

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 20/11/2023 Mor

Event 124 Boys 14 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 35 Timed Finals				
3	abd Elrahman Nassar	16	Talbeia	NT
4	Omar Ahmed Abdelrahman	16	Heliolido	NT
5	Ali Ahmed Mhmoud Samy	18	Shooting	NT
6	Adham Tarik Ali Baiuomy	18	Smouha	NT
Heat 2 of 35 Timed Finals				
0	Omar Mohamed Abdelgwad	17	Zamalek	NT
1	Ahmed Waleed Ahmed Ali	17	El Zohour	NT
2	ali Waled Said	16	El Mekaweloun	NT
3	Mohab Bdr Eldin Rady	16	El Shams	NT
4	Sief El Din Mohamed Moslm	17	Sporting	NT
5	Mohamed Adil Saied	16	Zamalek	NT
6	Yossef Magdy el Azhary	18	Heliopolis	NT
7	Saged Ayman AbdEllatif	18	Smouha	NT
8	Mohamed Mahmoud Saleh	17	Zamalek	NT
9	Yousf Aymn Ebrahim Ahmed	18	6th	NT
Heat 3 of 35 Timed Finals				
0	Mohamed Emad Maher	17	Senzo	NT
1	Mostafa Omar Kamal Eldin	19	Bank Ahly Geza	NT
2	Abdel Rahman Khaled Ahmed Hous	24	Wadi Degla	NT
3	Moaaz Ahmed Mohamed Ahmed	16	El Nasr Club	NT
4	Mohamed Hany Elsayd	18	Hadak Al Ahram	NT
5	Iyad Mohamed Shaaban	16	Hadak Al Ahram	NT
6	Osama Ahmed Osama	19	Wadi Degla	NT
7	Ahmed Emad Samir Hassan	18	Heliolido	NT
8	abd el Monem Ahmed abd el Monem	18	Heliopolis	NT
9	Omar Hossam Mohsen Bahagat	16	Wadi Degla	NT
Heat 4 of 35 Timed Finals				
0	Ziad Abdallah Zakria	16	El Nasr Club	NT
1	Yasin Mahmoud Mostafa	18	Shooting	NT
2	Mostafa Tamer Elsayed Hegazy	17	Tanta	NT
3	Malek Khaled Mahmoud Abady	16	Bank Ahly Alex	NT
4	Abdelrahman Hamdy Abdelgawad	16	Heliolido	NT
5	Adham Ayman Mohamed	16	Moasasa Riadiyah Askaria	NT
6	Mrwan Mohamed Elsaid	19	El Nasr Club	NT
7	Marwan Ahmed Elamrawy	28	Sporting	NT
8	Yousif Hossam Mohamed Moham	16	Zamalek	NT
9	Ahmed Qenawy Ahmed Ezz	16	Wadi Degla	NT
Heat 5 of 35 Timed Finals				
0	Osama Mohsen Khamis AbdElm	18	Smouha	NT
1	Ali Hisham Morshady	16	Wadi Degla	NT
2	Ali Ahmed Dawood	20	Ahly	NT
3	Omar Sameh Ismail	16	Ahly	NT
4	aly Saleeh aly	16	Zamalek	NT
5	Yehia Ahmed Fouad	18	Ahly	NT
6	Youssef Wala Mohamed Tawfek	16	Smouha	NT
7	Abdelalah Ahmed Sayed	17	Al Tersana	NT
8	Ali Ahmed Mohamed Abd el Halim	17	Shooting	NT
9	Moaaz Mohamed Abdo	16	Zamalek	NT

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0	Ahmed Alaa Mahdy	18	Ahly	NT
1	Eyad Hossam Eldin Zakzouk	16	Sporting	NT
2	Seif ihab Sayed	17	Wadi Degla	NT
3	Moaz Mohamed Rabea	16	Al Tersana	NT
4	Youssef Mostafa Anwar	19	Ahly	NT
5	Yousef Waled Al Sayed Al Banawy	21	El Gezira	NT
6	Adam Mohamed GamaL	16	Wadi Degla	NT
7	Amar Haitham Mohamed Saeid	16	El Shams	NT
8	Mohamed Ashraf Abdel Hay	22	Ahly	NT
9	Yasin Moh. Ahm. Omar Raslan	16	El Gezira	NT

Heat 7 of 35 Timed Finals

0	Ez Elden Tamer	19	El Ghaba	NT
1	Hady Ahmed Sayed Ahmed	19	Al Tersana	NT
2	Abo Bakr Hesham Mohamed	16	Ahly	NT
3	Farouk Galal Ahmed	17	Ahly	NT
4	Adam Reda Elsayed Mohamed	19	ElGezira Youth	NT
5	Omar Ahmed Adel	16	Ahly	NT
6	Marawan Emad Hamed	18	Ahly	NT
7	Jan Nader Naroz Salama	16	El Ghaba	NT
8	Mohamed Ahmed Mohamed Elsaie	16	Zamalek	NT
9	Mohamed Waled Mahmoud ali	17	Zamalek	NT

Heat 8 of 35 Timed Finals

0	Eissa Mohamed Gomaa	16	El Ghaba	NT
1	Youssef Ahmed Abo Elhassan	16	Wadi Degla	NT
2	ali Mohamed Sarwat	18	Heliopolis	NT
3	Mahmed Amr	16	El Nasr Club	NT
4	Ziad Akram Hamdy	16	El Nasr Club	NT
5	Adham Mohamed Mahmoud Ahmed	19	Maadi	NT
6	Hassan Tamer Aly Nazir	16	Shooting	NT
7	Adham Amr Mahmoud	18	Ahly	NT
8	Belal Kaled Mohamad Abdel	17	Smouha	NT
9	Mohamed Walid Heszen Hamouda	16	El Ghaba	NT

Heat 9 of 35 Timed Finals

0	Aly Ahmed Nagy	16	Ahly	NT
1	Omar Sameh Mohamed Hamed	18	Ahly	NT
2	Yousef Reda Saad Elhefnawy	16	Stad Mansoura	NT
3	Ahmed Sameh Safwat Shaaban	17	Heliolido	NT
4	Omer Adil Ismat Moani	16	The Republic Of The Sudan	NT
5	Moustafa Mohamed Shehata El Nekl	18	Heliolido	NT
6	Omr Mohamed Abdul Samia	16	Seka El Hadid	NT
7	Ahmed Wael Ahmed	16	Al Tersana	NT
8	Abdelrhman Hesham Abdelaliem	17	El Nasr Club	NT
9	Anas usama Mohamed	16	Al Tersana	NT

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Heat 10 Timed Finals... (Event 124 Boys 14 & Over 200 LC Meter Freestyle)

0	Eyad Reda Mohamed	16	ElGezira Youth	NT
1	Ahmed Mohamed Elhousseiny	19	Ahly	NT
2	Ahmed Sameh Ahmed Abdel Wahab	16	Ahly	NT
3	Mohamed Shoukry	20	Smouha	NT
4	Youssef Mohamed Fathy	16	New Giza	NT
5	Nabil Ahmed Ibrahim AbdElkader	16	Moasasa Riadiyah Askaria	NT
6	Loaay Motasem Alaaeldin	16	Zamalek	NT
7	Omar Hany Mohamed Samir	16	Shooting	NT
8	Ramy Bassem Ihab	16	Wadi Degla	NT
9	Ali Nadir El Kordy	18	Shooting	NT

Heat 11 of 35 Timed Finals

0	Youssef Hatem Seifalah	20	Ahly	NT
1	Omar Mohamed Abo Elmagd Ahmec	17	El Shams	NT
2	Hazem Mostafa Hassan	16	Hadak Al Ahram	2:54.50
3	Youssef Mohamed Hamdy Abdelwah	16	Swimn	2:41.72
4	Eslam Mohamed Kheer	16	Taleaa El Gish Club	2:35.03
5	Adam Nader Moustafa	16	Ahly	2:36.65
6	Fares M, Ahmed Abdelwahab	16	El Ghaba	2:43.87
7	ali Nabel Magahed	16	Talbeia	NT
8	Ibrahim Amr Saad	17	Ahly	NT
9	Omar Khaled AbdAli EL Zanaty	18	Heliolido	NT

Heat 12 of 35 Timed Finals

0	Mohaned Walid Mohamed	16	Shooting	2:34.08
1	Omar Ahmed Mahgoub	19	Wadi Degla	2:29.18
2	Kareem Ahmed Samy Kamel	16	El Zohour	2:25.84
3	Ali Fahry Saliman	17	El Obour	2:24.70
4	Hamza Wael Nasreldin	16	Wadi Degla	2:24.16
5	Ahmed Mohamed Yehia	16	Ahly	2:24.40
6	Zyad Osama Abdelrahman	18	El Mekaweloun	2:25.42
7	Karim Walid Mohamed Farhan	17	Ahly	2:26.10
8	Yosuif Ahmed Moustafa	16	Mansheit Naser	2:32.95
9	Youssef Essam Mohamed	17	Ahly	2:34.18

Heat 13 of 35 Timed Finals

0	Youssief Omar Mhmoud Omar	16	Smouha	2:23.61
1	Youssef Wael Awad	18	Goldy	2:22.73
2	Ahmed Ramadan Mohamed	18	Rowad	2:22.01
3	AbdelRahman Mohamed Sayed	18	El Obour	2:21.56
4	Akram Ayman Saber	16	Police Club	2:21.51
5	Mohamed Mohamed Mohamed	16	Wadi Degla	2:21.55
6	Mahmoud Abdelhamed Soltan	17	El Mekaweloun	2:21.69
7	Hamza Mohamed Riad Mohamed EL	16	El Shams	2:22.68
8	Mohammed Ahmed Elsaeed Hussier	16	Moasasa Riadiyah Askaria	2:23.25
9	Shady Ahmed Samy Kamel	16	El Zohour	2:24.05

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0	Marwan Mohamed Saber	17	Zamalek	2:20.72
1	Ahmed Khaled Abd El Karim Mohar	16	Maadi	2:20.67
2	Ziad Ahmed Mohamed Nabel	17	El Shams	2:20.43
3	Abdel-Rahman Khaled Afify	16	Ahly	2:20.14
4	Youssef Mohamed Fathy Mohame	16	Smouha	2:20.05
5	Zeyad Hany Abd el Azeem	19	Wadi Degla	2:20.05
6	Yousif Bahaa Saied	16	El Obour	2:20.33
7	Mohamed Ahmed Mohamed Beder	17	El Nasr Club	2:20.46
8	Mostafa Mohamed Faruok	16	Shooting	2:20.71
9	Ahmed Arafa Shehata	19	Helwan Club	2:21.33

Heat 15 of 35 Timed Finals

0	Aley Yassen Aaref Ateya Kaoud	16	Shooting	2:19.61
1	Osama Emad Awad	16	Wadi Degla	2:19.48
2	Ahmed Tarek Ahmed	18	Helwan Club	2:18.05
3	Ahmed Mohamed Ahmed	17	El Zohour	2:17.84
4	Mostafa Mohamed Baker	17	Al Tersana	2:16.98
5	Eslam Mohsen Helmy	16	Banha	2:17.00
6	Moustafa Mohmoud Talaat Mahmou	18	Heliolido	2:17.94
7	Omar Ahmed Mansor	19	Sporting	2:19.11
8	Mostafa Tarek Hassaneen	18	Cairo	2:19.54
9	Ahmed Tarek Hosny Mohamed	16	El Zohour	2:19.91

Heat 16 of 35 Timed Finals

0	Yasin Tarek Mostafa	17	Heliopolis	2:16.46
1	Salman Khaled Saber Kamel	16	Rowad	2:16.28
2	Seif Mohamed Salah	16	Cairo	2:16.04
3	Mohamed Nagy Abd Elallah	16	El Nasr Club	2:15.53
4	abd el Rahman Mohamed el Hawary	16	Shooting	2:15.14
5	Tarek Mohamed Abd Elhalem	17	El Zohour	2:15.17
6	Ali Ahmed Aadel Mosleh	16	6th	2:15.72
7	Fares Ahmed Ameen Aly Alhgrssy	17	6th	2:16.26
8	Omar Sameh Mohamed Saleh	18	Ahly	2:16.43
9	Aly Ibrahim Assem	19	Ahly	2:16.48

Heat 17 of 35 Timed Finals

0	Eyad Alaa El Kholy	16	Wadi Degla	2:15.01
1	Seif Eldin Tarek Ehab	21	Ahly	2:14.77
2	Mohand Mostafa Hamdy	17	Ahly	2:14.25
3	Mohamed Hassan Hafez	18	Ahly	2:13.94
4	Abd Alla Karim Ashraf Mahgoub	18	El Gezira	2:13.63
5	Mohamed Ahmed abd Elmohsen	16	Wadi Degla	2:13.65
6	Abdelrahman Mohamed Ramadan	17	Enppi	2:14.10
7	Ahmed Wael El Shamaa	16	Sporting	2:14.67
8	Ahmed Hany Salem	16	El Zohour	2:14.79
9	Zeyad Khaled abd Elmonem	16	Tanta	2:15.04

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Heat 18 Timed Finals... (Event 124 Boys 14 & Over 200 LC Meter Freestyle)

0	Mohamed Ahmed Wageih Mohamed	16	Zamalek	2:12.98
1	Eyad Mohamed Hassan els	16	Zamalek	2:12.46
2	Abdel Rahman Mohamed Masoud	16	Ahly	2:12.08
3	Islam Mohammed Samy	16	Hadak Al Ahram	2:12.00
4	Saleh Shady Mohamed Said	21	Shooting	2:11.62
5	Yassuin Zeyad Mohamed Hashem	17	Platinum	2:11.94
6	Ahmed Hany Eltanahy	16	Olympia	2:12.04
7	Zeyad Ahmed Bhaa Al din	18	Enppi	2:12.29
8	Ahmed Osama Ahmed Elshahat	16	Zamalek	2:12.95
9	Youssef Mohamed Mostafa Labi	16	Wadi Degla	2:13.27

Heat 19 of 35 Timed Finals

0	Youssef Ahmed Mahran	19	Ahly	2:11.46
1	Marvin Medhat Shokry	17	Shooting	2:11.44
2	Abdel Rahman Walid Abdel Azeem	16	Ahly	2:11.10
3	Karim Hani al Morsi	17	Shooting	2:11.08
4	Abdelrahman Hazem aly	16	Zamalek	2:11.01
5	Yousef Mahmoud Mohamed Sabry	17	El Shams	2:11.04
6	Moaaz Wael Sayed Ahmed	17	Shooting	2:11.08
7	Abdelrahman Gouda Hassan Gouda	16	El Ghaba	2:11.33
8	Youssef Hisham Ahmed Ahmed Hass	16	El Shams	2:11.45
9	Mohamed Ahmed Fouad	18	Ahly	2:11.48

Heat 20 of 35 Timed Finals

0	Yaseen Nashaat Salama	17	Cairo	2:10.86
1	Omar Gawad Mohamed	17	Cairo	2:10.66
2	Adham Ashraf Shawky Mohame	16	Zamalek	2:10.60
3	Youssef Hossam Awed	17	Taleaa El Gish Club	2:10.37
4	Khaled Walied Atia	18	El Shams	2:09.91
5	Marwan Mourad Mohamed	18	Sporting	2:09.97
6	Amr Zakaria	16	Shooting	2:10.40
7	Youssef Mohamed Abo Elyazeed Em.	16	Wadi Degla	2:10.61
8	Omar Mohamed Magdy Mohamed	16	El Shams	2:10.76
9	Yamen Moustafa	16	Faros	2:10.99

Heat 21 of 35 Timed Finals

0	Mazen Hany Emara	17	El Zohour	2:09.79
1	Tarek Ahmed Abdelwahab	19	Shooting	2:09.53
2	Hamza Ahmed Mohamed Ali	16	Bank Ahly Alex	2:09.28
3	Abdelrahman Adel Fawzy	16	Smouha	2:09.10
4	Mohamed Hazem Mehany	19	Police Club	2:08.82
5	Omar Mohamed Essam	16	Wadi Degla	2:08.84
6	Abdullah Wael Abdellrazik	17	Wadi Degla	2:09.14
7	Abdullah Mostafa Mahmoud Shalby	16	El Shams	2:09.40
8	Omar Moatasem Mahmoud	16	El Ghaba	2:09.57
9	Kamal Magdy Kamal	16	Police Club	2:09.90

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Heat 22 Timed Finals... (Event 124 Boys 14 & Over 200 LC Meter Freestyle)

0	Mohamed Ahmed Abd Elshafe Abas	17	El Shams	2:08.63
1	Ahmed Hosam Hekal	16	Heliopolis	2:08.44
2	Hussein Mohamed Aly	16	Ahly	2:08.40
3	Saif ELDin Waled Abdel Razik	20	Wadi Degla	2:08.13
4	Selim Ihab Ghali	18	Wadi Degla	2:08.03
5	Ahmed Mosaad AboASerie	17	15 May	2:08.03
6	Eyad Mohamed Abdelstar	16	Zamalek	2:08.31
7	Ahmed Hesham Nageib	20	Zamalek	2:08.40
8	Mhmoud Tarik Ahmed Elgendy	16	Smouha	2:08.58
9	Yasein Hossam aly	16	Zamalek	2:08.76

Heat 23 of 35 Timed Finals

0	Omar Mohamed Ibrahim	16	Ahly	2:07.97
1	aly Eldin Ahmed Mohamed	16	Zamalek	2:07.92
2	Ahmed Emad Abdel Maaboud	17	Ahly	2:07.77
3	Seif ezz el din abd el Kawey	16	Shooting	2:07.68
4	Youssef Hassan Salah	19	Cairo	2:07.50
5	Mohamed Wael Abdel Monaeim	20	Enppi	2:07.52
6	Ayad Hatem Fouad	17	Zamalek	2:07.70
7	Mostafa Mahmoud Elbosaty	16	Wadi Degla	2:07.87
8	Malek Waled Ibrahim Hussie	16	Smouha	2:07.96
9	Ahmed Tamer Rabea	16	Shooting	2:07.98

Heat 24 of 35 Timed Finals

0	Mostafa Mohamed Tarek	17	Ahly	2:07.40
1	Assem Mostafa Khalil	16	Wadi Degla	2:07.26
2	Mazen Mohamed Mokhtar Mohamec	17	Heliolido	2:06.86
3	Zyad Mohamed Moawad	18	Zamalek	2:06.66
4	Youssef Mohamed Ibrahim	16	Ahly	2:06.49
5	Omar Waled Talat Hsanen	16	6th	2:06.50
6	Adam Karim Hemdan Abdo	16	Shooting	2:06.70
7	Ahmed Yasser Yehia	18	Cairo	2:06.90
8	Hassan Hossam Hassan Kamel Ali	18	El Shams	2:07.34
9	Mazen Mohamed Sayed Soliman	16	Ahly	2:07.46

Heat 25 of 35 Timed Finals

0	Mohamed Samy Maher	19	Ahly	2:06.27
1	Youssef Yasser Ibrahim	17	Ahly	2:06.15
2	Ahmed Ismeil	16	Nasr City	2:05.89
3	Abdelmoez Ayman Gomaa	17	A S E C	2:05.61
4	Mohamed Haytham Ahmed	16	Ahly	2:05.57
5	Yehia Samer Wafek	16	Heliopolis	2:05.59
6	Yehia Ahmed Abd Elfatah Elsaid	16	Shooting	2:05.72
7	Mohamed Hossam Samy	16	Ahly	2:06.08
8	Omar Tamer Abbas	17	Maadi	2:06.19
9	Mostafa Adel Mohamed Samy	17	Shooting	2:06.40

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0	Ahmed Ayman Mohamed Tammaa	16	Wadi Degla	2:05.52
1	Seif Mohamed Al Sayd Taalab	16	Raas El Bar Club	2:05.22
2	Adham Adel Abaza	19	Sporting	2:05.04
3	Omar Elsayed Ramadan Elsayed	16	Olympic	2:04.88
4	Mohamed Nabil Kamal	17	Zamalek	2:04.84
5	Abdelrahman Yasser	17	Smouha	2:04.87
6	Ali Ali Hussein Ali	17	Heliolido	2:04.97
7	Karim Ramy Ibrahim	17	Ahly	2:05.05
8	Zeyad Mohamed Magdy	17	Maadi	2:05.41
9	Mohnad Hitham Ibrahim	17	Wadi Degla	2:05.52

Heat 27 of 35 Timed Finals

0	Saif Eldin Sherif Ahmed	16	Al Tersana	2:04.64
1	Hatem Ashraf Kamel	16	Gezira El Ward	2:04.63
2	Hazem Waheed Ibrahim	19	Rowad	2:04.56
3	Zeyad Saber Abd el Fatah	16	Hadak Al Ahram	2:04.50
4	Mostafa Kareem Rasmy	17	Enppi	2:04.30
5	amr Maged Abdel Gawad	18	El Mekaweloun	2:04.40
6	Youssef Amr Abdel Aziem	16	Wadi Degla	2:04.56
7	Marawan Walid Noshy	16	Ahly	2:04.56
8	Yossef Karim Nabil Elzawawy	17	Smouha	2:04.64
9	Yassein Akram Ragab Sobeih	16	El Shams	2:04.83

Heat 28 of 35 Timed Finals

0	Youssef Mostafa Mahmoud Dardery	18	Wadi Degla	2:04.11
1	Karim Yasser Mamdouh	17	Shooting	2:03.79
2	Karim amr Abd el Monem	18	Wadi Degla	2:03.56
3	Ali Mhmod Ibrahim Mohame	17	Smouha	2:03.53
4	Mohamed Saeed Eleiraqy	18	Zamalek	2:03.43
5	Fares Mohamed Farouk	19	Heliopolis	2:03.52
6	Youssef Ehab Mostafa	18	Ahly	2:03.54
7	Moatasem Balaa Mostafa Ali	16	Pegasus Club	2:03.63
8	Seif Eldin Mohamed Hassan	21	Ahly	2:03.88
9	Selim Tamer Osama Ahmed	16	Shooting	2:04.22

Heat 29 of 35 Timed Finals

0	Youssef Tamer Gaber Mohamed	17	Smouha	2:03.36
1	Yehia Eslam Farouk	17	Ahly	2:03.22
2	Eyad Hany Mohamed Maheeb	17	El Shams	2:02.79
3	Mahmoud Mohamed Ahmed Abd El	17	El Shams	2:02.59
4	Mohamed Khaled Mohamed Ragab	17	Bank Ahly Alex	2:02.41
5	Mostafa Adel Ibrahim Khalil	19	Smouha	2:02.54
6	Mazen Karim Hassan	17	Ahly	2:02.64
7	Karim Ahmed Naser Abdelmee	17	Smouha	2:02.88
8	Seif Mohamed Sayed	16	El Zohour	2:03.25
9	abd Elrahman Sherif Karam Monir	18	Al Tersana	2:03.41

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Heat 30 Timed Finals... (Event 124 Boys 14 & Over 200 LC Meter Freestyle)

0	Adham Ayman Monir Hashem	18	Al Tersana	2:02.28
1	Yehia Ashraf Farag	16	Ahly	2:01.99
2	Abd Elrahman Amr Abd Elfatah Gho	17	El Shams	2:01.80
3	Kareem Ahmed Ibrahim	17	Sporting	2:01.74
4	Malek Haytham Mohamed	17	Wadi Degla	2:01.47
5	Moamen Khalid Mohamed	18	Zamalek	2:01.69
6	Mohanad Tamer Mohamed Zaky	17	Smouha	2:01.79
7	Mazen Emad Hamed	16	Ahly	2:01.89
8	Mohamed Essam Abdou	17	Ahly	2:02.06
9	Ali Sherif Ali Mohamed	18	Shooting	2:02.28

Heat 31 of 35 Timed Finals

0	Omar Mohamed Ahmed Fathy	16	Shooting	2:01.01
1	Shady Mahmoud Nader	20	Ahly	2:00.91
2	Yosef Mohamed Abd El Halem	19	Heliopolis	2:00.50
3	Omar Hany Abdalla	21	Ahly	2:00.10
4	Sief Mohamed Salah	19	Tanta	1:59.81
5	Moahmed Ahmed Salem Hassan	16	Smouha	1:59.97
6	Yasin Hatem Sery	19	Heliopolis	2:00.12
7	Nour Eldin AlaaEldin Abdalwhab Sh	17	6th	2:00.59
8	Karem Ashry Kasem	16	El Shams	2:00.94
9	Yossef Sherif Ibrahim	17	Maadi	2:01.11

Heat 32 of 35 Timed Finals

0	Mohamed Abdalla el Bosati	16	El Shrook	1:59.53
1	Mohamed Tarek Rashad Abd el Ham	18	El Shams	1:59.23
2	Ahmed Yasser Mahmoud Salman	15	El Zohour	1:59.04
3	Ziad Tarek Mohamed	17	Wadi Degla	1:58.76
4	Adam HossamEldin Mohamed	16	Smouha	1:58.51
5	Omar Gaber Aly	18	Ahly	1:58.52
6	Ziad Ahamed Ragab Abd el Hamed	17	Shooting	1:58.94
7	Yehia Karim Nabil Elzawawy	17	Smouha	1:59.13
8	Belal Maged Soliman	20	Ahly	1:59.31
9	Farouk Mohamad Elgedely	16	Smouha	1:59.67

Heat 33 of 35 Timed Finals

0	Mounir Ramez Mounir	19	Shooting	1:58.21
1	Ahmed Mahmoud Elhourany	16	Ahly	1:58.00
2	Seif Walaa Antar	18	Wadi Degla	1:57.46
3	Mohamed Eslam Mohamed Elsaye	17	Smouha	1:57.43
4	Seif Sayed Mahmoud	17	Helwan Club	1:57.09
5	Mohamed Alaa Mahmud Ali	19	Smouha	1:57.31
6	Yousif Mohamed Soliman Omra	18	Smouha	1:57.44
7	Omar Tarek Shehata A	18	Smouha	1:58.00
8	SifEldin Hossam Mohamed Elsog	19	Smouha	1:58.11
9	Omar Mohsen Ramdan AbdElm	18	Smouha	1:58.37

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0	Ahmed Ayman Ali Mohamed	18	El Shams	1:56.28
1	Rohayem Tolba	16	Shooting	1:56.07
2	Saif Amr Al Batal	17	Hadak Al Ahram	1:55.41
3	Karim Ahmed Khaled Elewa	21	El Shams	1:54.76
4	Mohamed Walid Azouz	19	Ahly	1:54.61
5	Omar Ahmed Samir Eldawody	16	Gezira El Ward	1:54.76
6	Seif Tarek Mohamed Raslan	23	Zamalek	1:55.34
7	Tarek Kamel Farouk	20	Zamalek	1:55.65
8	Yasin Alaa Ibrahim Elbieh	19	Smouha	1:56.09
9	Mohamed Salama Gaber Salama	20	Smouha	1:56.81

Heat 35 of 35 Timed Finals

0	Omar Karim Galal Samy	16	Maadi	1:54.36
1	Eyad Ahmed Zakaria	18	Ahly	1:53.33
2	Mohamed Ayman Abdelsamea	16	Ahly	1:52.48
3	Ibrahim Shams Eldin Mohamed	15	Ahly	1:51.93
4	Marwan Ismael Elkmash	30	Sporting	1:47.40
5	Abdullah Ahmed Nasr	17	Hadak Al Ahram	1:51.63
6	Mohamed Yaser Omar	18	Olympia	1:52.01
7	Yasin Wael Elshmaa	24	Sporting	1:53.17
8	Mohamed Adel Mohamed Meseilhy	22	Ahly	1:53.58
9	Mohanad Yasser Abdelmenem Mo	16	Smouha	1:54.40

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Event 125 Girls 14 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
0	Laila Mohamed Fathy	16	Shooting	NT
1	Hala Hany Abdelwahab	17	El Ghaba	NT
2	Karen Samir Fawzy	16	Marina Sporting Club Hurghada	NT
3	Nourhan Essam El Din Fatthy	20	El Zohour	NT
4	Kenzy Tamer Ahmed Abdelham	17	Smouha	NT
5	Joumana Moataz Mohamed	16	Cairo	NT
6	Nour Hafez Ahmed	16	Hadak Al Ahram	NT
7	Rodayna Mohamed Wagdy	16	Al Tersana	NT
8	Goudy Sherif Fawzy	16	Hadak Al Ahram	NT
Heat 2 of 13 Timed Finals				
0	Dima Adel Mohamed	16	Smouha	NT
1	Sara Ismail Sarwat	17	Heliopolis	NT
2	Dina Ebrahim Ebid	18	Sporting	NT
3	Shahd Mohamed Ismael	18	Smouha	NT
4	Joumana Mohamed Hamza	16	Bank Ahly Geza	NT
5	Goumana Wael Hosny	16	Ahly	NT
6	Mariam Ahmed Zekry	18	Police Club	NT
7	Nadin Adam Ahmed Foad Mohamed	20	El Shams	NT
8	Malak Mohamed Abdelmonem Ahm	17	Wadi Degla	NT
9	Remman aly aly Mohamed	16	El Shams	NT
Heat 3 of 13 Timed Finals				
0	Haya Hazem Abdelrahamn	18	El Shams	NT
1	Salma Khaled Safwan	16	El Mekaweloun	NT
2	Shahd Ahmed al Ansari	18	Shooting	NT
3	Roaa Abdelmonem Hmdy Abdelmon	17	6th	NT
4	Iman Ahmed Adel Elsaied	16	Smouha	NT
5	Lena Hany Mohamed	16	Ahly	NT
6	Sara Elhamy Foad Abd El Sallam	18	Maadi	NT
7	Gana aly Refaat aly	16	Zamalek	NT
8	Zaina Mohamed Haitham Hassn	18	Shooting	NT
9	aya Ehab Mahmoud	16	Shooting	NT
Heat 4 of 13 Timed Finals				
0	Nour Ahmed Samer	18	Sporting	NT
1	Laila Asem Elsafy	18	Shooting	NT
2	Shahed Sherif Abdullah	18	El Mekaweloun	NT
3	Shahd Khaled Lotfy Abdelhamid	16	Stad Mansoura	NT
4	Jana Wael Fahem	17	Zamalek	3:39.98
5	Rawan Ahmed Abdelwahab	18	Smouha	NT
6	Noor Marwan Moh. Aly Zewar	17	El Gezira	NT
7	Mennatalh Walid Elsayd Moh. Elban	19	El Gezira	NT
8	Mariam Mohamed Sobhy	17	Wadi Degla	NT
9	Gandan Ahmed Farouk	19	Shooting	NT

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Heat 5 Timed Finals... (Event 125 Girls 14 & Over 200 LC Meter IM)

0	Rana Rame Ahmed	18	El Mekaweloun	3:18.06
1	Nada Tarek Ahmed	16	Helwan Club	3:14.04
2	Nada Afify Abdelmaqsoud	16	Zamalek	3:10.73
3	Noura Ahmed Mohamed abo Elazm	16	El Shams	3:09.49
4	Nourhan Mahmoud Mohamed	16	El Obour	3:07.03
5	Nour Alaa Salah	18	Pegasus Club	3:07.55
6	Salama Mahmoud Khorshed	19	El Obour	3:10.51
7	Leila Ahmed Ebrahim Ali Eid	18	Heliolido	3:11.59
8	Arwa Magd Elsayed	18	Ahly	3:14.20
9	Salma Osama Abdelkawy	16	El Ghaba	3:21.86

Heat 6 of 13 Timed Finals

0	Salma Mohamed Abd el Wahab	17	Wadi Degla	3:03.93
1	Arwa Ayman Atif	16	Ahly	2:58.61
2	Marwa Mohamed Hanfy	17	YMCA	2:57.56
3	Salma Sherif Mohamed Sayed Sayed	16	El Shams	2:56.95
4	Zeina Wael Abd Elmohsen	16	Shooting	2:54.69
5	Freda Hesham Mahmoud	16	Heliopolis	2:55.88
6	Fayrouz Mohamed Helmy	16	Ahly	2:57.39
7	Malak Sher Shawky El Gohary	20	Maadi	2:57.96
8	Nawal Yasser Sayed	18	El Obour	3:02.62
9	Habiba Mohamed AL Said	16	Rowad	3:05.28

Heat 7 of 13 Timed Finals

0	Hana Nasser El Safty	16	Shooting	2:54.24
1	Salma Mohamedf Abdel Salam Moha	19	Heliolido	2:53.31
2	Nada Mohamed Ahmed Kafaka	16	Zamalek	2:52.36
3	Mai Mohamed Ramadan	16	Talbeia	2:51.70
4	Hana Ahmed Elsanhory	16	Smouha	2:51.51
5	Karma Mohamed Elwakiel	16	Smouha	2:51.56
6	Rinad Ahmed Farouk	16	Zamalek	2:51.71
7	Farida Moustafa Abd Elaziz	17	Sporting	2:52.71
8	Farah Waled Ibrahim	16	Talbeia	2:54.00
9	Dalia Ahmed Abdelsalam	19	15 May	2:54.30

Heat 8 of 13 Timed Finals

0	Sarah Karim Mohamed Galal	17	Smouha	2:49.70
1	Hana Mohie el den Osman	19	Heliopolis	2:49.25
2	Aida Mohamed Saad Selim El Gamm	16	Maadi	2:47.98
3	Malak Ahmed El Kayal	16	Sporting	2:47.53
4	Karma Ayman Abou Amara	16	Sporting	2:46.92
5	Mena Mohamed Abdul Rahim	18	El Zohour	2:47.49
6	Yassmin Khaled Kaml ElSayed	16	El Shams	2:47.97
7	Razan Hossam El Gebaly	16	Wadi Degla	2:48.67
8	Hana Mohamed Hasaan	16	Zamalek	2:49.34
9	Ronaz Mohamed Ahmed	17	Wadi Degla	2:50.55

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Heat 9 Timed Finals... (Event 125 Girls 14 & Over 200 LC Meter IM)

0	Malak Mohamed Fayek Elsawa	16	Smouha	2:45.80
1	Rawan Tamer Essam Mahmoud	16	Wadi Degla	2:45.70
2	Zina Yasser Ahmed	17	Sporting	2:44.73
3	Fatma Mohamed Klel Ebrahim	19	6th	2:43.32
4	Basmala Tarek Mahmoud	17	Al Tersana	2:43.28
5	Nouran Mahmoud Mohamed	18	Wadi Degla	2:43.31
6	Nour Mohamed aly el Sobky	16	Wadi Degla	2:43.71
7	Farida Sherif Ahmed Taha	16	Shooting	2:45.30
8	Farida Tamer Farouk abd ElMonsif	19	El Shams	2:45.72
9	Farida Ahmed Fouad	17	Wadi Degla	2:46.72

Heat 10 of 13 Timed Finals

0	Jana Mohamed Ahmed	19	Wadi Degla	2:42.40
1	Kenzy Mostafa Hashad	18	Ahly	2:41.74
2	Yasmena Ahmed Saad	16	Smouha	2:41.38
3	Sara Ahmed Alsaed Abdow	19	6th	2:41.23
4	Joudy Magdy Abbas	17	Bank Ahly Alex	2:40.53
5	Fareda Ahmed Khalel	17	Wadi Degla	2:40.73
6	Menna Tallah Ahmed Mohamed	17	Banha	2:41.37
7	Nourallah Ahmed Fahmy	16	Ahly	2:41.64
8	Shahd Amr Mohamed EL Garie	16	Heliolido	2:41.98
9	Mariam Hatem Anwar EL Said	16	Shooting	2:43.21

Heat 11 of 13 Timed Finals

0	Basmala Ramdan Mostafa Mosta	16	Bank Ahly Alex	2:39.87
1	Halla Alla Maher	17	Wadi Degla	2:39.69
2	Basmalah Gomaa Ali	18	Bank Ahly Alex	2:39.15
3	Hana Hisham Mohamed Yousi	18	Smouha	2:39.04
4	Malak Mohamed Nagy	16	Sporting	2:37.29
5	Tala Tarekf el Kafrawe	17	Heliopolis	2:37.44
6	Fatema Tamer Ahmed Sayed	16	Wadi Degla	2:39.10
7	Basmala amr aly	19	Olympic	2:39.56
8	Hanan Ahmed Hussin	17	Zamalek	2:39.85
9	Farida Mohamed Ahmed El Okda	17	Shooting	2:40.29

Heat 12 of 13 Timed Finals

0	Malak Mohamed Abd El Gaber	19	Bank Ahly Alex	2:36.90
1	Basant Hesham Hussin	14	Wadi Degla	2:34.34
2	Mariam Mohamed Ahmed Kotb	17	Smouha	2:33.71
3	Malak Ahmed Gamal al Shazly	15	Shooting	2:32.87
4	Sara Mohamed Bhaa	18	Heliopolis	2:32.12
5	Khadega Osama Mohame Bahaa el d	16	Heliopolis	2:32.81
6	Basant Gamil Barakat	16	Ahly	2:32.93
7	Maya Kamal Mohamed Mhmod	17	Smouha	2:33.78
8	Hanan Ahmed Mohamed Mahmoud	18	Bank Ahly Alex	2:35.77
9	Jomana Hamdy Ameen	16	El Zohour	2:37.06

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 20/11/2023 Mor****Heat 13 Timed Finals... (Event 125 Girls 14 & Over 200 LC Meter IM)**

0	Farah Amr Abdel Motaleib	20	Shooting	2:31.22
1	Hala Amr	15	El Ghaba	2:29.63
2	Mariam Mohamed Emad Fahmy	18	Maadi	2:27.19
3	Hlla Khaled Diab	16	Ahly	2:25.09
4	Nadine Mohamed Amin	17	Ahly	2:22.66
5	Rawan Tamer Mohamed	19	Ahly	2:22.83
6	Jasmine Ahmed Eissa	17	Maadi	2:26.14
7	hla Mohamed Nanoush	16	Tanta	2:27.35
8	Gana Nasr El Din Ali	19	Sporting	2:30.23
9	Lara Amr Mahmoud Alsokkary	15	6th	2:31.50