

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 11/11/2023 Eve

## Event 64 Girls 14 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Timed Finals</b>				
3	Gana Ahmed Ibrahim	14	Zamalek	NT
4	Hana Adel Ismaiel	14	El Mekaweloun	NT
5	Hoda Mahmoud Mohamed	14	El Nasr Club	NT
6	Marim Khaled Khalil Hegab	14	6th	NT
<b>Heat 2 of 7 Timed Finals</b>				
0	Nour Mohamad Ramzy	14	Swim Home	NT
1	Hala Hassan Mohamady	14	El Mekaweloun	NT
2	Lila Hossam Hassan Kamel Ali	14	El Shams	NT
3	Loujynah Mahmud M.Shawer	14	Tanta	NT
4	Jana Mohamed Hassan	14	El Mekaweloun	5:57.28
5	Retag Waled Sayed	14	El Mekaweloun	NT
6	Dima Amir Abdallah	14	Wadi Degla	NT
7	Maryam Ahmed Mohammed	14	Zahraa Helwan	NT
8	Ayten Ahmed Elmanzalawi	14	Shooting	NT
9	Hana Ekhaa Walaa Zaki	14	Smouha	NT
<b>Heat 3 of 7 Timed Finals</b>				
0	Rawan Ahmed Mohamed	14	Enppi	5:41.76
1	Gana Mohamed Kassem	14	Enppi	5:40.73
2	Salma Ahmed Eltalkhawy	14	Olympia	5:26.22
3	Malak Aliywa Abd-elaziz	14	El Ghaba	5:24.55
4	Rodaina Mohamed Elhouseiny	14	Ahly	5:20.74
5	Kinzy Ahmed Sayed	14	El Shams	5:22.57
6	Sara Hesham El-alfy	14	El Ghaba	5:26.13
7	Farida Mohamed Abdelsalam	14	Smouha	5:31.11
8	Haneen Mohamed Esmael	14	El Obour	5:40.89
9	Salma Ayman Salah AbdElRah	14	Moasasa Riadiah Askaria	5:49.87
<b>Heat 4 of 7 Timed Finals</b>				
0	Gudy Walied Adly	14	El Shams	5:18.81
1	Mariam Yousef Soliman	14	Olympia	5:18.05
2	Karma Farid Zaky	14	Shooting	5:15.45
3	Rahf Ahmed Mohamed	14	Ahly	5:09.98
4	Tamara Mohamed Abd Elkader Elas:	14	Heliopolis	5:09.21
5	Zaina Haitham Mohamed	14	Shooting	5:09.43
6	Salma Ahmed Abd el Wahab	14	Wadi Degla	5:11.85
7	Lougain amr Saeid	14	Zamalek	5:15.77
8	Judy Khaled Sayed	14	Wadi Degla	5:18.64
9	Noureen Mohamed Hazem	14	Ahly	5:19.12
<b>Heat 5 of 7 Timed Finals</b>				
0	Zeina Eslam Fayez	14	Shooting	5:07.74
1	Goudy Mohamed Mahmoud Moha	14	Zamalek	5:06.15
2	Jana Mohamed Amr	14	El Zohour	5:04.75
3	Tasneem Mohamed Mahros	14	Ahly	5:03.45
4	Joudy Mohamed Ibrahim	14	El Zohour	5:00.93
5	Khadija Sameh Abd Eihameed	14	El Zohour	5:02.53
6	Malak Youssef Abdelrahman	14	Smouha	5:04.23
7	Fareeda Mohamed Abd El Monen	14	Shooting	5:04.84
8	Malak Ahmed Salah	14	Rowad	5:06.56
9	Hana Mohamed Ibrahim	14	Pegasus Club	5:08.81

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0	Jana Hesham Mohsen	14	Smouha	5:00.10
1	Sumaya Abdullah Muhammad	14	Pegasus Club	4:59.53
2	Diala Mohamed Amin Ali	14	El Zohour	4:56.00
3	Salma Ehab Ahmed Hany	14	Bank Ahly Alex	4:55.08
4	Halla Wael Mohamed	14	Wadi Degla	4:52.19
5	Martena Nasr Atya	14	Talbeia	4:54.36
6	Maya Mahmoud Sakr	14	Smouha	4:55.91
7	Malak Sherif Mohamed Mohamed	14	6th	4:57.27
8	Rodaina Khaled Mahmoud	14	Heliopolis	4:59.90
9	Yara Ahmed Mostafa	14	El Temsah	5:00.85

**Heat 7 of 7 Timed Finals**

0	Salma Hisham Abdalaa	14	Zamalek	4:51.32
1	Joudy Raafat Abdelhamid Sayed	14	Pegasus Club	4:51.26
2	Lara Haitha Mohamed Mohamed	14	Maadi	4:49.58
3	Goudy Ibrahim Khaliel Ibrahim	14	El Shams	4:48.67
4	Noran Mohamed Emad Fahmy	14	Maadi	4:37.95
5	Roudaina Samy Mohamed	14	Ahly	4:47.56
6	Taleen Tarik Ahmed	14	Hadak Al Ahram	4:49.31
7	Salma Mohamed Ibrahim Abdelglil	14	Stad Mansoura	4:49.75
8	Yara Yahya Fathy	14	Hadak Al Ahram	4:51.29
9	Sara Ayman Abdelmageed Zaky	14	El Zohour	4:51.66

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 11/11/2023 Eve

## Event 65 Boys 14 Year Olds 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Timed Finals</b>				
3	Ali Abdallah Ahmed	14	Wadi Degla	NT
4	Yassien Osama Fouad	14	El Shams	NT
5	Yassin Ali Mohamed Atef	14	Wadi Degla	NT
<b>Heat 2 of 7 Timed Finals</b>				
0	Mahmoud Mohamed Ahmed Hany	14	Shooting	NT
1	Mohamed Kamal Abdelkader aly	14	Zamalek	NT
2	Isma'el Mohamed Isma'elmoam	14	Rowad	NT
3	Abdelrahman Kassem	14	Talbeia	NT
4	Loay Karim Bartakh	14	Olympia	NT
5	Mouaaz Magdy Mohamed Eldeb	14	Zamalek	NT
6	Abdelrhman Mohamed Mohamed Al	14	Bank Ahly Alex	NT
7	Yassin Khaled Shrif Mohamed	14	Bank Ahly Alex	NT
8	Ahmed Ibrahim Ibrahim	14	Canal El Suez	NT
<b>Heat 3 of 7 Timed Finals</b>				
0	Ali Waled Adel	14	Al Tersana	23:43.05
1	Mahmoud Haitham Jameel	14	Shooting	20:12.83
2	Abdelrahman Mohamed Khedr	14	El Mekaweloun	19:44.91
3	Omar Waled Sherif	14	Smouha	19:31.05
4	Mohanad Ahmed Elsayed	14	El Mekaweloun	19:24.08
5	Eyad Mahmoud Khalaf	14	Olympia	19:26.38
6	Sherief Yaseer Saeid	14	Zamalek	19:44.53
7	Mohamed Nasser Abdel Fattah	14	Ahly	19:58.22
8	Fathy ali Fathy	14	Talbeia	20:29.91
9	Mazen Mohamed Elmetwaly	14	Sharks Team	NT
<b>Heat 4 of 7 Timed Finals</b>				
0	AL Moataz Belah Aly Mohamed	14	Rowad	19:17.70
1	Mohamed Amr Kamal ElDin	14	Maadi	19:12.15
2	Bola Mina Maher	14	Sharks Team	19:04.97
3	Moaz Ahmed Abdallah	14	El Shams	19:01.15
4	Adham Khaled Salah Eldin Mohamed	14	Moasasa Riadia Askaria	18:56.17
5	Ali Mohammed Elatroush	14	Olympia	18:56.52
6	Mohamed Hashem Mohamed	14	Smouha	19:04.85
7	Mostafa Wageh Gamaleldein	14	Smouha	19:08.31
8	Ahmed Amr Magdy	14	Rowad	19:13.35
9	Mahmoud Elmetwaly Mohamed Abd	14	Gezira El Ward	19:19.23
<b>Heat 5 of 7 Timed Finals</b>				
0	Abdalah Elsayed sad Elden	14	Swim Home	18:50.41
1	Yehia Waseem Mohamed	14	Ahly	18:36.97
2	Abdelrhman Mohamed Abdelrazek	14	6th	18:31.36
3	Ahmed Mohamed Nabel Mohamed	14	El Shams	18:26.65
4	Kariem amr Mouhmed	14	Cairo	18:21.23
5	Bilal Yaser Mohamed Saad	14	El Shams	18:25.69
6	Seif Jousef Anas	14	Heliopolis	18:30.13
7	Mohamed Alaa Farouk Shaltout	14	6th	18:31.67
8	Omar Ehab Mostafa	14	Ahly	18:49.28
9	Yassien Ashraf Mohamed Mahmoud	14	El Shams	18:51.34

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0	Mohand Mohamed Abdelmohsen	14	Stad Mansoura	18:17.13
1	Omar Hisham Hussien	14	El Zohour	18:11.17
2	Rayan Amr Mohamed	14	M.S Tagamoa	18:07.11
3	Ahmad Nabil Ahmad	14	Hadak Al Ahram	18:04.07
4	Youseef Islam	14	Sporting	17:56.34
5	Omar Mohamed Hosny	14	Hadak Al Ahram	17:57.60
6	Adam Hamada Ahmed Mohamed	14	6th	18:04.18
7	Magdy Ahmed Magdy Gazea	14	Tanta	18:10.24
8	Youssef Moataz Mohamed Nabil	14	Wadi Degla	18:15.41
9	Asem Mohammed Elziny	14	Olympia	18:19.04

**Heat 7 of 7 Timed Finals**

0	Omar Osama Mohamed	14	Ahly	17:41.66
1	Ali Amr Zoalfakar	14	Smouha	17:33.07
2	Omar Basem Hassan Mohamed	14	Maadi	17:20.55
3	Mohamed Amr Nabil	14	Wadi Degla	17:13.38
4	Tarek el Shaer	14	Sporting	16:55.76
5	Adham Amr Mahmoud	14	Maadi	17:08.03
6	Yassien Tarek Mahmoud	14	Cairo	17:13.43
7	Hisham Bahgat Mohamed Elshirben	14	Stad Mansoura	17:26.41
8	Adam Ahmed Yaqoub	14	Hadak Al Ahram	17:40.83
9	Adhm Bassem Mouhmed	14	Cairo	17:41.68