

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 21/11/2023 Eve

Event 141 Boys 14 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 17 Timed Finals				
1	Ahmed Mohamed Ahmed	17	El Zohour	NT
2	Mohamed Hassan Hafez	18	Ahly	NT
3	Yosef Atef el Sadaty	18	Al Hawar	NT
4	Loaay Mostafa Omar	16	Wadi Degla	NT
5	Ahmed Mohamed Elhousseiny	19	Ahly	NT
6	Ahmed Yasser Yehia	18	Cairo	NT
7	Hazem Waheed Ibrahim	19	Rowad	NT
Heat 2 of 17 Timed Finals				
0	Ziad Akram Hamdy	16	El Nasr Club	NT
1	Osama Mohsen Khamis AbdElm	18	Smouha	NT
2	Omar Mohamed Abo Elmagd Ahmed	17	El Shams	NT
3	Saged Ayman AbdEllatif	18	Smouha	NT
4	Abdelrhman Hesham Abdelaliem	17	El Nasr Club	NT
5	Yasin Mahmoud Mostafa	18	Shooting	NT
6	Ali Ahmed Aadel Mosleh	16	6th	NT
7	Omer Adil Ismat Moani	16	The Republic Of The Sudan	NT
8	Eyad Reda Mohamed	16	ElGezira Youth	NT
9	Ali Ahmed Mhmoud Samy	18	Shooting	NT
Heat 3 of 17 Timed Finals				
0	Mahmoud Ahmed Eltablawy	17	El Zohour	NT
1	Abdelrahman Hazem aly	16	Zamalek	NT
2	Moustafa Tarik Moustafa	20	Heliopolis	NT
3	Karim Yasser Mamdouh	17	Shooting	NT
4	Eissa Mohamed Gomaa	16	El Ghaba	NT
5	Mohamed Hassan Abdel Rahman	16	Talbeia	NT
6	Seif Mohamed Al Sayd Taalab	16	Raas El Bar Club	NT
7	Mohamed Waled Mahmoud ali	17	Zamalek	NT
8	Youssef Hatem Seifalah	20	Ahly	NT
9	Ali Fahry Saliman	17	El Obour	NT
Heat 4 of 17 Timed Finals				
0	Adam Reda Elsayed Mohamed	19	ElGezira Youth	NT
1	Ahmed Sameh Safwat Shaaban	17	Heliolido	NT
2	Ahmed Waleed Ahmed Ali	17	El Zohour	NT
3	Yossef Sayed Ahmed Elsayed	16	El Ghaba	NT
4	Saif ElDin Waled Abdel Razik	20	Wadi Degla	NT
5	Youssef Tamer Mohyeldin	16	Smouha	NT
6	Omar Gaber Aly	18	Ahly	NT
7	Moataz Waled Abdel Salam	16	Talbeia	NT
8	Akram Ayman Saber	16	Police Club	NT
9	ali Mohamed Sarwat	18	Heliopolis	NT

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 21/11/2023 Eve

Heat 5 Timed Finals... (Event 141 Boys 14 & Over 400 LC Meter Freestyle)

0	Eyad Waleed Ramzy	16	el Shark Club	NT
1	Mohamed Shoukry	20	Smouha	NT
2	Omar Mahmoud Mostafa	16	Shooting	NT
3	Farouk Mohamad Elgedely	16	Smouha	NT
4	Omar Waled Talat Hsanen	16	6th	NT
5	Yosef Mohamed Abd El Halem	19	Heliopolis	NT
6	Omar Mohamed Abdelgwad	17	Zamalek	NT
7	Ali Adel Abdel Razik	17	El Obour	NT
8	Mazen Mohamed Mohamady Mahm	16	El Nasr Club	NT
9	Omr Mohamed Abdul Samia	16	Seka El Hadid	NT

Heat 6 of 17 Timed Finals

0	Zeyad Karm Mohamdeen	19	Ahly	NT
1	Hady Ahmed Sayed Ahmed	19	Al Tersana	5:28.18
2	Omar Ahm. Bader Eldin Safa Islam	16	El Gezira	5:06.91
3	Mohamed Ahmed Mohamed Beder	17	El Nasr Club	5:04.15
4	Hamza Mohamed Riad Mohamed EL	16	El Shams	4:59.98
5	Ahmed Ramadan Mohamed	18	Rowad	5:01.42
6	Aly Moh. Khaled Aly Moh. Yosef	16	El Gezira	5:06.00
7	Karim Walid Mohamed Farhan	17	Ahly	5:20.66
8	Shady Mahmoud Nader	20	Ahly	NT
9	Mazen Mohamed Mokhtar Mohamer	17	Heliolido	NT

Heat 7 of 17 Timed Finals

0	Tarek Mohamed Abd Elhalem	17	El Zohour	4:55.59
1	Youssef Wael Awad	18	Goldy	4:53.47
2	Moustafa Mohmoud Talaat Mahmou	18	Heliolido	4:51.19
3	Mohmed Essam Saied	16	Cairo	4:50.74
4	Omar Moatasem Mahmoud	16	El Ghaba	4:44.34
5	Youssef Ahmed Taha	19	Zamalek	4:48.45
6	Ahmed Alaa El Ganzoury	17	Wadi Degla	4:51.14
7	Omar Mohamed Hossny Hossein	19	Al Tersana	4:52.57
8	Abdelrahman Mohamed Ihab	18	Al Ealamein	4:54.32
9	Ahmed Khaled Abd El Karim Mohar	16	Maadi	4:57.95

Heat 8 of 17 Timed Finals

0	Khaled Tamer Mohamed	16	Talbeia	4:43.55
1	Marawan Osama Samra	16	Heliopolis	4:43.21
2	Abdallah Mahmoud Mohamed	17	El Ghaba	4:42.97
3	Abdelrahman Gouda Hassan Gouda	16	El Ghaba	4:40.95
4	Eazz El Din Mohamed Khamis	18	Sporting	4:40.12
5	Khaled Walied Atia	18	El Shams	4:40.78
6	Yamen Moustafa	16	Faros	4:41.02
7	Youssef Hossam Awed	17	Taleaa El Gish Club	4:43.02
8	Ez Elden Tamer	19	El Ghaba	4:43.44
9	Yaseen Nashaat Salama	17	Cairo	4:44.29

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 21/11/2023 Eve

Heat 9 Timed Finals... (Event 141 Boys 14 & Over 400 LC Meter Freestyle)

0	Eyad Mohamed Hassan els	16	Zamalek	4:38.34
1	Mazen Hany Emara	17	El Zohour	4:37.05
2	Ziad Abdallah Zakria	16	El Nasr Club	4:36.04
3	Mazen Mohamed Sayed Soliman	16	Ahly	4:33.60
4	Yehia Samer Wafek	16	Heliopolis	4:33.54
5	Assem Mostafa Khalil	16	Wadi Degla	4:33.57
6	Abdullah Wael Abdellrazik	17	Wadi Degla	4:35.22
7	Ahmed Hosam Hekal	16	Heliopolis	4:36.26
8	Sajed Yasser Mohamed	16	Wadi Degla	4:38.23
9	Serag Ahmed Mohamed	16	Talbeia	4:39.56

Heat 10 of 17 Timed Finals

0	Mohamed Ahmed Fouad	18	Ahly	4:32.70
1	Marawan Hatem Abo Adma	18	Shooting	4:32.41
2	Omar Tamer Abbas	17	Maadi	4:31.98
3	Mohamed Samy Maher	19	Ahly	4:31.57
4	Yousef Mohamed Ihab	16	Al Ealamein	4:30.46
5	Seif Elden Osama Darwesh	16	Tanta	4:31.33
6	Hussein Mohamed Aly	16	Ahly	4:31.64
7	Yassin Abdallah Ahmed Youssef	16	Wadi Degla	4:32.10
8	Sief El Din Mohamed Moslm	17	Sporting	4:32.70
9	Ahmed Hany Salem	16	El Zohour	4:33.39

Heat 11 of 17 Timed Finals

0	Eyad Mohamed Abdelstar	16	Zamalek	4:30.17
1	Abdelrahman Yasser	17	Smouha	4:29.87
2	Mostafa Mahmoud Elbosaty	16	Wadi Degla	4:28.50
3	Youssef Yasser Ibrahim	17	Ahly	4:28.11
4	Karim Osama Ibrahim Abd ElMoaty	16	Maadi	4:27.15
5	Mohamed Wael Abdel Monaeim	20	Enppi	4:28.09
6	Yehia Ahmed Abd Elfatah Elsaid	16	Shooting	4:28.37
7	Yehia Karim Nabil Elzawawy	17	Smouha	4:28.55
8	Omr Ahmed Farouk	17	Cairo	4:29.89
9	Ahmed Tamer Rabea	16	Shooting	4:30.33

Heat 12 of 17 Timed Finals

0	Selim Tamer Osama Ahmed	16	Shooting	4:26.55
1	Ali Ali Hussein Ali	17	Heliolido	4:25.87
2	Yasein Hossam aly	16	Zamalek	4:25.37
3	Ali Sherif Ali Mohamed	18	Shooting	4:24.86
4	Mohnad Hitham Ibrahim	17	Wadi Degla	4:23.45
5	Yousf Aymn Ebrahim Ahmed	18	6th	4:24.30
6	Mohamed Saeed Eleiraqy	18	Zamalek	4:25.24
7	Mhmoud Wled Fkri Mhmoud	18	6th	4:25.40
8	Ahmed Ismeil	16	Nasr City	4:26.03
9	Saif Eldin Sherif Ahmed	16	Al Tersana	4:26.63

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 21/11/2023 Eve****Heat 13 Timed Finals... (Event 141 Boys 14 & Over 400 LC Meter Freestyle)**

0	abd Elrahman Sherif Karam Monir	18	Al Tersana	4:23.15
1	Zeyad Saber Abd el Fatah	16	Hadak Al Ahram	4:22.47
2	Omar Elsayed Ramadan Elsayed	16	Olympic	4:19.86
3	Yassein Akram Ragab Sobeih	16	El Shams	4:19.11
4	Youssef Ehab Mostafa	18	Ahly	4:18.70
5	Omar Hany Abdalla	21	Ahly	4:19.11
6	Mostafa Karem Rasmy	17	Enppi	4:19.35
7	Yossef Sherif Ibrahim	17	Maadi	4:20.46
8	Elhamy Ibrahim Elhamy Badreldin	17	Heliolido	4:22.60
9	Mohamed Eslam Mohamed Elsaye	17	Smouha	4:23.16

Heat 14 of 17 Timed Finals

0	Zeyad Mohamed Magdy	17	Maadi	4:18.13
1	Mohamed Abdalla el Bosati	16	El Shrook	4:17.16
2	Nour Eldin AlaaEldin Abdalwhab Sh	17	6th	4:16.74
3	Mohamed Khaled Mohamed Ragab	17	Bank Ahly Alex	4:16.48
4	Mahmoud Mohamed Ahmed Abd El	17	El Shams	4:16.00
5	Mohaned Alaa Mahmud Ali	19	Smouha	4:16.41
6	Yassin Esam El Din	19	Sporting	4:16.59
7	Mazen Emad Hamed	16	Ahly	4:16.86
8	Omar Mohsen Ramdan AbdElm	18	Smouha	4:18.09
9	Abd Elrahman Amr Abd Elfatah Gho	17	El Shams	4:18.69

Heat 15 of 17 Timed Finals

0	Mohanad Tamer Mohamed Zaky	17	Smouha	4:15.07
1	Mohamed Essam Abdou	17	Ahly	4:13.46
2	Karim Magid Abdelgilil	16	Zamalek	4:12.96
3	Yasin Hatem Sery	19	Heliopolis	4:10.90
4	Yasin Alaa Ibrahim Elbieh	19	Smouha	4:09.49
5	Omar Mohamed Hassan	15	Ahly	4:09.58
6	Tarek el Shaer	14	Sporting	4:11.14
7	Omar Tarek Shehata A	18	Smouha	4:13.06
8	Mostafa Adel Ibrahim Khalil	19	Smouha	4:14.83
9	Belal Maged Soliman	20	Ahly	4:15.41

Heat 16 of 17 Timed Finals

0	Mounir Ramez Mounir	19	Shooting	4:08.85
1	Mohamed Tarek Rashad Abd el Ham	18	El Shams	4:08.65
2	Tarek Kamel Farouk	20	Zamalek	4:07.00
3	Omar Ahmed Hassan Ryaan	18	El Shams	4:05.75
4	Eyad Ahmed Zakaria	18	Ahly	4:04.30
5	Mohanad Yasser Abdelmenem Mo	16	Smouha	4:05.31
6	Rohayem Tolba	16	Shooting	4:06.67
7	Mohamed Walid Azouz	19	Ahly	4:07.28
8	Ahmed Mahmoud Elhourany	16	Ahly	4:08.74
9	Malek Mohamed Bazan	16	Maadi	4:09.00

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 21/11/2023 Eve****Heat 17 Timed Finals... (Event 141 Boys 14 & Over 400 LC Meter Freestyle)**

0	Ibrahim Shams Eldin Mohamed	15	Ahly	4:03.14
1	Saif Amr Al Batal	17	Hadak Al Ahram	4:02.35
2	Marwan Ahmed Elamrawy	28	Sporting	4:01.15
3	Mohamed Ayman Abdelsamea	16	Ahly	4:00.57
4	Marwan Ismael Elkmash	30	Sporting	3:46.36
5	Mohamed Adel Mohamed Meseilhy	22	Ahly	3:56.31
6	Omar Karim Galal Samy	16	Maadi	4:01.13
7	Mohamed Yaser Omar	18	Olympia	4:02.13
8	Ahmed Mohamed Ahmed ali	17	Shooting	4:02.45
9	Karem Magdy Ismail	23	Sporting	4:03.63

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 21/11/2023 Eve

Event 142 Girls 14 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
2	Tasnem Mohamed Mohamed Gala	19	Smouha	NT
3	hla Mohamed Nanoush	16	Tanta	NT
4	Khadega Osama Mohame Bahaa el d	16	Heliopolis	NT
5	Shahd Ayman Toson	16	Marina Sporting Club Hurghada	NT
6	Malak Mohamed Fayek Elsawa	16	Smouha	NT
Heat 2 of 6 Timed Finals				
0	Salma Mohamed Abd el Wahab	17	Wadi Degla	NT
1	Alaa Khaled Safwan	18	El Mekaweloun	NT
2	Gandan Ahmed Farouk	19	Shooting	NT
3	Gana Mohamed Abdelaziz	16	Zamalek	3:32.54
4	Jannah Mohamed Farouk	18	Sporting	3:26.90
5	Zeina Tarek Taha	19	Wadi Degla	3:29.55
6	Dina Ebrahim Ebid	18	Sporting	3:33.14
7	Zaina Mohamed Haitham Hassn	18	Shooting	NT
8	le le Mohamed Tarek	16	Heliopolis	NT
9	Laila Mohamed Hitham	16	Shooting	NT
Heat 3 of 6 Timed Finals				
0	Nor Ahmed Ali Ahmed	18	Bank Ahly Alex	3:16.44
1	Jowayreya Mohamed Saad Hassan	17	Olympic	3:05.16
2	Nawal Yasser Sayed	18	El Obour	3:01.60
3	Rawan Tamer Essam Mahmoud	16	Wadi Degla	2:55.24
4	Salma Atef Fayek Abdo	16	Wadi Degla	2:53.37
5	Nour Hossam Zaghloul	16	Sporting	2:54.69
6	Shahd Abdalla Mohamed Amin	16	El Ghaba	3:01.30
7	Salma Sherif Mohamed Sayed Sayed	16	El Shams	3:02.42
8	Rinad Ahmed Farouk	16	Zamalek	3:12.05
9	Malak Ahmed Ibrahim Mohame	17	Smouha	3:25.15
Heat 4 of 6 Timed Finals				
0	Hana Ahmed Elsanhory	16	Smouha	2:51.16
1	Shahd Amr Mohamed EL Garie	16	Heliolido	2:47.92
2	Malak Mohamed Mahmoud Gaber	18	Maadi	2:44.60
3	Mai Mohamed Ramadan	16	Talbeia	2:43.37
4	Mena Mohamed Abdul Rahim	18	El Zohour	2:39.24
5	Kenzy Hazem Moneeb	17	Cairo	2:41.63
6	Basmala amr aly	19	Olympic	2:44.10
7	Kenzy Ahmed Saad ali	16	Wadi Degla	2:46.55
8	Mariam Ahmed Zahran	16	Sporting	2:48.49
9	Fareda Mohamed Rabie	16	Tanta	2:52.25
Heat 5 of 6 Timed Finals				
0	Jana Mohamed Ahmed	19	Wadi Degla	2:38.59
1	Hanen Ahmed Hussin	17	Zamalek	2:37.70
2	Zina Yasser Ahmed	17	Sporting	2:35.05
3	Halla Alla Maher	17	Wadi Degla	2:33.95
4	Malak Ahmed Gamal al Shazly	15	Shooting	2:31.84
5	Nada Ahmed El Said Elbasyouny	16	Shooting	2:32.50
6	Mariam Mohamed ali	19	Pegasus Club	2:34.47
7	Farida Mohamed Ahmed El Okda	17	Shooting	2:35.62
8	Zeina Ahmed Mostafa	16	Shooting	2:37.81
9	Jassmin Mohamed Abdel Kader	16	Wadi Degla	2:39.22

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 21/11/2023 Eve****Heat 6 Timed Finals... (Event 142 Girls 14 & Over 200 LC Meter Butterfly)**

0	Hala Hany Abdelwahab	17	El Ghaba	2:31.20
1	Jana Khalid	19	Sporting	2:29.00
2	Marim Mohamed Bakr	15	Al Tersana	2:27.23
3	Jasmine Ahmed Eissa	17	Maadi	2:23.45
4	Hlla Khaled Diab	16	Ahly	2:20.58
5	Salma Osama Mohamed Darwes	17	Tanta	2:22.33
6	Jana Mohamed Omar Mohamed Elde	17	El Shams	2:27.06
7	Rozana Waleed Desoky	16	Nasr City	2:27.25
8	Kenzy Mostafa Hashad	18	Ahly	2:30.29
9	Goumana Mohamed Ibrahim	15	Ahly	2:31.37