

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 10/11/2023 Eve

Event 57 Boys 14 Year Olds 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
1	Amir Ahmed Abdel Nafeh	14	el Shark Club	NT
2	Abdel Rahman Hany Adel	14	Ahly	NT
3	Eyad Fahd Ali	14	Al Tersana	NT
4	Yousif Mohamed Adel Aboelsoud	14	Gezira El Ward	NT
5	Adam Hamada Ahmed Mohamed	14	6th	NT
6	Karim Ahmed Mohamed	14	Ahly	NT
7	Anas Mohamad Saber AbdulAal	14	El Shams	NT
8	Marco Hany Mahrous	14	Ahly	NT
Heat 2 of 13 Timed Finals				
0	Marwan Ahmed Hassan	14	Wadi Degla	NT
1	Mazen Ahmed Mahmoud	14	Taleaa El Gish Club	NT
2	Omar Khaled Hosny Teama	14	Moasasa Riadiah Askaria	NT
3	Hamza Said	14	Sporting	NT
4	Youssef Mohamed Khedr	14	Smouha	NT
5	Aser Waled Ramzy	14	el Shark Club	NT
6	Karim Ahmed Hosam	14	Pegasus Club	NT
7	Abdelrahman Amr Fawzy	14	El Zohour	NT
8	Moaamen Salah Eldin Mohamed	14	Canal El Suez	NT
9	Ali Hassan Salah	14	Rowad	NT
Heat 3 of 13 Timed Finals				
0	Eyad Mohamed Zaki	14	Ahly	NT
1	Nour El din Tarek Abd Al Hameed	14	Wadi Degla	NT
2	Mark Micheal Edward	14	Wadi Degla	NT
3	Anas Reda Wahdan	14	Meit Khakan Sport Club	NT
4	Mark Samer Sahry Saad	14	Wadi Degla	NT
5	Omar Mostafa Mohamed Omar	14	Beni Suef Club	NT
6	abd Elrahman Ayman Mohamed	14	Talbeia	NT
7	Youssef Mohamed Soliman	14	Rowad	NT
8	Mohamed Hany Ahmed	14	Wadi Degla	NT
9	Yassin Sherif Ismail Helal	14	Maadi	NT
Heat 4 of 13 Timed Finals				
0	Ziad Ahmed Ali	14	Wadi Degla	NT
1	Mohand Ahmed Elsaid Helaly	14	Canal El Suez	NT
2	Youssef Yasser Ahmed	14	Shooting	NT
3	Abdalla Mohamed Fahmy	14	El Ghaba	NT
4	Kareem Waleed Ahmed	14	Ismaily Sporting Club	NT
5	Marwan Ahmed Samir	14	Wadi Degla	NT
6	Bilal Amr Mohamed	14	Hadak Al Ahram	NT
7	Mohamed Ahmed Zaky Ghareb	14	Shooting	NT
8	Ahmed Mohamed Ibrahim Ahme	14	Bank Ahly Alex	NT
9	Yasein Waleed Alham Fadl	14	Zamalek	NT

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Heat 5 Timed Finals... (Event 57 Boys 14 Year Olds 200 LC Meter Breaststroke)

0	Aser Ehab Mohamed	14	El Zohour	3:28.38
1	Youssef Wageeh Mohamed	14	Ahly	3:20.34
2	Asser Mohamed Mahmoud	14	Wadi Degla	3:17.50
3	Hamza Essam EL Wardany	14	Enppi	3:15.53
4	Abdel Rahman Tarek Abdel Rahman	14	Ahly	3:13.98
5	Ahmed Mostafa Ahmed	14	El Ghaba	3:14.76
6	Hossam Mohammed Ismail	14	Taleaa El Gish Club	3:16.89
7	Ziad Khaled Mostafa	14	Moasasa Riadiah Askaria	3:17.75
8	Eyad Hassan Ebrahim	14	Al Tersana	3:22.63
9	Mohamed Hassan Youseif	14	Zamalek	3:35.86

Heat 6 of 13 Timed Finals

0	Basel Omar Al Farouk	14	Ahly	3:12.10
1	Ahmed Khaled Ahmed	14	Ahly	3:10.86
2	Youssef Mohamed Ahmed Mohamed	14	Wadi Degla	3:10.66
3	Mahmoud Hamdy Mohamed Ahmed	14	Wadi Degla	3:09.69
4	Youssef Ahmed Mabrouk	14	Wadi Degla	3:08.61
5	Ahmed Farhat	14	Shooting	3:09.33
6	Hazem Hasan Mohamed	14	Wadi Degla	3:10.15
7	Moustafa Mahmoud Ahmed Abd Elh	14	Heliolido	3:10.81
8	Mohamed Tamer Wafeek	14	El Zohour	3:11.69
9	Yehia Ayman Mohamed	14	Ahly	3:13.58

Heat 7 of 13 Timed Finals

0	Yassin Mohamed Aly ElShamy	14	6th	3:07.76
1	Moamen Mostafa Abo Alela	14	Ahly	3:07.07
2	Adam Walid Mohamed	14	Ahly	3:06.32
3	Saif Al-Din Ahmed Mohamed	14	Hadak Al Ahram	3:05.87
4	Mohamed Ahmed Hussien Ebrahim	14	Olympic Champion Club	3:05.53
5	Abdel Fattah Ahmed Abdel Fattah	14	Ahly	3:05.86
6	Alaa Eldien Ahmad Fathy	14	Wadi Degla	3:06.03
7	Mohammed Sharif Mohamed	14	Hadak Al Ahram	3:06.64
8	Ahmed Ibrahim Fouaad	14	Smouha	3:07.56
9	Mahmoud Mohamed Abdelmonem	14	Wadi Degla	3:08.50

Heat 8 of 13 Timed Finals

0	Omar Abdel Moneim Khalaf	14	Sporting	3:05.36
1	Mostafa Ahmed Motawea	14	Wadi Degla	3:03.67
2	Mohamed Hisham Samy	14	Sporting	3:03.17
3	Adham Ramy Mahmoud	14	Al Ealamein	3:02.65
4	Wael Ramy Gaber	14	Wadi Degla	3:02.58
5	Zeyad Mahmoud Farag	14	Sharks Team	3:02.64
6	Braa Ahmed Lotfy	14	El Shams	3:03.13
7	Yousef Mahmoud Mohamed	14	El Mekaweloun	3:03.35
8	Mark Amgad Magdy	14	Wadi Degla	3:04.54
9	Omar Mohamed Abdo	14	Ahly	3:05.40

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Heat 9 Timed Finals... (Event 57 Boys 14 Year Olds 200 LC Meter Breaststroke)

0	Abd ElAziz Hamdy Abd ElAziz	14	ElGezira Youth	3:02.33
1	Ahmed Mohamed Ahmed Mahmu	14	Police Club	2:59.56
2	Mohanad Ahmed Elsayed	14	El Mekaweloun	2:57.97
3	Maher amr	14	Sporting	2:57.08
4	Adam Tamer Mohamed	14	Pegasus Club	2:56.24
5	Adham Ehab Magdy	14	Al Tersana	2:56.65
6	Abdalla Amro Ezat Sayed	14	El Shams	2:57.56
7	Yassin Farghaly	14	Sporting	2:59.02
8	Mohamed Osama Twfik	14	El Mekaweloun	3:01.14
9	Mohamed Tamer Mohamed Elsis	14	El Mekaweloun	3:02.35

Heat 10 of 13 Timed Finals

0	Youseif Mohamed Abdelsallam	14	Zamalek	2:55.19
1	Adham Mohamed Abdelhalim	14	El Zohour	2:54.19
2	Omar Eslam Abdelfatah Hamed	14	Gezira El Ward	2:52.86
3	Adam Essam Fouad	14	Bitash	2:51.39
4	Omar Abdeltawab Elsayed	14	El Nasr Club	2:50.81
5	Ahmed Elsaeed Kasem	14	Olympia	2:50.95
6	Eyad Taha Mohamed	14	Hadak Al Ahram	2:52.53
7	Eyad Ahmed Salah Fawzy	14	Wadi Degla	2:53.31
8	Hamza Medhat Ramadan	14	El Shams	2:54.41
9	Omar Mohamed Ahmed	14	Wadi Degla	2:55.91

Heat 11 of 13 Timed Finals

0	Omar Haytham Mohamed Elsaid	14	Gezira El Ward	2:48.70
1	Youssef Ahmed Ragab	14	Rowad	2:48.40
2	Mahmoud Mostafa Mohamed	14	Tanta	2:47.35
3	Eyad Tamer Abdelazeez	14	Zahraa Helwan	2:46.35
4	Eyad Ahmed Mohamed Talat	14	6th	2:46.04
5	Mohamed Hussein El-Alfy	14	New Giza	2:46.25
6	Adam Sameh Mohamed KamalE	14	Bank Ahly Alex	2:46.92
7	Omar Abdallah Ismael	14	Stad Mansoura	2:47.50
8	Ahmed Amr Ahmed	14	Ahly	2:48.50
9	Yassin Amr Mohamed	14	Wadi Degla	2:50.74

Heat 12 of 13 Timed Finals

0	Omar Ashra AbdElAzim Mattar	14	Maadi	2:45.34
1	Omar Hani Elsaid	14	Smouha	2:44.83
2	Eslam Mohamed Abdelrazek Saaed	14	6th	2:43.75
3	Marwan Khaleid Abdallah	14	Zamalek	2:41.70
4	Yasen Ahmad gad	14	Heliopolis	2:40.76
5	Tarek Loay Mohamed	14	Heliopolis	2:41.06
6	Yehia Ahmed Abdel Hafez	14	Ahly	2:41.77
7	Malik Mohamed AbdelMaksod	14	Pegasus Club	2:43.79
8	Adham Tamer Mahmoud	14	Ahly	2:45.15
9	Hassan Mahmoud Mohamed Mahm	14	Zamalek	2:45.40

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0	Youssef Zaki	14	Sporting	2:40.43
1	Yassin Mostafa Mohamed	14	Ahly	2:39.59
2	Mohamed Amr Mousa	14	Wadi Degla	2:39.12
3	Omar Shalby Mohamed	14	El Shams	2:38.47
4	Mohamed Ayman Mohamed Abdelh	14	Bank Ahly Alex	2:33.54
5	Mostafa Ahmed Abdelfatah hse	14	Tanta	2:38.24
6	Omar Mohamed Ezat Mohamed	14	Gezira El Ward	2:38.88
7	Omar Haitham Bahaa	14	Wadi Degla	2:39.36
8	Khaled Waleed Adel	14	Wadi Degla	2:39.93
9	Amr Faisal Mohamed	14	Wadi Degla	2:40.62

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Event 58 Girls 14 Year Olds 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Timed Finals				
2	Malak Sherif Mohamed Mohamed	14	6th	NT
3	Marim Khaled Khalil Hegab	14	6th	NT
4	Aseel Ahmed Lotfy	14	El Ghaba	NT
5	Khadija Sameh Abd Eihameed	14	El Zohour	NT
6	Gana Mohamed Kassem	14	Enppi	NT
Heat 2 of 12 Timed Finals				
0	Asmaa Nabil Fathi	14	Smouha	NT
1	Sandy Waleed	14	Wadi Degla	NT
2	Shadn Ahmed Mohsn Karim	14	El Khanka	NT
3	Hala Hassan Mohamady	14	El Mekaweloun	NT
4	Aram Hesham Raafat Mahmoud	14	6th	NT
5	Joudy Wael Ahmed	14	6th	NT
6	Belar Ahmed Yousef	14	Ahly	NT
7	Salma Mhamed Rabea	14	Sharks Team	NT
8	Jana Mohamed Abdalrhman	14	Sharks Team	NT
9	Zeina Wael Abdel Aziz	14	Shooting	NT
Heat 3 of 12 Timed Finals				
0	Diala Mohamed Amin Ali	14	El Zohour	NT
1	Gana Mouhmed Ahmed	14	Cairo	NT
2	Rodaina Shiref Sobhy	14	Ultimate	NT
3	Hana Ekhaa Walaa Zaki	14	Smouha	NT
4	Shahd Ebrahim	14	Road El Farag	NT
5	Rana Khaled Aly Esmail	14	Ultimate	NT
6	Mariam Alaa Abd Elslam	14	Shooting	NT
7	Dara Adham Adel	14	Shooting	NT
8	Hana Hany Ibrahim Mohamed	14	Wadi Degla	NT
9	Gana Saif El Din Fekry	14	Wadi Degla	NT
Heat 4 of 12 Timed Finals				
0	Maryam Mohamed Mahmoud Shaafe	14	El Zohour	NT
1	Joudy Mohamed Mostafa	14	Enppi	NT
2	Ledia Shrief Adel	14	Ahly	1:45.24
3	Logina Ahmed Deyaa Abdalmanim	14	El Mekaweloun	1:42.03
4	Hoda Mahmoud Mohamed	14	El Nasr Club	1:37.01
5	Amna Ahmed Mohamed	14	Ahly	1:37.25
6	Helena John Raouf	14	El Zohour	1:44.18
7	Lilly Mohamed abd el Aziz	14	Nasr City	NT
8	Mariam Ahmed Sayed Mosad	14	Enppi	NT
9	Karma Ayman Badr	14	Shooting	NT
Heat 5 of 12 Timed Finals				
0	Khadija Ahmed Adel	14	Shooting	1:34.36
1	Fatima Sharif Shaban	14	Wadi Degla	1:32.10
2	Jana Mohamed Hassan	14	El Mekaweloun	1:31.77
3	Ayten Karim Mohamed	14	Wadi Degla	1:30.19
4	Hana Adel Ismaiel	14	El Mekaweloun	1:29.34
5	Alma Ismail Elgohary	14	Wadi Degla	1:29.98
6	Login Hossam El-Din Ahmed	14	Hadak Al Ahram	1:30.39
7	Jana Samir Ali	14	Wadi Degla	1:32.02
8	Lavinia Hany Samir	14	Wadi Degla	1:34.22
9	Jana Walid Mohamed Fathy	14	6th	1:36.88

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Heat 6 Timed Finals... (Event 58 Girls 14 Year Olds 100 LC Meter Backstroke)

0	Jana Ahmed Ezzat Marzouk	14	Wadi Degla	1:28.64
1	Rawan Ahmed Mohamed	14	Enppi	1:28.47
2	Khadija Elsheshtawy	14	Shooting	1:27.33
3	Loren Osama Mohamed	14	El Shams	1:26.15
4	Zena Mohamed Samy	14	El Ghaba	1:25.23
5	Gana Shawky Heslen	14	Wadi Degla	1:25.30
6	Goumana Waleid Fathy	14	Zamalek	1:27.26
7	Sara Hesham Ramadan	14	El Temsah	1:27.57
8	Malak Mohamed Abd Almonem Ali	14	Wadi Degla	1:28.51
9	Haneen Hassan Alli	14	El Ghaba	1:29.25

Heat 7 of 12 Timed Finals

0	Hana Sherif Salah Al-Din	14	Hadak Al Ahram	1:25.14
1	Farida aly Samir Mohamed	14	Pegasus Club	1:24.52
2	Farida Abaza	14	Sporting	1:24.30
3	Lougain amr Saeid	14	Zamalek	1:22.58
4	Mariam Ahmed Mohamed Hussein	14	Ahly	1:22.36
5	Farida Mohamed Abdelsalam	14	Smouha	1:22.46
6	Nour Ahmed Abd el Fatah	14	Enppi	1:23.01
7	Fatima Amr Abdel-Raouf	14	Hadak Al Ahram	1:24.45
8	Ghena Mostafa Tawakul	14	Ahly	1:24.59
9	Haneen Mohamed Nour Eldin	14	Wadi Degla	1:25.19

Heat 8 of 12 Timed Finals

0	Hana Ahmed Mohamed	14	Taleaa El Gish Club	1:21.97
1	Fatma Amr Aly	14	Shooting	1:21.94
2	Hana Hassan Abdel Fattah	14	Wadi Degla	1:20.63
3	Mariam Khalid Radwan	14	El Temsah	1:20.46
4	Mariam Ali Hussien Ali Abo Shanab	14	Heliolido	1:19.95
5	Taleen Tarik Ahmed	14	Hadak Al Ahram	1:20.15
6	Nor Ahmed Ali Abdel Khalek	14	Shooting	1:20.52
7	Logy Aly Abbady	14	Wadi Degla	1:21.04
8	Sara Hesham El-alfy	14	El Ghaba	1:21.95
9	Salma Ahmed Helmy	14	El Ghaba	1:22.23

Heat 9 of 12 Timed Finals

0	Khadeja Housen EL Dahan	14	Heliopolis	1:19.85
1	Tamara Mohamed Abd Elkader Elas	14	Heliopolis	1:19.82
2	Jayda Mohamed Bsher	14	Police Club	1:19.48
3	Khadega Mohamed Ibrahim	14	Wadi Degla	1:19.24
4	Haneen Yasser Mahmoud Samy	14	Wadi Degla	1:19.02
5	Habiba Mohamed Hamdy	14	Ahly	1:19.19
6	Remas Mohamed Sayed	14	Wadi Degla	1:19.34
7	Rodina Ibrahim Elhamy Bdr Eldin	14	Heliolido	1:19.57
8	Laila Moustafa Moham	14	Palm Hills	1:19.85
9	Hana Hisham Ahmed Ibrahim	14	Zamalek	1:19.89

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0	Maryam Ahmed Mohammed	14	Zahraa Helwan	1:18.58
1	Marleen Maikle Safwat	14	Rowad	1:18.45
2	Noureen Raaouf Ahmad	14	Smouha	1:18.35
3	Retag Mohamd Ghareeb	14	Smouha	1:18.11
4	Ashraquat Hisham Ibrahim	14	Zamalek	1:17.89
5	Joudi Mohamed Bakr	14	Wadi Degla	1:18.07
6	Malak Mohamed Mahmoud	14	Wadi Degla	1:18.18
7	Goumana aly Abdelgafar	14	Zamalek	1:18.44
8	Goud Ashraf Shoman	14	Heliopolis	1:18.50
9	Joudy Sayed Taher	14	Wadi Degla	1:19.00

Heat 11 of 12 Timed Finals

0	Retag Galal Ibrahiem	14	Wadi Degla	1:17.38
1	Rodaina Atef Saber	14	Wadi Degla	1:17.18
2	Maya Mohamed Eid	14	Ahly	1:17.04
3	Mayar Ashraf al Sayed	14	M.S Tagamoa	1:16.79
4	Marim Hazem Ahmad	14	Talbeia	1:15.79
5	Sama Ahmed Mohamed Khater	14	El Zohour	1:15.87
6	Hla Ahmed Samir	14	El Zohour	1:16.81
7	Zeina Sherif Ahmed	14	Wadi Degla	1:17.06
8	Zinab Abdalaziz Mohsen Alhaggan	14	6th	1:17.23
9	Nour Ahmed Teleb	14	Tawfekaya	1:17.76

Heat 12 of 12 Timed Finals

0	Nigar Ahmed Kamal Mohsen	14	Stad Mansoura	1:15.03
1	Jana Wael Ahmed	14	6th	1:14.64
2	Retaal Mohamd Ghareeb	14	Smouha	1:13.91
3	Louloua Modather Hassan	14	Wadi Degla	1:13.53
4	Logain Amir Mohamed Elsayed	14	Elethead	1:12.91
5	Hala Osama Fatehy	14	Pegasus Club	1:13.30
6	Farida Ahmed Hussien	14	Smouha	1:13.65
7	Lara Essam Nabil	14	Smouha	1:14.32
8	Habiba Elamier Fiesl	14	El Shams	1:15.00
9	Laila Mohamed Brekaa Tawfik	14	El Shams	1:15.52

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Event 59 Boys 14 Year Olds 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
3	Moaz Ahmed Soliman	14	Rowad	NT
4	Youssef Yasser Medhat	14	Wadi Degla	NT
5	Zyad Salah Eldeen	14	Ultimate	NT
Heat 2 of 11 Timed Finals				
0	Beshoy Grges Walem	14	M S AL Minia	NT
1	Youssf Yasser Arfat	14	Zamalek	NT
2	Abd Allah Mahmoud Fawzy	14	Top Swimmer	NT
3	Ali Waled Adel	14	Al Tersana	NT
4	Omar Sherif Adel	14	Wadi Degla	NT
5	Adam Ahmed Mahmoud Sayd	14	El Zohour	NT
6	Abd El Rahman Yasser Mohamed Ab	14	Shooting	NT
7	Ahmed Ehab Mohamed	14	Wadi Degla	NT
8	Mohamed Amr Nabil	14	Wadi Degla	NT
Heat 3 of 11 Timed Finals				
0	Omar Ahmed Fawzy	14	Wadi Degla	NT
1	Omar Ahmed Elnabarwy	14	Tanta	NT
2	Adham Mohamed Farouk	14	Shooting	NT
3	Mohamed Sameh Farouk	14	Talbeia	NT
4	Ahmed amr Saidabu Elfadle	14	Tanta	NT
5	Ahmed Moataz Ahmed Fathy	14	Smouha	NT
6	Abd Elrahman Sameh Adel	14	Cairo	NT
7	Yassin Essam Metwaly	14	Wadi Degla	NT
8	Youssif Mohamed Emam	14	Police Club	NT
9	Eyad Mahmoud Khalaf	14	Olympia	NT
Heat 4 of 11 Timed Finals				
0	Mohamed Ashraf Esmail	14	Sharks Team	NT
1	Abdelrhman Mohamed Abdelrazek	14	6th	NT
2	Belal Mohamed Nabil	14	Wadi Degla	3:12.94
3	Mahmoud Muhamed Mahmoud Mu	14	Shooting	3:08.34
4	Yassen Khaled Mohamed	14	Wadi Degla	3:05.54
5	Safey Ahmed Mahmoud	14	El Mekaweloun	3:07.17
6	Magdy Khaled Zarea	14	Taleaa El Gish Club	3:09.22
7	Ibrahim Mahmoud Borhami	14	Wadi Degla	NT
8	Abdelrahman Osama Ismail	14	Wadi Degla	NT
9	Yahia Mohamed Mahmoud	14	Sporting	NT
Heat 5 of 11 Timed Finals				
0	Anas Aboelnasr	14	Elabd Sporting Club	2:54.22
1	Mathio Michael Email Tawfek	14	Olympic Champion Club	2:48.76
2	Hamza Adel Mohamed	14	Wadi Degla	2:45.66
3	Ali Abdallah Ahmed	14	Wadi Degla	2:43.27
4	Abdelrahman Mohamed Khedr	14	El Mekaweloun	2:42.59
5	Loay Karim Bartakh	14	Olympia	2:42.65
6	Ahmed Abdallah Said	14	El Zohour	2:44.71
7	Hosen Abd Elmonaem El Ashmaye	14	Heliopolis	2:45.95
8	Mahmoud Haitham Jameel	14	Shooting	2:49.38
9	Seif Mohamed Talaat Mohmaed	14	Wadi Degla	2:59.67

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Heat 6 Timed Finals... (Event 59 Boys 14 Year Olds 200 LC Meter Backstroke)

0	Omar Ayman Ezzat Abas	14	Taleaa El Gish Club	2:39.89
1	Omar Shref Ahmad	14	Heliopolis	2:39.61
2	Mahmoud Amir Mahmoud Allam	14	6th	2:39.09
3	Youssef Ebrahim Mohamed	14	Sharks Team	2:38.17
4	Omar Hisham Hussien	14	El Zohour	2:37.96
5	Ziad Hasham m. Mahfouz	14	Tanta	2:38.06
6	Abdel Rahman Karim Ashraf Aly Ma	14	El Gezira	2:38.21
7	Mazen Mohamed Hassan	14	Ahly	2:39.53
8	Mohamed Ibrahim Kotb	14	Wadi Degla	2:39.76
9	Adham Hussin Abdallah	14	El Nasr Club	2:40.88

Heat 7 of 11 Timed Finals

0	Youssef Karam Ahmed Zanaty	14	Enppi	2:37.71
1	Yassin Haitham Hassan	14	Wadi Degla	2:37.45
2	Ahmed Ebrahim Elbaz	14	Enppi	2:37.22
3	Mohamed Ibrahim Soliman	14	Hadak Al Ahram	2:36.89
4	Mohamed Salah Hammad	14	Wadi Degla	2:35.97
5	Fady Amr Abdel Mohssuin	14	Ultimate	2:36.40
6	Mahmoud Mostafa Mahmoud	14	Taleaa El Gish Club	2:37.13
7	Adam Ahmed Hussein Ahmed	14	Zamalek	2:37.42
8	abd Elrahman Elsaied Foud	14	Talbeia	2:37.57
9	Yassien Ayman Abdelhamied	14	El Shams	2:37.88

Heat 8 of 11 Timed Finals

0	Ahmed Mahmoud Eldabah	14	Smouha	2:35.39
1	Ahmed Mohamed Abdelmoez	14	Taleaa El Gish Club	2:34.62
2	Taher Mahmoud Taher	14	Ahly	2:33.80
3	Isma'el Mohamed Isma'el moham	14	Rowad	2:33.58
4	Mazen Haitham Ibrahim	14	Wadi Degla	2:32.65
5	Bavly Nader Fawzy	14	Wadi Degla	2:32.94
6	ezz el din Ihab	14	Sporting	2:33.65
7	Marwan Moataz Gamal Aldin	14	Pegasus Club	2:34.35
8	Omar Adel Saeid Hassan	14	Zamalek	2:35.12
9	Mohab Ahmed AL Sherbeny	14	Rowad	2:35.82

Heat 9 of 11 Timed Finals

0	Ahmed Abdel Rrhim	14	El Zohour	2:32.51
1	Yassin Khaled Shrif Mohamed	14	Bank Ahly Alex	2:32.29
2	Sohail Omar Mohamed Harb	14	El Shams	2:31.73
3	Adham Wael Zeyad	14	Sporting	2:30.42
4	Ahmed Fawzy Abdelmonem	14	Gamgara Youth Center Banha	2:30.28
5	Seif Ahmed Moustafa Ahmed	14	Zamalek	2:30.32
6	Karim Tamer Mohamed	14	Rehab	2:31.67
7	Omar Ahmed Gaber	14	El Ghaba	2:31.87
8	Ibrahim Ahmed Zaki	14	Shooting	2:32.29
9	Mohab Walid El Hussein	14	Wadi Degla	2:32.58

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 10/11/2023 Eve****Heat 10 Timed Finals... (Event 59 Boys 14 Year Olds 200 LC Meter Backstroke)**

0	Mazen Mohamed Ahmed Sayed	14	6th	2:28.69
1	Mohamed Ziad Sharaf Diab	14	Smouha	2:28.25
2	Amar Ayman Taha Abo Neama	14	Olympic Champion Club	2:27.50
3	Zian Mahmoud Fawzy	14	A S E C	2:25.23
4	Eyad Mohamed Ahmed	14	Ahly	2:24.27
5	Farouk Ahmed Mohamed Ahmed	14	Bank Ahly Alex	2:24.33
6	omr Mohamed Hany Mansour	14	Ahly	2:25.73
7	Asem Mohammed Elziny	14	Olympia	2:27.84
8	Yehya Mohamed Talaat	14	Wadi Degla	2:28.30
9	Hazem Ahmed Hamdy	14	Hadak Al Ahram	2:30.26

Heat 11 of 11 Timed Finals

0	Farouk Mohamed Farouk Mohamed	14	Gezira El Ward	2:23.44
1	Adham Shady Medhat Esmail	14	Gezira El Ward	2:22.64
2	Marwan Ahmed Hassan	14	Wadi Degla	2:19.86
3	Yousef Hisham Mahmoud	14	Stad Mansoura	2:17.59
4	Omar Ahmed Mohamed Ibrahim	14	Smouha	2:11.70
5	Anas Mohamed Saad	14	Wadi Degla	2:12.23
6	Yassien Tarek Mahmoud	14	Cairo	2:18.69
7	Adam Bahaeldein Salah	14	Smouha	2:20.81
8	Zein Hisham Hamdy	14	Zamalek	2:23.39
9	Yassen Hussein Mohammed	14	Zahraa Helwan	2:23.86

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 10/11/2023 Eve

Event 60 Girls 14 Year Olds 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals				
0	Malak Mokhtar Ahmed	14	Ahly	NT
1	Rodaina Yaser Mohamed	14	El Ghaba	NT
2	Laila Mohamed Samir	14	Ahly	NT
3	Malk Mohsen Mohammed	14	Hadak Al Ahram	3:18.20
4	Nour Alaa Samy	14	Ahly	3:02.08
5	Rodaina Khaled Mahmoud	14	Heliopolis	3:02.87
6	Gana Alla Ahmed Salah	14	Ahly	3:28.05
7	Rose Alaa Refaat	14	Smouha	NT
8	Jihan Hassan Hamdy	14	Marina Sporting Club Hurghada	NT
Heat 2 of 3 Timed Finals				
0	Fatma Amr Aly	14	Shooting	2:58.08
1	Noor Rami	14	Sporting	2:55.49
2	Fairouz Ahmed Bakhit	14	el Shark Club	2:48.31
3	Fayrouz Adel Abdel Rahman Osman	14	Heliolido	2:42.01
4	Rodaina Osama Khalil	14	El Ghaba	2:40.19
5	Gana Mohamed Atef	14	Shooting	2:41.83
6	Gamila usama Basyouni	14	Al Tersana	2:43.54
7	Noureen Mohamed Hazem	14	Ahly	2:55.00
8	Mariam Aymen Moustafa	14	Shooting	2:57.47
9	Sama Mohamed Marzok	14	Al Ealamein	3:01.81
Heat 3 of 3 Timed Finals				
0	Nagar Mohamed Salem	14	Hadak Al Ahram	2:37.29
1	Yara Sherif Mohamed	14	Wadi Degla	2:36.49
2	Jomana Hossam Mostafa	14	El Zohour	2:33.81
3	Lila Hossam Hassan Kamel Ali	14	El Shams	2:33.44
4	Malak Mohamed Mahmoud Hussin	14	Stad Mansoura	2:29.97
5	Raghad Ibrahim Elsaid	14	Gezira El Ward	2:31.87
6	Nour Mohamed Ahmed	14	Ahly	2:33.53
7	Hoda Goma Sobhy Mohamed Rawas	14	El Shams	2:34.22
8	Roudaina Samy Mohamed	14	Ahly	2:36.65
9	Ayten Ousama Abdelsalam	14	Damnhor Sport	2:39.94