

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 17/11/2023 Mor

## Event 95 Boys 14 &amp; Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 23 Timed Finals</b>				
1	Mohamed Hassan Mohamed abd el I	18	Stad Mansoura	NT
2	Abd Elrahman Ahmed Abd Elrahma	16	El Zohour	NT
3	Omar Khaled AbdAli EL Zanaty	18	Heliolido	NT
4	Mohamed Mohamed Nour El Din	16	Wadi Degla	NT
5	Youssef Seif Abas Fares	16	ElGezira Youth	NT
6	Ibrahim Mohamed Abdelmohsein	17	Zamalek	NT
7	Fady Sherif Azmy	16	Ahly	NT
<b>Heat 2 of 23 Timed Finals</b>				
0	Ahmed Alaa el din Ahmed	17	Enppi	NT
1	John Wael Abdel Malek	16	Wadi Degla	NT
2	Ahmed Sherif Elagamy	16	Wadi Degla	NT
3	Omar Mohamed Mohamed Amin	18	Shooting	NT
4	Omar Tamer Said AbdElaziz	18	Smouha	NT
5	Mahmoud Ahmed Abd Elshafe Abas	17	El Shams	NT
6	Aly Hassan Mohamed Kamal	16	Ahly	NT
7	Eyad Waleed Ramzy	16	el Shark Club	NT
8	Ahmed Khaled Elsayed Alla Eldin	16	Ahly	NT
9	Ahmed Amgad Ahmed	18	Ahly	NT
<b>Heat 3 of 23 Timed Finals</b>				
0	Omar Mohamed Omar Sofy	16	Shooting	NT
1	Karim Mohamed Mahmoud	18	El Shrook	NT
2	Saif Ahmed Gamal Elden	16	El Mekaweloun	NT
3	Adham Bareaa Abdel Ghany	16	Ahly	NT
4	Adam Mohaned Tharwat	16	Moasasa Riadiah Askaria	NT
5	Ahmed Ramy Mohamed Fathy	17	El Mekaweloun	NT
6	amr Khaled Mohamed Mahmo	18	Zamalek	NT
7	Youssef Moatsem	17	Wadi Degla	NT
8	Omar Wael Ibrahim Saber	16	Wadi Degla	NT
9	Hamza Muhammed Abd el Aal	16	Hadak Al Ahram	NT
<b>Heat 4 of 23 Timed Finals</b>				
0	Mohamed Amr Mohamed	16	Wadi Degla	NT
1	Osama Mohsen Khamis AbdElm	18	Smouha	NT
2	Mohamed Khaleid Abdelfatah	19	Zamalek	NT
3	Yousef Ahmed Samir abd Allah	16	El Shams	NT
4	Mohamed Ibrahim Mohamed Ibra	19	Electricity	NT
5	Mohaned Walid Mohamed	16	Shooting	NT
6	Ahmed Ehab el Shbasey	17	Tanta	NT
7	Kareem Ahmed Shaaban	23	Rowad	NT
8	Youssef Mohamed Salah	16	Wadi Degla	NT
9	Omar Hitham Hamdy	16	Shooting	NT

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 17/11/2023 Mor****Heat 5 Timed Finals... (Event 95 Boys 14 & Over 100 LC Meter Breaststroke)**

0	Omar Mohamed Noaman Hussein	16	Wadi Degla	NT
1	Yassien Yaser Atef	17	Moasasa Riadiyah Askaria	NT
2	Yassin Hossam Elden Metwally	16	El Zohour	NT
3	Abd El Rahman Hassan Abd El Rahr	18	Talbeia	NT
4	Yassin Hisham Nour	18	Smouha	NT
5	Seif Tamer Abd Elaziz	16	El Obour	NT
6	Mohamed Ayman Ibrahim	17	A S E C	NT
7	Ahmed Sameh Adel	18	Cairo	NT
8	Mohamed Ahmed Mahdy	16	Ahly	NT
9	Youssef Abdjlalil Badawi	16	M.S Tagamoa	NT

**Heat 6 of 23 Timed Finals**

0	Ahmed Gharieb Shawky	17	Zamalek	NT
1	Faris Mohamed Mashaly	24	Sporting	NT
2	Yassin Mohamed Abdelnaby	16	Ismaily Sporting Club	1:41.93
3	Ahmed Reda Galal El Nager	16	El Shams	1:30.91
4	Abd Rahman Mohamed Gamal	19	Shooting	1:28.72
5	Mahmoud Moustafa Lotfy	16	Heliopolis	1:29.35
6	Hamza Mohamed AbdelGalil M	17	Moasasa Riadiyah Askaria	1:38.07
7	Karim Mohamed Samy	20	Ahly	NT
8	Ibrahim Ahmed Galal	18	El Shrook	NT
9	Amro Nabil Ibrahim	17	Faros	NT

**Heat 7 of 23 Timed Finals**

0	Youssef Ibrahim Abdel Salam	16	Wadi Degla	1:28.20
1	Yousief Hisham Kamal	16	Cairo	1:27.68
2	Abdelrahman Ahmed Sayed	17	Al Tersana	1:26.61
3	Omar Ahmed Sayed	16	Ahly	1:26.18
4	amr Taha Goda	16	Zamalek	1:25.80
5	Hatem Elsayed Mohamed	16	El Ghaba	1:25.88
6	Youssef Ahmed Mostafa Mohamed	16	Wadi Degla	1:26.31
7	Karim Hossam Halal	17	Shooting	1:26.97
8	Omar Sameh Ismail	16	Ahly	1:27.74
9	Mohamed Sayd Mohamed Hamed	17	6th	1:28.32

**Heat 8 of 23 Timed Finals**

0	Hazem Khaled Abdalla	16	El Ghaba	1:24.64
1	Lotfy Mohamed Lotfy	16	Wadi Degla	1:24.44
2	Badrelden Hany Samir Abdou	16	6th	1:23.01
3	Mohamed Hatem Mohamed Abd el F	18	El Shams	1:22.63
4	Ibrahim Ahmed Ibrahim	16	Zamalek	1:22.55
5	Hamza Mohamed Abd Elhalem	17	El Zohour	1:22.62
6	Youssief Omar Mhmoud Omar	16	Smouha	1:22.81
7	Ahmed Wael Ahmed	16	Al Tersana	1:24.32
8	Adam Hany Ali	16	Wadi Degla	1:24.61
9	Abdullah Hany Badr Eldin	16	Wadi Degla	1:25.09

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**Heat 9 Timed Finals... (Event 95 Boys 14 & Over 100 LC Meter Breaststroke)**

0	Seif Eldin Fady SaLah	16	Shooting	1:22.14
1	Youssef Ahmed Ibrahim ElSayed	16	El Shams	1:22.03
2	Yousif Hossam Mohamed Moham	16	Zamalek	1:21.71
3	Omr Adel Abdelmouhsen Ahmed	16	6th	1:21.12
4	Omar Khaled Esmail Ramdan	16	El Ghaba	1:19.96
5	Omar Mohamed Atif	16	El Obour	1:20.96
6	Mohamed Hassan Abdel Rahman	16	Talbeia	1:21.46
7	Omar Mohamed Fayz Mostafa	18	Moasasa Riadia Askaria	1:22.01
8	Aly Moh. Khaled Aly Moh. Yosef	16	El Gezira	1:22.14
9	Youssef Mohamed Fathy Mohame	16	Smouha	1:22.31

**Heat 10 of 23 Timed Finals**

0	Abdel Rahman Mohamed Moustafa	18	El Obour	1:19.39
1	Mostafa Khaled Fathy	16	Talbeia	1:19.32
2	Mahmoud Mohamed Mahmoud	17	Zamalek	1:18.97
3	Marwan Tarek Rashed Abd ElHamid	16	El Shams	1:18.77
4	Assr Ahmed Aly Fekry	16	6th	1:18.59
5	Yassin Mohamed Gamal	17	Zagazig University	1:18.72
6	Fares Ahmed Ameen Aly Alhgrssy	17	6th	1:18.77
7	Ali Ahmed Mohamed Abd el Halim	17	Shooting	1:19.01
8	Youssef Mamoud Ahmed	16	Talbeia	1:19.38
9	Mohamed amr Shaban	16	Olympia	1:19.66

**Heat 11 of 23 Timed Finals**

0	Mohamed Yasser Mohamed Elgha	16	Smouha	1:18.29
1	Ahmed Houssin Abd El Zaher	16	Wadi Degla	1:17.95
2	Ahmed Ayman Hassan Kabil	17	Shooting	1:17.81
3	Ahmed Shaaban Abdullah Saleh	16	Hadak Al Ahram	1:17.59
4	Moamen Abdelmounem Abdelataief	16	El Shams	1:17.13
5	Adham Mohamed abd Aziz	16	Nasr City	1:17.45
6	Blal Mohamed Abdelghany	17	Al Tersana	1:17.75
7	Yasen Ahm. Abd ElHay Soiemann Abd	17	El Gezira	1:17.81
8	Omar Khaled Mohamed Nabil	17	A S E C	1:17.96
9	Karim Gamal Abd Elsalam	16	Shooting	1:18.45

**Heat 12 of 23 Timed Finals**

0	Ahmed Hatem Hosny	17	Wadi Degla	1:16.61
1	Ahmed Waild Mohamed	16	A S E C	1:16.51
2	Adam Kareem Ahmed Mohamed	16	Bank Ahly Alex	1:16.02
3	Ziyad Walid Nabiil	18	Sporting	1:15.98
4	Ammar Mohamed Mohamed	16	15 May	1:15.83
5	Yousef Mohamed Salah	17	A S E C	1:15.95
6	Karim Hany Abdalla	17	Ahly	1:16.01
7	Yousfe Mahmud Mohamed	16	Shooting	1:16.20
8	Ahmed Eslam Hossny	18	Wadi Degla	1:16.53
9	amr Maged Abdel Gawad	18	El Mekaweloun	1:16.65

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0	Moaaz Ahmed Ali Ahmed	17	Rowad	1:15.46
1	Sief Ayman El Said	19	Sporting	1:15.10
2	Ahmed A.Allah Mohamed	17	Wadi Degla	1:14.81
3	Ahmed Wael Ibrahim Desouki	19	Tawfekaya	1:14.51
4	AbdelRahman Mohamed Sayed	18	El Obour	1:13.78
5	Iyad Adel Ahmed	16	Hadak Al Ahram	1:14.20
6	Saif Eddin Amr Abdel Raouf	16	Hadak Al Ahram	1:14.54
7	Hamza Ahmed Darwish	17	Wadi Degla	1:14.91
8	Mohamed Ahmed Elryas	19	Zamalek	1:15.26
9	Marwan Ehab Abdelkader	17	Zamalek	1:15.61

**Heat 14 of 23 Timed Finals**

0	Zein Eldein Hisham Mohamed Hosny	17	Shooting	1:13.64
1	Abd Elrahman Tamer M Abd Elmaas	16	El Nasr Club	1:13.57
2	Omar Ibrahim Mohamed	19	Ahly	1:13.53
3	Mohamed Nashaat Abdelhamid	17	Zamalek	1:13.39
4	Moaaz Amr Gamal	19	Ahly	1:13.24
5	Hamza Hammad Mohamed	17	Wadi Degla	1:13.29
6	Omar Ehab Elfaham	19	Sporting	1:13.52
7	Mohab Mohamed Mostafa Ali	16	El Nasr Club	1:13.53
8	Moaz Wael Gamal Ebrahim	17	El Shams	1:13.63
9	Ali Ahmed Abd el Monem Omara	18	El Shams	1:13.66

**Heat 15 of 23 Timed Finals**

0	Yousef Maged Mohamed	16	Rowad	1:13.06
1	Hamza Ahmed Morsi Morsi Ahmed	17	6th	1:12.91
2	Yousif Ahmed Hamdy Borham	19	Smouha	1:12.56
3	Karim Kamal Ahmed Mostafa	20	6th	1:12.47
4	Anas usama Mohamed	16	Al Tersana	1:12.45
5	Karem Wael Elgendy	16	Tanta	1:12.45
6	Mrawan amr Mostafa abd el Aziz	18	Al Tersana	1:12.56
7	Mohamed Diaa Eldeen Mohamed	17	Nasr City	1:12.83
8	Ibrahim Ehab Elkasas	16	Ahly	1:12.97
9	Keven Sameh Adly	18	Minia Sport Clup	1:13.18

**Heat 16 of 23 Timed Finals**

0	Omar Hazem	18	Zamalek	1:12.37
1	Malek Khaled Mahmoud Abady	16	Bank Ahly Alex	1:12.34
2	Yousif Gaseer Migahed	16	Zamalek	1:12.29
3	Mazen Mohamed Adel	18	Elethead	1:11.98
4	Adam Hossamaldin Abdallah	17	Zamalek	1:11.87
5	Marwan Medhat Ali Abd ElHamid	16	El Shams	1:11.88
6	Morad Yaser Hafez	20	Wadi Degla	1:12.02
7	Azz El Din Hany Nagy Ahmed	18	Shooting	1:12.31
8	Ebrahim Mohamed Hamdy	16	Tanta	1:12.34
9	Yehia SeifEL din EL Marghany	18	El Shams	1:12.39

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 17/11/2023 Mor****Heat 17 Timed Finals... (Event 95 Boys 14 & Over 100 LC Meter Breaststroke)**

0	Yousef Mahmoud Mohamed Sabry	17	El Shams	1:11.82
1	Yasin Mohamed Abu Raya	18	Tanta	1:11.72
2	Ziad Moahmed Salaheldin M	17	Smouha	1:11.63
3	Ahmed Hamed Abaas	18	Talbeia	1:11.48
4	Omar Mohamed Ibrahim	16	Nasr City	1:11.27
5	Selim Ihab Ghali	18	Wadi Degla	1:11.43
6	Ibrahim Yasser Farahat AbdElMagid	17	Maadi	1:11.53
7	Mahmoud Tamer Mahmoud	17	Wadi Degla	1:11.65
8	Ali Shref Ali Abdelkader	16	Smouha	1:11.73
9	Zeyad Karm Mohamdeen	19	Ahly	1:11.86

**Heat 18 of 23 Timed Finals**

0	Mohamed Amr Hussein	17	Wadi Degla	1:11.06
1	Ziad Ahmed Ibrahim Abdelhay	17	Taleaa El Gish Club	1:10.89
2	AbdElrhman Mhmoud Yuones Fatha	20	Smouha	1:10.83
3	Youssef Abdel Aziz Alaa	17	Wadi Degla	1:10.78
4	Omar Tamer Ahmed	17	El Ghaba	1:10.34
5	Yousef Mahmoud Sayed	16	Moasasa Riadiyah Askaria	1:10.36
6	Moaaz Mohamed Sayed Soliman	16	Ahly	1:10.80
7	Mohamed Mostafa Omar	16	El Ghaba	1:10.86
8	abd Elrahman Mohamed Foaad	17	Talbeia	1:10.98
9	Nour Ahmed Elhassany	16	El Zohour	1:11.09

**Heat 19 of 23 Timed Finals**

0	Hamza Ashraf El Marakby	16	Shooting	1:10.09
1	Karim Osama Ibrahim Abd ElMoaty	16	Maadi	1:09.97
2	Eyad Osama Ramadan	19	Ahly	1:09.81
3	Mahmoud Mohamed Moharam el M	16	Al Hawar	1:09.79
4	Mostafa Moh. Ahm. Moh. Moharam	17	El Gezira	1:09.78
5	Abdelfattah Ahmed Youssef Ahmed	16	Olympic	1:09.79
6	Abdel Rahman Ahmed Ali	17	Wadi Degla	1:09.80
7	Moamen Amr Mohamad Hamed Ko	15	Smouha	1:09.85
8	Abdalla Gasser AbdelLatif	18	Ahly	1:09.98
9	Karim Hisham Safwat	16	el Shark Club	1:10.34

**Heat 20 of 23 Timed Finals**

0	Amr Hany Mahmoud Ahmed	17	Ahly	1:09.54
1	Khaled Hammad Mohamed	19	Wadi Degla	1:09.21
2	abd Elrahman Mohamed Bader	18	Al Tersana	1:09.02
3	Hanna Refaat Hanna Awadalla	17	Heliolido	1:08.69
4	Rami Michel Artigaud	17	El Gezira	1:08.58
5	Zad Ahmed Mohamed Asran	15	Wadi Degla	1:08.59
6	Hamza Mohamed Hassan Moubarak	15	Heliopolis	1:08.82
7	Mahmoud Majed Mahmoud	19	Hadak Al Ahram	1:09.02
8	Karim Mohamed El Gharabawy	18	El Zohour	1:09.41
9	Karem Mohamed Atia Ehsan	16	Heliopolis	1:09.77

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 17/11/2023 Mor****Heat 21 Timed Finals... (Event 95 Boys 14 & Over 100 LC Meter Breaststroke)**

0	Yassien Yasser Hassan	16	Smouha	1:08.44
1	Mostafa Mohamed Mohamed Ashrf	15	Gezira El Ward	1:08.42
2	Amr Mostafa Kodb	20	Smouha	1:08.15
3	Eazz El Din Mohamed Khamis	18	Sporting	1:08.14
4	Mohamed Ashraf Abdel Hay	22	Ahly	1:07.52
5	Omar Mohamed Yehia	16	Wadi Degla	1:08.09
6	Youssef Tamer Mohamed Hamed	18	Wadi Degla	1:08.15
7	Mohamed Emad Abdelhamid	16	Hadak Al Ahram	1:08.30
8	Hani Mohammed Atwan	16	El Temsah	1:08.42
9	Moahamed Moustafa Mohamed	19	Maadi	1:08.45

**Heat 22 of 23 Timed Finals**

0	Darren Dimitrios Chin	18	Sporting	1:07.23
1	Abdelrahman Ashraf Abdelattif	19	Ahly	1:06.98
2	Mahmoud Ahmed Eltablawy	17	El Zohour	1:06.76
3	Mazen Ismail Mohamed Ismail	19	Maadi	1:06.50
4	Gamal Metwaly Gamal Mohamed	20	El Zohour	1:05.83
5	Saif Ahmed abd Elmoniem Emarah	20	El Shams	1:06.00
6	Adam Yousry Bebars	17	Ahly	1:06.70
7	Hazem Hossam Nady	15	Wadi Degla	1:06.78
8	Saif ElDIn Sameh A.Elmoaez	20	Wadi Degla	1:07.15
9	Marwan Mohamed Bakry Mohamed	17	Olympic	1:07.36

**Heat 23 of 23 Timed Finals**

0	Karem Magdy Ismail	23	Sporting	1:05.77
1	Mohamed Mashhour Yehia	18	Ahly	1:05.50
2	Ahmad Hany Ahmad	17	Heliopolis	1:04.81
3	Abdel Rahman Mohamed Abdel Sam	21	Ahly	1:04.23
4	Youssef Ismail Elkamash	28	Sporting	1:01.05
5	Mohamed Housam Ibrahim	27	Ahly	1:03.38
6	Mohaned LiwaaEldin Ali	18	Smouha	1:04.26
7	Mohand Tarik Mohamed Ali El	23	Smouha	1:04.97
8	Ali Mohamed Ali Hasan El	18	Bank Ahly Alex	1:05.77
9	Daly Dimitrios Chin	26	Sporting	1:05.77

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## Event 96 Girls 14 &amp; Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Timed Finals</b>				
0	Dina Ebrahim Ebid	18	Sporting	NT
1	Malak Mohamed Nagy	16	Sporting	NT
2	Hlla Khaled Diab	16	Ahly	NT
3	Laila Asem Elsafy	18	Shooting	NT
4	Rola Rany Ismail	20	Wadi Degla	NT
5	Joumana Mohamed Hamza	16	Bank Ahly Geza	NT
6	Logien Ahmed Elsherif	16	Shooting	NT
7	Shahd Ayman Toson	16	Marina Sporting Club Hurghada	NT
8	Hanin Moutaz Mohamed	16	Zamalek	NT
9	Jolin Hany Gamal	17	Sporting	NT
<b>Heat 2 of 11 Timed Finals</b>				
0	Salama Mahmoud Khorshed	19	El Obour	NT
1	Goumana Tarek Yehia	18	Ahly	NT
2	le le Mohamed Tarek	16	Heliopolis	NT
3	Nadia Eslam Ahmed Ibrahim	17	El Gezira	NT
4	Nayera Tarek El-Sayed	16	Faros	NT
5	Maya Hatem Fekry	17	Ahly	NT
6	Jassmin Mohamed Abdel Kader	16	Wadi Degla	NT
7	Yasmin Mohamed El Sayed Mohame	18	Smouha	NT
8	Laila Mohamed Hitham	16	Shooting	NT
9	Retag Ahmed Saber	16	Wadi Degla	NT
<b>Heat 3 of 11 Timed Finals</b>				
0	Dilara Khaled Ahmed Mohamed	17	Olympic	NT
1	Khadega Osama Mohame Bahaa el d	16	Heliopolis	NT
2	Rinad Ahmed Farouk	16	Zamalek	NT
3	Rana Rame Ahmed	18	El Mekaweloun	1:35.92
4	Zeina Tarek Taha	19	Wadi Degla	1:32.57
5	Farah Ahmed Abd Elaziz	16	El Zohour	1:35.65
6	Gana Mohamed Abdelaziz	16	Zamalek	1:38.86
7	Salma Alaa Mahdy	20	Ahly	NT
8	Lela Ahmed Kamal	18	El Ghaba	NT
9	Jana Waleed abd Elrazek Gaafar	16	Wadi Degla	NT
<b>Heat 4 of 11 Timed Finals</b>				
0	Malak Ahmed Ibrahim Mohame	17	Smouha	1:27.26
1	Nour Alaa Salah	18	Pegasus Club	1:26.81
2	Tasnem Mohamed Mohamed Gala	19	Smouha	1:22.48
3	aya Ehab Mahmoud	16	Shooting	1:21.86
4	Nor Ahmed Ali Ahmed	18	Bank Ahly Alex	1:20.93
5	Eman Tarik Mohamed Sallah	17	Smouha	1:21.25
6	Hala Mohamed Ahmed Ibrahim	17	Taleaa El Gish Club	1:22.29
7	Salma Mohamed Abd el Wahab	17	Wadi Degla	1:23.39
8	Salma Khaled Safwan	16	El Mekaweloun	1:27.00
9	Alaa Khaled Safwan	18	El Mekaweloun	1:30.99

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**Heat 5 Timed Finals... (Event 96 Girls 14 & Over 100 LC Meter Butterfly)**

0	Fayrouz Mohamed Helmy	16	Ahly	1:19.92
1	Noha Alaa Abd Elhlim	19	El Zohour	1:19.86
2	Yassmin Ayman Abd ElHalim	17	El Shams	1:19.15
3	Marim Mhmod Elsaid Elshik	19	Smouha	1:17.77
4	Mariam Ahmed Ghatas	18	Shobra	1:16.24
5	Yasmin Wael Abdalaah	16	Zamalek	1:16.78
6	Renad Tarek Ahmed Hamdy	16	Heliolido	1:17.99
7	Dima Adel Mohamed	16	Smouha	1:19.71
8	Nawal Yasser Sayed	18	El Obour	1:19.89
9	Arwa Ayman Atif	16	Ahly	1:20.03

**Heat 6 of 11 Timed Finals**

0	Hana Ahmed Elsanhory	16	Smouha	1:15.27
1	Sama Karm Nasr Mohamed	16	El Shams	1:14.59
2	Malek Essam Eldin	19	Elethead	1:14.16
3	Rawan Tamer Essam Mahmoud	16	Wadi Degla	1:13.87
4	Malak Mohamed Fayek Elsawa	16	Smouha	1:13.72
5	Nour Hossam Zaghloul	16	Sporting	1:13.77
6	Retag Ahmed Abu El Fotoh	17	El Zohour	1:13.93
7	Jannah Sameh AbdelMoneem	16	Sporting	1:14.38
8	Farah Ayman Gaber	16	Smouha	1:14.79
9	Gana Yasser Mohamed Samy Aglan	17	El Shams	1:16.10

**Heat 7 of 11 Timed Finals**

0	Salma Atef Fayek Abdo	16	Wadi Degla	1:13.61
1	Kenzy Ahmed Saad ali	16	Wadi Degla	1:12.79
2	Tala Tarekf el Kafrawe	17	Heliopolis	1:12.40
3	Shahd Yousry Mohamed Hassan	18	Olympic	1:11.03
4	Shahd Amr Mohamed EL Garie	16	Heliolido	1:10.78
5	Hana Tarek Yehia	16	Ahly	1:10.94
6	Haya Mohamed Mahmoud	16	Ahly	1:11.98
7	Mai Mohamed Ramadan	16	Talbeia	1:12.63
8	Fareda Mohamed Farouk	16	Wadi Degla	1:13.60
9	Mariam Ahmed Zahran	16	Sporting	1:13.71

**Heat 8 of 11 Timed Finals**

0	Fareda Mohamed Rabie	16	Tanta	1:10.47
1	Sara Mahmoud El Gendy	17	Wadi Degla	1:10.18
2	Hana Wael Magdi Mah . Elsaeed	17	El Gezira	1:09.81
3	Kenzy Ibrahim Ibrahim	19	Ahly	1:09.46
4	Zina Yasser Ahmed	17	Sporting	1:09.15
5	Mena Mohamed Abdul Rahim	18	El Zohour	1:09.36
6	Hanen Ahmed Hussin	17	Zamalek	1:09.75
7	Hana Hisham Mohamed Yousi	18	Smouha	1:09.89
8	Kenzy Mostafa Hashad	18	Ahly	1:10.31
9	Zeina Ahmed Mostafa	16	Shooting	1:10.60



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0	Hana Waled Hasan	18	El Shrook	1:08.81
1	Rofaida Mahmoud Mohamed Hass	17	15 May	1:08.71
2	Rozana Waleed Desoky	16	Nasr City	1:08.67
3	Nada Ahmed El Said Elbasyouny	16	Shooting	1:08.51
4	Hala Hany Abdelwahab	17	El Ghaba	1:08.32
5	Halla Alla Maher	17	Wadi Degla	1:08.47
6	Zaina Mohamed Haitham Hassn	18	Shooting	1:08.60
7	Karma aly Elsheraee	17	Heliopolis	1:08.71
8	Malak Mohamed Mahmoud Gaber	18	Maadi	1:08.76
9	Farida Mohamed Ahmed El Okda	17	Shooting	1:09.09

**Heat 10 of 11 Timed Finals**

0	Joudy Magdy Abbas	17	Bank Ahly Alex	1:08.24
1	Retaj Mohamed Elsayed Anwa	17	Smouha	1:08.04
2	Malak Ahmed Gamal al Shazly	15	Shooting	1:06.76
3	Jasmine Ahmed Eissa	17	Maadi	1:06.55
4	Lougein amr Khaleil Ibrahim	16	Zamalek	1:05.90
5	Jana Khalid	19	Sporting	1:06.54
6	Jana Maged Amir	15	El Zohour	1:06.59
7	Farah Tarek	17	Ahly	1:07.19
8	Nour Mohamed Hessien Ahmed	18	El Shams	1:08.13
9	Doreen Walid Fathy	17	Tawfekaya	1:08.26

**Heat 11 of 11 Timed Finals**

0	Jihan Ahmed Abdel Azim	19	Hadak Al Ahram	1:05.58
1	Alya Ehab Abdel Moneam	16	Ahly	1:05.42
2	Lara Ahmed Elwan	15	Ahly	1:04.90
3	hla Mohamed Nanoush	16	Tanta	1:03.76
4	Farida Ayman Samra	19	Shooting	1:03.46
5	Rawan Tamer Mohamed	19	Ahly	1:03.57
6	Salma Osama Mohamed Darwes	17	Tanta	1:04.32
7	Alia Khaled Abas Sabaa	17	Heliopolis	1:05.25
8	Mayar Mohamed Gaber	22	Ahly	1:05.47
9	Jana Mohamed Omar Mohamed Elde	17	El Shams	1:05.76

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Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 62 Timed Finals</b>				
2	Adham Mohamed Mahmoud Ahmed	19	Maadi	NT
3	Adam Mohamed GamaL	16	Wadi Degla	NT
4	Mohanad Yasser Abdelmenem Mo	16	Smouha	NT
5	Mazen Mohamed Salah	17	El Ghaba	NT
6	Yosuif Ahmed Moustafa	16	Mansheit Naser	NT
7	Mohamed Ahmed Omar Mohamed	17	Zamalek	NT
<b>Heat 2 of 62 Timed Finals</b>				
0	Abdel Rahman Mohamed Adnan	25	Ahly	NT
1	Yehia Faysal Mohamed	17	Heliopolis	NT
2	Marwan Hossam Hussein	16	Wadi Degla	NT
3	Ahmed Khaled Elsayed Alla Eldin	16	Ahly	NT
4	Marawan Walid Noshy	16	Ahly	NT
5	Mohamed Mahmoud Saleh	17	Zamalek	NT
6	Ahmed Tarek Ali Abd Elhameed	16	Wadi Degla	NT
7	Mohamed Ihab Ahmed	17	Wadi Degla	NT
8	Adam Mohamed Abdelmeniem	16	El Ghaba	NT
9	Mohamed Tamer Mohamed	22	Wadi Degla	NT
<b>Heat 3 of 62 Timed Finals</b>				
0	Marawan Ahmed Salah	19	Wadi Degla	NT
1	Zeyad Mohamed Zaki	17	Ahly	NT
2	Eyad Hossam Eldin Zakzouk	16	Sporting	NT
3	Yehia Ahmed Abbas Abou	16	El Ghaba	NT
4	Mohamed Ahmed EL Hossey Ahme	17	El Shams	NT
5	Mohamed Khalid Mohamed	16	Zamalek	NT
6	Omar Wael Ibrahim Saber	16	Wadi Degla	NT
7	Yassin Mohamed Abdel Rehim	17	Ahly	NT
8	Hassan Hatem Hassan	16	Ahly	NT
9	Yousef Waled Al Sayed Al Banawy	21	El Gezira	NT
<b>Heat 4 of 62 Timed Finals</b>				
0	Abdalla Mohamed Hassan	18	Ahly	NT
1	Omar Abdel Monem Samy	16	Talbeia	NT
2	Yousfe Mahmud Mohamed	16	Shooting	NT
3	Yosef Mohamed Gamel	17	Alsafwa	NT
4	Mostafa Atef Afify	16	Ahly	NT
5	Ahmed el Husseny	18	Heliopolis	NT
6	Amr Khaled Abdelfattah	16	Ahly	NT
7	Shebl Ehab Shebl Mostafa	19	Maadi	NT
8	Omar Khaled AbdAli EL Zanaty	18	Heliolido	NT
9	Mohamed Adil Saied	16	Zamalek	NT
<b>Heat 5 of 62 Timed Finals</b>				
0	Mohamed Waled Mahmoud ali	17	Zamalek	NT
1	Aser Mamduh Yihia	20	Heliopolis	NT
2	Ahmed A.Allah Mohamed	17	Wadi Degla	NT
3	Mohamed Wael Metwaly	19	Ahly	NT
4	Omar Ahmed Hassan Elsaadany	16	El Shams	NT
5	Mostafa Hany Mostafa Ahmed	16	6th	NT
6	Ali Sherif Othman	16	Wadi Degla	NT
7	Seif ihab Sayed	17	Wadi Degla	NT
8	Seif Aldin Hessein Mahmoud	16	ElGezira Youth	NT
9	Hamza Mostafa Mohamed	17	Palm Hills	NT

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**Heat 6 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Mostafa Fathi Zaki Hasan	19	ElGezira Youth	NT
1	Seif El din Sherif Abd Elfttah	16	El Zohour	NT
2	Omar Ayman Attia	19	Wadi Degla	NT
3	Seif Eldin Samer Mohamed Mahmoud	16	Wadi Degla	NT
4	Mohamed Emad ElDin Hosny	18	Ahly	NT
5	Abdel Rahman Mohamed Metwally	19	Elethad	NT
6	Omar Khaled Abo El Magd	18	Ahly	NT
7	Ahmed Yaser Ahmed Mahmoud	17	El Shams	NT
8	Fouad Mohamed Maged	20	Wadi Degla	NT
9	Rashed Hany Ramadan	20	Rowad	NT

**Heat 7 of 62 Timed Finals**

0	Ali Karim Mohamed Youssry	16	El Shams	NT
1	Yasin Moh. Ahm. Omar Raslan	16	El Gezira	NT
2	Youssef Hossam Awed	17	Taleaa El Gish Club	NT
3	Youssef Hisham Mohamed	16	Wadi Degla	NT
4	Hessen Moh. Hessen Elbadry Moh. R	16	El Gezira	NT
5	Yossef Moh. Ahmed Ameen	18	El Gezira	NT
6	Amr Mohamed Mossad	17	El Zohour	NT
7	Mostafa Salah Eldin Abdelmon	18	El Shrook	NT
8	Mohamed Ahmed Sameh	17	Shooting	NT
9	Ibraheem Hisham Anan	16	el Shark Club	NT

**Heat 8 of 62 Timed Finals**

0	Marawan Mohamed Shaker	16	Ahly	NT
1	Omar Tamer Said AbdElaziz	18	Smouha	NT
2	Ahmed Mohamed Elhousseiny	19	Ahly	NT
3	Fares Mohamed Maher	18	Ahly	NT
4	Youssef Ahmed Fouad	16	Ahly	NT
5	Khalid Mohamed Zaher Desouky	16	El Shams	NT
6	Zeyad Ahmed Magdy	16	Ahly	NT
7	Mohamed Samy Maher	19	Ahly	NT
8	Abd Allah Mohamed Shaaban Alsaid	17	Rowad	NT
9	Marwan Hany Fayek	16	El Zohour	NT

**Heat 9 of 62 Timed Finals**

0	Mohamed Ashraf Mohamed Hanfy	16	Zamalek	NT
1	Omar Karim Galal Samy	16	Maadi	NT
2	Marwan Mohmed Hamed	16	Cairo	NT
3	Ismail Moataz Halbony	17	Maadi	NT
4	amr Khaled Mohamed Mahmo	18	Zamalek	NT
5	Nabil Ahmed Ibrahim AbdElkader	16	Moasasa Riadiah Askaria	NT
6	Eyad Mohamad Kalil Ebrahe	18	Smouha	NT
7	Adel Mohamed Aly	17	Ahly	NT
8	Ahmed Maged Amir	17	El Zohour	NT
9	Ahmed Haneaa Abdel Hamid	18	Ahly	NT

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**Heat 10 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Rohayem Tolba	16	Shooting	NT
1	Mazen Ibrahim Ahmed	17	Wadi Degla	NT
2	Ahmed Amgad Ahmed	18	Ahly	NT
3	Mohmed Adham Mohmed Talaat	17	6th	NT
4	Ahmed Mohamed Mossad Moham	16	Zamalek	NT
5	Danyal Gozef Eshaq	16	Ahly	NT
6	Gamal Walid Ahmed Abd Ellatif	16	Wadi Degla	NT
7	Ahmed Ayman Ali Mohamed	18	El Shams	NT
8	Yassien Yaser Atef	17	Moasasa Riadia Askaria	NT
9	Karim Haythem EL Sayed	16	Heliolido	NT

**Heat 11 of 62 Timed Finals**

0	Mohamed amr Abdelgawad	17	Al Tersana	NT
1	Blal amr Ahmed	18	Heliopolis	NT
2	Yousef Mohamed Yousef	20	The Republic Of The Sudan	NT
3	Nooreldeen Mohamed Elsaqa	17	Gezira El Ward	NT
4	Ahmed Hasan Tork	16	Sporting	NT
5	Mohamed Tarek Mohamed	16	Zagazig University	NT
6	Ziad Shref Housen	19	Heliopolis	NT
7	Belall Hesham Mohamed	16	Ahly	NT
8	Ahmed Mohamed Ahmed Abdelaziz	23	El Gezira	NT
9	Ahmed Osama Tawfik	16	Wadi Degla	NT

**Heat 12 of 62 Timed Finals**

0	Moaz Mohamed Abdo	16	Zamalek	NT
1	Yasen Amro Yasen Abd Elrahman M	20	El Gezira	NT
2	Mohamed Tarek Fayiz	18	Heliopolis	NT
3	Loay Rafat Sayed Ramadan	16	El Shams	NT
4	Abdelrhmn Amin Wafdy Amin	16	6th	NT
5	Aly Mohamed Mahmoud	17	Ahly	NT
6	Hatem Elsayed Mohamed	16	El Ghaba	NT
7	Moustafa Mohamed Shehata El Nekl	18	Heliolido	NT
8	Yousif Yehia Al Aeidy	16	Olympia	NT
9	Omar Asem Salah Eldin	16	Zamalek	NT

**Heat 13 of 62 Timed Finals**

0	Youssef Seif Abas Fares	16	ElGezira Youth	NT
1	Yassin Mohamed Ahmed Taha	17	El Zohour	NT
2	Ahmed Adel Mohamed Meselhy	23	Ahly	NT
3	Ahmed Alaa el din Ahmed	17	Enppi	NT
4	Mohamed Khaleid Abdelfatah	19	Zamalek	NT
5	Hossam Eldin Abd Elhamid ELDamir	17	Shooting	NT
6	Abd Elrahman Mostafa Ragab	17	Swim Home	NT
7	Fares M, Ahmed Abdelwahab	16	El Ghaba	NT
8	Mahmoud Mohamed Shehata Huss	16	Heliolido	NT
9	Yahia Ahmed ElHassanin	16	El Shams	NT

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**Heat 14 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Mohamed Magdy Ali Ali Elbaree	17	El Shams	NT
1	Mohamed Elsayed Elkersh	16	El Ghaba	NT
2	Ziad Osama Abdel Fatah Mohamed	22	Wadi Degla	NT
3	Mohamed Yesr el Sayd	17	Alsafwa	NT
4	Oubay Mahmoud	17	El Temsah	NT
5	Abdelrahman Ahmed Mohamed	19	El Obour	NT
6	Sayed Rafat Sayed	18	El Shams	NT
7	Mohamed Sayed Mohamd Yousif	16	The Republic Of The Sudan	NT
8	Mohamed Ahmed Mohamed Elsaie	16	Zamalek	NT
9	Bashar Mahmoud Gamal Hassan	16	Ahly	NT

**Heat 15 of 62 Timed Finals**

0	Mostafa Mohamed Elesawy	21	Ahly	NT
1	abd el Monem Ahmed abd el Moner	18	Heliopolis	NT
2	Yassin Hany Mahmoud	16	Heliolido	NT
3	Mohamed Ahmed Mohamed Bakry	17	ElGezira Youth	NT
4	Adem Ahmed Mohamed	16	Tagamoa Heljhts	NT
5	Yehia Ahmed Fouad	18	Ahly	NT
6	Yousef Khaled A.Elrahman Bayomy	20	Wadi Degla	NT
7	Ahmed Ibraim Mohamed	16	Alsafwa	NT
8	Somow Eldeen Mohamed Esmail	19	El Zohour	NT
9	Mazen Alaa Ahmed Amer Mohamed	16	El Shams	NT

**Heat 16 of 62 Timed Finals**

0	Zeyad Ramy Samir	16	Ahly	NT
1	Khaled Ahmed Mohamed	17	Ahly	NT
2	Seif Tamer Omran	20	Wadi Degla	NT
3	Moustafa Abdo Mohamed Shawqy	21	Rowad	NT
4	Hazem Ahmed Hanafy	16	Ahly	NT
5	Omar Mohamed Hossny Hossein	19	Al Tersana	NT
6	Mohanad Tamer Mohamed Zaky	17	Smouha	NT
7	Ahmed Qenawy Ahmed Ezz	16	Wadi Degla	NT
8	Belal Kaled Mohamad Abdel	17	Smouha	NT
9	amr Taha Goda	16	Zamalek	NT

**Heat 17 of 62 Timed Finals**

0	Yassin Waheed Abdel Salam Muham	18	El Gezira	NT
1	Ahmed Safwat Mohamed	18	El Zohour	NT
2	Mohamed Mohamed Nour El Din	16	Wadi Degla	NT
3	Yassin Mostafa Mahmoud Abdelham	16	Wadi Degla	NT
4	Ahmed Ashraf Abdel Naby	17	Ahly	NT
5	Abdllah Khaled Mohamed Moham	16	ElGezira Youth	NT
6	Omar Sameh Mohamed Hamed	18	Ahly	NT
7	Omar Elsayed Ramadan Elsayed	16	Olympic	NT
8	Omar Farouk abd el Hafiz	16	Shooting	NT
9	Yosef Atef el Sadaty	18	Al Hawar	NT

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**Heat 18 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Ahmed Amr Mahmoud	16	Ahly	1:15.56
1	Zeyad Mohamed Eid Zaky	16	ElGezira Youth	1:15.28
2	Youseif Mohamed Elsaeid	16	Zamalek	1:14.91
3	Youssef Ibrahim Abdel Salam	16	Wadi Degla	1:13.82
4	Omar Mamdouh Aref	16	Wadi Degla	1:13.30
5	Omar Ahmed Abdelrahman	16	Heliolido	1:13.62
6	Yehia Hany Ali	17	Ahly	1:14.13
7	Hazem Mostafa Hassan	16	Hadak Al Ahram	1:15.06
8	Moaz Khalid Abo Elfadel Mohamed	17	Wadi Degla	1:15.42
9	Ahmed Mosad Moustafa ali Ghidan	17	Shooting	1:22.45

**Heat 19 of 62 Timed Finals**

0	Khalid Islam Gomaa	16	Wadi Degla	1:12.38
1	Marwan Khaled Elsayed Abdelfattah	16	Wadi Degla	1:12.08
2	Mohamed abd Elraouf Alaam Mohar	20	Goldy	1:11.85
3	Omar Ahmed Mohamed Mohamed	16	El Shams	1:11.48
4	Abdalla Mohamed Abbas	16	El Ghaba	1:10.93
5	Yassin Mohamed Abdelnaby	16	Ismaily Sporting Club	1:11.45
6	Adam Nader Moustafa	16	Ahly	1:11.64
7	Youssef Mohamed Hamdy Abdelwah	16	Swimn	1:12.08
8	Moaz Mohamed Rabea	16	Al Tersana	1:12.19
9	Adham Elmootaz Bedin Alla	16	Ahly	1:12.98

**Heat 20 of 62 Timed Finals**

0	Omar Mahmoud Mohamed Samy	16	Wadi Degla	1:10.57
1	Omar Mohamed Fayz Mostafa	18	Moasasa Riadiah Askaria	1:09.70
2	Ramez Amr Mohamed Ibrahim	16	Wadi Degla	1:09.28
3	Abd Elrahman Ayman Saber	16	Wadi Degla	1:08.45
4	Omar Ahmed Mohamed Abd Elhafez	16	Petrosport	1:08.09
5	Omar Mahmoud Hassan	16	Ahly	1:08.20
6	Youssef Abdjlalil Badawi	16	M.S Tagamoa	1:09.28
7	Omar Amr Mohamed Omran	23	Heliolido	1:09.56
8	Abd El Rahman Mahmoud Abd El Ra	16	El Shrook	1:10.06
9	Ibrahim Ahmed Mohamed	16	Ahly	1:10.90

**Heat 21 of 62 Timed Finals**

0	Mohamed Ayman Abdel Emam	16	Wadi Degla	1:07.85
1	Mohamed Ahmed Mahdy	16	Ahly	1:07.68
2	Abd El Latif Hassan Abd El Latif	16	El Zohour	1:07.66
3	Youseef Hany Fayez	18	Zamalek	1:07.44
4	Aly Mohamed Mahmoud	16	Heliolido	1:07.32
5	Moaz Ibrahiem Nassar	16	Wadi Degla	1:07.38
6	Loai Mohmed Mohei Alden Abass	17	6th	1:07.61
7	Eslam Mohamed Kheer	16	Taleaa El Gish Club	1:07.67
8	Ahmed Walid Talaat	16	Ahly	1:07.80
9	Youssef Ahmed Mostafa Mohamed	16	Wadi Degla	1:08.06

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**Heat 22 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	abd Elrahmam Nassar	16	Talbeia	1:06.57
1	Omar Sameh Ismail	16	Ahly	1:06.52
2	Hussien Mohamed Ahmed	16	Wadi Degla	1:06.37
3	Mohamed Eliwa Mohamed	16	Goldy	1:06.29
4	Abdelrahman Hamdy Abdelgawad	16	Heliolido	1:06.10
5	Abdel Rahman Ebrahim Mohamed	16	6th	1:06.19
6	Adham Ahmed Samir Fouda	17	El Shams	1:06.34
7	Saeed Mohamed AL Saeed	16	Rowad	1:06.51
8	Omar Mohamed Noaman Hussein	16	Wadi Degla	1:06.54
9	Karem Mohamed Hasanen	16	El Mekaweloun	1:07.09

**Heat 23 of 62 Timed Finals**

0	Ali Fahry Saliman	17	El Obour	1:05.94
1	Youssef Essam Mohamed	17	Ahly	1:05.64
2	Fady Sherif Azmy	16	Ahly	1:05.58
3	Hazem Khaled Ahmed Abd Elkhalek	16	Golf City Clup	1:05.48
4	Abdel-Rahman Hosny Hussein	16	Ahly	1:05.44
5	Omar Tamer Gouda	17	Ahly	1:05.47
6	Mohamed Elssameldin Mahmoud	18	Cairo	1:05.54
7	Houseen Eehab Hssn	22	6th	1:05.63
8	Nour Hossam Ahmed Salah	16	Zamalek	1:05.89
9	Asar Ahmed Alkrdany	17	Nasr City	1:05.96

**Heat 24 of 62 Timed Finals**

0	Adham Karm Refaaey	18	Ahly	1:05.25
1	Mohamed Mohamed Mohamed	16	Wadi Degla	1:05.10
2	Karem Wael Mohamed	18	Minia Sport Clup	1:05.00
3	Mohamed Sayd Mohamed Hamed	17	6th	1:04.98
4	Ahmed Mohamed Yehia	16	Ahly	1:04.85
5	Amr Ahmed Osama	16	Wadi Degla	1:04.96
6	Youssef Nader Farag	19	Ahly	1:04.99
7	Adam Ayman Wageh	17	Wadi Degla	1:05.01
8	Karim Walid Mohamed Farhan	17	Ahly	1:05.23
9	Omar Hany Sayed Khalel	16	Wadi Degla	1:05.38

**Heat 25 of 62 Timed Finals**

0	Hamza Wael Nasreldin	16	Wadi Degla	1:04.80
1	Abdelalah Ahmed Sayed	17	Al Tersana	1:04.71
2	Mohamed Ahmed Mohamed Beder	17	El Nasr Club	1:04.61
3	Omr Mohamed Abdul Samia	16	Seka El Hadid	1:04.57
4	Abd Rahman Mohamed Gamal	19	Shooting	1:04.38
5	Mazen Mohamed Hegazi	16	Shooting	1:04.54
6	Abdel-Rahman Khaled Afify	16	Ahly	1:04.60
7	Ziad Wael Mohamed	19	Zamalek	1:04.61
8	Moaaz Ahmed Ali Ahmed	17	Rowad	1:04.73
9	Mohamed Mahmoud Badawi	16	El Zohour	1:04.82

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**Heat 26 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Ali Hisham Morshady	16	Wadi Degla	1:04.34
1	Salman Khaled Saber Kamel	16	Rowad	1:04.25
2	Mohamed Ayman Mohamed Moham	17	Rowad	1:04.20
3	Ibrahim Ahmed Ibrahim	16	Zamalek	1:04.17
4	Ahmed Wael Ahmed	16	Al Tersana	1:04.00
5	Abdelrahman Ahmed Sayed	17	Al Tersana	1:04.15
6	Ahmed Osams Samra	16	Heliopolis	1:04.17
7	Akram Ayman Saber	16	Police Club	1:04.22
8	Adham Ayman Mohamed	16	Moasasa Riadiah Askaria	1:04.27
9	Mohammed Ahmed Elsaheed Hussier	16	Moasasa Riadiah Askaria	1:04.36

**Heat 27 of 62 Timed Finals**

0	Zeyad Rami Ezzat	16	Hadak Al Ahram	1:03.99
1	Yousief Hisham Kamal	16	Cairo	1:03.85
2	Abd Elrahman Hisham Mohamed M	17	Shooting	1:03.77
3	Shady Ahmed Samy Kamel	16	El Zohour	1:03.60
4	Youssef Mostafa Anwar	19	Ahly	1:03.56
5	Youssef Omar Mhmoud Omar	16	Smouha	1:03.60
6	Kareem Ahmed Samy Kamel	16	El Zohour	1:03.69
7	Ahmed Mohamed Ahmed Helal	16	Ahly	1:03.85
8	Ahmed Mohamed Roshdy	16	Talbeia	1:03.96
9	Hamza Mohamed Riad Mohamed EL	16	El Shams	1:03.99

**Heat 28 of 62 Timed Finals**

0	Ahmed Khaled Fathi Ghoneim	16	Moasasa Riadiah Askaria	1:03.48
1	Yousif Hossam Mohamed Moham	16	Zamalek	1:03.45
2	Ramy Bassem Ihab	16	Wadi Degla	1:03.26
3	Ahmed Wael El Shamaa	16	Sporting	1:03.02
4	Jan Nader Naroz Salama	16	El Ghaba	1:02.97
5	Youssef Ahmed Ibrahim ElSayed	16	El Shams	1:03.00
6	Mostafa Mohamed Faruok	16	Shooting	1:03.05
7	Marwan Ahmed Fathy Abdel Monier	17	Wadi Degla	1:03.29
8	Seif El Din Essam Reda	16	Palm Hills	1:03.45
9	Loai Ehab A.Meshaal	16	Wadi Degla	1:03.53

**Heat 29 of 62 Timed Finals**

0	Seif Elislam Haytham Mahmoud	16	Zamalek	1:02.84
1	Mazen Samir Hassan	16	Zamalek	1:02.83
2	Abdel Rahman Mohamed Mohamed	16	Rowad	1:02.74
3	Malek Mohamed Arafa	17	El Nasr Club	1:02.72
4	Youssef Al Said Abdel Hameed	16	Rowad	1:02.65
5	Ahmed Mohamed Esam	16	el Shark Club	1:02.68
6	Ahmed Tarek Ahmed	18	Helwan Club	1:02.73
7	Yasien Walid aly	16	Zamalek	1:02.81
8	Youssef Mahmoud Soliman	16	Wadi Degla	1:02.83
9	Mahmoud Haitham Mahmoud	19	Zamalek	1:02.96



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**Heat 30 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Youssef Mohamed Fathy	16	New Giza	1:02.59
1	Ahmed Khaled Abd El Karim Mohar	16	Maadi	1:02.55
2	Mohamed Ashraf Abdo	17	Elethad	1:02.52
3	Ziad Ahmed abd Elhamid	17	Enppi	1:02.47
4	Yassin Mohamed Gamal	17	Zagazig University	1:02.39
5	Hamza Mohamed Abd Elhalem	17	El Zohour	1:02.45
6	Ahmed Osama Khalil	17	El Ghaba	1:02.49
7	Anas Hossam Abdelhamed	16	El Ghaba	1:02.53
8	abd Alrahman Nabel Mgahed	16	Talbeia	1:02.58
9	Omar Khaled Mohamed Nabil	17	A S E C	1:02.63

**Heat 31 of 62 Timed Finals**

0	Omar Ahmed Mahgoub	19	Wadi Degla	1:02.33
1	Eyad Mohamed Hassan els	16	Zamalek	1:02.25
2	Omar Shrief Ahmed Ahmed S	16	Smouha	1:02.14
3	Youssef Alaa Fathy	17	Wadi Degla	1:01.98
4	Aley Yassen Aaref Ateya Kaoud	16	Shooting	1:01.96
5	Ahmed Arafa Shehata	19	Helwan Club	1:01.98
6	Ahmed Tarek Hosny Mohamed	16	El Zohour	1:02.13
7	Osama Emad Awad	16	Wadi Degla	1:02.14
8	Yousif Bahaa Saied	16	El Obour	1:02.27
9	Abd Elhalim Alaa Abd Elhalim	16	El Zohour	1:02.35

**Heat 32 of 62 Timed Finals**

0	Tarek Mohamed Abd Elhalem	17	El Zohour	1:01.94
1	Ali Ashraf Hussin	20	Heliopolis	1:01.83
2	Karim Eslam Khaled	18	El Mekaweloun	1:01.72
3	Loay Tamer Mohamed Farahat	16	El Zohour	1:01.69
4	Iyad Mohamed Shaaban	16	Hadak Al Ahram	1:01.58
5	Ali Ahmed Aadel Mosleh	16	6th	1:01.59
6	Belal Sheref Sery	16	Tanta	1:01.72
7	Ahmed Mohamed Ahmed	17	El Zohour	1:01.83
8	Motazz Mohamed Gomaa	16	Zamalek	1:01.84
9	Youssef Ashraf Fawzy	16	Moasasa Riadhia Askaria	1:01.96

**Heat 33 of 62 Timed Finals**

0	Marwan Mohamed Saber	17	Zamalek	1:01.50
1	Omar Ahm. Bader Eldin Safa Islam	16	El Gezira	1:01.42
2	Moaz Waheed Ibraheem Awad	17	Rowad	1:01.36
3	Alai el din Assem Kamal Omar	17	Moasasa Riadhia Askaria	1:01.32
4	Mohmed Essam Saied	16	Cairo	1:01.29
5	Loai Hany A bd EL Haliem	18	El Shams	1:01.31
6	Mostafa Tarek Hassaneen	18	Cairo	1:01.33
7	Ayad Ahmed Abdalla Mohamed	17	El Shams	1:01.36
8	Ziad Ahmed Mohamed Nabil	17	El Shams	1:01.47
9	Mostfa Ahmed Kamal	17	Al Ealamein	1:01.55

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**Heat 34 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Youssef Mohamed Fathy Mohame	16 Smouha	1:01.23
1	Yasin Tarek Mostafa	17 Heliopolis	1:01.18
2	Omar Walid Mohamed	18 Ahly	1:01.00
3	Osama Ahmed Osama	19 Wadi Degla	1:00.90
4	Mohamed Ahmed Dewan	18 Wadi Degla	1:00.78
5	Youssef Mohamed Ibrahim	18 El Zohour	1:00.81
6	Omar Ahmed Adel	16 Ahly	1:00.96
7	ali Nabel Magahed	16 Talbeia	1:01.15
8	Yasen Ahmed eid Thabet	16 Moasasa Riadiah Askaria	1:01.22
9	Omar Hany Mohamed Samir	16 Shooting	1:01.24

**Heat 35 of 62 Timed Finals**

0	Mohamed Wael Mohamed Matar	17 El Zohour	1:00.76
1	Ahmed Yahia Saied	17 Elethead	1:00.60
2	Fares Ahmed Ameen Aly Alhgrssy	17 6th	1:00.53
3	Adham Amr Mahmoud	18 Ahly	1:00.46
4	Habib Yahya Mohamed	18 Shooting	1:00.33
5	Abdelrahman Mohamed Ramadan	17 Enppi	1:00.44
6	Yasin Amro Mamdouh	16 Heliopolis	1:00.47
7	Mhmoud Hassan Mhmod Khlossy	17 Smouha	1:00.59
8	Omar Mohamed Magdy Mohamed	16 El Shams	1:00.71
9	Youssef Hussein Abdel Hameed	16 Wadi Degla	1:00.78

**Heat 36 of 62 Timed Finals**

0	Ali Nadir El Kordy	18 Shooting	1:00.31
1	Mohamed Ahmed Wageih Mohamed	16 Zamalek	1:00.29
2	Ahmed Hany Salem	16 El Zohour	1:00.16
3	Mazen Medhat Mohamed Ahmed	16 Shooting	1:00.11
4	Omar Hossam Mohsen Bahagat	16 Wadi Degla	59.99
5	Yousef Mohamed Enan	16 Wadi Degla	1:00.03
6	Khaled Mohamed Elsyed Tawfe	17 Smouha	1:00.14
7	ali Waled Said	16 El Mekaweloun	1:00.20
8	Adham Ashraf Shawky Mohame	16 Zamalek	1:00.30
9	Zeyad Hany Abd el Azeem	19 Wadi Degla	1:00.32

**Heat 37 of 62 Timed Finals**

0	Mohamed Hamdy Mohamed	16 El Obour	59.95
1	abd el Rahman Mohamed el Hawary	16 Shooting	59.85
2	Aly Eldin Ahmed Ibrahim	16 Ahly	59.80
3	Marawan Osama Samra	16 Heliopolis	59.78
4	Islam Mohammed Samy	16 Hadak Al Ahram	59.77
5	Eyad Mohamed Shaban	16 Al Tersana	59.78
6	Hmdi Ahmed Hmdi Byomi	18 6th	59.79
7	Aly Ibrahim Assem	19 Ahly	59.82
8	Abo Bakr Hesham Mohamed	16 Ahly	59.92
9	Mahmed Amr	16 El Nasr Club	59.97

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 17/11/2023 Mor****Heat 38 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Adam Ahmed Sliman	17	El Zohour	59.71
1	amr Mohamed Ebrahim Wehe	16	Helwan Club	59.65
2	Eslam Mohsen Helmy	16	Banha	59.56
3	Zyad Mohamed Maged	17	Wadi Degla	59.44
4	Seif Mohmed Salah	16	Cairo	59.41
5	Karim Samir Mohamed	18	Hadak Al Ahram	59.44
6	Ali Mohamed Tawfeq	17	Wadi Degla	59.49
7	Hussein Mohamed Aly	16	Ahly	59.63
8	Mohamed Ashraf Mohamed	17	El Zohour	59.69
9	Yassuin Zeyad Mohamed Hashem	17	Platinum	59.72

**Heat 39 of 62 Timed Finals**

0	Youssef Ahmed Mahran	19	Ahly	59.34
1	Yassin Sherif Mohamed Maged	17	El Shams	59.26
2	Amr Khaled Ewas	16	Al Tersana	59.20
3	Mohamed Ahmed abd Elmohsen	16	Wadi Degla	59.15
4	Ahmed Ramee Ahmed Hashem	16	6th	59.09
5	Marvin Medhat Shokry	17	Shooting	59.12
6	Omar Waleed AlQabary	16	Sporting	59.17
7	Zyad Mohamed Hafez	17	Al Tersana	59.22
8	Khaled Walied Atia	18	El Shams	59.33
9	Mostafa Amr El Kady	17	Wadi Degla	59.36

**Heat 40 of 62 Timed Finals**

0	Ziad Mohamed Mohamed Abdel Mor	17	Rowad	58.98
1	Abd El Monaem Mahmoud Abd Elm	18	El Zohour	58.97
2	Eyad Alaa El Kholy	16	Wadi Degla	58.94
3	Mahmoud Ahmed Abd Elshafe Abas	17	El Shams	58.92
4	Omar Faysal Farag	17	Ahly	58.89
5	Mahmoud Ahmed Yehya	16	Wadi Degla	58.90
6	Yasser Walid Abo Elela	18	Ahly	58.93
7	Yamen Moustafa	16	Faros	58.95
8	Mahmoud Ashraf El Gayash	16	Wadi Degla	58.97
9	Adam Hossamaldin Abdallah	17	Zamalek	59.01

**Heat 41 of 62 Timed Finals**

0	Ziad Emad Atya	16	Wadi Degla	58.87
1	Mostafa Tamer Elsayed Hegazy	17	Tanta	58.81
2	Sajed Yasser Mohamed	16	Wadi Degla	58.74
3	Amr Zakaria	16	Shooting	58.73
4	Abdlrhman Ayman Salah Elsayed	16	Heliolido	58.68
5	Abdel Rahman Mohamed Masoud	16	Ahly	58.69
6	Yosif Elaraby Mohamed	22	Cairo	58.73
7	Abdel Allah Bassem Moustafa	17	Wadi Degla	58.76
8	Yassin Ahmed Sayed Hafez	17	Elethead	58.83
9	Ahmed Sameh Ahmed Abdel Wahab	16	Ahly	58.89

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0	Omar Mohamed Ibrahim	16	Ahly	58.63
1	Youssef Mohamed Ezzat	16	Zamalek	58.61
2	Kamal Magdy Kamal	16	Police Club	58.56
3	Braa Ayman Ali	19	El Zohour	58.54
4	Ahmed Osama Ahmed Elshahat	16	Zamalek	58.47
5	Mohamed Hossam Samy	16	Ahly	58.49
6	Seif ezz el din abd el Kawey	16	Shooting	58.55
7	Omar Mohamed Essam	16	Wadi Degla	58.58
8	Zeyad Ahmed Bhaa Al din	18	Enppi	58.62
9	Omar Ramy Shawky	17	Ahly	58.68

**Heat 43 of 62 Timed Finals**

0	Monzer Mahmoud Ahmed	18	El Zohour	58.44
1	Ahmed Islam Mahmoud	20	Zamalek	58.27
2	Eyad Mohamed Abdelstar	16	Zamalek	58.24
3	Abdelrahman Hazem aly	16	Zamalek	58.24
4	Ahmed Gamal abd el Hafiz	16	Shooting	58.20
5	Saif Eldin Waled Abdel Razik	20	Wadi Degla	58.22
6	Hassan Tamer Aly Nazir	16	Shooting	58.24
7	Ahmed Hazem Hossny	20	Wadi Degla	58.27
8	Hassan Hossam Hassan Kamel Ali	18	El Shams	58.42
9	Karim Hani al Morsi	17	Shooting	58.44

**Heat 44 of 62 Timed Finals**

0	Abd Elrahman Emad Fathe Esmael E	22	El Gezira	58.17
1	Ahmed Hany Eltanahy	16	Olympia	58.15
2	Ayad Hatem Fouad	17	Zamalek	58.12
3	Youssef Yasser Ibrahim	17	Ahly	58.10
4	Amar Haitham Mohamed Saeid	16	El Shams	58.05
5	Karim Hossam Mohamed	17	Wadi Degla	58.09
6	Youssef Mohamed Ibrahim	16	Ahly	58.10
7	Moaaz Wael Sayed Ahmed	17	Shooting	58.12
8	Abdellatif Ashraf Abdellatif	17	Ahly	58.15
9	Marawan Emad Hamed	18	Ahly	58.19

**Heat 45 of 62 Timed Finals**

0	Ahmed Emad Abdel Maaboud	17	Ahly	58.04
1	Eyad Reda Mohamed	16	ElGezira Youth	57.97
2	Mohamed Mamdouh Hussein	20	M.S Tagamoa	57.93
3	Ali Ahmed Abd el Monem Omara	18	El Shams	57.87
4	Mohand Mostafa Hamdy	17	Ahly	57.83
5	abd Elrhman Mohamed Ahmed	16	Elethead	57.85
6	Esmat Ashraf Esmat Hatata	18	Smouha	57.92
7	Yehia Samer Wafek	16	Heliopolis	57.95
8	Omar Sherif Abd El Hamid	17	Wadi Degla	58.01
9	Adam Mohamed Helmy	16	Wadi Degla	58.05

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**Heat 46 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Yassin Abdallah Mohamed	17	Wadi Degla	57.74
1	Adham Ahmed Hassan	20	Ahly	57.72
2	Adham Tarik Ali Baiuomy	18	Smouha	57.66
3	Mostafa Mohamed Tarek	17	Ahly	57.64
4	Omar Amir Mohamed Hazem	17	Ahly	57.61
5	Hazem Waheed Ibrahim	19	Rowad	57.63
6	Mohamed Taha Abd ElHaimd	16	El Shams	57.65
7	Abdullah Mostafa Mahmoud Shalby	16	El Shams	57.72
8	Youssef Tawfik Hamdy Tawfik	17	Senzo	57.73
9	Youssef Hisham Ahmed Ahmed Hass	16	El Shams	57.82

**Heat 47 of 62 Timed Finals**

0	Mohamed Essam Mohamed	16	Minia Sport Clup	57.50
1	Selim Ihab Ghali	18	Wadi Degla	57.48
2	Karim Ramy Ibrahim	17	Ahly	57.44
3	Ibrahim Ehab Elkasas	16	Ahly	57.40
4	Adham Hamdy Amin	17	Zamalek	57.38
5	Youssef Tamer Mohyeldin	16	Smouha	57.39
6	abd el Rahman Waleed el Shahat	16	Heliopolis	57.43
7	Selim Tamer Osama Ahmed	16	Shooting	57.45
8	Hamza Muhammed Abd el Aal	16	Hadak Al Ahram	57.49
9	Ziad Abdallah Zakria	16	El Nasr Club	57.51

**Heat 48 of 62 Timed Finals**

0	Yasin Mohamed Abu Raya	18	Tanta	57.32
1	Mhmoud Tarik Ahmed Elgendy	16	Smouha	57.23
2	Hady Mohamed Foad	17	Moasasa Riadiah Askaria	57.22
3	ali Ahmed Mohamed Ismail	16	Wadi Degla	57.19
4	Abdelharman Ahmed Abdelharman	17	Smouha	57.15
5	Mahmoud Mohamed Mahmoud Bar	17	Shooting	57.18
6	Youssef Amr Abdel Aziem	16	Wadi Degla	57.19
7	Omar Karim Mohamed Mselhy	17	Smouha	57.23
8	Mazen Mohamed Sayed Soliman	16	Ahly	57.28
9	Yasin Sameh Fahmy	20	Heliopolis	57.38

**Heat 49 of 62 Timed Finals**

0	Adham Adel Abaza	19	Sporting	56.98
1	aly Eldin Ahmed Mohamed	16	Zamalek	56.96
2	Ahmed Yasser Yehia	18	Cairo	56.92
3	Ahmed Awny Galal	19	Ahly	56.82
4	Marwan Mourad Mohamed	18	Sporting	56.79
5	Yassin Hossam Elden Metwally	16	El Zohour	56.82
6	Danial Lotfy Wasef	18	Al Tersana	56.86
7	Seif Eldin Mohamed Hassan	21	Ahly	56.92
8	Malek Sherif Hayaty	16	Sporting	56.96
9	Mohamed Wael Ahmed	17	Ahly	57.01

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**Heat 50 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Ali Sherif Ali Mohamed	18	Shooting	56.71
1	Youssef Mohamed Abo Elyazeed Em.	16	Wadi Degla	56.68
2	Omar Tarek Abdel-Rahman	16	Ahly	56.54
3	Yossef Karim Nabil Elzawawy	17	Smouha	56.52
4	Youssef Hassan Salah	19	Cairo	56.51
5	Abdelmoez Ayman Gomaa	17	A S E C	56.52
6	Ibrahim Amr Saad	17	Ahly	56.53
7	Karim Adel Ahmed Bahgat	20	El Zohour	56.58
8	Yehia Ahmed Abd Elfatah Elsaid	16	Shooting	56.71
9	Hatem Ashraf Kamel	16	Gezira El Ward	56.77

**Heat 51 of 62 Timed Finals**

0	amr Maged Abdel Gawad	18	El Mekaweloun	56.50
1	Karim Mohamed El Gharabawy	18	El Zohour	56.48
2	Ahmed Mahmoud Elhourany	16	Ahly	56.47
3	Khalid Magde Mohamed	18	Pegasus Club	56.43
4	Omar Khaled Soliman	18	Hadak Al Ahram	56.41
5	Ahmed Ayman Mohamed Tammaa	16	Wadi Degla	56.41
6	aly Saleeh aly	16	Zamalek	56.45
7	Ali Mohamed Mousa	18	Tanta	56.48
8	Mazen Ashraf Mohamed Abdel	18	Bank Ahly Alex	56.48
9	Darren Dimitrios Chin	18	Sporting	56.50

**Heat 52 of 62 Timed Finals**

0	Hamza Ahmed Mohamed Ali	16	Bank Ahly Alex	56.32
1	Ahmed Adel Eshak	18	Wadi Degla	56.30
2	Abdelrahman Yasser	17	Smouha	56.19
3	Mostafa Adel Mohamed Samy	17	Shooting	56.17
4	Youssef Mostafa Mahmoud Dardery	18	Wadi Degla	56.10
5	Mohamed Ahmed Abd Elshafe Abas	17	El Shams	56.16
6	Saif Eldin Sherif Ahmed	16	Al Tersana	56.18
7	Ali Ali Hussein Ali	17	Heliolido	56.20
8	Abd el hay Ashour	17	El Shams	56.31
9	Malek Haytham Mohamed	17	Wadi Degla	56.37

**Heat 53 of 62 Timed Finals**

0	Mazen Karim Hassan	17	Ahly	56.10
1	Adham Hossameldin Abdallah	17	Zamalek	56.01
2	Marawan Hatem Abo Adma	18	Shooting	55.95
3	Waleed Samer Mahmoud	18	Ahly	55.90
4	Mostafa Magdy Nabil	19	Ahly	55.73
5	Adam Karim Hemdan Abdo	16	Shooting	55.81
6	Mohamed Nabil Kamal	17	Zamalek	55.93
7	Ali Mhmod Ibrahim Mohame	17	Smouha	55.97
8	Omar Mohamed Mostafa Elsa	19	Smouha	56.03
9	Tarek Ahmed Abdelwahab	19	Shooting	56.10

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**Heat 54 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Karim Ahmed Naser Abdelmee	17	Smouha	55.71
1	Abdel Rahman Khaled Zakaria	18	Ahly	55.66
2	Shady Mahmoud Nader	20	Ahly	55.54
3	Aly Ahmed Nagy	16	Ahly	55.40
4	Seif Mohamed Sayed	16	El Zohour	55.35
5	Omar Mohamed Ahmed Fathy	16	Shooting	55.35
6	Youssef Tamer Gaber Mohamed	17	Smouha	55.49
7	Fares Mohamed Farouk	19	Heliopolis	55.62
8	Marwan Mohamed Bakry Mohamed	17	Olympic	55.68
9	Eyad Sherif Hassan	16	Wadi Degla	55.71

**Heat 55 of 62 Timed Finals**

0	Zeid Mohamed Abdel-Azeem	16	Ahly	55.22
1	Mohamed Hazem Mehany	19	Police Club	55.15
2	Mostafa Omar Kamal Eldin	19	Bank Ahly Geza	55.14
3	Yehia Mohamed Saad Eldin	18	Wadi Degla	55.08
4	Moatasem Balaa Mostafa Ali	16	Pegasus Club	54.95
5	Mohamed Khaled Mohamed Ragab	17	Bank Ahly Alex	55.06
6	Karim amr Abd el Monem	18	Wadi Degla	55.09
7	Hamza Moh. Khairy Samra	17	El Gezira	55.15
8	Mazen Saied Gaber Ali	17	Smouha	55.16
9	Mohamed Ramy Mohamed	18	Ahly	55.23

**Heat 56 of 62 Timed Finals**

0	Yassin Hytam Hossam Eldin	17	Zamalek	54.89
1	Zeyad Saber Abd el Fatah	16	Hadak Al Ahram	54.79
2	Omar Mohamed Abdel Meguid	18	Ahly	54.71
3	abd Elrahman Mohamed Bader	18	Al Tersana	54.51
4	Hamza Ashraf El Marakby	16	Shooting	54.44
5	Mohamed Abdalla el Bosati	16	El Shrook	54.44
6	Abdelrahman Ahmed Mostafa	17	Electricity	54.55
7	Yehia Eslam Farouk	17	Ahly	54.74
8	Yosef Mohamed Abd El Halem	19	Heliopolis	54.83
9	Monzer Ahmed Amayem	16	Tanta	54.90

**Heat 57 of 62 Timed Finals**

0	Mohamed Nasr Ahmed	16	15 May	54.38
1	Zeyad Osama Zedan	17	Bank Ahly Alex	54.34
2	Mohamed Walid Azouz	19	Ahly	54.15
3	Mohamed Eslam Mohamed Elsaye	17	Smouha	54.00
4	Yamen Ayman Helmy	16	Tanta	53.97
5	Yehia Karim Nabil Elzawawy	17	Smouha	53.99
6	Sief Mohamed Salah	19	Tanta	54.07
7	Marwan Mostafa Mohamed Most	18	Smouha	54.31
8	Mohamed Taha Abd El Raouf	18	Wadi Degla	54.36
9	Yousif Mahmoud Mohammed Aly	17	Shooting	54.43

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**Heat 58 Timed Finals... (Event 97 Boys 14 & Over 100 LC Meter Freestyle)**

0	Ziad Ahamed Ragab Abd el Hamed	17	Shooting	53.82
1	Seif Walaa Antar	18	Wadi Degla	53.76
2	Omar Gaber Aly	18	Ahly	53.74
3	Waleid Mohamed Sobhy	20	Zamalek	53.68
4	Mohamed Hatem Mohamed Sery	16	Heliopolis	53.57
5	Saleh Hossam El Din Saleh	20	El Zohour	53.64
6	Aly Amr Ahmed Shaaban	21	Bank Ahly Alex	53.71
7	Adham Ayman Monir Hashem	18	Al Tersana	53.74
8	Adam HossamEldin Mohamed	16	Smouha	53.77
9	Islam Mohamed Nashaat	17	Maadi	53.84

**Heat 59 of 62 Timed Finals**

0	Mohamed Salama Gaber Salama	20	Smouha	53.46
1	Seif Sayed Mahmoud	17	Helwan Club	53.32
2	Abd ElRahman Mohamed Aiman	18	Shooting	53.22
3	Omar Ahmed Ibrahim Eid	27	Shooting	53.14
4	Ziad Tarek Mohamed	17	Wadi Degla	53.03
5	Ahmed Hazem Akram	18	Ahly	53.04
6	John Wael Nagy Mosad	17	Heliolido	53.17
7	SifEldin Hossam Mohamed Elsog	19	Smouha	53.25
8	Tarek Kamel Farouk	20	Zamalek	53.37
9	Mohand Tarik Mohamed Ali El	23	Smouha	53.49

**Heat 60 of 62 Timed Finals**

0	Mohamed Ahm. Aly Moh. Derbala	19	El Gezira	52.83
1	Ahmed Hattem Ahmed	18	Wadi Degla	52.72
2	Adam Shref Mostafa	19	Heliopolis	52.64
3	Mohab El Din Fathy	22	Sporting	52.56
4	Karim Ahmed Khaled Elewa	21	El Shams	52.44
5	Ahmed Wael el Mohandes	18	Heliopolis	52.47
6	Mohamed Ahmed Mohamed Elsaia	19	Smouha	52.60
7	Khaled Wael Sabre Abdelhame	16	Smouha	52.72
8	Eyad Sayed Fadl Alla	21	El Zohour	52.76
9	Omar Tarek Shehata A	18	Smouha	52.86

**Heat 61 of 62 Timed Finals**

0	Yousif Mohamed Soliman Omra	18	Smouha	52.35
1	Ziyad Ahmed Abdel Azim	21	Hadak Al Ahram	52.29
2	Mohamed Yaser Omar	18	Olympia	52.18
3	Omar Ahmed Samir Eldawody	16	Gezira El Ward	52.04
4	Abdel Rahman Amr Farag	16	Shooting	52.02
5	Mohamed Ayman Abdelsamea	16	Ahly	52.04
6	Mahmoud El Walid Abd El Karim	17	Maadi	52.11
7	Seif Mohamed Mehrez	22	El Zohour	52.23
8	Sherif Yaser Ali Meaabed	20	6th	52.32
9	Eyad Ahmed Zakaria	18	Ahly	52.39



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0	Khaled Abdel Naser Ali	24	Shooting	51.89
1	Mohamed Hany Elsayd	18	Hadak Al Ahram	51.68
2	Omar Mohamed Taha Radwan	23	Smouha	51.42
3	Yasin Wael Elshmaa	24	Sporting	50.57
4	Marwan Ismael Elkmash	30	Sporting	49.00
5	Yasin HossamEldin	20	Smouha	49.94
6	Mostafa Mohamed Al Tahan	23	Wadi Degla	51.14
7	Abdullah Ahmed Nasr	17	Hadak Al Ahram	51.52
8	Ibrahim Shams Eldin Mohamed	15	Ahly	51.75
9	Seif Tarek Mohamed Raslan	23	Zamalek	51.95