

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Event 33 Men 15 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 20 Finals				
4	Joshua Joseph Fouad	16	TRSAN	NT
5	Serag Ahmed Mohamed	17	TALBE	NT
6	Mohamed Shreef	17	Tlaea El Ostol	NT
Heat 2 of 20 Finals				
1	Abdelrahman Atef Said	16	Elethad	NT
2	Mohamed Amr Elsayed Abc	16	Olympic	NT
3	Seif Amr Mahmoud Alsokry	18	6 OCT	NT
4	Anwar Ayman Mohamed M	16	Olympic	NT
5	Braa Ahmed Lotfy	15	SHAMS	NT
6	Abdelrahman Kassem	15	TALBE	NT
7	Youssef Fawzy Abdelthahr	15	Olympic	NT
8	Mohmed Osama Ahmed Say	18	Marina Sporting	NT
9	Mohamed Waled Mohamed	15	A S E C	NT
Heat 3 of 20 Finals				
1	Amr Khaled Mansour Eltoh	17	GHARB	NT
2	Nour Eldin AlaaEldin Abdal	18	6 OCT	NT
3	Ahmed Waled Ibrahim	17	TALBE	NT
4	George Josef Nashat	15	GHARB	NT
5	Amr Faisal Mohamed	15	DEGLA	NT
6	Ahmed Khaled Abdelkader	15	Bank Ahly Alex	NT
7	Moaz Eslam Kamal Eldeen	16	SMOHA	NT
8	Yousef Adel Ramadan	19	SHAMS	NT
9	Adham Ahmed Abdelaziz A	17	Stad Mansoura	NT
10	Mark Wael	15	GHARB	NT
Heat 4 of 20 Finals				
1	Fares Nabih Elsayed Nabih	15	Stad Mansoura	NT
2	Mohamed Hassan Hafez	19	AHLY	NT
3	Youssef Mohamed Khalil	15	DEGLA	NT
4	Yassien Osama Fouad	15	SHAMS	NT
5	Omar Haytham Mohamed E	15	Gezira El Ward	NT
6	Omar Karim Ali Abd El Har	18	SENZO	NT
7	Marwan Ahmed Elsayed Ah	16	Olympic	NT
8	Ahmed Ayman Mohamed	16	Elec	NT
9	Mohamed Ahmed Abdelhfe	15	TANTA	NT
10	Badr Mohamed Badr	15	Minia Sport Clup	NT
Heat 5 of 20 Finals				
1	Ahmed Yasser Yehia	19	Cairo	NT
2	Amr Hatim Abd ElKaK Ab	15	GEZIR	NT
3	Mohand Mohamed Abdel S	16	Luxor Club	NT
4	Yehia Hisham Yehia Abdela	17	SMOHA	NT
5	Eyad Faisal Saad	15	ENPPI	NT
6	Ali Mohamed Kamal	16	DEGLA	NT
7	Youssef Ashraf Fawzy	17	MRAC	NT
8	Hussein Mohamed Hussein	16	Luxor Club	NT
9	Omar Mohamad Ali Ebrahe	16	SMOHA	NT
10	Mohamed Sameh Farouk	15	TALBE	NT

Heat 6 of 20 Finals

1	Hazem Mohamed Essam	17	A S E C	NT
2	Mohanad Mohamed Anwar	15	TALBE	10:34.85
3	Mazen Mohamed Badr	16	TALBE	10:30.62
4	Mahmoud Haitham Jameel	15	SHOOT	10:29.06
5	Abdelrahman Amr Abdelazi	15	Tlaea El Ostol	10:22.58
6	Ali Abdelrhman Ali	15	Elethad	10:25.31
7	Omar Sherif Karam	15	TRSAN	10:29.47
8	Yassin Ahmed Elsayed	15	SENZO	10:33.46
9	Mohamed Kamal Abdelkade	15	ZMALK	12:00.44
10	Abd Alla Karim Ashraf Ma	19	GEZIR	NT

Heat 7 of 20 Finals

1	Mohamed Tarek Mohamed	17	HLWAN	10:21.41
2	Omar Mohamed Abdelgawv	15	Olympic	10:15.01
3	Omar Mohamed Ahmed Els	15	ZMALK	10:03.49
4	Omar Ibrahim Mohamed	15	Tlaea El Ostol	10:02.19
5	Sherief Yaseer Saeid	15	ZMALK	9:57.60
6	Abdelharman Hany Moham	18	SMOHA	10:01.54
7	Adham Ahmed abd Elkade	17	Elethad	10:02.79
8	Yssin Ayman Elsaed	15	Tlaea El Ostol	10:08.20
9	Omar Mohamed Mostafa	16	El Obour	10:18.82
10	Fathy ali Fathy	15	TALBE	10:22.06

Heat 8 of 20 Finals

1	Omar Shady Mohamad Ali I	16	SMOHA	9:53.76
2	Mohamed Karim Mohamed	21	SMOHA	9:52.75
3	Saged Emad Roushdy	15	SMOHA	9:50.86
4	Hamza Elmoutaz Bellah Mc	15	ZMALK	9:45.75
5	Sief Mohamed Elgnagy	16	Damnhor Sport	9:44.84
6	Moaz Ahmed Abdallah	15	SHAMS	9:45.64
7	Mohamed Hashem Mohame	15	SMOHA	9:48.53
8	Omar Waled Sherif	15	SMOHA	9:51.16
9	aly Hussien Mohamed Huse	16	ZMALK	9:52.92
10	Omar Ehab Mhmoud Hasan	17	SMOHA	9:56.35

Heat 9 of 20 Finals

1	Adam Amr Al Daadaa	17	Raas El Bar Club	9:44.34
2	Abelrahman Khaled Abdelr	17	Olympic	9:41.53
3	Bilal Yaser Mohamed Saad	15	SHAMS	9:41.26
4	Omar Mohamed Fawzy Taw	17	TALBE	9:40.76
5	Omar Mahamed Karam Ali	16	HELDO	9:39.62
6	Ahmed Mohamed Nabil M	15	SHAMS	9:39.85
7	Mohamed Emadeldein Solir	15	SMOHA	9:41.17
8	omr Mahmoud Abdallah	16	MAY15	9:41.28
9	Ahmed Abdelaziz Elshekh	16	Pegasus Club	9:42.50
10	Adham Khaled Salah Eldin	15	MRAC	9:44.42

Heat 10 of 20 Finals

1	Eyad Mohamed Hassan els	17	ZMALK	9:39.32
2	Mohamed Khaled Mohamec	17	Stad Mansoura	9:38.76
3	Abdelrhman Mohamed Abd	15	6 OCT	9:36.05
4	Mohamed Ibrahim Zakreya	16	A S E C	9:35.68
5	Ziad Ayman Mamon	16	Cairo	9:34.55
6	Karim Mohamed Ahmed Al	15	TRSAN	9:35.61
7	Adm Ahmed Yousief	15	Cairo	9:35.82
8	Saleh Shady Mohamed Said	22	SHOOT	9:36.21
9	Omar Ahmed Mohamed Gal	16	RWAD	9:39.04
10	Ahmed Karem Mohamed N	15	Al Hawar	9:39.37

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Heat 11 Finals (#33 Men 15 & Over 800 LC Meter Freestyle)

1	Yassin amr Mostafa	16	TRSAN	9:33.42	_____
2	Mahmoud Elmetwaly Moha	15	Gezira El Ward	9:33.02	_____
3	Youssef Moataz Mohamed	15	DEGLA	9:31.51	_____
4	Mohamed Abdo Moro	15	Domyt Club	9:30.07	_____
5	Sief El Din Mohamed Mosli	18	Sporting	9:28.08	_____
6	Karim Sameh Karim	16	TRSAN	9:29.53	_____
7	Seif Jousef Anas	15	HELOP	9:31.16	_____
8	Mohamed Alaa Farouk Shal	15	6 OCT	9:32.20	_____
9	Omar Hisham Hussien	15	ZOHUR	9:33.07	_____
10	Kariem amr Mouhmed	15	Cairo	9:34.17	_____

Heat 12 of 20 Finals

1	Ahmed Mohamed Harby	16	Al Hawar	9:26.14	_____
2	Mazen Mohamed Mohamad	17	NASR	9:25.55	_____
3	Magdy Ahmed Magdy Gaze	15	TANTA	9:25.14	_____
4	Zian Mahmoud Fawzy	15	A S E C	9:23.10	_____
5	Mohamad Akram Mohamad	16	SMOHA	9:22.81	_____
6	Youssef Medhat Fathy	16	DEGLA	9:23.08	_____
7	Omar Abd EL Razek Kamal	16	RWAD	9:23.76	_____
8	Yousef Islam	15	Sporting	9:25.51	_____
9	Rayan Amr Mohamed	15	M.S Tagamoa	9:25.74	_____
10	Mhmoud A Hmed Mhmoud	16	6 OCT	9:26.32	_____

Heat 13 of 20 Finals

1	Hady Mahmood Efat	15	Wave	9:22.24	_____
2	Saif Eldin Sherif Ahmed	17	TRSAN	9:21.56	_____
3	Ahmed Ismeil	17	Nasr City	9:20.99	_____
4	Amr Wael Shawky	17	RWAD	9:20.77	_____
5	Yousef Ahmed Fathy	16	Stad Mansoura	9:20.19	_____
6	Ahmed Sameh Safwat Shaal	18	HELDO	9:20.48	_____
7	Ahmed Sherief Ismaiel Saye	16	SHAMS	9:20.98	_____
8	Mazen Hany Emara	18	ZOHUR	9:21.41	_____
9	Mahmoud Haitham Mahmo	16	GHABA	9:21.98	_____
10	Abdelrhman Mohamed Mof	15	Bank Ahly Alex	9:22.47	_____

Heat 14 of 20 Finals

1	Yasein Hossam aly	17	ZMALK	9:19.98	_____
2	Mohamed Hassan Abd El W	16	MAADI	9:18.78	_____
3	Mhmoud Wled Fkri Mhmou	19	6 OCT	9:17.57	_____
4	Youssef Yasser Farouk Hass	16	Sporting	9:17.34	_____
5	Mohamed Wael Ibrahim De	16	TWFIK	9:16.96	_____
6	Ali Amr Zoalfakar	15	SMOHA	9:17.13	_____
7	Eyad Mohamed Abdelstar	17	ZMALK	9:17.55	_____
8	Yassin Abdelmegeed Moham	16	GHABA	9:18.70	_____
9	Hatem el Ameer Salah el dir	16	Al Hawar	9:19.75	_____
10	Ahmed Tamer Rabea	17	SHOOT	9:20.03	_____

Heat 15 of 20 Finals

1	Mostafa Mahmoud Elbosat	17	DEGLA	9:16.09	_____
2	Adam Hamada Ahmed Moh	15	6 OCT	9:14.88	_____
3	Eslam Mohamed Abdelrazel	15	6 OCT	9:13.93	_____
4	abd Elrahman Sherif Karam	19	TRSAN	9:13.37	_____
5	Selim Tamer Osama Ahmed	17	SHOOT	9:11.05	_____
6	Adham Khaled Abdelkader	17	Bank Ahly Alex	9:12.51	_____
7	Omar Mohamed Hosny	15	HADAK	9:13.72	_____
8	Ahmad Nabil Ahmad	15	HADAK	9:14.63	_____
9	Ahmed Asharf Dawood	16	Baladyat El Maha	9:15.73	_____
10	Adhm Bassem Mouhmed	15	Cairo	9:16.61	_____

Heat 16 of 20 Finals

1	Omar Basem Hassan Mohar	15	MAADI	9:10.41	_____
2	Moustafa Essam Wahba	17	Sporting	9:09.90	_____
3	Nour Eldin Karem Mohame	16	AHLY	9:07.42	_____
4	Adam Ahmed Yaqoub	15	HADAK	9:06.69	_____
5	Mohamed Bahgat Mohamec	17	Stad Mansoura	9:03.18	_____
6	Mohamed Abdalla el Bosati	17	SHROK	9:05.33	_____
7	Zeyad Mohamed Magdy	18	MAADI	9:06.71	_____
8	Yahia Hazim Husieen	16	ZMALK	9:09.56	_____
9	Ziad Mohamed Hassan	15	Sporting	9:09.97	_____
10	Omar Elsayed Ramadan Els	17	Olympic	9:10.45	_____

Heat 17 of 20 Finals

1	Seif Ashry Kasem	22	GHABA	9:02.92	_____
2	Yehia Ashraf Farag	17	AHLY	9:02.67	_____
3	Moustafa Tarik Moustafa	21	HELOP	9:00.87	_____
4	Anas Haythm Mohamad Els	16	SMOHA	8:57.25	_____
5	Yassien Tarek Mahmoud	15	Cairo	8:56.41	_____
6	Omar Mohsen Ramdan Abd	19	SMOHA	8:57.16	_____
7	Mohamed Amr Nabil	15	DEGLA	8:59.65	_____
8	Mohamed Saeed Eleiraqy	19	ZMALK	9:00.90	_____
9	Adham Shady Mohsen El H	16	ZOHUR	9:02.74	_____
10	Ziad Ayman Mamoun	16	ZMALK	9:03.06	_____

Heat 18 of 20 Finals

1	Yassein Akram Ragab Sobei	17	SHAMS	8:55.12	_____
2	Youssef Ehab Mostafa	19	AHLY	8:54.35	_____
3	Mohamed Khaled Mohamec	18	Bank Ahly Alex	8:53.22	_____
4	Karim Hesham Moh. Fakry	16	GEZIR	8:50.24	_____
5	Mohamed Essam Abdou	18	AHLY	8:49.39	_____
6	Abdullah Eldafrawy	16	REHAB	8:49.65	_____
7	Mazen Emad Hamed	17	AHLY	8:52.68	_____
8	Mohanad Tamer Mohamed	18	SMOHA	8:53.76	_____
9	Hisham Elshirbeny	15	ZMALK	8:54.87	_____
10	Mostafa Adel Ibrahim Khal	20	SMOHA	8:55.75	_____

Heat 19 of 20 Finals

1	Yossef Sherif Ibrahim	18	MAADI	8:47.23	_____
2	Malek Mohamed Bazan	17	MAADI	8:42.54	_____
3	Sherief Reda Metwaally	16	ZOHUR	8:40.80	_____
4	Farouk Mohamad Elgedely	17	SMOHA	8:39.83	_____
5	Tarek el Shaer	15	Sporting	8:37.76	_____
6	Omar Mohamed Hassan	16	AHLY	8:38.22	_____
7	Mazen Mostafa Asfoor	16	ZOHUR	8:40.71	_____
8	Mahmoud Hassan Mohamec	16	SHAMS	8:41.02	_____
9	Adham Amr Mahmoud	15	MAADI	8:46.61	_____
10	Mohamed Tarek Rashad Ab	19	SHAMS	8:47.57	_____

Heat 20 of 20 Finals

1	Ahmed Mahmoud Elhouran	17	AHLY	8:37.37	_____
2	Ahmed Samir Mohamed	16	HADAK	8:30.67	_____
3	Saif Amr Al Batal	18	HADAK	8:26.27	_____
4	ali Mohamed Sarwat	19	HELOP	8:20.64	_____
5	Mohamed Adel Mohamed M	23	AHLY	8:06.75	_____
6	Marwan Ahmed Elamrawy	29	Sporting	8:08.55	_____
7	Omar Karim Galal Samy	17	MAADI	8:23.80	_____
8	Ahmed Mohamed Ahmed al	18	SHOOT	8:27.97	_____
9	Tarek Kamel Farouk	21	ZMALK	8:33.55	_____
10	Karim Magid Abdelglil	17	ZMALK	8:37.39	_____

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Event 34 Women 15 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 16 Finals				
1	Kinzi Husayn	15	Zahraa Helwan	NT
2	Emy Yaser Abd Elatef	15	Y.M.C.A	NT
3	Dana Khaled Mohamed	15	DEGLA	NT
4	Malak Ahmed Ibrahim Kanc	15	SHAMS	NT
5	Shahd Mohamed Ahmed Ell	15	AHLY	NT
6	Hana Mohamed El Sayed	16	A S E C	NT
7	Ayten Yaser Abdelmouty	15	SMOHA	NT
8	Julie Akram Ahmed	18	AHLY	NT
9	Nadin Motaz Mohamed	16	MRAC	NT
Heat 2 of 16 Finals				
1	Jowayreya Mohamed Saad I	18	Olympic	NT
2	Rokaya Khalid El Masry	19	Sporting	NT
3	Jana Mohamed Omar Moha	18	SHAMS	NT
4	Malak Walid Mohmed	16	Marina Sporting	NT
5	Anod Amr Abd El Aziz	18	DEGLA	NT
6	Fayrouz Wael Gamal Ibrahii	16	ElGezira Youth	NT
7	Salma Hisham Abdalaa	15	ZMALK	NT
8	Joudy Ebrahim Shaban	15	Bitash	NT
9	Karma aly Elsheraee	18	HELOP	NT
10	Mariam Amr Mohamed You	19	DEGLA	NT
Heat 3 of 16 Finals				
1	Malak Ahmed Salah	15	RWAD	NT
2	Rokaya Isllam	19	Sporting	NT
3	Mariam Hesham Mohamed	20	AHLY	NT
4	Nourhan Sherif SalahEldin	16	Elethead	NT
5	Login Reda Mahmoud	15	Elethead	NT
6	Hana Mohamed Ibrahim	15	Pegasus Club	NT
7	Nataly Gorge Atif Tawfik	16	DEGLA	NT
8	Reem Mohamed Omar Abd	15	El Obour	NT
9	Rawan Mamdouh Mohamec	15	Kharaya Ms	NT
10	Julia Ramez Goreg	15	SHAMS	NT
Heat 4 of 16 Finals				
1	Jasmin Ahmed Kenawi	15	Damnhor Sport	NT
2	Salma Sherief Mohamed M	16	Olympic	NT
3	Habeba Mohamed Saleh Mf	17	6 OCT	NT
4	Rodaina Mohamed Ahmed	15	DEGLA	NT
5	Malak Amr Ali	19	Beni Suef Club	NT
6	Maryam Ayman Mohamed /	15	Elethead	NT
7	Gana Karim Ahmed	15	Wave	NT
8	Sumaya Abdullah Muham	15	Pegasus Club	NT
9	Habtalla Moustafa Fathey	15	Bitash	NT
10	mai Mohamed Abdelmoner	15	MRAC	NT
Heat 5 of 16 Finals				
1	Mariam Ahmed Ghatas	19	SHOBR	NT
2	Joudy Wael Ahmed	15	6 OCT	NT
3	Radwa Mohamed Fawzy	15	A S E C	3:46.55
4	Nada Tarek Ahmed	17	HLWAN	3:14.04
5	Jody Melad Sawiris	17	TRSAN	3:10.43
6	Swlaf Samer Abdalla Sharar	18	Y.M.C.A	3:13.93
7	Malk Ibrahim Mohamed	15	Damnhor Sport	3:23.67
8	Habiba Mohamed Abd el Na	16	DEGLA	NT
9	Kenzy Mostafa Hashad	19	AHLY	NT
10	Retaj Mohamed Elsayed An	18	SMOHA	NT

Heat 6 of 16 Finals

1	Negar Hithem Ahmed	15	Y.M.C.A	3:07.78
2	Karma Ahmed Hamdy Huss	15	A S E C	3:06.82
3	Nour Ahmed Samer	19	Sporting	3:06.59
4	Malak Yasser Elsayed	15	A S E C	3:03.25
5	Mariam Mohamed Sobhy	18	DEGLA	3:02.82
6	Habeba Waled Mahmud Shr	16	SMOHA	3:02.89
7	Habiba Mohamed AL Said	17	RWAD	3:05.28
8	Joudy Wael Saad Fayed	15	Elethead	3:06.80
9	Salma Hesham	15	A S E C	3:06.94
10	Sama Mohamed Helmy	18	Elethead	3:08.47

Heat 7 of 16 Finals

1	Rokia Shrif Mohamd Faroul	15	Bank Ahly Alex	3:01.51
2	Taleen Monzer Mohamed A	16	MRAC	2:58.17
3	Aseel Ousama Abdelsalam	15	Damnhor Sport	2:57.33
4	Malk Waled Shoukry	15	Bitash	2:55.77
5	Hana Nasser El Safty	17	SHOOT	2:54.11
6	Salma Ahmed Abd el Wahaf	15	DEGLA	2:54.60
7	Haneen Mohamed a. Negm	15	TANTA	2:56.12
8	Roudina Hamdy Fouad	15	Tlaea El Ostol	2:58.10
9	Dai Gamal Fahmy	15	El Obour	2:59.84
10	Sondos Hossam Eldin Mahr	15	TRSAN	3:01.72

Heat 8 of 16 Finals

1	Malak Mohamed Abdelmon	18	DEGLA	2:53.57
2	Zina Ahmed Abdullh Mohar	16	ElGezira Youth	2:52.28
3	Sara Elhamy Foad Abd El S	19	MAADI	2:51.45
4	Aram Hesham Raafat Mahr	15	6 OCT	2:51.20
5	Tala Feras Mostafa Mohreb	15	SMOHA	2:50.88
6	Fairouz Mazin Adel	16	DEGLA	2:51.12
7	Sara Siwisy Mohamed Abas	15	Bank Ahly Alex	2:51.36
8	Karma Mohamed Elwakiel	17	SMOHA	2:51.56
9	Jana Ashraf Mohamed Gabe	18	Olympic	2:52.44
10	Ahbab Hossameldin Ahmed	15	Olympic	2:53.93

Heat 9 of 16 Finals

1	Tamara Mohamed Abd Elka	15	HELOP	2:49.74
2	Lorian Hany	16	Sporting	2:49.31
3	Joudy Khaled Saied Ismail	16	Olympic	2:47.78
4	Lilly Mohamed abd el Aziz	15	Nasr City	2:47.34
5	Mena Mohamed Abdul Rahi	19	ZOHUR	2:46.76
6	Laila Ossama	15	Sporting	2:47.01
7	Noha Alaa Abd Elhlim	20	ZOHUR	2:47.65
8	Rawda Ashrif Ramdan	19	MAY15	2:48.68
9	Sarah Karim Mohamed Gal	18	SMOHA	2:49.70
10	Habiba Essam Wahba	15	Sporting	2:49.76

Heat 10 of 16 Finals

1	Karma Ayman Abou Amera	17	Sporting	2:46.38
2	Yomna Gomaa Ali Abdo	15	Bank Ahly Alex	2:45.79
3	Shrouk Mohamed Rashad M	16	Olympic	2:45.67
4	Aisha Yasser Amin	15	AHLY	2:44.62
5	Noor Rami	15	Sporting	2:44.56
6	Laila Mohamed Fathy	17	SHOOT	2:44.58
7	Habiba Elamier Fiesl	15	SHAMS	2:45.44
8	Rawan Tamer Essam Mahm	17	DEGLA	2:45.70
9	Yassmin Khaled Kaml ElSa	17	SHAMS	2:46.29
10	Zaina Ahmed Mohamed Mo	15	Olympic	2:46.53

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Heat 11 Finals (#34 Women 15 & Over 200 LC Meter IM)

1	Roqaya Saad Mohamed	16	ZMALK	2:43.95	_____
2	Nour Mohamed aly el Sobki	17	DEGLA	2:43.71	_____
3	Mennatallah Hatem Ibrahim	17	A S E C	2:43.42	_____
4	Mariam Mahmoud Ahmed	15	DEGLA	2:43.11	_____
5	Zina Yasser Ahmed	18	Sporting	2:42.98	_____
6	Sara Ahmed Alsaed Abdow	20	6 OCT	2:43.05	_____
7	Mariam Hatem Anwar EL S	17	SHOOT	2:43.21	_____
8	Basmalah Gomaa Ali	19	Bank Ahly Alex	2:43.57	_____
9	Rodaina Khaled Mahmoud	15	HELOP	2:43.78	_____
10	Rose Rafeek Mohamed	15	RWAD	2:44.41	_____

Heat 12 of 16 Finals

1	Retaal Mohamd Ghareeb	15	SMOHA	2:42.53	_____
2	Louloua Modather Hassan	15	DEGLA	2:42.10	_____
3	Goudy Sherif Fawzy	17	HADAK	2:42.08	_____
4	Login Hazem Samir	16	Nasr City	2:41.49	_____
5	Jasmine Waleed Ibrahim	15	SMOHA	2:41.04	_____
6	Nada Sameh Elsayed	15	GHABA	2:41.38	_____
7	Farida Sherif Ahmed Taha	17	SHOOT	2:41.67	_____
8	Hana Mohamed Asharaf Ma	16	SHAMS	2:42.08	_____
9	Habiba Shady Mohamed	16	DEGLA	2:42.36	_____
10	Zinab Abdalaziz Mohsen Al	15	6 OCT	2:42.64	_____

Heat 13 of 16 Finals

1	Kenzy Maged Abdel Gawad	15	DEGLA	2:40.98	_____
2	Hanan Ahmed Hussin	18	ZMALK	2:40.71	_____
3	Zeina Mohamed Darwish	15	SMOHA	2:40.33	_____
4	Basmala Ramdan Mostafa M	17	Bank Ahly Alex	2:39.87	_____
5	Fatema Tamer Ahmed Sayec	17	DEGLA	2:39.10	_____
6	Logain Amir Mohamed Else	15	Elethad	2:39.75	_____
7	Goudy Mohamed Fahim	16	AHLY	2:40.02	_____
8	Mariam Walid Sayed	16	DEGLA	2:40.62	_____
9	Gana Mohamed Atef	15	SHOOT	2:40.79	_____
10	Jana Wael Ahmed	15	6 OCT	2:41.00	_____

Heat 14 of 16 Finals

1	Halla Alla Maher	18	DEGLA	2:38.83	_____
2	Layla Mohamed Elsaed Ma	16	Bank Ahly Alex	2:38.17	_____
3	Gana Noaman Samer	16	Al Hawar	2:37.69	_____
4	Tala Tarekf el Kafrawe	18	HELOP	2:37.44	_____
5	Lara Ahmed Elwan	16	AHLY	2:37.14	_____
6	Dana Rafik El Saady	16	DEGLA	2:37.43	_____
7	Raghad Ibrahim Elsaid	15	Gezira El Ward	2:37.54	_____
8	Nagar Mohamed Salem	15	HADAK	2:37.92	_____
9	Maya Mahmoud Sakr	15	SMOHA	2:38.30	_____
10	Hana Hisham Mohamed Yo	19	SMOHA	2:39.04	_____

Heat 15 of 16 Finals

1	Yara Sherif Mohamed	15	DEGLA	2:37.08	_____
2	Nada Hesham Medhat	15	AHLY	2:35.54	_____
3	Zaina Mohamed Haitham H	19	SHOOT	2:35.38	_____
4	Basant Hesham Hussin	15	DEGLA	2:34.34	_____
5	Bassant Gamil Barakat	17	AHLY	2:32.93	_____
6	Mariam Mohamed Ahmed k	18	SMOHA	2:33.71	_____
7	Ingy Bassem Bahaa Eldin	16	AHLY	2:34.78	_____
8	Malak Mohamed Nagy	17	Sporting	2:35.43	_____
9	Jomana Hamdy Ameen	17	ZOHUR	2:37.06	_____
10	Farida Nasser Mohamed El-	16	SHOOT	2:37.13	_____

Heat 16 of 16 Finals

1	Malak Ahmed Gamal al Sha	16	SHOOT	2:31.96	_____
2	Farah Amr Abdel Motaleib	21	SHOOT	2:31.22	_____
3	Hala Amr	16	AHLY	2:29.63	_____
4	hla Mohamed Nanoush	17	TANTA	2:27.35	_____
5	Nadine Mohamed Amin	18	AHLY	2:22.66	_____
6	Hlla Khaled Diab	17	AHLY	2:25.09	_____
7	Mariam Mohamed Emad Fa	19	MAADI	2:29.61	_____
8	Gana Nasr El Din Ali	20	Sporting	2:30.23	_____
9	Lara Amr Mahmoud Alsokk	16	6 OCT	2:31.50	_____
10	Sara Mohamed Bhaa	19	HELOP	2:32.12	_____

Event 35 Men 15 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 38 Finals

1	Morad Yaser Hafez	21	DEGLA	NT	_____
2	Youssef Ahmed Taha Ibrahim	17	Beni Suef Club	NT	_____
3	Abd El Rahman Awad Moha	15	DEGLA	NT	_____
4	Abd Elrahman abd Elaziz	15	Cairo	NT	_____
5	Seif Elden Mohamed Sobhy	15	NASR	NT	_____
6	Mohamed Shreif Ramadan	15	el Shark Club	NT	_____
7	Ahmed Hossamm Saied	15	Cairo	NT	_____
8	Ali Hisham Morshady	17	DEGLA	NT	_____
9	Khaled Walied Mahmoud	17	DEGLA	NT	_____
10	Pierre Joseph Roshdy	16	Aswan Club	NT	_____

Heat 2 of 38 Finals

1	Youssef Amr Moustafa Han	18	HELDO	NT	_____
2	Omar Mohamed Nasr	17	SHRKS	NT	_____
3	Belal Mohamed Fouad Ram	16	Olympic	NT	_____
4	Islam Ahmed Mostafa	15	Elethad	NT	_____
5	Hamza Ahmed abd Elazem	18	Al Qusiya Club	NT	_____
6	Eyad Ashraf Abd Elghany	16	Luxor Club	NT	_____
7	Omar Abdelaziz Mohamed	15	A S E C	NT	_____
8	Yasin Moh. Ahm. Omar Ras	17	GEZIR	NT	_____
9	Mohamed Ahmed Abd El H	15	DEGLA	NT	_____
10	Moahmed Ahmed Salem Ha	17	SMOHA	NT	_____

Heat 3 of 38 Finals

1	Mohamed Motaaz Kamal	15	Ismaily	NT	_____
2	Mohamed Hany Fathy	17	Elethad	NT	_____
3	Omar Tamer Mohamed Elta	16	Bank Ahly Alex	NT	_____
4	Yassin Mohamed Samir Mo	15	DEGLA	NT	_____
5	Nor Eldin Amr Elsayad Bas	16	Elethad	NT	_____
6	abd Elrahman Mohamed Ba	19	TRSAN	NT	_____
7	Mahmoud Walid Gebрил	15	DEGLA	NT	_____
8	Yassin Osama Mohamed	15	DEGLA	NT	_____
9	Mohamed Ashraf Ibrahim	15	TALBE	NT	_____
10	NourEldin Nasr Wahba	19	SMOHA	NT	_____

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Heat 4 Finals (#35 Men 15 & Over 100 LC Meter Breaststroke)

1	Ahmed Sameh Ibraheem	15	el Shark Club	NT	_____
2	Yehia Moustafa Abdelkreem	15	K.S.C	NT	_____
3	Yassin Ebrahim Ragheb	17	Sporting	NT	_____
4	Omar Wael Salah El Din	15	SHOOT	NT	_____
5	Seif Tamer Abd Elaziz	17	El Obour	NT	_____
6	Omar Moustafa Mohamed F	18	Olympic	NT	_____
7	Adam Abd el Malek	15	GHARB	NT	_____
8	Mohamed Mahmoud Azab /	21	AHLY	NT	_____
9	Mohamed Alamir	16	Elethad	NT	_____
10	Omar Ahmed Bisher	16	Ismaily	NT	_____

Heat 5 of 38 Finals

1	Aly Mohamed Aly	17	Sporting	NT	_____
2	Mohanad Abo Elsood Anwa	17	Minia Sport Clup	NT	_____
3	Abdlrhmn Amro Nshat Abd	19	6 OCT	NT	_____
4	Moustafa Mahmoud Fahmy	15	TAGAM	NT	_____
5	Mohamed Magdy Abdo	16	Police Club	NT	_____
6	Mohanad Desoky Mohamed	21	Minia Sport Clup	NT	_____
7	Adm Ahmed Yousief	15	Cairo	NT	_____
8	Khaled Eeed Thabet	15	Luxor Club	NT	_____
9	Mohamed Elbrois	15	Damnhor Sport	NT	_____
10	Omar Tamer Said AbdElaziz	19	SMOHA	NT	_____

Heat 6 of 38 Finals

1	Mohamed Hany Mohamed	15	DEGLA	NT	_____
2	Ziad Ahamed Ragab Abd el	18	SHOOT	NT	_____
3	Eyad Abdelrahem Bayo	16	Zahraa Helwan	NT	_____
4	Ahmed abo Zaid	16	GHARB	NT	_____
5	Slah abd Elaale Abdalla	15	TALBE	NT	_____
6	Anas Wael	16	TALBE	NT	_____
7	Mahmoud Hany Mostafa A	15	6 OCT	NT	_____
8	Yassen Ahmad Mostafa	15	TALBE	NT	_____
9	Hussein Mohamed Hussein	16	Luxor Club	NT	_____
10	Mohamed Adel Elkenany	15	Stad Mansoura	NT	_____

Heat 7 of 38 Finals

1	Mohamed Khaled Fathi	15	SMOHA	NT	_____
2	Ezzat Mohamed Azzam Mo	16	Olympic	NT	_____
3	Youssef Mohamed Gaber	15	SMOHA	NT	_____
4	Adham Elsayed Ali	17	DEGLA	NT	_____
5	Eyad Tamer Abdelazeez	15	Zahraa Helwan	NT	_____
6	Omar Mohamed Khairy	15	Elec	NT	_____
7	Karim Mohamed Abdelkade	15	Bank Ahly Alex	NT	_____
8	Marwan Haitham Abdelsala	15	Olympic	NT	_____
9	Yehia Ahmed Abbas Abou	17	GHABA	NT	_____
10	abd Elrhman Mohamed Mal	17	Elethad	NT	_____

Heat 8 of 38 Finals

1	Karim Mohamed El Gharab	19	ZOHUR	NT	_____
2	Ahmed Yahia Saied	18	Elethad	NT	_____
3	Youssef Omar Mohamed M	15	Beni Suef Club	NT	_____
4	Abd Elrahman Sameh Adel	15	Cairo	NT	_____
5	Andria Wael Nagy Mosad A	16	HELDO	NT	_____
6	Mark Wael	15	GHARB	NT	_____
7	Ahmed Hamed Abbas	19	HADAK	NT	_____
8	Mohamed Atef Fekry	23	Olympic	NT	_____
9	Mohamed Emadeldein Solir	15	SMOHA	NT	_____
10	Kamal El Din Mokhtar	20	DEGLA	NT	_____

Heat 9 of 38 Finals

1	Yousief Alaa Gad	15	SHAMS	NT	_____
2	Abdullah Ahmed Islam	16	Elethad	NT	_____
3	Ahmed Waled Ibrahim	16	A S E C	NT	_____
4	Husen Ahmad Mounir	15	HELOP	1:41.17	_____
5	Youssef Ahmed Mohamed I	15	Tlaea El Ostol	1:39.58	_____
6	Mahmoud Gamal Mahmoud	16	Rio	1:39.60	_____
7	ali Mohammed ali	15	Zahraa Helwan	1:45.18	_____
8	Mohmed Adham Mohamed T	18	6 OCT	NT	_____
9	Hamza Waleed Reda	16	el Shark Club	NT	_____
10	Aly Ahmed Khaled	15	DEGLA	NT	_____

Heat 10 of 38 Finals

1	Malek Essam Sanad	15	DEGLA	1:38.03	_____
2	Shaban Mohamed Shaban A	16	MRAC	1:36.73	_____
3	Mahmoud Mohamed Nasr	15	TALBE	1:35.41	_____
4	Mahmoud Tamer Mewally S	15	Olympic	1:34.15	_____
5	Youssef Khaled aly Khames	15	TANTA	1:33.06	_____
6	Moaz Haitham Abdelmone	15	Zahraa Helwan	1:33.20	_____
7	Yassin Mahmoud Yassin Ab	15	Olympic	1:35.07	_____
8	Fouad Ibrahim Fouad	15	Elethad	1:35.93	_____
9	Ahmed Mostafa Mohamed S	16	TRSAN	1:37.05	_____
10	Amar Yasser Heseen	15	TALBE	1:39.12	_____

Heat 11 of 38 Finals

1	Hassan Fayez Elsayed	15	SMOHA	1:31.73	_____
2	Amaar Yasir Mohamed	15	Bitash	1:30.86	_____
3	Ziad Ahmed Youssef	16	DEGLA	1:30.49	_____
4	Mohamed Tamer Metwally :	15	Olympic	1:30.32	_____
5	Eyad Nader Rashad Abdalla	16	Olympic	1:29.98	_____
6	Moataz Moustafa Shawky H	15	Olympic	1:30.09	_____
7	Mahmoud Mohamed Abdelh	15	DEGLA	1:30.36	_____
8	Youseif amr Youseif	15	ZMALK	1:30.51	_____
9	Mazen Mamdouh Ismail	16	DEGLA	1:31.02	_____
10	Aser Ehab Mohamed	15	ZOHUR	1:32.74	_____

Heat 12 of 38 Finals

1	Youssef Mohamed Ibrahim :	15	Bank Ahly Alex	1:29.85	_____
2	Arsany Ramy Magdy Henav	15	DEGLA	1:29.63	_____
3	Yazed amr Omar Mokhtar	16	GOLDY	1:29.36	_____
4	Mohamed Hany Ahmed	15	DEGLA	1:28.75	_____
5	Anas Reda Wahdan	15	Meit Khakan	1:28.18	_____
6	Hatem Hamada Abdelhamid	17	TRSAN	1:28.22	_____
7	Braa Ahmed Lotfy	15	SHAMS	1:28.97	_____
8	Hamza Essam EL Wardany	15	ENPPI	1:29.61	_____
9	Mohamed Alaa Wafa	15	Tlaea El Ostol	1:29.69	_____
10	Yassin Mohamed Aly ElSha	15	6 OCT	1:29.86	_____

Heat 13 of 38 Finals

1	Omar ali Ibrahim	16	EALAM	1:27.69	_____
2	Eyad Hassan Ebrahim	15	TRSAN	1:27.41	_____
3	Adham Khaled Heshy	15	SMOHA	1:27.24	_____
4	Yassien Tamer Elsayed	15	A S E C	1:27.18	_____
5	Abdelrahman Yasser Ali Ab	15	Olympic	1:26.86	_____
6	Mohamed Ahmed Hussien I	15	Olympic Champion	1:26.96	_____
7	Jan Sameh Francis	16	GHABA	1:27.22	_____
8	Anas Alaa Eldeen Mohamec	15	TALBE	1:27.26	_____
9	Omar Ahmed Mohamed Ali	16	Elethad	1:27.46	_____
10	Kareem Waleed Ahmed	15	Ismaily	1:27.74	_____

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Heat 14 Finals (#35 Men 15 & Over 100 LC Meter Breaststroke)

1	Hamza amr Mohamed	15	EALAM	1:26.74	_____
2	Ahmed Mahmoud Fouad To	16	ZOHUR	1:26.16	_____
3	Hatem Elsayed Mohamed	17	GHABA	1:25.88	_____
4	Omar Ahmed Ebrahim	15	Wave	1:25.63	_____
5	Abdelrahman Khaled Gama	15	Olympic	1:25.27	_____
6	Hamza Mohamed Elmoham	16	ZMALK	1:25.58	_____
7	Mahmoud Hamdy Mohamed	15	DEGLA	1:25.71	_____
8	Zeyad Mahmoud Farag	15	SHRKS	1:25.92	_____
9	Marwan Mohamed Anwar	15	TALBE	1:26.72	_____
10	Yassin Alaa Mohamed	15	DEGLA	1:26.83	_____

Heat 15 of 38 Finals

1	Youssef Eslam Elrayes	15	Y.M.C.A	1:24.90	_____
2	Marwan Ayman Saleh	15	Elethad	1:24.75	_____
3	Yassin Mohamed Ashour	15	Tlaea El Ostol	1:24.63	_____
4	Mostafa Akram Abd EL Raf	15	ENPPI	1:24.43	_____
5	Ahmed Wael Ahmed	17	TRSAN	1:24.32	_____
6	Mahmoud Tamer Mahmoud	16	HLWAN	1:24.36	_____
7	Tamem Heasen Salah	15	El Obour	1:24.56	_____
8	Omar Tarek ali	15	Al Shehk Zaeid	1:24.71	_____
9	Mario Nabil Tafik	17	Y.M.C.A	1:24.77	_____
10	Ibrahim Mohamed Azmy	15	Wave	1:25.09	_____

Heat 16 of 38 Finals

1	Mohamad Allaelden Ahmad	16	SMOHA	1:24.23	_____
2	Adham Ramy Mahmoud	15	EALAM	1:24.12	_____
3	Mohamed Shady Mohamed	16	DEGLA	1:23.67	_____
4	Mazin Mohamed Ahmed At	16	ENPPI	1:23.44	_____
5	Belal Mohamed Abdellatef	16	Bitash	1:23.31	_____
6	Yazed Ahmed Ibrahim	15	A S E C	1:23.32	_____
7	amr Taha Goda	17	ZMALK	1:23.57	_____
8	Malek Wael	15	SMOHA	1:24.06	_____
9	Abdalrahman Hesham Saee	16	TAGAM	1:24.13	_____
10	Taquideen ali	15	Sporting	1:24.32	_____

Heat 17 of 38 Finals

1	Iyad Osama Ibrahim	15	HADAK	1:23.26	_____
2	Yassin Mohamed Salah	15	SMOHA	1:22.95	_____
3	Amr Khaled Abraham	17	Police Club	1:22.65	_____
4	Adham Ehab Magdy	15	TRSAN	1:22.63	_____
5	Omar Khaled Esmail Ramda	17	GHABA	1:22.57	_____
6	Yassin Farghaly	15	Sporting	1:22.62	_____
7	Adham Fouad Hasan	15	ENPPI	1:22.64	_____
8	Ahmed Akrm Moustafa	15	Bitash	1:22.82	_____
9	Omar Walid Mohamed	15	DEGLA	1:23.13	_____
10	Ziad Khaled Mostafa	15	MRAC	1:23.27	_____

Heat 18 of 38 Finals

1	Seif Khalied Fathy	16	ZMALK	1:22.44	_____
2	Youssef Mohamed Fathy M	17	SMOHA	1:22.31	_____
3	Youssef Ahmed Ibrahim EIS	17	SHAMS	1:22.03	_____
4	Yassin Mohamed Talaat	15	DEGLA	1:21.45	_____
5	Ahmed Tamer Abdel Lattif	17	Sporting	1:21.15	_____
6	Adam Ayman Yousef	16	TANTA	1:21.30	_____
7	Moemen Omar Mahmoud S	16	6 OCT	1:21.90	_____
8	Ziad Ahmed Ali	15	DEGLA	1:22.06	_____
9	Abdellah Ahmed Said	15	Tlaea El Ostol	1:22.42	_____
10	Marawan Mohamed Fathy S	15	TANTA	1:22.50	_____

Heat 19 of 38 Finals

1	Adham Ashraf Shawky Moh	17	ZMALK	1:21.03	_____
2	Yossef Mohamad Ebrahim I	16	SMOHA	1:20.91	_____
3	Mohamed Reda Mahmoed	16	BNK.G	1:20.68	_____
4	Aly Mohamed Magdy	15	A S E C	1:20.57	_____
5	Mohamed Hesham Mohame	15	SHAMS	1:20.53	_____
6	Abdel Wahab Ahmed Mosta	15	Elethad	1:20.55	_____
7	Hamza Mahmoud Ibrahim F	15	Elethad	1:20.68	_____
8	Aly Moh. Khaled Aly Moh.	17	GEZIR	1:20.77	_____
9	Ahmed Mohamed Fathy Ha	15	Bank Ahly Alex	1:20.99	_____
10	Youssef Mohamed Khedr	15	SMOHA	1:21.11	_____

Heat 20 of 38 Finals

1	Mohamed Hassan Abdel Ra	17	TALBE	1:20.49	_____
2	Omar Ahmed El Bostany	15	SHOOT	1:20.45	_____
3	Omr Adel Abdelmouhsen Al	17	6 OCT	1:20.10	_____
4	Sief Amr Elsharqawy	17	SMOHA	1:19.90	_____
5	Adam Essam Fouad	15	Bitash	1:19.64	_____
6	Moaz Almansy	16	Baladyat El Maha	1:19.84	_____
7	Adham Mohamed Abdelhali	15	ZOHUR	1:20.07	_____
8	Abdelrhman Mohamed Ahr	16	DEGLA	1:20.18	_____
9	Seif el Dean Adel Easa	15	A S E C	1:20.47	_____
10	Yassien Yaser Atef	18	MRAC	1:20.51	_____

Heat 21 of 38 Finals

1	Anas Amro Awad	15	Stad Mansoura	1:19.22	_____
2	Yassin Hassan Hosny Ahme	16	Elethad	1:18.94	_____
3	Marwan Tarek Rashed Abd	17	SHAMS	1:18.77	_____
4	Ibrahim Ayman Mohamed	15	Elethad	1:18.64	_____
5	abd Elrahman Ramadan	17	TALBE	1:18.57	_____
6	Yassin Amr Mohamed	15	DEGLA	1:18.61	_____
7	Abdallah Mahmoud Yassin	16	EALAM	1:18.65	_____
8	Abd Elrahman Ahmed Abd	17	ZOHUR	1:18.88	_____
9	Mohamed Ahmed SalahELd	16	SHAMS	1:19.03	_____
10	Abdel Rahman Mohamed M	19	El Obour	1:19.39	_____

Heat 22 of 38 Finals

1	Omar Hossam abd Elmonen	15	TRSAN	1:18.48	_____
2	Moamen Sedke Nawar	15	Damnhor Sport	1:18.44	_____
3	Omar Eslam Abdelfatah Har	15	Gezira El Ward	1:18.39	_____
4	Maher amr	15	Sporting	1:18.24	_____
5	Yehya Tamer Gamaal Eldee	16	SMOHA	1:18.01	_____
6	Mohamed Yasser Mohamed	17	SMOHA	1:18.06	_____
7	Omar Abdallah Ismael	15	Stad Mansoura	1:18.33	_____
8	Mohamed Nader Mohamed	16	A S E C	1:18.43	_____
9	Yousif Mohamed Adel Aboe	15	Gezira El Ward	1:18.45	_____
10	Fares Yaser Shawky	16	DEGLA	1:18.55	_____

Heat 23 of 38 Finals

1	Karim Gamal Abd Elsalam	17	SHOOT	1:17.91	_____
2	Zein Tallal	15	Sporting	1:17.71	_____
3	Omar Isalm Ahmed Abdelgl	15	Bank Ahly Alex	1:17.57	_____
4	Mohamed Ahmed Ibraheem	18	RWAD	1:17.53	_____
5	Adham Mohamed abd Aziz	17	Nasr City	1:17.45	_____
6	abd Elrahman Yasser Ahme	16	GOLDY	1:17.53	_____
7	Ibrahim Mohamed Abdelmc	18	ZMALK	1:17.55	_____
8	Omar Mohamad Ahmad Ko	16	SMOHA	1:17.64	_____
9	Anas Mohamed Nabil	15	DEGLA	1:17.77	_____
10	Eyad Ahmed Mohamed Tal	15	6 OCT	1:17.94	_____

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Heat 24 Finals (#35 Men 15 & Over 100 LC Meter Breaststroke)

1	Hassan Mahmoud Mohamec	15	ZMALK	1:17.35	_____
2	Youseif Mohamed Abdelsall	15	ZMALK	1:17.10	_____
3	Ahmed Mohamed Zohdy	16	HLWAN	1:16.98	_____
4	Mahmoud Mohamed Fayek	16	6 OCT	1:16.93	_____
5	Adham Mostafa Abdulla	16	Elethad	1:16.90	_____
6	Mohamed Ahmed Nabil Mo	15	Gezira El Ward	1:16.92	_____
7	Mohamed Ibrahim Mohame	20	Elec	1:16.96	_____
8	Yehia Hisham Yehia Abdela	17	SMOHA	1:17.05	_____
9	Eyad Hazem Mohamed Nen	15	MRAC	1:17.17	_____
10	Loaay Mohamed abd Raboh	17	Elethad	1:17.39	_____

Heat 25 of 38 Finals

1	Ahmed Mohamed Ibrahim M	15	Bank Ahly Alex	1:16.86	_____
2	Yasen Ahm. Abd ElHay Soi	18	GEZIR	1:16.69	_____
3	Ezz Eldein Haytham Ezz El	15	SMOHA	1:16.52	_____
4	Hassan Elzaafarany	15	Sporting	1:16.38	_____
5	Omar Mostafa Mohamed Oi	15	Beni Suef Club	1:16.26	_____
6	Youssef Ahmed El_Sisi	16	Sporting	1:16.29	_____
7	Ahmed Waild Mohamed	17	A S E C	1:16.51	_____
8	Zayed Alhassan Fouad	16	Tlaea El Ostol	1:16.68	_____
9	Ahmed Atef Mohamed Fekr	18	Olympic	1:16.85	_____
10	Mazen Ahmed Elsaid Ahme	15	Bank Ahly Alex	1:16.88	_____

Heat 26 of 38 Finals

1	Mohamed Hussien Mohame	18	SMOHA	1:16.16	_____
2	Seif Eldeen Ahmed Farouk	15	Elethad	1:16.10	_____
3	Yassin Waled Ezzat	15	DEGLA	1:16.01	_____
4	Adam Sameh Mohamed Kai	15	Bank Ahly Alex	1:15.79	_____
5	Ehab Ashraf Ebrahim esa	16	TANTA	1:15.69	_____
6	Selim Moh. Foad Hamdy	16	GEZIR	1:15.74	_____
7	Yousef Mohamed Salah	18	A S E C	1:15.95	_____
8	Adam Karem Ahmed Moha	17	Bank Ahly Alex	1:16.02	_____
9	Malik Mohamed AbdelMak	15	Pegasus Club	1:16.14	_____
10	Sief Ahmed Farouk	16	ZOHUR	1:16.26	_____

Heat 27 of 38 Finals

1	Marwan Ehab Abdelkader	18	ZMALK	1:15.61	_____
2	Ali Wael Mohamad Saad	16	SMOHA	1:15.43	_____
3	Mohamed Hussein El-Alfy	15	New Giza	1:15.29	_____
4	Omar Hani Elsaid	15	SMOHA	1:15.14	_____
5	Yasen Ahmad gad	15	HELOP	1:14.93	_____
6	Youssef Ahmed Hassan	17	Elethad	1:15.06	_____
7	Ahmed Hatem Hosny	18	DEGLA	1:15.19	_____
8	Zeyad Ali Kassem Elsaed	16	Bank Ahly Alex	1:15.34	_____
9	Mohamed Ahmed Bahy Eld	16	TRSAN	1:15.44	_____
10	Youssef Ahmed Ragab	15	RWAD	1:15.65	_____

Heat 28 of 38 Finals

1	Yehia Mohamed el Bawab	16	HELOP	1:14.81	_____
2	Yassin Ahmed Hussain Mag	16	GHABA	1:14.72	_____
3	Yasin Omar Ahmed Hessin	16	6 OCT	1:14.69	_____
4	Ammar Mohamed Mohame	17	MAY15	1:14.38	_____
5	Youssef Zaki	15	Sporting	1:14.24	_____
6	Hassan Ibrahim Arafa	16	RWAD	1:14.28	_____
7	Mohmed Mostafa Moktar	16	Cairo	1:14.57	_____
8	Mohamed Afifi Mohamed	16	DEGLA	1:14.71	_____
9	Omar Mohamed Ezat Moha	15	Gezira El Ward	1:14.73	_____
10	Omar Shalby Mohamed	15	SHAMS	1:14.92	_____

Heat 29 of 38 Finals

1	Seif Mohamed Nabil	16	DEGLA	1:14.16	_____
2	Mahmoud Ahmed Abdelmo	15	A S E C	1:14.10	_____
3	Mohamed Moursy Abdelsat	18	Olympic	1:13.96	_____
4	Marwan Khaleid Abdallah	15	ZMALK	1:13.79	_____
5	Ali Ahmed Abd el Monem C	19	SHAMS	1:13.66	_____
6	AbdelRahman Mohamed Sa	19	El Obour	1:13.78	_____
7	Mohamed Ayman Mohamed	15	Bank Ahly Alex	1:13.95	_____
8	Mahmoud Mostafa Mohame	15	TANTA	1:13.98	_____
9	Adham Maged Mohamed	18	HLWAN	1:14.14	_____
10	Nabil Ahmed Nabil Elharas	16	TANTA	1:14.20	_____

Heat 30 of 38 Finals

1	Ibrahim Diaa El Din	16	SHOOT	1:13.51	_____
2	Ahmed Wael Ibrahim Desou	20	TWFIK	1:13.33	_____
3	Mostafa Ahmed Abdelfatah	15	TANTA	1:13.23	_____
4	Omar Hany Fathy	16	A S E C	1:13.17	_____
5	Fares Ahmed Refaat Abdel ε	15	SHOOT	1:13.02	_____
6	Yousef Maged Mohamed	17	RWAD	1:13.06	_____
7	Yossef Efraim Sabry	16	GHABA	1:13.21	_____
8	Omar Zeaid Hassan Abd El	17	Aswan Club	1:13.30	_____
9	Ahmed Mohamed Harby	16	Al Hawar	1:13.36	_____
10	Kamal Mohamed Kamal	16	AHLY	1:13.52	_____

Heat 31 of 38 Finals

1	Mohamed Amr Mousa	15	DEGLA	1:12.76	_____
2	Omar Ahmed Emad	16	SHOOT	1:12.74	_____
3	Ahmed Mahmoud Ahmed A	16	TRSAN	1:12.49	_____
4	Yousef Yasser ali Abdelhalir	18	Olympic	1:12.43	_____
5	Khaled Waleed Adel	15	DEGLA	1:12.34	_____
6	Omar Hazem	19	ZMALK	1:12.37	_____
7	Karim Kamal Ahmed Mosta	21	6 OCT	1:12.47	_____
8	Yasin Mohamed Abu Raya	19	TANTA	1:12.59	_____
9	Essa Shref Abd EL Monem	16	HELOP	1:12.75	_____
10	Hamza Ahmed Morsi Morsi	18	6 OCT	1:12.91	_____

Heat 32 of 38 Finals

1	Ebrahim Mohamed Hamdy	17	TANTA	1:12.34	_____
2	Tarek Loay Mohamed	15	HELOP	1:12.20	_____
3	Abd Elrahman Tamer M Ab	17	NASR	1:11.86	_____
4	Hamza Hammad Mohamed	18	DEGLA	1:11.67	_____
5	Ibrahim Yasser Farahat Abd	18	MAADI	1:11.53	_____
6	Mohamed Ayman Ibrahim	18	A S E C	1:11.59	_____
7	Yousif Gaseer Migahed	17	ZMALK	1:11.79	_____
8	Mazen Mohamed Adel	19	Elethad	1:11.98	_____
9	Mohamed Mourad Mohame	22	Sporting	1:12.21	_____
10	Malek Khaled Mahmoud At	17	Bank Ahly Alex	1:12.34	_____

Heat 33 of 38 Finals

1	Selim Ihab Ghali	19	DEGLA	1:11.43	_____
2	Ahmed Sameir Hassan	16	TALBE	1:11.13	_____
3	Mohamed Amr Hussein	18	DEGLA	1:11.06	_____
4	Omar Mohamed Abdel Azer	16	Al Hawar	1:10.95	_____
5	Moaz Mohamed Sayed Sol	17	AHLY	1:10.80	_____
6	Adam Hossamaldin Abdalla	18	ZMALK	1:10.88	_____
7	Yassin Mostafa Mohamed	15	AHLY	1:10.99	_____
8	Mrawan amr Mostafa abd el	19	TRSAN	1:11.06	_____
9	Adam Ahmed abd Elaziz	17	SHOOT	1:11.22	_____
10	abd Elrahman Mohamed Fo	18	TALBE	1:11.45	_____

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 23-04-2024 Mor

Heat 34 Finals (#35 Men 15 & Over 100 LC Meter Breaststroke)

1	Nour Ahmed Elhassany	17	ZOHUR	1:10.74	_____
2	Yehia SeifEL din EL Margh	19	SHAMS	1:10.58	_____
3	Karim Tamer Rizk	15	AHLY	1:10.48	_____
4	Yousef Mahmoud Mohamec	18	SHAMS	1:10.37	_____
5	Abdelfattah Ahmed Youssef	17	Olympic	1:10.06	_____
6	Mazen Majed Mahmoud	16	HADAK	1:10.14	_____
7	Keven Sameh Adly	19	Minia Sport Clup	1:10.41	_____
8	Hamza Ahmed Darwish	18	DEGLA	1:10.51	_____
9	Marwan Mohamed Elsaid	16	Stad Mansoura	1:10.69	_____
10	Youssef Abdel Aziz Alaa	18	DEGLA	1:10.78	_____

Heat 35 of 38 Finals

1	Karim Osama Ibrahim Abd	17	MAADI	1:09.97	_____
2	Mostafa Moh. Ahm. Moh. M	18	GEZIR	1:09.78	_____
3	Mahmoud Mohamed Mohar	17	Al Hawar	1:09.62	_____
4	Amr Hany Mahmoud Ahme	18	AHLY	1:09.54	_____
5	Amr Mostafa Kodb	21	SMOHA	1:09.11	_____
6	Khaled Hammad Mohamed	20	DEGLA	1:09.31	_____
7	Omar Tamer Ahmed	18	GHABA	1:09.57	_____
8	Karem Mohamed Atia Ehsa	17	HELOP	1:09.77	_____
9	Moamen Amr Mohamad Ha	16	SMOHA	1:09.85	_____
10	Abdalla Gasser Abdellatif	19	AHLY	1:09.98	_____

Heat 36 of 38 Finals

1	Hamza Mohamed Hassan M	16	HELOP	1:08.82	_____
2	Karim Hisham Safwat	17	el Shark Club	1:08.43	_____
3	Mostafa Mohamed Mohame	16	Gezira El Ward	1:08.42	_____
4	Hani Mohammed Atwan	17	El Temsah	1:08.29	_____
5	Omar Mohamed Yehia	17	DEGLA	1:08.09	_____
6	Eazz El Din Mohamed Khar	19	Sporting	1:08.14	_____
7	Yassien Yasser Hassan	17	SMOHA	1:08.32	_____
8	Zad Ahmed Mohamed Asra	16	DEGLA	1:08.42	_____
9	Ahmed Tamer Farouk Abd e	17	SHAMS	1:08.67	_____
10	Mahmoud Tamer Mahmoud	18	DEGLA	1:08.91	_____

Heat 37 of 38 Finals

1	Abdel Rahman Ahmed Ali	18	DEGLA	1:07.92	_____
2	Youssef Tamer Mohamed H	19	DEGLA	1:07.49	_____
3	Abdelrahman Ashraf Abdel	20	AHLY	1:06.98	_____
4	Mahmoud Ahmed Eltablawy	18	ZOHUR	1:06.76	_____
5	Marwan Mohamed Bakry M	18	Olympic	1:06.22	_____
6	Mazen Ismail Mohamed Isn	20	MAADI	1:06.50	_____
7	Hazem Hossam Nady	16	DEGLA	1:06.78	_____
8	Darren Dimitrios Chin	19	Sporting	1:07.23	_____
9	Mohamed Ashraf Abdel Hay	23	AHLY	1:07.52	_____
10	Hanna Refaat Hanna Awada	18	HELDO	1:07.99	_____

Heat 38 of 38 Finals

1	Daly Dimitrios Chin	27	Sporting	1:05.97	_____
2	Mohamed Mashhour Yehia	19	AHLY	1:05.50	_____
3	Karem Magdy Ismail	24	Sporting	1:04.94	_____
4	Mohaned LiwaaEldin Ali	19	SMOHA	1:04.26	_____
5	Mohamed Housam Ibrahim	28	AHLY	1:03.38	_____
6	Abdel Rahman Mohamed A	22	AHLY	1:04.22	_____
7	Ahmad Hany Ahmad	18	HELOP	1:04.81	_____
8	Mohand Tarik Mohamed Al	24	SMOHA	1:04.97	_____
9	Gamal Metwaly Gamal Mol	21	ZOHUR	1:05.83	_____
10	Saif EIDIn Sameh A.Elmoa	21	DEGLA	1:06.07	_____