

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 19-04-2024 Mor

Event 1 Women 15 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Finals				
2	Mariam Amr Mohamed You	19	DEGLA	NT
3	Malak Mohamed Fayek Els	17	SMOHA	NT
4	Malak Walid Mohamed	16	Marina Sporting	NT
5	Gana Mahmoud Abdel Men	19	ROYAL	NT
6	Zeina Eslam Fayez	15	SHOOT	NT
7	Basmala Othman Alsayed	16	Marina Sporting	NT
8	Zaina Mohamed Haitham H	19	SHOOT	NT
9	Mayson Ahmed Abdel Mon	19	GOLDY	NT
Heat 2 of 12 Finals				
1	Fatma Hisham Sarwt	21	Sporting	NT
2	Karen Samir Fawzy	17	Marina Sporting	NT
3	Sara Elhamy Foad Abd El S	19	MAADI	NT
4	Nada Sameh Elsayed	15	GHABA	NT
5	Sagda Mohamed Salah	16	Elethead	NT
6	Login Reda Mahmoud	15	Elethead	NT
7	Mariam Shamrokh	15	REHAB	NT
8	Hala Yasser Mohamed	18	HADAK	NT
9	Shrouk Mohamed Rashad M	16	Olympic	NT
10	Naghham Waleed Mohamed	16	Olympic	NT
Heat 3 of 12 Finals				
1	Sara Ahmed Eissa	16	MAADI	NT
2	Aan Nader Nabil	16	Qaroun	NT
3	Lamar Maged Abdel Gawad	17	DEGLA	NT
4	Habiba Moustafa Refaat	17	SMASH	NT
5	Karma Ahmed Hamdy Huss	15	A S E C	NT
6	Rokaya Khalid El Masry	19	Sporting	NT
7	Malak Mohamed Karawia	16	DEGLA	NT
8	Taleen Monzer Mohamed A	16	MRAC	NT
9	Asia ali Mostafa Ahmed	15	Marina Sporting	NT
10	Alia Alaa-Eldeen Mohamed	15	ElGezira Youth	NT
Heat 4 of 12 Finals				
1	Sondos Mohamed Salah El	16	Elethead	3:41.13
2	Salma Sherief Mohamed M	16	Olympic	3:39.02
3	Dana Mahmoud Aref Tawfe	15	Olympic Champion	3:33.19
4	Joudy Wael Saad Fayed	15	Elethead	3:27.52
5	Nadeen Wassem Mahmoud	15	TALBE	3:26.78
6	Salma Islam Mahmoud Nab	15	Elethead	3:26.79
7	Sireen Hatem Rashad	15	Police Club	3:30.50
8	Malak Tarek Elsaied	15	Wave	3:35.00
9	Fatma Sameh Mohamed Elt	15	Olympic Champion	3:40.54
10	Marim Zaky	19	Sporting	3:59.81
Heat 5 of 12 Finals				
1	Fareda Farouk Farouk	15	SHRKS	3:23.95
2	Jana Mahmoed Salem	16	BNK.G	3:22.49
3	Laila Ahmed EL Sadek	15	HELOP	3:21.94
4	Dema Mohamed Mohamed	15	Olympic Champion	3:21.32
5	Lojin Taha Mohamed Taha	15	A S E C	3:18.51
6	Menna Mohamed Ahmed	16	SENZO	3:20.61
7	Habiba Mohamed Mahmoud	15	A S E C	3:21.62
8	Haya Hazem Abdelrahamn	19	SHAMS	3:22.33
9	Ahbab Hossameldin Ahmed	15	Olympic	3:22.58
10	Swlaf Samer Abdalla Sharar	18	Y.M.C.A	3:25.04

Heat 6 of 12 Finals

1	Aseel Ousama Abdelsalam	15	Damnhor Sport	3:18.12
2	Julia Ramez Goreg	15	SHAMS	3:17.09
3	Rodayna Sherif Ryad	17	TRSAN	3:15.97
4	Hana Nasser El Safty	17	SHOOT	3:14.78
5	Sondos Hossam Eldin Mahr	15	TRSAN	3:12.57
6	Joudy Mohamed Saied	16	ZOHUR	3:14.64
7	Asil Esmail Ibrahim	15	Wave	3:14.79
8	Nourhan Mahmoud Moham	17	El Obour	3:16.24
9	Hana Ahmed Helal	16	ENPPI	3:17.24
10	Malak Mohamed Fakray	15	TALBE	3:18.21

Heat 7 of 12 Finals

1	Ganna Mohamed Mahmoud	18	AHLY	3:10.72
2	Malak Mohamed Abdelmon	18	DEGLA	3:08.89
3	Yossra Mostafa Kamel	17	Elethead	3:08.02
4	Jana Ashraf Mohamed Gabe	18	Olympic	3:07.54
5	Hana Mohamed Youssef Mc	18	SMOHA	3:06.28
6	Farah Okasha Mohamed	18	HLWAN	3:06.46
7	Maryam Ayman Mohamed /	15	Elethead	3:07.64
8	Rawda Ashrif Ramdan	19	MAY15	3:08.56
9	Yara Hassan Fathy	17	TWFIK	3:09.48
10	Gody Mohamed Ali Abdeln	15	Bank Ahly Alex	3:11.13

Heat 8 of 12 Finals

1	Jomana Mahmood Hatem	15	Pegasus Club	3:04.57
2	Joner Ehab Ltif	15	Y.M.C.A	3:04.37
3	Malak Amr	15	SHOOT	3:03.87
4	Karma Ayman Abou Amera	17	Sporting	3:03.45
5	Laila Ahmed Elamrosy	17	MRAC	3:02.25
6	Kinzy Yahia Mohamed Sam	16	ENPPI	3:02.80
7	Hanan Ahmed Hussin	18	ZMALK	3:03.70
8	Shahd Mohamed Ismael	19	SMOHA	3:03.92
9	Sama Tamer Mohamed	16	GHABA	3:04.38
10	Jana Hany Mohamed Ewies	15	6 OCT	3:05.03

Heat 9 of 12 Finals

1	Basmala Ramdan Mostafa M	17	Bank Ahly Alex	3:01.77
2	Tala Feras Mostafa Mohreb	15	SMOHA	3:01.22
3	Jana Mohamed Abd Elkarie	16	6 OCT	3:01.16
4	Lilly Mohamed abd el Aziz	15	Nasr City	3:00.89
5	Gana Mohamed Ahmed Salk	19	GHABA	3:00.23
6	Malak Mohamed Nagy	17	Sporting	3:00.23
7	Shahd Ahmed Safwat	18	Cairo	3:01.14
8	Kholoud Abdelfatah Ali Abc	18	SMOHA	3:01.19
9	Karma Ahmed Nabil	20	SHOOT	3:01.39
10	Masa Mostafa abd Elghany	16	TANTA	3:01.90

Heat 10 of 12 Finals

1	Goudy Ahmed Samir	16	el Shark Club	2:59.74
2	Malak Yasser Elsayed	15	A S E C	2:58.85
3	Salma Waleed Raslan	16	Al Hawar	2:58.28
4	Goudy Sherif Fawzy	17	HADAK	2:56.76
5	Jana Sherif Mohamed Moha	15	6 OCT	2:56.18
6	Lorian Hany	16	Sporting	2:56.40
7	Yomna Gomaa Ali Abdo	15	Bank Ahly Alex	2:57.73
8	Ghada Wael Abdullah	15	ENPPI	2:58.68
9	Sandra Medhat Mohamed	19	AHLY	2:59.25
10	Noha Alaa Abd Elhlim	20	ZOHUR	3:00.03

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Heat 11 Finals (#1 Women 15 & Over 200 LC Meter Breaststroke)

1	Fatema Tamer Ahmed Sayec	17	DEGLA	2:55.90	_____
2	Nadine Ayman Hussein	19	HADAK	2:52.99	_____
3	Kenzy Maged Abdel Gawad	15	DEGLA	2:51.22	_____
4	Mariam Ahmed Abdel Hakn	16	AHLY	2:50.15	_____
5	Goudy Abdelhalem Fathala	19	Bank Ahly Alex	2:49.20	_____
6	Bassant Gamil Barakat	17	AHLY	2:49.28	_____
7	Nada Hesham Medhat	15	AHLY	2:50.63	_____
8	Mariam Walid Sayed	16	DEGLA	2:52.85	_____
9	Roqaya Saad Mohamed	16	ZMALK	2:54.61	_____
10	Nour Mohamed aly el Sobky	17	DEGLA	2:55.96	_____

Heat 12 of 12 Finals

1	Zeina Mohamed Darwish	15	SMOHA	2:47.59	_____
2	Yara Sherif Mohamed	15	DEGLA	2:46.61	_____
3	Mariam Mohamed Ahmed k	18	SMOHA	2:45.61	_____
4	Julie Akram Ahmed	18	AHLY	2:44.93	_____
5	Janat Kareem Mohamed	16	SHROK	2:38.19	_____
6	Mariam Mahmoud Ahmed	15	DEGLA	2:43.45	_____
7	Dana Rafik El Saady	16	DEGLA	2:44.96	_____
8	Mariem Mohamed Emad Fa	19	MAADI	2:46.58	_____
9	Gana Nasr El Din Ali	20	Sporting	2:46.83	_____
10	Lara Amr Mahmoud Alsokk	16	6 OCT	2:49.04	_____

Event 2 Men 15 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 38 Finals

3	Youssef Ehab Mostafa	19	AHLY	NT	_____
4	Adham Maged Mohamed	18	HLWAN	NT	_____
5	Hussen Mohamed Hamed	15	HELOP	NT	_____
6	Hazem Housam	15	Olympic	NT	_____
7	Yassin Ebrahim Ragheb	17	Sporting	NT	_____

Heat 2 of 38 Finals

1	Mazen Emad Hamed	17	AHLY	NT	_____
2	Omar Adel Abas	23	DEGLA	NT	_____
3	Ahmed Akram Abbas	28	AHLY	NT	_____
4	Abdullah Ahmed Nasr	18	HADAK	NT	_____
5	Omar Sherif Sarhan	15	TANTA	NT	_____
6	Karim Mohamed El Gharab	19	ZOHUR	NT	_____
7	Seif Mohamed Saad Baioun	15	DEGLA	NT	_____
8	Youssef Moataz Mohamed M	15	DEGLA	NT	_____
9	Ahmed Hamed Ahmed Mos	17	Stad Mansoura	NT	_____
10	Adham Mostafa Abdulla	16	Elethead	NT	_____

Heat 3 of 38 Finals

1	Ahmed Amr Mohamed	17	Mansheit Naser	NT	_____
2	Ziad Ahmed Fayad	15	DEGLA	NT	_____
3	Yehia Moustafa Abdelkreer	15	K.S.C	NT	_____
4	Moaaz Haitham Abdelmone	15	Zahraa Helwan	NT	_____
5	Ahmed Mohamed Ibrahim M	15	Bank Ahly Alex	NT	_____
6	Omar Moustafa Mahamed M	16	HELDO	NT	_____
7	Mohamed Eslam Ibrahim	16	Stad Mansoura	NT	_____
8	Mohamed Mostafa Mohame	20	DEGLA	NT	_____
9	Yamen Ahmed Baiomy	15	El Mostakbal	NT	_____
10	Nor Eldin Amr Elsayad Bas	16	Elethead	NT	_____

Heat 4 of 38 Finals

1	Mohamed Elbrools	15	Damnhor Sport	NT	_____
2	Ahmed Mahmoud Elhouran	17	AHLY	NT	_____
3	Makar Romany Rasla	16	SMASH	NT	_____
4	Ahmed Aly Abdalah	20	Qaroun	NT	_____
5	Omar Hashem Mohamed	15	Wave	NT	_____
6	Abd El Rhman Moustafa Fa	17	A S E C	NT	_____
7	Abdelrahman Ashraf Abdel	20	AHLY	NT	_____
8	Ziad Wael Mohamed	20	ZMALK	NT	_____
9	Khaled Eeed Thabet	15	Luxor Club	NT	_____
10	Youssef Zaki	15	Sporting	NT	_____

Heat 5 of 38 Finals

1	Yassen Hussein Mohammed	15	Zahraa Helwan	NT	_____
2	Yazed Ahmed Ibrahim	15	A S E C	NT	_____
3	Mohamed Mahmoud Azab /	21	AHLY	NT	_____
4	Yasin Hatem Sery	20	HELOP	NT	_____
5	Ahmed amr Saidabu Elfadle	15	TANTA	NT	_____
6	Marawan Mohamed Fathy S	15	TANTA	NT	_____
7	Yahya Amr Mohamed Fouac	20	Sporting	NT	_____
8	Seif Mohamed Said	15	Minia Sport Clup	NT	_____
9	Sief Mohamed Elgnagy	16	Damnhor Sport	NT	_____
10	Marwan Ahmed Reda	19	Marina Sporting	NT	_____

Heat 6 of 38 Finals

1	Adham Bahr Yihya Saad	15	Bank Ahly Alex	NT	_____
2	Omar Wael Salah El Din	15	SHOOT	NT	_____
3	Ahmed Manssor Saed	16	Bitash	NT	_____
4	Eyad Ahmed Zakaria	19	AHLY	NT	_____
5	Yassin Khaled Shrif Moham	15	Bank Ahly Alex	NT	_____
6	Amer Akram Yosef Eskande	15	Al Hawar	NT	_____
7	Ahmed Ehab El Sayed Abd	15	DEGLA	NT	_____
8	Mahmoud Mostafa Mohame	15	TANTA	NT	_____
9	Omar Alla Eldin Mahmoud	16	Pegasus Club	NT	_____
10	Yossef Khaled Mohamed El	16	GHABA	NT	_____

Heat 7 of 38 Finals

1	Asser Haitham Ahmed Moh	15	Bank Ahly Alex	NT	_____
2	Malek Ahmed Farouk	15	ZOHUR	NT	_____
3	Mohamed Ahmed Ibraheem	18	RWAD	NT	_____
4	Omar El Sayed Ali	16	Elethead	NT	_____
5	Ahmed Karim Fathy	15	Stad Mansoura	NT	_____
6	Malek Maged Mohamed	17	ZOHUR	NT	_____
7	Ibrahim Ayman Mohamed	15	Elethead	NT	_____
8	Mohamed Mostafa Sayed	15	Pegasus Club	NT	_____
9	Eyad Mohamed Yousry	16	DEGLA	NT	_____
10	Karim Mohamed Mahlab	16	MAADI	NT	_____

Heat 8 of 38 Finals

1	Taquideen ali	15	Sporting	NT	_____
2	Selim Ihab Ghali	19	DEGLA	NT	_____
3	Youssef Fawzy Abdelthahr	15	Olympic	NT	_____
4	Mohmed Adham Mohmed T	18	6 OCT	NT	_____
5	Hady Mahmoed Efat	15	Wave	NT	_____
6	Youssef Amr Abdelhamid	18	Qaroun	NT	_____
7	Mostafa Ebrhim Yehia Mah	16	HELDO	NT	_____
8	Nour Ayman	16	GHARB	NT	_____
9	Ahmed Hany Sayed	15	DEGLA	NT	_____
10	Mazen Ahmed Elsaid Ahme	15	Bank Ahly Alex	NT	_____

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Heat 9 Finals (#2 Men 15 & Over 200 LC Meter IM)

1	Mohamed Tarek Mohamed	15	Y.M.C.A	NT	_____
2	Mahmoud Mohamed Ahme	15	SHOOT	NT	_____
3	Mohaz Ali Mohsan	16	El Obour	NT	_____
4	Seif Eldin Wael Mohamed	17	A S E C	NT	_____
5	Moaz Yasser Mohamed	16	Luxor Club	NT	_____
6	Amro Nabil Ibrahim	18	FAROS	NT	_____
7	Mohamed Emadeldein Solir	15	SMOHA	NT	_____
8	Sofyan Mohamed Ahmed	15	Wave	NT	_____
9	Yasen Ahmed Abozied	15	MRAC	NT	_____
10	Ahmed Mostafa Ahmed	15	Police Club	NT	_____

Heat 10 of 38 Finals

1	Mazen Hany Emara	18	ZOHUR	NT	_____
2	Ahmed Mahmoud Eldabah	15	SMOHA	NT	_____
3	Omar Ahmed Emad	16	SHOOT	NT	_____
4	Hesham Abo Bakr Saber M	16	DEGLA	NT	_____
5	Magdy Ahmed Magdy Gaze	15	TANTA	NT	_____
6	Joshua Joseph Fouad	16	TRSAN	NT	_____
7	Abdelrahman Ahmed Saad	15	Elethad	NT	_____
8	Omar Mohamed Abdelgawv	15	Olympic	NT	_____
9	Youssef Mohamed Khedr	15	SMOHA	NT	_____
10	Abdelrahman Mohamed Sai	16	Olympic	NT	_____

Heat 11 of 38 Finals

1	Youssef Yasser Farouk Hass	16	Sporting	NT	_____
2	Khaled Hammad Mohamed	20	DEGLA	NT	_____
3	Hamza Walid Abdelaziz	15	Elethad	NT	_____
4	Youssef Emad Shaaban	16	AHLY	NT	_____
5	Ali Ahmed Mostfa Abdelaz	15	Bank Ahly Alex	NT	_____
6	Omar Shady Mohamad Ali l	16	SMOHA	NT	_____
7	abd el Monem Ahmed abd e	19	HELOP	NT	_____
8	Malik Mohamed AbdelMak:	15	Pegasus Club	NT	_____
9	Marwan Ehab Abdelkader	18	ZMALK	NT	_____
10	ali Mohammed ali	15	Zahraa Helwan	NT	_____

Heat 12 of 38 Finals

1	Mohamed Hessinahmed	15	Wave	NT	_____
2	Mohanad Abo Elsood Anwa	17	Minia Sport Clup	NT	_____
3	Ahmed Moataz Ahmed Fath	15	SMOHA	NT	_____
4	Ziad Ayman Mamoun	16	ZMALK	NT	_____
5	Khaled Mohamed Ezzat Ab	16	TRSAN	NT	_____
6	Ahmed Samy Hassan	16	M.S Tagamoa	NT	_____
7	Omar Tamer Mohmed	17	Cairo	NT	_____
8	Mazen Ashraf Mohamed Ab	19	Bank Ahly Alex	NT	_____
9	Eyad Ashraf Abd Elghany	16	Luxor Club	NT	_____
10	Aser Mohamed Adel Ahmec	16	Elethad	NT	_____

Heat 13 of 38 Finals

1	Mohamed Osama Nagah	15	SENZO	3:03.46	_____
2	Mahmoud Hamdy Mohame	15	DEGLA	2:55.66	_____
3	Yihya Mohamed Awad Hem	15	Bank Ahly Alex	2:53.32	_____
4	Abdelrahman Hesham Fawz	15	DEGLA	2:52.56	_____
5	Youssef Ahmed Saadeldin Z	16	6 OCT	2:51.67	_____
6	Asser Ahmed Ibrahim Darw	15	Bank Ahly Alex	2:52.23	_____
7	Ziad Haitham Mohamed	15	Rio	2:53.22	_____
8	Marwan Waleed Mohamed l	16	SHOOT	2:55.44	_____
9	Adam Mohamed Aboelfeto	15	A S E C	3:01.71	_____
10	Omar Ehab Ahmed Ghoraba	19	A S E C	NT	_____

Heat 14 of 38 Finals

1	Eyad Khaled Abdelkader M	15	Bank Ahly Alex	2:51.39	_____
2	Mazen Mahmoud Gmal	15	SHAMS	2:50.69	_____
3	Youssef Eslam Elrayes	15	Y.M.C.A	2:49.98	_____
4	Yassen Waleed Yousry	15	MRAC	2:49.00	_____
5	Yassin Farghaly	15	Sporting	2:48.40	_____
6	Adham Ayman Mohamed	17	MRAC	2:48.87	_____
7	Adam Mahmoud Abdelmor	16	ZMALK	2:49.53	_____
8	Youssef Ahmed Abdelaziz A	16	Olympic	2:50.10	_____
9	Ahmed Khaled Abdelkader	15	Bank Ahly Alex	2:50.85	_____
10	Mathew George Salib	15	DEGLA	2:51.49	_____

Heat 15 of 38 Finals

1	Abdelrhman Fesal Mohame	15	A S E C	2:47.97	_____
2	Zain Adel Fawzy	15	K.S.C	2:47.44	_____
3	Omer Adil Ismat Moani	17	SUDAN	2:47.00	_____
4	Ahmed Hossamm Saied	15	Cairo	2:46.04	_____
5	Yassin Mohamed Anwar	15	SMOHA	2:45.54	_____
6	Mazen Amr Abdellatif Awac	15	Elethad	2:46.00	_____
7	Ibrahim Mahmoud Borhami	15	DEGLA	2:46.68	_____
8	Mark Micheal Edward	15	DEGLA	2:47.13	_____
9	AhmedEssam El-Sayed	16	K.S.C	2:47.63	_____
10	Yassin Mohamed Abd Elaziz	15	ZOHUR	2:48.13	_____

Heat 16 of 38 Finals

1	Ziad Elsayed	15	Sporting	2:44.51	_____
2	Fares Ehab Moustafa Ibrahim	16	Olympic	2:43.65	_____
3	Adham Mohamed Abdelhali	15	ZOHUR	2:43.00	_____
4	Abdel Rahman Mohamed M	19	El Obour	2:42.00	_____
5	Omar Ahmed Ebrahim	15	Wave	2:41.75	_____
6	Marwan Ahmed Elsayed Ah	16	Olympic	2:41.91	_____
7	Moaz Haitham Abdel-Mutta	15	HADAK	2:42.50	_____
8	Omar Abdalla Ibrahim	17	Sporting	2:43.31	_____
9	Amr Hatim Abd ElKalk Ab	15	GEZIR	2:44.36	_____
10	Eyad Mohamed Farghaly	18	Mansheit Naser	2:45.08	_____

Heat 17 of 38 Finals

1	Moemen Omar Mahmoud S	16	6 OCT	2:41.48	_____
2	Omar Hossam abd Elmonen	15	TRSAN	2:41.06	_____
3	Ahmed Arafa Shehata	20	HLWAN	2:40.75	_____
4	Anas Mohamad Saber Abdu	15	SHAMS	2:40.17	_____
5	Nabil Ahmed Ibrahim Abde	17	MRAC	2:40.02	_____
6	Mohammed Mahmoud Gam	15	El Temsah	2:40.11	_____
7	Zayed Alhassan Fouad	16	Tlaea El Ostol	2:40.58	_____
8	Mohamed Karim Mohamed	16	DEGLA	2:40.96	_____
9	Abd Elrahman Mohamed H:	15	SHOOT	2:41.43	_____
10	Omr Tamer Mostfa Sayed	16	6 OCT	2:41.65	_____

Heat 18 of 38 Finals

1	Kress Nader abd Elsaid	17	Cairo	2:39.75	_____
2	Aly Osama Ahmed Mohame	16	Olympic	2:39.64	_____
3	Mahmoud Hesham Fatouh	15	SMOHA	2:39.39	_____
4	Ahmed amr Mahmoud	16	ZMALK	2:39.28	_____
5	Ehab Ashraf Ebrahim esa	16	TANTA	2:39.12	_____
6	Abd ElAziz Hamdy Abd El/	15	ElGezira Youth	2:39.21	_____
7	Omar Abdalaah Magdy	16	ZMALK	2:39.31	_____
8	Mohamed Ahmed Ibrahim	15	A S E C	2:39.41	_____
9	Karem Ahmed Mahmoud	17	TALBE	2:39.70	_____
10	Eyad Abdelrahem Bayo	16	Zahraa Helwan	2:40.01	_____

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Heat 19 Finals (#2 Men 15 & Over 200 LC Meter IM)

1	Omar Fareed Shawke	15	Al Shehk Zaeid	2:38.91	_____
2	Seif Mohamed Elsayed Mol	15	Olympic	2:38.40	_____
3	Zeyad Ashraf Mohamed Ebi	16	TANTA	2:38.14	_____
4	Ahmed Abdel Rrhim	15	ZOHUR	2:37.98	_____
5	Moamen Sedke Nawar	15	Damnhor Sport	2:37.83	_____
6	Omer Ahmed Abo Bakr	16	SHOOT	2:37.88	_____
7	Anas Mohamed Nabil	15	DEGLA	2:38.01	_____
8	Aley Yassen Aaref Ateya Ka	17	SHOOT	2:38.24	_____
9	Omar Mohamed Mostafa	16	El Obour	2:38.87	_____
10	Yasin Tarek Mostafa	18	HELOP	2:39.01	_____

Heat 20 of 38 Finals

1	Mohamed amr Shaban	17	OLMPA	2:37.34	_____
2	Ahmed Tamer Abdel Lattif	17	Sporting	2:37.21	_____
3	Mohamed Hisham Samy	15	Sporting	2:36.80	_____
4	Youssef Galal Sayed	16	DEGLA	2:36.50	_____
5	Bassel Mostafa Mohamed	16	DEGLA	2:36.44	_____
6	Omar Mohamad Ahmad Ko	16	SMOHA	2:36.48	_____
7	Adam Tarek Adel EL Ghazo	16	HELOP	2:36.65	_____
8	Belal Kariem Ahmed	15	SHAMS	2:36.82	_____
9	Mahmoud Amir Mahmoud /	15	6 OCT	2:37.29	_____
10	AbdelRahman Mohamed Sa	19	El Obour	2:37.36	_____

Heat 21 of 38 Finals

1	Esmael Mohamed Esmael	17	TANTA	2:36.25	_____
2	Ahmed Mohamed Zohdy	16	HLWAN	2:35.36	_____
3	Seif Samer Seif Elsaied	17	Bank Ahly Alex	2:35.23	_____
4	aly Hussien Mohamed Huse	16	ZMALK	2:35.12	_____
5	Ali Ahmed Soliman Ali	19	RWAD	2:35.07	_____
6	Aly Mohamed Magdy	15	A S E C	2:35.11	_____
7	Omar Hani Elsaid	15	SMOHA	2:35.16	_____
8	Islam amr abd el Khalek	17	GHARB	2:35.33	_____
9	Yassien Yaser Atef	18	MRAC	2:35.67	_____
10	Yassin Mohamed Salah	15	SMOHA	2:36.28	_____

Heat 22 of 38 Finals

1	Youssef Galal Ezz	16	Elethad	2:34.21	_____
2	Abd Alla Karim Ashraf Mal	19	GEZIR	2:34.08	_____
3	Ziad Shref Housen	20	HELOP	2:33.51	_____
4	Mohamed Yasser Mohamed	17	SMOHA	2:33.12	_____
5	Moaz Tamer Hassan Mohan	16	NASR	2:32.98	_____
6	Omar Tamer Mohamed Elta	16	Bank Ahly Alex	2:32.99	_____
7	Mohamed Hussien Mohame	18	SMOHA	2:33.43	_____
8	Martin Emad Rizk	18	Y.M.C.A	2:33.76	_____
9	Yehya Tamer Gamaal Eldee	16	SMOHA	2:34.08	_____
10	Saged Emad Roushdy	15	SMOHA	2:34.72	_____

Heat 23 of 38 Finals

1	Ahmed Sameh Mohamed Ei	16	HELOP	2:32.93	_____
2	Mohamed Amr Mousa	15	DEGLA	2:32.43	_____
3	Youseif Mohamed Abdelsall	15	ZMALK	2:32.40	_____
4	Saif EIDin Waled Abdel Raz	21	DEGLA	2:32.19	_____
5	Adam Hatem Mohamed Mo	15	ZMALK	2:32.07	_____
6	Ibrahim Ahmed Zaki	15	SHOOT	2:32.15	_____
7	Abdelrhman Mohamed Ahn	16	DEGLA	2:32.21	_____
8	Adham Mohamed abd Aziz	17	Nasr City	2:32.40	_____
9	Mohamed Tamer Mohamed	23	DEGLA	2:32.74	_____
10	Mohamed Ahmed Abdelhfe	15	TANTA	2:32.97	_____

Heat 24 of 38 Finals

1	Yassen Walled Ahmad Abde	16	SMOHA	2:31.91	_____
2	Adham m Hussin Sayed Hat	15	MAY15	2:31.69	_____
3	Aly Mahmod Ez el den	16	HELOP	2:31.43	_____
4	Omar Karem Mahmoud Abc	16	Elethad	2:31.28	_____
5	Eyad Ahmed Mohamed Tale	15	6 OCT	2:31.13	_____
6	Yousef Mohamed Elsaed M	16	Bank Ahly Alex	2:31.23	_____
7	Seaf Abdel Rahman Moham	15	Al Hawar	2:31.36	_____
8	Yousef Khaled A.Elrahman	21	DEGLA	2:31.53	_____
9	Mahmoud Ahmed Abdelmoi	15	A S E C	2:31.69	_____
10	Adham Ayman Ebrahim Sw	16	TANTA	2:31.98	_____

Heat 25 of 38 Finals

1	abd Elrahman Yasser Ahme	16	GOLDY	2:31.04	_____
2	Yasen Ahmad gad	15	HELOP	2:30.84	_____
3	Yasin Mossa Moh. Faghr El	16	GEZIR	2:30.36	_____
4	Karem Moatasem Mahmouc	16	DEGLA	2:30.30	_____
5	Adam Ayman A.Aziz	16	DEGLA	2:29.97	_____
6	Aly Ahmed Khaled	15	DEGLA	2:30.05	_____
7	Ezz Eldin Mohamed Abd El	15	Elethad	2:30.34	_____
8	Zein Tallal	15	Sporting	2:30.46	_____
9	Nour Ekramy Ahmed	18	Olympic	2:30.89	_____
10	Mohamed Ahmed Bahy Eld	16	TRSAN	2:31.12	_____

Heat 26 of 38 Finals

1	Ziad Hateem Foad	17	Elethad	2:29.92	_____
2	Ziad Rafik Mahmoud	16	Stad Mansoura	2:29.61	_____
3	Omar Haytham Mohamed E	15	Gezira El Ward	2:29.24	_____
4	Youssef Ahmed Samir	16	DEGLA	2:29.16	_____
5	Youssef Ahmed Hassan	17	Elethad	2:29.02	_____
6	Eyad Tamer Abdelazeez	15	Zahraa Helwan	2:29.03	_____
7	Mohamed Ahmed Ghazala	15	Damnhor Sport	2:29.18	_____
8	Zeyad Mohamed Hedaya	16	M.S Tagamoa	2:29.32	_____
9	Mohamed Ibrahim Zakreya	16	A S E C	2:29.64	_____
10	ezz el din Ihab	15	Sporting	2:29.95	_____

Heat 27 of 38 Finals

1	Kamal Mohamed Kamal	16	AHLY	2:28.92	_____
2	Marwan Khaleid Abdallah	15	ZMALK	2:28.41	_____
3	Hassan Elzaafarany	15	Sporting	2:28.29	_____
4	Yehia SeifEL din EL Margh	19	SHAMS	2:27.70	_____
5	Fares Ahmed Refaat Abdel	15	SHOOT	2:27.34	_____
6	Zyad Ahmed Aboelmaty	15	DEGLA	2:27.35	_____
7	Abd ElRahman Mohamed S	17	SHAMS	2:27.87	_____
8	Omar Mohamed Abdelhafez	18	Mansheit Naser	2:28.37	_____
9	Ali Hesham Moh. Fekre Shr	20	GEZIR	2:28.77	_____
10	Mhmoud A Hmed Mhmoud	16	6 OCT	2:29.00	_____

Heat 28 of 38 Finals

1	Ezz Eldein Haytham Ezz El	15	SMOHA	2:27.13	_____
2	Abdelrahman Tark Moustaf	15	Bitash	2:27.06	_____
3	Adam Sameh Mohamed Kai	15	Bank Ahly Alex	2:26.64	_____
4	Farouk Ahmed Mohamed A	15	Bank Ahly Alex	2:26.57	_____
5	Yousif Gaseer Migahed	17	ZMALK	2:26.43	_____
6	Amr Zakaria	17	SHOOT	2:26.50	_____
7	Mahmoud Elmetwaly Moha	15	Gezira El Ward	2:26.61	_____
8	Hamza Ahmed Amer	15	GEZIR	2:26.97	_____
9	Abdalla Mohamed Mhfoz F	17	6 OCT	2:27.13	_____
10	Karim Gamal Abd Elsalam	17	SHOOT	2:27.23	_____

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program - 19-04-2024 Mor

Heat 29 Finals (#2 Men 15 & Over 200 LC Meter IM)

1	Zeyad Ali Kassem Elsaed	16	Bank Ahly Alex	2:26.19	_____
2	Ahmed Tarek Elsayed	15	A S E C	2:26.12	_____
3	Aser Hesham Raaft Mhmou	17	6 OCT	2:25.96	_____
4	Ahmad Ehab Ebrahim Abde	16	SMOHA	2:25.34	_____
5	Zeyad Essam	20	Baladyat El Maha	2:25.11	_____
6	Eyad Kamal Mohamed Sala	15	DEGLA	2:25.21	_____
7	Hazem Ahmed Hamdy	15	HADAK	2:25.52	_____
8	Belal Mohamed Fouad Ram	16	Olympic	2:25.98	_____
9	Yehia Samer Wafek	17	HELOP	2:26.14	_____
10	Tarek Loay Mohamed	15	HELOP	2:26.20	_____

Heat 30 of 38 Finals

1	Karim Hesham Moh. Fakry	16	GEZIR	2:24.66	_____
2	Eyad Alaa El Kholy	17	DEGLA	2:24.53	_____
3	Anwar Ayman Mohamed M	16	Olympic	2:24.42	_____
4	Omar Gawad Mohamed	18	Cairo	2:24.02	_____
5	Mohamed Afifi Mohamed	16	DEGLA	2:23.78	_____
6	Ammar Mohamed Mohame	17	MAY15	2:23.78	_____
7	Omar Mohamedm Hamza C	19	BNK.G	2:24.30	_____
8	Yousef Mahmoud Mohamec	18	SHAMS	2:24.48	_____
9	Amr Faisal Mohamed	15	DEGLA	2:24.57	_____
10	Abdullah Wael Abdellrazik	18	DEGLA	2:24.71	_____

Heat 31 of 38 Finals

1	Adam Hossamaldin Abdalla	18	ZMALK	2:23.71	_____
2	Mazen Mohamed Adel	19	Elethad	2:23.54	_____
3	Ahmed Maged Ghoureib	16	DEGLA	2:23.19	_____
4	Marawan Walid Noshy	17	AHLY	2:23.11	_____
5	Yosef Hatem ali Ahmed	17	Al Hawar	2:22.74	_____
6	Abdelrahman Mahmoud Mc	16	SHAMS	2:23.05	_____
7	Yasin Omar Ahmed Hessin	16	6 OCT	2:23.15	_____
8	Sief El Din Mohamed Mosli	18	Sporting	2:23.43	_____
9	Mohamed Ayman Mohamed	15	Bank Ahly Alex	2:23.54	_____
10	Selim Moh. Foad Hamdy	16	GEZIR	2:23.75	_____

Heat 32 of 38 Finals

1	Omar Mohamed Yehia	17	DEGLA	2:22.39	_____
2	Abdelrhman Mohamed Moh	15	Bank Ahly Alex	2:22.20	_____
3	abd Elrhman Mosad Abosre	16	MAY15	2:22.02	_____
4	Sohayb Nabel Abdelsalm Za	17	Bank Ahly Alex	2:21.94	_____
5	Ibrahim Yasser Farahat Abd	18	MAADI	2:21.84	_____
6	Yousf Aymn Ebrahim Ahme	19	6 OCT	2:21.91	_____
7	Essa Shref Abd EL Monem	16	HELOP	2:21.95	_____
8	Omar Amir Mohamed Haze	18	AHLY	2:22.07	_____
9	Hamza Khaled Mohamed A	16	Olympic	2:22.39	_____
10	ali Ahmed Mohamed Ismail	17	DEGLA	2:22.65	_____

Heat 33 of 38 Finals

1	Ahmed Hassan Ahmed Hass	18	DEGLA	2:21.33	_____
2	Hassan Ahmed Mohamed E	16	HELOP	2:20.71	_____
3	Mazen Mohamed Salah	18	GHABA	2:20.68	_____
4	Abd ElFatah Mohamed Abd	18	TANTA	2:20.29	_____
5	Hamza Said	15	Sporting	2:20.20	_____
6	Abdel Rahman Ahmed Ali	18	DEGLA	2:20.28	_____
7	Mohammed Magdy Hassan	16	El Temsah	2:20.55	_____
8	Ahmed Khaled Farouk Fade	16	6 OCT	2:20.70	_____
9	Abdelrahman Ashraf Mohse	22	Gezira El Ward	2:21.20	_____
10	Khaled Waleed Adel	15	DEGLA	2:21.65	_____

Heat 34 of 38 Finals

1	Moustafa Essam Wahba	17	Sporting	2:19.96	_____
2	Hamza Ahmed Morsi Morsi	18	6 OCT	2:19.71	_____
3	Adam Mohamed Mahmoud	16	SHOOT	2:19.01	_____
4	Yosef Ahm. Ebrahim Hebesl	18	GEZIR	2:18.26	_____
5	Abdalla Gasser AbdelLatif	19	AHLY	2:18.18	_____
6	Yassin Ahmed m Adel	15	El Temsah	2:18.23	_____
7	Zeiad Hamdy Amin Ossmar	21	ZMALK	2:18.57	_____
8	Adham Hossameldin Abdall	18	ZMALK	2:19.21	_____
9	Moamen Khalid Mohamed	19	ZMALK	2:19.92	_____
10	Adham Elsayed Ali	17	DEGLA	2:20.17	_____

Heat 35 of 38 Finals

1	Yassin Esam El Din	20	Sporting	2:17.92	_____
2	Karim Adel Ahmed Bahgat	21	ZOHUR	2:17.59	_____
3	Nour Eldin AlaaEldin Abdal	18	6 OCT	2:17.15	_____
4	Moamen Amr Mohamad Ha	16	SMOHA	2:16.97	_____
5	Yassien Yasser Hassan	17	SMOHA	2:16.43	_____
6	Omar Ahmed Mohamed Ibr	15	SMOHA	2:16.87	_____
7	Malek Mohamed Bazan	17	MAADI	2:16.98	_____
8	Yossef Ayman Abdalla Moh	16	SMOHA	2:17.41	_____
9	Youssef Abdel Aziz Alaa	18	DEGLA	2:17.87	_____
10	Ammar Yasser Farahat	15	MAADI	2:17.95	_____

Heat 36 of 38 Finals

1	Mohamed Eslam Mohamed	18	SMOHA	2:16.40	_____
2	Farouk Mohamad Elgedely	17	SMOHA	2:16.06	_____
3	Kareem Ahmed Ibrahim	18	Sporting	2:15.75	_____
4	Khaled Wael Sabre Abdelha	17	SMOHA	2:14.76	_____
5	Adham Ahmed Mohamed	16	SHOOT	2:14.74	_____
6	Hamza Moahmed Mhmoud	17	SMOHA	2:14.75	_____
7	Karim Tamer Rizk	15	AHLY	2:14.87	_____
8	Khaled Hesham Ahmed	17	Elethad	2:15.99	_____
9	Yasen Mohamed Nabil	15	HELOP	2:16.21	_____
10	Mahmoud Mohamed Mohar	17	Al Hawar	2:16.41	_____

Heat 37 of 38 Finals

1	Youssef Tamer Mohamed H	19	DEGLA	2:13.41	_____
2	Omar Mohamed Hassan	16	AHLY	2:12.96	_____
3	Ahmed Tarek Mohamed	20	SHOOT	2:11.91	_____
4	Youssef Amr Sayed	18	DEGLA	2:11.81	_____
5	Abdel Rahman Mohamed A	22	AHLY	2:10.65	_____
6	Saied Mohamed Abd Elgaw	21	Sporting	2:11.51	_____
7	Abd El Rahman Hisham Fat	18	Sporting	2:11.84	_____
8	Saif EIDIn Sameh A.Elmoac	21	DEGLA	2:12.88	_____
9	Omar Ahmed Salah	18	AHLY	2:13.19	_____
10	Omar Gaber Aly	19	AHLY	2:13.44	_____

Heat 38 of 38 Finals

1	Mohamed Ayman Abdelsam	17	AHLY	2:09.82	_____
2	Yassen Mohamed Abdelgwa	18	FAROS	2:09.25	_____
3	Ahmed Mohamed Ahmed al	18	SHOOT	2:09.16	_____
4	Abdel Rahman Amr Farag	17	SHOOT	2:08.32	_____
5	Karem Magdy Ismail	24	Sporting	2:05.21	_____
6	Yousef Adel Ramadan	19	SHAMS	2:07.76	_____
7	Moahmed Ahmed Salem Ha	17	SMOHA	2:08.84	_____
8	Ibrahim Ahmed Ibrahim	23	Sporting	2:09.17	_____
9	Mohaned LiwaaEldin Ali	19	SMOHA	2:09.45	_____
10	Ibrahim Shams Eldin Mohar	16	AHLY	2:10.00	_____