

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 15/11/2023 Eve

Event 84 Girls 14 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
2	Ayten Hassan Hamza	19	Smouha	NT
3	Joudy Moahmed Khedr	16	Smouha	NT
4	Mariam Ahmed Hassan	16	El Zohour	NT
5	Mariam Nader Sedky	16	Ismaily Sporting Club	NT
6	Hana Wael Magdi Mah . Elsaeed	17	El Gezira	NT
Heat 2 of 13 Timed Finals				
0	Shrin Ahmed Abdelkader	16	Sharks Team	NT
1	Salma Tarek ali	16	Enppi	NT
2	Menatalla Morsy	16	Smouha	NT
3	Salma Waled	19	Smouha	NT
4	Dilara Khaled Ahmed Mohamed	17	Olympic	NT
5	Shahd Ahmed Fouad	16	Zamalek	NT
6	Shahd Yousry Mohamed Hassan	18	Olympic	NT
7	Laila Ashraf Mohamed Mousa	16	Wadi Degla	NT
8	Gandan Ahmed Farouk	19	Shooting	NT
9	Menat Allah Abdel Hamed Soltan	17	El Mekaweloun	NT
Heat 3 of 13 Timed Finals				
0	Jana Hassan Abdel Fattah	18	Wadi Degla	NT
1	Jana Mohamed Mohamed	17	Ultimate	NT
2	Habiba Hany Ali	19	El Shams	NT
3	Gasmin Ahmed Monged	16	Ahly	NT
4	Habiba Mohamed AL Said	16	Rowad	NT
5	Malak Mohamed Abou Bakr	16	Wadi Degla	NT
6	Joumana Moataz Mohamed	16	Cairo	NT
7	Jana Fathy Salim Abbas	17	Taleaa El Gish Club	NT
8	Ronaz Mohamed Ahmed	17	Wadi Degla	NT
9	Mariam Amr Mohamed Youssef	18	Wadi Degla	NT
Heat 4 of 13 Timed Finals				
0	Hana Mohamed Hasaan	16	Zamalek	NT
1	Houda Moustafa Abo Ghaly	16	Maadi	1:37.00
2	Aisha Ahmed AbdElmagid	17	Sporting	1:34.95
3	Salma Osama Abdelkawy	16	El Ghaba	1:33.57
4	Malak Mohsen Yousef Abdelaziz	17	Moasasa Riadiiah Askaria	1:31.79
5	Karouleen Mgdey Gaad Geyd	16	6th	1:32.38
6	Farida Mostafa Mammdouh Mostafa	17	El Shams	1:33.90
7	Hana Mohamed Mohamed Saleh	17	Wadi Degla	1:35.61
8	Gana Mohamed Soliman	16	El Obour	1:46.92
9	Basmala amr aly	19	Olympic	NT
Heat 5 of 13 Timed Finals				
0	Sara Yaser Mohamed Mohame	19	Smouha	1:29.58
1	Aisel Mostafa Anwar	18	Ahly	1:29.04
2	Hana Magdy Hassan	16	Ahly	1:27.76
3	Mariem Mohamed abd Elmasoud	16	Cairo	1:27.50
4	Leila Ahmed Ebrahim Ali Eid	18	Heliolido	1:26.26
5	Basmala Ashraf Gamal	17	Cairo	1:27.43
6	Yassmin Ayman Abd ElHalim	17	El Shams	1:27.53
7	Hager Sameh Yoseef	17	El Zohour	1:28.58
8	Salama Mahmoud Khorshed	19	El Obour	1:29.30
9	Jana Hussin Mohamed Hussi	18	Smouha	1:30.00

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 15/11/2023 Eve

Heat 6 Timed Finals... (Event 84 Girls 14 & Over 100 LC Meter Backstroke)

0	Loujain Ibrahim Ibrahim	17	Ahly	1:24.67
1	Salma Sameh Wagdy Mohamed	16	Smouha	1:24.16
2	Alia Ali Mohamed	20	Heliopolis	1:22.88
3	Haya Ahmed Elsaid Abdo	16	6th	1:21.47
4	Hasnaa Ayman Ahmed Ali	17	Smouha	1:20.72
5	Yasamina Aslam Subhaa	18	Nasr City	1:20.75
6	Daren Ahmed Mohamed	16	Heliopolis	1:22.29
7	Lojain Ibrahim Mohmed Walash	17	6th	1:23.89
8	Nour Mohamed Abd El Hady	18	Sporting	1:24.33
9	Haya Mohamed Asharaf Makram	19	El Shams	1:25.41

Heat 7 of 13 Timed Finals

0	Retaga Mohamed Ahmed Magdy	17	Nasr City	1:20.16
1	Zena Nader Galal Moh. Bashandy	17	El Gezira	1:20.03
2	Rola Mostafa Salah	18	Shooting	1:19.50
3	Rofaida Khaled Hussein	16	Ahly	1:19.32
4	Salma Wael Ahmed Mohamed	16	El Zohour	1:18.85
5	Joudy Tamer Kamal	16	Smouha	1:19.02
6	Laila Khaled Elraai	19	Ahly	1:19.37
7	Esraa Ehab Zamel	19	Zamalek	1:19.91
8	Mariam Emad gad Hosney	16	El Shams	1:20.13
9	Habeba Mostafa Gamal Eldeen	17	Gezira El Ward	1:20.64

Heat 8 of 13 Timed Finals

0	Judy Hesham Kamal	16	Wadi Degla	1:18.78
1	Haneen Tamer Ahmed	16	Wadi Degla	1:18.13
2	Malek Essam Eldin	19	Elethead	1:18.00
3	Logien Ahmed Elsherif	16	Shooting	1:17.42
4	Lamar Ahmed Mohamed	16	Elethead	1:16.94
5	Lena Ahmed Adel Smaha	16	Heliopolis	1:17.31
6	Hana Mohie el den Osman	19	Heliopolis	1:17.66
7	Goudy Ahmed Hanafy	16	Ahly	1:18.01
8	Gana Mohamed Khedr	19	Ahly	1:18.50
9	Yasmen Ahmed Basim	17	Sporting	1:18.83

Heat 9 of 13 Timed Finals

0	Kenzy Tamer Ahmed Abdelham	17	Smouha	1:16.27
1	Mai Khaled Abdeltif	20	Wadi Degla	1:16.19
2	Farida Haitham Nabil Ali Za	17	Smouha	1:15.80
3	Zena Mahmoud Mohamed Mosa	18	El Ghaba	1:15.53
4	Goudy Mohamed Hossam	16	Ahly	1:15.31
5	Amina Alaa Elhamouly	16	Sporting	1:15.43
6	Razan Hossam El Gebaly	16	Wadi Degla	1:15.66
7	Rana Ahmed Mahmoud Tawfik	17	Shooting	1:16.10
8	Gana Wael Youssef Mahmoud	17	Wadi Degla	1:16.22
9	Nour Amgad Ali Fahmy	16	El Shams	1:16.66

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 15/11/2023 Eve

Heat 10 Timed Finals... (Event 84 Girls 14 & Over 100 LC Meter Backstroke)

0	Reem Ameer Abd Elwahab	16	Shooting	1:15.12
1	Na'eela Wael Elagroudy	16	Sporting	1:14.75
2	Rokaia Gamal Mohamed	17	Ahly	1:14.47
3	Yasmine Yasser Mamdouh	19	Shooting	1:13.87
4	Yasmena Ahmed Saad	16	Smouha	1:13.83
5	Salma Mohamed Ezzat Mohamed	16	Wadi Degla	1:13.86
6	Haya HossamEldin Kndel	18	Smouha	1:14.15
7	Noor Kamel ElNagar	19	Sporting	1:14.70
8	Lama Tamer Mohamed Ahmed	18	Smouha	1:14.83
9	Alia Khaled Mohamed Ghorab	17	El Gezira	1:15.30

Heat 11 of 13 Timed Finals

0	Fatima Haytham Abd ElMeneam	19	Tanta	1:13.66
1	Hana Tarek Yehia	16	Ahly	1:13.38
2	Kenzy Mohamed el Sebaey	17	Cairo	1:12.70
3	Hagar Mohamed Ibrahim Abde	17	Smouha	1:11.57
4	Laila Tarek Mostafa	16	Wadi Degla	1:11.32
5	Mariam Sherif Mohamed Shawky	17	Maadi	1:11.42
6	Yasmine Sharif AbdElAziz Galal	19	El Shams	1:11.93
7	Jassmin Mohamed Abdel Kader	16	Wadi Degla	1:13.07
8	Noor Tamer Abdelrhim Mohamed	16	El Shams	1:13.58
9	Nouran Mahmoud Mohamed	18	Wadi Degla	1:13.80

Heat 12 of 13 Timed Finals

0	Khadega abd el Azez Glal	16	Heliopolis	1:11.17
1	Shahd Ahmed Abd Elbaky	19	Sporting	1:10.83
2	Jana Mohamed Omar Mohamed Elde	17	El Shams	1:10.79
3	Loujain Youssef Ahmed	20	Ahly	1:10.56
4	Salma Ahmed Elsaid	15	Gezira El Ward	1:09.58
5	Fatma Mohamed Klel Ebrahim	19	6th	1:10.13
6	Kenzy Ahmed Ali	20	Ahly	1:10.66
7	Louloua Modather Hassan	14	Wadi Degla	1:10.81
8	Rofaida Mahmoud Mohamed Hass	17	15 May	1:10.84
9	Farida Sherif Ahmed Taha	16	Shooting	1:11.28

Heat 13 of 13 Timed Finals

0	Malak Mokhtar Mohamed	17	Wadi Degla	1:09.46
1	Hala Amr	15	El Ghaba	1:08.71
2	Marem Ahmad Abdelgafar Ahm	15	Smouha	1:08.57
3	Farida Amr Mohamed Abd El Moteli	18	Shooting	1:06.64
4	Malak Waled Essam Shabana	19	Smouha	1:06.00
5	Farah Amr Abdel Motaleib	20	Shooting	1:06.62
6	Maya Kamal Mohamed Mhmod	17	Smouha	1:06.71
7	Mariem Mohamed Emad Fahmy	18	Maadi	1:08.63
8	Hanan Ahmed Mohamed Mahmoud	18	Bank Ahly Alex	1:08.83
9	Rokan Tamer Ismail	15	Shooting	1:09.50

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 15/11/2023 Eve

Event 85 Boys 14 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 27 Timed Finals				
1	Ahmed Mohamed Sobhy Hussie	16	Zamalek	NT
2	Youssef Hossam Awed	17	Taleaa El Gish Club	NT
3	Anas Ahmed Elsaied	16	Zamalek	NT
4	Oubay Mahmoud	17	El Temsah	NT
5	Saif Ahmed abd Elmoniem Emarah	20	El Shams	NT
6	Assr Ahmed Aly Fekry	16	6th	NT
7	Omar Mahmoud Mostafa	16	Shooting	NT
8	Yousef Waled Al Sayed Al Banawy	21	El Gezira	NT
Heat 2 of 27 Timed Finals				
0	abd Elrahman Mohamed Bader	18	Al Tersana	NT
1	Marawan Ahmed Salah	19	Wadi Degla	NT
2	Yasien Walid aly	16	Zamalek	NT
3	Omer Adil Ismat Moani	16	The Republic Of The Sudan	NT
4	AbdElrhman Mhmoud Yuones Fatha	20	Smouha	NT
5	Mazen Saied Gaber Ali	17	Smouha	NT
6	Adam Sameh Mohamed	16	Hadak Al Ahram	NT
7	Ziad Shref Housen	19	Heliopolis	NT
8	Amr Khaled Abdelfattah	16	Ahly	NT
9	Adam Ahmed Fouad Hab Elroman	16	Wadi Degla	NT
Heat 3 of 27 Timed Finals				
0	Ahmed Osama Khalil	17	El Ghaba	NT
1	Amr Zakaria	16	Shooting	NT
2	Yassin Hany Mahmoud	16	Heliolido	NT
3	Mohamed Ashraf Abdel Hay	22	Ahly	NT
4	Abdalla Mohamed Mhfoz Frg	16	6th	NT
5	Adham Bareaa Abdel Ghany	16	Ahly	NT
6	Abdalla Mohamed Abbas	16	El Ghaba	NT
7	Yasien Hytham Fayez	16	Cairo	NT
8	Seif Mostafa Elkady	18	Ahly	NT
9	Seif Tamer Omran	20	Wadi Degla	NT
Heat 4 of 27 Timed Finals				
0	Ahmed Tarek Hosny Mohamed	16	El Zohour	NT
1	Mohamed Mahmoud Khalil	16	Marina Sporting Club Hurghada	NT
2	Hazem Ahmed Abdallah Fouda	16	City Club	NT
3	Omar Hany Sayed Khalel	16	Wadi Degla	NT
4	Yasen Amro Yasen Abd Elrahman M:	20	El Gezira	NT
5	Marawan Emad Hamed	18	Ahly	NT
6	Abo Bakr Hesham Mohamed	16	Ahly	NT
7	Abdelrahman Ahmed Mohamed	19	El Obour	NT
8	Karim Gamal Abd Elsalam	16	Shooting	NT
9	Hamza Mostafa Mohamed	17	Palm Hills	NT

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 15/11/2023 Eve

Heat 5 Timed Finals... (Event 85 Boys 14 & Over 200 LC Meter IM)

0	Mahmoud Ahmed Abd Elshafe Abas	17	El Shams	NT
1	Youssef Mostafa Hanafy	18	Wadi Degla	NT
2	Mohamed amr Abdelgawad	17	Al Tersana	NT
3	Saged Ayman AbdEllatif	18	Smouha	NT
4	Youssef Tamer Mohyeldin	16	Smouha	NT
5	Yossef Yehya Ibrahim	17	El Ghaba	NT
6	Saif Eldin Waled Abdel Razik	20	Wadi Degla	NT
7	George Ashraf Nasseem	17	Talbeia	NT
8	Mazen Tamer Mostafa	16	Wadi Degla	NT
9	Marwan Ahmed Reda	18	Marina Sporting Club Hurghada	NT

Heat 6 of 27 Timed Finals

0	Mazen Karim Hassan	17	Ahly	NT
1	Adam Mohamed Saied	16	Zamalek	NT
2	Ahmed Emad Samir Hassan	18	Heliolido	NT
3	Aser Hesham Raft Mhmoud	16	6th	NT
4	Omar Ehab Elfaham	19	Sporting	NT
5	Mohamed Khalid Mohamed	16	Zamalek	NT
6	Youssef Hassan Salah	19	Cairo	NT
7	Yosef Hatem ali Ahmed	16	Al Hawar	NT
8	Yousif Ahmed Hamdy Borham	19	Smouha	NT
9	Omar Mohamed Atif	16	El Obour	NT

Heat 7 of 27 Timed Finals

0	Marawan Osama Samra	16	Heliopolis	NT
1	Osama Ahmed Osama	19	Wadi Degla	NT
2	Ahmed Hany Eltanahy	16	Olympia	NT
3	Youssef Nader Farag	19	Ahly	NT
4	Omar Hany Mohamed Samir	16	Shooting	NT
5	Moaaz Ahmed Mohamed Ahmed	16	El Nasr Club	NT
6	Ahmed Akram Abbas	27	Ahly	NT
7	Ahmed Ayman Mohamed Tammaa	16	Wadi Degla	NT
8	Eyad Ahmed Fathy Farag	16	El Mekaweloun	NT
9	Karim Mohamed Samy	20	Ahly	NT

Heat 8 of 27 Timed Finals

0	Marwan Mohmed Hamed	16	Cairo	NT
1	Ziad Emad Atya	16	Wadi Degla	NT
2	Hady Ahmed Sayed Ahmed	19	Al Tersana	NT
3	Karim Ahmed Khaled Elewa	21	El Shams	NT
4	AbdelRahman Ehab Elshimy	16	Sporting	NT
5	Mostafa Khaled Fathy	16	Talbeia	NT
6	Omar Moatasem Mahmoud	16	El Ghaba	NT
7	Mohamed Diaa Eldeen Mohamed	17	Nasr City	NT
8	Mohamed Ayman Abdelsamea	16	Ahly	NT
9	abd Elrahman Nassar	16	Talbeia	NT

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 15/11/2023 Eve****Heat 9 Timed Finals... (Event 85 Boys 14 & Over 200 LC Meter IM)**

0	Mohamed Taha Abd ElHaimd	16	El Shams	NT
1	Adham Karm Refaaey	18	Ahly	NT
2	Moaaz Mohamed Sayed Soliman	16	Ahly	NT
3	Youssef Moatsem	17	Wadi Degla	NT
4	Eyad Ahmed Mostafa Bastawy	17	El Ghaba	NT
5	Yousef Mahmoud Mohamed Sabry	17	El Shams	NT
6	Sofyan Hassan Mohamed	16	Ismaily Sporting Club	NT
7	Ahmed Hassan A.Aziz	17	Wadi Degla	NT
8	Seifallah Mahmoud Ahmed	16	El Ghaba	NT
9	Amro Nabil Ibrahim	17	Faros	NT

Heat 10 of 27 Timed Finals

0	Omar Mohamed Omar Sofy	16	Shooting	NT
1	Ziad Akram Hamdy	16	El Nasr Club	NT
2	Hazem Mostafa Hassan	16	Hadak Al Ahram	3:08.14
3	Ziad Wael Mohamed	19	Zamalek	2:55.08
4	Mohamed Ahmed Omar Mohamed	17	Zamalek	2:52.05
5	Abdelalah Ahmed Sayed	17	Al Tersana	2:52.74
6	Mohaned Walid Mohamed	16	Shooting	3:00.53
7	Ahmed Hamed Abaas	18	Talbeia	NT
8	Abdelrhman Hesham Abdelaliem	17	El Nasr Club	NT
9	Zeineldin Mohamed Zidan	16	Zamalek	NT

Heat 11 of 27 Timed Finals

0	Adham Ayman Mohamed	16	Moasasa Riadia Askaria	2:48.87
1	Seif El Din Essam Reda	16	Palm Hills	2:46.61
2	Adam Hany Ali	16	Wadi Degla	2:46.24
3	Marwan Tarek Rashed Abd ElHamid	16	El Shams	2:45.83
4	Hazem Khaled Abdalla	16	El Ghaba	2:43.48
5	Ahmed Ayman Hassan Kabil	17	Shooting	2:44.21
6	Lotfy Mohamed Lotfy	16	Wadi Degla	2:46.16
7	Abdelrahman Ahmed Sayed	17	Al Tersana	2:46.25
8	Mahmoud Moustafa Lotfy	16	Heliopolis	2:48.36
9	Hamza Mohamed Riad Mohamed EL	16	El Shams	2:50.09

Heat 12 of 27 Timed Finals

0	Abdel Rahman Mohamed Moustafa	18	El Obour	2:42.01
1	Ahmed Mohamed Elzawawy	16	Tanta	2:41.38
2	Abdullah Hany Badr Eldin	16	Wadi Degla	2:40.85
3	Youssef Ahmed Ibrahim ElSayed	16	El Shams	2:39.26
4	Marwan Mohamed Ahmed	17	Enppi	2:38.81
5	Youssef Mostafa Gamal	16	Ahly	2:38.98
6	Eslam Mostafa Mohamed Saed	16	Wadi Degla	2:39.56
7	Ahmed Ahmed Ibrahim Ibrahim	16	Wadi Degla	2:41.09
8	Yassin Essam Mohamed El Damaty	22	El Shams	2:41.79
9	Nabil Ahmed Ibrahim AbdElkader	16	Moasasa Riadia Askaria	2:42.74

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 15/11/2023 Eve

Heat 13 Timed Finals... (Event 85 Boys 14 & Over 200 LC Meter IM)

0	Yasin Tarek Mostafa	17	Heliopolis	2:38.43
1	Aley Yassen Aaref Ateya Kaoud	16	Shooting	2:38.24
2	Yousif Alaa Samir	16	Al Tersana	2:37.29
3	Hussein Mohamed Aly	16	Ahly	2:36.93
4	Habib Yahya Mohamed	18	Shooting	2:35.98
5	Hussein Mohamed Hussein	16	Talbeia	2:36.18
6	Aly Moh. Khaled Aly Moh. Yosef	16	El Gezira	2:37.25
7	AbdelRahman Mohamed Sayed	18	El Obour	2:38.12
8	Omar Ahmed Mansor	19	Sporting	2:38.27
9	Youssef Mamoud Ahmed	16	Talbeia	2:38.43

Heat 14 of 27 Timed Finals

0	Abd Alla Karim Ashraf Mahgoub	18	El Gezira	2:34.78
1	Abdelrahman Hazem aly	16	Zamalek	2:34.34
2	Mahmoud Ahmed Yehya	16	Wadi Degla	2:34.21
3	Mohamed Hany Ahmed Hassan	17	El Shams	2:33.81
4	Youssef Ahmed Abo Elhassan	16	Wadi Degla	2:33.75
5	Abdel Rahman Walid Abdel Azeem	16	Ahly	2:33.76
6	Moaaz Wael Sayed Ahmed	17	Shooting	2:33.84
7	Omr Sameh AbdelMoezMostfa	16	6th	2:34.24
8	Yehia Ahmed Abbas Abou	16	El Ghaba	2:34.37
9	Ali Ahmed Soliman Ali	18	Rowad	2:35.07

Heat 15 of 27 Timed Finals

0	Ahmed Mohamed Abdelaziz	17	Moasasa Riadia Askaria	2:33.08
1	Ali Hesham Moh. Fekre Shrif	19	El Gezira	2:32.43
2	Yossef Sayed Ahmed Elsayed	16	El Ghaba	2:32.11
3	Ahmed Ramee Ahmed Hashem	16	6th	2:31.49
4	Yassuin Zeyad Mohamed Hashem	17	Platinum	2:31.21
5	Yehia Samer Wafek	16	Heliopolis	2:31.48
6	Mohamed Nashaat Abdelhamid	17	Zamalek	2:31.78
7	Adham Mohamed abd Aziz	16	Nasr City	2:32.40
8	Mohamed Ahmed abd Elmohsen	16	Wadi Degla	2:32.65
9	Mohamed Yasser Mohamed Elgha	16	Smouha	2:33.12

Heat 16 of 27 Timed Finals

0	Mahmoud Ashraf El Gayash	16	Wadi Degla	2:31.08
1	Ahmed Sameh Adel	18	Cairo	2:30.31
2	Yehia SeifEL din EL Marghany	18	El Shams	2:30.21
3	Hamza Hammad Mohamed	17	Wadi Degla	2:29.42
4	Ayad Hatem Fouad	17	Zamalek	2:28.61
5	Blal Mohamed Abdelghany	17	Al Tersana	2:29.07
6	Omar Mohamedm Hamza Osman	18	Bank Ahly Geza	2:29.59
7	Ahmed Hosam Hekal	16	Heliopolis	2:30.26
8	Yousef Khaled A.Elrahman Bayomy	20	Wadi Degla	2:30.81
9	Omar Ibrahim Mohamed	19	Ahly	2:31.19

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 15/11/2023 Eve

Heat 17 Timed Finals... (Event 85 Boys 14 & Over 200 LC Meter IM)

0	Adham Ahmed Hamada Ahmed Har	16	El Shams	2:28.44
1	Ahmed Hesham Nageib	20	Zamalek	2:28.38
2	Kamal El Din Mokhtar	19	Wadi Degla	2:28.12
3	Abd ElRahman Mohamed Salah ElSa	16	El Shams	2:27.87
4	Yousif Gaseer Migahed	16	Zamalek	2:27.55
5	Malek Khaled Mahmoud Abady	16	Bank Ahly Alex	2:27.72
6	Mohamed Ahmed Fouad	18	Ahly	2:28.00
7	Omar Mohamed Abdelhafez	17	Mansheit Naser	2:28.37
8	Nagy Ahmed Mohamed	16	Talbeia	2:28.40
9	Ahmed A.Allah Mohamed	17	Wadi Degla	2:28.60

Heat 18 of 27 Timed Finals

0	Mazen Mohamed Mohamady Mahm	16	El Nasr Club	2:26.81
1	Yousif Mahmoud Mohammed Aly	17	Shooting	2:26.69
2	Omar Mohamed Mostafa Elsa	19	Smouha	2:26.49
3	Omr Hany Abdelwhab	16	El Ghaba	2:26.09
4	Sief El Din Mohamed Moslm	17	Sporting	2:25.86
5	Adam Hossamaldin Abdallah	17	Zamalek	2:26.07
6	Moustafa Essam Wahba	16	Sporting	2:26.15
7	Ahmed Mosaad AboASerie	17	15 May	2:26.55
8	Ziad Moahmed Salaheldin M	17	Smouha	2:26.81
9	Eyad Alaa El Kholy	16	Wadi Degla	2:27.33

Heat 19 of 27 Timed Finals

0	Omr Ahmed Farouk	17	Cairo	2:25.77
1	Adham Ashraf Shawky Mohame	16	Zamalek	2:25.39
2	Ahmed Hassan Ahmed Hassan	17	Wadi Degla	2:25.16
3	Ammar Mohamed Mohamed	16	15 May	2:24.77
4	Farouk Galal Ahmed	17	Ahly	2:24.26
5	Abdullah Wael Abdellrazik	17	Wadi Degla	2:24.71
6	Ali Shref Ali Abdelkader	16	Smouha	2:25.00
7	Seif Eldin Mohamed Hassan	21	Ahly	2:25.39
8	Mohamed Amr Hussein	17	Wadi Degla	2:25.57
9	Youssef Haitham Bahaa Abdelfatah	16	Wadi Degla	2:25.86

Heat 20 of 27 Timed Finals

0	Omar Gawad Mohamed	17	Cairo	2:24.02
1	Ibrahim Ehab Elkasas	16	Ahly	2:23.30
2	Marawan Walid Noshy	16	Ahly	2:23.11
3	Omar Mohamed Yehia	16	Wadi Degla	2:22.72
4	ali Ahmed Mohamed Ismail	16	Wadi Degla	2:22.65
5	Mostafa Adel Ibrahim Khalil	19	Smouha	2:22.66
6	Abdelrahman Ashraf Abdelattif	19	Ahly	2:23.09
7	Hanna Refaat Hanna Awadalla	17	Heliolido	2:23.18
8	Marwan Medhat Ali Abd ElHamid	16	El Shams	2:23.65
9	amr Khaled abd Elmaksoud Ismail	18	Olympic	2:24.03

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 15/11/2023 Eve****Heat 21 Timed Finals... (Event 85 Boys 14 & Over 200 LC Meter IM)**

0	Karim amr Abd el Monem	18	Wadi Degla	2:22.32
1	Omar Amir Mohamed Hazem	17	Ahly	2:22.07
2	Ibrahim Yasser Farahat AbdElMagid	17	Maadi	2:21.84
3	Abdel Rahman Ahmed Ali	17	Wadi Degla	2:21.22
4	Mazen Mohamed Salah	17	El Ghaba	2:21.03
5	Karim Osama Ibrahim Abd ElMoaty	16	Maadi	2:21.11
6	Hamza Ahmed Morsi Morsi Ahmed	17	6th	2:21.29
7	Yousf Aymn Ebrahim Ahmed	18	6th	2:21.91
8	John Wael Abdel Malek	16	Wadi Degla	2:22.19
9	Mohamed Haytham Ahmed	16	Ahly	2:22.46

Heat 22 of 27 Timed Finals

0	Adham Elsayed Ali	16	Wadi Degla	2:20.66
1	Mahmoud Mohamed Moharam el M	16	Al Hawar	2:20.52
2	Yousef Mohamed Ezzat Zaki Elmalla	16	Stad Mansoura	2:20.22
3	Moamen Walid Monir Hassan	16	El Ghaba	2:19.70
4	Abd ElFatah Mohamed Abd ElFatah	17	Tanta	2:19.30
5	Eyad Mohsen Isamil ali	16	El Shams	2:19.57
6	Zeyad Karm Mohamdeen	19	Ahly	2:20.11
7	Moamen Khalid Mohamed	18	Zamalek	2:20.26
8	Eyad Hany Mohamed Maheeb	17	El Shams	2:20.65
9	Abdalla Gasser AbdelLatif	18	Ahly	2:20.89

Heat 23 of 27 Timed Finals

0	Yosef Ahm. Ebrahim Hebesha	17	El Gezira	2:18.88
1	Mahmoud Ahmed Eltablawy	17	El Zohour	2:18.19
2	Youssef Abdel Aziz Alaa	17	Wadi Degla	2:17.87
3	Karim Adel Ahmed Bahgat	20	El Zohour	2:17.59
4	Mohamed Eslam Mohamed Elsaye	17	Smouha	2:17.44
5	Hamza Ashraf El Marakby	16	Shooting	2:17.46
6	Omar Tamer Ahmed	17	El Ghaba	2:17.63
7	Yassien Yasser Hassan	16	Smouha	2:17.90
8	Zeiad Hamdy Amin Ossman	20	Zamalek	2:18.57
9	Adham Hossameldin Abdallah	17	Zamalek	2:19.21

Heat 24 of 27 Timed Finals

0	Nour Eldin AlaaEldin Abdalwhab Sh	17	6th	2:17.15
1	Malek Mohamed Bazan	16	Maadi	2:16.98
2	Yassin Esam El Din	19	Sporting	2:16.29
3	Hamza Moahmed Mhmoud	16	Smouha	2:15.99
4	Omar Gaber Aly	18	Ahly	2:15.77
5	Khaled Hesham Ahmed	16	Elethead	2:15.99
6	Farouk Mohamad Elgedely	16	Smouha	2:16.06
7	Gamal Metwaly Gamal Mohamed	20	El Zohour	2:16.44
8	Mazen Ismail Mohamed Ismail	19	Maadi	2:17.12
9	Seif Amr Mahmoud Alsokry	17	6th	2:17.22

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 15/11/2023 Eve****Heat 25 Timed Finals... (Event 85 Boys 14 & Over 200 LC Meter IM)**

0	Youssef Tamer Mohamed Hamed	18	Wadi Degla	2:15.41
1	Ali Ahmed Abdulmageed	16	El Gezira	2:15.12
2	Adham Ahmed Mohamed	15	Shooting	2:14.74
3	Omar Hany Abdalla	21	Ahly	2:13.96
4	Omar Ahmed Hassan Ryaan	18	El Shams	2:13.70
5	Saif ELDIn Sameh A.Elmoaez	20	Wadi Degla	2:13.92
6	Omar Mohamed Taha Radwan	23	Smouha	2:14.44
7	Khaled Wael Sabre Abdelhame	16	Smouha	2:14.76
8	Yosef Mohamed Abd El Halem	19	Heliopolis	2:15.40
9	Kareem Ahmed Ibrahim	17	Sporting	2:15.64

Heat 26 of 27 Timed Finals

0	Seif Ahmed Hegazy	19	Ahly	2:13.14
1	Abd El Rahman Hisham Fathalah	17	Sporting	2:12.96
2	Ahmed Tarek Mohamed	19	Shooting	2:11.91
3	Ahmed Mohamed Ahmed ali	17	Shooting	2:11.45
4	Eyad Sayed Fadl Alla	21	El Zohour	2:11.04
5	Yassen Mohamed Abdelgwad	17	Faros	2:11.37
6	Youssef Amr Sayed	17	Wadi Degla	2:11.81
7	Saied Mohamed Abd Elgawad	20	Sporting	2:12.49
8	Ziad Tarek Mohamed	17	Wadi Degla	2:13.13
9	Omar Ahmed Salah	17	Ahly	2:13.52

Heat 27 of 27 Timed Finals

0	Abdel Rahman Amr Farag	16	Shooting	2:09.93
1	Ali Mohamed Ali Hasan El	18	Bank Ahly Alex	2:09.64
2	Ibrahim Ahmed Ibrahim	22	Sporting	2:09.17
3	Yousef Adel Ramadan	18	El Shams	2:07.76
4	Yasin Wael Elshmaa	24	Sporting	2:05.21
5	Karem Magdy Ismail	23	Sporting	2:06.30
6	Mohaned LiwaaEldin Ali	18	Smouha	2:08.71
7	Moahmed Ahmed Salem Hassan	16	Smouha	2:09.47
8	Adam Yousry Bebars	17	Ahly	2:09.64
9	Ibrahim Shams Eldin Mohamed	15	Ahly	2:10.00