

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 29 Women 20 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
3	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
4	Mariam Houssin Kamal	24	El Zohour	NT
5	Manal Zaki Tawfeik Ali	23	Zamalek	NT
6	Hidy Mohamed Ramadan	20	Tanta	NT
Heat 2 of 6 Timed Finals				
1	Mayar Hesham ali	27	Cairo	NT
2	Yara Moustafa Hassan Aly	27	Olympic	NT
3	Rewida Hesham Tolba	28	Ahly	NT
4	Yuliia Kovalchuk	29	Shooting	NT
5	Mariem Mohamed Saeid	28	Cairo	NT
6	Salma Abd EL Hakeem Mohame	27	El Shams	NT
7	Noha Moussad Mohamed Ismaiel	32	El Zohour	NT
Heat 3 of 6 Timed Finals				
2	Rana Yousri Shalah	35	El Gezira	NT
3	Reham Ibrahim Mohamed Ibrahim	37	El Shams	NT
4	Riham Maher Loutfy Elsid	39	El Gezira	NT
5	Lamyaa Mohamad Hassan Khalefa	39	Shooting	NT
6	Nada Eman	36	Sporting	NT
7	Radwa Abdelgalil Mahmoud	35	Cairo	NT
Heat 4 of 6 Timed Finals				
1	Marwa Shaheen	45	Smouha	NT
2	Salma Mohamed Hassan Mostafa	47	Maady	NT
3	Maryan Amir Azeer	46	El Gezira	NT
4	Nehal Moh. Ahmed Nashed	41	El Gezira	NT
5	Sara Adel Yasin	42	Ahly	NT
6	Shreen Magdy Zaky	42	Smouha	NT
7	Soha Chahine	52	Sporting	NT
8	Monica Elena Bopescu	50	Shooting	NT
Heat 5 of 6 Timed Finals				
1	Aesha Ahm. Rashad	55	El Gezira	NT
2	Katrein Mary Hanafy	59	Shooting	NT
3	Noha Mahmoud Deiab	56	Shooting	NT
4	Mona Kamel Youseif	69	Heliopolis	NT
5	Neven Mohamed Khlel Salah	67	El Gezira	NT
6	Neven Ramez Al Nagar	63	Heliopolis	NT
7	Lameia Ahmed Maher	62	El Gezira	NT
8	Douriea Ahmed Nazzmy	72	Maady	NT
Heat 6 of 6 Timed Finals				
4	Nadya Zakareia El Araby	77	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 30 Men 20 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Timed Finals				
3	Abdelrahman Ayman Sayed	20	Fayoum Club	NT
4	Kareem Ahmed Shaaban	23	Rowad	NT
5	Yousif Amr Mahmoud	21	Rowad	NT
Heat 2 of 12 Timed Finals				
1	Abd Elrahman Yasser Tarief	26	Cairo	NT
2	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
3	Omar Wael Hashem Aly	28	El Shams	NT
4	Moataz Mahmoud abd Elmonem	29	Cairo	NT
5	Mahmoud Mohamed Farag	28	Ahly	NT
6	Ziad Hany Abdelaziz	27	Heliopolis	NT
7	Daly Dimitrios	26	Sporting	NT
8	Seif el den Hesham Ebrahim	25	Heliopolis	NT
Heat 3 of 12 Timed Finals				
1	Mohamed Ahmed Abd Elraman	30	Ahly	NT
2	Mahmoud Moh. Yosif Mohamed	31	El Gezira	NT
3	Adham Nagy	33	Sporting	NT
4	Ahmed Abou Bakr Souliman	34	Ahly	NT
5	Mohamed Ebrahim Al Bakaly	33	Shooting	NT
6	Ahmed Mostafa Mohamed Salah	32	El Zohour	NT
7	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
8	Loai Mohamad Nasr Elsabbahy	30	Shooting	NT
Heat 4 of 12 Timed Finals				
1	Shady Tarik Sayed Hafeiz	35	Shooting	NT
2	Hamed Abdel Hamed Hamed	36	Seka Haded	NT
3	Ehsan Mohamad Goma Mohamed	37	Shooting	NT
4	Amr Adel Ibrahim	39	Ahly	NT
5	Ahmed Yousry Moktar	37	Shooting	NT
6	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
7	Mohamad Mahmoud Alsayed Gadall	35	Shooting	NT
8	Mohamed Hussein Mohamed	30	Cairo	NT
Heat 5 of 12 Timed Finals				
2	Ahmed Osman Mohamed	42	Ahly	NT
3	Haytham Fouad Zaky	44	Smouha	NT
4	Mohamed Ahmad Hany Yossef	44	Shooting	NT
5	Mohamed Ahmed Gamal Eldin	42	Ahly	NT
6	Ahmed El Hasafy	30	Sporting	NT
Heat 6 of 12 Timed Finals				
2	Ahmad Nader Zaky	45	Shooting	NT
3	Ibrahim Ahmed Hafeiz	47	Heliopolis	NT
4	Mohamed Mahmoud Fahmy	49	Shooting	NT
5	Mahmoud Taha Mahmoud Shams	48	Gezira El Ward	NT
6	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
7	Yassen Shazly Fortune	45	Heliopolis	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program - 13-10-2023 Eve****Heat 7 Timed Finals... (Event 30 Men 20 & Over 200 SC Meter Breaststroke)**

1	Mohamed Ahmed Esaad	52	Ahly	NT
2	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
3	Waleed Hassan Hussien Zayed	53	Shooting	NT
4	Amr Mohamed Samy Abdel Karim	54	Shooting	NT
5	Tarik Soultan Abou Ali	54	Heliopolis	NT
6	Khaled Abdel Hamed Soliman	53	Shooting	NT
7	Khaled Salah El Din Mohamed	52	Shooting	NT
8	Ragi Michel Selim Yacoub	51	El Gezira	NT

Heat 8 of 12 Timed Finals

2	Yasser Hussein Fayyad	55	El Shams	NT
3	Ashraf Farag Abdelwahab	57	Ahly	NT
4	Sherif Mohamed Samy Hassan	59	El Shams	NT
5	Mohamed Farouk Twfeek	57	Smouha	NT
6	Waleed Mahmoud Diab	56	Shooting	NT

Heat 9 of 12 Timed Finals

3	Mohamed Mahmoud Mostafa	61	Ahly	NT
4	Osman Ahmed Ali	64	Ahly	NT
5	Abdalla Mahmoud Khalil Elnahas	62	El Gezira	NT
6	Hany Aziz Sedky	60	Shooting	NT

Heat 10 of 12 Timed Finals

2	Samy Wahby Sief	66	Heliopolis	NT
3	Yasser Mohamed Mounir abd el Aziz	67	El Shams	NT
4	Ramzy Attia Ibrahim	69	Ahly	NT
5	Elsayed Hassan AboElwafa	69	Canal El Suez	NT
6	Abdel Aziz Mohamed Hashim	67	Heliopolis	NT
7	Mohamed Essam Eldin Ibrahim	66	Heliopolis	NT

Heat 11 of 12 Timed Finals

1	Atef Youssief Hanna	70	Cairo	NT
2	Adel Mohamad Yakout	71	Smouha	NT
3	Mohssein Abdel Kawy Al Housseiny	72	Ahly	NT
4	Ahmed Hany Yosef Ezz El Din	74	Shooting	NT
5	Elmy Sayed Hussein	73	Ahly	NT
6	Mohamed Mosaad Fayed	71	Heliopolis	NT
7	Hany Kamal Nasar	71	Heliopolis	NT
8	Abdelmawgod Gomaa Abdelmawgod	70	Shooting	NT

Heat 12 of 12 Timed Finals

1	Mohamed Ali Mousa	75	Ahly	NT
2	Hesham Omar Sedky	77	Shooting	NT
3	Yousef Anwar Ahm. Wahsh	79	El Gezira	NT
4	Said Ahmed Kamal	79	Ahly	NT
5	Ahmad Abdelatef EL Ghazaly	76	Shooting	NT
6	Housam Zaki Fahmy	82	El Gezira	NT
7	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 31 Women 20 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
1	Hidy Mohamed Ramadan	20	Tanta	NT
2	Marim Wael Gonim	23	El Ghaba	NT
3	Manal Zaki Tawfeik Ali	23	Zamalek	NT
4	Mariam Houssin Kamal	24	El Zohour	NT
5	Salma Ahmad Medhat Fahim	23	Shooting	NT
6	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
7	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
8	Esraa Emad Mohamed Shaaban	20	El Shrook	NT
Heat 2 of 10 Timed Finals				
1	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
2	Lameaa Taher Soleman	27	El Gezira	NT
3	Nourhan Ahmed Halawa	28	Ahly	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Raff Hesham Sayed	28	El Zohour	NT
6	Yara Moustafa Hassan Aly	27	Olympic	NT
7	Merna Amr Abd EL Fatah	26	Heliopolis	NT
8	Maryam Ashraf Abdalla	25	Shooting	NT
Heat 3 of 10 Timed Finals				
1	Mariam Mohamed Atteif	30	Heliopolis	NT
2	Yara Dowidar	31	Sporting	NT
3	Mena Naser Radwan	32	Heliopolis	NT
4	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
5	Noha Moussad Mohamed Ismaiel	32	El Zohour	NT
6	Maha Hesham Mohamed	30	Shooting	NT
7	Malak Amer El Nady	25	Ahly	NT
8	Yasmin Tarek Fouad Elewa	25	Shooting	NT
Heat 4 of 10 Timed Finals				
1	Yassmin Khaled Ahmed	35	TM Sports	NT
2	Yomna Hosam Hamed	37	Heliopolis	NT
3	Nora Fouad Ali Ibrahim	37	Shooting	NT
4	Riham Maher Loutfy Elsid	39	El Gezira	NT
5	Shaymaa Samy Tawfeik	38	Heliopolis	NT
6	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
7	Nada Eman	36	Sporting	NT
Heat 5 of 10 Timed Finals				
4	Basant Moh. Ashraf Montaser	43	El Gezira	NT
5	Sohad Shaaban Abd Rabo	41	Heliopolis	NT
Heat 6 of 10 Timed Finals				
1	Basant Ibrahim	46	Heliopolis	NT
2	Nevein Mahmoud Ali	46	Shooting	NT
3	Talen Alber Mardurs	47	El Gezira	NT
4	Sherifa Salah Sabry Mohamed	48	TM Sports	NT
5	Mona Mahmoud Rizk	47	El Gezira	NT
6	Mariam Mahmud Mostafa	46	Shooting	NT
7	Rania Mohammad Raafat	46	Shooting	NT
8	Rehab Mohamed El Gohary	45	Ahly	NT
Heat 7 of 10 Timed Finals				
3	Monica Elena Bopescu	50	Shooting	NT
4	Gehan Abdalla	54	Ahly	NT
5	Rania Sami	52	Sporting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program - 13-10-2023 Eve****Heat 8 Timed Finals... (Event 31 Women 20 & Over 100 SC Meter Freestyle)**

1	Noha Mahmoud Deiab	56	Shooting	NT
2	Sherwet Wafaa Moh. Hafez	56	El Gezira	NT
3	Wafaa Abdel Maged Wafi	57	El Gezira	NT
4	May Mohamed Ossman Neiazzy	59	Shooting	NT
5	Sherien Ali Sery	57	Heliopolis	NT
6	Hala Ghazy	56	Ahly	NT
7	Nahla Housen Gmal EL Den	56	Heliopolis	NT

Heat 9 of 10 Timed Finals

1	Elham Mostafa Esmail	60	Heliopolis	NT
2	Maha Mohmoud El Kholy	62	Heliopolis	NT
3	Nazla Faeidalla	63	Ahly	NT
4	Ingrid Wassmann	60	El Gezira	NT
5	Sahar Mansour	72	Ahly	NT
6	Nadia Elgendy Girges	72	Shooting	NT
7	Hoda Salah El Din Mortada	69	Heliopolis	NT
8	Sherifa Yehya Areif	69	Heliopolis	NT

Heat 10 of 10 Timed Finals

3	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT
4	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT
5	Sameha Kamal Seif El Nasr	80	Heliopolis	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 32 Men 20 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 16 Timed Finals				
1	Mahmoud Essam El Din Abdalla	20	El Zohour	NT
2	Ziyad Ahmed Abdel Azim	21	Hadak Al Ahram	NT
3	Abd Elrahman Emad Fathy Ismael	22	El Gezira	NT
4	Omar Mostafa Ebrahim	24	Heliopolis	NT
5	Ziyad Mohamed Anwar Assfor	24	El Ghaba	NT
6	Mostafa Mohamed El Saied	22	Heliopolis	NT
7	amr Hesham Bayomy	20	Cairo	NT
Heat 2 of 16 Timed Finals				
1	Khaled Ahmed Attia	27	Canal El Suez	NT
2	Amen Saady Kamel	27	Shooting	NT
3	Seif Mohamed Medhat	28	Ahly	NT
4	Mohamed Ahmed Shendy	29	Ahly	NT
5	Mahmoud A Alsaed Soltan	29	Tanta	NT
6	Mostafa Ahmed Solyman	28	Ahly	NT
7	Omar Ahmed Eid	27	Shooting	NT
8	Omar Ashraf Nasar	26	Gezira El Ward	NT
Heat 3 of 16 Timed Finals				
1	Amro Essam Aly Abd El Naby	32	El Gezira	NT
2	Amr Mostafa Kamal	33	Ahly	NT
3	Adham Nagy	33	Sporting	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Salah El din Esam Salah El din	34	Ahly	NT
6	Abdel Hakeim Essam Farag	33	Heliopolis	NT
7	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
8	Ahmed Mohamed Medhat Ahmed	32	El Shams	NT
Heat 4 of 16 Timed Finals				
1	Mohamed Ahmed Sadek	30	Rowad	NT
2	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
3	Mahmoud Moh. Yosif Mohamed	31	El Gezira	NT
4	Omar Abdelhamid Elkhoully	32	Zamalek	NT
5	Ahmed Mostafa Mohamed Salah	32	El Zohour	NT
6	Sherif Samy Ahmed	31	El Zohour	NT
7	Omar Abdelmonem Mohmed	30	Cairo	NT
8	Mohamed Hussein Mohamed	30	Cairo	NT
Heat 5 of 16 Timed Finals				
1	Yousef Hesham Yousef Sayed Gomaa	36	Shooting	NT
2	Tamer Hassan Farag	37	Zamalek	NT
3	Karim Mohamed Talaat Altanahy	38	Shooting	NT
4	Khaled Wael Abd Elmged Ibrahim	39	El Gezira	NT
5	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
6	Abdelrahman Mohamed Zaghloul	38	Zamalek	NT
7	Mohammad Adel Mansour Askar	36	Shooting	NT
8	Ahmed Ibrahim Aboutaleb	36	El Zohour	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program - 13-10-2023 Eve****Heat 6 Timed Finals... (Event 32 Men 20 & Over 100 SC Meter Freestyle)**

1	Karem Adel Boshra	35	Heliopolis	NT
2	Adham El-Huseen El-Bassam	35	El Ghaba	NT
3	Ali Ahmed Ramah	35	Ahly	NT
4	Mohamed Mahmoud Abdelatef Mah	36	Gezira El Ward	NT
5	Ahmed Mahmuod Omar	35	Nasr City	NT
6	Mahmoud Khalid Yakob	35	Ahly	NT
7	Yosif Khalid Mohamed	25	Ahly	NT
8	Abdelrahman Mohamed Gaber	25	El Ghaba	NT

Heat 7 of 16 Timed Finals

1	Mohammad Hesham Gamal Eddin A	41	Shooting	NT
2	Ahmed Saied Mohmed	42	Cairo	NT
3	Abdel Moneim Khalaf	44	Sporting	NT
4	Ali Mohamed Ali Salman	44	El Gezira	NT
5	Hazem Abdelrahman Mohamed	44	El Shams	NT
6	Mohamed Ahmed Ibrahim	43	Ahly	NT
7	Mohamad Ahmad Ezzat Emam	42	Shooting	NT
8	Yasser Ahmed Ameen	41	Canal El Suez	NT

Heat 8 of 16 Timed Finals

1	Ali Ahmed Samy El Ebiary	45	El Zohour	NT
2	Jose Sanchez	46	El Gezira	NT
3	Ashraf Aly Mohamad Metwally	47	Shooting	NT
4	Ahmed Ezz Eldin Moh. Essa	49	El Gezira	NT
5	Ahmad Hassn Abdo Elkhyaal	49	Smouha	NT
6	Mohamed Sabry Al Hakim	46	El Gezira	NT
7	Sherief Fathe abd Elwahab	46	Cairo	NT
8	Ahmed Mazen Msalam	45	Nasr City	NT

Heat 9 of 16 Timed Finals

1	Ragi Michel Selim Yacoub	51	El Gezira	NT
2	Nabil Fayez Hanin	51	Shooting	NT
3	Mohammad Mohammad Hasab Elna	52	Shooting	NT
4	Hisham Hany El bon	53	Canal El Suez	NT
5	Yaser Abdelaal	53	Ahly	NT
6	Ahmed M Aly Yossef	51	Tanta	NT
7	Ayman Al Quidy	51	Yacht Club of Egypt Alex	NT
8	Yaser Aseim Mahmoud	50	Heliopolis	NT

Heat 10 of 16 Timed Finals

2	Sherief Hassan ali	41	Cairo	NT
3	Abd Alah Mohamedm Elhehyawe	40	Heliopolis	NT
4	Karim Mohamed Elsokary	50	Ahly	NT
5	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
6	Omar Mohamed Abdelfattah Mohar	30	El Shams	NT

Heat 11 of 16 Timed Finals

1	Ahmed Mohamed Talba	55	Nasr City	NT
2	Mostafa Amer	56	Ahly	NT
3	Mohannad Mohamed Assem	58	El Shams	NT
4	Yaser Farouk Yousef	59	Shooting	NT
5	Alaa Ahm. Moh. Ashour	59	El Gezira	NT
6	Hesham Mohamad Elkaluby	57	Shooting	NT
7	Ashraf Mohmed Fouad	56	Cairo	NT
8	Yasser Hussein Fayyad	55	El Shams	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program - 13-10-2023 Eve****Heat 12 Timed Finals... (Event 32 Men 20 & Over 100 SC Meter Freestyle)**

1	Mohsan Abou Alwafa	61	Sporting	NT
2	Tarik Mohamed Abaza	62	Ahly	NT
3	Amr Ahmad Hamed Darwish	63	Shooting	NT
4	Ahmad Azmy	64	Smouha	NT
5	Amr Abd Elfatah	64	Sporting	NT
6	Essam Al Sayed Abdalla	62	Ahly	NT
7	Mohamed Zaki Mehana Hassan	61	El Gezira	NT

Heat 13 of 16 Timed Finals

2	Hesham Fouad Mahmoud	65	Cairo	NT
3	Ahmed Ibrahim Edreis	68	Heliopolis	NT
4	Montaser Mohamad Ahmad Awad	69	Shooting	NT
5	Amr Mansour	68	Sporting	NT
6	Samy Wahby Sief	66	Heliopolis	NT

Heat 14 of 16 Timed Finals

1	Mohamed Kamel Mazen	70	Ahly	NT
2	Mohamed Mosaad Fayed	71	Heliopolis	NT
3	Abdel Sameia Abdel Hakim Ahmed	73	Maady	NT
4	Mohamed Antar Sayed	74	Canal El Suez	NT
5	Mohamed Mahmoud Abas	73	Shooting	NT
6	Sherin Mohamed Eltayeb	71	Ahly	NT
7	Moaataz Mohamed Talaat	71	Heliopolis	NT
8	Mohamad Abdelfattah Mohamad	70	Shooting	NT

Heat 15 of 16 Timed Finals

1	Mohamed Ali Mousa	75	Ahly	NT
2	Mohamed Abdelfatah	78	Sporting	NT
3	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
4	Yousef Anwar Ahm. Wahsh	79	El Gezira	NT
5	Mohamed Refaat Ahmed Refaat	79	Ahly	NT
6	Marwan Ghazawy	79	Sporting	NT
7	Karam Mohamed Habieb	76	Heliopolis	NT
8	Gharib Ahmed Attia	75	Canal El Suez	NT

Heat 16 of 16 Timed Finals

1	Mosaad Hassan Shehab	80	Shooting	NT
2	Baheig Boshra Meikhaeil	83	Heliopolis	NT
3	Ahmed Hamada	84	Sporting	NT
4	Ehab Shalabi	83	Heliopolis	NT
5	Housam Zaki Fahmy	82	El Gezira	NT
6	Mahfouz Gerges Ghabreial	90	Ahly	NT
7	Wafeik Aeibad	85	Heliopolis	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 33 Women 20 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
3	Salma Ahmad Medhat Fahim	23	Shooting	NT
4	Merhan Yasser Mohamed Salem	24	El Zohour	NT
5	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
6	Malak Amr Essmat Mohamed	20	El Zohour	NT
Heat 2 of 11 Timed Finals				
1	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
2	Lameaa Taher Soleman	27	El Gezira	NT
3	Nour Hany Abu Elazm	27	Sporting	NT
4	Salma Hesham Ahmed Mostafa	28	Shooting	NT
5	Nourhan Ahmed Halawa	28	Ahly	NT
6	Mayar Hesham ali	27	Cairo	NT
7	Mariam Sakr	26	Ahly	NT
8	Merna Amr Abd EL Fatah	26	Heliopolis	NT
Heat 3 of 11 Timed Finals				
1	Yara Dowidar	31	Sporting	NT
2	Wesam Hossam Eddin Ebrahim	32	Shooting	NT
3	Mona Mostafa Sayed	32	Ahly	NT
4	Weaam Gamal Abdelmeged	34	Shooting	NT
5	Yasmin Ahmed Halawa	33	Ahly	NT
6	Yomna Amro Nageb Kalaf	32	El Gezira	NT
7	Aya Salah Abdel Fattah Aly	32	Shooting	NT
8	Mariam Mohamed Atteif	30	Heliopolis	NT
Heat 4 of 11 Timed Finals				
2	Shorouk Ehab	30	Cairo	NT
3	Amira Galal Zakrya	30	Zamalek	NT
4	Nourhan Hesham Khafagy	30	Cairo	NT
5	Maryam Ashraf Abdalla	25	Shooting	NT
6	Malak Amer El Nady	25	Ahly	NT
Heat 5 of 11 Timed Finals				
1	Rana Yousri Shalah	35	El Gezira	NT
2	Nora Fouad Ali Ibrahim	37	Shooting	NT
3	Yomna Hosam Hamed	37	Heliopolis	NT
4	Omneya Tarif	39	Sporting	NT
5	Alaa Ahmed Abo ElFotoh	38	TM Sports	NT
6	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
7	Yasmin Moh. Foad Nassar	36	El Gezira	NT
8	Nadien Adel Ageb Wasef	35	El Shams	NT
Heat 6 of 11 Timed Finals				
3	Hanaa Ahmad Khachaba	42	El Zohour	NT
4	Samaa Sultan	44	Sporting	NT
5	Basant Moh. Ashraf Montaser	43	El Gezira	NT
6	Amira Ayman Saif Elnasr	41	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program - 13-10-2023 Eve****Heat 7 Timed Finals... (Event 33 Women 20 & Over 50 SC Meter Backstroke)**

1	Rehab Mohamed El Gohary	45	Ahly	NT
2	Rania Mohammad Raafat	46	Shooting	NT
3	Mona Mahmoud Rizk	47	El Gezira	NT
4	Rasha Yousef Moh. Tawfik Abd Elftal	49	El Gezira	NT
5	Sherifa Salah Sabry Mohamed	48	TM Sports	NT
6	Basant Ibrahim	46	Heliopolis	NT
7	Nevein Mahmoud Ali	46	Shooting	NT
8	Amal Mohamed Abdelmonem	45	Shooting	NT

Heat 8 of 11 Timed Finals

3	Rania Sami	52	Sporting	NT
4	Ghada Farouk Yousef	54	Shooting	NT
5	Maha Mohamed Mahmoud Labib	54	El Shams	NT

Heat 9 of 11 Timed Finals

1	Magda Ebrahim Khalil	57	Cairo	NT
2	Sherien Ali Sery	57	Heliopolis	NT
3	Amal abd Elazez Elshikh	59	Zamalek	NT
4	May Mohamed Ossman Neazy	59	Shooting	NT
5	Gada Ali Gony	59	El Gezira	NT
6	Rana Fouad Ali Mohsen	58	El Shams	NT
7	Wafaa Abdel Moged Wafi	57	El Gezira	NT
8	Nahla Housen Gmal EL Den	56	Heliopolis	NT

Heat 10 of 11 Timed Finals

1	Jehan Ismaeil Ahmed Metwally	66	Shooting	NT
2	Gelan Akl Fawzy	68	Heliopolis	NT
3	Nadia Esmail Mohamed	69	Heliopolis	NT
4	Neven Mohamed Khlel Salah	67	El Gezira	NT
5	Elham Mostafa Esmail	60	Heliopolis	NT
6	Nazla Faeidalla	63	Ahly	NT
7	Maha Mohmoud El Kholy	62	Heliopolis	NT
8	Olga Monikeif	55	Sporting	NT

Heat 11 of 11 Timed Finals

1	Omima Hassan Nesim	70	Ahly	NT
2	Sahar Mansour	72	Ahly	NT
3	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
4	Douriea Ahmed Nazzmy	72	Maady	NT
5	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT
6	Mervat Mohamed Fathy	75	Wadi Degla	NT
7	Samira Hussein Kamal	81	Ahly	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 34 Men 20 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
2	Yassin Amir	20	El Ghaba	NT
3	Adham Hany Kamal Abd Elazaiz	21	Olympia	NT
4	Omar Mostafa Ebrahim	24	Heliopolis	NT
5	Zeiad Sophy Mohamed	23	El Ghaba	NT
6	Adham Ramy Mahmoud Hamdy	21	Shooting	NT
Heat 2 of 13 Timed Finals				
1	Youssef Ahmed Shendy	26	Ahly	NT
2	Amen Saady Kamel	27	Shooting	NT
3	Mohamed Nour Ibrahim	28	Ahly	NT
4	Omar Atef Abdel Moghny Ragab	29	Shooting	NT
5	Mahmoud Abo Eita	28	Ahly	NT
6	Ahmed Esmail Wahby	27	Ahly	NT
7	Shady Medhat Hassn	26	Ahly	NT
8	Abd Elrahman Yasser Tarief	26	Cairo	NT
Heat 3 of 13 Timed Finals				
1	Amr Ibrahim Mohamed	32	Ahly	NT
2	Amro Essam Aly Abd El Naby	32	El Gezira	NT
3	Mahmoud Ahmed Mohamed Osman	33	Cairo	NT
4	Omar Yahia Helal	34	Ahly	NT
5	Amr Mostafa Kamal	33	Ahly	NT
6	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
7	Karim Ebrahim Abdelfattah	32	Shooting	NT
8	Mohamad Hesham Ahmad Mostafa	31	Shooting	NT
Heat 4 of 13 Timed Finals				
1	Ahmed Wael Husin	25	Tanta	NT
2	Abdelrahman Mohamed Gaber	25	El Ghaba	NT
3	Basel Hussin Ebrahim Ahmed	25	Shooting	NT
4	Yosif Khalid Mohamed	25	Ahly	NT
5	Omar Mohamed Abdelfattah Mohar	30	El Shams	NT
6	Mostafa Bahaa Elden Mohamed	30	Ahly	NT
7	Mohamed Tarek Mohamed Hasanin	30	El Zohour	NT
Heat 5 of 13 Timed Finals				
1	Ahmed Mahmuod Omar	35	Nasr City	NT
2	Yousef Hesham Yousef Sayed Gomaa	36	Shooting	NT
3	Karim Mohamed Talaat Altanahy	38	Shooting	NT
4	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
5	Mina Boshra Helmy Wasef	38	Shooting	NT
6	Mohamed Abdelhady Shoman	37	Gezira El Ward	NT
7	Ahmed Mohamed Sayed Mohamady	35	Ahly	NT
8	Mostafa Ahmad Esmail Elaskary	35	Shooting	NT
Heat 6 of 13 Timed Finals				
1	Mostafa Atif	40	Ahly	NT
2	Adnan Hesham Omar	43	Shooting	NT
3	Mohamed Wagih Ahmed Elbedewi	44	El Shams	NT
4	Abdel Moneim Khalaf	44	Sporting	NT
5	Mohamed Fathy Mohamed	41	El Shams	NT
6	Mohamed Mostafa Zaghoul Tolba	35	El Shams	NT
7	Aly Aroos	35	Sporting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program - 13-10-2023 Eve****Heat 7 Timed Finals... (Event 34 Men 20 & Over 50 SC Meter Backstroke)**

1	Haitham Hazim	45	Sporting	NT
2	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
3	Mohamed Abdelhamid Elebiary	48	Ahly	NT
4	Hany M Farouk Abdelhmed	49	Tanta	NT
5	Hussin Helmy Abd Elaleem	48	Ahly	NT
6	Hossam Elden Hussien	47	Cairo	NT
7	Yasser AbdelHady AbdelHady	47	El Shams	NT
8	Mohamed Saadelden Ibrahim	45	Gezira El Ward	NT

Heat 8 of 13 Timed Finals

2	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
3	Tarek Hassan Bakry	52	Heliopolis	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Zahran Abdel Aziz Zahran	54	Shooting	NT
6	Ahmed M Aly Yossef	51	Tanta	NT
7	Yaser Aseim Mahmoud	50	Heliopolis	NT

Heat 9 of 13 Timed Finals

2	Ashraf Mohmed Fouad	56	Cairo	NT
3	Hesham Mohamad Elkaluby	57	Shooting	NT
4	Mohamed Wael Mohamed	58	Smouha	NT
5	Amin Ahmed Amin Amer	57	Ahly	NT
6	Magdy Farouk Fouad Hanna	56	El Shams	NT

Heat 10 of 13 Timed Finals

1	Hany Aziz Sedky	60	Shooting	NT
2	Mohsan Abou Alwafa	61	Sporting	NT
3	Ahmed Morsy Mostafa Fahmy	63	El Gezira	NT
4	Osman Ahmed Ali	64	Ahly	NT
5	Mohamad Hesham El Kheshen	63	Smouha	NT
6	Essam Al Sayed Abdalla	62	Ahly	NT
7	Hosam El Den Tanawy	60	Heliopolis	NT
8	Hossam Saad Hana Saad	60	El Gezira	NT

Heat 11 of 13 Timed Finals

2	Mohamed Saad Younes	66	Shooting	NT
3	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
4	Ramzy Attia Ibrahim	69	Ahly	NT
5	Ahmed Ibrahim Edreis	68	Heliopolis	NT
6	Mohamed Ashraf Al Banna	67	El Gezira	NT
7	Yaser Mohamed Maghraby	66	Heliopolis	NT

Heat 12 of 13 Timed Finals

1	Ashraf Elwy Lasheen	70	Smouha	NT
2	Moaataz Mohamed Talaat	71	Heliopolis	NT
3	Mohamed Ali Hegazy	72	Heliopolis	NT
4	Mohamed Antar Sayed	74	Canal El Suez	NT
5	Mohamed Mahmoud Abas	73	Shooting	NT
6	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
7	Adel Boutrous Zaghlol	70	Heliopolis	NT
8	Ali Selim Al Halaby	70	Heliopolis	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program - 13-10-2023 Eve****Heat 13 Timed Finals... (Event 34 Men 20 & Over 50 SC Meter Backstroke)**

1	Gharib Ahmed Attia	75	Canal El Suez	NT
2	Mohamed Ragy Reda	78	El Gezira	NT
3	Marwan Ghazawy	79	Sporting	NT
4	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
5	Hatem Omar Sedky	75	Shooting	NT
6	Mohamed Salah El Din Mortagy	83	Shooting	NT
7	Ahmed Abdel Baset	81	El Gezira	NT
8	Mahfouz Gerges Ghabreial	90	Ahly	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 35 Women 20 & Over 800 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
1	Salma Abd EL Hakeem Mohame	27	El Shams	NT
2	Sylvia Georges Wadie Kamel	28	Heliolido	NT
3	Yuliia Kovalchuk	29	Shooting	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Raff Hesham Sayed	28	El Zohour	NT
6	Mariem Mohmed Saeid	28	Cairo	NT
7	Rodaina Wael Mohamed	20	Rowad	NT
Heat 2 of 4 Timed Finals				
2	Nadien Adel Ageb Wasef	35	El Shams	NT
3	Batol Husen Shahen	36	Heliopolis	NT
4	Alaa Ahmed Abo ElFotoh	38	TM Sports	NT
5	Nada Eman	36	Sporting	NT
6	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
7	Nada Magdy Mohamed Abdel Aleem	31	Ahly	NT
Heat 3 of 4 Timed Finals				
1	Nehal Moh. Ahmed Nashed	41	El Gezira	NT
2	Eman Ahm. Ateef Abd Elbaky	44	El Gezira	NT
3	Samaa Sultan	44	Sporting	NT
4	Neven Ramez Al Nagar	63	Heliopolis	NT
5	Maha Mohmoud El Kholy	62	Heliopolis	NT
6	Soha Chahine	52	Sporting	NT
7	Nermen Kamel Zakher Mousa	50	Shooting	NT
Heat 4 of 4 Timed Finals				
2	Sherifa Yehya Areif	69	Heliopolis	NT
3	Hoda Salah El Din Mortada	69	Heliopolis	NT
4	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
5	Nadia Elgendy Girges	72	Shooting	NT
6	Sameha Kamal Seif El Nasr	80	Heliopolis	NT
7	Nadya Zakareia El Araby	77	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Event 36 Men 20 & Over 800 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
4	Saleh Shady Mohamad Saeed	21	Shooting	NT
5	Omar Khaled Mohamed	20	Cairo	NT
Heat 2 of 11 Timed Finals				
1	Ahmed Mohamed Lotfy	25	Ahly	NT
2	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
3	Ahmed Wael Al Said	28	Seka Haded	NT
4	Mohamed Ahmed Shendy	29	Ahly	NT
5	Marwan El Amrawy	28	Sporting	NT
6	Hany Ahmed Hisham Mohamed	27	Heliolido	NT
7	Omar Hesham Abdel Latif Hassan	26	Cairo	NT
Heat 3 of 11 Timed Finals				
1	Loai Mohamad Nasr Elsabbahy	30	Shooting	NT
2	Moataz Bellah Ali Mohamed	31	Heliopolis	NT
3	Islam Maged	33	Sporting	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Ahmed Abou Bakr Souliman	34	Ahly	NT
6	Adel Ragab Elbehery	32	Shooting	NT
7	Omar Abdelmonem Mohmed	30	Cairo	NT
Heat 4 of 11 Timed Finals				
1	Mohamed Mostafa Zaghoul Tolba	35	El Shams	NT
2	Karem Adel Boshra	35	Heliopolis	NT
3	Ahmed Yousry Moktar	37	Shooting	NT
4	Sherif Adel Ramsis Eppo	39	Shooting	NT
5	Ahmed Emad Mohamed Neihad	39	Heliopolis	NT
6	Mohamed Mahmoud Abdelatef Mah	36	Gezira El Ward	NT
7	Amr Taha Ahmed	35	Zamalek	NT
Heat 5 of 11 Timed Finals				
1	Hussin Mohamad Ebrahim Badran	40	Shooting	NT
2	Mohamed Elsayed Abo El Wafa	41	Canal El Suez	NT
3	Haytham Fouad Zaky	44	Smouha	NT
4	Ahmed Tamer Mohamed	44	Ahly	NT
5	Mohamed Ahmad Hany Yossef	44	Shooting	NT
6	Waleed Ahmed Fouad	42	Shooting	NT
7	Mohammad Hassan Abdelatef Qmar	40	Shooting	NT
Heat 6 of 11 Timed Finals				
1	Yassen Shazly Fortune	45	Heliopolis	NT
2	Mohamed Mossad Kandil	46	El Zohour	NT
3	Emad El Din Yosef Mostafa	48	Shooting	NT
4	Waleed Mohamad Abden	49	Shooting	NT
5	Ahmad Hassn Abdo Elkhyaal	49	Smouha	NT
6	Ahmed Mohamed Nagieb	48	Nasr City	NT
7	Jose Sanchez	46	El Gezira	NT
8	Ahmed Ismail Zohny El Hefnawy	45	El Shams	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program - 13-10-2023 Eve

Heat 7 Timed Finals... (Event 36 Men 20 & Over 800 SC Meter Freestyle)

1	Mohamed Ahmed Esaad	52	Ahly	NT
2	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
3	Tarek Samy Abdelkhalek	53	Shooting	NT
4	Zahran Abdel Aziz Zahran	54	Shooting	NT
5	Akram Abd El Monem El Hoseni	54	El Gezira	NT
6	Hisham Hany El bon	53	Canal El Suez	NT
7	Waleed Hassan Hussien Zayed	53	Shooting	NT
8	Karim Assem Moh. Abou El Enein	52	El Gezira	NT

Heat 8 of 11 Timed Finals

1	Ahmed Rashad Mahmoud Salam	55	El Gezira	NT
2	Yasser Saed Aly Ahmad Khalil	56	Shooting	NT
3	Tarek Mohamed Soltan	59	Ahly	NT
4	Mostafa Amer	56	Ahly	NT
5	Waleed Mahmoud Diab	56	Shooting	NT
6	Mohmed ali Mahmoud	51	Cairo	NT
7	Yaser Aseim Mahmoud	50	Heliopolis	NT
8	Abdalla Mahmoud Khalil Elnahas	62	El Gezira	NT

Heat 9 of 11 Timed Finals

2	Amr Abdellateif El Ghayesh	66	Maady	NT
3	Ragaa Ahmed Taha Maarouf	66	Shooting	NT
4	Amr Mansour	68	Sporting	NT
5	Mohamed Essam Eldin Ibrahim	66	Heliopolis	NT
6	Ahmed Shafek Ismael Moh.Abd Elm	66	El Gezira	NT
7	Hesham Fouad Mahmoud	65	Cairo	NT

Heat 10 of 11 Timed Finals

1	Hany Kamal Nasar	71	Heliopolis	NT
2	Ezzeldin Abdelhalim Abdelhamis El	72	El Shams	NT
3	Taher Khaled Mohamed Abou Samm	73	Shooting	NT
4	Ramy Ahmed Refaat	74	El Gezira	NT
5	Shrief Zohair	73	Ahly	NT
6	Maged Mahmoud Kamel	73	Shooting	NT
7	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
8	Sherin Mohamed Eltayeb	71	Ahly	NT

Heat 11 of 11 Timed Finals

2	Khamis Eladawy	76	Sporting	NT
3	Said Ahmed Kamal	79	Ahly	NT
4	Karam Mohamed Habieb	76	Heliopolis	NT
5	Ehab Shalabi	83	Heliopolis	NT
6	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT
7	Atef abd Elghany Abdelgawad	71	El Zohour	NT