

## National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

## Meet Program - 12-10-2023 Mor

## Event 1 Men 20 &amp; Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 9 Timed Finals</b>				
4	Saleh Shady Mohamad Saeed	21	Shooting	NT
5	Yassin Amir	20	El Ghaba	NT
<b>Heat 2 of 9 Timed Finals</b>				
1	Ahmed Mohamed Lotfy	25	Ahly	NT
2	Omar Hesham Abdel Latif Hassan	26	Cairo	NT
3	Shady Amged Abd-elhady	27	El Ghaba	NT
4	Mostafa Mohamed Ramadan	29	Ahly	NT
5	Marwan El Amrawy	28	Sporting	NT
6	Abd Elrahman Yasser Tarief	26	Cairo	NT
7	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
<b>Heat 3 of 9 Timed Finals</b>				
3	Moataz Bellah Ali Mohamed	31	Heliopolis	NT
4	Aslam Mohamed Mahde	34	Nasr City	NT
5	Mohamed Ebrahim Al Bakaly	33	Shooting	NT
6	Ahmed Hamdy Salem	31	Ahly	NT
<b>Heat 4 of 9 Timed Finals</b>				
1	Amr Taha Ahmed	35	Zamalek	NT
2	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
3	Ahmed Yousry Moktar	37	Shooting	NT
4	Sherif Adel Ramsis Eppo	39	Shooting	NT
5	Mohamed Al Sayed Yosry	39	Shooting	NT
6	Ehsan Mohamad Gomaa Mohamad	37	Shooting	NT
7	Adham El-Huseen El-Bassam	35	El Ghaba	NT
<b>Heat 5 of 9 Timed Finals</b>				
1	Hussin Mohamad Ebrahim Badran	40	Shooting	NT
2	Mohamed Elsayed Abo El Wafa	41	Canal El Suez	NT
3	Waleed Ahmed Fouad	42	Shooting	NT
4	Haytham Fouad Zaky	44	Smouha	NT
5	Ahmed Tamer Mohamed	44	Ahly	NT
6	Eslam Mahmoud Mohamad	42	Shooting	NT
7	Khaled Mahmoud Elsayed	40	Shooting	NT
<b>Heat 6 of 9 Timed Finals</b>				
2	Mohamed Mossad Kandil	46	El Zohour	NT
3	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
4	Emad El Din Yosef Mostafa	48	Shooting	NT
5	Ahmed Mohamed Nagieb	48	Nasr City	NT
6	Hossam Elden Hussien	47	Cairo	NT
7	Kamal Fouad Hanafey	45	Smouha	NT
<b>Heat 7 of 9 Timed Finals</b>				
1	Mohmed ali Mahmoud	51	Cairo	NT
2	Waleed Hassan Hussien Zayed	53	Shooting	NT
3	Khaled Abdel Hamed Soliman	53	Shooting	NT
4	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
5	Mostafa Amer	56	Ahly	NT
6	Ashraf Farag Abdelwahab	57	Ahly	NT
7	Sherif Salah Eldin Mahmoud	57	Shooting	NT

**National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023****Meet Program - 12-10-2023 Mor****Heat 8 Timed Finals... (Event 1 Men 20 & Over 400 SC Meter IM)**

1	Mostafa Hassan Abou El Fotouh	65	Shooting	NT
2	Amr Abdellateif El Ghayesh	66	Maady	NT
3	Elsayed Hassan AboElwafa	69	Canal El Suez	NT
4	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
5	Ragaa Ahmed Taha Maarouf	66	Shooting	NT
6	Hossny Hassan Ali	64	Ahly	NT
7	Ahmed Mohamed Ibrahim	63	Shooting	NT

**Heat 9 of 9 Timed Finals**

2	Adel Mohamad Yakout	71	Smouha	NT
3	Shrief Zohair	73	Ahly	NT
4	Ramy Ahmed Refaat	74	El Gezira	NT
5	Maged Mahmoud Kamel	73	Shooting	NT
6	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
7	Khamis Eladawy	76	Sporting	NT

**National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023****Meet Program - 12-10-2023 Mor****Event 2 Women 20 & Over 400 SC Meter IM**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 2 Timed Finals</b>				
3	Zina Hythem Fayeze	21	Cairo	NT
4	Ann Taysir Nosseir	54	El Zohour	NT
5	Carole Jean Zaccar	60	El Gezira	NT
6	Katrein Mary Hanafy	59	Shooting	NT
7	Nada Magdy Mohamed Abdel Aleem	31	Ahly	NT
8	Yasmen Mohamed Najeb	36	Nasr City	NT
<b>Heat 2 of 2 Timed Finals</b>				
3	Rawiea Mohamed Asaad	67	Shooting	NT
4	Noha Farouk	44	Yacht Club of Egypt Alex	NT
5	Shreen Magdy Zaky	42	Smouha	NT

## National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

## Meet Program - 12-10-2023 Mor

## Event 3 Men 20 &amp; Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 22 Timed Finals</b>				
1	Fady Ehab Weliam Gad El Rab	22	Zamalek	NT
2	Adham Ahmad Shaban	23	Rowad	NT
3	Omar Mostafa Ebrahim	24	Heliopolis	NT
4	Nour Eldin Ahmed Ibrahim	24	Ahly	NT
5	Ziyad Mohamed Anwar Assfor	24	El Ghaba	NT
6	Kareem Ahmed Shaaban	23	Rowad	NT
7	Ahmed Mohamed Eisaa	23	Zamalek	NT
8	Abd Elrahman Emad Fathy Ismael	22	El Gezira	NT
<b>Heat 2 of 22 Timed Finals</b>				
1	Khaled Ahmed Attia	27	Canal El Suez	NT
2	Mostafa Ahmed Solayman	28	Ahly	NT
3	Seif Mohamed Medhat	28	Ahly	NT
4	Mohamed Ahmed Shendy	29	Ahly	NT
5	Mahmoud Abo Eita	28	Ahly	NT
6	Omar Wael Hashem Aly	28	El Shams	NT
7	Amen Saady Kamel	27	Shooting	NT
8	Mohamed Ahmed Aboelabbas	27	El Shams	NT
<b>Heat 3 of 22 Timed Finals</b>				
1	Seif el den Hesham Ebrahim	25	Heliopolis	NT
2	Ahmed Said Abd Elkawy	25	Rowad	NT
3	Omar Ashraf Nasar	26	Gezira El Ward	NT
4	Ziad Hany Abdelaziz	27	Heliopolis	NT
5	Omar Ahmed Eid	27	Shooting	NT
6	Omar Gad Abdelsadek Gad	26	Shooting	NT
7	Yousef Ahmed Shehata Mohamed	25	Zamalek	NT
8	Yosif Khalid Mohamed	25	Ahly	NT
<b>Heat 4 of 22 Timed Finals</b>				
1	Abdelrahman Ayman Sayed	20	Fayoum Club	NT
2	Adham Hany Kamal Abd Elazaiz	21	Olympia	NT
3	Mohamed Hesham Mohamed	22	El Zohour	NT
4	Omar Ehab Atef Mohamed	22	Gezira El Ward	NT
5	Ziyad Ahmed Abdel Azim	21	Hadak Al Ahram	NT
6	amr Hesham Bayomy	20	Cairo	NT
7	Ahmed Wael Husin	25	Tanta	NT
<b>Heat 5 of 22 Timed Finals</b>				
1	Amr Ibrahim Mohamed	32	Ahly	NT
2	Amr Mostafa Kamal	33	Ahly	NT
3	Adham Nagy	33	Sporting	NT
4	Salah El din Esam Salah El din	34	Ahly	NT
5	Mohamed Ayob Daabes	33	Heliopolis	NT
6	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
7	Omar Abdelhamid Elkhoully	32	Zamalek	NT
8	Mustafa Fadel Hussienmohamed	32	El Zohour	NT

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**Heat 6 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)**

1	Mostafa Bahaa Elden Mohamed	30	Ahly	NT
2	Mohamed Hussein Mohamed	30	Cairo	NT
3	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
4	Omar Abdelhamied Radwan	32	El Shams	NT
5	Ahmed Mohamed Medhat Ahmed	32	El Shams	NT
6	Yosef Hesham Saleh	30	Heliopolis	NT
7	Omar Abdelmonem Mohamed	30	Cairo	NT
8	Omar Mohamed Abdelfattah Mohar	30	El Shams	NT

**Heat 7 of 22 Timed Finals**

1	Abdelrahman Mohamed Zaghloul	38	Zamalek	NT
2	Mahmoud Moussa	38	Sporting	NT
3	Khaled Wael Abd Elmged Ibrahim	39	El Gezira	NT
4	Mohamed Rafik Saad Ateea	39	El Gezira	NT
5	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
6	Khaled Mahmoud Tawakol	38	Shooting	NT
7	Karim Mohamed Talaat Altanahy	38	Shooting	NT
8	Abdallah Ibrahim Shehata	37	El Zohour	NT

**Heat 8 of 22 Timed Finals**

1	Ali Ahmed Ramah	35	Ahly	NT
2	Ahmed Ibrahim Aboutaleb	36	El Zohour	NT
3	Ehsan Mohamad Gomaa Mohamad	37	Shooting	NT
4	Tamer Hassan Farag	37	Zamalek	NT
5	Mohamed Abdelhady Shoman	37	Gezira El Ward	NT
6	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
7	Mohammad Adel Mansour Askar	36	Shooting	NT
8	Mostafa Ahmed Ramah	35	Ahly	NT

**Heat 9 of 22 Timed Finals**

1	Mohamed Ahmed Gamal Eldin	42	Ahly	NT
2	Mohamad Ahmad Ezzat Emam	42	Shooting	NT
3	Abdel Moneim Khalaf	44	Sporting	NT
4	Ahmed Farok Sadek	44	Canal El Suez	NT
5	Ali Mohamed Ali Salman	44	El Gezira	NT
6	Eslam Mahmoud Mohamad	42	Shooting	NT
7	Mohamed Aziz Khames	42	Ahly	NT
8	Sherief Hassan ali	41	Cairo	NT

**Heat 10 of 22 Timed Finals**

1	Abd Alah Mohamedm Elhehyawe	40	Heliopolis	NT
2	Mostafa Atif	40	Ahly	NT
3	Ahmed Amr Fayez	41	Heliopolis	NT
4	Mohammad Hesham Gamal Eddin A	41	Shooting	NT
5	Basel Omar Abd Elaziz	40	El Zohour	NT
6	Karim Mohamed Anwar Eid	40	El Shams	NT
7	Mahmoud Khalid Yakob	35	Ahly	NT
8	Karem Adel Boshra	35	Heliopolis	NT

**Heat 11 of 22 Timed Finals**

1	Karem Wagdy m Reyad	46	Heliopolis	NT
2	Hussin Helmy Abd Elaleem	48	Ahly	NT
3	Tamer Zeinhoum	49	Ahly	NT
4	Ahmad Hassn Abdo Elkhyaal	49	Smouha	NT
5	Ahmed Ezz Eldin Moh. Essa	49	El Gezira	NT
6	Mohamed Abdelhamid Elebiary	48	Ahly	NT
7	Ashraf Aly Mohamad Metwally	47	Shooting	NT
8	Jose Sanchez	46	El Gezira	NT

**National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023****Meet Program - 12-10-2023 Mor****Heat 12 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)**

1	Ahmed Mazen Msalam	45	Nasr City	NT
2	Ali Ahmed Samy El Ebiary	45	El Zohour	NT
3	Mohamed Sayed Khamis	45	Canal El Suez	NT
4	Sherief Fathe abd Elwahab	46	Cairo	NT
5	Mohamed Sabry Al Hakim	46	El Gezira	NT
6	Ahmed Ismail Zohny El Hefnawy	45	El Shams	NT
7	Sheref Wahed Emam	45	Heliopolis	NT
8	Ahmed Mahmuod Omar	35	Nasr City	NT

**Heat 13 of 22 Timed Finals**

1	Tarek Hassan Bakry	52	Heliopolis	NT
2	Mohamed Ibrahim Moussa	52	Ahly	NT
3	Hisham Hany El bon	53	Canal El Suez	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Yaser Abdelaal	53	Ahly	NT
6	Mohammad Mohammad Hasab Elna	52	Shooting	NT
7	Mohammad Mahmoud Mareiy	52	Shooting	NT
8	Nabil Fayez Hanin	51	Shooting	NT

**Heat 14 of 22 Timed Finals**

2	Yaser Aseim Mahmoud	50	Heliopolis	NT
3	Karim Mohamed Elsokary	50	Ahly	NT
4	Ragi Michel Selim Yacoub	51	El Gezira	NT
5	Ahmed M Aly Yossef	51	Tanta	NT
6	Taamour Ahmed Seifalla Ghaleb	50	El Gezira	NT

**Heat 15 of 22 Timed Finals**

1	Ashraf Mohmed Fouad	56	Cairo	NT
2	Ashraf Hamdy Zeiyada	57	Shooting	NT
3	Mohannad Mohamed Assem	58	El Shams	NT
4	Alaa Ahm. Moh. Ashour	59	El Gezira	NT
5	Yaser Farouk Yousef	59	Shooting	NT
6	Mohamed Wael Mohamed	58	Smouha	NT
7	Osama Nayef Sleem	56	Canal El Suez	NT
8	Yasser Saed Aly Ahmad Khalil	56	Shooting	NT

**Heat 16 of 22 Timed Finals**

1	Ahmed Morsy Mostafa Fahmy	63	El Gezira	NT
2	Hossny Hassan Ali	64	Ahly	NT
3	Amr Abd Elfatah	64	Sporting	NT
4	Osman Ahmed Ali	64	Ahly	NT
5	Mostafa Hassan Abdel Tawab	64	Ahly	NT
6	Ahmad Azmy	64	Smouha	NT
7	Ayman Fouad Zakareia	63	El Gezira	NT
8	Amr Ahmad Hamed Darwish	63	Shooting	NT

**Heat 17 of 22 Timed Finals**

1	Ahmed Ghaneim Ibrarim	55	Ahly	NT
2	Ahmed Mohamed Talba	55	Nasr City	NT
3	Ebaa Ahmad Mamdoh	55	Heliopolis	NT
4	Yasser Hussein Fayyad	55	El Shams	NT
5	Mohamed Zaki Mehana Hassan	61	El Gezira	NT
6	Sherif Mohamad Mahmoud Hammac	63	Shooting	NT
7	Essam Al Sayed Abdalla	62	Ahly	NT
8	Hany Aziz Sedky	60	Shooting	NT

**National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023****Meet Program - 12-10-2023 Mor****Heat 18 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)**

2	Mohamed Saad Younes	66	Shooting	NT
3	Ahmed Ibrahim Edreis	68	Heliopolis	NT
4	Montaser Mohamad Ahmad Awad	69	Shooting	NT
5	Ramzy Attia Ibrahim	69	Ahly	NT
6	Mohamed Ashraf Al Banna	67	El Gezira	NT

**Heat 19 of 22 Timed Finals**

1	Mohamed Ali Hegazy	72	Heliopolis	NT
2	Mohamed Mahmoud Abas	73	Shooting	NT
3	Mohamed Hassan Mahmoud	73	Ahly	NT
4	Youssef Zaki Hussein	74	Ahly	NT
5	Mohamed Antar Sayed	74	Canal El Suez	NT
6	Abdel Sameia Abdel Hakim Ahmed	73	Maady	NT
7	Ezzeldin Abdelhalim Abdelhamis El	72	El Shams	NT
8	Moaataz Mohamed Talaat	71	Heliopolis	NT

**Heat 20 of 22 Timed Finals**

2	Ashraf Elwy Lasheen	70	Smouha	NT
3	Mohamad Abdelfattah Mohamad	70	Shooting	NT
4	Mohamed Mosaad Fayed	71	Heliopolis	NT
5	Mohamed Kamel Mazen	70	Ahly	NT
6	Gamal Ismail Mohamed	70	Shooting	NT

**Heat 21 of 22 Timed Finals**

1	Mohamed Ali Mousa	75	Ahly	NT
2	Karam Mohamed Habieb	76	Heliopolis	NT
3	Mohamed Ragy Reda	78	El Gezira	NT
4	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
5	Marwan Ghazawy	79	Sporting	NT
6	Mohamed Abdelfatah	78	Sporting	NT
7	Gharib Ahmed Attia	75	Canal El Suez	NT

**Heat 22 of 22 Timed Finals**

1	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT
2	Housam Zaki Fahmy	82	El Gezira	NT
3	Ehab Shalabi	83	Heliopolis	NT
4	Ahmed Hamada	84	Sporting	NT
5	Mohamed Salah El Din Mortagy	83	Shooting	NT
6	Ahmed Abdel Baset	81	El Gezira	NT
7	Mahfouz Gerges Ghabreial	90	Ahly	NT

## National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

## Meet Program - 12-10-2023 Mor

## Event 4 Women 20 &amp; Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 12 Timed Finals</b>				
1	Marim Wael Gonim	23	El Ghaba	NT
2	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
3	Mariam Houssin Kamal	24	El Zohour	NT
4	Farha Ehab Abou El Senoun	24	Heliopolis	NT
5	Merhan Yasser Mohamed Salem	24	El Zohour	NT
6	Salma Ahmad Medhat Fahim	23	Shooting	NT
7	Manal Zaki Tawfeik Ali	23	Zamalek	NT
8	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
<b>Heat 2 of 12 Timed Finals</b>				
1	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
2	Yara Moustafa Hassan Aly	27	Olympic	NT
3	Nourhan Ahmed Halawa	28	Ahly	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Yuliia Kovalchuk	29	Shooting	NT
6	Raff Hesham Sayed	28	El Zohour	NT
7	Merna Amr Abd EL Fatah	26	Heliopolis	NT
8	Maryam Ashraf Abdalla	25	Shooting	NT
<b>Heat 3 of 12 Timed Finals</b>				
1	Yara Dowidar	31	Sporting	NT
2	Mona Mostafa Sayed	32	Ahly	NT
3	Sara Hasheim Mohamed Abou El Sec	32	Shooting	NT
4	Yasmin Ahmed Halawa	33	Ahly	NT
5	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
6	Aya Salah Abdel Fattah Aly	32	Shooting	NT
7	Mena Naser Radwan	32	Heliopolis	NT
8	Maha Hesham Mohamed	30	Shooting	NT
<b>Heat 4 of 12 Timed Finals</b>				
3	Shorouk Ehab	30	Cairo	NT
4	Amira Galal Zakrya	30	Zamalek	NT
5	Rodaina Wael Mohamed	20	Rowad	NT
6	Yasmin Tarek Fouad Elewa	25	Shooting	NT
<b>Heat 5 of 12 Timed Finals</b>				
1	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
2	Nora Fouad Ali Ibrahim	37	Shooting	NT
3	Shaymaa Samy Tawfeik	38	Heliopolis	NT
4	Riham Maher Loutfy Elsid	39	El Gezira	NT
5	Alaa Ahmed Abo ElFotouh	38	TM Sports	NT
6	Yomna Hosam Hamed	37	Heliopolis	NT
7	Sara Ismael Mohamad Ismael	37	Shooting	NT
<b>Heat 6 of 12 Timed Finals</b>				
3	Sarah Ahdy Mohamed Ali	41	El Shams	NT
4	Yasmin Hamdy	43	Sporting	NT
5	Amira Ayman Saif Elnasr	41	El Gezira	NT
6	Sohad Shaaban Abd Rabo	41	Heliopolis	NT



## National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

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**Heat 7 Timed Finals... (Event 4 Women 20 & Over 50 SC Meter Freestyle)**

1	Doneia Ahmed Mohamed Al Khodar	45	Shooting	NT
2	Rania Mohammad Raafat	46	Shooting	NT
3	Nevein Mahmoud Ali	46	Shooting	NT
4	Mona Mahmoud Rizk	47	El Gezira	NT
5	Talen Alber Mardurs	47	El Gezira	NT
6	Basant Ibrahim	46	Heliopolis	NT
7	Rehab Mohamed El Gohary	45	Ahly	NT

**Heat 8 of 12 Timed Finals**

2	Jozyan Raouf Hakim	52	Heliopolis	NT
3	Maha Mohamed Mahmoud Labib	54	El Shams	NT
4	Ghada Farouk Yousef	54	Shooting	NT
5	Gehan Abdalla	54	Ahly	NT
6	Salam Taha Houssein	52	Shooting	NT
7	Nermen Kamel Zakher Mousa	50	Shooting	NT

**Heat 9 of 12 Timed Finals**

1	Hala Ghazy	56	Ahly	NT
2	Salwa Abd Elfatah Ahmed	58	El Gezira	NT
3	Amal abd Elazez Elshikh	59	Zamalek	NT
4	May Mohamed Ossman Neiazy	59	Shooting	NT
5	Gada Ali Gony	59	El Gezira	NT
6	Rana Fouad Ali Mohsen	58	El Shams	NT
7	Sherwet Wafaa Moh. Hafez	56	El Gezira	NT
8	Noha Mahmoud Deiab	56	Shooting	NT

**Heat 10 of 12 Timed Finals**

1	Ingrid Wassmann	60	El Gezira	NT
2	Ghada Osman Mohi El Din El Zorka	61	El Shams	NT
3	Lameia Ahmed Maher	62	El Gezira	NT
4	Neven Ramez Al Nagar	63	Heliopolis	NT
5	Nazla Faeidalla	63	Ahly	NT
6	Maha Mohmoud El Kholy	62	Heliopolis	NT
7	Carole Jean Zaccar	60	El Gezira	NT
8	Elham Mostafa Esmail	60	Heliopolis	NT

**Heat 11 of 12 Timed Finals**

1	Jehan Ismaeil Ahmed Metwally	66	Shooting	NT
2	Maha Mohamed Ibahim	68	Shooting	NT
3	Hoda Salah El Din Mortada	69	Heliopolis	NT
4	Nadia Esmail Mohamed	69	Heliopolis	NT
5	Saher Mohamed el Tibi	67	Heliopolis	NT
6	Amal Moh. Abd Elghaffar	56	El Gezira	NT
7	Olga Monikeif	55	Sporting	NT

**Heat 12 of 12 Timed Finals**

1	Omima Hassan Nesim	70	Ahly	NT
2	Nadia Elgendy Girges	72	Shooting	NT
3	Sahar Mansour	72	Ahly	NT
4	Samira Hussein Kamal	81	Ahly	NT
5	Sameha Kamal Seif El Nasr	80	Heliopolis	NT
6	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT
7	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT

## National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

## Meet Program - 12-10-2023 Mor

## Event 5 Men 20 &amp; Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Timed Finals</b>				
1	Basel Hussin Ebrahim Ahmed	25	Shooting	NT
2	Omar Ahmed Eid	27	Shooting	NT
3	Mohamed Nour Ibrahim	28	Ahly	NT
4	Omar Atef Abdel Moghny Ragab	29	Shooting	NT
5	Hany Ahmed Hisham Mohamed	27	Heliolido	NT
6	Shady Medhat Hassn	26	Ahly	NT
7	Zeiad Sophy Mohamed	23	El Ghaba	NT
8	Yassin Amir	20	El Ghaba	NT
<b>Heat 2 of 11 Timed Finals</b>				
1	Mohamed Tarek Mohamed Hasanin	30	El Zohour	NT
2	Mohamad Hesham Ahmad Mostafa	31	Shooting	NT
3	Amr Mostafa Kamal	33	Ahly	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Omar Abd El Maged El Akad	34	Heliopolis	NT
6	Amro Essam Aly Abd El Naby	32	El Gezira	NT
7	Sherif Samy Ahmed	31	El Zohour	NT
<b>Heat 3 of 11 Timed Finals</b>				
2	Mostafa Ahmad Esmail Elaskary	35	Shooting	NT
3	Mina Boshra Helmy Wasef	38	Shooting	NT
4	Mohamed Al Sayed Yosry	39	Shooting	NT
5	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
6	Mohamed Mostafa Zaghloul Tolba	35	El Shams	NT
7	Ahmed Mohamed Sayed Mohamady	35	Ahly	NT
<b>Heat 4 of 11 Timed Finals</b>				
2	Mohamed Fathy Mohamed	41	El Shams	NT
3	Eslam Mahmoud Mohamad	42	Shooting	NT
4	Mohamed Ahmed Ibrahim	43	Ahly	NT
5	Adnan Hesham Omar	43	Shooting	NT
6	Mahmoud Hossein Mahmoud	42	Nasr City	NT
7	Mostafa Atif	40	Ahly	NT
<b>Heat 5 of 11 Timed Finals</b>				
2	Haitham Hazim	45	Sporting	NT
3	Hossam Elden Hussien	47	Cairo	NT
4	Hany M Farouk Abdelhmed	49	Tanta	NT
5	Mohamed Abdelhamid Elebiary	48	Ahly	NT
6	Yasser AbdelHady AbdelHady	47	El Shams	NT
<b>Heat 6 of 11 Timed Finals</b>				
1	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
2	Nabil Fayez Hanin	51	Shooting	NT
3	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Zahran Abdel Aziz Zahran	54	Shooting	NT
6	Tarek Hassan Bakry	52	Heliopolis	NT
7	Ahmed M Aly Yossef	51	Tanta	NT
<b>Heat 7 of 11 Timed Finals</b>				
2	Magdy Farouk Fouad Hanna	56	El Shams	NT
3	Sherif Salah Eldin Mahmoud	57	Shooting	NT
4	Mohamed Wael Mohamed	58	Smouha	NT
5	Amin Ahmed Amin Amer	57	Ahly	NT
6	Osama Nayef Sleem	56	Canal El Suez	NT

**National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023****Meet Program - 12-10-2023 Mor****Heat 8 Timed Finals... (Event 5 Men 20 & Over 100 SC Meter Backstroke)**

1	Hosam El Den Tanawy	60	Heliopolis	NT
2	Tarik Mohamed Abaza	62	Ahly	NT
3	Essam Al Sayed Abdalla	62	Ahly	NT
4	Hossam Saad Hana Saad	60	El Gezira	NT
5	Yaser Mohamed Maghraby	66	Heliopolis	NT
6	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
7	Mohamed Ashraf Al Banna	67	El Gezira	NT

**Heat 9 of 11 Timed Finals**

1	Ali Selim Al Halaby	70	Heliopolis	NT
2	Atef abd Elghany Abdelgawad	71	El Zohour	NT
3	Adel Mohamad Yakout	71	Smouha	NT
4	Mohamed Mahmoud Abas	73	Shooting	NT
5	Mohssein Abdel Kawy Al Housseiny	72	Ahly	NT
6	Moaataz Mohamed Talaat	71	Heliopolis	NT
7	Adel Boutrous Zaghlol	70	Heliopolis	NT

**Heat 10 of 11 Timed Finals**

1	Mosaad Hassan Shehab	80	Shooting	NT
2	Baheig Boshra Meikhaeil	83	Heliopolis	NT
3	Mohamed Salah El Din Mortagy	83	Shooting	NT
4	Ahmed Abdel Baset	81	El Gezira	NT
8	Wafeik Aeibad	85	Heliopolis	NT

**Heat 11 of 11 Timed Finals**

3	Hatem Omar Sedky	75	Shooting	NT
4	Mohamed Refaat Ahmed Refaat	79	Ahly	NT
5	Gharib Ahmed Attia	75	Canal El Suez	NT
6	Mahfouz Gerges Ghabreial	90	Ahly	NT

## National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

## Meet Program - 12-10-2023 Mor

## Event 6 Women 20 &amp; Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Timed Finals</b>				
1	Mariam Sakr	26	Ahly	NT
2	Nour Hany Abu Elazm	27	Sporting	NT
3	Noran Ahmad Helmy	29	Heliopolis	NT
4	Salma Hesham Ahmed Mostafa	28	Shooting	NT
5	Mayar Hesham ali	27	Cairo	NT
6	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
7	Merhan Yasser Mohamed Salem	24	El Zohour	NT
8	Malak Amr Essmat Mohamed	20	El Zohour	NT
<b>Heat 2 of 7 Timed Finals</b>				
1	Aya Salah Abdel Fattah Aly	32	Shooting	NT
2	Yomna Amro Nageb Kalaf	32	El Gezira	NT
3	Noha Ahmad Abd El Azez	33	Heliopolis	NT
4	Passant Magdy Mahmoud Moussa	34	El Shams	NT
5	Weaam Gamal Abdelmegeed	34	Shooting	NT
6	Wesam Hossam Eddin Ebrahim	32	Shooting	NT
7	Mona Mostafa Sayed	32	Ahly	NT
8	Yara Dowidar	31	Sporting	NT
<b>Heat 3 of 7 Timed Finals</b>				
1	Radwa Abdelgalil Mahmoud	35	Cairo	NT
2	Nora Fouad Ali Ibrahim	37	Shooting	NT
3	Yomna Hosam Hamed	37	Heliopolis	NT
4	Omneya Tarif	39	Sporting	NT
5	Nashwa Moteia Abas	39	Ahly	NT
6	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
7	Yasmin Moh. Foad Nassar	36	El Gezira	NT
8	Nadien Adel Ageb Wasef	35	El Shams	NT
<b>Heat 4 of 7 Timed Finals</b>				
1	Rehab Mohamed El Gohary	45	Ahly	NT
2	Rania Mohammad Raafat	46	Shooting	NT
3	Heba Mohamed AbdelGhaffar	46	El Ghaba	NT
4	Amal Mohamed Abdelmonem	45	Shooting	NT
5	Yasmin Hamdy	43	Sporting	NT
6	Basant Moh. Ashraf Montaser	43	El Gezira	NT
7	Salam Taha Houssein	52	Shooting	NT
<b>Heat 5 of 7 Timed Finals</b>				
2	Nahla Housen Gmal EL Den	56	Heliopolis	NT
3	Magda Ebrahim Khalil	57	Cairo	NT
4	Gada Ali Gony	59	El Gezira	NT
5	Manal Fawzi Gadalla	58	Heliopolis	NT
6	Wafaa Abdel Moged Wafi	57	El Gezira	NT
<b>Heat 6 of 7 Timed Finals</b>				
1	Rawiea Mohamed Asaad	67	Shooting	NT
2	Gelan Akl Fawzy	68	Heliopolis	NT
3	Sherifa Yehya Areif	69	Heliopolis	NT
4	Saher Mohamed el Tibi	67	Heliopolis	NT
5	Seham Abdel Monaem Ahmed Khalil	60	El Gezira	NT
6	Nazla Faeidalla	63	Ahly	NT
7	Elham Mostafa Esmail	60	Heliopolis	NT
8	Carole Jean Zaccar	60	El Gezira	NT

**National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023****Meet Program - 12-10-2023 Mor****Heat 7 Timed Finals... (Event 6 Women 20 & Over 100 SC Meter Backstroke)**

2	Douriea Ahmed Nazzmy	72	Maady	NT
3	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
4	Mervat Mohamed Fathy	75	Wadi Degla	NT
5	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT
6	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT