoda | 18 | MAADI | 2:34.91 | ___ |

Heat 14 of 15 Finals

| | | | | | |
|---|---------------------------|----|----------------|---------|-----|
| 1 | Raghad Ibrahim Elsaid | 17 | AHLY | 2:32.59 | ___ |
| 2 | Mariem Mohamed Emad Fa | 21 | MAADI | 2:31.81 | ___ |
| 3 | Lara Amr Mahmoud Elsoka | 18 | AHLY | 2:31.16 | ___ |
| 4 | Lara Eslam Abdelrhman | 15 | Bank Ahly Alex | 2:30.76 | ___ |
| 5 | Basant Hesham Houssin | 17 | AHLY | 2:30.80 | ___ |
| 6 | Nada Hesham Medhat | 17 | AHLY | 2:31.61 | ___ |
| 7 | Farida Nasser Mohamed El- | 18 | SHOOT | 2:32.13 | ___ |
| 8 | Yara Sherif Mohamed | 17 | Wadi Degla | 2:32.89 | ___ |

Heat 15 of 15 Finals

| | | | | | |
|---|--------------------------|----|----------|---------|-----|
| 1 | Mariam Mohamed Bakr | 18 | HADAK | 2:27.07 | ___ |
| 2 | Gana Nasr El Din Ali | 22 | Sporting | 2:26.00 | ___ |
| 3 | Hlla Khaled Diab | 19 | AHLY | 2:24.52 | ___ |
| 4 | Rawan Tamer Mohamed | 22 | AHLY | 2:22.66 | ___ |
| 5 | Hla Mohamed Naanoush | 19 | Sporting | 2:24.01 | ___ |
| 6 | Daren Adel Ahmed | 16 | HADAK | 2:24.92 | ___ |
| 7 | Yours Mohamed Esmail | 16 | AHLY | 2:26.95 | ___ |
| 8 | Habiba Mohamed Abdelaziz | 15 | Olympic | 2:30.61 | ___ |

Event 29 Boys 15 & Over 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 19 Finals

| | | | | | |
|---|--------------------------|----|------------|-------|-----|
| 3 | Adam Sherif Mohamed | 15 | HADAK | 26.98 | ___ |
| 4 | Yehia Mohamed Sherif | 15 | Sporting | 26.94 | ___ |
| 5 | Abd El Kader Mohamed Abc | 15 | Wadi Degla | 26.97 | ___ |

Heat 2 of 19 Finals

| | | | | | |
|---|---------------------------|----|------------------|-------|-----|
| 1 | Yousef Ahmed Mohamed Na | 15 | Olympic Champion | 26.93 | ___ |
| 2 | Anas Waled Basuony Ibrahi | 15 | Bank Ahly Alex | 26.81 | ___ |
| 3 | Yasein Hany Mohamed Kam | 15 | ZMALK | 26.65 | ___ |
| 4 | Hazem Ahmed Elsayed | 15 | Sporting | 26.47 | ___ |
| 5 | Omar Amr Abaza | 15 | SHOOT | 26.64 | ___ |
| 6 | Yahya Ahmed Fawzy | 15 | Tlaea El Ostol | 26.76 | ___ |
| 7 | Karim Ahmed Gaber | 15 | SMOHA | 26.92 | ___ |

Heat 3 of 19 Finals

| | | | | | |
|---|----------------------------|----|----------------|-------|-----|
| 1 | Adel Mohamed Laialy | 15 | Wadi Degla | 26.32 | ___ |
| 2 | Zyad Mohamed Khalaf | 16 | Haras | 26.24 | ___ |
| 3 | Marwan Ahmed Mohamed | 16 | Club S | 26.14 | ___ |
| 4 | Mazen Mohamed Hagag Oth | 15 | Bank Ahly Alex | 26.12 | ___ |
| 5 | Mohmed Ahmed Kadri | 16 | HADAK | 26.13 | ___ |
| 6 | Youssef Mostafa ElSayed Me | 15 | SHOOT | 26.21 | ___ |
| 7 | Ahmed Wael Ahmed Ahmec | 15 | 6 OCT | 26.27 | ___ |
| 8 | Omar Khaled Nabil Shedid | 15 | AHLY | 26.41 | ___ |

Heat 4 of 19 Finals

| | | | | | |
|---|---------------------------|----|--------------|-------|-----|
| 1 | Yasein Marwan Abdallah | 16 | ZMALK | 26.07 | ___ |
| 2 | Omar Shady Mohamed Saye | 16 | SHAMS | 26.04 | ___ |
| 3 | Hussin Mohamed Hussein | 15 | HADAK | 25.87 | ___ |
| 4 | Mohamed Fathy Mohamed S | 16 | Olympic | 25.79 | ___ |
| 5 | Mahmoud Ahmed Youssef | 16 | BNKG | 25.84 | ___ |
| 6 | Ahmed Magdy Mohamed | 16 | Pegasus Club | 26.03 | ___ |
| 7 | Gasser Mohamed El Said | 16 | SMOHA | 26.07 | ___ |
| 8 | Yousif Waled Yousif Moham | 15 | GHABA | 26.10 | ___ |

Heat 5 of 19 Finals

| | | | | | |
|---|---------------------------|----|-----------------|-------|-----|
| 1 | Omar Samir Sabry | 15 | OLMPA | 25.77 | ___ |
| 2 | Yehia Moamen Hany | 16 | Wadi Degla | 25.72 | ___ |
| 3 | Yousef Ahmed Magdy | 15 | City Club | 25.71 | ___ |
| 4 | Youssef Ahmed Gaber Hassa | 17 | SMOHA | 25.68 | ___ |
| 5 | Youssef Dweidar Mostafa | 16 | Marina Sporting | 25.70 | ___ |
| 6 | Youssef Mostafa Elsayed | 16 | Elethad | 25.71 | ___ |
| 7 | Hassan Mohamed Hassan T | 16 | SMOHA | 25.76 | ___ |
| 8 | Yossief Ahmed Wafik Sobhy | 15 | SHAMS | 25.79 | ___ |

Heat 6 of 19 Finals

| | | | | | |
|---|-------------------------|----|----------|-------|-----|
| 1 | Ammar Yasser Farahat | 17 | MAADI | 25.67 | ___ |
| 2 | Mazen Mostafa Mohamed A | 15 | SMOHA | 25.61 | ___ |
| 3 | Mohamed Ibrahim Mohame | 17 | AHLY | 25.60 | ___ |
| 4 | Ahmed Ali Hassanain | 15 | 6 OCT | 25.56 | ___ |
| 5 | Amr Moh. Samir Azmy | 17 | GEZIR | 25.58 | ___ |
| 6 | Yassien Waled Mahmud Ah | 16 | GHABA | 25.60 | ___ |
| 7 | Ziad Mohamed Hassan | 17 | Sporting | 25.62 | ___ |
| 8 | Nour el din Mohamed | 16 | Sporting | 25.67 | ___ |

Heat 7 of 19 Finals

| | | | | | |
|---|---------------------------|----|-----------------|-------|-----|
| 1 | Omar Mahmoud Yousef Sha | 16 | Gezira El Ward | 25.53 | ___ |
| 2 | Zyad Ahmed Aboelmaty | 17 | Wadi Degla | 25.49 | ___ |
| 3 | Mo`az Hassan Elsaid Mohan | 16 | Bank Ahly Alex | 25.48 | ___ |
| 4 | Adham Nader Samir Mohan | 19 | SMOHA | 25.47 | ___ |
| 5 | Karim Magdy Mohamed | 17 | ZMALK | 25.48 | ___ |
| 6 | Anas Awad Algazar | 17 | OLMPA | 25.49 | ___ |
| 7 | Badr Ahmed Sadat | 16 | Canal Suez Port | 25.49 | ___ |
| 8 | Karim Tamer Rizk | 17 | AHLY | 25.55 | ___ |

Heat 8 of 19 Finals

| | | | | | |
|---|-------------------------|----|-----------------|-------|-----|
| 1 | Mohamad Wesam Mohama | 18 | SMOHA | 25.43 | ___ |
| 2 | Ahmed Khaled Farouk | 18 | HADAK | 25.38 | ___ |
| 3 | Omar Karem Mahmoud Abc | 18 | Elethad | 25.32 | ___ |
| 4 | Mostafa Ahmed Mohamed F | 19 | ZOHUR | 25.30 | ___ |
| 5 | Omar Ahmed Abdelmohsen | 16 | Alaab Damanhour | 25.31 | ___ |
| 6 | Adam Ahmed Hussein Ahm | 17 | ZMALK | 25.36 | ___ |
| 7 | Mohanad Aboelsood Anwar | 19 | MINIA | 25.41 | ___ |
| 8 | Mohamed Ahmed Elsayaf | 16 | SMOHA | 25.44 | ___ |

Heat 9 of 19 Finals

| | | | | | |
|---|---------------------------|----|----------------|-------|-----|
| 1 | Anas Mohamed Abdelsid | 16 | HADAK | 25.27 | ___ |
| 2 | Ayman Ramy Ibrahim Mors | 16 | MAADI | 25.25 | ___ |
| 3 | Omar Maged Mahmoud Elg | 16 | Wadi Degla | 25.22 | ___ |
| 4 | Adham Amr Ahmed ElShar | 18 | Wadi Degla | 25.20 | ___ |
| 5 | Yehia Mohamed Khalil Ibra | 16 | SMOHA | 25.21 | ___ |
| 6 | Yihia Waled Ahmed | 15 | Bank Ahly Alex | 25.25 | ___ |
| 7 | Tayem Ahmed Kamal ElAlay | 17 | SMOHA | 25.26 | ___ |
| 8 | Omar Shalaby Mohamad El | 17 | ZOHUR | 25.28 | ___ |

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 6/4/2026 Morning

Heat 10 Finals (#29 Boys 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|---|----------------------------|----|------------|-------|-----|
| 1 | Hamza Mohamed Hassan M | 18 | HELOP | 25.14 | ___ |
| 2 | Zeyad Saber Abd el Fatah | 19 | HADAK | 25.11 | ___ |
| 3 | Adhm Bassem Mouhmed | 17 | Cairo | 25.10 | ___ |
| 4 | Eyad Sherif Hassan | 19 | Wadi Degla | 25.02 | ___ |
| 5 | Marwan Mahmoud Moham | 15 | Olympic | 25.10 | ___ |
| 6 | Fares Ehab Moustafa Ibrahi | 18 | Olympic | 25.10 | ___ |
| 7 | Ahmed Yasser Mahmoud Sa | 18 | ZOHUR | 25.14 | ___ |
| 8 | Zyad Ibrahim Mohamed | 18 | HELDO | 25.16 | ___ |

Heat 11 of 19 Finals

| | | | | | |
|---|---------------------------|----|------------------|-------|-----|
| 1 | Eyad Hossam Eldin Zakzoul | 19 | Sporting | 25.00 | ___ |
| 2 | Eslam Mohamed Abdelraze | 17 | 6 OCT | 24.98 | ___ |
| 3 | Youssef Ahmed Hassan Abd | 19 | Elethead | 24.92 | ___ |
| 4 | Adam Kaled Mahmud Samy | 15 | HELOP | 24.88 | ___ |
| 5 | Yassin Amr Adel | 18 | AHLY | 24.90 | ___ |
| 6 | Abdelrahman Mohamed Sai | 18 | Sporting | 24.97 | ___ |
| 7 | Zeid Mohamed Abdel-Azeer | 19 | AHLY | 24.99 | ___ |
| 8 | Omar Mohamed Kawod | 17 | Baladyat El Maha | 25.02 | ___ |

Heat 12 of 19 Finals

| | | | | | |
|---|---------------------------|----|------------|-------|-----|
| 1 | Abdelrahman Ahmed Bahg | 18 | SMOHA | 24.86 | ___ |
| 2 | Aser Mohamed Mosaad Mol | 17 | MAADI | 24.80 | ___ |
| 3 | Youssef Mohamed Negm | 19 | Wadi Degla | 24.78 | ___ |
| 4 | Ibrahim Bahaeldin Ibrahim | 18 | Olympic | 24.74 | ___ |
| 5 | Abed Emad Abed | 19 | TRSAN | 24.76 | ___ |
| 6 | Omar Abdelaziz Hussain | 18 | BNK.G | 24.79 | ___ |
| 7 | Yehia Mohamed el Bawab | 18 | HELOP | 24.80 | ___ |
| 8 | Tamer Ahmed Ali | 18 | Elethead | 24.86 | ___ |

Heat 13 of 19 Finals

| | | | | | |
|---|---------------------------|----|------------|-------|-----|
| 1 | Adham Ayman Hussein | 17 | HADAK | 24.72 | ___ |
| 2 | Ahmed Tamer Gamal Eldin | 18 | Wadi Degla | 24.69 | ___ |
| 3 | Eyad Islam Mahmoud Elsaic | 17 | SMOHA | 24.59 | ___ |
| 4 | Mohamed Khaled Mohamec | 18 | SHOOT | 24.56 | ___ |
| 5 | Amar Haitham Mohamed Sa | 19 | SHAMS | 24.57 | ___ |
| 6 | Mohamed Sherif Ahmed Fel | 17 | SMOHA | 24.65 | ___ |
| 7 | Abdelrahman Waleed Ali | 16 | MINIA | 24.70 | ___ |
| 8 | Omar Tarek Abdel-Rahman | 19 | AHLY | 24.72 | ___ |

Heat 14 of 19 Finals

| | | | | | |
|---|------------------------|----|----------------|-------|-----|
| 1 | Ahmed Yasser Asfour | 16 | Sporting | 24.53 | ___ |
| 2 | Ali Hisham Ali | 17 | SHAMS | 24.45 | ___ |
| 3 | Hady Mohamed Foad | 20 | MRAC | 24.38 | ___ |
| 4 | Mohaned Ashraf Mohamed | 17 | Bank Ahly Alex | 24.34 | ___ |
| 5 | Gaser Khaled Fattouh | 17 | ZOHUR | 24.35 | ___ |
| 6 | Adam Wagiuw Rawash | 16 | AHLY | 24.40 | ___ |
| 7 | Ahmed Adel Abdel aal | 18 | SHOOT | 24.48 | ___ |
| 8 | Anas Mohamed Saad | 17 | Wadi Degla | 24.55 | ___ |

Heat 15 of 19 Finals

| | | | | | |
|---|---------------------------|----|------------|-------|-----|
| 1 | Omar Mahmoud Hassan Ela | 18 | TRSAN | 24.27 | ___ |
| 2 | Ahmed Hazem Akram | 21 | AHLY | 24.20 | ___ |
| 3 | Mohamed Mashhour Yehia | 21 | AHLY | 24.18 | ___ |
| 4 | Yehia Mohamed Saad Eldin | 21 | Wadi Degla | 24.10 | ___ |
| 5 | SifEldin Hossam Mohamed | 22 | SMOHA | 24.14 | ___ |
| 6 | Eyad Ahmed Zakaria | 21 | AHLY | 24.20 | ___ |
| 7 | Yassen Osama Yosef Ebrahe | 18 | SMOHA | 24.23 | ___ |
| 8 | Ahmed Gamal abd el Hafiz | 19 | SHOOT | 24.31 | ___ |

Heat 16 of 19 Finals

| | | | | | |
|---|---------------------------|----|------------|-------|-----|
| 1 | ali Soliman | 17 | Sporting | 24.07 | ___ |
| 2 | Saif Mohamed Mahmoud M | 18 | SHOOT | 23.95 | ___ |
| 3 | Ahmad Hatam Ahmed Ahm | 21 | BNK.G | 23.90 | ___ |
| 4 | Mohanad Yasser Abdelmen | 19 | SMOHA | 23.86 | ___ |
| 5 | Hossam Eslam Ghazy | 16 | Sporting | 23.88 | ___ |
| 6 | Saleh Hossam El Din Saleh | 23 | ZOHUR | 23.90 | ___ |
| 7 | Ziad Tarek Mohamed | 20 | SHOOT | 24.00 | ___ |
| 8 | Mohamed Ahmed abd Elmo | 19 | Wadi Degla | 24.08 | ___ |

Heat 17 of 19 Finals

| | | | | | |
|---|--------------------------|----|----------------|-------|-----|
| 1 | Zeiad Ahmed Abdelazim Ab | 24 | MAADI | 23.79 | ___ |
| 2 | Hamza Ahmed Mohamed Al | 19 | Bank Ahly Alex | 23.69 | ___ |
| 3 | Amar Yasser Mohamed Ahn | 20 | SMOHA | 23.68 | ___ |
| 4 | Omar Mohamed Ahmed Fat | 19 | SHOOT | 23.63 | ___ |
| 5 | Mohamed Hatem Mohamed | 19 | HELOP | 23.63 | ___ |
| 6 | Yosif Ahmed Mohsen | 19 | NASR | 23.68 | ___ |
| 7 | Seif Walaa Antar | 21 | Wadi Degla | 23.73 | ___ |
| 8 | Omar Karim Mohamed Mse | 20 | SMOHA | 23.86 | ___ |

Heat 18 of 19 Finals

| | | | | | |
|---|---------------------------|----|----------------|-------|-----|
| 1 | Mohamed Salama Gaber Sal | 23 | SMOHA | 23.59 | ___ |
| 2 | Seif Tarek Mohamed Raslan | 26 | ZMALK | 23.53 | ___ |
| 3 | Zeyad Osama Zedan | 20 | Bank Ahly Alex | 23.44 | ___ |
| 4 | Mohamed Ayman Abdelsar | 19 | AHLY | 23.38 | ___ |
| 5 | Selim Shrif Osama Helmy M | 18 | GEZIR | 23.42 | ___ |
| 6 | Khaled Wael Sabre Abdelha | 19 | SMOHA | 23.49 | ___ |
| 7 | Zain Akram Ahmed | 17 | AHLY | 23.53 | ___ |
| 8 | Abdelrahman Mahmoud Mc | 18 | SHAMS | 23.61 | ___ |

Heat 19 of 19 Finals

| | | | | | |
|---|-------------------------|----|----------|-------|-----|
| 1 | Zeyad Gamal Ashry | 16 | AHLY | 23.31 | ___ |
| 2 | Yosef Ahmed Shaabn | 17 | HADAK | 23.06 | ___ |
| 3 | Adam Shref Mostafa | 22 | HELOP | 23.02 | ___ |
| 4 | Abdel Rahman Sameh Mahr | 26 | AHLY | 21.94 | ___ |
| 5 | Yousif Tarik Reda | 24 | HELOP | 22.35 | ___ |
| 6 | Ahmed Mohamed El Tatawy | 21 | Sporting | 23.03 | ___ |
| 7 | Seif Mohamed Mehrez | 25 | ZOHUR | 23.20 | ___ |
| 8 | Mohamed Yaser Omar | 21 | OLMPA | 23.33 | ___ |

Event 30 Girls 15 & Over 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 13 Finals

| | | | | | |
|---|--------------------------|----|---------|---------|-----|
| 2 | Mariam Mohamed abd Elmas | 19 | Cairo | 1:28.01 | ___ |
| 3 | Farida Ahmed Abdrabo Aly | 18 | Olympic | 1:25.24 | ___ |
| 4 | Joudy Samir Kamal | 18 | AHLY | 1:24.37 | ___ |
| 5 | Janah Ayman Abdelatief | 19 | SMOHA | 1:24.65 | ___ |
| 6 | Zeina Amr Hussein | 18 | AHLY | 1:27.69 | ___ |
| 7 | Mayar Ahmed amr | 18 | ZMALK | 1:28.46 | ___ |

Heat 2 of 13 Finals

| | | | | | |
|---|--------------------------|----|------------|---------|-----|
| 1 | Hana Ahmed Mohamed | 18 | Wadi Degla | 1:20.88 | ___ |
| 2 | Lougain amr Saeid | 17 | ZMALK | 1:19.10 | ___ |
| 3 | Lara Essam Nabil | 17 | SMOHA | 1:18.81 | ___ |
| 4 | Rimas Ahmed Saad Abdel L | 16 | Olympic | 1:18.50 | ___ |
| 5 | Rodaina Khaled Mahmoud | 17 | HELOP | 1:18.52 | ___ |
| 6 | Haya Hisham Abbas | 17 | ZOHUR | 1:19.09 | ___ |
| 7 | Gana Wael Youssef Mahmou | 20 | Wadi Degla | 1:19.22 | ___ |
| 8 | Farida amr Mohamed Farg | 19 | SHOOT | 1:22.16 | ___ |

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 6/4/2026 Morning

Heat 3 Finals (#30 Girls 15 & Over 100 LC Meter Backstroke)

| | | | | | |
|---|--------------------------|----|-----------------|---------|-----|
| 1 | Joudy Wael Ahmed | 17 | 6 OCT | 1:18.24 | ___ |
| 2 | Jihan Hassan Hamdi | 17 | Marina Sporting | 1:17.98 | ___ |
| 3 | Nour Mohamed Saad Abdal | 16 | SMOHA | 1:17.59 | ___ |
| 4 | Lamar Ahmed Mohamed | 19 | Elethead | 1:17.33 | ___ |
| 5 | Salma Mostafa Kamel Abou | 18 | Elethead | 1:17.56 | ___ |
| 6 | Habtalla Moustafa Fathey | 17 | Bitash | 1:17.62 | ___ |
| 7 | Fayrouz Wael Gamal | 18 | Pegasus Club | 1:18.08 | ___ |
| 8 | Monika Ayman Raaouf Eriy | 22 | SHAMS | 1:18.38 | ___ |

Heat 4 of 13 Finals

| | | | | | |
|---|--------------------------|----|------------|---------|-----|
| 1 | Gana Ahmad Shreif | 17 | TALBE | 1:17.13 | ___ |
| 2 | Hana Hisham Ahmed Ibrahi | 17 | ZMALK | 1:16.96 | ___ |
| 3 | Lojain Ibrahim Mohamed S | 16 | SMOHA | 1:16.90 | ___ |
| 4 | Farida Hossam Ahmed Elha | 15 | AHLY | 1:16.80 | ___ |
| 5 | Ayten Mohamed Albrbry | 16 | Y.M.C.A | 1:16.87 | ___ |
| 6 | Fatima Hassan Adel | 15 | Elethead | 1:16.92 | ___ |
| 7 | Hana Ahmed Shararah | 16 | SMOHA | 1:17.05 | ___ |
| 8 | Kady Ahmed Sayed | 15 | Wadi Degla | 1:17.25 | ___ |

Heat 5 of 13 Finals

| | | | | | |
|---|----------------------------|----|--------------|---------|-----|
| 1 | Hala Ahmed Abdelgawad M | 16 | Wadi Degla | 1:16.56 | ___ |
| 2 | Malak Sherif Shawky El Goh | 23 | MAADI | 1:16.14 | ___ |
| 3 | Zeina Wael Abdel Aziz | 17 | SHOOT | 1:15.76 | ___ |
| 4 | Zena amr Khalid | 16 | HELOP | 1:15.38 | ___ |
| 5 | Maya Osama Ahmed Mohan | 20 | SHOOT | 1:15.46 | ___ |
| 6 | Judy Mohamed Helmy | 15 | A S E C | 1:16.01 | ___ |
| 7 | Noor Rami | 17 | Sporting | 1:16.33 | ___ |
| 8 | Lojain Mokhtar Fayez Mokh | 15 | Pegasus Club | 1:16.58 | ___ |

Heat 6 of 13 Finals

| | | | | | |
|---|--------------------------|----|------------------|---------|-----|
| 1 | Rodina Karim Ashref Moha | 15 | SHOOT | 1:15.23 | ___ |
| 2 | Talia Mohamed Younis Hou | 16 | Olympic Champion | 1:15.08 | ___ |
| 3 | Zeina Sherif Ahmed | 17 | Wadi Degla | 1:14.89 | ___ |
| 4 | Saja Mahmoud El-Bahiry | 15 | Platinum | 1:14.66 | ___ |
| 5 | Habiba Mohamed Ahmed | 16 | Elethead | 1:14.72 | ___ |
| 6 | Jana Wael Ahmed | 17 | 6 OCT | 1:14.91 | ___ |
| 7 | Malak Nasr Aldahshan | 15 | OLMPA | 1:15.15 | ___ |
| 8 | Haneen Khaled Mohamed | 15 | SHOOT | 1:15.38 | ___ |

Heat 7 of 13 Finals

| | | | | | |
|---|--------------------------|----|------------|---------|-----|
| 1 | Halla Wael Mohamed | 17 | Wadi Degla | 1:14.46 | ___ |
| 2 | Goumana aly Abdelgafar | 17 | ZMALK | 1:14.26 | ___ |
| 3 | Mariam Osama Hassan | 15 | OLMPA | 1:13.69 | ___ |
| 4 | Karma Mohamed Hassan | 15 | SMOHA | 1:13.57 | ___ |
| 5 | Laila abd el Latef Galal | 16 | HELOP | 1:13.68 | ___ |
| 6 | Louloua Modather Hassan | 17 | Wadi Degla | 1:14.10 | ___ |
| 7 | Farah Mohamed Fekre Most | 18 | SHRKS | 1:14.33 | ___ |
| 8 | Farida Haitham Mohamed | 16 | MAADI | 1:14.47 | ___ |

Heat 8 of 13 Finals

| | | | | | |
|---|--------------------------|----|----------------|---------|-----|
| 1 | Malek Essam Eldin | 22 | Elethead | 1:13.34 | ___ |
| 2 | Habiba Elamier Fiesl | 17 | SHAMS | 1:13.18 | ___ |
| 3 | LiLi Karim Alaa EIDin | 15 | SHOOT | 1:13.03 | ___ |
| 4 | Retag Mohamd Ghareeb | 17 | SMOHA | 1:12.87 | ___ |
| 5 | Nour Mahmoud Abdelkader | 16 | AHLY | 1:12.95 | ___ |
| 6 | Roussayl Ahmed Samir Sha | 15 | SMOHA | 1:13.07 | ___ |
| 7 | Sama AkramElsaid Kamel | 16 | Bank Ahly Alex | 1:13.24 | ___ |
| 8 | Dareen Ahmad Abdel Waha | 15 | AHLY | 1:13.48 | ___ |

Heat 9 of 13 Finals

| | | | | | |
|---|---------------------------|----|----------------|---------|-----|
| 1 | Belar Ahmed Yousef | 17 | AHLY | 1:12.67 | ___ |
| 2 | Roaa Tamer ali | 16 | Swim Home | 1:12.45 | ___ |
| 3 | Mariam Sherif Ahmed Fekry | 16 | SMOHA | 1:12.35 | ___ |
| 4 | Logain Amir Mohamed | 17 | Bank Ahly Alex | 1:12.20 | ___ |
| 5 | Salma Ahmed Ibrahim | 15 | Qaroun | 1:12.21 | ___ |
| 6 | Yasmin Youssef Ali | 16 | Elethead | 1:12.36 | ___ |
| 7 | Rumaisa Yaser Mohamed | 16 | GHABA | 1:12.49 | ___ |
| 8 | Shantal Hany Nagy Milad | 15 | Wadi Degla | 1:12.68 | ___ |

Heat 10 of 13 Finals

| | | | | | |
|---|--------------------------|----|-------|---------|-----|
| 1 | Halla Alla Maher | 20 | SHOOT | 1:11.62 | ___ |
| 2 | Retaal Mohamd Ghareeb | 17 | SMOHA | 1:11.46 | ___ |
| 3 | Joudy Ibrahim abd Allha | 16 | SHOOT | 1:11.23 | ___ |
| 4 | Marila Hany Khalil | 15 | SMOHA | 1:11.10 | ___ |
| 5 | Mariam Mohamed Emad Fa | 21 | MAADI | 1:11.21 | ___ |
| 6 | Rodaina Elsadany | 15 | ELABD | 1:11.38 | ___ |
| 7 | Kenzy Wael Foud Ramadan' | 18 | SMOHA | 1:11.59 | ___ |
| 8 | Goudy Ahmed Hanafy | 19 | AHLY | 1:11.83 | ___ |

Heat 11 of 13 Finals

| | | | | | |
|---|--------------------------|----|-----------------|---------|-----|
| 1 | Gana Allaeldin Mohamed | 18 | SHAMS | 1:10.86 | ___ |
| 2 | Hala Osama Fatehy | 17 | SHOOT | 1:10.57 | ___ |
| 3 | Yara Kamel Masamer | 16 | Alaab Damanhour | 1:10.33 | ___ |
| 4 | Hana Tarek Yehia | 19 | AHLY | 1:09.28 | ___ |
| 5 | Jana Mowafy Mahmoud Mo | 15 | SMOHA | 1:10.29 | ___ |
| 6 | Asil Ahmed Mohamed | 16 | AHLY | 1:10.51 | ___ |
| 7 | Habiba Ali Ahmed Ebrahim | 18 | Olympic | 1:10.85 | ___ |
| 8 | Goudy Ahmed Gamil | 15 | AHLY | 1:10.86 | ___ |

Heat 12 of 13 Finals

| | | | | | |
|---|---------------------------|----|----------------|---------|-----|
| 1 | Karma aly Elsheraee | 20 | HELOP | 1:09.15 | ___ |
| 2 | Shaza Eslam Adel Yasin | 16 | AHLY | 1:09.07 | ___ |
| 3 | Fayroz Mohamed Elmtwaly | 16 | Bank Ahly Alex | 1:08.44 | ___ |
| 4 | Hla Mohamed Naanoush | 19 | Sporting | 1:07.99 | ___ |
| 5 | Jana Maged Amir | 18 | AHLY | 1:08.28 | ___ |
| 6 | Loujain Hazem Samir Omra | 18 | ZOHUR | 1:08.67 | ___ |
| 7 | Jasmine Waleed Ibrahim | 17 | SMOHA | 1:09.08 | ___ |
| 8 | Nancy Mostafa Ibrahim Mol | 18 | ZOHUR | 1:09.18 | ___ |

Heat 13 of 13 Finals

| | | | | | |
|---|--------------------------|----|----------------|---------|-----|
| 1 | Karma Ahmed Mohamed | 16 | HADAK | 1:07.77 | ___ |
| 2 | Farida Amr Mohamed Abd I | 21 | SHOOT | 1:07.11 | ___ |
| 3 | Marem Ahmad Abdelgafar / | 18 | SMOHA | 1:06.88 | ___ |
| 4 | Farah Amr Abdel Motaleib | 23 | SHOOT | 1:05.24 | ___ |
| 5 | Hala Amr | 18 | AHLY | 1:05.47 | ___ |
| 6 | Salma Ahmed Elsaid | 18 | Gezira El Ward | 1:07.05 | ___ |
| 7 | Lamar Mohamed Nabil | 16 | Wadi Degla | 1:07.58 | ___ |
| 8 | Malak Waled Essam Shaban | 22 | SMOHA | 1:07.81 | ___ |