

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Event 1 Women 15 & Over 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|----------------------------|-----|------------------|-----------|
| Heat 1 of 12 Finals | | | | |
| 2 | Mariam Amr Mohamed You | 19 | DEGLA | NT |
| 3 | Malak Mohamed Fayek Els | 17 | SMOHA | NT |
| 4 | Malak Walid Mohamed | 16 | Marina Sporting | NT |
| 5 | Gana Mahmoud Abdel Men | 19 | ROYAL | NT |
| 6 | Zeina Eslam Fayez | 15 | SHOOT | NT |
| 7 | Basmala Othman Alsayed | 16 | Marina Sporting | NT |
| 8 | Zaina Mohamed Haitham H | 19 | SHOOT | NT |
| 9 | Mayson Ahmed Abdel Mon | 19 | GOLDY | NT |
| Heat 2 of 12 Finals | | | | |
| 1 | Fatma Hisham Sarwt | 21 | Sporting | NT |
| 2 | Karen Samir Fawzy | 17 | Marina Sporting | NT |
| 3 | Sara Elhamy Foad Abd El S | 19 | MAADI | NT |
| 4 | Nada Sameh Elsayed | 15 | GHABA | NT |
| 5 | Sagda Mohamed Salah | 16 | Elethad | NT |
| 6 | Login Reda Mahmoud | 15 | Elethad | NT |
| 7 | Mariam Shamrokh | 15 | REHAB | NT |
| 8 | Hala Yasser Mohamed | 18 | HADAK | NT |
| 9 | Shrouk Mohamed Rashad M | 16 | Olympic | NT |
| 10 | Naghham Waleed Mohamed | 16 | Olympic | NT |
| Heat 3 of 12 Finals | | | | |
| 1 | Sara Ahmed Eissa | 16 | MAADI | NT |
| 2 | Aan Nader Nabil | 16 | Qaroun | NT |
| 3 | Lamar Maged Abdel Gawad | 17 | DEGLA | NT |
| 4 | Habiba Moustafa Refaat | 17 | SMASH | NT |
| 5 | Karma Ahmed Hamdy Huss | 15 | A S E C | NT |
| 6 | Rokaya Khalid El Masry | 19 | Sporting | NT |
| 7 | Malak Mohamed Karawia | 16 | DEGLA | NT |
| 8 | Taleen Monzer Mohamed A | 16 | MRAC | NT |
| 9 | Asia ali Mostafa Ahmed | 15 | Marina Sporting | NT |
| 10 | Alia Alaa-Eldeen Mohamed | 15 | ElGezira Youth | NT |
| Heat 4 of 12 Finals | | | | |
| 1 | Sondos Mohamed Salah El | 16 | Elethad | 3:41.13 |
| 2 | Salma Sherief Mohamed M | 16 | Olympic | 3:39.02 |
| 3 | Dana Mahmoud Aref Tawfe | 15 | Olympic Champion | 3:33.19 |
| 4 | Joudy Wael Saad Fayed | 15 | Elethad | 3:27.52 |
| 5 | Nadeen Wassem Mahmoud | 15 | TALBE | 3:26.78 |
| 6 | Salma Islam Mahmoud Nab | 15 | Elethad | 3:26.79 |
| 7 | Sireen Hatem Rashad | 15 | Police Club | 3:30.50 |
| 8 | Malak Tarek Elsaied | 15 | Wave | 3:35.00 |
| 9 | Fatma Sameh Mohamed Elt | 15 | Olympic Champion | 3:40.54 |
| 10 | Marim Zaky | 19 | Sporting | 3:59.81 |
| Heat 5 of 12 Finals | | | | |
| 1 | Fareda Farouk Farouk | 15 | SHRKS | 3:23.95 |
| 2 | Jana Mahmoed Salem | 16 | BNK.G | 3:22.49 |
| 3 | Laila Ahmed EL Sadek | 15 | HELOP | 3:21.94 |
| 4 | Dema Mohamed Mohamed | 15 | Olympic Champion | 3:21.32 |
| 5 | Lojin Taha Mohamed Taha | 15 | A S E C | 3:18.51 |
| 6 | Menna Mohamed Ahmed | 16 | SENZO | 3:20.61 |
| 7 | Habiba Mohamed Mahmou | 15 | A S E C | 3:21.62 |
| 8 | Haya Hazem Abdelrahamn | 19 | SHAMS | 3:22.33 |
| 9 | Ahbab Hossameldin Ahmed | 15 | Olympic | 3:22.58 |
| 10 | Swlaf Samer Abdalla Sharar | 18 | Y.M.C.A | 3:25.04 |

Heat 6 of 12 Finals

| | | | | |
|----|--------------------------|----|---------------|---------|
| 1 | Aseel Ousama Abdelsalam | 15 | Damnhor Sport | 3:18.12 |
| 2 | Julia Ramez Goreg | 15 | SHAMS | 3:17.09 |
| 3 | Rodayna Sherif Ryad | 17 | TRSAN | 3:15.97 |
| 4 | Hana Nasser El Safty | 17 | SHOOT | 3:14.78 |
| 5 | Sondos Hossam Eldin Mahr | 15 | TRSAN | 3:12.57 |
| 6 | Joudy Mohamed Saied | 16 | ZOHUR | 3:14.64 |
| 7 | Asil Esmail Ibrahim | 15 | Wave | 3:14.79 |
| 8 | Nourhan Mahmoud Moham | 17 | El Obour | 3:16.24 |
| 9 | Hana Ahmed Helal | 16 | ENPPI | 3:17.24 |
| 10 | Malak Mohamed Fakray | 15 | TALBE | 3:18.21 |

Heat 7 of 12 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Ganna Mohamed Mahmoud | 18 | AHLY | 3:10.72 |
| 2 | Malak Mohamed Abdelmon | 18 | DEGLA | 3:08.89 |
| 3 | Yossra Mostafa Kamel | 17 | Elethad | 3:08.02 |
| 4 | Jana Ashraf Mohamed Gabe | 18 | Olympic | 3:07.54 |
| 5 | Hana Mohamed Youssef Mc | 18 | SMOHA | 3:06.28 |
| 6 | Farah Okasha Mohamed | 18 | HLWAN | 3:06.46 |
| 7 | Maryam Ayman Mohamed / | 15 | Elethad | 3:07.64 |
| 8 | Rawda Ashrif Ramdan | 19 | MAY15 | 3:08.56 |
| 9 | Yara Hassan Fathy | 17 | TWFIK | 3:09.48 |
| 10 | Gody Mohamed Ali Abdeln | 15 | Bank Ahly Alex | 3:11.13 |

Heat 8 of 12 Finals

| | | | | |
|----|-------------------------|----|--------------|---------|
| 1 | Jomana Mahmud Hatem | 15 | Pegasus Club | 3:04.57 |
| 2 | Joner Ehab Ltif | 15 | Y.M.C.A | 3:04.37 |
| 3 | Malak Amr | 15 | SHOOT | 3:03.87 |
| 4 | Karma Ayman Abou Amera | 17 | Sporting | 3:03.45 |
| 5 | Laila Ahmed Elamrosy | 17 | MRAC | 3:02.25 |
| 6 | Kinzy Yahia Mohamed Sam | 16 | ENPPI | 3:02.80 |
| 7 | Hanan Ahmed Hussin | 18 | ZMALK | 3:03.70 |
| 8 | Shahd Mohamed Ismael | 19 | SMOHA | 3:03.92 |
| 9 | Sama Tamer Mohamed | 16 | GHABA | 3:04.38 |
| 10 | Jana Hany Mohamed Ewies | 15 | 6 OCT | 3:05.03 |

Heat 9 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Basmala Ramdan Mostafa M | 17 | Bank Ahly Alex | 3:01.77 |
| 2 | Tala Feras Mostafa Mohreb | 15 | SMOHA | 3:01.22 |
| 3 | Jana Mohamed Abd Elkarie | 16 | 6 OCT | 3:01.16 |
| 4 | Lilly Mohamed abd el Aziz | 15 | Nasr City | 3:00.89 |
| 5 | Gana Mohamed Ahmed Salk | 19 | GHABA | 3:00.23 |
| 6 | Malak Mohamed Nagy | 17 | Sporting | 3:00.23 |
| 7 | Shahd Ahmed Safwat | 18 | Cairo | 3:01.14 |
| 8 | Kholoud Abdelfatah Ali Abc | 18 | SMOHA | 3:01.19 |
| 9 | Karma Ahmed Nabil | 20 | SHOOT | 3:01.39 |
| 10 | Masa Mostafa abd Elghany | 16 | TANTA | 3:01.90 |

Heat 10 of 12 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Goudy Ahmed Samir | 16 | el Shark Club | 2:59.74 |
| 2 | Malak Yasser Elsayed | 15 | A S E C | 2:58.85 |
| 3 | Salma Waleed Raslan | 16 | Al Hawar | 2:58.28 |
| 4 | Goudy Sherif Fawzy | 17 | HADAK | 2:56.76 |
| 5 | Jana Sherif Mohamed Moha | 15 | 6 OCT | 2:56.18 |
| 6 | Lorian Hany | 16 | Sporting | 2:56.40 |
| 7 | Yomna Gomaa Ali Abdo | 15 | Bank Ahly Alex | 2:57.73 |
| 8 | Ghada Wael Abdullah | 15 | ENPPI | 2:58.68 |
| 9 | Sandra Medhat Mohamed | 19 | AHLY | 2:59.25 |
| 10 | Noha Alaa Abd Elhlim | 20 | ZOHUR | 3:00.03 |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 11 Finals (#1 Women 15 & Over 200 LC Meter Breaststroke)

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Fatema Tamer Ahmed Sayec | 17 | DEGLA | 2:55.90 | _____ |
| 2 | Nadine Ayman Hussein | 19 | HADAK | 2:52.99 | _____ |
| 3 | Kenzy Maged Abdel Gawad | 15 | DEGLA | 2:51.22 | _____ |
| 4 | Mariam Ahmed Abdel Hakn | 16 | AHLY | 2:50.15 | _____ |
| 5 | Goudy Abdelhalem Fathala | 19 | Bank Ahly Alex | 2:49.20 | _____ |
| 6 | Bassant Gamil Barakat | 17 | AHLY | 2:49.28 | _____ |
| 7 | Nada Hesham Medhat | 15 | AHLY | 2:50.63 | _____ |
| 8 | Mariam Walid Sayed | 16 | DEGLA | 2:52.85 | _____ |
| 9 | Roqaya Saad Mohamed | 16 | ZMALK | 2:54.61 | _____ |
| 10 | Nour Mohamed aly el Sobky | 17 | DEGLA | 2:55.96 | _____ |

Heat 12 of 12 Finals

| | | | | | |
|----|-------------------------|----|----------|---------|-------|
| 1 | Zeina Mohamed Darwish | 15 | SMOHA | 2:47.59 | _____ |
| 2 | Yara Sherif Mohamed | 15 | DEGLA | 2:46.61 | _____ |
| 3 | Mariam Mohamed Ahmed k | 18 | SMOHA | 2:45.61 | _____ |
| 4 | Julie Akram Ahmed | 18 | AHLY | 2:44.93 | _____ |
| 5 | Janat Kareem Mohamed | 16 | SHROK | 2:38.19 | _____ |
| 6 | Mariam Mahmoud Ahmed | 15 | DEGLA | 2:43.45 | _____ |
| 7 | Dana Rafik El Saady | 16 | DEGLA | 2:44.96 | _____ |
| 8 | Mariem Mohamed Emad Fa | 19 | MAADI | 2:46.58 | _____ |
| 9 | Gana Nasr El Din Ali | 20 | Sporting | 2:46.83 | _____ |
| 10 | Lara Amr Mahmoud Alsokk | 16 | 6 OCT | 2:49.04 | _____ |

Event 2 Men 15 & Over 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 38 Finals

| | | | | | |
|---|-----------------------|----|----------|----|-------|
| 3 | Youssef Ehab Mostafa | 19 | AHLY | NT | _____ |
| 4 | Adham Maged Mohamed | 18 | HLWAN | NT | _____ |
| 5 | Hussen Mohamed Hamed | 15 | HELOP | NT | _____ |
| 6 | Hazem Housam | 15 | Olympic | NT | _____ |
| 7 | Yassin Ebrahim Ragheb | 17 | Sporting | NT | _____ |

Heat 2 of 38 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Mazen Emad Hamed | 17 | AHLY | NT | _____ |
| 2 | Omar Adel Abas | 23 | DEGLA | NT | _____ |
| 3 | Ahmed Akram Abbas | 28 | AHLY | NT | _____ |
| 4 | Abdullah Ahmed Nasr | 18 | HADAK | NT | _____ |
| 5 | Omar Sherif Sarhan | 15 | TANTA | NT | _____ |
| 6 | Karim Mohamed El Gharab | 19 | ZOHUR | NT | _____ |
| 7 | Seif Mohamed Saad Baioun | 15 | DEGLA | NT | _____ |
| 8 | Youssef Moataz Mohamed M | 15 | DEGLA | NT | _____ |
| 9 | Ahmed Hamed Ahmed Mos | 17 | Stad Mansoura | NT | _____ |
| 10 | Adham Mostafa Abdulla | 16 | Elethead | NT | _____ |

Heat 3 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Ahmed Amr Mohamed | 17 | Mansheit Naser | NT | _____ |
| 2 | Ziad Ahmed Fayad | 15 | DEGLA | NT | _____ |
| 3 | Yehia Moustafa Abdelkreer | 15 | K.S.C | NT | _____ |
| 4 | Moaaz Haitham Abdelmone | 15 | Zahraa Helwan | NT | _____ |
| 5 | Ahmed Mohamed Ibrahim M | 15 | Bank Ahly Alex | NT | _____ |
| 6 | Omar Moustafa Mahamed M | 16 | HELDO | NT | _____ |
| 7 | Mohamed Eslam Ibrahim | 16 | Stad Mansoura | NT | _____ |
| 8 | Mohamed Mostafa Mohame | 20 | DEGLA | NT | _____ |
| 9 | Yamen Ahmed Baiomy | 15 | El Mostakbal | NT | _____ |
| 10 | Nor Eldin Amr Elsayad Bas | 16 | Elethead | NT | _____ |

Heat 4 of 38 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Mohamed Elbroles | 15 | Damnhor Sport | NT | _____ |
| 2 | Ahmed Mahmoud Elhouran | 17 | AHLY | NT | _____ |
| 3 | Makar Romany Rasla | 16 | SMASH | NT | _____ |
| 4 | Ahmed Aly Abdalah | 20 | Qaroun | NT | _____ |
| 5 | Omar Hashem Mohamed | 15 | Wave | NT | _____ |
| 6 | Abd El Rhman Moustafa Fa | 17 | A S E C | NT | _____ |
| 7 | Abdelrahman Ashraf Abdel | 20 | AHLY | NT | _____ |
| 8 | Ziad Wael Mohamed | 20 | ZMALK | NT | _____ |
| 9 | Khaled Eeed Thabet | 15 | Luxor Club | NT | _____ |
| 10 | Youssef Zaki | 15 | Sporting | NT | _____ |

Heat 5 of 38 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Yassen Hussein Mohammed | 15 | Zahraa Helwan | NT | _____ |
| 2 | Yazed Ahmed Ibrahim | 15 | A S E C | NT | _____ |
| 3 | Mohamed Mahmoud Azab / | 21 | AHLY | NT | _____ |
| 4 | Yasin Hatem Sery | 20 | HELOP | NT | _____ |
| 5 | Ahmed amr Saidabu Elfadle | 15 | TANTA | NT | _____ |
| 6 | Marawan Mohamed Fathy S | 15 | TANTA | NT | _____ |
| 7 | Yahya Amr Mohamed Fouac | 20 | Sporting | NT | _____ |
| 8 | Seif Mohamed Said | 15 | Minia Sport Clup | NT | _____ |
| 9 | Sief Mohamed Elgnagy | 16 | Damnhor Sport | NT | _____ |
| 10 | Marwan Ahmed Reda | 19 | Marina Sporting | NT | _____ |

Heat 6 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Adham Bahr Yihya Saad | 15 | Bank Ahly Alex | NT | _____ |
| 2 | Omar Wael Salah El Din | 15 | SHOOT | NT | _____ |
| 3 | Ahmed Manssor Saed | 16 | Bitash | NT | _____ |
| 4 | Eyad Ahmed Zakaria | 19 | AHLY | NT | _____ |
| 5 | Yassin Khaled Shrif Moham | 15 | Bank Ahly Alex | NT | _____ |
| 6 | Amer Akram Yosef Eskande | 15 | Al Hawar | NT | _____ |
| 7 | Ahmed Ehab El Sayed Abd | 15 | DEGLA | NT | _____ |
| 8 | Mahmoud Mostafa Mohame | 15 | TANTA | NT | _____ |
| 9 | Omar Alla Eldin Mahmoud | 16 | Pegasus Club | NT | _____ |
| 10 | Yossef Khaled Mohamed El | 16 | GHABA | NT | _____ |

Heat 7 of 38 Finals

| | | | | | |
|----|-------------------------|----|----------------|----|-------|
| 1 | Asser Haitham Ahmed Moh | 15 | Bank Ahly Alex | NT | _____ |
| 2 | Malek Ahmed Farouk | 15 | ZOHUR | NT | _____ |
| 3 | Mohamed Ahmed Ibraheem | 18 | RWAD | NT | _____ |
| 4 | Omar El Sayed Ali | 16 | Elethead | NT | _____ |
| 5 | Ahmed Karim Fathy | 15 | Stad Mansoura | NT | _____ |
| 6 | Malek Maged Mohamed | 17 | ZOHUR | NT | _____ |
| 7 | Ibrahim Ayman Mohamed | 15 | Elethead | NT | _____ |
| 8 | Mohamed Mostafa Sayed | 15 | Pegasus Club | NT | _____ |
| 9 | Eyad Mohamed Yousry | 16 | DEGLA | NT | _____ |
| 10 | Karim Mohamed Mahlab | 16 | MAADI | NT | _____ |

Heat 8 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Taquideen ali | 15 | Sporting | NT | _____ |
| 2 | Selim Ihab Ghali | 19 | DEGLA | NT | _____ |
| 3 | Youssef Fawzy Abdelthahr | 15 | Olympic | NT | _____ |
| 4 | Mohmed Adham Mohmed T | 18 | 6 OCT | NT | _____ |
| 5 | Hady Mahmoed Efat | 15 | Wave | NT | _____ |
| 6 | Youssef Amr Abdelhamid | 18 | Qaroun | NT | _____ |
| 7 | Mostafa Ebrhim Yehia Mah | 16 | HELDO | NT | _____ |
| 8 | Nour Ayman | 16 | GHARB | NT | _____ |
| 9 | Ahmed Hany Sayed | 15 | DEGLA | NT | _____ |
| 10 | Mazen Ahmed Elsaid Ahme | 15 | Bank Ahly Alex | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 9 Finals (#2 Men 15 & Over 200 LC Meter IM)

| | | | | | |
|----|--------------------------|----|-------------|----|-------|
| 1 | Mohamed Tarek Mohamed | 15 | Y.M.C.A | NT | _____ |
| 2 | Mahmoud Mohamed Ahme | 15 | SHOOT | NT | _____ |
| 3 | Mohaz Ali Mohsan | 16 | El Obour | NT | _____ |
| 4 | Seif Eldin Wael Mohamed | 17 | A S E C | NT | _____ |
| 5 | Moaz Yasser Mohamed | 16 | Luxor Club | NT | _____ |
| 6 | Amro Nabil Ibrahim | 18 | FAROS | NT | _____ |
| 7 | Mohamed Emadeldein Solir | 15 | SMOHA | NT | _____ |
| 8 | Sofyan Mohamed Ahmed | 15 | Wave | NT | _____ |
| 9 | Yasen Ahmed Abozied | 15 | MRAC | NT | _____ |
| 10 | Ahmed Mostafa Ahmed | 15 | Police Club | NT | _____ |

Heat 10 of 38 Finals

| | | | | | |
|----|-------------------------|----|---------|----|-------|
| 1 | Mazen Hany Emara | 18 | ZOHUR | NT | _____ |
| 2 | Ahmed Mahmoud Eldabah | 15 | SMOHA | NT | _____ |
| 3 | Omar Ahmed Emad | 16 | SHOOT | NT | _____ |
| 4 | Hesham Abo Bakr Saber M | 16 | DEGLA | NT | _____ |
| 5 | Magdy Ahmed Magdy Gaze | 15 | TANTA | NT | _____ |
| 6 | Joshua Joseph Fouad | 16 | TRSAN | NT | _____ |
| 7 | Abdelrahman Ahmed Saad | 15 | Elethad | NT | _____ |
| 8 | Omar Mohamed Abdelgawv | 15 | Olympic | NT | _____ |
| 9 | Youssef Mohamed Khedr | 15 | SMOHA | NT | _____ |
| 10 | Abdelrahman Mohamed Sai | 16 | Olympic | NT | _____ |

Heat 11 of 38 Finals

| | | | | | |
|----|----------------------------|----|----------------|----|-------|
| 1 | Youssef Yasser Farouk Hass | 16 | Sporting | NT | _____ |
| 2 | Khaled Hammad Mohamed | 20 | DEGLA | NT | _____ |
| 3 | Hamza Walid Abdelaziz | 15 | Elethad | NT | _____ |
| 4 | Youssef Emad Shaaban | 16 | AHLY | NT | _____ |
| 5 | Ali Ahmed Mostfa Abdelaz | 15 | Bank Ahly Alex | NT | _____ |
| 6 | Omar Shady Mohamad Ali l | 16 | SMOHA | NT | _____ |
| 7 | abd el Monem Ahmed abd e | 19 | HELOP | NT | _____ |
| 8 | Malik Mohamed AbdelMak: | 15 | Pegasus Club | NT | _____ |
| 9 | Marwan Ehab Abdelkader | 18 | ZMALK | NT | _____ |
| 10 | ali Mohammed ali | 15 | Zahraa Helwan | NT | _____ |

Heat 12 of 38 Finals

| | | | | | |
|----|-------------------------|----|------------------|----|-------|
| 1 | Mohamed Hessinahmed | 15 | Wave | NT | _____ |
| 2 | Mohanad Abo Elsood Anwa | 17 | Minia Sport Clup | NT | _____ |
| 3 | Ahmed Moataz Ahmed Fath | 15 | SMOHA | NT | _____ |
| 4 | Ziad Ayman Mamoun | 16 | ZMALK | NT | _____ |
| 5 | Khaled Mohamed Ezzat Ab | 16 | TRSAN | NT | _____ |
| 6 | Ahmed Samy Hassan | 16 | M.S Tagamoa | NT | _____ |
| 7 | Omar Tamer Mohmed | 17 | Cairo | NT | _____ |
| 8 | Mazen Ashraf Mohamed Ab | 19 | Bank Ahly Alex | NT | _____ |
| 9 | Eyad Ashraf Abd Elghany | 16 | Luxor Club | NT | _____ |
| 10 | Aser Mohamed Adel Ahmec | 16 | Elethad | NT | _____ |

Heat 13 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Mohamed Osama Nagah | 15 | SENZO | 3:03.46 | _____ |
| 2 | Mahmoud Hamdy Mohame | 15 | DEGLA | 2:55.66 | _____ |
| 3 | Yihya Mohamed Awad Hem | 15 | Bank Ahly Alex | 2:53.32 | _____ |
| 4 | Abdelrahman Hesham Fawz | 15 | DEGLA | 2:52.56 | _____ |
| 5 | Youssef Ahmed Saadeldin Z | 16 | 6 OCT | 2:51.67 | _____ |
| 6 | Asser Ahmed Ibrahim Darw | 15 | Bank Ahly Alex | 2:52.23 | _____ |
| 7 | Ziad Haitham Mohamed | 15 | Rio | 2:53.22 | _____ |
| 8 | Marwan Waleed Mohamed l | 16 | SHOOT | 2:55.44 | _____ |
| 9 | Adam Mohamed Aboelfeto | 15 | A S E C | 3:01.71 | _____ |
| 10 | Omar Ehab Ahmed Ghoraba | 19 | A S E C | NT | _____ |

Heat 14 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Eyad Khaled Abdelkader M | 15 | Bank Ahly Alex | 2:51.39 | _____ |
| 2 | Mazen Mahmoud Gmal | 15 | SHAMS | 2:50.69 | _____ |
| 3 | Youssef Eslam Elrayes | 15 | Y.M.C.A | 2:49.98 | _____ |
| 4 | Yassen Waleed Yousry | 15 | MRAC | 2:49.00 | _____ |
| 5 | Yassin Farghaly | 15 | Sporting | 2:48.40 | _____ |
| 6 | Adham Ayman Mohamed | 17 | MRAC | 2:48.87 | _____ |
| 7 | Adam Mahmoud Abdelmor | 16 | ZMALK | 2:49.53 | _____ |
| 8 | Youssef Ahmed Abdelaziz A | 16 | Olympic | 2:50.10 | _____ |
| 9 | Ahmed Khaled Abdelkader | 15 | Bank Ahly Alex | 2:50.85 | _____ |
| 10 | Mathew George Salib | 15 | DEGLA | 2:51.49 | _____ |

Heat 15 of 38 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Abdelrhman Fesal Mohame | 15 | A S E C | 2:47.97 | _____ |
| 2 | Zain Adel Fawzy | 15 | K.S.C | 2:47.44 | _____ |
| 3 | Omer Adil Ismat Moani | 17 | SUDAN | 2:47.00 | _____ |
| 4 | Ahmed Hossamm Saied | 15 | Cairo | 2:46.04 | _____ |
| 5 | Yassin Mohamed Anwar | 15 | SMOHA | 2:45.54 | _____ |
| 6 | Mazen Amr Abdellatif Awac | 15 | Elethad | 2:46.00 | _____ |
| 7 | Ibrahim Mahmoud Borhami | 15 | DEGLA | 2:46.68 | _____ |
| 8 | Mark Micheal Edward | 15 | DEGLA | 2:47.13 | _____ |
| 9 | AhmedEssam El-Sayed | 16 | K.S.C | 2:47.63 | _____ |
| 10 | Yassin Mohamed Abd Elazi | 15 | ZOHUR | 2:48.13 | _____ |

Heat 16 of 38 Finals

| | | | | | |
|----|-----------------------------|----|----------------|---------|-------|
| 1 | Ziad Elsayed | 15 | Sporting | 2:44.51 | _____ |
| 2 | Fares Ehab Moustafa Ibrahim | 16 | Olympic | 2:43.65 | _____ |
| 3 | Adham Mohamed Abdelhali | 15 | ZOHUR | 2:43.00 | _____ |
| 4 | Abdel Rahman Mohamed M | 19 | El Obour | 2:42.00 | _____ |
| 5 | Omar Ahmed Ebrahim | 15 | Wave | 2:41.75 | _____ |
| 6 | Marwan Ahmed Elsayed Ah | 16 | Olympic | 2:41.91 | _____ |
| 7 | Moaz Haitham Abdel-Mutta | 15 | HADAK | 2:42.50 | _____ |
| 8 | Omar Abdalla Ibrahim | 17 | Sporting | 2:43.31 | _____ |
| 9 | Amr Hatim Abd ElKalk Ab | 15 | GEZIR | 2:44.36 | _____ |
| 10 | Eyad Mohamed Farghaly | 18 | Mansheit Naser | 2:45.08 | _____ |

Heat 17 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Moemen Omar Mahmoud S | 16 | 6 OCT | 2:41.48 | _____ |
| 2 | Omar Hossam abd Elmonen | 15 | TRSAN | 2:41.06 | _____ |
| 3 | Ahmed Arafa Shehata | 20 | HLWAN | 2:40.75 | _____ |
| 4 | Anas Mohamad Saber Abdu | 15 | SHAMS | 2:40.17 | _____ |
| 5 | Nabil Ahmed Ibrahim Abde | 17 | MRAC | 2:40.02 | _____ |
| 6 | Mohammed Mahmoud Gam | 15 | El Temsah | 2:40.11 | _____ |
| 7 | Zayed Alhassan Fouad | 16 | Tlaea El Ostol | 2:40.58 | _____ |
| 8 | Mohamed Karim Mohamed | 16 | DEGLA | 2:40.96 | _____ |
| 9 | Abd Elrahman Mohamed H: | 15 | SHOOT | 2:41.43 | _____ |
| 10 | Omr Tamer Mostfa Sayed | 16 | 6 OCT | 2:41.65 | _____ |

Heat 18 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Kress Nader abd Elsaid | 17 | Cairo | 2:39.75 | _____ |
| 2 | Aly Osama Ahmed Mohame | 16 | Olympic | 2:39.64 | _____ |
| 3 | Mahmoud Hesham Fatouh | 15 | SMOHA | 2:39.39 | _____ |
| 4 | Ahmed amr Mahmoud | 16 | ZMALK | 2:39.28 | _____ |
| 5 | Ehab Ashraf Ebrahim esa | 16 | TANTA | 2:39.12 | _____ |
| 6 | Abd ElAziz Hamdy Abd El/ | 15 | ElGezira Youth | 2:39.21 | _____ |
| 7 | Omar Abdalaah Magdy | 16 | ZMALK | 2:39.31 | _____ |
| 8 | Mohamed Ahmed Ibrahim | 15 | A S E C | 2:39.41 | _____ |
| 9 | Karem Ahmed Mahmoud | 17 | TALBE | 2:39.70 | _____ |
| 10 | Eyad Abdelrahem Bayo | 16 | Zahraa Helwan | 2:40.01 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 19 Finals (#2 Men 15 & Over 200 LC Meter IM)

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Omar Fareed Shawke | 15 | Al Shehk Zaeid | 2:38.91 | _____ |
| 2 | Seif Mohamed Elsayed Mol | 15 | Olympic | 2:38.40 | _____ |
| 3 | Zeyad Ashraf Mohamed Ebi | 16 | TANTA | 2:38.14 | _____ |
| 4 | Ahmed Abdel Rrhim | 15 | ZOHUR | 2:37.98 | _____ |
| 5 | Moamen Sedke Nawar | 15 | Damnhor Sport | 2:37.83 | _____ |
| 6 | Omer Ahmed Abo Bakr | 16 | SHOOT | 2:37.88 | _____ |
| 7 | Anas Mohamed Nabil | 15 | DEGLA | 2:38.01 | _____ |
| 8 | Aley Yassen Aaref Ateya Ka | 17 | SHOOT | 2:38.24 | _____ |
| 9 | Omar Mohamed Mostafa | 16 | El Obour | 2:38.87 | _____ |
| 10 | Yasin Tarek Mostafa | 18 | HELOP | 2:39.01 | _____ |

Heat 20 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Mohamed amr Shaban | 17 | OLMPA | 2:37.34 | _____ |
| 2 | Ahmed Tamer Abdel Lattif | 17 | Sporting | 2:37.21 | _____ |
| 3 | Mohamed Hisham Samy | 15 | Sporting | 2:36.80 | _____ |
| 4 | Youssef Galal Sayed | 16 | DEGLA | 2:36.50 | _____ |
| 5 | Bassel Mostafa Mohamed | 16 | DEGLA | 2:36.44 | _____ |
| 6 | Omar Mohamad Ahmad Ko | 16 | SMOHA | 2:36.48 | _____ |
| 7 | Adam Tarek Adel EL Ghazo | 16 | HELOP | 2:36.65 | _____ |
| 8 | Belal Kariem Ahmed | 15 | SHAMS | 2:36.82 | _____ |
| 9 | Mahmoud Amir Mahmoud / | 15 | 6 OCT | 2:37.29 | _____ |
| 10 | AbdelRahman Mohamed Sa | 19 | El Obour | 2:37.36 | _____ |

Heat 21 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Esmael Mohamed Esmael | 17 | TANTA | 2:36.25 | _____ |
| 2 | Ahmed Mohamed Zohdy | 16 | HLWAN | 2:35.36 | _____ |
| 3 | Seif Samer Seif Elsaied | 17 | Bank Ahly Alex | 2:35.23 | _____ |
| 4 | aly Hussien Mohamed Huse | 16 | ZMALK | 2:35.12 | _____ |
| 5 | Ali Ahmed Soliman Ali | 19 | RWAD | 2:35.07 | _____ |
| 6 | Aly Mohamed Magdy | 15 | A S E C | 2:35.11 | _____ |
| 7 | Omar Hani Elsaied | 15 | SMOHA | 2:35.16 | _____ |
| 8 | Islam amr abd el Khalek | 17 | GHARB | 2:35.33 | _____ |
| 9 | Yassien Yaser Atef | 18 | MRAC | 2:35.67 | _____ |
| 10 | Yassin Mohamed Salah | 15 | SMOHA | 2:36.28 | _____ |

Heat 22 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Youssef Galal Ezz | 16 | Elethad | 2:34.21 | _____ |
| 2 | Abd Alla Karim Ashraf Mal | 19 | GEZIR | 2:34.08 | _____ |
| 3 | Ziad Shref Housen | 20 | HELOP | 2:33.51 | _____ |
| 4 | Mohamed Yasser Mohamed | 17 | SMOHA | 2:33.12 | _____ |
| 5 | Moaz Tamer Hassan Mohan | 16 | NASR | 2:32.98 | _____ |
| 6 | Omar Tamer Mohamed Elta | 16 | Bank Ahly Alex | 2:32.99 | _____ |
| 7 | Mohamed Hussien Mohame | 18 | SMOHA | 2:33.43 | _____ |
| 8 | Martin Emad Rizk | 18 | Y.M.C.A | 2:33.76 | _____ |
| 9 | Yehya Tamer Gamaal Eldee | 16 | SMOHA | 2:34.08 | _____ |
| 10 | Saged Emad Roushdy | 15 | SMOHA | 2:34.72 | _____ |

Heat 23 of 38 Finals

| | | | | | |
|----|----------------------------|----|-----------|---------|-------|
| 1 | Ahmed Sameh Mohamed Ei | 16 | HELOP | 2:32.93 | _____ |
| 2 | Mohamed Amr Mousa | 15 | DEGLA | 2:32.43 | _____ |
| 3 | Youseif Mohamed Abdelsall | 15 | ZMALK | 2:32.40 | _____ |
| 4 | Saif EIDin Waled Abdel Raz | 21 | DEGLA | 2:32.19 | _____ |
| 5 | Adam Hatem Mohamed Mo | 15 | ZMALK | 2:32.07 | _____ |
| 6 | Ibrahim Ahmed Zaki | 15 | SHOOT | 2:32.15 | _____ |
| 7 | Abdelrhman Mohamed Ahn | 16 | DEGLA | 2:32.21 | _____ |
| 8 | Adham Mohamed abd Aziz | 17 | Nasr City | 2:32.40 | _____ |
| 9 | Mohamed Tamer Mohamed | 23 | DEGLA | 2:32.74 | _____ |
| 10 | Mohamed Ahmed Abdelhfe | 15 | TANTA | 2:32.97 | _____ |

Heat 24 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Yassen Walled Ahmad Abde | 16 | SMOHA | 2:31.91 | _____ |
| 2 | Adham m Hussin Sayed Hat | 15 | MAY15 | 2:31.69 | _____ |
| 3 | Aly Mahmod Ez el den | 16 | HELOP | 2:31.43 | _____ |
| 4 | Omar Karem Mahmoud Abc | 16 | Elethad | 2:31.28 | _____ |
| 5 | Eyad Ahmed Mohamed Tale | 15 | 6 OCT | 2:31.13 | _____ |
| 6 | Yousef Mohamed Elsaed M | 16 | Bank Ahly Alex | 2:31.23 | _____ |
| 7 | Seaf Abdel Rahman Moham | 15 | Al Hawar | 2:31.36 | _____ |
| 8 | Yousef Khaled A.Elrahman | 21 | DEGLA | 2:31.53 | _____ |
| 9 | Mahmoud Ahmed Abdelmoi | 15 | A S E C | 2:31.69 | _____ |
| 10 | Adham Ayman Ebrahim Sw | 16 | TANTA | 2:31.98 | _____ |

Heat 25 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | abd Elrahman Yasser Ahme | 16 | GOLDY | 2:31.04 | _____ |
| 2 | Yasen Ahmad gad | 15 | HELOP | 2:30.84 | _____ |
| 3 | Yasin Mossa Moh. Faghr El | 16 | GEZIR | 2:30.36 | _____ |
| 4 | Karem Moatasem Mahmouc | 16 | DEGLA | 2:30.30 | _____ |
| 5 | Adam Ayman A.Aziz | 16 | DEGLA | 2:29.97 | _____ |
| 6 | Aly Ahmed Khaled | 15 | DEGLA | 2:30.05 | _____ |
| 7 | Ezz Eldin Mohamed Abd El | 15 | Elethad | 2:30.34 | _____ |
| 8 | Zein Tallal | 15 | Sporting | 2:30.46 | _____ |
| 9 | Nour Ekramy Ahmed | 18 | Olympic | 2:30.89 | _____ |
| 10 | Mohamed Ahmed Bahy Eld | 16 | TRSAN | 2:31.12 | _____ |

Heat 26 of 38 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Ziad Hateem Foad | 17 | Elethad | 2:29.92 | _____ |
| 2 | Ziad Rafik Mahmoud | 16 | Stad Mansoura | 2:29.61 | _____ |
| 3 | Omar Haytham Mohamed E | 15 | Gezira El Ward | 2:29.24 | _____ |
| 4 | Youssef Ahmed Samir | 16 | DEGLA | 2:29.16 | _____ |
| 5 | Youssef Ahmed Hassan | 17 | Elethad | 2:29.02 | _____ |
| 6 | Eyad Tamer Abdelazeez | 15 | Zahraa Helwan | 2:29.03 | _____ |
| 7 | Mohamed Ahmed Ghazala | 15 | Damnhor Sport | 2:29.18 | _____ |
| 8 | Zeyad Mohamed Hedaya | 16 | M.S Tagamoa | 2:29.32 | _____ |
| 9 | Mohamed Ibrahim Zakreya | 16 | A S E C | 2:29.64 | _____ |
| 10 | ezz el din Ihab | 15 | Sporting | 2:29.95 | _____ |

Heat 27 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Kamal Mohamed Kamal | 16 | AHLY | 2:28.92 | _____ |
| 2 | Marwan Khaleid Abdallah | 15 | ZMALK | 2:28.41 | _____ |
| 3 | Hassan Elzaafarany | 15 | Sporting | 2:28.29 | _____ |
| 4 | Yehia SeifEL din EL Margh | 19 | SHAMS | 2:27.70 | _____ |
| 5 | Fares Ahmed Refaat Abdel | 15 | SHOOT | 2:27.34 | _____ |
| 6 | Zyad Ahmed Aboelmaty | 15 | DEGLA | 2:27.35 | _____ |
| 7 | Abd ElRahman Mohamed S | 17 | SHAMS | 2:27.87 | _____ |
| 8 | Omar Mohamed Abdelhafez | 18 | Mansheit Naser | 2:28.37 | _____ |
| 9 | Ali Hesham Moh. Fekre Shr | 20 | GEZIR | 2:28.77 | _____ |
| 10 | Mhmoud A Hmed Mhmoud | 16 | 6 OCT | 2:29.00 | _____ |

Heat 28 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Ezz Eldein Haytham Ezz El | 15 | SMOHA | 2:27.13 | _____ |
| 2 | Abdelrahman Tark Moustaf | 15 | Bitash | 2:27.06 | _____ |
| 3 | Adam Sameh Mohamed Kai | 15 | Bank Ahly Alex | 2:26.64 | _____ |
| 4 | Farouk Ahmed Mohamed A | 15 | Bank Ahly Alex | 2:26.57 | _____ |
| 5 | Yousif Gaseer Migahed | 17 | ZMALK | 2:26.43 | _____ |
| 6 | Amr Zakaria | 17 | SHOOT | 2:26.50 | _____ |
| 7 | Mahmoud Elmetwaly Moha | 15 | Gezira El Ward | 2:26.61 | _____ |
| 8 | Hamza Ahmed Amer | 15 | GEZIR | 2:26.97 | _____ |
| 9 | Abdalla Mohamed Mhfoz F | 17 | 6 OCT | 2:27.13 | _____ |
| 10 | Karim Gamal Abd Elsalam | 17 | SHOOT | 2:27.23 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 29 Finals (#2 Men 15 & Over 200 LC Meter IM)

| | | | | | |
|----|-------------------------|----|------------------|---------|-------|
| 1 | Zeyad Ali Kassem Elsaed | 16 | Bank Ahly Alex | 2:26.19 | _____ |
| 2 | Ahmed Tarek Elsayed | 15 | A S E C | 2:26.12 | _____ |
| 3 | Aser Hesham Raaft Mhmou | 17 | 6 OCT | 2:25.96 | _____ |
| 4 | Ahmad Ehab Ebrahim Abde | 16 | SMOHA | 2:25.34 | _____ |
| 5 | Zeyad Essam | 20 | Baladyat El Maha | 2:25.11 | _____ |
| 6 | Eyad Kamal Mohamed Sala | 15 | DEGLA | 2:25.21 | _____ |
| 7 | Hazem Ahmed Hamdy | 15 | HADAK | 2:25.52 | _____ |
| 8 | Belal Mohamed Fouad Ram | 16 | Olympic | 2:25.98 | _____ |
| 9 | Yehia Samer Wafek | 17 | HELOP | 2:26.14 | _____ |
| 10 | Tarek Loay Mohamed | 15 | HELOP | 2:26.20 | _____ |

Heat 30 of 38 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Karim Hesham Moh. Fakry | 16 | GEZIR | 2:24.66 | _____ |
| 2 | Eyad Alaa El Kholy | 17 | DEGLA | 2:24.53 | _____ |
| 3 | Anwar Ayman Mohamed M | 16 | Olympic | 2:24.42 | _____ |
| 4 | Omar Gawad Mohamed | 18 | Cairo | 2:24.02 | _____ |
| 5 | Mohamed Afifi Mohamed | 16 | DEGLA | 2:23.78 | _____ |
| 6 | Ammar Mohamed Mohame | 17 | MAY15 | 2:23.78 | _____ |
| 7 | Omar Mohamedm Hamza C | 19 | BNK.G | 2:24.30 | _____ |
| 8 | Yousef Mahmoud Mohamec | 18 | SHAMS | 2:24.48 | _____ |
| 9 | Amr Faisal Mohamed | 15 | DEGLA | 2:24.57 | _____ |
| 10 | Abdullah Wael Abdellrazik | 18 | DEGLA | 2:24.71 | _____ |

Heat 31 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Adam Hossamaldin Abdalla | 18 | ZMALK | 2:23.71 | _____ |
| 2 | Mazen Mohamed Adel | 19 | Elethad | 2:23.54 | _____ |
| 3 | Ahmed Maged Ghoureib | 16 | DEGLA | 2:23.19 | _____ |
| 4 | Marawan Walid Noshy | 17 | AHLY | 2:23.11 | _____ |
| 5 | Yosef Hatem ali Ahmed | 17 | Al Hawar | 2:22.74 | _____ |
| 6 | Abdelrahman Mahmoud Mc | 16 | SHAMS | 2:23.05 | _____ |
| 7 | Yasin Omar Ahmed Hessin | 16 | 6 OCT | 2:23.15 | _____ |
| 8 | Sief El Din Mohamed Mosli | 18 | Sporting | 2:23.43 | _____ |
| 9 | Mohamed Ayman Mohamed | 15 | Bank Ahly Alex | 2:23.54 | _____ |
| 10 | Selim Moh. Foad Hamdy | 16 | GEZIR | 2:23.75 | _____ |

Heat 32 of 38 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Omar Mohamed Yehia | 17 | DEGLA | 2:22.39 | _____ |
| 2 | Abdelrhman Mohamed Moh | 15 | Bank Ahly Alex | 2:22.20 | _____ |
| 3 | abd Elrhman Mosad Abosre | 16 | MAY15 | 2:22.02 | _____ |
| 4 | Sohayb Nabel Abdelsalm Za | 17 | Bank Ahly Alex | 2:21.94 | _____ |
| 5 | Ibrahim Yasser Farahat Abd | 18 | MAADI | 2:21.84 | _____ |
| 6 | Yousf Aymn Ebrahim Ahme | 19 | 6 OCT | 2:21.91 | _____ |
| 7 | Essa Shref Abd EL Monem | 16 | HELOP | 2:21.95 | _____ |
| 8 | Omar Amir Mohamed Haze | 18 | AHLY | 2:22.07 | _____ |
| 9 | Hamza Khaled Mohamed A | 16 | Olympic | 2:22.39 | _____ |
| 10 | ali Ahmed Mohamed Ismail | 17 | DEGLA | 2:22.65 | _____ |

Heat 33 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Ahmed Hassan Ahmed Hass | 18 | DEGLA | 2:21.33 | _____ |
| 2 | Hassan Ahmed Mohamed E | 16 | HELOP | 2:20.71 | _____ |
| 3 | Mazen Mohamed Salah | 18 | GHABA | 2:20.68 | _____ |
| 4 | Abd ElFatah Mohamed Abd | 18 | TANTA | 2:20.29 | _____ |
| 5 | Hamza Said | 15 | Sporting | 2:20.20 | _____ |
| 6 | Abdel Rahman Ahmed Ali | 18 | DEGLA | 2:20.28 | _____ |
| 7 | Mohammed Magdy Hassan | 16 | El Temsah | 2:20.55 | _____ |
| 8 | Ahmed Khaled Farouk Fade | 16 | 6 OCT | 2:20.70 | _____ |
| 9 | Abdelrahman Ashraf Mohse | 22 | Gezira El Ward | 2:21.20 | _____ |
| 10 | Khaled Waleed Adel | 15 | DEGLA | 2:21.65 | _____ |

Heat 34 of 38 Finals

| | | | | | |
|----|---------------------------|----|-----------|---------|-------|
| 1 | Moustafa Essam Wahba | 17 | Sporting | 2:19.96 | _____ |
| 2 | Hamza Ahmed Morsi Morsi | 18 | 6 OCT | 2:19.71 | _____ |
| 3 | Adam Mohamed Mahmoud | 16 | SHOOT | 2:19.01 | _____ |
| 4 | Yosef Ahm. Ebrahim Hebesl | 18 | GEZIR | 2:18.26 | _____ |
| 5 | Abdalla Gasser AbdelLatif | 19 | AHLY | 2:18.18 | _____ |
| 6 | Yassin Ahmed m Adel | 15 | El Temsah | 2:18.23 | _____ |
| 7 | Zeiad Hamdy Amin Ossmar | 21 | ZMALK | 2:18.57 | _____ |
| 8 | Adham Hossameldin Abdall | 18 | ZMALK | 2:19.21 | _____ |
| 9 | Moamen Khalid Mohamed | 19 | ZMALK | 2:19.92 | _____ |
| 10 | Adham Elsayed Ali | 17 | DEGLA | 2:20.17 | _____ |

Heat 35 of 38 Finals

| | | | | | |
|----|----------------------------|----|----------|---------|-------|
| 1 | Yassin Esam El Din | 20 | Sporting | 2:17.92 | _____ |
| 2 | Karim Adel Ahmed Bahgat | 21 | ZOHUR | 2:17.59 | _____ |
| 3 | Nour Eldin AlaaEldin Abdal | 18 | 6 OCT | 2:17.15 | _____ |
| 4 | Moamen Amr Mohamad Ha | 16 | SMOHA | 2:16.97 | _____ |
| 5 | Yassien Yasser Hassan | 17 | SMOHA | 2:16.43 | _____ |
| 6 | Omar Ahmed Mohamed Ibr | 15 | SMOHA | 2:16.87 | _____ |
| 7 | Malek Mohamed Bazan | 17 | MAADI | 2:16.98 | _____ |
| 8 | Yossef Ayman Abdalla Moh | 16 | SMOHA | 2:17.41 | _____ |
| 9 | Youssef Abdel Aziz Alaa | 18 | DEGLA | 2:17.87 | _____ |
| 10 | Ammar Yasser Farahat | 15 | MAADI | 2:17.95 | _____ |

Heat 36 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Mohamed Eslam Mohamed | 18 | SMOHA | 2:16.40 | _____ |
| 2 | Farouk Mohamad Elgedely | 17 | SMOHA | 2:16.06 | _____ |
| 3 | Kareem Ahmed Ibrahim | 18 | Sporting | 2:15.75 | _____ |
| 4 | Khaled Wael Sabre Abdelha | 17 | SMOHA | 2:14.76 | _____ |
| 5 | Adham Ahmed Mohamed | 16 | SHOOT | 2:14.74 | _____ |
| 6 | Hamza Moahmed Mhmoud | 17 | SMOHA | 2:14.75 | _____ |
| 7 | Karim Tamer Rizk | 15 | AHLY | 2:14.87 | _____ |
| 8 | Khaled Hesham Ahmed | 17 | Elethad | 2:15.99 | _____ |
| 9 | Yasen Mohamed Nabil | 15 | HELOP | 2:16.21 | _____ |
| 10 | Mahmoud Mohamed Mohar | 17 | Al Hawar | 2:16.41 | _____ |

Heat 37 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Youssef Tamer Mohamed H | 19 | DEGLA | 2:13.41 | _____ |
| 2 | Omar Mohamed Hassan | 16 | AHLY | 2:12.96 | _____ |
| 3 | Ahmed Tarek Mohamed | 20 | SHOOT | 2:11.91 | _____ |
| 4 | Youssef Amr Sayed | 18 | DEGLA | 2:11.81 | _____ |
| 5 | Abdel Rahman Mohamed A | 22 | AHLY | 2:10.65 | _____ |
| 6 | Saied Mohamed Abd Elgaw | 21 | Sporting | 2:11.51 | _____ |
| 7 | Abd El Rahman Hisham Fat | 18 | Sporting | 2:11.84 | _____ |
| 8 | Saif EIDIn Sameh A.Elmoac | 21 | DEGLA | 2:12.88 | _____ |
| 9 | Omar Ahmed Salah | 18 | AHLY | 2:13.19 | _____ |
| 10 | Omar Gaber Aly | 19 | AHLY | 2:13.44 | _____ |

Heat 38 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Mohamed Ayman Abdelsam | 17 | AHLY | 2:09.82 | _____ |
| 2 | Yassen Mohamed Abdelgwa | 18 | FAROS | 2:09.25 | _____ |
| 3 | Ahmed Mohamed Ahmed al | 18 | SHOOT | 2:09.16 | _____ |
| 4 | Abdel Rahman Amr Farag | 17 | SHOOT | 2:08.32 | _____ |
| 5 | Karem Magdy Ismail | 24 | Sporting | 2:05.21 | _____ |
| 6 | Yousef Adel Ramadan | 19 | SHAMS | 2:07.76 | _____ |
| 7 | Moahmed Ahmed Salem Ha | 17 | SMOHA | 2:08.84 | _____ |
| 8 | Ibrahim Ahmed Ibrahim | 23 | Sporting | 2:09.17 | _____ |
| 9 | Mohaned LiwaaEldin Ali | 19 | SMOHA | 2:09.45 | _____ |
| 10 | Ibrahim Shams Eldin Mohar | 16 | AHLY | 2:10.00 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Event 3 Women 15 & Over 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|----------------------------|----------------------------|-----|------------------|-----------|
| Heat 1 of 35 Finals | | | | |
| 3 | Nourhan Sabri Ahmed | 16 | ROYAL | NT |
| 4 | Khadega Kaled | 16 | HELOP | NT |
| 5 | Gana Mahmoud Abdel Men | 19 | ROYAL | NT |
| 6 | Rodaina Mohamed Mohame | 15 | Gezira El Ward | NT |
| 7 | Mayson Ahmed Abdel Mon | 19 | GOLDY | NT |
| 8 | Lavinia Hany Samir | 15 | DEGLA | NT |
| Heat 2 of 35 Finals | | | | |
| 1 | Laila Ahmed Elamrosy | 17 | MRAC | NT |
| 2 | Jomana Alaa Abdellatif Mol | 15 | MRAC | NT |
| 3 | Jana Alla Mohamed | 16 | Minia Sport Clup | NT |
| 4 | Yossra Mostafa Kamel | 17 | Elethead | NT |
| 5 | Malk Waled Shoukry | 15 | Bitash | NT |
| 6 | Remas Amr El Said Badwy | 15 | Police Club | NT |
| 7 | Zina Wael Elsaeid | 17 | GEZIR | NT |
| 8 | Nada Mohamed Rabie | 15 | HELOP | NT |
| 9 | Joody Mohamed Ashour Zal | 16 | Elethead | NT |
| 10 | Farida Ahmed Fouad | 18 | DEGLA | NT |
| Heat 3 of 35 Finals | | | | |
| 1 | Mirolla Hany Samir | 18 | DEGLA | NT |
| 2 | Rawan Gamal Hussein Han | 15 | MRAC | NT |
| 3 | Nazly Mohamed Elokda | 16 | SHOOT | NT |
| 4 | Nadine Mohamed Amin | 18 | AHLY | NT |
| 5 | Aan Nader Nabil | 16 | Qaroun | NT |
| 6 | Mariam Mohammed Hamdy | 19 | SHOOT | NT |
| 7 | Sarah Karim Mohamed Gal | 18 | SMOHA | NT |
| 8 | Salma Ahmed Ibrahim Eid | 15 | HELDO | NT |
| 9 | Mayar Ashraf al Sayed | 15 | M.S Tagamoa | NT |
| 10 | Rawan Ahmed AbdElwahab | 19 | SMOHA | NT |
| Heat 4 of 35 Finals | | | | |
| 1 | Khadiga Ahmed | 15 | Elethead | NT |
| 2 | Shams Mohamed Mahmoud | 15 | Ellaban | NT |
| 3 | Sandy Waleed | 15 | DEGLA | NT |
| 4 | Malak Ali Atia | 17 | SMOHA | NT |
| 5 | Salma Sherif Yehia | 15 | SHOOT | NT |
| 6 | Jana Hany Mohamed Ewies | 15 | 6 OCT | NT |
| 7 | Rokaya Mohamed Asem Ab | 17 | Matrix | NT |
| 8 | Retag Ahmed Saber | 17 | DEGLA | NT |
| 9 | Jana Mohamed Mohsen Nas | 16 | Stad Mansoura | NT |
| 10 | Karma Ahmed Nabil | 20 | SHOOT | NT |
| Heat 5 of 35 Finals | | | | |
| 1 | Nour Mohamed Ibrahim Ali | 19 | SMOHA | NT |
| 2 | Rewan Sherief Zayan | 19 | Olympic | NT |
| 3 | Jana Mahmoed Salem | 16 | BNK.G | NT |
| 4 | Farah Mohamed Fekre Most | 16 | SHRKS | NT |
| 5 | Roaa Mohamed Asem AboZ | 15 | Matrix | NT |
| 6 | Hana Hesham Saleh | 19 | DEGLA | NT |
| 7 | Saja Emad Mhamed | 15 | EALAM | NT |
| 8 | Haya Hisham Abbas | 15 | ZOHUR | NT |
| 9 | Negar Yasser Ahmed Mohar | 15 | Al-Ahram Sports | NT |
| 10 | Myriam Hussein Mahmoud | 15 | Luxor Club | NT |

Heat 6 of 35 Finals

| | | | | |
|----|--------------------------|----|----------------|----|
| 1 | Farah Okasha Mohamed | 18 | HLWAN | NT |
| 2 | Laila Mohamed Hitham | 17 | SHOOT | NT |
| 3 | Salma Ahmed Ibrahim | 15 | Gezira El Ward | NT |
| 4 | Fatma Kamil Mohamed | 16 | ZMALK | NT |
| 5 | Hana Mohamed Youssef Mc | 18 | SMOHA | NT |
| 6 | Areej Wael Ezzat | 16 | Qaroun | NT |
| 7 | Aliaa Ahmad Rapea Saleh | 16 | HELOP | NT |
| 8 | Shrouk Wael Mohamed | 15 | EALAM | NT |
| 9 | Malak Ahmed Salah | 15 | RWAD | NT |
| 10 | Malak Elsaed Mohamad Sal | 18 | SMOHA | NT |

Heat 7 of 35 Finals

| | | | | |
|----|----------------------------|----|----------------|----|
| 1 | Dara Adham Adel | 15 | SHOOT | NT |
| 2 | Nour Ahmed Samer | 19 | Sporting | NT |
| 3 | Ghada Wael Abdullah | 15 | ENPPI | NT |
| 4 | Nadine Bassem Joseph | 16 | DEGLA | NT |
| 5 | Khadija Aladdin Hassan ali | 16 | Sporting | NT |
| 6 | Zeina Tamer Nagy | 15 | SHOOT | NT |
| 7 | Klara Alfired Sabr | 19 | ZMALK | NT |
| 8 | Salma Mohamed Hamdy | 16 | Gezira El Ward | NT |
| 9 | Zeina Mohamed Darwish | 15 | SMOHA | NT |
| 10 | Hanin Mahomud Hasan | 17 | BNK.G | NT |

Heat 8 of 35 Finals

| | | | | |
|----|--------------------------|----|---------|----|
| 1 | Retag Mohamed Ragab | 18 | ZMALK | NT |
| 2 | Retaj Mohamed Elsayed An | 18 | SMOHA | NT |
| 3 | Habiba Attia Youssef | 16 | SENZO | NT |
| 4 | Menatalla Morsy | 17 | SMOHA | NT |
| 5 | Marim Ali Mousalm Ahmed | 17 | Olympic | NT |
| 6 | Nour Mohamed Rabie | 15 | HELOP | NT |
| 7 | Lamar Ashraf Ahmed | 16 | DEGLA | NT |
| 8 | Nouran Ahmed Fathy Ahme | 15 | Olympic | NT |
| 9 | Gamila usama Basyouni | 15 | TRSAN | NT |
| 10 | Mariam Tarek Mohammed | 16 | TALBE | NT |

Heat 9 of 35 Finals

| | | | | |
|----|----------------------------|----|---------------|----|
| 1 | Gana Shawky Hesen | 15 | DEGLA | NT |
| 2 | Nour Madi | 16 | Sporting | NT |
| 3 | Aram Hesham Raafat Mahr | 15 | 6 OCT | NT |
| 4 | Joury Nour Eldin Farag Ali | 21 | DEGLA | NT |
| 5 | Diala Mohamed Amin Ali | 15 | ZOHUR | NT |
| 6 | Merna Osama Ahmed | 15 | Elec | NT |
| 7 | Raghd Mohamed Elsaid Mo | 19 | SMOHA | NT |
| 8 | Hala Mohamed Mohsen Nas | 16 | Stad Mansoura | NT |
| 9 | Kinzi Husayn | 15 | Zahraa Helwan | NT |
| 10 | mai Mohamed Abdelmoner | 15 | MRAC | NT |

Heat 10 of 35 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Zena Ahmed Moustafa | 15 | HELOP | NT |
| 2 | Rokaia Amr Mohamed | 15 | DEGLA | NT |
| 3 | Rodina Mohamed Abd Elmc | 15 | 6 OCT | NT |
| 4 | Mehrael Abdelmalak Fangar | 15 | DEGLA | 1:00.11 |
| 5 | Malak Ezz Ahmed | 15 | A S E C | 43.29 |
| 6 | Khadija Mohamed | 15 | Sporting | 46.78 |
| 7 | Lojin Mohamed Moustafa | 18 | A S E C | NT |
| 8 | Nadine Ayman Hussein | 19 | HADAK | NT |
| 9 | Hala Ahmed Mohamed Hasl | 15 | Gezira El Ward | NT |
| 10 | Hana Hisham Ahmed Ibrahi | 15 | ZMALK | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 11 Finals (#3 Women 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|-----------|-------|-------|
| 1 | Jana Mohamed Elshishtawy | 15 | DEGLA | 42.07 | _____ |
| 2 | Jana Ahmed El Sayed | 15 | DEGLA | 40.78 | _____ |
| 3 | Asmaa Waleed Gado | 15 | Elethead | 40.25 | _____ |
| 4 | Salma Mohamad Mahmud \ | 16 | SMOHA | 39.38 | _____ |
| 5 | Radwa Mohamed Fawzy | 15 | A S E C | 38.82 | _____ |
| 6 | Anjolina Tamer eid | 15 | MRAC | 39.00 | _____ |
| 7 | Khadija Ahmed Adel | 15 | SHOOT | 39.73 | _____ |
| 8 | Hala Mohamed Moustafa G | 15 | Olympic | 40.66 | _____ |
| 9 | Henar amr el Sofy | 16 | TRSAN | 41.81 | _____ |
| 10 | Kanze Hamde abd Elmanen | 15 | Nasr City | 42.15 | _____ |

Heat 12 of 35 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Habiba Heseen Farouk | 16 | SHOBR | 38.40 | _____ |
| 2 | Alina Goorge Boutros | 16 | Elethead | 38.02 | _____ |
| 3 | Yara Hosam Adel | 15 | DEGLA | 37.87 | _____ |
| 4 | Rodina Mohamed Ahmed A | 16 | DEGLA | 37.55 | _____ |
| 5 | Notalila Sobhy Ramzy Sobh | 15 | Bank Ahly Alex | 37.38 | _____ |
| 6 | Carole Baher Fouad | 16 | Sporting | 37.38 | _____ |
| 7 | Mariam Yossef Salam | 15 | A S E C | 37.75 | _____ |
| 8 | Malak Mohamed | 15 | SHOBR | 37.93 | _____ |
| 9 | Nour Ehab Ahmed Mohame | 15 | DEGLA | 38.07 | _____ |
| 10 | Fatma Sameh Mohamed ELT | 15 | Olympic Champion | 38.63 | _____ |

Heat 13 of 35 Finals

| | | | | | |
|----|---------------------------|----|---------|-------|-------|
| 1 | Nataly Goarge Atif Tawfik | 16 | DEGLA | 37.02 | _____ |
| 2 | Gomana Osama Mohamed | 15 | Y.M.C.A | 36.86 | _____ |
| 3 | Jana Ayman Goda Ibrahim | 15 | MRAC | 36.76 | _____ |
| 4 | Ganna Hany Fouad | 15 | DEGLA | 36.64 | _____ |
| 5 | Gana Mohamed abd el Shaf | 16 | SHOBR | 36.51 | _____ |
| 6 | Kermina Saheer Samir | 16 | DEGLA | 36.63 | _____ |
| 7 | Nouray Tarek Halim Mohan | 15 | DEGLA | 36.68 | _____ |
| 8 | Seba Ahmed Mohamed | 15 | DEGLA | 36.78 | _____ |
| 9 | Basmala Tamer Kamel | 15 | Y.M.C.A | 37.01 | _____ |
| 10 | Habiba Mohamed Dyab | 15 | SHRKS | 37.16 | _____ |

Heat 14 of 35 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Marina Remon Maher Rizk | 15 | GEZIR | 36.22 | _____ |
| 2 | Gana Hossam Mohamed | 15 | Y.M.C.A | 36.04 | _____ |
| 3 | Hanen Mohamed Hassan El | 15 | Elethead | 35.89 | _____ |
| 4 | Hala Mohamed Ahmed | 15 | DEGLA | 35.73 | _____ |
| 5 | Hana Ayman Ibrahim Ahme | 18 | SMOHA | 35.56 | _____ |
| 6 | Saga Wael Omr | 15 | Bitash | 35.58 | _____ |
| 7 | Lina Ahmed Mansour | 15 | DEGLA | 35.88 | _____ |
| 8 | Farida Ahmed Abdrabo Aly | 16 | Olympic | 36.03 | _____ |
| 9 | Joudy Yasser Mohamed | 16 | DEGLA | 36.07 | _____ |
| 10 | Mai Mohamed Abdallah | 15 | DEGLA | 36.46 | _____ |

Heat 15 of 35 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Mryiam Mena Samy | 16 | Elethead | 35.36 | _____ |
| 2 | Habiba Mohamed Mahmoud | 15 | A S E C | 35.34 | _____ |
| 3 | Dana Mohamed Selim Ahm | 15 | DEGLA | 35.24 | _____ |
| 4 | Rania Mohamed Mahmoud | 23 | ZOHUR | 35.15 | _____ |
| 5 | Rola Yassir Mohamed | 16 | HADAK | 35.13 | _____ |
| 6 | Hana Tamer Samy Mohama | 16 | SMOHA | 35.14 | _____ |
| 7 | Mariam Yasser Maoud | 18 | A S E C | 35.22 | _____ |
| 8 | Ayten Karim Mohamed | 15 | DEGLA | 35.26 | _____ |
| 9 | Aisha Ahmed AbdElmagid | 18 | Sporting | 35.36 | _____ |
| 10 | Nour El Hassan Ali Gad El | 16 | DEGLA | 35.41 | _____ |

Heat 16 of 35 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Gamila Ahmed Mohamed E | 15 | MRAC | 35.09 | _____ |
| 2 | Nada Hassan Ahmed Hassar | 18 | Elethead | 35.04 | _____ |
| 3 | Zeina Mohamed El Saied | 18 | ENPPI | 34.81 | _____ |
| 4 | Shahira Abaza | 15 | Sporting | 34.70 | _____ |
| 5 | Farida Abaza | 15 | Sporting | 34.57 | _____ |
| 6 | Malak Mohamed Talaat | 15 | SHRKS | 34.58 | _____ |
| 7 | Maya Mohamed abd el Shaf | 16 | SHOBR | 34.78 | _____ |
| 8 | Karma Ayman Badr | 15 | SHOOT | 34.85 | _____ |
| 9 | Sama Mohamed Ahmed | 15 | Bank Ahly Alex | 35.06 | _____ |
| 10 | Goudy Ahmed Ibrahim | 16 | DEGLA | 35.12 | _____ |

Heat 17 of 35 Finals

| | | | | | |
|----|-------------------------|----|------------------|-------|-------|
| 1 | Habiba Ayman Abbas Maar | 16 | Sporting | 34.38 | _____ |
| 2 | Mayar Sherif Mohamed | 16 | Elethead | 34.28 | _____ |
| 3 | Dema Mohamed Mohamed | 15 | Olympic Champion | 34.21 | _____ |
| 4 | Rinad Mohamed Abdel Har | 15 | SHOOT | 34.15 | _____ |
| 5 | Ratag Khaled Mohamed | 16 | DEGLA | 34.03 | _____ |
| 6 | Malak Mohamed Karawia | 16 | DEGLA | 34.11 | _____ |
| 7 | Hanya Yasser Maoud | 21 | A S E C | 34.20 | _____ |
| 8 | Gana Saif El Din Fekry | 15 | DEGLA | 34.25 | _____ |
| 9 | Loren Osama Mohamed | 15 | SHAMS | 34.29 | _____ |
| 10 | Aseil Islam Mohammed | 16 | ENPPI | 34.51 | _____ |

Heat 18 of 35 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | Dalia Ahmed Mohamed | 16 | DEGLA | 33.93 | _____ |
| 2 | Swlaf Samer Abdalla Sharar | 18 | Y.M.C.A | 33.83 | _____ |
| 3 | Malika Smou El Din Mostaf | 17 | DEGLA | 33.79 | _____ |
| 4 | Nancy Mahmoud Ragab | 15 | Bank Ahly Alex | 33.74 | _____ |
| 5 | Roaa Ahmed Darwish | 17 | DEGLA | 33.67 | _____ |
| 6 | Alya Ahmed Elsaeed Mahm | 16 | MRAC | 33.74 | _____ |
| 7 | Kenzy Hany Zaky | 19 | Olympic | 33.79 | _____ |
| 8 | Laila Mohamed Mahmoud | 16 | SHOOT | 33.79 | _____ |
| 9 | Sara Hosam Adel | 15 | DEGLA | 33.92 | _____ |
| 10 | Laila Ahmed EL Sadek | 15 | HELOP | 34.00 | _____ |

Heat 19 of 35 Finals

| | | | | | |
|----|-----------------------------|----|------------------|-------|-------|
| 1 | Maleka Ahmad Zakarya | 15 | HELOP | 33.62 | _____ |
| 2 | Farida Wael Hamdy | 15 | SMOHA | 33.56 | _____ |
| 3 | Jana Wahdan | 15 | SMOHA | 33.44 | _____ |
| 4 | Nazly Karim ElDin Ahm. H | 17 | GEZIR | 33.37 | _____ |
| 5 | Maria Nader Sedeky | 15 | Ismaily | 33.27 | _____ |
| 6 | Farida Ahmed Mohamed At | 18 | Olympic | 33.28 | _____ |
| 7 | Jannat Ibrahim Saleh Fargha | 16 | Elethead | 33.41 | _____ |
| 8 | Habiba Wael Mohamed | 16 | Minia Sport Clup | 33.49 | _____ |
| 9 | Mayar Ahmed Fouad | 16 | ZMALK | 33.58 | _____ |
| 10 | Hana Ahmed Ragab | 17 | GHABA | 33.63 | _____ |

Heat 20 of 35 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | Maryem Ahmed Refaat | 19 | Olympic | 33.24 | _____ |
| 2 | Yasmin Mohamed El Sayed | 19 | SMOHA | 33.06 | _____ |
| 3 | Hana Ahmed Helal | 16 | ENPPI | 33.05 | _____ |
| 4 | Lana Tarek Ebrahim | 17 | TAGAM | 32.90 | _____ |
| 5 | Noureen Raaouf Ahmad | 15 | SMOHA | 32.87 | _____ |
| 6 | Jana Saber Ebrahim Mohan | 15 | 6 OCT | 32.89 | _____ |
| 7 | Dana Mahmoud Aref Tawfe | 15 | Olympic Champion | 32.91 | _____ |
| 8 | Logy Aly Abbady | 15 | DEGLA | 33.05 | _____ |
| 9 | Salma Ahmed Mahmoud Al | 16 | HELOP | 33.10 | _____ |
| 10 | Malak Amr Salah | 16 | SENZO | 33.25 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 21 Finals (#3 Women 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Rodayna Sherif Ryad | 17 | TRSAN | 32.85 | _____ |
| 2 | Hana Ahmed Mohamed | 16 | DEGLA | 32.57 | _____ |
| 3 | Nour Marwn Mazhar | 17 | HELOP | 32.54 | _____ |
| 4 | Dahb Magdy Kamal | 20 | Elethead | 32.42 | _____ |
| 5 | Renad Ahmed Hamdy | 15 | Elethead | 32.30 | _____ |
| 6 | Salma Hesham | 15 | A S E C | 32.36 | _____ |
| 7 | Razan Kalel Ebrahim | 16 | Bitash | 32.47 | _____ |
| 8 | Nada Mohamed Abdel Mon | 17 | DEGLA | 32.54 | _____ |
| 9 | Joudy Ebrahim Shaban | 15 | Bitash | 32.66 | _____ |
| 10 | Leila Ahmed Ebrahim Ali E | 19 | HELDO | 32.85 | _____ |

Heat 22 of 35 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Sama Ahmed Mahmoud | 15 | HLWAN | 32.22 | _____ |
| 2 | Eman Tarik Mohamed Salla | 18 | SMOHA | 32.19 | _____ |
| 3 | Rodaina Mohamed Saaid M | 15 | DEGLA | 32.13 | _____ |
| 4 | Layan Tamer Ahmed Mohar | 15 | DEGLA | 32.03 | _____ |
| 5 | Mariam Ayman Saeed | 15 | A S E C | 31.95 | _____ |
| 6 | Kenzi Mohamed | 16 | A S E C | 31.98 | _____ |
| 7 | Rania Mohamed Ibrahim | 17 | ENPPI | 32.12 | _____ |
| 8 | Dana Khaled Mohamed | 15 | DEGLA | 32.17 | _____ |
| 9 | Alaa Amr El Sokry | 19 | Sporting | 32.21 | _____ |
| 10 | Farida Hesham Abd al Ghan | 16 | 6 OCT | 32.28 | _____ |

Heat 23 of 35 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Fareda Farouk Farouk | 15 | SHRKS | 31.82 | _____ |
| 2 | Jana Mohamed Abd Elkarie | 16 | 6 OCT | 31.81 | _____ |
| 3 | Hour een Samer Elsaied Sh | 16 | SMOHA | 31.79 | _____ |
| 4 | Mariam Ahmed Ghatas | 19 | SHOBR | 31.58 | _____ |
| 5 | Lela Ahmed Hassan Hosny | 16 | HELOP | 31.56 | _____ |
| 6 | Amina Ayman Farrag | 15 | DEGLA | 31.56 | _____ |
| 7 | Jode Mohamad Yossef Moh | 16 | SMOHA | 31.71 | _____ |
| 8 | Habtalla Moustafa Fathey | 15 | Bitash | 31.80 | _____ |
| 9 | Taleen Monzer Mohamed A | 16 | MRAC | 31.81 | _____ |
| 10 | Habiba Essam Wahba | 15 | Sporting | 31.87 | _____ |

Heat 24 of 35 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Fatma Hisham Sarwt | 21 | Sporting | 31.42 | _____ |
| 2 | Mariam Ahmed Abdel Hahn | 16 | AHLY | 31.38 | _____ |
| 3 | Dima Adel Mohamed | 17 | SMOHA | 31.35 | _____ |
| 4 | Shaza Mohamed Said Husse | 16 | Elethead | 31.30 | _____ |
| 5 | Goumana Wael Hosny | 17 | AHLY | 31.14 | _____ |
| 6 | Kenzy Mowafy Mahmoud | 15 | SMOHA | 31.23 | _____ |
| 7 | Hasnaa Ayman Ahmed Ali | 18 | SMOHA | 31.33 | _____ |
| 8 | Goudy Mohamed Hamid Za | 15 | ZMALK | 31.36 | _____ |
| 9 | Retaj Ahmed Mahmoud | 15 | SMOHA | 31.38 | _____ |
| 10 | Byrne Ibrahim Adel | 16 | Elethead | 31.42 | _____ |

Heat 25 of 35 Finals

| | | | | | |
|----|--------------------------|----|-----------------|-------|-------|
| 1 | Jana Mohamed Amr | 15 | ZOHUR | 31.11 | _____ |
| 2 | Hania Hossam Ahmed Salar | 16 | SMOHA | 31.06 | _____ |
| 3 | Zina Ahmed Abdullh Mohar | 16 | ElGezira Youth | 30.87 | _____ |
| 4 | Rana Raaid El Shazly | 17 | Canal Suez Port | 30.85 | _____ |
| 5 | Salma Waleed Raslan | 16 | Al Hawar | 30.74 | _____ |
| 6 | Sama Karm Nasr Mohamed | 17 | SHAMS | 30.76 | _____ |
| 7 | Mariam Ebrahim Mohamed | 16 | HELOP | 30.87 | _____ |
| 8 | Yasmen Ahmed Basim | 18 | Sporting | 30.90 | _____ |
| 9 | Sama Rafik Ibrahim Gaber | 15 | Elethead | 31.08 | _____ |
| 10 | Shrin Ahmed Abdelkader | 17 | SHRKS | 31.12 | _____ |

Heat 26 of 35 Finals

| | | | | | |
|----|----------------------------|----|-------------|-------|-------|
| 1 | Kenzy Magdy Mohamed Al | 17 | MAADI | 30.68 | _____ |
| 2 | Fairouz Mazin Adel | 16 | DEGLA | 30.62 | _____ |
| 3 | Farida Moustafa Abd Elaziz | 18 | Sporting | 30.55 | _____ |
| 4 | Haneen Yasser Mahmoud S | 15 | DEGLA | 30.51 | _____ |
| 5 | Hoda Mohammed Said Adel | 18 | SHOOT | 30.43 | _____ |
| 6 | Rataj Amr Farouk Fathy | 15 | Police Club | 30.49 | _____ |
| 7 | Hanin Mohamed AL Said | 15 | RWAD | 30.51 | _____ |
| 8 | Jana Ahmed akl | 16 | Sporting | 30.56 | _____ |
| 9 | Farah Ayman Gaber | 17 | SMOHA | 30.66 | _____ |
| 10 | Marleen Maikle Safwat | 15 | RWAD | 30.72 | _____ |

Heat 27 of 35 Finals

| | | | | | |
|----|--------------------------|----|-----------|-------|-------|
| 1 | Fareeda Mohamed Abd El M | 15 | SHOOT | 30.30 | _____ |
| 2 | Habeba Mohamed Moussa F | 19 | Olympic | 30.28 | _____ |
| 3 | Iman Ahmed Adel Elsaied | 17 | SMOHA | 30.14 | _____ |
| 4 | Loujain Ibrahim Ibrahim | 18 | AHLY | 30.05 | _____ |
| 5 | Nour Mohamad Ramzy | 15 | Swim Home | 29.97 | _____ |
| 6 | Kenzy Mohamed el Sebaey | 18 | Cairo | 30.05 | _____ |
| 7 | Malak Islam Mohamed | 19 | AHLY | 30.09 | _____ |
| 8 | Lian Shady Sabry | 20 | HELOP | 30.21 | _____ |
| 9 | Farah Hatem Ngaty Moham | 16 | HELOP | 30.29 | _____ |
| 10 | Joudy Moahmed Khedr | 17 | SMOHA | 30.38 | _____ |

Heat 28 of 35 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Farida Waleed Fathy | 15 | SHOOT | 29.89 | _____ |
| 2 | Rose Alaa Refaat | 15 | SMOHA | 29.86 | _____ |
| 3 | Noor Tamer AbdElrhim Mol | 17 | SHAMS | 29.83 | _____ |
| 4 | Ayla Mohamed Ali EL Med | 16 | HELOP | 29.74 | _____ |
| 5 | Fareda Mohamed Farouk | 17 | DEGLA | 29.71 | _____ |
| 6 | Laila Mohamed Brekaa Taw | 15 | SHAMS | 29.73 | _____ |
| 7 | Aida Mohamed Saad Selim | 17 | MAADI | 29.79 | _____ |
| 8 | Hana Wael Magdi Mah . Els | 18 | GEZIR | 29.84 | _____ |
| 9 | Haya Mohamed Mahmoud | 17 | AHLY | 29.88 | _____ |
| 10 | Ganaa Mohamed Elsaed Ga | 16 | Bank Ahly Alex | 29.93 | _____ |

Heat 29 of 35 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Toka Ayman Ebrahim Eldsc | 16 | SMOHA | 29.63 | _____ |
| 2 | Sandra Medhat Mohamed | 19 | AHLY | 29.54 | _____ |
| 3 | Mariam Hatem Anwar EL S | 17 | SHOOT | 29.43 | _____ |
| 4 | Na'eela Wael Elagroudy | 17 | Sporting | 29.41 | _____ |
| 5 | Lojain Alaa Eldein Arafa | 15 | SMOHA | 29.37 | _____ |
| 6 | Mennatallah Hatem Ibrahim | 17 | A S E C | 29.40 | _____ |
| 7 | Nour Mohamad Hassan Mol | 16 | SMOHA | 29.42 | _____ |
| 8 | Farida Nasser Mohamed El- | 16 | SHOOT | 29.53 | _____ |
| 9 | Malak Waleed Essam Shaban | 20 | SMOHA | 29.54 | _____ |
| 10 | Rawan Wael | 19 | AHLY | 29.63 | _____ |

Heat 30 of 35 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Lojain Tarek Esmaiel | 16 | HELOP | 29.37 | _____ |
| 2 | Ayten Ousama Abdelsalam | 15 | Damnhor Sport | 29.20 | _____ |
| 3 | Kenzy Ahmed Ali | 21 | AHLY | 29.14 | _____ |
| 4 | Noor Marwan Moh. Aly Zev | 18 | GEZIR | 29.05 | _____ |
| 5 | Haya HossamEldin Kndel | 19 | SMOHA | 28.99 | _____ |
| 6 | Khadeja Housen EL Dahan | 15 | HELOP | 29.00 | _____ |
| 7 | Sara Mahmoud El Gendy | 18 | DEGLA | 29.11 | _____ |
| 8 | Nour Mohamed Elsoda | 16 | MAADI | 29.14 | _____ |
| 9 | Jasmine Waleed Ibrahim | 15 | SMOHA | 29.31 | _____ |
| 10 | Gana Mohamed Said | 17 | ZMALK | 29.37 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 31 Finals (#3 Women 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Fairoz Ahmed Ibrahim | 16 | SHAMS | 28.96 | _____ |
| 2 | Retaj Nour El-Deen Farouk | 15 | SHROK | 28.90 | _____ |
| 3 | Hana Hisham Mohamed Yoi | 19 | SMOHA | 28.88 | _____ |
| 4 | Nayera Tarek El-Sayed | 17 | FAROS | 28.85 | _____ |
| 5 | Wafaa Ahmed Saad ElDin | 16 | DEGLA | 28.79 | _____ |
| 6 | Maya Abdelaziz Zakaria | 16 | AHLY | 28.81 | _____ |
| 7 | Hana Walid Atallah | 15 | HADAK | 28.86 | _____ |
| 8 | Jana Khalid | 20 | Sporting | 28.88 | _____ |
| 9 | Habiba Mohamad Saeed Sh | 16 | SMOHA | 28.92 | _____ |
| 10 | Zena Mahmoud Mohamed M | 19 | GHABA | 28.97 | _____ |

Heat 32 of 35 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Malak Mohamed Abbas Mo | 19 | MAADI | 28.78 | _____ |
| 2 | Salma Ahmed Abd el Wahat | 15 | DEGLA | 28.73 | _____ |
| 3 | Marem Ahmad Abdelgafar / | 16 | SMOHA | 28.64 | _____ |
| 4 | Karma aly Elsheraee | 18 | HELOP | 28.52 | _____ |
| 5 | Hameis Essam Al Kholy | 16 | SHOOT | 28.47 | _____ |
| 6 | Rahma Emad Farouk | 15 | El Temsah | 28.49 | _____ |
| 7 | Malak Mokhtar Mohamed | 18 | DEGLA | 28.63 | _____ |
| 8 | Salma Alaa Mahdy | 21 | AHLY | 28.67 | _____ |
| 9 | Nada Ahmed El Said Elbasy | 17 | SHOOT | 28.73 | _____ |
| 10 | Nadine Hazem Mohamed | 16 | Pegasus Club | 28.78 | _____ |

Heat 33 of 35 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Joudy Raafat Abdelhamid S | 15 | Pegasus Club | 28.44 | _____ |
| 2 | Nour Mohamed Hessien Ah | 19 | SHAMS | 28.41 | _____ |
| 3 | Ganna Safwat Salah | 17 | AHLY | 28.37 | _____ |
| 4 | Karma Shady Mohamed Sat | 17 | HELOP | 28.36 | _____ |
| 5 | Goumana Tarek Yehia | 19 | AHLY | 28.32 | _____ |
| 6 | Salma Ahmed Elsaid | 16 | Gezira El Ward | 28.32 | _____ |
| 7 | Lara Ahmed Elwan | 16 | AHLY | 28.36 | _____ |
| 8 | Basant Hesham Hussin | 15 | DEGLA | 28.40 | _____ |
| 9 | Hana Waled Hasan | 19 | SHROK | 28.43 | _____ |
| 10 | Julie Akram Ahmed | 18 | AHLY | 28.46 | _____ |

Heat 34 of 35 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Rokan Tamer Ismail | 16 | SHOOT | 28.23 | _____ |
| 2 | Malak Ahmed Anes Mahmo | 17 | Al Hawar | 28.15 | _____ |
| 3 | Farida Amr Mohamed Abd l | 19 | SHOOT | 28.09 | _____ |
| 4 | Jolin Hany Gamal | 18 | Sporting | 27.98 | _____ |
| 5 | Maya Ahmed Ragheb | 17 | Sporting | 27.88 | _____ |
| 6 | Mariam Mohamed Soliman | 17 | DEGLA | 27.90 | _____ |
| 7 | Gana Nasr El Din Ali | 20 | Sporting | 28.08 | _____ |
| 8 | Ingy Bassem Bahaa Eldin | 16 | AHLY | 28.11 | _____ |
| 9 | Aisha Yasser Amin | 15 | AHLY | 28.21 | _____ |
| 10 | Anod Amr Abd El Aziz | 18 | DEGLA | 28.30 | _____ |

Heat 35 of 35 Finals

| | | | | | |
|----|-----------------------------|----|----------------|-------|-------|
| 1 | Malak Ahmed Helmy | 19 | AHLY | 27.86 | _____ |
| 2 | Maya Kamal Mohamed Mhi | 18 | SMOHA | 27.73 | _____ |
| 3 | Gihan Ahmed Abd El Azim | 20 | MAADI | 27.43 | _____ |
| 4 | Loujain Youssef Ahmed | 21 | AHLY | 27.35 | _____ |
| 5 | Lougein amr Khaleil Ibrahim | 17 | ZMALK | 27.07 | _____ |
| 6 | Jana Mohamed Abdel Fatah | 20 | SHOOT | 27.30 | _____ |
| 7 | Kanzy Hesham Rashad | 21 | SHOOT | 27.39 | _____ |
| 8 | Malak Mohamed Abd El Ga | 20 | Bank Ahly Alex | 27.48 | _____ |
| 9 | Lela Ahmed Kamal | 19 | GHABA | 27.74 | _____ |
| 10 | Hedy Amr Moustafa Hamou | 25 | HELOP | 27.87 | _____ |

Event 4 Men 15 & Over 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time | |
|----------------------------|--------------------------|-----|------------------|-----------|-------|
| Heat 1 of 76 Finals | | | | | |
| 3 | Hamza Khaled Mohamed A | 16 | Olympic | NT | _____ |
| 4 | Marwan Hossam Hussein | 17 | DEGLA | NT | _____ |
| 5 | Yassin Mostafa Nasr | 16 | Sporting | NT | _____ |
| 6 | el Farok Omer el Farok | 17 | BNK.G | NT | _____ |
| 7 | Hamza Ahmed Mohamed A | 17 | Bank Ahly Alex | NT | _____ |
| Heat 2 of 76 Finals | | | | | |
| 1 | Ahmed Aly Abdalah | 20 | Qaroun | NT | _____ |
| 2 | Omar El Sayed Ali | 16 | Elethead | NT | _____ |
| 3 | Malek Sherif Hayaty | 17 | Sporting | NT | _____ |
| 4 | Islam Ahmed Mostafa | 15 | Elethead | NT | _____ |
| 5 | Nizar Mohamed Zenaty | 15 | Meit Khakan | NT | _____ |
| 6 | Abd al Ghany Hesham Abd | 15 | 6 OCT | NT | _____ |
| 7 | Hesham Mohamed Fawzy | 17 | Minia Sport Clup | NT | _____ |
| 8 | Mohamed Youssef Hussain | 17 | Elethead | NT | _____ |
| 9 | Mohamed Waled Mohamed | 15 | A S E C | NT | _____ |
| 10 | Hamza Hammad Mohamed | 18 | DEGLA | NT | _____ |
| Heat 3 of 76 Finals | | | | | |
| 1 | Mohammed Mahmoud Ram | 17 | Al-Ahram Sports | NT | _____ |
| 2 | Omar Hassan Abdelwahab | 17 | SMOHA | NT | _____ |
| 3 | Omar Ali Fathy Mohamad F | 16 | SMOHA | NT | _____ |
| 4 | Marwan Reda Hussein | 16 | SENZO | NT | _____ |
| 5 | Yousef Ahmed Shaban | 15 | Al Shehk Zaeid | NT | _____ |
| 6 | Ahmed Ashraf Mahmud Els | 15 | Matrix | NT | _____ |
| 7 | Eyad Mohamed Nabih | 21 | SMOHA | NT | _____ |
| 8 | Malek Amr Ragab | 16 | Palm Hills | NT | _____ |
| 9 | Omar Ayman Esmael Emam | 16 | 6 OCT | NT | _____ |
| 10 | Youssef Amr Abdelhamid | 18 | Qaroun | NT | _____ |
| Heat 4 of 76 Finals | | | | | |
| 1 | Nour Eldin Monzer Moham | 19 | MRAC | NT | _____ |
| 2 | Ali Shref Ali Abdelkader | 17 | SMOHA | NT | _____ |
| 3 | Mohamed Ahmed abd Elmo | 17 | DEGLA | NT | _____ |
| 4 | Yousef Reda Mohamed Kan | 15 | Matrix | NT | _____ |
| 5 | Ziad abo Zaid | 15 | GHARB | NT | _____ |
| 6 | Ahmed Hamdy Al Shaik | 20 | SHOOT | NT | _____ |
| 7 | Mohanad Abo Elsood Anwa | 17 | Minia Sport Clup | NT | _____ |
| 8 | Adam Ayman Yousef | 16 | TANTA | NT | _____ |
| 9 | Moataz Mahmoud abd Elmc | 30 | Cairo | NT | _____ |
| 10 | Hamza Ahmed abd Elazem | 18 | Al Qusiya Club | NT | _____ |
| Heat 5 of 76 Finals | | | | | |
| 1 | Ahmed Housam El Din Ahn | 22 | 6 OCT | NT | _____ |
| 2 | Marwan Waleed Mohamed l | 16 | SHOOT | NT | _____ |
| 3 | Karim Mahmoud Farouk | 22 | Beni Suef Club | NT | _____ |
| 4 | Eyad Mohamed Hassan | 15 | Elethead | NT | _____ |
| 5 | Abdellah Mohamed Saber | 15 | Tlaea El Ostol | NT | _____ |
| 6 | Aly Mohamed Abdel Hamec | 17 | BNK.G | NT | _____ |
| 7 | abd Elrhman Mohamed Ahn | 17 | Elethead | NT | _____ |
| 8 | Yassin Mohamed Salah | 15 | SMOHA | NT | _____ |
| 9 | Ahmed Tamer Hasanen Eta | 16 | Matrix | NT | _____ |
| 10 | Asser Haittham Ahmed Moh | 15 | Bank Ahly Alex | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 6 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|-------------------------|----|------------------|----|-------|
| 1 | Ziad Haithm Mostafa | 16 | Ismaily | NT | _____ |
| 2 | Ammar Ahmed Saiid | 15 | K.S.C | NT | _____ |
| 3 | Ali Mostafa abd el Aziz | 17 | Police Club | NT | _____ |
| 4 | Ziad Osama Abdelfattah | 19 | SHAMS | NT | _____ |
| 5 | Zeyad Ekhaa Walaa Zaki | 15 | SMOHA | NT | _____ |
| 6 | Yasin Mohamed Abu Raya | 19 | TANTA | NT | _____ |
| 7 | Fahd Ahmed Mohamed | 15 | A S E C | NT | _____ |
| 8 | Yassin Ayman Moslhy | 15 | Elethad | NT | _____ |
| 9 | Malek Tarek Mohamed | 15 | Minia Sport Clup | NT | _____ |
| 10 | Omar Mohamed Ahmed Fat | 17 | SHOOT | NT | _____ |

Heat 7 of 76 Finals

| | | | | | |
|----|----------------------------|----|----------|----|-------|
| 1 | Ahmed Tamer Mostafa Seec | 19 | 6 OCT | NT | _____ |
| 2 | ezz el din Ihab | 15 | Sporting | NT | _____ |
| 3 | Ahmed Yahia Saied | 18 | Elethad | NT | _____ |
| 4 | Seif El Din Hamdy Husain I | 17 | DEGLA | NT | _____ |
| 5 | Seif Tarek Mohamed Raslan | 24 | ZMALK | NT | _____ |
| 6 | Essam Hassan Allam | 16 | GEZIR | NT | _____ |
| 7 | Mohamed Ahmed Abdelaal | 15 | HLWAN | NT | _____ |
| 8 | Yazid Ahmed Mohamed | 16 | Elethad | NT | _____ |
| 9 | Mohamed Mashhour Yehia | 19 | AHLY | NT | _____ |
| 10 | Mohab Naguib Mohamed | 15 | DEGLA | NT | _____ |

Heat 8 of 76 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Mazin Wael Ismail | 15 | Elethad | NT | _____ |
| 2 | Sohaib Khaled Emam | 21 | AHLY | NT | _____ |
| 3 | Yehia Karim Nabil Elzawaw | 18 | SMOHA | NT | _____ |
| 4 | Fares Mahmoud Mokhtar | 16 | Elethad | NT | _____ |
| 5 | Ali Moahmed Ali Salem | 15 | Olympic | NT | _____ |
| 6 | Omar Moamen Mohamed | 16 | Minia Sport Clup | NT | _____ |
| 7 | Mohamed Mahmoud Azab / | 21 | AHLY | NT | _____ |
| 8 | Mohamed Sameh Mohamed | 15 | Olympic | NT | _____ |
| 9 | Hessien Maher Mahmoud M | 18 | SHAMS | NT | _____ |
| 10 | Adham Ayman Esmael | 18 | Minia Sport Clup | NT | _____ |

Heat 9 of 76 Finals

| | | | | | |
|----|----------------------------|----|---------|----|-------|
| 1 | Yassien Abdelhamied Elsaye | 15 | SHAMS | NT | _____ |
| 2 | Yousif Mohamed Khalaf | 23 | SMOHA | NT | _____ |
| 3 | Ahmed Essam Yakot | 16 | A S E C | NT | _____ |
| 4 | Eyad Sayed Fadl Alla | 22 | ZOHUR | NT | _____ |
| 5 | Mohamud Mohamad Roshd | 16 | SMOHA | NT | _____ |
| 6 | Mohamed Hany Fathy | 17 | Elethad | NT | _____ |
| 7 | Malek Waled Ibrahim Hussi | 17 | SMOHA | NT | _____ |
| 8 | Omar Hany Fathy | 16 | A S E C | NT | _____ |
| 9 | Mohamed Hany Ahmed Has | 18 | SHAMS | NT | _____ |
| 10 | Zeiad Hamdy Amin Ossmar | 21 | ZMALK | NT | _____ |

Heat 10 of 76 Finals

| | | | | | |
|----|-------------------------|----|-----------------|----|-------|
| 1 | Amr Mostafa Kodb | 21 | SMOHA | NT | _____ |
| 2 | Adham Mohamed Abdelhali | 15 | ZOHUR | NT | _____ |
| 3 | Mohanad Ahmed Mohamed | 15 | TRSAN | NT | _____ |
| 4 | Marwan Ahmed Reda | 19 | Marina Sporting | NT | _____ |
| 5 | Hamza Ahmed Amer | 15 | GEZIR | NT | _____ |
| 6 | Adham Mohamed Rashad | 15 | MEG | NT | _____ |
| 7 | Kamal Tamer Awad Kamel | 16 | MRAC | NT | _____ |
| 8 | Zayed Alhassan Fouad | 16 | Tlaea El Ostol | NT | _____ |
| 9 | Mazen Ahmed Mohamed Al | 15 | Olympic | NT | _____ |
| 10 | amr Ayman Kamal Mohame | 16 | Zahraa Helwan | NT | _____ |

Heat 11 of 76 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Adham Ashraf Shawky Mol | 17 | ZMALK | NT | _____ |
| 2 | Gamal Metwaly Gamal Mol | 21 | ZOHUR | NT | _____ |
| 3 | Malek Tarek Salah Eldien | 15 | Elec | NT | _____ |
| 4 | Yassin Ebrahim Ragheb | 17 | Sporting | NT | _____ |
| 5 | Beshoy Gerges Weliam | 15 | Minia Sport Clup | NT | _____ |
| 6 | Basel Samir Abdelazim | 18 | TRSAN | NT | _____ |
| 7 | Ahmed Adel Eshak | 19 | DEGLA | NT | _____ |
| 8 | Ahmed Mohamed Ahmed A | 17 | DEGLA | NT | _____ |
| 9 | Yossef Elshamy | 16 | Canal Suez Port | NT | _____ |
| 10 | Omar Ahmed Salem | 16 | GHARB | NT | _____ |

Heat 12 of 76 Finals

| | | | | | |
|----|--------------------------|----|---------|----|-------|
| 1 | Zyad Mohamed Moawad | 19 | ZMALK | NT | _____ |
| 2 | Mark Micheal Edward | 15 | DEGLA | NT | _____ |
| 3 | Yousaf Sobhi Abdul Hamid | 16 | M.ARB | NT | _____ |
| 4 | Abd El Rahman Essam Abd | 17 | Ellaban | NT | _____ |
| 5 | Fares Ahmed Farouk | 16 | DEGLA | NT | _____ |
| 6 | Mahmoud Ramadan | 16 | SHARQ | NT | _____ |
| 7 | Youssef Abdel Hakeem Mol | 16 | DEGLA | NT | _____ |
| 8 | Ziad Ahmed Fayad | 15 | DEGLA | NT | _____ |
| 9 | Anas Amr Abdalla | 16 | GHABA | NT | _____ |
| 10 | Mohamed Yasser Mohamed | 16 | A S E C | NT | _____ |

Heat 13 of 76 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Omar Mostafa AbdELaziz | 15 | Police Club | NT | _____ |
| 2 | Ahmed Mohamed Shfiq | 16 | El Obour | NT | _____ |
| 3 | Adam Amr Amin | 15 | SMOHA | NT | _____ |
| 4 | Mahmuod Mohamed abo el | 15 | A S E C | NT | _____ |
| 5 | Mohamed Magdy Abdo | 16 | Police Club | NT | _____ |
| 6 | Yousif Ahmed EL Mogy | 18 | SHOOT | NT | _____ |
| 7 | Abdallah Abdelrahman Man | 15 | Stad Mansoura | NT | _____ |
| 8 | Ahmed Mohamed Rashed G | 16 | A S E C | NT | _____ |
| 9 | Karim Magdy Mohamed | 15 | ZMALK | NT | _____ |
| 10 | Hussien Marwan Badr | 17 | Sporting | NT | _____ |

Heat 14 of 76 Finals

| | | | | | |
|----|-------------------------|----|----------|----|-------|
| 1 | AhmedEssam El-Sayed | 16 | K.S.C | NT | _____ |
| 2 | Makar Romany Rasla | 16 | SMASH | NT | _____ |
| 3 | Mohamed Ahmed Hassan | 16 | MEG | NT | _____ |
| 4 | Zyad Esam Farouk | 16 | TRSAN | NT | _____ |
| 5 | Abdel Rahman Ebrahim Mc | 17 | 6 OCT | NT | _____ |
| 6 | Ziad Abdallah Zakria | 17 | NASR | NT | _____ |
| 7 | Selim Mohamed Essawy | 15 | Sporting | NT | _____ |
| 8 | Hassan Ahmed Ehab Wahby | 16 | HELOP | NT | _____ |
| 9 | Farouk Mohamed Moharam | 16 | DEGLA | NT | _____ |
| 10 | Mansour Mohamed Mousa l | 15 | Elec | NT | _____ |

Heat 15 of 76 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Ahmed Tamer Abdel Lattif | 17 | Sporting | NT | _____ |
| 2 | Yahia Mohamed Mahmoud | 15 | Sporting | NT | _____ |
| 3 | Amr Khaled Ahmed | 15 | Minia Sport Clup | NT | _____ |
| 4 | Fares Ahmed Abdellatif | 15 | Elethad | NT | _____ |
| 5 | Mohamed Ahmed Mohamec | 15 | GHABA | NT | _____ |
| 6 | Gasser Mostafa Ali | 16 | SHROK | NT | _____ |
| 7 | Yassin Ahmed Nabil | 16 | Sporting | NT | _____ |
| 8 | Mostafa Mahmoud Mohame | 16 | Elethad | NT | _____ |
| 9 | Yassin Mohamed Sobhy | 16 | DEGLA | NT | _____ |
| 10 | Mohamed Mourad Farouk M | 15 | Olympic | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 16 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|-------------------------|----|----------|----|-------|
| 1 | Ahmed Ibrahim Fouaad | 15 | SMOHA | NT | _____ |
| 2 | Adham Hesén Foud | 15 | TALBE | NT | _____ |
| 3 | Abd ElRahman Mohamed A | 19 | SHOOT | NT | _____ |
| 4 | Zied Ahmed Saied | 15 | SHOOT | NT | _____ |
| 5 | Mohamed Ahmed Abd El H | 15 | DEGLA | NT | _____ |
| 6 | Ahmed Moharam Elsayed | 19 | DEGLA | NT | _____ |
| 7 | Adam Mohamed Aboelfetof | 15 | A S E C | NT | _____ |
| 8 | Adham Wael Zeyad | 15 | Sporting | NT | _____ |
| 9 | Aly Mohamed Aly | 17 | Sporting | NT | _____ |
| 10 | Mahmoud Gamal Mahmoud | 16 | Rio | NT | _____ |

Heat 17 of 76 Finals

| | | | | | |
|----|---------------------------|----|-------|----|-------|
| 1 | Malek Mohab Taha Moham | 18 | GHARB | NT | _____ |
| 2 | Abdallah Mostafa Abdallah | 16 | DEGLA | NT | _____ |
| 3 | Youssef Mohamed Khedr | 15 | SMOHA | NT | _____ |
| 4 | Ashraf Mohamed ali Mohan | 24 | Elec | NT | _____ |
| 5 | Omar Mohamed Hossny Ho | 20 | TRSAN | NT | _____ |
| 6 | Yousef Ahmed m. Elgazzar | 16 | TANTA | NT | _____ |
| 7 | Ahmed Mostafa Mohamed | 16 | TRSAN | NT | _____ |
| 8 | Ahmed Ahmed Sherif El Sh | 15 | GEZIR | NT | _____ |
| 9 | Mazen Amr Fekry Said | 15 | DEGLA | NT | _____ |
| 10 | Mohamed Ahmed Fahmy | 17 | TANTA | NT | _____ |

Heat 18 of 76 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Tarek Mohamed Ragab | 16 | Minia Sport Clup | NT | _____ |
| 2 | Yousf Aymn Ebrahim Ahme | 19 | 6 OCT | NT | _____ |
| 3 | Ziad Ahmed Barghash | 16 | ZMALK | NT | _____ |
| 4 | Saifaldin Shadi Zakaria | 16 | Qaroun | NT | _____ |
| 5 | Samy Ali Ibrahim Ibrahim | 15 | City Club | NT | _____ |
| 6 | Yousef Waled Al Sayed Al | 22 | GEZIR | NT | _____ |
| 7 | Mohamed Tarek Mohamed | 16 | Olympic | NT | _____ |
| 8 | Hazem Mohamed Essam | 17 | A S E C | NT | _____ |
| 9 | Fo'ad Haitham | 21 | SMOHA | NT | _____ |
| 10 | Yousfe Mahmud Mohamed | 17 | SHOOT | NT | _____ |

Heat 19 of 76 Finals

| | | | | | |
|----|--------------------------|----|---------|----|-------|
| 1 | Abdelrahman Mohamed Ab | 16 | Elethad | NT | _____ |
| 2 | Sohiel Mohamed Ahmed Ha | 15 | DEGLA | NT | _____ |
| 3 | Saif Mohamed Mahmoud M | 16 | SHOOT | NT | _____ |
| 4 | Yasin HossamEldin | 21 | SMOHA | NT | _____ |
| 5 | A.Rahman Mohamed Salem | 16 | DEGLA | NT | _____ |
| 6 | Zeiad Ahmed Abdelazim At | 22 | MAADI | NT | _____ |
| 7 | Adm Ahmed Yousief | 15 | Cairo | NT | _____ |
| 8 | Mohamed Amr Hussein | 18 | DEGLA | NT | _____ |
| 9 | Moemen Omar Mahmoud S | 16 | 6 OCT | NT | _____ |
| 10 | Mohanad Mokhtar Mahmou | 15 | DEGLA | NT | _____ |

Heat 20 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Moataz Mohamed Ibrahim | 15 | SMOHA | NT | _____ |
| 2 | Mohamed Reda Mahmoed | 16 | BNK.G | NT | _____ |
| 3 | Mouz Eslam Mohamad Elsa | 16 | SMOHA | NT | _____ |
| 4 | Ahmed Hany Metwally | 16 | K.S.C | NT | _____ |
| 5 | Hassn Ramy Ahmed | 17 | Sporting | NT | _____ |
| 6 | Aly Hossam Eldin Tawfik | 15 | DEGLA | NT | _____ |
| 7 | Ahmed Mohamed Fathy Ha | 15 | Bank Ahly Alex | NT | _____ |
| 8 | Mazen Ibrahim Ahmed Shol | 17 | SMOHA | NT | _____ |
| 9 | Mohamed Ahmed Salah | 17 | SHOOT | NT | _____ |
| 10 | Moaz Yasser Mohamed | 16 | Luxor Club | NT | _____ |

Heat 21 of 76 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Salem Hassan Salem Abdel | 16 | NASR | NT | _____ |
| 2 | Seif Mohamed Said | 15 | Minia Sport Clup | NT | _____ |
| 3 | Mohamed Waleed Mohamec | 15 | DEGLA | 48.02 | _____ |
| 4 | Mohamed Maarof Hosny | 15 | Zahraa Helwan | 41.67 | _____ |
| 5 | Moustafa Ahmed Moustafa | 15 | A S E C | 41.11 | _____ |
| 6 | Zyad Mostafa Helmy Matar | 15 | Palm Hills | 41.21 | _____ |
| 7 | Ibrahim Waleed Ibrahim Fo | 15 | Olympic | 42.57 | _____ |
| 8 | Omar Shaaban | 15 | SHARQ | NT | _____ |
| 9 | Aser Mohamed Adel Ahmec | 16 | Elethad | NT | _____ |
| 10 | Ahmed Ehab El Sayed Abd | 15 | DEGLA | NT | _____ |

Heat 22 of 76 Finals

| | | | | | |
|----|-------------------------|----|------------------|-------|-------|
| 1 | Mohamed Ahmed Mostafa | 15 | Elethad | 39.58 | _____ |
| 2 | Mostafa Mahmoud ali | 16 | GOLDY | 38.02 | _____ |
| 3 | Yossuf Mohamed Yassen | 15 | Ellaban | 37.82 | _____ |
| 4 | Yassin Tariq Abdelgany | 15 | Tlaea El Ostol | 37.62 | _____ |
| 5 | Mahmoud Ahmed Ghareb A | 15 | Olympic Champion | 37.50 | _____ |
| 6 | Mahmoud Walid Gebril | 15 | DEGLA | 37.61 | _____ |
| 7 | Omar Ahmed Essa Essa | 15 | Olympic | 37.73 | _____ |
| 8 | Mohamed Ahmed Abdelsata | 15 | TANTA | 37.94 | _____ |
| 9 | Omar Hosam Mohamed Mo | 16 | Matrix | 38.60 | _____ |
| 10 | Ahmed Hany Gomaa | 15 | Ellaban | 40.63 | _____ |

Heat 23 of 76 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | Mohamed Motaaz Kamal | 15 | Ismaily | 37.12 | _____ |
| 2 | Karim Mohamed Kamal | 15 | SMOHA | 36.77 | _____ |
| 3 | Nour Eldin Ashraf Araby El | 15 | Elethad | 36.68 | _____ |
| 4 | Ahmed Hassan Reyad | 15 | DEGLA | 36.59 | _____ |
| 5 | Malek Ahmed Farouk | 15 | ZOHUR | 36.26 | _____ |
| 6 | Adham Tamer Saied Mohan | 15 | A S E C | 36.50 | _____ |
| 7 | Yassin Osama Desouki | 17 | DEGLA | 36.61 | _____ |
| 8 | Mohamed Alaa Wafa | 15 | Tlaea El Ostol | 36.71 | _____ |
| 9 | Keven Latif Farag | 16 | DEGLA | 36.78 | _____ |
| 10 | Shehab Eldin Hassan Ahme | 15 | DEGLA | 37.46 | _____ |

Heat 24 of 76 Finals

| | | | | | |
|----|----------------------------|----|-----------|-------|-------|
| 1 | Hussein Sharif Ahmed El Al | 15 | GEZIR | 36.06 | _____ |
| 2 | Hamza Mohamed Elmoham | 16 | ZMALK | 35.83 | _____ |
| 3 | Yassin Amr Abohamar | 16 | TANTA | 35.73 | _____ |
| 4 | Yassien Mohamed Fouad M | 15 | A S E C | 35.51 | _____ |
| 5 | Yehia Mohamed Atef | 15 | DEGLA | 35.18 | _____ |
| 6 | Ahmed Tawfiq Tariq Al-Mir | 15 | Swim Home | 35.48 | _____ |
| 7 | Mathew George Salib | 15 | DEGLA | 35.72 | _____ |
| 8 | Yassin Ahmed Ibrahim Khal | 15 | DEGLA | 35.74 | _____ |
| 9 | Mohamed Hany Ahmed | 15 | DEGLA | 36.04 | _____ |
| 10 | Ahmed Atef Abo Bakr | 15 | Y.M.C.A | 36.15 | _____ |

Heat 25 of 76 Finals

| | | | | | |
|----|---------------------------|----|-----------|-------|-------|
| 1 | Mohamed Ahmed Ibrahim T | 15 | Elethad | 35.00 | _____ |
| 2 | Adham Mohamed Omar | 15 | DEGLA | 34.95 | _____ |
| 3 | Ahmed Amr Ahmed Mansou | 15 | Ellaban | 34.89 | _____ |
| 4 | Omar Mohamed Saber | 16 | El Obour | 34.73 | _____ |
| 5 | Ahmed Sherif Osman Ahme | 17 | GHABA | 34.65 | _____ |
| 6 | Karim Sherif Mostafa Kame | 15 | DEGLA | 34.66 | _____ |
| 7 | Aly Mohamed Abd Elmotell | 15 | Y.M.C.A | 34.85 | _____ |
| 8 | Mamen Ebarhim El Doseke | 15 | City Club | 34.90 | _____ |
| 9 | Seif El Din Mohamed Omar | 15 | DEGLA | 34.97 | _____ |
| 10 | Omar Marwan Badr | 17 | Sporting | 35.11 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 26 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mazen Mohamed Ahmed | 15 | A S E C | 34.32 | _____ |
| 2 | Omar Ahmed Aly | 15 | Y.M.C.A | 34.18 | _____ |
| 3 | Shehab Ahmed Omar Abou | 17 | 6 OCT | 33.98 | _____ |
| 4 | Omar Moustafa Mahamed N | 16 | HELDO | 33.93 | _____ |
| 5 | Hossam Mohamed Attia | 15 | Meit Khakan | 33.89 | _____ |
| 6 | Khaled Mohamed Ezzat Ab | 16 | TRSAN | 33.91 | _____ |
| 7 | Yassin Alaa Mohamed | 15 | DEGLA | 33.96 | _____ |
| 8 | Omer Mohamed Saeid Othn | 16 | Bank Ahly Alex | 34.13 | _____ |
| 9 | Zeyad Tamer Abd Elsalam | 15 | DEGLA | 34.30 | _____ |
| 10 | Mohamed Mostafa aly Hasa | 15 | TANTA | 34.62 | _____ |

Heat 27 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Mazen Ahmed Lottfy | 15 | Elethad | 33.87 | _____ |
| 2 | Hasan Tarek Hasan Abdel B | 15 | DEGLA | 33.84 | _____ |
| 3 | Shady Ahmed Mohamed Ra | 15 | DEGLA | 33.82 | _____ |
| 4 | Omar Hany Abdelmeneim | 15 | SMOHA | 33.76 | _____ |
| 5 | Mahmoud Moataz Mahmou | 15 | TALBE | 33.74 | _____ |
| 6 | Mohamed Mostafa Sayed | 15 | Pegasus Club | 33.76 | _____ |
| 7 | Ahmed Hossamm Saied | 15 | Cairo | 33.77 | _____ |
| 8 | Osama Mohamed Ashour | 15 | A S E C | 33.84 | _____ |
| 9 | Yihya Mohamed Awad Hem | 15 | Bank Ahly Alex | 33.86 | _____ |
| 10 | Kareem Hasssan Ali Hegazy | 15 | Palm Hills | 33.88 | _____ |

Heat 28 of 76 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Yossef Khaled Mohamed El | 16 | GHABA | 33.55 | _____ |
| 2 | Mohamed Ibrahim Kotb | 15 | DEGLA | 33.50 | _____ |
| 3 | Mohamed Ahmed Mohamec | 16 | Ellaban | 33.47 | _____ |
| 4 | Adham Ashraf Mohamed Al | 15 | DEGLA | 33.42 | _____ |
| 5 | Yousef Ahmed Elkomy | 16 | el Shark Club | 33.34 | _____ |
| 6 | Ahmed Shawkat Elserafy | 15 | SMOHA | 33.37 | _____ |
| 7 | Moaz Islam Hussain Ismai | 16 | Elethad | 33.44 | _____ |
| 8 | Yassin Mohamed Anwar | 15 | SMOHA | 33.48 | _____ |
| 9 | Yassin Farghaly | 15 | Sporting | 33.53 | _____ |
| 10 | Seif Eldin Wael Mohamed | 17 | A S E C | 33.55 | _____ |

Heat 29 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Shrif Ahmed | 15 | Tlaea El Ostol | 33.31 | _____ |
| 2 | Moustafa Anwar Moustafa | 15 | Bitash | 33.29 | _____ |
| 3 | Ziad Mohamed Mohamed L | 15 | MRAC | 33.23 | _____ |
| 4 | Asser Fahmy Elsaid | 15 | Bank Ahly Alex | 33.21 | _____ |
| 5 | Abdelrahman Hesham Fawz | 15 | DEGLA | 33.17 | _____ |
| 6 | Mazen Mohamed Hegazi | 17 | SHOOT | 33.17 | _____ |
| 7 | Yassin Mohamed Abd Elaziz | 15 | ZOHUR | 33.22 | _____ |
| 8 | Eyad Mohamed Hussien | 15 | DEGLA | 33.24 | _____ |
| 9 | Amr Basem Kamal Salam | 15 | SHRKS | 33.30 | _____ |
| 10 | Youssef Ahmed Ratb | 16 | Elethad | 33.33 | _____ |

Heat 30 of 76 Finals

| | | | | | |
|----|----------------------------|----|------------------|-------|-------|
| 1 | Souhaib Mohamed Fathy M | 16 | Olympic | 33.11 | _____ |
| 2 | Abd Elrahman Mostafa Ma | 17 | ZOHUR | 33.04 | _____ |
| 3 | Seif Mohamed Esmail Abode | 15 | TANTA | 32.89 | _____ |
| 4 | Abd Alla Amr Ali Ahmed | 16 | ZOHUR | 32.88 | _____ |
| 5 | Mohamed Alaa Metwally | 15 | Elethad | 32.85 | _____ |
| 6 | Youssef Antar Mostafa | 15 | ENPPI | 32.87 | _____ |
| 7 | Omar Elsayed Abdelfattah A | 15 | Olympic | 32.88 | _____ |
| 8 | Mostafa Mohamed Abdelrac | 15 | Elethad | 32.98 | _____ |
| 9 | Hazem Mohamed Abd Elhai | 16 | ZOHUR | 33.06 | _____ |
| 10 | Nour Elden Mohamed Moh | 17 | Olympic Champion | 33.12 | _____ |

Heat 31 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mohamed Elsayd Hassen Ac | 16 | Elethad | 32.81 | _____ |
| 2 | Abdelrahman Ahmed Saad | 15 | Elethad | 32.75 | _____ |
| 3 | Fares Mohamed Mostafa | 15 | DEGLA | 32.72 | _____ |
| 4 | Moez Karim Mohamed Ibra | 15 | Bank Ahly Alex | 32.66 | _____ |
| 5 | Omar Tarek El Sabe | 15 | DEGLA | 32.53 | _____ |
| 6 | Youssef Mostafa Gamal | 15 | DEGLA | 32.57 | _____ |
| 7 | Taquideen ali | 15 | Sporting | 32.69 | _____ |
| 8 | Ismaiel Tamer Ismaiel | 16 | SHAMS | 32.74 | _____ |
| 9 | Zyad Ahmed Said | 16 | TRSAN | 32.76 | _____ |
| 10 | Fares Yaser Shawky | 16 | DEGLA | 32.82 | _____ |

Heat 32 of 76 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Ahmed Hassan Ibrahim | 16 | DEGLA | 32.46 | _____ |
| 2 | Ahmed Waled Ali | 17 | SMOHA | 32.45 | _____ |
| 3 | Abdelrahman Hossam Helm | 15 | Stad Mansoura | 32.36 | _____ |
| 4 | Karem Emad Reda | 17 | DEGLA | 32.34 | _____ |
| 5 | Ayad Hossam Ahmed | 16 | BNK.G | 32.31 | _____ |
| 6 | omr Tamer Elsaed Elroby | 17 | Elethad | 32.32 | _____ |
| 7 | Mohamed Shady Mohamed | 16 | DEGLA | 32.35 | _____ |
| 8 | Ahmed Talaat Kamal Hekal | 16 | Matrix | 32.38 | _____ |
| 9 | Ahmed Waild Mohamed | 17 | A S E C | 32.45 | _____ |
| 10 | Yousef Ahmed Mohamed | 15 | SHRKS | 32.51 | _____ |

Heat 33 of 76 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Mohab Mohamed abu Elhas | 15 | TANTA | 32.29 | _____ |
| 2 | Hamza Sherief Hamed Ahm | 15 | ZMALK | 32.26 | _____ |
| 3 | Mostafa Mohamed Faruok | 17 | SHOOT | 32.23 | _____ |
| 4 | Faris Mohamed Adel | 16 | el Shark Club | 32.20 | _____ |
| 5 | Ahmed Mostafa Moafy | 15 | Tlaea El Ostol | 32.19 | _____ |
| 6 | Karim Mohamed Mahlab | 16 | MAADI | 32.20 | _____ |
| 7 | Zidan Ahmed Mohamed Far | 15 | Club S | 32.23 | _____ |
| 8 | Mohamed Tarek Mohamed t | 17 | SMOHA | 32.25 | _____ |
| 9 | Mohaned Wael Abdo Awad | 16 | DEGLA | 32.28 | _____ |
| 10 | Mohamed amr Ibrahim | 15 | BNK.G | 32.31 | _____ |

Heat 34 of 76 Finals

| | | | | | |
|----|----------------------------|----|---------|-------|-------|
| 1 | Yassen Waleed Yousry | 15 | MRAC | 32.11 | _____ |
| 2 | Abdulla Nasser Mostafa Alf | 16 | ZOHUR | 32.10 | _____ |
| 3 | Abd Elrahman Mohamed H | 15 | SHOOT | 32.08 | _____ |
| 4 | Mohanad Yasser Salah | 16 | A S E C | 32.00 | _____ |
| 5 | Eiad Ahmed Mohamed Aly | 15 | A S E C | 31.91 | _____ |
| 6 | Omr Ashraf Ali | 18 | Elethad | 31.95 | _____ |
| 7 | Yasen Shref Hasan | 15 | HELOP | 32.04 | _____ |
| 8 | Abdelrahman Emadeldein H | 15 | SMOHA | 32.10 | _____ |
| 9 | Adam Mahmoud Abdelmor | 16 | ZMALK | 32.10 | _____ |
| 10 | Mazin Mohamed Ahmed At | 16 | ENPPI | 32.14 | _____ |

Heat 35 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Sameh Kamal | 15 | SMOHA | 31.84 | _____ |
| 2 | Omar Eslam Abdelfatah Ha | 15 | Gezira El Ward | 31.75 | _____ |
| 3 | Yahia Mohamed Yahia | 18 | Elethad | 31.72 | _____ |
| 4 | Mohamed Ismal El Sayed Is | 16 | A S E C | 31.66 | _____ |
| 5 | Mahmoud Hesham Fatouh | 15 | SMOHA | 31.65 | _____ |
| 6 | Ahmed Wahid Mohamed | 16 | ZOHUR | 31.65 | _____ |
| 7 | abd Elrhman Mohamed Bak | 17 | Elethad | 31.68 | _____ |
| 8 | Ahmed Essam Beshry | 15 | DEGLA | 31.73 | _____ |
| 9 | Marawan Medhat El Fadaly | 16 | DEGLA | 31.76 | _____ |
| 10 | Ahmed Mokhtar Fayez | 16 | Pegasus Club | 31.89 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 36 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|---------------------------|----|---------------|-------|-------|
| 1 | Ahmed Mohamed Amin Elb | 15 | Stad Mansoura | 31.59 | _____ |
| 2 | Hussaein Ahmed Hussaein / | 15 | GEZIR | 31.58 | _____ |
| 3 | Marwan Ayman Saleh | 15 | Elethead | 31.55 | _____ |
| 4 | Omar Walid Hatem | 16 | DEGLA | 31.50 | _____ |
| 5 | Mostafa Mohamed Ibrahim | 16 | FAROS | 31.46 | _____ |
| 6 | Adham Mostafa Mohamed | 15 | Y.M.C.A | 31.46 | _____ |
| 7 | Nour Nasser Ahmed Gadelk | 16 | Olympic | 31.50 | _____ |
| 8 | Yassien Ahmed Ahmed Ash | 17 | SMOHA | 31.56 | _____ |
| 9 | Ziad Osama Abdel Fatah M | 23 | DEGLA | 31.58 | _____ |
| 10 | Ziad Ahmed Ali | 15 | DEGLA | 31.60 | _____ |

Heat 37 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Omar Hany Sayed Khalel | 17 | DEGLA | 31.45 | _____ |
| 2 | Ziad Ahmed abd Elhamid | 18 | ENPPI | 31.43 | _____ |
| 3 | Mazen Amr Abdellatif Awac | 15 | Elethead | 31.42 | _____ |
| 4 | Abdelrahman Ashraf Nabeil | 16 | ZMALK | 31.36 | _____ |
| 5 | Hassan Ezz Eldin Ahmed St | 19 | DEGLA | 31.30 | _____ |
| 6 | Safyelrhman Ebrahim Souli | 16 | Olympic | 31.32 | _____ |
| 7 | Yasen Ahmed Abozied | 15 | MRAC | 31.42 | _____ |
| 8 | Omer Ahmed Abo Bakr | 16 | SHOOT | 31.43 | _____ |
| 9 | Zeyad Hamza Mohamed | 18 | A S E C | 31.44 | _____ |
| 10 | Ibrahim Mohamed Ibrahim | 15 | GEZIR | 31.45 | _____ |

Heat 38 of 76 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | Omer Adil Ismat Moani | 17 | SUDAN | 31.27 | _____ |
| 2 | Ali Ahmed Aadel Mosleh | 17 | 6 OCT | 31.27 | _____ |
| 3 | Abdelrhman Fesal Mohame | 15 | A S E C | 31.22 | _____ |
| 4 | Adam Ehab Gamal | 15 | DEGLA | 31.15 | _____ |
| 5 | Ali Mohamed Atia | 15 | Stad Mansoura | 31.12 | _____ |
| 6 | Zain Adel Fawzy | 15 | K.S.C | 31.13 | _____ |
| 7 | Yousef Mohamed Abdelraou | 17 | Al Shehk Zaeid | 31.17 | _____ |
| 8 | Yassin Mohamed Hassan | 17 | Elethead | 31.26 | _____ |
| 9 | Mahmoud Amr El-shobaki | 16 | SHOOT | 31.27 | _____ |
| 10 | Youseif Moustafa Abdelsala | 16 | ZMALK | 31.30 | _____ |

Heat 39 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Abd Elaziz Mohamed Abd I | 16 | ZOHUR | 31.09 | _____ |
| 2 | Yazed Ahmed Ibrahim | 15 | A S E C | 31.02 | _____ |
| 3 | Mohamed Hossam el din Sa | 16 | DEGLA | 30.99 | _____ |
| 4 | Ahmed Waled Asaad | 15 | Al Shehk Zaeid | 30.94 | _____ |
| 5 | Islam Farag Saleh | 16 | DEGLA | 30.93 | _____ |
| 6 | Adham Ahmed Mohamed | 16 | 6 OCT | 30.94 | _____ |
| 7 | Zien El Hashash | 15 | Sporting | 30.98 | _____ |
| 8 | omr abd Elrhman ali | 17 | Elethead | 31.01 | _____ |
| 9 | Omar Ahmed El Bostany | 15 | SHOOT | 31.03 | _____ |
| 10 | Adam Ayman Wageh | 18 | DEGLA | 31.09 | _____ |

Heat 40 of 76 Finals

| | | | | | |
|----|--------------------------|----|--------------|-------|-------|
| 1 | Moemen Ayman Ahmed | 16 | Al Hawar | 30.90 | _____ |
| 2 | Omar Sherif Sarhan | 15 | TANTA | 30.87 | _____ |
| 3 | Mohammed Ahmed Elsaeed | 17 | MRAC | 30.84 | _____ |
| 4 | Sief Ayman El Said | 20 | Sporting | 30.81 | _____ |
| 5 | Seif Tamer Abd Elaziz | 17 | El Obour | 30.80 | _____ |
| 6 | Eyad Wael Abdelkader | 16 | El Mostakbal | 30.80 | _____ |
| 7 | Hussien Mohamed El Rashe | 17 | Sporting | 30.82 | _____ |
| 8 | Mohamad Kaled Mohamad | 16 | SMOHA | 30.86 | _____ |
| 9 | Yasen Ahmad gad | 15 | HELOP | 30.88 | _____ |
| 10 | Ziad Mohamed Atef Mohan | 15 | DEGLA | 30.90 | _____ |

Heat 41 of 76 Finals

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | Ahmed Mohamed Gamal | 15 | DEGLA | 30.75 | _____ |
| 2 | Yahya Mahmoud Mokhtar A | 17 | Olympic | 30.73 | _____ |
| 3 | Omar Ibrahim Hamdy | 15 | DEGLA | 30.72 | _____ |
| 4 | Ahmed Hatem Hosny | 18 | DEGLA | 30.71 | _____ |
| 5 | Khaled Mohamed Elsyed Ta | 18 | SMOHA | 30.67 | _____ |
| 6 | Mahmoud Elsayed eid Okda | 16 | TANTA | 30.69 | _____ |
| 7 | Ahmed Hany Sayed | 15 | DEGLA | 30.71 | _____ |
| 8 | Aly Ebrahim Mohamed | 15 | Y.M.C.A | 30.73 | _____ |
| 9 | ans Ibrahim Mahmoud | 18 | Police Club | 30.75 | _____ |
| 10 | Mostafa Tamer Elsayed Heg | 18 | TANTA | 30.77 | _____ |

Heat 42 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Adam Mohamed Eldejwy | 16 | Meit Khakan | 30.62 | _____ |
| 2 | Kress Nader abd Elsaid | 17 | Cairo | 30.60 | _____ |
| 3 | Abdelrahman Ahmed Ali Al | 17 | Bank Ahly Alex | 30.56 | _____ |
| 4 | Yahya Ehab Hashish | 15 | SHOOT | 30.55 | _____ |
| 5 | Omar Shrief Ahmed Ahmed | 17 | SMOHA | 30.52 | _____ |
| 6 | Assr Ahmed Mohamed | 15 | El Obour | 30.53 | _____ |
| 7 | Youssef Islam Fathy | 15 | Elethead | 30.55 | _____ |
| 8 | Abdulrahman Abdulla al Dh | 16 | SHOOT | 30.59 | _____ |
| 9 | Yassen Allaelden Arafa | 15 | Bitash | 30.61 | _____ |
| 10 | Abdelharman Moahmed Mh | 18 | SMOHA | 30.62 | _____ |

Heat 43 of 76 Finals

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | Idris Ibrahim Mohammed | 17 | BNK.G | 30.49 | _____ |
| 2 | Ibrahim Mahmoud Fathy | 16 | SHOOT | 30.44 | _____ |
| 3 | Salah Abdelhamid Salah | 15 | SMOHA | 30.43 | _____ |
| 4 | Seif Mohamed Khalil Fathy | 16 | TANTA | 30.42 | _____ |
| 5 | Yousef Mohamed Salah | 18 | A S E C | 30.40 | _____ |
| 6 | Hassan Ahmed EL Serafe | 15 | HELOP | 30.40 | _____ |
| 7 | Hamza Mohamed Ahmed | 18 | A S E C | 30.43 | _____ |
| 8 | Ahmed Mostafa Abdel Kaw | 15 | DEGLA | 30.44 | _____ |
| 9 | Ahmed Mostafa Ahmed | 15 | Police Club | 30.48 | _____ |
| 10 | Mohamed Nader Mohamed | 16 | A S E C | 30.50 | _____ |

Heat 44 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Moamen Ahmed Fekry | 17 | A S E C | 30.37 | _____ |
| 2 | Youssef Ahmed Gaber Hass | 15 | SMOHA | 30.36 | _____ |
| 3 | Sief Ahmed Farouk | 16 | ZOHUR | 30.33 | _____ |
| 4 | Youssef Ahmed Sayed Huss | 15 | 6 OCT | 30.28 | _____ |
| 5 | Mohamed Wahid Ahmed At | 16 | MAADI | 30.28 | _____ |
| 6 | Amer Akram Yosef Eskande | 15 | Al Hawar | 30.28 | _____ |
| 7 | Abdalla Mohamed Abdelmg | 17 | GHABA | 30.32 | _____ |
| 8 | Omar Haitham Omran | 17 | TANTA | 30.33 | _____ |
| 9 | Zeyad Ahmed Bhaa Al din | 19 | ENPPI | 30.37 | _____ |
| 10 | Mahmoud Ahmed Mohamec | 16 | A S E C | 30.37 | _____ |

Heat 45 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Omar Aed Rashwen Ahmed | 17 | El Obour | 30.25 | _____ |
| 2 | Marwan Ebrahim Mohamed | 15 | SHRKS | 30.24 | _____ |
| 3 | Adham Ahmad Mahmud | 18 | SMOHA | 30.22 | _____ |
| 4 | Karim Ahmed Mohsen Abde | 18 | SMOHA | 30.19 | _____ |
| 5 | Abdelrhman Mohamed Ahr | 16 | DEGLA | 30.17 | _____ |
| 6 | Ibrahim Mohamed Ibrahim | 18 | SMOHA | 30.19 | _____ |
| 7 | Aly Osama Ahmed Mohame | 16 | Olympic | 30.20 | _____ |
| 8 | Abd El Rahman Awad Moha | 15 | DEGLA | 30.24 | _____ |
| 9 | Seif Mohamed Elsayed Moh | 15 | Olympic | 30.25 | _____ |
| 10 | Anas Hazem Yosray | 16 | TALBE | 30.27 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 46 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|----------------------------|----|------------------|-------|-------|
| 1 | Yassin Hatem Abdel Rahma | 15 | SHOOT | 30.15 | _____ |
| 2 | Danial Fady Atef | 15 | DEGLA | 30.09 | _____ |
| 3 | Omar Tamer Issa | 16 | RWAD | 30.08 | _____ |
| 4 | Omar Ahmed Abdehafiz | 16 | ZMALK | 30.07 | _____ |
| 5 | Amar Ayman Taha Abo Nea | 15 | Olympic Champion | 30.05 | _____ |
| 6 | Omr Tamer Mostfa Sayed | 16 | 6 OCT | 30.07 | _____ |
| 7 | Yassien Youssief Abdelnaby | 17 | SMOHA | 30.08 | _____ |
| 8 | Omar Mohamed Mostafa | 16 | El Obour | 30.08 | _____ |
| 9 | Mohamed Ziad Sharaf Diab | 15 | SMOHA | 30.10 | _____ |
| 10 | Ahmad Amr Adel Abaza | 16 | SMOHA | 30.16 | _____ |

Heat 47 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Omar Hashem Mohamed | 15 | Wave | 30.03 | _____ |
| 2 | Bassel Mostafa Mohamed | 16 | DEGLA | 30.02 | _____ |
| 3 | Anas Mohamed Nabil | 15 | DEGLA | 30.01 | _____ |
| 4 | Aser Eslam Safwathussien | 15 | TANTA | 29.99 | _____ |
| 5 | Yassen Tayie Mohamed Tay | 16 | Bank Ahly Alex | 29.94 | _____ |
| 6 | Hazem Mohamed Elsaïd | 15 | SMOHA | 29.98 | _____ |
| 7 | Yasser Hosny Mohamed M | 16 | DEGLA | 30.01 | _____ |
| 8 | Omar Alla Eldin Mahmoud | 16 | Pegasus Club | 30.01 | _____ |
| 9 | Omar Abdalaah Magdy | 16 | ZMALK | 30.02 | _____ |
| 10 | Youssef Sameh Ahmed Zaie | 16 | SHOOT | 30.04 | _____ |

Heat 48 of 76 Finals

| | | | | | |
|----|---------------------------|----|---------------|-------|-------|
| 1 | Youssef Galal Sayed | 16 | DEGLA | 29.90 | _____ |
| 2 | Mohamed Waled Taher | 16 | RWAD | 29.88 | _____ |
| 3 | Ahmed Hamed Ahmed Mos | 17 | Stad Mansoura | 29.88 | _____ |
| 4 | Abdelrahman Khaled Fathy | 17 | SMOHA | 29.86 | _____ |
| 5 | Ahmed Arafah Shehata | 20 | HLWAN | 29.83 | _____ |
| 6 | Mahmoud Tamer Mahmoud | 18 | DEGLA | 29.86 | _____ |
| 7 | Omar Adel Ishaq | 16 | DEGLA | 29.87 | _____ |
| 8 | Yousef Hisham Mahmoud | 15 | ZMALK | 29.88 | _____ |
| 9 | Abdalla Ashraf abd Elmona | 16 | MAY15 | 29.90 | _____ |
| 10 | Omar Adel A.Aziz | 16 | DEGLA | 29.92 | _____ |

Heat 49 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Ehab Ashraf Ebrahim esa | 16 | TANTA | 29.82 | _____ |
| 2 | Mohamed Hany Elsebakhy | 17 | SMOHA | 29.80 | _____ |
| 3 | Omar Abdalla Ibrahim | 17 | Sporting | 29.77 | _____ |
| 4 | Ahmad Haisam Mohamed | 15 | TALBE | 29.75 | _____ |
| 5 | Adam Mohamed Abdelmeni | 17 | GHABA | 29.75 | _____ |
| 6 | Ahmed Waleed | 17 | Sporting | 29.75 | _____ |
| 7 | Yasen Ahm. Abd ElHay Soi | 18 | GEZIR | 29.76 | _____ |
| 8 | Mohamed Hesham Abdelmc | 15 | SMOHA | 29.79 | _____ |
| 9 | Yassin usama Farouk | 15 | TRSAN | 29.81 | _____ |
| 10 | Abdel Rahman Mohamed M | 19 | El Obour | 29.83 | _____ |

Heat 50 of 76 Finals

| | | | | | |
|----|---------------------------|----|-----------------|-------|-------|
| 1 | Amar Hazem Zakey Zakare | 16 | SMOHA | 29.74 | _____ |
| 2 | Mohamed amr Shaban | 17 | OLMPA | 29.72 | _____ |
| 3 | Omar Ibrahim Elshahat Eln | 19 | SMOHA | 29.70 | _____ |
| 4 | Yousef Ashraf Mohamed | 15 | NASR | 29.68 | _____ |
| 5 | Omar Tamer Salah Mohame | 15 | Bank Ahly Alex | 29.67 | _____ |
| 6 | Mohamed Mahmoud Mohar | 16 | TANTA | 29.68 | _____ |
| 7 | Abdel Rahman Mohamed A | 17 | Canal Suez Port | 29.69 | _____ |
| 8 | Yassien Amr Adly Mohamec | 17 | SMOHA | 29.72 | _____ |
| 9 | Yassin Ahmed Othman | 17 | Sporting | 29.73 | _____ |
| 10 | Youssef Abd Elazem Mohar | 16 | ZAGU | 29.74 | _____ |

Heat 51 of 76 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Zeyad Mohamed Elsayed | 16 | Sporting | 29.67 | _____ |
| 2 | Moustafa Wael Kasem | 16 | ZMALK | 29.65 | _____ |
| 3 | Adham Mostafa Abdulla | 16 | Elethad | 29.62 | _____ |
| 4 | Yassin Ahmed Sayed Hafez | 18 | Elethad | 29.59 | _____ |
| 5 | Adam Medhat ezz Eldin | 16 | DEGLA | 29.56 | _____ |
| 6 | Salman Khaled Saber Kame | 17 | RWAD | 29.57 | _____ |
| 7 | Mohamed Ahmed Ibrahim | 15 | A S E C | 29.61 | _____ |
| 8 | Youssef Ahmed Ibrahim | 18 | A S E C | 29.63 | _____ |
| 9 | Seif Eldeen Mohammed Elt | 18 | NEMOO | 29.66 | _____ |
| 10 | Abdelrahman Ayman Sayed | 21 | Fayoum Club | 29.67 | _____ |

Heat 52 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Zeyad Hany Abd el Azeem | 20 | DEGLA | 29.53 | _____ |
| 2 | Mohamed Ashraf Safwat | 16 | ZMALK | 29.51 | _____ |
| 3 | Saif Marwan Aziz | 17 | BNK.G | 29.46 | _____ |
| 4 | Yousef Mohamed Elsaed M | 16 | Bank Ahly Alex | 29.43 | _____ |
| 5 | Marvin Medhat Shokry | 18 | SHOOT | 29.42 | _____ |
| 6 | Omar Mohamed abd el Basi | 16 | Police Club | 29.42 | _____ |
| 7 | Omar Khaled Mohamed Nal | 18 | A S E C | 29.44 | _____ |
| 8 | Omar Tamer Said AbdElaziz | 19 | SMOHA | 29.50 | _____ |
| 9 | Sofyan Hassan Mohamed | 17 | Ismaily | 29.53 | _____ |
| 10 | Ahmed Deya Elden Anwar | 16 | TANTA | 29.56 | _____ |

Heat 53 of 76 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Loaay Mohamed abd Raboh | 17 | Elethad | 29.40 | _____ |
| 2 | Malek Khaled Mahmoud Al | 17 | Bank Ahly Alex | 29.37 | _____ |
| 3 | Mohamed Ahmad Eldamanf | 16 | HELOP | 29.36 | _____ |
| 4 | Ahmed Wael Frahat Hassn | 15 | 6 OCT | 29.33 | _____ |
| 5 | Tayem Ahmed Kamal ElAla | 15 | SMOHA | 29.33 | _____ |
| 6 | Ahmed Hazem Hosny | 21 | DEGLA | 29.33 | _____ |
| 7 | Malek Wael Hassan | 15 | DEGLA | 29.34 | _____ |
| 8 | Esmael Mohamed Esmael | 17 | TANTA | 29.36 | _____ |
| 9 | Habib Yahya Mohamed | 19 | SHOOT | 29.38 | _____ |
| 10 | Seaf Abdel Rahman Moham | 15 | Al Hawar | 29.40 | _____ |

Heat 54 of 76 Finals

| | | | | | |
|----|-------------------------|----|---------|-------|-------|
| 1 | Youssef Ahmed Taha | 20 | ZMALK | 29.29 | _____ |
| 2 | Yousef Alaa Mahmoud | 15 | MRAC | 29.22 | _____ |
| 3 | Hassan Mohamed Abdel Aa | 16 | DEGLA | 29.18 | _____ |
| 4 | Ali Ahmed El Prince | 16 | DEGLA | 29.14 | _____ |
| 5 | Ziad Nabil Ahmed Mohame | 17 | SMOHA | 29.11 | _____ |
| 6 | Hazem Housam | 15 | Olympic | 29.13 | _____ |
| 7 | Youssef Amr Abdel Aziem | 17 | DEGLA | 29.15 | _____ |
| 8 | Yousef Maged Mohamed | 17 | RWAD | 29.21 | _____ |
| 9 | Eyad Mohamed Mansor | 16 | Elethad | 29.24 | _____ |
| 10 | Adham Ahmed abd Elkade | 17 | Elethad | 29.32 | _____ |

Heat 55 of 76 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Mostafa Mohamed Baker | 18 | TRSAN | 29.08 | _____ |
| 2 | Abelrahman Mohamed Abd | 16 | TRSAN | 29.04 | _____ |
| 3 | Yaseen Yasser Khamis | 15 | SMOHA | 29.00 | _____ |
| 4 | Yassin Waled Ezzat | 15 | DEGLA | 28.99 | _____ |
| 5 | Adham Wael Mohamed | 15 | GHABA | 28.96 | _____ |
| 6 | Nour Ekramy Ahmed | 18 | Olympic | 28.97 | _____ |
| 7 | Mohamed Ahmed Mohamec | 17 | RWAD | 29.00 | _____ |
| 8 | Abdelrahman Tark Moustaf | 15 | Bitash | 29.03 | _____ |
| 9 | Yousief Ahmed Yousief | 16 | Cairo | 29.06 | _____ |
| 10 | Mohamed Abdelmounem A | 16 | SHAMS | 29.10 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 56 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|-------------------------|----|---------|-------|-------|
| 1 | Ahmed Islam Mahmoud | 21 | ZMALK | 28.93 | _____ |
| 2 | Youssef Ashraf Fawzy | 17 | MRAC | 28.92 | _____ |
| 3 | Ziad Shref Housen | 20 | HELOP | 28.88 | _____ |
| 4 | Yassin Ahmed Elsayed | 19 | Elethad | 28.88 | _____ |
| 5 | Omar Khaled Khamis | 19 | AS E C | 28.86 | _____ |
| 6 | Ahmed Tarek Elsayed | 15 | AS E C | 28.88 | _____ |
| 7 | Amr Mohamed Abu Elfetou | 16 | DEGLA | 28.88 | _____ |
| 8 | Adam Ahmed Mohamed Mc | 16 | MRAC | 28.91 | _____ |
| 9 | Saif Eldin Sherif Ahmed | 17 | TRSAN | 28.92 | _____ |
| 10 | Awny Mohamad Awny | 17 | SMOHA | 28.96 | _____ |

Heat 57 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Youssef Waleed abd Elazez | 17 | Elethad | 28.81 | _____ |
| 2 | Mohamed Emad Ahmed Mc | 17 | SMOHA | 28.78 | _____ |
| 3 | Yehia Ahmed Abbas Abou | 17 | GHABA | 28.77 | _____ |
| 4 | Mohamed Shreef | 17 | Tlaea El Ostol | 28.76 | _____ |
| 5 | Omar Adel Saeid Hassan | 15 | ZMALK | 28.71 | _____ |
| 6 | Omar Atef el Sadat | 16 | Al Hawar | 28.72 | _____ |
| 7 | Mazen Tamer Mostafa | 17 | DEGLA | 28.76 | _____ |
| 8 | Mostafa Ebrhim Yehia Mahi | 16 | HELDO | 28.77 | _____ |
| 9 | Loai Ehab A.Meshaal | 17 | DEGLA | 28.79 | _____ |
| 10 | Yousef Khaled A.Elrahman | 21 | DEGLA | 28.82 | _____ |

Heat 58 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Ahmed el Husseny | 19 | HELOP | 28.67 | _____ |
| 2 | Seif Mohamed Salah | 17 | Cairo | 28.62 | _____ |
| 3 | Mostafa amr Mostafa | 19 | TRSAN | 28.59 | _____ |
| 4 | Karem Ahmed Mahmoud | 17 | TALBE | 28.55 | _____ |
| 5 | Mohamed Maged Abdel Lat | 17 | Sporting | 28.52 | _____ |
| 6 | Mahmoud Ahmed Yehya | 17 | DEGLA | 28.54 | _____ |
| 7 | Tamer Ahmed Ali | 16 | Elethad | 28.57 | _____ |
| 8 | Omar Asem Salah Eldin | 17 | ZMALK | 28.61 | _____ |
| 9 | Taim Ahmed Abd Elwhab | 16 | ZOHUR | 28.66 | _____ |
| 10 | Yossef Karim Nabil Elzawa | 18 | SMOHA | 28.69 | _____ |

Heat 59 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Adham Nader Samir Mohan | 17 | SMOHA | 28.51 | _____ |
| 2 | Zeid Mohamed Abdel-Azee | 17 | AHLY | 28.49 | _____ |
| 3 | Ahmed Maged Ghoureib | 16 | DEGLA | 28.46 | _____ |
| 4 | AbdelRahman Ehab Elshim | 17 | Sporting | 28.43 | _____ |
| 5 | Youssef Abdel Megid | 15 | Sporting | 28.35 | _____ |
| 6 | Mohanad Ashraf Farok Rasi | 22 | ZOHUR | 28.35 | _____ |
| 7 | Eyad Mohamed Shaban | 17 | TRSAN | 28.46 | _____ |
| 8 | Ibrahim Bahaeldin Ibrahim | 16 | Olympic | 28.47 | _____ |
| 9 | Yousif Mohamed Yousif Mc | 21 | SUDAN | 28.50 | _____ |
| 10 | Kamal Eldin Khaled Alshah | 16 | Elethad | 28.51 | _____ |

Heat 60 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Seif Mohamed Saad Baioun | 15 | DEGLA | 28.34 | _____ |
| 2 | Omar Waleed AIQabary | 17 | Sporting | 28.29 | _____ |
| 3 | Eyad Mohamed Amer | 16 | TANTA | 28.26 | _____ |
| 4 | Omar Hassan Salama | 16 | el Shark Club | 28.25 | _____ |
| 5 | Abdelrahman Ayman Mohar | 15 | DEGLA | 28.21 | _____ |
| 6 | Hamza Ahmed Darwish | 18 | DEGLA | 28.22 | _____ |
| 7 | Abd Allah Ahmed Abd El A | 16 | MAADI | 28.25 | _____ |
| 8 | Abdelrhman Tarek Hanafee | 15 | 6 OCT | 28.28 | _____ |
| 9 | Mohamed Taha Abd ElHain | 17 | SHAMS | 28.31 | _____ |
| 10 | Eyad Mohamed Farghaly | 18 | Mansheit Naser | 28.35 | _____ |

Heat 61 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mostafa Mohamed Zaghlol | 18 | GHABA | 28.18 | _____ |
| 2 | Adham Tarik Ali Baiuomy | 19 | SMOHA | 28.12 | _____ |
| 3 | Hamza Mahmoud Hanout | 15 | Meit Khakan | 28.11 | _____ |
| 4 | Hamza Mohamed Ahmed Al | 15 | DEGLA | 28.09 | _____ |
| 5 | Yassin Hossam Elden Metw | 17 | ZOHUR | 28.08 | _____ |
| 6 | Mohamad Wesam Mohamac | 16 | SMOHA | 28.08 | _____ |
| 7 | Yasin Amro Mamdouh | 17 | HELOP | 28.11 | _____ |
| 8 | Mostafa Mohamed Mohame | 16 | Gezira El Ward | 28.11 | _____ |
| 9 | Mohamed Eslam Ibrahim | 16 | Stad Mansoura | 28.13 | _____ |
| 10 | Islam Ahmed Aziz | 24 | el Shark Club | 28.19 | _____ |

Heat 62 of 76 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Kareem Hossam Ahmed Sal | 16 | SMOHA | 28.05 | _____ |
| 2 | Omar Sherif Abd El Hamid | 18 | DEGLA | 28.04 | _____ |
| 3 | Marwan Adel Abdel Muti | 20 | Police Club | 28.01 | _____ |
| 4 | Youssef Tamer Gaber Moha | 18 | SMOHA | 27.92 | _____ |
| 5 | Mostafa Moh. Ahm. Moh. M | 18 | GEZIR | 27.88 | _____ |
| 6 | Mohand Mostafa Hamdy | 18 | AHLY | 27.91 | _____ |
| 7 | Yassin Tamer Samir | 16 | ZOHUR | 27.99 | _____ |
| 8 | Adham m Hussin Sayed Hal | 15 | MAY15 | 28.03 | _____ |
| 9 | Mahmoud Ashraf El Gayash | 17 | DEGLA | 28.05 | _____ |
| 10 | Ammar Mohamed Mohame | 17 | MAY15 | 28.07 | _____ |

Heat 63 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Omer Mohamed Kamel | 17 | Al Shehk Zaied | 27.78 | _____ |
| 2 | Karim Kamal Ahmed Mosta | 21 | 6 OCT | 27.77 | _____ |
| 3 | Belal Tarek Mohamed Alsa | 17 | HELDO | 27.77 | _____ |
| 4 | Raef Osama Atif | 20 | Elethad | 27.70 | _____ |
| 5 | Islam amr abd el Khalek | 17 | GHARB | 27.69 | _____ |
| 6 | Marwan Mourad Mohamed | 19 | Sporting | 27.70 | _____ |
| 7 | Ahmed Tamer Gamal Eldin | 16 | DEGLA | 27.71 | _____ |
| 8 | Mostafa Amr Osman Aly | 15 | SHOOT | 27.77 | _____ |
| 9 | Abdelrahman Ashraf Mohse | 22 | Gezira El Ward | 27.78 | _____ |
| 10 | Youssef Tawfik Hamdy Taw | 18 | SENZO | 27.79 | _____ |

Heat 64 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Mohamed Ibrahim Mohame | 15 | AHLY | 27.68 | _____ |
| 2 | Ahmed Waleed Abdel Hady | 16 | AHLY | 27.66 | _____ |
| 3 | Mahmoud Mohamed Mohar | 17 | Al Hawar | 27.64 | _____ |
| 4 | Yehia Faysal Mohamed | 18 | HELOP | 27.61 | _____ |
| 5 | Hady Mohamed Foad | 18 | MRAC | 27.58 | _____ |
| 6 | Adam Bahaeldin Salah | 15 | SMOHA | 27.59 | _____ |
| 7 | Almohand Wael | 16 | MAY15 | 27.62 | _____ |
| 8 | Zad Ahmed Mohamed Asra | 16 | DEGLA | 27.66 | _____ |
| 9 | Hesen Mohamad Elsaeid Yo | 16 | SMOHA | 27.67 | _____ |
| 10 | Saif Khalid Abdul Aziz | 16 | HADAK | 27.69 | _____ |

Heat 65 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Marawan Walid Noshy | 17 | AHLY | 27.58 | _____ |
| 2 | Ziyad Walid Nabiil | 19 | Sporting | 27.54 | _____ |
| 3 | Malek Maged Mohamed | 17 | ZOHUR | 27.51 | _____ |
| 4 | Zyad Mohamed Hafez | 18 | TRSAN | 27.49 | _____ |
| 5 | Omar Waled Talat Hsanen | 17 | 6 OCT | 27.45 | _____ |
| 6 | Malek Mohamed Adell | 15 | Elec | 27.46 | _____ |
| 7 | Aser Hesham Raaft Mhmou | 17 | 6 OCT | 27.50 | _____ |
| 8 | Ahmed Salah Mohamed Sat | 17 | SMOHA | 27.52 | _____ |
| 9 | Abed Emad Abed | 17 | TRSAN | 27.54 | _____ |
| 10 | Ismael Moh.Ibrahim ElAwa | 18 | GEZIR | 27.58 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 66 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Gamal abd el Hafiz | 17 | SHOOT | 27.45 | _____ |
| 2 | Ahmad Ehab Ebrahim Abde | 16 | SMOHA | 27.43 | _____ |
| 3 | Abd el hay Ashour | 18 | SHAMS | 27.36 | _____ |
| 4 | Eyad Ahmed Khatab | 16 | DEGLA | 27.34 | _____ |
| 5 | Selim Shrif Osama Helmy M | 16 | GEZIR | 27.30 | _____ |
| 6 | Hatem Ashraf Kamel | 17 | Gezira El Ward | 27.33 | _____ |
| 7 | Karem Mohamed Atia Ehsa | 17 | HELOP | 27.35 | _____ |
| 8 | Mostafa Amr El Kady | 18 | DEGLA | 27.39 | _____ |
| 9 | AbdElrhman Waled Hemdai | 20 | SMOHA | 27.44 | _____ |
| 10 | Mohamed Medhat Shalby | 16 | HELOP | 27.45 | _____ |

Heat 67 of 76 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Monzer Ahmed Amayem | 17 | TANTA | 27.27 | _____ |
| 2 | Abd Allah Tamer Abd El Ra | 16 | MAADI | 27.25 | _____ |
| 3 | Mrawan amr Mostafa abd el | 19 | TRSAN | 27.24 | _____ |
| 4 | Mazen Saied Gaber Ali | 18 | SMOHA | 27.18 | _____ |
| 5 | Morad Yaser Hafez | 21 | DEGLA | 27.16 | _____ |
| 6 | Mohamed Essam Mohamed | 17 | Minia Sport Clup | 27.18 | _____ |
| 7 | Omar Mohamed Omar Sofy | 17 | SHOOT | 27.20 | _____ |
| 8 | Abdelfattah Ahmed Youssef | 17 | Olympic | 27.25 | _____ |
| 9 | Abdelrahman Mahmoud Mc | 16 | SHAMS | 27.26 | _____ |
| 10 | Mohamed Tamer Mohamed | 23 | DEGLA | 27.30 | _____ |

Heat 68 of 76 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Zeyad Khaled Abd el Aziz | 18 | HADAK | 27.11 | _____ |
| 2 | Mohamed Khaled Mohamec | 16 | SHOOT | 27.09 | _____ |
| 3 | Youssef Mohamed Soliman | 19 | DEGLA | 27.04 | _____ |
| 4 | Adham Ayman Hussein | 15 | HADAK | 26.96 | _____ |
| 5 | Abdelrahman Ahmed Mosta | 18 | Elec | 26.92 | _____ |
| 6 | amr Ibrahim Mohamed Ibra | 19 | Elec | 26.95 | _____ |
| 7 | Moatasem Balaa Mostafa Al | 17 | Pegasus Club | 27.01 | _____ |
| 8 | Omar Mahmoud Saeid | 16 | Nasr City | 27.09 | _____ |
| 9 | Mostafa Omar Kamal ElDin | 20 | BNK.G | 27.10 | _____ |
| 10 | Amr Moh. Samir Azmy | 15 | GEZIR | 27.15 | _____ |

Heat 69 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Eyad Islam Mahmoud Elsa | 15 | SMOHA | 26.86 | _____ |
| 2 | Anas Mohamed Saad | 15 | DEGLA | 26.82 | _____ |
| 3 | Omar Abdelaziz Hussein | 16 | TALBE | 26.81 | _____ |
| 4 | Marwan Mostafa Mohamed | 19 | SMOHA | 26.79 | _____ |
| 5 | Youssef Ahmed Hassan Abd | 17 | Elethead | 26.75 | _____ |
| 6 | Adham Ahmed Mohamed | 16 | SHOOT | 26.78 | _____ |
| 7 | Mohamed Ahmed Abd Elsh | 18 | SHAMS | 26.80 | _____ |
| 8 | Omar Karim Mohamed Mse | 18 | SMOHA | 26.82 | _____ |
| 9 | Yassin Youssef Mohamed E | 16 | Olympic | 26.84 | _____ |
| 10 | Omar Tarek Shehata A | 19 | SMOHA | 26.87 | _____ |

Heat 70 of 76 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Abd ElFatah Mohamed Abd | 18 | TANTA | 26.75 | _____ |
| 2 | Seif Mohamed Sayed | 17 | ZOHUR | 26.73 | _____ |
| 3 | Zein Hisham Hamdy | 15 | ZMALK | 26.67 | _____ |
| 4 | Karem Ashry Kasem | 17 | SHAMS | 26.62 | _____ |
| 5 | Marwan Mohmed Hamed | 17 | Cairo | 26.60 | _____ |
| 6 | Yamen Ayman Helmy | 17 | TANTA | 26.61 | _____ |
| 7 | Ahmed Samy Hassan | 16 | M.S Tagamoa | 26.62 | _____ |
| 8 | Eyad Ahmed Saad Hasn | 16 | TANTA | 26.69 | _____ |
| 9 | Yehia Mohamed Saad Eldin | 19 | DEGLA | 26.74 | _____ |
| 10 | Mohamed Sherif Ahmed Fel | 15 | SMOHA | 26.75 | _____ |

Heat 71 of 76 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Moustafa Abdo Mohamed S | 22 | RWAD | 26.58 | _____ |
| 2 | Malek Haytham Mohamed | 18 | DEGLA | 26.57 | _____ |
| 3 | Ibrahim Ahmed Ibrahim | 23 | Sporting | 26.56 | _____ |
| 4 | Ibrahim Amr Saad | 18 | AHLY | 26.50 | _____ |
| 5 | Waleed Samer Mahmoud | 19 | AHLY | 26.49 | _____ |
| 6 | Mohaned Ashraf Mohamed | 15 | Bank Ahly Alex | 26.50 | _____ |
| 7 | Ahmed Yasser Mahmoud Sa | 16 | ZOHUR | 26.54 | _____ |
| 8 | Marwan Ali Mahmoud | 16 | DEGLA | 26.56 | _____ |
| 9 | Aser Mamduh Yihia | 21 | HELOP | 26.57 | _____ |
| 10 | Ahmed Hasan Tork | 17 | Sporting | 26.60 | _____ |

Heat 72 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Omar Mahmoud Hassan Ela | 16 | TRSAN | 26.46 | _____ |
| 2 | Adham Hossameldin Abdall | 18 | ZMALK | 26.44 | _____ |
| 3 | Malek Ahmed Mohsen | 16 | DEGLA | 26.43 | _____ |
| 4 | Yassin Amr Adel | 16 | AHLY | 26.42 | _____ |
| 5 | Yousif Mohamed Soliman C | 19 | SMOHA | 26.39 | _____ |
| 6 | Khaled Wael Sabre Abdelha | 17 | SMOHA | 26.41 | _____ |
| 7 | ali Soliman | 15 | Sporting | 26.42 | _____ |
| 8 | Seif Walaa Antar | 19 | DEGLA | 26.43 | _____ |
| 9 | Ali Mohamed Mousa | 19 | TANTA | 26.45 | _____ |
| 10 | Yosef Ahm. Ebrahim Hebes | 18 | GEZIR | 26.46 | _____ |

Heat 73 of 76 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Sherif Yaser Ali Meaabed | 21 | 6 OCT | 26.38 | _____ |
| 2 | Zain Akram Ahmed | 15 | AHLY | 26.36 | _____ |
| 3 | Hussien Mohamed Hussien | 16 | SHAMS | 26.31 | _____ |
| 4 | Sherif Ashraf Hagag | 17 | A S E C | 26.29 | _____ |
| 5 | SifEldin Hossam Mohamed | 20 | SMOHA | 26.18 | _____ |
| 6 | Daly Dimitrios Chin | 27 | Sporting | 26.28 | _____ |
| 7 | Mohamed Salama Gaber Sa | 21 | SMOHA | 26.30 | _____ |
| 8 | Adham Ayman Monir Hashc | 19 | TRSAN | 26.35 | _____ |
| 9 | Yossef Ayman Abdalla Moh | 16 | SMOHA | 26.38 | _____ |
| 10 | Seif Tamer Omran | 21 | DEGLA | 26.39 | _____ |

Heat 74 of 76 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Sief Mohamed Salah | 20 | TANTA | 26.13 | _____ |
| 2 | Ahmad Hany Ahmad | 18 | HELOP | 25.97 | _____ |
| 3 | Yousif Ahmed Ragab Elshar | 19 | SMOHA | 25.94 | _____ |
| 4 | Moahmed Ahmed Salem Ha | 17 | SMOHA | 25.89 | _____ |
| 5 | Ahmed Tarek Mohamed | 20 | SHOOT | 25.81 | _____ |
| 6 | Blal amr Ahmed | 19 | HELOP | 25.87 | _____ |
| 7 | Mohamed Hatem Mohamed | 17 | HELOP | 25.94 | _____ |
| 8 | Omar Talal Ragab | 18 | Sporting | 25.97 | _____ |
| 9 | Omar Khaled Soliman | 19 | HADAK | 26.00 | _____ |
| 10 | Mohamed Ahm. Aly Moh. I | 20 | GEZIR | 26.16 | _____ |

Heat 75 of 76 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Mohamed Ahmed Salem | 20 | GHABA | 25.75 | _____ |
| 2 | Karim Ahmed Khaled Elew | 22 | SHAMS | 25.62 | _____ |
| 3 | Omar Amir Mohamed Haze | 18 | AHLY | 25.54 | _____ |
| 4 | Mostafa Mohamed Elesawy | 22 | AHLY | 25.53 | _____ |
| 5 | Mahmoud El Walid Abd El | 18 | MAADI | 25.49 | _____ |
| 6 | Ahmed Wael el Mohandes | 19 | HELOP | 25.51 | _____ |
| 7 | Mohab El Din Fathy | 23 | Sporting | 25.54 | _____ |
| 8 | Seif Mohamed Mohamed | 20 | DEGLA | 25.57 | _____ |
| 9 | Omar Ahmed Samir Eldawo | 17 | Gezira El Ward | 25.63 | _____ |
| 10 | Ahmed Adel Abdel aal | 16 | Al Hawar | 25.78 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 76 Finals (#4 Men 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Adam Shref Mostafa | 20 | HELOP | 25.17 | _____ |
| 2 | Seif Mohamed Mehrez | 23 | ZOHUR | 24.95 | _____ |
| 3 | Omar Mohamed Taha Radw | 24 | SMOHA | 24.89 | _____ |
| 4 | Mohamed Walid Hassan | 18 | Sporting | 24.70 | _____ |
| 5 | Abdel Rahman Mohamed A | 26 | AHLY | 24.46 | _____ |
| 6 | Khaled Abdel Naser Ali | 25 | SHOOT | 24.52 | _____ |
| 7 | Ahmed Mohamed El Tatawy | 19 | Sporting | 24.75 | _____ |
| 8 | Omar Sherif Hamed | 19 | GHABA | 24.91 | _____ |
| 9 | Ali Mohab AbdelRaouf Ali | 27 | HELOP | 25.05 | _____ |
| 10 | Mostafa Mohamed Al Tahar | 24 | DEGLA | 25.26 | _____ |

Event 5 Women 15 & Over 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 19 Finals

| | | | | | |
|---|--------------------------|----|---------------|----|-------|
| 4 | Nour Madi | 16 | Sporting | NT | _____ |
| 5 | Malak Ahmed Ibrahim Kanc | 15 | SHAMS | NT | _____ |
| 6 | Malak Ahmed Ramadan | 16 | Qaroun | NT | _____ |
| 7 | Hala Mohamed Mohsen Nas | 16 | Stad Mansoura | NT | _____ |

Heat 2 of 19 Finals

| | | | | | |
|----|---------------------------|----|---------|----|-------|
| 1 | Shahira Ebrahim Aboelham | 15 | Y.M.C.A | NT | _____ |
| 2 | Hala Walid Abbas Abdelgav | 16 | Olympic | NT | _____ |
| 3 | Haya Hisham Abbas | 15 | ZOHUR | NT | _____ |
| 4 | Farah Mohamed Fekre Most | 16 | SHRKS | NT | _____ |
| 5 | Nada Mohamed Rabie | 15 | HELOP | NT | _____ |
| 6 | Nour Mohamed Rabie | 15 | HELOP | NT | _____ |
| 7 | Raghd Mohamed Elsaid Mo | 19 | SMOHA | NT | _____ |
| 8 | Fatma Kamil Mohamed | 16 | ZMALK | NT | _____ |
| 9 | Hana Wael Magdi Mah . Els | 18 | GEZIR | NT | _____ |
| 10 | Karma Shady Mohamed Sat | 17 | HELOP | NT | _____ |

Heat 3 of 19 Finals

| | | | | | |
|----|----------------------------|----|------------------|----|-------|
| 1 | Jana Mohamed Aboelossad | 16 | TANTA | NT | _____ |
| 2 | Nadin Motaz Mohamed | 16 | MRAC | NT | _____ |
| 3 | Laila Mohamed Mahmoud | 16 | SHOOT | NT | _____ |
| 4 | Noor Rami | 15 | Sporting | NT | _____ |
| 5 | Gamila Ahmed Mohamed E | 15 | MRAC | NT | _____ |
| 6 | Nada Hesham Medhat | 15 | AHLY | NT | _____ |
| 7 | Salsabil Samer Abdalla Sha | 19 | Y.M.C.A | NT | _____ |
| 8 | Rawan Hazem Saaed | 17 | M.S Tagamoa | NT | _____ |
| 9 | Jana Alla Mohamed | 16 | Minia Sport Clup | NT | _____ |
| 10 | Jana Khaled El Sayed | 16 | DEGLA | NT | _____ |

Heat 4 of 19 Finals

| | | | | | |
|----|---------------------------|----|-----------------|----|-------|
| 1 | Rokaya Isllam | 19 | Sporting | NT | _____ |
| 2 | Habiba Mohamed Dyab | 15 | SHRKS | NT | _____ |
| 3 | Nourhan Sherif SalahEldin | 16 | Elethad | NT | _____ |
| 4 | Jana Mohamed Fathy | 15 | Elethad | NT | _____ |
| 5 | Anjolina Tamer eid | 15 | MRAC | NT | _____ |
| 6 | Farida amr Mohamed Farg | 17 | SHOOT | NT | _____ |
| 7 | Retag Mohamed Ragab | 18 | ZMALK | NT | _____ |
| 8 | Nouran Amr Elsayed Abdel | 15 | Olympic | NT | _____ |
| 9 | Asmaa Nabil Fathi | 15 | SMOHA | NT | _____ |
| 10 | Jihan Hassan Hamdy | 15 | Marina Sporting | NT | _____ |

Heat 5 of 19 Finals

| | | | | | |
|----|-------------------------|----|---------------|---------|-------|
| 1 | Marina Remon Maher Rizk | 15 | GEZIR | NT | _____ |
| 2 | Cady Ashraf Ahmed | 17 | DEGLA | NT | _____ |
| 3 | Klara Alfred Sabr | 19 | ZMALK | 1:40.79 | _____ |
| 4 | Nour Elshamy | 16 | Sporting | 1:37.66 | _____ |
| 5 | Aisha Ahmed AbdElmagid | 18 | Sporting | 1:32.48 | _____ |
| 6 | Retal Ahmed Mohamed | 15 | Police Club | 1:37.22 | _____ |
| 7 | Radwa Mohamed Fawzy | 15 | A S E C | 1:40.54 | _____ |
| 8 | Mariam Ghanim | 15 | Damnhor Sport | NT | _____ |
| 9 | Salma Gamal Nabel Hetam | 15 | TANTA | NT | _____ |
| 10 | Mayson Ahmed Abdel Mon | 19 | GOLDY | NT | _____ |

Heat 6 of 19 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Hana Ahmed Mohamed | 16 | DEGLA | 1:31.85 | _____ |
| 2 | Saja Emad Mhamed | 15 | EALAM | 1:30.56 | _____ |
| 3 | Mariam Ahmed Hassan | 17 | ZOHUR | 1:30.21 | _____ |
| 4 | Rola Yassir Mohamed | 16 | HADAK | 1:29.92 | _____ |
| 5 | Ratag Khaled Mohamed | 16 | DEGLA | 1:29.59 | _____ |
| 6 | Salma Ahmed Mahmoud Al | 16 | HELOP | 1:29.82 | _____ |
| 7 | Ayten Karim Mohamed | 15 | DEGLA | 1:30.19 | _____ |
| 8 | Mariam Nader Sedky | 17 | Ismaily | 1:30.40 | _____ |
| 9 | Khadija Ahmed Adel | 15 | SHOOT | 1:30.82 | _____ |
| 10 | Alya Ahmed Elsaheed Mahm | 16 | MRAC | 1:32.00 | _____ |

Heat 7 of 19 Finals

| | | | | | |
|----|-------------------------|----|---------------|---------|-------|
| 1 | Mariam Alaa Abd Elslam | 15 | SHOOT | 1:28.84 | _____ |
| 2 | Gana Saif El Din Fekry | 15 | DEGLA | 1:27.83 | _____ |
| 3 | Noursen Ahmed Nagy | 15 | TRSAN | 1:27.64 | _____ |
| 4 | Jody Melad Sawiris | 17 | TRSAN | 1:26.55 | _____ |
| 5 | Malk Ibrahim Mohamed | 15 | Damnhor Sport | 1:26.14 | _____ |
| 6 | Gody Ayman Mohamed Fatl | 16 | MRAC | 1:26.28 | _____ |
| 7 | Nour Mohamed Abd El Had | 19 | Sporting | 1:26.61 | _____ |
| 8 | Dara Adham Adel | 15 | SHOOT | 1:27.79 | _____ |
| 9 | Karma Ayman Badr | 15 | SHOOT | 1:28.05 | _____ |
| 10 | Aisel Mostafa Anwar | 19 | AHLY | 1:29.05 | _____ |

Heat 8 of 19 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Leila Ahmed Ebrahim Ali E | 19 | HELDO | 1:25.30 | _____ |
| 2 | Rawan Ahmed Mohamed | 15 | ENPPI | 1:24.89 | _____ |
| 3 | Farida Abaza | 15 | Sporting | 1:24.30 | _____ |
| 4 | Joudy Walid Atif | 16 | DEGLA | 1:23.72 | _____ |
| 5 | Gana Shawky Heslen | 15 | DEGLA | 1:23.20 | _____ |
| 6 | Shrin Ahmed Abdelkader | 17 | SHRKS | 1:23.46 | _____ |
| 7 | Loren Osama Mohamed | 15 | SHAMS | 1:24.25 | _____ |
| 8 | Hala Yasser Mohamed | 18 | HADAK | 1:24.39 | _____ |
| 9 | Nour Hossam Mohamed | 15 | Y.M.C.A | 1:25.07 | _____ |
| 10 | Mennatallah Amr Abd El W | 15 | A S E C | 1:25.48 | _____ |

Heat 9 of 19 Finals

| | | | | | |
|----|----------------------------|----|-----------------|---------|-------|
| 1 | Maya Ali Ahmed | 16 | Elethad | 1:23.12 | _____ |
| 2 | Jana Mohamed Saber | 16 | Canal Suez Port | 1:22.80 | _____ |
| 3 | Fayrouz Wael Gamal Ibrahim | 16 | ElGezira Youth | 1:22.49 | _____ |
| 4 | Fatma Amr Aly | 15 | SHOOT | 1:21.94 | _____ |
| 5 | Farah Mohamed Moussa Kc | 19 | Olympic | 1:21.57 | _____ |
| 6 | Haya Ahmed Elsaid Abdo | 17 | 6 OCT | 1:21.68 | _____ |
| 7 | Zena Ashraf Mohamed Ebra | 16 | TANTA | 1:22.48 | _____ |
| 8 | Kenzi Mohamed | 16 | A S E C | 1:22.59 | _____ |
| 9 | Retal Mohamed Khamis | 16 | Sporting | 1:23.06 | _____ |
| 10 | Malak Ashraf Abdo | 15 | EALAM | 1:23.12 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 10 Finals (#5 Women 15 & Over 100 LC Meter Backstroke)

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Malak Yasser Abdellatif | 16 | Sporting | 1:21.31 | _____ |
| 2 | Zeina amr Mohammed | 16 | TALBE | 1:20.91 | _____ |
| 3 | Masa Mostafa abd Elghany | 16 | TANTA | 1:20.69 | _____ |
| 4 | Hasnaa Ayman Ahmed Ali | 18 | SMOHA | 1:20.56 | _____ |
| 5 | Salma Mostafa Kamel Abou | 16 | Elethad | 1:20.37 | _____ |
| 6 | Nor Ahmed Ali Abdel Khale | 15 | SHOOT | 1:20.52 | _____ |
| 7 | Habeba Waled Mahmud Shr | 16 | SMOHA | 1:20.57 | _____ |
| 8 | Nawal Abd El-Hamid El-Ki | 16 | New Giza | 1:20.74 | _____ |
| 9 | Iman Ahmed Adel Elsaied | 17 | SMOHA | 1:21.02 | _____ |
| 10 | Sandra Emad Onsy | 16 | RWAD | 1:21.42 | _____ |

Heat 11 of 19 Finals

| | | | | | |
|----|---------------------------|----|------------|---------|-------|
| 1 | Lougain amr Saeid | 15 | ZMALK | 1:20.18 | _____ |
| 2 | Laila Moustafa Moham | 15 | Palm Hills | 1:19.85 | _____ |
| 3 | Yasamina Aslam Subhaa | 19 | Nasr City | 1:19.81 | _____ |
| 4 | Asil Saied Ramdan | 15 | Wave | 1:19.25 | _____ |
| 5 | Lilly Mohamed abd el Aziz | 15 | Nasr City | 1:18.94 | _____ |
| 6 | Hana Hisham Ahmed Ibrahi | 15 | ZMALK | 1:19.22 | _____ |
| 7 | Tamara Mohamed Abd Elka | 15 | HELOP | 1:19.73 | _____ |
| 8 | Joudy Wael Ahmed | 15 | 6 OCT | 1:19.81 | _____ |
| 9 | Hallaa Tamer Hanfaa | 15 | Bitash | 1:20.09 | _____ |
| 10 | Mariem Ayman Saeed | 15 | A S E C | 1:20.35 | _____ |

Heat 12 of 19 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Salma Mohamed Essam Ab | 17 | City Club | 1:18.60 | _____ |
| 2 | Jana Wael Mohamed | 17 | HLWAN | 1:18.51 | _____ |
| 3 | Salma Abdel Hamid Mazrou | 18 | DEGLA | 1:18.42 | _____ |
| 4 | Noureen Raaouf Ahmad | 15 | SMOHA | 1:18.35 | _____ |
| 5 | Mariam Ebrahim Mohamed | 16 | HELOP | 1:18.32 | _____ |
| 6 | Khadeja Housen EL Dahan | 15 | HELOP | 1:18.34 | _____ |
| 7 | Joudy Moahmed Khedr | 17 | SMOHA | 1:18.39 | _____ |
| 8 | Marleen Maikle Safwat | 15 | RWAD | 1:18.45 | _____ |
| 9 | Hana Abdo Eid El Demerda | 15 | DEGLA | 1:18.56 | _____ |
| 10 | Farida Ahmed Mohamed At | 18 | Olympic | 1:18.87 | _____ |

Heat 13 of 19 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Sara Siwisy Mohamed Abas | 15 | Bank Ahly Alex | 1:18.22 | _____ |
| 2 | Khadega Mohamed Ibrahim | 15 | DEGLA | 1:18.04 | _____ |
| 3 | Haneen Yasser Mahmoud Sa | 15 | DEGLA | 1:17.91 | _____ |
| 4 | Zeina Wael Abdel Aziz | 15 | SHOOT | 1:17.67 | _____ |
| 5 | Lamar Ahmed Mohamed | 17 | Elethad | 1:17.57 | _____ |
| 6 | Haneen Tamer Ahmed | 17 | DEGLA | 1:17.60 | _____ |
| 7 | Goumana aly Abdelgafar | 15 | ZMALK | 1:17.77 | _____ |
| 8 | Emy Yaser Abd Elatef | 15 | Y.M.C.A | 1:17.97 | _____ |
| 9 | Retag Mohamd Ghareeb | 15 | SMOHA | 1:18.11 | _____ |
| 10 | Hana Mohamed Rashad | 15 | HLWAN | 1:18.28 | _____ |

Heat 14 of 19 Finals

| | | | | | |
|----|-------------------------|----|---------------|---------|-------|
| 1 | Retag Galal Ibrahiem | 15 | DEGLA | 1:17.30 | _____ |
| 2 | Zeina Sherif Ahmed | 15 | DEGLA | 1:16.98 | _____ |
| 3 | Maryam Ahmed Mohammed | 15 | Zahraa Helwan | 1:16.43 | _____ |
| 4 | Gana Wael Youssef Mahmo | 18 | DEGLA | 1:16.22 | _____ |
| 5 | Menna Mohamed Alashkar | 18 | ZMALK | 1:15.96 | _____ |
| 6 | Farida Waleed Fathy | 15 | SHOOT | 1:16.12 | _____ |
| 7 | Nour Amgad Ali Fahmy | 17 | SHAMS | 1:16.27 | _____ |
| 8 | Malak Mohamed Hassan | 16 | ZMALK | 1:16.84 | _____ |
| 9 | Ashraqt Hisham Ibrahim | 15 | ZMALK | 1:17.12 | _____ |
| 10 | Fagr Sherif Kamel | 17 | DEGLA | 1:17.44 | _____ |

Heat 15 of 19 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Laila Mohamed Brekaa Taw | 15 | SHAMS | 1:15.52 | _____ |
| 2 | Habiba Shady Mohamed | 16 | DEGLA | 1:15.05 | _____ |
| 3 | Reem Ahmed Elsayed | 17 | Tlaea El Ostol | 1:15.00 | _____ |
| 4 | Lama Tamer Mohamed Ahn | 19 | SMOHA | 1:14.83 | _____ |
| 5 | Malak Mohamed Mahmoud | 15 | DEGLA | 1:14.68 | _____ |
| 6 | Na'eela Wael Elagroudy | 17 | Sporting | 1:14.75 | _____ |
| 7 | Loujain Youssef Ahmed | 21 | AHLY | 1:14.95 | _____ |
| 8 | Habiba Elamier Fiesl | 15 | SHAMS | 1:15.00 | _____ |
| 9 | Logien Ahmed Elsherif | 17 | SHOOT | 1:15.29 | _____ |
| 10 | Rawan Yahia | 16 | ZMALK | 1:15.64 | _____ |

Heat 16 of 19 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Lara Essam Nabil | 15 | SMOHA | 1:14.32 | _____ |
| 2 | Haya HossamEldin Kndel | 19 | SMOHA | 1:14.15 | _____ |
| 3 | Hana Ekhaa Walaa Zaki | 15 | SMOHA | 1:13.74 | _____ |
| 4 | Kenzy Wael Foud Ramadan | 16 | SMOHA | 1:13.59 | _____ |
| 5 | Amina Alaa Elhamouly | 17 | Sporting | 1:13.29 | _____ |
| 6 | Noor Tamer AbdElrhim Mol | 17 | SHAMS | 1:13.58 | _____ |
| 7 | Zena Mahmoud Mohamed M | 19 | GHABA | 1:13.70 | _____ |
| 8 | Goudy Mohamed Fahim | 16 | AHLY | 1:13.87 | _____ |
| 9 | Jana Wael Ahmed | 15 | 6 OCT | 1:14.24 | _____ |
| 10 | Nour Mohamad Hassan Mol | 16 | SMOHA | 1:14.48 | _____ |

Heat 17 of 19 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Gana Allaeldin Mohamed | 16 | SHAMS | 1:13.02 | _____ |
| 2 | Salma Mohamed Ezzat Moh | 17 | DEGLA | 1:12.87 | _____ |
| 3 | Logain Amir Mohamed Elsa | 15 | Elethad | 1:12.69 | _____ |
| 4 | Farida Ahmed Hussien | 15 | SMOHA | 1:12.38 | _____ |
| 5 | Yara Ahmad Nageb Ahmad | 16 | SMOHA | 1:11.57 | _____ |
| 6 | Kenzy Mohamed el Sebaey | 18 | Cairo | 1:11.78 | _____ |
| 7 | Shahd Ahmed Abd Elbaky | 20 | Sporting | 1:12.61 | _____ |
| 8 | Joudy Khaled Saied Ismail | 16 | Olympic | 1:12.83 | _____ |
| 9 | Retaal Mohamd Ghareeb | 15 | SMOHA | 1:12.98 | _____ |
| 10 | Lojain Tarek Esmail | 16 | HELOP | 1:13.03 | _____ |

Heat 18 of 19 Finals

| | | | | | |
|----|--------------------------|----|--------------|---------|-------|
| 1 | Hala Osama Fatehy | 15 | Pegasus Club | 1:11.15 | _____ |
| 2 | Shimaa Mohamed Hussien | 18 | TALBE | 1:10.86 | _____ |
| 3 | Nancy Mostafa Ibrahiem M | 16 | SHAMS | 1:10.73 | _____ |
| 4 | Mariam Hossam Elden Hass | 16 | Cairo | 1:09.86 | _____ |
| 5 | Rokan Tamer Ismail | 16 | SHOOT | 1:09.50 | _____ |
| 6 | Login Hazem Samir | 16 | Nasr City | 1:09.62 | _____ |
| 7 | Kenzy Ahmed Ali | 21 | AHLY | 1:10.66 | _____ |
| 8 | Louloua Modather Hassan | 15 | DEGLA | 1:10.81 | _____ |
| 9 | Hana Tarek Yehia | 17 | AHLY | 1:11.10 | _____ |
| 10 | Khadega abd el Azez Glal | 17 | HELOP | 1:11.17 | _____ |

Heat 19 of 19 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Farida Sherif Ahmed Taha | 17 | SHOOT | 1:09.41 | _____ |
| 2 | Salma Ahmed Elsaied | 16 | Gezira El Ward | 1:08.83 | _____ |
| 3 | Farida Amr Mohamed Abd I | 19 | SHOOT | 1:06.64 | _____ |
| 4 | Farah Amr Abdel Motaleib | 21 | SHOOT | 1:06.11 | _____ |
| 5 | Sara Waled Mahmoud | 17 | HELOP | 1:03.31 | _____ |
| 6 | Malak Waled Essam Shaban | 20 | SMOHA | 1:06.00 | _____ |
| 7 | Maya Kamal Mohamed Mh | 18 | SMOHA | 1:06.26 | _____ |
| 8 | Marem Ahmad Abdelgafar / | 16 | SMOHA | 1:08.57 | _____ |
| 9 | hla Mohamed Nanoush | 17 | TANTA | 1:08.94 | _____ |
| 10 | Malak Mokhtar Mohamed | 18 | DEGLA | 1:09.46 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Event 6 Women 15 & Over 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|---------------------------|---------------------------|-----|-----------------|-----------|
| Heat 1 of 8 Finals | | | | |
| 4 | Mariam Mohamed Sobhy | 18 | DEGLA | NT |
| 5 | Fairouz Mazin Adel | 16 | DEGLA | NT |
| 6 | Kenzy Mostafa Hashad | 19 | AHLY | NT |
| Heat 2 of 8 Finals | | | | |
| 1 | Dina Ebrahim Ebid | 19 | Sporting | NT |
| 2 | Malak Youssef Abdelrahman | 15 | SMOHA | NT |
| 3 | Mariam Ahmed Ghatas | 19 | SHOBR | NT |
| 4 | Asia ali Mostafa Ahmed | 15 | Marina Sporting | NT |
| 5 | Rose Rafeek Mohamed | 15 | RWAD | NT |
| 6 | Malak Walid Mohamed | 16 | Marina Sporting | NT |
| 7 | Salma Ehab Ahmed Hany | 15 | Bank Ahly Alex | NT |
| 8 | Kenzy Yasser | 16 | TALBE | NT |
| 9 | Karen Samir Fawzy | 17 | Marina Sporting | NT |
| Heat 3 of 8 Finals | | | | |
| 1 | Nourhan Sherif SalahEldin | 16 | Elethad | NT |
| 2 | Mariem Mohamed Emad Fa | 19 | MAADI | NT |
| 3 | Reta Khalil Fawzy | 15 | A S E C | NT |
| 4 | Nada Tarek Ahmed | 17 | HLWAN | 7:05.79 |
| 5 | Roudina Hamdy Fouad | 15 | Tlaea El Ostol | 6:30.90 |
| 6 | Mariam Ahmed Hassan | 15 | Tlaea El Ostol | 6:48.05 |
| 7 | Alya Ehab Abdel Moneam | 17 | AHLY | NT |
| 8 | Roqaya Saad Mohamed | 16 | ZMALK | NT |
| 9 | Shahd Mohamed Ahmed Ell | 15 | AHLY | NT |
| 10 | Jihan Hassan Hamdy | 15 | Marina Sporting | NT |
| Heat 4 of 8 Finals | | | | |
| 1 | Jana Ashraf Mohamed Gabe | 18 | Olympic | 6:16.78 |
| 2 | Haneen Mohamed a. Negm | 15 | TANTA | 6:16.01 |
| 3 | Rawda Ashrif Ramdan | 19 | MAY15 | 6:11.15 |
| 4 | Marim Ahmad Samier | 15 | TALBE | 6:06.59 |
| 5 | Habiba Essam Wahba | 15 | Sporting | 6:05.60 |
| 6 | Mariem Tarek Mohammed | 16 | TALBE | 6:06.21 |
| 7 | Joner Ehab Ltif | 15 | Y.M.C.A | 6:08.10 |
| 8 | Jowayreya Mohamed Saad I | 18 | Olympic | 6:11.91 |
| 9 | Sandra Emad Onsy | 16 | RWAD | 6:16.69 |
| 10 | Shad abd Fattah | 15 | Sporting | 6:30.13 |
| Heat 5 of 8 Finals | | | | |
| 1 | Zaina Ahmed Mohamed Mo | 15 | Olympic | 6:01.23 |
| 2 | Karma Ayman Abou Amara | 17 | Sporting | 5:59.25 |
| 3 | Mariam Ghanim | 15 | Damnhor Sport | 5:56.97 |
| 4 | Rodaina Khaled Mahmoud | 15 | HELOP | 5:53.23 |
| 5 | Malak Mohamed Fayek Els | 17 | SMOHA | 5:50.58 |
| 6 | Rawan Tamer Essam Mahm | 17 | DEGLA | 5:50.78 |
| 7 | Shrouk Mohamed Rashad M | 16 | Olympic | 5:54.22 |
| 8 | Yassmin Khaled Kaml ElSa | 17 | SHAMS | 5:57.06 |
| 9 | Habiba Elamier Fiesl | 15 | SHAMS | 6:01.04 |
| 10 | Sara Siwisy Mohamed Abas | 15 | Bank Ahly Alex | 6:05.15 |

Heat 6 of 8 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Basmalah Gomaa Ali | 19 | Bank Ahly Alex | 5:45.46 |
| 2 | Nabila Hassan Ismail | 17 | OLMPA | 5:44.23 |
| 3 | Hana Mohamed Asharaf Ma | 16 | SHAMS | 5:41.53 |
| 4 | Gana Mohamed Atef | 15 | SHOOT | 5:40.73 |
| 5 | Zina Yasser Ahmed | 18 | Sporting | 5:39.51 |
| 6 | Halla Alla Maher | 18 | DEGLA | 5:40.64 |
| 7 | Basmala Ramdan Mostafa M | 17 | Bank Ahly Alex | 5:41.33 |
| 8 | Jana Wael Ahmed | 15 | 6 OCT | 5:43.04 |
| 9 | Maya Mahmoud Sakr | 15 | SMOHA | 5:44.36 |
| 10 | Ashraqt Hisham Ibrahim | 15 | ZMALK | 5:47.95 |

Heat 7 of 8 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Salma Hisham Abdalaa | 15 | ZMALK | 5:37.73 |
| 2 | Jomana Hamdy Ameen | 17 | ZOHUR | 5:37.26 |
| 3 | Mariam Mohamed Ahmed K | 18 | SMOHA | 5:34.90 |
| 4 | Hanan Ahmed Hussin | 18 | ZMALK | 5:33.12 |
| 5 | Kenzy Shadi Mohamed Elh | 16 | Stad Mansoura | 5:32.85 |
| 6 | Raghad Ibrahim Elsaied | 15 | Gezira El Ward | 5:32.92 |
| 7 | Fatema Tamer Ahmed Sayec | 17 | DEGLA | 5:34.85 |
| 8 | Layla Mohamed Elsaed Ma | 16 | Bank Ahly Alex | 5:34.92 |
| 9 | Nagar Mohamed Salem | 15 | HADAK | 5:37.34 |
| 10 | Rodaina Mohamed Ahmed | 15 | DEGLA | 5:38.26 |

Heat 8 of 8 Finals

| | | | | |
|----|--------------------------|----|----------|---------|
| 1 | Malak Ahmed Gamal al Sha | 16 | SHOOT | 5:30.26 |
| 2 | Zaina Mohamed Haitham H | 19 | SHOOT | 5:28.62 |
| 3 | Lara Amr Mahmoud Alsokk | 16 | 6 OCT | 5:22.46 |
| 4 | Marim Mohamed Bakr | 16 | TRSAN | 5:15.84 |
| 5 | Hilla Khaled Diab | 17 | AHLY | 5:05.95 |
| 6 | Jana Mohamed Omar Moha | 18 | SHAMS | 5:15.01 |
| 7 | hla Mohamed Nanoush | 17 | TANTA | 5:17.73 |
| 8 | Malak Mohamed Nagy | 17 | Sporting | 5:28.16 |
| 9 | Ayten Ahmed Elmanzalawi | 15 | SHOOT | 5:29.78 |
| 10 | Jannat Safwat Saleh | 16 | ZOHUR | 5:31.65 |

Event 7 Men 15 & Over 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|---------------------------|-----|------------------|-----------|
| Heat 1 of 36 Finals | | | | |
| 3 | Youseif Khaled Mohamed | 16 | ZMALK | NT |
| 4 | Abdelrahman Tark Moustaf | 15 | Bitash | NT |
| 5 | Omar Mohamad Ali Ebrahe | 16 | SMOHA | NT |
| 6 | Belal Mohamad Mahmud F | 16 | SMOHA | NT |
| 7 | Ziad Elsayed | 15 | Sporting | NT |
| 8 | Seifelden Ahmed Ibrahim | 15 | SMOHA | NT |
| Heat 2 of 36 Finals | | | | |
| 1 | Ali Ahmed Saad | 19 | DEGLA | NT |
| 2 | Omar Moamen Mohamed | 16 | Minia Sport Clup | NT |
| 3 | Moaz Haitham Abdel-Mutta | 15 | HADAK | NT |
| 4 | Beshoy Gerges Weliam | 15 | Minia Sport Clup | NT |
| 5 | Yassien Ahmed Hussien Wa | 16 | DEGLA | NT |
| 6 | Bassel Mostafa Mohamed | 16 | DEGLA | NT |
| 7 | Yamen Ahmed Baiomy | 15 | El Mostakbal | NT |
| 8 | Youssef Abdel Aziz Alaa | 18 | DEGLA | NT |
| 9 | Yasin Alaa Ibrahim Elbieh | 20 | SMOHA | NT |
| 10 | Hosen Abd Elmonaem El A | 15 | HELOP | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 3 Finals (#7 Men 15 & Over 100 LC Meter Backstroke)

| | | | | | |
|----|---------------------------|----|---------------|----|-------|
| 1 | Abdelrahman Amr Mahmoud | 15 | TALBE | NT | _____ |
| 2 | Youssef Ahmed Saeed | 15 | A S E C | NT | _____ |
| 3 | ali Mohammed ali | 15 | Zahraa Helwan | NT | _____ |
| 4 | Mohamed Mostafa aly Hasa | 15 | TANTA | NT | _____ |
| 5 | Moaz Tamer Hassan Mohan | 16 | NASR | NT | _____ |
| 6 | Taha Saeed Mohamed Fathy | 16 | A S E C | NT | _____ |
| 7 | Mohamed Karim Mohamed | 16 | DEGLA | NT | _____ |
| 8 | Mahmoud Moataz Mahmoud | 15 | TALBE | NT | _____ |
| 9 | Abdullah Wael Abdellrazik | 18 | DEGLA | NT | _____ |
| 10 | Ahmed Khaled Badr | 16 | Elethad | NT | _____ |

Heat 4 of 36 Finals

| | | | | | |
|----|---------------------------|----|---------|----|-------|
| 1 | Mohaned Alaa Mahmud Ali | 20 | SMOHA | NT | _____ |
| 2 | Kerlis Mina Gorge | 15 | SHRKS | NT | _____ |
| 3 | Souhaib Mohamed Fathy M | 16 | Olympic | NT | _____ |
| 4 | Yehia Moustafa Abdelkreem | 15 | K.S.C | NT | _____ |
| 5 | Yazid Ahmed Mohamed | 16 | Elethad | NT | _____ |
| 6 | Omar Muhamed Haitham A. | 16 | SHOOT | NT | _____ |
| 7 | Marwan Nehad Zakareia | 26 | DEGLA | NT | _____ |
| 8 | Ezz Eldin Mohamed Abd El | 15 | Elethad | NT | _____ |
| 9 | Mansour Mohamed Mousa I | 15 | Elec | NT | _____ |
| 10 | Adham Hossam Lotfy Hassa | 18 | SMOHA | NT | _____ |

Heat 5 of 36 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Joun Samir Sameh | 15 | Club S | NT | _____ |
| 2 | ali Soliman | 15 | Sporting | NT | _____ |
| 3 | Ahmed Talaat Kamal Hekal | 16 | Matrix | NT | _____ |
| 4 | Adham Ahmed Mohamed | 16 | 6 OCT | NT | _____ |
| 5 | Moaz Haitham Abdelmone | 15 | Zahraa Helwan | NT | _____ |
| 6 | Yousef Mohyeldin Ahmed A | 18 | Olympic | NT | _____ |
| 7 | Ahmed Hamdy Al Shaik | 20 | SHOOT | NT | _____ |
| 8 | Hazem Mohamed Essam | 17 | A S E C | NT | _____ |
| 9 | Ziad Mohamed Mohamed L | 15 | MRAC | NT | _____ |
| 10 | Ali Mohamed Nassem | 16 | DEGLA | NT | _____ |

Heat 6 of 36 Finals

| | | | | | |
|----|---------------------------|----|---------------|----|-------|
| 1 | Ziad Ahmed Barghash | 16 | ZMALK | NT | _____ |
| 2 | Mohamed Hany Ahmed Has | 18 | SHAMS | NT | _____ |
| 3 | Omar Shady Mohamad Ali I | 16 | SMOHA | NT | _____ |
| 4 | Yasin HossamEldin | 21 | SMOHA | NT | _____ |
| 5 | Aly Ahmed Khaled | 15 | DEGLA | NT | _____ |
| 6 | Yousef Reda Saad Elhefnaw | 17 | Stad Mansoura | NT | _____ |
| 7 | Yasien Mohamed Fathy | 16 | ZMALK | NT | _____ |
| 8 | Karim Tamer Badr | 16 | DEGLA | NT | _____ |
| 9 | Amir Maged Eid Yousef | 16 | HELOP | NT | _____ |
| 10 | Hazem Housam | 15 | Olympic | NT | _____ |

Heat 7 of 36 Finals

| | | | | | |
|----|----------------------------|----|---------|----|-------|
| 1 | Youssef Shams Elden Gaber | 16 | A S E C | NT | _____ |
| 2 | Ali Hesham Moh. Fekre Shr | 20 | GEZIR | NT | _____ |
| 3 | Yossef Moh. Shrif Moh. Elb | 19 | GEZIR | NT | _____ |
| 4 | Fares Mahmoud Abd El Azi | 15 | DEGLA | NT | _____ |
| 5 | abd el Monem Ahmed abd e | 19 | HELOP | NT | _____ |
| 6 | Mazen Mohamed Hegazi | 17 | SHOOT | NT | _____ |
| 7 | Mohamed Ahmed Mohamec | 17 | DEGLA | NT | _____ |
| 8 | Mhmoud Tarik Ahmed Elge | 17 | SMOHA | NT | _____ |
| 9 | Mohamed Ahmed Fawzay | 16 | Qaroun | NT | _____ |
| 10 | Sohaib Khaled Emam | 21 | AHLY | NT | _____ |

Heat 8 of 36 Finals

| | | | | | |
|----|----------------------------|----|----------|----|-------|
| 1 | Khaled Mohamed Alaa El D | 16 | DEGLA | NT | _____ |
| 2 | Eyad Mohamed Yousry | 16 | DEGLA | NT | _____ |
| 3 | Moustafa Yasser Abd El Lat | 19 | Sporting | NT | _____ |
| 4 | Hussin Mohamed Hussin Al | 16 | NASR | NT | _____ |
| 5 | Omar Adel Abas | 23 | DEGLA | NT | _____ |
| 6 | Karim Ahmed Khaled Elew | 22 | SHAMS | NT | _____ |
| 7 | Mohamed Emad Maher | 18 | SENZO | NT | _____ |
| 8 | Omar Mohamed Abdel Meg | 19 | AHLY | NT | _____ |
| 9 | Youssef Mohamed Fathy El | 18 | SMOHA | NT | _____ |
| 10 | Mohanad Ahmed Mohamed | 15 | TRSAN | NT | _____ |

Heat 9 of 36 Finals

| | | | | | |
|----|---------------------------|----|------------|----|-------|
| 1 | Yassin Ali Mohamed Atef | 15 | DEGLA | NT | _____ |
| 2 | Omar Mohamed Awad | 19 | A S E C | NT | _____ |
| 3 | Hamza Ali Mohamed Ali | 16 | Elethad | NT | _____ |
| 4 | Karem Ahmed Mahmoud | 17 | TALBE | NT | _____ |
| 5 | Mohand Mohamed Abdel Sa | 16 | Luxor Club | NT | _____ |
| 6 | Mohamed Yasser Essa Abde | 17 | SMOHA | NT | _____ |
| 7 | Hatem Mostafa Atia Solima | 15 | SMOHA | NT | _____ |
| 8 | Amro Nabil Ibrahim | 18 | FAROS | NT | _____ |
| 9 | Asser Ahmed Mohamed | 15 | DEGLA | NT | _____ |
| 10 | Hussien Mohamed Hussien | 16 | SHAMS | NT | _____ |

Heat 10 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Omar Hussein Abd EL Aziz | 15 | ENPPI | 1:30.38 | _____ |
| 2 | Ahmed Mohamed Ahmed E | 15 | Elethad | 1:28.13 | _____ |
| 3 | Zied Ahmed Saied | 15 | SHOOT | 1:26.83 | _____ |
| 4 | Mohamed Ahmed Gamal | 15 | Police Club | 1:23.27 | _____ |
| 5 | Moataz Moustafa Shawky H | 15 | Olympic | 1:21.82 | _____ |
| 6 | Eyad Mohamed Hussien | 15 | DEGLA | 1:22.30 | _____ |
| 7 | Yahya Mohamed Abdelsatar | 15 | Al Shehk Zaeid | 1:23.97 | _____ |
| 8 | Mahmoud Muhamed Mahm | 15 | SHOOT | 1:27.67 | _____ |
| 9 | Ahmed Hany Gomaa | 15 | Ellaban | 1:30.36 | _____ |
| 10 | Ammar Ahmed Saiid | 15 | K.S.C | NT | _____ |

Heat 11 of 36 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Yihya Mohamed Awad Hem | 15 | Bank Ahly Alex | 1:20.04 | _____ |
| 2 | Omar Walid Mohamed | 15 | DEGLA | 1:19.90 | _____ |
| 3 | Anas Essam Shaban | 15 | Y.M.C.A | 1:19.49 | _____ |
| 4 | Ziad Haitham Mohamed | 15 | Rio | 1:19.36 | _____ |
| 5 | Mostafa Ashraf Awaad | 17 | SHOBR | 1:18.75 | _____ |
| 6 | Adham Mahmoud Mohamed | 15 | ENPPI | 1:19.26 | _____ |
| 7 | Abdelrahman Khaled Moha | 16 | HLWAN | 1:19.38 | _____ |
| 8 | Hamza Mahmoud Hamza | 16 | DEGLA | 1:19.64 | _____ |
| 9 | Mathio Michael Email Tawf | 15 | Olympic Champion | 1:20.03 | _____ |
| 10 | Mazen Ehab Farouk | 17 | TRSAN | 1:21.69 | _____ |

Heat 12 of 36 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Mazen Mahmoud Gmal | 15 | SHAMS | 1:18.06 | _____ |
| 2 | Gasser Mohamed Elsaïd Ma | 15 | SMOHA | 1:17.46 | _____ |
| 3 | Omar Salah Salah Ghonem | 16 | New Giza | 1:17.36 | _____ |
| 4 | Abdel Rahman Ahmed El_fi | 16 | Sporting | 1:17.34 | _____ |
| 5 | Mostafa Ahmed Mahmoud | 17 | TRSAN | 1:17.08 | _____ |
| 6 | Selim Mohamed Essawy | 15 | Sporting | 1:17.23 | _____ |
| 7 | Omar Ahmed Mohamed Ma | 15 | DEGLA | 1:17.35 | _____ |
| 8 | Youssef Ahmed Abdelaziz A | 16 | Olympic | 1:17.40 | _____ |
| 9 | Aly Mohamed Abd Elmotell | 15 | Y.M.C.A | 1:17.63 | _____ |
| 10 | Yahia Mohamed Mahmoud | 15 | Sporting | 1:18.55 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 13 Finals (#7 Men 15 & Over 100 LC Meter Backstroke)

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Hossam Ashraf Ali | 15 | Elethad | 1:16.78 | _____ |
| 2 | Kerolos Sameh Fawzy | 15 | Y.M.C.A | 1:16.46 | _____ |
| 3 | Omar Sameh Mahmoud | 17 | Tlaea El Ostol | 1:16.27 | _____ |
| 4 | Youssef Mohamed Abo Ely | 17 | DEGLA | 1:15.93 | _____ |
| 5 | Ebrahim Mohamed Nafea | 15 | Swim Home | 1:15.49 | _____ |
| 6 | Mohanad Eldein Fathy Shaa | 15 | Elethad | 1:15.61 | _____ |
| 7 | Kamal Magdy Kamal Ahme | 16 | Elethad | 1:15.96 | _____ |
| 8 | Mahmoud Hossam Mahmou | 16 | Bank Ahly Alex | 1:16.43 | _____ |
| 9 | Ziad Osama Abdel Fatah M | 23 | DEGLA | 1:16.51 | _____ |
| 10 | Nour Hossam Ahmed Salah | 17 | ZMALK | 1:17.03 | _____ |

Heat 14 of 36 Finals

| | | | | | |
|----|---------------------------|----|-------------|---------|-------|
| 1 | Moustafa Ahmed Mahmoud | 15 | Olympic | 1:15.18 | _____ |
| 2 | Ahmed Ehab El Sayed Abd | 15 | DEGLA | 1:15.07 | _____ |
| 3 | Hamza Mohamed Mana3 | 15 | A S E C | 1:14.64 | _____ |
| 4 | Abd Elhalim Alaa Abd Elha | 17 | ZOHUR | 1:14.50 | _____ |
| 5 | Mazen Ahmed Mohamed Al | 15 | Olympic | 1:14.40 | _____ |
| 6 | Adam Mohamed El Sayed | 15 | Police Club | 1:14.41 | _____ |
| 7 | Mohamed Yaser Mohamed | 15 | DEGLA | 1:14.60 | _____ |
| 8 | Moemen Ahmed Moemen | 15 | MRAC | 1:14.99 | _____ |
| 9 | Zien El Hashash | 15 | Sporting | 1:15.16 | _____ |
| 10 | Omar Sadik Kamal | 15 | DEGLA | 1:15.37 | _____ |

Heat 15 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Adam Yasser Shaker | 16 | New Giza | 1:14.23 | _____ |
| 2 | Yasien Tamer Othman | 16 | ZMALK | 1:14.04 | _____ |
| 3 | Noureldeen Mahmoud Moha | 15 | Bitash | 1:13.98 | _____ |
| 4 | Abd Alla Amr Ali Ahmed | 16 | ZOHUR | 1:13.81 | _____ |
| 5 | Mohamed Ibrahim Kotb | 15 | DEGLA | 1:13.76 | _____ |
| 6 | Adham Ashraf Mohamed Al | 15 | DEGLA | 1:13.76 | _____ |
| 7 | Yassin Haitham Hassan | 15 | DEGLA | 1:13.92 | _____ |
| 8 | Omar Abdelaziz Mohamed | 15 | Elethad | 1:14.04 | _____ |
| 9 | Abd Elaziz Mohamed Abd I | 16 | ZOHUR | 1:14.14 | _____ |
| 10 | Nour Mohamed Fawzy Abd | 17 | Olympic | 1:14.27 | _____ |

Heat 16 of 36 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Ahmed Sameh Saied Khami | 16 | Olympic | 1:13.71 | _____ |
| 2 | Omar Shref Ahmad | 15 | HELOP | 1:13.70 | _____ |
| 3 | Ahmed Mahmoud Eldabah | 15 | SMOHA | 1:13.58 | _____ |
| 4 | Karim Mohamed Mahlab | 16 | MAADI | 1:13.37 | _____ |
| 5 | Abdelrhman Mohamed Abd | 15 | 6 OCT | 1:13.14 | _____ |
| 6 | Hassan Hussein Mohamad I | 16 | SMOHA | 1:13.16 | _____ |
| 7 | Ahmed amr Saidabu Elfadle | 15 | TANTA | 1:13.49 | _____ |
| 8 | Youssef Karam Ahmed Zan | 15 | ENPPI | 1:13.66 | _____ |
| 9 | Adham Ahmed Hamam Abu | 15 | TANTA | 1:13.70 | _____ |
| 10 | Ali Mourad Salaheldein | 16 | New Giza | 1:13.73 | _____ |

Heat 17 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Youssef Mohamed Fathy | 17 | New Giza | 1:12.86 | _____ |
| 2 | Kress Nader abd Elsaid | 17 | Cairo | 1:12.71 | _____ |
| 3 | Yassin Hazem Taher | 16 | MAY15 | 1:12.40 | _____ |
| 4 | Yassen Amro Mohamed | 15 | Bitash | 1:12.33 | _____ |
| 5 | Yousif Ahmed Mostafa Elm | 15 | SHOOT | 1:12.11 | _____ |
| 6 | Omar Zeyad Mohamed | 17 | Sporting | 1:12.13 | _____ |
| 7 | Mohammed Mahmoud Gam | 15 | El Temsah | 1:12.39 | _____ |
| 8 | Ali Ahmed Soliman Ali | 19 | RWAD | 1:12.42 | _____ |
| 9 | Adham Mohamed Farouk | 15 | SHOOT | 1:12.83 | _____ |
| 10 | Seif Samer Seif Elsaied | 17 | Bank Ahly Alex | 1:12.88 | _____ |

Heat 18 of 36 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Adam Mohamed Abdeldaye | 17 | Olympic | 1:11.90 | _____ |
| 2 | Mohab Ahmed Abdel Fattah | 16 | Elethad | 1:11.85 | _____ |
| 3 | Hamza Adel Mohamed | 15 | DEGLA | 1:11.81 | _____ |
| 4 | Marawan Ahmed Mohamed | 15 | Bitash | 1:11.76 | _____ |
| 5 | Malek Wael | 15 | SMOHA | 1:11.70 | _____ |
| 6 | Belal Sheref Sery | 17 | TANTA | 1:11.71 | _____ |
| 7 | Mohamed Sameh Mohamed | 15 | Olympic | 1:11.80 | _____ |
| 8 | Mohamed Aboelazm Magha | 16 | 6 OCT | 1:11.85 | _____ |
| 9 | Ibrahim Mahmoud Borhami | 15 | DEGLA | 1:11.89 | _____ |
| 10 | Abdel Rahman Karim Ashra | 15 | GEZIR | 1:11.91 | _____ |

Heat 19 of 36 Finals

| | | | | | |
|----|-------------------------|----|--------------|---------|-------|
| 1 | ezz el din Ihab | 15 | Sporting | 1:11.60 | _____ |
| 2 | Bassem Walid Ibrahim | 15 | DEGLA | 1:11.49 | _____ |
| 3 | Omar Ehab Mhmoud Hasan | 17 | SMOHA | 1:11.35 | _____ |
| 4 | Marwan Moataz Gamal Ald | 15 | Pegasus Club | 1:11.25 | _____ |
| 5 | Omar Ehab Ahmed Ghoraba | 19 | A S E C | 1:11.04 | _____ |
| 6 | Mohamed Waled Barakat | 16 | HELOP | 1:11.05 | _____ |
| 7 | Adel Mohamad Adel Ramac | 16 | SMOHA | 1:11.33 | _____ |
| 8 | Yassen Ahmad Ebrahim Ka | 16 | SMOHA | 1:11.39 | _____ |
| 9 | Ahmed Fahd Mahmoud | 15 | HELOP | 1:11.50 | _____ |
| 10 | Nadem Hany Abdellatef | 16 | Elethad | 1:11.69 | _____ |

Heat 20 of 36 Finals

| | | | | | |
|----|--------------------------|----|-----------------|---------|-------|
| 1 | Sofyan Mohamed Ahmed | 15 | Wave | 1:11.02 | _____ |
| 2 | Omar Ibrahim Mohamed | 15 | Tlaea El Ostol | 1:10.87 | _____ |
| 3 | Badr Ali Ahmed | 19 | Elethad | 1:10.78 | _____ |
| 4 | Ahmed Abdel Rrhim | 15 | ZOHUR | 1:10.76 | _____ |
| 5 | Isma'el Mohamed Isma'elm | 15 | RWAD | 1:10.66 | _____ |
| 6 | Marwan Ahmed Reda | 19 | Marina Sporting | 1:10.74 | _____ |
| 7 | Omar Ayman Zakaria | 17 | SMOHA | 1:10.76 | _____ |
| 8 | Ziad Hasham m. Mahfouz | 15 | TANTA | 1:10.78 | _____ |
| 9 | Mazen Mohamed Adel | 19 | Elethad | 1:11.00 | _____ |
| 10 | Khaled Mohamed Elsyed Ta | 18 | SMOHA | 1:11.03 | _____ |

Heat 21 of 36 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Youssef Galal Ezz | 16 | Elethad | 1:10.36 | _____ |
| 2 | Ahmed Sameh Mohamed El | 16 | HELOP | 1:10.24 | _____ |
| 3 | Mohamed Moatazbellah Mc | 16 | DEGLA | 1:10.22 | _____ |
| 4 | Mahmoud Mohamed Mahm | 17 | SHOOT | 1:09.84 | _____ |
| 5 | Ziad Hateem Foaad | 17 | Elethad | 1:09.78 | _____ |
| 6 | Mohamed Ahmed Abdelaal | 15 | HLWAN | 1:09.83 | _____ |
| 7 | Sohail Omar Mohamed Harl | 15 | SHAMS | 1:10.03 | _____ |
| 8 | Mahmoud Hesham Fatouh | 15 | SMOHA | 1:10.24 | _____ |
| 9 | Adam Ahmed Hussein Ahm | 15 | ZMALK | 1:10.28 | _____ |
| 10 | Hamza Walid Abdelaziz | 15 | Elethad | 1:10.54 | _____ |

Heat 22 of 36 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Omar Mohamed Abdelghaf | 17 | SMOHA | 1:09.72 | _____ |
| 2 | Karem Moatasem Mahmouc | 16 | DEGLA | 1:09.68 | _____ |
| 3 | Hussein Mohamed Hussein | 16 | DEGLA | 1:09.64 | _____ |
| 4 | Youssef Sameh Ahmed Zaie | 16 | SHOOT | 1:09.48 | _____ |
| 5 | Islam amr abd el Khalek | 17 | GHARB | 1:09.36 | _____ |
| 6 | Yassin usama Farouk | 15 | TRSAN | 1:09.46 | _____ |
| 7 | Mazen Almansy | 16 | Baladyat El Maha | 1:09.60 | _____ |
| 8 | Ahmed Ashraf Elsayed | 15 | Swim Home | 1:09.67 | _____ |
| 9 | Omar Hashem Mohamed | 15 | Wave | 1:09.71 | _____ |
| 10 | Yossef Ihab Youssef | 18 | Elethad | 1:09.74 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 23 Finals (#7 Men 15 & Over 100 LC Meter Backstroke)

| | | | | | |
|----|----------------------------|----|------------------|---------|-------|
| 1 | Yassin Mohamed Saleh Abd | 16 | Olympic | 1:09.14 | _____ |
| 2 | Mohamed Wael Ibrahim De | 16 | TWFIK | 1:08.98 | _____ |
| 3 | Moemen Ayman Ahmed | 16 | Al Hawar | 1:08.86 | _____ |
| 4 | Omar Ahmed Elnabarwy | 15 | TANTA | 1:08.65 | _____ |
| 5 | Amar Ayman Taha Abo Nea | 15 | Olympic Champion | 1:08.53 | _____ |
| 6 | Ahmed Eid Hamad Ahmed | 18 | NASR | 1:08.59 | _____ |
| 7 | Yasin Mossa Moh. Faghr El | 16 | GEZIR | 1:08.72 | _____ |
| 8 | Malek Emad El Din Hamdy | 16 | Swim Home | 1:08.92 | _____ |
| 9 | Aley Yassen Aaref Ateya Ka | 17 | SHOOT | 1:09.10 | _____ |
| 10 | abd Elrahman Elsaied Foud | 15 | TALBE | 1:09.19 | _____ |

Heat 24 of 36 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Yassin el Midany | 15 | Sporting | 1:08.35 | _____ |
| 2 | Abelrahman Khaled Abdeln | 17 | Olympic | 1:08.30 | _____ |
| 3 | Yahia Mohamed Salama Mc | 16 | SHAMS | 1:08.25 | _____ |
| 4 | Youssef Ahmed Samir | 16 | DEGLA | 1:08.17 | _____ |
| 5 | Adam Ayman A.Aziz | 16 | DEGLA | 1:08.10 | _____ |
| 6 | Hazem Omar Mohamad Fat | 16 | SMOHA | 1:08.12 | _____ |
| 7 | Yassin Kariem Mohamed | 15 | DEGLA | 1:08.22 | _____ |
| 8 | Mahmoud Haitham Mahmo | 16 | GHABA | 1:08.29 | _____ |
| 9 | Awny Mohamad Awny | 17 | SMOHA | 1:08.31 | _____ |
| 10 | Mohamed Ahmed Ghazala | 15 | Damnhor Sport | 1:08.46 | _____ |

Heat 25 of 36 Finals

| | | | | | |
|----|--------------------------|----|--------------|---------|-------|
| 1 | Moustafa amr Abdelazem | 16 | HLWAN | 1:08.01 | _____ |
| 2 | Abdallah Mohamed Hassan | 15 | DEGLA | 1:07.67 | _____ |
| 3 | Ahmed Ramee Ahmed Hash | 17 | 6 OCT | 1:07.48 | _____ |
| 4 | Mohamed Ziad Sharaf Diab | 15 | SMOHA | 1:07.33 | _____ |
| 5 | Moaz Eslam Kamal Eldeen | 16 | SMOHA | 1:07.17 | _____ |
| 6 | Abdalla Mohamed Mhfoz F | 17 | 6 OCT | 1:07.25 | _____ |
| 7 | Martin Emad Rizk | 18 | Y.M.C.A | 1:07.45 | _____ |
| 8 | Yehya Mohamed Talaat | 15 | DEGLA | 1:07.60 | _____ |
| 9 | Ibrahim Ahmed Zaki | 15 | SHOOT | 1:07.71 | _____ |
| 10 | Eyad Wael Abdelkader | 16 | El Mostakbal | 1:08.03 | _____ |

Heat 26 of 36 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Youssef Wala Mohamed Tav | 17 | SMOHA | 1:07.06 | _____ |
| 2 | Omar Adel Saied Hassan | 15 | ZMALK | 1:06.84 | _____ |
| 3 | Ahmed Moataz Ahmed Fath | 15 | SMOHA | 1:06.78 | _____ |
| 4 | Ahmed Manssor Saed | 16 | Bitash | 1:06.63 | _____ |
| 5 | omr Mohamed Hany Manso | 15 | AHLY | 1:06.50 | _____ |
| 6 | Omar Khaled Khamis | 19 | A S E C | 1:06.52 | _____ |
| 7 | Hady Mohamed Foad | 18 | MRAC | 1:06.71 | _____ |
| 8 | Farouk Mohamed Farouk M | 15 | Gezira El Ward | 1:06.83 | _____ |
| 9 | Omar Karem Mahmoud Abc | 16 | Elethad | 1:07.05 | _____ |
| 10 | Yassin Khaled Shrif Moham | 15 | Bank Ahly Alex | 1:07.14 | _____ |

Heat 27 of 36 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Yossef Ayman Said | 16 | GHABA | 1:06.39 | _____ |
| 2 | Farouk Mohamed Moharam | 16 | DEGLA | 1:06.30 | _____ |
| 3 | Ibrahim Bahaeldin Ibrahim | 16 | Olympic | 1:06.21 | _____ |
| 4 | Omar Mohamedm Hamza C | 19 | BNK.G | 1:06.13 | _____ |
| 5 | Yassen Hussein Mohammed | 15 | Zahraa Helwan | 1:06.09 | _____ |
| 6 | Eyad Mohamed Ahmed | 15 | AHLY | 1:06.12 | _____ |
| 7 | Zyad Mohamed Moawad | 19 | ZMALK | 1:06.18 | _____ |
| 8 | Abdelrahman Adel Fawzy | 17 | SMOHA | 1:06.23 | _____ |
| 9 | Yousif Wael Hamed Elsaid | 20 | SMOHA | 1:06.39 | _____ |
| 10 | Omar Ahmed Mohamed Gal | 16 | RWAD | 1:06.43 | _____ |

Heat 28 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Mohamed Ahmed Mohamec | 17 | RWAD | 1:06.04 | _____ |
| 2 | Eyad Alaa El Kholy | 17 | DEGLA | 1:05.96 | _____ |
| 3 | Adham Shady Medhat Esmæ | 15 | Gezira El Ward | 1:05.80 | _____ |
| 4 | Malek Maged Mohamed | 17 | ZOHUR | 1:05.69 | _____ |
| 5 | abd Elrhman Mosad Abosre | 16 | MAY15 | 1:05.60 | _____ |
| 6 | Abd Allah Ahmed Abd El A | 16 | MAADI | 1:05.67 | _____ |
| 7 | Adham Ahmed Abdelaziz A | 17 | Stad Mansoura | 1:05.76 | _____ |
| 8 | Omar Ayman Esmael Emam | 16 | 6 OCT | 1:05.89 | _____ |
| 9 | aly Eldin Ahmed Mohamed | 17 | ZMALK | 1:06.03 | _____ |
| 10 | Yasein Hossam aly | 17 | ZMALK | 1:06.09 | _____ |

Heat 29 of 36 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Adham Bahr Yihya Saad | 15 | Bank Ahly Alex | 1:05.41 | _____ |
| 2 | Mazen Ashraf Mohamed Ab | 19 | Bank Ahly Alex | 1:05.34 | _____ |
| 3 | Mostafa Ahmed Mostafa | 16 | TALBE | 1:05.28 | _____ |
| 4 | Farouk Ahmed Mohamed A | 15 | Bank Ahly Alex | 1:05.23 | _____ |
| 5 | AbdelRahman Ehab Elshim | 17 | Sporting | 1:05.16 | _____ |
| 6 | Ahmed Hani Ezzat | 16 | SHOOT | 1:05.16 | _____ |
| 7 | Adham Amr Ahmed ElShar | 16 | DEGLA | 1:05.26 | _____ |
| 8 | Adham Elsayed Ali | 17 | DEGLA | 1:05.32 | _____ |
| 9 | Loaay Motasem Alaaeldin | 17 | ZMALK | 1:05.36 | _____ |
| 10 | Ahmed Yaser Mohamed | 19 | M.ARB | 1:05.43 | _____ |

Heat 30 of 36 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Hazem Ahmed Hamdy | 15 | HADAK | 1:05.11 | _____ |
| 2 | Omar Tamer Issa | 16 | RWAD | 1:05.07 | _____ |
| 3 | Zian Mahmoud Fawzy | 15 | A S E C | 1:05.06 | _____ |
| 4 | Mohamed Medhat Shalby | 16 | HELOP | 1:04.73 | _____ |
| 5 | Ziad Emad Atya | 17 | DEGLA | 1:04.23 | _____ |
| 6 | Mazen Karim Hassan | 18 | AHLY | 1:04.71 | _____ |
| 7 | Mahmoud Mohamed Mahm | 18 | SHOOT | 1:04.96 | _____ |
| 8 | Seif Elden Osama Darwesh | 17 | TANTA | 1:05.06 | _____ |
| 9 | Mohamed Abdalla el Bosati | 17 | SHROK | 1:05.09 | _____ |
| 10 | Yassien Tarek Mahmoud | 15 | Cairo | 1:05.11 | _____ |

Heat 31 of 36 Finals

| | | | | | |
|----|-------------------------|----|----------|---------|-------|
| 1 | Karim Yasser Mamdouh | 18 | SHOOT | 1:04.12 | _____ |
| 2 | Yousef Hisham Mahmoud | 15 | ZMALK | 1:03.84 | _____ |
| 3 | Ahmed Mohamed Ahmed A | 17 | DEGLA | 1:03.74 | _____ |
| 4 | Mahmod Mahmod Yasen es | 18 | TANTA | 1:03.61 | _____ |
| 5 | Yosef Hatem ali Ahmed | 17 | Al Hawar | 1:03.56 | _____ |
| 6 | Kamal El Din Mokhtar | 20 | DEGLA | 1:03.58 | _____ |
| 7 | Mohamed Ramy Mohamed | 19 | AHLY | 1:03.73 | _____ |
| 8 | Amar Haitham Mohamed Sæ | 17 | SHAMS | 1:03.78 | _____ |
| 9 | Adam Bahaeldin Salah | 15 | SMOHA | 1:03.94 | _____ |
| 10 | Zein Hisham Hamdy | 15 | ZMALK | 1:04.13 | _____ |

Heat 32 of 36 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Omar Tarek Abdel-Rahman | 17 | AHLY | 1:03.16 | _____ |
| 2 | Mostafa Adel Mohamed Sar | 18 | SHOOT | 1:03.00 | _____ |
| 3 | Yousif Mahmoud Mohamm | 18 | SHOOT | 1:02.97 | _____ |
| 4 | Adam Mohamed Mahmoud | 16 | SHOOT | 1:02.75 | _____ |
| 5 | A.Rahman Mohamed Salem | 16 | DEGLA | 1:02.68 | _____ |
| 6 | Malek Waled Ibrahim Hussi | 17 | SMOHA | 1:02.73 | _____ |
| 7 | abd Elrhman Mohamed Ahn | 17 | Elethad | 1:02.83 | _____ |
| 8 | Khaled Hesham Ahmed | 17 | Elethad | 1:02.98 | _____ |
| 9 | Yassin Amr Adel | 16 | AHLY | 1:03.05 | _____ |
| 10 | Mohamed Ahmed Salem | 20 | GHABA | 1:03.23 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 33 Finals (#7 Men 15 & Over 100 LC Meter Backstroke)

| | | | | | |
|----|----------------------------|----|----------|---------|-------|
| 1 | Mohamed Ibrahim Elkhdry | 18 | Elethead | 1:02.28 | _____ |
| 2 | Hussin Mohamed Hussin | 19 | TALBE | 1:01.96 | _____ |
| 3 | Mohamed Ahmed Mohamec | 20 | SMOHA | 1:01.84 | _____ |
| 4 | Karim Adel Ahmed Bahgat | 21 | ZOHUR | 1:01.69 | _____ |
| 5 | Abd El Rahman Hisham Fat | 18 | Sporting | 1:01.05 | _____ |
| 6 | Karim Ahmed Naser Abdelr | 18 | SMOHA | 1:01.32 | _____ |
| 7 | Kareem Hossam Ahmed Sal | 16 | SMOHA | 1:01.73 | _____ |
| 8 | Yassin Hussein Nabil Husse | 16 | SHOOT | 1:01.93 | _____ |
| 9 | Mohanad Sameheldin Elsay | 16 | Olympic | 1:01.97 | _____ |
| 10 | Yassen Osama Yosef Ebrahe | 16 | SMOHA | 1:02.35 | _____ |

Heat 34 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Omar Ahmed Mohamed Ibr | 15 | SMOHA | 1:00.85 | _____ |
| 2 | Hamza Moahmed Mhmoud | 17 | SMOHA | 1:00.82 | _____ |
| 3 | Omar Mohamed Tawfek | 16 | Al Hawar | 1:00.65 | _____ |
| 4 | Anas Mohamed Saad | 15 | DEGLA | 1:00.62 | _____ |
| 5 | Adam HossamEldin Mohar | 17 | SMOHA | 1:00.41 | _____ |
| 6 | Saied Mohamed Abd Elgaw | 21 | Sporting | 1:00.52 | _____ |
| 7 | Seif Sayed Mahmoud | 18 | HLWAN | 1:00.63 | _____ |
| 8 | Yosif Ahmed Mohsen | 17 | NASR | 1:00.68 | _____ |
| 9 | Zeiad Ahmed Abdelazim At | 22 | MAADI | 1:00.85 | _____ |
| 10 | Aly Amr Ahmed Shaaban | 22 | Bank Ahly Alex | 1:00.89 | _____ |

Heat 35 of 36 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Yassen Mohamed Abdelgwa | 18 | FAROS | 1:00.29 | _____ |
| 2 | Moustafa Abdo Mohamed S | 22 | RWAD | 1:00.22 | _____ |
| 3 | Mohamed Taha Abd El Raou | 19 | DEGLA | 1:00.05 | _____ |
| 4 | Sherif Yaser Ali Meaabed | 21 | 6 OCT | 59.94 | _____ |
| 5 | Omar Ahmed Salah | 18 | AHLY | 59.80 | _____ |
| 6 | Youssef Amr Sayed | 18 | DEGLA | 59.91 | _____ |
| 7 | Yousif Ahmed Ragab Elshar | 19 | SMOHA | 1:00.03 | _____ |
| 8 | Ahmed Adel Mohamed Mes | 24 | AHLY | 1:00.07 | _____ |
| 9 | Yousif Mohamed Khalaf | 23 | SMOHA | 1:00.26 | _____ |
| 10 | Mahmoud El Walid Abd El | 18 | MAADI | 1:00.30 | _____ |

Heat 36 of 36 Finals

| | | | | | |
|----|-------------------------|----|----------|-------|-------|
| 1 | Ahmed Hattem Ahmed | 19 | DEGLA | 59.48 | _____ |
| 2 | Mohamed Walid Azouz | 20 | AHLY | 59.23 | _____ |
| 3 | Abdel Rahman Mohamed A | 22 | AHLY | 58.81 | _____ |
| 4 | Marwan Ali Mahmoud | 16 | DEGLA | 58.42 | _____ |
| 5 | Abdel Rahman Amr Farag | 17 | SHOOT | 56.76 | _____ |
| 6 | Mohamed Ahm. Aly Moh. I | 20 | GEZIR | 57.75 | _____ |
| 7 | Islam Mohamed Nashaat | 18 | MAADI | 58.54 | _____ |
| 8 | Waleid Mohamed Sobhy | 21 | ZMALK | 59.17 | _____ |
| 9 | Eyad Mohsen Isamil ali | 17 | SHAMS | 59.28 | _____ |
| 10 | Mohab El Din Fathy | 23 | Sporting | 59.77 | _____ |

Event 8 Women 15 & Over 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|----------------------------|----------------------------|-----|------------------|-----------|-------|
| Heat 1 of 36 Finals | | | | | |
| 1 | Lamar Ahmed Mohamed | 17 | Elethead | NT | _____ |
| 2 | Mariam Adel Youssef Hassa | 15 | A S E C | NT | _____ |
| 3 | Jana Ahmed El Sayed | 15 | DEGLA | NT | _____ |
| 4 | Fagr Sherif Kamel | 17 | DEGLA | NT | _____ |
| 5 | Jana Mohamed Mohsen Nas | 16 | Stad Mansoura | NT | _____ |
| 6 | Shahira Ebrahim Aboelham | 15 | Y.M.C.A | NT | _____ |
| 7 | Malak Mohamed Abbas Mo | 19 | MAADI | NT | _____ |
| 8 | Jana Mohamed Aboelossad | 16 | TANTA | NT | _____ |
| 9 | Jana Alla Mohamed | 16 | Minia Sport Clup | NT | _____ |
| 10 | Habiba Shady Mohamed | 16 | DEGLA | NT | _____ |
| Heat 2 of 36 Finals | | | | | |
| 1 | Masa Mostafa abd Elghany | 16 | TANTA | NT | _____ |
| 2 | Jode Mohamad Yossef Moh | 16 | SMOHA | NT | _____ |
| 3 | Nazly Karim EIDin Ahm. H | 17 | GEZIR | NT | _____ |
| 4 | Arwa Faysal Al Sherif | 16 | AHLY | NT | _____ |
| 5 | Habtalla Moustafa Fathey | 15 | Bitash | NT | _____ |
| 6 | Goudy Abdelhalem Fathala | 19 | Bank Ahly Alex | NT | _____ |
| 7 | Malak Ahmed Ibrahim Kanc | 15 | SHAMS | NT | _____ |
| 8 | Farah Mohamed Moussa Kc | 19 | Olympic | NT | _____ |
| 9 | Raghd Mohamed Elsaid Mo | 19 | SMOHA | NT | _____ |
| 10 | Lama Tamer Mohamed Ahn | 19 | SMOHA | NT | _____ |
| Heat 3 of 36 Finals | | | | | |
| 1 | Farah Ahmed | 16 | HELOP | NT | _____ |
| 2 | Habiba Attia Youssef | 16 | SENZO | NT | _____ |
| 3 | Malak Ahmed Ramadan | 16 | Qaroun | NT | _____ |
| 4 | Ganna Safwat Salah | 17 | AHLY | NT | _____ |
| 5 | Laila Mohamed Mahmoud | 16 | SHOOT | NT | _____ |
| 6 | Lamees Amr Mhmoud Elsol | 17 | 6 OCT | NT | _____ |
| 7 | Shahd Yousry Mohamed Ha | 19 | Olympic | NT | _____ |
| 8 | Mehrael Abdelmalak Fangar | 15 | DEGLA | NT | _____ |
| 9 | Maya Kamal Mohamed Mh | 18 | SMOHA | NT | _____ |
| 10 | Kinzi Husayn | 15 | Zahraa Helwan | NT | _____ |
| Heat 4 of 36 Finals | | | | | |
| 1 | Asil Saied Ramdan | 15 | Wave | NT | _____ |
| 2 | Goumana aly Abdelgafar | 15 | ZMALK | NT | _____ |
| 3 | Mryiam Mena Samy | 16 | Elethead | NT | _____ |
| 4 | Jihan Hassan Hamdy | 15 | Marina Sporting | NT | _____ |
| 5 | Yara Sherif Mohamed | 15 | DEGLA | NT | _____ |
| 6 | Nour Mohamed Rabie | 15 | HELOP | NT | _____ |
| 7 | Hana Ali Zain Alabdeen | 15 | Police Club | NT | _____ |
| 8 | Farida Sherif Ahmed Taha | 17 | SHOOT | NT | _____ |
| 9 | Farah Amr Abdel Motaleib | 21 | SHOOT | NT | _____ |
| 10 | Farida Moustafa Abd Elaziz | 18 | Sporting | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 5 Finals (#8 Women 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|----------------------------|----|----------|----|-------|
| 1 | Zaina Ahmed Mohamed Mo | 15 | Olympic | NT | _____ |
| 2 | Khadega Mohamed Ibrahim | 15 | DEGLA | NT | _____ |
| 3 | Karma Mohamed Elwakiel | 17 | SMOHA | NT | _____ |
| 4 | Laila Ossama | 15 | Sporting | NT | _____ |
| 5 | Nourhan Sabri Ahmed | 16 | ROYAL | NT | _____ |
| 6 | Salsabil Samer Abdalla Sha | 19 | Y.M.C.A | NT | _____ |
| 7 | Haneen Tamer Ahmed | 17 | DEGLA | NT | _____ |
| 8 | Farida Ahmed Fouad | 18 | DEGLA | NT | _____ |
| 9 | Lojin Mohamed Moustafa | 18 | A S E C | NT | _____ |
| 10 | Kenzy Hazem Moneeb | 18 | Cairo | NT | _____ |

Heat 6 of 36 Finals

| | | | | | |
|----|-------------------------|----|----------------|----|-------|
| 1 | Hala Ahmed Mohamed Hasl | 15 | Gezira El Ward | NT | _____ |
| 2 | Ayla Mohamed Ali EL Med | 16 | HELOP | NT | _____ |
| 3 | Salma Ahmed Ibrahim | 15 | Gezira El Ward | NT | _____ |
| 4 | Nour Elshamy | 16 | Sporting | NT | _____ |
| 5 | Kenzy Mowafy Mahmoud | 15 | SMOHA | NT | _____ |
| 6 | Salma Osama Mohamed Da | 18 | TANTA | NT | _____ |
| 7 | Joudy Mohamed Saied | 16 | ZOHUR | NT | _____ |
| 8 | Malk Waled Shoukry | 15 | Bitash | NT | _____ |
| 9 | Farida Ahmed Hussien | 15 | SMOHA | NT | _____ |
| 10 | Mariam Mohamed Soliman | 17 | DEGLA | NT | _____ |

Heat 7 of 36 Finals

| | | | | | |
|----|--------------------------|----|-------------|----|-------|
| 1 | Salma Gamal Nabel Hetam | 15 | TANTA | NT | _____ |
| 2 | Nada Mohamed Rabie | 15 | HELOP | NT | _____ |
| 3 | Laila Mohamed Brekaa Taw | 15 | SHAMS | NT | _____ |
| 4 | Hanin Mahomud Hasan | 17 | BNK.G | NT | _____ |
| 5 | Merna Osama Ahmed | 15 | Elec | NT | _____ |
| 6 | mai Mohamed Abdelmonem | 15 | MRAC | NT | _____ |
| 7 | Hana Mohamed Rashad | 15 | HLWAN | NT | _____ |
| 8 | Sama Atef Sayed | 16 | DEGLA | NT | _____ |
| 9 | Doha Wael Saleh | 17 | DEGLA | NT | _____ |
| 10 | Remas Amr El Said Badwy | 15 | Police Club | NT | _____ |

Heat 8 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------|----|-------|
| 1 | Logain Amir Mohamed Else | 15 | Elethead | NT | _____ |
| 2 | Retaj Ahmed Mahmoud | 15 | SMOHA | NT | _____ |
| 3 | Salma Mohamed Ezzat Moh | 17 | DEGLA | NT | _____ |
| 4 | Farah Ahmed Sadelden Rag | 18 | 6 OCT | NT | _____ |
| 5 | Lamar Ayman Anwar Naga | 15 | Olympic | NT | _____ |
| 6 | Khadiga Ahmed | 15 | Elethead | NT | _____ |
| 7 | Nour Mohamed Hussien Al | 15 | A S E C | NT | _____ |
| 8 | Habeba Mohamed Moussa H | 19 | Olympic | NT | _____ |
| 9 | Rawan Gamal Hussein Han | 15 | MRAC | NT | _____ |
| 10 | Gody Ayman Mohamed Fatl | 16 | MRAC | NT | _____ |

Heat 9 of 36 Finals

| | | | | | |
|----|--------------------------|----|------------|----|-------|
| 1 | Maria Nader Sedeky | 15 | Ismaily | NT | _____ |
| 2 | Shams Mohamed Mahmoud | 15 | Ellaban | NT | _____ |
| 3 | Salma Abdel Hamid Mazrou | 18 | DEGLA | NT | _____ |
| 4 | Nour Yasser Gamal | 15 | Elethead | NT | _____ |
| 5 | Farah Tarek | 18 | AHLY | NT | _____ |
| 6 | Jana Mohamed Elshishtawy | 15 | DEGLA | NT | _____ |
| 7 | Lamar Maged Abdel Gawad | 17 | DEGLA | NT | _____ |
| 8 | Marim Ali Mousalm Ahmed | 17 | Olympic | NT | _____ |
| 9 | Myriam Hussein Mahmoud | 15 | Luxor Club | NT | _____ |
| 10 | Retag Ahmed Saber | 17 | DEGLA | NT | _____ |

Heat 10 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Farah Mohamed Fekre Most | 16 | SHRKS | NT | _____ |
| 2 | Farah Waled Ibrahim | 17 | TALBE | NT | _____ |
| 3 | Zeina Wael Abdel Aziz | 15 | SHOOT | NT | _____ |
| 4 | Karma Ahmed Nabil | 20 | SHOOT | NT | _____ |
| 5 | Rawan Ahmed AbdElwahab | 19 | SMOHA | NT | _____ |
| 6 | Reem Ahmed Elsayed | 17 | Tlaea El Ostol | NT | _____ |
| 7 | Aisha Ahmed AbdElmagid | 18 | Sporting | NT | _____ |
| 8 | Areej Wael Ezzat | 16 | Qaroun | NT | _____ |
| 9 | Hasnaa Ayman Ahmed Ali | 18 | SMOHA | NT | _____ |
| 10 | Haya Hisham Abbas | 15 | ZOHUR | NT | _____ |

Heat 11 of 36 Finals

| | | | | | |
|----|-------------------------|----|------------------|---------|-------|
| 1 | Jana amr Farok | 16 | BNK.G | NT | _____ |
| 2 | Hana Hesham Saleh | 19 | DEGLA | NT | _____ |
| 3 | Salma Ahmed Ibrahim Eid | 15 | HELDO | NT | _____ |
| 4 | Dema Mohamed Mohamed | 15 | Olympic Champion | NT | _____ |
| 5 | Henar amr el Sofy | 16 | TRSAN | 1:38.18 | _____ |
| 6 | Malak Ashraf Abdo | 15 | EALAM | NT | _____ |
| 7 | Khadega Kaled | 16 | HELOP | NT | _____ |
| 8 | Goumana Mohamed Ibrahim | 16 | AHLY | NT | _____ |
| 9 | Hala Mohamed Mohsen Na | 16 | Stad Mansoura | NT | _____ |
| 10 | Kenzi Mohamed | 16 | A S E C | NT | _____ |

Heat 12 of 36 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Lavinia Hany Samir | 15 | DEGLA | 1:26.70 | _____ |
| 2 | Khadija Ahmed Adel | 15 | SHOOT | 1:25.74 | _____ |
| 3 | Habiba Heseen Farouk | 16 | SHOBR | 1:24.89 | _____ |
| 4 | Fatma Sameh Mohamed Elt | 15 | Olympic Champion | 1:24.41 | _____ |
| 5 | Gana Mohamed abd el Shaf | 16 | SHOBR | 1:23.82 | _____ |
| 6 | Mai Mohamed Abdallah | 15 | DEGLA | 1:23.87 | _____ |
| 7 | Radwa Mohamed Fawzy | 15 | A S E C | 1:24.88 | _____ |
| 8 | Jody Mohamed Ashour Zal | 16 | Elethead | 1:25.58 | _____ |
| 9 | Anjolina Tamer eid | 15 | MRAC | 1:26.58 | _____ |
| 10 | Retal Ahmed Mohamed | 15 | Police Club | 1:30.10 | _____ |

Heat 13 of 36 Finals

| | | | | | |
|----|-----------------------------|----|----------------|---------|-------|
| 1 | Nour El Hassan Ali Gad El l | 16 | DEGLA | 1:23.60 | _____ |
| 2 | Alina George Boutros | 16 | Elethead | 1:21.90 | _____ |
| 3 | Reem Ahmed Hassan Elhaw | 15 | TANTA | 1:21.22 | _____ |
| 4 | Hanen Mohamed Hassan El | 15 | Elethead | 1:20.58 | _____ |
| 5 | Alia Alaa-Eldeen Mohamed | 15 | ElGezira Youth | 1:20.32 | _____ |
| 6 | Sireen Hatem Rashad | 15 | Police Club | 1:20.58 | _____ |
| 7 | Habiba Mohamed Dyab | 15 | SHRKS | 1:20.77 | _____ |
| 8 | Klara Alfred Sabr | 19 | ZMALK | 1:21.77 | _____ |
| 9 | Ganna Hany Fouad | 15 | DEGLA | 1:23.34 | _____ |
| 10 | Malak Mohamed | 15 | SHOBR | 1:23.80 | _____ |

Heat 14 of 36 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Sara Hosam Adel | 15 | DEGLA | 1:20.00 | _____ |
| 2 | Maya Mohamed abd el Shaf | 16 | SHOBR | 1:19.14 | _____ |
| 3 | Kermina Saher Samir | 16 | DEGLA | 1:19.02 | _____ |
| 4 | Maryem Ahmed Refaat | 19 | Olympic | 1:18.32 | _____ |
| 5 | Ayten Karim Mohamed | 15 | DEGLA | 1:17.68 | _____ |
| 6 | Malak Mohamed Talaat | 15 | SHRKS | 1:17.69 | _____ |
| 7 | Zeina Mohamed El Saied | 18 | ENPPI | 1:18.96 | _____ |
| 8 | Gomana Osama Mohamed | 15 | Y.M.C.A | 1:19.02 | _____ |
| 9 | Dana Mohamed Selim Ahm | 15 | DEGLA | 1:19.86 | _____ |
| 10 | Nouray Tarek Halim Mohan | 15 | DEGLA | 1:20.17 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 15 Finals (#8 Women 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Hala Mohamed Ahmed | 15 | DEGLA | 1:17.45 | _____ |
| 2 | Alya Ahmed Elsaed Mahm | 16 | MRAC | 1:16.93 | _____ |
| 3 | Farah Ashraf abd el Aziz | 20 | Olympic | 1:16.67 | _____ |
| 4 | Nour Mohamed Abd El Had | 19 | Sporting | 1:16.50 | _____ |
| 5 | Aseil Islam Mohammed | 16 | ENPPI | 1:16.37 | _____ |
| 6 | Gamila Ahmed Mohamed E | 15 | MRAC | 1:16.48 | _____ |
| 7 | Rinad Mohamed Abdel Han | 15 | SHOOT | 1:16.57 | _____ |
| 8 | Shahira Abaza | 15 | Sporting | 1:16.81 | _____ |
| 9 | Karma Ayman Badr | 15 | SHOOT | 1:17.16 | _____ |
| 10 | Habiba Ayman Abbas Maar | 16 | Sporting | 1:17.57 | _____ |

Heat 16 of 36 Finals

| | | | | | |
|----|-----------------------------|----|----------|---------|-------|
| 1 | Jannat Ibrahim Saleh Fargha | 16 | Elethead | 1:16.25 | _____ |
| 2 | Nour Marwn Mazhar | 17 | HELOP | 1:16.09 | _____ |
| 3 | Laila Ahmed EL Sadek | 15 | HELOP | 1:15.70 | _____ |
| 4 | Malak Elsaed Mohamad Sal | 18 | SMOHA | 1:15.44 | _____ |
| 5 | Farida Wael Hamdy | 15 | SMOHA | 1:15.27 | _____ |
| 6 | Mayar Ahmed Fouad | 16 | ZMALK | 1:15.31 | _____ |
| 7 | Jana Alaa Ibrahim Hussien | 15 | SMOHA | 1:15.63 | _____ |
| 8 | Hanya Yasser Maoud | 21 | A S E C | 1:15.86 | _____ |
| 9 | Ratag Khaled Mohamed | 16 | DEGLA | 1:16.24 | _____ |
| 10 | Nada Tarek Ahmed | 17 | HLWAN | 1:16.26 | _____ |

Heat 17 of 36 Finals

| | | | | | |
|----|------------------------|----|----------------|---------|-------|
| 1 | Mariam Alaa Abd Elslam | 15 | SHOOT | 1:15.19 | _____ |
| 2 | Dara Adham Adel | 15 | SHOOT | 1:14.80 | _____ |
| 3 | Hania Mohamed Ibrahim | 17 | ENPPI | 1:14.70 | _____ |
| 4 | Roaah Ahmed Darwish | 17 | DEGLA | 1:14.60 | _____ |
| 5 | Gana Saif El Din Fekry | 15 | DEGLA | 1:14.55 | _____ |
| 6 | Sama Ahmed Mahmoud | 15 | HLWAN | 1:14.57 | _____ |
| 7 | Joudy Walid Atif | 16 | DEGLA | 1:14.66 | _____ |
| 8 | Rodaina Mohamed Mohame | 15 | Gezira El Ward | 1:14.77 | _____ |
| 9 | Dana Khaled Mohamed | 15 | DEGLA | 1:15.16 | _____ |
| 10 | Dalia Ahmed Mohamed | 16 | DEGLA | 1:15.21 | _____ |

Heat 18 of 36 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Nada Hassan Ahmed Hassar | 18 | Elethead | 1:14.43 | _____ |
| 2 | Shrouk Wael Mohamed | 15 | EALAM | 1:14.27 | _____ |
| 3 | Layan Tamer Ahmed Mohar | 15 | DEGLA | 1:14.04 | _____ |
| 4 | Logy Aly Abbady | 15 | DEGLA | 1:13.81 | _____ |
| 5 | Lana Tarek Ebrahim | 17 | TAGAM | 1:13.73 | _____ |
| 6 | Habiba Wael Mohamed | 16 | Minia Sport Clup | 1:13.81 | _____ |
| 7 | Salma Ahmed Mahmoud Al | 16 | HELOP | 1:14.03 | _____ |
| 8 | Leila Ahmed Ebrahim Ali E | 19 | HELDO | 1:14.24 | _____ |
| 9 | Nor Ahmed Ali Abdel Khale | 15 | SHOOT | 1:14.41 | _____ |
| 10 | Maleka Ahmad Zakarya | 15 | HELOP | 1:14.44 | _____ |

Heat 19 of 36 Finals

| | | | | | |
|----|----------------------------|----|------------------|---------|-------|
| 1 | Nadin Motaz Mohamed | 16 | MRAC | 1:13.53 | _____ |
| 2 | Jana Waleed abd Elrazek Ga | 17 | DEGLA | 1:13.03 | _____ |
| 3 | Saja Emad Mhamed | 15 | EALAM | 1:12.87 | _____ |
| 4 | Goudy Mohamed Hamid Za | 15 | ZMALK | 1:12.40 | _____ |
| 5 | Rawan Ahmed Mohamed | 15 | ENPPI | 1:12.13 | _____ |
| 6 | Aliaa Ahmad Rapea Saleh | 16 | HELOP | 1:12.19 | _____ |
| 7 | Razan Kalel Ebrahim | 16 | Bitash | 1:12.43 | _____ |
| 8 | Jana Saber Ebrahim Mohan | 15 | 6 OCT | 1:13.03 | _____ |
| 9 | Dana Mahmoud Aref Tawfe | 15 | Olympic Champion | 1:13.40 | _____ |
| 10 | Judy Sayed Ahmed | 17 | DEGLA | 1:13.67 | _____ |

Heat 20 of 36 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Nouran Ahmed Fathy Ahme | 15 | Olympic | 1:11.94 | _____ |
| 2 | Zeina Tamer Nagy | 15 | SHOOT | 1:11.78 | _____ |
| 3 | Dima Adel Mohamed | 17 | SMOHA | 1:11.66 | _____ |
| 4 | Malak Amr Salah | 16 | SENZO | 1:11.35 | _____ |
| 5 | Hana Ahmed Mohamed | 16 | DEGLA | 1:11.25 | _____ |
| 6 | Habiba Mohamed Kamal | 15 | Elethead | 1:11.34 | _____ |
| 7 | Asil Esmail Ibrahim | 15 | Wave | 1:11.53 | _____ |
| 8 | Fayrouz Wael Gamal Ibrahim | 16 | ElGezira Youth | 1:11.76 | _____ |
| 9 | Nada Mohamed Abdel Mon | 17 | DEGLA | 1:11.87 | _____ |
| 10 | Rokaia Amr Mohamed | 15 | DEGLA | 1:12.09 | _____ |

Heat 21 of 36 Finals

| | | | | | |
|----|-------------------------|----|------------|---------|-------|
| 1 | Laila Moustafa Moham | 15 | Palm Hills | 1:11.00 | _____ |
| 2 | Yasamina Aslam Subhaa | 19 | Nasr City | 1:10.94 | _____ |
| 3 | Salma Hesham | 15 | A S E C | 1:10.80 | _____ |
| 4 | Lela Ahmed Hassan Hosny | 16 | HELOP | 1:10.50 | _____ |
| 5 | Nadin Sameh Mohamed | 17 | ZMALK | 1:10.37 | _____ |
| 6 | Taleen Monzer Mohamed A | 16 | MRAC | 1:10.47 | _____ |
| 7 | Amina Ayman Farrag | 15 | DEGLA | 1:10.72 | _____ |
| 8 | Rania Mohamed Ibrahim | 17 | ENPPI | 1:10.87 | _____ |
| 9 | Renad Ahmed Hamdy | 15 | Elethead | 1:10.95 | _____ |
| 10 | Nour Mohanad Salah | 15 | DEGLA | 1:11.06 | _____ |

Heat 22 of 36 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Fareda Farouk Farouk | 15 | SHRKS | 1:10.07 | _____ |
| 2 | Mariem Ayman Saeed | 15 | A S E C | 1:10.00 | _____ |
| 3 | Aseel Ousama Abdelsalam | 15 | Damnhor Sport | 1:09.64 | _____ |
| 4 | Donia Motaz Mohamed abd | 17 | MRAC | 1:09.56 | _____ |
| 5 | Fatma Hisham Sarwt | 21 | Sporting | 1:09.12 | _____ |
| 6 | Eman Tarik Mohamed Salla | 18 | SMOHA | 1:09.45 | _____ |
| 7 | Sama Rafik Ibrahim Gaber | 15 | Elethead | 1:09.61 | _____ |
| 8 | Laila Ahmed Elamrosy | 17 | MRAC | 1:09.70 | _____ |
| 9 | Gody Hisham Mahmoud | 15 | Mshooting | 1:10.03 | _____ |
| 10 | Rahf Ahmed Mohamed | 15 | AHLY | 1:10.19 | _____ |

Heat 23 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Malak Ahmed Salah | 15 | RWAD | 1:08.68 | _____ |
| 2 | Yossra Mostafa Kamel | 17 | Elethead | 1:08.51 | _____ |
| 3 | Gana Wael Youssef Mahmoi | 18 | DEGLA | 1:08.38 | _____ |
| 4 | Salma Mostafa Kamel Abou | 16 | Elethead | 1:08.22 | _____ |
| 5 | Hoda Mohammed Said Adel | 18 | SHOOT | 1:08.16 | _____ |
| 6 | Zina Ahmed Abdullh Mohar | 16 | ElGezira Youth | 1:08.19 | _____ |
| 7 | Yasmen Ahmed Basim | 18 | Sporting | 1:08.22 | _____ |
| 8 | Shaza Mohamed Said Husse | 16 | Elethead | 1:08.41 | _____ |
| 9 | Farida amr Mohamed Farg | 17 | SHOOT | 1:08.63 | _____ |
| 10 | Asmaa Nabil Fathi | 15 | SMOHA | 1:08.83 | _____ |

Heat 24 of 36 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Nouran Amr Elsayed Abdel | 15 | Olympic | 1:08.08 | _____ |
| 2 | Hana Abdo Eid El Demerda | 15 | DEGLA | 1:07.98 | _____ |
| 3 | Hana Tamer Ibrahim | 16 | Elethead | 1:07.90 | _____ |
| 4 | Jana Mohamed Amr | 15 | ZOHUR | 1:07.78 | _____ |
| 5 | Jana Ahmed akl | 16 | Sporting | 1:07.50 | _____ |
| 6 | Rataj Amr Farouk Fathy | 15 | Police Club | 1:07.70 | _____ |
| 7 | Hana Mohamed Youssef Mc | 18 | SMOHA | 1:07.86 | _____ |
| 8 | Salma Sherif Yehia | 15 | SHOOT | 1:07.97 | _____ |
| 9 | Shrin Ahmed Abdelkader | 17 | SHRKS | 1:08.06 | _____ |
| 10 | Lara Essam Nabil | 15 | SMOHA | 1:08.12 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 25 Finals (#8 Women 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Rodaina Ayman Mohamed | 17 | AHLY | 1:07.31 | _____ |
| 2 | Kholoud Abdelfatah Ali Ab | 18 | SMOHA | 1:07.22 | _____ |
| 3 | Malak Amr | 15 | SHOOT | 1:07.00 | _____ |
| 4 | Jomana Mahmud Hatem | 15 | Pegasus Club | 1:06.96 | _____ |
| 5 | Kenzy Mohamed el Sebaey | 18 | Cairo | 1:06.83 | _____ |
| 6 | Kenzy Magdy Mohamed Al | 17 | MAADI | 1:06.87 | _____ |
| 7 | Salma Ehab Ahmed Hany | 15 | Bank Ahly Alex | 1:06.99 | _____ |
| 8 | Malak Waled Essam Shaban | 20 | SMOHA | 1:07.20 | _____ |
| 9 | Rawan Yahia | 16 | ZMALK | 1:07.23 | _____ |
| 10 | Tasneem Mohamed Mahros | 15 | AHLY | 1:07.36 | _____ |

Heat 26 of 36 Finals

| | | | | | |
|----|--------------------------|----|-----------------|---------|-------|
| 1 | Haneen Yasser Mahmoud Sa | 15 | DEGLA | 1:06.72 | _____ |
| 2 | Sama Karm Nasr Mohamed | 17 | SHAMS | 1:06.68 | _____ |
| 3 | Hana Hisham Ahmed Ibrahi | 15 | ZMALK | 1:06.57 | _____ |
| 4 | Farah Ayman Gaber | 17 | SMOHA | 1:06.56 | _____ |
| 5 | Na'eela Wael Elagroudy | 17 | Sporting | 1:06.35 | _____ |
| 6 | Haya Mohamed Mahmoud | 17 | AHLY | 1:06.42 | _____ |
| 7 | Byrne Ibrahim Adel | 16 | Elethead | 1:06.57 | _____ |
| 8 | Iman Ahmed Adel Elsaied | 17 | SMOHA | 1:06.67 | _____ |
| 9 | Rana Raeid El Shazly | 17 | Canal Suez Port | 1:06.71 | _____ |
| 10 | Hanin Mohamed AL Said | 15 | RWAD | 1:06.73 | _____ |

Heat 27 of 36 Finals

| | | | | | |
|----|--------------------------|----|-------|---------|-------|
| 1 | Mariam Ebrahim Mohamed | 16 | HELOP | 1:06.29 | _____ |
| 2 | Mariam Yasser Mohamed Sl | 17 | AHLY | 1:05.93 | _____ |
| 3 | Aida Mohamed Saad Selim | 17 | MAADI | 1:05.86 | _____ |
| 4 | Tala Tarekf el Kafrawe | 18 | HELOP | 1:05.63 | _____ |
| 5 | Farah Hatem Ngaty Moham | 16 | HELOP | 1:05.42 | _____ |
| 6 | Jana Hesham Mohsen | 15 | SMOHA | 1:05.51 | _____ |
| 7 | Menatalla Morsy | 17 | SMOHA | 1:05.77 | _____ |
| 8 | Farida Mohamed Ahmed El | 18 | SHOOT | 1:05.92 | _____ |
| 9 | Nour Elsabah Ahmed Amer | 18 | AHLY | 1:06.10 | _____ |
| 10 | Zeina Eslam Fayez | 15 | SHOOT | 1:06.32 | _____ |

Heat 28 of 36 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Joudy Moahmed Khedr | 17 | SMOHA | 1:05.39 | _____ |
| 2 | Aram Hesham Raafat Mahn | 15 | 6 OCT | 1:05.25 | _____ |
| 3 | Mariam Hatem Anwar EL S | 17 | SHOOT | 1:05.05 | _____ |
| 4 | Diala Mohamed Amin Ali | 15 | ZOHUR | 1:04.90 | _____ |
| 5 | Retaj Nour El-Deen Farouk | 15 | SHROK | 1:04.86 | _____ |
| 6 | Zena Ahmed Moustafa | 15 | HELOP | 1:04.89 | _____ |
| 7 | Mennatallah Hatem Ibrahim | 17 | A S E C | 1:04.91 | _____ |
| 8 | Kenzy Wael Foud Ramadan | 16 | SMOHA | 1:05.25 | _____ |
| 9 | Farida Waleed Fathy | 15 | SHOOT | 1:05.36 | _____ |
| 10 | Haya HossamEldin Kndel | 19 | SMOHA | 1:05.41 | _____ |

Heat 29 of 36 Finals

| | | | | | |
|----|--------------------------|----|-------|---------|-------|
| 1 | Goudy Mohamed Fahim | 16 | AHLY | 1:04.85 | _____ |
| 2 | Gana Mohamed Said | 17 | ZMALK | 1:04.71 | _____ |
| 3 | Nour Amgad Ali Fahmy | 17 | SHAMS | 1:04.61 | _____ |
| 4 | Retaj Mohamed Elsayed An | 18 | SMOHA | 1:04.54 | _____ |
| 5 | Bassant Mohamed Mahros | 18 | AHLY | 1:04.36 | _____ |
| 6 | Gamila usama Basyouni | 15 | TRSAN | 1:04.38 | _____ |
| 7 | Zeina Ahmed Mostafa | 17 | SHOOT | 1:04.60 | _____ |
| 8 | Fareda Mohamed Farouk | 17 | DEGLA | 1:04.70 | _____ |
| 9 | Habiba Mohamed Abd el N | 16 | DEGLA | 1:04.84 | _____ |
| 10 | Sandra Medhat Mohamed | 19 | AHLY | 1:04.85 | _____ |

Heat 30 of 36 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Fareeda Mohamed Abd El M | 15 | SHOOT | 1:04.24 | _____ |
| 2 | Nour Shref Osama | 16 | HELOP | 1:04.11 | _____ |
| 3 | Salma Ahmed Abd el Wahaf | 15 | DEGLA | 1:04.07 | _____ |
| 4 | Nour Mohamed Ibrahim Ali | 19 | SMOHA | 1:04.01 | _____ |
| 5 | Rawan Mohamed Saleh Mo | 16 | SHAMS | 1:03.95 | _____ |
| 6 | Toka Ayman Ebrahim Eldsc | 16 | SMOHA | 1:03.98 | _____ |
| 7 | Jana Khalid | 20 | Sporting | 1:04.02 | _____ |
| 8 | Zena Mahmoud Mohamed M | 19 | GHABA | 1:04.08 | _____ |
| 9 | Loujain Ibrahim Ibrahim | 18 | AHLY | 1:04.22 | _____ |
| 10 | Nour Mohamad Ramzy | 15 | Swim Home | 1:04.27 | _____ |

Heat 31 of 36 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Nour Mohamed Elsoda | 16 | MAADI | 1:03.90 | _____ |
| 2 | Malak Islam Mohamed | 19 | AHLY | 1:03.72 | _____ |
| 3 | Jasmine Waleed Ibrahim | 15 | SMOHA | 1:03.53 | _____ |
| 4 | Wafaa Ahmed Saad EIDin | 16 | DEGLA | 1:03.39 | _____ |
| 5 | Ayten Ousama Abdelsalam | 15 | Damnhor Sport | 1:03.33 | _____ |
| 6 | Salma Mohamed Hamdy | 16 | Gezira El Ward | 1:03.38 | _____ |
| 7 | Mayar Ashraf al Sayed | 15 | M.S Tagamoa | 1:03.53 | _____ |
| 8 | Lojain Alaa Eldein Arafa | 15 | SMOHA | 1:03.65 | _____ |
| 9 | Noor Marwan Moh. Aly Zev | 18 | GEZIR | 1:03.84 | _____ |
| 10 | Halla Wael Mohamed | 15 | DEGLA | 1:03.90 | _____ |

Heat 32 of 36 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Laila Mohamed Hitham | 17 | SHOOT | 1:03.24 | _____ |
| 2 | Nour Mohamad Hassan Mol | 16 | SMOHA | 1:03.21 | _____ |
| 3 | Aisha Yasser Amin | 15 | AHLY | 1:03.00 | _____ |
| 4 | Khadeja Housen EL Dahan | 15 | HELOP | 1:02.96 | _____ |
| 5 | Zina Ahmed Medhat | 16 | AHLY | 1:02.58 | _____ |
| 6 | Hana Tarek Yehia | 17 | AHLY | 1:02.71 | _____ |
| 7 | Marem Ahmad Abdelgafar / | 16 | SMOHA | 1:02.99 | _____ |
| 8 | Habiba Mohamad Saeed Sh | 16 | SMOHA | 1:03.09 | _____ |
| 9 | Hana Hisham Mohamed Yo | 19 | SMOHA | 1:03.22 | _____ |
| 10 | Farida Nasser Mohamed El- | 16 | SHOOT | 1:03.29 | _____ |

Heat 33 of 36 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Khadega abd el Azez Glal | 17 | HELOP | 1:02.52 | _____ |
| 2 | Jolin Hany Gamal | 18 | Sporting | 1:02.38 | _____ |
| 3 | Noran Mohamed Emad Fah | 15 | MAADI | 1:02.33 | _____ |
| 4 | Malak Mokhtar Mohamed | 18 | DEGLA | 1:02.26 | _____ |
| 5 | Malak Mohamed Nagy | 17 | Sporting | 1:02.23 | _____ |
| 6 | Hana Walid Atallah | 15 | HADAK | 1:02.23 | _____ |
| 7 | Basant Hesham Hussin | 15 | DEGLA | 1:02.26 | _____ |
| 8 | Maya Abdelaziz Zakaria | 16 | AHLY | 1:02.34 | _____ |
| 9 | Rahma Emad Farouk | 15 | El Temsah | 1:02.48 | _____ |
| 10 | Hana Waled Hasan | 19 | SHROK | 1:02.58 | _____ |

Heat 34 of 36 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Nazly Mohamed Elokda | 16 | SHOOT | 1:02.11 | _____ |
| 2 | Sara Mahmoud El Gendy | 18 | DEGLA | 1:01.90 | _____ |
| 3 | Karma aly Elsheraee | 18 | HELOP | 1:01.82 | _____ |
| 4 | Ingy Bassem Bahaa Eldin | 16 | AHLY | 1:01.79 | _____ |
| 5 | Malak Ahmed Anes Mahmo | 17 | Al Hawar | 1:01.44 | _____ |
| 6 | Anod Amr Abd El Aziz | 18 | DEGLA | 1:01.65 | _____ |
| 7 | Rokan Tamer Ismail | 16 | SHOOT | 1:01.79 | _____ |
| 8 | Maya Ahmed Ragheb | 17 | Sporting | 1:01.83 | _____ |
| 9 | Nada Ahmed El Said Elbasy | 17 | SHOOT | 1:02.11 | _____ |
| 10 | Salma Alaa Mahdy | 21 | AHLY | 1:02.16 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 35 Finals (#8 Women 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Joudy Raafat Abdelhamid S | 15 | Pegasus Club | 1:01.14 | _____ |
| 2 | Hameis Essam Al Kholy | 16 | SHOOT | 1:01.03 | _____ |
| 3 | Lara Ahmed Elwan | 16 | AHLY | 1:00.98 | _____ |
| 4 | Hala Amr | 16 | AHLY | 1:00.71 | _____ |
| 5 | Goumana Tarek Yehia | 19 | AHLY | 1:00.36 | _____ |
| 6 | Gihan Ahmed Abd El Azim | 20 | MAADI | 1:00.60 | _____ |
| 7 | Malak Ahmed Helmy | 19 | AHLY | 1:00.91 | _____ |
| 8 | Kenzy Ibrahim Ibrahim | 20 | AHLY | 1:00.99 | _____ |
| 9 | Salma Ahmed Elsaid | 16 | Gezira El Ward | 1:01.11 | _____ |
| 10 | Shahd Ahmed Abd Elbaky | 20 | Sporting | 1:01.43 | _____ |

Heat 36 of 36 Finals

| | | | | | |
|----|-----------------------------|----|----------------|---------|-------|
| 1 | Jana Mohamed Abdel Fatah | 20 | SHOOT | 1:00.08 | _____ |
| 2 | Farida Amr Mohamed Abd l | 19 | SHOOT | 59.69 | _____ |
| 3 | Lougein amr Khaleil Ibrahim | 17 | ZMALK | 59.26 | _____ |
| 4 | Farida Ayman Samra | 20 | SHOOT | 58.05 | _____ |
| 5 | Nadine Mohamed Amin | 18 | AHLY | 57.27 | _____ |
| 6 | Loujin Abd Alla Slah Zkey | 20 | SHOOT | 58.01 | _____ |
| 7 | Malak Mohamed Abd El Ga | 20 | Bank Ahly Alex | 59.21 | _____ |
| 8 | Kanzy Hesham Rashad | 21 | SHOOT | 59.63 | _____ |
| 9 | Loujain Youssef Ahmed | 21 | AHLY | 59.70 | _____ |
| 10 | Lela Ahmed Kamal | 19 | GHABA | 1:00.14 | _____ |

Event 9 Women 15 & Over 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 20 Finals

| | | | | | |
|---|-------------------|----|----------|----|-------|
| 4 | Areej Wael Ezzat | 16 | Qaroun | NT | _____ |
| 5 | Alaa Amr El Sokry | 19 | Sporting | NT | _____ |
| 6 | Sara Ahmed Eissa | 16 | MAADI | NT | _____ |

Heat 2 of 20 Finals

| | | | | | |
|---|-------------------------|----|-------------|----|-------|
| 2 | Nadine Bassem Joseph | 16 | DEGLA | NT | _____ |
| 3 | Marim Hatem Mohamed Al | 17 | ZMALK | NT | _____ |
| 4 | Remas Amr El Said Badwy | 15 | Police Club | NT | _____ |
| 5 | Maria Nader Sedeky | 15 | Ismaily | NT | _____ |
| 6 | Nada Hesham Medhat | 15 | AHLY | NT | _____ |
| 7 | Salma Mohamad Mahmud \ | 16 | SMOHA | NT | _____ |
| 8 | Rokaya Isllam | 19 | Sporting | NT | _____ |
| 9 | Mariam Ahmed Zahran | 17 | Sporting | NT | _____ |

Heat 3 of 20 Finals

| | | | | | |
|----|-------------------------|----|---------------|----|-------|
| 1 | Jana Mohamed Mohsen Nas | 16 | Stad Mansoura | NT | _____ |
| 2 | Gana Shawky Heslen | 15 | DEGLA | NT | _____ |
| 3 | Jannah Mohamed Farouk | 19 | Sporting | NT | _____ |
| 4 | Hasnaa Ayman Ahmed Ali | 18 | SMOHA | NT | _____ |
| 5 | Roaa Mohamed Asem AboZ | 15 | Matrix | NT | _____ |
| 6 | Marim Zaky | 19 | Sporting | NT | _____ |
| 7 | Nour Mohanad Salah | 15 | DEGLA | NT | _____ |
| 8 | Mayar Ahmed Fouad | 16 | ZMALK | NT | _____ |
| 9 | Hala Yasser Mohamed | 18 | HADAK | NT | _____ |
| 10 | Hala Mohamed Mohsen Nas | 16 | Stad Mansoura | NT | _____ |

Heat 4 of 20 Finals

| | | | | | |
|----|---------------------------|----|----------|----|-------|
| 1 | Mehrael Abdelmalak Fangar | 15 | DEGLA | NT | _____ |
| 2 | Joody Mohamed Ashour Zal | 16 | Elethad | NT | _____ |
| 3 | Donia Ebrahim Ebid | 19 | Sporting | NT | _____ |
| 4 | Haneen Yasser Mahmoud Sa | 15 | DEGLA | NT | _____ |
| 5 | Mariam Shamrokh | 15 | REHAB | NT | _____ |
| 6 | Jana Ahmed El Sayed | 15 | DEGLA | NT | _____ |
| 7 | Rokaya Mohamed Asem Ab | 17 | Matrix | NT | _____ |
| 8 | Rokaya Khalid El Masry | 19 | Sporting | NT | _____ |
| 9 | Malak Ezz Ahmed | 15 | A S E C | NT | _____ |
| 10 | Mariam Tarek Mohammed | 16 | TALBE | NT | _____ |

Heat 5 of 20 Finals

| | | | | | |
|----|------------------------|----|-----------------|----|-------|
| 1 | Mirolla Hany Samir | 18 | DEGLA | NT | _____ |
| 2 | Menna Mohamed Ahmed | 16 | SENZO | NT | _____ |
| 3 | Habiba Attia Youssef | 16 | SENZO | NT | _____ |
| 4 | Habiba Moustafa Refaat | 17 | SMASH | NT | _____ |
| 5 | Shams Mohamed Mahmoud | 15 | Ellaban | NT | _____ |
| 6 | Asia ali Mostafa Ahmed | 15 | Marina Sporting | NT | _____ |
| 7 | Khadiga Ahmed | 15 | Elethad | NT | _____ |
| 8 | Retag Ahmed Saber | 17 | DEGLA | NT | _____ |
| 9 | Rewan Sherief Zayan | 19 | Olympic | NT | _____ |
| 10 | Laila Moustafa Moham | 15 | Palm Hills | NT | _____ |

Heat 6 of 20 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Gana Mahmoud Abdel Men | 19 | ROYAL | NT | _____ |
| 2 | Naghham Waleed Mohamed l | 16 | Olympic | 50.24 | _____ |
| 3 | Ganna Hany Fouad | 15 | DEGLA | 49.72 | _____ |
| 4 | Lina Ahmed Mansour | 15 | DEGLA | 49.00 | _____ |
| 5 | Sara Hosam Adel | 15 | DEGLA | 48.54 | _____ |
| 6 | Habiba Mohamed Dyab | 15 | SHRKS | 48.81 | _____ |
| 7 | Rodina Mohamed Ahmed A | 16 | DEGLA | 49.66 | _____ |
| 8 | Bessan Samir Sabry Aziz | 16 | Elethad | 49.98 | _____ |
| 9 | Khadija Mohamed | 15 | Sporting | 59.20 | _____ |
| 10 | Jana amr Farok | 16 | BNK.G | NT | _____ |

Heat 7 of 20 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Fatma Sameh Mohamed Elt | 15 | Olympic Champion | 48.11 | _____ |
| 2 | Yara Hosam Adel | 15 | DEGLA | 46.95 | _____ |
| 3 | Sondos Mohamed Salah El l | 16 | Elethad | 46.61 | _____ |
| 4 | Nour Yasser Gamal | 15 | Elethad | 46.34 | _____ |
| 5 | Habiba Mohamed AL Said | 17 | RWAD | 45.58 | _____ |
| 6 | Malak Tarek Elsaied | 15 | Wave | 45.98 | _____ |
| 7 | Rana Mohamed Ramdan Ah | 17 | Olympic | 46.37 | _____ |
| 8 | Mariam Yasser Maoud | 18 | A S E C | 46.94 | _____ |
| 9 | Nour Mohamed Hussien Aly | 15 | A S E C | 47.48 | _____ |
| 10 | Alia Alaa-Eldeen Mohamed | 15 | ElGezira Youth | 48.14 | _____ |

Heat 8 of 20 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Malak Mohamed el Bahr | 16 | Sporting | 45.48 | _____ |
| 2 | Sagda Mohamed Salah | 16 | Elethad | 44.98 | _____ |
| 3 | Rawan Ahmed AbdElwahab | 19 | SMOHA | 44.75 | _____ |
| 4 | Jana Mahmoed Salem | 16 | BNK.G | 44.45 | _____ |
| 5 | Layan Tamer Ahmed Mohar | 15 | DEGLA | 44.33 | _____ |
| 6 | Dana Mahmoud Aref Tawfe | 15 | Olympic Champion | 44.39 | _____ |
| 7 | Malak Mohamed Karawia | 16 | DEGLA | 44.61 | _____ |
| 8 | Nataly Goarge Atif Tawfik | 16 | DEGLA | 44.76 | _____ |
| 9 | Joudy Ali Mohammed | 15 | Elethad | 45.28 | _____ |
| 10 | Dana Khaled Mohamed | 15 | DEGLA | 45.54 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 9 Finals (#9 Women 15 & Over 50 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Gana Karim Ahmed | 15 | Wave | 44.19 | _____ |
| 2 | Shahira Abaza | 15 | Sporting | 43.91 | _____ |
| 3 | Sireen Hatem Rashad | 15 | Police Club | 43.81 | _____ |
| 4 | Salma Sherief Mohamed M | 16 | Olympic | 43.58 | _____ |
| 5 | Nazly Karim ElDin Ahm. H | 17 | GEZIR | 43.53 | _____ |
| 6 | Gody Mohamed Ali Abdelni | 15 | Bank Ahly Alex | 43.56 | _____ |
| 7 | Ahbab HossameIdin Ahmed | 15 | Olympic | 43.69 | _____ |
| 8 | Retag Mohamad Ghareeb | 15 | SMOHA | 43.87 | _____ |
| 9 | Mariam Yossef Salam | 15 | A S E C | 44.05 | _____ |
| 10 | Habiba Mohamed Mahmoud | 15 | A S E C | 44.27 | _____ |

Heat 10 of 20 Finals

| | | | | | |
|----|----------------------------|----|------------------|-------|-------|
| 1 | Maleka Ahmad Zakarya | 15 | HELOP | 43.49 | _____ |
| 2 | Haya Hazem Abdelrahamn | 19 | SHAMS | 43.22 | _____ |
| 3 | Jana Ayman Goda Ibrahim | 15 | MRAC | 43.11 | _____ |
| 4 | Renad Mohamed Rafek Far | 16 | Bank Ahly Alex | 42.93 | _____ |
| 5 | Swlaf Samer Abdalla Sharar | 18 | Y.M.C.A | 42.88 | _____ |
| 6 | Laila Ahmed EL Sadek | 15 | HELOP | 42.91 | _____ |
| 7 | Login Reda Mahmoud | 15 | Elethad | 42.95 | _____ |
| 8 | Kenzy Hany Zaky | 19 | Olympic | 43.16 | _____ |
| 9 | Malk Ibrahim Mohamed | 15 | Damnhor Sport | 43.23 | _____ |
| 10 | Dena Mohamed Mohamed | 15 | Olympic Champion | 43.51 | _____ |

Heat 11 of 20 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Rodina Mohamed Abd Elm | 15 | 6 OCT | 42.79 | _____ |
| 2 | Salma Islam Mahmoud Nab | 15 | Elethad | 42.27 | _____ |
| 3 | Gody Hatem Adel Osman | 16 | MAADI | 41.99 | _____ |
| 4 | Aseel Ousama Abdelsalam | 15 | Damnhor Sport | 41.75 | _____ |
| 5 | Rodayna Sherif Ryad | 17 | TRSAN | 41.28 | _____ |
| 6 | Jolin Hany Gamal | 18 | Sporting | 41.46 | _____ |
| 7 | Hania Mohamed Ibrahim | 17 | ENPPI | 41.84 | _____ |
| 8 | Hanan Aadelf Hossien | 19 | TALBE | 42.19 | _____ |
| 9 | Roaa Ahmed Darwish | 17 | DEGLA | 42.33 | _____ |
| 10 | Malak Mohamed Adel Ibrah | 15 | A S E C | 42.80 | _____ |

Heat 12 of 20 Finals

| | | | | | |
|----|---------------------------|----|---------------|-------|-------|
| 1 | Karma Ihab Ali | 16 | DEGLA | 41.25 | _____ |
| 2 | Lilly Mohamed abd el Aziz | 15 | Nasr City | 40.88 | _____ |
| 3 | Nouran Ahmed Fathy Ahme | 15 | Olympic | 40.76 | _____ |
| 4 | Nadeen Wassem Mahmoud | 15 | TALBE | 40.59 | _____ |
| 5 | Julia Ramez Goreg | 15 | SHAMS | 40.32 | _____ |
| 6 | Jasmin Ahmed Kenawi | 15 | Damnhor Sport | 40.50 | _____ |
| 7 | Tala Feras Mostafa Mohreb | 15 | SMOHA | 40.72 | _____ |
| 8 | Toka Ayman Ebrahim Eldsc | 16 | SMOHA | 40.88 | _____ |
| 9 | Hana Ahmed Helal | 16 | ENPPI | 41.06 | _____ |
| 10 | Gody Hisham Mahmoud | 15 | Mshooting | 41.26 | _____ |

Heat 13 of 20 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Jomana Mahmud Hatem | 15 | Pegasus Club | 40.24 | _____ |
| 2 | Sara Elhamy Foad Abd El S | 19 | MAADI | 39.78 | _____ |
| 3 | Mariam Mohammed Hamdy | 19 | SHOOT | 39.67 | _____ |
| 4 | Sondos Hossam Eldin Mahr | 15 | TRSAN | 39.52 | _____ |
| 5 | Laila Ahmed Elamrosy | 17 | MRAC | 39.27 | _____ |
| 6 | Karma Mohamed Elwakiel | 17 | SMOHA | 39.43 | _____ |
| 7 | Yossra Mostafa Kamel | 17 | Elethad | 39.64 | _____ |
| 8 | Zena Ahmed Moustafa | 15 | HELOP | 39.68 | _____ |
| 9 | Ganna Mohamed Mahmoud | 18 | AHLY | 40.20 | _____ |
| 10 | Malak Mohamed Abdelmon | 18 | DEGLA | 40.24 | _____ |

Heat 14 of 20 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Hoda Mohammed Said Adel | 18 | SHOOT | 39.23 | _____ |
| 2 | Joner Ehab Ltif | 15 | Y.M.C.A | 38.99 | _____ |
| 3 | Maryam Ayman Mohamed / | 15 | Elethad | 38.91 | _____ |
| 4 | Mariam Amr Mohamed You | 19 | DEGLA | 38.86 | _____ |
| 5 | Jana Mohamed Abd Elkarie | 16 | 6 OCT | 38.83 | _____ |
| 6 | Noha Alaa Abd Elhlim | 20 | ZOHUR | 38.84 | _____ |
| 7 | Aida Mohamed Saad Selim | 17 | MAADI | 38.91 | _____ |
| 8 | Sama Tamer Mohamed | 16 | GHABA | 38.97 | _____ |
| 9 | Lojin Taha Mohamed Taha | 15 | A S E C | 39.13 | _____ |
| 10 | Marwa Mohamed Hanfy | 18 | Y.M.C.A | 39.25 | _____ |

Heat 15 of 20 Finals

| | | | | | |
|----|---------------------------|----|---------------|-------|-------|
| 1 | Sarah Karim Mohamed Gak | 18 | SMOHA | 38.69 | _____ |
| 2 | Malak Yasser Elsayed | 15 | A S E C | 38.64 | _____ |
| 3 | Fareda Farouk Farouk | 15 | SHRKS | 38.59 | _____ |
| 4 | Lemar Samer Elsaaid Anwa | 16 | SMOHA | 38.48 | _____ |
| 5 | Zinab Abdalaziz Mohsen Al | 15 | 6 OCT | 38.26 | _____ |
| 6 | Jana Hany Mohamed Ewies | 15 | 6 OCT | 38.41 | _____ |
| 7 | Goudy Ahmed Samir | 16 | el Shark Club | 38.49 | _____ |
| 8 | Ransy ElSayed Ali | 15 | DEGLA | 38.59 | _____ |
| 9 | Lorian Hany | 16 | Sporting | 38.64 | _____ |
| 10 | Salma Saed Elsamadony | 16 | TANTA | 38.71 | _____ |

Heat 16 of 20 Finals

| | | | | | |
|----|-------------------------|----|----------|-------|-------|
| 1 | Farah Okasha Mohamed | 18 | HLWAN | 38.24 | _____ |
| 2 | Hana Mohamed Youssef Mc | 18 | SMOHA | 38.20 | _____ |
| 3 | Noor Tamer AbdElrhim Mo | 17 | SHAMS | 38.17 | _____ |
| 4 | Yara Hassan Fathy | 17 | TWFIK | 37.88 | _____ |
| 5 | Kinzy Yahia Mohamed Sam | 16 | ENPPI | 37.81 | _____ |
| 6 | Ghada Wael Abdullah | 15 | ENPPI | 37.88 | _____ |
| 7 | Laila Ossama | 15 | Sporting | 38.07 | _____ |
| 8 | Malak Ali Atia | 17 | SMOHA | 38.17 | _____ |
| 9 | Malak Amr | 15 | SHOOT | 38.21 | _____ |
| 10 | Nour Mohamed Hessien Ah | 19 | SHAMS | 38.25 | _____ |

Heat 17 of 20 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Masa Mostafa abd Elghany | 16 | TANTA | 37.61 | _____ |
| 2 | Jana Sherif Mohamed Moha | 15 | 6 OCT | 37.52 | _____ |
| 3 | Sandra Medhat Mohamed | 19 | AHLY | 37.33 | _____ |
| 4 | Lamar Maged Abdel Gawad | 17 | DEGLA | 37.29 | _____ |
| 5 | Mariam Walid Sayed | 16 | DEGLA | 37.19 | _____ |
| 6 | Goumana Wael Hosny | 17 | AHLY | 37.25 | _____ |
| 7 | Karma Ahmed Nabil | 20 | SHOOT | 37.32 | _____ |
| 8 | Rodaina Mohamed Ahmed | 15 | DEGLA | 37.35 | _____ |
| 9 | Yomna Gomaa Ali Abdo | 15 | Bank Ahly Alex | 37.55 | _____ |
| 10 | Haya Mohamed Mahmoud | 17 | AHLY | 37.73 | _____ |

Heat 18 of 20 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Nour Mohamed aly el Sobk | 17 | DEGLA | 37.06 | _____ |
| 2 | Hana Mohamed El Sayed | 16 | A S E C | 36.98 | _____ |
| 3 | Gana Mohamed Ahmed Sak | 19 | GHABA | 36.82 | _____ |
| 4 | Malak Mohamed Abbas Mo | 19 | MAADI | 36.46 | _____ |
| 5 | Roqaya Saad Mohamed | 16 | ZMALK | 36.00 | _____ |
| 6 | Aisha Yasser Amin | 15 | AHLY | 36.26 | _____ |
| 7 | Mariam Hatem Anwar EL S | 17 | SHOOT | 36.51 | _____ |
| 8 | Noor Marwan Moh. Aly Zev | 18 | GEZIR | 36.85 | _____ |
| 9 | Goudy Sherif Fawzy | 17 | HADAK | 37.00 | _____ |
| 10 | Nada Sameh Elsayed | 15 | GHABA | 37.14 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 19 Finals (#9 Women 15 & Over 50 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Salma Waleed Raslan | 16 | Al Hawar | 35.86 | _____ |
| 2 | Bassant Gamil Barakat | 17 | AHLY | 35.56 | _____ |
| 3 | Nadine Ayman Hussein | 19 | HADAK | 35.41 | _____ |
| 4 | Rawan Wael | 19 | AHLY | 35.36 | _____ |
| 5 | Kanzy Hesham Rashad | 21 | SHOOT | 35.21 | _____ |
| 6 | Goudy Abdelhalem Fathala | 19 | Bank Ahly Alex | 35.34 | _____ |
| 7 | Zeina Mohamed Darwish | 15 | SMOHA | 35.37 | _____ |
| 8 | Maya Ahmed Ragheb | 17 | Sporting | 35.54 | _____ |
| 9 | Mariam Mahmoud Ahmed | 15 | DEGLA | 35.57 | _____ |
| 10 | Lian Shady Sabry | 20 | HELOP | 35.97 | _____ |

Heat 20 of 20 Finals

| | | | | | |
|----|---------------------------|----|-------|-------|-------|
| 1 | Mariam Mohamed Ahmed k | 18 | SMOHA | 35.01 | _____ |
| 2 | Shahd Mohamed Ismael | 19 | SMOHA | 34.44 | _____ |
| 3 | Hedy Amr Moustafa Hamou | 25 | HELOP | 34.33 | _____ |
| 4 | Janat Kareem Mohamed | 16 | SHROK | 33.79 | _____ |
| 5 | Nadine Mohamed Amin | 18 | AHLY | 33.37 | _____ |
| 6 | Rewida Hisham Tolba Ibrah | 29 | AHLY | 33.49 | _____ |
| 7 | Julie Akram Ahmed | 18 | AHLY | 33.94 | _____ |
| 8 | Dana Rafik El Saady | 16 | DEGLA | 34.41 | _____ |
| 9 | Mariam Ahmed Abdel Hahn | 16 | AHLY | 34.89 | _____ |
| 10 | Mariam Mohamed Soliman | 17 | DEGLA | 35.05 | _____ |

Event 10 Men 15 & Over 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 14 Finals

| | | | | | |
|---|---------------------------|----|---------------|----|-------|
| 2 | Tarek Kamel Farouk | 21 | ZMALK | NT | _____ |
| 3 | Omar Mohsen Ramdan Abd | 19 | SMOHA | NT | _____ |
| 4 | Anas Tarek Ibraheim | 17 | Qaroun | NT | _____ |
| 5 | Amr Wael Shawky | 17 | RWAD | NT | _____ |
| 6 | Omar Karim Ali Abd El Har | 18 | SENZO | NT | _____ |
| 7 | Fares Nabih Elsayed Nabih | 15 | Stad Mansoura | NT | _____ |
| 8 | Moustafa Tarik Moustafa | 21 | HELOP | NT | _____ |

Heat 2 of 14 Finals

| | | | | | |
|----|---------------------------|----|---------|----|-------|
| 1 | Yehia Samer Wafek | 17 | HELOP | NT | _____ |
| 2 | Ahmed Aly Abdalah | 20 | Qaroun | NT | _____ |
| 3 | Abdelharman Hany Moham | 18 | SMOHA | NT | _____ |
| 4 | Anwar Ayman Mohamed M | 16 | Olympic | NT | _____ |
| 5 | Abd Alla Karim Ashraf Maf | 19 | GEZIR | NT | _____ |
| 6 | Adham Mohamed Farouk | 15 | SHOOT | NT | _____ |
| 7 | Ahmed Ibrahim Ahmed | 16 | Qaroun | NT | _____ |
| 8 | Mohamed Ahmed Abdelhfe | 15 | TANTA | NT | _____ |
| 9 | Joshua Joseph Fouad | 16 | TRSAN | NT | _____ |
| 10 | Seif Amr Mahmoud Alsokry | 18 | 6 OCT | NT | _____ |

Heat 3 of 14 Finals

| | | | | | |
|----|----------------------------|----|------------------|----------|-------|
| 1 | Yasser Hossny Mohamed M | 16 | DEGLA | NT | _____ |
| 2 | Mohand Mohamed Abdel S | 16 | Luxor Club | NT | _____ |
| 3 | Yehia Hisham Yehia Abdela | 17 | SMOHA | NT | _____ |
| 4 | Yassen Moh. Shrif Moh. Eit | 19 | GEZIR | NT | _____ |
| 5 | Mohamed Osama Nagah | 15 | SENZO | 20:16.15 | _____ |
| 6 | Yassin Ali Mohamed Atef | 15 | DEGLA | 21:01.91 | _____ |
| 7 | Badr Mohamed Badr | 15 | Minia Sport Clup | NT | _____ |
| 8 | Mohmed Osama Ahmed Say | 18 | Marina Sporting | NT | _____ |
| 9 | Amr Hatim Abd ElKalK Ab | 15 | GEZIR | NT | _____ |
| 10 | Hamza Ahmed Amer | 15 | GEZIR | NT | _____ |

Heat 4 of 14 Finals

| | | | | | |
|----|---------------------------|----|----------------|----------|-------|
| 1 | Jafar Mohamed Jafar Hassa | 22 | SUDAN | 19:59.00 | _____ |
| 2 | Abdelrahman Amr Abdelazi | 15 | Tlaea El Ostol | 19:39.32 | _____ |
| 3 | Omar Ibrahim Mohamed | 15 | Tlaea El Ostol | 19:24.92 | _____ |
| 4 | Yssin Ayman Elsaed | 15 | Tlaea El Ostol | 19:10.43 | _____ |
| 5 | Omar Waled Sherif | 15 | SMOHA | 18:59.99 | _____ |
| 6 | Ahmed amr Mahmoud | 16 | ZMALK | 19:06.95 | _____ |
| 7 | omr Mahmoud Abdallah | 16 | MAY15 | 19:23.56 | _____ |
| 8 | Omar Fareed Shawke | 15 | Al Shehk Zaied | 19:26.41 | _____ |
| 9 | Mahmoud Haitham Jameel | 15 | SHOOT | 19:45.46 | _____ |
| 10 | Mazen Mohamed Badr | 16 | TALBE | 20:07.64 | _____ |

Heat 5 of 14 Finals

| | | | | | |
|----|--------------------------|----|------------------|----------|-------|
| 1 | Abdelrahman Kassem | 15 | TALBE | 18:58.81 | _____ |
| 2 | Yassien Ashraf Mohamed M | 15 | SHAMS | 18:51.34 | _____ |
| 3 | Adam Amr Al Daadaa | 17 | Raas El Bar Club | 18:45.12 | _____ |
| 4 | Yassien Osama Fouad | 15 | SHAMS | 18:40.52 | _____ |
| 5 | Mohamed Hashem Mohame | 15 | SMOHA | 18:37.05 | _____ |
| 6 | Yassein Ramy Alam El Din | 17 | DEGLA | 18:40.30 | _____ |
| 7 | Saged Emad Roushdy | 15 | SMOHA | 18:44.52 | _____ |
| 8 | Eyad Mohamed Hassan els | 17 | ZMALK | 18:49.75 | _____ |
| 9 | aly Hussien Mohamed Huse | 16 | ZMALK | 18:58.58 | _____ |
| 10 | Sherief Yaseer Saeid | 15 | ZMALK | 18:59.11 | _____ |

Heat 6 of 14 Finals

| | | | | | |
|----|---------------------------|----|---------------|----------|-------|
| 1 | Mohamed Abdo Moro | 15 | Domyt Club | 18:35.22 | _____ |
| 2 | Sief El Din Mohamed Mosli | 18 | Sporting | 18:29.91 | _____ |
| 3 | Saleh Shady Mohamed Said | 22 | SHOOT | 18:27.22 | _____ |
| 4 | Aly Mahmod Ez el den | 16 | HELOP | 18:25.55 | _____ |
| 5 | Mohamed Khaled Mohamec | 17 | Stad Mansoura | 18:20.78 | _____ |
| 6 | Amr Faisal Mohamed | 15 | DEGLA | 18:21.07 | _____ |
| 7 | Bilal Yaser Mohamed Saad | 15 | SHAMS | 18:25.69 | _____ |
| 8 | Mohamed Ibrahim Zakreya | 16 | A S E C | 18:28.22 | _____ |
| 9 | Mohamed Alaa Farouk Shal | 15 | 6 OCT | 18:31.67 | _____ |
| 10 | Adham Khaled Salah Eldin | 15 | MRAC | 18:36.60 | _____ |

Heat 7 of 14 Finals

| | | | | | |
|----|--------------------------|----|----------------|----------|-------|
| 1 | Yassin amr Mostafa | 16 | TRSAN | 18:18.94 | _____ |
| 2 | Ahmed Mohamed Nabil M | 15 | SHAMS | 18:15.76 | _____ |
| 3 | Yasein Hossam aly | 17 | ZMALK | 18:13.55 | _____ |
| 4 | Youssef Moataz Mohamed † | 15 | DEGLA | 18:09.24 | _____ |
| 5 | Seif Jousef Anas | 15 | HELOP | 18:06.47 | _____ |
| 6 | Selim Tamer Osama Ahmed | 17 | SHOOT | 18:07.30 | _____ |
| 7 | Mohamad Akram Mohamad | 16 | SMOHA | 18:12.42 | _____ |
| 8 | Mahmoud Elmetwaly Moha | 15 | Gezira El Ward | 18:14.06 | _____ |
| 9 | Ziad Ayman Mamon | 16 | Cairo | 18:17.46 | _____ |
| 10 | Mohamed Amr Kamal EIDI | 15 | MAADI | 18:19.51 | _____ |

Heat 8 of 14 Finals

| | | | | | |
|----|----------------------------|----|-------------|----------|-------|
| 1 | Adam Hamada Ahmed Moh | 15 | 6 OCT | 18:04.18 | _____ |
| 2 | Karim Sameh Karim | 16 | TRSAN | 18:00.35 | _____ |
| 3 | Mhmoud Wled Fkri Mhmou | 19 | 6 OCT | 17:58.97 | _____ |
| 4 | Ahmed Ismeil | 17 | Nasr City | 17:58.49 | _____ |
| 5 | Youseef Islam | 15 | Sporting | 17:55.03 | _____ |
| 6 | Youssef Yasser Farouk Hass | 16 | Sporting | 17:55.91 | _____ |
| 7 | Eyad Mohamed Abdelstar | 17 | ZMALK | 17:58.66 | _____ |
| 8 | Omar Hisham Hussien | 15 | ZOHUR | 18:00.27 | _____ |
| 9 | Rayan Amr Mohamed | 15 | M.S Tagamoa | 18:01.00 | _____ |
| 10 | Mohamed Hassan Abd El W | 16 | MAADI | 18:04.99 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 9 Finals (#10 Men 15 & Over 1500 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------|----------|-------|
| 1 | Ahmed Tamer Rabea | 17 | SHOOT | 17:53.97 | _____ |
| 2 | Ahmed Mohamed Harby | 16 | Al Hawar | 17:53.14 | _____ |
| 3 | Eslam Mohamed Abdelrazel | 15 | 6 OCT | 17:52.90 | _____ |
| 4 | abd Elrahman Sherif Karam | 19 | TRSAN | 17:50.67 | _____ |
| 5 | Mohamed Wael Ibrahim De | 16 | TWFIK | 17:48.45 | _____ |
| 6 | Hady Mahmoed Efat | 15 | Wave | 17:49.08 | _____ |
| 7 | Zeyad Mohamed Magdy | 18 | MAADI | 17:52.83 | _____ |
| 8 | Mahmoud Haitham Mahmo | 16 | GHABA | 17:52.93 | _____ |
| 9 | Mazen Hany Emara | 18 | ZOHUR | 17:53.18 | _____ |
| 10 | Ahmad Nabil Ahmad | 15 | HADAK | 17:54.58 | _____ |

Heat 10 of 14 Finals

| | | | | | |
|----|-----------------------------|----|------------------|----------|-------|
| 1 | Mhmoud A Hmed Mhmoud | 16 | 6 OCT | 17:45.34 | _____ |
| 2 | Adam Ahmed Yaqoub | 15 | HADAK | 17:40.83 | _____ |
| 3 | Ahmed Asharf Dawood | 16 | Baladyat El Maha | 17:37.13 | _____ |
| 4 | Yassin Abdelmegeed Moham | 16 | GHABA | 17:33.75 | _____ |
| 5 | Ali Amr Zoalfakar | 15 | SMOHA | 17:33.07 | _____ |
| 6 | Omar Mohamed Hosny | 15 | HADAK | 17:33.64 | _____ |
| 7 | Adham Khaled Abdelkader | 17 | Bank Ahly Alex | 17:36.80 | _____ |
| 8 | Yahia Hazim Husieen | 16 | ZMALK | 17:37.96 | _____ |
| 9 | Hatem el Ameer Salah el dir | 16 | Al Hawar | 17:42.06 | _____ |
| 10 | Seif Ashry Kasem | 22 | GHABA | 17:47.59 | _____ |

Heat 11 of 14 Finals

| | | | | | |
|----|---------------------------|----|----------|----------|-------|
| 1 | Mohamed Saeed Eleiraqy | 19 | ZMALK | 17:28.85 | _____ |
| 2 | Moustafa Essam Wahba | 17 | Sporting | 17:25.48 | _____ |
| 3 | Mohanad Tamer Mohamed | 18 | SMOHA | 17:25.03 | _____ |
| 4 | Anas Haythm Mohamad Els | 16 | SMOHA | 17:23.39 | _____ |
| 5 | Omar Basem Hassan Mohar | 15 | MAADI | 17:20.55 | _____ |
| 6 | Omar Elsayed Ramadan Els | 17 | Olympic | 17:22.25 | _____ |
| 7 | Ziad Ayman Mamoun | 16 | ZMALK | 17:24.05 | _____ |
| 8 | Zein el den Tamer Mohamec | 16 | HELOP | 17:25.03 | _____ |
| 9 | Adham Shady Mohsen El H | 16 | ZOHUR | 17:27.11 | _____ |
| 10 | Nour Eldin Karem Mohame | 16 | AHLY | 17:30.32 | _____ |

Heat 12 of 14 Finals

| | | | | | |
|----|---------------------------|----|----------------|----------|-------|
| 1 | Youssef Ehab Mostafa | 19 | AHLY | 17:12.86 | _____ |
| 2 | Abdullah Eldafrawy | 16 | REHAB | 17:06.99 | _____ |
| 3 | Yassien Tarek Mahmoud | 15 | Cairo | 17:06.07 | _____ |
| 4 | Mohamed Amr Nabil | 15 | DEGLA | 17:03.99 | _____ |
| 5 | Yosser Sherif Ibrahim | 18 | MAADI | 17:00.77 | _____ |
| 6 | Mohamed Khaled Mohamec | 18 | Bank Ahly Alex | 17:02.25 | _____ |
| 7 | Hisham Elshirbeny | 15 | ZMALK | 17:05.77 | _____ |
| 8 | Mazen Mostafa Asfoor | 16 | ZOHUR | 17:06.79 | _____ |
| 9 | Mostafa Adel Ibrahim Khal | 20 | SMOHA | 17:12.24 | _____ |
| 10 | Mohamed Bahgat Mohamec | 17 | Stad Mansoura | 17:19.00 | _____ |

Heat 13 of 14 Finals

| | | | | | |
|----|---------------------------|----|----------|----------|-------|
| 1 | Adham Amr Mahmoud | 15 | MAADI | 16:58.11 | _____ |
| 2 | Sherief Reda Metwaally | 16 | ZOHUR | 16:54.03 | _____ |
| 3 | Yassein Akram Ragab Sobei | 17 | SHAMS | 16:49.89 | _____ |
| 4 | Tarek el Shaer | 15 | Sporting | 16:42.27 | _____ |
| 5 | Karim Magid Abdelglil | 17 | ZMALK | 16:41.17 | _____ |
| 6 | Omar Mohamed Hassan | 16 | AHLY | 16:42.12 | _____ |
| 7 | Mahmoud Hassan Mohamec | 16 | SHAMS | 16:49.25 | _____ |
| 8 | Mohamed Essam Abdou | 18 | AHLY | 16:51.33 | _____ |
| 9 | Mohamed Tarek Rashad Ab | 19 | SHAMS | 16:54.70 | _____ |
| 10 | Karim Hesham Moh. Fakry | 16 | GEZIR | 16:58.22 | _____ |

Heat 14 of 14 Finals

| | | | | | |
|----|-------------------------|----|----------|----------|-------|
| 1 | Farouk Mohamad Elgedely | 17 | SMOHA | 16:28.57 | _____ |
| 2 | Ahmed Mahmoud Elhouran | 17 | AHLY | 16:21.94 | _____ |
| 3 | Omar Karim Galal Samy | 17 | MAADI | 16:08.03 | _____ |
| 4 | ali Mohamed Sarwat | 19 | HELOP | 15:59.13 | _____ |
| 5 | Marwan Ahmed Elamrawy | 29 | Sporting | 15:36.03 | _____ |
| 6 | Mohamed Adel Mohamed M | 23 | AHLY | 15:38.55 | _____ |
| 7 | Ahmed Mohamed Ahmed al | 18 | SHOOT | 16:07.72 | _____ |
| 8 | Saif Amr Al Batal | 18 | HADAK | 16:08.29 | _____ |
| 9 | Ahmed Samir Mohamed | 16 | HADAK | 16:26.07 | _____ |
| 10 | Malek Mohamed Bazan | 17 | MAADI | 16:38.76 | _____ |

Event 16 Women 15 & Over 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 15 Finals

| | | | | | |
|---|---------------------------|----|----------|----|-------|
| 1 | Kenzy Mostafa Hashad | 19 | AHLY | NT | _____ |
| 2 | Renad Ahmed Hamdy | 15 | Elethad | NT | _____ |
| 3 | Maya Ali Ahmed | 16 | Elethad | NT | _____ |
| 4 | Karma Ayman Abou Amera | 17 | Sporting | NT | _____ |
| 5 | Basant Hesham Hussin | 15 | DEGLA | NT | _____ |
| 6 | Kenzy Magdy Mohamed Al | 17 | MAADI | NT | _____ |
| 7 | Malak Mohamed | 15 | SHOBR | NT | _____ |
| 8 | Malak Youssef Abdelrahman | 15 | SMOHA | NT | _____ |
| 9 | Jana Wael Ahmed | 15 | 6 OCT | NT | _____ |

Heat 2 of 15 Finals

| | | | | | |
|----|----------------------------|----|----------------|----|-------|
| 1 | Roudina Hamdy Fouad | 15 | Tlaea El Ostol | NT | _____ |
| 2 | Login Hazem Samir | 16 | Nasr City | NT | _____ |
| 3 | Farida Moustafa Abd Elaziz | 18 | Sporting | NT | _____ |
| 4 | Rawan Tamer Mohamed | 20 | AHLY | NT | _____ |
| 5 | Salma Gamal Nabel Hetam | 15 | TANTA | NT | _____ |
| 6 | Byrne Ibrahim Adel | 16 | Elethad | NT | _____ |
| 7 | Layla Mohamed Elsaed Ma | 16 | Bank Ahly Alex | NT | _____ |
| 8 | Rodaina Mohamed Ahmed | 15 | DEGLA | NT | _____ |
| 9 | Menna Mohamed Alashkar | 18 | ZMALK | NT | _____ |
| 10 | Habiba Mohamed AL Said | 17 | RWAD | NT | _____ |

Heat 3 of 15 Finals

| | | | | | |
|----|-------------------------|----|----------------|----|-------|
| 1 | Shahd Mohamed Ahmed Ell | 15 | AHLY | NT | _____ |
| 2 | Mariam Ahmed Hassan | 15 | Tlaea El Ostol | NT | _____ |
| 3 | Loujynah Mahmuod M.Sha | 15 | TANTA | NT | _____ |
| 4 | Hana Walid Atallah | 15 | HADAK | NT | _____ |
| 5 | Sara Ahmed Mohamed | 15 | Bitash | NT | _____ |
| 6 | Hala Amr | 16 | AHLY | NT | _____ |
| 7 | Sara Mohamed Hassan | 23 | AHLY | NT | _____ |
| 8 | Aliaa Ahmad Rapea Saleh | 16 | HELOP | NT | _____ |
| 9 | Hana Ayman Shaliby | 15 | TANTA | NT | _____ |
| 10 | Haya Mohamed Mahmoud | 17 | AHLY | NT | _____ |

Heat 4 of 15 Finals

| | | | | | |
|----|--------------------------|----|------------|---------|-------|
| 1 | Nayera Tarek El-Sayed | 17 | FAROS | NT | _____ |
| 2 | Myriam Hussein Mahmoud | 15 | Luxor Club | NT | _____ |
| 3 | Maria Nader Sedeky | 15 | Ismaily | 1:31.98 | _____ |
| 4 | Negar Hithem Ahmed | 15 | Y.M.C.A | 1:31.09 | _____ |
| 5 | Zeina Tamer Nagy | 15 | SHOOT | 1:27.46 | _____ |
| 6 | Sama Rafik Ibrahim Gaber | 15 | Elethad | 1:28.33 | _____ |
| 7 | Hanen Mohamed Hassan El | 15 | Elethad | 1:31.89 | _____ |
| 8 | Henar amr el Sofy | 16 | TRSAN | 1:58.99 | _____ |
| 9 | Shaza Mohamed Said Husse | 16 | Elethad | NT | _____ |
| 10 | Mariem Hossam Elden Hass | 16 | Cairo | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 5 Finals (#16 Women 15 & Over 100 LC Meter Butterfly)

| | | | | | |
|----|----------------------------|----|----------|---------|-------|
| 1 | Jana Waleed abd Elrazek Ga | 17 | DEGLA | 1:27.14 | _____ |
| 2 | Rokaia Amr Mohamed | 15 | DEGLA | 1:25.13 | _____ |
| 3 | Mariam Mohamed Sobhy | 18 | DEGLA | 1:24.98 | _____ |
| 4 | Habiba Attia Youssef | 16 | SENZO | 1:23.09 | _____ |
| 5 | Fatma Amr Aly | 15 | SHOOT | 1:21.36 | _____ |
| 6 | Aysel Sameh Mahmoud | 16 | ZOHUR | 1:21.98 | _____ |
| 7 | Shad abd Fattah | 15 | Sporting | 1:23.37 | _____ |
| 8 | Fayrouz Ahmed Amin | 16 | DEGLA | 1:25.11 | _____ |
| 9 | Jana Mohamed Samir Khale | 19 | Olympic | 1:26.91 | _____ |
| 10 | Malak Mohamed abd Elhad | 15 | TALBE | 1:27.17 | _____ |

Heat 6 of 15 Finals

| | | | | | |
|----|--------------------------|----|-----------------|---------|-------|
| 1 | Nor Ahmed Ali Ahmed | 19 | Bank Ahly Alex | 1:20.35 | _____ |
| 2 | Reta Khalil Fawzy | 15 | A S E C | 1:19.98 | _____ |
| 3 | Dima Adel Mohamed | 17 | SMOHA | 1:19.71 | _____ |
| 4 | Haneen Mohamed a. Negm | 15 | TANTA | 1:19.29 | _____ |
| 5 | Sama Atef Sayed | 16 | DEGLA | 1:18.13 | _____ |
| 6 | Ransy ElSayed Ali | 15 | DEGLA | 1:18.31 | _____ |
| 7 | Jasmin Ahmed Kenawi | 15 | Damnhor Sport | 1:19.70 | _____ |
| 8 | Hanin Mohamed AL Said | 15 | RWAD | 1:19.91 | _____ |
| 9 | Rana Raeid El Shazly | 17 | Canal Suez Port | 1:20.22 | _____ |
| 10 | Eman Tarik Mohamed Salla | 18 | SMOHA | 1:21.25 | _____ |

Heat 7 of 15 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Zina Ahmed Abdullh Mohar | 16 | ElGezira Youth | 1:17.53 | _____ |
| 2 | Zaina Ahmed Mohamed Mo | 15 | Olympic | 1:17.08 | _____ |
| 3 | Kenzy Yasser | 16 | TALBE | 1:16.47 | _____ |
| 4 | Jowayreya Mohamed Saad I | 18 | Olympic | 1:16.02 | _____ |
| 5 | Fairouz Mazin Adel | 16 | DEGLA | 1:15.54 | _____ |
| 6 | Amina Ayman Farrag | 15 | DEGLA | 1:15.75 | _____ |
| 7 | Shrouk Wael Mohamed | 15 | EALAM | 1:16.16 | _____ |
| 8 | Radwa Moursy Abdelsattar | 15 | Olympic | 1:17.07 | _____ |
| 9 | Salma Ahmed Elmiligi Bad | 16 | 6 OCT | 1:17.41 | _____ |
| 10 | Hallaa Hamd Ahmed | 15 | Bitash | 1:17.80 | _____ |

Heat 8 of 15 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Mayroz Mohamed abd Elsal | 16 | TANTA | 1:15.20 | _____ |
| 2 | Malak Yasser Abdellatif | 16 | Sporting | 1:14.85 | _____ |
| 3 | Hania Hossam Ahmed Salar | 16 | SMOHA | 1:14.76 | _____ |
| 4 | Fareda Mohamed Farouk | 17 | DEGLA | 1:14.10 | _____ |
| 5 | Gana Mohamed Atef | 15 | SHOOT | 1:14.03 | _____ |
| 6 | Habiba Mohamed Abd el Ne | 16 | DEGLA | 1:14.03 | _____ |
| 7 | Ayten Yaser Abdelmouty | 15 | SMOHA | 1:14.21 | _____ |
| 8 | Farah Ayman Gaber | 17 | SMOHA | 1:14.79 | _____ |
| 9 | Rose Rafeek Mohamed | 15 | RWAD | 1:15.19 | _____ |
| 10 | Rokia Shrif Mohamd Faroul | 15 | Bank Ahly Alex | 1:15.26 | _____ |

Heat 9 of 15 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Rawan Tamer Essam Mahm | 17 | DEGLA | 1:13.87 | _____ |
| 2 | Malak Mohamed Fayek Elsi | 17 | SMOHA | 1:13.72 | _____ |
| 3 | Salma Atef Fayek Abdo | 17 | DEGLA | 1:13.61 | _____ |
| 4 | Goudy Mohamed Fahim | 16 | AHLY | 1:12.91 | _____ |
| 5 | Farida Nasser Mohamed El- | 16 | SHOOT | 1:12.43 | _____ |
| 6 | Kenzy Ahmed Saad ali | 17 | DEGLA | 1:12.79 | _____ |
| 7 | Logien Ahmed Elsherif | 17 | SHOOT | 1:13.52 | _____ |
| 8 | Nourhan Sherif SalahEldin | 16 | Elethad | 1:13.71 | _____ |
| 9 | Mennatallah Hatem Ibrahim | 17 | A S E C | 1:13.80 | _____ |
| 10 | Habtalla Moustafa Fathey | 15 | Bitash | 1:13.96 | _____ |

Heat 10 of 15 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Nour Shref Osama | 16 | HELOP | 1:11.63 | _____ |
| 2 | Noor Marwan Moh. Aly Zev | 18 | GEZIR | 1:11.29 | _____ |
| 3 | Hoda Goma Sobhy Mohame | 15 | SHAMS | 1:11.14 | _____ |
| 4 | Hala Osama Fatehy | 15 | Pegasus Club | 1:10.80 | _____ |
| 5 | Lojain Alaa Eldein Arafa | 15 | SMOHA | 1:10.52 | _____ |
| 6 | Rose Alaa Refaat | 15 | SMOHA | 1:10.52 | _____ |
| 7 | Ayten Ousama Abdelsalam | 15 | Damnhor Sport | 1:10.94 | _____ |
| 8 | Noor Rami | 15 | Sporting | 1:11.22 | _____ |
| 9 | Sama Karm Nasr Mohamed | 17 | SHAMS | 1:11.63 | _____ |
| 10 | Jana Ahmed akl | 16 | Sporting | 1:11.93 | _____ |

Heat 11 of 15 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Rodaina Osama Khalil | 15 | GHABA | 1:10.32 | _____ |
| 2 | Malak Mohamed Mahmoud | 19 | MAADI | 1:10.12 | _____ |
| 3 | Lila Hossam Hassan Kamel | 15 | SHAMS | 1:09.90 | _____ |
| 4 | Hana Wael Magdi Mah . Els | 18 | GEZIR | 1:09.87 | _____ |
| 5 | Sara Mahmoud El Gendy | 18 | DEGLA | 1:09.85 | _____ |
| 6 | Yara Sherif Mohamed | 15 | DEGLA | 1:09.87 | _____ |
| 7 | Hana Hisham Mohamed Yo | 19 | SMOHA | 1:09.89 | _____ |
| 8 | Menna Allah Elsaid Awad B | 16 | Stad Mansoura | 1:10.02 | _____ |
| 9 | Gamila usama Basyouni | 15 | TRSAN | 1:10.20 | _____ |
| 10 | Jana Mostafa Moktar | 16 | Cairo | 1:10.35 | _____ |

Heat 12 of 15 Finals

| | | | | | |
|----|-------------------------|----|-----------|---------|-------|
| 1 | Nagar Mohamed Salem | 15 | HADAK | 1:09.78 | _____ |
| 2 | Hanan Ahmed Hussin | 18 | ZMALK | 1:09.75 | _____ |
| 3 | Farah Ahmed | 16 | HELOP | 1:09.31 | _____ |
| 4 | Zina Yasser Ahmed | 18 | Sporting | 1:09.15 | _____ |
| 5 | Hana Waled Hasan | 19 | SHROK | 1:09.12 | _____ |
| 6 | Rahma Emad Farouk | 15 | El Temsah | 1:09.14 | _____ |
| 7 | Nour Mohamed Elsoda | 16 | MAADI | 1:09.20 | _____ |
| 8 | Wafaa Ahmed Saad EIDin | 16 | DEGLA | 1:09.66 | _____ |
| 9 | Habiba Mohamad Saeed Sh | 16 | SMOHA | 1:09.77 | _____ |
| 10 | Hana Tarek Yehia | 17 | AHLY | 1:09.83 | _____ |

Heat 13 of 15 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Nour Mohamed Hessien Ah | 19 | SHAMS | 1:09.04 | _____ |
| 2 | Zeina Ahmed Mostafa | 17 | SHOOT | 1:08.76 | _____ |
| 3 | Karma aly Elsheraee | 18 | HELOP | 1:08.71 | _____ |
| 4 | Halla Alla Maher | 18 | DEGLA | 1:08.47 | _____ |
| 5 | Nada Ahmed El Said Elbasy | 17 | SHOOT | 1:08.36 | _____ |
| 6 | Kenzy Ibrahim Ibrahim | 20 | AHLY | 1:08.43 | _____ |
| 7 | Rozana Waleed Desoky | 17 | Nasr City | 1:08.67 | _____ |
| 8 | Jomana Hossam Mostafa | 15 | ZOHUR | 1:08.72 | _____ |
| 9 | Malak Mohamed Mahmoud | 15 | Stad Mansoura | 1:08.77 | _____ |
| 10 | Farida Mohamed Ahmed El | 18 | SHOOT | 1:09.09 | _____ |

Heat 14 of 15 Finals

| | | | | | |
|----|-----------------------------|----|----------------|---------|-------|
| 1 | Goumana Mohamed Ibrahim | 16 | AHLY | 1:08.05 | _____ |
| 2 | Mena Mohamed Abdul Rahi | 19 | ZOHUR | 1:08.01 | _____ |
| 3 | Zaina Mohamed Haitham H | 19 | SHOOT | 1:07.60 | _____ |
| 4 | Raghad Ibrahim Elsaid | 15 | Gezira El Ward | 1:07.34 | _____ |
| 5 | Lougein amr Khaleil Ibrahim | 17 | ZMALK | 1:06.57 | _____ |
| 6 | Malak Ahmed Gamal al Sha | 16 | SHOOT | 1:06.74 | _____ |
| 7 | Salma Mohamed Hamdy | 16 | Gezira El Ward | 1:07.36 | _____ |
| 8 | Lela Ahmed Kamal | 19 | GHABA | 1:07.63 | _____ |
| 9 | Retaj Mohamed Elsayed An | 18 | SMOHA | 1:08.04 | _____ |
| 10 | Joudy Khaled Saied Ismail | 16 | Olympic | 1:08.16 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 15 Finals (#16 Women 15 & Over 100 LC Meter Butterfly)

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Goumana Tarek Yehia | 19 | AHLY | 1:05.98 | _____ |
| 2 | Alya Ehab Abdel Moneam | 17 | AHLY | 1:05.67 | _____ |
| 3 | Loujin Abd Alla Slah Zkey | 20 | SHOOT | 1:05.07 | _____ |
| 4 | Hlla Khaled Diab | 17 | AHLY | 1:04.77 | _____ |
| 5 | hla Mohamed Nanoush | 17 | TANTA | 1:03.76 | _____ |
| 6 | Salma Osama Mohamed Da | 18 | TANTA | 1:04.32 | _____ |
| 7 | Lara Ahmed Elwan | 16 | AHLY | 1:04.90 | _____ |
| 8 | Jana Mohamed Omar Moha | 18 | SHAMS | 1:05.22 | _____ |
| 9 | Gihan Ahmed Abd El Azim | 20 | MAADI | 1:05.81 | _____ |
| 10 | Jana Khalid | 20 | Sporting | 1:06.46 | _____ |

Event 17 Men 15 & Over 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Youssef Ahmed Samir | 16 | DEGLA | NT | _____ |
| 2 | Ahmed Tamer Rabea | 17 | SHOOT | NT | _____ |
| 3 | Youseif Mohamed Abdelsall | 15 | ZMALK | NT | _____ |
| 4 | Ahmed Hamdy Al Shaik | 20 | SHOOT | NT | _____ |
| 5 | Amr Khaled Mansour Eltoh | 17 | GHARB | NT | _____ |
| 6 | Youssef Galal Sayed | 16 | DEGLA | NT | _____ |
| 7 | el Farok Omer el Farok | 17 | BNK.G | NT | _____ |
| 8 | Karim Mahmoud Farouk | 22 | Beni Suef Club | NT | _____ |
| 9 | Yassin Hazem Saaed | 16 | M.S Tagamoa | NT | _____ |
| 10 | Ahmed Mohamed Mousa K | 18 | Olympic | NT | _____ |

Heat 2 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Ahmed Hany Metwally | 16 | K.S.C | NT | _____ |
| 2 | Moamen Mohamed Moham | 15 | City Club | NT | _____ |
| 3 | Ali Mohamed Atia | 15 | Stad Mansoura | NT | _____ |
| 4 | Basel Samir Abdelazim | 18 | TRSAN | NT | _____ |
| 5 | ali Ahmed Mohamed Elsadc | 15 | Gezira El Ward | NT | _____ |
| 6 | Adham Ashraf Mohamed Al | 15 | DEGLA | NT | _____ |
| 7 | Omar Karim Ali Abd El Har | 18 | SENZO | NT | _____ |
| 8 | Hossam Abdelgalil Abdelm | 15 | DEGLA | NT | _____ |
| 9 | Yassin Mohamed Hussein | 15 | Pegasus Club | NT | _____ |
| 10 | Yousef Reda Mohamed Kan | 15 | Matrix | NT | _____ |

Heat 3 of 92 Finals

| | | | | | |
|----|--------------------------|----|---------|----|-------|
| 1 | Mohamed Yasser Mohamed | 16 | A S E C | NT | _____ |
| 2 | Anas Mohamed Saad | 15 | DEGLA | NT | _____ |
| 3 | Yousef Mahmoud Mohamec | 18 | SHAMS | NT | _____ |
| 4 | Seif Elden Mohamed Sobhy | 15 | NASR | NT | _____ |
| 5 | Ahmed Ahmed Sherif El Sh | 15 | GEZIR | NT | _____ |
| 6 | Walid Mohamed Hussien | 17 | A S E C | NT | _____ |
| 7 | Yousf Aymn Ebrahim Ahme | 19 | 6 OCT | NT | _____ |
| 8 | Mohamed Basem Ahmed Sa | 16 | TRSAN | NT | _____ |
| 9 | Malek Essam Sanad | 15 | DEGLA | NT | _____ |
| 10 | Mahmoud Haitham Mahmo | 19 | NASR | NT | _____ |

Heat 4 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Hamza Ali Mohamed Ali | 16 | Elethead | NT | _____ |
| 2 | Ahmed Amr Mohamed Qutl | 16 | Swim Home | NT | _____ |
| 3 | Salem Hassan Salem Abdel | 16 | NASR | NT | _____ |
| 4 | Omar Mohamed Khairy | 15 | Elec | NT | _____ |
| 5 | Mohamed Ayman Mohamed | 16 | DEGLA | NT | _____ |
| 6 | Ahmed Mohamed Farouk | 15 | A S E C | NT | _____ |
| 7 | Karim Shady Salah | 17 | DEGLA | NT | _____ |
| 8 | Zeyad Ekhaa Walaa Zaki | 15 | SMOHA | NT | _____ |
| 9 | Omar Tarek ali | 15 | Al Shehk Zaaid | NT | _____ |
| 10 | Omar Mosaad Mohamed | 16 | SHOOT | NT | _____ |

Heat 5 of 92 Finals

| | | | | | |
|----|---------------------------|----|-----------------|----|-------|
| 1 | Yassien Abdelhamied Elsay | 15 | SHAMS | NT | _____ |
| 2 | Moaz Haitham Abdel-Mutta | 15 | HADAK | NT | _____ |
| 3 | Mohamed Ahmed Mohamec | 16 | Ellaban | NT | _____ |
| 4 | Saged Ayman AbdEllatif | 19 | SMOHA | NT | _____ |
| 5 | Mohammed Mahmoud Ram | 17 | Al-Ahram Sports | NT | _____ |
| 6 | Marwan Mohammed Younis | 18 | BNK.G | NT | _____ |
| 7 | Saifaldin Shadi Zakaria | 16 | Qaroun | NT | _____ |
| 8 | Mahmoud Ramadan | 16 | SHARQ | NT | _____ |
| 9 | ezz el din Ihab | 15 | Sporting | NT | _____ |
| 10 | Ahmed Sameh Mohamed E | 16 | HELOP | NT | _____ |

Heat 6 of 92 Finals

| | | | | | |
|----|--------------------------|----|-----------|----|-------|
| 1 | Yassin Youssef Mohamed E | 16 | Olympic | NT | _____ |
| 2 | Seif Haitham Fathy | 18 | Gyc.Banha | NT | _____ |
| 3 | Yassin Mohamed Salah | 15 | SMOHA | NT | _____ |
| 4 | Omar Adel Abas | 23 | DEGLA | NT | _____ |
| 5 | Mohamed Ahmed Fahmy | 17 | TANTA | NT | _____ |
| 6 | Yousef Mohamed Salah | 18 | A S E C | NT | _____ |
| 7 | Mohamed Ahmed Ibraheem | 18 | RWAD | NT | _____ |
| 8 | Marwan Nehad Zakareia | 26 | DEGLA | NT | _____ |
| 9 | Waleed Samer Mahmoud | 19 | AHLY | NT | _____ |
| 10 | Seif Tamer Omran | 21 | DEGLA | NT | _____ |

Heat 7 of 92 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Abdelrahman Amr Mahmou | 15 | TALBE | NT | _____ |
| 2 | Mohamed Shehab ElGabry | 16 | DEGLA | NT | _____ |
| 3 | Adham Ayman Esmael | 18 | Minia Sport Clup | NT | _____ |
| 4 | Mazen Tamer Mostafa | 17 | DEGLA | NT | _____ |
| 5 | Ziad aly Atef Abdelaal | 15 | MRAC | NT | _____ |
| 6 | Nadem Hany Abdellatef | 16 | Elethead | NT | _____ |
| 7 | Hamza Hazem Moneb | 16 | Cairo | NT | _____ |
| 8 | Ziad Haithm Mostafa | 16 | Ismaily | NT | _____ |
| 9 | Karim Mohamed Abdelkade | 15 | Bank Ahly Alex | NT | _____ |
| 10 | Yasin Moh. Ahm. Omar Ras | 17 | GEZIR | NT | _____ |

Heat 8 of 92 Finals

| | | | | | |
|----|--------------------------|----|-----------------|----|-------|
| 1 | Yossef Elshamy | 16 | Canal Suez Port | NT | _____ |
| 2 | Mahmoud Ahmed Eltablawy | 18 | ZOHUR | NT | _____ |
| 3 | Youssef Hossam Mohamed | 21 | Nasr City | NT | _____ |
| 4 | Abd Elrahman Mohamed H | 15 | SHOOT | NT | _____ |
| 5 | Omar Ahmed Mohamed Mo | 15 | DEGLA | NT | _____ |
| 6 | Mohamed Magdy Mohamec | 17 | TRSAN | NT | _____ |
| 7 | Marwan Waleed Mohamed I | 16 | SHOOT | NT | _____ |
| 8 | Mahmoud Mohamed Abdeli | 17 | GHABA | NT | _____ |
| 9 | Khaled Mohamed Alaa El D | 16 | DEGLA | NT | _____ |
| 10 | Selim Mohamed Essawy | 15 | Sporting | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 9 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Mohamed Alaa Wafa | 15 | Tlaea El Ostol | NT | _____ |
| 2 | Omar Ahmed Essa Essa | 15 | Olympic | NT | _____ |
| 3 | Yasin Alaa Ibrahim Elbieh | 20 | SMOHA | NT | _____ |
| 4 | Ahmed Sherif Osman Ahme | 17 | GHABA | NT | _____ |
| 5 | Ahmed Khaled Badr | 16 | Elethad | NT | _____ |
| 6 | Omar El Sayed Ali | 16 | Elethad | NT | _____ |
| 7 | Mahmuod Mohamed abo el | 15 | A S E C | NT | _____ |
| 8 | Omar Mohamed Omar Sofy | 17 | SHOOT | NT | _____ |
| 9 | Yssin Ayman Elsaed | 15 | Tlaea El Ostol | NT | _____ |
| 10 | Omar Ayman Zakaria | 17 | SMOHA | NT | _____ |

Heat 10 of 92 Finals

| | | | | | |
|----|----------------------------|----|-----------------|----|-------|
| 1 | Yassen Moh. Shrif Moh. Elt | 19 | GEZIR | NT | _____ |
| 2 | Anas Tarek Ibraheim | 17 | Qaroun | NT | _____ |
| 3 | Hussin Mohamed Hussin Al | 16 | NASR | NT | _____ |
| 4 | abd Allah Khaled abd Elmor | 16 | TANTA | NT | _____ |
| 5 | Ahmed Waled Asaad | 15 | Al Shehk Zaeid | NT | _____ |
| 6 | Moaz Mustafa Abdo Salim | 19 | Al-Ahram Sports | NT | _____ |
| 7 | Malek Amr Ragab | 16 | Palm Hills | NT | _____ |
| 8 | Fares Yaser Shawky | 16 | DEGLA | NT | _____ |
| 9 | Idris Ibrahim Mohammed | 17 | BNK.G | NT | _____ |
| 10 | Ibrahim Ahmed Zaki | 15 | SHOOT | NT | _____ |

Heat 11 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------|----|-------|
| 1 | Moamen Khalid Mohamed | 19 | ZMALK | NT | _____ |
| 2 | Abdallah Mostafa Abdallah | 16 | DEGLA | NT | _____ |
| 3 | Shehab Eldin Hassan Ahme | 15 | DEGLA | NT | _____ |
| 4 | Mohanad Sameheldin Elsay | 16 | Olympic | NT | _____ |
| 5 | Hassan Ahmed Ehab Wahby | 16 | HELOP | NT | _____ |
| 6 | Mostafa Mahmoud ali | 16 | GOLDY | NT | _____ |
| 7 | Mohaz Ali Mohsan | 16 | El Obour | NT | _____ |
| 8 | Ahmed Tarek Ali Abd Elhar | 17 | DEGLA | NT | _____ |
| 9 | Zeyad Khaled abd Elmoner | 17 | TANTA | NT | _____ |
| 10 | Abdullah Wael Abdellrazik | 18 | DEGLA | NT | _____ |

Heat 12 of 92 Finals

| | | | | | |
|----|--------------------------|----|-------------|----|-------|
| 1 | Mohamed Hussein El-Alfy | 15 | New Giza | NT | _____ |
| 2 | Omar Mohamed Tawfek | 16 | Al Hawar | NT | _____ |
| 3 | Samy Ali Ibrahim Ibrahim | 15 | City Club | NT | _____ |
| 4 | Mohamed Ahmed Fawzay | 16 | Qaroun | NT | _____ |
| 5 | Yassin Ahmed Hassan Abde | 15 | DEGLA | NT | _____ |
| 6 | Omar Hani Elsaied | 15 | SMOHA | NT | _____ |
| 7 | Omar Zeyad Mohamed | 17 | Sporting | NT | _____ |
| 8 | Omar Mostafa AbdELaziz | 15 | Police Club | NT | _____ |
| 9 | Anas Mohamed Fathall | 15 | Swim Home | NT | _____ |
| 10 | Yasin HossamEldin | 21 | SMOHA | NT | _____ |

Heat 13 of 92 Finals

| | | | | | |
|----|--------------------------|----|------------|----|-------|
| 1 | Moaaz Yasser Mohamed | 16 | Luxor Club | NT | _____ |
| 2 | Omar Ahmed Salem | 16 | GHARB | NT | _____ |
| 3 | Ahmed Adel Mohamed Mes | 24 | AHLY | NT | _____ |
| 4 | Omar Ashour Rizk | 19 | BNK.G | NT | _____ |
| 5 | Aly Mohamed Abdel Hamec | 17 | BNK.G | NT | _____ |
| 6 | Ahmed Wael abd Elnaby | 17 | TANTA | NT | _____ |
| 7 | Abd Alla Amr Ali Ahmed | 16 | ZOHUR | NT | _____ |
| 8 | Omar Mohamed Farouk | 16 | Elethad | NT | _____ |
| 9 | Yousef Waled Al Sayed Al | 22 | GEZIR | NT | _____ |
| 10 | Hamza Ahmed Amer | 15 | GEZIR | NT | _____ |

Heat 14 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Abdelrahman Mohamed Far | 15 | Olympic | NT | _____ |
| 2 | Islam Ahmed Mostafa | 15 | Elethad | NT | _____ |
| 3 | ans Ibrahem Mahmoud | 18 | Police Club | NT | _____ |
| 4 | Mahmoud Mohamed Ahmec | 15 | SHOOT | NT | _____ |
| 5 | Ali Mostafa abd el Aziz | 17 | Police Club | NT | _____ |
| 6 | Yassin Khaled Shrif Moham | 15 | Bank Ahly Alex | NT | _____ |
| 7 | abd Elrhman Mohamed Mal | 17 | Elethad | NT | _____ |
| 8 | Youssf Mohamed Eltokhy | 16 | Meit Khakan | NT | _____ |
| 9 | Abdellah Ahmed Said | 15 | Tlaea El Ostol | NT | _____ |
| 10 | Youssif Hossam Mohamed | 17 | NASR | NT | _____ |

Heat 15 of 92 Finals

| | | | | | |
|----|----------------------------|----|---------|----|-------|
| 1 | SiefEldin Waleed Ibrahim K | 16 | MRAC | NT | _____ |
| 2 | Ziad Osama Abdelfattah | 19 | SHAMS | NT | _____ |
| 3 | Yehia Ashraf Farag | 17 | AHLY | NT | _____ |
| 4 | Mohamed amr Shaban | 17 | OLMPA | NT | _____ |
| 5 | Almukhtar Ibrahim Muham | 15 | BNK.G | NT | _____ |
| 6 | Mohamed Tarek Mohamed | 16 | Olympic | NT | _____ |
| 7 | Karim Adel Ahmed Bahgat | 21 | ZOHUR | NT | _____ |
| 8 | Youssef Mohamed Soliman | 19 | DEGLA | NT | _____ |
| 9 | Adam Amr Amin | 15 | SMOHA | NT | _____ |
| 10 | Ziad Wael Mohamed | 20 | ZMALK | NT | _____ |

Heat 16 of 92 Finals

| | | | | | |
|----|-------------------------|----|-------------|----|-------|
| 1 | Moatasem Muhammed Yuni | 15 | BNK.G | NT | _____ |
| 2 | Yassin Mohamed Anwar | 15 | SMOHA | NT | _____ |
| 3 | Hussen Mohamed Hamed | 15 | HELOP | NT | _____ |
| 4 | Mohame Waly Mohamed M | 15 | Fayoum Club | NT | _____ |
| 5 | Mounir Ramez Mounir | 20 | SHOOT | NT | _____ |
| 6 | Adam Waleed Ibrahim | 16 | Ellaban | NT | _____ |
| 7 | Mazen Mahmoud Gmal | 15 | SHAMS | NT | _____ |
| 8 | Mahmoud Tamer Mewally S | 15 | Olympic | NT | _____ |
| 9 | Ammar Ahmed Saiid | 15 | K.S.C | NT | _____ |
| 10 | Mazen Amr Fekry Said | 15 | DEGLA | NT | _____ |

Heat 17 of 92 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Tarek Mohamed Ragab | 16 | Minia Sport Clup | NT | _____ |
| 2 | Mohamed Abdo Moro | 15 | Domyt Club | NT | _____ |
| 3 | Mohamed Mahmoud Mohar | 15 | Tlaea El Ostol | NT | _____ |
| 4 | Pierre Joseph Roshdy | 16 | Aswan Club | NT | _____ |
| 5 | Mohamed Essam Sedky | 18 | BNK.G | NT | _____ |
| 6 | Adham Ahmed Hamam Abu | 15 | TANTA | NT | _____ |
| 7 | Moustafa Mahmoud Fahmy | 15 | TAGAM | NT | _____ |
| 8 | Ahmed Hamed Ahmed Mos | 17 | Stad Mansoura | NT | _____ |
| 9 | Fares Mahmoud Abd El Azi | 15 | DEGLA | NT | _____ |
| 10 | Omar Tarek Said | 16 | SHRKS | NT | _____ |

Heat 18 of 92 Finals

| | | | | | |
|----|----------------------------|----|----------------|----|-------|
| 1 | Seif El Din Hamdy Husain I | 17 | DEGLA | NT | _____ |
| 2 | Amir Maged Eid Yousef | 16 | HELOP | NT | _____ |
| 3 | Hamza Ahmed abd Elazem | 18 | Al Qusiya Club | NT | _____ |
| 4 | Nour Eldin Karem Mohame | 16 | AHLY | NT | _____ |
| 5 | Seif Eldeen Ahmed Farouk | 15 | Elethad | NT | _____ |
| 6 | Yassen Walled Ahmad Abde | 16 | SMOHA | NT | _____ |
| 7 | Mahmoud Tamer Mahmoud | 16 | HLWAN | NT | _____ |
| 8 | Ahmed Ibrahim Ahmed | 16 | Qaroun | NT | _____ |
| 9 | Malek Tarek Salah Eldien | 15 | Elec | NT | _____ |
| 10 | Omar ali Ibrahim | 16 | EALAM | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 19 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Mohamed Mahmoud Mohar | 16 | TANTA | NT | _____ |
| 2 | Awny Mohamad Awny | 17 | SMOHA | NT | _____ |
| 3 | Asser Ahmed Ibrahim Darw | 15 | Bank Ahly Alex | NT | _____ |
| 4 | Mohamed Ahmed Mohamec | 17 | DEGLA | NT | _____ |
| 5 | Eissa Elshazly | 17 | Sporting | NT | _____ |
| 6 | Khaled Hammad Mohamed | 20 | DEGLA | NT | _____ |
| 7 | Mohamed Ahmed Abdelsata | 15 | TANTA | NT | _____ |
| 8 | Youssef Ashraf Mohamed T | 19 | MRAC | NT | _____ |
| 9 | Yousaf Sobhi Abdul Hamid | 16 | M.ARB | NT | _____ |
| 10 | Omar Tamer Said AbdElaziz | 19 | SMOHA | NT | _____ |

Heat 20 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Abd Elaziz Mohamed Abd I | 16 | ZOHUR | NT | _____ |
| 2 | Adam Mohamed Mahmoud | 16 | SHOOT | NT | _____ |
| 3 | Sofyan Hassan Mohamed | 17 | Ismaily | NT | _____ |
| 4 | Omar Ahmed Bisher | 16 | Ismaily | NT | _____ |
| 5 | Kamal El Din Mokhtar | 20 | DEGLA | NT | _____ |
| 6 | Omr Tamer Mostfa Sayed | 16 | 6 OCT | NT | _____ |
| 7 | Asser Haitham Ahmed Moh | 15 | Bank Ahly Alex | NT | _____ |
| 8 | Ahmed Mohamed Gamal | 15 | DEGLA | NT | _____ |
| 9 | Osama Mohamed Ashour | 15 | A S E C | NT | _____ |
| 10 | Yassin Waled Ezzat | 15 | DEGLA | NT | _____ |

Heat 21 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------|----|-------|
| 1 | Youssef Waleed abd Elazez | 17 | Elethad | NT | _____ |
| 2 | Moataz Mohamed Ibrahim | 15 | SMOHA | NT | _____ |
| 3 | Youssef Islam Fathy | 15 | Elethad | NT | _____ |
| 4 | Omar Shaaban | 15 | SHARQ | NT | _____ |
| 5 | Yasen Mohamed El Bawab | 16 | HELOP | NT | _____ |
| 6 | Mohamed Maged Abdel Lat | 17 | Sporting | NT | _____ |
| 7 | Joun Samir Sameh | 15 | Club S | NT | _____ |
| 8 | Youssef Mohamed Gaber | 15 | SMOHA | NT | _____ |
| 9 | Omar abd Alghani Embaby | 15 | BNK.G | NT | _____ |
| 10 | Ahmed Hany Ahmed Amin | 15 | DEGLA | NT | _____ |

Heat 22 of 92 Finals

| | | | | | |
|----|-------------------------|----|---------------|----|-------|
| 1 | Yamen Ibrahim Abdo Ahme | 15 | Stad Mansoura | NT | _____ |
| 2 | Malek Mohab Taha Moham | 18 | GHARB | NT | _____ |
| 3 | Omar Salah Salah Ghonem | 16 | New Giza | NT | _____ |
| 4 | Adam Hatem Mohamed Mo | 15 | ZMALK | NT | _____ |
| 5 | Amr Mostafa Kodb | 21 | SMOHA | NT | _____ |
| 6 | Essam Hassan Allam | 16 | GEZIR | NT | _____ |
| 7 | Omar Aed Rashwen Ahmed | 17 | El Obour | NT | _____ |
| 8 | Omar Muhamed Haitham A | 16 | SHOOT | NT | _____ |
| 9 | Yassin Ayman Moslhy | 15 | Elethad | NT | _____ |
| 10 | Hazem Hossam Nady | 16 | DEGLA | NT | _____ |

Heat 23 of 92 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Ahmed Hani Ezzat | 16 | SHOOT | NT | _____ |
| 2 | Abed Emad Abed | 17 | TRSAN | NT | _____ |
| 3 | Mohamed Adel Khayre | 16 | Baladyat El Maha | NT | _____ |
| 4 | Mohamed Osama Nagah | 15 | SENZO | NT | _____ |
| 5 | Khaled Walied Mahmoud | 17 | DEGLA | NT | _____ |
| 6 | Amr Khaled Ahmed | 15 | Minia Sport Clup | NT | _____ |
| 7 | Hassn Ramy Ahmed | 17 | Sporting | NT | _____ |
| 8 | Makar Romany Rasla | 16 | SMASH | NT | _____ |
| 9 | Adam Wahed Shehata | 18 | DEGLA | NT | _____ |
| 10 | Mohamed Alaa Farouk Shal | 15 | 6 OCT | NT | _____ |

Heat 24 of 92 Finals

| | | | | | |
|----|---------------------------|----|-----------|----|-------|
| 1 | Mohamed Amr Hussein | 18 | DEGLA | NT | _____ |
| 2 | Ahmed Mohamed Shfiq | 16 | El Obour | NT | _____ |
| 3 | Ahmed Mohamed Ahmed A | 17 | DEGLA | NT | _____ |
| 4 | Yehia Ahmed Abbas Abou | 17 | GHABA | NT | _____ |
| 5 | Mazen Emad Hamed | 17 | AHLY | NT | _____ |
| 6 | Youssef Shams Elden Gaber | 16 | A S E C | NT | _____ |
| 7 | abd Elrahman Ramadan | 17 | TALBE | NT | _____ |
| 8 | Omar Khaled Mohamed | 16 | ZOHUR | NT | _____ |
| 9 | Omar Ashraf Abdel Maqsou | 15 | Swim Home | NT | _____ |
| 10 | Mohamed Amr Nabil | 15 | DEGLA | NT | _____ |

Heat 25 of 92 Finals

| | | | | | |
|----|----------------------------|----|---------------|----|-------|
| 1 | Adham Ayman Ebrahim Sw | 16 | TANTA | NT | _____ |
| 2 | Mohamed Tarek Mohamed | 15 | Y.M.C.A | NT | _____ |
| 3 | Yossef Moh. Shrif Moh. Elb | 19 | GEZIR | NT | _____ |
| 4 | Mohamed Adel Elkenany | 15 | Stad Mansoura | NT | _____ |
| 5 | abd Elrahman Mohamed Ba | 19 | TRSAN | NT | _____ |
| 6 | Marwan Reda Hussein | 16 | SENZO | NT | _____ |
| 7 | Adam Mohamed Ahmed Mc | 19 | A S E C | NT | _____ |
| 8 | Mohamed Tamer Metwally | 15 | Olympic | NT | _____ |
| 9 | Mansour Mohamed Mousa l | 15 | Elec | NT | _____ |
| 10 | Hamza Khaled Mohamed A | 16 | Olympic | NT | _____ |

Heat 26 of 92 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Hamza Ahmed Youssef Han | 15 | DEGLA | 1:28.40 | _____ |
| 2 | Kerlis Mina Gorge | 15 | SHRKS | 1:22.57 | _____ |
| 3 | Youseif Khaled Mohamed | 16 | ZMALK | 1:21.86 | _____ |
| 4 | Youssef Ahmed Mohamed I | 15 | Tlaea El Ostol | 1:20.71 | _____ |
| 5 | Mahmoud Muhamed Mahm | 15 | SHOOT | 1:19.88 | _____ |
| 6 | Ahmed Hesham Foad | 16 | BNK.G | 1:20.41 | _____ |
| 7 | Aly Mohamed Aly | 17 | Sporting | 1:20.98 | _____ |
| 8 | ali Mohammed ali | 15 | Zahraa Helwan | 1:22.47 | _____ |
| 9 | Hamza Samer Saad | 15 | SHOOT | 1:24.46 | _____ |
| 10 | Mohamed Ibrahim Kotb | 15 | DEGLA | NT | _____ |

Heat 27 of 92 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Yassin Tariq Abdelgany | 15 | Tlaea El Ostol | 1:18.67 | _____ |
| 2 | Hamza Diaa Elrahman Moh | 15 | DEGLA | 1:18.35 | _____ |
| 3 | Hussein Sharif Ahmed El Al | 15 | GEZIR | 1:17.41 | _____ |
| 4 | Zied Ahmed Saied | 15 | SHOOT | 1:17.22 | _____ |
| 5 | Gasser Hany Gaber Maghor | 16 | A S E C | 1:17.20 | _____ |
| 6 | Omar Hussein Abd EL Aziz | 15 | ENPPI | 1:17.21 | _____ |
| 7 | Ahmed Maged Shawky | 15 | DEGLA | 1:17.23 | _____ |
| 8 | Mostafa Ahmed Ismaiel | 16 | BNK.G | 1:17.88 | _____ |
| 9 | Mohamed Maarof Hosny | 15 | Zahraa Helwan | 1:18.63 | _____ |
| 10 | Yassine Mahmoud AbdelAz | 16 | Pegasus Club | 1:18.79 | _____ |

Heat 28 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Husen Ahmad Mounir | 15 | HELOP | 1:16.69 | _____ |
| 2 | Karim Mohamed Kamal | 15 | SMOHA | 1:15.95 | _____ |
| 3 | Seif Mostafa Abdelraouf | 15 | Elethad | 1:15.83 | _____ |
| 4 | Hassan Fayez Elsayed | 15 | SMOHA | 1:14.93 | _____ |
| 5 | Yehia Mohamed Atef | 15 | DEGLA | 1:14.43 | _____ |
| 6 | Ibrahim Mohamed Azmy | 15 | Wave | 1:14.74 | _____ |
| 7 | Moaz Haitham Abdelmone | 15 | Zahraa Helwan | 1:14.95 | _____ |
| 8 | Hussaein Ahmed Hussaein / | 15 | GEZIR | 1:15.91 | _____ |
| 9 | Moustafa Essam Mohamed | 15 | A S E C | 1:16.48 | _____ |
| 10 | Mohaned Abdelrhim Khalaf | 15 | Bank Ahly Alex | 1:16.76 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 29 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Islam Ibrahim Mahmoud M | 15 | Olympic | 1:13.63 | _____ |
| 2 | Asser Ahmed Mohamed | 15 | DEGLA | 1:13.22 | _____ |
| 3 | Adham Mohamed Omar | 15 | DEGLA | 1:12.91 | _____ |
| 4 | Seif Eldin Wael Mohamed | 17 | A S E C | 1:12.70 | _____ |
| 5 | Seif El Din Magdy Mohame | 15 | ZOHUR | 1:12.57 | _____ |
| 6 | Mohamed Motaaz Kamal | 15 | Ismaily | 1:12.64 | _____ |
| 7 | Aly Hossam Eldin Tawfik | 15 | DEGLA | 1:12.89 | _____ |
| 8 | Adam Nader Sabry AbdElat | 15 | MRAC | 1:13.08 | _____ |
| 9 | Adham Mohamed Said Moh | 16 | A S E C | 1:13.32 | _____ |
| 10 | Eyad Mohamed Hussien | 15 | DEGLA | 1:14.17 | _____ |

Heat 30 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Karim Tamer Badr | 16 | DEGLA | 1:12.21 | _____ |
| 2 | Ahmed Khaled Elsaid Nasr | 15 | Bank Ahly Alex | 1:11.85 | _____ |
| 3 | Mohammed Alaa Mahmoud | 15 | Elethad | 1:11.44 | _____ |
| 4 | Khaled Mohamed Ezzat Ab | 16 | TRSAN | 1:11.32 | _____ |
| 5 | Mahmoud Walid Gebril | 15 | DEGLA | 1:11.28 | _____ |
| 6 | Anas Reda Wahdan | 15 | Meit Khakan | 1:11.30 | _____ |
| 7 | Omar Hosam Mohamed Mo | 16 | Matrix | 1:11.43 | _____ |
| 8 | Yahya Mohamed Abdelsatar | 15 | Al Shehk Zaeid | 1:11.58 | _____ |
| 9 | Fahd Ahmed Mohamed | 15 | A S E C | 1:11.88 | _____ |
| 10 | Gamal Walid Ahmed Abd E | 17 | DEGLA | 1:12.27 | _____ |

Heat 31 of 92 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Ahmed Mostafa Mohamed t | 16 | TRSAN | 1:10.86 | _____ |
| 2 | Yossef Khaled Mohamed El | 16 | GHABA | 1:10.77 | _____ |
| 3 | Abdelrahman Khaled Moha | 16 | HLWAN | 1:10.66 | _____ |
| 4 | Ismaiel Tamer Ismaiel | 16 | SHAMS | 1:10.41 | _____ |
| 5 | Keven Latif Farag | 16 | DEGLA | 1:10.33 | _____ |
| 6 | Mohamed Ahmed Gamal | 15 | Police Club | 1:10.34 | _____ |
| 7 | Omar Walid Mohamed | 15 | DEGLA | 1:10.46 | _____ |
| 8 | Hamza Mohamed Elmoham | 16 | ZMALK | 1:10.73 | _____ |
| 9 | Yasin Ahmed Ali | 17 | Gyc.Banha | 1:10.85 | _____ |
| 10 | Kareem Waleed Ahmed | 15 | Ismaily | 1:11.17 | _____ |

Heat 32 of 92 Finals

| | | | | | |
|----|--------------------------|----|------------|---------|-------|
| 1 | Ahmed Atef Abo Bakr | 15 | Y.M.C.A | 1:10.16 | _____ |
| 2 | Seif El Din Mohamed Omar | 15 | DEGLA | 1:10.06 | _____ |
| 3 | Mazen Mohamed Ahmed | 15 | A S E C | 1:09.95 | _____ |
| 4 | Ahmed Hassan Ibrahim | 16 | DEGLA | 1:09.65 | _____ |
| 5 | Abdel Rahman Ahmed El_f | 16 | Sporting | 1:09.59 | _____ |
| 6 | Omar Ahmed Aly | 15 | Y.M.C.A | 1:09.63 | _____ |
| 7 | Tayem Alla Mohammed Da | 15 | Elethad | 1:09.81 | _____ |
| 8 | Yousef Ahmed Mohamed | 15 | SHRKS | 1:09.98 | _____ |
| 9 | Zyad Mostafa Helmy Matar | 15 | Palm Hills | 1:10.07 | _____ |
| 10 | Moataz Mahmoud Mohame | 16 | DEGLA | 1:10.22 | _____ |

Heat 33 of 92 Finals

| | | | | | |
|----|---------------------------|----|-----------|---------|-------|
| 1 | Adham Fouad Hasan | 15 | ENPPI | 1:09.55 | _____ |
| 2 | Malek Ahmed Farouk | 15 | ZOHUR | 1:09.47 | _____ |
| 3 | Ziad Mohamed Mohamed L | 15 | MRAC | 1:09.36 | _____ |
| 4 | Saif Eldin Adel Elsayd | 16 | Elethad | 1:09.31 | _____ |
| 5 | Ali Ayman Nematallah | 16 | Sporting | 1:09.28 | _____ |
| 6 | Hassan Ezz Eldin Ahmed Sl | 19 | DEGLA | 1:09.31 | _____ |
| 7 | Mahmoud Hamdy Mohame | 15 | DEGLA | 1:09.35 | _____ |
| 8 | Adham Tamer Saied Mohan | 15 | A S E C | 1:09.36 | _____ |
| 9 | Ahmed Tawfiq Tariq Al-Mir | 15 | Swim Home | 1:09.51 | _____ |
| 10 | Adham Khaled Heshy | 15 | SMOHA | 1:09.58 | _____ |

Heat 34 of 92 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Nabil Mohamed Bahgat | 15 | SMOHA | 1:09.18 | _____ |
| 2 | Hamza Essam EL Wardany | 15 | ENPPI | 1:09.10 | _____ |
| 3 | Adham Mahmoud Mohame | 15 | ENPPI | 1:09.02 | _____ |
| 4 | Hasan Tarek Hasan Abdel B | 15 | DEGLA | 1:08.99 | _____ |
| 5 | Abdelrahman Mohamed Mo | 16 | el Shark Club | 1:08.95 | _____ |
| 6 | Youssef Mostafa Gamal | 15 | DEGLA | 1:08.95 | _____ |
| 7 | Mohamed Ahmed Mohamec | 15 | GHABA | 1:09.00 | _____ |
| 8 | Mohamed Hany Ahmed | 15 | DEGLA | 1:09.06 | _____ |
| 9 | Anas Amr Abdalla | 16 | GHABA | 1:09.14 | _____ |
| 10 | Ayad Hossam Ahmed | 16 | BNK.G | 1:09.23 | _____ |

Heat 35 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Youssef Gamal Sabr Gamal | 15 | Elethad | 1:08.88 | _____ |
| 2 | Mohamed Amir Mohamed A | 15 | DEGLA | 1:08.80 | _____ |
| 3 | amr Taha Goda | 17 | ZMALK | 1:08.62 | _____ |
| 4 | Yassin Alaa Mohamed | 15 | DEGLA | 1:08.49 | _____ |
| 5 | Omar Hany Abdelmeneim | 15 | SMOHA | 1:08.44 | _____ |
| 6 | Asser Fahmy Elsaid | 15 | Bank Ahly Alex | 1:08.47 | _____ |
| 7 | Hossam Mohamed Attia | 15 | Meit Khakan | 1:08.55 | _____ |
| 8 | Omar Ayman Aly Mohamed | 16 | A S E C | 1:08.78 | _____ |
| 9 | Yazed amr Omar Mokhtar | 16 | GOLDY | 1:08.82 | _____ |
| 10 | Ahmed Mahmoud Fouad To | 16 | ZOHUR | 1:08.89 | _____ |

Heat 36 of 92 Finals

| | | | | | |
|----|----------------------------|----|------------------|---------|-------|
| 1 | Hazem Mohamed Abd Elhai | 16 | ZOHUR | 1:08.29 | _____ |
| 2 | Mohamed Ahmed Hussien I | 15 | Olympic Champion | 1:08.14 | _____ |
| 3 | Mohamed Ahmed Gobbar | 15 | Elethad | 1:08.07 | _____ |
| 4 | Mohanad Yasser Salah | 16 | A S E C | 1:08.04 | _____ |
| 5 | Mostafa Ashraf Awaad | 17 | SHOBR | 1:08.02 | _____ |
| 6 | Marawan Mohamed Fathy S | 15 | TANTA | 1:08.03 | _____ |
| 7 | Mohamed Elsayd Hassen Ac | 16 | Elethad | 1:08.05 | _____ |
| 8 | Ahmed Sameh Kamal | 15 | SMOHA | 1:08.11 | _____ |
| 9 | Nour Eldin Ashraf Araby El | 15 | Elethad | 1:08.22 | _____ |
| 10 | Ahmed Alaa Hassan | 15 | MAADI | 1:08.43 | _____ |

Heat 37 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Adam Mohamed Abdelmak | 17 | SMOHA | 1:07.89 | _____ |
| 2 | Ahmed Mahmoud Eldabah | 15 | SMOHA | 1:07.76 | _____ |
| 3 | Hamza Sherief Hamed Ahm | 15 | ZMALK | 1:07.73 | _____ |
| 4 | Yassien Mohamed Fouad M | 15 | A S E C | 1:07.66 | _____ |
| 5 | Adam Khaled Mohamed Ne | 15 | ZOHUR | 1:07.56 | _____ |
| 6 | Hamza Mahmoud Ibrahim F | 15 | Elethad | 1:07.56 | _____ |
| 7 | Omar Mohmed Saber | 16 | El Obour | 1:07.68 | _____ |
| 8 | Mohamed Mostafa aly Hasa | 15 | TANTA | 1:07.75 | _____ |
| 9 | Mahmoud Elsayed eid Okda | 16 | TANTA | 1:07.81 | _____ |
| 10 | Ahmed Mahmoud Seddik A | 16 | Elethad | 1:08.01 | _____ |

Heat 38 of 92 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Omar Tarek El Sabe | 15 | DEGLA | 1:07.46 | _____ |
| 2 | Mohaned Wael Abdo Awad | 16 | DEGLA | 1:07.43 | _____ |
| 3 | Mohamed Omar Mohamed l | 15 | Olympic | 1:07.36 | _____ |
| 4 | Islam Farag Saleh | 16 | DEGLA | 1:07.31 | _____ |
| 5 | Hatem Elsayed Mohamed | 17 | GHABA | 1:07.22 | _____ |
| 6 | Amr Basem Kamal Salam | 15 | SHRKS | 1:07.26 | _____ |
| 7 | Kaled Amr Ahmed Bashir | 16 | Elethad | 1:07.34 | _____ |
| 8 | Yousef Ahmed Elkomy | 16 | el Shark Club | 1:07.41 | _____ |
| 9 | Yassin Ahmed Ibrahim Khal | 15 | DEGLA | 1:07.44 | _____ |
| 10 | Fares Mohamed Mostafa | 15 | DEGLA | 1:07.55 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 39 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Mazen Ehab Farouk | 17 | TRSAN | 1:07.13 | _____ |
| 2 | Tamem Heasen Salah | 15 | El Obour | 1:06.99 | _____ |
| 3 | Ahmed Shrif Ahmed | 15 | Tlaea El Ostol | 1:06.88 | _____ |
| 4 | Moaz Islam Hussain Ismail | 16 | Elethead | 1:06.69 | _____ |
| 5 | Seif el Dien Ahmed | 16 | Y.M.C.A | 1:06.64 | _____ |
| 6 | Zyad Ahmed Said | 16 | TRSAN | 1:06.67 | _____ |
| 7 | Saif Mohamed Hussin | 17 | TRSAN | 1:06.77 | _____ |
| 8 | Yahya Amr Mohamed Fouad | 20 | Sporting | 1:06.93 | _____ |
| 9 | Yaseen Ahmed Said | 16 | Elethead | 1:07.12 | _____ |
| 10 | Abdelrahman Khaled Gama | 15 | Olympic | 1:07.21 | _____ |

Heat 40 of 92 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Abdellah Mohamed Saber | 15 | Tlaea El Ostol | 1:06.62 | _____ |
| 2 | Adam Yasser Shaker | 16 | New Giza | 1:06.51 | _____ |
| 3 | Zain Adel Fawzy | 15 | K.S.C | 1:06.45 | _____ |
| 4 | Yassin Amr Mohamed | 15 | DEGLA | 1:06.41 | _____ |
| 5 | Yassin Mohamed Ashour | 15 | Tlaea El Ostol | 1:06.35 | _____ |
| 6 | Yasen Shref Hasan | 15 | HELOP | 1:06.39 | _____ |
| 7 | Abdulla Nasser Mostafa Alf | 16 | ZOHUR | 1:06.43 | _____ |
| 8 | Hamza Mohamed Ebrahim I | 16 | TANTA | 1:06.48 | _____ |
| 9 | Safyelrhmam Ebrahim Souli | 16 | Olympic | 1:06.53 | _____ |
| 10 | Adam Mahmoud Abdelmorc | 16 | ZMALK | 1:06.64 | _____ |

Heat 41 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Youssef Ahmed Saadeldin Z | 16 | 6 OCT | 1:06.26 | _____ |
| 2 | Ahmed Mohamed Farok Ma | 17 | Olympic | 1:06.17 | _____ |
| 3 | Karem Ahmed Ebrahim Elsl | 15 | M.ARB | 1:06.04 | _____ |
| 4 | Omar Mohamed Ezat Moha | 15 | Gezira El Ward | 1:05.95 | _____ |
| 5 | Mohamed Hessinahmed | 15 | Wave | 1:05.91 | _____ |
| 6 | Adam Mohamed El Sayed | 15 | Police Club | 1:05.92 | _____ |
| 7 | abd Elrahman Elsaied Foud | 15 | TALBE | 1:06.01 | _____ |
| 8 | Mohamed Mourad Farouk N | 15 | Olympic | 1:06.07 | _____ |
| 9 | Ziad Elsayed | 15 | Sporting | 1:06.18 | _____ |
| 10 | Mohamed amr Ibrahim | 15 | BNK.G | 1:06.31 | _____ |

Heat 42 of 92 Finals

| | | | | | |
|----|-------------------------|----|------------------|---------|-------|
| 1 | Yassin Mohamed Sobhy | 16 | DEGLA | 1:05.84 | _____ |
| 2 | Marwan Mohamed Moheb I | 15 | Olympic Champion | 1:05.74 | _____ |
| 3 | Yassin Osama Mohamed | 15 | DEGLA | 1:05.64 | _____ |
| 4 | Omar Ahmed Abdehafiz | 16 | ZMALK | 1:05.63 | _____ |
| 5 | Zeyad Tamer Abd Elsalam | 15 | DEGLA | 1:05.57 | _____ |
| 6 | Omar Ahmed Mohamed Ab | 17 | PETRO | 1:05.59 | _____ |
| 7 | Hamza Adel Mohamed | 15 | DEGLA | 1:05.64 | _____ |
| 8 | Yassin Mohamed Aly Othm | 15 | Olympic | 1:05.70 | _____ |
| 9 | Ahmed Amr Mohamed | 17 | Mansheit Naser | 1:05.83 | _____ |
| 10 | Omar Sadik Kamal | 15 | DEGLA | 1:05.87 | _____ |

Heat 43 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Omar Waled Sherif | 15 | SMOHA | 1:05.53 | _____ |
| 2 | Youssef Karam Ahmed Zana | 15 | ENPPI | 1:05.43 | _____ |
| 3 | Omer Mohamed Saeid Othm | 16 | Bank Ahly Alex | 1:05.28 | _____ |
| 4 | Seif Tamer Abd Elaziz | 17 | El Obour | 1:05.21 | _____ |
| 5 | Yahia Mohamed Mahmoud | 15 | Sporting | 1:05.17 | _____ |
| 6 | Moemen Ahmed Moemen | 15 | MRAC | 1:05.18 | _____ |
| 7 | Kareem Hasssan Ali Hegazy | 15 | Palm Hills | 1:05.25 | _____ |
| 8 | Bsada Mark Nage | 16 | ZAGU | 1:05.33 | _____ |
| 9 | Ziad Moahmed Ahmed Moh | 18 | SMOHA | 1:05.49 | _____ |
| 10 | Youssef Ahmed Fathy Abde | 16 | DEGLA | 1:05.56 | _____ |

Heat 44 of 92 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Hazem Ahmed Abdallah Fo | 17 | City Club | 1:05.13 | _____ |
| 2 | Omar Abdelaziz Mohamed | 15 | Elethead | 1:05.06 | _____ |
| 3 | Nour Hossam Ahmed Salah | 17 | ZMALK | 1:05.05 | _____ |
| 4 | Mathio Michael Email Tawf | 15 | Olympic Champion | 1:04.94 | _____ |
| 5 | Mostafa Hamdy Mohamed | 16 | MRAC | 1:04.77 | _____ |
| 6 | Omar Mohamed Samy Aly | 15 | SHOOT | 1:04.92 | _____ |
| 7 | Adam Ehab Gamal | 15 | DEGLA | 1:04.95 | _____ |
| 8 | Mohab Naguib Mohamed | 15 | DEGLA | 1:05.05 | _____ |
| 9 | AhmedEssam El-Sayed | 16 | K.S.C | 1:05.12 | _____ |
| 10 | Ahmed Wahid Mohamed | 16 | ZOHUR | 1:05.13 | _____ |

Heat 45 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Yassin Ali Mohamed Atef | 15 | DEGLA | 1:04.74 | _____ |
| 2 | Mohamed Khaled Fathi | 15 | SMOHA | 1:04.67 | _____ |
| 3 | Ibrahim Ayman Mohamed | 15 | Elethead | 1:04.62 | _____ |
| 4 | Omar Eslam Abdelfatah Ha | 15 | Gezira El Ward | 1:04.58 | _____ |
| 5 | Eyad Nader Rashad Abdalla | 16 | Olympic | 1:04.53 | _____ |
| 6 | Mohab Mohamed abu Elhas | 15 | TANTA | 1:04.55 | _____ |
| 7 | Ahmed Mostafa Ahmed | 15 | Police Club | 1:04.58 | _____ |
| 8 | Osama Ahmed Abobakr | 15 | Bitash | 1:04.64 | _____ |
| 9 | Seif Gamal Mohamed | 15 | MAY15 | 1:04.74 | _____ |
| 10 | Youssef Antar Mostafa | 15 | ENPPI | 1:04.74 | _____ |

Heat 46 of 92 Finals

| | | | | | |
|----|----------------------------|----|----------|---------|-------|
| 1 | Youssef Abd Elazem Mohar | 16 | ZAGU | 1:04.46 | _____ |
| 2 | Youseif Moustafa Abdelsala | 16 | ZMALK | 1:04.42 | _____ |
| 3 | Mostafa Mohamed Abdelrac | 15 | Elethead | 1:04.41 | _____ |
| 4 | Abd Rahman Mohamed Gar | 20 | SHOOT | 1:04.38 | _____ |
| 5 | Mohammed Ahmed Elsaeed | 17 | MRAC | 1:04.36 | _____ |
| 6 | Anas Mohamed Nabil | 15 | DEGLA | 1:04.36 | _____ |
| 7 | Abdelrahman Emadeldein H | 15 | SMOHA | 1:04.39 | _____ |
| 8 | Yahia Mohamed Yahia | 18 | Elethead | 1:04.41 | _____ |
| 9 | Mazen Ibrahim Ahmed Shol | 17 | SMOHA | 1:04.45 | _____ |
| 10 | Kamal Tamer Awad Kamel | 16 | MRAC | 1:04.51 | _____ |

Heat 47 of 92 Finals

| | | | | | |
|----|-----------------------------|----|-------------|---------|-------|
| 1 | Yassin Mohamed Abd Elaziz | 15 | ZOHUR | 1:04.33 | _____ |
| 2 | Fares Ehab Moustafa Ibrahim | 16 | Olympic | 1:04.22 | _____ |
| 3 | Hamza Mahmoud Hamza | 16 | DEGLA | 1:04.18 | _____ |
| 4 | Assr Ahmed Mohamed | 15 | El Obour | 1:04.16 | _____ |
| 5 | Yassin Haitham Hassan | 15 | DEGLA | 1:04.12 | _____ |
| 6 | Seifeldeen Ahmed Ibrahim | 15 | SMOHA | 1:04.15 | _____ |
| 7 | Abdelrahman Ashraf Nabeil | 16 | ZMALK | 1:04.17 | _____ |
| 8 | Moustafa Ahmed Mahmoud | 15 | Olympic | 1:04.20 | _____ |
| 9 | Nizar Mohamed Zenaty | 15 | Meit Khakan | 1:04.22 | _____ |
| 10 | Ali Hisham Morshady | 17 | DEGLA | 1:04.34 | _____ |

Heat 48 of 92 Finals

| | | | | | |
|----|-------------------------|----|----------|---------|-------|
| 1 | Adham Ayman Mohamed | 17 | MRAC | 1:04.08 | _____ |
| 2 | Abd Elrahman Mostafa Ma | 17 | ZOHUR | 1:04.06 | _____ |
| 3 | Ahmed Wael Ahmed | 17 | TRSAN | 1:04.00 | _____ |
| 4 | Karim Ahmed Mohsen Abde | 18 | SMOHA | 1:03.97 | _____ |
| 5 | Adham Mohamed Farouk | 15 | SHOOT | 1:03.93 | _____ |
| 6 | Bishoy Samy | 18 | Sporting | 1:03.95 | _____ |
| 7 | Omar Shref Ahmad | 15 | HELOP | 1:03.99 | _____ |
| 8 | Mohamed Sayed Mohamed | 17 | SUDAN | 1:04.00 | _____ |
| 9 | Ahmed Sameh Saied Khami | 16 | Olympic | 1:04.07 | _____ |
| 10 | Omar Tamer Samy | 15 | ZOHUR | 1:04.08 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 49 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Ahmed Akrm Moustafa | 15 | Bitash | 1:03.76 | _____ |
| 2 | Ahmed Tarek Ahmed | 19 | HLWAN | 1:03.71 | _____ |
| 3 | Mohamed Wahid Ahmed At | 16 | MAADI | 1:03.68 | _____ |
| 4 | Amr Khaled Abraham | 17 | Police Club | 1:03.66 | _____ |
| 5 | Adham Ahmed Mohamed | 16 | 6 OCT | 1:03.61 | _____ |
| 6 | abd Elrhman Mohamed Bak | 17 | Elethead | 1:03.62 | _____ |
| 7 | Salah Abdelhamid Salah | 15 | SMOHA | 1:03.68 | _____ |
| 8 | Omar Hany Sayed Khalel | 17 | DEGLA | 1:03.70 | _____ |
| 9 | Ahmed Mohamed Ahmed A | 16 | Elethead | 1:03.73 | _____ |
| 10 | Ahmed Talaat Kamal Hekal | 16 | Matrix | 1:03.81 | _____ |

Heat 50 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Mohamed Tarek Mohamed | 17 | SMOHA | 1:03.57 | _____ |
| 2 | Omar Emad Abed | 15 | TRSAN | 1:03.55 | _____ |
| 3 | Yousef Mohamed Abdelraou | 17 | Al Shehk Zaeid | 1:03.48 | _____ |
| 4 | Abd al Ghany Hesham Abd | 15 | 6 OCT | 1:03.44 | _____ |
| 5 | Mahmoud Hany Mostafa A | 15 | 6 OCT | 1:03.43 | _____ |
| 6 | Mohamed Shady Mohamed | 16 | DEGLA | 1:03.43 | _____ |
| 7 | Yassen Tayie Mohamed Tay | 16 | Bank Ahly Alex | 1:03.44 | _____ |
| 8 | Mohamad Amr Mohamad M | 16 | SMOHA | 1:03.49 | _____ |
| 9 | Ahmed Hossamm Saied | 15 | Cairo | 1:03.55 | _____ |
| 10 | Khaled Sherif Nabil Moham | 15 | ZOHUR | 1:03.60 | _____ |

Heat 51 of 92 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Mohamed Yaser Mohamed | 15 | DEGLA | 1:03.41 | _____ |
| 2 | Eiad Ahmed Mohamed Aly | 15 | A S E C | 1:03.39 | _____ |
| 3 | Amr Hatim Abd ElKaIK Ab | 15 | GEZIR | 1:03.24 | _____ |
| 4 | Adham Ahmad Mahmud | 18 | SMOHA | 1:03.19 | _____ |
| 5 | Ziad Osama Abdel Fatah M | 23 | DEGLA | 1:03.10 | _____ |
| 6 | Yousef Mohyeldin Ahmed A | 18 | Olympic | 1:03.10 | _____ |
| 7 | Mohamed Aboelazm Magha | 16 | 6 OCT | 1:03.22 | _____ |
| 8 | Omar Khaled Mohamed Nal | 18 | A S E C | 1:03.31 | _____ |
| 9 | Eyad Mohamed abd Elhame | 16 | TANTA | 1:03.41 | _____ |
| 10 | Omar Shrief Ahmed Ahmed | 17 | SMOHA | 1:03.42 | _____ |

Heat 52 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Adham Khaled Salah Eldin | 15 | MRAC | 1:03.04 | _____ |
| 2 | Yassin Hatem Abdel Rahma | 15 | SHOOT | 1:03.01 | _____ |
| 3 | Ali Khaled Ali Saber Abd | 18 | SMOHA | 1:02.89 | _____ |
| 4 | Marawan Medhat El Fadaly | 16 | DEGLA | 1:02.85 | _____ |
| 5 | omr abd Elrhman ali | 17 | Elethead | 1:02.78 | _____ |
| 6 | Ahmed Fahd Mahmoud | 15 | HELOP | 1:02.83 | _____ |
| 7 | Nabil Ahmed Ibrahim AbdE | 17 | MRAC | 1:02.88 | _____ |
| 8 | Ahmed Mahmoud Farouk | 16 | DEGLA | 1:02.94 | _____ |
| 9 | Zidan Ahmed Mohamed Far | 15 | Club S | 1:03.02 | _____ |
| 10 | Elgamel Youssef Elgamel Y | 16 | Olympic | 1:03.07 | _____ |

Heat 53 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Mostafa Mohamed Faruok | 17 | SHOOT | 1:02.74 | _____ |
| 2 | Karim Mohamed Mahlab | 16 | MAADI | 1:02.72 | _____ |
| 3 | Mohamed Ahmed Ibrahim | 15 | A S E C | 1:02.66 | _____ |
| 4 | Yassin Hazem Taher | 16 | MAY15 | 1:02.65 | _____ |
| 5 | Ziad Ahmed abd Elhamid | 18 | ENPPI | 1:02.62 | _____ |
| 6 | Ahmed Mohamed Ayman S | 16 | MRAC | 1:02.64 | _____ |
| 7 | Hazem Mohamed Elsaied | 15 | SMOHA | 1:02.66 | _____ |
| 8 | Mohanad Eldein Fathy Shaa | 15 | Elethead | 1:02.70 | _____ |
| 9 | Mouz Eslam Mohamad Elsa | 16 | SMOHA | 1:02.73 | _____ |
| 10 | Yassen Allaelden Arafa | 15 | Bitash | 1:02.77 | _____ |

Heat 54 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Mazen Ahmed Mohamed Al | 15 | Olympic | 1:02.57 | _____ |
| 2 | Ahmed Mostafa Moafy | 15 | Tlaea El Ostol | 1:02.52 | _____ |
| 3 | Ibrahem Mohamed Ibrahim | 18 | SMOHA | 1:02.43 | _____ |
| 4 | Omar Sherif Sarhan | 15 | TANTA | 1:02.37 | _____ |
| 5 | Abd Elhalim Alaa Abd Elha | 17 | ZOHUR | 1:02.35 | _____ |
| 6 | Yahya Ehab Hashish | 15 | SHOOT | 1:02.36 | _____ |
| 7 | Mohamed Hisham Samy | 15 | Sporting | 1:02.41 | _____ |
| 8 | Mahmoud Amr El-shobaki | 16 | SHOOT | 1:02.43 | _____ |
| 9 | Yasin Mossa Moh. Faghr El | 16 | GEZIR | 1:02.52 | _____ |
| 10 | Youssef Mohamed Fathy | 17 | New Giza | 1:02.59 | _____ |

Heat 55 of 92 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Youssef Mohamed Fathy M | 17 | SMOHA | 1:02.26 | _____ |
| 2 | Yousief Alaa Gad | 15 | SHAMS | 1:02.18 | _____ |
| 3 | Mohamed Waled Taher | 16 | RWAD | 1:02.12 | _____ |
| 4 | Mazen Almansy | 16 | Baladyat El Maha | 1:02.07 | _____ |
| 5 | Yassin Ahmed Fawzy | 16 | Meit Khakan | 1:02.00 | _____ |
| 6 | Mahmoud Haithem Mahmo | 15 | ZOHUR | 1:02.04 | _____ |
| 7 | Mohamed Moustafa Mohar | 15 | DEGLA | 1:02.07 | _____ |
| 8 | Abdelrahman Khaled Fathy | 17 | SMOHA | 1:02.16 | _____ |
| 9 | Omar Ehab Mhmoud Hasan | 17 | SMOHA | 1:02.19 | _____ |
| 10 | Marwan Ebrahim Mohamed | 15 | SHRKS | 1:02.29 | _____ |

Heat 56 of 92 Finals

| | | | | | |
|----|----------------------------|----|-----------------|---------|-------|
| 1 | Ahmed Mostafa Abdel Kaw | 15 | DEGLA | 1:01.97 | _____ |
| 2 | Aley Yassen Aaref Ateya Ka | 17 | SHOOT | 1:01.96 | _____ |
| 3 | Aly Osama Ahmed Mohame | 16 | Olympic | 1:01.94 | _____ |
| 4 | Fares Mahmoud Mokhtar | 16 | Elethead | 1:01.93 | _____ |
| 5 | Mohanad Mohamed Twfik A | 15 | 6 OCT | 1:01.87 | _____ |
| 6 | Abdel Rahman Mohamed A | 17 | Canal Suez Port | 1:01.89 | _____ |
| 7 | Anas Mohamad Saber Abdu | 15 | SHAMS | 1:01.93 | _____ |
| 8 | Ahmed Osama Khalil | 18 | GHABA | 1:01.96 | _____ |
| 9 | Omar Ahmed El Bostany | 15 | SHOOT | 1:01.96 | _____ |
| 10 | Hamza Mohamed Ahmed | 18 | A S E C | 1:01.98 | _____ |

Heat 57 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Saied Hassan Ahmed | 17 | Police Club | 1:01.81 | _____ |
| 2 | Souhaib Mohamed Fathy M | 16 | Olympic | 1:01.77 | _____ |
| 3 | Belal Sheref Sery | 17 | TANTA | 1:01.72 | _____ |
| 4 | Zyad Abdelrehem Khalaf Al | 17 | Bank Ahly Alex | 1:01.69 | _____ |
| 5 | Mohamed Hesham Mohame | 15 | SHAMS | 1:01.52 | _____ |
| 6 | Marwan Ahmed Fathy Abde | 18 | DEGLA | 1:01.67 | _____ |
| 7 | Hitham Mohamed Ahmed A | 15 | MRAC | 1:01.71 | _____ |
| 8 | Ibrahim Mohamed Ibrahim | 15 | GEZIR | 1:01.72 | _____ |
| 9 | Mostafa Ahmed Mahmoud | 17 | TRSAN | 1:01.81 | _____ |
| 10 | Loai Ehab A.Meshaal | 17 | DEGLA | 1:01.87 | _____ |

Heat 58 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Ahmed Mohamed Nabil M | 15 | SHAMS | 1:01.50 | _____ |
| 2 | Ali Ahmed Aadel Mosleh | 17 | 6 OCT | 1:01.49 | _____ |
| 3 | Ibrahim Mahmoud Fathy | 16 | SHOOT | 1:01.46 | _____ |
| 4 | Yousef Khaled A.Elrahman | 21 | DEGLA | 1:01.43 | _____ |
| 5 | Ahmed Mohamed Fathy Ha | 15 | Bank Ahly Alex | 1:01.42 | _____ |
| 6 | Taha Saeed Mohamed Fathy | 16 | A S E C | 1:01.42 | _____ |
| 7 | Ziad Ahmad Elsaied | 15 | TALBE | 1:01.45 | _____ |
| 8 | Yousif Ahmed Mostafa Elm | 15 | SHOOT | 1:01.48 | _____ |
| 9 | Ahmed Arafa Shehata | 20 | HLWAN | 1:01.50 | _____ |
| 10 | Moamen Ahmed Fekry | 17 | A S E C | 1:01.51 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 59 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|-------------------------|----|------------------|---------|-------|
| 1 | Fares Elsehly | 17 | Baladyat El Maha | 1:01.40 | _____ |
| 2 | Farouk Mohamed Farouk M | 15 | Gezira El Ward | 1:01.40 | _____ |
| 3 | Yassin Ahmed Othman | 17 | Sporting | 1:01.38 | _____ |
| 4 | Moustafa amr Abdelazem | 16 | HLWAN | 1:01.31 | _____ |
| 5 | Omar Abdalaah Magdy | 16 | ZMALK | 1:01.20 | _____ |
| 6 | Abdalla Mohamed Abdelmg | 17 | GHABA | 1:01.30 | _____ |
| 7 | Adel Mohamad Adel Ramac | 16 | SMOHA | 1:01.38 | _____ |
| 8 | Mohamed Ashraf Safwat | 16 | ZMALK | 1:01.39 | _____ |
| 9 | Ziad Mohamed Atef Mohan | 15 | DEGLA | 1:01.40 | _____ |
| 10 | Hassan Ahmed EL Serafe | 15 | HELOP | 1:01.42 | _____ |

Heat 60 of 92 Finals

| | | | | | |
|----|----------------------------|----|-----------|---------|-------|
| 1 | Adham Mohamed abd Aziz | 17 | Nasr City | 1:01.17 | _____ |
| 2 | Zeyad Mohamed Elsayed | 16 | Sporting | 1:01.14 | _____ |
| 3 | Omar Adel Ishaq | 16 | DEGLA | 1:01.05 | _____ |
| 4 | Ahmed Wael El Shamaa | 17 | Sporting | 1:01.00 | _____ |
| 5 | Yassien Youssief Abdelnaby | 17 | SMOHA | 1:00.98 | _____ |
| 6 | Mostafa Amr Osman Aly | 15 | SHOOT | 1:01.00 | _____ |
| 7 | Abdelrahman Ayman Mohar | 15 | DEGLA | 1:01.04 | _____ |
| 8 | Taim Ahmed Abd Elwhab | 16 | ZOHUR | 1:01.12 | _____ |
| 9 | Youssef Ahmed Gaber Hass | 15 | SMOHA | 1:01.15 | _____ |
| 10 | Omer Ahmed Abo Bakr | 16 | SHOOT | 1:01.20 | _____ |

Heat 61 of 92 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Yassen Hussein Mohammed | 15 | Zahraa Helwan | 1:00.88 | _____ |
| 2 | Ziad Shref Housen | 20 | HELOP | 1:00.78 | _____ |
| 3 | Moaz Almansy | 16 | Baladyat El Maha | 1:00.77 | _____ |
| 4 | Tarek Loay Mohamed | 15 | HELOP | 1:00.75 | _____ |
| 5 | Omar Mohamed Magdy Mo | 17 | SHAMS | 1:00.71 | _____ |
| 6 | abd Elrahman Yasser Ahmec | 16 | GOLDY | 1:00.75 | _____ |
| 7 | Abdelrahman Hossam Helm | 15 | Stad Mansoura | 1:00.75 | _____ |
| 8 | Abdelharman Hany Moham | 18 | SMOHA | 1:00.78 | _____ |
| 9 | Youssef Sameh Ahmed Zaie | 16 | SHOOT | 1:00.79 | _____ |
| 10 | Mohamed Hassan Hafez | 19 | AHLY | 1:00.98 | _____ |

Heat 62 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Ahmad Amr Adel Abaza | 16 | SMOHA | 1:00.65 | _____ |
| 2 | Ezz Eldin Mohamed Abd El | 15 | Elethead | 1:00.62 | _____ |
| 3 | Yasen Ahmed eid Thabet | 17 | MRAC | 1:00.56 | _____ |
| 4 | Yasin Amro Mamdouh | 17 | HELOP | 1:00.47 | _____ |
| 5 | Youssief Ahmed Ibrahim | 18 | A S E C | 1:00.43 | _____ |
| 6 | Eyad Mohamed Farghaly | 18 | Mansheit Naser | 1:00.44 | _____ |
| 7 | Yousef Alaa Mahmoud | 15 | MRAC | 1:00.49 | _____ |
| 8 | Mohamed Yasser Khalil Abc | 15 | 6 OCT | 1:00.58 | _____ |
| 9 | Ziad Ahmed Fayad | 15 | DEGLA | 1:00.64 | _____ |
| 10 | Adam Mohamed Abdelmeni | 17 | GHABA | 1:00.66 | _____ |

Heat 63 of 92 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Omar Ibrahim Hamdy | 15 | DEGLA | 1:00.43 | _____ |
| 2 | Yousef Ahmed m. Elgazzar | 16 | TANTA | 1:00.40 | _____ |
| 3 | Ali Mohamed Nassem | 16 | DEGLA | 1:00.38 | _____ |
| 4 | Adam Ayman A.Aziz | 16 | DEGLA | 1:00.34 | _____ |
| 5 | Habib Yahya Mohamed | 19 | SHOOT | 1:00.33 | _____ |
| 6 | Salman Khaled Saber Kame | 17 | RWAD | 1:00.34 | _____ |
| 7 | Ahmed Mokhtar Fayeze | 16 | Pegasus Club | 1:00.36 | _____ |
| 8 | Ahmed Mohamed Kaowd | 16 | Baladyat El Maha | 1:00.39 | _____ |
| 9 | Mohamed Hussien Mohame | 18 | SMOHA | 1:00.43 | _____ |
| 10 | Omar Mohamed Kawod | 15 | Baladyat El Maha | 1:00.43 | _____ |

Heat 64 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Yassin Mohamed Hassan | 17 | Elethead | 1:00.30 | _____ |
| 2 | Seaf Abdel Rahman Moham | 15 | Al Hawar | 1:00.27 | _____ |
| 3 | Youssef Ashraf Fawzy | 17 | MRAC | 1:00.26 | _____ |
| 4 | Hamza Elmoutaz Bellah Mc | 15 | ZMALK | 1:00.25 | _____ |
| 5 | Yazid Ahmed Mohamed | 16 | Elethead | 1:00.17 | _____ |
| 6 | Omar Mohamed Abdel Azer | 16 | Al Hawar | 1:00.23 | _____ |
| 7 | Adham Ahmed abd Elkade | 17 | Elethead | 1:00.26 | _____ |
| 8 | Adam Ahmed Hussein Ahm | 15 | ZMALK | 1:00.26 | _____ |
| 9 | Yahya Mahmoud Mokhtar A | 17 | Olympic | 1:00.29 | _____ |
| 10 | Hussein Mohamed Hussein | 16 | DEGLA | 1:00.32 | _____ |

Heat 65 of 92 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Ibrahim Mohamed Ibrahim | 16 | MRAC | 1:00.12 | _____ |
| 2 | Abdallah Abdelrahman Man | 15 | Stad Mansoura | 1:00.08 | _____ |
| 3 | Youssef Mohamed Fathy El: | 18 | SMOHA | 1:00.04 | _____ |
| 4 | Mohamed Hamdy Mohamec | 17 | El Obour | 59.95 | _____ |
| 5 | Hatem Mostafa Atia Solima | 15 | SMOHA | 59.92 | _____ |
| 6 | Fares Ahmed Farouk | 16 | DEGLA | 59.95 | _____ |
| 7 | Mohamed Emad Ahmed Mc | 17 | SMOHA | 1:00.02 | _____ |
| 8 | Yassien Ahmed Hussien Wa | 16 | DEGLA | 1:00.04 | _____ |
| 9 | Yaseen Yasser Khamis | 15 | SMOHA | 1:00.09 | _____ |
| 10 | Khaled Mohamed Elsyed Ta | 18 | SMOHA | 1:00.14 | _____ |

Heat 66 of 92 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Yassin Mostafa Mohamed | 15 | AHLY | 59.90 | _____ |
| 2 | Adam Mohamed Eldejwy | 16 | Meit Khakan | 59.84 | _____ |
| 3 | Saif Khalid Abdul Aziz | 16 | HADAK | 59.78 | _____ |
| 4 | Seifeldeen Mohmed Khairy | 17 | Y.M.C.A | 59.76 | _____ |
| 5 | Hamza Mohamed Ahmed Al | 15 | DEGLA | 59.70 | _____ |
| 6 | Yosaf Mohamed Bayoumi / | 19 | BNK.G | 59.70 | _____ |
| 7 | Ali Mourad Salaheldein | 16 | New Giza | 59.77 | _____ |
| 8 | Eyad Mohamed Shaban | 17 | TRSAN | 59.78 | _____ |
| 9 | Mostafa Mohamed Baker | 18 | TRSAN | 59.86 | _____ |
| 10 | Hassan Mohamed Abdel Aa | 16 | DEGLA | 59.92 | _____ |

Heat 67 of 92 Finals

| | | | | | |
|----|-------------------------|----|----------|-------|-------|
| 1 | Tayem Ahmed Kamal ElAla | 15 | SMOHA | 59.65 | _____ |
| 2 | Omar Karem Mahmoud Abc | 16 | Elethead | 59.64 | _____ |
| 3 | Yasin Tarek Mostafa | 18 | HELOP | 59.60 | _____ |
| 4 | Hamza abu el Khair | 15 | Sporting | 59.45 | _____ |
| 5 | Ahmed Wael Frahat Hassn | 15 | 6 OCT | 59.38 | _____ |
| 6 | Yassin el Midany | 15 | Sporting | 59.41 | _____ |
| 7 | Omar Mahamed Karam Ali | 16 | HELDO | 59.52 | _____ |
| 8 | Yossif Yasser Atteya | 19 | A S E C | 59.61 | _____ |
| 9 | Yehia Mohamed el Bawab | 16 | HELOP | 59.64 | _____ |
| 10 | Mohamed Ahmed Wageih M | 17 | ZMALK | 59.66 | _____ |

Heat 68 of 92 Finals

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | Zeyad Khaled Abd el Aziz | 18 | HADAK | 59.30 | _____ |
| 2 | Marwan Khaled Abdallah | 15 | ZMALK | 59.20 | _____ |
| 3 | Yassen Ahmed Ebrahim Ka | 16 | SMOHA | 59.12 | _____ |
| 4 | Saif Marwan Aziz | 17 | BNK.G | 59.09 | _____ |
| 5 | Mostafa Amr El Kady | 18 | DEGLA | 59.04 | _____ |
| 6 | Omar Asem Salah Eldin | 17 | ZMALK | 59.05 | _____ |
| 7 | Omar Mohamed abd el Basi | 16 | Police Club | 59.11 | _____ |
| 8 | Mohamed Ahmed abd Elmo | 17 | DEGLA | 59.15 | _____ |
| 9 | omr Mohamed Hany Manso | 15 | AHLY | 59.23 | _____ |
| 10 | Mostafa Ebrhim Yehia Mahi | 16 | HELDO | 59.32 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 69 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | Malek Mohamed Adell | 15 | Elec | 59.00 | _____ |
| 2 | Adham Ashraf Shawky Mol | 17 | ZMALK | 58.93 | _____ |
| 3 | Ibrahim Bahaeldin Ibrahim | 16 | Olympic | 58.89 | _____ |
| 4 | Seif Mohamed Salah | 17 | Cairo | 58.81 | _____ |
| 5 | Tamer Ahmed Ali | 16 | Elethad | 58.81 | _____ |
| 6 | Mostafa Tamer Elsayed Heg | 18 | TANTA | 58.81 | _____ |
| 7 | Adam Mohamed Abdeldaye | 17 | Olympic | 58.85 | _____ |
| 8 | Omar Ali Fathy Mohamad E | 16 | SMOHA | 58.91 | _____ |
| 9 | Mahmoud Ashraf El Gayash | 17 | DEGLA | 58.97 | _____ |
| 10 | Zeyad Mohamed Hedaya | 16 | M.S Tagamoa | 59.01 | _____ |

Heat 70 of 92 Finals

| | | | | | |
|----|-----------------------------|----|-------|-------|-------|
| 1 | Eyad Mohamed Amer | 16 | TANTA | 58.76 | _____ |
| 2 | Karim Magdy Mohamed | 15 | ZMALK | 58.69 | _____ |
| 3 | Adam Ahmed Yaqoub | 15 | HADAK | 58.64 | _____ |
| 4 | Almohand Wael | 16 | MAY15 | 58.61 | _____ |
| 5 | Ismael Moh.Ibrahem ElAwa | 18 | GEZIR | 58.51 | _____ |
| 6 | Amr Moh. Samir Azmy | 15 | GEZIR | 58.57 | _____ |
| 7 | Yossef Ayman Said | 16 | GHABA | 58.62 | _____ |
| 8 | Mostafa Mohamed Zaghlol | 18 | GHABA | 58.67 | _____ |
| 9 | Abdel Allah Bassem Moustafa | 18 | DEGLA | 58.76 | _____ |
| 10 | Yassein Ashraf Mohamed Sa | 15 | ENPPI | 58.80 | _____ |

Heat 71 of 92 Finals

| | | | | | |
|----|----------------------------|----|-------|-------|-------|
| 1 | Hessien Maher Mahmoud M | 18 | SHAMS | 58.47 | _____ |
| 2 | Saif ElDin Waled Abdel Raz | 21 | DEGLA | 58.44 | _____ |
| 3 | Mostafa Mohamed Salah Sa | 16 | TANTA | 58.38 | _____ |
| 4 | Yassin Tamer Samir | 16 | ZOHUR | 58.36 | _____ |
| 5 | Ahmed Ramee Ahmed Hash | 17 | 6 OCT | 58.34 | _____ |
| 6 | Adam Hossamaldin Abdalla | 18 | ZMALK | 58.35 | _____ |
| 7 | Aser Mohamed Mosaad Mo | 15 | MAADI | 58.37 | _____ |
| 8 | Eyad Mohamed Ahmed | 15 | AHLY | 58.38 | _____ |
| 9 | Omar Ibrahim Elshahat Eln | 19 | SMOHA | 58.44 | _____ |
| 10 | Mohamed Ahmad Eldamanf | 16 | HELOP | 58.48 | _____ |

Heat 72 of 92 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Ahmed Hazem Hossny | 21 | DEGLA | 58.27 | _____ |
| 2 | Eyad Mohamed Abdelstar | 17 | ZMALK | 58.24 | _____ |
| 3 | Ali Amr Zoalfakar | 15 | SMOHA | 58.21 | _____ |
| 4 | Magdy Ahmed Magdy Gaze | 15 | TANTA | 58.17 | _____ |
| 5 | Zyad Mohamed Hafez | 18 | TRSAN | 58.14 | _____ |
| 6 | Amr Zakaria | 17 | SHOOT | 58.15 | _____ |
| 7 | Marvin Medhat Shokry | 18 | SHOOT | 58.18 | _____ |
| 8 | Yassin Ahmed Sayed Hafez | 18 | Elethad | 58.22 | _____ |
| 9 | Adham Amr Ahmed ElShar | 16 | DEGLA | 58.26 | _____ |
| 10 | Mohamed Yasser Essa Abde | 17 | SMOHA | 58.34 | _____ |

Heat 73 of 92 Finals

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | Zyad Ahmed Aboelmaty | 15 | DEGLA | 58.09 | _____ |
| 2 | Amar Haitham Mohamed Sa | 17 | SHAMS | 58.05 | _____ |
| 3 | Ahmed Samy Hassan | 16 | M.S Tagamoa | 57.99 | _____ |
| 4 | Ahmed Islam Mahmoud | 21 | ZMALK | 57.95 | _____ |
| 5 | Mohamed Mamdouh Hussein | 21 | M.S Tagamoa | 57.93 | _____ |
| 6 | Ahmed Salah Mohamed Sat | 17 | SMOHA | 57.94 | _____ |
| 7 | Omar Adel Saeid Hassan | 15 | ZMALK | 57.97 | _____ |
| 8 | Belal Mohamed Fouad Ram | 16 | Olympic | 58.01 | _____ |
| 9 | Khaled Waleed Adel | 15 | DEGLA | 58.08 | _____ |
| 10 | Abdalla Ashraf abd Elmona | 16 | MAY15 | 58.09 | _____ |

Heat 74 of 92 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Adam Mohamed Mahmoud | 16 | ZOHUR | 57.91 | _____ |
| 2 | Hesen Mohamad Elsaeid Yo | 16 | SMOHA | 57.84 | _____ |
| 3 | Ali Ahmed Abd el Monem C | 19 | SHAMS | 57.81 | _____ |
| 4 | Mahmoud Ahmed Yehya | 17 | DEGLA | 57.78 | _____ |
| 5 | Ziad Emad Atya | 17 | DEGLA | 57.74 | _____ |
| 6 | Hamza Mahmoud Hanout | 15 | Meit Khakan | 57.76 | _____ |
| 7 | Ahmed Waleed Abdel Hady | 16 | AHLY | 57.81 | _____ |
| 8 | Yousif Mohamed Yousif Mc | 21 | SUDAN | 57.82 | _____ |
| 9 | Zeyad Ahmed Bhaa Al din | 19 | ENPPI | 57.90 | _____ |
| 10 | Omar Waleed AlQabary | 17 | Sporting | 57.92 | _____ |

Heat 75 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Omer Mohamed Kamel | 17 | Al Shehk Zaied | 57.69 | _____ |
| 2 | Mohamed Taha Abd ElHair | 17 | SHAMS | 57.65 | _____ |
| 3 | Omar Hassan Salama | 16 | el Shark Club | 57.62 | _____ |
| 4 | Adham Wael Mohamed | 15 | GHABA | 57.58 | _____ |
| 5 | Ahmed Manssor Saed | 16 | Bitash | 57.52 | _____ |
| 6 | Adham Wael Zeyad | 15 | Sporting | 57.57 | _____ |
| 7 | Omar Sherif Abd El Hamid | 18 | DEGLA | 57.61 | _____ |
| 8 | Yousef Ahmed Shaban | 15 | Al Shehk Zaied | 57.64 | _____ |
| 9 | Yehia Samer Wafek | 17 | HELOP | 57.67 | _____ |
| 10 | Adham Tarik Ali Baiuomy | 19 | SMOHA | 57.69 | _____ |

Heat 76 of 92 Finals

| | | | | | |
|----|----------------------------|----|------------------|-------|-------|
| 1 | Ezz Eldein Haytham Ezz El | 15 | SMOHA | 57.42 | _____ |
| 2 | Eyad Alaa El Kholly | 17 | DEGLA | 57.40 | _____ |
| 3 | Adham Nader Samir Mohan | 17 | SMOHA | 57.35 | _____ |
| 4 | Amar Hazem Zakey Zakare | 16 | SMOHA | 57.33 | _____ |
| 5 | Mohamed Essam Mohamed | 17 | Minia Sport Clup | 57.29 | _____ |
| 6 | Yasin Mohamed Abu Raya | 19 | TANTA | 57.32 | _____ |
| 7 | Yassin Hussein Nabil Husse | 16 | SHOOT | 57.33 | _____ |
| 8 | Mohamed Ibrahim Mohame | 15 | AHLY | 57.35 | _____ |
| 9 | Omar Hany Fathy | 16 | A S E C | 57.42 | _____ |
| 10 | Selim Ihab Ghali | 19 | DEGLA | 57.48 | _____ |

Heat 77 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mhmoud Tarik Ahmed Elge | 17 | SMOHA | 57.23 | _____ |
| 2 | ali Ahmed Mohamed Ismail | 17 | DEGLA | 57.19 | _____ |
| 3 | A.Rahman Mohamed Salem | 16 | DEGLA | 57.07 | _____ |
| 4 | Adham Shady Medhat Esmæ | 15 | Gezira El Ward | 57.03 | _____ |
| 5 | Hamza Amro Kandiel | 16 | SHAMS | 56.98 | _____ |
| 6 | Raef Osama Atif | 20 | Elethad | 56.99 | _____ |
| 7 | Hamza Abdelhamed Moharr | 17 | Bank Ahly Alex | 57.04 | _____ |
| 8 | Mahmoud Mohamed Mahm | 18 | SHOOT | 57.18 | _____ |
| 9 | Youssef Amr Abdel Aziem | 17 | DEGLA | 57.19 | _____ |
| 10 | Mohamed Sherif Ahmed Fel | 15 | SMOHA | 57.24 | _____ |

Heat 78 of 92 Finals

| | | | | | |
|----|--------------------------|----|-------|-------|-------|
| 1 | Marwan Mohamed Hamed | 17 | Cairo | 56.93 | _____ |
| 2 | Mazen Karim Hassan | 18 | AHLY | 56.90 | _____ |
| 3 | Ziad Abdallah Zakria | 17 | NASR | 56.85 | _____ |
| 4 | Fadi Wael Gerges | 18 | REHAB | 56.83 | _____ |
| 5 | Mohamad Wesam Mohamac | 16 | SMOHA | 56.82 | _____ |
| 6 | Yassin Hossam Elden Metw | 17 | ZOHUR | 56.82 | _____ |
| 7 | Mohamed Wael Ahmed | 18 | AHLY | 56.84 | _____ |
| 8 | Fares Ahmed Refaat Abdel | 15 | SHOOT | 56.87 | _____ |
| 9 | Bilal Khaled Mohamed Has | 18 | SMOHA | 56.91 | _____ |
| 10 | aly Eldin Ahmed Mohamed | 17 | ZMALK | 56.96 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 79 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Ahmed el Husseny | 19 | HELOP | 56.79 | _____ |
| 2 | Farouk Mohamed Moharam | 16 | DEGLA | 56.70 | _____ |
| 3 | Omar Tarek Abdel-Rahman | 17 | AHLY | 56.54 | _____ |
| 4 | Mazen Ashraf Mohamed Ab | 19 | Bank Ahly Alex | 56.48 | _____ |
| 5 | Ahmed Ayman Mohamed Ti | 17 | DEGLA | 56.41 | _____ |
| 6 | Mohand Mostafa Hamdy | 18 | AHLY | 56.43 | _____ |
| 7 | Darren Dimitrios Chin | 19 | Sporting | 56.50 | _____ |
| 8 | Omar Karim Mohamed Mse | 18 | SMOHA | 56.57 | _____ |
| 9 | Marwan Mourad Mohamed | 19 | Sporting | 56.73 | _____ |
| 10 | Selim Tamer Osama Ahmed | 17 | SHOOT | 56.80 | _____ |

Heat 80 of 92 Finals

| | | | | | |
|----|---------------------------|----|-----------|-------|-------|
| 1 | Youssef Mostafa Mahmoud | 19 | DEGLA | 56.37 | _____ |
| 2 | Omar Mahmoud Saeid | 16 | Nasr City | 56.36 | _____ |
| 3 | Abdelmoez Ayman Gomaa | 18 | A S E C | 56.34 | _____ |
| 4 | Adham Adel Abaza | 20 | Sporting | 56.28 | _____ |
| 5 | Mohamed Tamer Mohamed | 23 | DEGLA | 56.19 | _____ |
| 6 | Malek Sherif Hayaty | 17 | Sporting | 56.23 | _____ |
| 7 | Abd el hay Ashour | 18 | SHAMS | 56.31 | _____ |
| 8 | Youssef Abdel Megid | 15 | Sporting | 56.36 | _____ |
| 9 | Yossef Karim Nabil Elzawa | 18 | SMOHA | 56.37 | _____ |
| 10 | Abd Allah Ahmed Abd El A | 16 | MAADI | 56.39 | _____ |

Heat 81 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Mohamed Ahmed Abd Elsh | 18 | SHAMS | 56.16 | _____ |
| 2 | Karim Mohamed El Gharab | 19 | ZOHUR | 56.12 | _____ |
| 3 | Yehia Ahmed Abd Elfatah E | 17 | SHOOT | 56.09 | _____ |
| 4 | Mazen Mohamed Salah | 18 | GHABA | 56.04 | _____ |
| 5 | Adham Hossameidin Abdall | 18 | ZMALK | 56.01 | _____ |
| 6 | Ali Mohamed Mousa | 19 | TANTA | 56.02 | _____ |
| 7 | Ziad Mohamed Hassan | 15 | Sporting | 56.07 | _____ |
| 8 | Hady Mohamed Foad | 18 | MRAC | 56.12 | _____ |
| 9 | Abd Allah Tamer Abd El Ra | 16 | MAADI | 56.13 | _____ |
| 10 | Saif Eldin Sherif Ahmed | 17 | TRSAN | 56.18 | _____ |

Heat 82 of 92 Finals

| | | | | | |
|----|--------------------------|----|-------|-------|-------|
| 1 | Eyad Ahmed Khatab | 16 | DEGLA | 55.97 | _____ |
| 2 | amr Maged Abdel Gawad | 19 | M.ARB | 55.90 | _____ |
| 3 | Youssef Mohamed Abo Elyz | 17 | DEGLA | 55.85 | _____ |
| 4 | Malek Ahmed Mohsen | 16 | DEGLA | 55.63 | _____ |
| 5 | Ammar Yasser Farahat | 15 | MAADI | 55.58 | _____ |
| 6 | Fares Mohamed Farouk | 20 | HELOP | 55.62 | _____ |
| 7 | Eyad Ahmed Saad Hasn | 16 | TANTA | 55.80 | _____ |
| 8 | Adham Ayman Hussein | 15 | HADAK | 55.85 | _____ |
| 9 | Karim Kamal Ahmed Mosta | 21 | 6 OCT | 55.91 | _____ |
| 10 | Hussin Mohamed Hussin | 19 | TALBE | 55.99 | _____ |

Heat 83 of 92 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Ahmed Tamer Gamal Eldin | 16 | DEGLA | 55.44 | _____ |
| 2 | Malek Haytham Mohamed | 18 | DEGLA | 55.40 | _____ |
| 3 | Mohaned Ashraf Mohamed | 15 | Bank Ahly Alex | 55.35 | _____ |
| 4 | Mohamed Ramy Mohamed | 19 | AHLY | 55.23 | _____ |
| 5 | Moustafa Abdo Mohamed S | 22 | RWAD | 55.20 | _____ |
| 6 | Zeid Mohamed Abdel-Azee | 17 | AHLY | 55.22 | _____ |
| 7 | Omar Talal Ragab | 18 | Sporting | 55.33 | _____ |
| 8 | Omar Mahmoud Hassan Ela | 16 | TRSAN | 55.37 | _____ |
| 9 | Ahmed Adel Eshak | 19 | DEGLA | 55.42 | _____ |
| 10 | Hassan Ahmed Mohamed E | 16 | HELOP | 55.55 | _____ |

Heat 84 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Eyad Islam Mahmoud Elsay | 15 | SMOHA | 55.19 | _____ |
| 2 | Abdelrhman Waled Hemdar | 20 | SMOHA | 55.15 | _____ |
| 3 | Karim Tamer Rizk | 15 | AHLY | 55.11 | _____ |
| 4 | Youssef Tamer Gaber Moha | 18 | SMOHA | 55.09 | _____ |
| 5 | Yehia Mohamed Saad Eldin | 19 | DEGLA | 55.08 | _____ |
| 6 | Hatem Ashraf Kamel | 17 | Gezira El Ward | 55.08 | _____ |
| 7 | Ahmed Adel Abdel aal | 16 | Al Hawar | 55.11 | _____ |
| 8 | Mostafa Omar Kamal EIDin | 20 | BNK.G | 55.14 | _____ |
| 9 | Mazen Saied Gaber Ali | 18 | SMOHA | 55.16 | _____ |
| 10 | Ahmed Khaled Farouk Fade | 16 | 6 OCT | 55.19 | _____ |

Heat 85 of 92 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Abdelrahman Mohamed Sai | 16 | Olympic | 54.99 | _____ |
| 2 | Ahmed Yasser Yehia | 19 | Cairo | 54.96 | _____ |
| 3 | Moatasem Balaa Mostafa Al | 17 | Pegasus Club | 54.95 | _____ |
| 4 | Ibrahim Amr Saad | 18 | AHLY | 54.91 | _____ |
| 5 | Ahmed Hasan Tork | 17 | Sporting | 54.89 | _____ |
| 6 | Yassen Osama Yosef Ebrahe | 16 | SMOHA | 54.90 | _____ |
| 7 | Omar Mohamed Abdel Meg | 19 | AHLY | 54.93 | _____ |
| 8 | Mohamed Khaled Mohamec | 16 | SHOOT | 54.95 | _____ |
| 9 | Seif Mohamed Sayed | 17 | ZOHUR | 54.99 | _____ |
| 10 | Mazen Ismail Mohamed Isr | 20 | MAADI | 54.99 | _____ |

Heat 86 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Mostafa Adel Mohamed Sar | 18 | SHOOT | 54.83 | _____ |
| 2 | Zeyad Saber Abd el Fatah | 17 | HADAK | 54.79 | _____ |
| 3 | Marwan Mostafa Mohamed | 19 | SMOHA | 54.70 | _____ |
| 4 | Abdelrahman Ahmed Mosta | 18 | Elec | 54.48 | _____ |
| 5 | Yousif Mahmoud Mohamm | 18 | SHOOT | 54.43 | _____ |
| 6 | Mohamed Abdalla el Bosati | 17 | SHROK | 54.44 | _____ |
| 7 | ali Soliman | 15 | Sporting | 54.55 | _____ |
| 8 | Monzer Ahmed Amayem | 17 | TANTA | 54.77 | _____ |
| 9 | Omar Abdelaziz Hussein | 16 | TALBE | 54.82 | _____ |
| 10 | Zain Akram Ahmed | 15 | AHLY | 54.88 | _____ |

Heat 87 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Saif Mohamed Mahmoud M | 16 | SHOOT | 54.39 | _____ |
| 2 | Mohamed Taha Abd El Raou | 19 | DEGLA | 54.36 | _____ |
| 3 | Hamza Ahmed Mohamed A | 17 | Bank Ahly Alex | 54.08 | _____ |
| 4 | Mohamed Eslam Mohamed | 18 | SMOHA | 54.00 | _____ |
| 5 | Yehia Karim Nabil Elzawav | 18 | SMOHA | 53.97 | _____ |
| 6 | Omar Karim Galal Samy | 17 | MAADI | 53.99 | _____ |
| 7 | Islam Mohamed Nashaat | 18 | MAADI | 54.06 | _____ |
| 8 | Yassin Amr Adel | 16 | AHLY | 54.20 | _____ |
| 9 | Omar Mohamed Ahmed Fat | 17 | SHOOT | 54.36 | _____ |
| 10 | Aly Amr Ahmed Shaaban | 22 | Bank Ahly Alex | 54.41 | _____ |

Heat 88 of 92 Finals

| | | | | | |
|----|--------------------------|----|-------|-------|-------|
| 1 | Ziad Ahamed Ragab Abd el | 18 | SHOOT | 53.90 | _____ |
| 2 | Adam HossamEldin Mohar | 17 | SMOHA | 53.77 | _____ |
| 3 | Adham Ayman Monir Hashc | 19 | TRSAN | 53.74 | _____ |
| 4 | Omar Gaber Aly | 19 | AHLY | 53.74 | _____ |
| 5 | Waleid Mohamed Sobhy | 21 | ZMALK | 53.68 | _____ |
| 6 | Ahmed Samir Mohamed | 16 | HADAK | 53.71 | _____ |
| 7 | Aser Mamduh Yihia | 21 | HELOP | 53.74 | _____ |
| 8 | Blal amr Ahmed | 19 | HELOP | 53.77 | _____ |
| 9 | Seif Walaa Antar | 19 | DEGLA | 53.82 | _____ |
| 10 | Yamen Ayman Helmy | 17 | TANTA | 53.97 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 89 Finals (#17 Men 15 & Over 100 LC Meter Freestyle)

| | | | | | |
|----|-------------------------|----|-------|-------|-------|
| 1 | Tarek Kamel Farouk | 21 | ZMALK | 53.51 | _____ |
| 2 | Sief Mohamed Salah | 20 | TANTA | 53.45 | _____ |
| 3 | Ahmed Yasser Mahmoud Sa | 16 | ZOHUR | 53.38 | _____ |
| 4 | Hussien Mohamed Hussien | 16 | SHAMS | 53.13 | _____ |
| 5 | Mohamed Walid Azouz | 20 | AHLY | 52.85 | _____ |
| 6 | Ziad Tarek Mohamed | 18 | DEGLA | 53.03 | _____ |
| 7 | SifEldin Hossam Mohamed | 20 | SMOHA | 53.22 | _____ |
| 8 | Youssef Emad Shaaban | 16 | AHLY | 53.38 | _____ |
| 9 | Mohand Tarik Mohamed Al | 24 | SMOHA | 53.49 | _____ |
| 10 | Omar Tarek Shehata A | 19 | SMOHA | 53.58 | _____ |

Heat 90 of 92 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Khaled Wael Sabre Abdelha | 17 | SMOHA | 52.72 | _____ |
| 2 | Mohamed Ahm. Aly Moh. I | 20 | GEZIR | 52.68 | _____ |
| 3 | Ahmed Mohamed El Tatawy | 19 | Sporting | 52.48 | _____ |
| 4 | Eyad Ahmed Zakaria | 19 | AHLY | 52.39 | _____ |
| 5 | Ahmed Hattem Ahmed | 19 | DEGLA | 52.32 | _____ |
| 6 | Yousif Mohamed Soliman C | 19 | SMOHA | 52.35 | _____ |
| 7 | Karim Ahmed Khaled Elew | 22 | SHAMS | 52.44 | _____ |
| 8 | Mohamed Salama Gaber Sa | 21 | SMOHA | 52.67 | _____ |
| 9 | Mohamed Ahmed Mohamec | 20 | SMOHA | 52.72 | _____ |
| 10 | Adam Shref Mostafa | 20 | HELOP | 52.83 | _____ |

Heat 91 of 92 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Zeiad Ahmed Abdelazim At | 22 | MAADI | 52.29 | _____ |
| 2 | Mohamed Hatem Mohamed | 17 | HELOP | 52.24 | _____ |
| 3 | Ahmed Ayman Ali Mohame | 19 | SHAMS | 52.24 | _____ |
| 4 | Omar Ahmed Samir Eldawo | 17 | Gezira El Ward | 52.22 | _____ |
| 5 | Khaled Abdel Naser Ali | 25 | SHOOT | 51.89 | _____ |
| 6 | Mahmoud El Walid Abd El | 18 | MAADI | 51.97 | _____ |
| 7 | Seif Mohamed Mehrez | 23 | ZOHUR | 52.23 | _____ |
| 8 | Seif Sayed Mahmoud | 18 | HLWAN | 52.24 | _____ |
| 9 | Mohab El Din Fathy | 23 | Sporting | 52.24 | _____ |
| 10 | Sherif Yaser Ali Meaabed | 21 | 6 OCT | 52.32 | _____ |

Heat 92 of 92 Finals

| | | | | | |
|----|---------------------------|----|-------|-------|-------|
| 1 | Ibrahim Shams Eldin Moha | 16 | AHLY | 51.75 | _____ |
| 2 | Omar Mohamed Taha Radw | 24 | SMOHA | 51.18 | _____ |
| 3 | Mohamed Yaser Omar | 19 | OLMPA | 50.89 | _____ |
| 4 | Abdel Rahman Mohamed A | 26 | AHLY | 50.85 | _____ |
| 5 | Abdullah Ahmed Nasr | 18 | HADAK | 50.79 | _____ |
| 6 | Eyad Sayed Fadl Alla | 22 | ZOHUR | 50.82 | _____ |
| 7 | Seif Tarek Mohamed Raslan | 24 | ZMALK | 50.87 | _____ |
| 8 | Mostafa Mohamed Al Tahar | 24 | DEGLA | 51.14 | _____ |
| 9 | Mohamed Ayman Abdelsam | 17 | AHLY | 51.65 | _____ |
| 10 | Mohanad Yasser Abdelmene | 17 | SMOHA | 51.77 | _____ |

Event 18 Women 15 & Over 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|----------------------------|--------------------------|-----|----------|-----------|-------|
| Heat 1 of 15 Finals | | | | | |
| 2 | Sara Ahmed Eissa | 16 | MAADI | NT | _____ |
| 3 | Jana Ahmed akl | 16 | Sporting | NT | _____ |
| 4 | Eman Tarik Mohamed Salla | 18 | SMOHA | NT | _____ |
| 5 | Marim Ahmad Samier | 15 | TALBE | NT | _____ |
| 6 | Klara Alfred Sabr | 19 | ZMALK | NT | _____ |
| 7 | Malak Mohamed abd Elhad | 15 | TALBE | NT | _____ |
| 8 | Shahd Ahmed Abd Elbaky | 20 | Sporting | NT | _____ |
| 9 | Sama Tarek Raslan | 19 | TANTA | NT | _____ |

Heat 2 of 15 Finals

| | | | | | |
|----|----------------------------|----|---------------|----|-------|
| 1 | Mariam Mohamed Sobhy | 18 | DEGLA | NT | _____ |
| 2 | Salsabil Samer Abdalla Sha | 19 | Y.M.C.A | NT | _____ |
| 3 | Jana Amr Zoalfakar | 15 | SMOHA | NT | _____ |
| 4 | Fareda Mohamed Farouk | 17 | DEGLA | NT | _____ |
| 5 | Gana Allaeldin Mohamed | 16 | SHAMS | NT | _____ |
| 6 | Yassmin Khaled Kaml ElSa | 17 | SHAMS | NT | _____ |
| 7 | Salma Mohamed Ibrahim Al | 15 | Stad Mansoura | NT | _____ |
| 8 | Tala Tarekf el Kafrawe | 18 | HELOP | NT | _____ |
| 9 | Menna Allah Elsaid Awad B | 16 | Stad Mansoura | NT | _____ |
| 10 | Lamar Ahmed Mohamed | 17 | Elethad | NT | _____ |

Heat 3 of 15 Finals

| | | | | | |
|----|--------------------------|----|-----------------|----|-------|
| 1 | Jana Adel Shaaban | 15 | Wave | NT | _____ |
| 2 | Lila Hossam Hassan Kamel | 15 | SHAMS | NT | _____ |
| 3 | Lama Tamer Mohamed Ahn | 19 | SMOHA | NT | _____ |
| 4 | Jannah Mohamed Farouk | 19 | Sporting | NT | _____ |
| 5 | Basmala Othman Alsayed | 16 | Marina Sporting | NT | _____ |
| 6 | Kenzy Maged Abdel Gawad | 15 | DEGLA | NT | _____ |
| 7 | Nayera Tarek El-Sayed | 17 | FAROS | NT | _____ |
| 8 | Karma Ahmed Hamdy Huss | 15 | A S E C | NT | _____ |
| 9 | Shahd Ahmed Safwat | 18 | Cairo | NT | _____ |
| 10 | Joudy Ali Mohammed | 15 | Elethad | NT | _____ |

Heat 4 of 15 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Malak Mohamed | 15 | SHOBR | 6:24.44 | _____ |
| 2 | Fayrouz Hassan Fathalla | 15 | Elethad | 5:51.67 | _____ |
| 3 | Nourhan Mahmoud Moham | 17 | El Obour | 5:48.26 | _____ |
| 4 | Mariam Ahmed Hassan | 17 | ZOHUR | 5:46.78 | _____ |
| 5 | Salwa Tamer Awaad | 15 | TALBE | 5:38.85 | _____ |
| 6 | Menna Mohamed Ahmed | 16 | SENZO | 5:39.47 | _____ |
| 7 | Mariam Ahmed Hassan | 15 | Tlaea El Ostol | 5:47.57 | _____ |
| 8 | Nour Hany Hassan | 15 | Ard El Liwaa | 5:50.71 | _____ |
| 9 | Nada Tarek Ahmed | 17 | HLWAN | 5:57.98 | _____ |
| 10 | Gody Ayman Mohamed Fatl | 16 | MRAC | NT | _____ |

Heat 5 of 15 Finals

| | | | | | |
|----|----------------------------|----|----------|---------|-------|
| 1 | Rawan Ahmed Mohamed | 15 | ENPPI | 5:32.61 | _____ |
| 2 | Aysel Sameh Mahmoud | 16 | ZOHUR | 5:29.45 | _____ |
| 3 | nor Abdel Baky Galal Abdel | 15 | Al Hawar | 5:24.43 | _____ |
| 4 | Ganna Mohamed Mahmoud | 18 | AHLY | 5:21.64 | _____ |
| 5 | Radwa Moursy Abdelsattar | 15 | Olympic | 5:19.58 | _____ |
| 6 | Nouran Amr Elsayed Abdelk | 15 | Olympic | 5:20.03 | _____ |
| 7 | Ronaz Mohamed Ahmed | 18 | DEGLA | 5:22.50 | _____ |
| 8 | Marwa Mohamed Hanfy | 18 | Y.M.C.A | 5:24.55 | _____ |
| 9 | Nawal Abd El-Hamid El-Ki | 16 | New Giza | 5:29.67 | _____ |
| 10 | Renad Wled Fathy | 17 | TRSAN | 5:38.39 | _____ |

Heat 6 of 15 Finals

| | | | | | |
|----|-------------------------|----|-------------|---------|-------|
| 1 | Hana Ali Zain Alabdeen | 15 | Police Club | 5:17.73 | _____ |
| 2 | Habila Mohamed Kamal | 15 | Elethad | 5:16.62 | _____ |
| 3 | Joudy Wael Ahmed | 15 | 6 OCT | 5:12.66 | _____ |
| 4 | Rahf Ahmed Mohamed | 15 | AHLY | 5:09.98 | _____ |
| 5 | Farah Hatem Ngaty Moham | 16 | HELOP | 5:09.16 | _____ |
| 6 | Tamara Mohamed Abd Elka | 15 | HELOP | 5:09.21 | _____ |
| 7 | Hana Nasser El Safty | 17 | SHOOT | 5:10.13 | _____ |
| 8 | Rawda Faysal Elasherif | 19 | AHLY | 5:13.74 | _____ |
| 9 | Nadin Sameh Mohamed | 17 | ZMALK | 5:17.42 | _____ |
| 10 | Sama Atef Sayed | 16 | DEGLA | 5:19.12 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 7 Finals (#18 Women 15 & Over 400 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Renad Khedr Alaam | 16 | Baladyat El Maha | 5:08.76 | _____ |
| 2 | Mariam Yasser Mohamed Sl | 17 | AHLY | 5:08.46 | _____ |
| 3 | Zeina Eslam Fayez | 15 | SHOOT | 5:07.72 | _____ |
| 4 | Donia Motaz Mohamed abd | 17 | MRAC | 5:07.13 | _____ |
| 5 | Salma Atef Fayek Abdo | 17 | DEGLA | 5:06.77 | _____ |
| 6 | Maryam Ahmed Mohammed | 15 | Zahraa Helwan | 5:06.87 | _____ |
| 7 | Nadin Atef Mohamed | 19 | AHLY | 5:07.28 | _____ |
| 8 | Zeina amr Mohammed | 16 | TALBE | 5:07.75 | _____ |
| 9 | Reem Mostafa Mohamed | 16 | A S E C | 5:08.61 | _____ |
| 10 | Lougain amr Saeid | 15 | ZMALK | 5:08.98 | _____ |

Heat 8 of 15 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Rodaina Ayman Mohamed | 17 | AHLY | 5:05.74 | _____ |
| 2 | Fareeda Mohamed Abd El M | 15 | SHOOT | 5:04.84 | _____ |
| 3 | Jana Mohamed Amr | 15 | ZOHUR | 5:04.75 | _____ |
| 4 | Malak Youssef Abdelrahmar | 15 | SMOHA | 5:04.23 | _____ |
| 5 | Jana Khaled El Sayed | 16 | DEGLA | 5:03.07 | _____ |
| 6 | Zaina Haitham Mohamed | 15 | SHOOT | 5:03.34 | _____ |
| 7 | Hala Walid Abbas Abdelgav | 16 | Olympic | 5:04.48 | _____ |
| 8 | Kenzy Ahmed Saad ali | 17 | DEGLA | 5:04.84 | _____ |
| 9 | Farah Ahmed Sadelden Rag | 18 | 6 OCT | 5:05.73 | _____ |
| 10 | Farida Ahmed Fouad | 18 | DEGLA | 5:06.38 | _____ |

Heat 9 of 15 Finals

| | | | | | |
|----|-----------------------------|----|---------|---------|-------|
| 1 | Hana Tamer Ibrahim | 16 | Elethad | 5:02.20 | _____ |
| 2 | Rokia Mohamed Abdelrahm | 16 | OLMPA | 5:00.73 | _____ |
| 3 | Jana Hesham Mohsen | 15 | SMOHA | 5:00.10 | _____ |
| 4 | Malak Mohamed Hassan | 16 | ZMALK | 4:59.58 | _____ |
| 5 | Farida Amr Tarek Zaied | 16 | ZOHUR | 4:58.75 | _____ |
| 6 | Tasneem Mohamed Mahros | 15 | AHLY | 4:58.77 | _____ |
| 7 | Rodaina Khaled Mahmoud | 15 | HELOP | 4:59.90 | _____ |
| 8 | Hana Mohamed Asharaf Ma | 16 | SHAMS | 5:00.29 | _____ |
| 9 | Farida Haitham Nabil Ali Zi | 18 | SMOHA | 5:01.56 | _____ |
| 10 | Nour Elsabah Ahmed Amer | 18 | AHLY | 5:02.45 | _____ |

Heat 10 of 15 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Anod Amr Abd El Aziz | 18 | DEGLA | 4:58.45 | _____ |
| 2 | Loujynah Mahmud M.Sha | 15 | TANTA | 4:58.10 | _____ |
| 3 | Mariam Ahmed Zahran | 17 | Sporting | 4:57.07 | _____ |
| 4 | Hana Ekhaa Walaa Zaki | 15 | SMOHA | 4:56.01 | _____ |
| 5 | Basmalah Gomaa Ali | 19 | Bank Ahly Alex | 4:54.73 | _____ |
| 6 | Maya Mahmoud Sakr | 15 | SMOHA | 4:54.75 | _____ |
| 7 | Sumaya Abdullah Muhammm | 15 | Pegasus Club | 4:56.12 | _____ |
| 8 | Bassant Mohamed Mahros | 18 | AHLY | 4:57.24 | _____ |
| 9 | Joudy Mohamed Aly | 19 | Sporting | 4:58.34 | _____ |
| 10 | Gana aly Refaat aly | 17 | ZMALK | 4:58.60 | _____ |

Heat 11 of 15 Finals

| | | | | | |
|----|-------------------------|----|--------------|---------|-------|
| 1 | Nour Ahmad Mahmud Abde | 16 | SMOHA | 4:54.08 | _____ |
| 2 | Yara Ahmad Nageb Ahmad. | 16 | SMOHA | 4:53.88 | _____ |
| 3 | Fayrouz Mohamed Hussien | 16 | Pegasus Club | 4:53.46 | _____ |
| 4 | Nour Shref Osama | 16 | HELOP | 4:53.19 | _____ |
| 5 | Habeba Mohamed Saleh Mf | 17 | 6 OCT | 4:52.78 | _____ |
| 6 | Jomana Hamdy Ameen | 17 | ZOHUR | 4:52.90 | _____ |
| 7 | Laila Mohamed Fathy | 17 | SHOOT | 4:53.43 | _____ |
| 8 | Gana Noaman Samer | 16 | Al Hawar | 4:53.49 | _____ |
| 9 | Farah Ahmed | 16 | HELOP | 4:53.90 | _____ |
| 10 | Nour Amgad Ali Fahmy | 17 | SHAMS | 4:54.31 | _____ |

Heat 12 of 15 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Kenzy Shadi Mohamed Elhc | 16 | Stad Mansoura | 4:52.31 | _____ |
| 2 | Logain Ahmed Hamdy | 16 | HADAK | 4:51.95 | _____ |
| 3 | Salma Hisham Abdalaa | 15 | ZMALK | 4:51.32 | _____ |
| 4 | Salma Ehab Ahmed Hany | 15 | Bank Ahly Alex | 4:51.18 | _____ |
| 5 | Amina Alaa Elhamouly | 17 | Sporting | 4:50.70 | _____ |
| 6 | Rawan Mohamed Saleh Mo | 16 | SHAMS | 4:50.73 | _____ |
| 7 | Malak Ahmed Anes Mahmo | 17 | Al Hawar | 4:51.23 | _____ |
| 8 | Goudy Abdelhalem Fathala | 19 | Bank Ahly Alex | 4:51.38 | _____ |
| 9 | Jana Mohamed Ahmed | 20 | DEGLA | 4:52.25 | _____ |
| 10 | Sara Ahmed Alsaed Abdow | 20 | 6 OCT | 4:52.58 | _____ |

Heat 13 of 15 Finals

| | | | | | |
|----|----------------------------|----|-------|---------|-------|
| 1 | Mariam Hesham Mohamed | 20 | AHLY | 4:50.40 | _____ |
| 2 | Martena Nasr Atya | 15 | TALBE | 4:48.69 | _____ |
| 3 | Goudy Ibrahim Khaliel Ibr. | 15 | SHAMS | 4:48.50 | _____ |
| 4 | Habiba Mohamed Nashaat A | 16 | HELDO | 4:47.54 | _____ |
| 5 | Zeina Ahmed Mostafa | 17 | SHOOT | 4:47.22 | _____ |
| 6 | Maya Abdelaziz Zakaria | 16 | AHLY | 4:47.40 | _____ |
| 7 | Halla Wael Mohamed | 15 | DEGLA | 4:47.90 | _____ |
| 8 | Taleen Tarik Ahmed | 15 | HADAK | 4:48.63 | _____ |
| 9 | Lara Haitham Mohamed Mc | 15 | MAADI | 4:49.58 | _____ |
| 10 | Sara Ayman Abdelmageed Z | 15 | ZOHUR | 4:50.52 | _____ |

Heat 14 of 15 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Malak Ahmed Helmy | 19 | AHLY | 4:44.22 | _____ |
| 2 | Roudaina Samy Mohamed | 15 | AHLY | 4:43.20 | _____ |
| 3 | Nabila Hassan Ismail | 17 | OLMPA | 4:42.69 | _____ |
| 4 | Sandy Ayman Atef | 24 | AHLY | 4:41.56 | _____ |
| 5 | Zina Ahmed Medhat | 16 | AHLY | 4:40.43 | _____ |
| 6 | Shahd Sameh Safouat Shaat | 20 | HELDO | 4:41.48 | _____ |
| 7 | Ayten Ahmed Elmanzalawi | 15 | SHOOT | 4:42.65 | _____ |
| 8 | Kenzy Hazem Moneeb | 18 | Cairo | 4:43.10 | _____ |
| 9 | Nazly Mohamed Elokda | 16 | SHOOT | 4:44.05 | _____ |
| 10 | Doreen Walid Fathy | 18 | TWFIK | 4:45.66 | _____ |

Heat 15 of 15 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Noran Mohamed Emad Fah | 15 | MAADI | 4:37.95 | _____ |
| 2 | Kenzy Ibrahim Ibrahim | 20 | AHLY | 4:36.00 | _____ |
| 3 | Malak Mohamed Abd El Ga | 20 | Bank Ahly Alex | 4:33.10 | _____ |
| 4 | Nadine Karim Mansour Sale | 18 | SHOOT | 4:30.96 | _____ |
| 5 | Loujin Abd Alla Slah Zkey | 20 | SHOOT | 4:19.34 | _____ |
| 6 | Lamees Amr Mhmoud Elsol | 17 | 6 OCT | 4:25.97 | _____ |
| 7 | Sara Mohamed Bhaa | 19 | HELOP | 4:31.03 | _____ |
| 8 | Arwa Faysal Al Sherif | 16 | AHLY | 4:35.12 | _____ |
| 9 | Farah Tarek | 18 | AHLY | 4:36.92 | _____ |
| 10 | Marim Mohamed Bakr | 16 | TRSAN | 4:38.30 | _____ |

Event 19 Men 15 & Over 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 21 Finals

| | | | | | |
|---|--------------------------|----|---------|----|-------|
| 3 | Omer Saaid Mahmoud | 15 | Bitash | NT | _____ |
| 4 | Mostafa Akram Abd EL Raf | 15 | ENPPI | NT | _____ |
| 5 | Moustafa Tarik Moustafa | 21 | HELOP | NT | _____ |
| 6 | Aser Mohamed Adel Ahmec | 16 | Elethad | NT | _____ |
| 7 | Adham m Hussin Sayed Hai | 15 | MAY15 | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 2 Finals (#19 Men 15 & Over 200 LC Meter Butterfly)

| | | | | | |
|----|--------------------------|----|-----------------|----|-------|
| 1 | Moustafa Wael Kasem | 16 | ZMALK | NT | _____ |
| 2 | Omar Ahmed Mohamed Abi | 17 | PETRO | NT | _____ |
| 3 | Mohmed Mahmoud Khalil | 17 | Marina Sporting | NT | _____ |
| 4 | Hamza Ahmed Amer | 15 | GEZIR | NT | _____ |
| 5 | Ahmed Wael El Shamaa | 17 | Sporting | NT | _____ |
| 6 | Amr Mohamed Abu Elfetou | 16 | DEGLA | NT | _____ |
| 7 | Adam Mohamed Mahmoud | 16 | ZOHUR | NT | _____ |
| 8 | Yousef Mohamed Ibrahim S | 15 | Stad Mansoura | NT | _____ |
| 9 | Adham Ahmed Mohamed | 16 | SHOOT | NT | _____ |
| 10 | Nour Ayman | 16 | GHARB | NT | _____ |

Heat 3 of 21 Finals

| | | | | | |
|----|-------------------------|----|-------------|----|-------|
| 1 | Omar Mohamed Mostafa | 16 | El Obour | NT | _____ |
| 2 | Ahmed Mostafa Ahmed | 15 | Police Club | NT | _____ |
| 3 | Omar Amir Mohamed Haze | 18 | AHLY | NT | _____ |
| 4 | Mohamed Amr Kamal EIDi | 15 | MAADI | NT | _____ |
| 5 | Mahmoud Ahmed Mohamed | 16 | A S E C | NT | _____ |
| 6 | Yehia Samer Wafek | 17 | HELOP | NT | _____ |
| 7 | Hesham Abo Bakr Saber M | 16 | DEGLA | NT | _____ |
| 8 | Ali Ahmed Soliman Ali | 19 | RWAD | NT | _____ |
| 9 | Yassin amr Mostafa | 16 | TRSAN | NT | _____ |
| 10 | Ibrahim Amr Saad | 18 | AHLY | NT | _____ |

Heat 4 of 21 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Ziad Nabil Ahmed Mohame | 17 | SMOHA | NT | _____ |
| 2 | aly Saleeh aly | 17 | ZMALK | NT | _____ |
| 3 | Basel Samir Abdelazim | 18 | TRSAN | NT | _____ |
| 4 | Mohamed Elsayd Hassen A | 16 | Elethad | NT | _____ |
| 5 | Abdelrahman Adel Fawzy | 17 | SMOHA | NT | _____ |
| 6 | Kamal Eldin Khaled Alshah | 16 | Elethad | NT | _____ |
| 7 | Ahmed Waled Asaad | 15 | Al Shekh Zaeid | NT | _____ |
| 8 | Mohamed Bahgat Mohamec | 17 | Stad Mansoura | NT | _____ |
| 9 | Mohamed Ahmed Ibrahim T | 15 | Elethad | NT | _____ |
| 10 | Yassien Sameh Samy Hasha | 17 | A S E C | NT | _____ |

Heat 5 of 21 Finals

| | | | | | |
|----|---------------------------|----|---------------|----|-------|
| 1 | abd Elrahman Ayman Moha | 15 | TALBE | NT | _____ |
| 2 | Ahmed Yahia Saied | 18 | Elethad | NT | _____ |
| 3 | Zein Hisham Hamdy | 15 | ZMALK | NT | _____ |
| 4 | Fares Nabih Elsayed Nabih | 15 | Stad Mansoura | NT | _____ |
| 5 | Ahmed Mahrous | 16 | NASR | NT | _____ |
| 6 | Mohamed Hany Elsebakhy | 17 | SMOHA | NT | _____ |
| 7 | Adam Wahed Shehata | 18 | DEGLA | NT | _____ |
| 8 | Adham Hesén Foud | 15 | TALBE | NT | _____ |
| 9 | Omar Mohamad Ali Ebrahe | 16 | SMOHA | NT | _____ |
| 10 | Zyad Esam Farouk | 16 | TRSAN | NT | _____ |

Heat 6 of 21 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Yassin Esam El Din | 20 | Sporting | NT | _____ |
| 2 | Mohamed Kamal Abdelkade | 15 | ZMALK | 3:02.33 | _____ |
| 3 | Abdelrahman Ashraf Nabeil | 16 | ZMALK | 2:47.15 | _____ |
| 4 | Eyad Khaled Abdelkader M | 15 | Bank Ahly Alex | 2:45.88 | _____ |
| 5 | Abdelrahman Hesham Fawz | 15 | DEGLA | 2:43.09 | _____ |
| 6 | Aly Ebrahim Mohamed | 15 | Y.M.C.A | 2:44.46 | _____ |
| 7 | Yassen Waleed Yousry | 15 | MRAC | 2:46.38 | _____ |
| 8 | Mahmoud Moataz Mahmou | 15 | TALBE | 3:00.55 | _____ |
| 9 | Adam Amr Amin | 15 | SMOHA | 3:03.45 | _____ |
| 10 | Hazem Mohamed Elsaid | 15 | SMOHA | NT | _____ |

Heat 7 of 21 Finals

| | | | | | |
|----|---------------------------|----|-------------|---------|-------|
| 1 | Mohame Waly Mohamed M | 15 | Fayoum Club | 2:41.79 | _____ |
| 2 | Youssef Islam Fathy | 15 | Elethad | 2:41.18 | _____ |
| 3 | Sofyan Hassan Mohamed | 17 | Ismaily | 2:39.75 | _____ |
| 4 | Moaz Haittham Abdel-Mutta | 15 | HADAK | 2:38.61 | _____ |
| 5 | Ahmed amr Mahmoud | 16 | ZMALK | 2:38.03 | _____ |
| 6 | Abd ElRahman Mohamed S | 17 | SHAMS | 2:38.27 | _____ |
| 7 | Youssef Galal Sayed | 16 | DEGLA | 2:38.83 | _____ |
| 8 | Omar Mohamed Abdelgawv | 15 | Olympic | 2:40.82 | _____ |
| 9 | Mazen Amr Abdellatif Awac | 15 | Elethad | 2:41.19 | _____ |
| 10 | Malek Bassam El Hendawi | 15 | NASR | 2:42.14 | _____ |

Heat 8 of 21 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Anas Wael | 16 | TALBE | 2:37.45 | _____ |
| 2 | Ali Ahmed Mostfa Abdelaz | 15 | Bank Ahly Alex | 2:36.06 | _____ |
| 3 | Ahmed Mohamed Rashed G | 16 | A S E C | 2:35.12 | _____ |
| 4 | Khaled Sherif Nabil Moham | 15 | ZOHUR | 2:34.24 | _____ |
| 5 | Eyad Hesham Mohamed | 15 | GHABA | 2:34.08 | _____ |
| 6 | Omar Emad Abed | 15 | TRSAN | 2:34.13 | _____ |
| 7 | Mohammed Ahmed Elsaeed | 17 | MRAC | 2:34.80 | _____ |
| 8 | Belal Kariem Ahmed | 15 | SHAMS | 2:35.23 | _____ |
| 9 | Ziad Ayman Mamon | 16 | Cairo | 2:37.19 | _____ |
| 10 | Salman Khaled Saber Kame | 17 | RWAD | 2:37.66 | _____ |

Heat 9 of 21 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Bilal Yaser Mohamed Saad | 15 | SHAMS | 2:33.78 | _____ |
| 2 | Tomas Samuael Mounir | 18 | GHABA | 2:32.75 | _____ |
| 3 | Ahmed Ismeil | 17 | Nasr City | 2:32.18 | _____ |
| 4 | Mahmoud Mohamed Ahmex | 15 | SHOOT | 2:32.09 | _____ |
| 5 | Yousef Reda Saad Elhefnaw | 17 | Stad Mansoura | 2:31.93 | _____ |
| 6 | Mohanad Ashraf Farok Rasl | 22 | ZOHUR | 2:32.03 | _____ |
| 7 | Yahya Ehab Hashish | 15 | SHOOT | 2:32.17 | _____ |
| 8 | Yousef Mohamed Abdelkad | 15 | Olympic Champion | 2:32.58 | _____ |
| 9 | Omar Tamer Salah Mohame | 15 | Bank Ahly Alex | 2:33.16 | _____ |
| 10 | Omar Mohamed Ahmed Els | 15 | ZMALK | 2:33.95 | _____ |

Heat 10 of 21 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Ahmed Magdy Elhoseny | 15 | Stad Mansoura | 2:30.70 | _____ |
| 2 | Farouk Ahmed Mohamed A | 15 | Bank Ahly Alex | 2:29.82 | _____ |
| 3 | Isma'el Mohamed Isma'elm | 15 | RWAD | 2:29.34 | _____ |
| 4 | Adam Amr Al Daadaa | 17 | Raas El Bar Club | 2:29.21 | _____ |
| 5 | Amer Akram Yosef Eskande | 15 | Al Hawar | 2:29.11 | _____ |
| 6 | Mohamed Hesham Abdelmc | 15 | SMOHA | 2:29.18 | _____ |
| 7 | Omar Haytham Mohamed E | 15 | Gezira El Ward | 2:29.34 | _____ |
| 8 | Rayan Amr Mohamed | 15 | M.S Tagamoa | 2:29.36 | _____ |
| 9 | Omr Tamer Mostfa Sayed | 16 | 6 OCT | 2:29.90 | _____ |
| 10 | Yousef Mohamed Elsaed M | 16 | Bank Ahly Alex | 2:31.68 | _____ |

Heat 11 of 21 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Seif Mohamed Elsayed Mo | 15 | Olympic | 2:29.00 | _____ |
| 2 | Omar Gawad Mohamed | 18 | Cairo | 2:28.01 | _____ |
| 3 | Ahmed Waled Ibrahim | 17 | TALBE | 2:27.31 | _____ |
| 4 | Sief Mohamed Elgnagy | 16 | Damnhor Sport | 2:27.17 | _____ |
| 5 | Abelrahman Mohamed Abc | 16 | TRSAN | 2:26.94 | _____ |
| 6 | Mazin Mahmoud Hamed | 15 | Stad Mansoura | 2:27.08 | _____ |
| 7 | Yousief Ahmed Yousief | 16 | Cairo | 2:27.18 | _____ |
| 8 | Yassin Hussam Mustafa | 15 | HADAK | 2:27.41 | _____ |
| 9 | Mohamed Yasser Khalil Abc | 15 | 6 OCT | 2:28.43 | _____ |
| 10 | Aly Mahmod Ez el den | 16 | HELOP | 2:29.04 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 12 Finals (#19 Men 15 & Over 200 LC Meter Butterfly)

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Fares Ahmed Farouk | 16 | DEGLA | 2:26.32 | _____ |
| 2 | Mohanad Tamer Mohamed | 18 | SMOHA | 2:26.16 | _____ |
| 3 | Omar Waleed AlQabary | 17 | Sporting | 2:25.79 | _____ |
| 4 | Yasien Mohamed Fathy | 16 | ZMALK | 2:24.74 | _____ |
| 5 | Yousef Badr Sayed | 16 | MAY15 | 2:24.52 | _____ |
| 6 | Saif Khalid Abdul Aziz | 16 | HADAK | 2:24.57 | _____ |
| 7 | Mohamed Ahmed Wageih M | 17 | ZMALK | 2:25.22 | _____ |
| 8 | Omar Mohamed Hosny | 15 | HADAK | 2:25.97 | _____ |
| 9 | Abdelrahman Ayman Moha | 15 | DEGLA | 2:26.21 | _____ |
| 10 | Yassein Ashraf Mohamed Sa | 15 | ENPPI | 2:26.63 | _____ |

Heat 13 of 21 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Yasen Ahmed eid Thabet | 17 | MRAC | 2:24.38 | _____ |
| 2 | Almohand Wael | 16 | MAY15 | 2:23.97 | _____ |
| 3 | Abdelrahman Mahmoud Mc | 16 | SHAMS | 2:23.56 | _____ |
| 4 | Marwan Ebrahim Mohamed | 15 | SHRKS | 2:23.26 | _____ |
| 5 | Mohamed Mostafa Mohame | 20 | DEGLA | 2:23.06 | _____ |
| 6 | Zein el den Tamer Mohame | 16 | HELOP | 2:23.25 | _____ |
| 7 | Seif Mohamed Saad Baioun | 15 | DEGLA | 2:23.33 | _____ |
| 8 | Marwan Adel Abdel Muti | 20 | Police Club | 2:23.66 | _____ |
| 9 | Ahmed Sameh Safwat Shaal | 18 | HELDO | 2:24.16 | _____ |
| 10 | Youssef Medhat Fathy | 16 | DEGLA | 2:24.51 | _____ |

Heat 14 of 21 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Adm Ahmed Yousief | 15 | Cairo | 2:23.01 | _____ |
| 2 | Hisham Elshirbeny | 15 | ZMALK | 2:22.90 | _____ |
| 3 | John Wael Abdel Malek | 17 | DEGLA | 2:22.28 | _____ |
| 4 | Karim Mohamed Ahmed Al | 15 | TRSAN | 2:22.25 | _____ |
| 5 | Mohamed Alaa Abdelfitah | 15 | SHAMS | 2:22.15 | _____ |
| 6 | Yassin Abdelmegeed Moham | 16 | GHABA | 2:22.24 | _____ |
| 7 | Youssef Ahmed Hassan Abd | 17 | Elethead | 2:22.25 | _____ |
| 8 | Ali Hesham Moh. Fekre Shr | 20 | GEZIR | 2:22.87 | _____ |
| 9 | Foaad Mohamed Foaad | 18 | TALBE | 2:22.92 | _____ |
| 10 | Mohand Mohamed Abdelmc | 15 | Stad Mansoura | 2:23.02 | _____ |

Heat 15 of 21 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Ahmed Asharf Dawood | 16 | Baladyat El Maha | 2:21.84 | _____ |
| 2 | Abdelrhman Mohamed Moh | 15 | Bank Ahly Alex | 2:21.77 | _____ |
| 3 | Yahia Hazim Husieen | 16 | ZMALK | 2:21.59 | _____ |
| 4 | Abdallah Mohmed Abdelfat | 15 | TANTA | 2:20.57 | _____ |
| 5 | Ali Ahmed El Prince | 16 | DEGLA | 2:19.90 | _____ |
| 6 | Adham Khaled Abdelkader | 17 | Bank Ahly Alex | 2:20.55 | _____ |
| 7 | Yassin Tamer Samir | 16 | ZOHUR | 2:20.95 | _____ |
| 8 | Youssef Abdel Megid | 15 | Sporting | 2:21.68 | _____ |
| 9 | Hazem Ahmed Hamdy | 15 | HADAK | 2:21.84 | _____ |
| 10 | Eyad Kamal Mohamed Sala | 15 | DEGLA | 2:21.96 | _____ |

Heat 16 of 21 Finals

| | | | | | |
|----|-----------------------------|----|----------------|---------|-------|
| 1 | Mostafa Mohamed Baker | 18 | TRSAN | 2:19.71 | _____ |
| 2 | Hatem el Ameer Salah el dir | 16 | Al Hawar | 2:19.65 | _____ |
| 3 | Yasin Hatem Sery | 20 | HELOP | 2:18.90 | _____ |
| 4 | Ahmed Khaled Farouk Fade | 16 | 6 OCT | 2:18.42 | _____ |
| 5 | Eyad Mohamed Shokry Mol | 16 | 6 OCT | 2:18.21 | _____ |
| 6 | Anas Haythm Mohamad Els | 16 | SMOHA | 2:18.33 | _____ |
| 7 | Omar Waled Talat Hsanen | 17 | 6 OCT | 2:18.75 | _____ |
| 8 | abd Elrahman Sherif Karam | 19 | TRSAN | 2:19.61 | _____ |
| 9 | Mahmoud Elmetwaly Moha | 15 | Gezira El Ward | 2:19.68 | _____ |
| 10 | Aser Hesham Raaft Mhmou | 17 | 6 OCT | 2:19.76 | _____ |

Heat 17 of 21 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Ahmad Ehab Ebrahim Abde | 16 | SMOHA | 2:18.10 | _____ |
| 2 | Mohamed Ayman eid Moha | 15 | Stad Mansoura | 2:17.74 | _____ |
| 3 | Marwan Mostafa Mohamed | 19 | SMOHA | 2:17.11 | _____ |
| 4 | Mohammed Magdy Hassan | 16 | El Temsah | 2:16.99 | _____ |
| 5 | ali Ahmed Mohamed Ismail | 17 | DEGLA | 2:16.65 | _____ |
| 6 | Hamza Said | 15 | Sporting | 2:16.92 | _____ |
| 7 | Zyad Ahmed Aboelmaty | 15 | DEGLA | 2:17.06 | _____ |
| 8 | Yasien Hytham Fayez | 17 | Cairo | 2:17.41 | _____ |
| 9 | Sohayb Nabel Abdelsalm Zc | 17 | Bank Ahly Alex | 2:18.06 | _____ |
| 10 | Mazen Mohamed Salah | 18 | GHABA | 2:18.19 | _____ |

Heat 18 of 21 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Mounir Ramez Mounir | 20 | SHOOT | 2:16.47 | _____ |
| 2 | Omar Mohamed Magdy Mo | 17 | SHAMS | 2:15.56 | _____ |
| 3 | Mohamed Essam Abdou | 18 | AHLY | 2:15.25 | _____ |
| 4 | Sherief Reda Metwaally | 16 | ZOHUR | 2:13.81 | _____ |
| 5 | Amr Wael Shawky | 17 | RWAD | 2:13.27 | _____ |
| 6 | Selim Moh. Foad Hamdy | 16 | GEZIR | 2:13.79 | _____ |
| 7 | Hatem Ashraf Kamel | 17 | Gezira El Ward | 2:13.96 | _____ |
| 8 | Marawan Walid Noshy | 17 | AHLY | 2:15.41 | _____ |
| 9 | Yassein Akram Ragab Sobei | 17 | SHAMS | 2:16.37 | _____ |
| 10 | Mohaned Ashraf Mohamed | 15 | Bank Ahly Alex | 2:16.60 | _____ |

Heat 19 of 21 Finals

| | | | | | |
|----|----------------------------|----|---------------|---------|-------|
| 1 | Saif EIDIn Sameh A. Elmoac | 21 | DEGLA | 2:12.70 | _____ |
| 2 | Abd ElFatah Mohamed Abd | 18 | TANTA | 2:12.56 | _____ |
| 3 | Mohamed Eslam Ibrahim | 16 | Stad Mansoura | 2:12.03 | _____ |
| 4 | Kareem Ahmed Ibrahim | 18 | Sporting | 2:11.90 | _____ |
| 5 | Yassin Ahmed m Adel | 15 | El Temsah | 2:11.18 | _____ |
| 6 | Malek Ahmed Mohsen | 16 | DEGLA | 2:11.57 | _____ |
| 7 | Omar Khaled Soliman | 19 | HADAK | 2:11.90 | _____ |
| 8 | Shady Wessam Mohamed | 16 | DEGLA | 2:12.38 | _____ |
| 9 | Adam Bahaeldein Salah | 15 | SMOHA | 2:12.68 | _____ |
| 10 | Mohnad Hitham Ibrahim | 18 | DEGLA | 2:13.06 | _____ |

Heat 20 of 21 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Ziad Tarek Mohamed | 18 | DEGLA | 2:10.58 | _____ |
| 2 | Yosef Ahm. Ebrahim Hebesl | 18 | GEZIR | 2:09.95 | _____ |
| 3 | Ahmed Adel Abdel aal | 16 | Al Hawar | 2:09.55 | _____ |
| 4 | Mohaned Alaa Mahmod Ali | 20 | SMOHA | 2:09.25 | _____ |
| 5 | Karim Magid Abdelglil | 17 | ZMALK | 2:09.02 | _____ |
| 6 | Mohamed Salama Gaber Sa | 21 | SMOHA | 2:09.22 | _____ |
| 7 | Saied Mohamed Abd Elgaw | 21 | Sporting | 2:09.54 | _____ |
| 8 | Ahmed Hasan Tork | 17 | Sporting | 2:09.91 | _____ |
| 9 | Abdullah Eldafrawy | 16 | REHAB | 2:10.43 | _____ |
| 10 | Abed Emad Abed | 17 | TRSAN | 2:11.02 | _____ |

Heat 21 of 21 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Karem Ashry Kasem | 17 | SHAMS | 2:08.16 | _____ |
| 2 | Mohamed Yaser Omar | 19 | OLMPA | 2:06.96 | _____ |
| 3 | Mohamed Walid Hassan | 18 | Sporting | 2:05.26 | _____ |
| 4 | Ahmed Tarek Mohamed | 20 | SHOOT | 2:02.89 | _____ |
| 5 | Abdullah Ahmed Nasr | 18 | HADAK | 1:59.73 | _____ |
| 6 | Ibrahim Ahmed Ibrahim | 23 | Sporting | 2:02.15 | _____ |
| 7 | Omar Ahmed Samir Eldawo | 17 | Gezira El Ward | 2:04.40 | _____ |
| 8 | Saif Amr Al Batal | 18 | HADAK | 2:06.56 | _____ |
| 9 | Yousef Adel Ramadan | 19 | SHAMS | 2:07.70 | _____ |
| 10 | Mohamed Tarek Rashad Abi | 19 | SHAMS | 2:08.50 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Event 22 Men 15 & Over 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|----------------------------|----------------------------|-----|------------------|-----------|
| Heat 1 of 94 Finals | | | | |
| 2 | Yossuf Mohamed Yassen | 15 | Ellaban | NT |
| 3 | Ahmed Waled Asaad | 15 | Al Shehk Zaeid | NT |
| 4 | AbdelRahman Ahmed Elbas | 15 | Matrix | NT |
| 5 | Yassin Hazem Saaed | 16 | M.S Tagamoa | NT |
| 6 | Mohamed omr Faozy Taha | 15 | TANTA | NT |
| 7 | Moustafa Mahmoud Fahmy | 15 | TAGAM | NT |
| 8 | Essam Hassan Allam | 16 | GEZIR | NT |
| 9 | Aser Eslam Safwathussien | 15 | TANTA | NT |
| Heat 2 of 94 Finals | | | | |
| 1 | Mohamed Hussien Mohame | 18 | SMOHA | NT |
| 2 | Marwan Mohram Gamal | 15 | A S E C | NT |
| 3 | Yousef Mohamed Abdelraou | 17 | Al Shehk Zaeid | NT |
| 4 | Marwan Reda Hussein | 16 | SENZO | NT |
| 5 | Mohamed Mourad Mohame | 22 | Sporting | NT |
| 6 | amr Ibrahim Mohamed Ibra | 19 | Elec | NT |
| 7 | Ahmed Tamer Gamal Eldin | 16 | DEGLA | NT |
| 8 | Eyad Mohamed Hassan | 15 | Elethead | NT |
| 9 | Mazen Tamer Mostafa | 17 | DEGLA | NT |
| 10 | Mohamed Amr Hussein | 18 | DEGLA | NT |
| Heat 3 of 94 Finals | | | | |
| 1 | Ahmed Essam Yakot | 16 | A S E C | NT |
| 2 | Adel Mohamad Adel Ramac | 16 | SMOHA | NT |
| 3 | Yousef Waled Al Sayed Al | 22 | GEZIR | NT |
| 4 | Ziad Tarek Mohamed | 18 | DEGLA | NT |
| 5 | Omar Ashour Rizk | 19 | BNK.G | NT |
| 6 | Omar Mohamad Ahmad Ko | 16 | SMOHA | NT |
| 7 | Yassin Amr Abohamar | 16 | TANTA | NT |
| 8 | Ahmed Hany Metwally | 16 | K.S.C | NT |
| 9 | Ashraf Mohamed ali Mohan | 24 | Elec | NT |
| 10 | Hamza Moh. Khairy Samra | 18 | GEZIR | NT |
| Heat 4 of 94 Finals | | | | |
| 1 | Ziad Haithm Mostafa | 16 | Ismaily | NT |
| 2 | Mazen Amr Fekry Said | 15 | DEGLA | NT |
| 3 | Moustafa Yasser Abd El Lat | 19 | Sporting | NT |
| 4 | Moaz Mustafa Abdo Salim | 19 | Al-Ahram Sports | NT |
| 5 | Marwan Mohamed Moheb I | 15 | Olympic Champion | NT |
| 6 | Marwan Hossam Hussein | 17 | DEGLA | NT |
| 7 | Seif El Din Khaled Mohame | 16 | ZAGU | NT |
| 8 | Hamza Waleed Reda | 16 | el Shark Club | NT |
| 9 | Yousaf Sobhi Abdul Hamid | 16 | M.ARB | NT |
| 10 | Anas Tarek Ibraheim | 17 | Qaroun | NT |
| Heat 5 of 94 Finals | | | | |
| 1 | Adham m Hussin Sayed Ha | 15 | MAY15 | NT |
| 2 | Malek Amr Ragab | 16 | Palm Hills | NT |
| 3 | Andria Wael Nagy Mosad A | 16 | HELDO | NT |
| 4 | Mohamed Hany Fathy | 17 | Elethead | NT |
| 5 | Yassin el Midany | 15 | Sporting | NT |
| 6 | Ahmed Tarek Ibrahim | 15 | SHOBR | NT |
| 7 | amr Ayman Kamal Mohame | 16 | Zahraa Helwan | NT |
| 8 | Seif Islam Moustafa Mohan | 15 | Olympic | NT |
| 9 | Islam amr abd el Khalek | 17 | GHARB | NT |
| 10 | Omar Zeyad Mohamed | 17 | Sporting | NT |

Heat 6 of 94 Finals

| | | | | |
|----|---------------------------|----|------------------|----|
| 1 | Omar Muhamed Haitham A | 16 | SHOOT | NT |
| 2 | Adham Fouad Hasan | 15 | ENPPI | NT |
| 3 | Mohamed Hany Ahmed Has | 18 | SHAMS | NT |
| 4 | Marwan Mohammed Younis | 18 | BNK.G | NT |
| 5 | Yasin Alaa Ibrahim Elbieh | 20 | SMOHA | NT |
| 6 | Moamen Ahmed Fekry | 17 | A S E C | NT |
| 7 | Malek Tarek Mohamed | 15 | Minia Sport Clup | NT |
| 8 | Ahmed Tarek Ali Abd Elhar | 17 | DEGLA | NT |
| 9 | Mohammed Mahmoud Ram | 17 | Al-Ahram Sports | NT |
| 10 | Zeyad Hamza Mohamed | 18 | A S E C | NT |

Heat 7 of 94 Finals

| | | | | |
|----|----------------------------|----|----------------|----|
| 1 | Youssef Ahmed Samir | 16 | DEGLA | NT |
| 2 | Mohamed Ahmed Gamal | 15 | Police Club | NT |
| 3 | Mazen Ayman Halawa | 15 | Elethead | NT |
| 4 | Hamza Mahmoud Hamza | 16 | DEGLA | NT |
| 5 | Omar Ahmed Bisher | 16 | Ismaily | NT |
| 6 | Mohamed Ahmed Abd Elsh | 18 | SHAMS | NT |
| 7 | Zeyad Ekhaa Walaa Zaki | 15 | SMOHA | NT |
| 8 | Omar Zeaid Hassan Abd El | 17 | Aswan Club | NT |
| 9 | Abdelrahman Mohamed Sai | 16 | Olympic | NT |
| 10 | Zyad Abdelrethem Khalaf Al | 17 | Bank Ahly Alex | NT |

Heat 8 of 94 Finals

| | | | | |
|----|----------------------------|----|------------------|----|
| 1 | Youssef Ahmed Taha | 20 | ZMALK | NT |
| 2 | Youseif Moustafa Abdelsala | 16 | ZMALK | NT |
| 3 | Ahmed Tamer Hasanen Eta | 16 | Matrix | NT |
| 4 | Mohamed Mahmoud Azab / | 21 | AHLY | NT |
| 5 | Malek Tarek Salah Eldien | 15 | Elec | NT |
| 6 | Omar Ayman Esmael Emam | 16 | 6 OCT | NT |
| 7 | Moatasem Muhammed Yuni | 15 | BNK.G | NT |
| 8 | Pierre Joseph Roshdy | 16 | Aswan Club | NT |
| 9 | Mohamed Emad Maher | 18 | SENZO | NT |
| 10 | Mathio Michael Email Tawf | 15 | Olympic Champion | NT |

Heat 9 of 94 Finals

| | | | | |
|----|--------------------------|----|-----------------|----|
| 1 | Aly Mohamed Abdel Hamec | 17 | BNK.G | NT |
| 2 | Omar Mohamed Farouk | 16 | Elethead | NT |
| 3 | Marwan Ebrahim Mohamed | 15 | SHRKS | NT |
| 4 | Yasin Moh. Ahm. Omar Ras | 17 | GEZIR | NT |
| 5 | Zyad Mostafa Helmy Matar | 15 | Palm Hills | NT |
| 6 | ali Ahmed Mohamed Elsadc | 15 | Gezira El Ward | NT |
| 7 | Abdelrahman Ayman Mohar | 15 | DEGLA | NT |
| 8 | Youssef Ahmed Ratb | 16 | Elethead | NT |
| 9 | Mazen Ahmed Mohamed Al | 15 | Olympic | NT |
| 10 | Adel Shrif Saied | 17 | Marina Sporting | NT |

Heat 10 of 94 Finals

| | | | | |
|----|--------------------------|----|----------------|----|
| 1 | Eyad Osama Abdlhalem | 16 | Bitash | NT |
| 2 | Mohamed Ahmed Mohamec | 16 | Ellaban | NT |
| 3 | Mohanad Ahmed Mohamed | 15 | TRSAN | NT |
| 4 | Hazem Hossam Nady | 16 | DEGLA | NT |
| 5 | Yousef Mohamed Elsaed M | 16 | Bank Ahly Alex | NT |
| 6 | Mohanad Sameheldin Elsay | 16 | Olympic | NT |
| 7 | Mohanad Mokhtar Mahmou | 15 | DEGLA | NT |
| 8 | Omar Mohamed Abdel Azer | 16 | Al Hawar | NT |
| 9 | el Farok Omer el Farok | 17 | BNK.G | NT |
| 10 | Omar Mohamed Khairy | 15 | Elec | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 11 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|----------------------------|----|------------------|----|-------|
| 1 | Eyad Sayed Fadl Alla | 22 | ZOHUR | NT | _____ |
| 2 | Mohamed amr Shaban | 17 | OLMPA | NT | _____ |
| 3 | Mohamed Ramy Mohamed | 19 | AHLY | NT | _____ |
| 4 | Omar Mostafa AbdELaziz | 15 | Police Club | NT | _____ |
| 5 | Tarek Mohamed Ragab | 16 | Minia Sport Clup | NT | _____ |
| 6 | Youssef Ahmed Taha Ibrahim | 17 | Beni Suef Club | NT | _____ |
| 7 | Yassin Mohamed Anwar | 15 | SMOHA | NT | _____ |
| 8 | Ahmed Waleed | 17 | Sporting | NT | _____ |
| 9 | Kamal Tamer Awad Kamel | 16 | MRAC | NT | _____ |
| 10 | Yassin Ahmed Elsayed | 15 | SENZO | NT | _____ |

Heat 12 of 94 Finals

| | | | | | |
|----|-------------------------|----|-----------------|----|-------|
| 1 | Ammar Ahmed Saiid | 15 | K.S.C | NT | _____ |
| 2 | Slah abd Elaale Abdalla | 15 | TALBE | NT | _____ |
| 3 | Mohamed Ahmed Bahy Eld | 16 | TRSAN | NT | _____ |
| 4 | Mohamed Basem Ahmed Sa | 16 | TRSAN | NT | _____ |
| 5 | Eyad Mohamed Nabih | 21 | SMOHA | NT | _____ |
| 6 | Hady Hisham Mohmed | 16 | Marina Sporting | NT | _____ |
| 7 | Joun Samir Sameh | 15 | Club S | NT | _____ |
| 8 | Ahmed Moataz Ahmed Fath | 15 | SMOHA | NT | _____ |
| 9 | Omar El Sayed Ali | 16 | Elethead | NT | _____ |
| 10 | Ziad Mohmed Ibrahim | 17 | Marina Sporting | NT | _____ |

Heat 13 of 94 Finals

| | | | | | |
|----|-------------------------|----|-----------------|----|-------|
| 1 | Zyad Esam Farouk | 16 | TRSAN | NT | _____ |
| 2 | ezz el din Ihab | 15 | Sporting | NT | _____ |
| 3 | Abdalla Mohamed Abdelmg | 17 | GHABA | NT | _____ |
| 4 | Ahmed Moharam Elsayed | 19 | DEGLA | NT | _____ |
| 5 | Adham Hesén Foud | 15 | TALBE | NT | _____ |
| 6 | Youssif Amr Hussein | 15 | Aswan Club | NT | _____ |
| 7 | Hessien Maher Mahmoud M | 18 | SHAMS | NT | _____ |
| 8 | Ahmed Mohamed Ahmed A | 17 | DEGLA | NT | _____ |
| 9 | Yossef Elshamy | 16 | Canal Suez Port | NT | _____ |
| 10 | Mohamed Ayman Ibrahim | 18 | A S E C | NT | _____ |

Heat 14 of 94 Finals

| | | | | | |
|----|-------------------------|----|------------------|----|-------|
| 1 | Nour El Din Ayman | 19 | Sporting | NT | _____ |
| 2 | Amro Nabil Ibrahim | 18 | FAROS | NT | _____ |
| 3 | Omar Mohamed Magdy Mo | 17 | SHAMS | NT | _____ |
| 4 | Adham Ayman Esmael | 18 | Minia Sport Clup | NT | _____ |
| 5 | Adham Hossam Lotfy Hass | 18 | SMOHA | NT | _____ |
| 6 | Ahmed Islam Mahmoud | 21 | ZMALK | NT | _____ |
| 7 | Seif Mohamed Said | 15 | Minia Sport Clup | NT | _____ |
| 8 | Moataz Mohamed Ibrahim | 15 | SMOHA | NT | _____ |
| 9 | Omar Tamer Samy | 15 | ZOHUR | NT | _____ |
| 10 | Yousfe Mahmud Mohamed | 17 | SHOOT | NT | _____ |

Heat 15 of 94 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Ahmed Mohamed Amin Elb | 15 | Stad Mansoura | NT | _____ |
| 2 | Yehya Tamer Gamaal Eldee | 16 | SMOHA | NT | _____ |
| 3 | Yousief Alaa Gad | 15 | SHAMS | NT | _____ |
| 4 | Youssef Zaki | 15 | Sporting | NT | _____ |
| 5 | Ibrahim Mohamed Azmy | 15 | Wave | NT | _____ |
| 6 | Seif Mohamed Nabil | 16 | DEGLA | NT | _____ |
| 7 | Mohamed Tarek Mohamed ; | 16 | Olympic | NT | _____ |
| 8 | Ziad Nabil Ahmed Mohame | 17 | SMOHA | NT | _____ |
| 9 | Anas Amr Abdalla | 16 | GHABA | NT | _____ |
| 10 | Adam Waleed Ibrahim | 16 | Ellaban | NT | _____ |

Heat 16 of 94 Finals

| | | | | | |
|----|----------------------------|----|----------------|----|-------|
| 1 | Yassien Youssief Abdelnaby | 17 | SMOHA | NT | _____ |
| 2 | Atef Gamal Ismael | 22 | ZAGU | NT | _____ |
| 3 | Omar Sadik Kamal | 15 | DEGLA | NT | _____ |
| 4 | Mohamed Omar Mohamed l | 15 | Olympic | NT | _____ |
| 5 | Abd el Rahman Mohamed M | 15 | DEGLA | NT | _____ |
| 6 | Aser Mohamed Mohamed E | 15 | DEGLA | NT | _____ |
| 7 | Khaled Walied Mahmoud | 17 | DEGLA | NT | _____ |
| 8 | Youssef Mohamed Gaber | 15 | SMOHA | NT | _____ |
| 9 | Omar Tarek ali | 15 | Al Shehk Zaaid | NT | _____ |
| 10 | Yasin HossamEldin | 21 | SMOHA | NT | _____ |

Heat 17 of 94 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Omar Adel Ishaq | 16 | DEGLA | NT | _____ |
| 2 | Darren Dimitrios Chin | 19 | Sporting | NT | _____ |
| 3 | Marwan Mohamed Bakry M | 18 | Olympic | NT | _____ |
| 4 | Omar Mosaad Mohamed | 16 | SHOOT | NT | _____ |
| 5 | Ali Ayman Nematallah | 16 | Sporting | NT | _____ |
| 6 | Ahmed Hany Gomaa | 15 | Ellaban | NT | _____ |
| 7 | Mahmoud Ahmed Abd Elsh. | 18 | SHAMS | NT | _____ |
| 8 | Mohamed Ashraf Ali | 15 | DEGLA | NT | _____ |
| 9 | Mohamed Tamer Metwally ; | 15 | Olympic | NT | _____ |
| 10 | Hesham Mohamed Fawzy | 17 | Minia Sport Clup | NT | _____ |

Heat 18 of 94 Finals

| | | | | | |
|----|-------------------------|----|------------------|----|-------|
| 1 | Ahmad Haisam Mohamed | 15 | TALBE | NT | _____ |
| 2 | Omar Ahmed Salem | 16 | GHARB | NT | _____ |
| 3 | Mahmoud Ahmed Eltablawy | 18 | ZOHUR | NT | _____ |
| 4 | Yasin Mohamed Abu Raya | 19 | TANTA | NT | _____ |
| 5 | Mohamed Shehab ElGabry | 16 | DEGLA | NT | _____ |
| 6 | Ahmed Ramee Ahmed Hash | 17 | 6 OCT | NT | _____ |
| 7 | Seif Haitham Fathy | 18 | Gyc.Banha | NT | _____ |
| 8 | Mohamed Ahmed Fawzay | 16 | Qaroun | NT | _____ |
| 9 | Ahmed Mohamed Kaowd | 16 | Baladyat El Maha | NT | _____ |
| 10 | Karim Mahmoud Farouk | 22 | Beni Suef Club | NT | _____ |

Heat 19 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------|----|-------|
| 1 | Omar Tamer Issa | 16 | RWAD | NT | _____ |
| 2 | Mazin Wael Ismail | 15 | Elethead | NT | _____ |
| 3 | Yassien Tamer Elsayed | 15 | A S E C | NT | _____ |
| 4 | Yassin Mohamed Abd Elfata | 16 | ZAGU | NT | _____ |
| 5 | Omar Khaled Mohamed Nal | 18 | A S E C | NT | _____ |
| 6 | Mohab Naguib Mohamed | 15 | DEGLA | NT | _____ |
| 7 | Mohab Hossam Farouk Mol | 16 | Elethead | NT | _____ |
| 8 | Yousef Reda Mohamed Kan | 15 | Matrix | NT | _____ |
| 9 | Mostafa Mahmoud Mohame | 16 | Elethead | NT | _____ |
| 10 | Saifaldin Shadi Zakaria | 16 | Qaroun | NT | _____ |

Heat 20 of 94 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Ali Mostafa abd el Aziz | 17 | Police Club | NT | _____ |
| 2 | Omar Shaaban | 15 | SHARQ | NT | _____ |
| 3 | Telal Hamed Omer Mohamed | 16 | SUDAN | NT | _____ |
| 4 | omr abd Elrhman ali | 17 | Elethead | NT | _____ |
| 5 | Omar Khaled Mohamed | 16 | ZOHUR | NT | _____ |
| 6 | Ziad Osama Abdelfattah | 19 | SHAMS | NT | _____ |
| 7 | Yassien Mohamed Fouad M | 15 | A S E C | NT | _____ |
| 8 | Amr Khaled Ahmed | 15 | Minia Sport Clup | NT | _____ |
| 9 | Mohamed Waled Taher | 16 | RWAD | NT | _____ |
| 10 | Mostafa Adel Mohamed Sar | 18 | SHOOT | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 21 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Hamza Ahmed abd Elazem | 18 | Al Qusiya Club | NT | _____ |
| 2 | Nour Haytham Mostafa Har | 15 | DEGLA | NT | _____ |
| 3 | Nour Elden Mohamed Moh | 17 | Olympic Champion | NT | _____ |
| 4 | Makar Romany Rasla | 16 | SMASH | NT | _____ |
| 5 | Yahya Tamer Mohammed A | 15 | Al-Ahram Sports | NT | _____ |
| 6 | Ezzat Mohamed Azzam Mo | 16 | Olympic | NT | _____ |
| 7 | Marwan Ali Mahmoud | 16 | DEGLA | NT | _____ |
| 8 | Khaled Abdel Naser Ali | 25 | SHOOT | NT | _____ |
| 9 | Sohaib Khaled Emam | 21 | AHLY | NT | _____ |
| 10 | Yassin Ayman Moshly | 15 | Elethad | NT | _____ |

Heat 22 of 94 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Mohamed Adel Khayre | 16 | Baladyat El Maha | NT | _____ |
| 2 | Hamza Mohamed Hassan M | 16 | HELOP | NT | _____ |
| 3 | Mohamed Ahmed Fahmy | 17 | TANTA | NT | _____ |
| 4 | Youssef Waleed abd Elazez | 17 | Elethad | NT | _____ |
| 5 | Hassan Ahmed Ehab Wahby | 16 | HELOP | NT | _____ |
| 6 | Mohamed Tarek Halim Mof | 15 | DEGLA | NT | _____ |
| 7 | Hussin Mohamed Hussin Al | 16 | NASR | NT | _____ |
| 8 | Eyad Ahmed Zakaria | 19 | AHLY | NT | _____ |
| 9 | Ahmed Wael El Shamaa | 17 | Sporting | NT | _____ |
| 10 | Adam Mohamed Mahmoud | 16 | SHOOT | NT | _____ |

Heat 23 of 94 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Ali Mohamed Ali Abd El Ra | 15 | DEGLA | NT | _____ |
| 2 | Mohanad Desoky Mohamed | 21 | Minia Sport Clup | NT | _____ |
| 3 | Mohamed Ibrahim Mohame | 20 | Elec | NT | _____ |
| 4 | Mahmoud Ahmed Hassan | 20 | ZMALK | NT | _____ |
| 5 | Moamen Walid Monir Hass | 17 | GHABA | NT | _____ |
| 6 | Mohamed Youssef Hussain | 17 | Elethad | NT | _____ |
| 7 | Mohanad Abo Elsood Anwa | 17 | Minia Sport Clup | NT | _____ |
| 8 | Adham Ashraf Shawky Mof | 17 | ZMALK | NT | _____ |
| 9 | Mohamed Yasser Mohamed | 17 | SMOHA | NT | _____ |
| 10 | Yousif Mohamed Khalaf | 23 | SMOHA | NT | _____ |

Heat 24 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Samy Ali Ibrahim Ibrahim | 15 | City Club | NT | _____ |
| 2 | Abdelrahman Mohamed Far | 15 | Olympic | NT | _____ |
| 3 | Ali Moahmed Ali Salem | 15 | Olympic | NT | _____ |
| 4 | Osama Ahmed Abobakr | 15 | Bitash | NT | _____ |
| 5 | Salem Hassan Salem Abdel | 16 | NASR | NT | _____ |
| 6 | Adham Bahr Yihya Saad | 15 | Bank Ahly Alex | NT | _____ |
| 7 | Asser Haitham Ahmed Moh | 15 | Bank Ahly Alex | NT | _____ |
| 8 | Ahmed Hamdy Al Shaik | 20 | SHOOT | NT | _____ |
| 9 | Mohamed Sameh Mohamed | 15 | Olympic | NT | _____ |
| 10 | Karim Ahmed Naser Abdelr | 18 | SMOHA | NT | _____ |

Heat 25 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Ahmed Arafa Shehata | 20 | HLWAN | NT | _____ |
| 2 | Kamal Mohamed Kamal | 16 | AHLY | NT | _____ |
| 3 | Azzam Mohamed Sheha | 17 | Olympic | NT | _____ |
| 4 | Asser Ahmed Mohamed | 15 | DEGLA | NT | _____ |
| 5 | Nour Nasser Ahmed Gadelk | 16 | Olympic | NT | _____ |
| 6 | Omar Mahamed Karam Ali | 16 | HELDO | NT | _____ |
| 7 | Omar Mostafa Mohamed Oi | 15 | Beni Suef Club | NT | _____ |
| 8 | Karem Ashry Kasem | 17 | SHAMS | NT | _____ |
| 9 | Mohamed Abdo Moro | 15 | Domyt Club | NT | _____ |
| 10 | Mohamed Medhat Shalby | 16 | HELOP | NT | _____ |

Heat 26 of 94 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Mahmoud Tamer Mahmoud | 18 | DEGLA | NT | _____ |
| 2 | Yousef Ahmed Elkomy | 16 | el Shark Club | NT | _____ |
| 3 | Mohab Mohamed abu Elhas | 15 | TANTA | NT | _____ |
| 4 | Yassuin Moustafa Mohamec | 16 | GHABA | NT | _____ |
| 5 | Mohamed Essam Sedky | 18 | BNK.G | NT | _____ |
| 6 | Mahmoud Haitham Mahmoi | 19 | NASR | NT | _____ |
| 7 | Walid Khaled Mohamed | 16 | DEGLA | NT | _____ |
| 8 | Martin Emad Rizk | 18 | Y.M.C.A | NT | _____ |
| 9 | Eazz El Din Mohamed Khar | 19 | Sporting | NT | _____ |
| 10 | abd Elrahman Mohamed Ba | 19 | TRSAN | NT | _____ |

Heat 27 of 94 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Mohamed Hussein El-Alfy | 15 | New Giza | NT | _____ |
| 2 | Mahmoud Ramadan | 16 | SHARQ | NT | _____ |
| 3 | Adhm Hazem Mohamed Da | 15 | ZOHUR | 40.81 | _____ |
| 4 | Ibrahim Waleed Ibrahim Fo | 15 | Olympic | 38.83 | _____ |
| 5 | Almukhtar Ibrahim Muham | 15 | BNK.G | 38.49 | _____ |
| 6 | Omar Ahmed Mohamed Mo | 15 | DEGLA | 38.74 | _____ |
| 7 | Youssif Hossam Mohamed | 17 | NASR | 39.74 | _____ |
| 8 | Gasser Ahmed Atef | 15 | DEGLA | 40.99 | _____ |
| 9 | Moazz Yasser Mohamed | 16 | Luxor Club | NT | _____ |
| 10 | Eyad Wael Abdelkader | 16 | El Mostakbal | NT | _____ |

Heat 28 of 94 Finals

| | | | | | |
|----|--------------------------|----|-----------------|-------|-------|
| 1 | Seif Elden Mohamed Sobhy | 15 | NASR | 37.56 | _____ |
| 2 | Smow El Deen Tarek El Ko | 15 | Ellaban | 37.43 | _____ |
| 3 | Yousef Tarek Mohamed Ma | 15 | Al-Ahram Sports | 37.27 | _____ |
| 4 | Mohamed Ayman Mohamed | 16 | DEGLA | 36.61 | _____ |
| 5 | Ahmed Sherif Ahmed | 16 | Elethad | 36.35 | _____ |
| 6 | Eyad Haitham Abdel Hamid | 15 | DEGLA | 36.59 | _____ |
| 7 | Malek Essam Sanad | 15 | DEGLA | 36.78 | _____ |
| 8 | Eyad Mahmoud Mohamed / | 15 | DEGLA | 37.32 | _____ |
| 9 | Hamza Samer Saad | 15 | SHOOT | 37.53 | _____ |
| 10 | Ahmed Ahmed Sherif El Sh | 15 | GEZIR | 38.39 | _____ |

Heat 29 of 94 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Youssef Ahmed Mohamed I | 15 | Tlaea El Ostol | 36.16 | _____ |
| 2 | Fouad Ibrahim Fouad | 15 | Elethad | 35.98 | _____ |
| 3 | Ahmed Hesham Foad | 16 | BNK.G | 35.85 | _____ |
| 4 | Tamer Amr Zaghoul | 15 | DEGLA | 35.75 | _____ |
| 5 | Shaban Mohamed Shaban A | 16 | MRAC | 35.63 | _____ |
| 6 | Aly Mohamed Aly | 17 | Sporting | 35.70 | _____ |
| 7 | Ahmed Ehab Hassan Ahmec | 15 | DEGLA | 35.82 | _____ |
| 8 | Yassin Mohamed Samir Mo | 15 | DEGLA | 35.92 | _____ |
| 9 | Mahmoud Gamal Mahmoud | 16 | Rio | 35.98 | _____ |
| 10 | Ahmed Hany Ahmed Amin | 15 | DEGLA | 36.24 | _____ |

Heat 30 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | ali Mohammed ali | 15 | Zahraa Helwan | 35.59 | _____ |
| 2 | Youseif Khaled Mohamed | 16 | ZMALK | 35.40 | _____ |
| 3 | Omar Sameh Samer Mohser | 15 | SMOHA | 35.12 | _____ |
| 4 | Omar abd Alghani Embaby | 15 | BNK.G | 34.97 | _____ |
| 5 | Yassin Tariq Abdelgany | 15 | Tlaea El Ostol | 34.88 | _____ |
| 6 | Hossam Abdelgalil Abdelmc | 15 | DEGLA | 34.89 | _____ |
| 7 | Hamza Ahmed Youssef Han | 15 | DEGLA | 35.11 | _____ |
| 8 | Kerlis Mina Gorge | 15 | SHRKS | 35.25 | _____ |
| 9 | Abd El Rahman Hatem Sha | 15 | DEGLA | 35.58 | _____ |
| 10 | Arsany Ramy Magdy Henav | 15 | DEGLA | 35.60 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 31 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Hassan Fayez Elsayed | 15 | SMOHA | 34.75 | _____ |
| 2 | Karim Shady Salah | 17 | DEGLA | 34.68 | _____ |
| 3 | Fares Mahmoud Abd El Azi | 15 | DEGLA | 34.64 | _____ |
| 4 | Mohamed Shreif Ramadan | 15 | el Shark Club | 34.49 | _____ |
| 5 | Moaz Haitham Abdelmone | 15 | Zahraa Helwan | 34.37 | _____ |
| 6 | Ahmed Sameh Ibraheem | 15 | el Shark Club | 34.44 | _____ |
| 7 | Siefeldin Hisham Mohsen | 15 | SMOHA | 34.52 | _____ |
| 8 | Mohamed Mahmoud Mohar | 15 | Tlaea El Ostol | 34.67 | _____ |
| 9 | Moustafa Ahmed Moustafa | 15 | A S E C | 34.74 | _____ |
| 10 | Hamza Diaa Elrahman Moh | 15 | DEGLA | 34.80 | _____ |

Heat 32 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Abdelrahman Hazeim Moha | 16 | ZMALK | 34.23 | _____ |
| 2 | Mohamed Ahmed Mostafa | 15 | Elethad | 34.17 | _____ |
| 3 | Yassine Mahmoud AbdelAz | 16 | Pegasus Club | 34.07 | _____ |
| 4 | Khaled Mohamed Alaa El D | 16 | DEGLA | 33.84 | _____ |
| 5 | Omar Abdelaziz Mohamed | 15 | A S E C | 33.79 | _____ |
| 6 | Islam Ibrahim Mahmoud M | 15 | Olympic | 33.83 | _____ |
| 7 | Omar Ahmed Essa Essa | 15 | Olympic | 33.99 | _____ |
| 8 | Seif Mostafa Abdelraouf | 15 | Elethad | 34.13 | _____ |
| 9 | Seif El Din Mohamed Omar | 15 | DEGLA | 34.21 | _____ |
| 10 | Mohaned Abdelrhim Khalaf | 15 | Bank Ahly Alex | 34.27 | _____ |

Heat 33 of 94 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Ahmed Sherif Osman Ahme | 17 | GHABA | 33.69 | _____ |
| 2 | Omar Hussein Abd EL Aziz | 15 | ENPPI | 33.62 | _____ |
| 3 | Belal Ahmed Fouad | 15 | DEGLA | 33.57 | _____ |
| 4 | Adham Mohamed Said Moh | 16 | A S E C | 33.47 | _____ |
| 5 | Mostafa Ahmed Ismaiel | 16 | BNK.G | 33.17 | _____ |
| 6 | Adam Amr Amin | 15 | SMOHA | 33.37 | _____ |
| 7 | Shehab Eldin Hassan Ahme | 15 | DEGLA | 33.53 | _____ |
| 8 | Husen Ahmad Mounir | 15 | HELOP | 33.61 | _____ |
| 9 | Yassin Osama Desouki | 17 | DEGLA | 33.68 | _____ |
| 10 | Yassin Ahmed Hassan Abde | 15 | DEGLA | 33.73 | _____ |

Heat 34 of 94 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Abd El Rahman Essam Abd | 17 | Ellaban | 33.05 | _____ |
| 2 | Omar Ahmed Mohamed Ali | 16 | Elethad | 32.96 | _____ |
| 3 | Adam Mohamed Fawzy | 15 | DEGLA | 32.85 | _____ |
| 4 | Seif El Din Magdy Mohame | 15 | ZOHUR | 32.76 | _____ |
| 5 | Amr Mohamed Ahmed Sakr | 17 | A S E C | 32.70 | _____ |
| 6 | Gasser Hany Gaber Maghor | 16 | A S E C | 32.73 | _____ |
| 7 | Ahmed Hassan Reyad | 15 | DEGLA | 32.80 | _____ |
| 8 | Aly Hossam Eldin Tawfik | 15 | DEGLA | 32.88 | _____ |
| 9 | Mohammed Alaa Mahmoud | 15 | Elethad | 32.97 | _____ |
| 10 | Moustafa Essam Mohamed | 15 | A S E C | 33.12 | _____ |

Heat 35 of 94 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | Khaled Mohamed Ezzat Ab | 16 | TRSAN | 32.65 | _____ |
| 2 | Ahmed Atef Abo Bakr | 15 | Y.M.C.A | 32.49 | _____ |
| 3 | Yassin Mohamed Aly Othm | 15 | Olympic | 32.41 | _____ |
| 4 | Ahmed Khaled Elsaid Nasr | 15 | Bank Ahly Alex | 32.34 | _____ |
| 5 | Karim Tamer Badr | 16 | DEGLA | 32.29 | _____ |
| 6 | Mohamed Maarof Hosny | 15 | Zahraa Helwan | 32.33 | _____ |
| 7 | abd Elrahman Nabil Mahmc | 19 | TALBE | 32.37 | _____ |
| 8 | Omar Marwan Badr | 17 | Sporting | 32.47 | _____ |
| 9 | Sohiel Mohamed Ahmed Ha | 15 | DEGLA | 32.58 | _____ |
| 10 | Mahmoud Ahmed Ghareb A | 15 | Olympic Champion | 32.66 | _____ |

Heat 36 of 94 Finals

| | | | | | |
|----|----------------------------|----|--------------|-------|-------|
| 1 | Hamza Essam EL Wardany | 15 | ENPPI | 32.27 | _____ |
| 2 | Ahmed Mohamed Farouk | 15 | A S E C | 32.00 | _____ |
| 3 | Eyad Mohamed Hussien | 15 | DEGLA | 31.94 | _____ |
| 4 | Yassin Mohamed Hussein | 15 | Pegasus Club | 31.89 | _____ |
| 5 | Ahmed Ibrahim Fouaad | 15 | SMOHA | 31.87 | _____ |
| 6 | Karim Mohamed Kamal | 15 | SMOHA | 31.88 | _____ |
| 7 | Ahmed Amr Ahmed Mansou | 15 | Ellaban | 31.91 | _____ |
| 8 | Fahd Ahmed Mohamed | 15 | A S E C | 31.99 | _____ |
| 9 | Mahmoud Tamer Mewally S | 15 | Olympic | 32.22 | _____ |
| 10 | Hussein Sharif Ahmed El Al | 15 | GEZIR | 32.28 | _____ |

Heat 37 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Ahmed Mahmoud Fouad To | 16 | ZOHUR | 31.81 | _____ |
| 2 | Mohamed Alaa Wafa | 15 | Tlaea El Ostol | 31.78 | _____ |
| 3 | Gamal Walid Ahmed Abd E | 17 | DEGLA | 31.69 | _____ |
| 4 | Ahmed Maged Shawky | 15 | DEGLA | 31.66 | _____ |
| 5 | Kareem Waleed Ahmed | 15 | Ismaily | 31.64 | _____ |
| 6 | Adham Tamer Saied Mohan | 15 | A S E C | 31.65 | _____ |
| 7 | Hossam Mohamed Attia | 15 | Meit Khakan | 31.66 | _____ |
| 8 | Ahmed Mohamad el Said | 16 | Y.M.C.A | 31.77 | _____ |
| 9 | Mazen Hazem Fouad El Say | 16 | A S E C | 31.81 | _____ |
| 10 | Mamen Ebarhim El Doseke | 15 | City Club | 31.85 | _____ |

Heat 38 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Shehab Ahmed Omar Aboue | 17 | 6 OCT | 31.53 | _____ |
| 2 | Shehab Alaa Ibrahim | 17 | DEGLA | 31.51 | _____ |
| 3 | Moustafa Adel Mohamed M | 17 | Olympic | 31.48 | _____ |
| 4 | Asser Fahmy Elsaid | 15 | Bank Ahly Alex | 31.43 | _____ |
| 5 | Youssif Mostafa Gamal | 15 | DEGLA | 31.36 | _____ |
| 6 | Seif Mohamed Hussen | 15 | DEGLA | 31.40 | _____ |
| 7 | Mahmoud Walid Gebril | 15 | DEGLA | 31.45 | _____ |
| 8 | Mohamed Hany Ahmed | 15 | DEGLA | 31.51 | _____ |
| 9 | Yahya Mohamed Abdelsatar | 15 | Al Shehk Zaeid | 31.52 | _____ |
| 10 | Mohamed Motaaz Kamal | 15 | Ismaily | 31.55 | _____ |

Heat 39 of 94 Finals

| | | | | | |
|----|-------------------------|----|-----------|-------|-------|
| 1 | Saif Eldin Adel Elsayd | 16 | Elethad | 31.35 | _____ |
| 2 | Mohamed amr ali | 18 | SHOBR | 31.29 | _____ |
| 3 | Ahmed Sameh Kamal | 15 | SMOHA | 31.26 | _____ |
| 4 | Tayem Alla Mohammed Da | 15 | Elethad | 31.19 | _____ |
| 5 | Ahmed Mostafa Mohamed S | 16 | TRSAN | 31.17 | _____ |
| 6 | Fares Mohamed Mostafa | 15 | DEGLA | 31.17 | _____ |
| 7 | Yasin Ahmed Ali | 17 | Gyc.Banha | 31.23 | _____ |
| 8 | Ayad Hossam Ahmed | 16 | BNK.G | 31.28 | _____ |
| 9 | Ahmed Mahmud Aly | 15 | DEGLA | 31.34 | _____ |
| 10 | Mohamed Tarek Mohamed | 15 | Y.M.C.A | 31.35 | _____ |

Heat 40 of 94 Finals

| | | | | | |
|----|----------------------------|----|---------|-------|-------|
| 1 | Keven Latif Farag | 16 | DEGLA | 31.11 | _____ |
| 2 | Mohamed Ahmed Gobbar | 15 | Elethad | 31.10 | _____ |
| 3 | Ahmed Maged Gamal | 15 | DEGLA | 31.06 | _____ |
| 4 | Mohamed Amir Mohamed A | 15 | DEGLA | 31.02 | _____ |
| 5 | Shady Ahmed Mohamed Ra | 15 | DEGLA | 31.00 | _____ |
| 6 | Youssef Mahmoud Abd el N | 15 | DEGLA | 31.02 | _____ |
| 7 | Youssef Gamal Sabr Gamal | 15 | Elethad | 31.04 | _____ |
| 8 | Seif El Din Hamdy Husain I | 17 | DEGLA | 31.08 | _____ |
| 9 | Ismaiel Tamer Ismaiel | 16 | SHAMS | 31.11 | _____ |
| 10 | Seif Eldin Wael Mohamed | 17 | A S E C | 31.15 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 41 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|------------------------|----|-------------|-------|-------|
| 1 | Moataz Mahmoud Mohame | 16 | DEGLA | 30.98 | _____ |
| 2 | Ahmed Mohamed Hamed | 17 | Elethad | 30.92 | _____ |
| 3 | Anas Reda Wahdan | 15 | Meit Khakan | 30.84 | _____ |
| 4 | Mostafa Mahmoud ali | 16 | GOLDY | 30.80 | _____ |
| 5 | Adham Khaled Heshy | 15 | SMOHA | 30.77 | _____ |
| 6 | Ahmed Alaa Hassan | 15 | MAADI | 30.77 | _____ |
| 7 | Omar Mohamed Saber | 16 | El Obour | 30.80 | _____ |
| 8 | Omar Ayman Aly Mohamed | 16 | A S E C | 30.86 | _____ |
| 9 | Mohamed Alaa Metwally | 15 | Elethad | 30.95 | _____ |
| 10 | Omar Hosam Mohamed Mo | 16 | Matrix | 30.99 | _____ |

Heat 42 of 94 Finals

| | | | | | |
|----|---------------------------|----|---------------|-------|-------|
| 1 | Abdelrahman Mohamed Mc | 16 | el Shark Club | 30.76 | _____ |
| 2 | Hasan Tarek Hasan Abdel B | 15 | DEGLA | 30.68 | _____ |
| 3 | Hatem Elsayed Mohamed | 17 | GHABA | 30.65 | _____ |
| 4 | Adam Nader Sabry Abdelat | 15 | MRAC | 30.64 | _____ |
| 5 | Hussaein Ahmed Hussaein / | 15 | GEZIR | 30.59 | _____ |
| 6 | Adham Mohamed Omar | 15 | DEGLA | 30.61 | _____ |
| 7 | amr Taha Goda | 17 | ZMALK | 30.65 | _____ |
| 8 | Hassan Ashraf Shehata | 17 | Elethad | 30.65 | _____ |
| 9 | Mazen Mohamed Ahmed | 15 | A S E C | 30.72 | _____ |
| 10 | Omar Hassan Abdelwahab | 17 | SMOHA | 30.76 | _____ |

Heat 43 of 94 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Yassen Waleed Yousry | 15 | MRAC | 30.54 | _____ |
| 2 | Moez Karim Mohamed Ibra | 15 | Bank Ahly Alex | 30.45 | _____ |
| 3 | Hussien Marwan Badr | 17 | Sporting | 30.42 | _____ |
| 4 | Eyad Ayman Samy | 15 | DEGLA | 30.41 | _____ |
| 5 | Adam Khaled Mohamed Ne | 15 | ZOHUR | 30.39 | _____ |
| 6 | Hazem Mohamed Abd Elha | 16 | ZOHUR | 30.40 | _____ |
| 7 | Abdelhamed Hamed Abdelh | 15 | DEGLA | 30.42 | _____ |
| 8 | Omar Mohamed Samy Aly | 15 | SHOOT | 30.44 | _____ |
| 9 | Mohamed Ahmed Abd El H | 15 | DEGLA | 30.51 | _____ |
| 10 | Adham Mahmoud Mohame | 15 | ENPPI | 30.54 | _____ |

Heat 44 of 94 Finals

| | | | | | |
|----|----------------------------|----|----------|-------|-------|
| 1 | Yassin Osama Mohamed | 15 | DEGLA | 30.38 | _____ |
| 2 | Nour Eldin Ashraf Araby El | 15 | Elethad | 30.37 | _____ |
| 3 | Omar Hany Abdelmeneim | 15 | SMOHA | 30.32 | _____ |
| 4 | Moaz Islam Hussain Ismail | 16 | Elethad | 30.32 | _____ |
| 5 | Seif Medhat Nabil | 17 | Sporting | 30.29 | _____ |
| 6 | Mohamed Mostafa aly Hasa | 15 | TANTA | 30.30 | _____ |
| 7 | Hamza Ali Mohamed Ali | 16 | Elethad | 30.32 | _____ |
| 8 | Yassin Mostafa Nasr | 16 | Sporting | 30.34 | _____ |
| 9 | omr Tamer Elsaed Elroby | 17 | Elethad | 30.37 | _____ |
| 10 | Ziad Elsayed | 15 | Sporting | 30.38 | _____ |

Heat 45 of 94 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | Ahmed Mohamed Gamal | 15 | DEGLA | 30.27 | _____ |
| 2 | Ahmed Shawkat Elserafy | 15 | SMOHA | 30.25 | _____ |
| 3 | Omar Tarek El Sabe | 15 | DEGLA | 30.20 | _____ |
| 4 | Yassin Amr Mohamed | 15 | DEGLA | 30.18 | _____ |
| 5 | Saged Ayman AbdEllatif | 19 | SMOHA | 30.17 | _____ |
| 6 | Ahmed Shrif Ahmed | 15 | Tlaea El Ostol | 30.17 | _____ |
| 7 | Abdelrahman Khaled Gama | 15 | Olympic | 30.18 | _____ |
| 8 | Abdulla Nasser Mostafa Alf | 16 | ZOHUR | 30.21 | _____ |
| 9 | Mazen Ibrahim Ahmed Shol | 17 | SMOHA | 30.27 | _____ |
| 10 | Karim Sherif Mostafa Kame | 15 | DEGLA | 30.28 | _____ |

Heat 46 of 94 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Mohamed Yasser Mohamed | 16 | A S E C | 30.16 | _____ |
| 2 | Ziad Mohamed Mohamed L | 15 | MRAC | 30.04 | _____ |
| 3 | Yassin Mohamed Ashour | 15 | Tlaea El Ostol | 30.04 | _____ |
| 4 | Marawan Mohamed Abdelrc | 17 | Bitash | 30.02 | _____ |
| 5 | Adam Mahmoud Abdelmorc | 16 | ZMALK | 29.97 | _____ |
| 6 | Yaseen Ahmed Said | 16 | Elethad | 29.98 | _____ |
| 7 | Ziad Wael Mohamed | 20 | ZMALK | 30.03 | _____ |
| 8 | Ziad Khaled Elsaid Nasr | 15 | Bank Ahly Alex | 30.04 | _____ |
| 9 | Yahya Amr Mohamed Foua | 20 | Sporting | 30.15 | _____ |
| 10 | Mazen Ahmed Lottfy | 15 | Elethad | 30.17 | _____ |

Heat 47 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Karem Ahmed Ebrahim Elsl | 15 | M.ARB | 29.94 | _____ |
| 2 | Safyelrhmam Ebrahim Souli | 16 | Olympic | 29.90 | _____ |
| 3 | Osama Mohamed Ashour | 15 | A S E C | 29.88 | _____ |
| 4 | Seif el Dien Ahmed | 16 | Y.M.C.A | 29.86 | _____ |
| 5 | Mohamed Hany Elsebakhy | 17 | SMOHA | 29.84 | _____ |
| 6 | Abdellah Mohamed Saber | 15 | Tlaea El Ostol | 29.85 | _____ |
| 7 | Zain Adel Fawzy | 15 | K.S.C | 29.88 | _____ |
| 8 | Hamza Mohamed Ebrahim l | 16 | TANTA | 29.89 | _____ |
| 9 | Ahmed Hassan Ibrahim | 16 | DEGLA | 29.92 | _____ |
| 10 | Mohamed Mourad Farouk N | 15 | Olympic | 29.97 | _____ |

Heat 48 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Mahmoud Mohamed Abdelh | 17 | GHABA | 29.83 | _____ |
| 2 | Amr Basem Kamal Salam | 15 | SHRKS | 29.80 | _____ |
| 3 | Hamza Mahmoud Ibrahim F | 15 | Elethad | 29.79 | _____ |
| 4 | Yazed amr Omar Mokhtar | 16 | GOLDY | 29.74 | _____ |
| 5 | Aly Samy Elshafy | 18 | Sporting | 29.70 | _____ |
| 6 | Islam Farag Saleh | 16 | DEGLA | 29.73 | _____ |
| 7 | Yousef Ahmed Mohamed | 15 | SHRKS | 29.79 | _____ |
| 8 | Yassin Ahmed Ibrahim Khal | 15 | DEGLA | 29.80 | _____ |
| 9 | Omer Mohamed Saeid Othn | 16 | Bank Ahly Alex | 29.81 | _____ |
| 10 | Mohamed Elsayd Hassen Ac | 16 | Elethad | 29.84 | _____ |

Heat 49 of 94 Finals

| | | | | | |
|----|-----------------------------|----|----------|-------|-------|
| 1 | Youssef Ahmed Fathy Abde | 16 | DEGLA | 29.66 | _____ |
| 2 | Mohamed Khaled Fathi | 15 | SMOHA | 29.62 | _____ |
| 3 | Tamem Heasen Salah | 15 | El Obour | 29.58 | _____ |
| 4 | Youssef Mohamed Abd Elra | 16 | Elethad | 29.56 | _____ |
| 5 | Hatem Hamada Abdelhamid | 17 | TRSAN | 29.55 | _____ |
| 6 | Bishoy Samy | 18 | Sporting | 29.55 | _____ |
| 7 | Fares Ehab Moustafa Ibrahim | 16 | Olympic | 29.57 | _____ |
| 8 | Adham Mostafa Mohamed | 15 | Y.M.C.A | 29.58 | _____ |
| 9 | Yassin Alaa Mohamed | 15 | DEGLA | 29.65 | _____ |
| 10 | Omar Abdelaziz Mohamed | 15 | Elethad | 29.70 | _____ |

Heat 50 of 94 Finals

| | | | | | |
|----|---------------------------|----|---------|-------|-------|
| 1 | Eyad Nader Rashad Abdalla | 16 | Olympic | 29.55 | _____ |
| 2 | Mohamed Hesham Abdelmc | 15 | SMOHA | 29.50 | _____ |
| 3 | Bsada Mark Nage | 16 | ZAGU | 29.48 | _____ |
| 4 | Mohanad Yasser Salah | 16 | A S E C | 29.46 | _____ |
| 5 | Mohamed Yaser Mohamed | 15 | DEGLA | 29.44 | _____ |
| 6 | Salah Abdelhamid Salah | 15 | SMOHA | 29.45 | _____ |
| 7 | Eyad Mohamed Mansor | 16 | Elethad | 29.46 | _____ |
| 8 | Mohamed Hessinahmed | 15 | Wave | 29.48 | _____ |
| 9 | Mohaned Wael Abdo Awad | 16 | DEGLA | 29.51 | _____ |
| 10 | AhmedEssam El-Sayed | 16 | K.S.C | 29.55 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 51 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Mohamed amr Ibrahim | 15 | BNK.G | 29.37 | _____ |
| 2 | Mohamed Reda Mahmoed | 16 | BNK.G | 29.36 | _____ |
| 3 | Yasen Shref Hasan | 15 | HELOP | 29.34 | _____ |
| 4 | Hassan Ezz Eldin Ahmed Sl | 19 | DEGLA | 29.30 | _____ |
| 5 | Walid Mohamed Hussien | 17 | A S E C | 29.27 | _____ |
| 6 | Adam Mohamed Abdelmak | 17 | SMOHA | 29.29 | _____ |
| 7 | Saif Mohamed Hussin | 17 | TRSAN | 29.31 | _____ |
| 8 | Kaled Amr Ahmed Bashir | 16 | Elethead | 29.35 | _____ |
| 9 | Mohamed Ahmed Mohamec | 17 | DEGLA | 29.36 | _____ |
| 10 | Ziad aly Atef Abdelaal | 15 | MRAC | 29.42 | _____ |

Heat 52 of 94 Finals

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | abd Elrahman Ayman Moha | 15 | TALBE | 29.24 | _____ |
| 2 | Mohamed Ismal El Sayed Is | 16 | A S E C | 29.19 | _____ |
| 3 | Ahmed Sameh Saied Khami | 16 | Olympic | 29.18 | _____ |
| 4 | Youssef Abd Elazem Mohar | 16 | ZAGU | 29.12 | _____ |
| 5 | Hazem Ahmed Abdallah Fo | 17 | City Club | 29.12 | _____ |
| 6 | Ahmed Sameh Samer Mohs | 17 | SMOHA | 29.12 | _____ |
| 7 | Sofyan Mohamed Ahmed | 15 | Wave | 29.15 | _____ |
| 8 | Ahmed Mohamed Ahmed A | 16 | Elethead | 29.19 | _____ |
| 9 | ans Ibrahim Mahmoud | 18 | Police Club | 29.21 | _____ |
| 10 | Abdelrahman Emadeldein H | 15 | SMOHA | 29.25 | _____ |

Heat 53 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Ahmed Wahid Mohamed | 16 | ZOHUR | 29.11 | _____ |
| 2 | Ahmed Ashraf Mahmud Els | 15 | Matrix | 29.09 | _____ |
| 3 | Nour Hossam Ahmed Salah | 17 | ZMALK | 29.05 | _____ |
| 4 | Moemen Ahmed Moemen | 15 | MRAC | 29.05 | _____ |
| 5 | Seif Ahmed Masoud Abd El | 16 | DEGLA | 29.03 | _____ |
| 6 | Fares Yaser Shawky | 16 | DEGLA | 29.03 | _____ |
| 7 | Zeyad Tamer Abd Elsalam | 15 | DEGLA | 29.05 | _____ |
| 8 | Mostafa Mohamed Abdelrac | 15 | Elethead | 29.07 | _____ |
| 9 | Omar Shref Ahmad | 15 | HELOP | 29.10 | _____ |
| 10 | Adham Ayman Mohamed | 17 | MRAC | 29.12 | _____ |

Heat 54 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Ziad Moahmed Ahmed Moh | 18 | SMOHA | 29.02 | _____ |
| 2 | Karem Emad Reda | 17 | DEGLA | 28.99 | _____ |
| 3 | Youssef Omar Mohamed M | 15 | Beni Suef Club | 28.98 | _____ |
| 4 | Mohamed Wahid Ahmed At | 16 | MAADI | 28.92 | _____ |
| 5 | Abd Elaziz Mohamed Abd I | 16 | ZOHUR | 28.89 | _____ |
| 6 | Mohamed Tarek Mohamed : | 17 | SMOHA | 28.90 | _____ |
| 7 | Yehia Ahmed Masoud Abd l | 16 | DEGLA | 28.93 | _____ |
| 8 | Abdellah Ahmed Said | 15 | Tlaea El Ostol | 28.98 | _____ |
| 9 | Mohamed Sayed Mohamed | 17 | SUDAN | 29.00 | _____ |
| 10 | Ahmed Sameh Eldahby | 17 | Elethead | 29.02 | _____ |

Heat 55 of 94 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | SiefEldin Waleed Ibrahim K | 16 | MRAC | 28.88 | _____ |
| 2 | Eiad Ahmed Mohamed Aly | 15 | A S E C | 28.84 | _____ |
| 3 | Mouz Eslam Mohamad Elsa | 16 | SMOHA | 28.81 | _____ |
| 4 | Nizar Mohamed Zenaty | 15 | Meit Khakan | 28.78 | _____ |
| 5 | Ali Khaled Ali Saber Abd | 18 | SMOHA | 28.72 | _____ |
| 6 | Abdel Rahman Ebrahim Mc | 17 | 6 OCT | 28.73 | _____ |
| 7 | Ahmed Talaat Kamal Hekal | 16 | Matrix | 28.81 | _____ |
| 8 | Mohamed Magdy Mohamec | 17 | TRSAN | 28.81 | _____ |
| 9 | Ali Hisham Morshady | 17 | DEGLA | 28.85 | _____ |
| 10 | Ahmed Mostafa Moafy | 15 | Tlaea El Ostol | 28.88 | _____ |

Heat 56 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Yassin Hatem Abdel Rahma | 15 | SHOOT | 28.70 | _____ |
| 2 | Karim Ahmed Mohsen Abd | 18 | SMOHA | 28.70 | _____ |
| 3 | Abdelharman Moahmed Mh | 18 | SMOHA | 28.69 | _____ |
| 4 | Abdelrahman Khaled Fathy | 17 | SMOHA | 28.68 | _____ |
| 5 | Karim Mohamed Mahlab | 16 | MAADI | 28.65 | _____ |
| 6 | Zidan Ahmed Mohamed Far | 15 | Club S | 28.66 | _____ |
| 7 | Yahia Mohamed Mahmoud | 15 | Sporting | 28.68 | _____ |
| 8 | Seif Eldeen Mohammed Elt | 18 | NEMOO | 28.70 | _____ |
| 9 | Yassin Mohamed Sobhy | 16 | DEGLA | 28.70 | _____ |
| 10 | Ahmed Mohamed Farok Ma | 17 | Olympic | 28.71 | _____ |

Heat 57 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Omar Aed Rashwen Ahmed | 17 | El Obour | 28.63 | _____ |
| 2 | Yassin Farg Salah | 16 | Y.M.C.A | 28.60 | _____ |
| 3 | Anas Hazem Yosray | 16 | TALBE | 28.56 | _____ |
| 4 | Omar Adel A.Aziz | 16 | DEGLA | 28.52 | _____ |
| 5 | Ahmed Mahmoud Farouk | 16 | DEGLA | 28.49 | _____ |
| 6 | Yasen Mohamed El Bawab | 16 | HELOP | 28.50 | _____ |
| 7 | Nour Eldin Monzer Moham | 19 | MRAC | 28.53 | _____ |
| 8 | Yousef Mohyeldin Ahmed A | 18 | Olympic | 28.57 | _____ |
| 9 | Abd El Rahman Awad Moh | 15 | DEGLA | 28.60 | _____ |
| 10 | Yassien Abdelhamied Elsay | 15 | SHAMS | 28.64 | _____ |

Heat 58 of 94 Finals

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | Ibrahim Mohamed Ibrahim l | 15 | GEZIR | 28.47 | _____ |
| 2 | Seifeldeen Ahmed Ibrahim | 15 | SMOHA | 28.46 | _____ |
| 3 | Marawan Medhat El Fadaly | 16 | DEGLA | 28.45 | _____ |
| 4 | Ahmed Amr Mohamed Qutt | 16 | Swim Home | 28.40 | _____ |
| 5 | Mohamed Ahmed Ibrahim | 15 | A S E C | 28.38 | _____ |
| 6 | Omar Ayman Zakaria | 17 | SMOHA | 28.39 | _____ |
| 7 | Ahmed Akrm Moustafa | 15 | Bitash | 28.40 | _____ |
| 8 | Amr Khaled Abraham | 17 | Police Club | 28.46 | _____ |
| 9 | Youssef Mohamed Fathy M | 17 | SMOHA | 28.47 | _____ |
| 10 | Omar Shrief Ahmed Ahmed | 17 | SMOHA | 28.48 | _____ |

Heat 59 of 94 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | Hamza amr Mohamed | 15 | EALAM | 28.38 | _____ |
| 2 | Zien El Hashash | 15 | Sporting | 28.34 | _____ |
| 3 | Moaz Almansy | 16 | Baladyat El Maha | 28.31 | _____ |
| 4 | Youssef Mohamed Fathy | 17 | New Giza | 28.29 | _____ |
| 5 | Omar Mohamed Abdelghaf | 17 | SMOHA | 28.27 | _____ |
| 6 | Ziad Mohamed Atef Moharr | 15 | DEGLA | 28.29 | _____ |
| 7 | Omar Moustafa Mohamed F | 18 | Olympic | 28.30 | _____ |
| 8 | Omar Haitham Omran | 17 | TANTA | 28.33 | _____ |
| 9 | Ahmed Amr Mohamed | 17 | Mansheit Naser | 28.38 | _____ |
| 10 | Yassien Ahmed Ahmed Ash | 17 | SMOHA | 28.38 | _____ |

Heat 60 of 94 Finals

| | | | | | |
|----|-------------------------|----|-----------------|-------|-------|
| 1 | Hitham Mohamed Ahmed A | 15 | MRAC | 28.26 | _____ |
| 2 | Yahia Mohamed Yahia | 18 | Elethead | 28.22 | _____ |
| 3 | Abdel Rahman Mohamed A | 17 | Canal Suez Port | 28.19 | _____ |
| 4 | Ibrahim Mohamed Ibrahim | 18 | SMOHA | 28.17 | _____ |
| 5 | Ali Ahmed Aadel Mosleh | 17 | 6 OCT | 28.11 | _____ |
| 6 | Abd Elrahman Mostafa Ma | 17 | ZOHUR | 28.15 | _____ |
| 7 | Mahmoud Hany Mostafa A | 15 | 6 OCT | 28.18 | _____ |
| 8 | Saied Hassan Ahmed | 17 | Police Club | 28.22 | _____ |
| 9 | Mohamed Shady Mohamed | 16 | DEGLA | 28.23 | _____ |
| 10 | Hassan Ahmed EL Serafe | 15 | HELOP | 28.27 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 61 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Ahmed Hatem Hosny | 18 | DEGLA | 28.11 | _____ |
| 2 | Hamza Mohamed Ahmed | 18 | A S E C | 28.08 | _____ |
| 3 | Yassin Hazem Taher | 16 | MAY15 | 28.03 | _____ |
| 4 | Ziad Ahmed Fayad | 15 | DEGLA | 28.01 | _____ |
| 5 | Fares Ahmed Ameen Aly Al | 18 | 6 OCT | 28.00 | _____ |
| 6 | Mohame Waly Mohamed M | 15 | Fayoum Club | 28.00 | _____ |
| 7 | Abdelrahman Mohamed Ab | 16 | Elethad | 28.02 | _____ |
| 8 | Ziad Osama Abdel Fatah M | 23 | DEGLA | 28.04 | _____ |
| 9 | Bassel Mostafa Mohamed | 16 | DEGLA | 28.10 | _____ |
| 10 | Ziad Ahmed abd Elhamid | 18 | ENPPI | 28.11 | _____ |

Heat 62 of 94 Finals

| | | | | | |
|----|---------------------------|----|------------|-------|-------|
| 1 | Zeyad Mohamed Elsayed | 16 | Sporting | 27.98 | _____ |
| 2 | Ahmed Osama Khalil | 18 | GHABA | 27.96 | _____ |
| 3 | Kareem Hasssan Ali Hegazy | 15 | Palm Hills | 27.95 | _____ |
| 4 | Belal Sheref Sery | 17 | TANTA | 27.93 | _____ |
| 5 | Amir Maged Eid Yousef | 16 | HELOP | 27.92 | _____ |
| 6 | Omer Adil Ismat Moani | 17 | SUDAN | 27.92 | _____ |
| 7 | Omar Abdalaah Magdy | 16 | ZMALK | 27.93 | _____ |
| 8 | Yousef Maged Mohamed | 17 | RWAD | 27.96 | _____ |
| 9 | Mahmoud Amr El-shobaki | 16 | SHOOT | 27.98 | _____ |
| 10 | Belal Mohamed Abdellatef | 16 | Bitash | 28.00 | _____ |

Heat 63 of 94 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Faris Mohamed Adel | 16 | el Shark Club | 27.91 | _____ |
| 2 | Yousef Khaled A.Elrahman | 21 | DEGLA | 27.89 | _____ |
| 3 | Marwan Ahmed Fathy Abde | 18 | DEGLA | 27.88 | _____ |
| 4 | Mohanad Mohamed Twfik / | 15 | 6 OCT | 27.86 | _____ |
| 5 | Yassin Mohamed Gamal | 18 | ZAGU | 27.82 | _____ |
| 6 | Idris Ibrahim Mohammed | 17 | BNK.G | 27.83 | _____ |
| 7 | Selim Mohamed Essawy | 15 | Sporting | 27.87 | _____ |
| 8 | Seif Tamer Abd Elaziz | 17 | El Obour | 27.89 | _____ |
| 9 | Aly Osama Ahmed Mohame | 16 | Olympic | 27.90 | _____ |
| 10 | Mohamad Kaled Mohamad | 16 | SMOHA | 27.92 | _____ |

Heat 64 of 94 Finals

| | | | | | |
|----|---------------------------|----|---------|-------|-------|
| 1 | Yousif Wael Hamed Elsaid | 20 | SMOHA | 27.80 | _____ |
| 2 | Seif Mohamed Khalil Fathy | 16 | TANTA | 27.78 | _____ |
| 3 | Ezz Eldin Mohamed Abd El | 15 | Elethad | 27.78 | _____ |
| 4 | Taha Saeed Mohamed Fathy | 16 | A S E C | 27.75 | _____ |
| 5 | Khaled Mohamed Elsyed Ta | 18 | SMOHA | 27.74 | _____ |
| 6 | Ahmed Tarek Elsayed | 15 | A S E C | 27.74 | _____ |
| 7 | Ziad Ahmad Elsaied | 15 | TALBE | 27.75 | _____ |
| 8 | Abd Elhalim Alaa Abd Elha | 17 | ZOHUR | 27.78 | _____ |
| 9 | Ahmed Hany Sayed | 15 | DEGLA | 27.79 | _____ |
| 10 | Omar Ahmed El Bostany | 15 | SHOOT | 27.80 | _____ |

Heat 65 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Fares Ahmed Abdellatif | 15 | Elethad | 27.73 | _____ |
| 2 | Bilal Amr Mohamed | 15 | HADAK | 27.71 | _____ |
| 3 | Yassin Ahmed Nabil | 16 | Sporting | 27.69 | _____ |
| 4 | AbdelRahman Ehab Elshim | 17 | Sporting | 27.66 | _____ |
| 5 | Seaf Abdel Rahman Moham | 15 | Al Hawar | 27.63 | _____ |
| 6 | Ahmad Amr Adel Abaza | 16 | SMOHA | 27.63 | _____ |
| 7 | Mohamed Moustafa Moharr | 15 | DEGLA | 27.67 | _____ |
| 8 | Mohamed Ashraf Safwat | 16 | ZMALK | 27.70 | _____ |
| 9 | Sofyan Hassan Mohamed | 17 | Ismaily | 27.73 | _____ |
| 10 | Hussien Mohamed El Rashe | 17 | Sporting | 27.73 | _____ |

Heat 66 of 94 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Taim Ahmed Abd Elwhab | 16 | ZOHUR | 27.62 | _____ |
| 2 | Ahmed Mokhtar Fayez | 16 | Pegasus Club | 27.58 | _____ |
| 3 | Adam Ahmed Hussein Ahm | 15 | ZMALK | 27.57 | _____ |
| 4 | Ibrahim Bahaeldin Ibrahim | 16 | Olympic | 27.53 | _____ |
| 5 | Ibrahim Mahmoud Fathy | 16 | SHOOT | 27.52 | _____ |
| 6 | Mohamed Ziad Sharaf Diab | 15 | SMOHA | 27.52 | _____ |
| 7 | Belal Tarek Mohamed Alsa | 17 | HELDO | 27.53 | _____ |
| 8 | Yousef Alaa Mahmoud | 15 | MRAC | 27.58 | _____ |
| 9 | Ahmed Mostafa Abdel Kaw | 15 | DEGLA | 27.61 | _____ |
| 10 | Mahmoud Haithem Mahmo | 15 | ZOHUR | 27.62 | _____ |

Heat 67 of 94 Finals

| | | | | | |
|----|-------------------------|----|-----------|-------|-------|
| 1 | Moaz Mohamed Sayed Sol | 17 | AHLY | 27.47 | _____ |
| 2 | Adham Ahmad Mahmud | 18 | SMOHA | 27.44 | _____ |
| 3 | Yassin Mohamed Hassan | 17 | Elethad | 27.43 | _____ |
| 4 | Omar Mohamed Hossny Ho | 20 | TRSAN | 27.40 | _____ |
| 5 | Yassin Mostafa Mohamed | 15 | AHLY | 27.40 | _____ |
| 6 | Amr Mohamed Abu Elfetto | 16 | DEGLA | 27.40 | _____ |
| 7 | Youssef Hossam Mohamed | 21 | Nasr City | 27.42 | _____ |
| 8 | Helmy Kadry Helmy | 18 | ZAGU | 27.43 | _____ |
| 9 | Mohamed Emad Ahmed Mc | 17 | SMOHA | 27.45 | _____ |
| 10 | Mohamed Hamdy Mohamec | 17 | El Obour | 27.51 | _____ |

Heat 68 of 94 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Adam Mohamed Abdelmeni | 17 | GHABA | 27.39 | _____ |
| 2 | Yazid Ahmed Mohamed | 16 | Elethad | 27.38 | _____ |
| 3 | Mahmoud Ahmed Mohamec | 16 | A S E C | 27.37 | _____ |
| 4 | Youssef Ashraf Fawzy | 17 | MRAC | 27.35 | _____ |
| 5 | Zeyad Hany Abd el Azeem | 20 | DEGLA | 27.32 | _____ |
| 6 | Yahya Mahmoud Mokhtar A | 17 | Olympic | 27.34 | _____ |
| 7 | Eyad Mohamed Yousry | 16 | DEGLA | 27.36 | _____ |
| 8 | Abdelrahman Hossam Helm | 15 | Stad Mansoura | 27.38 | _____ |
| 9 | Adam Ayman Wageh | 18 | DEGLA | 27.39 | _____ |
| 10 | Youssef Ahmed Gaber Hass | 15 | SMOHA | 27.40 | _____ |

Heat 69 of 94 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | abd Elrahman Mohamed Eb | 16 | TANTA | 27.31 | _____ |
| 2 | Mohamed Magdy Abdo | 16 | Police Club | 27.26 | _____ |
| 3 | Habib Yahya Mohamed | 19 | SHOOT | 27.23 | _____ |
| 4 | Omar Mohamed Kawod | 15 | Baladyat El Maha | 27.23 | _____ |
| 5 | Yassin Ahmed Othman | 17 | Sporting | 27.20 | _____ |
| 6 | Hassan Mohamed Abdel Aa | 16 | DEGLA | 27.21 | _____ |
| 7 | Youssef Mohamed Fathy El | 18 | SMOHA | 27.23 | _____ |
| 8 | Abelrahman Mohamed Abd | 16 | TRSAN | 27.25 | _____ |
| 9 | Yassien Amr Adly Mohamec | 17 | SMOHA | 27.29 | _____ |
| 10 | Mohamud Mohamad Roshd | 16 | SMOHA | 27.31 | _____ |

Heat 70 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Hussein Mohamed Hussein | 16 | DEGLA | 27.19 | _____ |
| 2 | Yasin Amro Mamdouh | 17 | HELOP | 27.17 | _____ |
| 3 | Yasin Tarek Mostafa | 18 | HELOP | 27.15 | _____ |
| 4 | Adam Medhat ezz Eldin | 16 | DEGLA | 27.13 | _____ |
| 5 | Yaseen Yasser Khamis | 15 | SMOHA | 27.12 | _____ |
| 6 | Mohamed Maged Abdel Lat | 17 | Sporting | 27.12 | _____ |
| 7 | Ahmed Hani Ezzat | 16 | SHOOT | 27.15 | _____ |
| 8 | Omar Tamer Said AbdElaziz | 19 | SMOHA | 27.15 | _____ |
| 9 | Yousif Ahmed Mostafa Elm | 15 | SHOOT | 27.17 | _____ |
| 10 | Ahmed Wael Frahat Hassn | 15 | 6 OCT | 27.20 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 71 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Youssef Sameh Ahmed Zaie | 16 | SHOOT | 27.10 | _____ |
| 2 | Yassin Kariem Mohamed | 15 | DEGLA | 27.09 | _____ |
| 3 | Yassin Ahmed Sayed Hafez | 18 | Elethead | 27.03 | _____ |
| 4 | Adam Mohamed Ahmed Mc | 19 | A S E C | 27.01 | _____ |
| 5 | Mohamed Ahmed abd Elmo | 17 | DEGLA | 26.99 | _____ |
| 6 | Ahmed Mohamed Fathy Ha | 15 | Bank Ahly Alex | 27.00 | _____ |
| 7 | Tayem Ahmed Kamal ElAla | 15 | SMOHA | 27.03 | _____ |
| 8 | Hatem Mostafa Atia Solima | 15 | SMOHA | 27.04 | _____ |
| 9 | Mostafa Mohamed Baker | 18 | TRSAN | 27.10 | _____ |
| 10 | Saif Marwan Aziz | 17 | BNK.G | 27.11 | _____ |

Heat 72 of 94 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Yassen Ahmad Ebrahim Ka | 16 | SMOHA | 26.98 | _____ |
| 2 | Omar Ibrahim Elshahat Eln | 19 | SMOHA | 26.96 | _____ |
| 3 | Marvin Medhat Shokry | 18 | SHOOT | 26.94 | _____ |
| 4 | Amar Hazem Zakey Zakare | 16 | SMOHA | 26.91 | _____ |
| 5 | Mohamed Hamam | 16 | Baladyat El Maha | 26.90 | _____ |
| 6 | Seif Mohamed Salah | 17 | Cairo | 26.91 | _____ |
| 7 | Mohamed Yasser Essa Abde | 17 | SMOHA | 26.91 | _____ |
| 8 | Omar Ali Fathy Mohamad F | 16 | SMOHA | 26.95 | _____ |
| 9 | Yasen Ahm. Abd ElHay Soi | 18 | GEZIR | 26.98 | _____ |
| 10 | Youssef Wala Mohamed Tav | 17 | SMOHA | 26.99 | _____ |

Heat 73 of 94 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Adam Mohamed Eldejwy | 16 | Meit Khakan | 26.87 | _____ |
| 2 | Keven Sameh Adly | 19 | Minia Sport Clup | 26.86 | _____ |
| 3 | Eyad Mohamed Farhaly | 18 | Mansheit Naser | 26.81 | _____ |
| 4 | Omar Waleed AlQabary | 17 | Sporting | 26.78 | _____ |
| 5 | Omar Asem Salah Eldin | 17 | ZMALK | 26.76 | _____ |
| 6 | Mostafa Mohamed Osman | 21 | NASR | 26.77 | _____ |
| 7 | Yossif Yasser Atteya | 19 | A S E C | 26.79 | _____ |
| 8 | Zyad Mohamed Moawad | 19 | ZMALK | 26.85 | _____ |
| 9 | Loai Ehab A.Meshaal | 17 | DEGLA | 26.86 | _____ |
| 10 | Kamal Eldin Khaled Alshah | 16 | Elethead | 26.88 | _____ |

Heat 74 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Mahmoud Ashraf El Gayash | 17 | DEGLA | 26.75 | _____ |
| 2 | Yassin Tamer Samir | 16 | ZOHUR | 26.73 | _____ |
| 3 | Mahmoud Ahmed Yehya | 17 | DEGLA | 26.71 | _____ |
| 4 | Eyad Mohamed Amer | 16 | TANTA | 26.70 | _____ |
| 5 | Ziad Emad Atya | 17 | DEGLA | 26.68 | _____ |
| 6 | Mostafa Ebrhim Yehia Mahi | 16 | HELDO | 26.69 | _____ |
| 7 | Zeyad Ahmed Bhaa Al din | 19 | ENPPI | 26.70 | _____ |
| 8 | Hamza abu el Khair | 15 | Sporting | 26.73 | _____ |
| 9 | Omar Mohamed Nasr | 17 | SHRKS | 26.74 | _____ |
| 10 | Yosaf Mohamed Bayoumi / | 19 | BNK.G | 26.76 | _____ |

Heat 75 of 94 Finals

| | | | | | |
|----|-------------------------|----|------------------|-------|-------|
| 1 | Karim Magdy Mohamed | 15 | ZMALK | 26.68 | _____ |
| 2 | Adham Wael Mohamed | 15 | GHABA | 26.67 | _____ |
| 3 | Mohamed Abdelmounem A: | 16 | SHAMS | 26.67 | _____ |
| 4 | Fares Elsehly | 17 | Baladyat El Maha | 26.66 | _____ |
| 5 | Ahmed Mohamed Ahmed A | 24 | GEZIR | 26.64 | _____ |
| 6 | Ali Mohamed Nassem | 16 | DEGLA | 26.65 | _____ |
| 7 | omr Mohamed Hany Manso | 15 | AHLY | 26.67 | _____ |
| 8 | Youssef Amr Abdel Aziem | 17 | DEGLA | 26.67 | _____ |
| 9 | Adham Nader Samir Mohan | 17 | SMOHA | 26.68 | _____ |
| 10 | Omar Tarek Saleh | 17 | Sporting | 26.68 | _____ |

Heat 76 of 94 Finals

| | | | | | |
|----|----------------------------|----|-------------|-------|-------|
| 1 | Yehia Ahmed Abbas Abou | 17 | GHABA | 26.62 | _____ |
| 2 | Kareem Hossam Ahmed Sal | 16 | SMOHA | 26.61 | _____ |
| 3 | Ahmed Wael Ibrahim Desou | 20 | TWFIK | 26.60 | _____ |
| 4 | Saif ELDin Waled Abdel Raz | 21 | DEGLA | 26.59 | _____ |
| 5 | Bilal Khaled Mohamed Has: | 18 | SMOHA | 26.58 | _____ |
| 6 | Adham Wael Zeyad | 15 | Sporting | 26.59 | _____ |
| 7 | Tamer Ahmed Ali | 16 | Elethead | 26.59 | _____ |
| 8 | Omar Mohamed abd el Basi | 16 | Police Club | 26.61 | _____ |
| 9 | Yossef Ayman Said | 16 | GHABA | 26.62 | _____ |
| 10 | Mohamad Wesam Mohamac | 16 | SMOHA | 26.62 | _____ |

Heat 77 of 94 Finals

| | | | | | |
|----|-------------------------|----|--------------|-------|-------|
| 1 | Hamza Amro Kandiel | 16 | SHAMS | 26.56 | _____ |
| 2 | Yousef Mohamed Salah | 18 | A S E C | 26.50 | _____ |
| 3 | Mhmoud Tarik Ahmed Elge | 17 | SMOHA | 26.48 | _____ |
| 4 | Mostafa Amr El Kady | 18 | DEGLA | 26.44 | _____ |
| 5 | Sherif Ashraf Hagag | 17 | A S E C | 26.43 | _____ |
| 6 | Yehia Faysal Mohamed | 18 | HELOP | 26.43 | _____ |
| 7 | Saif Khalid Abdul Aziz | 16 | HADAK | 26.45 | _____ |
| 8 | Almohand Wael | 16 | MAY15 | 26.50 | _____ |
| 9 | Omar Alla Eldin Mahmoud | 16 | Pegasus Club | 26.56 | _____ |
| 10 | Hamza Ahmed Darwish | 18 | DEGLA | 26.58 | _____ |

Heat 78 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mohamed Shreef | 17 | Tlaea El Ostol | 26.35 | _____ |
| 2 | Essa Shref Abd EL Monem | 16 | HELOP | 26.34 | _____ |
| 3 | Ahmed Salah Mohamed Saif | 17 | SMOHA | 26.32 | _____ |
| 4 | Belal Mohamed Fouad Ram | 16 | Olympic | 26.30 | _____ |
| 5 | Hesen Mohamad Elsaed Yo | 16 | SMOHA | 26.28 | _____ |
| 6 | Malek Mohamed Adell | 15 | Elec | 26.29 | _____ |
| 7 | Zeyad Khaled Abd el Aziz | 18 | HADAK | 26.32 | _____ |
| 8 | Eissa Elshazly | 17 | Sporting | 26.33 | _____ |
| 9 | Adham Tarik Ali Baiuomy | 19 | SMOHA | 26.34 | _____ |
| 10 | Omer Mohamed Kamel | 17 | Al Shehk Zaied | 26.36 | _____ |

Heat 79 of 94 Finals

| | | | | | |
|----|---------------------------|----|---------|-------|-------|
| 1 | Fares Mohamed Farouk | 20 | HELOP | 26.18 | _____ |
| 2 | Mostafa Mohamed Zaghlol | 18 | GHABA | 26.17 | _____ |
| 3 | Abd Allah Ahmed Abd El A | 16 | MAADI | 26.15 | _____ |
| 4 | Ziad Abdallah Zakria | 17 | NASR | 26.10 | _____ |
| 5 | Yassin Youssef Mohamed E | 16 | Olympic | 26.08 | _____ |
| 6 | Youssef Mostafa Mahmoud | 19 | DEGLA | 26.10 | _____ |
| 7 | Ahmed Hazem Hossny | 21 | DEGLA | 26.14 | _____ |
| 8 | Abd Allah Tamer Abd El Ra | 16 | MAADI | 26.16 | _____ |
| 9 | Fares Ahmed Refaat Abdel | 15 | SHOOT | 26.17 | _____ |
| 10 | Aser Mohamed Mosaad Mo | 15 | MAADI | 26.26 | _____ |

Heat 80 of 94 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Omar Sherif Abd El Hamid | 18 | DEGLA | 26.06 | _____ |
| 2 | Youssef Tamer Gaber Moha | 18 | SMOHA | 26.04 | _____ |
| 3 | Abdel Allah Bassem Moust | 18 | DEGLA | 26.03 | _____ |
| 4 | Mohamed Ahmad Eldamanf | 16 | HELOP | 26.00 | _____ |
| 5 | Mrawan amr Mostafa abd el | 19 | TRSAN | 25.97 | _____ |
| 6 | Abdalla Ashraf abd Elmona | 16 | MAY15 | 25.98 | _____ |
| 7 | Ahmed Manssor Saed | 16 | Bitash | 26.00 | _____ |
| 8 | Ziyad Walid Nabiil | 19 | Sporting | 26.03 | _____ |
| 9 | Mohamed Essam Mohamed | 17 | Minia Sport Clup | 26.05 | _____ |
| 10 | Ahmed Yasser Yehia | 19 | Cairo | 26.07 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 81 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Zyad Mohamed Hafez | 18 | TRSAN | 25.95 | _____ |
| 2 | Abdelrahman Mahmoud Mc | 16 | SHAMS | 25.93 | _____ |
| 3 | Mazen Ashraf Mohamed Ab | 19 | Bank Ahly Alex | 25.92 | _____ |
| 4 | Ali Shref Ali Abdelkader | 17 | SMOHA | 25.91 | _____ |
| 5 | Omar Karem Mahmoud Abc | 16 | Elethead | 25.91 | _____ |
| 6 | Mazen Mohamed Salah | 18 | GHABA | 25.91 | _____ |
| 7 | Youssef Abdel Megid | 15 | Sporting | 25.92 | _____ |
| 8 | Raef Osama Atif | 20 | Elethead | 25.92 | _____ |
| 9 | Yossef Karim Nabil Elzawa | 18 | SMOHA | 25.95 | _____ |
| 10 | Amr Moh. Samir Azmy | 15 | GEZIR | 25.97 | _____ |

Heat 82 of 94 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Eyad Mohamed Shaban | 17 | TRSAN | 25.91 | _____ |
| 2 | Mohamed Taha Abd ElHain | 17 | SHAMS | 25.90 | _____ |
| 3 | Eyad Ahmed Khatab | 16 | DEGLA | 25.89 | _____ |
| 4 | Ahmed Waleed Abdel Hady | 16 | AHLY | 25.88 | _____ |
| 5 | Yehia Ahmed Abd Elfatah E | 17 | SHOOT | 25.86 | _____ |
| 6 | Yousif Mohamed Yousif Mc | 21 | SUDAN | 25.88 | _____ |
| 7 | Omar Mahmoud Saeid | 16 | Nasr City | 25.88 | _____ |
| 8 | Abdelfattah Ahmed Youssef | 17 | Olympic | 25.90 | _____ |
| 9 | Adham Adel Abaza | 20 | Sporting | 25.90 | _____ |
| 10 | Moatasem Balaa Mostafa Al | 17 | Pegasus Club | 25.91 | _____ |

Heat 83 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Abdelmoez Ayman Gomaa | 18 | A S E C | 25.85 | _____ |
| 2 | Marwan Mohamed Hamed | 17 | Cairo | 25.84 | _____ |
| 3 | Marwan Mourad Mohamed | 19 | Sporting | 25.79 | _____ |
| 4 | Yassin Hossam Elden Metw | 17 | ZOHUR | 25.78 | _____ |
| 5 | AbdElrhman Waled Hemda | 20 | SMOHA | 25.76 | _____ |
| 6 | Ali Ahmed Abd el Monem C | 19 | SHAMS | 25.77 | _____ |
| 7 | Youssef Tawfik Hamdy Taw | 18 | SENZO | 25.78 | _____ |
| 8 | Omar Hazem | 19 | ZMALK | 25.83 | _____ |
| 9 | Monzer Ahmed Amayem | 17 | TANTA | 25.84 | _____ |
| 10 | Hamza Khaled Mohamed A | 16 | Olympic | 25.85 | _____ |

Heat 84 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Hamza Mahmoud Hanout | 15 | Meit Khakan | 25.75 | _____ |
| 2 | Omar Hany Fathy | 16 | A S E C | 25.70 | _____ |
| 3 | Mohaned Ashraf Mohamed | 15 | Bank Ahly Alex | 25.69 | _____ |
| 4 | Mohamed Wael Ahmed | 18 | AHLY | 25.66 | _____ |
| 5 | Mohand Mostafa Hamdy | 18 | AHLY | 25.63 | _____ |
| 6 | Karim Kamal Ahmed Mosta | 21 | 6 OCT | 25.65 | _____ |
| 7 | Hassan Ahmed Mohamed E | 16 | HELOP | 25.68 | _____ |
| 8 | Ahmed Adel Eshak | 19 | DEGLA | 25.70 | _____ |
| 9 | Ismael Moh.Ibrahim ElAwa | 18 | GEZIR | 25.71 | _____ |
| 10 | Mohamed Ibrahim Mohame | 15 | AHLY | 25.75 | _____ |

Heat 85 of 94 Finals

| | | | | | |
|----|---------------------------|----|-------------|-------|-------|
| 1 | Mohamed Mamdouh Hussei | 21 | M.S Tagamoa | 25.59 | _____ |
| 2 | aly Eldin Ahmed Mohamed | 17 | ZMALK | 25.59 | _____ |
| 3 | Yehia Karim Nabil Elzawaw | 18 | SMOHA | 25.57 | _____ |
| 4 | Malek Haytham Mohamed | 18 | DEGLA | 25.55 | _____ |
| 5 | Eyad Ahmed Saad Hasn | 16 | TANTA | 25.53 | _____ |
| 6 | Aser Hesham Raaft Mhmou | 17 | 6 OCT | 25.55 | _____ |
| 7 | Mahmod Mahmood Yasen es: | 18 | TANTA | 25.56 | _____ |
| 8 | Omar Tarek Abdel-Rahman | 17 | AHLY | 25.58 | _____ |
| 9 | Ziad Mohamed Hassan | 15 | Sporting | 25.59 | _____ |
| 10 | Karem Mohamed Atia Ehsa | 17 | HELOP | 25.61 | _____ |

Heat 86 of 94 Finals

| | | | | | |
|----|-------------------------|----|---------------|-------|-------|
| 1 | Eyad Islam Mahmoud Elsa | 15 | SMOHA | 25.51 | _____ |
| 2 | Malek Ahmed Mohsen | 16 | DEGLA | 25.50 | _____ |
| 3 | Zeid Mohamed Abdel-Azee | 17 | AHLY | 25.47 | _____ |
| 4 | Mohamed Tamer Mohamed | 23 | DEGLA | 25.40 | _____ |
| 5 | Karim Adel Ahmed Bahgat | 21 | ZOHUR | 25.35 | _____ |
| 6 | Hady Mohamed Foad | 18 | MRAC | 25.36 | _____ |
| 7 | Farouk Mohamed Moharam | 16 | DEGLA | 25.42 | _____ |
| 8 | Omar Hassan Salama | 16 | el Shark Club | 25.49 | _____ |
| 9 | amr Maged Abdel Gawad | 19 | M.ARB | 25.50 | _____ |
| 10 | Omar Amir Mohamed Haze | 18 | AHLY | 25.53 | _____ |

Heat 87 of 94 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Malek Sherif Hayaty | 17 | Sporting | 25.31 | _____ |
| 2 | Fadi Wael Gerges | 18 | REHAB | 25.30 | _____ |
| 3 | Mazen Saied Gaber Ali | 18 | SMOHA | 25.25 | _____ |
| 4 | Ahmed Yaser Mohamed | 19 | M.ARB | 25.23 | _____ |
| 5 | Seif Mohamed Sayed | 17 | ZOHUR | 25.22 | _____ |
| 6 | Yosif Ahmed Mohsen | 17 | NASR | 25.22 | _____ |
| 7 | Zain Akram Ahmed | 15 | AHLY | 25.25 | _____ |
| 8 | Omar Tarek Shehata A | 19 | SMOHA | 25.26 | _____ |
| 9 | Selim Shrif Osama Helmy N | 16 | GEZIR | 25.30 | _____ |
| 10 | Ahmed el Husseny | 19 | HELOP | 25.34 | _____ |

Heat 88 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mohamed Eslam Mohamed | 18 | SMOHA | 25.18 | _____ |
| 2 | Mohamed Sherif Ahmed Fel | 15 | SMOHA | 25.17 | _____ |
| 3 | Yousef Ahmed Shaban | 15 | Al Shehk Zaied | 25.15 | _____ |
| 4 | Yamen Ayman Helmy | 17 | TANTA | 25.14 | _____ |
| 5 | Omar Karim Mohamed Mse | 18 | SMOHA | 25.10 | _____ |
| 6 | Yossef Ayman Abdalla Moh | 16 | SMOHA | 25.12 | _____ |
| 7 | Ahmed Hasan Tork | 17 | Sporting | 25.14 | _____ |
| 8 | Youssef Mohamed Abo Elye | 17 | DEGLA | 25.16 | _____ |
| 9 | Abed Emad Abed | 17 | TRSAN | 25.17 | _____ |
| 10 | Omar Mahmoud Hassan Ela | 16 | TRSAN | 25.20 | _____ |

Heat 89 of 94 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mostafa Omar Kamal EIDin | 20 | BNK.G | 25.05 | _____ |
| 2 | Mohamed Taha Abd El Raoi | 19 | DEGLA | 25.01 | _____ |
| 3 | Ahmed Adel Abdel aal | 16 | Al Hawar | 24.95 | _____ |
| 4 | Hamza Ahmed Mohamed A | 17 | Bank Ahly Alex | 24.92 | _____ |
| 5 | Sief Mohamed Salah | 20 | TANTA | 24.88 | _____ |
| 6 | Aly Amr Ahmed Shaaban | 22 | Bank Ahly Alex | 24.90 | _____ |
| 7 | Adham Ayman Hussein | 15 | HADAK | 24.92 | _____ |
| 8 | Abdelrahman Ahmed Mosta | 18 | Elec | 24.95 | _____ |
| 9 | Zeyad Saber Abd el Fatah | 17 | HADAK | 25.03 | _____ |
| 10 | Omar Abdelaziz Hussein | 16 | TALBE | 25.09 | _____ |

Heat 90 of 94 Finals

| | | | | | |
|----|---------------------------|----|-------|-------|-------|
| 1 | Youssef Mohamed Soliman | 19 | DEGLA | 24.84 | _____ |
| 2 | Islam Mohamed Nashaat | 18 | MAADI | 24.76 | _____ |
| 3 | Seif Walaa Antar | 19 | DEGLA | 24.73 | _____ |
| 4 | Ahmed Yasser Mahmoud Sa | 16 | ZOHUR | 24.68 | _____ |
| 5 | Seif Tamer Omran | 21 | DEGLA | 24.62 | _____ |
| 6 | Saif Mohamed Mahmoud M | 16 | SHOOT | 24.65 | _____ |
| 7 | Mohamed Khaled Mohamec | 16 | SHOOT | 24.69 | _____ |
| 8 | Ziad Ahamed Ragab Abd el | 18 | SHOOT | 24.76 | _____ |
| 9 | Omar Mohamed Abdel Meg | 19 | AHLY | 24.83 | _____ |
| 10 | Yassen Osama Yosef Ebrahe | 16 | SMOHA | 24.87 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 91 Finals (#22 Men 15 & Over 50 LC Meter Freestyle)

| | | | | |
|----|--------------------------|----|----------|-------|
| 1 | Waleed Samer Mahmoud | 19 | AHLY | 24.59 |
| 2 | Yehia Mohamed Saad Eldin | 19 | DEGLA | 24.58 |
| 3 | Adham Ayman Monir Hash | 19 | TRSAN | 24.54 |
| 4 | Mohamed Mashhour Yehia | 19 | AHLY | 24.51 |
| 5 | Omar Mohamed Tawfek | 16 | Al Hawar | 24.45 |
| 6 | Omar Talal Ragab | 18 | Sporting | 24.47 |
| 7 | Mohamed Ahm. Aly Moh. I | 20 | GEZIR | 24.52 |
| 8 | Moustafa Abdo Mohamed S | 22 | RWAD | 24.55 |
| 9 | Yousif Mahmoud Mohamm | 18 | SHOOT | 24.59 |
| 10 | ali Soliman | 15 | Sporting | 24.59 |

Heat 92 of 94 Finals

| | | | | |
|----|--------------------------|----|-------|-------|
| 1 | Hussien Mohamed Hussien | 16 | SHAMS | 24.37 |
| 2 | Mohand Tarik Mohamed Al | 24 | SMOHA | 24.33 |
| 3 | Mostafa Mohamed Elesawy | 22 | AHLY | 24.28 |
| 4 | Adam Shref Mostafa | 20 | HELOP | 24.25 |
| 5 | Mohanad Yasser Abdelmenc | 17 | SMOHA | 24.21 |
| 6 | Mohamed Ahmed Mohamec | 20 | SMOHA | 24.22 |
| 7 | Mohamed Ayman Abdelsam | 17 | AHLY | 24.27 |
| 8 | Mohamed Hatem Mohamed | 17 | HELOP | 24.31 |
| 9 | SifEldin Hossam Mohamed | 20 | SMOHA | 24.34 |
| 10 | Blal amr Ahmed | 19 | HELOP | 24.40 |

Heat 93 of 94 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Seif Sayed Mahmoud | 18 | HLWAN | 24.13 |
| 2 | John Wael Nagy Mosad | 18 | HELDO | 24.09 |
| 3 | Aser Mamduh Yihia | 21 | HELOP | 24.07 |
| 4 | Ahmed Hattem Ahmed | 19 | DEGLA | 24.03 |
| 5 | Mohamed Yaser Omar | 19 | OLMPA | 23.85 |
| 6 | Seif Mohamed Mohamed | 20 | DEGLA | 24.00 |
| 7 | Omar Mohamed Ahmed Fat | 17 | SHOOT | 24.04 |
| 8 | Khaled Wael Sabre Abdelha | 17 | SMOHA | 24.08 |
| 9 | Yousif Mohamed Soliman C | 19 | SMOHA | 24.10 |
| 10 | Ahmed Ayman Ali Mohame | 19 | SHAMS | 24.14 |

Heat 94 of 94 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Zeiad Ahmed Abdelazim At | 22 | MAADI | 23.82 |
| 2 | Mahmoud El Walid Abd El | 18 | MAADI | 23.68 |
| 3 | Seif Mohamed Mehrez | 23 | ZOHUR | 23.39 |
| 4 | Abdel Rahman Mohamed A | 26 | AHLY | 23.33 |
| 5 | Omar Mohamed Taha Radw | 24 | SMOHA | 22.81 |
| 6 | Mostafa Mohamed Al Tahar | 24 | DEGLA | 23.09 |
| 7 | Ahmed Mohamed El Tatawy | 19 | Sporting | 23.33 |
| 8 | Sherif Yaser Ali Meaabed | 21 | 6 OCT | 23.55 |
| 9 | Mohab El Din Fathy | 23 | Sporting | 23.82 |
| 10 | Seif Tarek Mohamed Raslan | 24 | ZMALK | 23.82 |

Event 23 Women 15 & Over 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|---------------------------|-----|------------------|-----------|
| Heat 1 of 16 Finals | | | | |
| 1 | Nada Sameh Elsayed | 15 | GHABA | NT |
| 2 | Rewan Sherief Zayan | 19 | Olympic | NT |
| 3 | Khadija Mohamed | 15 | Sporting | NT |
| 4 | Renad Wled Fathy | 17 | TRSAN | NT |
| 5 | Karen Samir Fawzy | 17 | Marina Sporting | NT |
| 6 | Sara Ahmed Eissa | 16 | MAADI | NT |
| 7 | Basmala Othman Alsayed | 16 | Marina Sporting | NT |
| 8 | Jana Mohamed Mohsen Nas | 16 | Stad Mansoura | NT |
| 9 | Marim Hatem Mohamed All | 17 | ZMALK | NT |
| 10 | Goudy Sherif Fawzy | 17 | HADAK | NT |
| Heat 2 of 16 Finals | | | | |
| 1 | Aan Nader Nabil | 16 | Qaroun | NT |
| 2 | Salma Hisham Abdalaa | 15 | ZMALK | NT |
| 3 | Habiba Mohamed Abd el Ne | 16 | DEGLA | NT |
| 4 | Mariam Shamrokh | 15 | REHAB | NT |
| 5 | Malak Mohamed el Bahr | 16 | Sporting | NT |
| 6 | Mariam Yasser Maoud | 18 | A S E C | NT |
| 7 | Donia Ebrahim Ebid | 19 | Sporting | NT |
| 8 | Asia ali Mostafa Ahmed | 15 | Marina Sporting | NT |
| 9 | Jana amr Farok | 16 | BNK.G | NT |
| 10 | Rokaya Khalid El Masry | 19 | Sporting | NT |
| Heat 3 of 16 Finals | | | | |
| 1 | Nadeen Wassem Mahmoud | 15 | TALBE | NT |
| 2 | Remas Amr El Said Badwy | 15 | Police Club | NT |
| 3 | Hoda Mohammed Said Adel | 18 | SHOOT | NT |
| 4 | Nour Kareem Mohamed | 15 | el Shark Club | NT |
| 5 | Lamar Sherif Saleh Mahmoi | 15 | DEGLA | 1:47.12 |
| 6 | Marim Zaky | 19 | Sporting | 1:50.85 |
| 7 | Zaina Ahmed Mohamed Mo | 15 | Olympic | NT |
| 8 | Naghham Waleed Mohamed I | 16 | Olympic | NT |
| 9 | Habiba Moustafa Refaat | 17 | SMASH | NT |
| 10 | Malk Ibrahim Mohamed | 15 | Damnhor Sport | NT |
| Heat 4 of 16 Finals | | | | |
| 1 | Alia Alaa-Eldeen Mohamed | 15 | ElGezira Youth | 1:44.90 |
| 2 | Maleka Ahmad Zakarya | 15 | HELOP | 1:44.14 |
| 3 | Rana Mohamed Ramdan Ah | 17 | Olympic | 1:40.85 |
| 4 | Nour Yasser Gamal | 15 | Elethead | 1:40.53 |
| 5 | Mariam Yossef Salam | 15 | A S E C | 1:40.34 |
| 6 | Sagda Mohamed Salah | 16 | Elethead | 1:40.49 |
| 7 | Dana Mahmoud Aref Tawfe | 15 | Olympic Champion | 1:40.75 |
| 8 | Sondos Mohamed Salah El I | 16 | Elethead | 1:41.45 |
| 9 | Fatma Sameh Mohamed El I | 15 | Olympic Champion | 1:44.27 |
| 10 | Rawan Ahmed AbdElwahab | 19 | SMOHA | 1:46.04 |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 5 Finals (#23 Women 15 & Over 100 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Nataly Gorge Atif Tawfik | 16 | DEGLA | 1:40.32 | _____ |
| 2 | Gana Karim Ahmed | 15 | Wave | 1:40.08 | _____ |
| 3 | Habiba Mohamed Mahmoud | 15 | A S E C | 1:38.18 | _____ |
| 4 | Habeba Waled Mahmud Shr | 16 | SMOHA | 1:37.63 | _____ |
| 5 | Salma Sherief Mohamed M | 16 | Olympic | 1:37.36 | _____ |
| 6 | Joudy Wael Saad Fayed | 15 | Elethead | 1:37.39 | _____ |
| 7 | Jana Ayman Goda Ibrahim | 15 | MRAC | 1:37.77 | _____ |
| 8 | Shahira Abaza | 15 | Sporting | 1:38.22 | _____ |
| 9 | Kenzy Hany Zaky | 19 | Olympic | 1:40.31 | _____ |
| 10 | Malak Tarek Elsaied | 15 | Wave | 1:40.33 | _____ |

Heat 6 of 16 Finals

| | | | | | |
|----|----------------------------|----|------------------|---------|-------|
| 1 | Sireen Hatem Rashad | 15 | Police Club | 1:36.53 | _____ |
| 2 | Laila Ahmed EL Sadek | 15 | HELOP | 1:35.66 | _____ |
| 3 | Habiba Mohamed AL Said | 17 | RWAD | 1:33.98 | _____ |
| 4 | Jowayreya Mohamed Saad I | 18 | Olympic | 1:33.78 | _____ |
| 5 | Haya Hazem Abdelrahamn | 19 | SHAMS | 1:33.52 | _____ |
| 6 | Dema Mohamed Mohamed | 15 | Olympic Champion | 1:33.62 | _____ |
| 7 | Gana Shawky Heslen | 15 | DEGLA | 1:33.98 | _____ |
| 8 | Login Reda Mahmoud | 15 | Elethead | 1:35.12 | _____ |
| 9 | Hania Mohamed Ibrahim | 17 | ENPPI | 1:35.97 | _____ |
| 10 | Swlaf Samer Abdalla Sharar | 18 | Y.M.C.A | 1:37.10 | _____ |

Heat 7 of 16 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Hanen Aadelf Hossien | 19 | TALBE | 1:33.27 | _____ |
| 2 | Hala Yasser Mohamed | 18 | HADAK | 1:33.19 | _____ |
| 3 | Menna Mohamed Ahmed | 16 | SENZO | 1:33.05 | _____ |
| 4 | Rodayna Sherif Ryad | 17 | TRSAN | 1:32.96 | _____ |
| 5 | Hana Ahmed Helal | 16 | ENPPI | 1:31.90 | _____ |
| 6 | Gody Mohamed Ali Abdeln | 15 | Bank Ahly Alex | 1:32.14 | _____ |
| 7 | Zeina Wael Abdel Aziz | 15 | SHOOT | 1:33.02 | _____ |
| 8 | Asil Esmail Ibrahim | 15 | Wave | 1:33.09 | _____ |
| 9 | Malak Mohamed Fakray | 15 | TALBE | 1:33.23 | _____ |
| 10 | Salma Islam Mahmoud Nab | 15 | Elethead | 1:33.31 | _____ |

Heat 8 of 16 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Hana Nasser El Safty | 17 | SHOOT | 1:31.55 | _____ |
| 2 | Renad Mohamed Rafek Far | 16 | Bank Ahly Alex | 1:31.10 | _____ |
| 3 | Joudy Mohamed Saied | 16 | ZOHUR | 1:30.59 | _____ |
| 4 | Lojin Taha Mohamed Taha | 15 | A S E C | 1:30.20 | _____ |
| 5 | Farah Okasha Mohamed | 18 | HLWAN | 1:29.57 | _____ |
| 6 | Aseel Ousama Abdelsalam | 15 | Damnhor Sport | 1:29.96 | _____ |
| 7 | Rawda Ashrif Ramdan | 19 | MAY15 | 1:30.37 | _____ |
| 8 | Ganna Mohamed Mahmoud | 18 | AHLY | 1:30.72 | _____ |
| 9 | Jasmin Ahmed Kenawi | 15 | Damnhor Sport | 1:31.45 | _____ |
| 10 | Ahbab Hossameldin Ahmed | 15 | Olympic | 1:31.58 | _____ |

Heat 9 of 16 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Gody Hisham Mahmoud | 15 | Mshooting | 1:29.39 | _____ |
| 2 | Ransy ElSayed Ali | 15 | DEGLA | 1:29.08 | _____ |
| 3 | Jana Ashraf Mohamed Gabe | 18 | Olympic | 1:28.75 | _____ |
| 4 | Toka Ayman Ebrahim Eldsc | 16 | SMOHA | 1:28.38 | _____ |
| 5 | Sondos Hossam Eldin Mahr | 15 | TRSAN | 1:27.85 | _____ |
| 6 | Shrouk Mohamed Rashad M | 16 | Olympic | 1:28.04 | _____ |
| 7 | Karma Ihab Ali | 16 | DEGLA | 1:28.55 | _____ |
| 8 | Karma Mohamed Elwakiel | 17 | SMOHA | 1:28.87 | _____ |
| 9 | Julia Ramez Goreg | 15 | SHAMS | 1:29.39 | _____ |
| 10 | Farida Ahmed Fouad | 18 | DEGLA | 1:29.51 | _____ |

Heat 10 of 16 Finals

| | | | | | |
|----|---------------------------|----|--------------|---------|-------|
| 1 | Marwa Mohamed Hanfy | 18 | Y.M.C.A | 1:27.36 | _____ |
| 2 | Maryam Ayman Mohamed / | 15 | Elethead | 1:27.04 | _____ |
| 3 | Fareda Farouk Farouk | 15 | SHRKS | 1:26.81 | _____ |
| 4 | Malak Mohamed Fayek Elsc | 17 | SMOHA | 1:26.68 | _____ |
| 5 | Jana Hany Mohamed Ewies | 15 | 6 OCT | 1:26.52 | _____ |
| 6 | Salma Saed Elsamadony | 16 | TANTA | 1:26.68 | _____ |
| 7 | Jomana Mahmud Hatem | 15 | Pegasus Club | 1:26.71 | _____ |
| 8 | Tala Feras Mostafa Mohreb | 15 | SMOHA | 1:26.94 | _____ |
| 9 | Sara Elhamy Foad Abd El S | 19 | MAADI | 1:27.19 | _____ |
| 10 | Yossra Mostafa Kamel | 17 | Elethead | 1:27.45 | _____ |

Heat 11 of 16 Finals

| | | | | | |
|----|----------------------------|----|-----------|---------|-------|
| 1 | Kholoud Abdelfatah Ali Abc | 18 | SMOHA | 1:26.06 | _____ |
| 2 | Lilly Mohamed abd el Aziz | 15 | Nasr City | 1:25.75 | _____ |
| 3 | Hana Mohamed Youssef Mc | 18 | SMOHA | 1:25.60 | _____ |
| 4 | Kinzy Yahia Mohamed Sam | 16 | ENPPI | 1:25.25 | _____ |
| 5 | Laila Mohamed Fathy | 17 | SHOOT | 1:25.08 | _____ |
| 6 | Lemar Samer Elsaied Anwa | 16 | SMOHA | 1:25.17 | _____ |
| 7 | Mariam Amr Mohamed You | 19 | DEGLA | 1:25.58 | _____ |
| 8 | Joner Ehab Ltif | 15 | Y.M.C.A | 1:25.65 | _____ |
| 9 | Malak Mohamed Abdelmon | 18 | DEGLA | 1:25.90 | _____ |
| 10 | Goumana Wael Hosny | 17 | AHLY | 1:26.50 | _____ |

Heat 12 of 16 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Malak Amr | 15 | SHOOT | 1:24.72 | _____ |
| 2 | Jana Mohamed Abd Elkarie | 16 | 6 OCT | 1:24.60 | _____ |
| 3 | Noha Alaa Abd Elhlim | 20 | ZOHUR | 1:24.32 | _____ |
| 4 | Sarah Karim Mohamed Galk | 18 | SMOHA | 1:23.98 | _____ |
| 5 | Karma Ahmed Nabil | 20 | SHOOT | 1:23.57 | _____ |
| 6 | Lorian Hany | 16 | Sporting | 1:23.90 | _____ |
| 7 | Mariam Hatem Anwar EL S | 17 | SHOOT | 1:24.05 | _____ |
| 8 | Yara Hassan Fathy | 17 | TWFIK | 1:24.35 | _____ |
| 9 | Karma Ayman Abou Amera | 17 | Sporting | 1:24.65 | _____ |
| 10 | Shahd Ahmed Safwat | 18 | Cairo | 1:24.90 | _____ |

Heat 13 of 16 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Goudy Ahmed Samir | 16 | el Shark Club | 1:23.13 | _____ |
| 2 | Nour Mohamed aly el Sobky | 17 | DEGLA | 1:22.59 | _____ |
| 3 | Malak Yasser Elsayed | 15 | A S E C | 1:22.27 | _____ |
| 4 | Hana Mohamed El Sayed | 16 | A S E C | 1:22.10 | _____ |
| 5 | Sandra Medhat Mohamed | 19 | AHLY | 1:21.66 | _____ |
| 6 | Yomna Gomaa Ali Abdo | 15 | Bank Ahly Alex | 1:21.84 | _____ |
| 7 | Lamar Maged Abdel Gawad | 17 | DEGLA | 1:22.14 | _____ |
| 8 | Rawan Wael | 19 | AHLY | 1:22.49 | _____ |
| 9 | Laila Ossama | 15 | Sporting | 1:23.10 | _____ |
| 10 | Masa Mostafa abd Elghany | 16 | TANTA | 1:23.53 | _____ |

Heat 14 of 16 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Jana Sherif Mohamed Moha | 15 | 6 OCT | 1:21.08 | _____ |
| 2 | Mariam Walid Sayed | 16 | DEGLA | 1:20.92 | _____ |
| 3 | Nadine Ayman Hussein | 19 | HADAK | 1:20.54 | _____ |
| 4 | Mariam Mohamed Soliman | 17 | DEGLA | 1:19.94 | _____ |
| 5 | Kenzy Maged Abdel Gawad | 15 | DEGLA | 1:19.76 | _____ |
| 6 | Gana Mohamed Ahmed Sak | 19 | GHABA | 1:19.91 | _____ |
| 7 | Maya Ahmed Ragheb | 17 | Sporting | 1:20.40 | _____ |
| 8 | Salma Waleed Raslan | 16 | Al Hawar | 1:20.67 | _____ |
| 9 | Malak Ali Atia | 17 | SMOHA | 1:20.96 | _____ |
| 10 | Rodaina Mohamed Ahmed | 15 | DEGLA | 1:21.12 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 15 Finals (#23 Women 15 & Over 100 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Roqaya Saad Mohamed | 16 | ZMALK | 1:19.11 | _____ |
| 2 | Nada Hesham Medhat | 15 | AHLY | 1:18.72 | _____ |
| 3 | Shahd Mohamed Ismael | 19 | SMOHA | 1:18.52 | _____ |
| 4 | Goudy Abdelhalem Fathala | 19 | Bank Ahly Alex | 1:17.26 | _____ |
| 5 | Gana Nasr El Din Ali | 20 | Sporting | 1:17.01 | _____ |
| 6 | Mariam Mohamed Emad Fa | 19 | MAADI | 1:17.05 | _____ |
| 7 | Yara Sherif Mohamed | 15 | DEGLA | 1:18.17 | _____ |
| 8 | Bassant Gamil Barakat | 17 | AHLY | 1:18.65 | _____ |
| 9 | Lara Amr Mahmoud Alsokk | 16 | 6 OCT | 1:18.94 | _____ |
| 10 | Kanzy Hesham Rashad | 21 | SHOOT | 1:19.42 | _____ |

Heat 16 of 16 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Mariam Mahmoud Ahmed | 15 | DEGLA | 1:16.71 | _____ |
| 2 | Mariam Ahmed Abdel Hahn | 16 | AHLY | 1:16.12 | _____ |
| 3 | Zeina Mohamed Darwish | 15 | SMOHA | 1:15.69 | _____ |
| 4 | Rewida Hisham Tolba Ibrah | 29 | AHLY | 1:14.29 | _____ |
| 5 | Janat Kareem Mohamed | 16 | SHROK | 1:13.16 | _____ |
| 6 | Nadine Mohamed Amin | 18 | AHLY | 1:13.28 | _____ |
| 7 | Julie Akram Ahmed | 18 | AHLY | 1:15.16 | _____ |
| 8 | Hedy Amr Moustafa Hamou | 25 | HELOP | 1:15.88 | _____ |
| 9 | Dana Rafik El Saady | 16 | DEGLA | 1:16.66 | _____ |
| 10 | Mariam Mohamed Ahmed k | 18 | SMOHA | 1:16.93 | _____ |

Event 24 Men 15 & Over 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 14 Finals

| | | | | | |
|---|----------------------------|----|---------------|----|-------|
| 2 | Moamen Sedke Nawar | 15 | Damnhor Sport | NT | _____ |
| 3 | Yasin Hatem Sery | 20 | HELOP | NT | _____ |
| 4 | Ibrahim Yasser Farahat Abd | 18 | MAADI | NT | _____ |
| 5 | Karim Gamal Abd Elsalam | 17 | SHOOT | NT | _____ |
| 6 | Mohaned LiwaaEldin Ali | 19 | SMOHA | NT | _____ |
| 7 | Zeyad Mohamed Hedaya | 16 | M.S Tagamoa | NT | _____ |
| 8 | Sief El Din Mohamed Mosli | 18 | Sporting | NT | _____ |

Heat 2 of 14 Finals

| | | | | | |
|----|-------------------------|----|-----------------|----|-------|
| 1 | Mohamed Amr Elsayed Abc | 16 | Olympic | NT | _____ |
| 2 | Abd ElAziz Hamdy Abd El | 15 | ElGezira Youth | NT | _____ |
| 3 | Marwan Ahmed Elsayed Ah | 16 | Olympic | NT | _____ |
| 4 | Nour Ayman | 16 | GHARB | NT | _____ |
| 5 | Ahmed Karem Mohamed N. | 15 | Al Hawar | NT | _____ |
| 6 | Abdel Rahman Mohamed A | 22 | AHLY | NT | _____ |
| 7 | Ammar Yasser Farahat | 15 | MAADI | NT | _____ |
| 8 | Khaled Eeed Thabet | 15 | Luxor Club | NT | _____ |
| 9 | Ahmed Mohamed Rashed G | 16 | A S E C | NT | _____ |
| 10 | Mohmed Mahmoud Khalil | 17 | Marina Sporting | NT | _____ |

Heat 3 of 14 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Yassin Abdelmegeed Moham | 16 | GHABA | NT | _____ |
| 2 | Yassien Yaser Atef | 18 | MRAC | NT | _____ |
| 3 | Youssef Amr Abdelhamid | 18 | Qaroun | NT | _____ |
| 4 | Omar Mohamed Mostafa | 16 | El Obour | NT | _____ |
| 5 | Moamen Walid Monir Hass | 17 | GHABA | NT | _____ |
| 6 | Adham Khaled Abdelkader | 17 | Bank Ahly Alex | NT | _____ |
| 7 | Badr Mohamed Badr | 15 | Minia Sport Clup | NT | _____ |
| 8 | George Josef Nashat | 15 | GHARB | NT | _____ |
| 9 | Omar Abdalla Ibrahim | 17 | Sporting | NT | _____ |
| 10 | Saif Ahmed Samir Abdo | 16 | 6 OCT | NT | _____ |

Heat 4 of 14 Finals

| | | | | | |
|----|-------------------------|----|---------------|---------|-------|
| 1 | Sief Mohamed Elgnagy | 16 | Damnhor Sport | NT | _____ |
| 2 | Youssef Eslam Elrayes | 15 | Y.M.C.A | 5:56.64 | _____ |
| 3 | Omar Ahmed Ebrahim | 15 | Wave | 5:47.39 | _____ |
| 4 | Aly Mohamed Magdy | 15 | A S E C | 5:41.24 | _____ |
| 5 | Mohamed Hisham Samy | 15 | Sporting | 5:40.40 | _____ |
| 6 | Ahmed amr Mahmoud | 16 | ZMALK | 5:40.92 | _____ |
| 7 | Ali Abdelrhman Ali | 15 | Elethad | 5:45.09 | _____ |
| 8 | Omar Hossam abd Elmonen | 15 | TRSAN | 5:47.54 | _____ |
| 9 | Mohamed Kamal Abdelkade | 15 | ZMALK | 7:03.03 | _____ |
| 10 | Omar Ahmed Emad | 16 | SHOOT | NT | _____ |

Heat 5 of 14 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Belal Kariem Ahmed | 15 | SHAMS | 5:39.53 | _____ |
| 2 | Adam Tarek Adel EL Ghazo | 16 | HELOP | 5:36.77 | _____ |
| 3 | Saged Emad Roushdy | 15 | SMOHA | 5:29.58 | _____ |
| 4 | Moamen Mahmoud Ali | 16 | GHABA | 5:27.30 | _____ |
| 5 | aly Hussien Mohamed Huse | 16 | ZMALK | 5:25.37 | _____ |
| 6 | Omar Mohamed Abdelhafez | 18 | Mansheit Naser | 5:26.03 | _____ |
| 7 | Zein Tallal | 15 | Sporting | 5:27.65 | _____ |
| 8 | Adam Hatem Mohamed Mo | 15 | ZMALK | 5:33.49 | _____ |
| 9 | Ali Ahmed Mostfa Abdelaz | 15 | Bank Ahly Alex | 5:38.90 | _____ |
| 10 | Ali Ahmed Soliman Ali | 19 | RWAD | 5:39.58 | _____ |

Heat 6 of 14 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Omar Mohamedm Hamza C | 19 | BNK.G | 5:24.68 | _____ |
| 2 | Yasin Omar Ahmed Hessin | 16 | 6 OCT | 5:23.34 | _____ |
| 3 | Omar Haytham Mohamed E | 15 | Gezira El Ward | 5:21.04 | _____ |
| 4 | Fares Nabih Elsayed Nabih | 15 | Stad Mansoura | 5:20.85 | _____ |
| 5 | Mohamed Ahmed Abdelhfez | 15 | TANTA | 5:20.82 | _____ |
| 6 | Aly Ahmed Khaled | 15 | DEGLA | 5:20.83 | _____ |
| 7 | Zeyad Ali Kassem Elsaed | 16 | Bank Ahly Alex | 5:20.87 | _____ |
| 8 | Abdelrahman Tark Moustafa | 15 | Bitash | 5:22.74 | _____ |
| 9 | Ahmed Abdel Rrhim | 15 | ZOHUR | 5:23.42 | _____ |
| 10 | Ziad Rafik Mahmoud | 16 | Stad Mansoura | 5:24.98 | _____ |

Heat 7 of 14 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Ahmed Waled Ibrahim | 17 | TALBE | 5:19.85 | _____ |
| 2 | Ziad Ayman Mamon | 16 | Cairo | 5:19.60 | _____ |
| 3 | Tomas SamuaeI Mounir | 18 | GHABA | 5:18.66 | _____ |
| 4 | Mohamed Ahmed Ghazala | 15 | Damnhor Sport | 5:17.61 | _____ |
| 5 | Adam Sameh Mohamed Ka | 15 | Bank Ahly Alex | 5:17.41 | _____ |
| 6 | Mohamed Ibrahim Zakreya | 16 | A S E C | 5:17.60 | _____ |
| 7 | Eyad Alaa El Kholy | 17 | DEGLA | 5:18.02 | _____ |
| 8 | Mohamed Amr Mousa | 15 | DEGLA | 5:19.02 | _____ |
| 9 | Foaad Mohamed Foaad | 18 | TALBE | 5:19.73 | _____ |
| 10 | Mahmoud Mohamed Ahmex | 15 | SHOOT | 5:20.31 | _____ |

Heat 8 of 14 Finals

| | | | | | |
|----|-----------------------------|----|------------------|---------|-------|
| 1 | Zeyad Essam | 20 | Baladyat El Maha | 5:15.91 | _____ |
| 2 | Hatem el Ameer Salah el dir | 16 | Al Hawar | 5:14.52 | _____ |
| 3 | Amr Faisal Mohamed | 15 | DEGLA | 5:13.32 | _____ |
| 4 | Yasien Hytham FayeZ | 17 | Cairo | 5:13.25 | _____ |
| 5 | Mahmoud Haitham Mahmo | 16 | GHABA | 5:12.27 | _____ |
| 6 | Mahmoud Elmetwaly Moha | 15 | Gezira El Ward | 5:12.65 | _____ |
| 7 | Hazem Ahmed Hamdy | 15 | HADAK | 5:13.26 | _____ |
| 8 | Youseef Islam | 15 | Sporting | 5:14.38 | _____ |
| 9 | Abd ElRahman Mohamed S | 17 | SHAMS | 5:14.93 | _____ |
| 10 | Eyad Tamer Abdelazeez | 15 | Zahraa Helwan | 5:17.39 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 9 Finals (#24 Men 15 & Over 400 LC Meter IM)

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Yassein Ramy Alam El Din | 17 | DEGLA | 5:11.54 | _____ |
| 2 | Ahmad Ehab Ebrahim Abde | 16 | SMOHA | 5:11.44 | _____ |
| 3 | Mohamed Afifi Mohamed | 16 | DEGLA | 5:10.49 | _____ |
| 4 | Zein el den Tamer Mohamec | 16 | HELOP | 5:09.59 | _____ |
| 5 | Ahmad Nabil Ahmad | 15 | HADAK | 5:09.40 | _____ |
| 6 | Selim Moh. Foad Hamdy | 16 | GEZIR | 5:09.43 | _____ |
| 7 | Mohamed Mostafa Mohame | 20 | DEGLA | 5:09.91 | _____ |
| 8 | Yousf Aymn Ebrahim Ahme | 19 | 6 OCT | 5:11.42 | _____ |
| 9 | Omar Gawad Mohamed | 18 | Cairo | 5:11.50 | _____ |
| 10 | Aly Mahmud Ez el den | 16 | HELOP | 5:12.08 | _____ |

Heat 10 of 14 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Anwar Ayman Mohamed M | 16 | Olympic | 5:08.18 | _____ |
| 2 | Karim Sameh Karim | 16 | TRSAN | 5:06.40 | _____ |
| 3 | Abdelrahman Ashraf Mohse | 22 | Gezira El Ward | 5:05.80 | _____ |
| 4 | Ahmed Maged Ghoureib | 16 | DEGLA | 5:05.01 | _____ |
| 5 | Ahmed Hassan Ahmed Hass | 18 | DEGLA | 5:04.79 | _____ |
| 6 | Hamza Ahmed Morsi Morsi | 18 | 6 OCT | 5:04.85 | _____ |
| 7 | Eyad Mohamed Shokry Mol | 16 | 6 OCT | 5:05.46 | _____ |
| 8 | Mazen Ahmed Elsaïd Ahme | 15 | Bank Ahly Alex | 5:06.16 | _____ |
| 9 | ali Ahmed Mohamed Ismail | 17 | DEGLA | 5:07.12 | _____ |
| 10 | Mazen Mohamed Mohamad | 17 | NASR | 5:09.24 | _____ |

Heat 11 of 14 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Youssef Yasser Farouk Hass | 16 | Sporting | 5:03.89 | _____ |
| 2 | Yosef Ahm. Ebrahim Hebes | 18 | GEZIR | 5:02.20 | _____ |
| 3 | Adham Ahmed Mohamed | 16 | SHOOT | 5:01.59 | _____ |
| 4 | Nour Eldin AlaaEldin Abdal | 18 | 6 OCT | 4:59.62 | _____ |
| 5 | Youssef Ehab Mostafa | 19 | AHLY | 4:58.69 | _____ |
| 6 | Mohamed Ayman Mohamed | 15 | Bank Ahly Alex | 4:58.83 | _____ |
| 7 | Hamza Said | 15 | Sporting | 5:00.52 | _____ |
| 8 | Omar Mohamed Yehia | 17 | DEGLA | 5:01.70 | _____ |
| 9 | Moamen Amr Mohamad Ha | 16 | SMOHA | 5:03.87 | _____ |
| 10 | Ahmed Khaled Farouk Fade | 16 | 6 OCT | 5:04.74 | _____ |

Heat 12 of 14 Finals

| | | | | | |
|----|-------------------------|----|-----------|---------|-------|
| 1 | Omar Mohsen Ramdan Abd | 19 | SMOHA | 4:57.74 | _____ |
| 2 | Moustafa Essam Wahba | 17 | Sporting | 4:57.24 | _____ |
| 3 | Yasen Mohamed Nabil | 15 | HELOP | 4:56.32 | _____ |
| 4 | Youssef Abdel Aziz Alaa | 18 | DEGLA | 4:55.80 | _____ |
| 5 | Zeïad Hamdy Amin Ossmar | 21 | ZMALK | 4:54.73 | _____ |
| 6 | Adham Amr Mahmoud | 15 | MAADI | 4:55.62 | _____ |
| 7 | Eyad Mohsen Isamil ali | 17 | SHAMS | 4:55.91 | _____ |
| 8 | Yassin Yasser Hassan | 17 | SMOHA | 4:57.24 | _____ |
| 9 | Yassin Ahmed m Adel | 15 | El Temsah | 4:57.62 | _____ |
| 10 | Hamza Moahmed Mhmoud | 17 | SMOHA | 4:58.57 | _____ |

Heat 13 of 14 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Mohammed Magdy Hassan | 16 | El Temsah | 4:54.38 | _____ |
| 2 | Khaled Hesham Ahmed | 17 | Elethad | 4:53.75 | _____ |
| 3 | Kareem Ahmed Ibrahim | 18 | Sporting | 4:50.71 | _____ |
| 4 | Omar Ahmed Mohamed Ibr | 15 | SMOHA | 4:50.51 | _____ |
| 5 | Yassin Esam El Din | 20 | Sporting | 4:48.81 | _____ |
| 6 | Youssef Amr Sayed | 18 | DEGLA | 4:48.83 | _____ |
| 7 | Karim Tamer Rizk | 15 | AHLY | 4:50.54 | _____ |
| 8 | Seif Amr Mahmoud Alsokry | 18 | 6 OCT | 4:50.85 | _____ |
| 9 | Malek Mohamed Bazan | 17 | MAADI | 4:53.87 | _____ |
| 10 | Sohayb Nabel Abdelsalm Z | 17 | Bank Ahly Alex | 4:54.59 | _____ |

Heat 14 of 14 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Saïed Mohamed Abd Elgaw | 21 | Sporting | 4:46.86 | _____ |
| 2 | Abd El Rahman Hisham Fat | 18 | Sporting | 4:44.27 | _____ |
| 3 | Yassen Mohamed Abdelgwa | 18 | FAROS | 4:39.97 | _____ |
| 4 | Yousef Adel Ramadan | 19 | SHAMS | 4:35.67 | _____ |
| 5 | Karem Magdy Ismail | 24 | Sporting | 4:34.17 | _____ |
| 6 | Ahmed Mohamed Ahmed al | 18 | SHOOT | 4:35.54 | _____ |
| 7 | Moahmed Ahmed Salem Ha | 17 | SMOHA | 4:37.52 | _____ |
| 8 | Omar Mohamed Hassan | 16 | AHLY | 4:40.91 | _____ |
| 9 | Karim Magid Abdelglil | 17 | ZMALK | 4:44.90 | _____ |
| 10 | Farouk Mohamad Elgedely | 17 | SMOHA | 4:47.39 | _____ |

Event 25 Women 15 & Over 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 11 Finals

| | | | | | |
|---|--------------------------|----|---------------|----|-------|
| 3 | Salma Mohamed Ibrahim Al | 15 | Stad Mansoura | NT | _____ |
| 4 | Rodaina Khaled Mahmoud | 15 | HELOP | NT | _____ |
| 5 | Jana Ahmed Saïed | 17 | Cairo | NT | _____ |
| 6 | Jannah Mohamed Farouk | 19 | Sporting | NT | _____ |
| 7 | Alya Ehab Abdel Moneam | 17 | AHLY | NT | _____ |

Heat 2 of 11 Finals

| | | | | | |
|----|-------------------------|----|-----------------|----|-------|
| 1 | Reem Mohamed Omar Abd | 15 | El Obour | NT | _____ |
| 2 | Malak Mohamed el Bahr | 16 | Sporting | NT | _____ |
| 3 | Reem Mostafa Mohamed | 16 | A S E C | NT | _____ |
| 4 | Rahf Ahmed Mohamed | 15 | AHLY | NT | _____ |
| 5 | Malak Mohamed abd Elhad | 15 | TALBE | NT | _____ |
| 6 | Tala Tarekf el Kafrawe | 18 | HELOP | NT | _____ |
| 7 | Asia ali Mostafa Ahmed | 15 | Marina Sporting | NT | _____ |
| 8 | Malak Mohamed Mahmoud | 15 | Stad Mansoura | NT | _____ |
| 9 | Rawan Mamdouh Mohamec | 15 | Kharaya Ms | NT | _____ |
| 10 | Sara Mohamed Hassan | 23 | AHLY | NT | _____ |

Heat 3 of 11 Finals

| | | | | | |
|----|----------------------------|----|---------------|----------|-------|
| 1 | Kenzy Ahmed Saad ali | 17 | DEGLA | NT | _____ |
| 2 | Esraa Yahia Zakaria Towfik | 16 | 6 OCT | 11:31.00 | _____ |
| 3 | Aysel Sameh Mahmoud | 16 | ZOHUR | 11:19.90 | _____ |
| 4 | Jana Amr Zoalfakar | 15 | SMOHA | 11:10.04 | _____ |
| 5 | Farida Haitham Nabil Ali Z | 18 | SMOHA | 10:54.71 | _____ |
| 6 | Hana Ali Zain Alabdeen | 15 | Police Club | 11:02.48 | _____ |
| 7 | Mariam Ahmed Hassan | 17 | ZOHUR | 11:18.49 | _____ |
| 8 | Salwa Tamer Awaad | 15 | TALBE | 11:26.89 | _____ |
| 9 | Aisha Ahmed AbdElmagid | 18 | Sporting | NT | _____ |
| 10 | Maryam Ahmed Mohammed | 15 | Zahraa Helwan | NT | _____ |

Heat 4 of 11 Finals

| | | | | | |
|----|--------------------------|----|---------|----------|-------|
| 1 | Tamara Mohamed Abd Elka | 15 | HELOP | 10:52.57 | _____ |
| 2 | Zeina amr Mohammed | 16 | TALBE | 10:47.93 | _____ |
| 3 | Zaina Haitham Mohamed | 15 | SHOOT | 10:41.81 | _____ |
| 4 | Hana Tamer Ibrahim | 16 | Elethad | 10:39.08 | _____ |
| 5 | Hana Nasser El Safty | 17 | SHOOT | 10:38.86 | _____ |
| 6 | Yassmin Khaled Kaml ElSa | 17 | SHAMS | 10:39.03 | _____ |
| 7 | Nour Elsabah Ahmed Amer | 18 | AHLY | 10:41.11 | _____ |
| 8 | Zeina Eslam Fayez | 15 | SHOOT | 10:42.20 | _____ |
| 9 | Nadin Atef Mohamed | 19 | AHLY | 10:50.88 | _____ |
| 10 | Sama Tarek Raslan | 19 | TANTA | 10:53.81 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 5 Finals (#25 Women 15 & Over 800 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|----------------|----------|-------|
| 1 | Mariam Yasser Mohamed SI | 17 | AHLY | 10:35.41 | _____ |
| 2 | Hoda Goma Sobhy Mohame | 15 | SHAMS | 10:34.43 | _____ |
| 3 | Ashraqt Hisham Ibrahim | 15 | ZMALK | 10:33.29 | _____ |
| 4 | Hana Mohamed Ibrahim | 15 | Pegasus Club | 10:32.14 | _____ |
| 5 | Rodaina Ayman Mohamed | 17 | AHLY | 10:28.94 | _____ |
| 6 | Basmalah Gomaa Ali | 19 | Bank Ahly Alex | 10:29.97 | _____ |
| 7 | Marim Ahmad Samier | 15 | TALBE | 10:32.65 | _____ |
| 8 | Malak Mohamed Hassan | 16 | ZMALK | 10:33.59 | _____ |
| 9 | Donia Motaz Mohamed abd | 17 | MRAC | 10:35.32 | _____ |
| 10 | Rawda Faysal Elasherif | 19 | AHLY | 10:37.57 | _____ |

Heat 6 of 11 Finals

| | | | | | |
|----|--------------------------|----|----------------|----------|-------|
| 1 | Salma Atef Fayek Abdo | 17 | DEGLA | 10:28.28 | _____ |
| 2 | Jana Khaled El Sayed | 16 | DEGLA | 10:26.42 | _____ |
| 3 | Malak Youssef Abdelrahma | 15 | SMOHA | 10:25.65 | _____ |
| 4 | Basmala Ramdan Mostafa M | 17 | Bank Ahly Alex | 10:22.95 | _____ |
| 5 | Hana Mohamed Asharaf Ma | 16 | SHAMS | 10:20.85 | _____ |
| 6 | Mariam Ahmed Ghatas | 19 | SHOBR | 10:21.67 | _____ |
| 7 | Rokia Mohamed Abdelrahm | 16 | OLMPA | 10:25.28 | _____ |
| 8 | Dima Khaled Mohamed | 16 | DEGLA | 10:26.09 | _____ |
| 9 | Farah Ahmed Sadelden Rag | 18 | 6 OCT | 10:28.07 | _____ |
| 10 | Jana Mohamed Amr | 15 | ZOHUR | 10:28.32 | _____ |

Heat 7 of 11 Finals

| | | | | | |
|----|---------------------------|----|----------|----------|-------|
| 1 | Joudy Mohamed Aly | 19 | Sporting | 10:19.81 | _____ |
| 2 | Yara Ahmad Nageb Ahmad | 16 | SMOHA | 10:17.79 | _____ |
| 3 | Hala Walid Abbas Abdelgav | 16 | Olympic | 10:17.08 | _____ |
| 4 | Farida Amr Tarek Zaied | 16 | ZOHUR | 10:16.50 | _____ |
| 5 | Sandy Ayman Atef | 24 | AHLY | 10:13.62 | _____ |
| 6 | Sara Ahmed Alsaed Abdow | 20 | 6 OCT | 10:14.22 | _____ |
| 7 | Menatalla Morsy | 17 | SMOHA | 10:16.92 | _____ |
| 8 | Gana aly Refaat aly | 17 | ZMALK | 10:17.68 | _____ |
| 9 | Tasneem Mohamed Mahros | 15 | AHLY | 10:19.62 | _____ |
| 10 | Bassant Mohamed Mahros | 18 | AHLY | 10:20.58 | _____ |

Heat 8 of 11 Finals

| | | | | | |
|----|------------------------|----|-------|----------|-------|
| 1 | Jomana Hamdy Ameen | 17 | ZOHUR | 10:11.02 | _____ |
| 2 | Jana Hesham Mohsen | 15 | SMOHA | 10:07.14 | _____ |
| 3 | Mariam Hesham Mohamed | 20 | AHLY | 10:03.58 | _____ |
| 4 | Nour Amgad Ali Fahmy | 17 | SHAMS | 10:01.48 | _____ |
| 5 | Nour Ahmad Mahmud Abde | 16 | SMOHA | 10:00.47 | _____ |
| 6 | Shahd Ahmed Safwat | 18 | Cairo | 10:01.39 | _____ |
| 7 | Logain Ahmed Hamdy | 16 | HADAK | 10:02.28 | _____ |
| 8 | Martena Nasr Atya | 15 | TALBE | 10:06.73 | _____ |
| 9 | Hana Ekhaa Walaa Zaki | 15 | SMOHA | 10:09.75 | _____ |
| 10 | Jana Adel Shaaban | 15 | Wave | 10:11.80 | _____ |

Heat 9 of 11 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Fatema Tamer Ahmed Sayec | 17 | DEGLA | 9:59.09 | _____ |
| 2 | Laila Mohamed Fathy | 17 | SHOOT | 9:58.32 | _____ |
| 3 | Goudy Ibrahim Khaliel Ibr | 15 | SHAMS | 9:57.36 | _____ |
| 4 | Fayrouz Mohamed Hussien | 16 | Pegasus Club | 9:56.60 | _____ |
| 5 | Jannat Safwat Saleh | 16 | ZOHUR | 9:55.24 | _____ |
| 6 | Kenzy Shadi Mohamed Elh | 16 | Stad Mansoura | 9:56.52 | _____ |
| 7 | Gana Noaman Samer | 16 | Al Hawar | 9:57.23 | _____ |
| 8 | Halla Wael Mohamed | 15 | DEGLA | 9:57.89 | _____ |
| 9 | Lara Haitham Mohamed Mc | 15 | MAADI | 9:58.88 | _____ |
| 10 | Taleen Tarik Ahmed | 15 | HADAK | 9:59.60 | _____ |

Heat 10 of 11 Finals

| | | | | | |
|----|---------------------------|----|--------------|---------|-------|
| 1 | Habeba Mohamed Saleh Mf | 17 | 6 OCT | 9:54.92 | _____ |
| 2 | Kenzy Hazem Moneeb | 18 | Cairo | 9:52.81 | _____ |
| 3 | Sara Ayman Abdelmageed Z | 15 | ZOHUR | 9:49.83 | _____ |
| 4 | Roudaina Samy Mohamed | 15 | AHLY | 9:48.31 | _____ |
| 5 | Ayten Ahmed Elmanzalawi | 15 | SHOOT | 9:45.66 | _____ |
| 6 | Doreen Walid Fathy | 18 | TWFIK | 9:46.72 | _____ |
| 7 | Jana Mohamed Ahmed | 20 | DEGLA | 9:49.61 | _____ |
| 8 | Nadine Karim Mansour Sale | 18 | SHOOT | 9:50.19 | _____ |
| 9 | Sumaya Abdullah Muham | 15 | Pegasus Club | 9:53.39 | _____ |
| 10 | Maya Mahmoud Sakr | 15 | SMOHA | 9:55.03 | _____ |

Heat 11 of 11 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Nabila Hassan Ismail | 17 | OLMPA | 9:43.36 | _____ |
| 2 | Shahd Sameh Safouat Shaat | 20 | HELDO | 9:36.06 | _____ |
| 3 | Noran Mohamed Emad Fah | 15 | MAADI | 9:33.38 | _____ |
| 4 | Arwa Faysal Al Sherif | 16 | AHLY | 9:21.04 | _____ |
| 5 | Lamees Amr Mhmoud Elsol | 17 | 6 OCT | 9:07.13 | _____ |
| 6 | Farah Tarek | 18 | AHLY | 9:20.91 | _____ |
| 7 | Sara Mohamed Bhaa | 19 | HELOP | 9:22.32 | _____ |
| 8 | Marim Mohamed Bakr | 16 | TRSAN | 9:33.96 | _____ |
| 9 | Zina Ahmed Medhat | 16 | AHLY | 9:38.74 | _____ |
| 10 | Habiba Mohamed Nashaat A | 16 | HELDO | 9:44.20 | _____ |

Event 26 Men 15 & Over 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 45 Finals

| | | | | | |
|---|--------------------------|----|-------|----|-------|
| 4 | Gasser Mostafa Ali | 16 | SHROK | NT | _____ |
| 5 | Mohmed Mostafa Moktar | 16 | Cairo | NT | _____ |
| 6 | Seif Mohmed Esmail Abode | 15 | TANTA | NT | _____ |
| 7 | Hessien Maher Mahmoud M | 18 | SHAMS | NT | _____ |

Heat 2 of 45 Finals

| | | | | | |
|----|-------------------------|----|------------|----|-------|
| 1 | Moaz Yasser Mohamed | 16 | Luxor Club | NT | _____ |
| 2 | Malek Mohamed Adell | 15 | Elec | NT | _____ |
| 3 | Mohab Hossam Farouk Mol | 16 | Elethead | NT | _____ |
| 4 | Seif Tamer Omran | 21 | DEGLA | NT | _____ |
| 5 | Ahmed Maged Gamal | 15 | DEGLA | NT | _____ |
| 6 | Abdelrhman Fesal Mohame | 15 | A S E C | NT | _____ |
| 7 | Mohanad Ahmed Mohamed | 15 | TRSAN | NT | _____ |
| 8 | Adham Ahmad Mahmud | 18 | SMOHA | NT | _____ |
| 9 | Karim Magdy Mohamed | 15 | ZMALK | NT | _____ |
| 10 | Ali Mohamed Nasseem | 16 | DEGLA | NT | _____ |

Heat 3 of 45 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Abdallah Abdelrahman Man | 15 | Stad Mansoura | NT | _____ |
| 2 | Adham Ahmed Mohamed | 16 | SHOOT | NT | _____ |
| 3 | Marwan Nehad Zakareia | 26 | DEGLA | NT | _____ |
| 4 | Youssef Antar Mostafa | 15 | ENPPI | NT | _____ |
| 5 | Adam Amr Al Daadaa | 17 | Raas El Bar Club | NT | _____ |
| 6 | Abdelrhman Mohamed Ahr | 16 | DEGLA | NT | _____ |
| 7 | Tarek el Shaer | 15 | Sporting | NT | _____ |
| 8 | Seif Mohamed Said | 15 | Minia Sport Clup | NT | _____ |
| 9 | Malek Mohab Taha Moham | 18 | GHARB | NT | _____ |
| 10 | Mohaned Wael Abdo Awad | 16 | DEGLA | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 4 Finals (#26 Men 15 & Over 100 LC Meter Butterfly)

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Yousef Mohamed Ibrahim S | 15 | Stad Mansoura | NT | _____ |
| 2 | AbdElrhman Waled Hemdar | 20 | SMOHA | NT | _____ |
| 3 | Kamal Eldin Khaled Alshah | 16 | Elethad | NT | _____ |
| 4 | Aser Mohamed Adel Ahmec | 16 | Elethad | NT | _____ |
| 5 | Mohamed Essam Mohamed | 17 | Minia Sport Clup | NT | _____ |
| 6 | Omar Ehab Ahmed Ghorab | 19 | A S E C | NT | _____ |
| 7 | Yehia Faysal Mohamed | 18 | HELOP | NT | _____ |
| 8 | Yousif Ahmed EL Mogy | 18 | SHOOT | NT | _____ |
| 9 | Omer Saeid Mahmoud | 15 | Bitash | NT | _____ |
| 10 | Adam Wahed Shehata | 18 | DEGLA | NT | _____ |

Heat 5 of 45 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Omar Sherif Sarhan | 15 | TANTA | NT | _____ |
| 2 | Mazen Mohamed Ahmed | 15 | A S E C | NT | _____ |
| 3 | George Josef Nashat | 15 | GHARB | NT | _____ |
| 4 | Ahmed Moharam Elsayed | 19 | DEGLA | NT | _____ |
| 5 | Mohanad Eldein Fathy Shaa | 15 | Elethad | NT | _____ |
| 6 | abd Elrahman Ayman Moha | 15 | TALBE | NT | _____ |
| 7 | Mostafa Mahmoud ali | 16 | GOLDY | NT | _____ |
| 8 | Hesham Mohamed Fawzy | 17 | Minia Sport Clup | NT | _____ |
| 9 | Nabil Ahmed Ibrahim AbdE | 17 | MRAC | NT | _____ |
| 10 | Mohamed Ayman eid Moha | 15 | Stad Mansoura | NT | _____ |

Heat 6 of 45 Finals

| | | | | | |
|----|---------------------------|----|---------------|----|-------|
| 1 | Abdelrahman Adel Fawzy | 17 | SMOHA | NT | _____ |
| 2 | Mounir Ramez Mounir | 20 | SHOOT | NT | _____ |
| 3 | Omar Ahmed Mohamed Ab | 17 | PETRO | NT | _____ |
| 4 | Hamza Mohamed Riad Moh | 17 | SHAMS | NT | _____ |
| 5 | Yehia Ahmed Elsayy | 17 | GHABA | NT | _____ |
| 6 | Mostafa Tamer Elsayed Heg | 18 | TANTA | NT | _____ |
| 7 | Moaz Tamer Hassan Mohan | 16 | NASR | NT | _____ |
| 8 | Youssef Waleed abd Elazez | 17 | Elethad | NT | _____ |
| 9 | AhmedEssam El-Sayed | 16 | K.S.C | NT | _____ |
| 10 | Yousef Ahmed Elkomy | 16 | el Shark Club | NT | _____ |

Heat 7 of 45 Finals

| | | | | | |
|----|----------------------------|----|---------|----|-------|
| 1 | Zain Adel Fawzy | 15 | K.S.C | NT | _____ |
| 2 | Mahmoud Ramadan | 16 | SHARQ | NT | _____ |
| 3 | Omar Mohamed Taha Radw | 24 | SMOHA | NT | _____ |
| 4 | abd Allah Khaled abd Elmoi | 16 | TANTA | NT | _____ |
| 5 | Makar Romany Rasla | 16 | SMASH | NT | _____ |
| 6 | Sohaib Khaled Emam | 21 | AHLY | NT | _____ |
| 7 | Zyad Mohamed Hafez | 18 | TRSAN | NT | _____ |
| 8 | Mohamed Ismal El Sayed Is | 16 | A S E C | NT | _____ |
| 9 | Mohamed Waled Mohamed | 15 | A S E C | NT | _____ |
| 10 | Basel Samir Abdelazim | 18 | TRSAN | NT | _____ |

Heat 8 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Youssef Medhat Fathy | 16 | DEGLA | NT | _____ |
| 2 | Ahmed Khaled Abdelkader | 15 | Bank Ahly Alex | NT | _____ |
| 3 | Yassin Amr Adel | 16 | AHLY | NT | _____ |
| 4 | Ali Khaled Ali Saber Abd | 18 | SMOHA | NT | _____ |
| 5 | Eyad Mohamed Farghaly | 18 | Mansheit Naser | NT | _____ |
| 6 | Hazem Housam | 15 | Olympic | NT | _____ |
| 7 | Zyad Esam Farouk | 16 | TRSAN | NT | _____ |
| 8 | Ziad Mohamed Atef Mohan | 15 | DEGLA | NT | _____ |
| 9 | Yasien Mohamed Fathy | 16 | ZMALK | NT | _____ |
| 10 | Adham Ahmed Abdelaziz A | 17 | Stad Mansoura | NT | _____ |

Heat 9 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Hosen Abd Elmonaem El A | 15 | HELOP | NT | _____ |
| 2 | Mohamed Mostafa aly Hasa | 15 | TANTA | NT | _____ |
| 3 | Ali Mohab AbdelRaouf Ali | 27 | HELOP | NT | _____ |
| 4 | Mohab Wala Eldin Osama | 16 | TANTA | NT | _____ |
| 5 | Eyad Kamal Mohamed Sala | 15 | DEGLA | NT | _____ |
| 6 | Seif Haitham Fathy | 18 | Gyc.Banha | NT | _____ |
| 7 | Yassin Mohamed Anwar | 15 | SMOHA | NT | _____ |
| 8 | Asser Fahmy Elsaid | 15 | Bank Ahly Alex | NT | _____ |
| 9 | Mahmoud Mohamed Ahmec | 15 | SHOOT | NT | _____ |
| 10 | Omar Shaaban | 15 | SHARQ | NT | _____ |

Heat 10 of 45 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Ahmed Sameh Kamal | 15 | SMOHA | NT | _____ |
| 2 | Yousef Mohamed Abdelkad | 15 | Olympic Champion | NT | _____ |
| 3 | Ali Ahmed Saad | 19 | DEGLA | NT | _____ |
| 4 | Adham Hesen Foud | 15 | TALBE | NT | _____ |
| 5 | Anas Amr Abdalla | 16 | GHABA | NT | _____ |
| 6 | Mohamed Hashem Mohame | 15 | SMOHA | NT | _____ |
| 7 | Karim Mahmoud Farouk | 22 | Beni Suef Club | NT | _____ |
| 8 | Zeyad Tamer Abd Elsalam | 15 | DEGLA | NT | _____ |
| 9 | Youssef Ahmed Saadeldin Z | 16 | 6 OCT | NT | _____ |
| 10 | Zeyad Ekhaa Walaa Zaki | 15 | SMOHA | NT | _____ |

Heat 11 of 45 Finals

| | | | | | |
|----|----------------------------|----|------------------|---------|-------|
| 1 | Mohamed Elsayd Hassen Ac | 16 | Elethad | NT | _____ |
| 2 | Adam Tarek Adel EL Ghazo | 16 | HELOP | NT | _____ |
| 3 | Omar Ahmed Salem | 16 | GHARB | NT | _____ |
| 4 | Mahmoud Ahmed Ghareb A | 15 | Olympic Champion | 1:27.88 | _____ |
| 5 | Mohamed Ahmed Ibrahim T | 15 | Elethad | 1:22.06 | _____ |
| 6 | Nour Eldin Ashraf Araby El | 15 | Elethad | 1:24.87 | _____ |
| 7 | Mohamed Motaaz Kamal | 15 | Ismaily | 1:34.53 | _____ |
| 8 | Omar Ahmed Essa Essa | 15 | Olympic | NT | _____ |
| 9 | Omar Abdalla Ibrahim | 17 | Sporting | NT | _____ |
| 10 | ans Ibrahim Mahmoud | 18 | Police Club | NT | _____ |

Heat 12 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Malek Ahmed Farouk | 15 | ZOHUR | 1:20.26 | _____ |
| 2 | Seif El Din Mohamed Omar | 15 | DEGLA | 1:18.59 | _____ |
| 3 | Omar Ahmed Aly | 15 | Y.M.C.A | 1:17.81 | _____ |
| 4 | Moez Karim Mohamed Ibra | 15 | Bank Ahly Alex | 1:17.40 | _____ |
| 5 | Khaled Mohamed Ezzat Abc | 16 | TRSAN | 1:17.12 | _____ |
| 6 | Mahmoud Moataz Mahmou | 15 | TALBE | 1:17.39 | _____ |
| 7 | Zyad Ahmed Said | 16 | TRSAN | 1:17.42 | _____ |
| 8 | Marwan Ayman Saleh | 15 | Elethad | 1:18.20 | _____ |
| 9 | Mahmuod Mohamed abo el | 15 | A S E C | 1:19.17 | _____ |
| 10 | Omar Mohmed Saber | 16 | El Obour | 1:21.84 | _____ |

Heat 13 of 45 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Adam Amr Amin | 15 | SMOHA | 1:16.67 | _____ |
| 2 | Abdelrahman Emadeldein H | 15 | SMOHA | 1:16.17 | _____ |
| 3 | Mohamed Alaa Metwally | 15 | Elethad | 1:15.76 | _____ |
| 4 | Youssif Mostafa Gamal | 15 | DEGLA | 1:15.19 | _____ |
| 5 | Ibrahim Mohamed Ibrahim l | 15 | GEZIR | 1:14.16 | _____ |
| 6 | Yousef Ahmed Mohamed | 15 | SHRKS | 1:14.98 | _____ |
| 7 | Yassin Mohamed Abd Elazi | 15 | ZOHUR | 1:15.26 | _____ |
| 8 | Eyad Khaled Abdelkader M | 15 | Bank Ahly Alex | 1:15.99 | _____ |
| 9 | Youssef Ahmed Ratb | 16 | Elethad | 1:16.47 | _____ |
| 10 | Yasin Ahmed Ali | 17 | Gyc.Banha | 1:16.94 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 14 Finals (#26 Men 15 & Over 100 LC Meter Butterfly)

| | | | | | |
|----|----------------------------|----|---------|---------|-------|
| 1 | Yassin Hatem Abdel Rahma | 15 | SHOOT | 1:13.73 | _____ |
| 2 | Mahmoud Elsayed eid Okda | 16 | TANTA | 1:13.51 | _____ |
| 3 | Abd Elrahman Mohamed H | 15 | SHOOT | 1:13.26 | _____ |
| 4 | Mohab Naguib Mohamed | 15 | DEGLA | 1:13.05 | _____ |
| 5 | Marwan Mohram Gamal | 15 | A S E C | 1:12.98 | _____ |
| 6 | Abdulla Nasser Mostafa Alf | 16 | ZOHUR | 1:13.03 | _____ |
| 7 | Abdel Rahman Ebrahim M | 17 | 6 OCT | 1:13.07 | _____ |
| 8 | Abdelrahman Hesham Fawz | 15 | DEGLA | 1:13.28 | _____ |
| 9 | Yassuin Moustafa Mohamec | 16 | GHABA | 1:13.58 | _____ |
| 10 | Omar Elsayed Abdelfattah A | 15 | Olympic | 1:14.13 | _____ |

Heat 15 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Yassen Waleed Yousry | 15 | MRAC | 1:12.82 | _____ |
| 2 | Ahmed Mostafa Moafy | 15 | Tlaea El Ostol | 1:12.57 | _____ |
| 3 | Yahia Mohamed Yahia | 18 | Elethad | 1:12.43 | _____ |
| 4 | Omar Mohamed Abdelgaww | 15 | Olympic | 1:12.03 | _____ |
| 5 | Malek Bassam El Hendawi | 15 | NASR | 1:11.91 | _____ |
| 6 | Mohanad Yasser Salah | 16 | A S E C | 1:11.99 | _____ |
| 7 | Ahmed Waled Asaad | 15 | Al Shehk Zaeid | 1:12.33 | _____ |
| 8 | Mostafa Akram Abd EL Raf | 15 | ENPPI | 1:12.52 | _____ |
| 9 | Ahmed Shrif Ahmed | 15 | Tlaea El Ostol | 1:12.75 | _____ |
| 10 | Ahmed Mohamed Gamal | 15 | DEGLA | 1:12.94 | _____ |

Heat 16 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Mohamed Wahid Ahmed At | 16 | MAADI | 1:11.83 | _____ |
| 2 | Ahmed Waleed | 17 | Sporting | 1:11.68 | _____ |
| 3 | Salah Abdelhamid Salah | 15 | SMOHA | 1:11.55 | _____ |
| 4 | Youssef Ahmed Fathy Abde | 16 | DEGLA | 1:11.29 | _____ |
| 5 | Ibrahim Mahmoud Fathy | 16 | SHOOT | 1:10.97 | _____ |
| 6 | Mostafa Mohamed Ibrahim | 16 | FAROS | 1:10.97 | _____ |
| 7 | Marawan Ahmed Mohamed | 15 | Bitash | 1:11.49 | _____ |
| 8 | abd Elrhman Mohamed Bak | 17 | Elethad | 1:11.60 | _____ |
| 9 | Ahmed Arafa Shehata | 20 | HLWAN | 1:11.69 | _____ |
| 10 | Islam Farag Saleh | 16 | DEGLA | 1:11.85 | _____ |

Heat 17 of 45 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Yassen Allaelden Arafa | 15 | Bitash | 1:10.84 | _____ |
| 2 | Khaled Sherif Nabil Moham | 15 | ZOHUR | 1:10.66 | _____ |
| 3 | Elgamel Youssef Elgamel Y | 16 | Olympic | 1:10.58 | _____ |
| 4 | Marwan Haitham Abdelsala | 15 | Olympic | 1:10.43 | _____ |
| 5 | Adham Ahmed Mohamed | 16 | 6 OCT | 1:10.35 | _____ |
| 6 | Seif Gamal Mohamed | 15 | MAY15 | 1:10.35 | _____ |
| 7 | Omar Ahmed Abdehafiz | 16 | ZMALK | 1:10.50 | _____ |
| 8 | Abdelrahman Ahmed Ali Al | 17 | Bank Ahly Alex | 1:10.58 | _____ |
| 9 | Omar Hany Sayed Khalel | 17 | DEGLA | 1:10.77 | _____ |
| 10 | Nourallah Mohsen Sarhan A | 15 | HELDO | 1:10.95 | _____ |

Heat 18 of 45 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Moaz Haitham Abdel-Mutta | 15 | HADAK | 1:10.30 | _____ |
| 2 | Abd El Rahman Awad Moh | 15 | DEGLA | 1:09.91 | _____ |
| 3 | Ibrahim Mohamed Ibrahim | 18 | SMOHA | 1:09.83 | _____ |
| 4 | Omar Emad Abed | 15 | TRSAN | 1:09.66 | _____ |
| 5 | Mohammed Ahmed Elsaeed | 17 | MRAC | 1:09.35 | _____ |
| 6 | omr abd Elrhman ali | 17 | Elethad | 1:09.62 | _____ |
| 7 | Youssef Islam Fathy | 15 | Elethad | 1:09.73 | _____ |
| 8 | Ahmed amr Saidabu Elfadle | 15 | TANTA | 1:09.85 | _____ |
| 9 | Mohamed Ahmed Fouad | 15 | DEGLA | 1:10.13 | _____ |
| 10 | Bassel Mostafa Mohamed | 16 | DEGLA | 1:10.35 | _____ |

Heat 19 of 45 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Ali Mohamed Atia | 15 | Stad Mansoura | 1:09.25 | _____ |
| 2 | Assr Ahmed Mohamed | 15 | El Obour | 1:09.10 | _____ |
| 3 | Mazen Amr Abdellatif Awac | 15 | Elethad | 1:09.05 | _____ |
| 4 | Omer Ahmed Abo Bakr | 16 | SHOOT | 1:08.84 | _____ |
| 5 | Abdelrahman Kassem | 15 | TALBE | 1:08.77 | _____ |
| 6 | Marwan Ahmed Fathy Abde | 18 | DEGLA | 1:08.78 | _____ |
| 7 | Aly Ebrahim Mohamed | 15 | Y.M.C.A | 1:08.90 | _____ |
| 8 | Ahmed Osama Khalil | 18 | GHABA | 1:09.06 | _____ |
| 9 | Zien El Hashash | 15 | Sporting | 1:09.20 | _____ |
| 10 | Yassin usama Farouk | 15 | TRSAN | 1:09.34 | _____ |

Heat 20 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Anas Mohamad Saber Abdu | 15 | SHAMS | 1:08.55 | _____ |
| 2 | Mohame Waly Mohamed M | 15 | Fayoum Club | 1:08.51 | _____ |
| 3 | Yassin Mohamed Saleh Abd | 16 | Olympic | 1:08.44 | _____ |
| 4 | Omr Tamer Mostfa Sayed | 16 | 6 OCT | 1:08.36 | _____ |
| 5 | Sief Ahmed Farouk | 16 | ZOHUR | 1:07.93 | _____ |
| 6 | Ahmed Mohamed Rashed G | 16 | A S E C | 1:08.08 | _____ |
| 7 | Ali Ahmed Mostfa Abdelaz | 15 | Bank Ahly Alex | 1:08.40 | _____ |
| 8 | Omar Mohamed Ahmed Els | 15 | ZMALK | 1:08.47 | _____ |
| 9 | Yahya Mahmoud Mokhtar A | 17 | Olympic | 1:08.53 | _____ |
| 10 | Zeyad Khaled abd Elmoner | 17 | TANTA | 1:08.75 | _____ |

Heat 21 of 45 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Yahya Ehab Hashish | 15 | SHOOT | 1:07.86 | _____ |
| 2 | Belal Kariem Ahmed | 15 | SHAMS | 1:07.78 | _____ |
| 3 | Ahmed Salah Mohamed Sa | 17 | SMOHA | 1:07.72 | _____ |
| 4 | Mohamed Wael Mohamed A | 17 | NASR | 1:07.68 | _____ |
| 5 | Mohamed Hany Elsebakhy | 17 | SMOHA | 1:07.64 | _____ |
| 6 | Youssef Ahmed Sayed Huss | 15 | 6 OCT | 1:07.64 | _____ |
| 7 | Ahmed Yahia Saied | 18 | Elethad | 1:07.69 | _____ |
| 8 | Aly Osama Ahmed Mohame | 16 | Olympic | 1:07.73 | _____ |
| 9 | Moustafa Wael Kasem | 16 | ZMALK | 1:07.83 | _____ |
| 10 | Abd al Ghany Hesham Abd | 15 | 6 OCT | 1:07.87 | _____ |

Heat 22 of 45 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Amar Ayman Taha Abo Nea | 15 | Olympic Champion | 1:07.47 | _____ |
| 2 | Mahmoud Ahmed Mohamec | 16 | A S E C | 1:07.38 | _____ |
| 3 | Mohamed Ibrahim Mohame | 15 | AHLY | 1:07.33 | _____ |
| 4 | Eyad Hesham Mohamed | 15 | GHABA | 1:07.21 | _____ |
| 5 | Yaseen Yasser Khamis | 15 | SMOHA | 1:07.15 | _____ |
| 6 | Abdelrahman Khaled Fathy | 17 | SMOHA | 1:07.17 | _____ |
| 7 | Yassin Ahmed Sayed Hafez | 18 | Elethad | 1:07.27 | _____ |
| 8 | Mouz Eslam Mohamad Elsa | 16 | SMOHA | 1:07.36 | _____ |
| 9 | Loaay Motasem Alaaeldin | 17 | ZMALK | 1:07.41 | _____ |
| 10 | Amer Akram Yosef Eskande | 15 | Al Hawar | 1:07.60 | _____ |

Heat 23 of 45 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Omar Ahmed Gaber | 15 | GHABA | 1:07.09 | _____ |
| 2 | Omar Khaled Mohamed Nal | 18 | A S E C | 1:07.01 | _____ |
| 3 | Yassien Youssef Abdelnaby | 17 | SMOHA | 1:06.91 | _____ |
| 4 | Ziad Shref Housen | 20 | HELOP | 1:06.72 | _____ |
| 5 | Yousef Alaa Mahmoud | 15 | MRAC | 1:06.45 | _____ |
| 6 | Omar Ibrahim Hamdy | 15 | DEGLA | 1:06.49 | _____ |
| 7 | Seif Mohamed Elsayed Mo | 15 | Olympic | 1:06.75 | _____ |
| 8 | Mohamed amr Shaban | 17 | OLMPA | 1:06.99 | _____ |
| 9 | Esmael Mohamed Esmael | 17 | TANTA | 1:07.02 | _____ |
| 10 | Hazem Mohamed Elsaid | 15 | SMOHA | 1:07.15 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 24 Finals (#26 Men 15 & Over 100 LC Meter Butterfly)

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Yassin el Midany | 15 | Sporting | 1:06.19 | _____ |
| 2 | Omar Adel Ishaq | 16 | DEGLA | 1:06.14 | _____ |
| 3 | Zeyad Ashraf Mohamed Ebi | 16 | TANTA | 1:06.07 | _____ |
| 4 | Yassen Tayie Mohamed Tay | 16 | Bank Ahly Alex | 1:06.05 | _____ |
| 5 | Youssef Galal Sayed | 16 | DEGLA | 1:05.84 | _____ |
| 6 | Omar Mohamed abd el Basi | 16 | Police Club | 1:05.85 | _____ |
| 7 | Mohamad Wesam Mohamac | 16 | SMOHA | 1:06.06 | _____ |
| 8 | Marwan Ebrahim Mohamed | 15 | SHRKS | 1:06.12 | _____ |
| 9 | Hassan Mohamed Abdel Aa | 16 | DEGLA | 1:06.14 | _____ |
| 10 | Awny Mohamad Awny | 17 | SMOHA | 1:06.38 | _____ |

Heat 25 of 45 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Tayem Ahmed Kamal ElAla | 15 | SMOHA | 1:05.75 | _____ |
| 2 | Mohamed Hesham Abdelmc | 15 | SMOHA | 1:05.60 | _____ |
| 3 | Mohamed Karim Mohamed | 21 | SMOHA | 1:05.55 | _____ |
| 4 | Mohamed Ahmed abd Elmo | 17 | DEGLA | 1:05.52 | _____ |
| 5 | Ahmed Deya Elden Anwar | 16 | TANTA | 1:05.35 | _____ |
| 6 | Ahmed Wael El Shamaa | 17 | Sporting | 1:05.51 | _____ |
| 7 | Yousef Reda Saad Elhefnaw | 17 | Stad Mansoura | 1:05.53 | _____ |
| 8 | Aser Eslam Safwathussien | 15 | TANTA | 1:05.58 | _____ |
| 9 | Mohamed Emad Ahmed Mc | 17 | SMOHA | 1:05.75 | _____ |
| 10 | Yassin Hussam Mustafa | 15 | HADAK | 1:05.77 | _____ |

Heat 26 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Ziad Nabil Ahmed Mohame | 17 | SMOHA | 1:05.24 | _____ |
| 2 | Abd ElRahman Mohamed S | 17 | SHAMS | 1:05.22 | _____ |
| 3 | Yassein Ashraf Mohamed S | 15 | ENPPI | 1:05.19 | _____ |
| 4 | Sofyan Hassan Mohamed | 17 | Ismaily | 1:05.09 | _____ |
| 5 | Nour Ekramy Ahmed | 18 | Olympic | 1:05.07 | _____ |
| 6 | Youssef Ashraf Fawzy | 17 | MRAC | 1:05.08 | _____ |
| 7 | Salman Khaled Saber Kame | 17 | RWAD | 1:05.10 | _____ |
| 8 | Hamza Hammad Mohamed | 18 | DEGLA | 1:05.21 | _____ |
| 9 | Omar Tamer Salah Mohame | 15 | Bank Ahly Alex | 1:05.23 | _____ |
| 10 | Mohamed Said Mohamed S | 15 | Gezira El Ward | 1:05.29 | _____ |

Heat 27 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Mohamed Mahmoud Mohar | 16 | TANTA | 1:04.98 | _____ |
| 2 | Mostafa Ebrhim Yehia Mah | 16 | HELDO | 1:04.90 | _____ |
| 3 | Abdelrhman Tarek Hanafee | 15 | 6 OCT | 1:04.74 | _____ |
| 4 | Adham Wael Mohamed | 15 | GHABA | 1:04.71 | _____ |
| 5 | Marvin Medhat Shokry | 18 | SHOOT | 1:04.66 | _____ |
| 6 | Saif Mohamed Salah Eisaa | 16 | 6 OCT | 1:04.69 | _____ |
| 7 | Eyad Waleed adb Alsalam | 17 | Elethad | 1:04.74 | _____ |
| 8 | Mohamed Alaa Abdelfitah | 15 | SHAMS | 1:04.77 | _____ |
| 9 | Ibrahim Mohamed Ibrahim | 16 | MRAC | 1:04.90 | _____ |
| 10 | Mohamed Hamdy Mohamec | 17 | El Obour | 1:05.02 | _____ |

Heat 28 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Adham Ayman Ebrahim Sw | 16 | TANTA | 1:04.57 | _____ |
| 2 | Yousief Ahmed Yousief | 16 | Cairo | 1:04.53 | _____ |
| 3 | Fares Ahmed Farouk | 16 | DEGLA | 1:04.44 | _____ |
| 4 | Mahmoud Ashraf El Gayash | 17 | DEGLA | 1:04.41 | _____ |
| 5 | Saif Marwan Aziz | 17 | BNK.G | 1:04.34 | _____ |
| 6 | Taim Ahmed Abd Elwhab | 16 | ZOHUR | 1:04.38 | _____ |
| 7 | Omar Mohamad Ali Ebrahei | 16 | SMOHA | 1:04.42 | _____ |
| 8 | Moamen Mahmoud Ali | 16 | GHABA | 1:04.45 | _____ |
| 9 | Adm Ahmed Yousief | 15 | Cairo | 1:04.53 | _____ |
| 10 | Omar Atef el Sadat | 16 | Al Hawar | 1:04.65 | _____ |

Heat 29 of 45 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Yousef Hisham Mahmoud | 15 | ZMALK | 1:04.31 | _____ |
| 2 | Karim Mohamed Ahmed Al | 15 | TRSAN | 1:04.29 | _____ |
| 3 | Yasen Ahmed eid Thabet | 17 | MRAC | 1:04.24 | _____ |
| 4 | Mohamed Maged Abdel Lat | 17 | Sporting | 1:04.09 | _____ |
| 5 | Amr Zakaria | 17 | SHOOT | 1:04.05 | _____ |
| 6 | Karem Ahmed Mahmoud | 17 | TALBE | 1:04.05 | _____ |
| 7 | Ali Ahmed El Prince | 16 | DEGLA | 1:04.22 | _____ |
| 8 | Mohamed Yasser Khalil Abc | 15 | 6 OCT | 1:04.28 | _____ |
| 9 | Amr Mohamed Abu Elfetto | 16 | DEGLA | 1:04.29 | _____ |
| 10 | Yousef Mohamed Elsaed M | 16 | Bank Ahly Alex | 1:04.33 | _____ |

Heat 30 of 45 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Adham Nader Samir Mohan | 17 | SMOHA | 1:03.73 | _____ |
| 2 | Seif Mohamed Saad Baiour | 15 | DEGLA | 1:03.72 | _____ |
| 3 | Yasin Amro Mamdouh | 17 | HELOP | 1:03.70 | _____ |
| 4 | Mohamed Sherif Ahmed Fel | 15 | SMOHA | 1:03.66 | _____ |
| 5 | Omar Basem Hassan Mohar | 15 | MAADI | 1:03.61 | _____ |
| 6 | Adham m Hussin Sayed Hal | 15 | MAY15 | 1:03.65 | _____ |
| 7 | Mahmoud Ahmed Yehya | 17 | DEGLA | 1:03.67 | _____ |
| 8 | Mohand Mostafa Hamdy | 18 | AHLY | 1:03.71 | _____ |
| 9 | Hamza Mohamed Ahmed A | 15 | DEGLA | 1:03.73 | _____ |
| 10 | Yossef Karim Nabil Elzawa | 18 | SMOHA | 1:04.01 | _____ |

Heat 31 of 45 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Hamza abu el Khair | 15 | Sporting | 1:03.58 | _____ |
| 2 | Adham Tarik Ali Baiuomy | 19 | SMOHA | 1:03.57 | _____ |
| 3 | Mostafa Mohamed Baker | 18 | TRSAN | 1:03.51 | _____ |
| 4 | Mohanad Ashraf Farok Rasl | 22 | ZOHUR | 1:03.48 | _____ |
| 5 | Omar Asem Salah Eldin | 17 | ZMALK | 1:03.35 | _____ |
| 6 | Omer Mohmed Kamel | 17 | Al Shehk Zaeid | 1:03.36 | _____ |
| 7 | Ahmed Hamed Ahmed Mos | 17 | Stad Mansoura | 1:03.48 | _____ |
| 8 | Ali Hesham Moh. Fekre Shr | 20 | GEZIR | 1:03.52 | _____ |
| 9 | Mostafa Amr El Kady | 18 | DEGLA | 1:03.57 | _____ |
| 10 | Ahmed Mohamed Mousa K | 18 | Olympic | 1:03.60 | _____ |

Heat 32 of 45 Finals

| | | | | | |
|----|---------------------------|----|-------------|---------|-------|
| 1 | Abdallah Mohamed Abdelfat | 15 | TANTA | 1:03.29 | _____ |
| 2 | Abelrahman Mohamed Abc | 16 | TRSAN | 1:03.23 | _____ |
| 3 | Seif Mohmed Salah | 17 | Cairo | 1:03.18 | _____ |
| 4 | Seaf Abdel Rahman Moham | 15 | Al Hawar | 1:02.99 | _____ |
| 5 | Hesen Mohamad Elsaeid Yo | 16 | SMOHA | 1:02.89 | _____ |
| 6 | Marwan Adel Abdel Muti | 20 | Police Club | 1:02.99 | _____ |
| 7 | Eyad Mohamed Shokry Mol | 16 | 6 OCT | 1:03.08 | _____ |
| 8 | Hassn Ramy Ahmed | 17 | Sporting | 1:03.20 | _____ |
| 9 | Hamza Ahmed Darwish | 18 | DEGLA | 1:03.24 | _____ |
| 10 | Marwan Mourad Mohamed | 19 | Sporting | 1:03.35 | _____ |

Heat 33 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Yassin Tamer Samir | 16 | ZOHUR | 1:02.88 | _____ |
| 2 | Mohamed Mostafa Mohame | 20 | DEGLA | 1:02.80 | _____ |
| 3 | Ali Ahmed Abd el Monem C | 19 | SHAMS | 1:02.62 | _____ |
| 4 | Ahmed Maged Ghoureib | 16 | DEGLA | 1:02.53 | _____ |
| 5 | abd Elrhman Mohamed Ahn | 17 | Elethad | 1:02.41 | _____ |
| 6 | Yousef Khaled A.Elrahman | 21 | DEGLA | 1:02.43 | _____ |
| 7 | Omar Waleed AlQabary | 17 | Sporting | 1:02.59 | _____ |
| 8 | Amr Moh. Samir Azmy | 15 | GEZIR | 1:02.76 | _____ |
| 9 | Mostafa Amr Osman Aly | 15 | SHOOT | 1:02.80 | _____ |
| 10 | Abdelrahman Ayman Mohar | 15 | DEGLA | 1:02.88 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 34 Finals (#26 Men 15 & Over 100 LC Meter Butterfly)

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Ahmed Waleed Abdel Hady | 16 | AHLY | 1:02.34 | _____ |
| 2 | Yasien Hytham Fayez | 17 | Cairo | 1:02.30 | _____ |
| 3 | Ahmed Tamer Gamal Eldin | 16 | DEGLA | 1:02.15 | _____ |
| 4 | Omar Gawad Mohamed | 18 | Cairo | 1:02.10 | _____ |
| 5 | Yehia Ashraf Farag | 17 | AHLY | 1:01.91 | _____ |
| 6 | Almohand Wael | 16 | MAY15 | 1:01.99 | _____ |
| 7 | Adam Mohamed Mahmoud | 16 | ZOHUR | 1:02.12 | _____ |
| 8 | Zeyad Khaled Abd el Aziz | 18 | HADAK | 1:02.29 | _____ |
| 9 | Tamer Ahmed Ali | 16 | Elethad | 1:02.31 | _____ |
| 10 | Hamza Said | 15 | Sporting | 1:02.36 | _____ |

Heat 35 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Mostafa Omar Kamal EIDin | 20 | BNK.G | 1:01.87 | _____ |
| 2 | Youssef Tamer Gaber Moha | 18 | SMOHA | 1:01.82 | _____ |
| 3 | Kareem Ahmed Ibrahim | 18 | Sporting | 1:01.75 | _____ |
| 4 | Seif Eldien Islam Shaker | 19 | DEGLA | 1:01.73 | _____ |
| 5 | Hamza Mahmoud Hanout | 15 | Meit Khakan | 1:01.72 | _____ |
| 6 | Amr Wael Shawky | 17 | RWAD | 1:01.72 | _____ |
| 7 | Mohmed Adham Mohmed T | 18 | 6 OCT | 1:01.75 | _____ |
| 8 | Zyad Ahmed Aboelmaty | 15 | DEGLA | 1:01.77 | _____ |
| 9 | Yousef Ahmed Shaban | 15 | Al Shehk Zaeid | 1:01.83 | _____ |
| 10 | Ahmed Sameh Safwat Shaal | 18 | HELDO | 1:01.90 | _____ |

Heat 36 of 45 Finals

| | | | | | |
|----|------------------------|----|-----------|---------|-------|
| 1 | Zyad Mohamed Moawad | 19 | ZMALK | 1:01.54 | _____ |
| 2 | Selim Moh. Foad Hamdy | 16 | GEZIR | 1:01.41 | _____ |
| 3 | Omar Mohamed Magdy Mo | 17 | SHAMS | 1:01.33 | _____ |
| 4 | Yassin Ahmed m Adel | 15 | El Temsah | 1:01.15 | _____ |
| 5 | Saif Khalid Abdul Aziz | 16 | HADAK | 1:01.03 | _____ |
| 6 | Adham Ayman Hussein | 15 | HADAK | 1:01.07 | _____ |
| 7 | Yamen Ayman Helmy | 17 | TANTA | 1:01.17 | _____ |
| 8 | Morad Yaser Hafez | 21 | DEGLA | 1:01.41 | _____ |
| 9 | Omar Mahmoud Saeid | 16 | Nasr City | 1:01.42 | _____ |
| 10 | aly Saleeh aly | 17 | ZMALK | 1:01.59 | _____ |

Heat 37 of 45 Finals

| | | | | | |
|----|---------------------------|----|--------------|---------|-------|
| 1 | Mohnad Hitham Ibrahim | 18 | DEGLA | 1:00.95 | _____ |
| 2 | Mohammed Magdy Hassan | 16 | El Temsah | 1:00.86 | _____ |
| 3 | Abd el hay Ashour | 18 | SHAMS | 1:00.75 | _____ |
| 4 | Yousf Aymn Ebrahim Ahme | 19 | 6 OCT | 1:00.72 | _____ |
| 5 | Youssef Ahmed Hassan Abd | 17 | Elethad | 1:00.63 | _____ |
| 6 | John Wael Abdel Malek | 17 | DEGLA | 1:00.72 | _____ |
| 7 | Youssef Abdel Megid | 15 | Sporting | 1:00.72 | _____ |
| 8 | Seif Mohamed Sayed | 17 | ZOHUR | 1:00.76 | _____ |
| 9 | Abdelrahman Mahmoud Mc | 16 | SHAMS | 1:00.92 | _____ |
| 10 | Moatasem Balaa Mostafa Al | 17 | Pegasus Club | 1:00.96 | _____ |

Heat 38 of 45 Finals

| | | | | | |
|----|--------------------------|----|-------|---------|-------|
| 1 | Marawan Walid Noshy | 17 | AHLY | 1:00.51 | _____ |
| 2 | Omar Waled Talat Hsanen | 17 | 6 OCT | 1:00.40 | _____ |
| 3 | Mostafa Moh. Ahm. Moh. M | 18 | GEZIR | 1:00.37 | _____ |
| 4 | Ahmad Ehab Ebrahem Abde | 16 | SMOHA | 1:00.36 | _____ |
| 5 | Zeiad Hamdy Amin Ossmar | 21 | ZMALK | 1:00.24 | _____ |
| 6 | Yasen Mohamed Nabil | 15 | HELOP | 1:00.29 | _____ |
| 7 | Omar Mohamed Omar Sofy | 17 | SHOOT | 1:00.36 | _____ |
| 8 | Eyad Ahmed Khatab | 16 | DEGLA | 1:00.38 | _____ |
| 9 | Aser Hesham Raafit Mhmou | 17 | 6 OCT | 1:00.48 | _____ |
| 10 | Monzer Ahmed Amayem | 17 | TANTA | 1:00.62 | _____ |

Heat 39 of 45 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Mohamed Eslam Ibrahim | 16 | Stad Mansoura | 1:00.05 | _____ |
| 2 | Yassin Youssef Mohamed E | 16 | Olympic | 1:00.01 | _____ |
| 3 | Zad Ahmed Mohamed Asra | 16 | DEGLA | 59.90 | _____ |
| 4 | Yehia Mohamed Saad Eldin | 19 | DEGLA | 59.88 | _____ |
| 5 | Shady Wessam Mohamed | 16 | DEGLA | 59.80 | _____ |
| 6 | Mazen Mohamed Salah | 18 | GHABA | 59.85 | _____ |
| 7 | Abd Allah Tamer Abd El Ra | 16 | MAADI | 59.89 | _____ |
| 8 | Omar Mohamed Nabil | 18 | DEGLA | 59.94 | _____ |
| 9 | Sherif Ashraf Hagag | 17 | A S E C | 1:00.02 | _____ |
| 10 | Malek Haytham Mohamed | 18 | DEGLA | 1:00.11 | _____ |

Heat 40 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Hamza Khaled Mohamed A | 16 | Olympic | 59.69 | _____ |
| 2 | Omar Karim Mohamed Mse | 18 | SMOHA | 59.63 | _____ |
| 3 | Hatem Ashraf Kamel | 17 | Gezira El Ward | 59.43 | _____ |
| 4 | Yousif Mohamed Soliman C | 19 | SMOHA | 59.36 | _____ |
| 5 | Adam Bahaeldein Salah | 15 | SMOHA | 59.22 | _____ |
| 6 | Ahmed Samy Hassan | 16 | M.S Tagamoa | 59.32 | _____ |
| 7 | Zain Akram Ahmed | 15 | AHLY | 59.36 | _____ |
| 8 | Mohamed Tamer Mohamed | 23 | DEGLA | 59.45 | _____ |
| 9 | Ahmed Adel Eshak | 19 | DEGLA | 59.68 | _____ |
| 10 | Mohamed Khaled Mohamec | 16 | SHOOT | 59.74 | _____ |

Heat 41 of 45 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Zein Hisham Hamdy | 15 | ZMALK | 59.11 | _____ |
| 2 | Adham Ayman Monir Hashc | 19 | TRSAN | 59.04 | _____ |
| 3 | Abed Emad Abed | 17 | TRSAN | 58.97 | _____ |
| 4 | Mohamed Ibrahim Elkhdry | 18 | Elethad | 58.87 | _____ |
| 5 | Omar Gaber Aly | 19 | AHLY | 58.55 | _____ |
| 6 | SifEldin Hossam Mohamed | 20 | SMOHA | 58.65 | _____ |
| 7 | Omar Abdelaziz Hussein | 16 | TALBE | 58.88 | _____ |
| 8 | Ahmed Yasser Mahmoud Sa | 16 | ZOHUR | 58.98 | _____ |
| 9 | Yossef Ayman Abdalla Moh | 16 | SMOHA | 59.09 | _____ |
| 10 | Hussien Mohamed Hussien | 16 | SHAMS | 59.11 | _____ |

Heat 42 of 45 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Omar Mahmoud Hassan Ela | 16 | TRSAN | 58.44 | _____ |
| 2 | Ali Mohamed Mousa | 19 | TANTA | 58.38 | _____ |
| 3 | Seif Walaa Antar | 19 | DEGLA | 58.15 | _____ |
| 4 | Youssef Emad Shaaban | 16 | AHLY | 58.06 | _____ |
| 5 | Mohaned Ashraf Mohamed | 15 | Bank Ahly Alex | 58.02 | _____ |
| 6 | Mohanad Yasser Abdelmene | 17 | SMOHA | 58.05 | _____ |
| 7 | Karem Ashry Kasem | 17 | SHAMS | 58.13 | _____ |
| 8 | Malek Ahmed Mohsen | 16 | DEGLA | 58.37 | _____ |
| 9 | Marwan Mohmed Hamed | 17 | Cairo | 58.44 | _____ |
| 10 | Abd ElFatah Mohamed Abd | 18 | TANTA | 58.53 | _____ |

Heat 43 of 45 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Mohaned Alaa Mahmod Ali | 20 | SMOHA | 57.86 | _____ |
| 2 | Adham Hossameldin Abdall | 18 | ZMALK | 57.78 | _____ |
| 3 | Ziad Tarek Mohamed | 18 | DEGLA | 57.73 | _____ |
| 4 | Waleed Samer Mahmoud | 19 | AHLY | 57.52 | _____ |
| 5 | Mohamed Hatem Mohamed | 17 | HELOP | 57.32 | _____ |
| 6 | Saied Mohamed Abd Elgaw | 21 | Sporting | 57.42 | _____ |
| 7 | Ahmed Hasan Tork | 17 | Sporting | 57.61 | _____ |
| 8 | Ibrahim Amr Saad | 18 | AHLY | 57.75 | _____ |
| 9 | Khaled Wael Sabre Abdelha | 17 | SMOHA | 57.80 | _____ |
| 10 | Marwan Mostafa Mohamed | 19 | SMOHA | 58.01 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 44 Finals (#26 Men 15 & Over 100 LC Meter Butterfly)

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Ahmed Ayman Ali Mohame | 19 | SHAMS | 57.14 | _____ |
| 2 | Yousif Ahmed Ragab Elshar | 19 | SMOHA | 56.98 | _____ |
| 3 | Omar Khaled Soliman | 19 | HADAK | 56.76 | _____ |
| 4 | Omar Amir Mohamed Haze | 18 | AHLY | 56.52 | _____ |
| 5 | Seif Mohamed Mehrez | 23 | ZOHUR | 56.30 | _____ |
| 6 | Ibrahim Ahmed Ibrahim | 23 | Sporting | 56.43 | _____ |
| 7 | Ahmad Hany Ahmad | 18 | HELOP | 56.53 | _____ |
| 8 | Mohamed Salama Gaber Sa | 21 | SMOHA | 56.79 | _____ |
| 9 | Mohamed Ahmed Salem | 20 | GHABA | 57.05 | _____ |
| 10 | Yosef Ahm. Ebrahim Hebes | 18 | GEZIR | 57.26 | _____ |

Heat 45 of 45 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Ahmed Tarek Mohamed | 20 | SHOOT | 56.10 | _____ |
| 2 | Omar Ahmed Samir Eldawo | 17 | Gezira El Ward | 55.53 | _____ |
| 3 | Mohamed Walid Hassan | 18 | Sporting | 54.91 | _____ |
| 4 | Abdel Rahman Mohamed A | 26 | AHLY | 54.52 | _____ |
| 5 | Abdullah Ahmed Nasr | 18 | HADAK | 53.10 | _____ |
| 6 | Khaled Abdel Naser Ali | 25 | SHOOT | 53.76 | _____ |
| 7 | Ahmed Mohamed El Tatawy | 19 | Sporting | 54.64 | _____ |
| 8 | Abdel Rahman Amr Farag | 17 | SHOOT | 55.10 | _____ |
| 9 | Ahmed Adel Abdel aal | 16 | Al Hawar | 55.86 | _____ |
| 10 | Adam Shref Mostafa | 20 | HELOP | 56.29 | _____ |

Event 27 Women 15 & Over 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 23 Finals

| | | | | | |
|---|-------------------------|----|-------|----|-------|
| 4 | Habiba Mohamed Dyab | 15 | SHRKS | NT | _____ |
| 5 | Kenzy Wael Foud Ramadan | 16 | SMOHA | NT | _____ |
| 6 | Kenzy Mowafy Mahmoud | 15 | SMOHA | NT | _____ |

Heat 2 of 23 Finals

| | | | | | |
|----|----------------------------|----|------------------|----|-------|
| 1 | mai Mohamed Abdelmonem | 15 | MRAC | NT | _____ |
| 2 | Marim Zaky | 19 | Sporting | NT | _____ |
| 3 | Rawan Ahmed AbdElwahab | 19 | SMOHA | NT | _____ |
| 4 | Jana Alla Mohamed | 16 | Minia Sport Clup | NT | _____ |
| 5 | Retag Ahmed Saber | 17 | DEGLA | NT | _____ |
| 6 | Salma Ahmed Abd el Wahat | 15 | DEGLA | NT | _____ |
| 7 | Shahira Ebrahim Aboelham | 15 | Y.M.C.A | NT | _____ |
| 8 | Malak Ahmed Ibrahim Kanc | 15 | SHAMS | NT | _____ |
| 9 | Salma Mohamad Mahmud | 16 | SMOHA | NT | _____ |
| 10 | Khadija Aladdin Hassan ali | 16 | Sporting | NT | _____ |

Heat 3 of 23 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Lamar Ayman Anwar Naga | 15 | Olympic | NT | _____ |
| 2 | Maria Nader Sedeky | 15 | Ismaily | NT | _____ |
| 3 | Farah Mohamed Fekre Most | 16 | SHRKS | NT | _____ |
| 4 | Khadeja Housen EL Dahan | 15 | HELOP | NT | _____ |
| 5 | Fagr Sherif Kamel | 17 | DEGLA | NT | _____ |
| 6 | Nour Ehab Ahmed Mohame | 15 | DEGLA | NT | _____ |
| 7 | Nour Kareem Mohamed | 15 | el Shark Club | NT | _____ |
| 8 | Jana Mohamed Fathy | 15 | Elethad | NT | _____ |
| 9 | Lela Ahmed Hassan Hosny | 16 | HELOP | NT | _____ |
| 10 | Nancy Mahmoud Ragab | 15 | Bank Ahly Alex | NT | _____ |

Heat 4 of 23 Finals

| | | | | | |
|----|----------------------------|----|---------------|----|-------|
| 1 | Raghd Mohamed Elsaid Mo | 19 | SMOHA | NT | _____ |
| 2 | Jenfyaf Rofael Shata Kalil | 16 | Y.M.C.A | NT | _____ |
| 3 | Zena Ahmed Moustafa | 15 | HELOP | NT | _____ |
| 4 | Farida Wael Hamdy | 15 | SMOHA | NT | _____ |
| 5 | Haya Hisham Abbas | 15 | ZOHUR | NT | _____ |
| 6 | Nour Mohamed Rabie | 15 | HELOP | NT | _____ |
| 7 | Jolin Hany Gamal | 18 | Sporting | NT | _____ |
| 8 | Rawan Hazem Saeed | 17 | M.S Tagamoa | NT | _____ |
| 9 | Hala Mohamed Mohsen Na | 16 | Stad Mansoura | NT | _____ |
| 10 | Shahd Ahmed Abd Elbaky | 20 | Sporting | NT | _____ |

Heat 5 of 23 Finals

| | | | | | |
|----|-------------------------|----|---------------|----|-------|
| 1 | Lian Shady Sabry | 20 | HELOP | NT | _____ |
| 2 | Nour Mohamed Abd El Had | 19 | Sporting | NT | _____ |
| 3 | Shams Mohamed Mahmoud | 15 | Ellaban | NT | _____ |
| 4 | Nouran Ahmed Fathy Ahme | 15 | Olympic | NT | _____ |
| 5 | Jana Amr Zoalfakar | 15 | SMOHA | NT | _____ |
| 6 | Goudy Mohamed Sabry | 15 | GHABA | NT | _____ |
| 7 | Noor Rami | 15 | Sporting | NT | _____ |
| 8 | Shahd Yousry Mohamed Ha | 19 | Olympic | NT | _____ |
| 9 | Kinzi Husayn | 15 | Zahraa Helwan | NT | _____ |
| 10 | Jana amr Farok | 16 | BNK.G | NT | _____ |

Heat 6 of 23 Finals

| | | | | | |
|----|----------------------------|----|----------|-------|-------|
| 1 | Jasmine Waleed Ibrahim | 15 | SMOHA | NT | _____ |
| 2 | Doha Wael Saleh | 17 | DEGLA | NT | _____ |
| 3 | Sandy Waleed | 15 | DEGLA | NT | _____ |
| 4 | Rokaya Isllam | 19 | Sporting | NT | _____ |
| 5 | Naghham Waleed Mohamed | 16 | Olympic | 51.83 | _____ |
| 6 | Khadija Mohamed | 15 | Sporting | 58.04 | _____ |
| 7 | Nada Mohamed Rabie | 15 | HELOP | NT | _____ |
| 8 | Farida Moustafa Abd Elaziz | 18 | Sporting | NT | _____ |
| 9 | Zina Amr | 19 | Sporting | NT | _____ |
| 10 | Nour Madi | 16 | Sporting | NT | _____ |

Heat 7 of 23 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Ganna Hany Fouad | 15 | DEGLA | 48.76 | _____ |
| 2 | Radwa Mohamed Fawzy | 15 | A S E C | 45.57 | _____ |
| 3 | Gana Mohamed abd el Shaf | 16 | SHOBR | 45.11 | _____ |
| 4 | Jomana Gaber Ahmam | 19 | Y.M.C.A | 44.53 | _____ |
| 5 | Mai Mohamed Abdallah | 15 | DEGLA | 44.05 | _____ |
| 6 | Nour Elshamy | 16 | Sporting | 44.52 | _____ |
| 7 | Dalia Ahmed Mohamed | 16 | DEGLA | 44.92 | _____ |
| 8 | Retal Ahmed Mohamed | 15 | Police Club | 45.28 | _____ |
| 9 | Hala Mohamed Moustafa G | 15 | Olympic | 46.26 | _____ |
| 10 | Anjolina Tamer eid | 15 | MRAC | 49.32 | _____ |

Heat 8 of 23 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Khadija Ahmed Adel | 15 | SHOOT | 43.73 | _____ |
| 2 | Asmaa Waleed Gado | 15 | Elethad | 42.79 | _____ |
| 3 | Gomana Osama Mohamed | 15 | Y.M.C.A | 42.46 | _____ |
| 4 | Nada Hassan Ahmed Hassar | 18 | Elethad | 42.40 | _____ |
| 5 | Aisha Ahmed AbdElmagid | 18 | Sporting | 42.32 | _____ |
| 6 | Nour Hany Hassan | 15 | Ard El Liwaa | 42.36 | _____ |
| 7 | Notalila Sobhy Ramzy Sobh | 15 | Bank Ahly Alex | 42.40 | _____ |
| 8 | Mariem Adel Youssef Hassa | 15 | A S E C | 42.49 | _____ |
| 9 | Basmala Tamer Kamel | 15 | Y.M.C.A | 43.67 | _____ |
| 10 | Noreen Ahmad Saad Abdala | 16 | SMOHA | 43.84 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 9 Finals (#27 Women 15 & Over 50 LC Meter Backstroke)

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Mariam Nader Sedky | 17 | Ismaily | 41.83 | _____ |
| 2 | Farida Ahmed Abdrabo Aly | 16 | Olympic | 41.62 | _____ |
| 3 | Laila Mohamed Mahmoud | 16 | SHOOT | 41.13 | _____ |
| 4 | Ratag Khaled Mohamed | 16 | DEGLA | 41.02 | _____ |
| 5 | Login Reda Mahmoud | 15 | Elethad | 40.91 | _____ |
| 6 | Layan Tamer Ahmed Mohar | 15 | DEGLA | 41.02 | _____ |
| 7 | Karma Ayman Badr | 15 | SHOOT | 41.03 | _____ |
| 8 | Salma Ahmed Mahmoud Al | 16 | HELOP | 41.54 | _____ |
| 9 | Aisel Mostafa Anwar | 19 | AHLY | 41.66 | _____ |
| 10 | Malak Elsaed Mohamad Sal | 18 | SMOHA | 41.86 | _____ |

Heat 10 of 23 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Rola Yassir Mohamed | 16 | HADAK | 40.59 | _____ |
| 2 | Sama Mohamed Ahmed | 15 | Bank Ahly Alex | 40.27 | _____ |
| 3 | Lana Tarek Ebrahim | 17 | TAGAM | 40.05 | _____ |
| 4 | Noursen Ahmed Nagy | 15 | TRSAN | 39.80 | _____ |
| 5 | Malk Ibrahim Mohamed | 15 | Damnhor Sport | 39.59 | _____ |
| 6 | Retal Mohamed Khamis | 16 | Sporting | 39.70 | _____ |
| 7 | Mariam Alaa Abd Elslam | 15 | SHOOT | 40.00 | _____ |
| 8 | Rinad Mohamed Abdel Han | 15 | SHOOT | 40.17 | _____ |
| 9 | Saja Emad Mhamed | 15 | EALAM | 40.38 | _____ |
| 10 | Sama Hesham Abd EL Wahl | 15 | Y.M.C.A | 40.82 | _____ |

Heat 11 of 23 Finals

| | | | | | |
|----|---------------------------|----|-----------------|-------|-------|
| 1 | Gana Saif El Din Fekry | 15 | DEGLA | 39.56 | _____ |
| 2 | Sama Ahmed Mahmoud | 15 | HLWAN | 39.37 | _____ |
| 3 | Farida Abaza | 15 | Sporting | 39.08 | _____ |
| 4 | Jody Melad Sawiris | 17 | TRSAN | 39.02 | _____ |
| 5 | Malak Ashraf Abdo | 15 | EALAM | 38.83 | _____ |
| 6 | Rana Raeid El Shazly | 17 | Canal Suez Port | 38.91 | _____ |
| 7 | Nour Hossam Mohamed | 15 | Y.M.C.A | 39.03 | _____ |
| 8 | Farida Hesham Abd al Ghan | 16 | 6 OCT | 39.21 | _____ |
| 9 | Maya Ali Ahmed | 16 | Elethad | 39.53 | _____ |
| 10 | Gamila Ahmed Mohamed E | 15 | MRAC | 39.58 | _____ |

Heat 12 of 23 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Hallaa Hamd Ahmed | 15 | Bitash | 38.64 | _____ |
| 2 | Mennatallah Amr Abd El W | 15 | A S E C | 38.55 | _____ |
| 3 | Nour Mohanad Salah | 15 | DEGLA | 38.45 | _____ |
| 4 | Hala Yasser Mohamed | 18 | HADAK | 38.39 | _____ |
| 5 | Loren Osama Mohamed | 15 | SHAMS | 38.31 | _____ |
| 6 | Dahb Magdy Kamal | 20 | Elethad | 38.33 | _____ |
| 7 | Mayar Sherif Mohamed | 16 | Elethad | 38.40 | _____ |
| 8 | Fayrouz Wael Gamal Ibrahi | 16 | ElGezira Youth | 38.51 | _____ |
| 9 | Jana Wahdan | 15 | SMOHA | 38.58 | _____ |
| 10 | Asmaa Nabil Fathi | 15 | SMOHA | 38.79 | _____ |

Heat 13 of 23 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Nazly Karim ElDin Ahm. H | 17 | GEZIR | 38.25 | _____ |
| 2 | Joudy Walid Atif | 16 | DEGLA | 38.21 | _____ |
| 3 | Sama Rafik Ibrahim Gaber | 15 | Elethad | 38.15 | _____ |
| 4 | Haya Ahmed Elsaid Abdo | 17 | 6 OCT | 37.98 | _____ |
| 5 | Nor Ahmed Ali Abdel Khale | 15 | SHOOT | 37.56 | _____ |
| 6 | Nawal Abd El-Hamid El-Ki | 16 | New Giza | 37.65 | _____ |
| 7 | Marwa Mohamed Hanfy | 18 | Y.M.C.A | 38.15 | _____ |
| 8 | Lougain amr Saeid | 15 | ZMALK | 38.16 | _____ |
| 9 | Reta Khalil Fawzy | 15 | A S E C | 38.25 | _____ |
| 10 | Gana Shawky Hesén | 15 | DEGLA | 38.29 | _____ |

Heat 14 of 23 Finals

| | | | | | |
|----|--------------------------|----|------------|-------|-------|
| 1 | Jana Mohamed Abdel Fatah | 20 | SHOOT | 37.44 | _____ |
| 2 | Kenzi Mohamed | 16 | A S E C | 37.40 | _____ |
| 3 | Laila Moustafa Moham | 15 | Palm Hills | 37.37 | _____ |
| 4 | Hallaa Tamer Hanfaa | 15 | Bitash | 37.25 | _____ |
| 5 | Retag Mohamd Ghareeb | 15 | SMOHA | 37.02 | _____ |
| 6 | Salma Mostafa Kamel Abou | 16 | Elethad | 37.16 | _____ |
| 7 | Noureen Raaouf Ahmad | 15 | SMOHA | 37.36 | _____ |
| 8 | Jode Mohamad Yossef Moh | 16 | SMOHA | 37.39 | _____ |
| 9 | Lojin Mohamed Moustafa | 18 | A S E C | 37.44 | _____ |
| 10 | Renad Ahmed Hamdy | 15 | Elethad | 37.52 | _____ |

Heat 15 of 23 Finals

| | | | | | |
|----|--------------------------|----|-----------|-------|-------|
| 1 | Yasamina Aslam Subhaa | 19 | Nasr City | 37.00 | _____ |
| 2 | Emy Yaser Abd Elatef | 15 | Y.M.C.A | 36.82 | _____ |
| 3 | Marleen Maikle Safwat | 15 | RWAD | 36.79 | _____ |
| 4 | Kinzy Yahia Mohamed Sam | 16 | ENPPI | 36.62 | _____ |
| 5 | Hania Hossam Ahmed Salar | 16 | SMOHA | 36.54 | _____ |
| 6 | Logy Aly Abbady | 15 | DEGLA | 36.55 | _____ |
| 7 | Hasnaa Ayman Ahmed Ali | 18 | SMOHA | 36.77 | _____ |
| 8 | Retaj Ahmed Mahmoud | 15 | SMOHA | 36.82 | _____ |
| 9 | Mariam Ayman Saeed | 15 | A S E C | 36.95 | _____ |
| 10 | Shrin Ahmed Abdelkader | 17 | SHRKS | 37.02 | _____ |

Heat 16 of 23 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | Hour een Samer Elsaied She | 16 | SMOHA | 36.24 | _____ |
| 2 | Sara Siwisy Mohamed Abas | 15 | Bank Ahly Alex | 36.22 | _____ |
| 3 | Yasmen Ahmed Basim | 18 | Sporting | 36.04 | _____ |
| 4 | Zeina Wael Abdel Aziz | 15 | SHOOT | 35.95 | _____ |
| 5 | Hana Mohamed Rashad | 15 | HLWAN | 35.85 | _____ |
| 6 | Goumana aly Abdelgafar | 15 | ZMALK | 35.87 | _____ |
| 7 | Haneen Tamer Ahmed | 17 | DEGLA | 36.03 | _____ |
| 8 | Jana Wael Mohamed | 17 | HLWAN | 36.16 | _____ |
| 9 | Nayera Tarek El-Sayed | 17 | FAROS | 36.22 | _____ |
| 10 | Mariam Ebrahim Mohamed | 16 | HELOP | 36.29 | _____ |

Heat 17 of 23 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Joudy Moahmed Khedr | 17 | SMOHA | 35.71 | _____ |
| 2 | Farida Rashdy Mohamed Al | 16 | Bank Ahly Alex | 35.62 | _____ |
| 3 | Logien Ahmed Elsherif | 17 | SHOOT | 35.47 | _____ |
| 4 | Rawan Yahia | 16 | ZMALK | 35.28 | _____ |
| 5 | Farida Waleed Fathy | 15 | SHOOT | 35.08 | _____ |
| 6 | Farida Ahmed Mohamed At | 18 | Olympic | 35.19 | _____ |
| 7 | Gana Wael Youssef Mahmo | 18 | DEGLA | 35.39 | _____ |
| 8 | Alia Ali Mohamed | 21 | HELOP | 35.62 | _____ |
| 9 | Sandra Emad Onsy | 16 | RWAD | 35.64 | _____ |
| 10 | Hana Hisham Ahmed Ibrahi | 15 | ZMALK | 35.83 | _____ |

Heat 18 of 23 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Iman Ahmed Adel Elsaied | 17 | SMOHA | 35.03 | _____ |
| 2 | Goumana Wael Hosny | 17 | AHLY | 34.93 | _____ |
| 3 | Laila Mohamed Brekaa Taw | 15 | SHAMS | 34.75 | _____ |
| 4 | Lara Essam Nabil | 15 | SMOHA | 34.70 | _____ |
| 5 | Salma Abdel Hamid Mazrou | 18 | DEGLA | 34.65 | _____ |
| 6 | Reem Ahmed Elsayed | 17 | Tlaea El Ostol | 34.69 | _____ |
| 7 | Mayar Ashraf al Sayed | 15 | M.S Tagamoa | 34.70 | _____ |
| 8 | Lama Tamer Mohamed Ahn | 19 | SMOHA | 34.92 | _____ |
| 9 | Amina Alaa Elhamouly | 17 | Sporting | 34.97 | _____ |
| 10 | Malak Mohamed Mahmoud | 15 | DEGLA | 35.06 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 19 Finals (#27 Women 15 & Over 50 LC Meter Backstroke)

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Retaal Mohamd Ghareeb | 15 | SMOHA | 34.46 |
| 2 | Mariam Ghanim | 15 | Damnhor Sport | 34.40 |
| 3 | Farida Ahmed Hussien | 15 | SMOHA | 34.38 |
| 4 | Zinab Abdalaziz Mohsen Al | 15 | 6 OCT | 34.16 |
| 5 | Logain Amir Mohamed Else | 15 | Elethad | 34.04 |
| 6 | Menna Mohamed Alashkar | 18 | ZMALK | 34.15 |
| 7 | Zeina Sherif Ahmed | 15 | DEGLA | 34.17 |
| 8 | Ganaa Mohamed Elsaed Ga | 16 | Bank Ahly Alex | 34.38 |
| 9 | Hana Wael Magdi Mah . Els | 18 | GEZIR | 34.43 |
| 10 | Retag Galal Ibrahim | 15 | DEGLA | 34.64 |

Heat 20 of 23 Finals

| | | | | |
|----|--------------------------|----|---------|-------|
| 1 | Salma Mohamed Ezzat Moh | 17 | DEGLA | 33.91 |
| 2 | Nour Mohamed Ibrahim Ali | 19 | SMOHA | 33.87 |
| 3 | Lojain Tarek Esmaiel | 16 | HELOP | 33.80 |
| 4 | Ganna Safwat Salah | 17 | AHLY | 33.66 |
| 5 | Gana Allaeldin Mohamed | 16 | SHAMS | 33.57 |
| 6 | Mai Khaled Abdelltif | 21 | DEGLA | 33.65 |
| 7 | Noor Tamer AbdElrhim Mo | 17 | SHAMS | 33.67 |
| 8 | Nour Mohamad Hassan Mol | 16 | SMOHA | 33.85 |
| 9 | Malek Essam Eldin | 20 | Elethad | 33.89 |
| 10 | Habiba Shady Mohamed | 16 | DEGLA | 33.94 |

Heat 21 of 23 Finals

| | | | | |
|----|---------------------------|----|--------------|-------|
| 1 | Kenzy Mohamed el Sebaey | 18 | Cairo | 33.49 |
| 2 | Joudy Khaled Saied Ismail | 16 | Olympic | 33.34 |
| 3 | Hala Osama Fatehy | 15 | Pegasus Club | 33.28 |
| 4 | Na'eela Wael Elagroudy | 17 | Sporting | 32.90 |
| 5 | Nour Mohamed Hessien Ah | 19 | SHAMS | 32.87 |
| 6 | Farida Sherif Ahmed Taha | 17 | SHOOT | 32.88 |
| 7 | Zena Mahmoud Mohamed M | 19 | GHABA | 33.07 |
| 8 | Alia Khaled Mohamed Ghoi | 18 | GEZIR | 33.31 |
| 9 | Shimaa Mohamed Hussien | 18 | TALBE | 33.42 |
| 10 | Haya HossamEldin Kndel | 19 | SMOHA | 33.52 |

Heat 22 of 23 Finals

| | | | | |
|----|--------------------------|----|----------------|-------|
| 1 | Habiba Mohamad Saeed Sh | 16 | SMOHA | 32.73 |
| 2 | Louloua Modather Hassan | 15 | DEGLA | 32.73 |
| 3 | Karma Shady Mohamed Sat | 17 | HELOP | 32.47 |
| 4 | Login Hazem Samir | 16 | Nasr City | 32.32 |
| 5 | Nancy Mostafa Ibrahim M | 16 | SHAMS | 32.29 |
| 6 | Mariem Hossam Elden Hass | 16 | Cairo | 32.32 |
| 7 | Salma Ahmed Elsaied | 16 | Gezira El Ward | 32.33 |
| 8 | Kenzy Ahmed Ali | 21 | AHLY | 32.52 |
| 9 | Khadega abd el Azez Glal | 17 | HELOP | 32.73 |
| 10 | Malak Mokhtar Mohamed | 18 | DEGLA | 32.77 |

Heat 23 of 23 Finals

| | | | | |
|----|-----------------------------|----|-------|-------|
| 1 | Rokan Tamer Ismail | 16 | SHOOT | 32.07 |
| 2 | Hala Amr | 16 | AHLY | 31.92 |
| 3 | Malak Waled Essam Shaban | 20 | SMOHA | 31.36 |
| 4 | Farida Amr Mohamed Abd J | 19 | SHOOT | 31.23 |
| 5 | Sara Waled Mahmoud | 17 | HELOP | 29.95 |
| 6 | Farah Amr Abdel Motaleib | 21 | SHOOT | 30.63 |
| 7 | Maya Kamal Mohamed Mh | 18 | SMOHA | 31.25 |
| 8 | Marem Ahmad Abdelgafar / | 16 | SMOHA | 31.83 |
| 9 | Lougein amr Khaleil Ibrahim | 17 | ZMALK | 31.99 |
| 10 | Loujain Youssef Ahmed | 21 | AHLY | 32.10 |

Event 33 Men 15 & Over 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 20 Finals

| | | | | |
|---|---------------------|----|----------------|----|
| 4 | Joshua Joseph Fouad | 16 | TRSAN | NT |
| 5 | Serag Ahmed Mohamed | 17 | TALBE | NT |
| 6 | Mohamed Shreef | 17 | Tlaea El Ostol | NT |

Heat 2 of 20 Finals

| | | | | |
|---|--------------------------|----|-----------------|----|
| 1 | Abdelrahman Atef Said | 16 | Elethad | NT |
| 2 | Mohamed Amr Elsayed Abd | 16 | Olympic | NT |
| 3 | Seif Amr Mahmoud Alsokry | 18 | 6 OCT | NT |
| 4 | Anwar Ayman Mohamed M | 16 | Olympic | NT |
| 5 | Braa Ahmed Lotfy | 15 | SHAMS | NT |
| 6 | Abdelrahman Kassem | 15 | TALBE | NT |
| 7 | Youssef Fawzy Abdelthahr | 15 | Olympic | NT |
| 8 | Mohmed Osama Ahmed Say | 18 | Marina Sporting | NT |
| 9 | Mohamed Waled Mohamed | 15 | A S E C | NT |

Heat 3 of 20 Finals

| | | | | |
|----|----------------------------|----|----------------|----|
| 1 | Amr Khaled Mansour Elto | 17 | GHARB | NT |
| 2 | Nour Eldin AlaaEldin Abdal | 18 | 6 OCT | NT |
| 3 | Ahmed Waled Ibrahim | 17 | TALBE | NT |
| 4 | George Josef Nashat | 15 | GHARB | NT |
| 5 | Amr Faisal Mohamed | 15 | DEGLA | NT |
| 6 | Ahmed Khaled Abdelkader | 15 | Bank Ahly Alex | NT |
| 7 | Moaz Eslam Kamal Eldeen | 16 | SMOHA | NT |
| 8 | Yousef Adel Ramadan | 19 | SHAMS | NT |
| 9 | Adham Ahmed Abdelaziz A | 17 | Stad Mansoura | NT |
| 10 | Mark Wael | 15 | GHARB | NT |

Heat 4 of 20 Finals

| | | | | |
|----|---------------------------|----|------------------|----|
| 1 | Fares Nabih Elsayed Nabih | 15 | Stad Mansoura | NT |
| 2 | Mohamed Hassan Hafez | 19 | AHLY | NT |
| 3 | Youssef Mohamed Khalil | 15 | DEGLA | NT |
| 4 | Yassien Osama Fouad | 15 | SHAMS | NT |
| 5 | Omar Haytham Mohamed E | 15 | Gezira El Ward | NT |
| 6 | Omar Karim Ali Abd El Har | 18 | SENZO | NT |
| 7 | Marwan Ahmed Elsayed Ah | 16 | Olympic | NT |
| 8 | Ahmed Ayman Mohamed | 16 | Elec | NT |
| 9 | Mohamed Ahmed Abdelhfe | 15 | TANTA | NT |
| 10 | Badr Mohamed Badr | 15 | Minia Sport Clup | NT |

Heat 5 of 20 Finals

| | | | | |
|----|---------------------------|----|------------|----|
| 1 | Ahmed Yasser Yehia | 19 | Cairo | NT |
| 2 | Amr Hatim Abd EIKaK Ab | 15 | GEZIR | NT |
| 3 | Mohand Mohamed Abdel S | 16 | Luxor Club | NT |
| 4 | Yehia Hisham Yehia Abdela | 17 | SMOHA | NT |
| 5 | Eyad Faisal Saad | 15 | ENPPI | NT |
| 6 | Ali Mohamed Kamal | 16 | DEGLA | NT |
| 7 | Youssef Ashraf Fawzy | 17 | MRAC | NT |
| 8 | Hussein Mohamed Hussein | 16 | Luxor Club | NT |
| 9 | Omar Mohamad Ali Ebrahe | 16 | SMOHA | NT |
| 10 | Mohamed Sameh Farouk | 15 | TALBE | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 6 Finals (#33 Men 15 & Over 800 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|----------------|----------|-------|
| 1 | Hazem Mohamed Essam | 17 | A S E C | NT | _____ |
| 2 | Mohanad Mohamed Anwar | 15 | TALBE | 10:34.85 | _____ |
| 3 | Mazen Mohamed Badr | 16 | TALBE | 10:30.62 | _____ |
| 4 | Mahmoud Haitham Jameel | 15 | SHOOT | 10:29.06 | _____ |
| 5 | Abdelrahman Amr Abdelazi | 15 | Tlaea El Ostol | 10:22.58 | _____ |
| 6 | Ali Abdelrhman Ali | 15 | Elethead | 10:25.31 | _____ |
| 7 | Omar Sherif Karam | 15 | TRSAN | 10:29.47 | _____ |
| 8 | Yassin Ahmed Elsayed | 15 | SENZO | 10:33.46 | _____ |
| 9 | Mohamed Kamal Abdelkade | 15 | ZMALK | 12:00.44 | _____ |
| 10 | Abd Alla Karim Ashraf Ma | 19 | GEZIR | NT | _____ |

Heat 7 of 20 Finals

| | | | | | |
|----|------------------------|----|----------------|----------|-------|
| 1 | Mohamed Tarek Mohamed | 17 | HLWAN | 10:21.41 | _____ |
| 2 | Omar Mohamed Abdelgawv | 15 | Olympic | 10:15.01 | _____ |
| 3 | Omar Mohamed Ahmed Els | 15 | ZMALK | 10:03.49 | _____ |
| 4 | Omar Ibrahim Mohamed | 15 | Tlaea El Ostol | 10:02.19 | _____ |
| 5 | Sherief Yaseer Saeid | 15 | ZMALK | 9:57.60 | _____ |
| 6 | Abdelharman Hany Moham | 18 | SMOHA | 10:01.54 | _____ |
| 7 | Adham Ahmed abd Elkade | 17 | Elethead | 10:02.79 | _____ |
| 8 | Yssin Ayman Elsaed | 15 | Tlaea El Ostol | 10:08.20 | _____ |
| 9 | Omar Mohamed Mostafa | 16 | El Obour | 10:18.82 | _____ |
| 10 | Fathy ali Fathy | 15 | TALBE | 10:22.06 | _____ |

Heat 8 of 20 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Omar Shady Mohamad Ali | 16 | SMOHA | 9:53.76 | _____ |
| 2 | Mohamed Karim Mohamed | 21 | SMOHA | 9:52.75 | _____ |
| 3 | Saged Emad Roushdy | 15 | SMOHA | 9:50.86 | _____ |
| 4 | Hamza Elmoutaz Bellah Mc | 15 | ZMALK | 9:45.75 | _____ |
| 5 | Sief Mohamed Elgnagy | 16 | Damnhor Sport | 9:44.84 | _____ |
| 6 | Moaz Ahmed Abdallah | 15 | SHAMS | 9:45.64 | _____ |
| 7 | Mohamed Hashem Mohame | 15 | SMOHA | 9:48.53 | _____ |
| 8 | Omar Waled Sherif | 15 | SMOHA | 9:51.16 | _____ |
| 9 | aly Hussien Mohamed Huse | 16 | ZMALK | 9:52.92 | _____ |
| 10 | Omar Ehab Mhmoud Hasan | 17 | SMOHA | 9:56.35 | _____ |

Heat 9 of 20 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Adam Amr Al Daadaa | 17 | Raas El Bar Club | 9:44.34 | _____ |
| 2 | Abelrahman Khaled Abdeln | 17 | Olympic | 9:41.53 | _____ |
| 3 | Bilal Yaser Mohamed Saad | 15 | SHAMS | 9:41.26 | _____ |
| 4 | Omar Mohamed Fawzy Taw | 17 | TALBE | 9:40.76 | _____ |
| 5 | Omar Mahamed Karam Ali | 16 | HELDO | 9:39.62 | _____ |
| 6 | Ahmed Mohamed Nabiel M | 15 | SHAMS | 9:39.85 | _____ |
| 7 | Mohamed Emadeldein Solir | 15 | SMOHA | 9:41.17 | _____ |
| 8 | omr Mahmoud Abdallah | 16 | MAY15 | 9:41.28 | _____ |
| 9 | Ahmed Abdelaziz Elshekh | 16 | Pegasus Club | 9:42.50 | _____ |
| 10 | Adham Khaled Salah Eldin | 15 | MRAC | 9:44.42 | _____ |

Heat 10 of 20 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Eyad Mohamed Hassan els | 17 | ZMALK | 9:39.32 | _____ |
| 2 | Mohamed Khaled Mohamec | 17 | Stad Mansoura | 9:38.76 | _____ |
| 3 | Abdelrhman Mohamed Abd | 15 | 6 OCT | 9:36.05 | _____ |
| 4 | Mohamed Ibrahim Zakreya | 16 | A S E C | 9:35.68 | _____ |
| 5 | Ziad Ayman Mamon | 16 | Cairo | 9:34.55 | _____ |
| 6 | Karim Mohamed Ahmed Al | 15 | TRSAN | 9:35.61 | _____ |
| 7 | Adm Ahmed Yousief | 15 | Cairo | 9:35.82 | _____ |
| 8 | Saleh Shady Mohamed Said | 22 | SHOOT | 9:36.21 | _____ |
| 9 | Omar Ahmed Mohamed Gal | 16 | RWAD | 9:39.04 | _____ |
| 10 | Ahmed Karem Mohamed N | 15 | Al Hawar | 9:39.37 | _____ |

Heat 11 of 20 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Yassin amr Mostafa | 16 | TRSAN | 9:33.42 | _____ |
| 2 | Mahmoud Elmetwaly Moha | 15 | Gezira El Ward | 9:33.02 | _____ |
| 3 | Youssef Moataz Mohamed | 15 | DEGLA | 9:31.51 | _____ |
| 4 | Mohamed Abdo Moro | 15 | Domyt Club | 9:30.07 | _____ |
| 5 | Sief El Din Mohamed Mosli | 18 | Sporting | 9:28.08 | _____ |
| 6 | Karim Sameh Karim | 16 | TRSAN | 9:29.53 | _____ |
| 7 | Seif Jousef Anas | 15 | HELOP | 9:31.16 | _____ |
| 8 | Mohamed Alaa Farouk Shal | 15 | 6 OCT | 9:32.20 | _____ |
| 9 | Omar Hisham Hussien | 15 | ZOHUR | 9:33.07 | _____ |
| 10 | Kariem amr Mouhmed | 15 | Cairo | 9:34.17 | _____ |

Heat 12 of 20 Finals

| | | | | | |
|----|-------------------------|----|-------------|---------|-------|
| 1 | Ahmed Mohamed Harby | 16 | Al Hawar | 9:26.14 | _____ |
| 2 | Mazen Mohamed Mohamad | 17 | NASR | 9:25.55 | _____ |
| 3 | Magdy Ahmed Magdy Gaze | 15 | TANTA | 9:25.14 | _____ |
| 4 | Zian Mahmoud Fawzy | 15 | A S E C | 9:23.10 | _____ |
| 5 | Mohamad Akram Mohamad | 16 | SMOHA | 9:22.81 | _____ |
| 6 | Youssef Medhat Fathy | 16 | DEGLA | 9:23.08 | _____ |
| 7 | Omar Abd EL Razek Kamal | 16 | RWAD | 9:23.76 | _____ |
| 8 | Youssef Islam | 15 | Sporting | 9:25.51 | _____ |
| 9 | Rayan Amr Mohamed | 15 | M.S Tagamoa | 9:25.74 | _____ |
| 10 | Mhmoud A Hmed Mhmoud | 16 | 6 OCT | 9:26.32 | _____ |

Heat 13 of 20 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Hady Mahmoed Efat | 15 | Wave | 9:22.24 | _____ |
| 2 | Saif Eldin Sherif Ahmed | 17 | TRSAN | 9:21.56 | _____ |
| 3 | Ahmed Ismeil | 17 | Nasr City | 9:20.99 | _____ |
| 4 | Amr Wael Shawky | 17 | RWAD | 9:20.77 | _____ |
| 5 | Yousef Ahmed Fathy | 16 | Stad Mansoura | 9:20.19 | _____ |
| 6 | Ahmed Sameh Safwat Shaal | 18 | HELDO | 9:20.48 | _____ |
| 7 | Ahmed Sherief Ismaiel Saye | 16 | SHAMS | 9:20.98 | _____ |
| 8 | Mazen Hany Emara | 18 | ZOHUR | 9:21.41 | _____ |
| 9 | Mahmoud Haitham Mahmo | 16 | GHABA | 9:21.98 | _____ |
| 10 | Abdelrhman Mohamed Mo | 15 | Bank Ahly Alex | 9:22.47 | _____ |

Heat 14 of 20 Finals

| | | | | | |
|----|-----------------------------|----|----------|---------|-------|
| 1 | Yasein Hossam aly | 17 | ZMALK | 9:19.98 | _____ |
| 2 | Mohamed Hassan Abd El W | 16 | MAADI | 9:18.78 | _____ |
| 3 | Mhmoud Wled Fkri Mhmou | 19 | 6 OCT | 9:17.57 | _____ |
| 4 | Youssef Yasser Farouk Hass | 16 | Sporting | 9:17.34 | _____ |
| 5 | Mohamed Wael Ibrahim De | 16 | TWFIK | 9:16.96 | _____ |
| 6 | Ali Amr Zoalfakar | 15 | SMOHA | 9:17.13 | _____ |
| 7 | Eyad Mohamed Abdelstar | 17 | ZMALK | 9:17.55 | _____ |
| 8 | Yassin Abdelmeged Moham | 16 | GHABA | 9:18.70 | _____ |
| 9 | Hatem el Ameer Salah el dir | 16 | Al Hawar | 9:19.75 | _____ |
| 10 | Ahmed Tamer Rabea | 17 | SHOOT | 9:20.03 | _____ |

Heat 15 of 20 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Mostafa Mahmoud Elbosat | 17 | DEGLA | 9:16.09 | _____ |
| 2 | Adam Hamada Ahmed Moh | 15 | 6 OCT | 9:14.88 | _____ |
| 3 | Eslam Mohamed Abdelrazel | 15 | 6 OCT | 9:13.93 | _____ |
| 4 | abd Elrahman Sherif Karam | 19 | TRSAN | 9:13.37 | _____ |
| 5 | Selim Tamer Osama Ahmed | 17 | SHOOT | 9:11.05 | _____ |
| 6 | Adham Khaled Abdelkader | 17 | Bank Ahly Alex | 9:12.51 | _____ |
| 7 | Omar Mohamed Hosny | 15 | HADAK | 9:13.72 | _____ |
| 8 | Ahmad Nabil Ahmad | 15 | HADAK | 9:14.63 | _____ |
| 9 | Ahmed Asharf Dawood | 16 | Baladyat El Maha | 9:15.73 | _____ |
| 10 | Adhm Bassem Mouhmed | 15 | Cairo | 9:16.61 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 16 Finals (#33 Men 15 & Over 800 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|---------------|---------|
| 1 | Omar Basem Hassan Mohar | 15 | MAADI | 9:10.41 |
| 2 | Moustafa Essam Wahba | 17 | Sporting | 9:09.90 |
| 3 | Nour Eldin Karem Mohame | 16 | AHLY | 9:07.42 |
| 4 | Adam Ahmed Yaqoub | 15 | HADAK | 9:06.69 |
| 5 | Mohamed Bahgat Mohamec | 17 | Stad Mansoura | 9:03.18 |
| 6 | Mohamed Abdalla el Bosati | 17 | SHROK | 9:05.33 |
| 7 | Zeyad Mohamed Magdy | 18 | MAADI | 9:06.71 |
| 8 | Yahia Hazim Husieen | 16 | ZMALK | 9:09.56 |
| 9 | Ziad Mohamed Hassan | 15 | Sporting | 9:09.97 |
| 10 | Omar Elsayed Ramadan Els | 17 | Olympic | 9:10.45 |

Heat 17 of 20 Finals

| | | | | |
|----|-------------------------|----|-------|---------|
| 1 | Seif Ashry Kasem | 22 | GHABA | 9:02.92 |
| 2 | Yehia Ashraf Farag | 17 | AHLY | 9:02.67 |
| 3 | Moustafa Tarik Moustafa | 21 | HELOP | 9:00.87 |
| 4 | Anas Haythm Mohamad Els | 16 | SMOHA | 8:57.25 |
| 5 | Yassien Tarek Mahmoud | 15 | Cairo | 8:56.41 |
| 6 | Omar Mohsen Ramdan Abd | 19 | SMOHA | 8:57.16 |
| 7 | Mohamed Amr Nabil | 15 | DEGLA | 8:59.65 |
| 8 | Mohamed Saeed Eleiraqy | 19 | ZMALK | 9:00.90 |
| 9 | Adham Shady Mohsen El H | 16 | ZOHUR | 9:02.74 |
| 10 | Ziad Ayman Mamoun | 16 | ZMALK | 9:03.06 |

Heat 18 of 20 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Yassein Akram Ragab Sobei | 17 | SHAMS | 8:55.12 |
| 2 | Youssef Ehab Mostafa | 19 | AHLY | 8:54.35 |
| 3 | Mohamed Khaled Mohamec | 18 | Bank Ahly Alex | 8:53.22 |
| 4 | Karim Hesham Moh. Fakry | 16 | GEZIR | 8:50.24 |
| 5 | Mohamed Essam Abdou | 18 | AHLY | 8:49.39 |
| 6 | Abdullah Eldafrawy | 16 | REHAB | 8:49.65 |
| 7 | Mazen Emad Hamed | 17 | AHLY | 8:52.68 |
| 8 | Mohanad Tamer Mohamed | 18 | SMOHA | 8:53.76 |
| 9 | Hisham Elshirbeny | 15 | ZMALK | 8:54.87 |
| 10 | Mostafa Adel Ibrahim Khal | 20 | SMOHA | 8:55.75 |

Heat 19 of 20 Finals

| | | | | |
|----|-------------------------|----|----------|---------|
| 1 | Yossef Sherif Ibrahim | 18 | MAADI | 8:47.23 |
| 2 | Malek Mohamed Bazan | 17 | MAADI | 8:42.54 |
| 3 | Sherief Reda Metwaally | 16 | ZOHUR | 8:40.80 |
| 4 | Farouk Mohamad Elgedely | 17 | SMOHA | 8:39.83 |
| 5 | Tarek el Shaer | 15 | Sporting | 8:37.76 |
| 6 | Omar Mohamed Hassan | 16 | AHLY | 8:38.22 |
| 7 | Mazen Mostafa Asfoor | 16 | ZOHUR | 8:40.71 |
| 8 | Mahmoud Hassan Mohamec | 16 | SHAMS | 8:41.02 |
| 9 | Adham Amr Mahmoud | 15 | MAADI | 8:46.61 |
| 10 | Mohamed Tarek Rashad Ab | 19 | SHAMS | 8:47.57 |

Heat 20 of 20 Finals

| | | | | |
|----|------------------------|----|----------|---------|
| 1 | Ahmed Mahmoud Elhouran | 17 | AHLY | 8:37.37 |
| 2 | Ahmed Samir Mohamed | 16 | HADAK | 8:30.67 |
| 3 | Saif Amr Al Batal | 18 | HADAK | 8:26.27 |
| 4 | ali Mohamed Sarwat | 19 | HELOP | 8:20.64 |
| 5 | Mohamed Adel Mohamed M | 23 | AHLY | 8:06.75 |
| 6 | Marwan Ahmed Elamrawy | 29 | Sporting | 8:08.55 |
| 7 | Omar Karim Galal Samy | 17 | MAADI | 8:23.80 |
| 8 | Ahmed Mohamed Ahmed al | 18 | SHOOT | 8:27.97 |
| 9 | Tarek Kamel Farouk | 21 | ZMALK | 8:33.55 |
| 10 | Karim Magid Abdelgheil | 17 | ZMALK | 8:37.39 |

Event 34 Women 15 & Over 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 16 Finals

| | | | | |
|---|--------------------------|----|---------------|----|
| 1 | Kinzi Husayn | 15 | Zahraa Helwan | NT |
| 2 | Emy Yaser Abd Elatef | 15 | Y.M.C.A | NT |
| 3 | Dana Khaled Mohamed | 15 | DEGLA | NT |
| 4 | Malak Ahmed Ibrahim Kanc | 15 | SHAMS | NT |
| 5 | Shahd Mohamed Ahmed Ell | 15 | AHLY | NT |
| 6 | Hana Mohamed El Sayed | 16 | A S E C | NT |
| 7 | Ayten Yaser Abdelmouty | 15 | SMOHA | NT |
| 8 | Julie Akram Ahmed | 18 | AHLY | NT |
| 9 | Nadin Motaz Mohamed | 16 | MRAC | NT |

Heat 2 of 16 Finals

| | | | | |
|----|----------------------------|----|-----------------|----|
| 1 | Jowayreya Mohamed Saad I | 18 | Olympic | NT |
| 2 | Rokaya Khalid El Masry | 19 | Sporting | NT |
| 3 | Jana Mohamed Omar Moha | 18 | SHAMS | NT |
| 4 | Malak Walid Mohmed | 16 | Marina Sporting | NT |
| 5 | Anod Amr Abd El Aziz | 18 | DEGLA | NT |
| 6 | Fayrouz Wael Gamal Ibrahim | 16 | ElGezira Youth | NT |
| 7 | Salma Hisham Abdalaa | 15 | ZMALK | NT |
| 8 | Joudy Ebrahim Shaban | 15 | Bitash | NT |
| 9 | Karma aly Elsheraee | 18 | HELOP | NT |
| 10 | Mariam Amr Mohamed You | 19 | DEGLA | NT |

Heat 3 of 16 Finals

| | | | | |
|----|---------------------------|----|--------------|----|
| 1 | Malak Ahmed Salah | 15 | RWAD | NT |
| 2 | Rokaya Isllam | 19 | Sporting | NT |
| 3 | Mariam Hesham Mohamed | 20 | AHLY | NT |
| 4 | Nourhan Sherif SalahEldin | 16 | Elethead | NT |
| 5 | Login Reda Mahmoud | 15 | Elethead | NT |
| 6 | Hana Mohamed Ibrahim | 15 | Pegasus Club | NT |
| 7 | Nataly Goarge Atif Tawfik | 16 | DEGLA | NT |
| 8 | Reem Mohamed Omar Abd | 15 | El Obour | NT |
| 9 | Rawan Mamdouh Mohamec | 15 | Kharaya Ms | NT |
| 10 | Julia Ramez Goreg | 15 | SHAMS | NT |

Heat 4 of 16 Finals

| | | | | |
|----|--------------------------|----|----------------|----|
| 1 | Jasmin Ahmed Kenawi | 15 | Damnhor Sport | NT |
| 2 | Salma Sherief Mohamed M | 16 | Olympic | NT |
| 3 | Habeba Mohamed Saleh M | 17 | 6 OCT | NT |
| 4 | Rodaina Mohamed Ahmed | 15 | DEGLA | NT |
| 5 | Malak Amr Ali | 19 | Beni Suef Club | NT |
| 6 | Maryam Ayman Mohamed / | 15 | Elethead | NT |
| 7 | Gana Karim Ahmed | 15 | Wave | NT |
| 8 | Sumaya Abdullah Muham | 15 | Pegasus Club | NT |
| 9 | Habtalla Moustafa Fathey | 15 | Bitash | NT |
| 10 | mai Mohamed Abdelmonerr | 15 | MRAC | NT |

Heat 5 of 16 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Mariam Ahmed Ghatas | 19 | SHOBR | NT |
| 2 | Joudy Wael Ahmed | 15 | 6 OCT | NT |
| 3 | Radwa Mohamed Fawzy | 15 | A S E C | 3:46.55 |
| 4 | Nada Tarek Ahmed | 17 | HLWAN | 3:14.04 |
| 5 | Jody Melad Sawiris | 17 | TRSAN | 3:10.43 |
| 6 | Swlaf Samer Abdalla Sharar | 18 | Y.M.C.A | 3:13.93 |
| 7 | Malk Ibrahim Mohamed | 15 | Damnhor Sport | 3:23.67 |
| 8 | Habiba Mohamed Abd el N | 16 | DEGLA | NT |
| 9 | Kenzy Mostafa Hashad | 19 | AHLY | NT |
| 10 | Retaj Mohamed Elsayed An | 18 | SMOHA | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 6 Finals (#34 Women 15 & Over 200 LC Meter IM)

| | | | | | |
|----|-------------------------|----|----------|---------|-------|
| 1 | Negar Hithem Ahmed | 15 | Y.M.C.A | 3:07.78 | _____ |
| 2 | Karma Ahmed Hamdy Huss | 15 | A S E C | 3:06.82 | _____ |
| 3 | Nour Ahmed Samer | 19 | Sporting | 3:06.59 | _____ |
| 4 | Malak Yasser Elsayed | 15 | A S E C | 3:03.25 | _____ |
| 5 | Mariam Mohamed Sobhy | 18 | DEGLA | 3:02.82 | _____ |
| 6 | Habeba Waled Mahmud Shr | 16 | SMOHA | 3:02.89 | _____ |
| 7 | Habiba Mohamed AL Said | 17 | RWAD | 3:05.28 | _____ |
| 8 | Joudy Wael Saad Fayed | 15 | Elethead | 3:06.80 | _____ |
| 9 | Salma Hesham | 15 | A S E C | 3:06.94 | _____ |
| 10 | Sama Mohamed Helmy | 18 | Elethead | 3:08.47 | _____ |

Heat 7 of 16 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Rokia Shrif Mohamd Faroul | 15 | Bank Ahly Alex | 3:01.51 | _____ |
| 2 | Taleen Monzer Mohamed A | 16 | MRAC | 2:58.17 | _____ |
| 3 | Aseel Ousama Abdelsalam | 15 | Damnhor Sport | 2:57.33 | _____ |
| 4 | Malk Waled Shoukry | 15 | Bitash | 2:55.77 | _____ |
| 5 | Hana Nasser El Safty | 17 | SHOOT | 2:54.11 | _____ |
| 6 | Salma Ahmed Abd el Wahat | 15 | DEGLA | 2:54.60 | _____ |
| 7 | Haneen Mohamed a. Negm | 15 | TANTA | 2:56.12 | _____ |
| 8 | Roudina Hamdy Fouad | 15 | Tlaea El Ostol | 2:58.10 | _____ |
| 9 | Dai Gamal Fahmy | 15 | El Obour | 2:59.84 | _____ |
| 10 | Sondos Hossam Eldin Mahr | 15 | TRSAN | 3:01.72 | _____ |

Heat 8 of 16 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Malak Mohamed Abdelmon | 18 | DEGLA | 2:53.57 | _____ |
| 2 | Zina Ahmed Abdullh Mohar | 16 | ElGezira Youth | 2:52.28 | _____ |
| 3 | Sara Elhamy Foad Abd El S | 19 | MAADI | 2:51.45 | _____ |
| 4 | Aram Hesham Raafat Mahn | 15 | 6 OCT | 2:51.20 | _____ |
| 5 | Tala Feras Mostafa Mohreb | 15 | SMOHA | 2:50.88 | _____ |
| 6 | Fairouz Mazin Adel | 16 | DEGLA | 2:51.12 | _____ |
| 7 | Sara Siwisy Mohamed Abas | 15 | Bank Ahly Alex | 2:51.36 | _____ |
| 8 | Karma Mohamed Elwakiel | 17 | SMOHA | 2:51.56 | _____ |
| 9 | Jana Ashraf Mohamed Gabe | 18 | Olympic | 2:52.44 | _____ |
| 10 | Ahbab Hossameeldin Ahmed | 15 | Olympic | 2:53.93 | _____ |

Heat 9 of 16 Finals

| | | | | | |
|----|---------------------------|----|-----------|---------|-------|
| 1 | Tamara Mohamed Abd Elka | 15 | HELOP | 2:49.74 | _____ |
| 2 | Lorian Hany | 16 | Sporting | 2:49.31 | _____ |
| 3 | Joudy Khaled Saied Ismail | 16 | Olympic | 2:47.78 | _____ |
| 4 | Lilly Mohamed abd el Aziz | 15 | Nasr City | 2:47.34 | _____ |
| 5 | Mena Mohamed Abdul Rahi | 19 | ZOHUR | 2:46.76 | _____ |
| 6 | Laila Ossama | 15 | Sporting | 2:47.01 | _____ |
| 7 | Noha Alaa Abd Elhlim | 20 | ZOHUR | 2:47.65 | _____ |
| 8 | Rawda Ashrif Ramdan | 19 | MAY15 | 2:48.68 | _____ |
| 9 | Sarah Karim Mohamed Gal | 18 | SMOHA | 2:49.70 | _____ |
| 10 | Habiba Essam Wahba | 15 | Sporting | 2:49.76 | _____ |

Heat 10 of 16 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Karma Ayman Abou Amera | 17 | Sporting | 2:46.38 | _____ |
| 2 | Yomna Gomaa Ali Abdo | 15 | Bank Ahly Alex | 2:45.79 | _____ |
| 3 | Shrouk Mohamed Rashad M | 16 | Olympic | 2:45.67 | _____ |
| 4 | Aisha Yasser Amin | 15 | AHLY | 2:44.62 | _____ |
| 5 | Noor Rami | 15 | Sporting | 2:44.56 | _____ |
| 6 | Laila Mohamed Fathy | 17 | SHOOT | 2:44.58 | _____ |
| 7 | Habiba Elamier Fiesl | 15 | SHAMS | 2:45.44 | _____ |
| 8 | Rawan Tamer Essam Mahm | 17 | DEGLA | 2:45.70 | _____ |
| 9 | Yassmin Khaled Kaml ElSa | 17 | SHAMS | 2:46.29 | _____ |
| 10 | Zaina Ahmed Mohamed Mo | 15 | Olympic | 2:46.53 | _____ |

Heat 11 of 16 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Roqaya Saad Mohamed | 16 | ZMALK | 2:43.95 | _____ |
| 2 | Nour Mohamed aly el Sobky | 17 | DEGLA | 2:43.71 | _____ |
| 3 | Mennatallah Hatem Ibrahim | 17 | A S E C | 2:43.42 | _____ |
| 4 | Mariam Mahmoud Ahmed | 15 | DEGLA | 2:43.11 | _____ |
| 5 | Zina Yasser Ahmed | 18 | Sporting | 2:42.98 | _____ |
| 6 | Sara Ahmed Alsaed Abdow | 20 | 6 OCT | 2:43.05 | _____ |
| 7 | Mariam Hatem Anwar EL S | 17 | SHOOT | 2:43.21 | _____ |
| 8 | Basmalah Gomaa Ali | 19 | Bank Ahly Alex | 2:43.57 | _____ |
| 9 | Rodaina Khaled Mahmoud | 15 | HELOP | 2:43.78 | _____ |
| 10 | Rose Rafeek Mohamed | 15 | RWAD | 2:44.41 | _____ |

Heat 12 of 16 Finals

| | | | | | |
|----|---------------------------|----|-----------|---------|-------|
| 1 | Retaal Mohamd Ghareeb | 15 | SMOHA | 2:42.53 | _____ |
| 2 | Louloua Modather Hassan | 15 | DEGLA | 2:42.10 | _____ |
| 3 | Goudy Sherif Fawzy | 17 | HADAK | 2:42.08 | _____ |
| 4 | Login Hazem Samir | 16 | Nasr City | 2:41.49 | _____ |
| 5 | Jasmine Waleed Ibrahim | 15 | SMOHA | 2:41.04 | _____ |
| 6 | Nada Sameh Elsayed | 15 | GHABA | 2:41.38 | _____ |
| 7 | Farida Sherif Ahmed Taha | 17 | SHOOT | 2:41.67 | _____ |
| 8 | Hana Mohamed Asharaf Ma | 16 | SHAMS | 2:42.08 | _____ |
| 9 | Habiba Shady Mohamed | 16 | DEGLA | 2:42.36 | _____ |
| 10 | Zinab Abdalaziz Mohsen Al | 15 | 6 OCT | 2:42.64 | _____ |

Heat 13 of 16 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Kenzy Maged Abdel Gawad | 15 | DEGLA | 2:40.98 | _____ |
| 2 | Hanan Ahmed Hussin | 18 | ZMALK | 2:40.71 | _____ |
| 3 | Zeina Mohamed Darwish | 15 | SMOHA | 2:40.33 | _____ |
| 4 | Basmla Ramdan Mostafa M | 17 | Bank Ahly Alex | 2:39.87 | _____ |
| 5 | Fatema Tamer Ahmed Sayed | 17 | DEGLA | 2:39.10 | _____ |
| 6 | Logain Amir Mohamed Elsa | 15 | Elethead | 2:39.75 | _____ |
| 7 | Goudy Mohamed Fahim | 16 | AHLY | 2:40.02 | _____ |
| 8 | Mariam Walid Sayed | 16 | DEGLA | 2:40.62 | _____ |
| 9 | Gana Mohamed Atef | 15 | SHOOT | 2:40.79 | _____ |
| 10 | Jana Wael Ahmed | 15 | 6 OCT | 2:41.00 | _____ |

Heat 14 of 16 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Halla Alla Maher | 18 | DEGLA | 2:38.83 | _____ |
| 2 | Layla Mohamed Elsaed Mar | 16 | Bank Ahly Alex | 2:38.17 | _____ |
| 3 | Gana Noaman Samer | 16 | Al Hawar | 2:37.69 | _____ |
| 4 | Tala Tarekf el Kafrawe | 18 | HELOP | 2:37.44 | _____ |
| 5 | Lara Ahmed Elwan | 16 | AHLY | 2:37.14 | _____ |
| 6 | Dana Rafik El Saady | 16 | DEGLA | 2:37.43 | _____ |
| 7 | Raghad Ibrahim Elsaied | 15 | Gezira El Ward | 2:37.54 | _____ |
| 8 | Nagar Mohamed Salem | 15 | HADAK | 2:37.92 | _____ |
| 9 | Maya Mahmoud Sakr | 15 | SMOHA | 2:38.30 | _____ |
| 10 | Hana Hisham Mohamed Yo | 19 | SMOHA | 2:39.04 | _____ |

Heat 15 of 16 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Yara Sherif Mohamed | 15 | DEGLA | 2:37.08 | _____ |
| 2 | Nada Hesham Medhat | 15 | AHLY | 2:35.54 | _____ |
| 3 | Zaina Mohamed Haitham H | 19 | SHOOT | 2:35.38 | _____ |
| 4 | Basant Hesham Hussin | 15 | DEGLA | 2:34.34 | _____ |
| 5 | Bassant Gamil Barakat | 17 | AHLY | 2:32.93 | _____ |
| 6 | Mariam Mohamed Ahmed k | 18 | SMOHA | 2:33.71 | _____ |
| 7 | Ingy Bassem Bahaa Eldin | 16 | AHLY | 2:34.78 | _____ |
| 8 | Malak Mohamed Nagy | 17 | Sporting | 2:35.43 | _____ |
| 9 | Jomana Hamdy Ameen | 17 | ZOHUR | 2:37.06 | _____ |
| 10 | Farida Nasser Mohamed El- | 16 | SHOOT | 2:37.13 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 16 Finals (#34 Women 15 & Over 200 LC Meter IM)

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Malak Ahmed Gamal al Sha | 16 | SHOOT | 2:31.96 | _____ |
| 2 | Farah Amr Abdel Motaleib | 21 | SHOOT | 2:31.22 | _____ |
| 3 | Hala Amr | 16 | AHLY | 2:29.63 | _____ |
| 4 | hla Mohamed Nanoush | 17 | TANTA | 2:27.35 | _____ |
| 5 | Nadine Mohamed Amin | 18 | AHLY | 2:22.66 | _____ |
| 6 | Hlla Khaled Diab | 17 | AHLY | 2:25.09 | _____ |
| 7 | Mariam Mohamed Emad Fa | 19 | MAADI | 2:29.61 | _____ |
| 8 | Gana Nasr El Din Ali | 20 | Sporting | 2:30.23 | _____ |
| 9 | Lara Amr Mahmoud Alsokk | 16 | 6 OCT | 2:31.50 | _____ |
| 10 | Sara Mohamed Bhaa | 19 | HELOP | 2:32.12 | _____ |

Event 35 Men 15 & Over 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 38 Finals

| | | | | | |
|----|----------------------------|----|----------------|----|-------|
| 1 | Morad Yaser Hafez | 21 | DEGLA | NT | _____ |
| 2 | Youssef Ahmed Taha Ibrahim | 17 | Beni Suef Club | NT | _____ |
| 3 | Abd El Rahman Awad Moh | 15 | DEGLA | NT | _____ |
| 4 | Abd Elrahman abd Elaziz | 15 | Cairo | NT | _____ |
| 5 | Seif Elden Mohamed Sobhy | 15 | NASR | NT | _____ |
| 6 | Mohamed Shreif Ramadan | 15 | el Shark Club | NT | _____ |
| 7 | Ahmed Hossamm Saied | 15 | Cairo | NT | _____ |
| 8 | Ali Hisham Morshady | 17 | DEGLA | NT | _____ |
| 9 | Khaled Walied Mahmoud | 17 | DEGLA | NT | _____ |
| 10 | Pierre Joseph Roshdy | 16 | Aswan Club | NT | _____ |

Heat 2 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Youssef Amr Moustafa Han | 18 | HELDO | NT | _____ |
| 2 | Omar Mohamed Nasr | 17 | SHRKS | NT | _____ |
| 3 | Belal Mohamed Fouad Ram | 16 | Olympic | NT | _____ |
| 4 | Islam Ahmed Mostafa | 15 | Elethad | NT | _____ |
| 5 | Hamza Ahmed abd Elazem | 18 | Al Qusiya Club | NT | _____ |
| 6 | Eyad Ashraf Abd Elghany | 16 | Luxor Club | NT | _____ |
| 7 | Omar Abdelaziz Mohamed | 15 | A S E C | NT | _____ |
| 8 | Yasin Moh. Ahm. Omar Ras | 17 | GEZIR | NT | _____ |
| 9 | Mohamed Ahmed Abd El H | 15 | DEGLA | NT | _____ |
| 10 | Moahmed Ahmed Salem Ha | 17 | SMOHA | NT | _____ |

Heat 3 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Mohamed Motaaz Kamal | 15 | Ismaily | NT | _____ |
| 2 | Mohamed Hany Fathy | 17 | Elethad | NT | _____ |
| 3 | Omar Tamer Mohamed Elta | 16 | Bank Ahly Alex | NT | _____ |
| 4 | Yassin Mohamed Samir Mo | 15 | DEGLA | NT | _____ |
| 5 | Nor Eldin Amr Elsayad Bas | 16 | Elethad | NT | _____ |
| 6 | abd Elrahman Mohamed Ba | 19 | TRSAN | NT | _____ |
| 7 | Mahmoud Walid Gebril | 15 | DEGLA | NT | _____ |
| 8 | Yassin Osama Mohamed | 15 | DEGLA | NT | _____ |
| 9 | Mohamed Ashraf Ibrahim | 15 | TALBE | NT | _____ |
| 10 | NourEldin Nasr Wahba | 19 | SMOHA | NT | _____ |

Heat 4 of 38 Finals

| | | | | | |
|----|---------------------------|----|---------------|----|-------|
| 1 | Ahmed Sameh Ibraheem | 15 | el Shark Club | NT | _____ |
| 2 | Yehia Moustafa Abdelkreer | 15 | K.S.C | NT | _____ |
| 3 | Yassin Ebrahim Ragheb | 17 | Sporting | NT | _____ |
| 4 | Omar Wael Salah El Din | 15 | SHOOT | NT | _____ |
| 5 | Seif Tamer Abd Elaziz | 17 | El Obour | NT | _____ |
| 6 | Omar Moustafa Mohamed F | 18 | Olympic | NT | _____ |
| 7 | Adam Abd el Malek | 15 | GHARB | NT | _____ |
| 8 | Mohamed Mahmoud Azab / | 21 | AHLY | NT | _____ |
| 9 | Mohamed Alamir | 16 | Elethad | NT | _____ |
| 10 | Omar Ahmed Bisher | 16 | Ismaily | NT | _____ |

Heat 5 of 38 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Aly Mohamed Aly | 17 | Sporting | NT | _____ |
| 2 | Mohanad Abo Elsood Anwa | 17 | Minia Sport Clup | NT | _____ |
| 3 | Abdlrhmn Amro Nshat Abdl | 19 | 6 OCT | NT | _____ |
| 4 | Moustafa Mahmoud Fahmy | 15 | TAGAM | NT | _____ |
| 5 | Mohamed Magdy Abdo | 16 | Police Club | NT | _____ |
| 6 | Mohanad Desoky Mohamed | 21 | Minia Sport Clup | NT | _____ |
| 7 | Adm Ahmed Yousief | 15 | Cairo | NT | _____ |
| 8 | Khaled Eeed Thabet | 15 | Luxor Club | NT | _____ |
| 9 | Mohamed Elbrols | 15 | Damnhor Sport | NT | _____ |
| 10 | Omar Tamer Said AbdElaziz | 19 | SMOHA | NT | _____ |

Heat 6 of 38 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Mohamed Hany Mohamed | 15 | DEGLA | NT | _____ |
| 2 | Ziad Ahamed Ragab Abd el | 18 | SHOOT | NT | _____ |
| 3 | Eyad Abdelrahem Bayo | 16 | Zahraa Helwan | NT | _____ |
| 4 | Ahmed abo Zaid | 16 | GHARB | NT | _____ |
| 5 | Slah abd Elaale Abdalla | 15 | TALBE | NT | _____ |
| 6 | Anas Wael | 16 | TALBE | NT | _____ |
| 7 | Mahmoud Hany Mostafa A | 15 | 6 OCT | NT | _____ |
| 8 | Yassen Ahmad Mostafa | 15 | TALBE | NT | _____ |
| 9 | Hussein Mohamed Hussein | 16 | Luxor Club | NT | _____ |
| 10 | Mohamed Adel Elkenany | 15 | Stad Mansoura | NT | _____ |

Heat 7 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Mohamed Khaled Fathi | 15 | SMOHA | NT | _____ |
| 2 | Ezzat Mohamed Azzam Mo | 16 | Olympic | NT | _____ |
| 3 | Youssef Mohamed Gaber | 15 | SMOHA | NT | _____ |
| 4 | Adham Elsayed Ali | 17 | DEGLA | NT | _____ |
| 5 | Eyad Tamer Abdelazeez | 15 | Zahraa Helwan | NT | _____ |
| 6 | Omar Mohamed Khairy | 15 | Elec | NT | _____ |
| 7 | Karim Mohamed Abdelkade | 15 | Bank Ahly Alex | NT | _____ |
| 8 | Marwan Haitham Abdelsala | 15 | Olympic | NT | _____ |
| 9 | Yehia Ahmed Abbas Abou | 17 | GHABA | NT | _____ |
| 10 | abd Elrhman Mohamed Mal | 17 | Elethad | NT | _____ |

Heat 8 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Karim Mohamed El Gharab | 19 | ZOHUR | NT | _____ |
| 2 | Ahmed Yahia Saied | 18 | Elethad | NT | _____ |
| 3 | Youssef Omar Mohamed M: | 15 | Beni Suef Club | NT | _____ |
| 4 | Abd Elrahman Sameh Adel | 15 | Cairo | NT | _____ |
| 5 | Andria Wael Nagy Mosad A | 16 | HELDO | NT | _____ |
| 6 | Mark Wael | 15 | GHARB | NT | _____ |
| 7 | Ahmed Hamed Abbas | 19 | HADAK | NT | _____ |
| 8 | Mohamed Atef Fekry | 23 | Olympic | NT | _____ |
| 9 | Mohamed Emadeldein Solir | 15 | SMOHA | NT | _____ |
| 10 | Kamal El Din Mokhtar | 20 | DEGLA | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 9 Finals (#35 Men 15 & Over 100 LC Meter Breaststroke)

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Yousief Alaa Gad | 15 | SHAMS | NT | _____ |
| 2 | Abdullah Ahmed Islam | 16 | Elethad | NT | _____ |
| 3 | Ahmed Waled Ibrahim | 16 | A S E C | NT | _____ |
| 4 | Husen Ahmad Mounir | 15 | HELOP | 1:41.17 | _____ |
| 5 | Youssef Ahmed Mohamed I | 15 | Tlaea El Ostol | 1:39.58 | _____ |
| 6 | Mahmoud Gamal Mahmoud | 16 | Rio | 1:39.60 | _____ |
| 7 | ali Mohammed ali | 15 | Zahraa Helwan | 1:45.18 | _____ |
| 8 | Mohmed Adham Mohamed I | 18 | 6 OCT | NT | _____ |
| 9 | Hamza Waleed Reda | 16 | el Shark Club | NT | _____ |
| 10 | Aly Ahmed Khaled | 15 | DEGLA | NT | _____ |

Heat 10 of 38 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Malek Essam Sanad | 15 | DEGLA | 1:38.03 | _____ |
| 2 | Shaban Mohamed Shaban A | 16 | MRAC | 1:36.73 | _____ |
| 3 | Mahmoud Mohamed Nasr | 15 | TALBE | 1:35.41 | _____ |
| 4 | Mahmoud Tamer Mewally S | 15 | Olympic | 1:34.15 | _____ |
| 5 | Youssef Khaled aly Khames | 15 | TANTA | 1:33.06 | _____ |
| 6 | Moaz Haitham Abdelmone | 15 | Zahraa Helwan | 1:33.20 | _____ |
| 7 | Yassin Mahmoud Yassin Ab | 15 | Olympic | 1:35.07 | _____ |
| 8 | Fouad Ibrahim Fouad | 15 | Elethad | 1:35.93 | _____ |
| 9 | Ahmed Mostafa Mohamed S | 16 | TRSAN | 1:37.05 | _____ |
| 10 | Amar Yasser Heseen | 15 | TALBE | 1:39.12 | _____ |

Heat 11 of 38 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Hassan Fayez Elsayed | 15 | SMOHA | 1:31.73 | _____ |
| 2 | Amaar Yasir Mohamed | 15 | Bitash | 1:30.86 | _____ |
| 3 | Ziad Ahmed Youssef | 16 | DEGLA | 1:30.49 | _____ |
| 4 | Mohamed Tamer Metwally ; | 15 | Olympic | 1:30.32 | _____ |
| 5 | Eyad Nader Rashad Abdalla | 16 | Olympic | 1:29.98 | _____ |
| 6 | Moataz Moustafa Shawky F | 15 | Olympic | 1:30.09 | _____ |
| 7 | Mahmoud Mohamed Abdeli | 15 | DEGLA | 1:30.36 | _____ |
| 8 | Youseif amr Youseif | 15 | ZMALK | 1:30.51 | _____ |
| 9 | Mazen Mamdouh Ismail | 16 | DEGLA | 1:31.02 | _____ |
| 10 | Aser Ehab Mohamed | 15 | ZOHUR | 1:32.74 | _____ |

Heat 12 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Youssef Mohamed Ibrahim ; | 15 | Bank Ahly Alex | 1:29.85 | _____ |
| 2 | Arsany Ramy Magdy Henav | 15 | DEGLA | 1:29.63 | _____ |
| 3 | Yazed amr Omar Mokhtar | 16 | GOLDY | 1:29.36 | _____ |
| 4 | Mohamed Hany Ahmed | 15 | DEGLA | 1:28.75 | _____ |
| 5 | Anas Reda Wahdan | 15 | Meit Khakan | 1:28.18 | _____ |
| 6 | Hatem Hamada Abdelhamid | 17 | TRSAN | 1:28.22 | _____ |
| 7 | Braa Ahmed Lotfy | 15 | SHAMS | 1:28.97 | _____ |
| 8 | Hamza Essam EL Wardany | 15 | ENPPI | 1:29.61 | _____ |
| 9 | Mohamed Alaa Wafa | 15 | Tlaea El Ostol | 1:29.69 | _____ |
| 10 | Yassin Mohamed Aly ElSha | 15 | 6 OCT | 1:29.86 | _____ |

Heat 13 of 38 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Omar ali Ibrahim | 16 | EALAM | 1:27.69 | _____ |
| 2 | Eyad Hassan Ebrahim | 15 | TRSAN | 1:27.41 | _____ |
| 3 | Adham Khaled Heshy | 15 | SMOHA | 1:27.24 | _____ |
| 4 | Yassien Tamer Elsayed | 15 | A S E C | 1:27.18 | _____ |
| 5 | Abdelrahman Yasser Ali Ab | 15 | Olympic | 1:26.86 | _____ |
| 6 | Mohamed Ahmed Hussien I | 15 | Olympic Champion | 1:26.96 | _____ |
| 7 | Jan Sameh Francis | 16 | GHABA | 1:27.22 | _____ |
| 8 | Anas Alaa Eldeen Mohamec | 15 | TALBE | 1:27.26 | _____ |
| 9 | Omar Ahmed Mohamed Ali | 16 | Elethad | 1:27.46 | _____ |
| 10 | Kareem Waleed Ahmed | 15 | Ismaily | 1:27.74 | _____ |

Heat 14 of 38 Finals

| | | | | | |
|----|-------------------------|----|---------|---------|-------|
| 1 | Hamza amr Mohamed | 15 | EALAM | 1:26.74 | _____ |
| 2 | Ahmed Mahmoud Fouad To | 16 | ZOHUR | 1:26.16 | _____ |
| 3 | Hatem Elsayed Mohamed | 17 | GHABA | 1:25.88 | _____ |
| 4 | Omar Ahmed Ebrahim | 15 | Wave | 1:25.63 | _____ |
| 5 | Abdelrahman Khaled Gama | 15 | Olympic | 1:25.27 | _____ |
| 6 | Hamza Mohamed Elmoham | 16 | ZMALK | 1:25.58 | _____ |
| 7 | Mahmoud Hamdy Mohamec | 15 | DEGLA | 1:25.71 | _____ |
| 8 | Zeyad Mahmoud Farag | 15 | SHRKS | 1:25.92 | _____ |
| 9 | Marwan Mohamed Anwar | 15 | TALBE | 1:26.72 | _____ |
| 10 | Yassin Alaa Mohamed | 15 | DEGLA | 1:26.83 | _____ |

Heat 15 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Youssef Eslam Elrayes | 15 | Y.M.C.A | 1:24.90 | _____ |
| 2 | Marwan Ayman Saleh | 15 | Elethad | 1:24.75 | _____ |
| 3 | Yassin Mohamed Ashour | 15 | Tlaea El Ostol | 1:24.63 | _____ |
| 4 | Mostafa Akram Abd EL Raf | 15 | ENPPI | 1:24.43 | _____ |
| 5 | Ahmed Wael Ahmed | 17 | TRSAN | 1:24.32 | _____ |
| 6 | Mahmoud Tamer Mahmoud | 16 | HLWAN | 1:24.36 | _____ |
| 7 | Tamem Heasen Salah | 15 | EI Obour | 1:24.56 | _____ |
| 8 | Omar Tarek ali | 15 | Al Shehk Zaied | 1:24.71 | _____ |
| 9 | Mario Nabil Tafik | 17 | Y.M.C.A | 1:24.77 | _____ |
| 10 | Ibrahim Mohamed Azmy | 15 | Wave | 1:25.09 | _____ |

Heat 16 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Mohamad Allaeldeen Ahmad | 16 | SMOHA | 1:24.23 | _____ |
| 2 | Adham Ramy Mahmoud | 15 | EALAM | 1:24.12 | _____ |
| 3 | Mohamed Shady Mohamed | 16 | DEGLA | 1:23.67 | _____ |
| 4 | Mazin Mohamed Ahmed Ab | 16 | ENPPI | 1:23.44 | _____ |
| 5 | Belal Mohamed Abdellatef | 16 | Bitash | 1:23.31 | _____ |
| 6 | Yazed Ahmed Ibrahim | 15 | A S E C | 1:23.32 | _____ |
| 7 | amr Taha Goda | 17 | ZMALK | 1:23.57 | _____ |
| 8 | Malek Wael | 15 | SMOHA | 1:24.06 | _____ |
| 9 | Abdalahman Hesham Saec | 16 | TAGAM | 1:24.13 | _____ |
| 10 | Taquideen ali | 15 | Sporting | 1:24.32 | _____ |

Heat 17 of 38 Finals

| | | | | | |
|----|-------------------------|----|-------------|---------|-------|
| 1 | Iyad Osama Ibrahim | 15 | HADAK | 1:23.26 | _____ |
| 2 | Yassin Mohamed Salah | 15 | SMOHA | 1:22.95 | _____ |
| 3 | Amr Khaled Abraham | 17 | Police Club | 1:22.65 | _____ |
| 4 | Adham Ehab Magdy | 15 | TRSAN | 1:22.63 | _____ |
| 5 | Omar Khaled Esmail Ramd | 17 | GHABA | 1:22.57 | _____ |
| 6 | Yassin Farghaly | 15 | Sporting | 1:22.62 | _____ |
| 7 | Adham Fouad Hasan | 15 | ENPPI | 1:22.64 | _____ |
| 8 | Ahmed Akrm Moustafa | 15 | Bitash | 1:22.82 | _____ |
| 9 | Omar Walid Mohamed | 15 | DEGLA | 1:23.13 | _____ |
| 10 | Ziad Khaled Mostafa | 15 | MRAC | 1:23.27 | _____ |

Heat 18 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Seif Khalied Fathy | 16 | ZMALK | 1:22.44 | _____ |
| 2 | Youssef Mohamed Fathy M | 17 | SMOHA | 1:22.31 | _____ |
| 3 | Youssef Ahmed Ibrahim EIS | 17 | SHAMS | 1:22.03 | _____ |
| 4 | Yassin Mohamed Talaat | 15 | DEGLA | 1:21.45 | _____ |
| 5 | Ahmed Tamer Abdel Lattif | 17 | Sporting | 1:21.15 | _____ |
| 6 | Adam Ayman Yousef | 16 | TANTA | 1:21.30 | _____ |
| 7 | Moemen Omar Mahmoud S | 16 | 6 OCT | 1:21.90 | _____ |
| 8 | Ziad Ahmed Ali | 15 | DEGLA | 1:22.06 | _____ |
| 9 | Abdellah Ahmed Said | 15 | Tlaea El Ostol | 1:22.42 | _____ |
| 10 | Marawan Mohamed Fathy S | 15 | TANTA | 1:22.50 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 19 Finals (#35 Men 15 & Over 100 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Adham Ashraf Shawky Moh | 17 | ZMALK | 1:21.03 | _____ |
| 2 | Yossef Mohamad Ebrahim | 16 | SMOHA | 1:20.91 | _____ |
| 3 | Mohamed Reda Mahmoed | 16 | BNK.G | 1:20.68 | _____ |
| 4 | Aly Mohamed Magdy | 15 | A S E C | 1:20.57 | _____ |
| 5 | Mohamed Hesham Mohame | 15 | SHAMS | 1:20.53 | _____ |
| 6 | Abdel Wahab Ahmed Mosta | 15 | Elethead | 1:20.55 | _____ |
| 7 | Hamza Mahmoud Ibrahim F | 15 | Elethead | 1:20.68 | _____ |
| 8 | Aly Moh. Khaled Aly Moh. | 17 | GEZIR | 1:20.77 | _____ |
| 9 | Ahmed Mohamed Fathy Ha | 15 | Bank Ahly Alex | 1:20.99 | _____ |
| 10 | Youssef Mohamed Khedr | 15 | SMOHA | 1:21.11 | _____ |

Heat 20 of 38 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Mohamed Hassan Abdel Ra | 17 | TALBE | 1:20.49 | _____ |
| 2 | Omar Ahmed El Bostany | 15 | SHOOT | 1:20.45 | _____ |
| 3 | Omr Adel Abdelmouhsen Al | 17 | 6 OCT | 1:20.10 | _____ |
| 4 | Sief Amr Elsharqawy | 17 | SMOHA | 1:19.90 | _____ |
| 5 | Adam Essam Fouad | 15 | Bitash | 1:19.64 | _____ |
| 6 | Moaz Almansy | 16 | Baladyat El Maha | 1:19.84 | _____ |
| 7 | Adham Mohamed Abdelhali | 15 | ZOHUR | 1:20.07 | _____ |
| 8 | Abdelrhman Mohamed Ahr | 16 | DEGLA | 1:20.18 | _____ |
| 9 | Seif el Dean Adel Easa | 15 | A S E C | 1:20.47 | _____ |
| 10 | Yassien Yaser Atef | 18 | MRAC | 1:20.51 | _____ |

Heat 21 of 38 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Anas Amro Awad | 15 | Stad Mansoura | 1:19.22 | _____ |
| 2 | Yassin Hassan Hosny Ahme | 16 | Elethead | 1:18.94 | _____ |
| 3 | Marwan Tarek Rashed Abd | 17 | SHAMS | 1:18.77 | _____ |
| 4 | Ibrahim Ayman Mohamed | 15 | Elethead | 1:18.64 | _____ |
| 5 | abd Elrahman Ramadan | 17 | TALBE | 1:18.57 | _____ |
| 6 | Yassin Amr Mohamed | 15 | DEGLA | 1:18.61 | _____ |
| 7 | Abdallah Mahmoud Yassin | 16 | EALAM | 1:18.65 | _____ |
| 8 | Abd Elrahman Ahmed Abd | 17 | ZOHUR | 1:18.88 | _____ |
| 9 | Mohamed Ahmed SalahELd | 16 | SHAMS | 1:19.03 | _____ |
| 10 | Abdel Rahman Mohamed M | 19 | El Obour | 1:19.39 | _____ |

Heat 22 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Omar Hossam abd Elmonen | 15 | TRSAN | 1:18.48 | _____ |
| 2 | Moamen Sedke Nawar | 15 | Damnhor Sport | 1:18.44 | _____ |
| 3 | Omar Eslam Abdelfatah Hai | 15 | Gezira El Ward | 1:18.39 | _____ |
| 4 | Maher amr | 15 | Sporting | 1:18.24 | _____ |
| 5 | Yehya Tamer Gamaal Eldee | 16 | SMOHA | 1:18.01 | _____ |
| 6 | Mohamed Yasser Mohamed | 17 | SMOHA | 1:18.06 | _____ |
| 7 | Omar Abdallah Ismael | 15 | Stad Mansoura | 1:18.33 | _____ |
| 8 | Mohamed Nader Mohamed | 16 | A S E C | 1:18.43 | _____ |
| 9 | Yousif Mohamed Adel Aboe | 15 | Gezira El Ward | 1:18.45 | _____ |
| 10 | Fares Yaser Shawky | 16 | DEGLA | 1:18.55 | _____ |

Heat 23 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Karim Gamal Abd Elsalam | 17 | SHOOT | 1:17.91 | _____ |
| 2 | Zein Tallal | 15 | Sporting | 1:17.71 | _____ |
| 3 | Omar Isalm Ahmed Abdelgl | 15 | Bank Ahly Alex | 1:17.57 | _____ |
| 4 | Mohamed Ahmed Ibraheem | 18 | RWAD | 1:17.53 | _____ |
| 5 | Adham Mohamed abd Aziz | 17 | Nasr City | 1:17.45 | _____ |
| 6 | abd Elrahman Yasser Ahmec | 16 | GOLDY | 1:17.53 | _____ |
| 7 | Ibrahim Mohamed Abdelmc | 18 | ZMALK | 1:17.55 | _____ |
| 8 | Omar Mohamad Ahmad Ko | 16 | SMOHA | 1:17.64 | _____ |
| 9 | Anas Mohamed Nabil | 15 | DEGLA | 1:17.77 | _____ |
| 10 | Eyad Ahmed Mohamed Tal | 15 | 6 OCT | 1:17.94 | _____ |

Heat 24 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Hassan Mahmoud Mohamec | 15 | ZMALK | 1:17.35 | _____ |
| 2 | Youseif Mohamed Abdelsall | 15 | ZMALK | 1:17.10 | _____ |
| 3 | Ahmed Mohamed Zohdy | 16 | HLWAN | 1:16.98 | _____ |
| 4 | Mahmoud Mohamed Fayek | 16 | 6 OCT | 1:16.93 | _____ |
| 5 | Adham Mostafa Abdulla | 16 | Elethead | 1:16.90 | _____ |
| 6 | Mohamed Ahmed Nabil Mo | 15 | Gezira El Ward | 1:16.92 | _____ |
| 7 | Mohamed Ibrahim Mohame | 20 | Elec | 1:16.96 | _____ |
| 8 | Yehia Hisham Yehia Abdela | 17 | SMOHA | 1:17.05 | _____ |
| 9 | Eyad Hazem Mohamed Nen | 15 | MRAC | 1:17.17 | _____ |
| 10 | Loaay Mohamed abd Raboh | 17 | Elethead | 1:17.39 | _____ |

Heat 25 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Ahmed Mohamed Ibrahim M | 15 | Bank Ahly Alex | 1:16.86 | _____ |
| 2 | Yasen Ahm. Abd ElHay Soi | 18 | GEZIR | 1:16.69 | _____ |
| 3 | Ezz Eldein Haytham Ezz El | 15 | SMOHA | 1:16.52 | _____ |
| 4 | Hassan Elzaafarany | 15 | Sporting | 1:16.38 | _____ |
| 5 | Omar Mostafa Mohamed Or | 15 | Beni Suef Club | 1:16.26 | _____ |
| 6 | Youssef Ahmed El_Sisi | 16 | Sporting | 1:16.29 | _____ |
| 7 | Ahmed Waïld Mohamed | 17 | A S E C | 1:16.51 | _____ |
| 8 | Zayed Alhassan Fouad | 16 | Tlaea El Ostol | 1:16.68 | _____ |
| 9 | Ahmed Atef Mohamed Fekr | 18 | Olympic | 1:16.85 | _____ |
| 10 | Mazen Ahmed Elsaid Ahme | 15 | Bank Ahly Alex | 1:16.88 | _____ |

Heat 26 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Mohamed Hussien Mohame | 18 | SMOHA | 1:16.16 | _____ |
| 2 | Seif Eldeen Ahmed Farouk | 15 | Elethead | 1:16.10 | _____ |
| 3 | Yassin Waled Ezzat | 15 | DEGLA | 1:16.01 | _____ |
| 4 | Adam Sameh Mohamed Kai | 15 | Bank Ahly Alex | 1:15.79 | _____ |
| 5 | Ehab Ashraf Ebrahim esa | 16 | TANTA | 1:15.69 | _____ |
| 6 | Selim Moh. Foad Hamdy | 16 | GEZIR | 1:15.74 | _____ |
| 7 | Yousef Mohamed Salah | 18 | A S E C | 1:15.95 | _____ |
| 8 | Adam Karem Ahmed Moha | 17 | Bank Ahly Alex | 1:16.02 | _____ |
| 9 | Malik Mohamed AbdelMak | 15 | Pegasus Club | 1:16.14 | _____ |
| 10 | Sief Ahmed Farouk | 16 | ZOHUR | 1:16.26 | _____ |

Heat 27 of 38 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Marwan Ehab Abdelkader | 18 | ZMALK | 1:15.61 | _____ |
| 2 | Ali Wael Mohamad Saad | 16 | SMOHA | 1:15.43 | _____ |
| 3 | Mohamed Hussein El-Alfy | 15 | New Giza | 1:15.29 | _____ |
| 4 | Omar Hani Elsaid | 15 | SMOHA | 1:15.14 | _____ |
| 5 | Yasen Ahmad gad | 15 | HELOP | 1:14.93 | _____ |
| 6 | Youssef Ahmed Hassan | 17 | Elethead | 1:15.06 | _____ |
| 7 | Ahmed Hatem Hosny | 18 | DEGLA | 1:15.19 | _____ |
| 8 | Zeyad Ali Kassem Elsaed | 16 | Bank Ahly Alex | 1:15.34 | _____ |
| 9 | Mohamed Ahmed Bahy Eld | 16 | TRSAN | 1:15.44 | _____ |
| 10 | Youssef Ahmed Ragab | 15 | RWAD | 1:15.65 | _____ |

Heat 28 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Yehia Mohamed el Bawab | 16 | HELOP | 1:14.81 | _____ |
| 2 | Yassin Ahmed Hussain Mag | 16 | GHABA | 1:14.72 | _____ |
| 3 | Yasin Omar Ahmed Hessin | 16 | 6 OCT | 1:14.69 | _____ |
| 4 | Ammar Mohamed Mohame | 17 | MAY15 | 1:14.38 | _____ |
| 5 | Youssef Zaki | 15 | Sporting | 1:14.24 | _____ |
| 6 | Hassan Ibrahim Arafafa | 16 | RWAD | 1:14.28 | _____ |
| 7 | Mohmed Mostafa Moktar | 16 | Cairo | 1:14.57 | _____ |
| 8 | Mohamed Afifi Mohamed | 16 | DEGLA | 1:14.71 | _____ |
| 9 | Omar Mohamed Ezat Moha | 15 | Gezira El Ward | 1:14.73 | _____ |
| 10 | Omar Shalby Mohamed | 15 | SHAMS | 1:14.92 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 29 Finals (#35 Men 15 & Over 100 LC Meter Breaststroke)

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Seif Mohamed Nabil | 16 | DEGLA | 1:14.16 | _____ |
| 2 | Mahmoud Ahmed Abdelmo | 15 | A S E C | 1:14.10 | _____ |
| 3 | Mohamed Moursy Abdelsat | 18 | Olympic | 1:13.96 | _____ |
| 4 | Marwan Khaleid Abdallah | 15 | ZMALK | 1:13.79 | _____ |
| 5 | Ali Ahmed Abd el Monem C | 19 | SHAMS | 1:13.66 | _____ |
| 6 | AbdelRahman Mohamed Sa | 19 | El Obour | 1:13.78 | _____ |
| 7 | Mohamed Ayman Mohamed | 15 | Bank Ahly Alex | 1:13.95 | _____ |
| 8 | Mahmoud Mostafa Mohame | 15 | TANTA | 1:13.98 | _____ |
| 9 | Adham Maged Mohamed | 18 | HLWAN | 1:14.14 | _____ |
| 10 | Nabil Ahmed Nabil Elharas | 16 | TANTA | 1:14.20 | _____ |

Heat 30 of 38 Finals

| | | | | | |
|----|--------------------------|----|------------|---------|-------|
| 1 | Ibrahim Diaa El Din | 16 | SHOOT | 1:13.51 | _____ |
| 2 | Ahmed Wael Ibrahim Desou | 20 | TWFIK | 1:13.33 | _____ |
| 3 | Mostafa Ahmed Abdelfatah | 15 | TANTA | 1:13.23 | _____ |
| 4 | Omar Hany Fathy | 16 | A S E C | 1:13.17 | _____ |
| 5 | Fares Ahmed Refaat Abdel | 15 | SHOOT | 1:13.02 | _____ |
| 6 | Yousef Maged Mohamed | 17 | RWAD | 1:13.06 | _____ |
| 7 | Yossef Efraim Sabry | 16 | GHABA | 1:13.21 | _____ |
| 8 | Omar Zeaid Hassan Abd El | 17 | Aswan Club | 1:13.30 | _____ |
| 9 | Ahmed Mohamed Harby | 16 | Al Hawar | 1:13.36 | _____ |
| 10 | Kamal Mohamed Kamal | 16 | AHLY | 1:13.52 | _____ |

Heat 31 of 38 Finals

| | | | | | |
|----|------------------------------|----|---------|---------|-------|
| 1 | Mohamed Amr Mousa | 15 | DEGLA | 1:12.76 | _____ |
| 2 | Omar Ahmed Emad | 16 | SHOOT | 1:12.74 | _____ |
| 3 | Ahmed Mahmoud Ahmed A | 16 | TRSAN | 1:12.49 | _____ |
| 4 | Yousef Yasser ali Abdelhalir | 18 | Olympic | 1:12.43 | _____ |
| 5 | Khaled Waleed Adel | 15 | DEGLA | 1:12.34 | _____ |
| 6 | Omar Hazem | 19 | ZMALK | 1:12.37 | _____ |
| 7 | Karim Kamal Ahmed Mosta | 21 | 6 OCT | 1:12.47 | _____ |
| 8 | Yasin Mohamed Abu Raya | 19 | TANTA | 1:12.59 | _____ |
| 9 | Essa Shref Abd EL Monem | 16 | HELOP | 1:12.75 | _____ |
| 10 | Hamza Ahmed Morsi Morsi | 18 | 6 OCT | 1:12.91 | _____ |

Heat 32 of 38 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Ebrahim Mohamed Hamdy | 17 | TANTA | 1:12.34 | _____ |
| 2 | Tarek Loay Mohamed | 15 | HELOP | 1:12.20 | _____ |
| 3 | Abd Elrahman Tamer M Ab | 17 | NASR | 1:11.86 | _____ |
| 4 | Hamza Hammad Mohamed | 18 | DEGLA | 1:11.67 | _____ |
| 5 | Ibrahim Yasser Farahat Abd | 18 | MAADI | 1:11.53 | _____ |
| 6 | Mohamed Ayman Ibrahim | 18 | A S E C | 1:11.59 | _____ |
| 7 | Yousif Gaseer Migahed | 17 | ZMALK | 1:11.79 | _____ |
| 8 | Mazen Mohamed Adel | 19 | Elethad | 1:11.98 | _____ |
| 9 | Mohamed Mourad Mohame | 22 | Sporting | 1:12.21 | _____ |
| 10 | Malek Khaled Mahmoud At | 17 | Bank Ahly Alex | 1:12.34 | _____ |

Heat 33 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Selim Ihab Ghali | 19 | DEGLA | 1:11.43 | _____ |
| 2 | Ahmed Sameir Hassan | 16 | TALBE | 1:11.13 | _____ |
| 3 | Mohamed Amr Hussein | 18 | DEGLA | 1:11.06 | _____ |
| 4 | Omar Mohamed Abdel Azer | 16 | Al Hawar | 1:10.95 | _____ |
| 5 | Moaz Mohamed Sayed Sol | 17 | AHLY | 1:10.80 | _____ |
| 6 | Adam Hossamaldin Abdalla | 18 | ZMALK | 1:10.88 | _____ |
| 7 | Yassin Mostafa Mohamed | 15 | AHLY | 1:10.99 | _____ |
| 8 | Mrawan amr Mostafa abd el | 19 | TRSAN | 1:11.06 | _____ |
| 9 | Adam Ahmed abd Elaziz | 17 | SHOOT | 1:11.22 | _____ |
| 10 | abd Elrahman Mohamed Fo | 18 | TALBE | 1:11.45 | _____ |

Heat 34 of 38 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Nour Ahmed Elhassany | 17 | ZOHUR | 1:10.74 | _____ |
| 2 | Yehia SeifEL din EL Margh | 19 | SHAMS | 1:10.58 | _____ |
| 3 | Karim Tamer Rizk | 15 | AHLY | 1:10.48 | _____ |
| 4 | Yousef Mahmoud Mohamec | 18 | SHAMS | 1:10.37 | _____ |
| 5 | Abdelfattah Ahmed Youssef | 17 | Olympic | 1:10.06 | _____ |
| 6 | Mazen Majed Mahmoud | 16 | HADAK | 1:10.14 | _____ |
| 7 | Keven Sameh Adly | 19 | Minia Sport Clup | 1:10.41 | _____ |
| 8 | Hamza Ahmed Darwish | 18 | DEGLA | 1:10.51 | _____ |
| 9 | Marwan Mohamed Elsaid | 16 | Stad Mansoura | 1:10.69 | _____ |
| 10 | Youssef Abdel Aziz Alaa | 18 | DEGLA | 1:10.78 | _____ |

Heat 35 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Karim Osama Ibrahim Abd | 17 | MAADI | 1:09.97 | _____ |
| 2 | Mostafa Moh. Ahm. Moh. M | 18 | GEZIR | 1:09.78 | _____ |
| 3 | Mahmoud Mohamed Mohar | 17 | Al Hawar | 1:09.62 | _____ |
| 4 | Amr Hany Mahmoud Ahme | 18 | AHLY | 1:09.54 | _____ |
| 5 | Amr Mostafa Kodb | 21 | SMOHA | 1:09.11 | _____ |
| 6 | Khaled Hammad Mohamed | 20 | DEGLA | 1:09.31 | _____ |
| 7 | Omar Tamer Ahmed | 18 | GHABA | 1:09.57 | _____ |
| 8 | Karem Mohamed Atia Ehsa | 17 | HELOP | 1:09.77 | _____ |
| 9 | Moamen Amr Mohamad Ha | 16 | SMOHA | 1:09.85 | _____ |
| 10 | Abdalla Gasser AbdelLatif | 19 | AHLY | 1:09.98 | _____ |

Heat 36 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Hamza Mohamed Hassan M | 16 | HELOP | 1:08.82 | _____ |
| 2 | Karim Hisham Safwat | 17 | el Shark Club | 1:08.43 | _____ |
| 3 | Mostafa Mohamed Mohame | 16 | Gezira El Ward | 1:08.42 | _____ |
| 4 | Hani Mohammed Atwan | 17 | El Temsah | 1:08.29 | _____ |
| 5 | Omar Mohamed Yehia | 17 | DEGLA | 1:08.09 | _____ |
| 6 | Eazz El Din Mohamed Kha | 19 | Sporting | 1:08.14 | _____ |
| 7 | Yassien Yasser Hassan | 17 | SMOHA | 1:08.32 | _____ |
| 8 | Zad Ahmed Mohamed Asra | 16 | DEGLA | 1:08.42 | _____ |
| 9 | Ahmed Tamer Farouk Abd e | 17 | SHAMS | 1:08.67 | _____ |
| 10 | Mahmoud Tamer Mahmoud | 18 | DEGLA | 1:08.91 | _____ |

Heat 37 of 38 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Abdel Rahman Ahmed Ali | 18 | DEGLA | 1:07.92 | _____ |
| 2 | Youssef Tamer Mohamed H | 19 | DEGLA | 1:07.49 | _____ |
| 3 | Abdelrahman Ashraf Abdel | 20 | AHLY | 1:06.98 | _____ |
| 4 | Mahmoud Ahmed Eltablawy | 18 | ZOHUR | 1:06.76 | _____ |
| 5 | Marwan Mohamed Bakry M | 18 | Olympic | 1:06.22 | _____ |
| 6 | Mazen Ismail Mohamed Isr | 20 | MAADI | 1:06.50 | _____ |
| 7 | Hazem Hossam Nady | 16 | DEGLA | 1:06.78 | _____ |
| 8 | Darren Dimitrios Chin | 19 | Sporting | 1:07.23 | _____ |
| 9 | Mohamed Ashraf Abdel Hay | 23 | AHLY | 1:07.52 | _____ |
| 10 | Hanna Refaat Hanna Awada | 18 | HELDO | 1:07.99 | _____ |

Heat 38 of 38 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Daly Dimitrios Chin | 27 | Sporting | 1:05.97 | _____ |
| 2 | Mohamed Mashhour Yehia | 19 | AHLY | 1:05.50 | _____ |
| 3 | Karem Magdy Ismail | 24 | Sporting | 1:04.94 | _____ |
| 4 | Mohaned LiwaaEldin Ali | 19 | SMOHA | 1:04.26 | _____ |
| 5 | Mohamed Housam Ibrahim | 28 | AHLY | 1:03.38 | _____ |
| 6 | Abdel Rahman Mohamed A | 22 | AHLY | 1:04.22 | _____ |
| 7 | Ahmad Hany Ahmad | 18 | HELOP | 1:04.81 | _____ |
| 8 | Mohand Tarik Mohamed Al | 24 | SMOHA | 1:04.97 | _____ |
| 9 | Gamal Metwaly Gamal Mol | 21 | ZOHUR | 1:05.83 | _____ |
| 10 | Saif EIDIn Sameh A.Elmoac | 21 | DEGLA | 1:06.07 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Event 41 Men 15 & Over 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|---------------------------|-----|------------------|-----------|
| Heat 1 of 48 Finals | | | | |
| 3 | Aly Mohamed Abdel Hamee | 17 | BNK.G | NT |
| 4 | Mostafa amr Mostafa | 19 | TRSAN | NT |
| 5 | Yassin Mohamed Ashour | 15 | Tlaea El Ostol | NT |
| 6 | Karem Ahmed Mahmoud | 17 | TALBE | NT |
| 7 | Hamza Mahmoud Hamza | 16 | DEGLA | NT |
| Heat 2 of 48 Finals | | | | |
| 1 | Amr Khaled Ahmed | 15 | Minia Sport Clup | NT |
| 2 | Idris Ibrahim Mohammed | 17 | BNK.G | NT |
| 3 | Mahmoud Ramadan | 16 | SHARQ | NT |
| 4 | Mohamed Hany Farouk Mo | 15 | A S E C | NT |
| 5 | Mohamed Eslam Mohamed | 18 | SMOHA | NT |
| 6 | Marwan Nehad Zakareia | 26 | DEGLA | NT |
| 7 | Mohamed Basem Ahmed Sa | 16 | TRSAN | NT |
| 8 | Seif Islam Moustafa Mohar | 15 | Olympic | NT |
| 9 | Amro Nabil Ibrahim | 18 | FAROS | NT |
| 10 | Omar Walid Mohamed | 15 | DEGLA | NT |
| Heat 3 of 48 Finals | | | | |
| 1 | Ahmed Mohamed Ayman S | 16 | MRAC | NT |
| 2 | Ziad abo Zaid | 15 | GHARB | NT |
| 3 | Hussin Mohamed Hussin Al | 16 | NASR | NT |
| 4 | Adam Waleed Ibrahim | 16 | Ellaban | NT |
| 5 | Hamza Moh. Khairy Samra | 18 | GEZIR | NT |
| 6 | Mohamed omr Faozy Taha | 15 | TANTA | NT |
| 7 | Eyad Islam Mahmoud Elsa | 15 | SMOHA | NT |
| 8 | Ahmed Wael Ibrahim Desot | 20 | TWFIK | NT |
| 9 | Yasin HossamEldin | 21 | SMOHA | NT |
| 10 | Mohamed Yasser Mohamed | 16 | A S E C | NT |
| Heat 4 of 48 Finals | | | | |
| 1 | Mohanad Ahmed Mohamed | 15 | TRSAN | NT |
| 2 | Abdalla Ashraf abd Elmona | 16 | MAY15 | NT |
| 3 | Youssef Shams Elden Gaber | 16 | A S E C | NT |
| 4 | Mansour Mohamed Mousa l | 15 | Elec | NT |
| 5 | Siefeldin Hisham Mohsen | 15 | SMOHA | NT |
| 6 | abd el Monem Ahmed abd e | 19 | HELOP | NT |
| 7 | Adel Shrif Saied | 17 | Marina Sporting | NT |
| 8 | Omar Mohamed Farouk | 16 | Elethad | NT |
| 9 | Asser Haitham Ahmed Moh | 15 | Bank Ahly Alex | NT |
| 10 | Mohamed Abdelmounem A | 16 | SHAMS | NT |
| Heat 5 of 48 Finals | | | | |
| 1 | Ahmed Hany Metwally | 16 | K.S.C | NT |
| 2 | Kerlis Mina Gorge | 15 | SHRKS | NT |
| 3 | Abdelrahman Khaled Fathy | 17 | SMOHA | NT |
| 4 | Hazem Mohamed Essam | 17 | A S E C | NT |
| 5 | Mohamed Essam Sedky | 18 | BNK.G | NT |
| 6 | Omar Mohamed Abdel Meg | 19 | AHLY | NT |
| 7 | Mohamed Karim Mohamed | 16 | DEGLA | NT |
| 8 | Mohand Mohamed Abdel S | 16 | Luxor Club | NT |
| 9 | Ali Abdelrhman Ali | 15 | Elethad | NT |
| 10 | Seif Mohamed Said | 15 | Minia Sport Clup | NT |

Heat 6 of 48 Finals

| | | | | |
|----|--------------------------|----|----------------|----|
| 1 | Moamen Mohamed Moham | 15 | City Club | NT |
| 2 | Karim Mohamed Kamal | 15 | SMOHA | NT |
| 3 | Salem Hassan Salem Abdel | 16 | NASR | NT |
| 4 | Yassin Hassan Hosny Ahme | 16 | Elethad | NT |
| 5 | Omar Ali Fathy Mohamad E | 16 | SMOHA | NT |
| 6 | Mohab Hossam Farouk Mol | 16 | Elethad | NT |
| 7 | Hamza Ali Mohamed Ali | 16 | Elethad | NT |
| 8 | Mohamed Ahmed Abdelsata | 15 | TANTA | NT |
| 9 | Ahmed Amr Mohamed | 17 | Mansheit Naser | NT |
| 10 | Sohaib Khaled Emam | 21 | AHLY | NT |

Heat 7 of 48 Finals

| | | | | |
|----|-------------------------|----|-----------------|----|
| 1 | Awny Mohamad Awny | 17 | SMOHA | NT |
| 2 | Telal Hamed Omer Mohame | 16 | SUDAN | NT |
| 3 | Hady Hisham Mohmed | 16 | Marina Sporting | NT |
| 4 | Ali Mohamed Kamal | 16 | DEGLA | NT |
| 5 | Ahmed Tarek Elsayed | 15 | A S E C | NT |
| 6 | Marwan Mohmed Hamed | 17 | Cairo | NT |
| 7 | Yousef Reda Mohamed Kan | 15 | Matrix | NT |
| 8 | Sherif Ashraf Hagag | 17 | A S E C | NT |
| 9 | Belal Mohamad Mahmud F | 16 | SMOHA | NT |
| 10 | Omar Tarek Saleh | 17 | Sporting | NT |

Heat 8 of 48 Finals

| | | | | |
|----|--------------------------|----|-----------|----|
| 1 | Hassn Ramy Ahmed | 17 | Sporting | NT |
| 2 | Rayan Mohamed Elnagar | 15 | Mshooting | NT |
| 3 | Moataz Mohamed Ibrahim | 15 | SMOHA | NT |
| 4 | Abdel Wahab Ahmed Mosta | 15 | Elethad | NT |
| 5 | Mohanad Yasser Salah | 16 | A S E C | NT |
| 6 | Ziad aly Atef Abdelaal | 15 | MRAC | NT |
| 7 | Omar Salah Salah Ghonem | 16 | New Giza | NT |
| 8 | Zeyad Ahmed Bhaa Al din | 19 | ENPPI | NT |
| 9 | Hassan Ashraf Shehata | 17 | Elethad | NT |
| 10 | Hussien Mohamed El Rashe | 17 | Sporting | NT |

Heat 9 of 48 Finals

| | | | | |
|----|---------------------------|----|------------------|----|
| 1 | Abdelrahman Ahmed Saad | 15 | Elethad | NT |
| 2 | Ahmed Wahid Mohamed | 16 | ZOHUR | NT |
| 3 | Ziad Hateem Foaad | 17 | Elethad | NT |
| 4 | Yasin Alaa Ibrahim Elbieh | 20 | SMOHA | NT |
| 5 | Omar Emad Abed | 15 | TRSAN | NT |
| 6 | Zeyad Mohamed Elsayed | 16 | Sporting | NT |
| 7 | Adham Ayman Esmael | 18 | Minia Sport Clup | NT |
| 8 | Youssef Tawfik Hamdy Taw | 18 | SENZO | NT |
| 9 | Mohamed Yasser Essa Abde | 17 | SMOHA | NT |
| 10 | Ahmed Khaled Badr | 16 | Elethad | NT |

Heat 10 of 48 Finals

| | | | | |
|----|---------------------------|----|-----------|----|
| 1 | Eyad Ahmad Kamel Gahlan | 16 | SMOHA | NT |
| 2 | Ali Moahmed Ali Salem | 15 | Olympic | NT |
| 3 | Ahmed Hamdy Al Shaik | 20 | SHOOT | NT |
| 4 | Omar Mohamed Awad | 19 | A S E C | NT |
| 5 | Omar Mosaad Mohamed | 16 | SHOOT | NT |
| 6 | Mohamed Alamir | 16 | Elethad | NT |
| 7 | Ali Shref Ali Abdelkader | 17 | SMOHA | NT |
| 8 | Hassan Ahmed Ehab Wahby | 16 | HELOP | NT |
| 9 | Safyelrhman Ebrahim Souli | 16 | Olympic | NT |
| 10 | Ahmed Ashraf Elsayed | 15 | Swim Home | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 11 Finals (#41 Men 15 & Over 50 LC Meter Backstroke)

| | | | | | |
|----|-------------------------|----|------------|----|-------|
| 1 | Omar Abdelaziz Hussein | 16 | TALBE | NT | _____ |
| 2 | Youssif Amr Hussein | 15 | Aswan Club | NT | _____ |
| 3 | Yassen Mohamed Abdelgwa | 18 | FAROS | NT | _____ |
| 4 | Youssef Ahmed Elsayed | 19 | Elethad | NT | _____ |
| 5 | el Farok Omer el Farok | 17 | BNK.G | NT | _____ |
| 6 | Hazem Mohamed Abd Elhai | 16 | ZOHUR | NT | _____ |
| 7 | Hazem Housam | 15 | Olympic | NT | _____ |
| 8 | Ahmed Ibrahim Fouaad | 15 | SMOHA | NT | _____ |
| 9 | Adham Hossam Lotfy Hass | 18 | SMOHA | NT | _____ |
| 10 | Mazen Saied Gaber Ali | 18 | SMOHA | NT | _____ |

Heat 12 of 48 Finals

| | | | | | |
|----|----------------------------|----|-------|----|-------|
| 1 | Abd Elrahman Mostafa Mal | 17 | ZOHUR | NT | _____ |
| 2 | Yassin Amr Abohamar | 16 | TANTA | NT | _____ |
| 3 | Mohanad Mohamed Anwar | 15 | TALBE | NT | _____ |
| 4 | Eyad Mahmoud Mohamed / | 15 | DEGLA | NT | _____ |
| 5 | Mostafa Mohamed Elesawy | 22 | AHLY | NT | _____ |
| 6 | Seif El Din Hamdy Husain I | 17 | DEGLA | NT | _____ |
| 7 | Moataz Mahmoud Mohame | 16 | DEGLA | NT | _____ |
| 8 | Mostafa Hamdy Mohamed | 16 | MRAC | NT | _____ |
| 9 | Ashraf Mohamed ali Mohan | 24 | Elec | NT | _____ |
| 10 | Omar Shaaban | 15 | SHARQ | NT | _____ |

Heat 13 of 48 Finals

| | | | | | |
|----|---------------------------|----|-------|----|-------|
| 1 | Seif Mohamed Khalil Fathy | 16 | TANTA | NT | _____ |
| 2 | ali Ahmed Mohamed Ismail | 17 | DEGLA | NT | _____ |
| 3 | Mohamed Ahmed Fouad | 15 | DEGLA | NT | _____ |
| 4 | Ali Mohamed Ali Abd El Ra | 15 | DEGLA | NT | _____ |
| 5 | Mrawan amr Mostafa abd el | 19 | TRSAN | NT | _____ |
| 6 | Adel Mohamad Adel Ramac | 16 | SMOHA | NT | _____ |
| 7 | Khaled Mohamed Alaa El D | 16 | DEGLA | NT | _____ |
| 8 | Saif Mohamed Salah Eisaa | 16 | 6 OCT | NT | _____ |
| 9 | Ahmed Wael Frahat Hassn | 15 | 6 OCT | NT | _____ |
| 10 | Ammar Ahmed Saiid | 15 | K.S.C | NT | _____ |

Heat 14 of 48 Finals

| | | | | | |
|----|----------------------------|----|----------------|----|-------|
| 1 | Mohamed Tarek Mohamed / | 16 | Olympic | NT | _____ |
| 2 | Marwan Mohammed Younis | 18 | BNK.G | NT | _____ |
| 3 | Malek Amr Ragab | 16 | Palm Hills | NT | _____ |
| 4 | Mohamed Ahmad Eldamanl | 16 | HELOP | NT | _____ |
| 5 | Mohamed Mourad Mohame | 22 | Sporting | NT | _____ |
| 6 | Moustafa Yasser Abd El Lat | 19 | Sporting | NT | _____ |
| 7 | Youssef Fawzy Abdelthahr | 15 | Olympic | NT | _____ |
| 8 | Moatasem Muhammed Yuni | 15 | BNK.G | NT | _____ |
| 9 | Abdelrhman Fesal Mohame | 15 | A S E C | NT | _____ |
| 10 | Youssef Omar Mohamed M | 15 | Beni Suef Club | NT | _____ |

Heat 15 of 48 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Omar Mohamed Ahmed | 15 | DEGLA | NT | _____ |
| 2 | Almukhtar Ibrahim Muham | 15 | BNK.G | 46.95 | _____ |
| 3 | Adhm Hazem Mohamed Da | 15 | ZOHUR | 44.29 | _____ |
| 4 | Omar abd Alghani Embaby | 15 | BNK.G | 43.39 | _____ |
| 5 | Ahmed Hesham Foad | 16 | BNK.G | 43.25 | _____ |
| 6 | Fares Mahmoud Abd El Azi | 15 | DEGLA | 43.33 | _____ |
| 7 | Yassin Ahmed Hassan Abde | 15 | DEGLA | 43.94 | _____ |
| 8 | Hamza Diaa Elrahman Moh | 15 | DEGLA | 45.58 | _____ |
| 9 | Adam Mohamed El Sayed | 15 | Police Club | NT | _____ |
| 10 | Mohamed Ibrahim Mohame | 15 | AHLY | NT | _____ |

Heat 16 of 48 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Mohamed Farouk | 15 | A S E C | 42.18 | _____ |
| 2 | Adham Mohamed Said Moh | 16 | A S E C | 41.67 | _____ |
| 3 | Youssif Hossam Mohamed | 17 | NASR | 41.41 | _____ |
| 4 | Fahd Ahmed Mohamed | 15 | A S E C | 41.22 | _____ |
| 5 | Ahmed Maged Shawky | 15 | DEGLA | 40.40 | _____ |
| 6 | Mahmoud Muhamed Mahm | 15 | SHOOT | 40.97 | _____ |
| 7 | Hossam Abdelgalil Abdelmc | 15 | DEGLA | 41.36 | _____ |
| 8 | Seif Mostafa Abdelraouf | 15 | Elethad | 41.52 | _____ |
| 9 | Youseif Khaled Mohamed | 16 | ZMALK | 41.77 | _____ |
| 10 | Yassin Tariq Abdelgany | 15 | Tlaea El Ostol | 42.95 | _____ |

Heat 17 of 48 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Adam Mohamed Aboelfetoh | 15 | A S E C | 40.33 | _____ |
| 2 | Youssef Mahmoud Abd el M | 15 | DEGLA | 39.77 | _____ |
| 3 | Abd el Rahman Mohamed M | 15 | DEGLA | 39.42 | _____ |
| 4 | Omar Hussein Abd EL Aziz | 15 | ENPPI | 38.89 | _____ |
| 5 | Mostafa Ahmed Ismaiel | 16 | BNK.G | 38.57 | _____ |
| 6 | Asser Ahmed Mohamed | 15 | DEGLA | 38.59 | _____ |
| 7 | Yassin Ahmed Elsayed | 15 | SENZO | 38.99 | _____ |
| 8 | Keven Latif Farag | 16 | DEGLA | 39.76 | _____ |
| 9 | Omar Ahmed Mohamed Ali | 16 | Elethad | 40.25 | _____ |
| 10 | Adham Tamer Saied Mohan | 15 | A S E C | 40.38 | _____ |

Heat 18 of 48 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Mamen Ebarhim El Doseke | 15 | City Club | 38.42 | _____ |
| 2 | Mohamed Ahmed Gamal | 15 | Police Club | 38.02 | _____ |
| 3 | Seif Medhat Nabil | 17 | Sporting | 37.64 | _____ |
| 4 | Anas Essam Shaban | 15 | Y.M.C.A | 37.23 | _____ |
| 5 | Seif Mohmed Esmail Abode | 15 | TANTA | 37.09 | _____ |
| 6 | Mostafa Mohamed Mostafa | 15 | TALBE | 37.19 | _____ |
| 7 | Mohamed Ahmed Gobbar | 15 | Elethad | 37.43 | _____ |
| 8 | Gamal Walid Ahmed Abd E | 17 | DEGLA | 37.79 | _____ |
| 9 | Ahmed Mohamed Ahmed E | 15 | Elethad | 38.21 | _____ |
| 10 | Ahmed Mohamd el Said | 16 | Y.M.C.A | 38.48 | _____ |

Heat 19 of 48 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Yassin Mohamed Aly Othm | 15 | Olympic | 36.83 | _____ |
| 2 | Moustafa Adel Mohamed M | 17 | Olympic | 36.75 | _____ |
| 3 | Yasen Shref Hasan | 15 | HELOP | 36.67 | _____ |
| 4 | Yahya Mohamed Abdelsatar | 15 | Al Shehk Zaied | 36.50 | _____ |
| 5 | Mahmoud Mohamed Abdelh | 17 | GHABA | 36.35 | _____ |
| 6 | Ziad Wael Mohamed | 20 | ZMALK | 36.45 | _____ |
| 7 | Gasser Mohamed Elsaid Ma | 15 | SMOHA | 36.65 | _____ |
| 8 | Osama Mohamed Ashour | 15 | A S E C | 36.69 | _____ |
| 9 | Abdelrahman Khaled Moha | 16 | HLWAN | 36.82 | _____ |
| 10 | Saif Eldin Adel Elsayd | 16 | Elethad | 37.02 | _____ |

Heat 20 of 48 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Asser Fahmy Elsaid | 15 | Bank Ahly Alex | 36.25 | _____ |
| 2 | Adham Mahmoud Mohame | 15 | ENPPI | 36.18 | _____ |
| 3 | Mohamed Sayed Mohamed | 17 | SUDAN | 36.11 | _____ |
| 4 | Yihya Mohamed Awad Hem | 15 | Bank Ahly Alex | 35.95 | _____ |
| 5 | Ahmed Mohamed Farok Ma | 17 | Olympic | 35.85 | _____ |
| 6 | Mohamed Ismal El Sayed Is | 16 | A S E C | 35.87 | _____ |
| 7 | Amr Basem Kamal Salam | 15 | SHRKS | 36.08 | _____ |
| 8 | Adam Mohamed Abdelmak | 17 | SMOHA | 36.15 | _____ |
| 9 | Eyad Mohamed Hussien | 15 | DEGLA | 36.24 | _____ |
| 10 | Eyad Ahmed Mostafa Basta | 18 | GHABA | 36.28 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 21 Finals (#41 Men 15 & Over 50 LC Meter Backstroke)

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Aly Mohamed Abd Elmotell | 15 | Y.M.C.A | 35.73 | _____ |
| 2 | Abdel Rahman Ahmed El_fi | 16 | Sporting | 35.54 | _____ |
| 3 | Hossam Ashraf Ali | 15 | Elethad | 35.44 | _____ |
| 4 | Youssef Ahmed Saeed | 15 | A S E C | 35.22 | _____ |
| 5 | Mohamed Yaser Mohamed | 15 | DEGLA | 35.21 | _____ |
| 6 | Yahia Mohamed Mahmoud | 15 | Sporting | 35.22 | _____ |
| 7 | Karim Tamer Badr | 16 | DEGLA | 35.34 | _____ |
| 8 | Ziad Haitham Mohamed | 15 | Rio | 35.52 | _____ |
| 9 | Nour Hossam Ahmed Salah | 17 | ZMALK | 35.71 | _____ |
| 10 | Omar Ahmed Mohamed Ma | 15 | DEGLA | 35.74 | _____ |

Heat 22 of 48 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Amir Maged Eid Yousef | 16 | HELOP | 35.10 | _____ |
| 2 | Eyad Ayman Samy | 15 | DEGLA | 35.04 | _____ |
| 3 | Ahmed Ebrahim Elbaz | 15 | ENPPI | 34.98 | _____ |
| 4 | Fares Mahmoud Mokhtar | 16 | Elethad | 34.90 | _____ |
| 5 | Yassin Mostafa Nasr | 16 | Sporting | 34.77 | _____ |
| 6 | Moemen Ahmed Moemen | 15 | MRAC | 34.83 | _____ |
| 7 | Youssef Mohamed Abd Elra | 16 | Elethad | 34.96 | _____ |
| 8 | Ali Ahmed Adel Mosleh | 17 | 6 OCT | 35.02 | _____ |
| 9 | Ebrahim Mohamed Nafea | 15 | Swim Home | 35.10 | _____ |
| 10 | Omar Sameh Mahmoud | 17 | Tlaea El Ostol | 35.18 | _____ |

Heat 23 of 48 Finals

| | | | | | |
|----|----------------------------|----|------------------|-------|-------|
| 1 | Ziad Moahmed Ahmed Moh | 18 | SMOHA | 34.70 | _____ |
| 2 | Marwan Mohamed Moheb I | 15 | Olympic Champion | 34.56 | _____ |
| 3 | Aly Samy Elshafy | 18 | Sporting | 34.48 | _____ |
| 4 | Hassan Hussein Mohamad I | 16 | SMOHA | 34.39 | _____ |
| 5 | Abdulla Nasser Mostafa Alf | 16 | ZOHUR | 34.36 | _____ |
| 6 | Mohamed Ahmed Mohamec | 17 | DEGLA | 34.36 | _____ |
| 7 | Mohanad Mohamed Twfik / | 15 | 6 OCT | 34.43 | _____ |
| 8 | Yassin Haitham Hassan | 15 | DEGLA | 34.55 | _____ |
| 9 | Adam Yasser Shaker | 16 | New Giza | 34.57 | _____ |
| 10 | Adham Ahmed Hamam Abu | 15 | TANTA | 34.74 | _____ |

Heat 24 of 48 Finals

| | | | | | |
|----|-----------------------------|----|-----------|-------|-------|
| 1 | Omar Shref Ahmad | 15 | HELOP | 34.34 | _____ |
| 2 | Mohammed Mahmoud Gam | 15 | El Temsah | 34.27 | _____ |
| 3 | Abdel Rahman Karim Ashra | 15 | GEZIR | 34.18 | _____ |
| 4 | Fares Ehab Moustafa Ibrahim | 16 | Olympic | 34.10 | _____ |
| 5 | Yaseen Yasser Khamis | 15 | SMOHA | 33.95 | _____ |
| 6 | Ahmed Talaat Kamal Hekal | 16 | Matrix | 34.06 | _____ |
| 7 | Yassen Ahmed Mohamed | 15 | Bitash | 34.16 | _____ |
| 8 | Mohanad Eldein Fathy Shaa | 15 | Elethad | 34.26 | _____ |
| 9 | Ahmed Ehab El Sayed Abd | 15 | DEGLA | 34.29 | _____ |
| 10 | Ahmed Mahmoud Farouk | 16 | DEGLA | 34.35 | _____ |

Heat 25 of 48 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Kerolos Sameh Fawzy | 15 | Y.M.C.A | 33.83 | _____ |
| 2 | Seifelddeen Ahmed Ibrahim | 15 | SMOHA | 33.80 | _____ |
| 3 | Adham Ashraf Mohamed Al | 15 | DEGLA | 33.75 | _____ |
| 4 | Youssef Mohamed Fathy El: | 18 | SMOHA | 33.70 | _____ |
| 5 | Mohamed Sameh Farouk | 15 | TALBE | 33.64 | _____ |
| 6 | Ibrahim Mahmoud Borhami | 15 | DEGLA | 33.68 | _____ |
| 7 | Ahmed Samy Mahmoud | 17 | GHABA | 33.72 | _____ |
| 8 | Zien El Hashash | 15 | Sporting | 33.78 | _____ |
| 9 | Noureldeen Mahmoud Moha | 15 | Bitash | 33.80 | _____ |
| 10 | Omar Shrief Ahmed Ahmed | 17 | SMOHA | 33.87 | _____ |

Heat 26 of 48 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Mohamed Tarek Mohamed : | 17 | SMOHA | 33.60 | _____ |
| 2 | Hamza Adel Mohamed | 15 | DEGLA | 33.58 | _____ |
| 3 | Mohamed Moustafa Mohar | 15 | DEGLA | 33.54 | _____ |
| 4 | Malek Wael | 15 | SMOHA | 33.39 | _____ |
| 5 | Moustafa Ahmed Mahmoud | 15 | Olympic | 33.34 | _____ |
| 6 | Taha Saeed Mohamed Fathy | 16 | A S E C | 33.35 | _____ |
| 7 | Seif Samer Seif Elsaied | 17 | Bank Ahly Alex | 33.39 | _____ |
| 8 | Ziad Osama Abdel Fatah M | 23 | DEGLA | 33.58 | _____ |
| 9 | Nadem Hany Abdellatef | 16 | Elethad | 33.59 | _____ |
| 10 | Omar Sadik Kamal | 15 | DEGLA | 33.63 | _____ |

Heat 27 of 48 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Omar Ibrahim Mohamed | 15 | Tlaea El Ostol | 33.29 | _____ |
| 2 | Abdalla Essam Abdalla | 15 | Mshooting | 33.28 | _____ |
| 3 | Yousef Mohyeldin Ahmed A | 18 | Olympic | 33.25 | _____ |
| 4 | Belal Sheref Sery | 17 | TANTA | 33.24 | _____ |
| 5 | Mohamed Youssef Hussain | 17 | Elethad | 33.22 | _____ |
| 6 | Ali Mourad Salaheldein | 16 | New Giza | 33.23 | _____ |
| 7 | Yassin usama Farouk | 15 | TRSAN | 33.24 | _____ |
| 8 | Mostafa Mahmoud Mohame | 16 | Elethad | 33.25 | _____ |
| 9 | Youssef Mohamed Abo Elyz | 17 | DEGLA | 33.29 | _____ |
| 10 | Mahmoud Hany Mostafa A | 15 | 6 OCT | 33.32 | _____ |

Heat 28 of 48 Finals

| | | | | | |
|----|---------------------------|----|-----------------|-------|-------|
| 1 | Mohamed Hany Ahmed Has | 18 | SHAMS | 33.21 | _____ |
| 2 | Adam Medhat ezz Eldin | 16 | DEGLA | 33.20 | _____ |
| 3 | Loai Ehab A.Meshaal | 17 | DEGLA | 33.15 | _____ |
| 4 | Mohmed Mahmoud Khalil | 17 | Marina Sporting | 33.11 | _____ |
| 5 | Kamal Eldin Khaled Alshah | 16 | Elethad | 33.07 | _____ |
| 6 | Ahmed Sameh Saied Khami | 16 | Olympic | 33.09 | _____ |
| 7 | Marawan Ahmed Mohamed | 15 | Bitash | 33.12 | _____ |
| 8 | Abd Elaziz Mohamed Abd F | 16 | ZOHUR | 33.16 | _____ |
| 9 | Mohamed Ibrahim Kotb | 15 | DEGLA | 33.21 | _____ |
| 10 | Kress Nader abd Elsaied | 17 | Cairo | 33.21 | _____ |

Heat 29 of 48 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Abd Elhalim Alaa Abd Elha | 17 | ZOHUR | 33.04 | _____ |
| 2 | Yazid Ahmed Mohamed | 16 | Elethad | 32.88 | _____ |
| 3 | Omr Ashraf Ali | 18 | Elethad | 32.82 | _____ |
| 4 | Mohamed Sameh Mohamed | 15 | Olympic | 32.78 | _____ |
| 5 | Mohamed Hossam Mohame | 15 | NASR | 32.75 | _____ |
| 6 | Khaled Mohamed Elsyed Ta | 18 | SMOHA | 32.78 | _____ |
| 7 | Omar Ayman Zakaria | 17 | SMOHA | 32.80 | _____ |
| 8 | Nour Mohamed Fawzy Abd | 17 | Olympic | 32.88 | _____ |
| 9 | Youssef Mohamed Fathy | 17 | New Giza | 33.01 | _____ |
| 10 | Mazen Hazem Fouad El Say | 16 | A S E C | 33.06 | _____ |

Heat 30 of 48 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Mohab Ahmed Abdel Fattah | 16 | Elethad | 32.71 | _____ |
| 2 | Mahmoud Hesham Fatouh | 15 | SMOHA | 32.67 | _____ |
| 3 | Yassin Ahmed Nabil | 16 | Sporting | 32.57 | _____ |
| 4 | Yassin Hazem Taher | 16 | MAY15 | 32.51 | _____ |
| 5 | Ali Mohamed Nassem | 16 | DEGLA | 32.45 | _____ |
| 6 | Sofyan Mohamed Ahmed | 15 | Wave | 32.51 | _____ |
| 7 | Ziad Hasham m. Mahfouz | 15 | TANTA | 32.57 | _____ |
| 8 | Hatem Mostafa Atia Solima | 15 | SMOHA | 32.59 | _____ |
| 9 | Omar Sherif Abd El Hamid | 18 | DEGLA | 32.68 | _____ |
| 10 | Mostafa Amr El Kady | 18 | DEGLA | 32.74 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 31 Finals (#41 Men 15 & Over 50 LC Meter Backstroke)

| | | | | | |
|----|--------------------------|----|--------|-------|-------|
| 1 | Marawan Mohamed Abdelre | 17 | Bitash | 32.42 | _____ |
| 2 | Adam Ahmed Hussein Ahm | 15 | ZMALK | 32.34 | _____ |
| 3 | Mohamed Ahmed Abdelaal | 15 | HLWAN | 32.30 | _____ |
| 4 | Isma'el Mohamed Isma'elm | 15 | RWAD | 32.26 | _____ |
| 5 | Yehya Mohamed Talaat | 15 | DEGLA | 32.24 | _____ |
| 6 | Mohamed Moatazbellah Mc | 16 | DEGLA | 32.26 | _____ |
| 7 | Yousif Ahmed Mostafa Elm | 15 | SHOOT | 32.28 | _____ |
| 8 | Ahmed Mohamed Ahmed A | 24 | GEZIR | 32.32 | _____ |
| 9 | Yassen Amro Mohamed | 15 | Bitash | 32.36 | _____ |
| 10 | Eyad Osama Abdlhalem | 16 | Bitash | 32.43 | _____ |

Heat 32 of 48 Finals

| | | | | | |
|----|--------------------------|----|-----------------|-------|-------|
| 1 | Yehia Ahmed Elsayy | 17 | GHABA | 32.18 | _____ |
| 2 | Adam Mohamed Abdeldaye | 17 | Olympic | 32.16 | _____ |
| 3 | Omar Ahmed Elnabarwy | 15 | TANTA | 32.14 | _____ |
| 4 | Omar Ahmed Mohamed Gal | 16 | RWAD | 32.12 | _____ |
| 5 | Yamen Ahmed Baiomy | 15 | El Mostakbal | 32.03 | _____ |
| 6 | Moustafa amr Abdelazem | 16 | HLWAN | 32.04 | _____ |
| 7 | Yassin Mohamed Saleh Abd | 16 | Olympic | 32.13 | _____ |
| 8 | Mohamud Mohamad Roshd | 16 | SMOHA | 32.15 | _____ |
| 9 | Marwan Ahmed Reda | 19 | Marina Sporting | 32.16 | _____ |
| 10 | Bilal Khaled Mohamed Has | 18 | SMOHA | 32.19 | _____ |

Heat 33 of 48 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Mazen Almansy | 16 | Baladyat El Maha | 32.02 | _____ |
| 2 | Aser Mohamed Mosaad Mo | 15 | MAADI | 32.00 | _____ |
| 3 | Zeid Mohamed Abdel-Azee | 17 | AHLY | 31.95 | _____ |
| 4 | Fadi Wael Gerges | 18 | REHAB | 31.90 | _____ |
| 5 | Farok Mohamed Fayk Alsh | 19 | 6 OCT | 31.87 | _____ |
| 6 | Loaay Motasem Alaaeldin | 17 | ZMALK | 31.87 | _____ |
| 7 | Ahmed Ramee Ahmed Hash | 17 | 6 OCT | 31.94 | _____ |
| 8 | abd Elrahman Elsaied Foud | 15 | TALBE | 31.99 | _____ |
| 9 | Hussein Mohamed Hussein | 16 | DEGLA | 32.02 | _____ |
| 10 | Abd El Rhman Moustafa Fa | 17 | A S E C | 32.02 | _____ |

Heat 34 of 48 Finals

| | | | | | |
|----|---------------------------|----|---------|-------|-------|
| 1 | Omar Ehab Ahmed Ghorab | 19 | A S E C | 31.82 | _____ |
| 2 | Mohamed Ahmed Mohamec | 17 | RWAD | 31.75 | _____ |
| 3 | Omar Mohamed Abdelghafa | 17 | SMOHA | 31.68 | _____ |
| 4 | Mohamed Emad Maher | 18 | SENZO | 31.61 | _____ |
| 5 | Omar Ahmed Gaber | 15 | GHABA | 31.58 | _____ |
| 6 | Yassen Ahmad Ebrahim Ka | 16 | SMOHA | 31.59 | _____ |
| 7 | Mahmoud Mohamed Mahm | 17 | SHOOT | 31.62 | _____ |
| 8 | Mostafa Amr Osman Aly | 15 | SHOOT | 31.73 | _____ |
| 9 | Youssef Ahmed Samir | 16 | DEGLA | 31.76 | _____ |
| 10 | Yasin Mossa Moh. Faghr El | 16 | GEZIR | 31.84 | _____ |

Heat 35 of 48 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Tamer Ahmed Ali | 16 | Elethad | 31.53 | _____ |
| 2 | Yassin Khaled Shrif Moham | 15 | Bank Ahly Alex | 31.46 | _____ |
| 3 | Moemen Ayman Ahmed | 16 | Al Hawar | 31.41 | _____ |
| 4 | Omar Zeyad Mohamed | 17 | Sporting | 31.25 | _____ |
| 5 | Eyad Mohamed Yousry | 16 | DEGLA | 31.21 | _____ |
| 6 | Fo'ad Haitham | 21 | SMOHA | 31.23 | _____ |
| 7 | Sohail Omar Mohamed Harl | 15 | SHAMS | 31.28 | _____ |
| 8 | Farouk Mohamed Farouk M | 15 | Gezira El Ward | 31.43 | _____ |
| 9 | Omar Hashem Mohamed | 15 | Wave | 31.49 | _____ |
| 10 | Yassin el Midany | 15 | Sporting | 31.53 | _____ |

Heat 36 of 48 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Hazem Omar Mohamad Fat | 16 | SMOHA | 31.14 | _____ |
| 2 | Eyad Wael Abdelkader | 16 | El Mostakbal | 31.14 | _____ |
| 3 | Yassin Kariem Mohamed | 15 | DEGLA | 31.05 | _____ |
| 4 | Yassien Ahmed Hussien Wa | 16 | DEGLA | 31.01 | _____ |
| 5 | Yassen Hussein Mohammed | 15 | Zahraa Helwan | 30.91 | _____ |
| 6 | Martin Emad Rizk | 18 | Y.M.C.A | 30.92 | _____ |
| 7 | Mohamed Ziad Sharaf Diab | 15 | SMOHA | 31.01 | _____ |
| 8 | omr Mohamed Hany Manso | 15 | AHLY | 31.13 | _____ |
| 9 | Amr Zakaria | 17 | SHOOT | 31.14 | _____ |
| 10 | Eyad Mohamed Shaban | 17 | TRSAN | 31.18 | _____ |

Heat 37 of 48 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Abdalla Mohamed Mhfoz F | 17 | 6 OCT | 30.82 | _____ |
| 2 | Abd Allah Ahmed Abd El A | 16 | MAADI | 30.78 | _____ |
| 3 | Seifallah Mahmoud Ahmed | 17 | GHABA | 30.76 | _____ |
| 4 | Farouk Ahmed Mohamed A | 15 | Bank Ahly Alex | 30.74 | _____ |
| 5 | Omar Khaled Khamis | 19 | A S E C | 30.70 | _____ |
| 6 | Omar Adel Saeid Hassan | 15 | ZMALK | 30.71 | _____ |
| 7 | Malek Mohamed Adell | 15 | Elec | 30.75 | _____ |
| 8 | Belal Tarek Mohamed Alsa | 17 | HELDO | 30.78 | _____ |
| 9 | Adham Adel Abaza | 20 | Sporting | 30.81 | _____ |
| 10 | Ahmed Hani Ezzat | 16 | SHOOT | 30.83 | _____ |

Heat 38 of 48 Finals

| | | | | | |
|----|---------------------------|----|---------|-------|-------|
| 1 | Zyad Mohamed Moawad | 19 | ZMALK | 30.62 | _____ |
| 2 | Omar Karim Mohamed Mse | 18 | SMOHA | 30.56 | _____ |
| 3 | Ahmed Moataz Ahmed Fath | 15 | SMOHA | 30.51 | _____ |
| 4 | Abdallah Mohamed Hassan | 15 | DEGLA | 30.47 | _____ |
| 5 | Seif Eldien Islam Shaker | 19 | DEGLA | 30.46 | _____ |
| 6 | abd Elrhman Mosad Abosre | 16 | MAY15 | 30.47 | _____ |
| 7 | Eyad Ahmed Saad Hasn | 16 | TANTA | 30.50 | _____ |
| 8 | Ibrahim Bahaeldin Ibrahim | 16 | Olympic | 30.52 | _____ |
| 9 | Nagy Ahmed Mohamed | 17 | TALBE | 30.62 | _____ |
| 10 | Omar Mohamedm Hamza C | 19 | BNK.G | 30.65 | _____ |

Heat 39 of 48 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Zian Mahmoud Fawzy | 15 | A S E C | 30.40 | _____ |
| 2 | Omar Mahmoud Hassan Ela | 16 | TRSAN | 30.37 | _____ |
| 3 | Omar Tamer Issa | 16 | RWAD | 30.32 | _____ |
| 4 | Youssef Wala Mohamed Tav | 17 | SMOHA | 30.30 | _____ |
| 5 | Mostafa Ahmed Mostafa | 16 | TALBE | 30.28 | _____ |
| 6 | Ibrahim Ahmed Zaki | 15 | SHOOT | 30.29 | _____ |
| 7 | Islam amr abd el Khalek | 17 | GHARB | 30.30 | _____ |
| 8 | Mohamed Sherif Ahmed Fel | 15 | SMOHA | 30.34 | _____ |
| 9 | Omar Ayman Esmael Emam | 16 | 6 OCT | 30.38 | _____ |
| 10 | Yassien Amr Adly Mohamec | 17 | SMOHA | 30.42 | _____ |

Heat 40 of 48 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Yousif Wael Hamed Elsaid | 20 | SMOHA | 30.27 | _____ |
| 2 | Eyad Mohamed Ahmed | 15 | AHLY | 30.25 | _____ |
| 3 | Youssef Ahmed Hassan Abd | 17 | Elethad | 30.19 | _____ |
| 4 | Adham Shady Medhat Esm | 15 | Gezira El Ward | 30.16 | _____ |
| 5 | Omar Karem Mahmoud Abc | 16 | Elethad | 30.15 | _____ |
| 6 | AbdelRahman Ehab Elshim | 17 | Sporting | 30.15 | _____ |
| 7 | Ahmed Manssor Saed | 16 | Bitash | 30.19 | _____ |
| 8 | Adham Amr Ahmed ElShar | 16 | DEGLA | 30.22 | _____ |
| 9 | Yossef Ayman Said | 16 | GHABA | 30.26 | _____ |
| 10 | Waleed Samer Mahmoud | 19 | AHLY | 30.27 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 41 Finals (#41 Men 15 & Over 50 LC Meter Backstroke)

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Yamen Ayman Helmy | 17 | TANTA | 30.08 | _____ |
| 2 | Hady Mohamed Foad | 18 | MRAC | 29.98 | _____ |
| 3 | Yousef Hisham Mahmoud | 15 | ZMALK | 29.95 | _____ |
| 4 | Amar Haitham Mohamed S | 17 | SHAMS | 29.93 | _____ |
| 5 | Mohamed Khaled Mohamec | 16 | SHOOT | 29.91 | _____ |
| 6 | Ammar Mohamed Mohame | 17 | MAY15 | 29.91 | _____ |
| 7 | aly Eldin Ahmed Mohamed | 17 | ZMALK | 29.94 | _____ |
| 8 | Malek Waled Ibrahim Hussi | 17 | SMOHA | 29.96 | _____ |
| 9 | Adham Bahr Yihya Saad | 15 | Bank Ahly Alex | 29.99 | _____ |
| 10 | Mazen Ashraf Mohamed Ab | 19 | Bank Ahly Alex | 30.12 | _____ |

Heat 42 of 48 Finals

| | | | | | |
|----|---------------------------|----|-------|-------|-------|
| 1 | Selim Shrif Osama Helmy M | 16 | GEZIR | 29.88 | _____ |
| 2 | aly Saleeh aly | 17 | ZMALK | 29.81 | _____ |
| 3 | Ahmed Eid Hamad Ahmed | 18 | NASR | 29.80 | _____ |
| 4 | A.Rahman Mohamed Salem | 16 | DEGLA | 29.66 | _____ |
| 5 | Kamal El Din Mokhtar | 20 | DEGLA | 29.63 | _____ |
| 6 | Mohamed Ramy Mohamed | 19 | AHLY | 29.65 | _____ |
| 7 | Ahmed Mohamed Ahmed A | 17 | DEGLA | 29.76 | _____ |
| 8 | Zyad Ahmed Aoelmaty | 15 | DEGLA | 29.81 | _____ |
| 9 | Farouk Mohamed Moharam | 16 | DEGLA | 29.83 | _____ |
| 10 | Moamen Khalid Mohamed | 19 | ZMALK | 29.89 | _____ |

Heat 43 of 48 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | abd Elrhman Mohamed Ahn | 17 | Elethead | 29.58 | _____ |
| 2 | Omar Tarek Abdel-Rahman | 17 | AHLY | 29.52 | _____ |
| 3 | Mohanad Sameheldin Elsay | 16 | Olympic | 29.39 | _____ |
| 4 | Ahmed Samy Hassan | 16 | M.S Tagamoa | 29.34 | _____ |
| 5 | Mohamed Samy Mahmoud | 20 | GHABA | 29.18 | _____ |
| 6 | Mazen Karim Hassan | 18 | AHLY | 29.32 | _____ |
| 7 | ali Soliman | 15 | Sporting | 29.35 | _____ |
| 8 | Adham Elsayed Ali | 17 | DEGLA | 29.46 | _____ |
| 9 | Ziad Emad Atya | 17 | DEGLA | 29.55 | _____ |
| 10 | Yehia Mohamed Saad Eldin | 19 | DEGLA | 29.62 | _____ |

Heat 44 of 48 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | Yosef Hatem ali Ahmed | 17 | Al Hawar | 29.11 | _____ |
| 2 | Yassen Osama Yosef Ebrahe | 16 | SMOHA | 29.04 | _____ |
| 3 | Yousif Mahmoud Mohamm | 18 | SHOOT | 28.97 | _____ |
| 4 | Hamza Ahmed Mohamed A | 17 | Bank Ahly Alex | 28.96 | _____ |
| 5 | Mostafa Adel Mohamed Sar | 18 | SHOOT | 28.86 | _____ |
| 6 | Mahmod Mahmud Yasen es: | 18 | TANTA | 28.89 | _____ |
| 7 | Yossef Ayman Abdalla Moh | 16 | SMOHA | 28.96 | _____ |
| 8 | Kareem Hossam Ahmed Sal | 16 | SMOHA | 28.98 | _____ |
| 9 | Yassin Hussein Nabil Husse | 16 | SHOOT | 29.09 | _____ |
| 10 | Ahmed Yaser Mohamed | 19 | M.ARB | 29.16 | _____ |

Heat 45 of 48 Finals

| | | | | | |
|----|-------------------------|----|----------|-------|-------|
| 1 | Omar Ahmed Mohamed Ibr: | 15 | SMOHA | 28.84 | _____ |
| 2 | Hussin Mohamed Hussin | 19 | TALBE | 28.76 | _____ |
| 3 | Seif Sayed Mahmoud | 18 | HLWAN | 28.60 | _____ |
| 4 | Adam Mohamed Mahmoud | 16 | SHOOT | 28.54 | _____ |
| 5 | Adam HossamEldin Moharr | 17 | SMOHA | 28.47 | _____ |
| 6 | Yassin Amr Adel | 16 | AHLY | 28.48 | _____ |
| 7 | Mohamed Ibrahim Elkhdry | 18 | Elethead | 28.55 | _____ |
| 8 | Mohamed Ahmed Salem | 20 | GHABA | 28.61 | _____ |
| 9 | Karim Adel Ahmed Bahgat | 21 | ZOHUR | 28.80 | _____ |
| 10 | Zein Hisham Hamdy | 15 | ZMALK | 28.85 | _____ |

Heat 46 of 48 Finals

| | | | | | |
|----|--------------------------|----|-------|-------|-------|
| 1 | John Wael Nagy Mosad | 18 | HELDO | 28.36 | _____ |
| 2 | Mohamed Walid Azouz | 20 | AHLY | 28.33 | _____ |
| 3 | Omar Ahmed Salah | 18 | AHLY | 28.30 | _____ |
| 4 | Hamza Moahmed Mhmoud | 17 | SMOHA | 28.14 | _____ |
| 5 | Youssef Amr Sayed | 18 | DEGLA | 28.11 | _____ |
| 6 | Youssef Emad Shaaban | 16 | AHLY | 28.12 | _____ |
| 7 | Blal amr Ahmed | 19 | HELOP | 28.24 | _____ |
| 8 | Sherif Yaser Ali Meaabed | 21 | 6 OCT | 28.30 | _____ |
| 9 | Yousif Mohamed Khalaf | 23 | SMOHA | 28.35 | _____ |
| 10 | Zeiad Ahmed Abdelazim At | 22 | MAADI | 28.44 | _____ |

Heat 47 of 48 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Yosif Ahmed Mohsen | 17 | NASR | 28.05 | _____ |
| 2 | Mohamed Taha Abd El Raou | 19 | DEGLA | 28.04 | _____ |
| 3 | Ahmed Adel Mohamed Mes | 24 | AHLY | 27.98 | _____ |
| 4 | Mohamed Ahmed Mohamec | 20 | SMOHA | 27.89 | _____ |
| 5 | Islam Mohamed Nashaat | 18 | MAADI | 27.80 | _____ |
| 6 | Eyad Mohsen Isamil ali | 17 | SHAMS | 27.87 | _____ |
| 7 | Karim Ahmed Naser Abdelr | 18 | SMOHA | 27.97 | _____ |
| 8 | Mohamed Walid Hassan | 18 | Sporting | 27.99 | _____ |
| 9 | Anas Mohamed Saad | 15 | DEGLA | 28.04 | _____ |
| 10 | Waleid Mohamed Sobhy | 21 | ZMALK | 28.08 | _____ |

Heat 48 of 48 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Hatterm Ahmed | 19 | DEGLA | 27.69 | _____ |
| 2 | Mohab El Din Fathy | 23 | Sporting | 27.45 | _____ |
| 3 | Mahmoud El Walid Abd El l | 18 | MAADI | 27.27 | _____ |
| 4 | Abdel Rahman Amr Farag | 17 | SHOOT | 26.94 | _____ |
| 5 | Mohamed Ahm. Aly Moh. I | 20 | GEZIR | 26.79 | _____ |
| 6 | Marwan Ali Mahmoud | 16 | DEGLA | 26.90 | _____ |
| 7 | Yousif Ahmed Ragab Elshar | 19 | SMOHA | 27.17 | _____ |
| 8 | Seif Tarek Mohamed Raslan | 24 | ZMALK | 27.29 | _____ |
| 9 | Moustafa Abdo Mohamed S | 22 | RWAD | 27.61 | _____ |
| 10 | Aly Amr Ahmed Shaaban | 22 | Bank Ahly Alex | 27.72 | _____ |

Event 42 Women 15 & Over 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 22 Finals

| | | | | | |
|---|----------------------------|----|----------------|----|-------|
| 2 | Roudaina Samy Mohamed | 15 | AHLY | NT | _____ |
| 3 | Maryam Ahmed Mohammed | 15 | Zahraa Helwan | NT | _____ |
| 4 | Fayrouz Wael Gamal Ibrahim | 16 | ElGezira Youth | NT | _____ |
| 5 | Nouray Tarek Halim Mohan | 15 | DEGLA | NT | _____ |
| 6 | Gana Noaman Samer | 16 | Al Hawar | NT | _____ |
| 7 | Nadin Motaz Mohamed | 16 | MRAC | NT | _____ |
| 8 | Malak Amr Ali | 19 | Beni Suef Club | NT | _____ |

Heat 2 of 22 Finals

| | | | | | |
|----|----------------------------|----|----------|----|-------|
| 1 | Sama Tarek Raslan | 19 | TANTA | NT | _____ |
| 2 | Anjolina Tamer eid | 15 | MRAC | NT | _____ |
| 3 | Farida Haitham Nabil Ali Z | 18 | SMOHA | NT | _____ |
| 4 | Kholoud Abdelfatah Ali Abc | 18 | SMOHA | NT | _____ |
| 5 | Mayar Ahmed Fouad | 16 | ZMALK | NT | _____ |
| 6 | Shahd Mohamed Ahmed Ell | 15 | AHLY | NT | _____ |
| 7 | Hana Hesham Saleh | 19 | DEGLA | NT | _____ |
| 8 | Farida Ahmed Fouad | 18 | DEGLA | NT | _____ |
| 9 | Jana Alaa Ibrahim Hussien | 15 | SMOHA | NT | _____ |
| 10 | Shad abd Fattah | 15 | Sporting | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 3 Finals (#42 Women 15 & Over 200 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Lamar Maged Abdel Gawad | 17 | DEGLA | NT | _____ |
| 2 | Aysel Sameh Mahmoud | 16 | ZOHUR | NT | _____ |
| 3 | Zeina amr Mohammed | 16 | TALBE | NT | _____ |
| 4 | Jannah Mohamed Farouk | 19 | Sporting | NT | _____ |
| 5 | Goumana aly Abdelgafar | 15 | ZMALK | NT | _____ |
| 6 | Salma Mohamed Ibrahim Al | 15 | Stad Mansoura | NT | _____ |
| 7 | Kenzy Mowafy Mahmoud | 15 | SMOHA | NT | _____ |
| 8 | Dima Adel Mohamed | 17 | SMOHA | NT | _____ |
| 9 | Dana Rafik El Saady | 16 | DEGLA | NT | _____ |
| 10 | Layla Mohamed Elsaed Mai | 16 | Bank Ahly Alex | NT | _____ |

Heat 4 of 22 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Mariam Mahmoud Ahmed | 15 | DEGLA | NT | _____ |
| 2 | Mariam Mohamed Sobhy | 18 | DEGLA | NT | _____ |
| 3 | Hameis Essam Al Kholy | 16 | SHOOT | NT | _____ |
| 4 | Henar amr el Sofy | 16 | TRSAN | NT | _____ |
| 5 | Fatma Kamil Mohamed | 16 | ZMALK | NT | _____ |
| 6 | Zina Ahmed Abdullh Mohar | 16 | ElGezira Youth | NT | _____ |
| 7 | Hala Mohamed Moustafa G. | 15 | Olympic | NT | _____ |
| 8 | Sara Ahmed Eissa | 16 | MAADI | NT | _____ |
| 9 | Hana Waled Hasan | 19 | SHROK | NT | _____ |
| 10 | Nourhan Mahmoud Moham | 17 | El Obour | NT | _____ |

Heat 5 of 22 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Nour Mohamad Hassan Mol | 16 | SMOHA | NT | _____ |
| 2 | Nour Kareem Mohamed | 15 | el Shark Club | NT | _____ |
| 3 | Kenzy Wael Foud Ramadan | 16 | SMOHA | NT | _____ |
| 4 | Jana Mostafa Moktar | 16 | Cairo | NT | _____ |
| 5 | Salma Ahmed Ibrahim | 15 | Gezira El Ward | NT | _____ |
| 6 | Fareda Mohamed Farouk | 17 | DEGLA | NT | _____ |
| 7 | Malak Islam Mohamed | 19 | AHLY | NT | _____ |
| 8 | Sondos Hossam Eldin Mahr | 15 | TRSAN | NT | _____ |
| 9 | Fayrouz Mohamed Hussien | 16 | Pegasus Club | NT | _____ |
| 10 | Jana Ahmed Saied | 17 | Cairo | NT | _____ |

Heat 6 of 22 Finals

| | | | | | |
|----|-----------------------------|----|----------|----|-------|
| 1 | Hana Ahmed Mohamed | 16 | DEGLA | NT | _____ |
| 2 | Malak Mohamed Mahmoud | 15 | DEGLA | NT | _____ |
| 3 | Malak Ashraf Abdo | 15 | EALAM | NT | _____ |
| 4 | Salsabil Samer Abdalla Shai | 19 | Y.M.C.A | NT | _____ |
| 5 | Nada Hassan Ahmed Hassar | 18 | Elethad | NT | _____ |
| 6 | Mariam Alaa Abd Elslam | 15 | SHOOT | NT | _____ |
| 7 | Rania Mohamed Ibrahim | 17 | ENPPI | NT | _____ |
| 8 | Malak Mohamed Nagy | 17 | Sporting | NT | _____ |
| 9 | Hania Mohamed Ibrahim | 17 | ENPPI | NT | _____ |
| 10 | Mariam Ahmed Zahran | 17 | Sporting | NT | _____ |

Heat 7 of 22 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Kenzy Maged Abdel Gawad | 15 | DEGLA | NT | _____ |
| 2 | Jana Waleed abd Elrazek Ga | 17 | DEGLA | 2:52.83 | _____ |
| 3 | Sireen Hatem Rashad | 15 | Police Club | 2:51.65 | _____ |
| 4 | Hanya Yasser Maoud | 21 | A S E C | 2:49.28 | _____ |
| 5 | Malak Mohamed Fakray | 15 | TALBE | 2:46.01 | _____ |
| 6 | Rola Yassir Mohamed | 16 | HADAK | 2:46.66 | _____ |
| 7 | Gana Saif El Din Fekry | 15 | DEGLA | 2:51.25 | _____ |
| 8 | Joudy Ali Mohammed | 15 | Elethad | 2:51.84 | _____ |
| 9 | Alia Alaa-Eldeen Mohamed | 15 | ElGezira Youth | 3:01.73 | _____ |
| 10 | Sandy Ayman Atef | 24 | AHLY | NT | _____ |

Heat 8 of 22 Finals

| | | | | | |
|----|---------------------------|----|-----------------|---------|-------|
| 1 | Gody Ayman Mohamed Fatl | 16 | MRAC | 2:45.21 | _____ |
| 2 | Nor Ahmed Ali Abdel Khale | 15 | SHOOT | 2:44.27 | _____ |
| 3 | Razan Kael Ebrahim | 16 | Bitash | 2:42.36 | _____ |
| 4 | Karma Ahmed Hamdy Huss | 15 | A S E C | 2:39.86 | _____ |
| 5 | Karen Samir Fawzy | 17 | Marina Sporting | 2:37.86 | _____ |
| 6 | Zeina Tamer Nagy | 15 | SHOOT | 2:39.20 | _____ |
| 7 | Jode Mohamad Yossef Moh: | 16 | SMOHA | 2:41.37 | _____ |
| 8 | Farah Ashraf abd el Aziz | 20 | Olympic | 2:43.91 | _____ |
| 9 | Rokaia Amr Mohamed | 15 | DEGLA | 2:44.36 | _____ |
| 10 | Nada Tarek Ahmed | 17 | HLWAN | 2:45.36 | _____ |

Heat 9 of 22 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Nawal Abd El-Hamid El-Ki | 16 | New Giza | 2:37.07 | _____ |
| 2 | Fatma Hisham Sarwt | 21 | Sporting | 2:34.55 | _____ |
| 3 | Hana Ali Zain Alabdeen | 15 | Police Club | 2:33.77 | _____ |
| 4 | Zena Ashraf Mohamed Ebra | 16 | TANTA | 2:33.47 | _____ |
| 5 | Habiba Mohamed ali | 16 | Police Club | 2:33.06 | _____ |
| 6 | Jana Amr Zoalfakar | 15 | SMOHA | 2:33.14 | _____ |
| 7 | Ayten Yaser Abdelmouty | 15 | SMOHA | 2:33.56 | _____ |
| 8 | Rawda Faysal Elasherif | 19 | AHLY | 2:33.77 | _____ |
| 9 | Judy Sayed Ahmed | 17 | DEGLA | 2:34.75 | _____ |
| 10 | Sama Tamer Maged Hassan | 18 | HELDO | 2:37.49 | _____ |

Heat 10 of 22 Finals

| | | | | | |
|----|----------------------------|----|----------|---------|-------|
| 1 | Ronaz Mohamed Ahmed | 18 | DEGLA | 2:32.41 | _____ |
| 2 | Ganna Mohamed Mahmoud | 18 | AHLY | 2:32.28 | _____ |
| 3 | Lamar Ahmed Mohamed | 17 | Elethad | 2:32.08 | _____ |
| 4 | Malak Amr | 15 | SHOOT | 2:31.70 | _____ |
| 5 | Haneen Tamer Ahmed | 17 | DEGLA | 2:31.14 | _____ |
| 6 | Lara Essam Nabil | 15 | SMOHA | 2:31.69 | _____ |
| 7 | Fagr Sherif Kamel | 17 | DEGLA | 2:31.92 | _____ |
| 8 | nor Abdel Baky Galal Abdel | 15 | Al Hawar | 2:32.15 | _____ |
| 9 | Byrne Ibrahim Adel | 16 | Elethad | 2:32.28 | _____ |
| 10 | Habiba Essam Wahba | 15 | Sporting | 2:32.70 | _____ |

Heat 11 of 22 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Asmaa Nabil Fathi | 15 | SMOHA | 2:30.70 | _____ |
| 2 | Sama Atef Sayed | 16 | DEGLA | 2:30.52 | _____ |
| 3 | Farah Ayman Gaber | 17 | SMOHA | 2:30.11 | _____ |
| 4 | Marwa Mohamed Hanfy | 18 | Y.M.C.A | 2:29.65 | _____ |
| 5 | Nouran Amr Elsayed Abdelk | 15 | Olympic | 2:29.07 | _____ |
| 6 | Nadin Sameh Mohamed | 17 | ZMALK | 2:29.45 | _____ |
| 7 | Farida amr Mohamed Farg | 17 | SHOOT | 2:29.74 | _____ |
| 8 | Shrin Ahmed Abdelkader | 17 | SHRKS | 2:30.17 | _____ |
| 9 | Habiba Mohamed Kamal | 15 | Elethad | 2:30.62 | _____ |
| 10 | Lougain amr Saeid | 15 | ZMALK | 2:30.73 | _____ |

Heat 12 of 22 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Rataj Amr Farouk Fathy | 15 | Police Club | 2:28.93 | _____ |
| 2 | Hanin Mohamed AL Said | 15 | RWAD | 2:28.34 | _____ |
| 3 | Habiba Elamier Fiesl | 15 | SHAMS | 2:28.30 | _____ |
| 4 | Shaza Mohamed Said Husse | 16 | Elethad | 2:28.18 | _____ |
| 5 | Salma Mostafa Kamel Abou | 16 | Elethad | 2:27.88 | _____ |
| 6 | Reem Mostafa Mohamed | 16 | A S E C | 2:28.08 | _____ |
| 7 | Nadin Atef Mohamed | 19 | AHLY | 2:28.27 | _____ |
| 8 | Rawan Tamer Essam Mahm | 17 | DEGLA | 2:28.30 | _____ |
| 9 | Joudy Wael Ahmed | 15 | 6 OCT | 2:28.73 | _____ |
| 10 | Retag Galal Ibrahiem | 15 | DEGLA | 2:28.94 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 13 Finals (#42 Women 15 & Over 200 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Renad Khedr Alaam | 16 | Baladyat El Maha | 2:27.35 | _____ |
| 2 | Hana Tamer Ibrahim | 16 | Elethead | 2:26.92 | _____ |
| 3 | Mariam Yasser Mohamed Sl | 17 | AHLY | 2:26.51 | _____ |
| 4 | Rahf Ahmed Mohamed | 15 | AHLY | 2:26.06 | _____ |
| 5 | Kenzy Ahmed Saad ali | 17 | DEGLA | 2:25.60 | _____ |
| 6 | Iman Ahmed Adel Elsaied | 17 | SMOHA | 2:25.76 | _____ |
| 7 | Lojain Alaa Eldein Arafa | 15 | SMOHA | 2:26.14 | _____ |
| 8 | Gana Wael Youssef Mahmo | 18 | DEGLA | 2:26.85 | _____ |
| 9 | Donia Motaz Mohamed abd | 17 | MRAC | 2:27.16 | _____ |
| 10 | Hana Abdo Eid El Demerda | 15 | DEGLA | 2:27.44 | _____ |

Heat 14 of 22 Finals

| | | | | | |
|----|--------------------------|----|-------|---------|-------|
| 1 | Zaina Haitham Mohamed | 15 | SHOOT | 2:25.49 | _____ |
| 2 | Salma Atef Fayek Abdo | 17 | DEGLA | 2:25.19 | _____ |
| 3 | Farah Ahmed Sadelden Rag | 18 | 6 OCT | 2:24.26 | _____ |
| 4 | Rodaina Ayman Mohamed | 17 | AHLY | 2:24.01 | _____ |
| 5 | Farah Hatem Ngaty Moham | 16 | HELOP | 2:23.95 | _____ |
| 6 | Razan Mohamed Samy Nof | 15 | MAADI | 2:23.97 | _____ |
| 7 | Zeina Eslam Fayez | 15 | SHOOT | 2:24.17 | _____ |
| 8 | Tasneem Mohamed Mahros | 15 | AHLY | 2:25.00 | _____ |
| 9 | Jana Mohamed Amr | 15 | ZOHUR | 2:25.19 | _____ |
| 10 | Malak Ahmed Salah | 15 | RWAD | 2:25.50 | _____ |

Heat 15 of 22 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Salma Ahmed Abd el Wahat | 15 | DEGLA | 2:23.62 | _____ |
| 2 | Jana Adel Shaaban | 15 | Wave | 2:23.02 | _____ |
| 3 | Tala Tarekf el Kafrawe | 18 | HELOP | 2:22.75 | _____ |
| 4 | Khadega abd el Azez Glal | 17 | HELOP | 2:22.47 | _____ |
| 5 | Bassant Mohamed Mahros | 18 | AHLY | 2:22.10 | _____ |
| 6 | Jana Hesham Mohsen | 15 | SMOHA | 2:22.44 | _____ |
| 7 | Gana Mohamed Atef | 15 | SHOOT | 2:22.64 | _____ |
| 8 | Nour Elsabah Ahmed Amer | 18 | AHLY | 2:22.77 | _____ |
| 9 | Gana Mohamed Said | 17 | ZMALK | 2:23.08 | _____ |
| 10 | Joudy Mohamed Aly | 19 | Sporting | 2:23.70 | _____ |

Heat 16 of 22 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Salma Mohamed Ezzat Moh | 17 | DEGLA | 2:21.63 | _____ |
| 2 | Lila Hossam Hassan Kamel | 15 | SHAMS | 2:21.29 | _____ |
| 3 | Joudy Moahmed Khedr | 17 | SMOHA | 2:21.05 | _____ |
| 4 | Salma Hisham Abdalaa | 15 | ZMALK | 2:21.00 | _____ |
| 5 | Fareeda Mohamed Abd El M | 15 | SHOOT | 2:20.93 | _____ |
| 6 | Hana Mohamed Asharaf Ma | 16 | SHAMS | 2:21.00 | _____ |
| 7 | Malak Mohamed Mahmoud | 15 | Stad Mansoura | 2:21.03 | _____ |
| 8 | Mariam Hesham Mohamed | 20 | AHLY | 2:21.25 | _____ |
| 9 | Loujynah Mahmud M.Sha | 15 | TANTA | 2:21.51 | _____ |
| 10 | Gana Allaeldin Mohamed | 16 | SHAMS | 2:21.95 | _____ |

Heat 17 of 22 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Aram Hesham Raafat Mahn | 15 | 6 OCT | 2:20.33 | _____ |
| 2 | Basmalah Gomaa Ali | 19 | Bank Ahly Alex | 2:19.95 | _____ |
| 3 | Nour Mohamad Ramzy | 15 | Swim Home | 2:19.90 | _____ |
| 4 | Salma Ehab Ahmed Hany | 15 | Bank Ahly Alex | 2:19.81 | _____ |
| 5 | Mayar Ashraf al Sayed | 15 | M.S Tagamoa | 2:19.74 | _____ |
| 6 | Lara Haitham Mohamed Mc | 15 | MAADI | 2:19.77 | _____ |
| 7 | Logain Ahmed Hamdy | 16 | HADAK | 2:19.86 | _____ |
| 8 | Jasmine Waleed Ibrahim | 15 | SMOHA | 2:19.93 | _____ |
| 9 | Amina Alaa Elhamouly | 17 | Sporting | 2:20.13 | _____ |
| 10 | Lama Tamer Mohamed Ahn | 19 | SMOHA | 2:20.50 | _____ |

Heat 18 of 22 Finals

| | | | | | |
|----|----------------------------|----|-------|---------|-------|
| 1 | Wafaa Ahmed Saad EIDin | 16 | DEGLA | 2:19.54 | _____ |
| 2 | Yara Ahmad Nageb Ahmad | 16 | SMOHA | 2:19.21 | _____ |
| 3 | Kenzy Hazem Moneeb | 18 | Cairo | 2:18.90 | _____ |
| 4 | Goudy Ibrahiem Khaliel Ibr | 15 | SHAMS | 2:18.69 | _____ |
| 5 | Salma Alaa Mahdy | 21 | AHLY | 2:18.60 | _____ |
| 6 | Nour Ahmad Mahmud Abde | 16 | SMOHA | 2:18.67 | _____ |
| 7 | Gana aly Refaat aly | 17 | ZMALK | 2:18.90 | _____ |
| 8 | Sara Ahmed Alsaed Abdow | 20 | 6 OCT | 2:19.08 | _____ |
| 9 | Nour Amgad Ali Fahmy | 17 | SHAMS | 2:19.30 | _____ |
| 10 | Lara Amr Mahmoud Alsokk | 16 | 6 OCT | 2:19.54 | _____ |

Heat 19 of 22 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Zeina Ahmed Mostafa | 17 | SHOOT | 2:18.20 | _____ |
| 2 | Gihan Ahmed Abd El Azim | 20 | MAADI | 2:18.08 | _____ |
| 3 | Nabila Hassan Ismail | 17 | OLMPA | 2:17.53 | _____ |
| 4 | Halla Wael Mohamed | 15 | DEGLA | 2:16.74 | _____ |
| 5 | Hana Walid Atallah | 15 | HADAK | 2:16.32 | _____ |
| 6 | Shahd Sameh Safouat Shaat | 20 | HELDO | 2:16.46 | _____ |
| 7 | Goumana Mohamed Ibrahim | 16 | AHLY | 2:17.20 | _____ |
| 8 | Hana Tarek Yehia | 17 | AHLY | 2:17.75 | _____ |
| 9 | Ayten Ousama Abdelsalam | 15 | Damnhor Sport | 2:18.08 | _____ |
| 10 | Taleen Tarik Ahmed | 15 | HADAK | 2:18.27 | _____ |

Heat 20 of 22 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Maya Abdelaziz Zakaria | 16 | AHLY | 2:16.26 | _____ |
| 2 | Doreen Walid Fathy | 18 | TWFIK | 2:15.45 | _____ |
| 3 | Anod Amr Abd El Aziz | 18 | DEGLA | 2:15.33 | _____ |
| 4 | Nada Ahmed El Said Elbasy | 17 | SHOOT | 2:15.30 | _____ |
| 5 | Malak Ahmed Anes Mahmo | 17 | Al Hawar | 2:14.85 | _____ |
| 6 | Ayten Ahmed Elmanzalawi | 15 | SHOOT | 2:15.03 | _____ |
| 7 | Goumana Tarek Yehia | 19 | AHLY | 2:15.30 | _____ |
| 8 | Sara Mahmoud El Gendy | 18 | DEGLA | 2:15.42 | _____ |
| 9 | Nazly Mohamed Elokda | 16 | SHOOT | 2:16.00 | _____ |
| 10 | Jana Mohamed Abdel Fatah | 20 | SHOOT | 2:16.29 | _____ |

Heat 21 of 22 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Shahd Ahmed Abd Elbaky | 20 | Sporting | 2:14.20 | _____ |
| 2 | Habiba Mohamed Nashaat A | 16 | HELDO | 2:13.57 | _____ |
| 3 | Noran Mohamed Emad Fah | 15 | MAADI | 2:13.37 | _____ |
| 4 | Malak Ahmed Helmy | 19 | AHLY | 2:12.84 | _____ |
| 5 | Farah Amr Abdel Motaleib | 21 | SHOOT | 2:12.31 | _____ |
| 6 | Nadine Karim Mansour Sale | 18 | SHOOT | 2:12.43 | _____ |
| 7 | Alya Ehab Abdel Moneam | 17 | AHLY | 2:13.28 | _____ |
| 8 | Ingy Bassem Bahaa Eldin | 16 | AHLY | 2:13.39 | _____ |
| 9 | Zina Ahmed Medhat | 16 | AHLY | 2:13.58 | _____ |
| 10 | Bassant Gamil Barakat | 17 | AHLY | 2:14.82 | _____ |

Heat 22 of 22 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Marim Mohamed Bakr | 16 | TRSAN | 2:11.60 | _____ |
| 2 | Arwa Faysal Al Sherif | 16 | AHLY | 2:11.31 | _____ |
| 3 | Sara Mohamed Bhaa | 19 | HELOP | 2:10.52 | _____ |
| 4 | Lamees Amr Mhmoud Elsol | 17 | 6 OCT | 2:08.96 | _____ |
| 5 | Loujin Abd Alla Slah Zkey | 20 | SHOOT | 2:03.63 | _____ |
| 6 | Malak Mohamed Abd El Ga | 20 | Bank Ahly Alex | 2:08.03 | _____ |
| 7 | Farah Tarek | 18 | AHLY | 2:10.25 | _____ |
| 8 | Kenzy Ibrahim Ibrahim | 20 | AHLY | 2:11.08 | _____ |
| 9 | Salma Osama Mohamed Da | 18 | TANTA | 2:11.57 | _____ |
| 10 | Lela Ahmed Kamal | 19 | GHABA | 2:12.21 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Event 48 Men 15 & Over 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|----------------------------|---------------------------|-----|----------------|-----------|
| Heat 1 of 49 Finals | | | | |
| 3 | Malek Mohab Taha Moham | 18 | GHARB | NT |
| 4 | Yassin Hossam Elden Metw | 17 | ZOHUR | NT |
| 5 | Mohamed Adel Elkenany | 15 | Stad Mansoura | NT |
| 6 | Yassin Ahmed Elsayed | 15 | SENZO | NT |
| 7 | Mahmoud Ashraf El Gayash | 17 | DEGLA | NT |
| Heat 2 of 49 Finals | | | | |
| 1 | Yassen Osama Yosef Ebrahe | 16 | SMOHA | NT |
| 2 | Omar Hussein Abd EL Aziz | 15 | ENPPI | NT |
| 3 | Hassan Ahmed Ehab Wahby | 16 | HELOP | NT |
| 4 | Mohamed Wael Ahmed | 18 | AHLY | NT |
| 5 | Waleid Mohamed Sobhy | 21 | ZMALK | NT |
| 6 | Mostafa Mohamed Mostafa | 15 | TALBE | NT |
| 7 | Nour Mohamed Fawzy Abd | 17 | Olympic | NT |
| 8 | Mohamed Hany Farouk Mo | 15 | A S E C | NT |
| 9 | Aser Mohamed Adel Ahmec | 16 | Elethad | NT |
| 10 | Yamen Ahmed Baiomy | 15 | El Mostakbal | NT |
| Heat 3 of 49 Finals | | | | |
| 1 | Ahmed Ebrahim Elbaz | 15 | ENPPI | NT |
| 2 | Eyad Mohamed Shokry Mol | 16 | 6 OCT | NT |
| 3 | Ahmed Adel Mohamed Mes | 24 | AHLY | NT |
| 4 | Mostafa Omar Kamal ElDin | 20 | BNK.G | NT |
| 5 | Mark Wael | 15 | GHARB | NT |
| 6 | Omr Adel Abdelmouhsen Al | 17 | 6 OCT | NT |
| 7 | Ahmed Khaled Badr | 16 | Elethad | NT |
| 8 | Ahmed Tarek Mohamed | 20 | SHOOT | NT |
| 9 | Omer Mohamed Saeid Othn | 16 | Bank Ahly Alex | NT |
| 10 | Mohamad Amr Mohamad M | 16 | SMOHA | NT |
| Heat 4 of 49 Finals | | | | |
| 1 | Ahmed Akram Abbas | 28 | AHLY | NT |
| 2 | Abd ElFatah Mohamed Abd | 18 | TANTA | NT |
| 3 | Ahmed Islam Mahmoud | 21 | ZMALK | NT |
| 4 | Hassan Ezz Eldin Ahmed St | 19 | DEGLA | NT |
| 5 | Nadem Hany Abdellatef | 16 | Elethad | NT |
| 6 | Hesham Abo Bakr Saber M | 16 | DEGLA | NT |
| 7 | Mohamed Ahmad Eldamanl | 16 | HELOP | NT |
| 8 | Omar Mohamed Farouk | 16 | Elethad | NT |
| 9 | Adham Hossameldin Abdall | 18 | ZMALK | NT |
| 10 | Omar Adel Abas | 23 | DEGLA | NT |
| Heat 5 of 49 Finals | | | | |
| 1 | Yassen Walled Ahmad Abde | 16 | SMOHA | NT |
| 2 | Youssef Ahmed Mohamed I | 15 | Tlaea El Ostol | NT |
| 3 | Youssef Mohamed Fathy | 17 | New Giza | NT |
| 4 | Omar Emad Abed | 15 | TRSAN | NT |
| 5 | Abdel Rahman Ahmed Ali | 18 | DEGLA | NT |
| 6 | Yassin Ahmed Sayed Hafez | 18 | Elethad | NT |
| 7 | Mostafa Amr Osman Aly | 15 | SHOOT | NT |
| 8 | Basel Samir Abdelazim | 18 | TRSAN | NT |
| 9 | Adam Abd el Malek | 15 | GHARB | NT |
| 10 | Eyad Abdelrahem Bayo | 16 | Zahraa Helwan | NT |

Heat 6 of 49 Finals

| | | | | |
|----|--------------------------|----|----------------|----|
| 1 | Anas Reda Wahdan | 15 | Meit Khakan | NT |
| 2 | Abdallah Abdelrahman Man | 15 | Stad Mansoura | NT |
| 3 | Mahmoud Walid Gebрил | 15 | DEGLA | NT |
| 4 | Fares Mahmoud Abd El Azi | 15 | DEGLA | NT |
| 5 | Adham Ahmed abd Elkade | 17 | Elethad | NT |
| 6 | Abdellah Mohamed Saber | 15 | Tlaea El Ostol | NT |
| 7 | Ahmed el Husseny | 19 | HELOP | NT |
| 8 | Yassin usama Farouk | 15 | TRSAN | NT |
| 9 | Marwan Mostafa Mohamed | 19 | SMOHA | NT |
| 10 | Adam Mohamed Eldejwy | 16 | Meit Khakan | NT |

Heat 7 of 49 Finals

| | | | | |
|----|----------------------------|----|----------------|----|
| 1 | Hamza Abdelhamed Mohar | 17 | Bank Ahly Alex | NT |
| 2 | ali Ahmed Mohamed Elsadc | 15 | Gezira El Ward | NT |
| 3 | Marwan Nehad Zakareia | 26 | DEGLA | NT |
| 4 | Mhmoud Wled Fkri Mhmou | 19 | 6 OCT | NT |
| 5 | Omar Elsayed Abdelfattah A | 15 | Olympic | NT |
| 6 | Mohamed Hisham Samy | 15 | Sporting | NT |
| 7 | Ziad Nabil Ahmed Mohame | 17 | SMOHA | NT |
| 8 | Mohamed Wael Ibrahim De: | 16 | TWFIK | NT |
| 9 | Hamza Mohamed Ahmed A | 15 | DEGLA | NT |
| 10 | Seif Ashry Kasem | 22 | GHABA | NT |

Heat 8 of 49 Finals

| | | | | |
|----|--------------------------|----|----------------|----|
| 1 | Mohamed Essam Sedky | 18 | BNK.G | NT |
| 2 | Ziad Emad Atya | 17 | DEGLA | NT |
| 3 | Mohamed Waled Mohamed | 15 | A S E C | NT |
| 4 | Hamza Ahmed Morsi Morsi | 18 | 6 OCT | NT |
| 5 | Karem Moatasem Mahmoud | 16 | DEGLA | NT |
| 6 | Hosen Abd Elmonaem El A: | 15 | HELOP | NT |
| 7 | Yousef Mohamed Ibrahim S | 15 | Stad Mansoura | NT |
| 8 | Adham Khaled Abdelkader | 17 | Bank Ahly Alex | NT |
| 9 | Eyad Ashraf Abd Elghany | 16 | Luxor Club | NT |
| 10 | Mohamed Ibrahim Elkhdry | 18 | Elethad | NT |

Heat 9 of 49 Finals

| | | | | |
|----|---------------------------|----|----------|----|
| 1 | Yasin Omar Ahmed Hessin | 16 | 6 OCT | NT |
| 2 | Mohamed Karim Mohamed | 16 | DEGLA | NT |
| 3 | Ali Hesham Moh. Fekre Shr | 20 | GEZIR | NT |
| 4 | Moemen Ayman Ahmed | 16 | Al Hawar | NT |
| 5 | Hamza Wael Halmy Abdlaal | 15 | ZOHUR | NT |
| 6 | Adham Wael Mohamed | 15 | GHABA | NT |
| 7 | Seif Elden Mohamed Sobhy | 15 | NASR | NT |
| 8 | Amr Khaled Mansour Eltoh: | 17 | GHARB | NT |
| 9 | Yehia Mohamed el Bawab | 16 | HELOP | NT |
| 10 | Mohamed Wael Mohamed A | 17 | NASR | NT |

Heat 10 of 49 Finals

| | | | | |
|----|---------------------------|----|------------------|----|
| 1 | abd el Monem Ahmed abd e | 19 | HELOP | NT |
| 2 | Abdelrahman Hesham Fawz | 15 | DEGLA | NT |
| 3 | Marwan Ahmed Elamrawy | 29 | Sporting | NT |
| 4 | Youssef Ashraf Mohamed T | 19 | MRAC | NT |
| 5 | Hamza Mahmoud Hanout | 15 | Meit Khakan | NT |
| 6 | Omar Karim Ali Abd El Har | 18 | SENZO | NT |
| 7 | Mohanad Mohamed Anwar | 15 | TALBE | NT |
| 8 | Omer Saeid Mahmoud | 15 | Bitash | NT |
| 9 | Ali Ahmed Saad | 19 | DEGLA | NT |
| 10 | Amar Ayman Taha Abo Nea | 15 | Olympic Champion | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 11 Finals (#48 Men 15 & Over 200 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Zeiad Hamdy Amin Ossmar | 21 | ZMALK | NT | _____ |
| 2 | Ali Abdelrhman Ali | 15 | Elethad | NT | _____ |
| 3 | Isma'el Mohamed Isma'elm | 15 | RWAD | NT | _____ |
| 4 | Omer Mohamed Kamel | 17 | Al Shehk Zaeid | NT | _____ |
| 5 | Abdelharman Hany Moham | 18 | SMOHA | NT | _____ |
| 6 | Mansour Mohamed Mousa I | 15 | Elec | NT | _____ |
| 7 | Essam Hassan Allam | 16 | GEZIR | NT | _____ |
| 8 | Amr Khaled Ahmed | 15 | Minia Sport Clup | NT | _____ |
| 9 | Youssef Mohamed Fathy El | 18 | SMOHA | NT | _____ |
| 10 | Zeyad Ekhaa Walaa Zaki | 15 | SMOHA | NT | _____ |

Heat 12 of 49 Finals

| | | | | | |
|----|----------------------------|----|----------|----|-------|
| 1 | Abdullah Ahmed Islam | 16 | Elethad | NT | _____ |
| 2 | Yousif Ahmed EL Mogy | 18 | SHOOT | NT | _____ |
| 3 | Mahmuod Mohamed abo el | 15 | A S E C | NT | _____ |
| 4 | Abdalla Mohamed Mhfoz F | 17 | 6 OCT | NT | _____ |
| 5 | Anas Essam Shaban | 15 | Y.M.C.A | NT | _____ |
| 6 | Amer Akram Yosef Eskande | 15 | Al Hawar | NT | _____ |
| 7 | Salem Hassan Salem Abdel | 16 | NASR | NT | _____ |
| 8 | Ayad Hossam Ahmed | 16 | BNK.G | NT | _____ |
| 9 | Seif El Din Hamdy Husain I | 17 | DEGLA | NT | _____ |
| 10 | Adam Hatem Mohamed Mo | 15 | ZMALK | NT | _____ |

Heat 13 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Abd El Rahman Hisham Fat | 18 | Sporting | NT | _____ |
| 2 | Omar Ahmed Mohamed Ab | 17 | PETRO | NT | _____ |
| 3 | Yassin amr Mostafa | 16 | TRSAN | NT | _____ |
| 4 | Eiad Ahmed Mohamed Aly | 15 | A S E C | NT | _____ |
| 5 | Abd Alla Amr Ali Ahmed | 16 | ZOHUR | NT | _____ |
| 6 | Omar ali Ibrahim | 16 | EALAM | NT | _____ |
| 7 | Omar Mohamed Abdelhafez | 18 | Mansheit Naser | NT | _____ |
| 8 | Saif Mohamed Salah Eisaa | 16 | 6 OCT | NT | _____ |
| 9 | Youssef Shams Elden Gaber | 16 | A S E C | NT | _____ |
| 10 | Joun Samir Sameh | 15 | Club S | NT | _____ |

Heat 14 of 49 Finals

| | | | | | |
|----|-------------------------|----|---------|---------|-------|
| 1 | Mohamed Amr Elsayed Abc | 16 | Olympic | NT | _____ |
| 2 | Mohamed Emad Maher | 18 | SENZO | NT | _____ |
| 3 | Seif Mostafa Abdelraouf | 15 | Elethad | 2:46.97 | _____ |
| 4 | Omar Hosam Mohamed Mo | 16 | Matrix | 2:39.80 | _____ |
| 5 | Ahmed Mohamed Ahmed E | 15 | Elethad | 2:36.55 | _____ |
| 6 | Adham Mahmoud Mohamed | 15 | ENPPI | 2:37.74 | _____ |
| 7 | Aser Ehab Mohamed | 15 | ZOHUR | 2:41.86 | _____ |
| 8 | Yazed amr Omar Mokhtar | 16 | GOLDY | 2:52.97 | _____ |
| 9 | Ammar Yasser Farahat | 15 | MAADI | NT | _____ |
| 10 | Mohamed Ahmed Ibrahim T | 15 | Elethad | NT | _____ |

Heat 15 of 49 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Adham Tamer Saied Mohan | 15 | A S E C | 2:35.20 | _____ |
| 2 | Abdelrahman Mohamed Mo | 16 | el Shark Club | 2:32.58 | _____ |
| 3 | Abdel Rahman Ahmed El_fi | 16 | Sporting | 2:30.52 | _____ |
| 4 | Nour Eldin Ashraf Araby El | 15 | Elethad | 2:30.33 | _____ |
| 5 | Zeyad Mahmoud Farag | 15 | SHRKS | 2:29.48 | _____ |
| 6 | Yassien Mohamed Fouad M | 15 | A S E C | 2:30.08 | _____ |
| 7 | Asser Ahmed Ibrahim Darw | 15 | Bank Ahly Alex | 2:30.50 | _____ |
| 8 | Youseif amr Youseif | 15 | ZMALK | 2:30.86 | _____ |
| 9 | Hamza Essam EL Wardany | 15 | ENPPI | 2:33.04 | _____ |
| 10 | Ahmed Alaa Hassan | 15 | MAADI | 2:36.34 | _____ |

Heat 16 of 49 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Adam Yasser Shaker | 16 | New Giza | 2:29.39 | _____ |
| 2 | Mahmoud Haitham Jameel | 15 | SHOOT | 2:29.13 | _____ |
| 3 | Hossam Mohamed Attia | 15 | Meit Khakan | 2:28.69 | _____ |
| 4 | Nabil Mohamed Bahgat | 15 | SMOHA | 2:28.51 | _____ |
| 5 | Ahmed Mahmoud Fouad To | 16 | ZOHUR | 2:28.17 | _____ |
| 6 | Mohamed Ahmed Hussien F | 15 | Olympic Champion | 2:28.37 | _____ |
| 7 | Youssef Fawzy Abdelthahr | 15 | Olympic | 2:28.61 | _____ |
| 8 | Omar Salah Salah Ghonem | 16 | New Giza | 2:28.72 | _____ |
| 9 | Zyad Ahmed Said | 16 | TRSAN | 2:29.30 | _____ |
| 10 | Mohaned Wael Abdo Awad | 16 | DEGLA | 2:29.47 | _____ |

Heat 17 of 49 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Abd Elrahman Mohamed H | 15 | SHOOT | 2:27.72 | _____ |
| 2 | Moemen Ahmed Moemen | 15 | MRAC | 2:26.87 | _____ |
| 3 | Adham Ayman Mohamed | 17 | MRAC | 2:26.70 | _____ |
| 4 | Kamal Magdy Kamal Ahme | 16 | Elethad | 2:26.53 | _____ |
| 5 | Souhaib Mohamed Fathy M | 16 | Olympic | 2:25.77 | _____ |
| 6 | Ahmed Mohamed Ahmed A | 16 | Elethad | 2:26.02 | _____ |
| 7 | Marwan Ahmed Fathy Abde | 18 | DEGLA | 2:26.65 | _____ |
| 8 | Mohamed Ahmed Gobbar | 15 | Elethad | 2:26.87 | _____ |
| 9 | Abdelrahman Emadeldein H | 15 | SMOHA | 2:27.60 | _____ |
| 10 | Abd Elrahman abd Elaziz | 15 | Cairo | 2:27.97 | _____ |

Heat 18 of 49 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Zeyad Tamer Abd Elsalam | 15 | DEGLA | 2:25.66 | _____ |
| 2 | ans Ibrahim Mahmoud | 18 | Police Club | 2:25.42 | _____ |
| 3 | Adam Mohamed El Sayed | 15 | Police Club | 2:25.32 | _____ |
| 4 | Seifeldeen Ahmed Ibrahim | 15 | SMOHA | 2:25.09 | _____ |
| 5 | Ziad Elsayed | 15 | Sporting | 2:25.05 | _____ |
| 6 | Hossam Ashraf Ali | 15 | Elethad | 2:25.08 | _____ |
| 7 | Mohamed Mourad Farouk M | 15 | Olympic | 2:25.17 | _____ |
| 8 | Eyad Ahmad Moustafa | 15 | ZOHUR | 2:25.33 | _____ |
| 9 | Omar Hany Abdelmeneim | 15 | SMOHA | 2:25.63 | _____ |
| 10 | Mohamed Khaled Fathi | 15 | SMOHA | 2:25.66 | _____ |

Heat 19 of 49 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Ahmed Mahmoud Eldabah | 15 | SMOHA | 2:25.03 | _____ |
| 2 | Mostafa Akram Abd EL Ra | 15 | ENPPI | 2:24.99 | _____ |
| 3 | Khaled Sherif Nabil Moham | 15 | ZOHUR | 2:24.27 | _____ |
| 4 | Omar Abdelaziz Mohamed | 15 | Elethad | 2:24.04 | _____ |
| 5 | Safyelrhman Ebrahim Souli | 16 | Olympic | 2:23.96 | _____ |
| 6 | Ahmed Mahrous | 16 | NASR | 2:24.03 | _____ |
| 7 | Yassin Hatem Abdel Rahma | 15 | SHOOT | 2:24.05 | _____ |
| 8 | Mohamed Hany Elsebakhy | 17 | SMOHA | 2:24.55 | _____ |
| 9 | Omer Adil Ismat Moani | 17 | SUDAN | 2:25.00 | _____ |
| 10 | Youssef Ahmed Saadeldin Z | 16 | 6 OCT | 2:25.04 | _____ |

Heat 20 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Osama Ahmed Abobakr | 15 | Bitash | 2:23.64 | _____ |
| 2 | Omar Waled Sherif | 15 | SMOHA | 2:23.41 | _____ |
| 3 | Youssef Karam Ahmed Zana | 15 | ENPPI | 2:22.90 | _____ |
| 4 | Mostafa Hamdy Mohamed | 16 | MRAC | 2:22.59 | _____ |
| 5 | Mohamed Yaser Mohamed | 15 | DEGLA | 2:22.45 | _____ |
| 6 | Mohammed Ahmed Elsaeed | 17 | MRAC | 2:22.45 | _____ |
| 7 | Selim Mohamed Essawy | 15 | Sporting | 2:22.70 | _____ |
| 8 | Adham Ahmed Mohamed | 16 | 6 OCT | 2:23.22 | _____ |
| 9 | Yassin Ali Mohamed Atef | 15 | DEGLA | 2:23.50 | _____ |
| 10 | Youssef Ahmed Fathy Abde | 16 | DEGLA | 2:23.76 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 21 Finals (#48 Men 15 & Over 200 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Ahmed Tarek Ahmed | 19 | HLWAN | 2:22.14 | _____ |
| 2 | Mohamed Waled Taher | 16 | RWAD | 2:21.78 | _____ |
| 3 | Yousef Mohamed Abdelkad | 15 | Olympic Champion | 2:21.26 | _____ |
| 4 | Hamza Mohamed Riad Moh | 17 | SHAMS | 2:21.03 | _____ |
| 5 | Ibrahim Mohamed Ibrahim | 15 | GEZIR | 2:20.79 | _____ |
| 6 | Mohanad Eldein Fathy Shaa | 15 | Elethead | 2:20.89 | _____ |
| 7 | Nourallah Mohsen Sarhan A | 15 | HELDO | 2:21.10 | _____ |
| 8 | Fathy ali Fathy | 15 | TALBE | 2:21.35 | _____ |
| 9 | Marwan Mohamed Moheb I | 15 | Olympic Champion | 2:21.87 | _____ |
| 10 | Elgamel Youssef Elgamel Y | 16 | Olympic | 2:22.22 | _____ |

Heat 22 of 49 Finals

| | | | | | |
|----|----------------------------|----|------------------|---------|-------|
| 1 | Amr Hatim Abd ElKaK Ab | 15 | GEZIR | 2:20.75 | _____ |
| 2 | Ahmed Mohamed Ayman S: | 16 | MRAC | 2:20.41 | _____ |
| 3 | Mohamed Hessinahmed | 15 | Wave | 2:20.08 | _____ |
| 4 | Nour Nasser Ahmed Gadelk | 16 | Olympic | 2:19.64 | _____ |
| 5 | Anas Mohamed Fathall | 15 | Swim Home | 2:19.57 | _____ |
| 6 | Aley Yassen Aaref Ateya Ka | 17 | SHOOT | 2:19.61 | _____ |
| 7 | Youssef Mohamed Fathy M | 17 | SMOHA | 2:20.05 | _____ |
| 8 | Hazem Mohamed Elsaied | 15 | SMOHA | 2:20.18 | _____ |
| 9 | Amr Mohamed Abu Elfettou | 16 | DEGLA | 2:20.75 | _____ |
| 10 | Mathio Michael Email Tawf | 15 | Olympic Champion | 2:20.78 | _____ |

Heat 23 of 49 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Yassin Haitham Hassan | 15 | DEGLA | 2:19.48 | _____ |
| 2 | Ahmed Wael Ahmed | 17 | TRSAN | 2:19.37 | _____ |
| 3 | Mohamed Magdy Mohamec | 17 | TRSAN | 2:19.24 | _____ |
| 4 | Abdelrahman Ahmed Saad | 15 | Elethead | 2:19.14 | _____ |
| 5 | Mazen Ahmed Mohamed Al | 15 | Olympic | 2:18.90 | _____ |
| 6 | Abdel Rahman Karim Ashra | 15 | GEZIR | 2:18.96 | _____ |
| 7 | Nabil Ahmed Ibrahim AbdE | 17 | MRAC | 2:19.14 | _____ |
| 8 | Ziad Ahmad Elsaied | 15 | TALBE | 2:19.27 | _____ |
| 9 | Nizar Mohamed Zenaty | 15 | Meit Khakan | 2:19.46 | _____ |
| 10 | Youssef Moataz Mohamed | 15 | DEGLA | 2:19.49 | _____ |

Heat 24 of 49 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Zidan Ahmed Mohamed Far | 15 | Club S | 2:18.66 | _____ |
| 2 | Adam Gamal Mohamed | 16 | MAY15 | 2:18.51 | _____ |
| 3 | Marwan Ahmed Elsayed Ah | 16 | Olympic | 2:18.48 | _____ |
| 4 | Yssin Ayman Elsaed | 15 | Tlaea El Ostol | 2:18.11 | _____ |
| 5 | Mohamed Hany Mohamed | 15 | DEGLA | 2:17.88 | _____ |
| 6 | Anas Mohamad Saber Abdu | 15 | SHAMS | 2:17.91 | _____ |
| 7 | Mohamed Hashem Mohame | 15 | SMOHA | 2:18.43 | _____ |
| 8 | Moustafa Wael Kasem | 16 | ZMALK | 2:18.49 | _____ |
| 9 | Ahmed Mostafa Moafy | 15 | Tlaea El Ostol | 2:18.57 | _____ |
| 10 | Yassien Osama Fouad | 15 | SHAMS | 2:18.80 | _____ |

Heat 25 of 49 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Mostafa Ahmed Motawea | 15 | DEGLA | 2:17.65 | _____ |
| 2 | Sherief Yaseer Saeid | 15 | ZMALK | 2:17.46 | _____ |
| 3 | Hussen Mohamed Hamed | 15 | HELOP | 2:17.29 | _____ |
| 4 | Yassin Mohamed Saleh Abd | 16 | Olympic | 2:17.04 | _____ |
| 5 | Mohamed Mahmoud Mohar | 16 | TANTA | 2:16.99 | _____ |
| 6 | Yassen Allaelden Arafa | 15 | Bitash | 2:17.00 | _____ |
| 7 | Yousif Ahmed Mostafa Elm | 15 | SHOOT | 2:17.16 | _____ |
| 8 | Youssef Ahmed Gaber Hass | 15 | SMOHA | 2:17.31 | _____ |
| 9 | Abdalla Mohamed Abdelmg | 17 | GHABA | 2:17.61 | _____ |
| 10 | Yahya Ehab Hashish | 15 | SHOOT | 2:17.73 | _____ |

Heat 26 of 49 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Yousief Alaa Gad | 15 | SHAMS | 2:16.59 | _____ |
| 2 | Abdalla Essam Abdalla | 15 | Mshooting | 2:16.44 | _____ |
| 3 | Mohamad Wesam Mohamac | 16 | SMOHA | 2:16.40 | _____ |
| 4 | Ahmed Waleed Abdel Hady | 16 | AHLY | 2:16.32 | _____ |
| 5 | Farok Mohamed Fayk Alsha | 19 | 6 OCT | 2:16.09 | _____ |
| 6 | Ziad Hasham m. Mahfouz | 15 | TANTA | 2:16.31 | _____ |
| 7 | Fares Mahmoud Mokhtar | 16 | Elethead | 2:16.38 | _____ |
| 8 | Youssef Galal Ezz | 16 | Elethead | 2:16.41 | _____ |
| 9 | Abdelrahman Hossam Helm | 15 | Stad Mansoura | 2:16.58 | _____ |
| 10 | Omar Ehab Mhmoud Hasan | 17 | SMOHA | 2:16.62 | _____ |

Heat 27 of 49 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Seif Khalied Fathy | 16 | ZMALK | 2:15.81 | _____ |
| 2 | Hamza Walid Abdelaziz | 15 | Elethead | 2:15.81 | _____ |
| 3 | Abdelrhman Mohamed Abd | 15 | 6 OCT | 2:15.67 | _____ |
| 4 | Omar Shady Mohamad Ali I | 16 | SMOHA | 2:15.63 | _____ |
| 5 | Mazen Almansy | 16 | Baladyat El Maha | 2:15.42 | _____ |
| 6 | Yasien Tamer Othman | 16 | ZMALK | 2:15.48 | _____ |
| 7 | Saied Hassan Ahmed | 17 | Police Club | 2:15.66 | _____ |
| 8 | Ali Ahmed Aadel Mosleh | 17 | 6 OCT | 2:15.72 | _____ |
| 9 | Ahmed Mohamed Amin Elb | 15 | Stad Mansoura | 2:15.81 | _____ |
| 10 | Eyad Faisal Saad | 15 | ENPPI | 2:15.93 | _____ |

Heat 28 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Mohamed Hesham Mohame | 15 | SHAMS | 2:15.18 | _____ |
| 2 | Hitham Mohamed Ahmed A | 15 | MRAC | 2:14.89 | _____ |
| 3 | Ahmed amr Mahmoud | 16 | ZMALK | 2:14.47 | _____ |
| 4 | Adel Mohamad Adel Ramac | 16 | SMOHA | 2:14.34 | _____ |
| 5 | Youseef Islam | 15 | Sporting | 2:14.18 | _____ |
| 6 | Abelrahman Khaled Abdelr | 17 | Olympic | 2:14.21 | _____ |
| 7 | Yosaf Mohamed Bayoumi / | 19 | BNK.G | 2:14.37 | _____ |
| 8 | Ahmed Mohamed Nabil M | 15 | SHAMS | 2:14.52 | _____ |
| 9 | Omar Abdalaah Magdy | 16 | ZMALK | 2:14.98 | _____ |
| 10 | Yassen Ahmad Ebrahim Ka | 16 | SMOHA | 2:15.30 | _____ |

Heat 29 of 49 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Joshua Joseph Fouad | 16 | TRSAN | 2:13.89 | _____ |
| 2 | Mohamed Ahmed abd Elmo | 17 | DEGLA | 2:13.65 | _____ |
| 3 | Hamza Elmoutaz Bellah Mc | 15 | ZMALK | 2:13.13 | _____ |
| 4 | Adham Khaled Salah Eldin | 15 | MRAC | 2:12.95 | _____ |
| 5 | Hassan Elzaafarany | 15 | Sporting | 2:12.72 | _____ |
| 6 | Kariem amr Mouhmed | 15 | Cairo | 2:12.88 | _____ |
| 7 | Fares Ahmed Farouk | 16 | DEGLA | 2:12.96 | _____ |
| 8 | Mohab Bdr Eldin Rady | 17 | SHAMS | 2:13.51 | _____ |
| 9 | Rayan Mohamed Elnagar | 15 | Mshooting | 2:13.81 | _____ |
| 10 | Moaz Ahmed Abdallah | 15 | SHAMS | 2:14.04 | _____ |

Heat 30 of 49 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Ahmed Wael El Shamaa | 17 | Sporting | 2:12.49 | _____ |
| 2 | Mohamed Yasser Khalil Ab | 15 | 6 OCT | 2:12.28 | _____ |
| 3 | Mohamed Karim Mohamed | 21 | SMOHA | 2:12.22 | _____ |
| 4 | Yousef Reda Saad Elhefnaw | 17 | Stad Mansoura | 2:11.96 | _____ |
| 5 | Seifelden Mohmed Khairy | 17 | Y.M.C.A | 2:11.66 | _____ |
| 6 | Yassin Youssef Mohamed E | 16 | Olympic | 2:11.91 | _____ |
| 7 | Ahmed Emad Samir Hassan | 19 | HELDO | 2:12.06 | _____ |
| 8 | Adam Mohamed Abdeldaye | 17 | Olympic | 2:12.22 | _____ |
| 9 | Omar Mohamed Hosny | 15 | HADAK | 2:12.31 | _____ |
| 10 | Saif Marwan Aziz | 17 | BNK.G | 2:12.54 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 31 Finals (#48 Men 15 & Over 200 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Hady Mahmood Efat | 15 | Wave | 2:11.56 | _____ |
| 2 | Marvin Medhat Shokry | 18 | SHOOT | 2:11.29 | _____ |
| 3 | Fares Nabih Elsayed Nabih | 15 | Stad Mansoura | 2:11.18 | _____ |
| 4 | Eyad Waleed adb Alsalam | 17 | Elethead | 2:10.96 | _____ |
| 5 | Mohab Wala Eldin Osama | 16 | TANTA | 2:10.83 | _____ |
| 6 | Omar Gawad Mohamed | 18 | Cairo | 2:10.84 | _____ |
| 7 | Omar Ibrahim Hamdy | 15 | DEGLA | 2:11.01 | _____ |
| 8 | Omar Mohamed Fawzy Taw | 17 | TALBE | 2:11.24 | _____ |
| 9 | Omar Ali Fathy Mohamad E | 16 | SMOHA | 2:11.33 | _____ |
| 10 | Hatem Mostafa Atia Solima | 15 | SMOHA | 2:11.63 | _____ |

Heat 32 of 49 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Youssef Mohamed Abo Ely | 17 | DEGLA | 2:10.61 | _____ |
| 2 | Abd El Rhman Moustafa Fa | 17 | A S E C | 2:10.34 | _____ |
| 3 | Omar Mohamed Kawod | 15 | Baladyat El Maha | 2:10.17 | _____ |
| 4 | Ahmed Asharf Dawood | 16 | Baladyat El Maha | 2:10.17 | _____ |
| 5 | Loaay Motasem Alaaeldin | 17 | ZMALK | 2:10.15 | _____ |
| 6 | Omar Mohamed Magdy Mo | 17 | SHAMS | 2:10.15 | _____ |
| 7 | Farouk Mohamed Farouk M | 15 | Gezira El Ward | 2:10.17 | _____ |
| 8 | Youssef Medhat Fathy | 16 | DEGLA | 2:10.25 | _____ |
| 9 | Mostafa Tamer Elsayed Heg | 18 | TANTA | 2:10.57 | _____ |
| 10 | Mohamed Ayman eid Moha | 15 | Stad Mansoura | 2:10.77 | _____ |

Heat 33 of 49 Finals

| | | | | | |
|----|-------------------------|----|--------------|---------|-------|
| 1 | Adam Hamada Ahmed Moh | 15 | 6 OCT | 2:10.08 | _____ |
| 2 | Ziad Hateem Foaad | 17 | Elethead | 2:10.01 | _____ |
| 3 | Mazen Hany Emara | 18 | ZOHUR | 2:09.79 | _____ |
| 4 | Hamza Hazem Moneb | 16 | Cairo | 2:09.62 | _____ |
| 5 | Ahmed Abdelaziz Elshekh | 16 | Pegasus Club | 2:09.32 | _____ |
| 6 | Mohamed Ahmed Ibraheem | 18 | RWAD | 2:09.52 | _____ |
| 7 | Ahmad Nabil Ahmad | 15 | HADAK | 2:09.75 | _____ |
| 8 | Rayan Amr Mohamed | 15 | M.S Tagamoa | 2:09.81 | _____ |
| 9 | Omar Mahamed Karam Ali | 16 | HELDO | 2:10.04 | _____ |
| 10 | Ali Mourad Salaheldein | 16 | New Giza | 2:10.09 | _____ |

Heat 34 of 49 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Abdalla Ashraf abd Elmona | 16 | MAY15 | 2:09.30 | _____ |
| 2 | Zeyad Ahmed Bhaa Al din | 19 | ENPPI | 2:09.15 | _____ |
| 3 | Eyad Alaa El Kholy | 17 | DEGLA | 2:09.04 | _____ |
| 4 | Mohamed Hassan Hafez | 19 | AHLY | 2:08.79 | _____ |
| 5 | Yousef Ahmed Fathy | 16 | Stad Mansoura | 2:08.76 | _____ |
| 6 | Mohamad Akram Mohamad | 16 | SMOHA | 2:08.78 | _____ |
| 7 | Mohand Mostafa Hamdy | 18 | AHLY | 2:08.90 | _____ |
| 8 | Abdullah Wael Abdellrazik | 18 | DEGLA | 2:09.14 | _____ |
| 9 | Ahmed Mohamed Kaowd | 16 | Baladyat El Maha | 2:09.21 | _____ |
| 10 | Yassein Ashraf Mohamed S | 15 | ENPPI | 2:09.32 | _____ |

Heat 35 of 49 Finals

| | | | | | |
|----|----------------------------|----|-------------|---------|-------|
| 1 | Mhmoud Tarik Ahmed Elge | 17 | SMOHA | 2:08.58 | _____ |
| 2 | Saif Ahmed Samir Abdo | 16 | 6 OCT | 2:08.51 | _____ |
| 3 | Karim Mohamed Ahmed Al | 15 | TRSAN | 2:08.20 | _____ |
| 4 | Mohamed Yasser Essa Abde | 17 | SMOHA | 2:08.19 | _____ |
| 5 | Saif Eldin Waled Abdel Raz | 21 | DEGLA | 2:08.13 | _____ |
| 6 | Ziad Abdallah Zakria | 17 | NASR | 2:08.13 | _____ |
| 7 | Eyad Mohamed Ahmed | 15 | AHLY | 2:08.19 | _____ |
| 8 | Eyad Mohamed Abdelstar | 17 | ZMALK | 2:08.31 | _____ |
| 9 | Ali Gamal Elsabrou | 16 | Meit Khakan | 2:08.55 | _____ |
| 10 | Omar Abd EL Razek Kamal | 16 | RWAD | 2:08.62 | _____ |

Heat 36 of 49 Finals

| | | | | | |
|----|----------------------------|----|-----------|---------|-------|
| 1 | Omar amr Helmy | 16 | El Temsah | 2:07.98 | _____ |
| 2 | Malek Waled Ibrahim Hussi | 17 | SMOHA | 2:07.96 | _____ |
| 3 | Ahmed Sherief Ismaiel Saye | 16 | SHAMS | 2:07.89 | _____ |
| 4 | Yosef Hatem ali Ahmed | 17 | Al Hawar | 2:07.69 | _____ |
| 5 | Ahmed Maged Ghoureib | 16 | DEGLA | 2:07.56 | _____ |
| 6 | Seif Elden Osama Darwesh | 17 | TANTA | 2:07.58 | _____ |
| 7 | Adham Wael Zeyad | 15 | Sporting | 2:07.77 | _____ |
| 8 | Ali Ahmed El Prince | 16 | DEGLA | 2:07.96 | _____ |
| 9 | Ahmed Tamer Rabea | 17 | SHOOT | 2:07.98 | _____ |
| 10 | Omar Basem Hassan Mohar | 15 | MAADI | 2:08.10 | _____ |

Heat 37 of 49 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Amr Zakaria | 17 | SHOOT | 2:07.18 | _____ |
| 2 | Youssef Mohamed Khalil | 15 | DEGLA | 2:07.17 | _____ |
| 3 | Yousef Ahmed Shaban | 15 | Al Shehk Zaeid | 2:07.00 | _____ |
| 4 | Ali Amr Zoalfakar | 15 | SMOHA | 2:06.68 | _____ |
| 5 | Yassin Hussein Nabil Husse | 16 | SHOOT | 2:06.45 | _____ |
| 6 | Adam Ahmed Yaqoub | 15 | HADAK | 2:06.46 | _____ |
| 7 | Ahmed Yasser Yehia | 19 | Cairo | 2:06.90 | _____ |
| 8 | Mahmoud Mohamed Mahm | 18 | SHOOT | 2:07.03 | _____ |
| 9 | Hisham Elshirbeny | 15 | ZMALK | 2:07.17 | _____ |
| 10 | Adham Nader Samir Mohan | 17 | SMOHA | 2:07.54 | _____ |

Heat 38 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Mohammed Magdy Hassan | 16 | El Temsah | 2:06.38 | _____ |
| 2 | Zeyad Mohamed Hedaya | 16 | M.S Tagamoa | 2:06.32 | _____ |
| 3 | Mohamed Amr Nabil | 15 | DEGLA | 2:06.10 | _____ |
| 4 | Ahmed Khaled Farouk Fade | 16 | 6 OCT | 2:05.95 | _____ |
| 5 | Adhm Bassem Mouhmed | 15 | Cairo | 2:05.88 | _____ |
| 6 | Adham Shady Mohsen El H | 16 | ZOHUR | 2:05.89 | _____ |
| 7 | Adham Shady Medhat Esmæ | 15 | Gezira El Ward | 2:06.09 | _____ |
| 8 | Amar Hazem Zakey Zakare | 16 | SMOHA | 2:06.21 | _____ |
| 9 | Mohamed Hassan Abd El W | 16 | MAADI | 2:06.37 | _____ |
| 10 | Magdy Ahmed Magdy Gaze | 15 | TANTA | 2:06.43 | _____ |

Heat 39 of 49 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Omar Waled Talat Hsanen | 17 | 6 OCT | 2:05.83 | _____ |
| 2 | Yahia Hazim Husieen | 16 | ZMALK | 2:05.60 | _____ |
| 3 | Ahmed Ayman Mohamed Tæ | 17 | DEGLA | 2:05.52 | _____ |
| 4 | Ahmed Sameh Safwat Shaal | 18 | HELDO | 2:05.46 | _____ |
| 5 | Ahmed Ismeil | 17 | Nasr City | 2:05.21 | _____ |
| 6 | Eyad Kamal Mohamed Sala | 15 | DEGLA | 2:05.24 | _____ |
| 7 | Adham Ayman Hussein | 15 | HADAK | 2:05.46 | _____ |
| 8 | Mohnad Hitham Ibrahim | 18 | DEGLA | 2:05.52 | _____ |
| 9 | Adam Mohamed Mahmoud | 16 | ZOHUR | 2:05.66 | _____ |
| 10 | Ziad Ayman Mamoun | 16 | ZMALK | 2:05.86 | _____ |

Heat 40 of 49 Finals

| | | | | | |
|----|---------------------------|----|---------|---------|-------|
| 1 | Yehia Ahmed Abd Elfatah E | 17 | SHOOT | 2:05.06 | _____ |
| 2 | aly Saleeh aly | 17 | ZMALK | 2:04.76 | _____ |
| 3 | Yossef Karim Nabil Elzawa | 18 | SMOHA | 2:04.64 | _____ |
| 4 | Zeyad Mohamed Magdy | 18 | MAADI | 2:04.62 | _____ |
| 5 | Eyad Islam Mahmoud Elsaï | 15 | SMOHA | 2:04.36 | _____ |
| 6 | abd Elrhman Mosad Abosre | 16 | MAY15 | 2:04.47 | _____ |
| 7 | Saif Eldin Sherif Ahmed | 17 | TRSAN | 2:04.64 | _____ |
| 8 | Eyad Ahmed Saad Hasn | 16 | TANTA | 2:04.64 | _____ |
| 9 | Eslam Mohamed Abdelrazel | 15 | 6 OCT | 2:04.98 | _____ |
| 10 | Abdelmoez Ayman Gomaa | 18 | A S E C | 2:05.09 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 41 Finals (#48 Men 15 & Over 200 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Selim Tamer Osama Ahmed | 17 | SHOOT | 2:04.22 | _____ |
| 2 | Mohamed Ahmed Mohamec | 20 | SMOHA | 2:04.08 | _____ |
| 3 | Zeyad Saber Abd el Fatah | 17 | HADAK | 2:03.86 | _____ |
| 4 | Ziad Mohamed Hassan | 15 | Sporting | 2:03.65 | _____ |
| 5 | Fares Mohamed Farouk | 20 | HELOP | 2:03.52 | _____ |
| 6 | Karim Yasser Mamdouh | 18 | SHOOT | 2:03.58 | _____ |
| 7 | Mazen Karim Hassan | 18 | AHLY | 2:03.74 | _____ |
| 8 | Abdelrhman Mohamed Mo | 15 | Bank Ahly Alex | 2:04.00 | _____ |
| 9 | Mohamed Shreef | 17 | Tlaea El Ostol | 2:04.12 | _____ |
| 10 | Ibrahim Amr Saad | 18 | AHLY | 2:04.23 | _____ |

Heat 42 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | abd Elrahman Sherif Karam | 19 | TRSAN | 2:03.41 | _____ |
| 2 | Ahmed Tamer Gamal Eldin | 16 | DEGLA | 2:03.36 | _____ |
| 3 | Moamen Khalid Mohamed | 19 | ZMALK | 2:03.34 | _____ |
| 4 | Seif Mohamed Sayed | 17 | ZOHUR | 2:03.30 | _____ |
| 5 | Nour Eldin Karem Mohame | 16 | AHLY | 2:02.89 | _____ |
| 6 | Mazen Mostafa Asfoor | 16 | ZOHUR | 2:03.18 | _____ |
| 7 | Mohamed Khaled Mohamec | 18 | Bank Ahly Alex | 2:03.32 | _____ |
| 8 | Youssef Tamer Gaber Moha | 18 | SMOHA | 2:03.36 | _____ |
| 9 | Hatam Ashraf Kamel | 17 | Gezira El Ward | 2:03.38 | _____ |
| 10 | Mohamed Saeed Eleiraqy | 19 | ZMALK | 2:03.43 | _____ |

Heat 43 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Sherief Reda Metwaally | 16 | ZOHUR | 2:02.84 | _____ |
| 2 | Omar Talal Ragab | 18 | Sporting | 2:02.55 | _____ |
| 3 | Hamza Ahmed Mohamed A | 17 | Bank Ahly Alex | 2:02.18 | _____ |
| 4 | Yehia Ashraf Farag | 17 | AHLY | 2:01.99 | _____ |
| 5 | Mohamed Essam Abdou | 18 | AHLY | 2:01.84 | _____ |
| 6 | Mostafa Adel Ibrahim Khal | 20 | SMOHA | 2:01.97 | _____ |
| 7 | Anas Haythm Mohamad Els | 16 | SMOHA | 2:02.04 | _____ |
| 8 | Adham Ayman Monir Hash | 19 | TRSAN | 2:02.28 | _____ |
| 9 | Zeyad Osama Ramdan | 16 | HADAK | 2:02.58 | _____ |
| 10 | Marawan Walid Noshy | 17 | AHLY | 2:02.86 | _____ |

Heat 44 of 49 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Mohanad Tamer Mohamed | 18 | SMOHA | 2:01.79 | _____ |
| 2 | Abdelrahman Mohamed Sai | 16 | Olympic | 2:01.43 | _____ |
| 3 | Yossef Sherif Ibrahim | 18 | MAADI | 2:01.11 | _____ |
| 4 | Omar Mohamed Ahmed Fat | 17 | SHOOT | 2:00.96 | _____ |
| 5 | Yassin Ahmed m Adel | 15 | El Temsah | 2:00.80 | _____ |
| 6 | Karem Ashry Kasem | 17 | SHAMS | 2:00.94 | _____ |
| 7 | Mohamed Mourad Mohame | 22 | Sporting | 2:00.96 | _____ |
| 8 | Karim Ahmed Naser Abdelr | 18 | SMOHA | 2:01.34 | _____ |
| 9 | Kareem Ahmed Ibrahim | 18 | Sporting | 2:01.74 | _____ |
| 10 | Karim Hesham Moh. Fakry | 16 | GEZIR | 2:01.79 | _____ |

Heat 45 of 49 Finals

| | | | | | |
|----|----------------------------|----|-------|---------|-------|
| 1 | Ziad Ahamed Ragab Abd el | 18 | SHOOT | 2:00.72 | _____ |
| 2 | Mounir Ramez Mounir | 20 | SHOOT | 2:00.62 | _____ |
| 3 | Nour Eldin AlaaEldin Abdal | 18 | 6 OCT | 2:00.59 | _____ |
| 4 | Adham Amr Mahmoud | 15 | MAADI | 2:00.05 | _____ |
| 5 | Sief Mohamed Salah | 20 | TANTA | 1:59.91 | _____ |
| 6 | Mazen Emad Hamed | 17 | AHLY | 2:00.00 | _____ |
| 7 | Hassan Ahmed Mohamed E | 16 | HELOP | 2:00.54 | _____ |
| 8 | Zain Akram Ahmed | 15 | AHLY | 2:00.61 | _____ |
| 9 | SifEldin Hossam Mohamed | 20 | SMOHA | 2:00.65 | _____ |
| 10 | Monzer Ahmed Amayem | 17 | TANTA | 2:00.77 | _____ |

Heat 46 of 49 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | Yasen Mohamed Nabil | 15 | HELOP | 1:59.68 | _____ |
| 2 | Mohamed Abdalla el Bosati | 17 | SHROK | 1:59.53 | _____ |
| 3 | Yehia Karim Nabil Elzawaw | 18 | SMOHA | 1:59.13 | _____ |
| 4 | Ziad Tarek Mohamed | 18 | DEGLA | 1:58.76 | _____ |
| 5 | Omar Mohsen Ramdan Abd | 19 | SMOHA | 1:58.51 | _____ |
| 6 | Adam HossamEldin Mohar | 17 | SMOHA | 1:58.51 | _____ |
| 7 | Ahmed Yasser Mahmoud Sa | 16 | ZOHUR | 1:58.78 | _____ |
| 8 | Yasin Hatem Sery | 20 | HELOP | 1:59.16 | _____ |
| 9 | Omar Tarek Shehata A | 19 | SMOHA | 1:59.65 | _____ |
| 10 | Abdullah Eldafrawy | 16 | REHAB | 1:59.85 | _____ |

Heat 47 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Tarek Kamel Farouk | 21 | ZMALK | 1:57.85 | _____ |
| 2 | Omar Gaber Aly | 19 | AHLY | 1:57.46 | _____ |
| 3 | Yousif Mohamed Soliman C | 19 | SMOHA | 1:57.44 | _____ |
| 4 | Mohaned Alaa Mahmood Ali | 20 | SMOHA | 1:57.31 | _____ |
| 5 | Mohamed Tarek Rashad Ab | 19 | SHAMS | 1:57.20 | _____ |
| 6 | Youssef Emad Shaaban | 16 | AHLY | 1:57.23 | _____ |
| 7 | Mohamed Eslam Mohamed | 18 | SMOHA | 1:57.43 | _____ |
| 8 | Seif Walaa Antar | 19 | DEGLA | 1:57.46 | _____ |
| 9 | Tarek el Shaer | 15 | Sporting | 1:57.49 | _____ |
| 10 | Ahmed Mahmoud Elhouran | 17 | AHLY | 1:58.00 | _____ |

Heat 48 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Mohamed Salama Gaber Sa | 21 | SMOHA | 1:56.81 | _____ |
| 2 | Ahmed Samir Mohamed | 16 | HADAK | 1:56.23 | _____ |
| 3 | Omar Mohamed Tawfek | 16 | Al Hawar | 1:56.00 | _____ |
| 4 | Saif Amr Al Batal | 18 | HADAK | 1:55.41 | _____ |
| 5 | Mohamed Walid Azouz | 20 | AHLY | 1:54.61 | _____ |
| 6 | Karim Ahmed Khaled Elew | 22 | SHAMS | 1:54.76 | _____ |
| 7 | Seif Sayed Mahmoud | 18 | HLWAN | 1:56.00 | _____ |
| 8 | Yasin Alaa Ibrahim Elbieh | 20 | SMOHA | 1:56.09 | _____ |
| 9 | Ahmed Ayman Ali Mohame | 19 | SHAMS | 1:56.28 | _____ |
| 10 | ali Mohamed Sarwat | 19 | HELOP | 1:56.82 | _____ |

Heat 49 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Seif Tarek Mohamed Raslan | 24 | ZMALK | 1:54.22 | _____ |
| 2 | Omar Ahmed Samir Eldawo | 17 | Gezira El Ward | 1:54.06 | _____ |
| 3 | Eyad Ahmed Zakaria | 19 | AHLY | 1:52.99 | _____ |
| 4 | Ibrahim Shams Eldin Mohar | 16 | AHLY | 1:51.80 | _____ |
| 5 | Abdullah Ahmed Nasr | 18 | HADAK | 1:49.88 | _____ |
| 6 | Mohamed Yaser Omar | 19 | OLMPA | 1:51.15 | _____ |
| 7 | Mohamed Ayman Abdelsam | 17 | AHLY | 1:52.37 | _____ |
| 8 | Mohamed Adel Mohamed M | 23 | AHLY | 1:53.58 | _____ |
| 9 | Mohanad Yasser Abdelmenc | 17 | SMOHA | 1:54.17 | _____ |
| 10 | Omar Karim Galal Samy | 17 | MAADI | 1:54.36 | _____ |

Event 49 Women 15 & Over 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-------------------------|-----|-----------------|-----------|
| Heat 1 of 7 Finals | | | | |
| 1 | Shahd Mohamed Ahmed Ell | 15 | AHLY | NT |
| 2 | Hanen Mohamed Hassan El | 15 | Elethad | NT |
| 3 | Dai Gamal Fahmy | 15 | El Obour | NT |
| 4 | Mariam Ghanim | 15 | Damnhor Sport | NT |
| 5 | Salma Mohamed Hamdy | 16 | Gezira El Ward | NT |
| 6 | Alya Ehab Abdel Moneam | 17 | AHLY | NT |
| 7 | Fayrouz Hassan Fathalla | 15 | Elethad | NT |
| 8 | Razan Mohamed Samy Nofi | 15 | MAADI | NT |
| 9 | Jihan Hassan Hamdy | 15 | Marina Sporting | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 2 Finals (#49 Women 15 & Over 200 LC Meter Butterfly)

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Hlla Khaled Diab | 17 | AHLY | NT | _____ |
| 2 | Layla Mohamed Elsaed Mar | 16 | Bank Ahly Alex | NT | _____ |
| 3 | Malak Amr Ali | 19 | Beni Suef Club | NT | _____ |
| 4 | Jannah Mohamed Farouk | 19 | Sporting | NT | _____ |
| 5 | Malak Ahmed Ibrahim Moh | 18 | SMOHA | 3:21.46 | _____ |
| 6 | Mariam Ahmed Hassan | 15 | Tlaea El Ostol | 3:34.95 | _____ |
| 7 | Rawan Mamdouh Mohamec | 15 | Kharaya Ms | NT | _____ |
| 8 | Nada Sameh Elsayed | 15 | GHABA | NT | _____ |
| 9 | Nancy Mahmoud Ragab | 15 | Bank Ahly Alex | NT | _____ |
| 10 | Roudina Hamdy Fouad | 15 | Tlaea El Ostol | NT | _____ |

Heat 3 of 7 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Shrouk Mohamed Rashad M | 16 | Olympic | 3:01.10 | _____ |
| 2 | Hania Hossam Ahmed Salar | 16 | SMOHA | 2:59.14 | _____ |
| 3 | Malak Yasser Abdellatif | 16 | Sporting | 2:57.74 | _____ |
| 4 | Rodaina Khaled Mahmoud | 15 | HELOP | 2:54.51 | _____ |
| 5 | Sara Amin Soliman Mabrou | 17 | GHABA | 2:54.07 | _____ |
| 6 | Fatma Amr Aly | 15 | SHOOT | 2:54.22 | _____ |
| 7 | Ayten Yaser Abdelmouty | 15 | SMOHA | 2:57.15 | _____ |
| 8 | Salma Ahmed Elmiligi Bad | 16 | 6 OCT | 2:58.03 | _____ |
| 9 | Fairouz Mazin Adel | 16 | DEGLA | 2:59.81 | _____ |
| 10 | Shad abd Fattah | 15 | Sporting | 3:06.81 | _____ |

Heat 4 of 7 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Malak Mohamed Fayek Els | 17 | SMOHA | 2:53.03 | _____ |
| 2 | Kenzy Yasser | 16 | TALBE | 2:52.29 | _____ |
| 3 | Fairouz Ahmed Bakhit | 15 | el Shark Club | 2:48.31 | _____ |
| 4 | Kenzy Ahmed Saad ali | 17 | DEGLA | 2:46.55 | _____ |
| 5 | Sama Atef Sayed | 16 | DEGLA | 2:43.82 | _____ |
| 6 | Malak Mohamed Mahmoud | 19 | MAADI | 2:44.60 | _____ |
| 7 | Hana Ayman Shaliby | 15 | TANTA | 2:47.95 | _____ |
| 8 | Kenzy Mostafa Hashad | 19 | AHLY | 2:50.12 | _____ |
| 9 | Salma Atef Fayek Abdo | 17 | DEGLA | 2:52.91 | _____ |
| 10 | Radwa Moursy Abdelsattar | 15 | Olympic | 2:53.82 | _____ |

Heat 5 of 7 Finals

| | | | | | |
|----|-------------------------|----|-------|---------|-------|
| 1 | Gana Mohamed Atef | 15 | SHOOT | 2:41.26 | _____ |
| 2 | Rodaina Osama Khalil | 15 | GHABA | 2:40.19 | _____ |
| 3 | Nour Mohamed Elsoda | 16 | MAADI | 2:37.03 | _____ |
| 4 | Wafaa Ahmed Saad EIDin | 16 | DEGLA | 2:36.06 | _____ |
| 5 | Farah Ahmed | 16 | HELOP | 2:35.63 | _____ |
| 6 | Nagar Mohamed Salem | 15 | HADAK | 2:35.81 | _____ |
| 7 | Roudaina Samy Mohamed | 15 | AHLY | 2:36.51 | _____ |
| 8 | Zaina Mohamed Haitham H | 19 | SHOOT | 2:38.42 | _____ |
| 9 | Hanan Ahmed Hussin | 18 | ZMALK | 2:40.37 | _____ |
| 10 | Gamila usama Basyouni | 15 | TRSAN | 2:43.54 | _____ |

Heat 6 of 7 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Zina Yasser Ahmed | 18 | Sporting | 2:35.05 | _____ |
| 2 | Hoda Goma Sobhy Mohame | 15 | SHAMS | 2:34.22 | _____ |
| 3 | Menna Allah Elsaid Awad B | 16 | Stad Mansoura | 2:33.87 | _____ |
| 4 | Lila Hossam Hassan Kamel | 15 | SHAMS | 2:33.44 | _____ |
| 5 | Mena Mohamed Abdul Rahi | 19 | ZOHUR | 2:32.16 | _____ |
| 6 | Nada Ahmed El Said Elbasy | 17 | SHOOT | 2:32.50 | _____ |
| 7 | Jomana Hossam Mostafa | 15 | ZOHUR | 2:33.81 | _____ |
| 8 | Halla Alla Maher | 18 | DEGLA | 2:33.95 | _____ |
| 9 | Farida Mohamed Ahmed El | 18 | SHOOT | 2:34.72 | _____ |
| 10 | Zeina Ahmed Mostafa | 17 | SHOOT | 2:35.07 | _____ |

Heat 7 of 7 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Raghad Ibrahim Elsaid | 15 | Gezira El Ward | 2:31.58 | _____ |
| 2 | Malak Mohamed Mahmoud | 15 | Stad Mansoura | 2:29.97 | _____ |
| 3 | Nadine Karim Mansour Sale | 18 | SHOOT | 2:27.70 | _____ |
| 4 | Rozana Waleed Desoky | 17 | Nasr City | 2:27.06 | _____ |
| 5 | Salma Osama Mohamed Da | 18 | TANTA | 2:25.72 | _____ |
| 6 | Jana Mohamed Omar Moha | 18 | SHAMS | 2:26.63 | _____ |
| 7 | Marim Mohamed Bakr | 16 | TRSAN | 2:27.23 | _____ |
| 8 | Jana Khalid | 20 | Sporting | 2:29.00 | _____ |
| 9 | Goumana Mohamed Ibrahim | 16 | AHLY | 2:31.37 | _____ |
| 10 | Malak Ahmed Gamal al Sha | 16 | SHOOT | 2:31.84 | _____ |

Event 55 Women 15 & Over 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 7 Finals

| | | | | | |
|----|----------------------------|----|-----------------|----|-------|
| 1 | Malak Walid Mohamed | 16 | Marina Sporting | NT | _____ |
| 2 | Fatema Tamer Ahmed Sayec | 17 | DEGLA | NT | _____ |
| 3 | Farida Haitham Nabil Ali Z | 18 | SMOHA | NT | _____ |
| 4 | Rawan Mamdouh Mohamec | 15 | Kharaya Ms | NT | _____ |
| 5 | Sara Ahmed Alsaed Abdow | 20 | 6 OCT | NT | _____ |
| 6 | Reem Mostafa Mohamed | 16 | A S E C | NT | _____ |
| 7 | Logian Hossam Mohamed | 15 | El Obour | NT | _____ |
| 8 | Jana Amr Zoalfakar | 15 | SMOHA | NT | _____ |
| 9 | Salma Mohamed Ibrahim Al | 15 | Stad Mansoura | NT | _____ |
| 10 | Jana Ahmed Saied | 17 | Cairo | NT | _____ |

Heat 2 of 7 Finals

| | | | | | |
|----|--------------------------|----|--------------|----------|-------|
| 1 | Mariam Ahmed Hassan | 17 | ZOHUR | 21:56.49 | _____ |
| 2 | Nadin Atef Mohamed | 19 | AHLY | 20:56.85 | _____ |
| 3 | Hoda Goma Sobhy Mohame | 15 | SHAMS | 20:48.10 | _____ |
| 4 | Khadija Sameh Abd Eihame | 15 | ZOHUR | 20:25.20 | _____ |
| 5 | Mariam Ahmed Ghatas | 19 | SHOBR | 20:03.64 | _____ |
| 6 | Mariam Yasser Mohamed SI | 17 | AHLY | 20:12.00 | _____ |
| 7 | Ashraaq Hisham Ibrahim | 15 | ZMALK | 20:47.59 | _____ |
| 8 | Hana Mohamed Ibrahim | 15 | Pegasus Club | 20:48.20 | _____ |
| 9 | Katrin Magdy Gad Gaed | 16 | 6 OCT | 21:39.62 | _____ |
| 10 | Donia Motaz Mohamed abd | 17 | MRAC | NT | _____ |

Heat 3 of 7 Finals

| | | | | | |
|----|--------------------------|----|-------|----------|-------|
| 1 | Zaina Haitham Mohamed | 15 | SHOOT | 20:02.35 | _____ |
| 2 | Jana Khaled El Sayed | 16 | DEGLA | 19:57.96 | _____ |
| 3 | Menatalla Morsy | 17 | SMOHA | 19:50.44 | _____ |
| 4 | Rodaina Ayman Mohamed | 17 | AHLY | 19:48.98 | _____ |
| 5 | Farida Amr Tarek Zaied | 16 | ZOHUR | 19:41.57 | _____ |
| 6 | Dima Khaled Mohamed | 16 | DEGLA | 19:44.69 | _____ |
| 7 | Hana Ekhaa Walaa Zaki | 15 | SMOHA | 19:49.37 | _____ |
| 8 | Malak Youssef Abdelrahma | 15 | SMOHA | 19:53.23 | _____ |
| 9 | Rokia Mohamed Abdelrahm | 16 | OLMPA | 20:00.49 | _____ |
| 10 | Rawda Faysal Elasherif | 19 | AHLY | 20:03.31 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 4 Finals (#55 Women 15 & Over 1500 LC Meter Freestyle)

| | | | | | |
|----|---------------------------|----|----------------|----------|-------|
| 1 | Joudy Mohamed Aly | 19 | Sporting | 19:37.60 | _____ |
| 2 | Bassant Mohamed Mahros | 18 | AHLY | 19:34.06 | _____ |
| 3 | Taleen Tarik Ahmed | 15 | HADAK | 19:32.42 | _____ |
| 4 | Jana Hesham Mohsen | 15 | SMOHA | 19:30.43 | _____ |
| 5 | Gana aly Refaat aly | 17 | ZMALK | 19:27.66 | _____ |
| 6 | Lara Haitham Mohamed Mc | 15 | MAADI | 19:28.31 | _____ |
| 7 | Basmala Ramdan Mostafa N | 17 | Bank Ahly Alex | 19:30.71 | _____ |
| 8 | Malak Mohamed Hassan | 16 | ZMALK | 19:33.97 | _____ |
| 9 | Hala Walid Abbas Abdelgav | 16 | Olympic | 19:36.24 | _____ |
| 10 | Tasneem Mohamed Mahros | 15 | AHLY | 19:40.36 | _____ |

Heat 5 of 7 Finals

| | | | | | |
|----|--------------------------|----|---------------|----------|-------|
| 1 | Jana Adel Shaaban | 15 | Wave | 19:24.34 | _____ |
| 2 | Jomana Hamdy Ameen | 17 | ZOHUR | 19:17.45 | _____ |
| 3 | Kenzy Shadi Mohamed Elh | 16 | Stad Mansoura | 19:13.54 | _____ |
| 4 | Jannat Safwat Saleh | 16 | ZOHUR | 19:07.97 | _____ |
| 5 | Shahd Ahmed Safwat | 18 | Cairo | 19:07.58 | _____ |
| 6 | Sara Ayman Abdelmageed Z | 15 | ZOHUR | 19:07.82 | _____ |
| 7 | Gana Noaaman Samer | 16 | Al Hawar | 19:09.07 | _____ |
| 8 | Maya Mahmoud Sakr | 15 | SMOHA | 19:15.01 | _____ |
| 9 | Nour Ahmad Mahmud Abde | 16 | SMOHA | 19:23.53 | _____ |
| 10 | Logain Ahmed Hamdy | 16 | HADAK | 19:24.58 | _____ |

Heat 6 of 7 Finals

| | | | | | |
|----|---------------------------|----|--------------|----------|-------|
| 1 | Goudy Ibrahim Khaliel Ibr | 15 | SHAMS | 19:04.67 | _____ |
| 2 | Habeba Mohamed Saleh Mf | 17 | 6 OCT | 18:56.26 | _____ |
| 3 | Habiba Mohamed Nashaat / | 16 | HELDO | 18:55.31 | _____ |
| 4 | Roudaina Samy Mohamed | 15 | AHLY | 18:52.68 | _____ |
| 5 | Kenzy Hazem Moneeb | 18 | Cairo | 18:39.46 | _____ |
| 6 | Nabila Hassan Ismail | 17 | OLMPA | 18:39.58 | _____ |
| 7 | Laila Mohamed Fathy | 17 | SHOOT | 18:53.48 | _____ |
| 8 | Sumaya Abdullah Muhammm | 15 | Pegasus Club | 18:56.18 | _____ |
| 9 | Martena Nasr Atya | 15 | TALBE | 18:57.08 | _____ |
| 10 | Halla Wael Mohamed | 15 | DEGLA | 19:06.93 | _____ |

Heat 7 of 7 Finals

| | | | | | |
|----|---------------------------|----|-------|----------|-------|
| 1 | Doreen Walid Fathy | 18 | TWFIK | 18:33.69 | _____ |
| 2 | Ayten Ahmed Elmanzalawi | 15 | SHOOT | 18:29.22 | _____ |
| 3 | Noran Mohamed Emad Fah | 15 | MAADI | 18:24.69 | _____ |
| 4 | Arwa Faysal Al Sherif | 16 | AHLY | 17:46.50 | _____ |
| 5 | Lamees Amr Mhmoud Elsol | 17 | 6 OCT | 17:33.26 | _____ |
| 6 | Nadine Karim Mansour Sale | 18 | SHOOT | 17:43.69 | _____ |
| 7 | Farah Tarek | 18 | AHLY | 17:50.37 | _____ |
| 8 | Shahd Sameh Safouat Shaat | 20 | HELDO | 18:27.05 | _____ |
| 9 | Zina Ahmed Medhat | 16 | AHLY | 18:30.78 | _____ |
| 10 | Jana Mohamed Ahmed | 20 | DEGLA | 18:36.56 | _____ |

Event 56 Men 15 & Over 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time | |
|----------------------------|---------------------------|-----|-------|-----------|-------|
| Heat 1 of 26 Finals | | | | | |
| 4 | Mark Wael | 15 | GHARB | NT | _____ |
| 5 | Youssef Khaled aly Khames | 15 | TANTA | NT | _____ |
| 6 | Adam Abd el Malek | 15 | GHARB | NT | _____ |

Heat 2 of 26 Finals

| | | | | | |
|----|----------------------------|----|------------------|----|-------|
| 1 | Youssef Amr Moustafa Han | 18 | HELDO | NT | _____ |
| 2 | Badr Mohamed Badr | 15 | Minia Sport Clup | NT | _____ |
| 3 | Amar Yasser Heseen | 15 | TALBE | NT | _____ |
| 4 | Slah abd Elaale Abdalla | 15 | TALBE | NT | _____ |
| 5 | Yassen Ahmad Mostafa | 15 | TALBE | NT | _____ |
| 6 | Omar Tamer Mohamed Elta | 16 | Bank Ahly Alex | NT | _____ |
| 7 | Mohmed Adham Mohamed T | 18 | 6 OCT | NT | _____ |
| 8 | Pierre Joseph Roshdy | 16 | Aswan Club | NT | _____ |
| 9 | Mohamed Adel Elkenany | 15 | Stad Mansoura | NT | _____ |
| 10 | Ibrahim Yasser Farahat Abd | 18 | MAADI | NT | _____ |

Heat 3 of 26 Finals

| | | | | | |
|----|--------------------------|----|------------------|----|-------|
| 1 | Malek Wael | 15 | SMOHA | NT | _____ |
| 2 | Mahmoud Gamal Mahmoud | 16 | Rio | NT | _____ |
| 3 | Moaz Almansy | 16 | Baladyat El Maha | NT | _____ |
| 4 | Abdlrhmn Amro Nshat Abdl | 19 | 6 OCT | NT | _____ |
| 5 | Mohamed Ahmed Ghazala | 15 | Damnhor Sport | NT | _____ |
| 6 | Taquideen ali | 15 | Sporting | NT | _____ |
| 7 | Yousif Mohamed Adel Aboe | 15 | Gezira El Ward | NT | _____ |
| 8 | Moahmed Ahmed Salem Ha | 17 | SMOHA | NT | _____ |
| 9 | Omar Tarek Said | 16 | SHRKS | NT | _____ |
| 10 | Ali Hisham Morshady | 17 | DEGLA | NT | _____ |

Heat 4 of 26 Finals

| | | | | | |
|----|---------------------------|----|------------------|----|-------|
| 1 | Abdelfattah Ahmed Youssef | 17 | Olympic | NT | _____ |
| 2 | Eyad Ashraf Abd Elghany | 16 | Luxor Club | NT | _____ |
| 3 | Moustafa Mahmoud Fahmy | 15 | TAGAM | NT | _____ |
| 4 | Keven Sameh Adly | 19 | Minia Sport Clup | NT | _____ |
| 5 | Nour Ayman | 16 | GHARB | NT | _____ |
| 6 | Mostafa Akram Abd EL Raf | 15 | ENPPI | NT | _____ |
| 7 | Yehia Moustafa Abdelkreer | 15 | K.S.C | NT | _____ |
| 8 | Mohamed Elbrols | 15 | Damnhor Sport | NT | _____ |
| 9 | Mazen Ahmed Elsaid Ahme | 15 | Bank Ahly Alex | NT | _____ |
| 10 | Ziad Haitham Mohamed | 15 | Rio | NT | _____ |

Heat 5 of 26 Finals

| | | | | | |
|----|---------------------------|----|---------------|----|-------|
| 1 | Moamen Sedke Nawar | 15 | Damnhor Sport | NT | _____ |
| 2 | Youseif amr Youseif | 15 | ZMALK | NT | _____ |
| 3 | Youssif Amr Hussein | 15 | Aswan Club | NT | _____ |
| 4 | Aly Ahmed Khaled | 15 | DEGLA | NT | _____ |
| 5 | Nor Eldin Amr Elsayad Bas | 16 | Elethead | NT | _____ |
| 6 | Hussein Mohamed Hussein | 16 | Luxor Club | NT | _____ |
| 7 | Ahmed Hamed Abbas | 19 | HADAK | NT | _____ |
| 8 | Karim Mohamed El Gharab | 19 | ZOHUR | NT | _____ |
| 9 | Amr Mostafa Kodb | 21 | SMOHA | NT | _____ |
| 10 | Yasin Moh. Ahm. Omar Ras | 17 | GEZIR | NT | _____ |

Heat 6 of 26 Finals

| | | | | | |
|----|-------------------------|----|-------------|----|-------|
| 1 | Mohamed Mostafa Mohame | 20 | DEGLA | NT | _____ |
| 2 | Khaled Eeed Thabet | 15 | Luxor Club | NT | _____ |
| 3 | Abd Elrahman Ahmed Abd | 17 | ZOHUR | NT | _____ |
| 4 | Marwan Ayman Saleh | 15 | Elethead | NT | _____ |
| 5 | Hassan Fayez Elsayed | 15 | SMOHA | NT | _____ |
| 6 | Omar Wael Salah El Din | 15 | SHOOT | NT | _____ |
| 7 | Abdelrhman Mustafa Huss | 16 | M.S Tagamoa | NT | _____ |
| 8 | Ehab Ashraf Ebrahim esa | 16 | TANTA | NT | _____ |
| 9 | NourEldin Nasr Wahba | 19 | SMOHA | NT | _____ |
| 10 | Karim Tamer Rizk | 15 | AHLY | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 7 Finals (#56 Men 15 & Over 200 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Mahmoud Mohamed Nasr | 15 | TALBE | 3:34.07 | _____ |
| 2 | Aser Ehab Mohamed | 15 | ZOHUR | 3:28.38 | _____ |
| 3 | Ziad Ahmed Youssef | 16 | DEGLA | 3:21.42 | _____ |
| 4 | John Gorge Samir | 16 | NASR | 3:17.77 | _____ |
| 5 | Arsany Ramy Magdy Henav | 15 | DEGLA | 3:13.89 | _____ |
| 6 | Yassien Tamer Elsayed | 15 | A S E C | 3:17.71 | _____ |
| 7 | Kareem Waleed Ahmed | 15 | Ismaily | 3:17.91 | _____ |
| 8 | Yahya Mahmud ib. Khalil | 15 | TANTA | 3:23.94 | _____ |
| 9 | Mohaned Mohamed Abdelh | 15 | A S E C | 3:32.62 | _____ |
| 10 | Aly Moh. Khaled Aly Moh. | 17 | GEZIR | NT | _____ |

Heat 8 of 26 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Youssef Tamer Salah | 16 | Gyc.Banha | 3:11.10 | _____ |
| 2 | Jan Sameh Francis | 16 | GHABA | 3:09.91 | _____ |
| 3 | Adham Khaled Heshy | 15 | SMOHA | 3:08.49 | _____ |
| 4 | Ibrahim Mohamed Azmy | 15 | Wave | 3:07.36 | _____ |
| 5 | Marwan Mohamed Anwar | 15 | TALBE | 3:04.83 | _____ |
| 6 | Mohamed Reda Badr | 16 | MAY15 | 3:05.38 | _____ |
| 7 | Amaar Yasir Mohamed | 15 | Bitash | 3:07.90 | _____ |
| 8 | Mahmoud Mohamed Abdelh | 15 | DEGLA | 3:08.50 | _____ |
| 9 | Omar ali Ibrahim | 16 | EALAM | 3:10.14 | _____ |
| 10 | Youssef Mohamed Ibrahim | 15 | Bank Ahly Alex | 3:11.77 | _____ |

Heat 9 of 26 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Mahmoud Hamdy Mohamed | 15 | DEGLA | 3:04.44 | _____ |
| 2 | Anas Alaa Eldeen Mohamed | 15 | TALBE | 3:04.14 | _____ |
| 3 | Mostafa Ahmed Motawea | 15 | DEGLA | 3:03.67 | _____ |
| 4 | Braa Ahmed Lotfy | 15 | SHAMS | 3:03.13 | _____ |
| 5 | Mohamed Ahmed Hussien I | 15 | Olympic Champion | 3:02.77 | _____ |
| 6 | Omar Tarek ali | 15 | Al Shehk Zaeid | 3:02.85 | _____ |
| 7 | Marawan Mohamed Fathy S | 15 | TANTA | 3:03.27 | _____ |
| 8 | Youssef Eslam Elrayes | 15 | Y.M.C.A | 3:03.87 | _____ |
| 9 | Mohamad Allaelden Ahmad | 16 | SMOHA | 3:04.26 | _____ |
| 10 | Mahmoud Tamer Mahmoud | 16 | HLWAN | 3:04.74 | _____ |

Heat 10 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Yazed Ahmed Ibrahim | 15 | A S E C | 3:02.07 | _____ |
| 2 | Ahmed Ibrahim Fouaad | 15 | SMOHA | 3:01.36 | _____ |
| 3 | Ahmed Tamer Abdel Lattif | 17 | Sporting | 3:01.24 | _____ |
| 4 | Mario Nabil Tafik | 17 | Y.M.C.A | 3:01.00 | _____ |
| 5 | Omar Ahmed Ebrahim | 15 | Wave | 3:00.81 | _____ |
| 6 | Ziad Khaled Mostafa | 15 | MRAC | 3:00.97 | _____ |
| 7 | Abdalrahman Hesham Saeed | 16 | TAGAM | 3:01.06 | _____ |
| 8 | Abdel Rahman Mohamed M | 19 | El Obour | 3:01.30 | _____ |
| 9 | Iyad Osama Ibrahim | 15 | HADAK | 3:01.58 | _____ |
| 10 | Zeyad Mahmoud Farag | 15 | SHRKS | 3:02.64 | _____ |

Heat 11 of 26 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Mohamed Hassan Abdel Ra | 17 | TALBE | 3:00.72 | _____ |
| 2 | Yassin Farghaly | 15 | Sporting | 2:59.02 | _____ |
| 3 | Seif el Dean Adel Easa | 15 | A S E C | 2:58.36 | _____ |
| 4 | Adham Fouad Hasan | 15 | ENPPI | 2:56.11 | _____ |
| 5 | Adham Ehab Magdy | 15 | TRSAN | 2:55.46 | _____ |
| 6 | Abdel Wahab Ahmed Mosta | 15 | Elethad | 2:55.48 | _____ |
| 7 | Abd ElAziz Hamdy Abd EL | 15 | ElGezira Youth | 2:58.25 | _____ |
| 8 | amr Taha Goda | 17 | ZMALK | 2:58.95 | _____ |
| 9 | Adham Ramy Mahmoud | 15 | EALAM | 3:00.40 | _____ |
| 10 | Hamza Mohamed Elmoham | 16 | ZMALK | 3:00.74 | _____ |

Heat 12 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Sief Ahmed Farouk | 16 | ZOHUR | 2:55.27 | _____ |
| 2 | Youseif Mohamed Abdelsall | 15 | ZMALK | 2:55.19 | _____ |
| 3 | Zein Tallal | 15 | Sporting | 2:55.00 | _____ |
| 4 | Adam Kareem Ahmed Moha | 17 | Bank Ahly Alex | 2:53.81 | _____ |
| 5 | Omar Eslam Abdelfatah Ha | 15 | Gezira El Ward | 2:52.86 | _____ |
| 6 | Yassin Mohamed Salah | 15 | SMOHA | 2:53.63 | _____ |
| 7 | Adham Mohamed Abdelhali | 15 | ZOHUR | 2:54.19 | _____ |
| 8 | Adham Mohamed abd Aziz | 17 | Nasr City | 2:55.15 | _____ |
| 9 | Eyad Hazem Mohamed Nen | 15 | MRAC | 2:55.26 | _____ |
| 10 | Moemen Omar Mahmoud S | 16 | 6 OCT | 2:55.39 | _____ |

Heat 13 of 26 Finals

| | | | | | |
|----|--------------------------|----|------------|---------|-------|
| 1 | Omr Adel Abdelmouhsen Al | 17 | 6 OCT | 2:52.52 | _____ |
| 2 | Omar Hossam abd Elmonen | 15 | TRSAN | 2:52.01 | _____ |
| 3 | Ibrahim Mohamed Abdelmo | 18 | ZMALK | 2:51.71 | _____ |
| 4 | Adam Essam Fouad | 15 | Bitash | 2:51.39 | _____ |
| 5 | Abdallah Mahmoud Yassin | 16 | EALAM | 2:51.24 | _____ |
| 6 | Mohamed Yasser Mohamed | 17 | SMOHA | 2:51.35 | _____ |
| 7 | Ibrahim Ayman Mohamed | 15 | Elethad | 2:51.42 | _____ |
| 8 | Ahmed Mahmoud Ahmed A | 16 | TRSAN | 2:51.98 | _____ |
| 9 | Omar Zeaid Hassan Abd El | 17 | Aswan Club | 2:52.43 | _____ |
| 10 | Marwan Tarek Rashed Abd | 17 | SHAMS | 2:52.77 | _____ |

Heat 14 of 26 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Yassin Mohamed Talaat | 15 | DEGLA | 2:50.91 | _____ |
| 2 | Aly Mohamed Magdy | 15 | A S E C | 2:49.18 | _____ |
| 3 | Mohamed Nader Mohamed | 16 | A S E C | 2:49.07 | _____ |
| 4 | Yassin Amr Mohamed | 15 | DEGLA | 2:48.91 | _____ |
| 5 | Ahmed Waild Mohamed | 17 | A S E C | 2:48.63 | _____ |
| 6 | Omar Haytham Mohamed E | 15 | Gezira El Ward | 2:48.70 | _____ |
| 7 | Mohamed Ahmed Bahy Eld | 16 | TRSAN | 2:49.01 | _____ |
| 8 | Adham Mostafa Abdulla | 16 | Elethad | 2:49.15 | _____ |
| 9 | Loaay Mohamed abd Raboh | 17 | Elethad | 2:50.90 | _____ |
| 10 | Omar Mohamad Ahmad Ko | 16 | SMOHA | 2:51.13 | _____ |

Heat 15 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Seif Mohamed Nabil | 16 | DEGLA | 2:48.13 | _____ |
| 2 | Mohamed Ahmed SalahELd | 16 | SHAMS | 2:47.52 | _____ |
| 3 | Ahmed Mohamed Zohdy | 16 | HLWAN | 2:47.22 | _____ |
| 4 | Yassin Waled Ezzat | 15 | DEGLA | 2:46.97 | _____ |
| 5 | Mohamed Ahmed Nabil Mo | 15 | Gezira El Ward | 2:46.78 | _____ |
| 6 | Yassien Yaser Atef | 18 | MRAC | 2:46.96 | _____ |
| 7 | Yehia Hisham Yehia Abdela | 17 | SMOHA | 2:47.08 | _____ |
| 8 | Omar Abdallah Ismael | 15 | Stad Mansoura | 2:47.50 | _____ |
| 9 | Anas Amro Awad | 15 | Stad Mansoura | 2:47.80 | _____ |
| 10 | Mahmoud Mohamed Fayek | 16 | 6 OCT | 2:48.39 | _____ |

Heat 16 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Hassan Elzaafarany | 15 | Sporting | 2:46.55 | _____ |
| 2 | Hassan Mahmoud Mohamec | 15 | ZMALK | 2:45.40 | _____ |
| 3 | Seif Eldeen Ahmed Farouk | 15 | Elethad | 2:45.20 | _____ |
| 4 | AbdelRahman Mohamed Sa | 19 | El Obour | 2:44.72 | _____ |
| 5 | Yehya Tamer Gamaal Eldee | 16 | SMOHA | 2:44.61 | _____ |
| 6 | Adham Maged Mohamed | 18 | HLWAN | 2:44.71 | _____ |
| 7 | Eyad Ahmed Mohamed Tal | 15 | 6 OCT | 2:45.00 | _____ |
| 8 | Mohamed Hussein El-Alfy | 15 | New Giza | 2:45.30 | _____ |
| 9 | Eyad Tamer Abdelazeez | 15 | Zahraa Helwan | 2:46.35 | _____ |
| 10 | Zeyad Ali Kassem Elsaed | 16 | Bank Ahly Alex | 2:46.76 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 17 Finals (#56 Men 15 & Over 200 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Omar Hani Elsaid | 15 | SMOHA | 2:44.12 | _____ |
| 2 | Adam Hamada Ahmed Moh | 15 | 6 OCT | 2:43.95 | _____ |
| 3 | Eslam Mohamed Abdelrazel | 15 | 6 OCT | 2:43.75 | _____ |
| 4 | Karim Gamal Abd Elsalam | 17 | SHOOT | 2:43.43 | _____ |
| 5 | Ahmed Mohamed Harby | 16 | Al Hawar | 2:42.85 | _____ |
| 6 | Kamal Mohamed Kamal | 16 | AHLY | 2:43.04 | _____ |
| 7 | Ali Wael Mohamad Saad | 16 | SMOHA | 2:43.70 | _____ |
| 8 | Yehia Mohamed el Bawab | 16 | HELOP | 2:43.89 | _____ |
| 9 | Zayed Alhassan Fouad | 16 | Tlaea El Ostol | 2:44.01 | _____ |
| 10 | Yasen Ahm. Abd ElHay Soi | 18 | GEZIR | 2:44.57 | _____ |

Heat 18 of 26 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Mohmed Mostafa Moktar | 16 | Cairo | 2:42.59 | _____ |
| 2 | Mahmoud Mostafa Mohame | 15 | TANTA | 2:42.17 | _____ |
| 3 | Mazen Mohamed Mohamad | 17 | NASR | 2:41.91 | _____ |
| 4 | Marwan Khaleid Abdallah | 15 | ZMALK | 2:41.70 | _____ |
| 5 | Youssef Ahmed Ragab | 15 | RWAD | 2:41.48 | _____ |
| 6 | Ahmed Mohamed Ibrahim M | 15 | Bank Ahly Alex | 2:41.54 | _____ |
| 7 | Youssef Ahmed Hassan | 17 | Elethad | 2:41.90 | _____ |
| 8 | Omar Mohamed Abdelhafez | 18 | Mansheit Naser | 2:42.05 | _____ |
| 9 | Sief Ayman El Said | 20 | Sporting | 2:42.21 | _____ |
| 10 | Youssef Mohamed Khedr | 15 | SMOHA | 2:42.60 | _____ |

Heat 19 of 26 Finals

| | | | | | |
|----|-------------------------|----|---------|---------|-------|
| 1 | Tarek Loay Mohamed | 15 | HELOP | 2:41.06 | _____ |
| 2 | Amr Faisal Mohamed | 15 | DEGLA | 2:40.62 | _____ |
| 3 | Mhmoud A Hmed Mhmoud | 16 | 6 OCT | 2:40.57 | _____ |
| 4 | Hassan Ibrahim Arafa | 16 | RWAD | 2:40.45 | _____ |
| 5 | Anwar Ayman Mohamed M | 16 | Olympic | 2:40.23 | _____ |
| 6 | Yasin Omar Ahmed Hessin | 16 | 6 OCT | 2:40.44 | _____ |
| 7 | Mohamed Ayman Ibrahim | 18 | A S E C | 2:40.48 | _____ |
| 8 | Yossef Efraim Sabry | 16 | GHABA | 2:40.60 | _____ |
| 9 | Yasen Ahmad gad | 15 | HELOP | 2:40.76 | _____ |
| 10 | Ibrahim Diaa El Din | 16 | SHOOT | 2:41.41 | _____ |

Heat 20 of 26 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Adam Sameh Mohamed Kai | 15 | Bank Ahly Alex | 2:39.97 | _____ |
| 2 | Selim Ihab Ghali | 19 | DEGLA | 2:39.92 | _____ |
| 3 | Yassin Mostafa Mohamed | 15 | AHLY | 2:39.59 | _____ |
| 4 | Morad Yaser Hafez | 21 | DEGLA | 2:39.41 | _____ |
| 5 | Mohamed Amr Mousa | 15 | DEGLA | 2:39.12 | _____ |
| 6 | Marwan Ehab Abdelkader | 18 | ZMALK | 2:39.20 | _____ |
| 7 | Mohamed Afifi Mohamed | 16 | DEGLA | 2:39.54 | _____ |
| 8 | Ahmed Hatem Hosny | 18 | DEGLA | 2:39.71 | _____ |
| 9 | Abd Elrahman Tamer M Ab | 17 | NASR | 2:39.93 | _____ |
| 10 | Hamza Said | 15 | Sporting | 2:40.10 | _____ |

Heat 21 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Omar Mohamed Ezat Moha | 15 | Gezira El Ward | 2:38.88 | _____ |
| 2 | Adam Hossamaldin Abdalla | 18 | ZMALK | 2:38.44 | _____ |
| 3 | Mostafa Ahmed Abdelfatah | 15 | TANTA | 2:38.24 | _____ |
| 4 | Yousef Mahmoud Mohamec | 18 | SHAMS | 2:38.03 | _____ |
| 5 | Essa Shref Abd EL Monem | 16 | HELOP | 2:37.75 | _____ |
| 6 | Karim Sameh Karim | 16 | TRSAN | 2:37.97 | _____ |
| 7 | Mazen Mohamed Adel | 19 | Elethad | 2:38.20 | _____ |
| 8 | Yehia SeifEL din EL Margh | 19 | SHAMS | 2:38.28 | _____ |
| 9 | Khaled Hesham Ahmed | 17 | Elethad | 2:38.79 | _____ |
| 10 | Khaled Waleed Adel | 15 | DEGLA | 2:39.11 | _____ |

Heat 22 of 26 Finals

| | | | | | |
|----|-----------------------------|----|----------------|---------|-------|
| 1 | Omar Ahmed Emad | 16 | SHOOT | 2:37.58 | _____ |
| 2 | Yousif Gaseer Migahed | 17 | ZMALK | 2:37.42 | _____ |
| 3 | abd Elrahman Mohamed Fo | 18 | TALBE | 2:36.97 | _____ |
| 4 | Youssef Zaki | 15 | Sporting | 2:36.02 | _____ |
| 5 | Malek Khaled Mahmoud Al | 17 | Bank Ahly Alex | 2:35.34 | _____ |
| 6 | Omar Shalby Mohamed | 15 | SHAMS | 2:35.54 | _____ |
| 7 | Moustafa Essam Wahba | 17 | Sporting | 2:36.40 | _____ |
| 8 | Moaz Mohamed Sayed Sol | 17 | AHLY | 2:37.24 | _____ |
| 9 | Omar Mohamed Abdel Azer | 16 | Al Hawar | 2:37.52 | _____ |
| 10 | Saif Eldin Omar Abdel Latif | 16 | Pegasus Club | 2:37.59 | _____ |

Heat 23 of 26 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Ahmed Tamer Farouk Abd e | 17 | SHAMS | 2:34.66 | _____ |
| 2 | Amr Hany Mahmoud Ahme | 18 | AHLY | 2:33.76 | _____ |
| 3 | Zad Ahmed Mohamed Asra | 16 | DEGLA | 2:33.53 | _____ |
| 4 | Abdelrahman Ashraf Abdel | 20 | AHLY | 2:33.49 | _____ |
| 5 | Daly Dimitrios Chin | 27 | Sporting | 2:33.39 | _____ |
| 6 | Ahmed Sameir Hassan | 16 | TALBE | 2:33.48 | _____ |
| 7 | Omar Tamer Ahmed | 18 | GHABA | 2:33.50 | _____ |
| 8 | Marwan Mohamed Elsaid | 16 | Stad Mansoura | 2:33.69 | _____ |
| 9 | Mahmoud Tamer Mahmoud | 18 | DEGLA | 2:34.06 | _____ |
| 10 | Nour Ahmed Elhassany | 17 | ZOHUR | 2:34.84 | _____ |

Heat 24 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Moamen Amr Mohamad Ha | 16 | SMOHA | 2:33.09 | _____ |
| 2 | Karim Osama Ibrahim Abd | 17 | MAADI | 2:32.52 | _____ |
| 3 | Abdel Rahman Ahmed Ali | 18 | DEGLA | 2:31.40 | _____ |
| 4 | Khaled Hammad Mohamed | 20 | DEGLA | 2:30.83 | _____ |
| 5 | Abdalla Gasser AbdelLatif | 19 | AHLY | 2:30.43 | _____ |
| 6 | Yassien Yasser Hassan | 17 | SMOHA | 2:30.67 | _____ |
| 7 | Mostafa Mohamed Mohame | 16 | Gezira El Ward | 2:31.22 | _____ |
| 8 | Darren Dimitrios Chin | 19 | Sporting | 2:31.48 | _____ |
| 9 | Mahmoud Mohamed Mohar | 17 | Al Hawar | 2:32.81 | _____ |
| 10 | Mohamed Ayman Mohamed | 15 | Bank Ahly Alex | 2:33.23 | _____ |

Heat 25 of 26 Finals

| | | | | | |
|----|--------------------------|----|-----------|---------|-------|
| 1 | Hani Mohammed Atwan | 17 | El Temsah | 2:29.67 | _____ |
| 2 | Omar Mohamed Yehia | 17 | DEGLA | 2:28.32 | _____ |
| 3 | Hazem Hossam Nady | 16 | DEGLA | 2:27.99 | _____ |
| 4 | Mohamed Mashhour Yehia | 19 | AHLY | 2:27.04 | _____ |
| 5 | Eazz El Din Mohamed Kha | 19 | Sporting | 2:26.74 | _____ |
| 6 | Mazen Ismail Mohamed Isr | 20 | MAADI | 2:27.00 | _____ |
| 7 | Mohamed Ashraf Abdel Hay | 23 | AHLY | 2:27.18 | _____ |
| 8 | Mohamed Housam Ibrahim | 28 | AHLY | 2:28.01 | _____ |
| 9 | Mazen Majed Mahmoud | 16 | HADAK | 2:29.53 | _____ |
| 10 | Hamza Mohamed Hassan M | 16 | HELOP | 2:29.97 | _____ |

Heat 26 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Youssef Tamer Mohamed H | 19 | DEGLA | 2:26.52 | _____ |
| 2 | Mahmoud Ahmed Eltablawy | 18 | ZOHUR | 2:25.62 | _____ |
| 3 | Ahmad Hany Ahmad | 18 | HELOP | 2:21.91 | _____ |
| 4 | Mohamed LiwaaEldin Ali | 19 | SMOHA | 2:20.69 | _____ |
| 5 | Karem Magdy Ismail | 24 | Sporting | 2:19.74 | _____ |
| 6 | Ibrahim Shams Eldin Moha | 16 | AHLY | 2:20.21 | _____ |
| 7 | Saif EIDIn Sameh A.Elmoa | 21 | DEGLA | 2:21.65 | _____ |
| 8 | Abdel Rahman Mohamed A | 22 | AHLY | 2:25.45 | _____ |
| 9 | Gamal Metwaly Gamal Mol | 21 | ZOHUR | 2:26.36 | _____ |
| 10 | Marwan Mohamed Bakry M | 18 | Olympic | 2:26.72 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Event 59 Men 15 & Over 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|---------------------------|-----|-----------------|-----------|
| Heat 1 of 49 Finals | | | | |
| 4 | Abdelrahman Ashraf Mohse | 22 | Gezira El Ward | NT |
| 5 | el Farok Omer el Farok | 17 | BNK.G | NT |
| 6 | Khaled Eeed Thabet | 15 | Luxor Club | NT |
| Heat 2 of 49 Finals | | | | |
| 2 | abd Elrahman Yasser Ahme | 16 | GOLDY | NT |
| 3 | Eyad Ashraf Abd Elghany | 16 | Luxor Club | NT |
| 4 | Marwan Mohamed Anwar | 15 | TALBE | NT |
| 5 | Ali Ayman Nemataallah | 16 | Sporting | NT |
| 6 | amr Ayman Kamal Mohame | 16 | Zahraa Helwan | NT |
| 7 | Yassien Yaser Atef | 18 | MRAC | NT |
| 8 | Yehia Moustafa Abdelkreem | 15 | K.S.C | NT |
| 9 | Karem Emad Reda | 17 | DEGLA | NT |
| Heat 3 of 49 Finals | | | | |
| 1 | Mazen Ahmed Elsaid Ahme | 15 | Bank Ahly Alex | NT |
| 2 | Abdlrhmn Amro Nshat Abd | 19 | 6 OCT | NT |
| 3 | Youssef Islam Fathy | 15 | Elethead | NT |
| 4 | Youssef Mohamed Gaber | 15 | SMOHA | NT |
| 5 | Omar Zeaid Hassan Abd El | 17 | Aswan Club | NT |
| 6 | Ahmed Abdelghany | 28 | SMOHA | NT |
| 7 | Ahmed Tarek Elsayed | 15 | A S E C | NT |
| 8 | Kariem Ahmed Mahmoud | 16 | Cairo | NT |
| 9 | Yassin Mohamed Abd Elfata | 16 | ZAGU | NT |
| 10 | Yassin Ebrahim Ragheb | 17 | Sporting | NT |
| Heat 4 of 49 Finals | | | | |
| 1 | Mohamed Hany Fathy | 17 | Elethead | NT |
| 2 | abd Elrahman Mohamed Ba | 19 | TRSAN | NT |
| 3 | Mohamed Tamer Metwally | 15 | Olympic | NT |
| 4 | Abd Elrahman Sameh Adel | 15 | Cairo | NT |
| 5 | Mohamed Mahmoud Azab | 21 | AHLY | NT |
| 6 | Seif Mohamed Esmail Abode | 15 | TANTA | NT |
| 7 | Amro Nabil Ibrahim | 18 | FAROS | NT |
| 8 | Omar Ahmed Bisher | 16 | Ismaily | NT |
| 9 | Ahmed Mohamed Ahmed A | 16 | Elethead | NT |
| 10 | Ahmed abo Zaid | 16 | GHARB | NT |
| Heat 5 of 49 Finals | | | | |
| 1 | Omar Hassan Abdelwahab | 17 | SMOHA | NT |
| 2 | Yehia Ahmed Masoud Abd | 16 | DEGLA | NT |
| 3 | Omar Mosaad Mohamed | 16 | SHOOT | NT |
| 4 | Mostafa Ahmed Motawea | 15 | DEGLA | NT |
| 5 | Abdalla Mohamed Abdelmg | 17 | GHABA | NT |
| 6 | Youssif Amr Hussein | 15 | Aswan Club | NT |
| 7 | Yassin Mahmoud Yassin Ab | 15 | Olympic | NT |
| 8 | Moaz Mustafa Abdo Salim | 19 | Al-Ahram Sports | NT |
| 9 | Moataz Mohamed Ibrahim | 15 | SMOHA | NT |
| 10 | abd Elrhman Mohamed Mal | 17 | Elethead | NT |

Heat 6 of 49 Finals

| | | | | |
|----|---------------------------|----|------------------|----|
| 1 | Tarek Mohamed Ragab | 16 | Minia Sport Clup | NT |
| 2 | Khaled Walied Mahmoud | 17 | DEGLA | NT |
| 3 | Hamza Ahmed abd Elazem | 18 | Al Qusiya Club | NT |
| 4 | Omar Mohamed Khairy | 15 | Elec | NT |
| 5 | Slah abd Elaale Abdalla | 15 | TALBE | NT |
| 6 | Mohamed Emadeldein Solir | 15 | SMOHA | NT |
| 7 | Youssef Khaled aly Khames | 15 | TANTA | NT |
| 8 | Youssef Mohamed Khedr | 15 | SMOHA | NT |
| 9 | Ahmed Moharam Elsayed | 19 | DEGLA | NT |
| 10 | Ziad Mohmed Ibrahim | 17 | Marina Sporting | NT |

Heat 7 of 49 Finals

| | | | | |
|----|---------------------------|----|---------------|----|
| 1 | Youssef Reda Zinhom | 15 | DEGLA | NT |
| 2 | Omar El Sayed Ali | 16 | Elethead | NT |
| 3 | Omar Moustafa Mohamed F | 18 | Olympic | NT |
| 4 | Hasan Tarek Hasan Abdel B | 15 | DEGLA | NT |
| 5 | Bilal Amr Mohamed | 15 | HADAK | NT |
| 6 | Mohamed Elbrols | 15 | Damnhor Sport | NT |
| 7 | Mohanad Mokhtar Mahmou | 15 | DEGLA | NT |
| 8 | Hamza Hammad Mohamed | 18 | DEGLA | NT |
| 9 | Adham Fouad Hasan | 15 | ENPPI | NT |
| 10 | Ahmed Hamed Abbas | 19 | HADAK | NT |

Heat 8 of 49 Finals

| | | | | |
|----|--------------------------|----|---------------|----|
| 1 | Ashraf Mohamed ali Mohan | 24 | Elec | NT |
| 2 | Omar Ashour Rizk | 19 | BNK.G | NT |
| 3 | Aly Mohamed Aly | 17 | Sporting | NT |
| 4 | Moustafa Mahmoud Fahmy | 15 | TAGAM | NT |
| 5 | Mohamed Adel Elkenany | 15 | Stad Mansoura | NT |
| 6 | Yassin Ahmed Othman | 17 | Sporting | NT |
| 7 | Mohamed Ayman Ibrahim | 18 | A S E C | NT |
| 8 | Ahmed Sherif Ahmed | 16 | Elethead | NT |
| 9 | John Gorge Samir | 16 | NASR | NT |
| 10 | Hussin Mohamed Hussin Al | 16 | NASR | NT |

Heat 9 of 49 Finals

| | | | | |
|----|---------------------------|----|----------------|----|
| 1 | Eiad Ahmed Mohamed Aly | 15 | A S E C | NT |
| 2 | Pierre Joseph Roshdy | 16 | Aswan Club | NT |
| 3 | Nor Eldin Amr Elsayad Bas | 16 | Elethead | NT |
| 4 | Ezzat Mohamed Azzam Mo | 16 | Olympic | NT |
| 5 | Karim Mohamed Abdelkade | 15 | Bank Ahly Alex | NT |
| 6 | Ahmed Hossamm Saied | 15 | Cairo | NT |
| 7 | Yasin Moh. Ahm. Omar Ras | 17 | GEZIR | NT |
| 8 | Mohamed Tarek Halim Moh | 15 | DEGLA | NT |
| 9 | Khaled Abdel Naser Ali | 25 | SHOOT | NT |
| 10 | Mohamed Ahmed Ibrahim | 15 | A S E C | NT |

Heat 10 of 49 Finals

| | | | | |
|----|--------------------------|----|-----------------|----|
| 1 | Adam Waleed Ibrahim | 16 | Ellaban | NT |
| 2 | Mohammed Mahmoud Ram | 17 | Al-Ahram Sports | NT |
| 3 | Ahmed Yahia Saied | 18 | Elethead | NT |
| 4 | Yousef Reda Mohamed Kan | 15 | Matrix | NT |
| 5 | Youssef Mohamed Ibrahim | 15 | Bank Ahly Alex | NT |
| 6 | Omar Mohamed Ismail Mo | 16 | MRAC | NT |
| 7 | Mohamed Alamir | 16 | Elethead | NT |
| 8 | Andria Wael Nagy Mosad A | 16 | HELDO | NT |
| 9 | Hussein Mohamed Hussein | 16 | Luxor Club | NT |
| 10 | Youssef Tawfik Hamdy Taw | 18 | SENZO | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 11 Finals (#59 Men 15 & Over 50 LC Meter Breaststroke)

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Mahmoud Tamer Mewally S | 15 | Olympic | NT | _____ |
| 2 | Marwan Haitham Abdelsala | 15 | Olympic | NT | _____ |
| 3 | Yassen Ahmad Mostafa | 15 | TALBE | NT | _____ |
| 4 | Omar Wael Salah El Din | 15 | SHOOT | NT | _____ |
| 5 | Hamza Ahmed Youssef Han | 15 | DEGLA | 48.58 | _____ |
| 6 | Gasser Ahmed Atef | 15 | DEGLA | 55.04 | _____ |
| 7 | Hamza Mohamed Ahmed | 18 | A S E C | NT | _____ |
| 8 | Youssef Waleed abd Elazez | 17 | Elethad | NT | _____ |
| 9 | Mohanad Abo Elsood Anwa | 17 | Minia Sport Clup | NT | _____ |
| 10 | Moataz Moustafa Shawky F | 15 | Olympic | NT | _____ |

Heat 12 of 49 Finals

| | | | | | |
|----|-------------------------|----|-----------------|-------|-------|
| 1 | Moustafa Ahmed Moustafa | 15 | A S E C | 47.86 | _____ |
| 2 | Mahmoud Gamal Mahmoud | 16 | Rio | 47.01 | _____ |
| 3 | ali Hossam Mahmoud Fahm | 15 | SHAMS | 46.81 | _____ |
| 4 | Hamza Samer Saad | 15 | SHOOT | 45.54 | _____ |
| 5 | Ahmed Tarek Ibrahim | 15 | SHOBR | 45.32 | _____ |
| 6 | Malek Essam Sanad | 15 | DEGLA | 45.50 | _____ |
| 7 | Yousef Tarek Mohamed Ma | 15 | Al-Ahram Sports | 46.11 | _____ |
| 8 | Mohamed Ashraf Ibrahim | 15 | TALBE | 46.83 | _____ |
| 9 | Yassine Mahmoud AbdelAz | 16 | Pegasus Club | 47.06 | _____ |
| 10 | Omar Ahmed Mohamed Mo | 15 | DEGLA | 47.95 | _____ |

Heat 13 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Adam Mohamed Fawzy | 15 | DEGLA | 44.94 | _____ |
| 2 | Moustafa Essam Mohamed | 15 | A S E C | 44.61 | _____ |
| 3 | Smow El Deen Tarek El Ko | 15 | Ellaban | 44.34 | _____ |
| 4 | Fouad Ibrahim Fouad | 15 | Elethad | 44.10 | _____ |
| 5 | Amar Yasser Heseen | 15 | TALBE | 43.63 | _____ |
| 6 | Mohamed Mahmoud Mohar | 15 | Tlaea El Ostol | 44.04 | _____ |
| 7 | Tamer Amr Zaghloul | 15 | DEGLA | 44.11 | _____ |
| 8 | Ahmed Amr Ahmed Mansou | 15 | Ellaban | 44.39 | _____ |
| 9 | Youssef Ahmed Mohamed I | 15 | Tlaea El Ostol | 44.81 | _____ |
| 10 | Adham Mohamed Rashad | 15 | MEG | 44.99 | _____ |

Heat 14 of 49 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Adam Mohamed Aboelfetof | 15 | A S E C | 43.47 | _____ |
| 2 | Mohamed Ayman Mohamed | 16 | DEGLA | 43.38 | _____ |
| 3 | Shaban Mohamed Shaban A | 16 | MRAC | 42.67 | _____ |
| 4 | Islam Ibrahim Mahmoud M | 15 | Olympic | 42.44 | _____ |
| 5 | Amaar Yasir Mohamed | 15 | Bitash | 42.16 | _____ |
| 6 | Mohamed Ahmed Hassan | 16 | MEG | 42.33 | _____ |
| 7 | Mahmoud Mohamed Nasr | 15 | TALBE | 42.59 | _____ |
| 8 | Yassin Mohamed Samir Mo | 15 | DEGLA | 42.82 | _____ |
| 9 | Yassien Mohamed Fouad M | 15 | A S E C | 43.45 | _____ |
| 10 | Gasser Hany Gaber Maghor | 16 | A S E C | 43.61 | _____ |

Heat 15 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Yassin Mohamed Hussein | 15 | Pegasus Club | 41.81 | _____ |
| 2 | Aser Ehab Mohamed | 15 | ZOHUR | 41.78 | _____ |
| 3 | Ahmed Ehab Hassan Ahmec | 15 | DEGLA | 41.77 | _____ |
| 4 | Mohamed Hany Ahmed | 15 | DEGLA | 41.63 | _____ |
| 5 | Mohaned Mohamed Abdelh | 15 | A S E C | 41.42 | _____ |
| 6 | Omar Tarek Said | 16 | SHRKS | 41.44 | _____ |
| 7 | Ahmed Khaled Elsaid Nasr | 15 | Bank Ahly Alex | 41.75 | _____ |
| 8 | Karim Mohamed Kamal | 15 | SMOHA | 41.78 | _____ |
| 9 | Zeyad Mahmoud Ali Mahm | 16 | 6 OCT | 41.78 | _____ |
| 10 | Braa Ahmed Lotfy | 15 | SHAMS | 42.04 | _____ |

Heat 16 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Ibrahim Fouaad | 15 | SMOHA | 41.35 | _____ |
| 2 | Hamza Ali Mohamed Ali | 16 | Elethad | 41.19 | _____ |
| 3 | Eyad Nader Rashad Abdalla | 16 | Olympic | 40.98 | _____ |
| 4 | Salah Abdelhamid Salah | 15 | SMOHA | 40.74 | _____ |
| 5 | Mahmoud Mohamed Abdel | 15 | DEGLA | 40.65 | _____ |
| 6 | Mahmoud Hossam Mahmou | 16 | Bank Ahly Alex | 40.68 | _____ |
| 7 | Mazen Mamdouh Ismail | 16 | DEGLA | 40.95 | _____ |
| 8 | Hassan Fayed Elsayed | 15 | SMOHA | 41.09 | _____ |
| 9 | Ziad Ahmed Youssef | 16 | DEGLA | 41.26 | _____ |
| 10 | Shehab Alaa Ibrahim | 17 | DEGLA | 41.36 | _____ |

Heat 17 of 49 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Yassin Osama Mohamed | 15 | DEGLA | 40.41 | _____ |
| 2 | Mohamed Alaa Wafa | 15 | Tlaea El Ostol | 40.35 | _____ |
| 3 | Hamza Essam EL Wardany | 15 | ENPPI | 40.05 | _____ |
| 4 | Adam Mohamed Abdelmak | 17 | SMOHA | 39.90 | _____ |
| 5 | Mazen Ayman Halawa | 15 | Elethad | 39.70 | _____ |
| 6 | Mohamed Tarek Mohamed | 15 | Y.M.C.A | 39.74 | _____ |
| 7 | Omar Shrief Ahmed Ahmed | 17 | SMOHA | 39.93 | _____ |
| 8 | Mahmoud Hamdy Mohame | 15 | DEGLA | 40.10 | _____ |
| 9 | Omar ali Ibrahim | 16 | EALAM | 40.39 | _____ |
| 10 | Arsany Ramy Magdy Henav | 15 | DEGLA | 40.61 | _____ |

Heat 18 of 49 Finals

| | | | | | |
|----|------------------------|----|---------|-------|-------|
| 1 | Ibrahim Mohamed Azmy | 15 | Wave | 39.39 | _____ |
| 2 | Jan Sameh Francis | 16 | GHABA | 39.33 | _____ |
| 3 | Kaled Amr Ahmed Bashir | 16 | Elethad | 39.23 | _____ |
| 4 | Saged Ayman AbdEllatif | 19 | SMOHA | 39.09 | _____ |
| 5 | amr Taha Goda | 17 | ZMALK | 38.99 | _____ |
| 6 | Mohamed Khaled Fathi | 15 | SMOHA | 39.01 | _____ |
| 7 | Hassan Ashraf Shehata | 17 | Elethad | 39.12 | _____ |
| 8 | Yassien Tamer Elsayed | 15 | A S E C | 39.25 | _____ |
| 9 | Omar Ahmed Mohamed Ali | 16 | Elethad | 39.35 | _____ |
| 10 | Mohamed Hessinahmed | 15 | Wave | 39.68 | _____ |

Heat 19 of 49 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | Youseif amr Youseif | 15 | ZMALK | 38.94 | _____ |
| 2 | Mostafa Mohamed Abdelrac | 15 | Elethad | 38.90 | _____ |
| 3 | Adham Khaled Heshy | 15 | SMOHA | 38.87 | _____ |
| 4 | Zeyad Mahmoud Farag | 15 | SHRKS | 38.83 | _____ |
| 5 | Mohamed Ahmed Hussien I | 15 | Olympic Champion | 38.82 | _____ |
| 6 | Ahmed Essam Yakot | 16 | A S E C | 38.83 | _____ |
| 7 | Anas Alaa Eldeen Mohamec | 15 | TALBE | 38.85 | _____ |
| 8 | Yassin Mohamed Ashour | 15 | Tlaea El Ostol | 38.87 | _____ |
| 9 | Omar Ahmed Ebrahim | 15 | Wave | 38.90 | _____ |
| 10 | Omar Ahmed Nsr | 17 | Pegasus Club | 38.98 | _____ |

Heat 20 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Mahmoud Fouad To | 16 | ZOHUR | 38.74 | _____ |
| 2 | Omar Walid Mohamed | 15 | DEGLA | 38.68 | _____ |
| 3 | Iyad Osama Ibrahim | 15 | HADAK | 38.65 | _____ |
| 4 | Omar Abdelaziz Mohamed | 15 | A S E C | 38.58 | _____ |
| 5 | Abd Rahman Mohamed Gar | 20 | SHOOT | 38.49 | _____ |
| 6 | Abdelrahman Yasser Ali Ab | 15 | Olympic | 38.56 | _____ |
| 7 | Ahmed Wahid Mohamed | 16 | ZOHUR | 38.64 | _____ |
| 8 | Abdellah Ahmed Said | 15 | Tlaea El Ostol | 38.68 | _____ |
| 9 | Ahmed Mahmoud Seddik A | 16 | Elethad | 38.70 | _____ |
| 10 | Kareem Waleed Ahmed | 15 | Ismaily | 38.81 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 21 Finals (#59 Men 15 & Over 50 LC Meter Breaststroke)

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Yassin Mohamed Aly ElSha | 15 | 6 OCT | 38.47 | _____ |
| 2 | Adham Ramy Mahmoud | 15 | EALAM | 38.39 | _____ |
| 3 | Hatem Elsayed Mohamed | 17 | GHABA | 38.38 | _____ |
| 4 | Ahmed Mohamed Hamed | 17 | Elethad | 38.26 | _____ |
| 5 | Moemen Omar Mahmoud S | 16 | 6 OCT | 38.23 | _____ |
| 6 | Mahmoud Tamer Mahmoud | 16 | HLWAN | 38.25 | _____ |
| 7 | Adam Ayman Yousef | 16 | TANTA | 38.36 | _____ |
| 8 | Hamza Mohamed Elmoham | 16 | ZMALK | 38.38 | _____ |
| 9 | Eyad Hassan Ebrahim | 15 | TRSAN | 38.46 | _____ |
| 10 | Anas Reda Wahdan | 15 | Meit Khakan | 38.48 | _____ |

Heat 22 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Ali Hisham Morshady | 17 | DEGLA | 38.22 | _____ |
| 2 | Abd ElAZiz Hamdy Abd El | 15 | ElGezira Youth | 38.08 | _____ |
| 3 | Yazed amr Omar Mokhtar | 16 | GOLDY | 37.93 | _____ |
| 4 | Marwan Ayman Saleh | 15 | Elethad | 37.91 | _____ |
| 5 | Nour Eldin Monzer Moham | 19 | MRAC | 37.87 | _____ |
| 6 | abd Elrahman Nabil Mahmc | 19 | TALBE | 37.87 | _____ |
| 7 | Mohamad Allaelden Ahmad | 16 | SMOHA | 37.92 | _____ |
| 8 | Ahmed Wael Frahat Hassn | 15 | 6 OCT | 37.94 | _____ |
| 9 | Marawan Mohamed Fathy S | 15 | TANTA | 38.19 | _____ |
| 10 | Abdelrahman Khaled Gama | 15 | Olympic | 38.22 | _____ |

Heat 23 of 49 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Seif Tamer Abd Elaziz | 17 | El Obour | 37.67 | _____ |
| 2 | Ziad Khaled Elsaid Nasr | 15 | Bank Ahly Alex | 37.58 | _____ |
| 3 | Ahmed Hassan Ibrahim | 16 | DEGLA | 37.50 | _____ |
| 4 | Yassin Alaa Mohamed | 15 | DEGLA | 37.49 | _____ |
| 5 | Mohamed Reda Badr | 16 | MAY15 | 37.41 | _____ |
| 6 | Bsada Mark Nage | 16 | ZAGU | 37.43 | _____ |
| 7 | Mohamed Shady Mohamed | 16 | DEGLA | 37.49 | _____ |
| 8 | Aly Mohamed Magdy | 15 | A S E C | 37.54 | _____ |
| 9 | Ahmad Amr Adel Abaza | 16 | SMOHA | 37.60 | _____ |
| 10 | Adham Ehab Magdy | 15 | TRSAN | 37.82 | _____ |

Heat 24 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Taquideen ali | 15 | Sporting | 37.33 | _____ |
| 2 | Karim Hossam Halal | 18 | SHOOT | 37.29 | _____ |
| 3 | Ahmed Ashraf Mahmood Els | 15 | Matrix | 37.22 | _____ |
| 4 | Ahmed Tamer Abdel Lattif | 17 | Sporting | 37.13 | _____ |
| 5 | Mahmoud Hany Mostafa A | 15 | 6 OCT | 36.99 | _____ |
| 6 | Omar Tarek ali | 15 | Al Shehk Zaeid | 37.11 | _____ |
| 7 | Youssef Omar Mohamed M | 15 | Beni Suef Club | 37.15 | _____ |
| 8 | Abdalrahman Hesham Saee | 16 | TAGAM | 37.23 | _____ |
| 9 | Yassin Amr Mohamed | 15 | DEGLA | 37.30 | _____ |
| 10 | Malek Wael | 15 | SMOHA | 37.40 | _____ |

Heat 25 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ibrahim Mahmoud Fathy | 16 | SHOOT | 36.80 | _____ |
| 2 | Mazen Ahmed Lottfy | 15 | Elethad | 36.76 | _____ |
| 3 | Ziad Khaled Mostafa | 15 | MRAC | 36.74 | _____ |
| 4 | Yossef Mohamad Ebrahim | 16 | SMOHA | 36.70 | _____ |
| 5 | Ahmed Amr Mohamed | 17 | Mansheit Naser | 36.60 | _____ |
| 6 | Youssef Ahmed Ibrahim ElS | 17 | SHAMS | 36.69 | _____ |
| 7 | Hamza Mahmoud Ibrahim F | 15 | Elethad | 36.70 | _____ |
| 8 | Adham Mohamed Abdelhali | 15 | ZOHUR | 36.74 | _____ |
| 9 | Belal Mohamed Abdellatef | 16 | Bitash | 36.79 | _____ |
| 10 | Mohamed Hassan Abdel Ra | 17 | TALBE | 36.88 | _____ |

Heat 26 of 49 Finals

| | | | | | |
|----|------------------------|----|------------------|-------|-------|
| 1 | Youssef Hossam Mohamed | 21 | Nasr City | 36.58 | _____ |
| 2 | Yassin Farghaly | 15 | Sporting | 36.50 | _____ |
| 3 | Nour Elden Mohamed Moh | 17 | Olympic Champion | 36.45 | _____ |
| 4 | Maher amr | 15 | Sporting | 36.42 | _____ |
| 5 | Loai Ehab A.Meshaal | 17 | DEGLA | 36.40 | _____ |
| 6 | Ahmed Akrm Moustafa | 15 | Bitash | 36.41 | _____ |
| 7 | Adam Essam Fouad | 15 | Bitash | 36.43 | _____ |
| 8 | Omar Amer Abas | 15 | Portsaid Stadium | 36.50 | _____ |
| 9 | Hamza amr Mohamed | 15 | EALAM | 36.51 | _____ |
| 10 | Anas Amro Awad | 15 | Stad Mansoura | 36.59 | _____ |

Heat 27 of 49 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | Abd El Rahman Awad Moh | 15 | DEGLA | 36.34 | _____ |
| 2 | Yassin Farg Salah | 16 | Y.M.C.A | 36.31 | _____ |
| 3 | Mazin Mohamed Ahmed Ab | 16 | ENPPI | 36.29 | _____ |
| 4 | Mohamed Ahmed SalahELd | 16 | SHAMS | 36.23 | _____ |
| 5 | Eyad Ahmed Mohamed Tal | 15 | 6 OCT | 36.17 | _____ |
| 6 | Omar Abdallah Ismael | 15 | Stad Mansoura | 36.19 | _____ |
| 7 | Yousif Mohamed Adel Aboe | 15 | Gezira El Ward | 36.27 | _____ |
| 8 | Moaz Almansy | 16 | Baladyat El Maha | 36.29 | _____ |
| 9 | Omr Adel Abdelmouhsen Al | 17 | 6 OCT | 36.33 | _____ |
| 10 | Mario Nabil Tafik | 17 | Y.M.C.A | 36.37 | _____ |

Heat 28 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Aly Moh. Khaled Aly Moh. | 17 | GEZIR | 36.11 | _____ |
| 2 | Eyad Ahmad Kamel Gahlan | 16 | SMOHA | 36.06 | _____ |
| 3 | Abdel Wahab Ahmed Mosta | 15 | Elethad | 36.00 | _____ |
| 4 | Youssef Mohamed Fathy M | 17 | SMOHA | 35.93 | _____ |
| 5 | Adham Ashraf Shawky Moh | 17 | ZMALK | 35.91 | _____ |
| 6 | Omar Hani Elsaid | 15 | SMOHA | 35.92 | _____ |
| 7 | Amr Khaled Abraham | 17 | Police Club | 35.95 | _____ |
| 8 | Zayed Alhassan Fouad | 16 | Tlaea El Ostol | 36.02 | _____ |
| 9 | Fares Ahmed Abdellatif | 15 | Elethad | 36.07 | _____ |
| 10 | Yassin Mohamed Hassan | 17 | Elethad | 36.17 | _____ |

Heat 29 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Youssef Ahmed Elsayed | 19 | Elethad | 35.79 | _____ |
| 2 | Yassin Hassan Hosny Ahme | 16 | Elethad | 35.74 | _____ |
| 3 | Omar Khaled Esmail Ramd | 17 | GHABA | 35.64 | _____ |
| 4 | Omar Isalm Ahmed Abdelgl | 15 | Bank Ahly Alex | 35.62 | _____ |
| 5 | Mohamed Hesham Mohame | 15 | SHAMS | 35.58 | _____ |
| 6 | Abd Elrahman Ahmed Abd | 17 | ZOHUR | 35.60 | _____ |
| 7 | Seif el Dean Adel Easa | 15 | A S E C | 35.63 | _____ |
| 8 | Mohamed Ahmed Nabil Mo | 15 | Gezira El Ward | 35.73 | _____ |
| 9 | Mohamed Yasser Mohamed | 17 | SMOHA | 35.78 | _____ |
| 10 | Mohamed Ahmed Abd El H | 15 | DEGLA | 35.84 | _____ |

Heat 30 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Moamen Sedke Nawar | 15 | Damnhor Sport | 35.53 | _____ |
| 2 | Ahmed Sameh Eldahby | 17 | Elethad | 35.47 | _____ |
| 3 | Yassien Ahmed Ahmed Ash | 17 | SMOHA | 35.43 | _____ |
| 4 | Omar Eslam Abdelfatah Ha | 15 | Gezira El Ward | 35.39 | _____ |
| 5 | Omar Mohamed Ahmed | 15 | DEGLA | 35.32 | _____ |
| 6 | Sief Amr Elsharqawy | 17 | SMOHA | 35.38 | _____ |
| 7 | Adam Sameh Mohamed Ka | 15 | Bank Ahly Alex | 35.41 | _____ |
| 8 | Omar Mohamad Ahmad Ko | 16 | SMOHA | 35.44 | _____ |
| 9 | Habib Yahya Mohamed | 19 | SHOOT | 35.52 | _____ |
| 10 | Ibrahim Ayman Mohamed | 15 | Elethad | 35.58 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 31 Finals (#59 Men 15 & Over 50 LC Meter Breaststroke)

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Omar Hossam abd Elmonen | 15 | TRSAN | 35.29 | _____ |
| 2 | Mohamed Ibrahim Mohame | 20 | Elec | 35.23 | _____ |
| 3 | Zeyad Ali Kassem Elsaed | 16 | Bank Ahly Alex | 35.21 | _____ |
| 4 | Omar Zeyad Mohamed | 17 | Sporting | 35.18 | _____ |
| 5 | Yousfe Mahmud Mohamed | 17 | SHOOT | 35.06 | _____ |
| 6 | Eyad Abdelrahem Bayo | 16 | Zahraa Helwan | 35.12 | _____ |
| 7 | Ahmed Emad Samir Hassan | 19 | HELDO | 35.19 | _____ |
| 8 | Ezz Eldein Haytham Ezz El | 15 | SMOHA | 35.21 | _____ |
| 9 | Mohamed Nader Mohamed | 16 | A S E C | 35.24 | _____ |
| 10 | Esmael Mohamed Esmael | 17 | TANTA | 35.30 | _____ |

Heat 32 of 49 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | Fares Ahmed Ameen Aly Al | 18 | 6 OCT | 35.04 | _____ |
| 2 | Anas Mohamed Nabil | 15 | DEGLA | 34.97 | _____ |
| 3 | Marwan Ehab Abdelkader | 18 | ZMALK | 34.84 | _____ |
| 4 | Mohamed Hamam | 16 | Baladyat El Maha | 34.76 | _____ |
| 5 | AbdelRahman Mohamed Sa | 19 | El Obour | 34.66 | _____ |
| 6 | Omar Ahmed El Bostany | 15 | SHOOT | 34.72 | _____ |
| 7 | Eyad Hazem Mohamed Nen | 15 | MRAC | 34.78 | _____ |
| 8 | Mohamed Essam Mahmoud | 15 | DEGLA | 34.94 | _____ |
| 9 | Fares Yaser Shawky | 16 | DEGLA | 34.98 | _____ |
| 10 | Abdelrhman Mohamed Ahr | 16 | DEGLA | 35.05 | _____ |

Heat 33 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Yehia Hisham Yehia Abdela | 17 | SMOHA | 34.61 | _____ |
| 2 | Youssef Ahmed Hassan | 17 | Elethad | 34.52 | _____ |
| 3 | Ahmed Hatem Hosny | 18 | DEGLA | 34.48 | _____ |
| 4 | Ahmed Mohamed Ibrahim M | 15 | Bank Ahly Alex | 34.44 | _____ |
| 5 | Omar Shalby Mohamed | 15 | SHAMS | 34.43 | _____ |
| 6 | Karim Gamal Abd Elsalam | 17 | SHOOT | 34.43 | _____ |
| 7 | Zein Tallal | 15 | Sporting | 34.45 | _____ |
| 8 | Hassan Elzaafarany | 15 | Sporting | 34.50 | _____ |
| 9 | Mohamed Ayman Mohamed | 15 | Bank Ahly Alex | 34.53 | _____ |
| 10 | Ahmed Waild Mohamed | 17 | A S E C | 34.62 | _____ |

Heat 34 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Ahmed Atef Mohamed Fekr | 18 | Olympic | 34.40 | _____ |
| 2 | Ahmed Mohamed Fathy Ha | 15 | Bank Ahly Alex | 34.35 | _____ |
| 3 | Yasen Ahm. Abd ElHay Soi | 18 | GEZIR | 34.32 | _____ |
| 4 | Nabil Ahmed Nabil Elharas | 16 | TANTA | 34.29 | _____ |
| 5 | Mohamed Hussein El-Alfy | 15 | New Giza | 34.27 | _____ |
| 6 | abd Elrahman Mohamed Eb | 16 | TANTA | 34.28 | _____ |
| 7 | Mahmoud Mohamed Fayek | 16 | 6 OCT | 34.32 | _____ |
| 8 | Ahmed Deya Elden Anwar | 16 | TANTA | 34.34 | _____ |
| 9 | Ahmed Sameh Adel | 19 | Cairo | 34.40 | _____ |
| 10 | Adham Mohamed abd Aziz | 17 | Nasr City | 34.42 | _____ |

Heat 35 of 49 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Yasen Ahmad gad | 15 | HELOP | 34.24 | _____ |
| 2 | Mohamed Reda Mahmoed | 16 | BNK.G | 34.22 | _____ |
| 3 | Mahmoud Ahmed Abdelmo | 15 | A S E C | 34.14 | _____ |
| 4 | Youssef Ahmed El_Sisi | 16 | Sporting | 34.11 | _____ |
| 5 | Yehya Tamer Gamaal Eldee | 16 | SMOHA | 34.09 | _____ |
| 6 | Abdel Rahman Mohamed M | 19 | El Obour | 34.09 | _____ |
| 7 | Yassin Hossam Elden Metw | 17 | ZOHUR | 34.13 | _____ |
| 8 | Mohamed Hussien Mohame | 18 | SMOHA | 34.17 | _____ |
| 9 | Yehia Ahmed Abbas Abou | 17 | GHABA | 34.23 | _____ |
| 10 | Ahmed Mohamed Zohdy | 16 | HLWAN | 34.26 | _____ |

Heat 36 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Youssef Ahmed Ragab | 15 | RWAD | 34.03 | _____ |
| 2 | Adam Karem Ahmed Moha | 17 | Bank Ahly Alex | 34.01 | _____ |
| 3 | Abdallah Mahmoud Yassin | 16 | EALAM | 33.99 | _____ |
| 4 | Hassan Ibrahim Arafa | 16 | RWAD | 33.95 | _____ |
| 5 | Yousef Mohamed Salah | 18 | A S E C | 33.90 | _____ |
| 6 | Mohmed Mostafa Moktar | 16 | Cairo | 33.91 | _____ |
| 7 | Yousif Wael Hamed Elsaïd | 20 | SMOHA | 33.98 | _____ |
| 8 | Yassin Waled Ezzat | 15 | DEGLA | 34.01 | _____ |
| 9 | Youseif Mohamed Abdelsall | 15 | ZMALK | 34.02 | _____ |
| 10 | Mohamed Afifi Mohamed | 16 | DEGLA | 34.08 | _____ |

Heat 37 of 49 Finals

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Belal Mohamed Fouad Ram | 16 | Olympic | 33.88 | _____ |
| 2 | abd Elrahman Ramadan | 17 | TALBE | 33.84 | _____ |
| 3 | Marwan Mourad Mohamed | 19 | Sporting | 33.77 | _____ |
| 4 | Youssef Zaki | 15 | Sporting | 33.74 | _____ |
| 5 | Sief Ahmed Farouk | 16 | ZOHUR | 33.66 | _____ |
| 6 | Ahmed Mohamed Harby | 16 | Al Hawar | 33.73 | _____ |
| 7 | Karim Magdy Mohamed Or | 15 | ZMALK | 33.75 | _____ |
| 8 | Omar Mostafa Mohamed Or | 15 | Beni Suef Club | 33.83 | _____ |
| 9 | Mahmoud Mostafa Mohame | 15 | TANTA | 33.88 | _____ |
| 10 | Yehia Mohamed el Bawab | 16 | HELOP | 33.89 | _____ |

Heat 38 of 49 Finals

| | | | | | |
|----|--------------------------|----|------------------|-------|-------|
| 1 | Mohamed Magdy Abdo | 16 | Police Club | 33.60 | _____ |
| 2 | Mostafa Ahmed Abdelfatah | 15 | TANTA | 33.53 | _____ |
| 3 | Omar Mohamed Ezat Moha | 15 | Gezira El Ward | 33.47 | _____ |
| 4 | Ibrahim Diaa El Din | 16 | SHOOT | 33.39 | _____ |
| 5 | Yassin Ahmed Hussain Mag | 16 | GHABA | 33.29 | _____ |
| 6 | Mohanad Desoky Mohamed | 21 | Minia Sport Clup | 33.35 | _____ |
| 7 | Adham Maged Mohamed | 18 | HLWAN | 33.39 | _____ |
| 8 | Yousif Gaseer Migahed | 17 | ZMALK | 33.52 | _____ |
| 9 | Mohamed Ahmed Bahy Eld | 16 | TRSAN | 33.57 | _____ |
| 10 | Mohamed Moursy Abdelsat | 18 | Olympic | 33.63 | _____ |

Heat 39 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Mohamed Wael Ahmed | 18 | AHLY | 33.29 | _____ |
| 2 | Malek Khaled Mahmoud Al | 17 | Bank Ahly Alex | 33.25 | _____ |
| 3 | Marwan Mohamed Elsaïd | 16 | Stad Mansoura | 33.17 | _____ |
| 4 | Ibrahem Moustafa Kamal Ib | 15 | ZMALK | 33.14 | _____ |
| 5 | Ehab Ashraf Ebrahim esa | 16 | TANTA | 33.09 | _____ |
| 6 | Seif Mohamed Nabil | 16 | DEGLA | 33.12 | _____ |
| 7 | Marwan Khaleid Abdallah | 15 | ZMALK | 33.15 | _____ |
| 8 | Omar Ahmed Emad | 16 | SHOOT | 33.21 | _____ |
| 9 | Loaay Mohamed abd Raboh | 17 | Elethad | 33.27 | _____ |
| 10 | Fares Ahmed Refaat Abdel | 15 | SHOOT | 33.29 | _____ |

Heat 40 of 49 Finals

| | | | | | |
|----|--------------------------|----|-------------|-------|-------|
| 1 | Abd Elrahman Tamer M Ab | 17 | NASR | 32.99 | _____ |
| 2 | Omar Mohamed Nasr | 17 | SHRKS | 32.98 | _____ |
| 3 | Omar Mohamed Omar Sofy | 17 | SHOOT | 32.90 | _____ |
| 4 | Abdelrahman Ayman Sayed | 21 | Fayoum Club | 32.79 | _____ |
| 5 | Ebrahim Mohamed Hamdy | 17 | TANTA | 32.75 | _____ |
| 6 | Youssef Amr Moustafa Han | 18 | HELDO | 32.78 | _____ |
| 7 | Ammar Yasser Farahat | 15 | MAADI | 32.83 | _____ |
| 8 | Omar Mohamed Abdel Azer | 16 | Al Hawar | 32.95 | _____ |
| 9 | Adham Mostafa Abdulla | 16 | Elethad | 32.99 | _____ |
| 10 | Omar Tarek Saleh | 17 | Sporting | 33.05 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 41 Finals (#59 Men 15 & Over 50 LC Meter Breaststroke)

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Ali Ahmed Abd el Monem C | 19 | SHAMS | 32.69 | _____ |
| 2 | Ahmed Mahmoud Ahmed A | 16 | TRSAN | 32.61 | _____ |
| 3 | Yehia SeifEL din EL Margh | 19 | SHAMS | 32.47 | _____ |
| 4 | Selim Ihab Ghali | 19 | DEGLA | 32.42 | _____ |
| 5 | Mohamed Atef Fekry | 23 | Olympic | 32.40 | _____ |
| 6 | Essa Shref Abd EL Monem | 16 | HELOP | 32.40 | _____ |
| 7 | Omar Tamer Said AbdElaziz | 19 | SMOHA | 32.44 | _____ |
| 8 | Mazen Mohamed Adel | 19 | Elethead | 32.50 | _____ |
| 9 | Mohamed Amr Mousa | 15 | DEGLA | 32.63 | _____ |
| 10 | Yousef Maged Mohamed | 17 | RWAD | 32.71 | _____ |

Heat 42 of 49 Finals

| | | | | | |
|----|-----------------------------|----|--------------|-------|-------|
| 1 | Moaz Mohamed Sayed Sol | 17 | AHLY | 32.35 | _____ |
| 2 | Ziyad Walid Nabiil | 19 | Sporting | 32.33 | _____ |
| 3 | Ahmed Wael Ibrahim Desou | 20 | TWFIK | 32.27 | _____ |
| 4 | Moamen Amr Mohamad Ha | 16 | SMOHA | 32.19 | _____ |
| 5 | Khaled Waleed Adel | 15 | DEGLA | 32.13 | _____ |
| 6 | Yousef Mahmoud Mohamec | 18 | SHAMS | 32.14 | _____ |
| 7 | Mazen Saied Gaber Ali | 18 | SMOHA | 32.25 | _____ |
| 8 | Omar Hany Fathy | 16 | A S E C | 32.30 | _____ |
| 9 | Saif Eldin Omar Abdel Latif | 16 | Pegasus Club | 32.35 | _____ |
| 10 | Ali Shref Ali Abdelkader | 17 | SMOHA | 32.38 | _____ |

Heat 43 of 49 Finals

| | | | | | |
|----|---------------------------|----|-------|-------|-------|
| 1 | Ammar Mohamed Mohame | 17 | MAY15 | 32.07 | _____ |
| 2 | Fadi Wael Gerges | 18 | REHAB | 31.99 | _____ |
| 3 | Karim Osama Ibrahim Abd | 17 | MAADI | 31.96 | _____ |
| 4 | Hamza Ahmed Morsi Morsi | 18 | 6 OCT | 31.89 | _____ |
| 5 | Mrawan amr Mostafa abd el | 19 | TRSAN | 31.74 | _____ |
| 6 | Mohmed Adham Mohmed T | 18 | 6 OCT | 31.82 | _____ |
| 7 | Yassin Mostafa Mohamed | 15 | AHLY | 31.94 | _____ |
| 8 | Adam Hossamaldin Abdalla | 18 | ZMALK | 31.99 | _____ |
| 9 | Nour Ahmed Elhassany | 17 | ZOHUR | 32.06 | _____ |
| 10 | Yasin Mohamed Abu Raya | 19 | TANTA | 32.09 | _____ |

Heat 44 of 49 Finals

| | | | | | |
|----|---------------------------|----|------------------|-------|-------|
| 1 | Kamal El Din Mokhtar | 20 | DEGLA | 31.66 | _____ |
| 2 | Omar Hazem | 19 | ZMALK | 31.62 | _____ |
| 3 | Abdalla Gasser Abdellatif | 19 | AHLY | 31.61 | _____ |
| 4 | Morad Yaser Hafez | 21 | DEGLA | 31.52 | _____ |
| 5 | Eazz El Din Mohamed Khai | 19 | Sporting | 31.51 | _____ |
| 6 | Adham Elsayed Ali | 17 | DEGLA | 31.51 | _____ |
| 7 | Youssef Mohamed Soliman | 19 | DEGLA | 31.58 | _____ |
| 8 | Tarek Loay Mohamed | 15 | HELOP | 31.62 | _____ |
| 9 | Mazen Majed Mahmoud | 16 | HADAK | 31.65 | _____ |
| 10 | Keven Sameh Adly | 19 | Minia Sport Clup | 31.71 | _____ |

Heat 45 of 49 Finals

| | | | | | |
|----|------------------------------|----|---------|-------|-------|
| 1 | Ziad Ahamed Ragab Abd el | 18 | SHOOT | 31.45 | _____ |
| 2 | Zad Ahmed Mohamed Asra | 16 | DEGLA | 31.38 | _____ |
| 3 | Yousef Yasser ali Abdelhalir | 18 | Olympic | 31.38 | _____ |
| 4 | Ibrahim Yasser Farahat Abd | 18 | MAADI | 31.37 | _____ |
| 5 | Amr Mostafa Kodb | 21 | SMOHA | 31.24 | _____ |
| 6 | Omar Mohamed Yehia | 17 | DEGLA | 31.33 | _____ |
| 7 | Kamal Mohamed Kamal | 16 | AHLY | 31.38 | _____ |
| 8 | Mohamed Mostafa Omar | 17 | GHABA | 31.38 | _____ |
| 9 | Mostafa Moh. Ahm. Moh. M | 18 | GEZIR | 31.41 | _____ |
| 10 | Yassien Yasser Hassan | 17 | SMOHA | 31.49 | _____ |

Heat 46 of 49 Finals

| | | | | | |
|----|---------------------------|----|-----------|-------|-------|
| 1 | Khaled Hammad Mohamed | 20 | DEGLA | 31.15 | _____ |
| 2 | Karim Mohamed El Gharab | 19 | ZOHUR | 31.06 | _____ |
| 3 | Hamza Ahmed Darwish | 18 | DEGLA | 31.00 | _____ |
| 4 | Mahmoud Tamer Mahmoud | 18 | DEGLA | 30.93 | _____ |
| 5 | NourEldin Nasr Wahba | 19 | SMOHA | 30.85 | _____ |
| 6 | Abdel Rahman Ahmed Ali | 18 | DEGLA | 30.91 | _____ |
| 7 | Abdelfattah Ahmed Youssef | 17 | Olympic | 30.95 | _____ |
| 8 | Hazem Hossam Nady | 16 | DEGLA | 31.03 | _____ |
| 9 | Hani Mohammed Atwan | 17 | El Temsah | 31.13 | _____ |
| 10 | Mohamed Mourad Mohame | 22 | Sporting | 31.22 | _____ |

Heat 47 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Mohamed Amr Hussein | 18 | DEGLA | 30.76 | _____ |
| 2 | Yousef Mahmoud Sayed | 17 | MRAC | 30.74 | _____ |
| 3 | Darren Dimitrios Chin | 19 | Sporting | 30.70 | _____ |
| 4 | Mazen Ismail Mohamed Isr | 20 | MAADI | 30.66 | _____ |
| 5 | Karem Mohamed Atia Ehsa | 17 | HELOP | 30.65 | _____ |
| 6 | Mostafa Mohamed Mohame | 16 | Gezira El Ward | 30.66 | _____ |
| 7 | Saif ELDIn Sameh A.Elmoac | 21 | DEGLA | 30.70 | _____ |
| 8 | Ahmed Tamer Farouk Abd e | 17 | SHAMS | 30.74 | _____ |
| 9 | Youssef Tamer Mohamed H | 19 | DEGLA | 30.75 | _____ |
| 10 | Amr Hany Mahmoud Ahme | 18 | AHLY | 30.79 | _____ |

Heat 48 of 49 Finals

| | | | | | |
|----|--------------------------|----|---------------|-------|-------|
| 1 | Mohamed Walid Hassan | 18 | Sporting | 30.41 | _____ |
| 2 | Omar Mohamed Taha Radw | 24 | SMOHA | 30.31 | _____ |
| 3 | Karim Hisham Safwat | 17 | el Shark Club | 30.24 | _____ |
| 4 | Hamza Mohamed Hassan M | 16 | HELOP | 30.08 | _____ |
| 5 | Marwan Mohamed Bakry M | 18 | Olympic | 29.71 | _____ |
| 6 | Mahmoud Ahmed Eltablawy | 18 | ZOHUR | 29.94 | _____ |
| 7 | Mohamed Ashraf Abdel Hay | 23 | AHLY | 30.24 | _____ |
| 8 | Omar Talal Ragab | 18 | Sporting | 30.29 | _____ |
| 9 | Hanna Refaat Hanna Awada | 18 | HELDO | 30.36 | _____ |
| 10 | Mahmoud Mohamed Mohar | 17 | Al Hawar | 30.43 | _____ |

Heat 49 of 49 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Seif Mohamed Mehrez | 23 | ZOHUR | 29.57 | _____ |
| 2 | Gamal Metwaly Gamal Mol | 21 | ZOHUR | 29.49 | _____ |
| 3 | Abdelrahman Ashraf Abdel | 20 | AHLY | 29.39 | _____ |
| 4 | Saif Ahmed abd Elmoniem l | 21 | SHAMS | 29.02 | _____ |
| 5 | Mohamed Housam Ibrahim | 28 | AHLY | 28.13 | _____ |
| 6 | Ahmad Hany Ahmad | 18 | HELOP | 28.87 | _____ |
| 7 | Mohamed Mashhour Yehia | 19 | AHLY | 29.37 | _____ |
| 8 | Mohand Tarik Mohamed Al | 24 | SMOHA | 29.42 | _____ |
| 9 | Mohaned LiwaaEldin Ali | 19 | SMOHA | 29.55 | _____ |
| 10 | Daly Dimitrios Chin | 27 | Sporting | 29.63 | _____ |

Event 60 Women 15 & Over 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|--------------------------|-----|---------|-----------|
| Heat 1 of 13 Finals | | | | |
| 4 | Salma Sherief Mohamed M | 16 | Olympic | NT |
| 5 | Shahira Ebrahim Aboelham | 15 | Y.M.C.A | NT |
| 6 | Kenzy Mohamed el Sebaey | 18 | Cairo | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 2 Finals (#60 Women 15 & Over 200 LC Meter Backstroke)

| | | | | | |
|----|----------------------------|----|-----------------|----|-------|
| 1 | Hlla Khaled Diab | 17 | AHLY | NT | _____ |
| 2 | Nadin Motaz Mohamed | 16 | MRAC | NT | _____ |
| 3 | Nouran Amr Elsayed Abdel | 15 | Olympic | NT | _____ |
| 4 | Na'eela Wael Elagroudy | 17 | Sporting | NT | _____ |
| 5 | Salsabil Samer Abdalla Sha | 19 | Y.M.C.A | NT | _____ |
| 6 | Malak Walid Mohamed | 16 | Marina Sporting | NT | _____ |
| 7 | Gamila Ahmed Mohamed E | 15 | MRAC | NT | _____ |
| 8 | Reta Khalil Fawzy | 15 | A S E C | NT | _____ |
| 9 | Logien Ahmed Elsherif | 17 | SHOOT | NT | _____ |
| 10 | Hala Walid Abbas Abdelgav | 16 | Olympic | NT | _____ |

Heat 3 of 13 Finals

| | | | | | |
|----|--------------------------|----|----------|----|-------|
| 1 | Joudy Wael Ahmed | 15 | 6 OCT | NT | _____ |
| 2 | Fatma Kamil Mohamed | 16 | ZMALK | NT | _____ |
| 3 | Raghd Mohamed Elsaid Mo | 19 | SMOHA | NT | _____ |
| 4 | Joudy Mohamed Aly | 19 | Sporting | NT | _____ |
| 5 | Malak Ahmed Ibrahim Kanc | 15 | SHAMS | NT | _____ |
| 6 | Sama Mohamed Helmy | 18 | Elethad | NT | _____ |
| 7 | Kenzy Mostafa Hashad | 19 | AHLY | NT | _____ |
| 8 | Jana Wael Mohamed | 17 | HLWAN | NT | _____ |
| 9 | Klara Alfred Sabr | 19 | ZMALK | NT | _____ |
| 10 | Kenzy Wael Foud Ramadan | 16 | SMOHA | NT | _____ |

Heat 4 of 13 Finals

| | | | | | |
|----|----------------------------|----|-----------------|---------|-------|
| 1 | Taleen Monzer Mohamed A | 16 | MRAC | NT | _____ |
| 2 | Hana Tarek Yehia | 17 | AHLY | NT | _____ |
| 3 | Jihan Hassan Hamdy | 15 | Marina Sporting | NT | _____ |
| 4 | Lara Haitham Mohamed Mc | 15 | MAADI | NT | _____ |
| 5 | Aisel Mostafa Anwar | 19 | AHLY | 3:13.00 | _____ |
| 6 | Mariam Ahmed Hassan | 17 | ZOHUR | 3:16.09 | _____ |
| 7 | Salma Mohamed Ibrahim Al | 15 | Stad Mansoura | NT | _____ |
| 8 | Habiba Essam Wahba | 15 | Sporting | NT | _____ |
| 9 | Lenda Wael Emam | 15 | El Obour | NT | _____ |
| 10 | Jana Waleed abd Elrazek Ga | 17 | DEGLA | NT | _____ |

Heat 5 of 13 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Mariam Alaa Abd Elslam | 15 | SHOOT | 3:10.06 | _____ |
| 2 | Salwa Tamer Awaad | 15 | TALBE | 3:05.14 | _____ |
| 3 | Mennatallah Amr Abd El W | 15 | A S E C | 3:03.49 | _____ |
| 4 | Nour Hossam Mohamed | 15 | Y.M.C.A | 3:02.63 | _____ |
| 5 | Rahma Emad Adli | 15 | El Obour | 3:01.30 | _____ |
| 6 | Shahd Ahmed Fouad | 17 | ZMALK | 3:02.20 | _____ |
| 7 | Nour Mohamed Abd El Had | 19 | Sporting | 3:02.71 | _____ |
| 8 | Jody Melad Sawiris | 17 | TRSAN | 3:04.07 | _____ |
| 9 | Logian Hossam Mohamed | 15 | El Obour | 3:06.10 | _____ |
| 10 | Khadija Ahmed Adel | 15 | SHOOT | 3:10.97 | _____ |

Heat 6 of 13 Finals

| | | | | | |
|----|----------------------------|----|-----------------|---------|-------|
| 1 | Gody Ayman Mohamed Fatl | 16 | MRAC | 3:00.76 | _____ |
| 2 | Maya Ali Ahmed | 16 | Elethad | 3:00.00 | _____ |
| 3 | Retal Mohamed Khamis | 16 | Sporting | 2:56.26 | _____ |
| 4 | Nor Ahmed Ali Abdel Khale | 15 | SHOOT | 2:55.17 | _____ |
| 5 | Malak Yasser Abdellatif | 16 | Sporting | 2:55.05 | _____ |
| 6 | nor Abdel Baky Galal Abdel | 15 | Al Hawar | 2:55.13 | _____ |
| 7 | Yasamina Aslam Subhaa | 19 | Nasr City | 2:56.12 | _____ |
| 8 | Farida amr Mohamed Farg | 17 | SHOOT | 2:56.59 | _____ |
| 9 | Karen Samir Fawzy | 17 | Marina Sporting | 3:00.69 | _____ |
| 10 | Malak Ashraf Abdo | 15 | EALAM | 3:01.11 | _____ |

Heat 7 of 13 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Hallaa Tamer Hanfaa | 15 | Bitash | 2:53.13 | _____ |
| 2 | Marleen Maikle Safwat | 15 | RWAD | 2:51.91 | _____ |
| 3 | Lamar Ahmed Mohamed | 17 | Elethad | 2:51.03 | _____ |
| 4 | Sandra Emad Onsy | 16 | RWAD | 2:50.55 | _____ |
| 5 | Zeina amr Mohammed | 16 | TALBE | 2:49.78 | _____ |
| 6 | Salma Mostafa Kamel Abou | 16 | Elethad | 2:50.12 | _____ |
| 7 | Hana Ali Zain Alabdeen | 15 | Police Club | 2:50.81 | _____ |
| 8 | Goumana aly Abdelgafar | 15 | ZMALK | 2:51.21 | _____ |
| 9 | Fatma Amr Aly | 15 | SHOOT | 2:52.92 | _____ |
| 10 | Nawal Abd El-Hamid El-Ki | 16 | New Giza | 2:54.16 | _____ |

Heat 8 of 13 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Sara Siwisy Mohamed Abas | 15 | Bank Ahly Alex | 2:49.62 | _____ |
| 2 | Retag Galal Ibrahim | 15 | DEGLA | 2:48.58 | _____ |
| 3 | Jana Khaled El Sayed | 16 | DEGLA | 2:48.45 | _____ |
| 4 | Noureen Raaouf Ahmad | 15 | SMOHA | 2:48.18 | _____ |
| 5 | Emy Yaser Abd Elatef | 15 | Y.M.C.A | 2:47.39 | _____ |
| 6 | Lougain amr Saeid | 15 | ZMALK | 2:47.66 | _____ |
| 7 | Tamara Mohamed Abd Elka | 15 | HELOP | 2:48.20 | _____ |
| 8 | Farida Ahmed Mohamed At | 18 | Olympic | 2:48.51 | _____ |
| 9 | Mariam Ebrahim Mohamed | 16 | HELOP | 2:49.50 | _____ |
| 10 | Zeina Sherif Ahmed | 15 | DEGLA | 2:49.78 | _____ |

Heat 9 of 13 Finals

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Farida Amr Tarek Zaied | 16 | ZOHUR | 2:46.92 | _____ |
| 2 | Fagr Sherif Kamel | 17 | DEGLA | 2:46.04 | _____ |
| 3 | Zeina Wael Abdel Aziz | 15 | SHOOT | 2:45.23 | _____ |
| 4 | Malak Mohamed Mahmoud | 15 | DEGLA | 2:45.11 | _____ |
| 5 | Hana Abdo Eid El Demerda | 15 | DEGLA | 2:44.01 | _____ |
| 6 | Khadega Mohamed Ibrahim | 15 | DEGLA | 2:44.03 | _____ |
| 7 | Malak Mohamed Hassan | 16 | ZMALK | 2:45.17 | _____ |
| 8 | Mayar Ashraf al Sayed | 15 | M.S Tagamoa | 2:45.86 | _____ |
| 9 | Haneen Tamer Ahmed | 17 | DEGLA | 2:46.14 | _____ |
| 10 | Ashraqt Hisham Ibrahim | 15 | ZMALK | 2:46.93 | _____ |

Heat 10 of 13 Finals

| | | | | | |
|----|-----------------------------|----|----------------|---------|-------|
| 1 | Farida Waleed Fathy | 15 | SHOOT | 2:43.61 | _____ |
| 2 | Reem Ahmed Elsayed | 17 | Tlaea El Ostol | 2:42.96 | _____ |
| 3 | Mariam Ghanim | 15 | Damnhor Sport | 2:42.58 | _____ |
| 4 | Lara Essam Nabil | 15 | SMOHA | 2:41.65 | _____ |
| 5 | Habeba Mohamed Saleh MF | 17 | 6 OCT | 2:41.51 | _____ |
| 6 | Shahd Sameh Safouat Shaat | 20 | HELDO | 2:41.53 | _____ |
| 7 | Gana Wael Youssef Mahmo | 18 | DEGLA | 2:41.74 | _____ |
| 8 | Salma Mohamed Essam Abc | 17 | City Club | 2:42.71 | _____ |
| 9 | Rawan Yahia | 16 | ZMALK | 2:43.02 | _____ |
| 10 | Farida Haitham Nabil Ali Zc | 18 | SMOHA | 2:43.83 | _____ |

Heat 11 of 13 Finals

| | | | | | |
|----|-------------------------|----|---------------|---------|-------|
| 1 | Habiba Elamier Fiesl | 15 | SHAMS | 2:40.69 | _____ |
| 2 | Logain Ahmed Hamdy | 16 | HADAK | 2:40.17 | _____ |
| 3 | Farida Ahmed Hussien | 15 | SMOHA | 2:38.85 | _____ |
| 4 | Goudy Mohamed Fahim | 16 | AHLY | 2:38.18 | _____ |
| 5 | Salma Mohamed Ezzat Moh | 17 | DEGLA | 2:37.39 | _____ |
| 6 | Amina Alaa Elhamouly | 17 | Sporting | 2:37.96 | _____ |
| 7 | Hana Ekhaa Walaa Zaki | 15 | SMOHA | 2:38.42 | _____ |
| 8 | Louloua Modather Hassan | 15 | DEGLA | 2:39.50 | _____ |
| 9 | Habiba Shady Mohamed | 16 | DEGLA | 2:40.24 | _____ |
| 10 | Maryam Ahmed Mohammed | 15 | Zahraa Helwan | 2:40.92 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 12 Finals (#60 Women 15 & Over 200 LC Meter Backstroke)

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Hala Osama Fatehy | 15 | Pegasus Club | 2:37.17 | _____ |
| 2 | Retaal Mohamd Ghareeb | 15 | SMOHA | 2:36.83 | _____ |
| 3 | Kenzy Shadi Mohamed Elh | 16 | Stad Mansoura | 2:35.05 | _____ |
| 4 | Malak Mokhtar Mohamed | 18 | DEGLA | 2:33.97 | _____ |
| 5 | Farida Sherif Ahmed Taha | 17 | SHOOT | 2:32.78 | _____ |
| 6 | Marem Ahmad Abdelgafar / | 16 | SMOHA | 2:33.12 | _____ |
| 7 | Logain Amir Mohamed Elsa | 15 | Elethad | 2:34.43 | _____ |
| 8 | Mariem Hossam Elden Hass | 16 | Cairo | 2:35.24 | _____ |
| 9 | Yara Ahmad Nageb Ahmad. | 16 | SMOHA | 2:36.95 | _____ |
| 10 | Jana Wael Ahmed | 15 | 6 OCT | 2:37.26 | _____ |

Heat 13 of 13 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Rokan Tamer Ismail | 16 | SHOOT | 2:31.11 | _____ |
| 2 | Maya Kamal Mohamed Mh | 18 | SMOHA | 2:30.69 | _____ |
| 3 | Shimaa Mohamed Hussien | 18 | TALBE | 2:28.75 | _____ |
| 4 | Salma Ahmed Elsaid | 16 | Gezira El Ward | 2:27.56 | _____ |
| 5 | hla Mohamed Nanoush | 17 | TANTA | 2:25.77 | _____ |
| 6 | Farida Amr Mohamed Abd l | 19 | SHOOT | 2:25.85 | _____ |
| 7 | Jana Mohamed Omar Moha | 18 | SHAMS | 2:27.64 | _____ |
| 8 | Malak Waled Essam Shaban | 20 | SMOHA | 2:29.70 | _____ |
| 9 | Login Hazem Samir | 16 | Nasr City | 2:30.97 | _____ |
| 10 | Mariem Mohamed Emad Fa | 19 | MAADI | 2:31.84 | _____ |

Event 61 Men 15 & Over 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 22 Finals

| | | | | | |
|----|--------------------------|----|-----------|----|-------|
| 1 | Eyad Mahmoud Mohamed / | 15 | DEGLA | NT | _____ |
| 2 | Souhaib Mohamed Fathy M | 16 | Olympic | NT | _____ |
| 3 | Malek Emad El Din Hamdy | 16 | Swim Home | NT | _____ |
| 4 | Omar Ehab Ahmed Ghoraba | 19 | A S E C | NT | _____ |
| 5 | aly Eldin Ahmed Mohamed | 17 | ZMALK | NT | _____ |
| 6 | Marawan Ahmed Mohamed | 15 | Bitash | NT | _____ |
| 7 | Zeyad Osama Ramdan | 16 | HADAK | NT | _____ |
| 8 | Eyad Ahmad Kamel Gahlan | 16 | SMOHA | NT | _____ |
| 9 | Belal Sheref Sery | 17 | TANTA | NT | _____ |
| 10 | Seif Eldien Islam Shaker | 19 | DEGLA | NT | _____ |

Heat 2 of 22 Finals

| | | | | | |
|----|--------------------------|----|---------|----|-------|
| 1 | Yasien Mohamed Fathy | 16 | ZMALK | NT | _____ |
| 2 | Hosen Abd Elmonaem El A: | 15 | HELOP | NT | _____ |
| 3 | Eyad Mohamed Yousry | 16 | DEGLA | NT | _____ |
| 4 | Yousif Mohamed Khalaf | 23 | SMOHA | NT | _____ |
| 5 | Ahmed Mohamed Ahmed E | 15 | Elethad | NT | _____ |
| 6 | Yassin Kariem Mohamed | 15 | DEGLA | NT | _____ |
| 7 | Mhmoud Tarik Ahmed Elge | 17 | SMOHA | NT | _____ |
| 8 | Omar Adel Abas | 23 | DEGLA | NT | _____ |
| 9 | Yassin Ali Mohamed Atef | 15 | DEGLA | NT | _____ |
| 10 | Hazem Mohamed Essam | 17 | A S E C | NT | _____ |

Heat 3 of 22 Finals

| | | | | | |
|----|----------------------------|----|-----------------|----|-------|
| 1 | Nadem Hany Abdellatef | 16 | Elethad | NT | _____ |
| 2 | Hussein Mohamed Hussein | 16 | DEGLA | NT | _____ |
| 3 | Ahmed Ashraf Elsayed | 15 | Swim Home | NT | _____ |
| 4 | Mostafa Mohamed Mostafa | 15 | TALBE | NT | _____ |
| 5 | Ahmed Hattem Ahmed | 19 | DEGLA | NT | _____ |
| 6 | Aley Yassen Aaref Ateya Ka | 17 | SHOOT | NT | _____ |
| 7 | Yassin Esam El Din | 20 | Sporting | NT | _____ |
| 8 | Omar Ahmed Elnabarwy | 15 | TANTA | NT | _____ |
| 9 | Adham Ashraf Mohamed Al | 15 | DEGLA | NT | _____ |
| 10 | Hady Hisham Mohamed | 16 | Marina Sporting | NT | _____ |

Heat 4 of 22 Finals

| | | | | | |
|----|---------------------------|----|------------|----|-------|
| 1 | Youssef Shams Elden Gaber | 16 | A S E C | NT | _____ |
| 2 | Abdelrahman Tark Moustafa | 15 | Bitash | NT | _____ |
| 3 | Moustafa Ahmed Mahmoud | 15 | Olympic | NT | _____ |
| 4 | Joun Samir Sameh | 15 | Club S | NT | _____ |
| 5 | abd el Monem Ahmed abd e | 19 | HELOP | NT | _____ |
| 6 | Abdelrahman Atef Said | 16 | Elethad | NT | _____ |
| 7 | Mohand Mohamed Abdel Sa | 16 | Luxor Club | NT | _____ |
| 8 | Abdelrahman Amr Mahmou | 15 | TALBE | NT | _____ |
| 9 | Kress Nader abd Elsaid | 17 | Cairo | NT | _____ |
| 10 | Ali Ahmed Saad | 19 | DEGLA | NT | _____ |

Heat 5 of 22 Finals

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Adam Mohamed El Sayed | 15 | Police Club | NT | _____ |
| 2 | Adham Bahr Yihya Saad | 15 | Bank Ahly Alex | NT | _____ |
| 3 | Abdelrahman Khaled Moha | 16 | HLWAN | 2:56.68 | _____ |
| 4 | Anas Essam Shaban | 15 | Y.M.C.A | 2:51.11 | _____ |
| 5 | Ziad Haitham Mohamed | 15 | Rio | 2:48.26 | _____ |
| 6 | Youssef Ahmed Saeed | 15 | A S E C | 2:49.83 | _____ |
| 7 | Nour Hossam Ahmed Salah | 17 | ZMALK | 2:52.61 | _____ |
| 8 | Ziad Wael Mohamed | 20 | ZMALK | 2:57.81 | _____ |
| 9 | Adam Ayman A.Aziz | 16 | DEGLA | NT | _____ |
| 10 | Mohamed Taha Abd El Rao | 19 | DEGLA | NT | _____ |

Heat 6 of 22 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Abdel Rahman Ahmed El_fi | 16 | Sporting | 2:47.94 | _____ |
| 2 | Mohanad Mohamed Anwar | 15 | TALBE | 2:46.93 | _____ |
| 3 | Mostafa Ahmed Mahmoud | 17 | TRSAN | 2:46.47 | _____ |
| 4 | Ebrahim Mohamed Nafea | 15 | Swim Home | 2:45.16 | _____ |
| 5 | Hossam Ashraf Ali | 15 | Elethad | 2:44.17 | _____ |
| 6 | Eyad Faisal Saad | 15 | ENPPI | 2:44.67 | _____ |
| 7 | Kamal Magdy Kamal Ahme | 16 | Elethad | 2:46.43 | _____ |
| 8 | Mahmoud Haitham Jameel | 15 | SHOOT | 2:46.93 | _____ |
| 9 | Youssef Ahmed Abdelaziz A | 16 | Olympic | 2:47.13 | _____ |
| 10 | Mathio Michael Email Tawf | 15 | Olympic Champion | 2:47.94 | _____ |

Heat 7 of 22 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Adam Yasser Shaker | 16 | New Giza | 2:43.36 | _____ |
| 2 | Abd Alla Amr Ali Ahmed | 16 | ZOHUR | 2:42.53 | _____ |
| 3 | Aly Mohamed Abd Elmotell | 15 | Y.M.C.A | 2:41.67 | _____ |
| 4 | Kerolos Sameh Fawzy | 15 | Y.M.C.A | 2:41.47 | _____ |
| 5 | Yasien Tamer Othman | 16 | ZMALK | 2:40.04 | _____ |
| 6 | Hamza Mohamed Mana3 | 15 | A S E C | 2:40.06 | _____ |
| 7 | Ahmed Ehab El Sayed Abd | 15 | DEGLA | 2:41.52 | _____ |
| 8 | Omar Sameh Mahmoud | 17 | Tlaea El Ostol | 2:41.67 | _____ |
| 9 | Ali Abdelrhman Ali | 15 | Elethad | 2:42.88 | _____ |
| 10 | Omar Salah Salah Ghonem | 16 | New Giza | 2:43.51 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 8 Finals (#61 Men 15 & Over 200 LC Meter Backstroke)

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Marwan Mohamed Moheb I | 15 | Olympic Champion | 2:39.22 | _____ |
| 2 | Mohamed Ibrahim Kotb | 15 | DEGLA | 2:39.00 | _____ |
| 3 | Adham Ahmed Hamam Abu | 15 | TANTA | 2:38.68 | _____ |
| 4 | Hamza Adel Mohamed | 15 | DEGLA | 2:38.00 | _____ |
| 5 | Hassan Hussein Mohamad F | 16 | SMOHA | 2:37.52 | _____ |
| 6 | Ali Ahmed Soliman Ali | 19 | RWAD | 2:37.89 | _____ |
| 7 | Sofyan Mohamed Ahmed | 15 | Wave | 2:38.07 | _____ |
| 8 | Mohamed Karim Mohamed | 16 | DEGLA | 2:38.72 | _____ |
| 9 | Badr Ali Ahmed | 19 | Elethead | 2:39.20 | _____ |
| 10 | Marwan Ahmed Reda | 19 | Marina Sporting | 2:39.30 | _____ |

Heat 9 of 22 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Omar Shref Ahmad | 15 | HELOP | 2:37.40 | _____ |
| 2 | Seif Jousef Anas | 15 | HELOP | 2:37.20 | _____ |
| 3 | Youssef Karam Ahmed Zan | 15 | ENPPI | 2:36.89 | _____ |
| 4 | Omar Tamer Mohamed Elta | 16 | Bank Ahly Alex | 2:36.39 | _____ |
| 5 | Omar Abdelaziz Mohamed | 15 | Elethead | 2:36.01 | _____ |
| 6 | Ahmed amr Saidabu Elfadle | 15 | TANTA | 2:36.20 | _____ |
| 7 | Yehia Ahmed Elsawy | 17 | GHABA | 2:36.57 | _____ |
| 8 | Noureldeen Mahmoud Moha | 15 | Bitash | 2:37.11 | _____ |
| 9 | Ibrahim Mahmoud Borhami | 15 | DEGLA | 2:37.32 | _____ |
| 10 | Yassin Haitham Hassan | 15 | DEGLA | 2:37.45 | _____ |

Heat 10 of 22 Finals

| | | | | | |
|----|---------------------------|----|-------|---------|-------|
| 1 | abd Elrahman Elsaied Foud | 15 | TALBE | 2:35.66 | _____ |
| 2 | Mohamed Waled Barakat | 16 | HELOP | 2:35.37 | _____ |
| 3 | Moaz Tamer Hassan Mohan | 16 | NASR | 2:35.18 | _____ |
| 4 | Adam Hatem Mohamed Mo | 15 | ZMALK | 2:34.88 | _____ |
| 5 | Ziad Hasham m. Mahfouz | 15 | TANTA | 2:34.72 | _____ |
| 6 | Adam Ahmed Hussein Ahm | 15 | ZMALK | 2:34.84 | _____ |
| 7 | Abdel Rahman Karim Ashra | 15 | GEZIR | 2:35.10 | _____ |
| 8 | Yassin Hazem Taher | 16 | MAY15 | 2:35.27 | _____ |
| 9 | Ahmed Mahmoud Eldabah | 15 | SMOHA | 2:35.39 | _____ |
| 10 | Mohamed Sameh Farouk | 15 | TALBE | 2:35.69 | _____ |

Heat 11 of 22 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Eyad Mohamed abd Elhame | 16 | TANTA | 2:34.40 | _____ |
| 2 | Isma'el Mohamed Isma'elm | 15 | RWAD | 2:33.58 | _____ |
| 3 | Farok Mohamed Fayk Alsh | 19 | 6 OCT | 2:33.49 | _____ |
| 4 | Mahmoud Hesham Fatouh | 15 | SMOHA | 2:33.31 | _____ |
| 5 | Omar Mohamed Abdelghafa | 17 | SMOHA | 2:32.80 | _____ |
| 6 | Omar Hashem Mohamed | 15 | Wave | 2:33.08 | _____ |
| 7 | Mohamed Sameh Mohamed | 15 | Olympic | 2:33.42 | _____ |
| 8 | Ahmed Ebrahim Elbaz | 15 | ENPPI | 2:33.49 | _____ |
| 9 | Yassen Amro Mohamed | 15 | Bitash | 2:33.77 | _____ |
| 10 | Abdelrhman Mohamed Abd | 15 | 6 OCT | 2:34.48 | _____ |

Heat 12 of 22 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Mohamed Ahmed Abdelaal | 15 | HLWAN | 2:32.52 | _____ |
| 2 | Yasin Mossa Moh. Faghr El | 16 | GEZIR | 2:32.04 | _____ |
| 3 | Eyad Tamer Abdelazeez | 15 | Zahraa Helwan | 2:31.62 | _____ |
| 4 | Abd Alla Karim Ashraf Ma | 19 | GEZIR | 2:30.38 | _____ |
| 5 | Omar Adel Saeid Hassan | 15 | ZMALK | 2:30.20 | _____ |
| 6 | Moustafa amr Abdelazem | 16 | HLWAN | 2:30.32 | _____ |
| 7 | Omar Ibrahim Mohamed | 15 | Tlaea El Ostol | 2:30.98 | _____ |
| 8 | Adam Mohamed Abdeldaye | 17 | Olympic | 2:31.73 | _____ |
| 9 | Mohamed Ahmed Ghazala | 15 | Damnhor Sport | 2:32.07 | _____ |
| 10 | Mohab Walid El Hussein | 15 | DEGLA | 2:32.58 | _____ |

Heat 13 of 22 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Hamza Walid Abdelaziz | 15 | Elethead | 2:29.42 | _____ |
| 2 | Youssef Galal Ezz | 16 | Elethead | 2:28.87 | _____ |
| 3 | Taha Saeed Mohamed Fathy | 16 | A S E C | 2:28.77 | _____ |
| 4 | Mazen Mohamed Ahmed Sa | 15 | 6 OCT | 2:28.69 | _____ |
| 5 | Moemen Ayman Ahmed | 16 | Al Hawar | 2:28.38 | _____ |
| 6 | Sohail Omar Mohamed Harl | 15 | SHAMS | 2:28.39 | _____ |
| 7 | Yassin Khaled Shrif Moham | 15 | Bank Ahly Alex | 2:28.75 | _____ |
| 8 | Ziad Hateem Foad | 17 | Elethead | 2:28.81 | _____ |
| 9 | Hazem Omar Mohamad Fat | 16 | SMOHA | 2:29.23 | _____ |
| 10 | Omar Mohamedm Hamza C | 19 | BNK.G | 2:29.90 | _____ |

Heat 14 of 22 Finals

| | | | | | |
|----|---------------------------|----|------------------|---------|-------|
| 1 | Eyad Mohamed Shokry Mol | 16 | 6 OCT | 2:28.07 | _____ |
| 2 | Karem Moatasem Mahmoud | 16 | DEGLA | 2:27.88 | _____ |
| 3 | Ibrahim Ahmed Zaki | 15 | SHOOT | 2:27.51 | _____ |
| 4 | Martin Emad Rizk | 18 | Y.M.C.A | 2:27.14 | _____ |
| 5 | Omar Mohamad Ali Ebrahe | 16 | SMOHA | 2:27.10 | _____ |
| 6 | Ahmed Moataz Ahmed Fath | 15 | SMOHA | 2:27.12 | _____ |
| 7 | Amar Ayman Taha Abo Nea | 15 | Olympic Champion | 2:27.50 | _____ |
| 8 | Yousef Reda Saad Elhefnaw | 17 | Stad Mansoura | 2:27.69 | _____ |
| 9 | Mazen Almansy | 16 | Baladyat El Maha | 2:27.99 | _____ |
| 10 | Yehya Mohamed Talaat | 15 | DEGLA | 2:28.30 | _____ |

Heat 15 of 22 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Yassin Mohamed Saleh Abd | 16 | Olympic | 2:26.55 | _____ |
| 2 | Omar Khaled Khamis | 19 | A S E C | 2:26.24 | _____ |
| 3 | Ahmed Abdel Rrhim | 15 | ZOHUR | 2:26.21 | _____ |
| 4 | omr Mohamed Hany Manso | 15 | AHLY | 2:25.73 | _____ |
| 5 | Omar Ayman Esmael Emam | 16 | 6 OCT | 2:25.72 | _____ |
| 6 | Youssef Wala Mohamed Tav | 17 | SMOHA | 2:25.72 | _____ |
| 7 | Mahmoud Haitham Mahmo | 16 | GHABA | 2:25.82 | _____ |
| 8 | Yassien Ahmed Hussien Wa | 16 | DEGLA | 2:26.22 | _____ |
| 9 | Mohab Wala Eldin Osama | 16 | TANTA | 2:26.35 | _____ |
| 10 | Hazem Ahmed Hamdy | 15 | HADAK | 2:26.88 | _____ |

Heat 16 of 22 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Mohamed Amr Elsayed Abd | 16 | Olympic | 2:24.47 | _____ |
| 2 | Mohamed Saeed Eleiraqy | 19 | ZMALK | 2:24.15 | _____ |
| 3 | Yassen Hussein Mohammed | 15 | Zahraa Helwan | 2:23.86 | _____ |
| 4 | Mohamed Wael Ibrahim De | 16 | TWFIK | 2:23.76 | _____ |
| 5 | Yasein Hossam aly | 17 | ZMALK | 2:23.65 | _____ |
| 6 | Eyad Mohamed Ahmed | 15 | AHLY | 2:23.72 | _____ |
| 7 | Moaz Eslam Kamal Eldeen | 16 | SMOHA | 2:23.78 | _____ |
| 8 | Ezz Eldin Omar Abdeiltif | 19 | Pegasus Club | 2:23.97 | _____ |
| 9 | Abelrahman Khaled Abdelr | 17 | Olympic | 2:24.27 | _____ |
| 10 | Omar Ahmed Mohamed Gal | 16 | RWAD | 2:25.31 | _____ |

Heat 17 of 22 Finals

| | | | | | |
|----|------------------------|----|----------------|---------|-------|
| 1 | Mostafa Ahmed Mostafa | 16 | TALBE | 2:23.10 | _____ |
| 2 | Adham Amr Ahmed ElShar | 16 | DEGLA | 2:23.09 | _____ |
| 3 | Ahmed Hani Ezzat | 16 | SHOOT | 2:22.72 | _____ |
| 4 | Adham Shady Medhat Esm | 15 | Gezira El Ward | 2:22.64 | _____ |
| 5 | Mhmoud Wled Fkri Mhmou | 19 | 6 OCT | 2:22.56 | _____ |
| 6 | Mohab Bdr Eldin Rady | 17 | SHAMS | 2:22.62 | _____ |
| 7 | Mahmoud Mohamed Mahm | 18 | SHOOT | 2:22.67 | _____ |
| 8 | Mohamed Emad Maher | 18 | SENZO | 2:22.83 | _____ |
| 9 | Mohamed Ahmed Mohamec | 17 | RWAD | 2:23.09 | _____ |
| 10 | Abdelrahman Adel Fawzy | 17 | SMOHA | 2:23.27 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 18 Finals (#61 Men 15 & Over 200 LC Meter Backstroke)

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Ahmed Yaser Mohamed | 19 | M.ARB | 2:21.98 |
| 2 | Sohayb Nabel Abdelsalm Z | 17 | Bank Ahly Alex | 2:21.42 |
| 3 | Mohamed Ahmed Salem | 20 | GHABA | 2:21.08 |
| 4 | Farouk Ahmed Mohamed A | 15 | Bank Ahly Alex | 2:20.54 |
| 5 | Youssef Abdel Aziz Alaa | 18 | DEGLA | 2:20.45 |
| 6 | Yassin Hussein Nabil Husse | 16 | SHOOT | 2:20.53 |
| 7 | Ahmed Hassan Ahmed Hass | 18 | DEGLA | 2:20.70 |
| 8 | Adham Ahmed Abdelaziz A | 17 | Stad Mansoura | 2:21.40 |
| 9 | Loay Motasem Alaaeldin | 17 | ZMALK | 2:21.56 |
| 10 | abd Elrhman Mohamed Ahn | 17 | Elethad | 2:22.25 |

Heat 19 of 22 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Amar Haitham Mohamed S | 17 | SHAMS | 2:20.05 |
| 2 | Amr Wael Shawky | 17 | RWAD | 2:19.47 |
| 3 | Mostafa Adel Mohamed Sar | 18 | SHOOT | 2:18.80 |
| 4 | Adam Bahaeldein Salah | 15 | SMOHA | 2:18.46 |
| 5 | Kareem Hossam Ahmed Sal | 16 | SMOHA | 2:18.11 |
| 6 | Malek Waled Ibrahim Hussi | 17 | SMOHA | 2:18.25 |
| 7 | Yosef Hatem ali Ahmed | 17 | Al Hawar | 2:18.59 |
| 8 | Zian Mahmoud Fawzy | 15 | A S E C | 2:19.17 |
| 9 | Farouk Mohamed Farouk M | 15 | Gezira El Ward | 2:19.80 |
| 10 | Seif Elden Osama Darwesh | 17 | TANTA | 2:20.32 |

Heat 20 of 22 Finals

| | | | | |
|----|--------------------------|----|---------|---------|
| 1 | Omar Tamer Issa | 16 | RWAD | 2:18.05 |
| 2 | Yousef Hisham Mahmoud | 15 | ZMALK | 2:17.59 |
| 3 | Mohamed Ibrahim Elkhdry | 18 | Elethad | 2:16.40 |
| 4 | Khaled Hesham Ahmed | 17 | Elethad | 2:16.30 |
| 5 | Omar Tarek Abdel-Rahman | 17 | AHLY | 2:15.90 |
| 6 | Karim Ahmed Naser Abdelr | 18 | SMOHA | 2:16.18 |
| 7 | Hussin Mohamed Hussin | 19 | TALBE | 2:16.34 |
| 8 | Mohanad Sameheldin Elsay | 16 | Olympic | 2:16.85 |
| 9 | Yassien Tarek Mahmoud | 15 | Cairo | 2:17.67 |
| 10 | abd Elrhman Mosad Abosre | 16 | MAY15 | 2:18.10 |

Heat 21 of 22 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Mohaned Alaa Mahmood Ali | 20 | SMOHA | 2:15.43 |
| 2 | Hamza Moahmed Mhmoud | 17 | SMOHA | 2:14.77 |
| 3 | Waleid Mohamed Sobhy | 21 | ZMALK | 2:13.51 |
| 4 | Yassen Mohamed Abdelgwa | 18 | FAROS | 2:11.86 |
| 5 | Omar Ahmed Mohamed Ibr | 15 | SMOHA | 2:11.70 |
| 6 | Adam HossamEldin Mohar | 17 | SMOHA | 2:11.77 |
| 7 | Islam Mohamed Nashaat | 18 | MAADI | 2:13.49 |
| 8 | A.Rahman Mohamed Salem | 16 | DEGLA | 2:13.69 |
| 9 | Yousif Ahmed Ragab Elshar | 19 | SMOHA | 2:15.01 |
| 10 | Karim Yasser Mamdouh | 18 | SHOOT | 2:15.54 |

Heat 22 of 22 Finals

| | | | | |
|----|--------------------------|----|----------|---------|
| 1 | Youssef Amr Sayed | 18 | DEGLA | 2:11.49 |
| 2 | Omar Ahmed Salah | 18 | AHLY | 2:10.31 |
| 3 | Mohamed Walid Azouz | 20 | AHLY | 2:09.30 |
| 4 | Eyad Mohsen Isamil ali | 17 | SHAMS | 2:08.56 |
| 5 | Abdel Rahman Amr Farag | 17 | SHOOT | 2:04.36 |
| 6 | Anas Mohamed Saad | 15 | DEGLA | 2:08.37 |
| 7 | Marwan Ali Mahmoud | 16 | DEGLA | 2:09.08 |
| 8 | Abd El Rahman Hisham Fat | 18 | Sporting | 2:09.77 |
| 9 | Ahmed Adel Mohamed Mes | 24 | AHLY | 2:10.40 |
| 10 | Omar Mohamed Tawfek | 16 | Al Hawar | 2:11.52 |

Event 67 Women 15 & Over 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 26 Finals

| | | | | |
|---|--------------------------|----|----------|----|
| 3 | Zina Wael Elsaeid | 17 | GEZIR | NT |
| 4 | Farah Mohamed Fekre Most | 16 | SHRKS | NT |
| 5 | Salma Ahmed Elmiligi Bad | 16 | 6 OCT | NT |
| 6 | Gana Nasr El Din Ali | 20 | Sporting | NT |
| 7 | Gomana Osama Mohamed | 15 | Y.M.C.A | NT |
| 8 | Jomana Gaber Ahmam | 19 | Y.M.C.A | NT |

Heat 2 of 26 Finals

| | | | | |
|----|--------------------------|----|------------|----|
| 1 | Rose Alaa Refaat | 15 | SMOHA | NT |
| 2 | Fatma Amr Aly | 15 | SHOOT | NT |
| 3 | Khadega Kaled | 16 | HELOP | NT |
| 4 | Ahbab Hossameldin Ahmed | 15 | Olympic | NT |
| 5 | Habiba Mohamed AL Said | 17 | RWAD | NT |
| 6 | Rawan Yahia | 16 | ZMALK | NT |
| 7 | Shahd Yousry Mohamed Ha | 19 | Olympic | NT |
| 8 | Toka Ayman Ebrahim Eldsc | 16 | SMOHA | NT |
| 9 | Myriam Hussein Mahmoud | 15 | Luxor Club | NT |
| 10 | Sandra Emad Onsy | 16 | RWAD | NT |

Heat 3 of 26 Finals

| | | | | |
|----|---------------------------|----|-----------------|----|
| 1 | Gana Mohamed Said | 17 | ZMALK | NT |
| 2 | Malk Waled Shoukry | 15 | Bitash | NT |
| 3 | Malak Ali Atia | 17 | SMOHA | NT |
| 4 | Fareeda Mohamed Abd El M | 15 | SHOOT | NT |
| 5 | Roudina Hamdy Fouad | 15 | Tlaea El Ostol | NT |
| 6 | Retag Ahmed Saber | 17 | DEGLA | NT |
| 7 | Farida Amr Tarek Zaied | 16 | ZOHUR | NT |
| 8 | Goudy Mohamed Sabry | 15 | GHABA | NT |
| 9 | Nataly Goarge Atif Tawfik | 16 | DEGLA | NT |
| 10 | Negar Yasser Ahmed Mohar | 15 | Al-Ahram Sports | NT |

Heat 4 of 26 Finals

| | | | | |
|----|---------------------------|----|------------------|----|
| 1 | Lojin Mohamed Moustafa | 18 | A S E C | NT |
| 2 | Jana Alla Mohamed | 16 | Minia Sport Clup | NT |
| 3 | Malak Mohamed Abbas Mo | 19 | MAADI | NT |
| 4 | Sara Mohamed Hassan | 23 | AHLY | NT |
| 5 | mai Mohamed Abdelmoner | 15 | MRAC | NT |
| 6 | Youliana Mina Fakhry Fran | 15 | Olympic | NT |
| 7 | Nour Hossam Mohamed | 15 | Y.M.C.A | NT |
| 8 | Nour Ahmad Mahmud Abde | 16 | SMOHA | NT |
| 9 | Rokaya Khalid El Masry | 19 | Sporting | NT |
| 10 | Ingy Bassem Bahaa Eldin | 16 | AHLY | NT |

Heat 5 of 26 Finals

| | | | | |
|----|----------------------------|----|----------|----|
| 1 | Farah Hatem Ngaty Moham | 16 | HELOP | NT |
| 2 | Malak Yasser Abdellatif | 16 | Sporting | NT |
| 3 | Zeina Mohamed El Saied | 18 | ENPPI | NT |
| 4 | Menatalla Morsy | 17 | SMOHA | NT |
| 5 | Kholoud Abdelfatah Ali Abc | 18 | SMOHA | NT |
| 6 | Laila Ossama | 15 | Sporting | NT |
| 7 | Habiba Mohamed Mahmoud | 15 | A S E C | NT |
| 8 | Mariam Ahmed Zahran | 17 | Sporting | NT |
| 9 | Jode Mohamad Yossef Moh | 16 | SMOHA | NT |
| 10 | Joudy Wael Saad Fayed | 15 | Elethad | NT |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 6 Finals (#67 Women 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|---------------------------|----|----------------|----|-------|
| 1 | Rawan Tamer Essam Mahm | 17 | DEGLA | NT | _____ |
| 2 | Maya Ahmed Ragheb | 17 | Sporting | NT | _____ |
| 3 | Habiba Mohamed Kamal | 15 | Elethead | NT | _____ |
| 4 | Hana Tamer Ibrahim | 16 | Elethead | NT | _____ |
| 5 | Merna Osama Ahmed | 15 | Elec | NT | _____ |
| 6 | Dahb Magdy Kamal | 20 | Elethead | NT | _____ |
| 7 | Salma Ahmed Mahmoud Al | 16 | HELOP | NT | _____ |
| 8 | Notalila Sobhy Ramzy Sobh | 15 | Bank Ahly Alex | NT | _____ |
| 9 | Rokia Shrif Mohamd Faroul | 15 | Bank Ahly Alex | NT | _____ |
| 10 | Hala Mohamed Moustafa G | 15 | Olympic | NT | _____ |

Heat 7 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Mariam Ahmed Hassan | 15 | Tlaea El Ostol | NT | _____ |
| 2 | Nada Hassan Ahmed Hassar | 18 | Elethead | NT | _____ |
| 3 | Rana Mohamed Ramdan Ah | 17 | Olympic | NT | _____ |
| 4 | Ayla Mohamed Ali EL Med | 16 | HELOP | NT | _____ |
| 5 | Donia Ebrahim Ebid | 19 | Sporting | NT | _____ |
| 6 | Gudy Mohamed Nabil Zaki | 15 | Gezira El Ward | NT | _____ |
| 7 | Hana Hisham Ahmed Ibrahi | 15 | ZMALK | NT | _____ |
| 8 | Fatma Kamil Mohamed | 16 | ZMALK | NT | _____ |
| 9 | Kinzi Husayn | 15 | Zahraa Helwan | NT | _____ |
| 10 | Lavinia Hany Samir | 15 | DEGLA | NT | _____ |

Heat 8 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Nouray Tarek Halim Mohan | 15 | DEGLA | 50.70 | _____ |
| 2 | Marim Zaky | 19 | Sporting | 43.29 | _____ |
| 3 | Mryiam Mena Samy | 16 | Elethead | 41.79 | _____ |
| 4 | Carole Baher Fouad | 16 | Sporting | 41.15 | _____ |
| 5 | Fayrouz Hassan Fathalla | 15 | Elethead | 39.75 | _____ |
| 6 | Joudy Yasser Mohamed | 16 | DEGLA | 41.03 | _____ |
| 7 | Nour El Hassan Ali Gad El | 16 | DEGLA | 41.68 | _____ |
| 8 | Dana Mohamed Selim Ahm | 15 | DEGLA | 42.23 | _____ |
| 9 | Alina George Boutros | 16 | Elethead | 46.52 | _____ |
| 10 | Henar amr el Sofy | 16 | TRSAN | 51.53 | _____ |

Heat 9 of 26 Finals

| | | | | | |
|----|----------------------------|----|----------|-------|-------|
| 1 | Maya Mohamed abd el Shaf | 16 | SHOBR | 38.42 | _____ |
| 2 | Jana Ashraf Mohamed Gabe | 18 | Olympic | 38.21 | _____ |
| 3 | Jana Alaa Ibrahim Hussien | 15 | SMOHA | 37.86 | _____ |
| 4 | Farida Wael Hamdy | 15 | SMOHA | 37.53 | _____ |
| 5 | Hana Ayman Ibrahim Ahme | 18 | SMOHA | 37.33 | _____ |
| 6 | Jana Waleed abd Elrazek Ga | 17 | DEGLA | 37.40 | _____ |
| 7 | Lana Tarek Ebrahim | 17 | TAGAM | 37.71 | _____ |
| 8 | Saga Wael Omr | 15 | Bitash | 38.03 | _____ |
| 9 | Hanen Mohamed Hassan El | 15 | Elethead | 38.34 | _____ |
| 10 | Aseil Islam Mohammed | 16 | ENPPI | 38.80 | _____ |

Heat 10 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Salma Hesham | 15 | A S E C | 37.23 | _____ |
| 2 | Tala Feras Mostafa Mohreb | 15 | SMOHA | 37.04 | _____ |
| 3 | Negar Hithem Ahmed | 15 | Y.M.C.A | 36.81 | _____ |
| 4 | Nancy Mahmoud Ragab | 15 | Bank Ahly Alex | 36.63 | _____ |
| 5 | Razan Kalel Ebrahim | 16 | Bitash | 36.46 | _____ |
| 6 | Habiba Ayman Abbas Maar | 16 | Sporting | 36.53 | _____ |
| 7 | Farah Okasha Mohamed | 18 | HLWAN | 36.67 | _____ |
| 8 | Malak Mohamed Talaat | 15 | SHRKS | 37.04 | _____ |
| 9 | Malak Mohamed Adel Ibrah | 15 | A S E C | 37.08 | _____ |
| 10 | Sara Ahmed Mohamed | 15 | Bitash | 37.24 | _____ |

Heat 11 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Sama Rafik Ibrahim Gaber | 15 | Elethead | 36.38 | _____ |
| 2 | Jana Mohamed Samir Khale | 19 | Olympic | 36.24 | _____ |
| 3 | Yasmin Mohamed El Sayed | 19 | SMOHA | 36.12 | _____ |
| 4 | Judy Sayed Ahmed | 17 | DEGLA | 36.05 | _____ |
| 5 | Rodaina Mohamed Mohame | 15 | Gezira El Ward | 36.01 | _____ |
| 6 | Leila Ahmed Ebrahim Ali E | 19 | HELDO | 36.04 | _____ |
| 7 | Joudy Ebrahim Shaban | 15 | Bitash | 36.05 | _____ |
| 8 | Maya Ali Ahmed | 16 | Elethead | 36.20 | _____ |
| 9 | Shad abd Fattah | 15 | Sporting | 36.37 | _____ |
| 10 | Malika Smou El Din Mostaf | 17 | DEGLA | 36.41 | _____ |

Heat 12 of 26 Finals

| | | | | | |
|----|--------------------------|----|---------|-------|-------|
| 1 | Hana Ahmed Ragab | 17 | GHABA | 35.56 | _____ |
| 2 | Retag Mohamd Ghareeb | 15 | SMOHA | 35.33 | _____ |
| 3 | Karema Kamel Saad | 16 | A S E C | 35.07 | _____ |
| 4 | Hana Mohamed El Sayed | 16 | A S E C | 34.93 | _____ |
| 5 | Salma Sherif Yehia | 15 | SHOOT | 34.83 | _____ |
| 6 | Sarah Karim Mohamed Galk | 18 | SMOHA | 34.88 | _____ |
| 7 | Lojin Taha Mohamed Taha | 15 | A S E C | 35.05 | _____ |
| 8 | Hallaa Hamd Ahmed | 15 | Bitash | 35.28 | _____ |
| 9 | Kenzi Mohamed | 16 | A S E C | 35.52 | _____ |
| 10 | Rokaia Amr Mohamed | 15 | DEGLA | 36.00 | _____ |

Heat 13 of 26 Finals

| | | | | | |
|----|--------------------------|----|-----------------|-------|-------|
| 1 | Retaj Ahmed Mahmoud | 15 | SMOHA | 34.59 | _____ |
| 2 | Jasmin Ahmed Kenawi | 15 | Damnhor Sport | 34.51 | _____ |
| 3 | Renad Ahmed Hamdy | 15 | Elethead | 34.47 | _____ |
| 4 | Rana Raeid El Shazly | 17 | Canal Suez Port | 34.33 | _____ |
| 5 | Eman Tarik Mohamed Salla | 18 | SMOHA | 34.26 | _____ |
| 6 | Habiba Attia Youssef | 16 | SENZO | 34.32 | _____ |
| 7 | Aysel Sameh Mahmoud | 16 | ZOHUR | 34.38 | _____ |
| 8 | Rania Mohamed Ibrahim | 17 | ENPPI | 34.49 | _____ |
| 9 | Lorian Hany | 16 | Sporting | 34.51 | _____ |
| 10 | Mehraeil Youssef Khalil | 16 | Y.M.C.A | 34.62 | _____ |

Heat 14 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Mirolla Hany Samir | 18 | DEGLA | 34.17 | _____ |
| 2 | Byrne Ibrahim Adel | 16 | Elethead | 34.12 | _____ |
| 3 | Farida Ahmed Hussien | 15 | SMOHA | 34.06 | _____ |
| 4 | Mariam Ahmed Abdel Haka | 16 | AHLY | 33.99 | _____ |
| 5 | Habeba Mohamed Moussa F | 19 | Olympic | 33.92 | _____ |
| 6 | Hanin Mohamed AL Said | 15 | RWAD | 33.97 | _____ |
| 7 | Mayroz Mohamed abd Elsal | 16 | TANTA | 34.04 | _____ |
| 8 | Dima Adel Mohamed | 17 | SMOHA | 34.08 | _____ |
| 9 | Shaza Mohamed Said Husse | 16 | Elethead | 34.16 | _____ |
| 10 | Reta Khalil Fawzy | 15 | A S E C | 34.26 | _____ |

Heat 15 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Malak Ahmed Salah | 15 | RWAD | 33.87 | _____ |
| 2 | Ayten Yaser Abdelmouty | 15 | SMOHA | 33.80 | _____ |
| 3 | Jana Saber Ebrahim Mohar | 15 | 6 OCT | 33.60 | _____ |
| 4 | Zeina Sherif Ahmed | 15 | DEGLA | 33.46 | _____ |
| 5 | Yasmen Ahmed Basim | 18 | Sporting | 33.43 | _____ |
| 6 | Kenzy Magdy Mohamed Al | 17 | MAADI | 33.46 | _____ |
| 7 | Nour Ahmed Samer | 19 | Sporting | 33.57 | _____ |
| 8 | Shrouk Wael Mohamed | 15 | EALAM | 33.62 | _____ |
| 9 | Mariam Mohammed Hamdy | 19 | SHOOT | 33.81 | _____ |
| 10 | Malak Mohamed Mahmoud | 15 | DEGLA | 33.89 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 16 Finals (#67 Women 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|-------------------------|----|----------------|-------|-------|
| 1 | Jowayreya Mohamed Saad | 18 | Olympic | 33.38 | _____ |
| 2 | Karma Mohamed Elwakiel | 17 | SMOHA | 33.31 | _____ |
| 3 | Khadeja Housen EL Dahan | 15 | HELOP | 33.00 | _____ |
| 4 | Mariam Amr Mohamed You | 19 | DEGLA | 32.86 | _____ |
| 5 | Hoda Goma Sobhy Mohame | 15 | SHAMS | 32.85 | _____ |
| 6 | Farah Ayman Gaber | 17 | SMOHA | 32.85 | _____ |
| 7 | Logien Ahmed Elsherif | 17 | SHOOT | 32.98 | _____ |
| 8 | Kenzy Mowafy Mahmoud | 15 | SMOHA | 33.13 | _____ |
| 9 | Goumana Wael Hosny | 17 | AHLY | 33.34 | _____ |
| 10 | Nor Ahmed Ali Ahmed | 19 | Bank Ahly Alex | 33.39 | _____ |

Heat 17 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------|-------|-------|
| 1 | Hania Hossam Ahmed Salar | 16 | SMOHA | 32.74 | _____ |
| 2 | Hour een Samer Elsaeid Sh | 16 | SMOHA | 32.73 | _____ |
| 3 | Noha Alaa Abd Elhlim | 20 | ZOHUR | 32.57 | _____ |
| 4 | Retaal Mohamd Ghareeb | 15 | SMOHA | 32.53 | _____ |
| 5 | Celine Sameh Fouad | 17 | DEGLA | 32.43 | _____ |
| 6 | Hana Walid Atallah | 15 | HADAK | 32.48 | _____ |
| 7 | Farida Nasser Mohamed El- | 16 | SHOOT | 32.56 | _____ |
| 8 | Nourhan Sherif SalahEldin | 16 | Elethead | 32.62 | _____ |
| 9 | Mariem Ayman Saeed | 15 | A S E C | 32.73 | _____ |
| 10 | Nour Mohamed aly el Sobky | 17 | DEGLA | 32.81 | _____ |

Heat 18 of 26 Finals

| | | | | | |
|----|----------------------------|----|----------------|-------|-------|
| 1 | Farida Moustafa Abd Elaziz | 18 | Sporting | 32.35 | _____ |
| 2 | Sama Karm Nasr Mohamed | 17 | SHAMS | 32.21 | _____ |
| 3 | Menna Allah Elsaid Awad B | 16 | Stad Mansoura | 32.17 | _____ |
| 4 | Yomna Gomaa Ali Abdo | 15 | Bank Ahly Alex | 32.11 | _____ |
| 5 | Ganaa Mohamed Elsaed Ga | 16 | Bank Ahly Alex | 31.97 | _____ |
| 6 | Malak Mohamed Mahmoud | 15 | Stad Mansoura | 32.07 | _____ |
| 7 | Menna Mohamed Alashkar | 18 | ZMALK | 32.16 | _____ |
| 8 | Haya HossamEldin Kndel | 19 | SMOHA | 32.19 | _____ |
| 9 | Amina Ayman Farrag | 15 | DEGLA | 32.22 | _____ |
| 10 | Doha Wael Saleh | 17 | DEGLA | 32.43 | _____ |

Heat 19 of 26 Finals

| | | | | | |
|----|---------------------------|----|----------------|-------|-------|
| 1 | Salma Alaa Mahdy | 21 | AHLY | 31.84 | _____ |
| 2 | Jomana Hossam Mostafa | 15 | ZOHUR | 31.79 | _____ |
| 3 | Halla Alla Maher | 18 | DEGLA | 31.76 | _____ |
| 4 | Habiba Mohamed Abd el Na | 16 | DEGLA | 31.73 | _____ |
| 5 | Aisha Yasser Amin | 15 | AHLY | 31.70 | _____ |
| 6 | Salma Ehab Ahmed Hany | 15 | Bank Ahly Alex | 31.71 | _____ |
| 7 | Habtalla Moustafa Fathey | 15 | Bitash | 31.74 | _____ |
| 8 | Zinab Abdalaziz Mohsen Al | 15 | 6 OCT | 31.76 | _____ |
| 9 | Zina Yasser Ahmed | 18 | Sporting | 31.81 | _____ |
| 10 | Lila Hossam Hassan Kamel | 15 | SHAMS | 31.88 | _____ |

Heat 20 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------|-------|-------|
| 1 | Laila Mohamed Hitham | 17 | SHOOT | 31.69 | _____ |
| 2 | Nagar Mohamed Salem | 15 | HADAK | 31.65 | _____ |
| 3 | Lojain Alaa Eldein Arafa | 15 | SMOHA | 31.64 | _____ |
| 4 | Rodaina Osama Khalil | 15 | GHABA | 31.57 | _____ |
| 5 | Noor Rami | 15 | Sporting | 31.39 | _____ |
| 6 | Louloua Modather Hassan | 15 | DEGLA | 31.53 | _____ |
| 7 | Hameis Essam Al Kholy | 16 | SHOOT | 31.61 | _____ |
| 8 | Malak Ahmed Helmy | 19 | AHLY | 31.65 | _____ |
| 9 | Jana Ahmed akl | 16 | Sporting | 31.68 | _____ |
| 10 | Kenzy Ahmed Ali | 21 | AHLY | 31.70 | _____ |

Heat 21 of 26 Finals

| | | | | | |
|----|---------------------------|----|--------------|-------|-------|
| 1 | Malak Mohamed Mahmoud | 19 | MAADI | 31.18 | _____ |
| 2 | Malek Essam Eldin | 20 | Elethead | 31.15 | _____ |
| 3 | Nadine Hazem Mohamed | 16 | Pegasus Club | 31.11 | _____ |
| 4 | Hala Osama Fatehy | 15 | Pegasus Club | 31.06 | _____ |
| 5 | Zena Ahmed Moustafa | 15 | HELOP | 31.01 | _____ |
| 6 | Karma Shady Mohamed Sa | 17 | HELOP | 31.04 | _____ |
| 7 | Farida Mohamed Ahmed El | 18 | SHOOT | 31.10 | _____ |
| 8 | Rahma Emad Farouk | 15 | El Temsah | 31.11 | _____ |
| 9 | Mennatallah Hatem Ibrahim | 17 | A S E C | 31.17 | _____ |
| 10 | Ransy ElSayed Ali | 15 | DEGLA | 31.28 | _____ |

Heat 22 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Habiba Mohamed Nashaat A | 16 | HELDO | 31.00 | _____ |
| 2 | Nour Mohamed Hessien Ah | 19 | SHAMS | 30.97 | _____ |
| 3 | Raghad Ibrahim Elsaid | 15 | Gezira El Ward | 30.90 | _____ |
| 4 | Nour Mohamed Elsoda | 16 | MAADI | 30.83 | _____ |
| 5 | Rozana Waleed Desoky | 17 | Nasr City | 30.73 | _____ |
| 6 | Mena Mohamed Abdul Rahi | 19 | ZOHUR | 30.82 | _____ |
| 7 | Nayera Tarek El-Sayed | 17 | FAROS | 30.84 | _____ |
| 8 | Goumana Mohamed Ibrahim | 16 | AHLY | 30.94 | _____ |
| 9 | Ayten Ousama Abdelsalam | 15 | Damnhor Sport | 30.99 | _____ |
| 10 | Jana Mostafa Moktar | 16 | Cairo | 31.01 | _____ |

Heat 23 of 26 Finals

| | | | | | |
|----|---------------------------|----|-------|-------|-------|
| 1 | Jana Mohamed Abdel Fatah | 20 | SHOOT | 30.71 | _____ |
| 2 | Noor Marwan Moh. Aly Zev | 18 | GEZIR | 30.65 | _____ |
| 3 | Fairoz Ahmed Ibrahiem | 16 | SHAMS | 30.63 | _____ |
| 4 | Habiba Mohamad Saeed Sh | 16 | SMOHA | 30.61 | _____ |
| 5 | Haya Mohamed Mahmoud | 17 | AHLY | 30.42 | _____ |
| 6 | Hana Hisham Mohamed Yo | 19 | SMOHA | 30.60 | _____ |
| 7 | Rewida Hisham Tolba Ibrah | 29 | AHLY | 30.62 | _____ |
| 8 | Hana Wael Magdi Mah . Els | 18 | GEZIR | 30.64 | _____ |
| 9 | Goudy Sherif Fawzy | 17 | HADAK | 30.65 | _____ |
| 10 | Gamila usama Basyouni | 15 | TRSAN | 30.72 | _____ |

Heat 24 of 26 Finals

| | | | | | |
|----|--------------------------|----|----------------|-------|-------|
| 1 | Nour Mohamed Ibrahim Ali | 19 | SMOHA | 30.40 | _____ |
| 2 | Malak Ahmed Gamal al Sha | 16 | SHOOT | 30.37 | _____ |
| 3 | Zena Mahmoud Mohamed M | 19 | GHABA | 30.18 | _____ |
| 4 | Mariem Hossam Elden Hass | 16 | Cairo | 30.06 | _____ |
| 5 | Malak Ahmed Anes Mahmo | 17 | Al Hawar | 30.05 | _____ |
| 6 | Salma Mohamed Hamdy | 16 | Gezira El Ward | 30.05 | _____ |
| 7 | Jolin Hany Gamal | 18 | Sporting | 30.09 | _____ |
| 8 | Mariam Mohamed Soliman | 17 | DEGLA | 30.20 | _____ |
| 9 | Sara Mahmoud El Gendy | 18 | DEGLA | 30.38 | _____ |
| 10 | Nancy Mostafa Ibrahiem M | 16 | SHAMS | 30.41 | _____ |

Heat 25 of 26 Finals

| | | | | | |
|----|---------------------------|----|---------|-------|-------|
| 1 | Joudy Khaled Saied Ismail | 16 | Olympic | 29.87 | _____ |
| 2 | Kanzy Hesham Rashad | 21 | SHOOT | 29.82 | _____ |
| 3 | Goumana Tarek Yehia | 19 | AHLY | 29.78 | _____ |
| 4 | Hedy Amr Moustafa Hamou | 25 | HELOP | 29.67 | _____ |
| 5 | Rawan Wael | 19 | AHLY | 29.54 | _____ |
| 6 | Loujain Youssef Ahmed | 21 | AHLY | 29.56 | _____ |
| 7 | Retaj Nour El-Deen Farouk | 15 | SHROK | 29.70 | _____ |
| 8 | Retaj Mohamed Elsayed An | 18 | SMOHA | 29.78 | _____ |
| 9 | Basant Hesham Hussin | 15 | DEGLA | 29.86 | _____ |
| 10 | Khadega abd el Azez Glal | 17 | HELOP | 30.01 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 26 Finals (#67 Women 15 & Over 50 LC Meter Butterfly)

| | | | | | |
|----|-----------------------------|----|----------|-------|-------|
| 1 | Lara Ahmed Elwan | 16 | AHLY | 29.45 | _____ |
| 2 | Salma Osama Mohamed Da | 18 | TANTA | 29.21 | _____ |
| 3 | Jana Khalid | 20 | Sporting | 29.08 | _____ |
| 4 | Lougein amr Khaleil Ibrahim | 17 | ZMALK | 28.79 | _____ |
| 5 | Sara Waled Mahmoud | 17 | HELOP | 27.46 | _____ |
| 6 | Farida Ayman Samra | 20 | SHOOT | 28.35 | _____ |
| 7 | Hala Amr | 16 | AHLY | 28.95 | _____ |
| 8 | Hana Waled Hasan | 19 | SHROK | 29.17 | _____ |
| 9 | Lela Ahmed Kamal | 19 | GHABA | 29.34 | _____ |
| 10 | Gihan Ahmed Abd El Azim | 20 | MAADI | 29.48 | _____ |

Event 68 Men 15 & Over 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

Heat 1 of 28 Finals

| | | | | | |
|---|-------------------------|----|---------------|----|-------|
| 4 | Mahmuod Mohamed abo el | 15 | A S E C | NT | _____ |
| 5 | Youssef Ahmed Ragab | 15 | RWAD | NT | _____ |
| 6 | Adham Ahmed Abdelaziz A | 17 | Stad Mansoura | NT | _____ |

Heat 2 of 28 Finals

| | | | | | |
|---|--------------------------|----|----------------|----|-------|
| 2 | ali Ahmed Mohamed Elsadc | 15 | Gezira El Ward | NT | _____ |
| 3 | Ahmed Mahrous | 16 | NASR | NT | _____ |
| 4 | Ahmed Yasser Yehia | 19 | Cairo | NT | _____ |
| 5 | Eyad Faisal Saad | 15 | ENPPI | NT | _____ |
| 6 | Mark Wael | 15 | GHARB | NT | _____ |
| 7 | Youssef Galal Ezz | 16 | Elethad | NT | _____ |
| 8 | Abelrahman Khaled Abdelm | 17 | Olympic | NT | _____ |
| 9 | Hamza Wael Halmy Abdlaa | 15 | ZOHUR | NT | _____ |

Heat 3 of 28 Finals

| | | | | | |
|----|--------------------------|----|-----------------|----|-------|
| 1 | Abdel Rahman Karim Ashra | 15 | GEZIR | NT | _____ |
| 2 | Mohamed Waled Mohamed | 15 | A S E C | NT | _____ |
| 3 | Adel Shrif Saied | 17 | Marina Sporting | NT | _____ |
| 4 | Yasien Mohamed Fathy | 16 | ZMALK | NT | _____ |
| 5 | Youssef Ashraf Mohamed T | 19 | MRAC | NT | _____ |
| 6 | Abdalla Mohamed Mhfoz F | 17 | 6 OCT | NT | _____ |
| 7 | Saleh Shady Mohamed Said | 22 | SHOOT | NT | _____ |
| 8 | Omar Ehab Mhmoud Hasan | 17 | SMOHA | NT | _____ |
| 9 | Essam Hassan Allam | 16 | GEZIR | NT | _____ |
| 10 | Anas Alaa Eldeen Mohamec | 15 | TALBE | NT | _____ |

Heat 4 of 28 Finals

| | | | | | |
|----|---------------------------|----|---------------|----|-------|
| 1 | Mazen Mohamed Badr | 16 | TALBE | NT | _____ |
| 2 | Omar Ahmed Salem | 16 | GHARB | NT | _____ |
| 3 | Yazed Ahmed Ibrahim | 15 | A S E C | NT | _____ |
| 4 | Omar Ahmed Mohamed Abi | 17 | PETRO | NT | _____ |
| 5 | Omar Abdallah Ismael | 15 | Stad Mansoura | NT | _____ |
| 6 | Mohamed Waled Taher | 16 | RWAD | NT | _____ |
| 7 | Mohamed Ahmed Ibrahim T | 15 | Elethad | NT | _____ |
| 8 | Youssef Ahmed Saadeldin Z | 16 | 6 OCT | NT | _____ |
| 9 | Yehia Ashraf Farag | 17 | AHLY | NT | _____ |
| 10 | Omar Mohsen Ramdan Abd | 19 | SMOHA | NT | _____ |

Heat 5 of 28 Finals

| | | | | | |
|----|---------------------------|----|-----------------|----|-------|
| 1 | Yassein Ramy Alam El Din | 17 | DEGLA | NT | _____ |
| 2 | Omar Mohamed Abdelhafez | 18 | Mansheit Naser | NT | _____ |
| 3 | Ahmed Mohamed Ayman S | 16 | MRAC | NT | _____ |
| 4 | Ezz Eldein Haytham Ezz El | 15 | SMOHA | NT | _____ |
| 5 | Karim Ahmed Khaled Elew | 22 | SHAMS | NT | _____ |
| 6 | Ziad Rafik Mahmoud | 16 | Stad Mansoura | NT | _____ |
| 7 | Ahmed Ayman Mohamed | 16 | Elec | NT | _____ |
| 8 | Mohamad Amr Mohamad M | 16 | SMOHA | NT | _____ |
| 9 | Mohmed Osama Ahmed Say | 18 | Marina Sporting | NT | _____ |
| 10 | Mohamed Ahmed Ibraheem | 18 | RWAD | NT | _____ |

Heat 6 of 28 Finals

| | | | | | |
|----|----------------------------|----|---------------|----|-------|
| 1 | Sief Mohamed Elnagy | 16 | Damnhor Sport | NT | _____ |
| 2 | Anas Mohamed Fathall | 15 | Swim Home | NT | _____ |
| 3 | Marwan Ahmed Elsayed Ah | 16 | Olympic | NT | _____ |
| 4 | Amr Khaled Mansour Eltoh | 17 | GHARB | NT | _____ |
| 5 | Ezz Eldin Mohamed Abd El | 15 | Elethad | NT | _____ |
| 6 | Mohamed Ahmed Abdelhfe | 15 | TANTA | NT | _____ |
| 7 | Adam Abd el Malek | 15 | GHARB | NT | _____ |
| 8 | Omar Karim Ali Abd El Har | 18 | SENZO | NT | _____ |
| 9 | Saif EIDin Waled Abdel Raz | 21 | DEGLA | NT | _____ |
| 10 | Saif Mohamed Salah Eisaa | 16 | 6 OCT | NT | _____ |

Heat 7 of 28 Finals

| | | | | | |
|----|---------------------------|----|--------------|----|-------|
| 1 | omr abd Elrhman ali | 17 | Elethad | NT | _____ |
| 2 | Marwan Mohamed Anwar | 15 | TALBE | NT | _____ |
| 3 | Ali Gamal Elsabrout | 16 | Meit Khakan | NT | _____ |
| 4 | Mohanad Mohamed Anwar | 15 | TALBE | NT | _____ |
| 5 | Joshua Joseph Fouad | 16 | TRSAN | NT | _____ |
| 6 | Moustafa Tarik Moustafa | 21 | HELOP | NT | _____ |
| 7 | Abdalah Elsayed Saied Azo | 15 | Swim Home | NT | _____ |
| 8 | Yamen Ahmed Baiomy | 15 | El Mostakbal | NT | _____ |
| 9 | Omar Tarek Shehata A | 19 | SMOHA | NT | _____ |
| 10 | Ahmed Ayman Ali Mohame | 19 | SHAMS | NT | _____ |

Heat 8 of 28 Finals

| | | | | | |
|----|--------------------------|----|----------------|----|-------|
| 1 | Abdel Wahab Ahmed Mosta | 15 | Elethad | NT | _____ |
| 2 | Omer Saeid Mahmoud | 15 | Bitash | NT | _____ |
| 3 | Ahmed Khaled Badr | 16 | Elethad | NT | _____ |
| 4 | Hatem Hamada Abdelhamid | 17 | TRSAN | NT | _____ |
| 5 | Abd Alla Karim Ashraf Ma | 19 | GEZIR | NT | _____ |
| 6 | Omar Mohamed Fawzy Taw | 17 | TALBE | NT | _____ |
| 7 | Yousif Mohamed Adel Aboe | 15 | Gezira El Ward | NT | _____ |
| 8 | Omar Mohamed Ahmed Fat | 17 | SHOOT | NT | _____ |
| 9 | Mohamed Ibrahim Zakreya | 16 | A S E C | NT | _____ |
| 10 | Hosen Abd Elmonaem El A | 15 | HELOP | NT | _____ |

Heat 9 of 28 Finals

| | | | | | |
|----|--------------------------|----|---------------|----|-------|
| 1 | Zian Mahmoud Fawzy | 15 | A S E C | NT | _____ |
| 2 | Nour Ahmed Elhassany | 17 | ZOHUR | NT | _____ |
| 3 | Ahmed Abdel Rrhim | 15 | ZOHUR | NT | _____ |
| 4 | aly Saleeh aly | 17 | ZMALK | NT | _____ |
| 5 | Hussein Mohamed Hussein | 16 | Luxor Club | NT | _____ |
| 6 | Mohamed Ayman eid Moha | 15 | Stad Mansoura | NT | _____ |
| 7 | Mostafa Mohamed Abdelrac | 15 | Elethad | NT | _____ |
| 8 | Adam Mohamed Mahmoud | 16 | ZOHUR | NT | _____ |
| 9 | Abd El Rhman Moustafa Fa | 17 | A S E C | NT | _____ |
| 10 | Abd al Ghany Hesham Abd | 15 | 6 OCT | NT | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 10 Finals (#68 Men 15 & Over 400 LC Meter Freestyle)

| | | | | | |
|----|--------------------------|----|-------------|---------|-------|
| 1 | Omar Shady Mohamad Ali | 16 | SMOHA | NT | _____ |
| 2 | Yahya Mahmud ib. Khalil | 15 | TANTA | 5:40.50 | _____ |
| 3 | Adham Ayman Mohamed | 17 | MRAC | 5:27.87 | _____ |
| 4 | Youssef Fawzy Abdelthahr | 15 | Olympic | 5:15.97 | _____ |
| 5 | Omer Adil Ismat Moani | 17 | SUDAN | 5:12.54 | _____ |
| 6 | Abd Elrahman abd Elaziz | 15 | Cairo | 5:14.22 | _____ |
| 7 | Omar Ahmed Aly | 15 | Y.M.C.A | 5:18.24 | _____ |
| 8 | Anas Essam Shaban | 15 | Y.M.C.A | 5:32.61 | _____ |
| 9 | Saied Hassan Ahmed | 17 | Police Club | 5:45.98 | _____ |
| 10 | Mohamed Amr Elsayed Abc | 16 | Olympic | NT | _____ |

Heat 11 of 28 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Youssef Karam Ahmed Zan | 15 | ENPPI | 5:11.57 | _____ |
| 2 | Mohamed Mourad Farouk M | 15 | Olympic | 5:07.85 | _____ |
| 3 | Khaled Sherif Nabil Moham | 15 | ZOHUR | 5:06.64 | _____ |
| 4 | Omar Sherif Karam | 15 | TRSAN | 5:04.16 | _____ |
| 5 | Abd ElAziz Hamdy Abd El | 15 | ElGezira Youth | 5:02.32 | _____ |
| 6 | Yassin Ahmed Elsayed | 15 | SENZO | 5:03.66 | _____ |
| 7 | Ahmed Tarek Ahmed | 19 | HLWAN | 5:05.36 | _____ |
| 8 | Kamal Magdy Kamal Ahme | 16 | Elethead | 5:07.00 | _____ |
| 9 | Asser Ahmed Ibrahim Darw | 15 | Bank Ahly Alex | 5:10.11 | _____ |
| 10 | Eyad Ahmad Moustafa | 15 | ZOHUR | 5:11.65 | _____ |

Heat 12 of 28 Finals

| | | | | | |
|----|---------------------------|----|----------------|---------|-------|
| 1 | Jafar Mohamed Jafar Hassa | 22 | SUDAN | 5:00.00 | _____ |
| 2 | Nabil Ahmed Ibrahim Abde | 17 | MRAC | 4:58.81 | _____ |
| 3 | Omar Fareed Shawke | 15 | Al Shehk Zaeid | 4:58.06 | _____ |
| 4 | Nizar Mohamed Zenaty | 15 | Meit Khakan | 4:56.61 | _____ |
| 5 | Ahmed Mohamed Ibrahim M | 15 | Bank Ahly Alex | 4:56.05 | _____ |
| 6 | Eyad Mohamed abd Elhame | 16 | TANTA | 4:56.27 | _____ |
| 7 | Yssin Ayman Elsaed | 15 | Tlaea El Ostol | 4:56.94 | _____ |
| 8 | Adam Gamal Mohamed | 16 | MAY15 | 4:58.79 | _____ |
| 9 | Adham Ahmed abd Elkade | 17 | Elethead | 4:59.15 | _____ |
| 10 | Mahmoud Haitham Jameel | 15 | SHOOT | 5:00.85 | _____ |

Heat 13 of 28 Finals

| | | | | | |
|----|--------------------------|----|----------------|---------|-------|
| 1 | Abdelrahman Ahmed Saad | 15 | Elethead | 4:55.68 | _____ |
| 2 | Abdelrahman Amr Abdelazi | 15 | Tlaea El Ostol | 4:54.47 | _____ |
| 3 | Fathy ali Fathy | 15 | TALBE | 4:53.81 | _____ |
| 4 | Anas Wael | 16 | TALBE | 4:52.48 | _____ |
| 5 | Yosaf Mohamed Bayoumi / | 19 | BNK.G | 4:51.83 | _____ |
| 6 | Hitham Mohamed Ahmed A | 15 | MRAC | 4:52.44 | _____ |
| 7 | Seifeldeen Mohmed Khairy | 17 | Y.M.C.A | 4:52.92 | _____ |
| 8 | Braa Ahmed Lotfy | 15 | SHAMS | 4:54.06 | _____ |
| 9 | Sherief Yaseer Saeid | 15 | ZMALK | 4:54.93 | _____ |
| 10 | Mostafa Ahmed Motawea | 15 | DEGLA | 4:55.83 | _____ |

Heat 14 of 28 Finals

| | | | | | |
|----|------------------------|----|----------|---------|-------|
| 1 | Fares Mahmoud Mokhtar | 16 | Elethead | 4:51.73 | _____ |
| 2 | Hamza Walid Abdelaziz | 15 | Elethead | 4:50.95 | _____ |
| 3 | Yassien Osama Fouad | 15 | SHAMS | 4:48.80 | _____ |
| 4 | Hussen Mohamed Hamed | 15 | HELOP | 4:48.52 | _____ |
| 5 | Ahmed Mohamed Rashed G | 16 | A S E C | 4:47.92 | _____ |
| 6 | Mohamed Tarek Mohamed | 17 | SMOHA | 4:48.24 | _____ |
| 7 | Yasien Tamer Othman | 16 | ZMALK | 4:48.61 | _____ |
| 8 | Omar Mohamed Abdelgawv | 15 | Olympic | 4:50.59 | _____ |
| 9 | Mohamed Tarek Mohamed | 17 | HLWAN | 4:51.00 | _____ |
| 10 | Omar Ahmed Mohamed Gal | 16 | RWAD | 4:51.78 | _____ |

Heat 15 of 28 Finals

| | | | | | |
|----|--------------------------|----|------------------|---------|-------|
| 1 | Hamza Elmoutaz Bellah Mc | 15 | ZMALK | 4:45.48 | _____ |
| 2 | Mahmoud Mostafa Mohame | 15 | TANTA | 4:45.00 | _____ |
| 3 | Karem Moatasem Mahmoud | 16 | DEGLA | 4:44.82 | _____ |
| 4 | Mohamed Emadeldein Solir | 15 | SMOHA | 4:44.51 | _____ |
| 5 | Mohamed Hashem Mohame | 15 | SMOHA | 4:43.70 | _____ |
| 6 | Abdalla Essam Abdalla | 15 | Mshooting | 4:43.88 | _____ |
| 7 | Yassien Sameh Samy Hasha | 17 | A S E C | 4:44.68 | _____ |
| 8 | Saged Emad Roushdy | 15 | SMOHA | 4:44.85 | _____ |
| 9 | Ali Mourad Salaheldein | 16 | New Giza | 4:45.20 | _____ |
| 10 | Adam Amr Al Daadaa | 17 | Raas El Bar Club | 4:47.36 | _____ |

Heat 16 of 28 Finals

| | | | | | |
|----|--------------------------|----|----------|---------|-------|
| 1 | Seif Jousef Anas | 15 | HELOP | 4:43.61 | _____ |
| 2 | Adham Khaled Salah Eldin | 15 | MRAC | 4:42.58 | _____ |
| 3 | Moaz Eslam Kamal Eldeen | 16 | SMOHA | 4:41.50 | _____ |
| 4 | Moaz Ahmed Abdallah | 15 | SHAMS | 4:40.89 | _____ |
| 5 | Abdelrhman Mohamed Abd | 15 | 6 OCT | 4:40.19 | _____ |
| 6 | Adham Wael Zeyad | 15 | Sporting | 4:40.84 | _____ |
| 7 | Ahmed Mohamed Nabil M | 15 | SHAMS | 4:41.43 | _____ |
| 8 | aly Hussien Mohamed Huse | 16 | ZMALK | 4:41.98 | _____ |
| 9 | Eyad Mohamed Hassan els | 17 | ZMALK | 4:42.82 | _____ |
| 10 | Youssef Moataz Mohamed | 15 | DEGLA | 4:43.64 | _____ |

Heat 17 of 28 Finals

| | | | | | |
|----|-------------------------|----|------------------|---------|-------|
| 1 | Omar Mohamed Kawod | 15 | Baladyat El Maha | 4:38.71 | _____ |
| 2 | Hamza Hazem Moneb | 16 | Cairo | 4:38.29 | _____ |
| 3 | Omar Mahamed Karam Ali | 16 | HELDO | 4:37.63 | _____ |
| 4 | Eyad Waleed adb Alsalam | 17 | Elethead | 4:36.87 | _____ |
| 5 | Rayan Amr Mohamed | 15 | M.S Tagamoa | 4:35.94 | _____ |
| 6 | Eazz El Din Mohamed Kha | 19 | Sporting | 4:36.44 | _____ |
| 7 | Mohamed Hassan Hafez | 19 | AHLY | 4:36.99 | _____ |
| 8 | Kariem amr Mouhmed | 15 | Cairo | 4:38.04 | _____ |
| 9 | Yassin amr Mostafa | 16 | TRSAN | 4:38.30 | _____ |
| 10 | Rayan Mohamed Elnagar | 15 | Mshooting | 4:38.83 | _____ |

Heat 18 of 28 Finals

| | | | | | |
|----|------------------------|----|------------------|---------|-------|
| 1 | Ahmed Mohamed Kaowd | 16 | Baladyat El Maha | 4:35.74 | _____ |
| 2 | AbdelRahman Mohamed Sa | 19 | El Obour | 4:35.14 | _____ |
| 3 | Ahmed Asharf Dawood | 16 | Baladyat El Maha | 4:34.51 | _____ |
| 4 | Youssef Medhat Fathy | 16 | DEGLA | 4:33.80 | _____ |
| 5 | Zeyad Mohamed Hedaya | 16 | M.S Tagamoa | 4:33.40 | _____ |
| 6 | Mohamed Karim Mohamed | 21 | SMOHA | 4:33.77 | _____ |
| 7 | Mazen Hany Emara | 18 | ZOHUR | 4:34.45 | _____ |
| 8 | Karim Mohamed Ahmed Al | 15 | TRSAN | 4:35.00 | _____ |
| 9 | Omar Hisham Hussien | 15 | ZOHUR | 4:35.64 | _____ |
| 10 | Abdelrahman Adel Fawzy | 17 | SMOHA | 4:35.85 | _____ |

Heat 19 of 28 Finals

| | | | | | |
|----|-----------------------------|----|----------|---------|-------|
| 1 | Sief El Din Mohamed Mosh | 18 | Sporting | 4:32.70 | _____ |
| 2 | Ali Ahmed El Prince | 16 | DEGLA | 4:32.66 | _____ |
| 3 | Adam Hamada Ahmed Moh | 15 | 6 OCT | 4:32.54 | _____ |
| 4 | Youssef Mohamed Khalil | 15 | DEGLA | 4:32.08 | _____ |
| 5 | Ahmed Sherief Ismaiel Saye | 16 | SHAMS | 4:31.66 | _____ |
| 6 | Hatem el Ameer Salah el dir | 16 | Al Hawar | 4:31.92 | _____ |
| 7 | Hady Mahmoed Efat | 15 | Wave | 4:32.40 | _____ |
| 8 | Karim Yasser Mamdouh | 18 | SHOOT | 4:32.55 | _____ |
| 9 | Yehia Samer Wafek | 17 | HELOP | 4:32.67 | _____ |
| 10 | Mohamed Hassan Abd El W | 16 | MAADI | 4:33.29 | _____ |

Egypt Swimming Cup 2023-2024 - 4/19/2024 to 4/25/2024

Meet Program

Heat 20 Finals (#68 Men 15 & Over 400 LC Meter Freestyle)

| | | | | | |
|----|-------------------------|----|----------------|---------|-------|
| 1 | Abdelrhman Mohamed Mof | 15 | Bank Ahly Alex | 4:31.05 | _____ |
| 2 | Omar Mohamed Hosny | 15 | HADAK | 4:30.99 | _____ |
| 3 | Magdy Ahmed Magdy Gaze | 15 | TANTA | 4:30.39 | _____ |
| 4 | Saif Ahmed Samir Abdo | 16 | 6 OCT | 4:30.30 | _____ |
| 5 | Eyad Mohamed Abdelstar | 17 | ZMALK | 4:30.17 | _____ |
| 6 | Mohamad Akram Mohamad | 16 | SMOHA | 4:30.20 | _____ |
| 7 | Ahmed Tamer Rabea | 17 | SHOOT | 4:30.33 | _____ |
| 8 | Omar Abd EL Razek Kamal | 16 | RWAD | 4:30.68 | _____ |
| 9 | Ahmed Abdelaziz Elshekh | 16 | Pegasus Club | 4:31.04 | _____ |
| 10 | Yousef Islam | 15 | Sporting | 4:31.45 | _____ |

Heat 21 of 28 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Yassin Abdelmeged Moham | 16 | GHABA | 4:29.75 | _____ |
| 2 | Karim Sameh Karim | 16 | TRSAN | 4:29.06 | _____ |
| 3 | Yehia Karim Nabil Elzawaw | 18 | SMOHA | 4:28.55 | _____ |
| 4 | Mohamed Amr Nabil | 15 | DEGLA | 4:27.69 | _____ |
| 5 | Youssef Yasser Farouk Hass | 16 | Sporting | 4:27.05 | _____ |
| 6 | Yehia Ahmed Abd Elfatah E | 17 | SHOOT | 4:27.41 | _____ |
| 7 | Adhm Bassem Mouhmed | 15 | Cairo | 4:27.89 | _____ |
| 8 | Ahmad Nabil Ahmad | 15 | HADAK | 4:29.02 | _____ |
| 9 | Mohamed Shreef | 17 | Tlaea El Ostol | 4:29.08 | _____ |
| 10 | Ahmed Sameh Safwat Shaal | 18 | HELDO | 4:30.04 | _____ |

Heat 22 of 28 Finals

| | | | | | |
|----|--------------------------|----|---------------|---------|-------|
| 1 | Saif Eldin Sherif Ahmed | 17 | TRSAN | 4:26.63 | _____ |
| 2 | Adam Ahmed Yaqoub | 15 | HADAK | 4:26.41 | _____ |
| 3 | Ahmed Ismeil | 17 | Nasr City | 4:26.03 | _____ |
| 4 | Yousef Ahmed Fathy | 16 | Stad Mansoura | 4:25.56 | _____ |
| 5 | Yasein Hossam aly | 17 | ZMALK | 4:25.37 | _____ |
| 6 | Mhmoud Wled Fkri Mhmou | 19 | 6 OCT | 4:25.40 | _____ |
| 7 | Eyad Kamal Mohamed Sala | 15 | DEGLA | 4:25.84 | _____ |
| 8 | Eslam Mohamed Abdelrazel | 15 | 6 OCT | 4:26.08 | _____ |
| 9 | Selim Tamer Osama Ahmed | 17 | SHOOT | 4:26.55 | _____ |
| 10 | Ziad Mohamed Hassan | 15 | Sporting | 4:26.82 | _____ |

Heat 23 of 28 Finals

| | | | | | |
|----|---------------------------|----|---------------|---------|-------|
| 1 | Mohamed Bahgat Mohamec | 17 | Stad Mansoura | 4:25.14 | _____ |
| 2 | Adham Shady Mohsen El H | 16 | ZOHUR | 4:24.72 | _____ |
| 3 | Omar Basem Hassan Mohar | 15 | MAADI | 4:23.81 | _____ |
| 4 | Nour Eldin Karem Mohame | 16 | AHLY | 4:23.45 | _____ |
| 5 | Yassien Tarek Mahmoud | 15 | Cairo | 4:23.44 | _____ |
| 6 | Mohnad Hitham Ibrahim | 18 | DEGLA | 4:23.45 | _____ |
| 7 | Yahia Hazim Husieen | 16 | ZMALK | 4:23.74 | _____ |
| 8 | Yassin Esam El Din | 20 | Sporting | 4:24.63 | _____ |
| 9 | abd Elrahman Sherif Karam | 19 | TRSAN | 4:25.12 | _____ |
| 10 | Mohamed Saeed Eleiraqy | 19 | ZMALK | 4:25.24 | _____ |

Heat 24 of 28 Finals

| | | | | | |
|----|--------------------------|----|---------|---------|-------|
| 1 | Ziad Ayman Mamoun | 16 | ZMALK | 4:22.73 | _____ |
| 2 | Karim Osama Ibrahim Abd | 17 | MAADI | 4:22.30 | _____ |
| 3 | Mostafa Mahmoud Elbosat | 17 | DEGLA | 4:21.85 | _____ |
| 4 | Omar Elsayed Ramadan Els | 17 | Olympic | 4:19.86 | _____ |
| 5 | Anas Haythm Mohamad Els | 16 | SMOHA | 4:18.90 | _____ |
| 6 | Zeyad Osama Ramdan | 16 | HADAK | 4:19.32 | _____ |
| 7 | Abdelrahman Mohamed Sai | 16 | Olympic | 4:20.11 | _____ |
| 8 | Hisham Elshirbeny | 15 | ZMALK | 4:21.99 | _____ |
| 9 | Mounir Ramez Mounir | 20 | SHOOT | 4:22.61 | _____ |
| 10 | Ali Amr Zoalfakar | 15 | SMOHA | 4:22.85 | _____ |

Heat 25 of 28 Finals

| | | | | | |
|----|----------------------------|----|----------------|---------|-------|
| 1 | Zeyad Mohamed Magdy | 18 | MAADI | 4:18.13 | _____ |
| 2 | Yassein Akram Ragab Sobei | 17 | SHAMS | 4:17.37 | _____ |
| 3 | Nour Eldin AlaaEldin Abdal | 18 | 6 OCT | 4:16.74 | _____ |
| 4 | Mostafa Adel Ibrahim Khal | 20 | SMOHA | 4:16.29 | _____ |
| 5 | Mazen Mostafa Asfoor | 16 | ZOHUR | 4:15.83 | _____ |
| 6 | Sherief Reda Metwaally | 16 | ZOHUR | 4:16.28 | _____ |
| 7 | Mohamed Khaled Mohamec | 18 | Bank Ahly Alex | 4:16.48 | _____ |
| 8 | Mohamed Abdalla el Bosati | 17 | SHROK | 4:17.16 | _____ |
| 9 | Yossef Sherif Ibrahim | 18 | MAADI | 4:17.60 | _____ |
| 10 | Youssef Ehab Mostafa | 19 | AHLY | 4:18.70 | _____ |

Heat 26 of 28 Finals

| | | | | | |
|----|-------------------------|----|----------|---------|-------|
| 1 | Karim Hesham Moh. Fakry | 16 | GEZIR | 4:15.38 | _____ |
| 2 | Mazen Emad Hamed | 17 | AHLY | 4:14.79 | _____ |
| 3 | Abdullah Eldafrawy | 16 | REHAB | 4:13.58 | _____ |
| 4 | Adham Amr Mahmoud | 15 | MAADI | 4:12.74 | _____ |
| 5 | Tarek el Shaer | 15 | Sporting | 4:11.14 | _____ |
| 6 | Mahmoud Hassan Mohamec | 16 | SHAMS | 4:12.73 | _____ |
| 7 | Mohamed Essam Abdou | 18 | AHLY | 4:13.46 | _____ |
| 8 | Yasen Mohamed Nabil | 15 | HELOP | 4:14.72 | _____ |
| 9 | Mohanad Tamer Mohamed | 18 | SMOHA | 4:15.07 | _____ |
| 10 | Mohamed Tarek Rashad Ab | 19 | SHAMS | 4:15.52 | _____ |

Heat 27 of 28 Finals

| | | | | | |
|----|-------------------------|----|-------|---------|-------|
| 1 | Omar Mohamed Hassan | 16 | AHLY | 4:09.58 | _____ |
| 2 | Farouk Mohamad Elgedely | 17 | SMOHA | 4:09.20 | _____ |
| 3 | Ahmed Mahmoud Elhouran | 17 | AHLY | 4:08.74 | _____ |
| 4 | Ahmed Samir Mohamed | 16 | HADAK | 4:05.82 | _____ |
| 5 | Eyad Ahmed Zakaria | 19 | AHLY | 4:04.30 | _____ |
| 6 | ali Mohamed Sarwat | 19 | HELOP | 4:05.73 | _____ |
| 7 | Yousef Adel Ramadan | 19 | SHAMS | 4:06.74 | _____ |
| 8 | Malek Mohamed Bazan | 17 | MAADI | 4:09.00 | _____ |
| 9 | Tarek Kamel Farouk | 21 | ZMALK | 4:09.30 | _____ |
| 10 | Karim Magid Abdelgilil | 17 | ZMALK | 4:10.39 | _____ |

Heat 28 of 28 Finals

| | | | | | |
|----|---------------------------|----|----------|---------|-------|
| 1 | Ahmed Mohamed Ahmed al | 18 | SHOOT | 4:02.45 | _____ |
| 2 | Karem Magdy Ismail | 24 | Sporting | 4:02.04 | _____ |
| 3 | Mohamed Yaser Omar | 19 | OLMPA | 4:01.12 | _____ |
| 4 | Ibrahim Shams Eldin Mohar | 16 | AHLY | 3:59.76 | _____ |
| 5 | Mohamed Adel Mohamed M | 23 | AHLY | 3:56.31 | _____ |
| 6 | Marwan Ahmed Elamrawy | 29 | Sporting | 3:58.03 | _____ |
| 7 | Mohamed Ayman Abdelsam | 17 | AHLY | 4:00.90 | _____ |
| 8 | Omar Karim Galal Samy | 17 | MAADI | 4:01.13 | _____ |
| 9 | Saif Amr Al Batal | 18 | HADAK | 4:02.35 | _____ |
| 10 | Mohanad Yasser Abdelmene | 17 | SMOHA | 4:02.46 | _____ |