

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 10/11/2023 Mor

## Event 53 Girls 14 Year Olds 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 19 Timed Finals</b>				
0	Khadiga Yasser Mohamed	14	Wadi Degla	NT
1	Farida Abaza	14	Sporting	NT
2	Nadien Ahmed Safwat Sadek	14	El Shams	NT
3	Fatma Hussien Fathy Shehta	14	Golf City Clup	NT
4	Emilia Rogeh Hany	14	Wadi Degla	NT
5	Jaystana Fransis Muris	14	El Ghaba	NT
6	Khadiga Raafat Mohsen	14	Ahly	NT
7	Hana Hisham Ahmed Ibrahim	14	Zamalek	NT
8	Salma Hussien Fathy Shehata	14	Golf City Clup	NT
9	Salma Tarek Farouk	14	Wadi Degla	NT
<b>Heat 2 of 19 Timed Finals</b>				
0	Marim Khaled Khalil Hegab	14	6th	NT
1	Farida Hatem Mohamed Ahmed	14	Maadi	NT
2	MilvaSherif Azmy	14	Ahly	NT
3	Loudy Mohamed Amin Mohamed	14	Top Swimmer	NT
4	Dima Amir Abdallah	14	Wadi Degla	NT
5	Mayar Ashraf al Sayed	14	M.S Tagamoa	NT
6	Rodaina Shiref Sobhy	14	Ultimate	NT
7	Myriam Hussein Mahmoud	14	Luxor Club	NT
8	Marina Remon Maher RizkAllah	14	El Gezira	NT
9	Jana Mohamed Abdalrhman	14	Sharks Team	NT
<b>Heat 3 of 19 Timed Finals</b>				
0	Julia Ramez Goreg	14	El Shams	NT
1	Karen Amer Nagi	14	Wadi Degla	NT
2	Farida Naseir Abdelrasheid	14	Zamalek	NT
3	Joliana Fady Emad	14	El Ghaba	NT
4	Ahella Wael Mahmoud	14	Al Tersana	NT
5	Gana Ahmed Ibrahim	14	Zamalek	NT
6	Jana Amr Zoalfakar	14	Smouha	NT
7	Retaj Nour El-Deen Farouk	14	El Shrook	NT
8	Belar Ahmed Yousef	14	Ahly	NT
9	Sama Medhat	14	Taleaa El Gish Club	NT
<b>Heat 4 of 19 Timed Finals</b>				
0	Haneen Mohamed Nour Eldin	14	Wadi Degla	NT
1	Shantal Wael Nabil Armia Kalta	14	El Gezira	NT
2	Nouray Tarek Halim Mohamed	14	Wadi Degla	NT
3	Jihan Hassan Hamdy	14	Marina Sporting Club Hurghada	NT
4	Salma Mhamed Rabea	14	Sharks Team	NT
5	Jasmine Hazem Mostafa Eldeeb	14	El Zohour	NT
6	Suraya Mohamed Mamdouh	14	Al Tersana	NT
7	Aram Hesham Raafat Mahmoud	14	6th	NT
8	Mariam Sayed Ali Sayed	14	Wadi Degla	NT
9	Gana Akram Mostafa	14	Ahly	NT

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 10/11/2023 Mor****Heat 5 Timed Finals... (Event 53 Girls 14 Year Olds 100 LC Meter Freestyle)**

0	Kanze Hamde abd Elmanem	14	Nasr City	NT
1	Rose Alaa Refaat	14	Smouha	NT
2	Aisha Yasser Amin	14	Ahly	NT
3	Alaa Abdul Rahman Al-Tandadawy	14	Meit Khakan Sport Club	NT
4	Habiba Essam Wahba	14	Sporting	NT
5	Joudy Mohamed Farag	14	Wadi Degla	NT
6	Kinzy Mohamed Moustafa Refaat	14	Wadi Degla	NT
7	Zaina Haitham Mohamed	14	Shooting	NT
8	Fareda Ahmed Abdelkaer	14	Sharks Team	NT
9	Sama Mohamed Fayek	14	Wadi Degla	NT

**Heat 6 of 19 Timed Finals**

0	Halla Wael Mohamed	14	Wadi Degla	NT
1	Salma Mohamed Hasan	14	Wadi Degla	NT
2	Dana Mohamed Selim Ahmed	14	Wadi Degla	NT
3	Mariam Ahmed Mohamed Hussein	14	Ahly	NT
4	Kenzy Mahmoud El Barbary	14	Gomhoria Sporting Club	NT
5	Gana Saif El Din Fekry	14	Wadi Degla	NT
6	Lara Essam Nabil	14	Smouha	NT
7	Zeina Hesham Mostafa Hamdy	14	Maadi	NT
8	Farida aly Samir Mohamed	14	Pegasus Club	NT
9	Goumana Ahmed Mohamed Serag	14	Zamalek	NT

**Heat 7 of 19 Timed Finals**

0	Malak Mokhtar Ahmed	14	Ahly	NT
1	Lamar Ahmed Mohamed	14	Zamalek	1:34.93
2	Jana Walid Mohamed Fathy	14	6th	1:28.94
3	Salma Asem Farid	14	Wadi Degla	1:27.59
4	Fayrouz Sabry Nady	14	Ahly	1:26.33
5	Lavinia Hany Samir	14	Wadi Degla	1:26.70
6	Malak Hany Kamal Abdelrahman	14	Wadi Degla	1:28.58
7	Logina Ahmed Deyaa Abdalmanim	14	El Mekaweloun	1:29.67
8	Anjolina Tamer eid	14	Moasasa Riadiyah Askaria	1:35.43
9	Arwa Nour Eldin Farag Antar	14	El Zohour	NT

**Heat 8 of 19 Timed Finals**

0	Khadija Ahmed Adel	14	Shooting	1:25.74
1	Salma Said Afifi Soliman	14	El Gezira	1:25.06
2	Nour Mohamed Rashwan n	14	Police Club	1:24.78
3	Seba Ahmed Mohamed	14	Wadi Degla	1:24.30
4	Mariam Hossam El Din Said	14	Wadi Degla	1:23.86
5	Amna Atef Hasaan	14	Ahly	1:24.01
6	Karel Rafek Nader	14	Heliopolis	1:24.46
7	Ganna Hany Fouad	14	Wadi Degla	1:25.05
8	Malak Tamer Zakaria	14	Ahly	1:25.53
9	Mayar Mohammed Shehata	14	Nemoo	1:26.29

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**Heat 9 Timed Finals... (Event 53 Girls 14 Year Olds 100 LC Meter Freestyle)**

0	Farida Khaled Farok Farag	14	Maadi	1:23.49
1	Layla Moh. Amin GadelRab Atta	14	El Gezira	1:22.60
2	Ledia Shrief Adel	14	Ahly	1:22.01
3	Ingy Mohamed Khairy Hussein	14	Shooting	1:21.51
4	Gana Mohamed Ibrahim	14	Wadi Degla	1:21.23
5	Retaj Ashraf Youssry	14	El Ghaba	1:21.38
6	Jana Samir Ali	14	Wadi Degla	1:21.97
7	Rahma Tamer Sabry	14	El Zohour	1:22.59
8	Lina Ahmed Mansour	14	Wadi Degla	1:23.21
9	Jana Mohamed Mostafa	14	El Ghaba	1:23.49

**Heat 10 of 19 Timed Finals**

0	Alia Alaa-Eldeen Mohamed	14	ElGezira Youth	1:20.32
1	Ritag Sherif Elsayed	14	Moasasa Riadiyah Askaria	1:20.21
2	Ayten Karim Mohamed	14	Wadi Degla	1:19.76
3	Fatima Sharif Shaban	14	Wadi Degla	1:19.11
4	Nadein Kamal abd Elmenem	14	el Shark Club	1:18.31
5	Gamila Ahmed Mohamed Elsayed	14	Moasasa Riadiyah Askaria	1:18.43
6	Rana Mohamed Nezar	14	Wadi Degla	1:19.40
7	Hanin Ahmed Barakat	14	Wadi Degla	1:20.20
8	Malak Ahmed Hosny	14	Ahly	1:20.27
9	Gesika Alaa Mostafa	14	El Mekaweloun	1:20.80

**Heat 11 of 19 Timed Finals**

0	Karma Ayman Badr	14	Shooting	1:18.13
1	Roaa Mohamed Farouk	14	El Zohour	1:17.86
2	Amna Ahmed Mohamed	14	Ahly	1:17.68
3	Shahira Abaza	14	Sporting	1:16.81
4	Malak Tamer Sayed	14	El Mekaweloun	1:15.69
5	Haya Haitham Reda Sedeik	14	Maadi	1:16.56
6	Dara Adham Adel	14	Shooting	1:16.95
7	Shahd Ebrahim	14	Road El Farag	1:17.72
8	Login Moahmed Hosny Abd Elazim	14	Wadi Degla	1:17.91
9	Mariam Alaa Abd Elslam	14	Shooting	1:18.26

**Heat 12 of 19 Timed Finals**

0	Malk Mohsen Mohammed	14	Hadak Al Ahram	1:14.95
1	Jana Ahmed Ezzat Marzouk	14	Wadi Degla	1:14.80
2	Maleka Ahmad Zakarya	14	Heliopolis	1:14.44
3	Hana Mohamed Abd Elwahab	14	Pegasus Club	1:14.39
4	Khadija Elsheshtawy	14	Shooting	1:14.32
5	Layan Tamer Ahmed Mohamed	14	Wadi Degla	1:14.38
6	Nor Ahmed Ali Abdel Khalek	14	Shooting	1:14.41
7	Zeina Tamer Nagy	14	Shooting	1:14.47
8	Fatma Hany Badr Eldin	14	Wadi Degla	1:14.91
9	Dana Khaled Mohamed	14	Wadi Degla	1:15.16

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**Heat 13 Timed Finals... (Event 53 Girls 14 Year Olds 100 LC Meter Freestyle)**

0	Rokaia Amr Mohamed	14	Wadi Degla	1:14.16
1	Gana Mohamed Kassem	14	Enppi	1:13.55
2	Ritag Tamer Mohamed Youssry	14	Wadi Degla	1:13.42
3	Saja Emad Mhamed	14	Al Ealamein	1:12.87
4	Karma Ahmed Ibrahim	14	Maadi	1:12.47
5	Malak Waleed Mohamed	14	Rowad	1:12.51
6	Nour Ahmed Abd el Fatah	14	Enppi	1:12.94
7	Retag Tamer Hasabo	14	Ahly	1:13.48
8	Jana Saber Ebrahim Mohamed	14	6th	1:13.96
9	Rawan Ahmed Mohamed	14	Enppi	1:14.28

**Heat 14 of 19 Timed Finals**

0	Lojauin Mohsuin Hassan	14	El Shrook	1:11.41
1	Nourhan Ehab Hashem	14	Wadi Degla	1:11.33
2	Ghena Mostafa Tawakul	14	Ahly	1:11.10
3	Amina Mohamed Saad AlGammal	14	Maadi	1:10.97
4	Hanin Hany Hassan	14	Ahly	1:10.46
5	Amina Ayman Farrag	14	Wadi Degla	1:10.72
6	Nour Mohanad Salah	14	Wadi Degla	1:11.06
7	Malak Khaled Mohamed Ahmed Awz	14	El Gezira	1:11.27
8	Asmaa Nabil Fathi	14	Smouha	1:11.36
9	Kinzy Ahmed Sayed	14	El Shams	1:11.82

**Heat 15 of 19 Timed Finals**

0	Rahf Ahmed Mohamed	14	Ahly	1:10.19
1	Rodaina Mohamed Elhouuseiny	14	Ahly	1:09.73
2	Goud Ashraf Shoman	14	Heliopolis	1:08.86
3	Amal Mohamed Fawzy Oraby	14	El Zohour	1:08.70
4	Marleen Maikle Safwat	14	Rowad	1:08.63
5	Joudy Mohamed Mostafa	14	Enppi	1:08.65
6	Mariam Khalid Radwan	14	El Temsah	1:08.83
7	Salma Ahmed Eltalkhawy	14	Olympia	1:09.59
8	Mariam Yousef Soliman	14	Olympia	1:09.73
9	Judy Khaled Sayed	14	Wadi Degla	1:10.45

**Heat 16 of 19 Timed Finals**

0	Jana Mohamed Amr	14	El Zohour	1:08.17
1	Sara Waleed Ahmed	14	Shooting	1:07.96
2	Yara Mohamed Sobhy	14	Wadi Degla	1:07.64
3	Lougin Mostafa Fathy	14	Ahly	1:07.39
4	Noureen Ahmed Hegazy	14	Ahly	1:07.06
5	Rodina Ibrahim Elhamy Bdr Eldin	14	Heliolido	1:07.34
6	Zeina Eslam Fayez	14	Shooting	1:07.58
7	Mariam Ali Hussien Ali Abo Shanab	14	Heliolido	1:07.93
8	Tasneem Mohamed Mahros	14	Ahly	1:08.14
9	Nour Ahmed Saady	14	El Shrook	1:08.54

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 10/11/2023 Mor****Heat 17 Timed Finals... (Event 53 Girls 14 Year Olds 100 LC Meter Freestyle)**

0	Goudy Mohamed Mahmoud Moha	14	Zamalek	1:06.95
1	Haneen Yasser Mahmoud Samy	14	Wadi Degla	1:06.72
2	Razan Mohamed Samy Nofal	14	Maadi	1:06.48
3	Maya Mohamed Eid	14	Ahly	1:05.56
4	Khadija Sameh Abd Eihameed	14	El Zohour	1:05.46
5	Jana Hesham Mohsen	14	Smouha	1:05.51
6	Sara Ayman Abdelmageed Zaky	14	El Zohour	1:06.17
7	Sedra Ahmed Abo El Fatouh	14	El Zohour	1:06.58
8	Hanin Mohamed AL Said	14	Rowad	1:06.73
9	Jomana Mahmod Hatem	14	Pegasus Club	1:06.96

**Heat 18 of 19 Timed Finals**

0	Lara Haitha Mohamed Mohamed	14	Maadi	1:05.14
1	Liena Wael Farok Elgandy	14	Tanta	1:04.97
2	Gamila usama Basyouni	14	Al Tersana	1:04.38
3	Nour Mohamad Ramzy	14	Swim Home	1:04.27
4	Nour Mohammed Saied	14	El Temsah	1:03.68
5	Salma Ahmed Abd el Wahab	14	Wadi Degla	1:04.07
6	Goudy Ibrahim Khaliel Ibrahim	14	El Shams	1:04.36
7	Zena Ahmed Moustafa	14	Heliopolis	1:04.89
8	Diala Mohamed Amin Ali	14	El Zohour	1:05.10
9	Fareeda Mohamed Abd El Monen	14	Shooting	1:05.15

**Heat 19 of 19 Timed Finals**

0	Jasmine Waleed Ibrahim	14	Smouha	1:03.53
1	Khadeja Housen EL Dahan	14	Heliopolis	1:02.96
2	Rahma Emad Farouk	14	El Temsah	1:02.48
3	Hana Walid Atallah	14	Hadak Al Ahram	1:02.23
4	Nour Mohamed Ahmed	14	Ahly	1:00.95
5	Joudy Raafat Abdelhamid Sayed	14	Pegasus Club	1:01.14
6	Basant Hesham Hussin	14	Wadi Degla	1:02.26
7	Noran Mohamed Emad Fahmy	14	Maadi	1:02.82
8	Ayten Ousama Abdelsalam	14	Damnhor Sport	1:03.47
9	Lojain Alaa Eldein Arafa	14	Smouha	1:03.65

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## Event 54 Boys 14 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Timed Finals</b>				
2	Zein Tallal	14	Sporting	NT
3	Omar Khaled Abdel Hakim	14	Shooting	NT
4	Hamza Elmoutaz Bellah Moha	14	Zamalek	NT
5	Mazen Haitham Ibrahim	14	Wadi Degla	NT
6	Mahmoud Amir Mahmoud Allam	14	6th	NT
<b>Heat 2 of 11 Timed Finals</b>				
0	Ahmed Ibrahim Ibrahim	14	Canal El Suez	NT
1	Mohanad Ahmed Elsayed	14	El Mekaweloun	NT
2	Youssef Yousry Ibrahim Ahmed	14	El Zohour	NT
3	Ziad Ahmad Elsaied	14	Talbeia	NT
4	Belal Hamdy AlyEldin	14	Palm Hills	NT
5	Malek Ahmed Salah	14	El Ghaba	NT
6	Omar Ahmed Khater	14	Al Nady	NT
7	Youssef Amr Abdelghany	14	El Ghaba	NT
8	Beshoy Grges Walem	14	M S AL Minia	NT
9	Loay Karim Bartakh	14	Olympia	NT
<b>Heat 3 of 11 Timed Finals</b>				
0	Omar Khaled Hosny Teama	14	Moasasa Riadiah Askaria	NT
1	Yasein Waleed Alham Fadl	14	Zamalek	NT
2	Abd Elrahman Mohamed Hassan	14	Shooting	NT
3	Mazen Mohamed Elmetwaly	14	Sharks Team	NT
4	Feras Walid Hany	14	Sporting	NT
5	Eyad Amr Ahmed Abd Allah	14	City Club	NT
6	Mohamed Amr Nabil	14	Wadi Degla	NT
7	Safey Ahmed Mahmoud	14	El Mekaweloun	NT
8	Ziad Mohamed Hassan	14	Sporting	NT
9	Ahmed Ashraf Mahmud Elsaid	14	Matrix	NT
<b>Heat 4 of 11 Timed Finals</b>				
0	Eyad Ahmad Moustafa	14	El Zohour	NT
1	Nizar Mohamed Zenaty	14	Meit Khakan Sport Club	NT
2	Abd ElAziz Hamdy Abd ElAziz	14	ElGezira Youth	NT
3	Ahmed Ehab Sayed Ibrahim	14	Shooting	5:22.88
4	Seif Mohamed Hamza	14	El Ghaba	5:16.35
5	Karim Mohamed Abdel-Fattah	14	Hadak Al Ahram	5:17.74
6	Mahmoud Ahmed Hamdy	14	El Khanka	5:39.61
7	Mohamed Ali Mohamed	14	Sharks Team	NT
8	Mahmoud Elmetwaly Mohamed Abd	14	Gezira El Ward	NT
9	Yousef Hazem Atia Mahmoud	14	Gezira El Ward	NT
<b>Heat 5 of 11 Timed Finals</b>				
0	Moustafa Moha Fathy Mohamed	14	Maadi	5:14.13
1	Abd Elrahman Sameh Adel	14	Cairo	5:04.35
2	Taha Mohamed Mohy Eldin Zaki	14	Stad Mansoura	5:03.15
3	Ezz Eldin Khaled Ezz	14	El Ghaba	5:01.78
4	Mohamed Amr Kamal ElDin	14	Maadi	5:00.95
5	Nourallah Mohsen Sarhan Ali Gamal	14	Heliolido	5:01.54
6	Omar Tamer Mohamed	14	Ahly	5:02.90
7	Hussen Mohamed Hamed	14	Heliopolis	5:04.31
8	Hosen Abd Elmonaem El Ashmayer	14	Heliopolis	5:06.33
9	Omar Sherif Karam	14	Al Tersana	5:14.21

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**Heat 6 Timed Finals... (Event 54 Boys 14 Year Olds 400 LC Meter Freestyle)**

0	Mrawan Wael Hussin	14	Al Tersana	5:00.55
1	Hitham Mohamed Ahmed Abdela	14	Moasasa Riadiyah Askaria	4:56.54
2	Marwan Ahmed Saleh Ali	14	Maadi	4:55.05
3	Mahmoud Mohamed Ahmed Hany	14	Shooting	4:54.89
4	Seif Jousef Anas	14	Heliopolis	4:49.96
5	AL Moaataz Belah Aly Mohamed	14	Rowad	4:50.99
6	Eyad Mahmoud Khalaf	14	Olympia	4:55.02
7	Omar Waled Sherif	14	Smouha	4:56.06
8	Mahmoud Mohamed Abdelmonem	14	Gamgara Youth Center Banha	4:57.44
9	Mahmoud Haitham Jameel	14	Shooting	5:00.85

**Heat 7 of 11 Timed Finals**

0	Ahmed Amr Magdy	14	Rowad	4:49.73
1	Abd EL Rahman Ahmed Mahmoud	14	Rowad	4:49.41
2	Yousief Alaa Gad	14	El Shams	4:48.17
3	Ali Mohammed Elatroush	14	Olympia	4:47.63
4	Mouaaz Magdy Mohamed Eldeb	14	Zamalek	4:45.40
5	Adham Khaled Salah Eldin Mohamed	14	Moasasa Riadiyah Askaria	4:47.49
6	Ahmed Mohamed Ahmed Abdelftah	14	El Shams	4:48.08
7	Omar Mohamed Ahmed Elsaiei	14	Zamalek	4:49.01
8	Omar Maged Fattouh	14	El Zohour	4:49.47
9	Mohamed Hashem Mohamed	14	Smouha	4:49.74

**Heat 8 of 11 Timed Finals**

0	Ahmed Abas Elnazer	14	Tanta	4:43.99
1	Mostafa Wageh Gamaleldein	14	Smouha	4:42.12
2	Abdalah Elsayed sad Elden	14	Swim Home	4:41.97
3	Ahmed Mohamed Nabel Mohamed	14	El Shams	4:41.65
4	Abdallah Walid Amer	14	Olympia	4:40.48
5	Moaz Ahmed Abdallah	14	El Shams	4:40.89
6	Omar Ehab Mostafa	14	Ahly	4:41.81
7	Omar Khaled Mohamed Hassan	14	Ahly	4:42.09
8	Bilal Yaser Mohamed Saad	14	El Shams	4:43.72
9	Marwan Mohamed Elsaid	14	Zamalek	4:44.72

**Heat 9 of 11 Timed Finals**

0	Yehia Waseem Mohamed	14	Ahly	4:39.66
1	Omar Mohamed Kawod	14	Baladyat El Mahala	4:38.71
2	Omar Mohamed Arafa	14	Police Club	4:37.79
3	Omar Hisham Hussien	14	El Zohour	4:36.30
4	Kariem abd Elrahman	14	Cairo	4:35.88
5	Rayan Amr Mohamed	14	M.S Tagamoa	4:35.94
6	Mohamed Alaa Farouk Shaltout	14	6th	4:37.44
7	Karim Mohamed Ahmed Al Sayed	14	Al Tersana	4:37.87
8	Kariem amr Mouhmed	14	Cairo	4:38.79
9	Abdelrhman Mohamed Abdelrazek	14	6th	4:40.19

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0	Marwan Sherif Mohamed	14	Wadi Degla	4:34.64
1	Omar Mohamed Hosny	14	Hadak Al Ahram	4:33.16
2	Youssef Mohamed Khalil	14	Wadi Degla	4:32.08
3	Omar Osama Mohamed	14	Ahly	4:31.62
4	Abdelrhman Mohamed Mohamed Al	14	Bank Ahly Alex	4:31.05
5	Youseef Islam	14	Sporting	4:31.45
6	Adhm Bassem Mouhmed	14	Cairo	4:31.79
7	Mohand Mohamed Abdelmohsen	14	Stad Mansoura	4:32.56
8	Ahmad Nabil Ahmad	14	Hadak Al Ahram	4:33.29
9	Asem Mohammed Elziny	14	Olympia	4:35.39

**Heat 11 of 11 Timed Finals**

0	Yassien Tarek Mahmoud	14	Cairo	4:26.86
1	Eyad Kamal Mohamed Salah	14	Wadi Degla	4:25.84
2	Ali Amr Zoalfakar	14	Smouha	4:22.85
3	Yasen Mohamed Nabil	14	Heliopolis	4:16.72
4	Tarek el Shaer	14	Sporting	4:12.87
5	Adham Amr Mahmoud	14	Maadi	4:15.93
6	Hisham Bahgat Mohamed Elshirben	14	Stad Mansoura	4:21.99
7	Omar Basem Hassan Mohamed	14	Maadi	4:23.81
8	Adam Ahmed Yaqoub	14	Hadak Al Ahram	4:26.41
9	Magdy Ahmed Magdy Gazea	14	Tanta	4:30.39

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

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## Event 55 Girls 14 Year Olds 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 10 Timed Finals</b>				
3	Arwa Nour Eldin Farag Antar	14	El Zohour	NT
4	Fareda Ahmed Abdelkaer	14	Sharks Team	NT
5	Jasmin Diaa Nabil	14	Moasasa Riadiyah Askaria	NT
<b>Heat 2 of 10 Timed Finals</b>				
1	Zeina Wael Abdel Aziz	14	Shooting	NT
2	Malak Khaled Mohamed Ahmed Awz	14	El Gezira	NT
3	Farida Hatem Mohamed Ahmed	14	Maadi	NT
4	Alaa Abdul Rahman Al-Tandadawy	14	Meit Khakan Sport Club	NT
5	Maleka Ahmad Zakarya	14	Heliopolis	NT
6	Salma Youssef Youssef	14	Ismaily Sporting Club	NT
7	Rodaina Shiref Sobhy	14	Ultimate	NT
8	Monaya Mostafa Amer	14	Tanta	NT
<b>Heat 3 of 10 Timed Finals</b>				
0	Habiba Mohamed Mahmoud	14	A S E C	NT
1	Malak Tamer Sayed	14	El Mekaweloun	NT
2	Farida Khaled Farok Farag	14	Maadi	NT
3	Kenzy Maged Abdel Gawad	14	Wadi Degla	NT
4	Lora Mahomud Osama Mohame	14	Beni Suef Club	NT
5	Nadien Ahmed Safwat Sadek	14	El Shams	NT
6	Mayar Mohammed Shehata	14	Nemoo	NT
7	Salma Ahmed Helmy	14	El Ghaba	NT
8	Maria Nader Sedeky	14	Ismaily Sporting Club	NT
9	Lojin Waleed	14	El Temsah	NT
<b>Heat 4 of 10 Timed Finals</b>				
0	Malak Ahmed Ibrahim	14	Taleaa El Gish Club	NT
1	Israa Shaban Ahmed	14	el Shark Club	NT
2	Nour Mohanad Salah	14	Wadi Degla	NT
3	Habiba Nasser Sobhy	14	Rowad	NT
4	Lamar Sherif Saleh Mahmoud	14	Wadi Degla	1:47.12
5	Nour Mohamed Rashwan n	14	Police Club	1:53.29
6	Joumana Sherif Mohamed	14	Wadi Degla	NT
7	Aisha Yasser Amin	14	Ahly	NT
8	Lojain Yasser Mohamed Ahmed	14	Moasasa Riadiyah Askaria	NT
9	Sama Emad Abd Elhaleem	14	Rehab	NT
<b>Heat 5 of 10 Timed Finals</b>				
0	Alia Alaa-Eldeen Mohamed	14	ElGezira Youth	1:44.90
1	Nour Ahmed Mohamed Ali	14	Wadi Degla	1:40.69
2	Salma Asem Farid	14	Wadi Degla	1:40.48
3	Karma Hesham Saied	14	Heliopolis	1:39.37
4	Hanen Ahmed Saied	14	Cairo	1:38.37
5	Roaa Mohamed Farouk	14	El Zohour	1:38.78
6	Hana Mohamed Abd Elwahab	14	Pegasus Club	1:39.84
7	Rahma Tamer Sabry	14	El Zohour	1:40.56
8	Melesia Mostafa Esmat	14	Ahly	1:40.90
9	Karolin Adel Sobhy	14	Ahly	1:45.37

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 10/11/2023 Mor****Heat 6 Timed Finals... (Event 55 Girls 14 Year Olds 100 LC Meter Breaststroke)**

0	Laila Ahmed EL Sadek	14	Heliopolis	1:38.18
1	Jana Ayman Goda Ibrahim	14	Moasasa Riadiyah Askaria	1:37.77
2	Loujin Ramy Ahab	14	Ahly	1:37.39
3	Karel Rafek Nader	14	Heliopolis	1:36.92
4	Karma Ahmed Ibrahim	14	Maadi	1:36.87
5	Amina Mohamed Saad AlGammal	14	Maadi	1:36.88
6	Malak Mohamed Fakray	14	Talbeia	1:37.18
7	Retag Tamer Hasabo	14	Ahly	1:37.48
8	Farida Mohamed Abdel Rahman	14	Ahly	1:37.99
9	Shahira Abaza	14	Sporting	1:38.22

**Heat 7 of 10 Timed Finals**

0	Rana Ahmed Mohamed	14	Hadak Al Ahram	1:35.87
1	Shadn Ahmed Mohsn Karim	14	El Khanka	1:34.96
2	Salma Ayman Salah AbdElRah	14	Moasasa Riadiyah Askaria	1:34.78
3	Farida Hany Ahmed Shaeir	14	El Zohour	1:33.84
4	Dana Wissam Hamed	14	Hadak Al Ahram	1:32.27
5	Jody Mohamed Salah Hussein	14	Maadi	1:33.61
6	Gana Shawky Heslen	14	Wadi Degla	1:34.11
7	Rodina Mohamed Abd Elmoniam	14	6th	1:34.83
8	Farida aly Samir Mohamed	14	Pegasus Club	1:35.29
9	Rodina Mohamed Seif Eldin Mahmoi	14	Moasasa Riadiyah Askaria	1:36.44

**Heat 8 of 10 Timed Finals**

0	Sara Sanad Kamal Eliwa	14	Wadi Degla	1:31.78
1	Aseel Ousama Abdelsalam	14	Damnhor Sport	1:31.13
2	Gana Mohamed Fathy	14	Ahly	1:30.38
3	Gana Mostafa Abdou	14	Ahly	1:29.49
4	Fareda Farouk Farouk	14	Sharks Team	1:28.26
5	Goyria Mohamed Fawzy	14	Zamalek	1:29.39
6	Julia Ramez Goreg	14	El Shams	1:29.88
7	Aseel Ahmed Lotfy	14	El Ghaba	1:30.79
8	Jana Hisham Mohamed	14	Wadi Degla	1:31.67
9	Kenzi Mahmoud Ahmed	14	Taleaa El Gish Club	1:32.05

**Heat 9 of 10 Timed Finals**

0	Sondos Hossam Eldin Mahmoud	14	Al Tersana	1:27.85
1	Jomana Mahmod Hatem	14	Pegasus Club	1:26.71
2	Yara Mohamed Hamdy	14	Wadi Degla	1:26.09
3	Maryam Mahmoud Shawky	14	Hadak Al Ahram	1:25.21
4	Malak Amr	14	Shooting	1:24.72
5	Ghada Wael Abdullah	14	Enppi	1:25.02
6	Jomana Mohammed Hussien	14	El Temsah	1:25.96
7	Jana Hany Mohamed Ewies	14	6th	1:26.52
8	Tala Feras Mostafa Mohreb	14	Smouha	1:27.79
9	Lilly Mohamed abd el Aziz	14	Nasr City	1:27.97

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0	Habiba Khaled Mohamed	14	Ahly	1:23.41
1	Yomna Goma Ali Abdo	14	Bank Ahly Alex	1:22.55
2	Jana Sherif Mohamed Mohamed	14	6th	1:21.08
3	Nada Hesham Medhat	14	Ahly	1:19.55
4	Zeina Mohamed Darwish	14	Smouha	1:15.69
5	Mariam Mahmoud Ahmed	14	Wadi Degla	1:18.20
6	Yara Sherif Mohamed	14	Wadi Degla	1:20.03
7	Rodaina Mohamed Ahmed	14	Wadi Degla	1:21.12
8	Laila Ossama	14	Sporting	1:23.10
9	Noureen Ahmed Hegazy	14	Ahly	1:23.48