

Egypt Swimming Cup 2022-2023 - 3/14/2023 to 3/20/2023

Meet Program - 20-03-2023 Mon Mor

Event 59 Boys 15 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 21 Timed Finals				
3	Marawan Mohamed Sayed	15	Ahly	NT
4	Marwan Ahmed Elamrawy	28	Sporting	NT
5	Yassin Waleed Mohamed Mohamed	17	Olympic	NT
6	Mohamed abd Elshafy Sadek	16	Zamalek	NT
7	Mohamed Mostafa Mohamed	19	Wadi Degla	NT
Heat 2 of 21 Timed Finals				
1	Mazen Emad Hamed	16	Ahly	NT
2	Ahmed Hany Salem	16	El Zohour	NT
3	Youssef Mahmoud Taha	17	Ahly	NT
4	Mohamed Salam	15	Seka El Hadid	NT
5	Omar Abd EL Razeq Kamal	15	Rowad	NT
6	Mohamed Ibrahim	18	El Nasr Club	NT
7	Seif Ashry Kasem	21	El Ghaba	NT
8	Marten Baher Fouad	18	Sporting	NT
9	Abd Elrahman Mostafa Ragab	17	Swim Home	NT
10	Mhmoud Tarik Ahmed Elgendy	16	Smouha	NT
Heat 3 of 21 Timed Finals				
1	Mazen Waled Mohamed	16	Al Tersana	NT
2	Ahmed Mohamed Rashed Gohar	15	A S E C	NT
3	Mohmed Essam Saied	16	Cairo	NT
4	Hussien Elzafarany	17	Sporting	NT
5	Ahmed Hessin Ahmed	15	Enppi	NT
6	Nour Eldin AlaaEldin Abdalwhab Sh	17	6th	NT
7	Yahya Waled Abdelmonem	17	Misr Insurance	NT
8	Basel Al Sayed Houssin	17	Heliopolis	NT
9	Mohab Hossam Farouk Mohame	15	Elethad	NT
10	Eyad Mohamed abd Elhamed	15	Tanta	NT
Heat 4 of 21 Timed Finals				
1	Seifeldeen Mohamed Khairy	16	YMCA	NT
2	Yamen Moustafa	16	Faros	NT
3	Ahmed Ayman Mohamed	15	Electricity	NT
4	Michael Nasr Atya	19	Talbeia	5:38.36
5	Abdel Rahman Ahmed El_faytoury	15	Sporting	5:17.72
6	Omar Salah Salah Ghonem	15	New Giza	5:25.73
7	Yousef Moustafa Fargaly	18	Rowad	NT
8	Sief El Din Mohamed Moslm	17	Sporting	NT
9	Mohab Wala Eldin Osama	15	Tanta	NT
10	Mohamed Nashaat Abdelhamid	17	Zamalek	NT
Heat 5 of 21 Timed Finals				
1	Yousef Amr Mahmoud Abdelst	15	Bank Ahly Alex	5:12.04
2	Baderelden Nabel Badr Kassem	17	Bank Ahly Alex	5:06.91
3	Yahya Ahmed Abd El Fatah	17	Sporting	5:03.19
4	Nagy Ahmed Nagy Aly Aly	15	Heliolido	5:02.53
5	Omar Karim Ali Abd El Hamid	17	Senzo	4:58.49
6	Loai Ahmed Salah Eldeen Ahmed	15	Moasasa Riadhia Askaria	5:02.23
7	Moaaz Mohamed Ismaeel	15	Rowad	5:02.66
8	Fares Mahmoud Mokhtar	15	Elethad	5:03.76
9	Ibrahim Mostafa Ibrahim	17	Moasasa Riadhia Askaria	5:09.71
10	Kamal Magdy Kamal Ahmed	15	Elethad	5:17.30

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1	Marwan Mohamad Morsy Ebrahe	15	Smouha	4:56.73
2	Yasien Tamer Othman	15	Zamalek	4:56.11
3	Youssef Ashraf Mohamed Tira	18	Moasasa Riadiyah Askaria	4:54.99
4	Ahmed Khaled Abd El Karim Mohar	16	Maadi	4:54.70
5	Ahmed Tarek Ahmed	18	Helwan Club	4:51.92
6	Mahmoud Khaled Mahmoud Samy	15	Moasasa Riadiyah Askaria	4:51.92
7	Taha Saeed Mohamed Fathy	15	A S E C	4:54.76
8	Ahmed Mohamed Yaseir	15	Zamalek	4:55.22
9	Abdelrahman Moataz Yahia	15	Bank Ahly Geza	4:56.52
10	Nabil Tamer Galal Mohamed	15	Moasasa Riadiyah Askaria	4:57.36

Heat 7 of 21 Timed Finals

1	Adham Ahmed abd Elkade	16	Elethead	4:51.43
2	Omar Shady Mohamad Ali H	15	Smouha	4:50.06
3	Yassin Ahmed Othman	16	Sporting	4:48.57
4	Omar Mahamed Karam Ali ElSharka	15	Heliolido	4:48.31
5	Ali Mourad Salaheldein	15	New Giza	4:48.11
6	Ahmed Osama Hassan Abdalah	17	Bank Ahly Alex	4:48.25
7	Khaled Walied Atia	18	El Shams	4:48.44
8	Ahmed Moustafa Shaban	18	A S E C	4:48.94
9	Ziad Mohamed Galal	15	Rowad	4:50.37
10	aly Hussien Mohamed Huse	15	Zamalek	4:51.52

Heat 8 of 21 Timed Finals

1	Ahmed Abdelaziz Elshekh	15	Pegasus Club	4:47.43
2	Abdelrahman Mohamed Ramadan	17	Enppi	4:46.83
3	Hamza Mohamed Elharagy	16	El Temsah	4:46.09
4	Yasien Hytham Fayez	16	Cairo	4:44.34
5	Youseif Mohamed aly	18	Zamalek	4:44.07
6	Abd El Rhman Moustafa Fawzy	16	A S E C	4:44.10
7	Assem Mostafa Khalil	16	Wadi Degla	4:45.44
8	Mohamed Amr Abd El Monaem Has	15	Maadi	4:46.34
9	Omar Sameh Mohamed Saleh	18	Ahly	4:47.24
10	Mohamed Ahmed Mohamed Ebrahim	16	Rowad	4:48.07

Heat 9 of 21 Timed Finals

1	Mohamed Tamer Mohamed Zaky	20	Smouha	4:42.31
2	Mostafa Mohamed Salah Safoh	15	Tanta	4:42.15
3	Eyad Mohamed Hassan els	16	Zamalek	4:41.68
4	Mohamad Akram Mohamad Badwe	15	Smouha	4:41.51
5	Amro Hosen Fathy Hosen	15	Tanta	4:40.95
6	Omar amr Helmy	15	El Temsah	4:41.49
7	Yousef Yahya Zakriya Ramady	20	Sporting	4:41.63
8	Ziad Abdallah Zakria	16	El Nasr Club	4:41.91
9	Joshua Joseph Fouad	15	Al Tersana	4:42.24
10	Hamza Hazem Moneb	15	Cairo	4:43.57

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Heat 10 Timed Finals... (Event 59 Boys 15 & Over 400 LC Meter Freestyle)

1	Mohamed Samy Maher	19	Ahly	4:40.06
2	Youssef Medhat Fathy	15	Wadi Degla	4:39.41
3	Ahmed Mohamed Kaowd	15	Baladyat El Mahala	4:39.04
4	Youssef Ahmed Taha	19	Zamalek	4:38.32
5	abd Elrahman Ahmed Mohamed eid	16	Tanta	4:37.28
6	Hatem Ashraf Kamel	16	Gezira El Ward	4:37.80
7	Ahmed Tamer Rabea	16	Shooting	4:38.80
8	Mohamed Ahmed Ibrahim Saleh	15	Olympic	4:39.06
9	Abd Alla Karim Ashraf Mahgoub	18	El Gezira	4:39.49
10	Moahmed Ahmed Farouq Elkot	16	Smouha	4:40.76

Heat 11 of 21 Timed Finals

1	Ahmed Asharf Dawood	15	Baladyat El Mahala	4:36.64
2	Mohamed Ahmed Fouad	18	Ahly	4:36.14
3	Saif ElDin Waled Abdel Razik	20	Wadi Degla	4:35.35
4	Yehia Samer Wafek	16	Heliopolis	4:35.07
5	Hussein Mohamed Aly	16	Ahly	4:35.01
6	Ziad Nabil Ahmed Mohamed	16	Smouha	4:35.05
7	Karim Ashraf Ahmed	17	Zamalek	4:35.11
8	Mohamed Amr Elsayed Abdelaziz	15	Olympic	4:35.92
9	Mohamed Karim Mohamed Shokry	20	Smouha	4:36.33
10	Yassin Abdelmegeed Mohamed	15	El Ghaba	4:37.12

Heat 12 of 21 Timed Finals

1	Abdelrahman Yasser	17	Smouha	4:34.69
2	Ahmed Mohamed Abdel Salam Moh:	15	Heliolido	4:33.45
3	Mhmoud Wled Fkri Mhmoud	18	6th	4:32.28
4	Moustfa Mohamed Mahmoud	15	Enppi	4:31.88
5	Amro Ahmed Elshekh	16	Tanta	4:31.74
6	Omar Ahmed Hasan Khedr	15	Shooting	4:31.86
7	Ahmed Ismeil	16	Nasr City	4:32.11
8	Mohamed Khaled Mohamed Ragab	17	Bank Ahly Alex	4:32.71
9	Mohamed Hossam Samy	16	Ahly	4:33.46
10	Hassan Hossam Hassan Kamel Ali	18	El Shams	4:34.78

Heat 13 of 21 Timed Finals

1	Omr Ahmed Farouk	17	Cairo	4:31.42
2	Eyad Mohamed Abdelstar	16	Zamalek	4:31.35
3	Yahia Hazim Husieen	15	Zamalek	4:31.22
4	Karem Kamal Ahmed	17	Tawfekaya	4:31.07
5	Mohamed Hassan Abd El Wahab	15	Maadi	4:30.76
6	Amr Zakaria	16	Shooting	4:30.81
7	Ahmed Emad Samir Hassan	18	Heliolido	4:31.14
8	Ahmed Medhat Ahmed Mostafa	16	Wadi Degla	4:31.24
9	amr Hesham Bayomy	20	Cairo	4:31.38
10	Yassin Abdallah Ahmed Youssef	16	Wadi Degla	4:31.48

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Heat 14 Timed Finals... (Event 59 Boys 15 & Over 400 LC Meter Freestyle)

1	Ziad Ayman Mamoun	15	Zamalek	4:30.33
2	Mohnad Hitham Ibrahim	17	Wadi Degla	4:29.58
3	Yehia Ahmed Abd Elfatah Elsaid	16	Shooting	4:29.15
4	Hossen Ahmed Mohamed Hashad	15	Tanta	4:27.95
5	Omar Ali Fathy Mohamad Es	15	Smouha	4:27.68
6	Selim Tamer Osama Ahmed	16	Shooting	4:27.78
7	Mohamed Nader Elbarbary	16	Tanta	4:28.06
8	Mohamed Bahgat Mohamed Elsherb	16	Stad Mansoura	4:29.31
9	Sief Mohamed Salah	19	Tanta	4:30.20
10	Ahmed Mohamed Ghoraba	16	Tanta	4:30.76

Heat 15 of 21 Timed Finals

1	Moustafa Essam Wahba	16	Sporting	4:26.36
2	Youssef Yasser Ibrahim	17	Ahly	4:26.08
3	Anas Mostafa Shaker	15	Wadi Degla	4:25.70
4	Karim Ramy Ibrahim	17	Ahly	4:24.26
5	Mohamed Ahmed Salah Shendy	29	Ahly	4:23.67
6	Omar Elsayed Ramadan Elsayed	16	Olympic	4:23.90
7	Mohamed Abdalla Al Basaty	16	Olympia	4:24.32
8	Nour Eldin Karem Mohamed	15	Ahly	4:26.06
9	Karim Osama Ibrahim Abd ElMoaty	16	Maadi	4:26.30
10	Mohamed Wael Abdel Monaeim	20	Enppi	4:26.72

Heat 16 of 21 Timed Finals

1	Mohanad Tamer Mohamed Zaky	17	Smouha	4:22.84
2	Omar Wahed Ibrahim Awad	15	Rowad	4:22.06
3	Karim Hesham Moh. Fakry Abd Elha	15	El Gezira	4:21.63
4	Mazen Mostafa Asfoor	15	El Zohour	4:21.46
5	abd Elrahman Sherif Karam Monir	18	Al Tersana	4:21.29
6	Mohamed Saeed Eleiraqy	18	Zamalek	4:21.32
7	Abdullah Eldafrawy	15	Rehab	4:21.53
8	Marwan Mostafa Mohamed Most	18	Smouha	4:21.66
9	Ali Sherif Ali Mohamed	18	Shooting	4:22.54
10	Ali Ali Hussein Ali	17	Heliolido	4:23.31

Heat 17 of 21 Timed Finals

1	Hassan Ahmed Mohamed Essam	15	Heliopolis	4:20.80
2	Zeyad Osama Ramdan	15	Hadak Al Ahram	4:20.33
3	Mohamed Mourad Mohamed	21	Sporting	4:20.04
4	Hazem Mohamed Abo Stet	19	Heliopolis	4:19.88
5	Youssef Ehab Mostafa	18	Ahly	4:19.71
6	Yossef Sherif Ibrahim	17	Maadi	4:19.82
7	Ahmed Mohamed Mossad Moham	16	Zamalek	4:19.89
8	Sherief Reda Metwaally	15	El Zohour	4:20.04
9	Yehia Karim Nabil Elzawawy	17	Smouha	4:20.49
10	Anas Haythm Mohamad Elsaw	15	Smouha	4:20.92

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Heat 18 Timed Finals... (Event 59 Boys 15 & Over 400 LC Meter Freestyle)

1	Zeyad Mohamed Magdy	17	Maadi	4:18.81
2	Mostafa Adel Ibrahim Khalil	19	Smouha	4:17.67
3	Ahmed Samir Mohamed	15	Hadak Al Ahram	4:15.91
4	Moustafa Tarik Moustafa	20	Heliopolis	4:15.11
5	Omar Hany Abdalla	21	Ahly	4:14.93
6	Omar Mohamed Hassan	15	Ahly	4:15.07
7	Moahmed Ahmed Salem Hassan	16	Smouha	4:15.54
8	Saif Mohamed Mahmoud Metwaly	15	Shooting	4:16.60
9	Omar Tarek Shehata A	18	Smouha	4:18.65
10	Mohamed Essam Abdou	17	Ahly	4:19.63

Heat 19 of 21 Timed Finals

1	Mahmoud Mohamed Ahmed Abd El	17	El Shams	4:14.85
2	Seif Sayed Mahmoud	17	Helwan Club	4:14.45
3	Omar Gaber Aly	18	Ahly	4:13.91
4	Yasin Hatem Sery	19	Heliopolis	4:13.63
5	Yassin Esam El Din	19	Sporting	4:12.49
6	Mounir Ramez Mounir	19	Shooting	4:12.90
7	Ali Hany Mohamed Al Soghair	21	El Shams	4:13.83
8	Mohaned Alaa Mahmud Ali	19	Smouha	4:13.94
9	Malek Mohamed Bazan	16	Maadi	4:14.51
10	Abd Elrahman Amr Abd Elfatah Gho	17	El Shams	4:14.92

Heat 20 of 21 Timed Finals

1	Karim Magid Abdelglil	16	Zamalek	4:11.80
2	Mohamed Tarek Rashad Abd el Ham	18	El Shams	4:10.05
3	Mohanad Yasser Abdelmenem Mo	16	Smouha	4:09.48
4	Rohaim Tolba	16	Shooting	4:09.08
5	Ahmed Mahmoud Elhourany	16	Ahly	4:06.89
6	Belal Maged Soliman	20	Ahly	4:09.01
7	Omar Mohsen Ramdan AbdElm	18	Smouha	4:09.10
8	Tarek Kamel Farouk	20	Zamalek	4:09.88
9	Mohamed Ehab El Tayeb	17	Ahly	4:10.95
10	Mohamed Waled Mahmoud ali	17	Zamalek	4:11.95

Heat 21 of 21 Timed Finals

1	Eyad Ahmed Zakaria	18	Ahly	4:04.50
2	Omar Karim Galal Samy	16	Maadi	4:04.32
3	Youssef Magdy Elhady	19	Ahly	4:03.86
4	Mohamed Ayman Abdelsamea	16	Ahly	4:01.27
5	Mohamed Adel Mohamed Meseilhy	22	Ahly	3:57.61
6	Abdullah Ahmed Nasr	17	Hadak Al Ahram	4:00.49
7	Mohamed Yaser Omar	18	Olympia	4:03.55
8	Saif Amr Al Batal	17	Hadak Al Ahram	4:03.89
9	Ahmed Mohamed Ahmed ali	17	Shooting	4:04.36
10	Omar Ahmed Hassan Ryaan	18	El Shams	4:04.80

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Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
2	Dahb Magdy Kamal	19	Elethead	NT
3	Laila Ahmed Nagy	16	Shooting	NT
4	Rodayna Mohamed Wagdy	16	Al Tersana	NT
5	Leila Ahmed Ebrahim Ali Eid	18	Heliolido	NT
6	Joudy Mohamed Aly	18	Sporting	NT
7	Nourallah Ahmed Fahmy	16	Ahly	NT
8	Gana amr Shahen	15	Zamalek	NT
Heat 2 of 11 Timed Finals				
1	Haya Mohamed Mahmoud	15	Wadi Degla	NT
2	Mariam Hesham Mohamed	19	Ahly	NT
3	Mariam Ahmed Mostafa Farag	17	El Zohour	NT
4	Gana Wael Youssef Mahmoud	17	Wadi Degla	NT
5	Laila Khaled Elraai	19	Ahly	NT
6	Lyly Mohamed Saed Hamad	16	Tanta	NT
7	Menatalla Morsy	16	Smouha	NT
8	Marem Ahmad Abdelgafar Ahm	15	Smouha	NT
9	Alia Ali Mohamed	20	Heliopolis	NT
10	Salama Mahmoud Khorshed	19	El Obour	NT
Heat 3 of 11 Timed Finals				
1	Sandy Soliman Said	17	Ahly	NT
2	Gana Mohamed Mohamed	17	Ultimate	NT
3	Haya Ahmed Elsaid Abdo	16	6th	NT
4	Zina Amr	18	Sporting	3:19.48
5	Jannah Mohamed Farouk	18	Sporting	3:12.80
6	Aisel Mostafa Anwar	18	Ahly	3:17.52
7	Lamees Amr Mhmoud Elsokary	16	6th	NT
8	Lobna Ahmed Khalifa	19	Bank Ahly Alex	NT
9	Maya Osama Ahmed Mohammed	17	Shooting	NT
10	Mariam Nader Sedky	16	Ismaily Sporting Club	NT
Heat 4 of 11 Timed Finals				
1	Nour Mohamed Abd El Hady	18	Sporting	3:02.53
2	Sama Mohamed Helmy	17	Elethead	3:00.33
3	Nadia Ayman eid Abdelhmid	15	Zamalek	2:59.25
4	Esraa Ehab Zamel	19	Zamalek	2:55.27
5	Mariam Wael Attia	15	Ahly	2:54.12
6	Salma Mohamed Essam Abdels	16	City Club	2:54.21
7	Nadin Motaz Mohamed	15	Moasasa Riadiah Askaria	2:55.60
8	Rawan Yahia	15	Zamalek	2:59.49
9	Sandra Emad Onsy	15	Rowad	3:02.41
10	Maya Ali Ahmed	15	Elethead	3:03.87

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1	Farah Mohamed Moussa Kotb	18	Olympic	2:53.86
2	Renad Khaled Mahmoud	19	Ahly	2:53.46
3	Zena Ashraf Mohamed Ebrah	15	Tanta	2:52.37
4	Yasamina Aslam Subhaa	18	Nasr City	2:51.55
5	Malak Yasser Abdellatif	15	Sporting	2:51.10
6	Gana Tarek Mohamed Farid	18	Shooting	2:51.43
7	Hana Mohie el den Osman	19	Heliopolis	2:51.91
8	Retal Mohamed Khamis	15	Sporting	2:52.88
9	Rola Mostafa Salah	18	Shooting	2:53.52
10	Sama Gehad Mohamed	17	Tawfekaya	2:54.08

Heat 6 of 11 Timed Finals

1	Anan Mohamed Yehia	18	El Mekaweloun	2:48.41
2	Haneen Tamer Ahmed	16	Wadi Degla	2:47.70
3	Lamar Ahmed Mohamed	16	Elethead	2:46.30
4	Amina Alaa Elhamouly	16	Sporting	2:44.98
5	Noor Kamel ElNagar	19	Sporting	2:44.36
6	Hana Ahmed Saied Kandel	16	Heliopolis	2:44.55
7	Farah Aymen Adel Mettwaly	15	Shooting	2:45.46
8	Yara Ahmad Nageb Ahmad Ab	15	Smouha	2:47.11
9	Farida Rashdy Mohamed Ahmed	15	Bank Ahly Alex	2:48.13
10	Rawan Mohamed Saleh Mohmaed	15	El Shams	2:50.25

Heat 7 of 11 Timed Finals

1	Lojain Mohamed Nabil	15	Wadi Degla	2:43.53
2	Gana Emad Gaad Hosny	20	El Shams	2:43.15
3	Mai Khaled Abdeltif	20	Wadi Degla	2:42.95
4	Reem Ameer Abd Elwahab	16	Shooting	2:42.35
5	Rana Ahmed Mahmoud Tawfik	17	Shooting	2:41.95
6	Hana Mohamed Hasaan	16	Zamalek	2:42.00
7	Menna Tallah Ahmed Mohamed	17	Banha	2:42.83
8	Lena Ahmed Adel Smaha	16	Heliopolis	2:43.04
9	Mariam Ebrahim Mohamed Hamdy	15	Heliopolis	2:43.22
10	Jana Hisham Shaheen	17	Cairo	2:43.88

Heat 8 of 11 Timed Finals

1	Yasmena Ahmed Saad	16	Smouha	2:41.56
2	Hana Tarek Yehia	16	Ahly	2:41.39
3	Shahd Ahmed Abd Elbaky	19	Sporting	2:40.46
4	Jassmin Mohamed Abdel Kader	16	Wadi Degla	2:40.15
5	Salma Mohamed Ezzat Mohamed	16	Wadi Degla	2:39.63
6	Nour Hasan Fouad	15	Cairo	2:39.84
7	Basmala amr aly	19	Olympic	2:40.36
8	Layla Mohamed Elsaed Manso	15	Bank Ahly Alex	2:40.55
9	Kenzy Hamada Saad	15	Ahly	2:41.43
10	Arwa Mohamed Elsayed	15	Ahly	2:41.78

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1	Nour Mohamad Hassan Moham	15	Smouha	2:39.17
2	Fatima Haytham Abd ElMeneam	19	Tanta	2:38.80
3	Kenzy Mostafa Hashad	18	Ahly	2:38.76
4	Goudy Mohamed Fahim	15	Ahly	2:37.83
5	Kenzy Mohamed el Sebaey	17	Cairo	2:36.20
6	Nancy Mostafa Ibrahim Mohamed	15	El Shams	2:37.09
7	Khadega abd el Azez Glal	16	Heliopolis	2:38.65
8	Na'eela Wael Elagroudy	16	Sporting	2:38.78
9	Malak Mokhtar Mohamed	17	Wadi Degla	2:38.88
10	Yasmine Yasser Mamdouh	19	Shooting	2:39.31

Heat 10 of 11 Timed Finals

1	Mariam Sherif Mohamed Shawky	17	Maadi	2:34.46
2	Kenzy Shadi Mohamed Elhena	15	Stad Mansoura	2:32.56
3	Shimaa Mohamed Hussien	17	Talbeia	2:32.08
4	Farida Sherif Ahmed Taha	16	Shooting	2:31.86
5	Khadega Osama Mohame Bahaa el d	16	Heliopolis	2:31.45
6	Farah Amr Abdel Motaleib	20	Shooting	2:31.55
7	Hagar Mohamed Ibrahim Abde	17	Smouha	2:31.96
8	Salma Ahmed Elsaid	15	Gezira El Ward	2:32.36
9	Kenzy Wael Foud RamadanYos	15	Smouha	2:34.02
10	Rokan Tamer Ismail	15	Shooting	2:34.90

Heat 11 of 11 Timed Finals

1	Mariam Mohamed Emad Fahmy	18	Maadi	2:30.39
2	Farida Amr Mohamed Abd El Moteli	18	Shooting	2:29.39
3	Raghd Mohamed Elsaid Moham	18	Smouha	2:28.98
4	hla Mohamed Nanoush	16	Tanta	2:28.46
5	Jana Mohamed Omar Mohamed Elde	17	El Shams	2:27.53
6	Fatma Osama Fahmy	16	Zamalek	2:27.75
7	Hanan Ahmed Mohamed Mahmoud	18	Bank Ahly Alex	2:28.67
8	Malak Waled Essam Shabana	19	Smouha	2:29.17
9	Kenzy Ahmed Ali	20	Ahly	2:30.23
10	Login Hazem Samir	15	Nasr City	2:30.83

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Lane	Name	Age	Team	Seed Time
Heat 1 of 19 Timed Finals				
4	abd el Rahman Waleed el Shahat	16	Heliopolis	NT
5	Yousef Reda Saad Elhefnawy	16	Stad Mansoura	NT
6	AbdElrhman Mhmoud Yuones Fatha	20	Smouha	NT
Heat 2 of 19 Timed Finals				
1	Omar Karem Mahmoud Abd El	15	Elethad	NT
2	Mahmoud Abdelwahab Shaban	17	Enppi	NT
3	Yossef Hossam Mohamed Elwy	16	Shooting	NT
4	Saeed Islam Saeed Hassan	16	Moasasa Riadiyah Askaria	NT
5	Mohamed Ashraf Abdo	17	Elethad	NT
6	Youssef Mohamed Abd Elrashed	15	Elethad	NT
7	Eyad Mohamed abd Elhamed	15	Tanta	NT
8	Mahmoud Mohamed Mahmoud	16	Shooting	NT
9	Abd Elhalim Alaa Abd Elhalim	16	El Zohour	NT
Heat 3 of 19 Timed Finals				
1	Omar Ehab Mhmoud Hasan	16	Smouha	NT
2	Mostafa Ahmed Mostafa	15	Talbeia	NT
3	Ahmed Hany Salem	16	El Zohour	NT
4	Mohamed Osama Fekry	15	Wadi Degla	NT
5	Youssef Ahmed Hassan Abdo	16	Elethad	NT
6	Yassen Osama Yosef Ebrahim	15	Smouha	NT
7	Youssef Yasser Farouk Hassan	15	Sporting	NT
8	Omar Mohamed Nabil	17	Wadi Degla	NT
9	Waleid Mohamed Sobhy	20	Zamalek	NT
10	Youssef Shams Elden Gaber	15	A S E C	NT
Heat 4 of 19 Timed Finals				
1	Ahmed Emad Ahmed	18	Ahly	NT
2	Moustafa Yasser Abd El Latif	18	Sporting	NT
3	Mohamed Saeed Eleiraqy	18	Zamalek	NT
4	Mazen Ashraf Mohamed Abdel	18	Bank Ahly Alex	NT
5	Yousef Adel Ramadan	18	El Shams	NT
6	Youssef amr Mohamed	16	Elethad	NT
7	Zeiad Ahmed Saied	15	Zamalek	NT
8	Karim Adel Ahmed Bahgat	20	El Zohour	NT
9	Ahmed Awny Galal	19	Ahly	NT
10	Moaz Eslam Kamal Eldeen E	15	Smouha	NT
Heat 5 of 19 Timed Finals				
1	Yassin Mohamed Abdelgawad Saed	17	Olympia	NT
2	Yahia Helmy Mohamed Mohame	15	A S E C	3:01.39
3	Abdel Rahman Ahmed El_faytoury	15	Sporting	2:55.56
4	Mohaned Walid Mohamed	16	Shooting	2:53.03
5	Kamal Magdy Kamal Ahmed	15	Elethad	2:50.10
6	Omar Ahmed Mohamed	15	Wadi Degla	2:51.68
7	Eyad Ahmed Abd Elsallam	15	El Zohour	2:54.53
8	Omar Karim Ali Abd El Hamid	17	Senzo	2:59.72
9	Eyad Mohamed Elsayed Hassan	15	Al Tersana	3:02.69
10	Yasien Tamer Othman	15	Zamalek	NT

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Heat 6 Timed Finals... (Event 61 Boys 15 & Over 200 LC Meter Backstroke)

1	Ziad Wael Mohamed	19	Zamalek	2:47.52
2	Mohamd Ahmed Hassen	15	Elethead	2:45.00
3	Nadem Hany Abdellatef	15	Elethead	2:42.34
4	Kress Nader abd Elsaid	16	Cairo	2:41.61
5	Omar Ahmed Mansor	19	Sporting	2:39.31
6	Mahmoud Khaled Mahmoud Samy	15	Moasasa Riadiyah Askaria	2:39.69
7	Ahmed Hossam Ahmed Mohamed	15	Bank Ahly Alex	2:41.62
8	Mohamed Mamdouh Mohamed Moh	16	Moasasa Riadiyah Askaria	2:42.37
9	Adham Hamdy Amin	17	Zamalek	2:47.22
10	Hamza Mohamed Shamrock	17	Senzo	2:48.41

Heat 7 of 19 Timed Finals

1	Omar Tamer Mohamed Eltayb	15	Bank Ahly Alex	2:39.08
2	Adel Mohamad Adel Ramadan	15	Smouha	2:38.58
3	Seifallah Mahmoud Ahmed	16	El Ghaba	2:37.76
4	Yousif Wael Hamed Elsaid	19	Smouha	2:37.45
5	Yasien Mohamed Fathy	15	Zamalek	2:36.59
6	Omar Mahamed Karam Ali ElSharka	15	Heliolido	2:37.21
7	Fares Karm Refaay	15	Ahly	2:37.71
8	Youssef Mohamed Fathy	16	New Giza	2:38.30
9	Mohamed Abdelmounem Ashor	15	El Shams	2:38.86
10	Hassan Hussein Mohamad Hese	15	Smouha	2:39.15

Heat 8 of 19 Timed Finals

1	Mohamed Emad Ghonemy	15	Rowad	2:36.36
2	Youssef Sameh Ahmed Zaied	15	Shooting	2:36.04
3	Abdelrahman Mohamad Ehab Abdel	15	Smouha	2:35.89
4	Moaz Tamer Hassan Mohamed	15	El Nasr Club	2:35.51
5	Mohamed Khaled Mohamed Mahmo	15	Zamalek	2:34.64
6	Mohamed Moatazbellah Mohamed N	15	Wadi Degla	2:35.42
7	Slem Ahmed Hosny	19	Sporting	2:35.87
8	Hamza Mohamed Elharagy	16	El Temsah	2:35.89
9	Tayem Waled Mostafa AbdElh	15	Smouha	2:36.20
10	Hussein Mohamed Hussein	16	Talbeia	2:36.58

Heat 9 of 19 Timed Finals

1	Ahmed Eid Hamad Ahmed	17	El Nasr Club	2:34.08
2	Hazem Mohamed Heslen Solaym	15	Bank Ahly Alex	2:33.22
3	Mostafa Ibrahim Mahrosr Ahme	16	Smouha	2:33.03
4	Yahya Yasser Mohamed Elbhn	17	Bank Ahly Alex	2:32.81
5	Mohamed Hany Ahmed Hassan	17	El Shams	2:32.40
6	Martin Emad Rizk	17	YMCA	2:32.41
7	Youssef Galal Ezz	15	Elethead	2:32.98
8	Hazem Omar Mohamad Fathe	15	Smouha	2:33.15
9	Eyad Essam Mohmed	15	Cairo	2:33.79
10	Omar Sameh Mohamed Saleh	18	Ahly	2:34.25

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Heat 10 Timed Finals... (Event 61 Boys 15 & Over 200 LC Meter Backstroke)

1	Ali Hesham Moh. Fekre Shrif	19	El Gezira	2:32.24
2	Yossef Ihab Youssef	17	Elethead	2:32.17
3	Omar Khaled Khamis	18	A S E C	2:31.89
4	Adham Ahmed Hassan	20	Ahly	2:30.95
5	Youssef Khalil Alsaïd	15	Rowad	2:30.83
6	Adham Mahmoud Sayed	15	Ahly	2:30.94
7	Mostafa Mohamed Fouad El Gamal	15	Tawfekaya	2:31.64
8	Mohab Wala Eldin Osama	15	Tanta	2:32.14
9	Omar Ayman Zakaria	16	Smouha	2:32.21
10	Ibrahim Bahaaeldin Ibrahim Sayed	15	Olympic	2:32.28

Heat 11 of 19 Timed Finals

1	Mohamed Emad Maher	17	Senzo	2:30.65
2	Omar Ahmed Mohamed Gaballah	15	Rowad	2:29.97
3	Mohamed Wael Ibrahim Desouki	15	Tawfekaya	2:29.55
4	Mostafa Mohamed Abdelmnam	16	Bank Ahly Alex	2:28.25
5	Mohamed Khaled Salam	18	Ahly	2:27.99
6	Anas Hossam Abdelhamed	16	El Ghaba	2:28.15
7	Yasin Mossa Moh. Faghr Eldin Hawa	15	El Gezira	2:29.33
8	Assem Mostafa Khalil	16	Wadi Degla	2:29.60
9	abd Elrahman Ahmed Mahmoud Abi	18	Olympic	2:30.13
10	Yassen Haitham Ghazy	16	Tawfekaya	2:30.67

Heat 12 of 19 Timed Finals

1	Youssef Wala Mohamed Tawfek	16	Smouha	2:27.22
2	Adham Amr Ahmed ElSharambakho	15	Wadi Degla	2:27.10
3	Omar Mohamed Ibrahiem	16	Wadi Degla	2:26.86
4	Fo`ad Haitham	20	Smouha	2:26.50
5	Abdel Rahman Mohamed Metwally	19	Elethead	2:26.42
6	Kamal El Din Mokhtar	19	Wadi Degla	2:26.46
7	Awny Mohamad Awny	16	Smouha	2:26.66
8	Omar Ayman Esmael Emam	15	6th	2:27.03
9	Adham Mostafa Ibrahim	15	El Temsah	2:27.18
10	Mohamed Ahmed Mohamed Ebrahir	16	Rowad	2:27.79

Heat 13 of 19 Timed Finals

1	Ahmed Ramee Ahmed Hashem	16	6th	2:26.31
2	Abdelrahman Adel Fawzy	16	Smouha	2:25.48
3	Yasein Hossam aly	16	Zamalek	2:25.02
4	Yossef Yehya Ibrahem	17	El Ghaba	2:24.84
5	Eyad Hossam Eldin Zakzouk	16	Sporting	2:24.09
6	Farok Mohamed Fayk Alshaar	18	6th	2:24.51
7	Mahmoud Amr Samy	21	Ahly	2:24.96
8	Zeyad Mohamed Magdy	17	Maadi	2:25.26
9	Omar Mohamad Ali Ebrahem	15	Smouha	2:25.53
10	Mohamed Amr Elsayed Abdelaziz	15	Olympic	2:26.42

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Heat 14 Timed Finals... (Event 61 Boys 15 & Over 200 LC Meter Backstroke)

1	Adam Mohamed Helmy	16	Wadi Degla	2:23.63
2	Mohamed Tamer Mohamed Zaky	20	Smouha	2:23.61
3	Mohamed Abdalla Al Basaty	16	Olympia	2:22.90
4	Mohmed Ayman Esmael Emam	17	6th	2:22.69
5	Abelrahman Khaled Abdelmaksoud	16	Olympic	2:22.11
6	Loaay Motasem Alaaeldin	16	Zamalek	2:22.28
7	Yassin Hussein Nabil Hussein	15	Shooting	2:22.87
8	Mohamed Ibrahim Elkhdry	17	Elethad	2:23.09
9	Kareem Mohamed Fouad Algaml	18	Tawfekaya	2:23.62
10	Omar Tamer Issa	15	Rowad	2:23.72

Heat 15 of 19 Timed Finals

1	Ahmed Hassan Ahmed Hassan	17	Wadi Degla	2:21.67
2	Yassin Amr Adel	15	Ahly	2:21.02
3	Karim Yasser Mamdouh	17	Shooting	2:20.26
4	Basel Sameh Mohamed	15	Hadak Al Ahram	2:20.17
5	Mohamed Bakry Kaaed Abd El Gabb	15	Maadi	2:20.13
6	Mahmoud Eissa Moharam	15	Wadi Degla	2:20.13
7	Amr Wael Shawky	16	Rowad	2:20.22
8	Adham Hossam Lotfy Hassan	17	Smouha	2:20.43
9	Seif Elden Osama Darwesh	16	Tanta	2:21.20
10	Mohamed Ahmed Salem	19	El Ghaba	2:21.77

Heat 16 of 19 Timed Finals

1	Adam Mohamed Mahmoud Mohame	15	Shooting	2:19.59
2	Ali Ahmed Dawood	20	Ahly	2:18.83
3	Amar Haitham Mohamed Saeid	16	El Shams	2:18.45
4	Ahmed Mohamed Mossad Moham	16	Zamalek	2:18.10
5	Mostafa Magdy Nabil	19	Ahly	2:17.84
6	Mohamed Ramy Mohamed	18	Ahly	2:17.96
7	Adam HossamEldin Mohamed	16	Smouha	2:18.34
8	Hussin Mohamed Hussin	18	Talbeia	2:18.73
9	Mohamed Ahmed Amin	19	Zamalek	2:19.44
10	Omar Tarek Abdel-Rahman	16	Ahly	2:19.77

Heat 17 of 19 Timed Finals

1	Adam Mohmoud Abdelftah Ka	17	Bank Ahly Alex	2:17.49
2	Karim Ahmed Naser Abdelmee	17	Smouha	2:17.13
3	ali Mohamed Sarwat	18	Heliopolis	2:16.51
4	Zyad Wael Abass Bhr	20	6th	2:16.19
5	Yasin Alaa Ibrahim Elbieh	19	Smouha	2:15.34
6	Abdel Reheim Samir Al Sheinawy	25	Zamalek	2:15.86
7	Ahmed Tarek Mohamed	19	Shooting	2:16.43
8	Khaled Hesham Ahmed	16	Elethad	2:16.79
9	Kareem Hossam Ahmed Salama	15	Smouha	2:17.33
10	Seif Amr Mahmoud Alsokry	17	6th	2:17.81

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1	Mohaned Alaa Mahmod Ali	19	Smouha	2:14.97
2	Omar Mohamed Tawfek	15	Al Hawar	2:14.60
3	Hamza Moahmed Mhmoud	16	Smouha	2:14.11
4	Mazen Wael Fakry	15	Al Tersana	2:13.96
5	Omar Ahmed Salah	17	Ahly	2:13.40
6	Belal Maged Soliman	20	Ahly	2:13.74
7	Yousif Ahmed Ragab Elshaman	18	Smouha	2:14.03
8	Mazen Ibrahim Ahmed	17	Wadi Degla	2:14.51
9	Abdel Rahman Khaled Zakaria	18	Ahly	2:14.64
10	Yosef Hatem ali Ahmed	16	Al Hawar	2:15.10

Heat 19 of 19 Timed Finals

1	Youssef Amr Sayed	17	Wadi Degla	2:12.84
2	Mohamed Taha Abd El Raouf	18	Wadi Degla	2:12.30
3	Ahmed Adel Mohamed Meselhy	23	Ahly	2:11.26
4	Islam Mohamed Nashaat	17	Maadi	2:08.50
5	Yasin Wael Elshmaa	24	Sporting	2:06.04
6	Eyad Mohsen Isamil ali	16	El Shams	2:07.89
7	Mohamed Walid Azouz	19	Ahly	2:10.96
8	Abd El Rahman Hisham Fathalah	17	Sporting	2:12.06
9	Moustafa Abdo Mohamed Shawqy	21	Rowad	2:12.84
10	Marwan Ali Mahmoud	15	Wadi Degla	2:13.35