

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 1 Men 20 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Timed Finals				
4	Saleh Shady Mohamad Saeed	21	Shooting	NT
5	Yassin Amir	20	El Ghaba	NT
Heat 2 of 9 Timed Finals				
1	Ahmed Mohamed Lotfy	25	Ahly	NT
2	Omar Hesham Abdel Latif Hassan	26	Cairo	NT
3	Shady Amged Abd-elhady	27	El Ghaba	NT
4	Mostafa Mohamed Ramadan	29	Ahly	NT
5	Marwan El Amrawy	28	Sporting	NT
6	Abd Elrahman Yasser Tarief	26	Cairo	NT
7	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
Heat 3 of 9 Timed Finals				
3	Moataz Bellah Ali Mohamed	31	Heliopolis	NT
4	Aslam Mohamed Mahde	34	Nasr City	NT
5	Mohamed Ebrahim Al Bakaly	33	Shooting	NT
6	Ahmed Hamdy Salem	31	Ahly	NT
Heat 4 of 9 Timed Finals				
1	Amr Taha Ahmed	35	Zamalek	NT
2	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
3	Ahmed Yousry Moktar	37	Shooting	NT
4	Sherif Adel Ramsis Eppo	39	Shooting	NT
5	Mohamed Al Sayed Yosry	39	Shooting	NT
6	Ehsan Mohamad Gomaa Mohamad	37	Shooting	NT
7	Adham El-Huseen El-Bassam	35	El Ghaba	NT
Heat 5 of 9 Timed Finals				
1	Hussin Mohamad Ebrahim Badran	40	Shooting	NT
2	Mohamed Elsayed Abo El Wafa	41	Canal El Suez	NT
3	Waleed Ahmed Fouad	42	Shooting	NT
4	Haytham Fouad Zaky	44	Smouha	NT
5	Ahmed Tamer Mohamed	44	Ahly	NT
6	Eslam Mahmoud Mohamad	42	Shooting	NT
7	Khaled Mahmoud Elsayed	40	Shooting	NT
Heat 6 of 9 Timed Finals				
2	Mohamed Mossad Kandil	46	El Zohour	NT
3	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
4	Emad El Din Yosef Mostafa	48	Shooting	NT
5	Ahmed Mohamed Nagieb	48	Nasr City	NT
6	Hossam Elden Hussien	47	Cairo	NT
7	Kamal Fouad Hanafey	45	Smouha	NT
Heat 7 of 9 Timed Finals				
1	Mohmed ali Mahmoud	51	Cairo	NT
2	Waleed Hassan Hussien Zayed	53	Shooting	NT
3	Khaled Abdel Hamed Soliman	53	Shooting	NT
4	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
5	Mostafa Amer	56	Ahly	NT
6	Ashraf Farag Abdelwahab	57	Ahly	NT
7	Sherif Salah Eldin Mahmoud	57	Shooting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 8 Timed Finals... (Event 1 Men 20 & Over 400 SC Meter IM)**

1	Mostafa Hassan Abou El Fotouh	65	Shooting	NT
2	Amr Abdellateif El Ghayesh	66	Maady	NT
3	Elsayed Hassan AboElwafa	69	Canal El Suez	NT
4	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
5	Ragaa Ahmed Taha Maarouf	66	Shooting	NT
6	Hossny Hassan Ali	64	Ahly	NT
7	Ahmed Mohamed Ibrahim	63	Shooting	NT

Heat 9 of 9 Timed Finals

2	Adel Mohamad Yakout	71	Smouha	NT
3	Shrief Zohair	73	Ahly	NT
4	Ramy Ahmed Refaat	74	El Gezira	NT
5	Maged Mahmoud Kamel	73	Shooting	NT
6	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
7	Khamis Eladawy	76	Sporting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Event 2 Women 20 & Over 400 SC Meter IM**

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
3	Zina Hythem Fayeze	21	Cairo	NT
4	Ann Taysir Nosseir	54	El Zohour	NT
5	Carole Jean Zaccar	60	El Gezira	NT
6	Katrein Mary Hanafy	59	Shooting	NT
7	Nada Magdy Mohamed Abdel Aleem	31	Ahly	NT
8	Yasmen Mohamed Najeb	36	Nasr City	NT
Heat 2 of 2 Timed Finals				
3	Rawiea Mohamed Asaad	67	Shooting	NT
4	Noha Farouk	44	Yacht Club of Egypt Alex	NT
5	Shreen Magdy Zaky	42	Smouha	NT

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Event 3 Men 20 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 22 Timed Finals				
1	Fady Ehab Weliam Gad El Rab	22	Zamalek	NT
2	Adham Ahmad Shaban	23	Rowad	NT
3	Omar Mostafa Ebrahim	24	Heliopolis	NT
4	Nour Eldin Ahmed Ibrahim	24	Ahly	NT
5	Ziyad Mohamed Anwar Assfor	24	El Ghaba	NT
6	Kareem Ahmed Shaaban	23	Rowad	NT
7	Ahmed Mohamed Eisaa	23	Zamalek	NT
8	Abd Elrahman Emad Fathy Ismael	22	El Gezira	NT
Heat 2 of 22 Timed Finals				
1	Khaled Ahmed Attia	27	Canal El Suez	NT
2	Mostafa Ahmed Solayman	28	Ahly	NT
3	Seif Mohamed Medhat	28	Ahly	NT
4	Mohamed Ahmed Shendy	29	Ahly	NT
5	Mahmoud Abo Eita	28	Ahly	NT
6	Omar Wael Hashem Aly	28	El Shams	NT
7	Amen Saady Kamel	27	Shooting	NT
8	Mohamed Ahmed Aboelabbas	27	El Shams	NT
Heat 3 of 22 Timed Finals				
1	Seif el den Hesham Ebrahim	25	Heliopolis	NT
2	Ahmed Said Abd Elkawy	25	Rowad	NT
3	Omar Ashraf Nasar	26	Gezira El Ward	NT
4	Ziad Hany Abdelaziz	27	Heliopolis	NT
5	Omar Ahmed Eid	27	Shooting	NT
6	Omar Gad Abdelsadek Gad	26	Shooting	NT
7	Yousef Ahmed Shehata Mohamed	25	Zamalek	NT
8	Yosif Khalid Mohamed	25	Ahly	NT
Heat 4 of 22 Timed Finals				
1	Abdelrahman Ayman Sayed	20	Fayoum Club	NT
2	Adham Hany Kamal Abd Elazaiz	21	Olympia	NT
3	Mohamed Hesham Mohamed	22	El Zohour	NT
4	Omar Ehab Atef Mohamed	22	Gezira El Ward	NT
5	Ziyad Ahmed Abdel Azim	21	Hadak Al Ahram	NT
6	amr Hesham Bayomy	20	Cairo	NT
7	Ahmed Wael Husin	25	Tanta	NT
Heat 5 of 22 Timed Finals				
1	Amr Ibrahim Mohamed	32	Ahly	NT
2	Amr Mostafa Kamal	33	Ahly	NT
3	Adham Nagy	33	Sporting	NT
4	Salah El din Esam Salah El din	34	Ahly	NT
5	Mohamed Ayob Daabes	33	Heliopolis	NT
6	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
7	Omar Abdelhamid Elkhoully	32	Zamalek	NT
8	Mustafa Fadel Hussienmohamed	32	El Zohour	NT

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Heat 6 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)

1	Mostafa Bahaa Elden Mohamed	30	Ahly	NT
2	Mohamed Hussein Mohamed	30	Cairo	NT
3	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
4	Omar Abdelhamied Radwan	32	El Shams	NT
5	Ahmed Mohamed Medhat Ahmed	32	El Shams	NT
6	Yosef Hesham Saleh	30	Heliopolis	NT
7	Omar Abdelmonem Mohamed	30	Cairo	NT
8	Omar Mohamed Abdelfattah Mohar	30	El Shams	NT

Heat 7 of 22 Timed Finals

1	Abdelrahman Mohamed Zaghloul	38	Zamalek	NT
2	Mahmoud Moussa	38	Sporting	NT
3	Khaled Wael Abd Elmged Ibrahim	39	El Gezira	NT
4	Mohamed Rafik Saad Ateea	39	El Gezira	NT
5	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
6	Khaled Mahmoud Tawakol	38	Shooting	NT
7	Karim Mohamed Talaat Altanahy	38	Shooting	NT
8	Abdallah Ibrahim Shehata	37	El Zohour	NT

Heat 8 of 22 Timed Finals

1	Ali Ahmed Ramah	35	Ahly	NT
2	Ahmed Ibrahim Aboutaleb	36	El Zohour	NT
3	Ehsan Mohamad Gomaa Mohamad	37	Shooting	NT
4	Tamer Hassan Farag	37	Zamalek	NT
5	Mohamed Abdelhady Shoman	37	Gezira El Ward	NT
6	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
7	Mohammad Adel Mansour Askar	36	Shooting	NT
8	Mostafa Ahmed Ramah	35	Ahly	NT

Heat 9 of 22 Timed Finals

1	Mohamed Ahmed Gamal Eldin	42	Ahly	NT
2	Mohamad Ahmad Ezzat Emam	42	Shooting	NT
3	Abdel Moneim Khalaf	44	Sporting	NT
4	Ahmed Farok Sadek	44	Canal El Suez	NT
5	Ali Mohamed Ali Salman	44	El Gezira	NT
6	Eslam Mahmoud Mohamad	42	Shooting	NT
7	Mohamed Aziz Khames	42	Ahly	NT
8	Sherief Hassan ali	41	Cairo	NT

Heat 10 of 22 Timed Finals

1	Abd Alah Mohamedm Elhehyawe	40	Heliopolis	NT
2	Mostafa Atif	40	Ahly	NT
3	Ahmed Amr Fayez	41	Heliopolis	NT
4	Mohammad Hesham Gamal Eddin A	41	Shooting	NT
5	Basel Omar Abd Elaziz	40	El Zohour	NT
6	Karim Mohamed Anwar Eid	40	El Shams	NT
7	Mahmoud Khalid Yakob	35	Ahly	NT
8	Karem Adel Boshra	35	Heliopolis	NT

Heat 11 of 22 Timed Finals

1	Karem Wagdy m Reyad	46	Heliopolis	NT
2	Hussin Helmy Abd Elaleem	48	Ahly	NT
3	Tamer Zeinhoum	49	Ahly	NT
4	Ahmad Hassn Abdo Elkhyaal	49	Smouha	NT
5	Ahmed Ezz Eldin Moh. Essa	49	El Gezira	NT
6	Mohamed Abdelhamid Elebiary	48	Ahly	NT
7	Ashraf Aly Mohamad Metwally	47	Shooting	NT
8	Jose Sanchez	46	El Gezira	NT

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Heat 12 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)

1	Ahmed Mazen Msalam	45	Nasr City	NT
2	Ali Ahmed Samy El Ebiary	45	El Zohour	NT
3	Mohamed Sayed Khamis	45	Canal El Suez	NT
4	Sherief Fathe abd Elwahab	46	Cairo	NT
5	Mohamed Sabry Al Hakim	46	El Gezira	NT
6	Ahmed Ismail Zohny El Hefnawy	45	El Shams	NT
7	Sheref Wahed Emam	45	Heliopolis	NT
8	Ahmed Mahmuod Omar	35	Nasr City	NT

Heat 13 of 22 Timed Finals

1	Tarek Hassan Bakry	52	Heliopolis	NT
2	Mohamed Ibrahim Moussa	52	Ahly	NT
3	Hisham Hany El bon	53	Canal El Suez	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Yaser Abdelaal	53	Ahly	NT
6	Mohammad Mohammad Hasab Elna	52	Shooting	NT
7	Mohammad Mahmoud Mareiy	52	Shooting	NT
8	Nabil Fayez Hanin	51	Shooting	NT

Heat 14 of 22 Timed Finals

2	Yaser Aseim Mahmoud	50	Heliopolis	NT
3	Karim Mohamed Elsokary	50	Ahly	NT
4	Ragi Michel Selim Yacoub	51	El Gezira	NT
5	Ahmed M Aly Yossef	51	Tanta	NT
6	Taamour Ahmed Seifalla Ghaleb	50	El Gezira	NT

Heat 15 of 22 Timed Finals

1	Ashraf Mohmed Fouad	56	Cairo	NT
2	Ashraf Hamdy Zeiyada	57	Shooting	NT
3	Mohannad Mohamed Assem	58	El Shams	NT
4	Alaa Ahm. Moh. Ashour	59	El Gezira	NT
5	Yaser Farouk Yousef	59	Shooting	NT
6	Mohamed Wael Mohamed	58	Smouha	NT
7	Osama Nayef Sleem	56	Canal El Suez	NT
8	Yasser Saed Aly Ahmad Khalil	56	Shooting	NT

Heat 16 of 22 Timed Finals

1	Ahmed Morsy Mostafa Fahmy	63	El Gezira	NT
2	Hossny Hassan Ali	64	Ahly	NT
3	Amr Abd Elfatah	64	Sporting	NT
4	Osman Ahmed Ali	64	Ahly	NT
5	Mostafa Hassan Abdel Tawab	64	Ahly	NT
6	Ahmad Azmy	64	Smouha	NT
7	Ayman Fouad Zakareia	63	El Gezira	NT
8	Amr Ahmad Hamed Darwish	63	Shooting	NT

Heat 17 of 22 Timed Finals

1	Ahmed Ghaneim Ibrarim	55	Ahly	NT
2	Ahmed Mohamed Talba	55	Nasr City	NT
3	Ebaa Ahmad Mamdoh	55	Heliopolis	NT
4	Yasser Hussein Fayyad	55	El Shams	NT
5	Mohamed Zaki Mehana Hassan	61	El Gezira	NT
6	Sherif Mohamad Mahmoud Hammac	63	Shooting	NT
7	Essam Al Sayed Abdalla	62	Ahly	NT
8	Hany Aziz Sedky	60	Shooting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 18 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)**

2	Mohamed Saad Younes	66	Shooting	NT
3	Ahmed Ibrahim Edreis	68	Heliopolis	NT
4	Montaser Mohamad Ahmad Awad	69	Shooting	NT
5	Ramzy Attia Ibrahim	69	Ahly	NT
6	Mohamed Ashraf Al Banna	67	El Gezira	NT

Heat 19 of 22 Timed Finals

1	Mohamed Ali Hegazy	72	Heliopolis	NT
2	Mohamed Mahmoud Abas	73	Shooting	NT
3	Mohamed Hassan Mahmoud	73	Ahly	NT
4	Youssef Zaki Hussein	74	Ahly	NT
5	Mohamed Antar Sayed	74	Canal El Suez	NT
6	Abdel Sameia Abdel Hakim Ahmed	73	Maady	NT
7	Ezzeldin Abdelhalim Abdelhamis El	72	El Shams	NT
8	Moaataz Mohamed Talaat	71	Heliopolis	NT

Heat 20 of 22 Timed Finals

2	Ashraf Elwy Lasheen	70	Smouha	NT
3	Mohamad Abdelfattah Mohamad	70	Shooting	NT
4	Mohamed Mosaad Fayed	71	Heliopolis	NT
5	Mohamed Kamel Mazen	70	Ahly	NT
6	Gamal Ismail Mohamed	70	Shooting	NT

Heat 21 of 22 Timed Finals

1	Mohamed Ali Mousa	75	Ahly	NT
2	Karam Mohamed Habieb	76	Heliopolis	NT
3	Mohamed Ragy Reda	78	El Gezira	NT
4	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
5	Marwan Ghazawy	79	Sporting	NT
6	Mohamed Abdelfatah	78	Sporting	NT
7	Gharib Ahmed Attia	75	Canal El Suez	NT

Heat 22 of 22 Timed Finals

1	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT
2	Housam Zaki Fahmy	82	El Gezira	NT
3	Ehab Shalabi	83	Heliopolis	NT
4	Ahmed Hamada	84	Sporting	NT
5	Mohamed Salah El Din Mortagy	83	Shooting	NT
6	Ahmed Abdel Baset	81	El Gezira	NT
7	Mahfouz Gerges Ghabreial	90	Ahly	NT

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Event 4 Women 20 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Timed Finals				
1	Marim Wael Gonim	23	El Ghaba	NT
2	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
3	Mariam Houssin Kamal	24	El Zohour	NT
4	Farha Ehab Abou El Senoun	24	Heliopolis	NT
5	Merhan Yasser Mohamed Salem	24	El Zohour	NT
6	Salma Ahmad Medhat Fahim	23	Shooting	NT
7	Manal Zaki Tawfeik Ali	23	Zamalek	NT
8	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
Heat 2 of 12 Timed Finals				
1	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
2	Yara Moustafa Hassan Aly	27	Olympic	NT
3	Nourhan Ahmed Halawa	28	Ahly	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Yuliia Kovalchuk	29	Shooting	NT
6	Raff Hesham Sayed	28	El Zohour	NT
7	Merna Amr Abd EL Fatah	26	Heliopolis	NT
8	Maryam Ashraf Abdalla	25	Shooting	NT
Heat 3 of 12 Timed Finals				
1	Yara Dowidar	31	Sporting	NT
2	Mona Mostafa Sayed	32	Ahly	NT
3	Sara Hasheim Mohamed Abou El Sec	32	Shooting	NT
4	Yasmin Ahmed Halawa	33	Ahly	NT
5	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
6	Aya Salah Abdel Fattah Aly	32	Shooting	NT
7	Mena Naser Radwan	32	Heliopolis	NT
8	Maha Hesham Mohamed	30	Shooting	NT
Heat 4 of 12 Timed Finals				
3	Shorouk Ehab	30	Cairo	NT
4	Amira Galal Zakrya	30	Zamalek	NT
5	Rodaina Wael Mohamed	20	Rowad	NT
6	Yasmin Tarek Fouad Elewa	25	Shooting	NT
Heat 5 of 12 Timed Finals				
1	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
2	Nora Fouad Ali Ibrahim	37	Shooting	NT
3	Shaymaa Samy Tawfeik	38	Heliopolis	NT
4	Riham Maher Loutfy Elsid	39	El Gezira	NT
5	Alaa Ahmed Abo ElFotouh	38	TM Sports	NT
6	Yomna Hosam Hamed	37	Heliopolis	NT
7	Sara Ismael Mohamad Ismael	37	Shooting	NT
Heat 6 of 12 Timed Finals				
3	Sarah Ahdy Mohamed Ali	41	El Shams	NT
4	Yasmin Hamdy	43	Sporting	NT
5	Amira Ayman Saif Elnasr	41	El Gezira	NT
6	Sohad Shaaban Abd Rabo	41	Heliopolis	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 4 Women 20 & Over 50 SC Meter Freestyle)**

1	Doneia Ahmed Mohamed Al Khodar	45	Shooting	NT
2	Rania Mohammad Raafat	46	Shooting	NT
3	Nevein Mahmoud Ali	46	Shooting	NT
4	Mona Mahmoud Rizk	47	El Gezira	NT
5	Talen Alber Mardurs	47	El Gezira	NT
6	Basant Ibrahim	46	Heliopolis	NT
7	Rehab Mohamed El Gohary	45	Ahly	NT

Heat 8 of 12 Timed Finals

2	Jozyan Raouf Hakim	52	Heliopolis	NT
3	Maha Mohamed Mahmoud Labib	54	El Shams	NT
4	Ghada Farouk Yousef	54	Shooting	NT
5	Gehan Abdalla	54	Ahly	NT
6	Salam Taha Houssein	52	Shooting	NT
7	Nermen Kamel Zakher Mousa	50	Shooting	NT

Heat 9 of 12 Timed Finals

1	Hala Ghazy	56	Ahly	NT
2	Salwa Abd Elfatah Ahmed	58	El Gezira	NT
3	Amal abd Elazez Elshikh	59	Zamalek	NT
4	May Mohamed Ossman Neiazy	59	Shooting	NT
5	Gada Ali Gony	59	El Gezira	NT
6	Rana Fouad Ali Mohsen	58	El Shams	NT
7	Sherwet Wafaa Moh. Hafez	56	El Gezira	NT
8	Noha Mahmoud Deiab	56	Shooting	NT

Heat 10 of 12 Timed Finals

1	Ingrid Wassmann	60	El Gezira	NT
2	Ghada Osman Mohi El Din El Zorka	61	El Shams	NT
3	Lameia Ahmed Maher	62	El Gezira	NT
4	Neven Ramez Al Nagar	63	Heliopolis	NT
5	Nazla Faeidalla	63	Ahly	NT
6	Maha Mohmoud El Kholy	62	Heliopolis	NT
7	Carole Jean Zaccar	60	El Gezira	NT
8	Elham Mostafa Esmail	60	Heliopolis	NT

Heat 11 of 12 Timed Finals

1	Jehan Ismaeil Ahmed Metwally	66	Shooting	NT
2	Maha Mohamed Ibahim	68	Shooting	NT
3	Hoda Salah El Din Mortada	69	Heliopolis	NT
4	Nadia Esmail Mohamed	69	Heliopolis	NT
5	Saher Mohamed el Tibi	67	Heliopolis	NT
6	Amal Moh. Abd Elghaffar	56	El Gezira	NT
7	Olga Monikeif	55	Sporting	NT

Heat 12 of 12 Timed Finals

1	Omima Hassan Nesim	70	Ahly	NT
2	Nadia Elgendy Girges	72	Shooting	NT
3	Sahar Mansour	72	Ahly	NT
4	Samira Hussein Kamal	81	Ahly	NT
5	Sameha Kamal Seif El Nasr	80	Heliopolis	NT
6	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT
7	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT

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Event 5 Men 20 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
1	Basel Hussin Ebrahim Ahmed	25	Shooting	NT
2	Omar Ahmed Eid	27	Shooting	NT
3	Mohamed Nour Ibrahim	28	Ahly	NT
4	Omar Atef Abdel Moghny Ragab	29	Shooting	NT
5	Hany Ahmed Hisham Mohamed	27	Heliolido	NT
6	Shady Medhat Hassn	26	Ahly	NT
7	Zeiad Sophy Mohamed	23	El Ghaba	NT
8	Yassin Amir	20	El Ghaba	NT
Heat 2 of 11 Timed Finals				
1	Mohamed Tarek Mohamed Hasanin	30	El Zohour	NT
2	Mohamad Hesham Ahmad Mostafa	31	Shooting	NT
3	Amr Mostafa Kamal	33	Ahly	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Omar Abd El Maged El Akad	34	Heliopolis	NT
6	Amro Essam Aly Abd El Naby	32	El Gezira	NT
7	Sherif Samy Ahmed	31	El Zohour	NT
Heat 3 of 11 Timed Finals				
2	Mostafa Ahmad Esmail Elaskary	35	Shooting	NT
3	Mina Boshra Helmy Wasef	38	Shooting	NT
4	Mohamed Al Sayed Yosry	39	Shooting	NT
5	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
6	Mohamed Mostafa Zaghloul Tolba	35	El Shams	NT
7	Ahmed Mohamed Sayed Mohamady	35	Ahly	NT
Heat 4 of 11 Timed Finals				
2	Mohamed Fathy Mohamed	41	El Shams	NT
3	Eslam Mahmoud Mohamad	42	Shooting	NT
4	Mohamed Ahmed Ibrahim	43	Ahly	NT
5	Adnan Hesham Omar	43	Shooting	NT
6	Mahmoud Hossein Mahmoud	42	Nasr City	NT
7	Mostafa Atif	40	Ahly	NT
Heat 5 of 11 Timed Finals				
2	Haitham Hazim	45	Sporting	NT
3	Hossam Elden Hussien	47	Cairo	NT
4	Hany M Farouk Abdelhmed	49	Tanta	NT
5	Mohamed Abdelhamid Elebiary	48	Ahly	NT
6	Yasser AbdelHady AbdelHady	47	El Shams	NT
Heat 6 of 11 Timed Finals				
1	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
2	Nabil Fayez Hanin	51	Shooting	NT
3	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Zahran Abdel Aziz Zahran	54	Shooting	NT
6	Tarek Hassan Bakry	52	Heliopolis	NT
7	Ahmed M Aly Yossef	51	Tanta	NT
Heat 7 of 11 Timed Finals				
2	Magdy Farouk Fouad Hanna	56	El Shams	NT
3	Sherif Salah Eldin Mahmoud	57	Shooting	NT
4	Mohamed Wael Mohamed	58	Smouha	NT
5	Amin Ahmed Amin Amer	57	Ahly	NT
6	Osama Nayef Sleem	56	Canal El Suez	NT

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1	Hosam El Den Tanawy	60	Heliopolis	NT
2	Tarik Mohamed Abaza	62	Ahly	NT
3	Essam Al Sayed Abdalla	62	Ahly	NT
4	Hossam Saad Hana Saad	60	El Gezira	NT
5	Yaser Mohamed Maghraby	66	Heliopolis	NT
6	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
7	Mohamed Ashraf Al Banna	67	El Gezira	NT

Heat 9 of 11 Timed Finals

1	Ali Selim Al Halaby	70	Heliopolis	NT
2	Atef abd Elghany Abdelgawad	71	El Zohour	NT
3	Adel Mohamad Yakout	71	Smouha	NT
4	Mohamed Mahmoud Abas	73	Shooting	NT
5	Mohssein Abdel Kawy Al Housseiny	72	Ahly	NT
6	Moaataz Mohamed Talaat	71	Heliopolis	NT
7	Adel Boutrous Zaghlol	70	Heliopolis	NT

Heat 10 of 11 Timed Finals

1	Mosaad Hassan Shehab	80	Shooting	NT
2	Baheig Boshra Meikhaeil	83	Heliopolis	NT
3	Mohamed Salah El Din Mortagy	83	Shooting	NT
4	Ahmed Abdel Baset	81	El Gezira	NT
8	Wafeik Aeibad	85	Heliopolis	NT

Heat 11 of 11 Timed Finals

3	Hatem Omar Sedky	75	Shooting	NT
4	Mohamed Refaat Ahmed Refaat	79	Ahly	NT
5	Gharib Ahmed Attia	75	Canal El Suez	NT
6	Mahfouz Gerges Ghabreial	90	Ahly	NT

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Meet Program

Event 6 Women 20 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
1	Mariam Sakr	26	Ahly	NT
2	Nour Hany Abu Elazm	27	Sporting	NT
3	Noran Ahmad Helmy	29	Heliopolis	NT
4	Salma Hesham Ahmed Mostafa	28	Shooting	NT
5	Mayar Hesham ali	27	Cairo	NT
6	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
7	Merhan Yasser Mohamed Salem	24	El Zohour	NT
8	Malak Amr Essmat Mohamed	20	El Zohour	NT
Heat 2 of 7 Timed Finals				
1	Aya Salah Abdel Fattah Aly	32	Shooting	NT
2	Yomna Amro Nageb Kalaf	32	El Gezira	NT
3	Noha Ahmad Abd El Azez	33	Heliopolis	NT
4	Passant Magdy Mahmoud Moussa	34	El Shams	NT
5	Weam Gamal Abdelmegeed	34	Shooting	NT
6	Wesam Hossam Eddin Ebrahim	32	Shooting	NT
7	Mona Mostafa Sayed	32	Ahly	NT
8	Yara Dowidar	31	Sporting	NT
Heat 3 of 7 Timed Finals				
1	Radwa Abdelgalil Mahmoud	35	Cairo	NT
2	Nora Fouad Ali Ibrahim	37	Shooting	NT
3	Yomna Hosam Hamed	37	Heliopolis	NT
4	Omneya Tarif	39	Sporting	NT
5	Nashwa Moteia Abas	39	Ahly	NT
6	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
7	Yasmin Moh. Foad Nassar	36	El Gezira	NT
8	Nadien Adel Ageb Wasef	35	El Shams	NT
Heat 4 of 7 Timed Finals				
1	Rehab Mohamed El Gohary	45	Ahly	NT
2	Rania Mohammad Raafat	46	Shooting	NT
3	Heba Mohamed AbdelGhaffar	46	El Ghaba	NT
4	Amal Mohamed Abdelmonem	45	Shooting	NT
5	Yasmin Hamdy	43	Sporting	NT
6	Basant Moh. Ashraf Montaser	43	El Gezira	NT
7	Salam Taha Houssein	52	Shooting	NT
Heat 5 of 7 Timed Finals				
2	Nahla Housen Gmal EL Den	56	Heliopolis	NT
3	Magda Ebrahim Khalil	57	Cairo	NT
4	Gada Ali Gony	59	El Gezira	NT
5	Manal Fawzi Gadalla	58	Heliopolis	NT
6	Wafaa Abdel Moked Wafi	57	El Gezira	NT
Heat 6 of 7 Timed Finals				
1	Rawiea Mohamed Asaad	67	Shooting	NT
2	Gelan Akl Fawzy	68	Heliopolis	NT
3	Sherifa Yehya Areif	69	Heliopolis	NT
4	Saher Mohamed el Tibi	67	Heliopolis	NT
5	Seham Abdel Monaem Ahmed Khalil	60	El Gezira	NT
6	Nazla Faeidalla	63	Ahly	NT
7	Elham Mostafa Esmail	60	Heliopolis	NT
8	Carole Jean Zaccar	60	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 6 Women 20 & Over 100 SC Meter Backstroke)**

2	Douriea Ahmed Nazzmy	72	Maady	NT
3	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
4	Mervat Mohamed Fathy	75	Wadi Degla	NT
5	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT
6	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 11 Women 20 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
2	Malak Amr Essmat Mohamed	20	El Zohour	NT
3	Rodaina Wael Mohamed	20	Rowad	NT
4	Merhan Yasser Mohamed Salem	24	El Zohour	NT
5	Salma Ahmad Medhat Fahim	23	Shooting	NT
6	Esraa Emad Mohamed Shaaban	20	El Shrook	NT
Heat 2 of 7 Timed Finals				
1	Maryam Ashraf Abdalla	25	Shooting	NT
2	Mariam Sakr	26	Ahly	NT
3	Sylvia Georges Wadie Kamel	28	Heliolido	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Raff Hesham Sayed	28	El Zohour	NT
6	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
7	Merna Amr Abd EL Fatah	26	Heliopolis	NT
Heat 3 of 7 Timed Finals				
3	Noha Moussad Mohamed Ismaiel	32	El Zohour	NT
4	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
5	Yomna Amro Nageb Kalaf	32	El Gezira	NT
6	Mariam Mohamed Atteif	30	Heliopolis	NT
Heat 4 of 7 Timed Finals				
1	Yassmin Khaled Ahmed	35	TM Sports	NT
2	Aya Ezzeddin Abdelhamed	35	Shooting	NT
3	Nashwa Moteia Abas	39	Ahly	NT
4	Yasmen Mohamed Najeb	36	Nasr City	NT
5	Radwa Abdelgalil Mahmoud	35	Cairo	NT
6	Samaa Sultan	44	Sporting	NT
7	Noha Farouk	44	Yacht Club of Egypt Alex	NT
8	Sohad Shaaban Abd Rabo	41	Heliopolis	NT
Heat 5 of 7 Timed Finals				
2	Salam Taha Houssein	52	Shooting	NT
3	Gehan Abdalla	54	Ahly	NT
4	Soha Chahine	52	Sporting	NT
5	Heba Mohamed AbdelGhaffar	46	El Ghaba	NT
6	Sherifa Salah Sabry Mohamed	48	TM Sports	NT
7	Mona Mahmoud Rizk	47	El Gezira	NT
Heat 6 of 7 Timed Finals				
1	Seham Abdel Monaem Ahmed Khalil	60	El Gezira	NT
2	Ghada Osman Mohi El Din El Zorka	61	El Shams	NT
3	Maha Mohmoud El Kholy	62	Heliopolis	NT
4	Carole Jean Zaccar	60	El Gezira	NT
5	Wafaa Abdel Moged Wafi	57	El Gezira	NT
6	Rana Fouad Ali Mohsen	58	El Shams	NT
7	Manal Fawzi Gadalla	58	Heliopolis	NT
8	Nahla Housen Gmal EL Den	56	Heliopolis	NT
Heat 7 of 7 Timed Finals				
2	Sherifa Yehya Areif	69	Heliopolis	NT
3	Hoda Salah El Din Mortada	69	Heliopolis	NT
4	Sameha Kamal Seif El Nasr	80	Heliopolis	NT
5	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT
6	Nadia Elgendy Girges	72	Shooting	NT
7	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 12 Men 20 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
3	Saleh Shady Mohamad Saeed	21	Shooting	NT
4	Omar Mostafa Ebrahim	24	Heliopolis	NT
5	Mostafa Mohamed El Saied	22	Heliopolis	NT
Heat 2 of 13 Timed Finals				
1	Khaled Ahmed Attia	27	Canal El Suez	NT
2	Seif Mohamed Medhat	28	Ahly	NT
3	Mostafa Mohamed Ramadan	29	Ahly	NT
4	Mahmoud A Alsaaed Soltan	29	Tanta	NT
5	Mohamed Ahmed Shendy	29	Ahly	NT
6	Marwan El Amrawy	28	Sporting	NT
7	Hany Ahmed Hisham Mohamed	27	Heliolido	NT
8	Omar Hesham Abdel Latif Hassan	26	Cairo	NT
Heat 3 of 13 Timed Finals				
1	Moataz Bellah Ali Mohamed	31	Heliopolis	NT
2	Sherif Samy Ahmed	31	El Zohour	NT
3	Amro Essam Aly Abd El Naby	32	El Gezira	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Adham Nagy	33	Sporting	NT
6	Omar Abdelhamid Elkhoully	32	Zamalek	NT
7	Ahmed Hamdy Salem	31	Ahly	NT
8	Omar Abdelmonem Mohmed	30	Cairo	NT
Heat 4 of 13 Timed Finals				
1	Karem Adel Boshra	35	Heliopolis	NT
2	Mohamed Mahmoud Abdelatef Mah	36	Gezira El Ward	NT
3	Sherif Adel Ramsis Eppo	39	Shooting	NT
4	Amr Adel Ibrahim	39	Ahly	NT
5	Ahmed Emad Mohamed Neihad	39	Heliopolis	NT
6	Salah Eldin Sabry Taha Elsaeid	37	Shooting	NT
7	Mostafa Ahmed Ramah	35	Ahly	NT
8	Ahmed Mohamed Lotfy	25	Ahly	NT
Heat 5 of 13 Timed Finals				
1	Eslam Mahmoud Mohamad	42	Shooting	NT
2	Mohamed Ahmed Ibrahim	43	Ahly	NT
3	Mohamed Ahmad Hany Yossef	44	Shooting	NT
4	Ali Mohamed Ali Salman	44	El Gezira	NT
5	Mohamed Wagih Ahmed Elbedewi	44	El Shams	NT
6	Hazem Abdelrahman Mohamed	44	El Shams	NT
7	Mahmoud Hossein Mahmoud	42	Nasr City	NT
8	Ahmed Saied Mohmed	42	Cairo	NT
Heat 6 of 13 Timed Finals				
1	Jose Sanchez	46	El Gezira	NT
2	Mohamed Abdelhamid Elebiary	48	Ahly	NT
3	Ahmad Hassn Abdo Elkhyl	49	Smouha	NT
4	Mohamed Sabry Al Hakim	46	El Gezira	NT
5	Hussin Mohamad Ebrahim Badran	40	Shooting	NT
6	Khaled Mahmoud Elsayed	40	Shooting	NT
7	Basel Hussin Ebrahim Ahmed	25	Shooting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 12 Men 20 & Over 200 SC Meter Freestyle)**

1	Karim Assem Moh. Abou El Enein	52	El Gezira	NT
2	Mohamed Ahmed Esaad	52	Ahly	NT
3	Mohammad Mohammad Hasab Elna	52	Shooting	NT
4	Zahran Abdel Aziz Zahran	54	Shooting	NT
5	Hisham Hany El bon	53	Canal El Suez	NT
6	Mohamed Ibrahim Moussa	52	Ahly	NT
7	Mohammad Mahmoud Mareiy	52	Shooting	NT
8	Ayman Al Quidy	51	Yacht Club of Egypt Alex	NT

Heat 8 of 13 Timed Finals

3	Mostafa Amer	56	Ahly	NT
4	Mohamed Wael Mohamed	58	Smouha	NT
5	Hesham Mohamad Elkaluby	57	Shooting	NT
6	Ashraf Mohmed Fouad	56	Cairo	NT

Heat 9 of 13 Timed Finals

2	Abdalla Mahmoud Khalil Elnahas	62	El Gezira	NT
3	Ahmed Morsy Mostafa Fahmy	63	El Gezira	NT
4	Ahmad Azmy	64	Smouha	NT
5	Amr Abd Elfatah	64	Sporting	NT
6	Tarik Mohamed Abaza	62	Ahly	NT
7	Nabil Kamal Ibrahim	60	El Shams	NT

Heat 10 of 13 Timed Finals

2	Hesham Fouad Mahmoud	65	Cairo	NT
3	Ragaa Ahmed Taha Maarouf	66	Shooting	NT
4	Amr Mansour	68	Sporting	NT
5	Ahmed Shafek Ismael Moh.Abd Elm	66	El Gezira	NT
6	Yaser Mohamed Maghraby	66	Heliopolis	NT

Heat 11 of 13 Timed Finals

1	Mohamad Abdelfattah Mohamad	70	Shooting	NT
2	Moaataz Mohamed Talaat	71	Heliopolis	NT
3	Taher Khaled Mohamed Abou Samm	73	Shooting	NT
4	Mohamed Antar Sayed	74	Canal El Suez	NT
5	Maged Mahmoud Kamel	73	Shooting	NT
6	Sherin Mohamed Eltayeb	71	Ahly	NT
7	Hany Kamal Nasar	71	Heliopolis	NT
8	Mohamed Kamel Mazen	70	Ahly	NT

Heat 12 of 13 Timed Finals

1	Karam Mohamed Habieb	76	Heliopolis	NT
2	Said Ahmed Kamal	79	Ahly	NT
3	Mohamed Refaat Ahmed Refaat	79	Ahly	NT
4	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
5	Yousef Anwar Ahm. Wahsh	79	El Gezira	NT
6	Marwan Ghazawy	79	Sporting	NT
7	Khamis Eladawy	76	Sporting	NT
8	Hatem Omar Sedky	75	Shooting	NT

Heat 13 of 13 Timed Finals

2	Mosaad Hassan Shehab	80	Shooting	NT
3	Baheig Boshra Meikhaeil	83	Heliopolis	NT
4	Ahmed Hamada	84	Sporting	NT
5	Ehab Shalabi	83	Heliopolis	NT
6	Wafeik Aeibad	85	Heliopolis	NT

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Meet Program

Event 13 Women 20 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
2	Malak Amr Essmat Mohamed	20	El Zohour	NT
3	Manal Zaki Tawfeik Ali	23	Zamalek	NT
4	Farha Ehab Abou El Senoun	24	Heliopolis	NT
5	Mariam Houssin Kamal	24	El Zohour	NT
6	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
Heat 2 of 11 Timed Finals				
3	Yara Moustafa Hassan Aly	27	Olympic	NT
4	Yuliia Kovalchuk	29	Shooting	NT
5	Rewida Hesham Tolba	28	Ahly	NT
6	Salma Abd EL Hakeem Mohame	27	El Shams	NT
Heat 3 of 11 Timed Finals				
1	Shorouk Ehab	30	Cairo	NT
2	Mona Mostafa Sayed	32	Ahly	NT
3	Yasmin Ahmed Halawa	33	Ahly	NT
4	Weaam Gamal Abdelmeged	34	Shooting	NT
5	Passant Magdy Mahmoud Moussa	34	El Shams	NT
6	Yomna Amro Nageb Kalaf	32	El Gezira	NT
7	Sara Hasheim Mohamed Abou El Sec	32	Shooting	NT
8	Nourhan Hesham Khafagy	30	Cairo	NT
Heat 4 of 11 Timed Finals				
1	Rana Yousri Shalah	35	El Gezira	NT
2	Reham Ibrahim Mohamed Ibrahim	37	El Shams	NT
3	Shaymaa Samy Tawfeik	38	Heliopolis	NT
4	Riham Maher Loutfy Elsid	39	El Gezira	NT
5	Lamyaa Mohamad Hassan Khalefa	39	Shooting	NT
6	Yomna Hosam Hamed	37	Heliopolis	NT
7	Aya Ezzeddin Abdelhamed	35	Shooting	NT
Heat 5 of 11 Timed Finals				
1	Amira Ayman Saif Elnasr	41	El Gezira	NT
2	Sohad Shaaban Abd Rabo	41	Heliopolis	NT
3	Sara Adel Yasin	42	Ahly	NT
4	Yasmin Hamdy	43	Sporting	NT
5	Basant Moh. Ashraf Montaser	43	El Gezira	NT
6	Shreen Magdy Zaky	42	Smouha	NT
7	Sarah Ahdy Mohamed Ali	41	El Shams	NT
Heat 6 of 11 Timed Finals				
1	Maryan Amir Azeer	46	El Gezira	NT
2	Basant Ibrahim	46	Heliopolis	NT
3	Salma Mohamed Hassan Mostafa	47	Maady	NT
4	Rasha Yousef Moh. Tawfik Abd Elftal	49	El Gezira	NT
5	Sherifa Salah Sabry Mohamed	48	TM Sports	NT
6	Talen Alber Mardurs	47	El Gezira	NT
7	Heba Mohamed AbdelGhaffar	46	El Ghaba	NT
8	Nevein Mahmoud Ali	46	Shooting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 13 Women 20 & Over 50 SC Meter Breaststroke)**

2	Monica Elena Bopescu	50	Shooting	NT
3	Soha Chahine	52	Sporting	NT
4	Maha Mohamed Mahmoud Labib	54	El Shams	NT
5	Jozyan Raouf Hakim	52	Heliopolis	NT
6	Doneia Ahmed Mohamed Al Khodar	45	Shooting	NT
7	Rehab Mohamed El Gohary	45	Ahly	NT

Heat 8 of 11 Timed Finals

1	Noha Mahmoud Deiab	56	Shooting	NT
2	Wafaa Abdel Maged Wafi	57	El Gezira	NT
3	Manal Fawzi Gadalla	58	Heliopolis	NT
4	Katrein Mary Hanafy	59	Shooting	NT
5	Gada Ali Gony	59	El Gezira	NT
6	Rana Fouad Ali Mohsen	58	El Shams	NT
7	Amal Moh. Abd Elghaffar	56	El Gezira	NT
8	Hala Ghazy	56	Ahly	NT

Heat 9 of 11 Timed Finals

1	Ingrid Wassmann	60	El Gezira	NT
2	Ghada Osman Mohi El Din El Zorka	61	El Shams	NT
3	Nazla Faeidalla	63	Ahly	NT
4	Neven Ramez Al Nagar	63	Heliopolis	NT
5	Lameia Ahmed Maher	62	El Gezira	NT
6	Elham Mostafa Esmail	60	Heliopolis	NT
7	Olga Monikeif	55	Sporting	NT
8	Aesha Ahm. Rashad	55	El Gezira	NT

Heat 10 of 11 Timed Finals

1	Neven Mohamed Khlel Salah	67	El Gezira	NT
2	Nadia Esmail Mohamed	69	Heliopolis	NT
3	Mona Kamel Youseif	69	Heliopolis	NT
4	Maha Mohamed Ibahim	68	Shooting	NT
7	Sahar Mansour	72	Ahly	NT
8	Douriea Ahmed Nazzmy	72	Maady	NT

Heat 11 of 11 Timed Finals

2	Mervat Mohamed Fathy	75	Wadi Degla	NT
3	Nadya Zakareia El Araby	77	El Gezira	NT
4	Samira Hussein Kamal	81	Ahly	NT
5	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT

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Meet Program

Event 14 Men 20 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 17 Timed Finals				
2	Abdelrahman Ayman Sayed	20	Fayoum Club	NT
3	Kareem Ahmed Shaaban	23	Rowad	NT
4	Nour Eldin Ahmed Ibrahim	24	Ahly	NT
5	Ahmed Mohamed Eisaa	23	Zamalek	NT
6	Fady Ehab Weliam Gad El Rab	22	Zamalek	NT
Heat 2 of 17 Timed Finals				
1	Ziad Hany Abdelaziz	27	Heliopolis	NT
2	Amen Saady Kamel	27	Shooting	NT
3	Omar Wael Hashem Aly	28	El Shams	NT
4	Mahmoud Mohamed Farag	28	Ahly	NT
5	Mohamed Nour Ibrahim	28	Ahly	NT
6	Mostafa Ahmed Solayman	28	Ahly	NT
7	Mahmoud Ibrahim Fatthalla	27	Ahly	NT
8	Daly Dimitrios	26	Sporting	NT
Heat 3 of 17 Timed Finals				
1	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
2	Amr Ibrahim Mohamed	32	Ahly	NT
3	Mustafa Fadel Hussienmohamed	32	El Zohour	NT
4	Ahmed Abou Bakr Souliman	34	Ahly	NT
5	Mohamed Ayob Daabes	33	Heliopolis	NT
6	Ahmed Mostafa Mohamed Salah	32	El Zohour	NT
7	Mahmoud Moh. Yosif Mohamed	31	El Gezira	NT
8	Mostafa Bahaa Elden Mohamed	30	Ahly	NT
Heat 4 of 17 Timed Finals				
1	Seif el den Hesham Ebrahim	25	Heliopolis	NT
2	Abd Elrahman Yasser Tarief	26	Cairo	NT
3	Mohab Abdallah Youssef	26	Ahly	NT
4	Abdala Mohamed Zyada	26	Gezira El Ward	NT
5	Omar Gad Abdelsadek Gad	26	Shooting	NT
6	Yosif Khalid Mohamed	25	Ahly	NT
7	Loai Mohamad Nasr Elsabbahy	30	Shooting	NT
8	Yosef Hesham Saleh	30	Heliopolis	NT
Heat 5 of 17 Timed Finals				
1	Tamer Hassan Farag	37	Zamalek	NT
2	Mahmoud Moussa	38	Sporting	NT
3	Mohamed Rafik Saad Ateea	39	El Gezira	NT
4	Ahmed Emad Mohamed Neihad	39	Heliopolis	NT
5	Khaled Wael Abd Elmged Ibrahim	39	El Gezira	NT
6	Amr Adel Ibrahim	39	Ahly	NT
7	Khaled Mahmoud Tawakol	38	Shooting	NT
8	Ahmed Salah Abdou	37	Ahly	NT
Heat 6 of 17 Timed Finals				
1	Shady Tarik Sayed Hafeiz	35	Shooting	NT
2	Mohamad Mahmoud Alsayed Gadall	35	Shooting	NT
3	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
4	Abdallah Ibrahim Shehata	37	El Zohour	NT
5	Hamed Abdel Hamed Hamed	36	Seka Haded	NT
6	Ahmed Ibrahim Aboutaleb	36	El Zohour	NT
7	Mohamed Abd Elaziz Talab	35	El Gezira	NT
8	Ali Ahmed Ramah	35	Ahly	NT

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Meet Program

Heat 7 Timed Finals... (Event 14 Men 20 & Over 50 SC Meter Breaststroke)

1	Mostafa Atif	40	Ahly	NT
2	Sherief Hassan ali	41	Cairo	NT
3	Ahmed Osman Mohamed	42	Ahly	NT
4	Abdel Moneim Khalaf	44	Sporting	NT
5	Mohamed Ahmed Gamal Eldin	42	Ahly	NT
6	Mohammad Hesham Gamal Eddin A	41	Shooting	NT
7	Karim Mohamed Anwar Eid	40	El Shams	NT
8	Saad Tarek Saad Zaklol	35	El Gezira	NT

Heat 8 of 17 Timed Finals

1	Ibrahim Ahmed Hafeiz	47	Heliopolis	NT
2	Mahmoud Taha Mahmoud Shams	48	Gezira El Ward	NT
3	Ahmed Ezz Eldin Moh. Essa	49	El Gezira	NT
4	Mohamed Mahmoud Fahmy	49	Shooting	NT
5	Tamer Zeinhoum	49	Ahly	NT
6	Hussin Helmy Abd Elaleem	48	Ahly	NT
7	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
8	Ashraf Aly Mohamad Metwally	47	Shooting	NT

Heat 9 of 17 Timed Finals

1	Yassen Shazly Fortune	45	Heliopolis	NT
2	Ahmed Ismail Zohny El Hefnawy	45	El Shams	NT
3	Sherief Fathe abd Elwahab	46	Cairo	NT
4	Karim Adel Elasyed	46	Ahly	NT
5	Sheref Wahed Emam	45	Heliopolis	NT
6	Ahmad Nader Zaky	45	Shooting	NT
7	Mahmoud Khalid Yakob	35	Ahly	NT

Heat 10 of 17 Timed Finals

1	Yaser Aseim Mahmoud	50	Heliopolis	NT
2	Khaled Salah El Din Mohamed	52	Shooting	NT
3	Yaser Abdelaal	53	Ahly	NT
4	Amr Mohamed Samy Abdel Karim	54	Shooting	NT
5	Khaled Abdel Hamed Soliman	53	Shooting	NT
6	Mohamed Ahmed Esaad	52	Ahly	NT
7	Ragi Michel Selim Yacoub	51	El Gezira	NT
8	Karim Mohamed Elsokary	50	Ahly	NT

Heat 11 of 17 Timed Finals

1	Yasser Saed Aly Ahmad Khalil	56	Shooting	NT
2	Mohamed Farouk Twfeek	57	Smouha	NT
3	Ashraf Hamdy Zeiyada	57	Shooting	NT
4	Alaa Ahm. Moh. Ashour	59	El Gezira	NT
5	Amin Ahmed Amin Amer	57	Ahly	NT
6	Hesham Mohamad Elkaluby	57	Shooting	NT
7	Waleed Mahmoud Diab	56	Shooting	NT
8	Yasser Hussein Fayyad	55	El Shams	NT

Heat 12 of 17 Timed Finals

1	Abdalla Mahmoud Khalil Elnahas	62	El Gezira	NT
2	Ahmed Morsy Mostafa Fahmy	63	El Gezira	NT
3	Ayman Fouad Zakareia	63	El Gezira	NT
4	Mostafa Hassan Abdel Tawab	64	Ahly	NT
5	Osman Ahmed Ali	64	Ahly	NT
6	Mohamad Hesham El Kheshen	63	Smouha	NT
7	Amr Ahmad Hamed Darwish	63	Shooting	NT
8	Mohamed Mahmoud Mostafa	61	Ahly	NT

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Meet Program

Heat 13 Timed Finals... (Event 14 Men 20 & Over 50 SC Meter Breaststroke)

1	Hossam Saad Hana Saad	60	El Gezira	NT
2	Hosam El Den Tanawy	60	Heliopolis	NT
3	Mohamed Zaki Mehana Hassan	61	El Gezira	NT
4	Hany Aziz Sedky	60	Shooting	NT
5	Nabil Kamal Ibrahim	60	El Shams	NT
6	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
7	Taamour Ahmed Seifalla Ghaleb	50	El Gezira	NT

Heat 14 of 17 Timed Finals

1	Mostafa Hassan Abou El Fotouh	65	Shooting	NT
2	Mohamed Saad Younes	66	Shooting	NT
3	Yasser Mohamed Mounir abd el Aziz	67	El Shams	NT
4	Montaser Mohamad Ahmad Awad	69	Shooting	NT
5	Ramzy Attia Ibrahim	69	Ahly	NT
6	Haeid Salah El Din Hafes	67	El Gezira	NT
7	Mohamed Essam Eldin Ibrahim	66	Heliopolis	NT

Heat 15 of 17 Timed Finals

1	Mohssein Abdel Kawy Al Housseiny	72	Ahly	NT
2	Mohamed Hassan Mahmoud	73	Ahly	NT
3	Ramy Ahmed Refaat	74	El Gezira	NT
4	Youssef Zaki Hussein	74	Ahly	NT
5	Ahmed Hany Yosef Ezz El Din	74	Shooting	NT
6	Elsaied Ali Helal	73	Smouha	NT
7	Abdel Sameia Abdel Hakim Ahmed	73	Maady	NT
8	Ezzeldin Abdelhalim Abdelhamis El	72	El Shams	NT

Heat 16 of 17 Timed Finals

1	Mohamad Abdelfattah Mohamad	70	Shooting	NT
2	Mohamed Kamel Mazen	70	Ahly	NT
3	Hany Kamal Nasar	71	Heliopolis	NT
4	Mohamed Ali Hegazy	72	Heliopolis	NT
5	Mohamed Mosaad Fayed	71	Heliopolis	NT
6	Gamal Ismail Mohamed	70	Shooting	NT
7	Atef Youssief Hanna	70	Cairo	NT

Heat 17 of 17 Timed Finals

1	Mohamed Ali Mousa	75	Ahly	NT
2	Hesham Omar Sedky	77	Shooting	NT
3	Yousef Anwar Ahm. Wahsh	79	El Gezira	NT
4	Mohamed Abdelfatah	78	Sporting	NT
5	Ahmad Abdelatef EL Ghazaly	76	Shooting	NT
6	Housam Zaki Fahmy	82	El Gezira	NT
7	Mohamed Salah El Din Mortagy	83	Shooting	NT
8	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT

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Meet Program

Event 15 Women 20 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
1	Mariam Sakr	26	Ahly	NT
2	Mariem Mohamed Saeid	28	Cairo	NT
3	Sylvia Georges Wadie Kamel	28	Heliolido	NT
4	Nour Hany Abu Elazm	27	Sporting	NT
5	Esraa Emad Mohamed Shaaban	20	El Shrook	NT
6	Marim Wael Gonim	23	El Ghaba	NT
7	Zina Hythem Fayez	21	Cairo	NT
Heat 2 of 4 Timed Finals				
1	Aya Ezzeddin Abdelhamed	35	Shooting	NT
2	Yasmin Moh. Foad Nassar	36	El Gezira	NT
3	Yasmen Mohamed Najeb	36	Nasr City	NT
4	Noha Ahmad Abd El Azez	33	Heliopolis	NT
5	Nada Magdy Mohamed Abdel Aleem	31	Ahly	NT
6	Noha Farouk	44	Yacht Club of Egypt Alex	NT
7	Samaa Sultan	44	Sporting	NT
8	Rasha Yousef Moh. Tawfik Abd Elftal	49	El Gezira	NT
Heat 3 of 4 Timed Finals				
1	Aesha Ahm. Rashad	55	El Gezira	NT
2	Magda Ebrahim Khalil	57	Cairo	NT
3	Sherwet Wafaa Moh. Hafez	56	El Gezira	NT
4	Seham Abdel Monaem Ahmed Khalil	60	El Gezira	NT
5	Carole Jean Zaccar	60	El Gezira	NT
8	Nermen Kamel Zakher Mousa	50	Shooting	NT
Heat 4 of 4 Timed Finals				
3	Omima Hassan Nesim	70	Ahly	NT
4	Saher Mohamed el Tibi	67	Heliopolis	NT
5	Rawiea Mohamed Asaad	67	Shooting	NT

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Meet Program

Event 16 Men 20 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
2	Omar Khaled Mohamed	20	Cairo	NT
3	Mohamed Hesham Mohamed	22	El Zohour	NT
4	Ziyad Mohamed Anwar Assfor	24	El Ghaba	NT
5	Mostafa Mohamed El Saied	22	Heliopolis	NT
6	Adham Hany Kamal Abd Elazaiz	21	Olympia	NT
Heat 2 of 10 Timed Finals				
1	Mohab Abdallah Youssef	26	Ahly	NT
2	Omar Ahmed Eid	27	Shooting	NT
3	Mohamed Safey Eldin	28	El Ghaba	NT
4	Omar Atef Abdel Moghny Ragab	29	Shooting	NT
5	Mostafa Mohamed Ramadan	29	Ahly	NT
6	Khaled Ahmed Attia	27	Canal El Suez	NT
7	Shady Amged Abd-elhady	27	El Ghaba	NT
8	Daly Dimitrios	26	Sporting	NT
Heat 3 of 10 Timed Finals				
1	Mohamad Hesham Ahmad Mostafa	31	Shooting	NT
2	Ahmed Mohamed Medhat Ahmed	32	El Shams	NT
3	Mohamed Ebrahim Al Bakaly	33	Shooting	NT
4	Omar Abd El Maged El Akad	34	Heliopolis	NT
5	Aslam Mohamed Mahde	34	Nasr City	NT
6	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
7	Omar Abdelhamied Radwan	32	El Shams	NT
8	Mohamed Ahmed Abd Elraman	30	Ahly	NT
Heat 4 of 10 Timed Finals				
3	Karem Mohamed Abd Elaziz	25	Ahly	NT
4	Omar Hesham Abdel Latif Hassan	26	Cairo	NT
5	Seif el den Hesham Ebrahim	25	Heliopolis	NT
6	Mohamed Tarek Mohamed Hasanin	30	El Zohour	NT
Heat 5 of 10 Timed Finals				
2	Adham El-Huseen El-Bassam	35	El Ghaba	NT
3	Salah Eldin Sabry Taha Elsaeid	37	Shooting	NT
4	Abdelrahman Mohamed Zaghloul	38	Zamalek	NT
5	Ahmed Salah Abdou	37	Ahly	NT
6	Yousef Hesham Yousef Sayed Gomaa	36	Shooting	NT
7	Mostafa Ahmad Esmail Elaskary	35	Shooting	NT
Heat 6 of 10 Timed Finals				
1	Mohammad Hassan Abdelatef Qmar	40	Shooting	NT
2	Eslam Mahmoud Mohamad	42	Shooting	NT
3	Mohamed Ahmed Ibrahim	43	Ahly	NT
4	Ahmad Mostafa Fahmy	44	Shooting	NT
5	Haittam Elsaghir	44	Nasr City	NT
6	Ahmed Saied Mohmed	42	Cairo	NT
7	Mohamed Elsayed Abo El Wafa	41	Canal El Suez	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 16 Men 20 & Over 100 SC Meter Butterfly)**

1	Haitham Hazim	45	Sporting	NT
2	Mohamed Mossad Kandil	46	El Zohour	NT
3	Mahmoud Taha Mahmoud Shams	48	Gezira El Ward	NT
4	Mohamed Mahmoud Fahmy	49	Shooting	NT
5	Ahmed Mohamed Nagieb	48	Nasr City	NT
6	Emad El Din Yosef Mostafa	48	Shooting	NT
7	Mohamed Sabry Al Hakim	46	El Gezira	NT

Heat 8 of 10 Timed Finals

3	Ayman Al Quidy	51	Yacht Club of Egypt Alex	NT
4	Mohammad Mahmoud Mareiy	52	Shooting	NT
5	Mohammad Mohammad Hasab Elna	52	Shooting	NT

Heat 9 of 10 Timed Finals

1	Ahmed Rashad Mahmoud Salam	55	El Gezira	NT
2	Ashraf Farag Abdelwahab	57	Ahly	NT
3	Yaser Farouk Yousef	59	Shooting	NT
4	Tarek Mohamed Soltan	59	Ahly	NT
5	Mohannad Mohamed Assem	58	El Shams	NT
6	Ahmed Ghaneim Ibrarim	55	Ahly	NT
7	Ahmed Mohamed Ibrahim	63	Shooting	NT
8	Nabil Kamal Ibrahim	60	El Shams	NT

Heat 10 of 10 Timed Finals

1	Ali Selim Al Halaby	70	Heliopolis	NT
2	Abdelmawgod Gomaa Abdelmawgod	70	Shooting	NT
3	Elmy Sayed Hussein	73	Ahly	NT
4	Ramy Ahmed Refaat	74	El Gezira	NT
5	Abdel Sameia Abdel Hakim Ahmed	73	Maady	NT
6	Taher Khaled Mohamed Abou Samm	73	Shooting	NT
7	Adel Boutrous Zaghlol	70	Heliopolis	NT
8	Amr Abdellateif El Ghayesh	66	Maady	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 25 Women 20 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
1	Mariam Mohamed Atteif	30	Heliopolis	NT
2	Noha Moussad Mohamed Ismaiel	32	El Zohour	NT
3	Passant Magdy Mahmoud Moussa	34	El Shams	NT
4	Mena Naser Radwan	32	Heliopolis	NT
5	Haidy Hossam Nabil El Cotory	24	El Gezira	NT
6	Zina Hythem FayeZ	21	Cairo	NT
7	Rewida Hesham Tolba	28	Ahly	NT
8	Nour Hany Abu Elazm	27	Sporting	NT
Heat 2 of 4 Timed Finals				
2	Aya Ezzeddin Abdelhamed	35	Shooting	NT
3	Yasmen Mohamed Najeb	36	Nasr City	NT
4	Alaa Ahmed Abo ElFotoh	38	TM Sports	NT
5	Yassmin Khaled Ahmed	35	TM Sports	NT
6	Amira Ayman Saif Elnasr	41	El Gezira	NT
Heat 3 of 4 Timed Finals				
1	Mona Mohamad Elsheshtawy	50	Shooting	NT
2	Gehan Abdalla	54	Ahly	NT
3	Ann Taysir Nosseir	54	El Zohour	NT
4	Rania Sami	52	Sporting	NT
5	Heba Mohamed AbdelGhaffar	46	El Ghaba	NT
6	Rasha Yousef Moh. Tawfik Abd Elftal	49	El Gezira	NT
7	Mariam Mahmod Mostafa	46	Shooting	NT
8	Marwa Shaheen	45	Smouha	NT
Heat 4 of 4 Timed Finals				
2	Aesha Ahm. Rashad	55	El Gezira	NT
3	Sherien Ali Sery	57	Heliopolis	NT
4	Katrein Mary Hanafy	59	Shooting	NT
5	Sherwet Wafaa Moh. Hafez	56	El Gezira	NT
6	Omima Hassan Nesim	70	Ahly	NT
7	Seham Abdel Monaem Ahmed Khalil	60	El Gezira	NT

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Meet Program

Event 26 Men 20 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
2	Yassin Amir	20	El Ghaba	NT
3	Adham Hany Kamal Abd Elazaiz	21	Olympia	NT
4	Mostafa Mohamed El Saied	22	Heliopolis	NT
5	Saleh Shady Mohamad Saeed	21	Shooting	NT
6	Adham Ramy Mahmoud Hamdy	21	Shooting	NT
7	Mahmoud Essam El Din Abdalla	20	El Zohour	NT
Heat 2 of 11 Timed Finals				
1	Ziad Hany Abdelaziz	27	Heliopolis	NT
2	Omar Wael Hashem Aly	28	El Shams	NT
3	Mohamed Nour Ibrahim	28	Ahly	NT
4	Mostafa Mohamed Ramadan	29	Ahly	NT
5	Marwan El Amrawy	28	Sporting	NT
6	Mahmoud Abo Eita	28	Ahly	NT
7	Shady Amged Abd-elhady	27	El Ghaba	NT
8	Youssef Ahmed Shendy	26	Ahly	NT
Heat 3 of 11 Timed Finals				
1	Mohamed Ahmed Abd Elraman	30	Ahly	NT
2	Mohamad Hesham Ahmad Mostafa	31	Shooting	NT
3	Omar Abdelhamid Elkhoully	32	Zamalek	NT
4	Islam Maged	33	Sporting	NT
5	Mohamed Ebrahim Al Bakaly	33	Shooting	NT
6	Omar Abdelhamied Radwan	32	El Shams	NT
7	Loai Mohamad Nasr Elsabbahy	30	Shooting	NT
8	Shady Medhat Hassn	26	Ahly	NT
Heat 4 of 11 Timed Finals				
1	Mostafa Ahmad Esmail Elaskary	35	Shooting	NT
2	Mohamad Mahmoud Alsayed Gadall	35	Shooting	NT
3	Salah Eldin Sabry Taha Elsaeid	37	Shooting	NT
4	Mohamed Al Sayed Yosry	39	Shooting	NT
5	Sherif Adel Ramsis Eppo	39	Shooting	NT
6	Ahmed Salah Abdou	37	Ahly	NT
7	Adham El-Huseen El-Bassam	35	El Ghaba	NT
8	Ahmed Mohamed Lotfy	25	Ahly	NT
Heat 5 of 11 Timed Finals				
1	Khaled Mahmoud Elsayed	40	Shooting	NT
2	Adnan Hesham Omar	43	Shooting	NT
3	Ahmed Tamer Mohamed	44	Ahly	NT
4	Ali Mohamed Ali Salman	44	El Gezira	NT
5	Mohamed Wagih Ahmed Elbedewi	44	El Shams	NT
6	Haytham Fouad Zaky	44	Smouha	NT
7	Waleed Ahmed Fouad	42	Shooting	NT
8	Mohammad Hassan Abdelatef Qmar	40	Shooting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 6 Timed Finals... (Event 26 Men 20 & Over 200 SC Meter IM)**

1	Haitham Hazim	45	Sporting	NT
2	Ahmad Nader Zaky	45	Shooting	NT
3	Yasser AbdelHady AbdelHady	47	El Shams	NT
4	Waleed Mohamad Abden	49	Shooting	NT
5	Hany M Farouk Abdelhmed	49	Tanta	NT
6	Kamal Fouad Hanafey	45	Smouha	NT
7	Ahmed Ismail Zohny El Hefnawy	45	El Shams	NT
8	Yassen Shazly Fortune	45	Heliopolis	NT

Heat 7 of 11 Timed Finals

1	Ayman Al Quidy	51	Yacht Club of Egypt Alex	NT
2	Mohamed Ibrahim Moussa	52	Ahly	NT
3	Khaled Abdel Hamed Soliman	53	Shooting	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Mohammad Mahmoud Mareiy	52	Shooting	NT
6	Karim Assem Moh. Abou El Enein	52	El Gezira	NT
7	Abdelrahman Mohamed Gaber	25	El Ghaba	NT

Heat 8 of 11 Timed Finals

2	Magdy Farouk Fouad Hanna	56	El Shams	NT
3	Amin Ahmed Amin Amer	57	Ahly	NT
4	Ashraf Farag Abdelwahab	57	Ahly	NT
5	Mohamed Farouk Twfeek	57	Smouha	NT
6	Sherif Salah Eldin Mahmoud	57	Shooting	NT
7	Ahmed Ghaneim Ibrarim	55	Ahly	NT

Heat 9 of 11 Timed Finals

2	Hosam El Den Tanawy	60	Heliopolis	NT
3	Amr Ahmad Hamed Darwish	63	Shooting	NT
4	Hossny Hassan Ali	64	Ahly	NT
5	Ahmed Morsy Mostafa Fahmy	63	El Gezira	NT
6	Ahmed Mohamed Ibrahim	63	Shooting	NT

Heat 10 of 11 Timed Finals

2	Amr Abdellateif El Ghayesh	66	Maady	NT
3	Abdel Aziz Mohamed Hashim	67	Heliopolis	NT
4	Montaser Mohamad Ahmad Awad	69	Shooting	NT
5	Amr Mansour	68	Sporting	NT
6	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
7	Samy Wahby Sief	66	Heliopolis	NT

Heat 11 of 11 Timed Finals

1	Abdelmawgod Gomaa Abdelmawgod	70	Shooting	NT
2	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
3	Taher Khaled Mohamed Abou Samm	73	Shooting	NT
4	Mohssein Abdel Kawy Al Housseiny	72	Ahly	NT
5	Atef abd Elghany Abdelgawad	71	El Zohour	NT
6	Hesham Omar Sedky	77	Shooting	NT
7	Khamis Eladawy	76	Sporting	NT
8	Ahmed Abdel Baset	81	El Gezira	NT

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Meet Program

Event 27 Women 20 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Timed Finals				
3	Marim Wael Gonim	23	El Ghaba	NT
4	Mariam Houssin Kamal	24	El Zohour	NT
5	Haidy Hossam Nabil El Cotory	24	El Gezira	NT
6	Esraa Emad Mohamed Shaaban	20	El Shrook	NT
Heat 2 of 9 Timed Finals				
2	Maryam Ashraf Abdalla	25	Shooting	NT
3	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
4	Rewida Hesham Tolba	28	Ahly	NT
5	Lameaa Taher Soleman	27	El Gezira	NT
6	Yasmin Tarek Fouad Elewa	25	Shooting	NT
7	Malak Amer El Nady	25	Ahly	NT
Heat 3 of 9 Timed Finals				
2	Yara Dowidar	31	Sporting	NT
3	Aya Salah Abdel Fattah Aly	32	Shooting	NT
4	Passant Magdy Mahmoud Moussa	34	El Shams	NT
5	Weam Gamal Abdelmeged	34	Shooting	NT
6	Mona Mostafa Sayed	32	Ahly	NT
7	Maha Hesham Mohamed	30	Shooting	NT
Heat 4 of 9 Timed Finals				
2	Yassmin Khaled Ahmed	35	TM Sports	NT
3	Nora Fouad Ali Ibrahim	37	Shooting	NT
4	Shaymaa Samy Tawfeik	38	Heliopolis	NT
5	Alaa Ahmed Abo ElFotoh	38	TM Sports	NT
6	Yasmen Mohamed Najeb	36	Nasr City	NT
Heat 5 of 9 Timed Finals				
3	Sohad Shaaban Abd Rabo	41	Heliopolis	NT
4	Yasmin Hamdy	43	Sporting	NT
5	Hanaa Ahmad Khachaba	42	El Zohour	NT
6	Amira Ayman Saif Elnasr	41	El Gezira	NT
Heat 6 of 9 Timed Finals				
2	Nevein Mahmoud Ali	46	Shooting	NT
3	Rania Mohammad Raafat	46	Shooting	NT
4	Rasha Yousef Moh. Tawfik Abd Elftal	49	El Gezira	NT
5	Mariam Mahmod Mostafa	46	Shooting	NT
6	Basant Ibrahim	46	Heliopolis	NT
Heat 7 of 9 Timed Finals				
3	Monica Elena Bopescu	50	Shooting	NT
4	Gehan Abdalla	54	Ahly	NT
5	Ghada Farouk Yousef	54	Shooting	NT
6	Nermen Kamel Zakher Mousa	50	Shooting	NT
Heat 8 of 9 Timed Finals				
1	Olga Monikeif	55	Sporting	NT
2	Nahla Housen Gmal EL Den	56	Heliopolis	NT
3	Sherien Ali Sery	57	Heliopolis	NT
4	May Mohamed Ossman Neiazay	59	Shooting	NT
5	Manal Fawzi Gadalla	58	Heliopolis	NT
6	Sherwet Wafaa Moh. Hafez	56	El Gezira	NT
7	Hala Ghazy	56	Ahly	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 9 Timed Finals... (Event 27 Women 20 & Over 50 SC Meter Butterfly)**

2	Ingrid Wassmann	60	El Gezira	NT
3	Lameia Ahmed Maher	62	El Gezira	NT
4	Saher Mohamed el Tibi	67	Heliopolis	NT
5	Jehan Ismaeil Ahmed Metwally	66	Shooting	NT
6	Mervat Mohamed Fathy	75	Wadi Degla	NT
7	Omima Hassan Nesim	70	Ahly	NT

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Meet Program

Event 28 Men 20 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Timed Finals				
1	Omar Ehab Atef Mohamed	22	Gezira El Ward	NT
2	Adham Ahmad Shaban	23	Rowad	NT
3	Omar Mostafa Ebrahim	24	Heliopolis	NT
4	Nour Eldin Ahmed Ibrahim	24	Ahly	NT
5	Ziyad Mohamed Anwar Assfor	24	El Ghaba	NT
6	Ahmed Mohamed Eisaa	23	Zamalek	NT
7	Zeiad Sophy Mohamed	23	El Ghaba	NT
8	Fady Ehab Weliam Gad El Rab	22	Zamalek	NT
Heat 2 of 18 Timed Finals				
1	Omar Khaled Mohamed	20	Cairo	NT
2	Abdelrahman Ayman Sayed	20	Fayoum Club	NT
3	Adham Ramy Mahmoud Hamdy	21	Shooting	NT
4	Mohamed Hesham Mohamed	22	El Zohour	NT
5	Abd Elrahman Emad Fathy Ismael	22	El Gezira	NT
6	Adham Hany Kamal Abd Elazaiz	21	Olympia	NT
7	Mahmoud Essam El Din Abdalla	20	El Zohour	NT
Heat 3 of 18 Timed Finals				
1	Ziad Hany Abdelaziz	27	Heliopolis	NT
2	Ahmed Esmail Wahby	27	Ahly	NT
3	Seif Mohamed Medhat	28	Ahly	NT
4	Omar Atef Abdel Moghny Ragab	29	Shooting	NT
5	Mahmoud Abo Eita	28	Ahly	NT
6	Mohamed Safey Eldin	28	El Ghaba	NT
7	Omar Ahmed Eid	27	Shooting	NT
8	Khaled Ahmed Attia	27	Canal El Suez	NT
Heat 4 of 18 Timed Finals				
1	Karem Mohamed Abd Elaziz	25	Ahly	NT
2	Abdala Mohamed Zyada	26	Gezira El Ward	NT
3	Youssef Ahmed Shendy	26	Ahly	NT
4	Amen Saady Kamel	27	Shooting	NT
5	Mohab Abdallah Youssef	26	Ahly	NT
6	Daly Dimitrios	26	Sporting	NT
7	Abdelrahman Mohamed Gaber	25	El Ghaba	NT
8	Ahmed Said Abd Elkawy	25	Rowad	NT
Heat 5 of 18 Timed Finals				
1	Mohamad Hesham Ahmad Mostafa	31	Shooting	NT
2	Omar Abdelhamied Radwan	32	El Shams	NT
3	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
4	Omar Yahia Helal	34	Ahly	NT
5	Sherif Mohamed Ebrahim	33	El Zohour	NT
6	Karim Ebrahim Abdelfattah	32	Shooting	NT
7	Ahmed Mohamed Medhat Ahmed	32	El Shams	NT
8	Mohamed Ahmed Sadek	30	Rowad	NT
Heat 6 of 18 Timed Finals				
2	Seif el den Hesham Ebrahim	25	Heliopolis	NT
3	Yosif Khalid Mohamed	25	Ahly	NT
4	Ahmed Wael Husin	25	Tanta	NT
5	Omar Mohamed Abdelfattah Moharr	30	El Shams	NT
6	Mohamed Hussein Mohamed	30	Cairo	NT
7	Mohamed Ahmed Abd Elraman	30	Ahly	NT

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Meet Program

Heat 7 Timed Finals... (Event 28 Men 20 & Over 50 SC Meter Butterfly)

1	Mohamed Mahmoud Abdelatef Mah	36	Gezira El Ward	NT
2	Ehsan Mohamad Gomaa Mohamad	37	Shooting	NT
3	Abdelrahman Mohamed Zaghloul	38	Zamalek	NT
4	Khaled Wael Abd Elmged Ibrahim	39	El Gezira	NT
5	Karim Mohamed Talaat Altanahy	38	Shooting	NT
6	Mohamed Abdelhady Shoman	37	Gezira El Ward	NT
7	Ahmed Salah Abdou	37	Ahly	NT
8	Mohammad Adel Mansour Askar	36	Shooting	NT

Heat 8 of 18 Timed Finals

1	Amr Taha Ahmed	35	Zamalek	NT
2	Ahmed Mahmuod Omar	35	Nasr City	NT
3	Mostafa Ahmed Ramah	35	Ahly	NT
4	Yousef Hesham Yousef Sayed Gomaa	36	Shooting	NT
5	Aly Aroos	35	Sporting	NT
6	Mahmoud Khalid Yakob	35	Ahly	NT
7	Mohamad Mahmoud Alsayed Gadall	35	Shooting	NT
8	Ali Ahmed Ramah	35	Ahly	NT

Heat 9 of 18 Timed Finals

1	Mohamed Elsayed Abo El Wafa	41	Canal El Suez	NT
2	Mohamed Aziz Khames	42	Ahly	NT
3	Ahmad Mostafa Fahmy	44	Shooting	NT
4	Mohamed Wagih Ahmed Elbedewi	44	El Shams	NT
5	Haïttam Elsaghir	44	Nasr City	NT
6	Hazem Abdelrahman Mohamed	44	El Shams	NT
7	Ahmed Saied Mohmed	42	Cairo	NT
8	Mohammad Hesham Gamal Eddin A	41	Shooting	NT

Heat 10 of 18 Timed Finals

2	Mostafa Atif	40	Ahly	NT
3	Karim Mohamed Anwar Eid	40	El Shams	NT
4	Sherief Salha Eldeen Abdelhafiz	41	Cairo	NT
5	Basel Omar Abd Elaziz	40	El Zohour	NT
6	Hussin Mohamad Ebrahim Badran	40	Shooting	NT
7	Abd Alah Mohamedm Elhehyawe	40	Heliopolis	NT

Heat 11 of 18 Timed Finals

1	Ashraf Aly Mohamad Metwally	47	Shooting	NT
2	Mahmoud Taha Mahmoud Shams	48	Gezira El Ward	NT
3	Tamer Zeinhoum	49	Ahly	NT
4	Ahmed Ezz Eldin Moh. Essa	49	El Gezira	NT
5	Waleed Mohamad Abden	49	Shooting	NT
6	Emad El Din Yosef Mostafa	48	Shooting	NT
7	Hussin Helmy Abd Elaleem	48	Ahly	NT
8	Mohamed Sabry Al Hakim	46	El Gezira	NT

Heat 12 of 18 Timed Finals

1	Mohammad Mohammad Hasab Elna	52	Shooting	NT
2	Khaled Salah El Din Mohamed	52	Shooting	NT
3	Mohamed Ibrahim Mousa	52	Ahly	NT
4	Yaser Abdelaal	53	Ahly	NT
5	Hisham Hany El bon	53	Canal El Suez	NT
6	Tarek Hassan Bakry	52	Heliopolis	NT
7	Mohammad Mahmoud Mareiy	52	Shooting	NT
8	Mohmed ali Mahmoud	51	Cairo	NT

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Meet Program

Heat 13 Timed Finals... (Event 28 Men 20 & Over 50 SC Meter Butterfly)

1	Ahmed Ghaneim Ibrarim	55	Ahly	NT
2	Mohannad Mohamed Assem	58	El Shams	NT
3	Yaser Farouk Yousef	59	Shooting	NT
4	Alaa Ahm. Moh. Ashour	59	El Gezira	NT
5	Waled Mohamed Fatthy	59	Heliopolis	NT
6	Tarek Mohamed Soltan	59	Ahly	NT
7	Yasser Saed Aly Ahmad Khalil	56	Shooting	NT
8	Ahmed Rashad Mahmoud Salam	55	El Gezira	NT

Heat 14 of 18 Timed Finals

2	Kamal Fouad Hanafey	45	Smouha	NT
3	Karem Wagdy m Reyad	46	Heliopolis	NT
4	Sheref Wahed Emam	45	Heliopolis	NT
5	Ali Ahmed Samy El Ebiary	45	El Zohour	NT
6	Ebaa Ahmad Mamdoh	55	Heliopolis	NT

Heat 15 of 18 Timed Finals

2	Mohsan Abou Alwafa	61	Sporting	NT
3	Sherif Mohamad Mahmoud Hamma	63	Shooting	NT
4	Hossny Hassan Ali	64	Ahly	NT
5	Amr Abd Elfatah	64	Sporting	NT
6	Amr Ahmad Hamed Darwish	63	Shooting	NT
7	Nabil Kamal Ibrahim	60	El Shams	NT

Heat 16 of 18 Timed Finals

3	Mohamed Saad Younes	66	Shooting	NT
4	Montaser Mohamad Ahmad Awad	69	Shooting	NT
5	Abdel Aziz Mohamed Hashim	67	Heliopolis	NT

Heat 17 of 18 Timed Finals

1	Abdelmawgod Gomaa Abdelmawgoc	70	Shooting	NT
2	Adel Boutrous Zaghlol	70	Heliopolis	NT
3	Elmy Sayed Hussein	73	Ahly	NT
4	Mohamed Antar Sayed	74	Canal El Suez	NT
5	Abdel Sameia Abdel Hakim Ahmed	73	Maady	NT
6	Ali Selim Al Halaby	70	Heliopolis	NT
7	Ashraf Elwy Lasheen	70	Smouha	NT

Heat 18 of 18 Timed Finals

3	Hatem Omar Sedky	75	Shooting	NT
4	Hesham Omar Sedky	77	Shooting	NT
5	Ahmed Hamada	84	Sporting	NT

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Meet Program

Event 29 Women 20 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
3	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
4	Mariam Houssin Kamal	24	El Zohour	NT
5	Manal Zaki Tawfeik Ali	23	Zamalek	NT
6	Hidy Mohamed Ramadan	20	Tanta	NT
Heat 2 of 6 Timed Finals				
1	Mayar Hesham ali	27	Cairo	NT
2	Yara Moustafa Hassan Aly	27	Olympic	NT
3	Rewida Hesham Tolba	28	Ahly	NT
4	Yuliia Kovalchuk	29	Shooting	NT
5	Mariem Mohamed Saeid	28	Cairo	NT
6	Salma Abd EL Hakeem Mohame	27	El Shams	NT
7	Noha Moussad Mohamed Ismaiel	32	El Zohour	NT
Heat 3 of 6 Timed Finals				
2	Rana Yousri Shalah	35	El Gezira	NT
3	Reham Ibrahim Mohamed Ibrahim	37	El Shams	NT
4	Riham Maher Loutfy Elsid	39	El Gezira	NT
5	Lamyaa Mohamad Hassan Khalefa	39	Shooting	NT
6	Nada Eman	36	Sporting	NT
7	Radwa Abdelgalil Mahmoud	35	Cairo	NT
Heat 4 of 6 Timed Finals				
1	Marwa Shaheen	45	Smouha	NT
2	Salma Mohamed Hassan Mostafa	47	Maady	NT
3	Maryan Amir Azeer	46	El Gezira	NT
4	Nehal Moh. Ahmed Nashed	41	El Gezira	NT
5	Sara Adel Yasin	42	Ahly	NT
6	Shreen Magdy Zaky	42	Smouha	NT
7	Soha Chahine	52	Sporting	NT
8	Monica Elena Bopescu	50	Shooting	NT
Heat 5 of 6 Timed Finals				
1	Aesha Ahm. Rashad	55	El Gezira	NT
2	Katrein Mary Hanafy	59	Shooting	NT
3	Noha Mahmoud Deiab	56	Shooting	NT
4	Mona Kamel Youseif	69	Heliopolis	NT
5	Neven Mohamed Khlel Salah	67	El Gezira	NT
6	Neven Ramez Al Nagar	63	Heliopolis	NT
7	Lameia Ahmed Maher	62	El Gezira	NT
8	Douriea Ahmed Nazzmy	72	Maady	NT
Heat 6 of 6 Timed Finals				
4	Nadya Zakareia El Araby	77	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 30 Men 20 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Timed Finals				
3	Abdelrahman Ayman Sayed	20	Fayoum Club	NT
4	Kareem Ahmed Shaaban	23	Rowad	NT
5	Yousif Amr Mahmoud	21	Rowad	NT
Heat 2 of 12 Timed Finals				
1	Abd Elrahman Yasser Tarief	26	Cairo	NT
2	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
3	Omar Wael Hashem Aly	28	El Shams	NT
4	Moataz Mahmoud abd Elmonem	29	Cairo	NT
5	Mahmoud Mohamed Farag	28	Ahly	NT
6	Ziad Hany Abdelaziz	27	Heliopolis	NT
7	Daly Dimitrios	26	Sporting	NT
8	Seif el den Hesham Ebrahim	25	Heliopolis	NT
Heat 3 of 12 Timed Finals				
1	Mohamed Ahmed Abd Elraman	30	Ahly	NT
2	Mahmoud Moh. Yosif Mohamed	31	El Gezira	NT
3	Adham Nagy	33	Sporting	NT
4	Ahmed Abou Bakr Souliman	34	Ahly	NT
5	Mohamed Ebrahim Al Bakaly	33	Shooting	NT
6	Ahmed Mostafa Mohamed Salah	32	El Zohour	NT
7	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
8	Loai Mohamad Nasr Elsabbahy	30	Shooting	NT
Heat 4 of 12 Timed Finals				
1	Shady Tarik Sayed Hafeiz	35	Shooting	NT
2	Hamed Abdel Hamed Hamed	36	Seka Haded	NT
3	Ehsan Mohamad Goma Mohamed	37	Shooting	NT
4	Amr Adel Ibrahim	39	Ahly	NT
5	Ahmed Yousry Moktar	37	Shooting	NT
6	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
7	Mohamad Mahmoud Alsayed Gadall	35	Shooting	NT
8	Mohamed Hussein Mohamed	30	Cairo	NT
Heat 5 of 12 Timed Finals				
2	Ahmed Osman Mohamed	42	Ahly	NT
3	Haytham Fouad Zaky	44	Smouha	NT
4	Mohamed Ahmad Hany Yossef	44	Shooting	NT
5	Mohamed Ahmed Gamal Eldin	42	Ahly	NT
6	Ahmed El Hasafy	30	Sporting	NT
Heat 6 of 12 Timed Finals				
2	Ahmad Nader Zaky	45	Shooting	NT
3	Ibrahim Ahmed Hafeiz	47	Heliopolis	NT
4	Mohamed Mahmoud Fahmy	49	Shooting	NT
5	Mahmoud Taha Mahmoud Shams	48	Gezira El Ward	NT
6	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
7	Yassen Shazly Fortune	45	Heliopolis	NT

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Meet Program

Heat 7 Timed Finals... (Event 30 Men 20 & Over 200 SC Meter Breaststroke)

1	Mohamed Ahmed Esaad	52	Ahly	NT
2	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
3	Waleed Hassan Hussien Zayed	53	Shooting	NT
4	Amr Mohamed Samy Abdel Karim	54	Shooting	NT
5	Tarik Soultan Abou Ali	54	Heliopolis	NT
6	Khaled Abdel Hamed Soliman	53	Shooting	NT
7	Khaled Salah El Din Mohamed	52	Shooting	NT
8	Ragi Michel Selim Yacoub	51	El Gezira	NT

Heat 8 of 12 Timed Finals

2	Yasser Hussein Fayyad	55	El Shams	NT
3	Ashraf Farag Abdelwahab	57	Ahly	NT
4	Sherif Mohamed Samy Hassan	59	El Shams	NT
5	Mohamed Farouk Twfeek	57	Smouha	NT
6	Waleed Mahmoud Diab	56	Shooting	NT

Heat 9 of 12 Timed Finals

3	Mohamed Mahmoud Mostafa	61	Ahly	NT
4	Osman Ahmed Ali	64	Ahly	NT
5	Abdalla Mahmoud Khalil Elnahas	62	El Gezira	NT
6	Hany Aziz Sedky	60	Shooting	NT

Heat 10 of 12 Timed Finals

2	Samy Wahby Sief	66	Heliopolis	NT
3	Yasser Mohamed Mounir abd el Aziz	67	El Shams	NT
4	Ramzy Attia Ibrahim	69	Ahly	NT
5	Elsayed Hassan AboElwafa	69	Canal El Suez	NT
6	Abdel Aziz Mohamed Hashim	67	Heliopolis	NT
7	Mohamed Essam Eldin Ibrahim	66	Heliopolis	NT

Heat 11 of 12 Timed Finals

1	Atef Youssief Hanna	70	Cairo	NT
2	Adel Mohamad Yakout	71	Smouha	NT
3	Mohssein Abdel Kawy Al Housseiny	72	Ahly	NT
4	Ahmed Hany Yosef Ezz El Din	74	Shooting	NT
5	Elmy Sayed Hussein	73	Ahly	NT
6	Mohamed Mosaad Fayed	71	Heliopolis	NT
7	Hany Kamal Nasar	71	Heliopolis	NT
8	Abdelmawgod Gomaa Abdelmawgod	70	Shooting	NT

Heat 12 of 12 Timed Finals

1	Mohamed Ali Mousa	75	Ahly	NT
2	Hesham Omar Sedky	77	Shooting	NT
3	Yousef Anwar Ahm. Wahsh	79	El Gezira	NT
4	Said Ahmed Kamal	79	Ahly	NT
5	Ahmad Abdelatef EL Ghazaly	76	Shooting	NT
6	Housam Zaki Fahmy	82	El Gezira	NT
7	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT

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Meet Program

Event 31 Women 20 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
1	Hidy Mohamed Ramadan	20	Tanta	NT
2	Marim Wael Gonim	23	El Ghaba	NT
3	Manal Zaki Tawfeik Ali	23	Zamalek	NT
4	Mariam Houssin Kamal	24	El Zohour	NT
5	Salma Ahmad Medhat Fahim	23	Shooting	NT
6	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
7	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
8	Esraa Emad Mohamed Shaaban	20	El Shrook	NT
Heat 2 of 10 Timed Finals				
1	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
2	Lameaa Taher Soleman	27	El Gezira	NT
3	Nourhan Ahmed Halawa	28	Ahly	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Raff Hesham Sayed	28	El Zohour	NT
6	Yara Moustafa Hassan Aly	27	Olympic	NT
7	Merna Amr Abd EL Fatah	26	Heliopolis	NT
8	Maryam Ashraf Abdalla	25	Shooting	NT
Heat 3 of 10 Timed Finals				
1	Mariam Mohamed Atteif	30	Heliopolis	NT
2	Yara Dowidar	31	Sporting	NT
3	Mena Naser Radwan	32	Heliopolis	NT
4	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
5	Noha Moussad Mohamed Ismaiel	32	El Zohour	NT
6	Maha Hesham Mohamed	30	Shooting	NT
7	Malak Amer El Nady	25	Ahly	NT
8	Yasmin Tarek Fouad Elewa	25	Shooting	NT
Heat 4 of 10 Timed Finals				
1	Yassmin Khaled Ahmed	35	TM Sports	NT
2	Yomna Hosam Hamed	37	Heliopolis	NT
3	Nora Fouad Ali Ibrahim	37	Shooting	NT
4	Riham Maher Loutfy Elsid	39	El Gezira	NT
5	Shaymaa Samy Tawfeik	38	Heliopolis	NT
6	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
7	Nada Eman	36	Sporting	NT
Heat 5 of 10 Timed Finals				
4	Basant Moh. Ashraf Montaser	43	El Gezira	NT
5	Sohad Shaaban Abd Rabo	41	Heliopolis	NT
Heat 6 of 10 Timed Finals				
1	Basant Ibrahim	46	Heliopolis	NT
2	Nevein Mahmoud Ali	46	Shooting	NT
3	Talen Alber Mardurs	47	El Gezira	NT
4	Sherifa Salah Sabry Mohamed	48	TM Sports	NT
5	Mona Mahmoud Rizk	47	El Gezira	NT
6	Mariam Mahmud Mostafa	46	Shooting	NT
7	Rania Mohammad Raafat	46	Shooting	NT
8	Rehab Mohamed El Gohary	45	Ahly	NT
Heat 7 of 10 Timed Finals				
3	Monica Elena Bopescu	50	Shooting	NT
4	Gehan Abdalla	54	Ahly	NT
5	Rania Sami	52	Sporting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 8 Timed Finals... (Event 31 Women 20 & Over 100 SC Meter Freestyle)**

1	Noha Mahmoud Deiab	56	Shooting	NT
2	Sherwet Wafaa Moh. Hafez	56	El Gezira	NT
3	Wafaa Abdel Maged Wafi	57	El Gezira	NT
4	May Mohamed Ossman Neiazzy	59	Shooting	NT
5	Sherien Ali Sery	57	Heliopolis	NT
6	Hala Ghazy	56	Ahly	NT
7	Nahla Housen Gmal EL Den	56	Heliopolis	NT

Heat 9 of 10 Timed Finals

1	Elham Mostafa Esmail	60	Heliopolis	NT
2	Maha Mohmoud El Kholy	62	Heliopolis	NT
3	Nazla Faeidalla	63	Ahly	NT
4	Ingrid Wassmann	60	El Gezira	NT
5	Sahar Mansour	72	Ahly	NT
6	Nadia Elgendy Girges	72	Shooting	NT
7	Hoda Salah El Din Mortada	69	Heliopolis	NT
8	Sherifa Yehya Areif	69	Heliopolis	NT

Heat 10 of 10 Timed Finals

3	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT
4	Nabela Ahmed Sayed Ahmed	86	El Gezira	NT
5	Sameha Kamal Seif El Nasr	80	Heliopolis	NT

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Meet Program

Event 32 Men 20 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 16 Timed Finals				
1	Mahmoud Essam El Din Abdalla	20	El Zohour	NT
2	Ziyad Ahmed Abdel Azim	21	Hadak Al Ahram	NT
3	Abd Elrahman Emad Fathy Ismael	22	El Gezira	NT
4	Omar Mostafa Ebrahim	24	Heliopolis	NT
5	Ziyad Mohamed Anwar Assfor	24	El Ghaba	NT
6	Mostafa Mohamed El Saied	22	Heliopolis	NT
7	amr Hesham Bayomy	20	Cairo	NT
Heat 2 of 16 Timed Finals				
1	Khaled Ahmed Attia	27	Canal El Suez	NT
2	Amen Saady Kamel	27	Shooting	NT
3	Seif Mohamed Medhat	28	Ahly	NT
4	Mohamed Ahmed Shendy	29	Ahly	NT
5	Mahmoud A Alsaed Soltan	29	Tanta	NT
6	Mostafa Ahmed Solayman	28	Ahly	NT
7	Omar Ahmed Eid	27	Shooting	NT
8	Omar Ashraf Nasar	26	Gezira El Ward	NT
Heat 3 of 16 Timed Finals				
1	Amro Essam Aly Abd El Naby	32	El Gezira	NT
2	Amr Mostafa Kamal	33	Ahly	NT
3	Adham Nagy	33	Sporting	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Salah El din Esam Salah El din	34	Ahly	NT
6	Abdel Hakeim Essam Farag	33	Heliopolis	NT
7	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
8	Ahmed Mohamed Medhat Ahmed	32	El Shams	NT
Heat 4 of 16 Timed Finals				
1	Mohamed Ahmed Sadek	30	Rowad	NT
2	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
3	Mahmoud Moh. Yosif Mohamed	31	El Gezira	NT
4	Omar Abdelhamid Elkhoully	32	Zamalek	NT
5	Ahmed Mostafa Mohamed Salah	32	El Zohour	NT
6	Sherif Samy Ahmed	31	El Zohour	NT
7	Omar Abdelmonem Mohamed	30	Cairo	NT
8	Mohamed Hussein Mohamed	30	Cairo	NT
Heat 5 of 16 Timed Finals				
1	Yousef Hesham Yousef Sayed Gomaa	36	Shooting	NT
2	Tamer Hassan Farag	37	Zamalek	NT
3	Karim Mohamed Talaat Altanahy	38	Shooting	NT
4	Khaled Wael Abd Elmged Ibrahim	39	El Gezira	NT
5	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
6	Abdelrahman Mohamed Zaghloul	38	Zamalek	NT
7	Mohammad Adel Mansour Askar	36	Shooting	NT
8	Ahmed Ibrahim Aboutaleb	36	El Zohour	NT

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Meet Program

Heat 6 Timed Finals... (Event 32 Men 20 & Over 100 SC Meter Freestyle)

1	Karem Adel Boshra	35	Heliopolis	NT
2	Adham El-Huseen El-Bassam	35	El Ghaba	NT
3	Ali Ahmed Ramah	35	Ahly	NT
4	Mohamed Mahmoud Abdelatef Mah	36	Gezira El Ward	NT
5	Ahmed Mahmuod Omar	35	Nasr City	NT
6	Mahmoud Khalid Yakob	35	Ahly	NT
7	Yosif Khalid Mohamed	25	Ahly	NT
8	Abdelrahman Mohamed Gaber	25	El Ghaba	NT

Heat 7 of 16 Timed Finals

1	Mohammad Hesham Gamal Eddin A	41	Shooting	NT
2	Ahmed Saied Mohmed	42	Cairo	NT
3	Abdel Moneim Khalaf	44	Sporting	NT
4	Ali Mohamed Ali Salman	44	El Gezira	NT
5	Hazem Abdelrahman Mohamed	44	El Shams	NT
6	Mohamed Ahmed Ibrahim	43	Ahly	NT
7	Mohamad Ahmad Ezzat Emam	42	Shooting	NT
8	Yasser Ahmed Ameen	41	Canal El Suez	NT

Heat 8 of 16 Timed Finals

1	Ali Ahmed Samy El Ebiary	45	El Zohour	NT
2	Jose Sanchez	46	El Gezira	NT
3	Ashraf Aly Mohamad Metwally	47	Shooting	NT
4	Ahmed Ezz Eldin Moh. Essa	49	El Gezira	NT
5	Ahmad Hassn Abdo Elkhyal	49	Smouha	NT
6	Mohamed Sabry Al Hakim	46	El Gezira	NT
7	Sherief Fathe abd Elwahab	46	Cairo	NT
8	Ahmed Mazen Msalam	45	Nasr City	NT

Heat 9 of 16 Timed Finals

1	Ragi Michel Selim Yacoub	51	El Gezira	NT
2	Nabil Fayez Hanin	51	Shooting	NT
3	Mohammad Mohammad Hasab Elna	52	Shooting	NT
4	Hisham Hany El bon	53	Canal El Suez	NT
5	Yaser Abdelaal	53	Ahly	NT
6	Ahmed M Aly Yossef	51	Tanta	NT
7	Ayman Al Quidy	51	Yacht Club of Egypt Alex	NT
8	Yaser Aseim Mahmoud	50	Heliopolis	NT

Heat 10 of 16 Timed Finals

2	Sherief Hassan ali	41	Cairo	NT
3	Abd Alah Mohamedm Elhehyawe	40	Heliopolis	NT
4	Karim Mohamed Elsokary	50	Ahly	NT
5	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
6	Omar Mohamed Abdelfattah Mohar	30	El Shams	NT

Heat 11 of 16 Timed Finals

1	Ahmed Mohamed Talba	55	Nasr City	NT
2	Mostafa Amer	56	Ahly	NT
3	Mohannad Mohamed Assem	58	El Shams	NT
4	Yaser Farouk Yousef	59	Shooting	NT
5	Alaa Ahm. Moh. Ashour	59	El Gezira	NT
6	Hesham Mohamad Elkaluby	57	Shooting	NT
7	Ashraf Mohmed Fouad	56	Cairo	NT
8	Yasser Hussein Fayyad	55	El Shams	NT

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Meet Program

Heat 12 Timed Finals... (Event 32 Men 20 & Over 100 SC Meter Freestyle)

1	Mohsan Abou Alwafa	61	Sporting	NT
2	Tarik Mohamed Abaza	62	Ahly	NT
3	Amr Ahmad Hamed Darwish	63	Shooting	NT
4	Ahmad Azmy	64	Smouha	NT
5	Amr Abd Elfatah	64	Sporting	NT
6	Essam Al Sayed Abdalla	62	Ahly	NT
7	Mohamed Zaki Mehana Hassan	61	El Gezira	NT

Heat 13 of 16 Timed Finals

2	Hesham Fouad Mahmoud	65	Cairo	NT
3	Ahmed Ibrahim Edreis	68	Heliopolis	NT
4	Montaser Mohamad Ahmad Awad	69	Shooting	NT
5	Amr Mansour	68	Sporting	NT
6	Samy Wahby Sief	66	Heliopolis	NT

Heat 14 of 16 Timed Finals

1	Mohamed Kamel Mazen	70	Ahly	NT
2	Mohamed Mosaad Fayed	71	Heliopolis	NT
3	Abdel Sameia Abdel Hakim Ahmed	73	Maady	NT
4	Mohamed Antar Sayed	74	Canal El Suez	NT
5	Mohamed Mahmoud Abas	73	Shooting	NT
6	Sherin Mohamed Eltayeb	71	Ahly	NT
7	Moaataz Mohamed Talaat	71	Heliopolis	NT
8	Mohamad Abdelfattah Mohamad	70	Shooting	NT

Heat 15 of 16 Timed Finals

1	Mohamed Ali Mousa	75	Ahly	NT
2	Mohamed Abdelfatah	78	Sporting	NT
3	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
4	Yousef Anwar Ahm. Wahsh	79	El Gezira	NT
5	Mohamed Refaat Ahmed Refaat	79	Ahly	NT
6	Marwan Ghazawy	79	Sporting	NT
7	Karam Mohamed Habieb	76	Heliopolis	NT
8	Gharib Ahmed Attia	75	Canal El Suez	NT

Heat 16 of 16 Timed Finals

1	Mosaad Hassan Shehab	80	Shooting	NT
2	Baheig Boshra Meikhaeil	83	Heliopolis	NT
3	Ahmed Hamada	84	Sporting	NT
4	Ehab Shalabi	83	Heliopolis	NT
5	Housam Zaki Fahmy	82	El Gezira	NT
6	Mahfouz Gerges Ghabreial	90	Ahly	NT
7	Wafeik Aeibad	85	Heliopolis	NT

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Meet Program

Event 33 Women 20 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
3	Salma Ahmad Medhat Fahim	23	Shooting	NT
4	Merhan Yasser Mohamed Salem	24	El Zohour	NT
5	Noran Ahmed Hamdy abd Elghany	23	Cairo	NT
6	Malak Amr Essmat Mohamed	20	El Zohour	NT
Heat 2 of 11 Timed Finals				
1	Hannya Hossam Nabil Ibrahim	26	El Gezira	NT
2	Lameaa Taher Soleman	27	El Gezira	NT
3	Nour Hany Abu Elazm	27	Sporting	NT
4	Salma Hesham Ahmed Mostafa	28	Shooting	NT
5	Nourhan Ahmed Halawa	28	Ahly	NT
6	Mayar Hesham ali	27	Cairo	NT
7	Mariam Sakr	26	Ahly	NT
8	Merna Amr Abd EL Fatah	26	Heliopolis	NT
Heat 3 of 11 Timed Finals				
1	Yara Dowidar	31	Sporting	NT
2	Wesam Hossam Eddin Ebrahim	32	Shooting	NT
3	Mona Mostafa Sayed	32	Ahly	NT
4	Weaam Gamal Abdelmeged	34	Shooting	NT
5	Yasmin Ahmed Halawa	33	Ahly	NT
6	Yomna Amro Nageb Kalaf	32	El Gezira	NT
7	Aya Salah Abdel Fattah Aly	32	Shooting	NT
8	Mariam Mohamed Atteif	30	Heliopolis	NT
Heat 4 of 11 Timed Finals				
2	Shorouk Ehab	30	Cairo	NT
3	Amira Galal Zakrya	30	Zamalek	NT
4	Nourhan Hesham Khafagy	30	Cairo	NT
5	Maryam Ashraf Abdalla	25	Shooting	NT
6	Malak Amer El Nady	25	Ahly	NT
Heat 5 of 11 Timed Finals				
1	Rana Yousri Shalah	35	El Gezira	NT
2	Nora Fouad Ali Ibrahim	37	Shooting	NT
3	Yomna Hosam Hamed	37	Heliopolis	NT
4	Omneya Tarif	39	Sporting	NT
5	Alaa Ahmed Abo ElFotoh	38	TM Sports	NT
6	Heba Alla Yahya Abd Elrahman	37	Ahly	NT
7	Yasmin Moh. Foad Nassar	36	El Gezira	NT
8	Nadien Adel Ageb Wasef	35	El Shams	NT
Heat 6 of 11 Timed Finals				
3	Hanaa Ahmad Khachaba	42	El Zohour	NT
4	Samaa Sultan	44	Sporting	NT
5	Basant Moh. Ashraf Montaser	43	El Gezira	NT
6	Amira Ayman Saif Elnasr	41	El Gezira	NT

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Meet Program

Heat 7 Timed Finals... (Event 33 Women 20 & Over 50 SC Meter Backstroke)

1	Rehab Mohamed El Gohary	45	Ahly	NT
2	Rania Mohammad Raafat	46	Shooting	NT
3	Mona Mahmoud Rizk	47	El Gezira	NT
4	Rasha Yousef Moh. Tawfik Abd Elftal	49	El Gezira	NT
5	Sherifa Salah Sabry Mohamed	48	TM Sports	NT
6	Basant Ibrahim	46	Heliopolis	NT
7	Nevein Mahmoud Ali	46	Shooting	NT
8	Amal Mohamed Abdelmonem	45	Shooting	NT

Heat 8 of 11 Timed Finals

3	Rania Sami	52	Sporting	NT
4	Ghada Farouk Yousef	54	Shooting	NT
5	Maha Mohamed Mahmoud Labib	54	El Shams	NT

Heat 9 of 11 Timed Finals

1	Magda Ebrahim Khalil	57	Cairo	NT
2	Sherien Ali Sery	57	Heliopolis	NT
3	Amal abd Elazez Elshikh	59	Zamalek	NT
4	May Mohamed Ossman Neiazzy	59	Shooting	NT
5	Gada Ali Gony	59	El Gezira	NT
6	Rana Fouad Ali Mohsen	58	El Shams	NT
7	Wafaa Abdel Moged Wafi	57	El Gezira	NT
8	Nahla Housen Gmal EL Den	56	Heliopolis	NT

Heat 10 of 11 Timed Finals

1	Jehan Ismaeil Ahmed Metwally	66	Shooting	NT
2	Gelan Akl Fawzy	68	Heliopolis	NT
3	Nadia Esmail Mohamed	69	Heliopolis	NT
4	Neven Mohamed Khlel Salah	67	El Gezira	NT
5	Elham Mostafa Esmail	60	Heliopolis	NT
6	Nazla Faeidalla	63	Ahly	NT
7	Maha Mohmoud El Kholy	62	Heliopolis	NT
8	Olga Monikeif	55	Sporting	NT

Heat 11 of 11 Timed Finals

1	Omima Hassan Nesim	70	Ahly	NT
2	Sahar Mansour	72	Ahly	NT
3	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
4	Douriea Ahmed Nazzmy	72	Maady	NT
5	Fareida Abdel Aziz Gemeia	75	Heliopolis	NT
6	Mervat Mohamed Fathy	75	Wadi Degla	NT
7	Samira Hussein Kamal	81	Ahly	NT

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Meet Program

Event 34 Men 20 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
2	Yassin Amir	20	El Ghaba	NT
3	Adham Hany Kamal Abd Elazaiz	21	Olympia	NT
4	Omar Mostafa Ebrahim	24	Heliopolis	NT
5	Zeiad Sophy Mohamed	23	El Ghaba	NT
6	Adham Ramy Mahmoud Hamdy	21	Shooting	NT
Heat 2 of 13 Timed Finals				
1	Youssef Ahmed Shendy	26	Ahly	NT
2	Amen Saady Kamel	27	Shooting	NT
3	Mohamed Nour Ibrahim	28	Ahly	NT
4	Omar Atef Abdel Moghny Ragab	29	Shooting	NT
5	Mahmoud Abo Eita	28	Ahly	NT
6	Ahmed Esmail Wahby	27	Ahly	NT
7	Shady Medhat Hassn	26	Ahly	NT
8	Abd Elrahman Yasser Tarief	26	Cairo	NT
Heat 3 of 13 Timed Finals				
1	Amr Ibrahim Mohamed	32	Ahly	NT
2	Amro Essam Aly Abd El Naby	32	El Gezira	NT
3	Mahmoud Ahmed Mohamed Osman	33	Cairo	NT
4	Omar Yahia Helal	34	Ahly	NT
5	Amr Mostafa Kamal	33	Ahly	NT
6	Yahia Abdelhalim Mohamed Ahmed	33	El Shams	NT
7	Karim Ebrahim Abdelfattah	32	Shooting	NT
8	Mohamad Hesham Ahmad Mostafa	31	Shooting	NT
Heat 4 of 13 Timed Finals				
1	Ahmed Wael Husin	25	Tanta	NT
2	Abdelrahman Mohamed Gaber	25	El Ghaba	NT
3	Basel Hussin Ebrahim Ahmed	25	Shooting	NT
4	Yosif Khalid Mohamed	25	Ahly	NT
5	Omar Mohamed Abdelfattah Mohar	30	El Shams	NT
6	Mostafa Bahaa Elden Mohamed	30	Ahly	NT
7	Mohamed Tarek Mohamed Hasanin	30	El Zohour	NT
Heat 5 of 13 Timed Finals				
1	Ahmed Mahmuod Omar	35	Nasr City	NT
2	Yousef Hesham Yousef Sayed Gomaa	36	Shooting	NT
3	Karim Mohamed Talaat Altanahy	38	Shooting	NT
4	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
5	Mina Boshra Helmy Wasef	38	Shooting	NT
6	Mohamed Abdelhady Shoman	37	Gezira El Ward	NT
7	Ahmed Mohamed Sayed Mohamady	35	Ahly	NT
8	Mostafa Ahmad Esmail Elaskary	35	Shooting	NT
Heat 6 of 13 Timed Finals				
1	Mostafa Atif	40	Ahly	NT
2	Adnan Hesham Omar	43	Shooting	NT
3	Mohamed Wagih Ahmed Elbedewi	44	El Shams	NT
4	Abdel Moneim Khalaf	44	Sporting	NT
5	Mohamed Fathy Mohamed	41	El Shams	NT
6	Mohamed Mostafa Zaghoul Tolba	35	El Shams	NT
7	Aly Aroos	35	Sporting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 34 Men 20 & Over 50 SC Meter Backstroke)**

1	Haitham Hazim	45	Sporting	NT
2	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
3	Mohamed Abdelhamid Elebiary	48	Ahly	NT
4	Hany M Farouk Abdelhmed	49	Tanta	NT
5	Hussin Helmy Abd Elaleem	48	Ahly	NT
6	Hossam Elden Hussien	47	Cairo	NT
7	Yasser AbdelHady AbdelHady	47	El Shams	NT
8	Mohamed Saadelden Ibrahim	45	Gezira El Ward	NT

Heat 8 of 13 Timed Finals

2	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
3	Tarek Hassan Bakry	52	Heliopolis	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Zahran Abdel Aziz Zahran	54	Shooting	NT
6	Ahmed M Aly Yossef	51	Tanta	NT
7	Yaser Aseim Mahmoud	50	Heliopolis	NT

Heat 9 of 13 Timed Finals

2	Ashraf Mohmed Fouad	56	Cairo	NT
3	Hesham Mohamad Elkaluby	57	Shooting	NT
4	Mohamed Wael Mohamed	58	Smouha	NT
5	Amin Ahmed Amin Amer	57	Ahly	NT
6	Magdy Farouk Fouad Hanna	56	El Shams	NT

Heat 10 of 13 Timed Finals

1	Hany Aziz Sedky	60	Shooting	NT
2	Mohsan Abou Alwafa	61	Sporting	NT
3	Ahmed Morsy Mostafa Fahmy	63	El Gezira	NT
4	Osman Ahmed Ali	64	Ahly	NT
5	Mohamad Hesham El Kheshen	63	Smouha	NT
6	Essam Al Sayed Abdalla	62	Ahly	NT
7	Hosam El Den Tanawy	60	Heliopolis	NT
8	Hossam Saad Hana Saad	60	El Gezira	NT

Heat 11 of 13 Timed Finals

2	Mohamed Saad Younes	66	Shooting	NT
3	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
4	Ramzy Attia Ibrahim	69	Ahly	NT
5	Ahmed Ibrahim Edreis	68	Heliopolis	NT
6	Mohamed Ashraf Al Banna	67	El Gezira	NT
7	Yaser Mohamed Maghraby	66	Heliopolis	NT

Heat 12 of 13 Timed Finals

1	Ashraf Elwy Lasheen	70	Smouha	NT
2	Moaataz Mohamed Talaat	71	Heliopolis	NT
3	Mohamed Ali Hegazy	72	Heliopolis	NT
4	Mohamed Antar Sayed	74	Canal El Suez	NT
5	Mohamed Mahmoud Abas	73	Shooting	NT
6	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
7	Adel Boutrous Zaghlol	70	Heliopolis	NT
8	Ali Selim Al Halaby	70	Heliopolis	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 13 Timed Finals... (Event 34 Men 20 & Over 50 SC Meter Backstroke)**

1	Gharib Ahmed Attia	75	Canal El Suez	NT
2	Mohamed Ragy Reda	78	El Gezira	NT
3	Marwan Ghazawy	79	Sporting	NT
4	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
5	Hatem Omar Sedky	75	Shooting	NT
6	Mohamed Salah El Din Mortagy	83	Shooting	NT
7	Ahmed Abdel Baset	81	El Gezira	NT
8	Mahfouz Gerges Ghabreial	90	Ahly	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 35 Women 20 & Over 800 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
1	Salma Abd EL Hakeem Mohame	27	El Shams	NT
2	Sylvia Georges Wadie Kamel	28	Heliolido	NT
3	Yuliia Kovalchuk	29	Shooting	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Raff Hesham Sayed	28	El Zohour	NT
6	Mariem Mohmed Saeid	28	Cairo	NT
7	Rodaina Wael Mohamed	20	Rowad	NT
Heat 2 of 4 Timed Finals				
2	Nadien Adel Ageb Wasef	35	El Shams	NT
3	Batol Husen Shahen	36	Heliopolis	NT
4	Alaa Ahmed Abo ElFotoh	38	TM Sports	NT
5	Nada Eman	36	Sporting	NT
6	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
7	Nada Magdy Mohamed Abdel Aleem	31	Ahly	NT
Heat 3 of 4 Timed Finals				
1	Nehal Moh. Ahmed Nashed	41	El Gezira	NT
2	Eman Ahm. Ateef Abd Elbak	44	El Gezira	NT
3	Samaa Sultan	44	Sporting	NT
4	Neven Ramez Al Nagar	63	Heliopolis	NT
5	Maha Mohmoud El Kholy	62	Heliopolis	NT
6	Soha Chahine	52	Sporting	NT
7	Nermen Kamel Zakher Mousa	50	Shooting	NT
Heat 4 of 4 Timed Finals				
2	Sherifa Yehya Areif	69	Heliopolis	NT
3	Hoda Salah El Din Mortada	69	Heliopolis	NT
4	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
5	Nadia Elgendy Girges	72	Shooting	NT
6	Sameha Kamal Seif El Nasr	80	Heliopolis	NT
7	Nadya Zakareia El Araby	77	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 36 Men 20 & Over 800 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
4	Saleh Shady Mohamad Saeed	21	Shooting	NT
5	Omar Khaled Mohamed	20	Cairo	NT
Heat 2 of 11 Timed Finals				
1	Ahmed Mohamed Lotfy	25	Ahly	NT
2	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
3	Ahmed Wael Al Said	28	Seka Haded	NT
4	Mohamed Ahmed Shendy	29	Ahly	NT
5	Marwan El Amrawy	28	Sporting	NT
6	Hany Ahmed Hisham Mohamed	27	Heliolido	NT
7	Omar Hesham Abdel Latif Hassan	26	Cairo	NT
Heat 3 of 11 Timed Finals				
1	Loai Mohamad Nasr Elsabbahy	30	Shooting	NT
2	Moataz Bellah Ali Mohamed	31	Heliopolis	NT
3	Islam Maged	33	Sporting	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Ahmed Abou Bakr Souliman	34	Ahly	NT
6	Adel Ragab Elbehery	32	Shooting	NT
7	Omar Abdelmonem Mohmed	30	Cairo	NT
Heat 4 of 11 Timed Finals				
1	Mohamed Mostafa Zaghoul Tolba	35	El Shams	NT
2	Karem Adel Boshra	35	Heliopolis	NT
3	Ahmed Yousry Moktar	37	Shooting	NT
4	Sherif Adel Ramsis Eppo	39	Shooting	NT
5	Ahmed Emad Mohamed Neihad	39	Heliopolis	NT
6	Mohamed Mahmoud Abdelatef Mah	36	Gezira El Ward	NT
7	Amr Taha Ahmed	35	Zamalek	NT
Heat 5 of 11 Timed Finals				
1	Hussin Mohamad Ebrahim Badran	40	Shooting	NT
2	Mohamed Elsayed Abo El Wafa	41	Canal El Suez	NT
3	Haytham Fouad Zaky	44	Smouha	NT
4	Ahmed Tamer Mohamed	44	Ahly	NT
5	Mohamed Ahmad Hany Yossef	44	Shooting	NT
6	Waleed Ahmed Fouad	42	Shooting	NT
7	Mohammad Hassan Abdelatef Qmar	40	Shooting	NT
Heat 6 of 11 Timed Finals				
1	Yassen Shazly Fortune	45	Heliopolis	NT
2	Mohamed Mossad Kandil	46	El Zohour	NT
3	Emad El Din Yosef Mostafa	48	Shooting	NT
4	Waleed Mohamad Abden	49	Shooting	NT
5	Ahmad Hassn Abdo Elkhyaal	49	Smouha	NT
6	Ahmed Mohamed Nagieb	48	Nasr City	NT
7	Jose Sanchez	46	El Gezira	NT
8	Ahmed Ismail Zohny El Hefnawy	45	El Shams	NT

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Meet Program

Heat 7 Timed Finals... (Event 36 Men 20 & Over 800 SC Meter Freestyle)

1	Mohamed Ahmed Esaad	52	Ahly	NT
2	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
3	Tarek Samy Abdelkhalek	53	Shooting	NT
4	Zahran Abdel Aziz Zahran	54	Shooting	NT
5	Akram Abd El Monem El Hoseni	54	El Gezira	NT
6	Hisham Hany El bon	53	Canal El Suez	NT
7	Waleed Hassan Hussien Zayed	53	Shooting	NT
8	Karim Assem Moh. Abou El Enein	52	El Gezira	NT

Heat 8 of 11 Timed Finals

1	Ahmed Rashad Mahmoud Salam	55	El Gezira	NT
2	Yasser Saed Aly Ahmad Khalil	56	Shooting	NT
3	Tarek Mohamed Soltan	59	Ahly	NT
4	Mostafa Amer	56	Ahly	NT
5	Waleed Mahmoud Diab	56	Shooting	NT
6	Mohmed ali Mahmoud	51	Cairo	NT
7	Yaser Aseim Mahmoud	50	Heliopolis	NT
8	Abdalla Mahmoud Khalil Elnahas	62	El Gezira	NT

Heat 9 of 11 Timed Finals

2	Amr Abdellateif El Ghayesh	66	Maady	NT
3	Ragaa Ahmed Taha Maarouf	66	Shooting	NT
4	Amr Mansour	68	Sporting	NT
5	Mohamed Essam Eldin Ibrahim	66	Heliopolis	NT
6	Ahmed Shafek Ismael Moh.Abd Elm	66	El Gezira	NT
7	Hesham Fouad Mahmoud	65	Cairo	NT

Heat 10 of 11 Timed Finals

1	Hany Kamal Nasar	71	Heliopolis	NT
2	Ezzeldin Abdelhalim Abdelhamis El	72	El Shams	NT
3	Taher Khaled Mohamed Abou Samm	73	Shooting	NT
4	Ramy Ahmed Refaat	74	El Gezira	NT
5	Shrief Zohair	73	Ahly	NT
6	Maged Mahmoud Kamel	73	Shooting	NT
7	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
8	Sherin Mohamed Eltayeb	71	Ahly	NT

Heat 11 of 11 Timed Finals

2	Khamis Eladawy	76	Sporting	NT
3	Said Ahmed Kamal	79	Ahly	NT
4	Karam Mohamed Habieb	76	Heliopolis	NT
5	Ehab Shalabi	83	Heliopolis	NT
6	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT
7	Atef abd Elghany Abdelgawad	71	El Zohour	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Event 37 Women 20 & Over 200 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Timed Finals				
1	Sylvia Georges Wadie Kamel	28	Heliolido	NT
2	Katrein Mary Hanafy	59	Shooting	NT
3	Ann Taysir Nosseir	54	El Zohour	NT
4	Rawiea Mohamed Asaad	67	Shooting	NT
5	Yasmin Moh. Foad Nassar	36	El Gezira	NT
6	Nada Magdy Mohamed Abdel Aleem	31	Ahly	NT
7	Noha Farouk	44	Yacht Club of Egypt Alex	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 38 Men 20 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
2	Karem Mohamed Abd Elaziz	25	Ahly	NT
3	Shady Amged Abd-elhady	27	El Ghaba	NT
4	Mohamed Safey Eldin	28	El Ghaba	NT
5	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
6	Mohamed Hesham Mohamed	22	El Zohour	NT
7	Abd Elrahman Emad Fathy Ismael	22	El Gezira	NT
Heat 2 of 7 Timed Finals				
2	Sherif Samy Ahmed	31	El Zohour	NT
3	Omar Abdelhamied Radwan	32	El Shams	NT
4	Omar Abd El Maged El Akad	34	Heliopolis	NT
5	Aslam Mohamed Mahde	34	Nasr City	NT
6	Ahmed Hamdy Salem	31	Ahly	NT
7	Mohamed Tarek Mohamed Hasanin	30	El Zohour	NT
Heat 3 of 7 Timed Finals				
2	Yousef Hesham Yousef Sayed Gomaa	36	Shooting	NT
3	Ahmed Yousry Moktar	37	Shooting	NT
4	Mohamed Al Sayed Yosry	39	Shooting	NT
5	Salah Eldin Sabry Taha Elsaeid	37	Shooting	NT
6	Abd Allah Abdo ElSaid Mattar	36	Maady	NT
7	Amr Taha Ahmed	35	Zamalek	NT
Heat 4 of 7 Timed Finals				
3	Waleed Ahmed Fouad	42	Shooting	NT
4	Ahmad Mostafa Fahmy	44	Shooting	NT
5	Adnan Hesham Omar	43	Shooting	NT
6	Khaled Mahmoud Elsayed	40	Shooting	NT
Heat 5 of 7 Timed Finals				
1	Kamal Fouad Hanafey	45	Smouha	NT
2	Ahmed Mohamed Nagieb	48	Nasr City	NT
3	Waleed Mohamad Abden	49	Shooting	NT
4	Emad El Din Yosef Mostafa	48	Shooting	NT
5	Mohamed Mossad Kandil	46	El Zohour	NT
6	Waleed Hassan Hussien Zayed	53	Shooting	NT
7	Karim Assem Moh. Abou El Enein	52	El Gezira	NT
Heat 6 of 7 Timed Finals				
1	Ragaa Ahmed Taha Maarouf	66	Shooting	NT
2	Elsayed Hassan AboElwafa	69	Canal El Suez	NT
3	Amr Abdellateif El Ghayesh	66	Maady	NT
4	Ahmed Ghaneim Ibrarim	55	Ahly	NT
5	Tarek Mohamed Soltan	59	Ahly	NT
6	Ahmed Rashad Mahmoud Salam	55	El Gezira	NT
7	Ahmed Mohamed Ibrahim	63	Shooting	NT
8	Mohsan Abou Alwafa	61	Sporting	NT
Heat 7 of 7 Timed Finals				
3	Abdelmawgod Gomaa Abdelmawgoc	70	Shooting	NT
4	Shrief Zohair	73	Ahly	NT
5	Elmy Sayed Hussein	73	Ahly	NT

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Meet Program

Event 39 Women 20 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Timed Finals				
1	Mayar Hesham ali	27	Cairo	NT
2	Yara Moustafa Hassan Aly	27	Olympic	NT
3	Yuliia Kovalchuk	29	Shooting	NT
4	Rewida Hesham Tolba	28	Ahly	NT
5	Salma Abd EL Hakeem Mohame	27	El Shams	NT
6	Shorok Ahmad Mostafa Almahdy	21	Shooting	NT
7	Hidy Mohamed Ramadan	20	Tanta	NT
Heat 2 of 9 Timed Finals				
4	Yomna Amro Nageb Kalaf	32	El Gezira	NT
5	Nourhan Hesham Khafagy	30	Cairo	NT
Heat 3 of 9 Timed Finals				
1	Rana Yousri Shalah	35	El Gezira	NT
2	Nada Eman	36	Sporting	NT
3	Shaymaa Samy Tawfeik	38	Heliopolis	NT
4	Lamyaa Mohamad Hassan Khalefa	39	Shooting	NT
5	Riham Maher Loutfy Elsid	39	El Gezira	NT
6	Reham Ibrahim Mohamed Ibrahim	37	El Shams	NT
7	Radwa Abdelgalil Mahmoud	35	Cairo	NT
Heat 4 of 9 Timed Finals				
2	Nehal Moh. Ahmed Nashed	41	El Gezira	NT
3	Shreen Magdy Zaky	42	Smouha	NT
4	Yasmin Hamdy	43	Sporting	NT
5	Basant Moh. Ashraf Montaser	43	El Gezira	NT
6	Sara Adel Yasin	42	Ahly	NT
7	Sarah Ahdy Mohamed Ali	41	El Shams	NT
Heat 5 of 9 Timed Finals				
2	Doneia Ahmed Mohamed Al Khodar	45	Shooting	NT
3	Maryan Amir Azeer	46	El Gezira	NT
4	Salma Mohamed Hassan Mostafa	47	Maady	NT
5	Talen Alber Mardurs	47	El Gezira	NT
6	Heba Mohamed AbdelGhaffar	46	El Ghaba	NT
7	Marwa Shaheen	45	Smouha	NT
Heat 6 of 9 Timed Finals				
3	Monica Elena Bopescu	50	Shooting	NT
4	Soha Chahine	52	Sporting	NT
5	Mona Mohamad Elsheshtawy	50	Shooting	NT
Heat 7 of 9 Timed Finals				
1	Aesha Ahm. Rashad	55	El Gezira	NT
2	Amal Moh. Abd Elghaffar	56	El Gezira	NT
3	Magda Ebrahim Khalil	57	Cairo	NT
4	Gada Ali Gony	59	El Gezira	NT
5	Manal Fawzi Gadalla	58	Heliopolis	NT
6	Noha Mahmoud Deiab	56	Shooting	NT
7	Olga Monikeif	55	Sporting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 8 Timed Finals... (Event 39 Women 20 & Over 100 SC Meter Breaststroke)**

1	Ingrid Wassmann	60	El Gezira	NT
2	Lameia Ahmed Maher	62	El Gezira	NT
3	Neven Ramez Al Nagar	63	Heliopolis	NT
4	Ghada Osman Mohi El Din El Zorka	61	El Shams	NT
5	Neven Mohamed Khlel Salah	67	El Gezira	NT
6	Mona Kamel Youseif	69	Heliopolis	NT
7	Maha Mohamed Ibahim	68	Shooting	NT

Heat 9 of 9 Timed Finals

3	Sahar Mansour	72	Ahly	NT
4	Douriea Ahmed Nazzmy	72	Maady	NT
5	Nadya Zakareia El Araby	77	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 40 Men 20 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Timed Finals				
3	Abdelrahman Ayman Sayed	20	Fayoum Club	NT
4	Kareem Ahmed Shaaban	23	Rowad	NT
5	Ahmed Mohamed Eisaa	23	Zamalek	NT
Heat 2 of 14 Timed Finals				
1	Daly Dimitrios	26	Sporting	NT
2	Omar Gad Abdelsadek Gad	26	Shooting	NT
3	Mostafa Ahmed Solayman	28	Ahly	NT
4	Omar Wael Hashem Aly	28	El Shams	NT
5	Mahmoud Mohamed Farag	28	Ahly	NT
6	Mahmoud Ibrahim Fatthalla	27	Ahly	NT
7	Abd Elrahman Yasser Tarief	26	Cairo	NT
Heat 3 of 14 Timed Finals				
1	Tarek Elsayed Mohamad Zayan	31	Shooting	NT
2	Ahmed Mostafa Mohamed Salah	32	El Zohour	NT
3	Adham Nagy	33	Sporting	NT
4	Ahmed Abou Bakr Souliman	34	Ahly	NT
5	Mohamed Ebrahim Al Bakaly	33	Shooting	NT
6	Amr Ibrahim Mohamed	32	Ahly	NT
7	Mahmoud Moh. Yosif Mohamed	31	El Gezira	NT
8	Loai Mohamad Nasr Elsabbahy	30	Shooting	NT
Heat 4 of 14 Timed Finals				
1	Tamer Hassan Farag	37	Zamalek	NT
2	Ehsan Mohamad Gomaa Mohamad	37	Shooting	NT
3	Mohamed Al Sayed Yosry	39	Shooting	NT
4	Amr Adel Ibrahim	39	Ahly	NT
5	Ahmed Emad Mohamed Neihad	39	Heliopolis	NT
6	Khaled Mahmoud Tawakol	38	Shooting	NT
7	Abdallah Ibrahim Shehata	37	El Zohour	NT
8	Ahmed Salah Abdou	37	Ahly	NT
Heat 5 of 14 Timed Finals				
1	Shady Tarik Sayed Hafeiz	35	Shooting	NT
2	Mahmoud Khalid Yakob	35	Ahly	NT
3	Ahmed Ibrahim Aboutaleb	36	El Zohour	NT
4	Hamed Abdel Hamed Hamed	36	Seka Haded	NT
5	Mohamad Mahmoud Alsayed Gadall	35	Shooting	NT
6	Mohamed Ahmed Abd Elraman	30	Ahly	NT
7	Mohamed Hussein Mohamed	30	Cairo	NT
8	Omar Mohamed Abdelfattah Mohar	30	El Shams	NT
Heat 6 of 14 Timed Finals				
1	Sherief Hassan ali	41	Cairo	NT
2	Mohamed Elsayed Abo El Wafa	41	Canal El Suez	NT
3	Mohamed Ahmed Gamal Eldin	42	Ahly	NT
4	Mohamed Ahmad Hany Yossef	44	Shooting	NT
5	Abdel Moneim Khalaf	44	Sporting	NT
6	Ahmed Osman Mohamed	42	Ahly	NT
7	Yasser Ahmed Ameen	41	Canal El Suez	NT
8	Mohammad Hesham Gamal Eddin A	41	Shooting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 40 Men 20 & Over 100 SC Meter Breaststroke)**

1	Ibrahim Ahmed Hafeiz	47	Heliopolis	NT
2	Gasser Elsebakhy	47	Yacht Club of Egypt Alex	NT
3	Ahmed Ezz Eldin Moh. Essa	49	El Gezira	NT
4	Tamer Zeinhoum	49	Ahly	NT
5	Mohamed Mahmoud Fahmy	49	Shooting	NT
6	Mahmoud Taha Mahmoud Shams	48	Gezira El Ward	NT
7	Yasser AbdelHady AbdelHady	47	El Shams	NT
8	Sherief Fathe abd Elwahab	46	Cairo	NT

Heat 8 of 14 Timed Finals

1	Khaled Salah El Din Mohamed	52	Shooting	NT
2	Khaled Abdel Hamed Soliman	53	Shooting	NT
3	Yaser Abdelaal	53	Ahly	NT
4	Tarik Soultan Abou Ali	54	Heliopolis	NT
5	Amr Mohamed Samy Abdel Karim	54	Shooting	NT
6	Ashraf Shawky Mohamed	53	Zamalek	NT
7	Mohamed Ahmed Esaad	52	Ahly	NT
8	Ragi Michel Selim Yacoub	51	El Gezira	NT

Heat 9 of 14 Timed Finals

2	Ahmed Ismail Zohny El Hefnawy	45	El Shams	NT
3	Karim Adel Elasyed	46	Ahly	NT
4	Ahmad Nader Zaky	45	Shooting	NT
5	Nabil Fayez Hanin	51	Shooting	NT
6	Taamour Ahmed Seifalla Ghaleb	50	El Gezira	NT

Heat 10 of 14 Timed Finals

2	Yasser Saed Aly Ahmad Khalil	56	Shooting	NT
3	Ashraf Hamdy Zeiyada	57	Shooting	NT
4	Alaa Ahm. Moh. Ashour	59	El Gezira	NT
5	Mohamed Farouk Twfeek	57	Smouha	NT
6	Waleed Mahmoud Diab	56	Shooting	NT
7	Yasser Hussein Fayyad	55	El Shams	NT

Heat 11 of 14 Timed Finals

1	Nabil Kamal Ibrahim	60	El Shams	NT
2	Mohamed Mahmoud Mostafa	61	Ahly	NT
3	Mohamed Zaki Mehana Hassan	61	El Gezira	NT
4	Osman Ahmed Ali	64	Ahly	NT
5	Mohamad Hesham El Kheshen	63	Smouha	NT
6	Mohsan Abou Alwafa	61	Sporting	NT
7	Hany Aziz Sedky	60	Shooting	NT

Heat 12 of 14 Timed Finals

2	Mohamed Essam Eldin Ibrahim	66	Heliopolis	NT
3	Yasser Mohamed Mounir abd el Aziz	67	El Shams	NT
4	Ramzy Attia Ibrahim	69	Ahly	NT
5	Abdel Aziz Mohamed Hashim	67	Heliopolis	NT
6	Haeid Salah El Din Hafes	67	El Gezira	NT
7	Mostafa Hassan Abou El Fotouh	65	Shooting	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 13 Timed Finals... (Event 40 Men 20 & Over 100 SC Meter Breaststroke)**

1	Mohamad Abdelfattah Mohamad	70	Shooting	NT
2	Mohamed Mosaad Fayed	71	Heliopolis	NT
3	Mohssein Abdel Kawy Al Housseiny	72	Ahly	NT
4	Ahmed Hany Yosef Ezz El Din	74	Shooting	NT
5	Elmy Sayed Hussein	73	Ahly	NT
6	Ezzeldin Abdelhalim Abdelhamis El	72	El Shams	NT
7	Mohamed Kamel Mazen	70	Ahly	NT
8	Atef Youssief Hanna	70	Cairo	NT

Heat 14 of 14 Timed Finals

1	Mohamed Ali Mousa	75	Ahly	NT
2	Hesham Omar Sedky	77	Shooting	NT
3	Yousef Anwar Ahm. Wahsh	79	El Gezira	NT
4	Mohamed Abdelfatah	78	Sporting	NT
5	Ahmad Abdelatef EL Ghazaly	76	Shooting	NT
6	Housam Zaki Fahmy	82	El Gezira	NT
7	Mohamed Salah El Din Mortagy	83	Shooting	NT
8	Bahgat Mohamerd Farag Hamza	80	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 41 Women 20 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
2	Mariam Sakr	26	Ahly	NT
3	Mayar Hesham ali	27	Cairo	NT
4	Noran Ahmad Helmy	29	Heliopolis	NT
5	Salma Hesham Ahmed Mostafa	28	Shooting	NT
6	Nour Hany Abu Elazm	27	Sporting	NT
7	Zina Hythem FayeZ	21	Cairo	NT
Heat 2 of 4 Timed Finals				
1	Nadien Adel Ageb Wasef	35	El Shams	NT
2	Yasmin Moh. Foad Nassar	36	El Gezira	NT
3	Nashwa Moteia Abas	39	Ahly	NT
4	Radwa Abdelgalil Mahmoud	35	Cairo	NT
5	Aya Salah Abdel Fattah Aly	32	Shooting	NT
6	Passant Magdy Mahmoud Moussa	34	El Shams	NT
7	Weam Gamal AbdelmegeD	34	Shooting	NT
Heat 3 of 4 Timed Finals				
1	Mona Mohamad Elsheshtawy	50	Shooting	NT
2	Salam Taha Houssein	52	Shooting	NT
3	Rania Sami	52	Sporting	NT
4	Nehal Moh. Ahmed Nashed	41	El Gezira	NT
5	Noha Farouk	44	Yacht Club of Egypt Alex	NT
6	Shreen Magdy Zaky	42	Smouha	NT
7	Amal Mohamed Abdelmonem	45	Shooting	NT
Heat 4 of 4 Timed Finals				
1	Rawiea Mohamed Asaad	67	Shooting	NT
2	Sherifa Yehya Areif	69	Heliopolis	NT
3	Neven Mohamed Khlel Salah	67	El Gezira	NT
4	Magda Ebrahim Khalil	57	Cairo	NT
5	Sherien Ali Sery	57	Heliopolis	NT
6	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
7	Mervat Mohamed Fathy	75	Wadi Degla	NT
8	Seham Abdel Monaem Ahmed Khalil	60	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 42 Men 20 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
3	Yassin Amir	20	El Ghaba	NT
4	Yousif Amr Mahmoud	21	Rowad	NT
5	Adham Ramy Mahmoud Hamdy	21	Shooting	NT
Heat 2 of 10 Timed Finals				
1	Shady Medhat Hassn	26	Ahly	NT
2	Ahmed Esmail Wahby	27	Ahly	NT
3	Mohamed Nour Ibrahim	28	Ahly	NT
4	Moataz Mahmoud abd Elmonem	29	Cairo	NT
5	Omar Atef Abdel Moghny Ragab	29	Shooting	NT
6	Hany Ahmed Hisham Mohamed	27	Heliolido	NT
7	Youssef Ahmed Shendy	26	Ahly	NT
8	Abdelrahman Mohamed Gaber	25	El Ghaba	NT
Heat 3 of 10 Timed Finals				
1	Mohamed Tarek Mohamed Hasanin	30	El Zohour	NT
2	Sherif Samy Ahmed	31	El Zohour	NT
3	Amro Essam Aly Abd El Naby	32	El Gezira	NT
4	Amr Mostafa Kamal	33	Ahly	NT
5	Karim Ebrahim Abdelfattah	32	Shooting	NT
6	Moataz Bellah Ali Mohamed	31	Heliopolis	NT
7	Ahmed Hamdy Salem	31	Ahly	NT
8	Basel Hussin Ebrahim Ahmed	25	Shooting	NT
Heat 4 of 10 Timed Finals				
1	Mohamed Mostafa Zaghloul Tolba	35	El Shams	NT
2	Ahmed Mohamed Sayed Mohamady	35	Ahly	NT
3	Gouzeif Georg Demetry Ghaly	39	El Gezira	NT
4	Mina Boshra Helmy Wasef	38	Shooting	NT
5	Mostafa Ahmad Esmail Elaskary	35	Shooting	NT
6	Mohamed Fathy Mohamed	41	El Shams	NT
7	Mohamed Ahmed Ibrahim	43	Ahly	NT
8	Khaled Mahmoud Elsayed	40	Shooting	NT
Heat 5 of 10 Timed Finals				
2	Yasser AbdelHady AbdelHady	47	El Shams	NT
3	Ahmed Mohamed Nagieb	48	Nasr City	NT
4	Hany M Farouk Abdelhmed	49	Tanta	NT
5	Mohamed Abdelhamid Elebiary	48	Ahly	NT
6	Hossam Elden Hussien	47	Cairo	NT
7	Haitham Hazim	45	Sporting	NT
Heat 6 of 10 Timed Finals				
1	Ahmed Mohamed Samy Abdel Karin	50	Shooting	NT
2	Nabil Fayez Hanin	51	Shooting	NT
3	Waleed Hassan Hussien Zayed	53	Shooting	NT
4	Ihab Gamil Labib Salib	54	El Shams	NT
5	Nezar Ahm. Abdel Rahman Fakhry	53	El Gezira	NT
6	Tarek Hassan Bakry	52	Heliopolis	NT
7	Ahmed M Aly Yossef	51	Tanta	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 7 Timed Finals... (Event 42 Men 20 & Over 200 SC Meter Backstroke)**

1	Hosam El Den Tanawy	60	Heliopolis	NT
2	Tarik Mohamed Abaza	62	Ahly	NT
3	Ahmed Mohamed Ibrahim	63	Shooting	NT
4	Essam Al Sayed Abdalla	62	Ahly	NT
5	Sherif Salah Eldin Mahmoud	57	Shooting	NT
6	Mohamed Wael Mohamed	58	Smouha	NT
7	Amin Ahmed Amin Amer	57	Ahly	NT

Heat 8 of 10 Timed Finals

1	Ali Selim Al Halaby	70	Heliopolis	NT
2	Atef abd Elghany Abdelgawad	71	El Zohour	NT
3	Shrief Zohair	73	Ahly	NT
4	Mohamed Mahmoud Abas	73	Shooting	NT
5	Adel Mohamad Yakout	71	Smouha	NT
6	Ibrahim Ahmed Elaidy	67	Canal El Suez	NT
7	Elsayed Hassan AboElwafa	69	Canal El Suez	NT
8	Yaser Mohamed Maghraby	66	Heliopolis	NT

Heat 9 of 10 Timed Finals

1	Gharib Ahmed Attia	75	Canal El Suez	NT
2	Karam Mohamed Habieb	76	Heliopolis	NT
3	Said Ahmed Kamal	79	Ahly	NT
4	Mohamed Refaat Ahmed Refaat	79	Ahly	NT
5	Hatem Omar Sedky	75	Shooting	NT
8	Wafeik Aeibad	85	Heliopolis	NT

Heat 10 of 10 Timed Finals

3	Mahfouz Gerges Ghabreial	90	Ahly	NT
4	Baheig Boshra Meikhaeil	83	Heliopolis	NT
5	Ahmed Abdel Baset	81	El Gezira	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023

Meet Program

Event 47 Men 20 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Timed Finals				
3	Omar Khaled Mohamed	20	Cairo	NT
4	Mostafa Mohamed El Saied	22	Heliopolis	NT
5	Saleh Shady Mohamad Saeed	21	Shooting	NT
Heat 2 of 12 Timed Finals				
1	Ahmed Mohamed Lotfy	25	Ahly	NT
2	Omar Hesham Abdel Latif Hassan	26	Cairo	NT
3	Marwan El Amrawy	28	Sporting	NT
4	Mohamed Ahmed Shendy	29	Ahly	NT
5	Mahmoud A Alsaad Soltan	29	Tanta	NT
6	Hany Ahmed Hisham Mohamed	27	Heliolido	NT
7	Ahmed Moh. Rafik Elgezire	26	El Gezira	NT
Heat 3 of 12 Timed Finals				
1	Omar Abdelmonem Mohamed	30	Cairo	NT
2	Zeyad Mohamed Ashraf	31	Heliopolis	NT
3	Adel Ragab Elbehery	32	Shooting	NT
4	Hosam Mohammad Alghazaly	34	Shooting	NT
5	Ahmed Mostafa Mohamed Salah	32	El Zohour	NT
6	Ahmed Hamdy Salem	31	Ahly	NT
7	Moataz Bellah Ali Mohamed	31	Heliopolis	NT
Heat 4 of 12 Timed Finals				
2	Karem Adel Boshra	35	Heliopolis	NT
3	Ahmed Yousry Moktar	37	Shooting	NT
4	Ahmed Emad Mohamed Neihad	39	Heliopolis	NT
5	Sherif Adel Ramsis Eppo	39	Shooting	NT
6	Mohamed Mahmoud Abdelatef Mah	36	Gezira El Ward	NT
7	Mohamed Mostafa Zaghloul Tolba	35	El Shams	NT
Heat 5 of 12 Timed Finals				
2	Hussin Mohamad Ebrahim Badran	40	Shooting	NT
3	Mohamed Ahmad Hany Yossef	44	Shooting	NT
4	Hazem Abdelrahman Mohamed	44	El Shams	NT
5	Haytham Fouad Zaky	44	Smouha	NT
6	Waleed Ahmed Fouad	42	Shooting	NT
7	Mohammad Hassan Abdelatef Qmar	40	Shooting	NT
Heat 6 of 12 Timed Finals				
2	Mohamed Mossad Kandil	46	El Zohour	NT
3	Ahmad Hassn Abdo Elkhyl	49	Smouha	NT
4	Waleed Mohamad Abden	49	Shooting	NT
5	Mohamed Mahmoud Fahmy	49	Shooting	NT
6	Jose Sanchez	46	El Gezira	NT
7	Yassen Shazly Fortune	45	Heliopolis	NT
Heat 7 of 12 Timed Finals				
2	Karim Assem Moh. Abou El Enein	52	El Gezira	NT
3	Ashraf Shawky Mohamed	53	Zamalek	NT
4	Zahrn Abdel Aziz Zahran	54	Shooting	NT
5	Akram Abd El Monem El Hoseni	54	El Gezira	NT
6	Mohamed Ibrahim Moussa	52	Ahly	NT
7	Ayman Al Quidy	51	Yacht Club of Egypt Alex	NT

National Masters Championship 2023-2024 - 10/12/2023 to 10/14/2023**Meet Program****Heat 8 Timed Finals... (Event 47 Men 20 & Over 400 SC Meter Freestyle)**

1	Ahmed Rashad Mahmoud Salam	55	El Gezira	NT
2	Waleed Mahmoud Diab	56	Shooting	NT
3	Ashraf Farag Abdelwahab	57	Ahly	NT
4	Sherif Mohamed Samy Hassan	59	El Shams	NT
5	Tarek Mohamed Soltan	59	Ahly	NT
6	Hesham Mohamad Elkaluby	57	Shooting	NT
7	Mostafa Amer	56	Ahly	NT

Heat 9 of 12 Timed Finals

3	Abdalla Mahmoud Khalil Elnahas	62	El Gezira	NT
4	Ahmad Azmy	64	Smouha	NT
5	Amr Abd Elfatah	64	Sporting	NT
6	Tarik Mohamed Abaza	62	Ahly	NT

Heat 10 of 12 Timed Finals

1	Ragaa Ahmed Taha Maarouf	66	Shooting	NT
2	Ahmed Shafek Ismael Moh.Abd Elm	66	El Gezira	NT
3	Abdel Aziz Mohamed Hashim	67	Heliopolis	NT
4	Amr Mansour	68	Sporting	NT
5	Yasser Mohamed Mounir abd el Aziz	67	El Shams	NT
6	Mohamed Essam Eldin Ibrahim	66	Heliopolis	NT
7	Yaser Mohamed Maghraby	66	Heliopolis	NT
8	Hesham Fouad Mahmoud	65	Cairo	NT

Heat 11 of 12 Timed Finals

1	Moneir Hossein Eisa Abdel Raheim	71	Shooting	NT
2	Ezzeldin Abdelhalim Abdelhamis Els	72	El Shams	NT
3	Taher Khaled Mohamed Abou Samm	73	Shooting	NT
4	Ramy Ahmed Refaat	74	El Gezira	NT
5	Shrief Zohair	73	Ahly	NT
6	Maged Mahmoud Kamel	73	Shooting	NT
7	Hany Kamal Nasar	71	Heliopolis	NT
8	Sherin Mohamed Eltayeb	71	Ahly	NT

Heat 12 of 12 Timed Finals

1	Khamis Eladawy	76	Sporting	NT
2	Said Ahmed Kamal	79	Ahly	NT
3	Mostafa Ebrahim Mohamad Hussin	79	Shooting	NT
4	Mohamed Refaat Ahmed Refaat	79	Ahly	NT
5	Baheig Boshra Meikhaeil	83	Heliopolis	NT
6	Ahmed Hamada	84	Sporting	NT
7	Ehab Shalabi	83	Heliopolis	NT
8	Atef abd Elghany Abdelgawad	71	El Zohour	NT

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Meet Program

Event 48 Women 20 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
3	Zina Hythem Fayeze	21	Cairo	NT
4	Merhan Yasser Mohamed Salem	24	El Zohour	NT
5	Manal Zaki Tawfeik Ali	23	Zamalek	NT
6	Rodaina Wael Mohamed	20	Rowad	NT
Heat 2 of 6 Timed Finals				
2	Mariem Mohamed Saeid	28	Cairo	NT
3	Sylvia Georges Wadie Kamel	28	Heliolido	NT
4	Yasmeen Moussad Mohamed Ismaie	29	El Zohour	NT
5	Noran Ahmad Helmy	29	Heliopolis	NT
6	Raff Hesham Sayed	28	El Zohour	NT
7	Salma Abd EL Hakeem Mohame	27	El Shams	NT
Heat 3 of 6 Timed Finals				
2	Mariam Mohamed Atteif	30	Heliopolis	NT
3	Noha Moussad Mohamed Ismaiel	32	El Zohour	NT
4	Mennatallah Mostafa Zaghoul Tolba	33	El Shams	NT
5	Mena Naser Radwan	32	Heliopolis	NT
6	Nada Magdy Mohamed Abdel Aleem	31	Ahly	NT
Heat 4 of 6 Timed Finals				
1	Aya Ezzeddin Abdelhamed	35	Shooting	NT
2	Nadien Adel Ageb Wasef	35	El Shams	NT
3	Nashwa Moteia Abas	39	Ahly	NT
4	Nada Eman	36	Sporting	NT
5	Yassmin Khaled Ahmed	35	TM Sports	NT
6	Eman Ahm. Ateef Abd Elbaky	44	El Gezira	NT
7	Samaa Sultan	44	Sporting	NT
8	Nehal Moh. Ahmed Nashed	41	El Gezira	NT
Heat 5 of 6 Timed Finals				
1	Nermen Kamel Zakher Mousa	50	Shooting	NT
2	Rania Sami	52	Sporting	NT
3	Salam Taha Houssein	52	Shooting	NT
4	May Mohamed Ossman Neiazy	59	Shooting	NT
5	Rana Fouad Ali Mohsen	58	El Shams	NT
6	Mona Mahmoud Rizk	47	El Gezira	NT
7	Hoda Salah El Din Mortada	69	Heliopolis	NT
Heat 6 of 6 Timed Finals				
3	Nadia Elgendy Girges	72	Shooting	NT
4	Sohair el Attar Ahmed Anwar el Atta	74	El Gezira	NT
5	Sameha Kamal Seif El Nasr	80	Heliopolis	NT
6	Nadya Zakareia El Araby	77	El Gezira	NT