

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 18/11/2023 Mor

Event 102 Girls 14 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 25 Timed Finals				
3	Salma Sameh Wagdy Mohamed	16	Smouha	NT
4	Arwa Ayman Atif	16	Ahly	NT
5	Nadia Eslam Ahmed Ibrahim	17	El Gezira	NT
6	Salma Osama Mohamed Darwes	17	Tanta	NT
Heat 2 of 25 Timed Finals				
0	Lena Ahmed Adel Smaha	16	Heliopolis	NT
1	Nour Marwn Mazhar	16	Heliopolis	NT
2	Gana Essam Sayed	17	Bank Ahly Geza	NT
3	Haya Moataz Hamed	16	Wadi Degla	NT
4	Hana Hany Mohamed Mahdy	18	Wadi Degla	NT
5	Hager Hossam Mousad	21	El Shams	NT
6	Goudy Ahmed Hanafy	16	Ahly	NT
7	Hana Awsam Moataz	16	Wadi Degla	NT
8	Lian Shady Sabry	19	Heliopolis	NT
9	Alia Ali Mohamed	20	Heliopolis	NT
Heat 3 of 25 Timed Finals				
0	Habiba Wael Farg	16	Shooting	NT
1	Mayar Mohamed Gaber	22	Ahly	NT
2	Mariam Mahmoud Amin	18	Ahly	NT
3	Gana Walid Abou Tabl	18	Ahly	NT
4	Mariam Nader Sedky	16	Ismaily Sporting Club	NT
5	Haya Mostafa Husin Fathah	16	Tanta	NT
6	Rodaina Mohamed Zaki	19	Ahly	NT
7	Gana Haneaa Samir	17	Ahly	NT
8	Madouna Hany Rabea	17	El Ghaba	NT
9	Fatima Sami Bashier Ibrahim	18	The Republic Of The Sudan	NT
Heat 4 of 25 Timed Finals				
0	Farah Ahmed Abd Elaziz	16	El Zohour	NT
1	Sama Aiman Ebrahim	20	El Zohour	NT
2	Nor Salah El Din Mohmed	18	Shooting	NT
3	Lena Hany Mohamed	16	Ahly	NT
4	Amira Ramadan AbdElMohaimn Abc	19	Moasasa Riadiyah Askaria	NT
5	Jody Ashraf Saaed	17	El Shrook	NT
6	Hana Mohamed Youssef Moha	17	Smouha	NT
7	Nour Mohamed Abd El Hady	18	Sporting	NT
8	Retag Mohamed Ragab	17	Zamalek	NT
9	Farida Amr Mohamed Abd El Moteli	18	Shooting	NT
Heat 5 of 25 Timed Finals				
0	Gana Osama El Sayed	16	Wadi Degla	NT
1	Aliaa Ismaiel Mohamed Ehab	16	Wadi Degla	NT
2	Hanin Moutaz Mohamed	16	Zamalek	NT
3	Mariam Ebrahim ElShazly	19	Sporting	NT
4	Aisha Ahmed AbdElmagid	17	Sporting	NT
5	Maya Mostafa Salah	16	Shooting	NT
6	Yasmin Mohamed Alaa	17	Ahly	NT
7	Tasneem Tamer Ali	17	Wadi Degla	NT
8	Logain Ahmed Mohamed Abd Elgaw	16	Wadi Degla	NT
9	Shahd Khaled Elbarawy	17	Ahly	NT

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Heat 6 Timed Finals... (Event 102 Girls 14 & Over 50 LC Meter Freestyle)

0	Malik Hamdy Wali Eldeen	17	Police Club	NT
1	Basant Wael Hussien Kamel	16	Maadi	NT
2	Haneen Sami Bashier Ibrahim	23	The Republic Of The Sudan	NT
3	Mennatalh Walid Elsayd Moh. Elban	19	El Gezira	NT
4	Nagham Ayman Ibrahim	18	El Zohour	NT
5	Basant Ahmed Abd Elmoneem	21	El Shrook	NT
6	Ayten Hassan Hamza	19	Smouha	NT
7	Menatalla Khaled Abdel Hady	17	Ahly	NT
8	Sara Elhamy Foad Abd El Sallam	18	Maadi	NT
9	Laila Khaled Elraai	19	Ahly	NT

Heat 7 of 25 Timed Finals

0	Nadine Mostafa Fathy	16	El Ghaba	NT
1	Malek Essam Eldin	19	Elethead	NT
2	Wedad Ahmed Mohamed Yousry	16	TM Sports	NT
3	Baraah Mahmoud Sayed	16	El Zohour	NT
4	Nouran Hesham Mohsen	16	Wadi Degla	NT
5	Habeba amr Khorshed	16	Heliopolis	NT
6	Rawan Ahmed AbdElwahab	18	Smouha	NT
7	Salma Tarek ali	16	Enppi	NT
8	Laila Mohamed Nabil Baiomy	18	Heliopolis	NT
9	Alia Tarek Mohamed	17	Pegasus Club	NT

Heat 8 of 25 Timed Finals

0	Malak Mohamed Mahmoud Gaber	18	Maadi	NT
1	Reem Ameer Abd Elwahab	16	Shooting	NT
2	Lama Tamer Mohamed Ahmed	18	Smouha	NT
3	Maryam Hatem Mohamed Abdela	16	Zamalek	NT
4	Alya Tamer Mohamed	16	Ahly	47.78
5	Kenzy Mohamed el Sebaey	17	Cairo	NT
6	Nour Hossam Zaghloul	16	Sporting	NT
7	le le Mohamed Tarek	16	Heliopolis	NT
8	Hager Rekaby Farghal	17	Ultimate	NT
9	Mirna Mahmoud Amin	16	Ahly	NT

Heat 9 of 25 Timed Finals

0	Mariam Ahmed Abd EL Gelel	16	Rowad	43.34
1	Gudy Ashraf Abdel Hameed	16	Rowad	41.48
2	Nourahn Sameh Adel	19	El Shams	40.63
3	Khadija Tamer Mahmoud	16	Wadi Degla	39.14
4	Reem Adel Ezat	16	Moasasa Riadiah Askaria	38.40
5	Gana Mohamed Soliman	16	El Obour	39.11
6	Goireia Mohamed Soliman	16	El Obour	40.29
7	Basmala Saber A. Fatah	16	Wadi Degla	40.70
8	Farida Sabry Nady	16	Ahly	42.99
9	Maya Diao Hafez	16	Wadi Degla	43.98

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Heat 10 Timed Finals... (Event 102 Girls 14 & Over 50 LC Meter Freestyle)

0	Mariam Moustafa Ebrahim	17	Ahly	37.59
1	Mariam Millar Ezzat	16	Ahly	37.08
2	Farah Hazem Mohamed	17	El Shams	36.89
3	Mariam Ahmed Zekry	18	Police Club	36.76
4	Kenzy Mohamed Abd el Hamid	16	Wadi Degla	36.30
5	Dana Ahmed Mostafa	16	Wadi Degla	36.32
6	Goudy Mohamed Samer Mohaseb	16	Heliopolis	36.78
7	Rodaina Sayed Mahmoud	16	Wadi Degla	36.94
8	Jomana Mohamed Mohamed El Saye	16	Wadi Degla	37.23
9	Aseel Diaa Eldin Mohamed	17	Ahly	38.34

Heat 11 of 25 Timed Finals

0	Jana Tarek Taha	16	Wadi Degla	35.36
1	Salma Waael Abdelmonem	17	Enppi	35.30
2	Jana Hussin Mohamed Hussi	18	Smouha	35.07
3	Salma Walid Mahmoud	16	Zamalek	34.74
4	Hana Adel Mohamed	18	Ahly	34.43
5	Nour Moustafa Mohamed Aly	17	Ahly	34.59
6	Zena Nader Galal Moh. Bashandy	17	El Gezira	34.82
7	Nagham Mohamed Sayed abd el Lat	16	Wadi Degla	35.15
8	Zeina Mohamed El Saied	17	Enppi	35.33
9	Nariman Abdelaah Moharam	16	Zamalek	36.29

Heat 12 of 25 Timed Finals

0	Malika Smou El Din Mostafa	16	Wadi Degla	34.29
1	Amira Tamem Mohamd Mohamed	17	Al Ealamein	34.16
2	Farah Hesham Salah	16	Wadi Degla	34.14
3	Jana Allaa Farouk	16	Ahly	34.01
4	Batol Ayman ali	16	El Zohour	33.86
5	Malak Ahmed Ibrahim Abbas	16	Wadi Degla	33.87
6	Malak Ahmed El Halawany	17	Wadi Degla	34.02
7	Yasmin Mohamed El Sayed Mohame	18	Smouha	34.15
8	Rawda Hazem Hossny	17	Wadi Degla	34.29
9	Dana Khaled Mohamed	16	Wadi Degla	34.42

Heat 13 of 25 Timed Finals

0	Kenzy Hany Zaky	18	Olympic	33.79
1	Rawan Elsaied Foud	16	Talbeia	33.48
2	Retag Ahmed Saber	16	Wadi Degla	33.40
3	Jana Waleed abd Elrazek Gaafar	16	Wadi Degla	33.29
4	Lana Tarek Ebrahim	16	Tagamoa Heljhts	32.90
5	Jana Mohamed Mohamed	17	Ultimate	33.21
6	Sama Ahmed Al-Mallah	16	Meit Khakan Sport Club	33.32
7	Shahd Hany Aly	16	El Shams	33.43
8	Habiba Ehab Fawzy	20	Ahly	33.71
9	Yara Hany Mohamed Mohamed	17	Rowad	33.85

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 18/11/2023 Mor****Heat 14 Timed Finals... (Event 102 Girls 14 & Over 50 LC Meter Freestyle)**

0	Leila Ahmed Ebrahim Ali Eid	18	Heliolido	32.85
1	Nada Mohamed Abdel Moneam	16	Wadi Degla	32.76
2	Yasmin Ahmed El Tahlawy	18	Ahly	32.71
3	Nada Fouad Abdel Gawad Ali	21	Ahly	32.67
4	Habiba Mahmoud Moustafa	16	Ahly	32.60
5	Farah Osama Fared	16	El Mekaweloun	32.62
6	Hania Hatem Mohamed	17	El Zohour	32.71
7	Sama Ibrahim Abdel Wehab	18	Wadi Degla	32.73
8	Hager Sameh Yoseef	17	El Zohour	32.82
9	Shahd Ahmed al Ansari	18	Shooting	32.89

Heat 15 of 25 Timed Finals

0	Joudy Tamer Kamal	16	Smouha	32.56
1	Mariam Magdy Tawfik	16	El Zohour	32.45
2	Mariam Mohamed Sobhy	17	Wadi Degla	32.29
3	Sara Mohamed Ezzat	18	Heliopolis	32.28
4	Razan Ahmed Hosny	19	Wadi Degla	32.21
5	Nazly Karim Eldin Ahm. Hasan	16	El Gezira	32.25
6	Retaga Mohamed Ahmed Magdy	17	Nasr City	32.29
7	Alaa Khaled Safwan	18	El Mekaweloun	32.38
8	Kanzy Youssef Mohamed	17	Zamalek	32.56
9	Judy Mohamed Yousry	16	Wadi Degla	32.58

Heat 16 of 25 Timed Finals

0	Zina Mohamed Abdelnaby	16	El Shrook	32.10
1	Fatma Hisham Sarwt	20	Sporting	31.77
2	Sara Ismail Sarwat	17	Heliopolis	31.69
3	Ronaa Taher Beshir	16	Shooting	31.68
4	Yasmin Wael Abdalaah	16	Zamalek	31.63
5	Dima Adel Mohamed	16	Smouha	31.67
6	Hana Noureldin Farag Antar	16	El Zohour	31.68
7	Salma Khaled Safwan	16	El Mekaweloun	31.70
8	Monika Ayman Raaouf Eriyan	19	El Shams	32.04
9	Eman Tarik Mohamed Sallah	17	Smouha	32.19

Heat 17 of 25 Timed Finals

0	Malak Wesam Badr	20	Tanta	31.45
1	Sama Ahmed Ali	17	Ahly	31.32
2	Shrin Ahmed Abdelkader	16	Sharks Team	31.12
3	Gana Mohamed Abd ElSamed Abass	18	Shooting	31.03
4	Marwa Mohamed Hanfy	17	YMCA	30.94
5	Nor Ahmed Ali Ahmed	18	Bank Ahly Alex	30.97
6	Gana Mohamed Khedr	19	Ahly	31.05
7	Rofayda Mohamed Emam	16	Zamalek	31.12
8	Hasnaa Ayman Ahmed Ali	17	Smouha	31.33
9	Kholoud Abdelfatah Ali Abdel	17	Smouha	31.60

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0	Retag Ahmed Abu El Fotoh	17	El Zohour	30.76
1	Kenzy Magdy Mohamed Al Farnawa	16	Maadi	30.68
2	Gnah Mohamed Seed Elgareb	16	6th	30.62
3	Karma Ahmed Nabil	19	Shooting	30.41
4	Afrosena Sameh Kamel	18	Hadak Al Ahram	30.25
5	Noor Kamel ElNagar	19	Sporting	30.32
6	Hoda Mohammed Said Adel	17	Shooting	30.43
7	Farah Ayman Gaber	16	Smouha	30.66
8	Yasmen Ahmed Basim	17	Sporting	30.75
9	Hapepa Hosam Elsaeed	16	El Mekaweloun	30.91

Heat 19 of 25 Timed Finals

0	Iman Ahmed Adel Elsaied	16	Smouha	30.14
1	Malak Hesham Mohamed	17	Ahly	30.04
2	Joudy Moahmed Khedr	16	Smouha	29.96
3	Malak Islam Mohamed	18	Ahly	29.93
4	Malak Mohamed Mhmoud Hamad	18	Smouha	29.87
5	Haya Mohamed Mahmoud	16	Ahly	29.88
6	Jannah Sameh AbdelMoneem	16	Sporting	29.93
7	Hanya Hossam Nabil El Cotory	26	El Gezira	30.00
8	Salma Abdel Hamid Mazrouh	17	Wadi Degla	30.04
9	Younna Hesham Ali	16	El Shrook	30.23

Heat 20 of 25 Timed Finals

0	Noor Tamer AbdElrhim Mohamed	16	El Shams	29.83
1	Fareda Ahmed Khalel	17	Wadi Degla	29.78
2	Hana Wael Magdi Mah . Elsaeed	17	El Gezira	29.69
3	Rana Ahmed Mahmoud Tawfik	17	Shooting	29.61
4	Sandra Medhat Mohamed	18	Ahly	29.54
5	Goumana Tarek Yehia	18	Ahly	29.61
6	Rawan Wael	18	Ahly	29.67
7	Fareda Mohamed Farouk	16	Wadi Degla	29.71
8	Aida Mohamed Saad Selim El Gamm	16	Maadi	29.79
9	Farida Moustafa Abd Elaziz	17	Sporting	29.84

Heat 21 of 25 Timed Finals

0	Mariam Hatem Anwar EL Said	16	Shooting	29.43
1	Ritag Ehab Sayed Mohamed	17	El Shams	29.35
2	Salma Alaa Mahdy	20	Ahly	29.33
3	Sara Mahmoud El Gendy	17	Wadi Degla	29.27
4	Nayera Tarek El-Sayed	16	Faros	29.10
5	Noor Marwan Moh. Aly Zewar	17	El Gezira	29.20
6	Loujain Ibrahim Ibrahim	17	Ahly	29.32
7	Hana Mostafa Ahmed Hamdy	22	Ahly	29.35
8	Gana Mohamed Said	16	Zamalek	29.41
9	Alia Khaled Mohamed Ghorab	17	El Gezira	29.43

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Heat 22 Timed Finals... (Event 102 Girls 14 & Over 50 LC Meter Freestyle)

0	Haya HossamEldin Kndel	18	Smouha	28.99
1	Zena Mahmoud Mohamed Mosa	18	El Ghaba	28.97
2	Hana Hisham Mohamed Yousi	18	Smouha	28.88
3	Malak Mohamed Abbas Mohamed	18	Maadi	28.78
4	Jana Khalid	19	Sporting	28.74
5	Rodayna Mohamed Wagdy	16	Al Tersana	28.75
6	Na'eela Wael Elagroudy	16	Sporting	28.84
7	Nour Mohamed Hessien Ahmed	18	El Shams	28.91
8	Shahd Ahmed Abd Elbaky	19	Sporting	28.98
9	Rouaa Ahmed Ibrahim	19	Rowad	29.02

Heat 23 of 25 Timed Finals

0	Malak Mokhtar Mohamed	17	Wadi Degla	28.63
1	Alia Khaled Abas Sabaa	17	Heliopolis	28.50
2	Mariam Mohamed Soliman Aoda	16	Wadi Degla	28.47
3	Jana Mohamed Abdel Fatah	19	Shooting	28.41
4	Karma Shady Mohamed Sabry	16	Heliopolis	28.34
5	Ganna Safwat Salah	16	Ahly	28.37
6	Karma aly Elsheraee	17	Heliopolis	28.42
7	Hana Waled Hasan	18	El Shrook	28.48
8	Farida Ahmed Ibrahim	17	El Ghaba	28.62
9	Nada Ahmed El Said Elbasyouny	16	Shooting	28.73

Heat 24 of 25 Timed Finals

0	Anod Amr Abd El Aziz	17	Wadi Degla	28.30
1	Sara Soliman Said	19	Ahly	28.23
2	Maya Kamal Mohamed Mhmod	17	Smouha	28.12
3	Gana Nasr El Din Ali	19	Sporting	27.99
4	Maya Ahmed Ragheb	16	Sporting	27.88
5	Lela Ahmed Kamal	18	El Ghaba	27.93
6	Jolin Hany Gamal	17	Sporting	28.01
7	Malak Ahmed Anes Mahmoud	16	Al Hawar	28.15
8	Yasmine Sharif AbdElAziz Galal	19	El Shams	28.24
9	Julie Akram Ahmed	17	Ahly	28.31

Heat 25 of 25 Timed Finals

0	Jana Maged Amir	15	El Zohour	27.87
1	Malak Ahmed Helmy	18	Ahly	27.86
2	Jihan Ahmed Abdel Azim	19	Hadak Al Ahram	27.43
3	Loujain Youssef Ahmed	20	Ahly	27.35
4	Carine Elia Abd el Malak	17	Hadak Al Ahram	26.76
5	Lougein amr Khaleil Ibrahim	16	Zamalek	27.07
6	Kanzy Hesham Rashad	20	Shooting	27.39
7	Malak Mohamed Abd El Gaber	19	Bank Ahly Alex	27.49
8	Hedy Amr Moustafa Hamouda	24	Heliopolis	27.87
9	Fatma Mohamed Klel Ebrahim	19	6th	27.88

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Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
3	Ahmed Akram Abbas	27	Ahly	NT
4	Ahmed Mohamed Abdelaziz	17	Moasasa Riadia Askaria	NT
5	Omar Mohamed Mostafa Elsa	19	Smouha	NT
6	Ibrahim Ahmed Ibrahim	22	Sporting	NT
Heat 2 of 10 Timed Finals				
0	Mohamed Nashaat Abdelhamid	17	Zamalek	NT
1	Yossef Sayed Ahmed Elsayed	16	El Ghaba	NT
2	Mahmoud Ahmed Abd Elshafe Abas	17	El Shams	NT
3	Seif Eldin Mohamed Hassan	21	Ahly	NT
4	Nour Eldin AlaaEldin Abdalwhab Sh	17	6th	NT
5	Ziad Moahmed Salaheldin M	17	Smouha	NT
6	Moamen Walid Monir Hassan	16	El Ghaba	NT
7	Yosef Mohamed Abd El Halem	19	Heliopolis	NT
8	Ahmed Hesham Nageib	20	Zamalek	NT
9	Hamdy Ashraf Hamdy	16	Al Tersana	NT
Heat 3 of 10 Timed Finals				
0	Adham Ashraf Shawky Mohame	16	Zamalek	NT
1	Rohayem Tolba	16	Shooting	NT
2	Yousif Ahmed Hamdy Borham	19	Smouha	NT
3	Youssef Hossam Awed	17	Taleaa El Gish Club	NT
4	Youssef Amr Abdelhamid	17	Qaroun	6:09.36
5	Ahmed Aly Abdallah	19	Qaroun	NT
6	Abdalla Gasser AbdelLatif	18	Ahly	NT
7	Moaz Wael Gamal Ebrahim	17	El Shams	NT
8	Foad Mohamed Foad	17	Talbeia	NT
9	Mohamed Adel Mohamed Meseilhy	22	Ahly	NT
Heat 4 of 10 Timed Finals				
0	Ali Ahmed Soliman Ali	18	Rowad	5:39.58
1	Saleh Shady Mohamed Said	21	Shooting	5:29.43
2	Moamen Khalid Mohamed	18	Zamalek	5:27.68
3	Youssef Hisham Ahmed Ahmed Hass	16	El Shams	5:27.11
4	Omar Mohamedm Hamza Osman	18	Bank Ahly Geza	5:24.68
5	Omar Mohamed Abdelhafez	17	Mansheit Naser	5:26.03
6	Abdallah Mahmoud Mohamed	17	El Ghaba	5:27.52
7	Eyad Alaa El Kholy	16	Wadi Degla	5:27.79
8	Seif Eldin Tarek Ehab	21	Ahly	5:37.83
9	George Ashraf Nasseem	17	Talbeia	5:51.12
Heat 5 of 10 Timed Finals				
0	Omar Tamer Mohamed	16	Cairo	5:21.37
1	Ahmed Waled Ibrahim	16	Talbeia	5:19.85
2	Ali Hesham Moh. Fekre Shrif	19	El Gezira	5:16.69
3	Mohamed Mostafa Mohamed	19	Wadi Degla	5:15.01
4	Abd ElRahman Mohamed Salah ElSa	16	El Shams	5:14.93
5	Mazen Tamer Mostafa	16	Wadi Degla	5:14.95
6	Omar Essam Mhmoud Abdelmoutlel	16	6th	5:16.49
7	Serag Ahmed Mohamed	16	Talbeia	5:19.11
8	Ali Adel Abdel Razik	17	El Obour	5:20.94
9	Mhmoud Wled Fkri Mhmoud	18	6th	5:23.23

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Heat 6 Timed Finals... (Event 103 Boys 14 & Over 400 LC Meter IM)

0	Omar Gawad Mohamed	17	Cairo	5:13.59
1	Yassein Ramy Alam El Din	16	Wadi Degla	5:11.54
2	Ahmed Yasser Yehia	18	Cairo	5:09.96
3	Hamza Ahmed Morsi Morsi Ahmed	17	6th	5:07.81
4	Ahmed Hassan Ahmed Hassan	17	Wadi Degla	5:04.79
5	Omr Hany Abdelwhab	16	El Ghaba	5:06.54
6	Ahmed Mohamed Mossad Moham	16	Zamalek	5:07.82
7	Yousf Aymn Ebrahim Ahmed	18	6th	5:11.42
8	Yasien Hytham Fayez	16	Cairo	5:13.25
9	Omar Mohamed Ahmed Fathy	16	Shooting	5:14.12

Heat 7 of 10 Timed Finals

0	Abd ElFatah Mohamed Abd ElFatah	17	Tanta	5:02.33
1	Omar Mohamed Yehia	16	Wadi Degla	5:00.49
2	Sohayb Nabel Abdelsalm Zake	16	Bank Ahly Alex	4:59.76
3	Hamza Moahmed Mhmoud	16	Smouha	4:58.57
4	Yassien Yasser Hassan	16	Smouha	4:57.24
5	Omar Mohsen Ramdan AbdElm	18	Smouha	4:57.74
6	Youssef Ehab Mostafa	18	Ahly	4:58.96
7	Abd Elrahman Amr Abd Elfatah Gho	17	El Shams	5:00.44
8	Yosef Ahm. Ebrahim Hebesha	17	El Gezira	5:02.20
9	Omr Ahmed Farouk	17	Cairo	5:04.73

Heat 8 of 10 Timed Finals

0	Ali Ahmed Abdulmageed	16	El Gezira	4:56.49
1	Youssef Abdel Aziz Alaa	17	Wadi Degla	4:55.80
2	Belal Maged Soliman	20	Ahly	4:55.07
3	Malek Mohamed Bazan	16	Maadi	4:53.87
4	Kareem Ahmed Ibrahim	17	Sporting	4:51.94
5	Seif Amr Mahmoud Alsokry	17	6th	4:52.80
6	Zeiad Hamdy Amin Ossman	20	Zamalek	4:54.73
7	Khaled Hesham Ahmed	16	Elethead	4:55.19
8	Eyad Mohsen Isamil ali	16	El Shams	4:55.91
9	Moustafa Essam Wahba	16	Sporting	4:57.24

Heat 9 of 10 Timed Finals

0	Omar Ahmed Mohamed Ibrahim	14	Smouha	4:50.51
1	Yassin Esam El Din	19	Sporting	4:48.81
2	Farouk Mohamad Elgedely	16	Smouha	4:48.31
3	Saied Mohamed Abd Elgawad	20	Sporting	4:46.65
4	Mohaned LiwaaEldin Ali	18	Smouha	4:44.94
5	Omar Ahmed Hassan Ryaan	18	El Shams	4:46.10
6	Omar Hany Abdalla	21	Ahly	4:48.27
7	Youssef Amr Sayed	17	Wadi Degla	4:48.64
8	Abd El Rahman Hisham Fathalah	17	Sporting	4:49.22
9	Karim Magid Abdelglil	16	Zamalek	4:51.45

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0	Moahmed Ahmed Salem Hassan	16	Smouha	4:41.70
1	Mohamed Ayman Abdelsamea	16	Ahly	4:40.73
2	Ali Mohamed Ali Hasan El	18	Bank Ahly Alex	4:38.50
3	Ahmed Mohamed Ahmed ali	17	Shooting	4:34.32
4	Yasin Wael Elshmaa	24	Sporting	4:30.96
5	Karem Magdy Ismail	23	Sporting	4:34.17
6	Yousef Adel Ramadan	18	El Shams	4:35.67
7	Yassen Mohamed Abdelgwad	17	Faros	4:39.97
8	Omar Mohamed Hassan	15	Ahly	4:40.91
9	Seif Ahmed Hegazy	19	Ahly	4:44.28

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Event 104 Girls 14 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
1	Hana Mahmoud Mostafa	16	Wadi Degla	NT
2	Malak Mohamed Fayek Elsawa	16	Smouha	NT
3	Aya Mohamed Ismat Manni	19	The Republic Of The Sudan	NT
4	Goudy Sherif Fawzy	16	Hadak Al Ahram	NT
5	Hana Hany Mohamed Mahdy	18	Wadi Degla	NT
6	Joumana Mohamed Hamza	16	Bank Ahly Geza	NT
7	Nour Mohamed Mawad Arafat	17	El Shams	NT
Heat 2 of 13 Timed Finals				
0	Maya Hatem Fekry	17	Ahly	NT
1	Hana Nasser El Safty	16	Shooting	NT
2	Sara Ismail Sarwat	17	Heliopolis	NT
3	Retag Moataz Mohamed	16	Wadi Degla	NT
4	Laila Ashraf Mohamed Mousa	16	Wadi Degla	NT
5	Maryam Hatem Mohamed Abdela	16	Zamalek	NT
6	Karma Mohamed Elwakiel	16	Smouha	NT
7	Nadia Eslam Ahmed Ibrahim	17	El Gezira	NT
8	Lena Hany Mohamed	16	Ahly	NT
9	Gana Ashraf Abd El Hafez Mohamed	18	Shooting	NT
Heat 3 of 13 Timed Finals				
0	Marim Zaky	18	Sporting	NT
1	Arwa Tamer Mohy Eldin	17	El Nasr Club	NT
2	Mariam Amr Mohamed Youssef	18	Wadi Degla	NT
3	Habeba amr Khorshed	16	Heliopolis	NT
4	Fareda Ahmed Khalel	17	Wadi Degla	NT
5	Rokaya Khalid El Masry	18	Sporting	NT
6	Shahd Mohamed Zikri	16	El Shams	NT
7	Nada Hany Mohamed	16	Heliolido	NT
8	Goudy Mohamed Samer Mohaseb	16	Heliopolis	NT
9	Hanin Moutaz Mohamed	16	Zamalek	NT
Heat 4 of 13 Timed Finals				
0	Lana Mohamed Fathy	19	Ahly	NT
1	Farah Hazem Mohamed	17	El Shams	1:58.19
2	Malak Yasser Mahmoud	17	Zamalek	1:44.63
3	Mena Ahmed Ibrahim	20	Ahly	1:42.71
4	Nour Mohamed Etman Mohamed Et	17	El Shams	1:41.51
5	Rana Rame Ahmed	18	El Mekaweloun	1:42.43
6	Rawan Ahmed Abdou	17	Wadi Degla	1:43.59
7	Rawan Ahmed Abdelwahab	18	Smouha	1:46.04
8	Shorok Ahmed Mostafa	21	Shooting	NT
9	Nourallah Ahmed Fahmy	16	Ahly	NT

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Heat 5 Timed Finals... (Event 104 Girls 14 & Over 100 LC Meter Breaststroke)

0	Kenzy Mohamed Raafat	16	Rowad	1:40.69
1	Salma Waael Abdelmonem	17	Enppi	1:39.95
2	Batol Ayman ali	16	El Zohour	1:37.79
3	Hager Ahmed Mohamed Mahmoud	16	Wadi Degla	1:35.96
4	Roaa Abdelmonem Hmdy Abdelmon	17	6th	1:35.21
5	Merna Alaa Mohamed	17	Wadi Degla	1:35.61
6	Hana Awsam Moataz	16	Wadi Degla	1:36.93
7	Salma Walid Mahmoud	16	Zamalek	1:39.07
8	Kenzy Hany Zaky	18	Olympic	1:40.31
9	Khadiga Ahmed Mohamed Monir	16	Shooting	1:40.93

Heat 6 of 13 Timed Finals

0	Sara Mohamed Ezzat	18	Heliopolis	1:34.67
1	Jowayreya Mohamed Saad Hassan	17	Olympic	1:33.78
2	Salma Wael Ahmed Mohamed	16	El Zohour	1:33.48
3	Hanen Aadelf Hossien	18	Talbeia	1:33.27
4	Jana Tarek abd Elrazeaa	16	Zamalek	1:31.93
5	Sama Ahmed Ali	17	Ahly	1:32.00
6	Ganna Mohamed Mahmoud	17	Ahly	1:33.34
7	Haya Hazem Abdelrahamn	18	El Shams	1:33.52
8	Habiba Mohamed AL Said	16	Rowad	1:33.98
9	Roaa Ahmed Darwish	16	Wadi Degla	1:35.06

Heat 7 of 13 Timed Finals

0	Nourhan Mahmoud Mohamed	16	El Obour	1:31.56
1	Nourhan Essam El Din Fatthy	20	El Zohour	1:30.67
2	Nour Alaa Ahmed	16	Hadak Al Ahram	1:29.88
3	Norhan Hisham Mohamed	16	Wadi Degla	1:29.38
4	Habeba Mostafa Gamal Eldeen	17	Gezira El Ward	1:28.89
5	Malak Wesam Badr	20	Tanta	1:29.30
6	Laila Ahmed Adel El Kholy	19	Maadi	1:29.57
7	Rowida Ayman Mohamed	17	Talbeia	1:30.02
8	Farah Okasha Mohamed	17	Helwan Club	1:30.97
9	Fayrouz Mohamed Helmy	16	Ahly	1:31.87

Heat 8 of 13 Timed Finals

0	Nada Mohamed Ahmed Kafaka	16	Zamalek	1:28.64
1	Salma Sherif Mohamed Sayed Sayed	16	El Shams	1:28.08
2	Marwa Mohamed Hanfy	17	YMCA	1:27.36
3	Dalia Ahmed Abdelsalam	19	15 May	1:27.04
4	Mirna Sameh Shawky Mostafa	17	Heliolido	1:26.96
5	Salma Mohamedf Abdel Salam Moha	19	Heliolido	1:26.98
6	Malak Mohamed Abdelmonem Ahm	17	Wadi Degla	1:27.33
7	Hoda Mohammed Said Adel	17	Shooting	1:28.05
8	Haya Mostafa Husin Fathah	16	Tanta	1:28.20
9	Farida Ahmed Fouad	17	Wadi Degla	1:28.80

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Heat 9 Timed Finals... (Event 104 Girls 14 & Over 100 LC Meter Breaststroke)

0	Zeina Wael Abd Elmohsen	16	Shooting	1:25.86
1	Hana Mohamed Youssef Moha	17	Smouha	1:25.60
2	Rodina Sharif Salah Eddin	16	Hadak Al Ahram	1:25.31
3	Laila Mohamed Fathy	16	Shooting	1:25.08
4	Goumana Wael Hosny	16	Ahly	1:24.66
5	Shahd Ahmed Safwat	17	Cairo	1:24.90
6	Laila Ahmed Elamrosy	16	Moasasa Riadiyah Askaria	1:25.28
7	Sara Elhamy Foad Abd El Sallam	18	Maadi	1:25.58
8	Kholoud Abdelfatah Ali Abdel	17	Smouha	1:25.66
9	Afrosena Sameh Kamel	18	Hadak Al Ahram	1:26.00

Heat 10 of 13 Timed Finals

0	Noha Alaa Abd Elhlim	19	El Zohour	1:24.32
1	Sarah Karim Mohamed Galal	17	Smouha	1:23.98
2	Nour Mohamed aly el Sobky	16	Wadi Degla	1:23.30
3	Rawan Wael	18	Ahly	1:22.49
4	Farida Tamer Farouk abd ElMonsif	19	El Shams	1:21.77
5	Lamar Maged Abdel Gawad	16	Wadi Degla	1:22.14
6	Kanzy Waled Hamad	16	Smouha	1:22.66
7	Mariam Hatem Anwar EL Said	16	Shooting	1:23.75
8	Gnah Mohamed Seed Elgareb	16	6th	1:24.10
9	Karma Ayman Abou Amera	16	Sporting	1:24.65

Heat 11 of 13 Timed Finals

0	Sandra Medhat Mohamed	18	Ahly	1:21.66
1	Habiba Atef	16	A S E C	1:21.45
2	Nadine Ayman Hussein	18	Hadak Al Ahram	1:21.11
3	Mariam Walid Sayed	15	Wadi Degla	1:20.92
4	Mariam Mohamed Soliman Aoda	16	Wadi Degla	1:19.95
5	Hana Mostafa Ahmed Hamdy	22	Ahly	1:20.14
6	Malak Ali Atia	16	Smouha	1:20.96
7	Basmala Tarek Mahmoud	17	Al Tersana	1:21.40
8	Karma Ahmed Nabil	19	Shooting	1:21.59
9	Lian Shady Sabry	19	Heliopolis	1:21.70

Heat 12 of 13 Timed Finals

0	Kanzy Hesham Rashad	20	Shooting	1:19.42
1	Lara Amr Mahmoud Alsokkary	15	6th	1:18.94
2	Bassant Gamil Barakat	16	Ahly	1:18.65
3	Farida Ahmed Ibrahim	17	El Ghaba	1:18.13
4	Goudy Abdelhalem Fathala Z	18	Bank Ahly Alex	1:17.26
5	Maya Ahmed Ragheb	16	Sporting	1:17.51
6	Shahd Mohamed Ismael	18	Smouha	1:18.27
7	Nada Hesham Medhat	14	Ahly	1:18.72
8	Roqaya Saad Mohamed	15	Zamalek	1:19.11
9	Gana Mohamed Ahmed Salama	18	El Ghaba	1:19.91

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0	Gana Nasr El Din Ali	19	Sporting	1:17.01
1	Zeina Mohamed Darwish	14	Smouha	1:16.25
2	Hedy Amr Moustafa Hamouda	24	Heliopolis	1:15.88
3	Julie Akram Ahmed	17	Ahly	1:14.30
4	Janat Kareem Mohamed	15	El Shrook	1:13.16
5	Nadine Mohamed Amin	17	Ahly	1:13.53
6	Rewida Hisham Tolba Ibrahim	28	Ahly	1:15.45
7	Mariam Ahmed Abdel Hakm	15	Ahly	1:16.12
8	Mariam Mohamed Emad Fahmy	18	Maadi	1:16.64
9	Mariam Mohamed Ahmed Kotb	17	Smouha	1:17.14