

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 9/11/2023 Mor

Event 47 Girls 14 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Timed Finals				
3	Emilia Rogeh Hany	14	Wadi Degla	NT
4	Joudy Raafat Abdelhamid Sayed	14	Pegasus Club	NT
5	Retaj Ashraf Youssry	14	El Ghaba	NT
Heat 2 of 9 Timed Finals				
1	Kenzi Mahmoud Ahmed	14	Taleaa El Gish Club	NT
2	Mariam Islam Mohamed	14	Ahly	NT
3	Farida Ahmed Hussien	14	Smouha	NT
4	Malak Mokhtar Ahmed	14	Ahly	NT
5	Hana Mohamed Ibrahim	14	Pegasus Club	NT
6	Sondos Hossam Eldin Mahmoud	14	Al Tersana	NT
7	Laila Moustafa Moham	14	Palm Hills	NT
8	Farida Mohamed Abdel Rahman	14	Ahly	NT
Heat 3 of 9 Timed Finals				
0	Yara Sherif Mohamed	14	Wadi Degla	NT
1	Zena Mohamed Samy	14	El Ghaba	NT
2	Sama Mohamed Fayek	14	Wadi Degla	NT
3	Yara Yahya Fathy	14	Hadak Al Ahram	NT
4	Jana Hisham Mohamed	14	Wadi Degla	NT
5	Noor Rami	14	Sporting	NT
6	Louloua Modather Hassan	14	Wadi Degla	NT
7	Gana Mouhmed Ahmed	14	Cairo	NT
8	Rana Khaled Aly Esmail	14	Ultimate	NT
9	Goudy Mohamed Hamid Zaky	14	Zamalek	NT
Heat 4 of 9 Timed Finals				
0	Salma Ahmed Abd el Wahab	14	Wadi Degla	NT
1	Maria Nader Sedeky	14	Ismaily Sporting Club	NT
2	Rodina Mohamed Seif Eldin Mahmoi	14	Moasasa Riadiyah Askaria	3:23.82
3	Jana Mohamed Hassan	14	El Mekaweloun	3:18.78
4	Hanen Mohamed Farok	14	Hadak Al Ahram	3:09.00
5	Gana Alla Ahmed Salah	14	Ahly	3:18.42
6	Joliana Fady Emad	14	El Ghaba	3:20.41
7	Ritag Sherif Elsayed	14	Moasasa Riadiyah Askaria	3:23.88
8	Malak Mohamed Talaat	14	Sharks Team	NT
9	Retag Waled Sayed	14	El Mekaweloun	NT
Heat 5 of 9 Timed Finals				
0	Goumana Waleid Fathy	14	Zamalek	3:04.75
1	Habiba Mohamed Hamdy	14	Ahly	3:00.59
2	Sara Sanad Kamal Eliwa	14	Wadi Degla	2:59.32
3	Zeina Eslam Fayez	14	Shooting	2:57.74
4	Malak Ahmed Ibrahim	14	Taleaa El Gish Club	2:54.64
5	Zeina Sherif Ahmed	14	Wadi Degla	2:55.84
6	Aseel Ousama Abdelsalam	14	Damnhor Sport	2:59.07
7	Dana Wissam Hamed	14	Hadak Al Ahram	2:59.81
8	Jody Mohamed Salah Hussein	14	Maadi	3:03.46
9	Haneen Mohamed Nour Eldin	14	Wadi Degla	3:06.02

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 9/11/2023 Mor

Heat 6 Timed Finals... (Event 47 Girls 14 Year Olds 200 LC Meter IM)

0	Malak Aliywa Abd-elaziz	14	El Ghaba	2:53.72
1	Jana Hany Mohamed Ewies	14	6th	2:53.25
2	Lilly Mohamed abd el Aziz	14	Nasr City	2:51.58
3	Tala Feras Mostafa Mohreb	14	Smouha	2:50.88
4	Nigar Ahmed Kamal Mohsen	14	Stad Mansoura	2:49.93
5	Yara Mostafa Abdalla	14	Pegasus Club	2:50.14
6	Habiba Essam Wahba	14	Sporting	2:50.91
7	Laila Mohamed Samir	14	Ahly	2:52.52
8	Hana Sherif Salah Al-Din	14	Hadak Al Ahram	2:53.34
9	Gudy Walied Adly	14	El Shams	2:54.30

Heat 7 of 9 Timed Finals

0	Yomna Gomaa Ali Abdo	14	Bank Ahly Alex	2:49.65
1	Zena Ahmed Moustafa	14	Heliopolis	2:47.27
2	Khadega Mohamed Ibrahim	14	Wadi Degla	2:46.79
3	Nour Alaa Samy	14	Ahly	2:46.54
4	Nour Mohamad Ramzy	14	Swim Home	2:45.54
5	Kenzy Maged Abdel Gawad	14	Wadi Degla	2:46.32
6	Aisha Yasser Amin	14	Ahly	2:46.66
7	Jana Wael Ahmed	14	6th	2:46.93
8	Laila Ossama	14	Sporting	2:48.95
9	Tamara Mohamed Abd Elkader Elasa	14	Heliopolis	2:49.74

Heat 8 of 9 Timed Finals

0	Zinab Abdalaziz Mohsen Alhaggan	14	6th	2:44.22
1	Rodaina Khaled Mahmoud	14	Heliopolis	2:43.78
2	Sama Emad Abd Elhaleem	14	Rehab	2:42.80
3	Jana Sherif Mohamed Mohamed	14	6th	2:42.64
4	Nada Sameh Elsayed	14	El Ghaba	2:41.38
5	Liena Wael Farok Elgandy	14	Tanta	2:42.57
6	Retaal Mohamd Ghareeb	14	Smouha	2:42.71
7	Mariam Mahmoud Ahmed	14	Wadi Degla	2:43.11
8	Fayrouz Adel Abdel Rahman Osman	14	Heliolido	2:44.22
9	Habiba Elamier Fiesl	14	El Shams	2:45.44

Heat 9 of 9 Timed Finals

0	Maya Mahmoud Sakr	14	Smouha	2:40.82
1	Zeina Mohamed Darwish	14	Smouha	2:40.33
2	Nagar Mohamed Salem	14	Hadak Al Ahram	2:38.17
3	Basant Hesham Hussin	14	Wadi Degla	2:35.80
4	Nour Mohamed Ahmed	14	Ahly	2:31.99
5	Nada Hesham Medhat	14	Ahly	2:35.71
6	Raghad Ibrahim Elsaid	14	Gezira El Ward	2:37.54
7	Logain Amir Mohamed Elsayed	14	Elethead	2:39.75
8	Gana Mohamed Atef	14	Shooting	2:40.79
9	Jasmine Waleed Ibrahim	14	Smouha	2:41.04

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 9/11/2023 Mor

Event 48 Boys 14 Year Olds 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 29 Timed Finals				
3	Eyad Fahd Ali	14	Al Tersana	NT
4	Anas Mohamad Saber AbdulAal	14	El Shams	NT
5	Amir Ahmed Abdel Nafeh	14	el Shark Club	NT
Heat 2 of 29 Timed Finals				
1	Omar Khaled Hosny Teama	14	Moasasa Riadiyah Askaria	NT
2	Yassin Amr Hassan	14	Wadi Degla	NT
3	Nizar Mohamed Zenaty	14	Meit Khakan Sport Club	NT
4	Mohamed Tark Hamed Sdek	14	El Ghaba	NT
5	Asser Medhat Ibrahim Abd Elsam	14	Wadi Degla	NT
6	Talaat Mohamed Ahmed Talaat	14	Heliolido	NT
7	abd Elrahman Khaled Hussien	14	Wadi Degla	NT
8	Mohamed Esam Abdelrahman	14	Al Tersana	NT
Heat 3 of 29 Timed Finals				
0	Mostafa Akram Abd EL Rahman	14	Enppi	NT
1	Alaa Eldien Ahmad Fathy	14	Wadi Degla	NT
2	Mohamed Ayman Mohamed Ahmed	14	Wadi Degla	NT
3	Yassin Haitham Hassan	14	Wadi Degla	NT
4	Mohamed Ahmed Elhassany	14	El Zohour	NT
5	Aly Hossam Eldin Tawfik	14	Wadi Degla	NT
6	Feras Walid Hany	14	Sporting	NT
7	Hazem Mohamed Elsaid	14	Smouha	NT
8	Ali Waled Adel	14	Al Tersana	NT
9	Youssef Ahmed Ragab	14	Rowad	NT
Heat 4 of 29 Timed Finals				
0	Omar abd Ellatif Mahmoud	14	Mokattam	NT
1	Ahmed Ashraf Mahmud Elsaid	14	Matrix	NT
2	Ibrahim Mohamed Ibrahim Kamel	14	El Gezira	NT
3	Ziad Ashraf abd Elellah	14	Talbeia	NT
4	Aser Ehab Mohamed	14	El Zohour	NT
5	Ammar Ahmed Fawzy	14	Ahly	NT
6	Ahmed Mohamed Ahmed Said	14	el Shark Club	NT
7	Sherief Yaseer Saeid	14	Zamalek	NT
8	Adham Mohamed Farouk	14	Shooting	NT
9	Yasein Waleed Alham Fadl	14	Zamalek	NT
Heat 5 of 29 Timed Finals				
0	Hamza Ahmed Gamal Eldin	14	Ahly	NT
1	Adam Khaled	14	Al Nady	NT
2	Yassin Essam Metwaly	14	Wadi Degla	NT
3	Ahmed Hassan Ahmed Hassan	14	Top Swimmer	NT
4	Youssf Yasser Arfat	14	Zamalek	NT
5	Mohamed Maarof Hosny	14	Zahraa Helwan	NT
6	Omar Khaled Abdel Hakim	14	Shooting	NT
7	Hisham Bahgat Mohamed Elshirben	14	Stad Mansoura	NT
8	Hazem Aballa Ali	14	El Shrook	NT
9	Abdalla Mohamed Fahmy	14	El Ghaba	NT

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 9/11/2023 Mor

Heat 6 Timed Finals... (Event 48 Boys 14 Year Olds 200 LC Meter Freestyle)

0	Ahmed Amr Magdy	14	Rowad	NT
1	Shref Sameh Husen	14	Heliopolis	NT
2	Malek Ahmed Farouk	14	El Zohour	NT
3	Asaad Alaa Aldin Alsenosy	14	Rowad	NT
4	Karim Mohamed Mahmoud Yehia	14	Wadi Degla	NT
5	Ahmed Mohamed Mahmoud Abdelr;	14	El Zohour	NT
6	Mahmoud Haitham Jameel	14	Shooting	NT
7	Seif Ahmed Moustafa Ahmed	14	Zamalek	NT
8	Ahmed Sherif Reda	14	El Zohour	NT
9	Ahmed Abdallah Said	14	El Zohour	NT

Heat 7 of 29 Timed Finals

0	Yassein Ashraf Mohamed Salah	14	Enppi	NT
1	Ali Mohammed Elatroush	14	Olympia	NT
2	Omar Esam Mohamed NourELD	14	Moasasa Riadiah Askaria	NT
3	Ali Mostafa Farag	14	Police Club	NT
4	Yassin Ahmed Ibrahim Khalil	14	Wadi Degla	NT
5	Eyad Ehab Mohamed Mahmoud	14	El Shams	NT
6	Hassan Ahmed Hassan	14	Asyut Club	NT
7	Abdel Rahman Karim Ashraf Aly Ma	14	El Gezira	NT
8	Hossam Mohamed Attia	14	Meit Khakan Sport Club	NT
9	Omar Ahmed Fawzy	14	Wadi Degla	NT

Heat 8 of 29 Timed Finals

0	Youseef Islam	14	Sporting	NT
1	Yossef Ahmed Shehata Ahmed	14	El Ghaba	NT
2	Omar Ahmed Hussein	14	Ahly	NT
3	Omar Yasser Talaat	14	Enppi	NT
4	Adham Ayman Hussein	14	Hadak Al Ahram	NT
5	Malek Ahmed Salah	14	El Ghaba	NT
6	Ahmed Ibrahim Ibrahim	14	Canal El Suez	NT
7	ezz el din Ihab	14	Sporting	NT
8	Omar Ahmed Khater	14	Al Nady	NT
9	Omar Mohamed Samy Aly	14	Shooting	NT

Heat 9 of 29 Timed Finals

0	Mohamed Hesham Mohamed Fekry	14	Ahly	NT
1	Abdelrahman Amr Fawzy	14	El Zohour	NT
2	Moaz Mohamed Sayed Abdel Salam	14	El Shams	NT
3	Eyad Mohamed Ahmed	14	Ahly	NT
4	Omar Marwan Salem	14	El Khanka	3:13.78
5	Hassan Atef Hassan	14	Ahly	NT
6	Belal Mohamed Nabil	14	Wadi Degla	NT
7	Mohamed Motaaz Kamal	14	Ismaily Sporting Club	NT
8	Mazen Mohamed Hassan	14	Ahly	NT
9	Mathew George Salib	14	Wadi Degla	NT

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 9/11/2023 Mor****Heat 10 Timed Finals... (Event 48 Boys 14 Year Olds 200 LC Meter Freestyle)**

0	Youssef Mohamed Mahmoud Gamal	14	Ahly	2:50.60
1	Mohamed Kamal Abdelkader aly	14	Zamalek	2:47.89
2	Ziyad Mohamed Morsy	14	Seka El Hadid	2:45.51
3	Adham Mohamed Salah	14	Wadi Degla	2:43.02
4	Jane George Shawky	14	Wadi Degla	2:42.35
5	Yassein Amir Yassein	14	Enppi	2:42.51
6	Abdel Rahman Ahmed Mohamed	14	Ultimate	2:43.79
7	Mohamed Hassan Youseif	14	Zamalek	2:47.50
8	Mahmoud Muhamed Mahmoud Mu	14	Shooting	2:49.66
9	Yassien Mouhmed Saied	14	Cairo	2:54.05

Heat 11 of 29 Timed Finals

0	Adham Tamer Nabil Mohamed	14	Shooting	2:41.51
1	Ahmed Alaa Hassan	14	Maadi	2:41.28
2	Mahmoud Ahmed Hamdy	14	El Khanka	2:39.46
3	Omar Mohamed Abdelmoneim	14	El Ghaba	2:37.47
4	Mohammed Ahmed Elgraihy	14	El Khanka	2:36.81
5	Mohamed Walid Abo Elalla	14	Ahly	2:37.07
6	Yoseef Ahmed Mahmoud	14	el Shark Club	2:38.07
7	Marwan Ahmed Ragab Abdelmawla	14	Wadi Degla	2:40.65
8	Hazem Aymen Mohamed	14	El Zohour	2:41.31
9	Yousef Mahmoud Yousef	14	El Shrook	2:41.82

Heat 12 of 29 Timed Finals

0	Yousef Mahmoud Mohamed	14	El Mekaweloun	2:36.34
1	Hamza Mohamed Abd-elmaogod	14	El Ghaba	2:35.96
2	Mohamed Hassan Mohamed Hassan	14	El Shams	2:35.36
3	Anas Aboelnasr	14	Elabd Sporting Club	2:34.87
4	Karim Abd Elhamed Shibl Mohamed	14	Moasasa Riadia Askaria	2:34.54
5	Hamza Essam EL Wardany	14	Enppi	2:34.76
6	Mohamed Hany Ahmed	14	Wadi Degla	2:34.99
7	Mosaab Abdulah Ibrahim Shehata	14	El Zohour	2:35.82
8	Abd Allah Mahmoud Fawzy	14	Top Swimmer	2:36.30
9	Ahmed Khaled Hessen	14	El Shrook	2:36.81

Heat 13 of 29 Timed Finals

0	Mohamed Tamer Wafeek	14	El Zohour	2:33.96
1	Ahmed Ehab Sayed Ibrahim	14	Shooting	2:33.32
2	John Hany Eshaa	14	Wadi Degla	2:32.81
3	Moustafa Moha Fathy Mohamed	14	Maadi	2:31.75
4	Youssef Ahmed Mohie Eldin Gouda	14	El Zohour	2:31.16
5	Abd Elrahman Mohamed Hassan	14	Shooting	2:31.27
6	Omar Sadik Kamal	14	Wadi Degla	2:32.26
7	Ahmed Ibrahim Ahmed	14	El Mekaweloun	2:33.03
8	Yassin Ahmed Mohamed	14	Ahly	2:33.36
9	Seif Mohamed Talaat Mohmaed	14	Wadi Degla	2:34.48

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 9/11/2023 Mor

Heat 14 Timed Finals... (Event 48 Boys 14 Year Olds 200 LC Meter Freestyle)

0	Yassin Sherif Ismail Helal	14	Maadi	2:30.52
1	Amaar Waleed El-Said	14	El Ghaba	2:30.20
2	Mohamed Hany Mostafa Farag	14	Taleaa El Gish Club	2:29.77
3	Yousef Ahmed Hussein Sultan	14	Shooting	2:29.35
4	Mohamed Ahmed Hussien Ebrahim	14	Olympic Champion Club	2:28.37
5	Muhab Mohamed Nabil	14	Police Club	2:29.26
6	Taha Mohamed Mohy Eldin Zaki	14	Stad Mansoura	2:29.56
7	Omar Sherif Karam	14	Al Tersana	2:29.85
8	Hamza Sherief Hamed Ahmed	14	Zamalek	2:30.32
9	Mazen Mohamed El-Sayed	14	el Shark Club	2:30.71

Heat 15 of 29 Timed Finals

0	Adham Ahmed Hamed	14	Ahly	2:27.97
1	Mohamed Osama Soliman Ghanem	14	El Zohour	2:27.59
2	Seif Gamal Mohamed	14	15 May	2:27.46
3	Mohab Mohamed abu Elhasan	14	Tanta	2:27.11
4	Hosen Abd Elmonaem El Ashmaye	14	Heliopolis	2:26.95
5	Eyad Ahmad Moustafa	14	El Zohour	2:27.02
6	Mohamed Ahmed Saad	14	Moasasa Riadiyah Askaria	2:27.23
7	Adham Karem Mohamed El Biliy	14	Shooting	2:27.50
8	Omar Ahmed Hafez Ahmed	14	El Zohour	2:27.64
9	Abd Elrahman abd Elaziz	14	Cairo	2:27.97

Heat 16 of 29 Timed Finals

0	Hussen Mohamed Hamed	14	Heliopolis	2:26.58
1	Mohamed Afify Fawzy Afify	14	El Zohour	2:26.37
2	Belal Hamdy AlyEldin	14	Palm Hills	2:26.12
3	Mohamed Salah Hammad	14	Wadi Degla	2:25.86
4	Zeyad Tamer Abd Elsalam	14	Wadi Degla	2:25.66
5	Mohamed Fathy Hassan Khalel	14	Zamalek	2:25.85
6	Hassan Wael Mohamed	14	Ahly	2:25.98
7	Abd ElAziz Hamdy Abd ElAziz	14	ElGezira Youth	2:26.34
8	Youssef Yousry Ibrahim Ahmed	14	El Zohour	2:26.50
9	Abd Elrahman Zareef Ali	14	El Zohour	2:26.85

Heat 17 of 29 Timed Finals

0	Youssef Antar Mostafa	14	Enppi	2:25.33
1	Khaled Sherif Nabil Mohamed	14	El Zohour	2:25.20
2	Ziad Elsayed	14	Sporting	2:25.05
3	Yousef Tarek Salah	14	El Nasr Club	2:25.02
4	Hassan Hisham Desouky EL GA	14	Enppi	2:24.65
5	Seif Mohamed Hamza	14	El Ghaba	2:24.78
6	Ahmed Mahmoud Eldabah	14	Smouha	2:25.03
7	Yehia Sherif Taha	14	Wadi Degla	2:25.09
8	Abdallah Belal Mohamed	14	Pegasus Club	2:25.26
9	Yousef Ahmed Mohamed	14	Al Ealamein	2:25.60

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 9/11/2023 Mor****Heat 18 Timed Finals... (Event 48 Boys 14 Year Olds 200 LC Meter Freestyle)**

0	Mohamed Nasser Abdel Fattah	14	Ahly	2:24.45
1	Ziad Ahmad Elsaied	14	Talbeia	2:24.40
2	Ahmed Ehab Mohamed	14	Wadi Degla	2:24.00
3	Mahmoud Mohamed Abdelmonem	14	Gamgara Youth Center Banha	2:23.73
4	Hassan Bahi Hassan	14	Ahly	2:23.60
5	Karim Mohamed Abdel-Fattah	14	Hadak Al Ahram	2:23.70
6	Abd Elrahman Sameh Adel	14	Cairo	2:23.87
7	Zeyad Ahmed Hamed	14	Ahly	2:24.26
8	Ahmed Hossamm Saied	14	Cairo	2:24.41
9	Adam Walid Mohamed	14	Ahly	2:24.64

Heat 19 of 29 Timed Finals

0	Mohamed Ahmed Abdelaziz	14	Ahly	2:23.53
1	Braa Ahmed Lotfy	14	El Shams	2:23.33
2	Youssef Karam Ahmed Zanaty	14	Enppi	2:22.90
3	Ahmed Mostafa Ahmed	14	Police Club	2:22.64
4	Marwan Emad AboElaa	14	Pegasus Club	2:22.57
5	Yassin Mohamed Abd Elazim	14	El Zohour	2:22.62
6	Nour El din Tarek Abd Al Hameed	14	Wadi Degla	2:22.67
7	Selim Mohamed Essawy	14	Sporting	2:23.14
8	Yaseen Belal Mohamed	14	El Ghaba	2:23.50
9	Yassin Ali Mohamed Atef	14	Wadi Degla	2:23.58

Heat 20 of 29 Timed Finals

0	A.Rahman Mohamed Gamal	14	Wadi Degla	2:22.49
1	Mahmoud Haithem Mahmoud	14	El Zohour	2:21.96
2	Eyad Mahmoud Khalaf	14	Olympia	2:21.57
3	Beshr Mohamed Nasr Eldin	14	El Ghaba	2:21.26
4	Nourallah Mohsen Sarhan Ali Gamal	14	Heliolido	2:21.10
5	Yousef Mohamed Abdelkader Ali	14	Olympic Champion Club	2:21.26
6	Mohamed Ahmed Rida Mtoli	14	El Shams	2:21.44
7	Mohab Ahmed AL Sherbeny	14	Rowad	2:21.71
8	Mohamed Ahmed Fouad	14	Wadi Degla	2:22.41
9	Sief Tamer Wafeek	14	El Zohour	2:22.53

Heat 21 of 29 Timed Finals

0	Yehia Tamer Samer	14	Heliopolis	2:21.06
1	Mathio Michael Email Tawfek	14	Olympic Champion Club	2:20.78
2	Mostafa Ahmed Motawea	14	Wadi Degla	2:20.39
3	Eyad Walid Hani	14	Sporting	2:20.15
4	Zidan Ahmed Mohamed Farid	14	Club S	2:20.05
5	Eyad Faisal Saad	14	Enppi	2:20.11
6	Abd EL Rahman Ahmed Mahmoud	14	Rowad	2:20.31
7	Amr Hatim Abd ElKalK Abd ElWahb	14	El Gezira	2:20.75
8	AL Moaataz Belah Aly Mohamed	14	Rowad	2:20.85
9	Mohamed Amr Kamal ElDin	14	Maadi	2:21.09

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 9/11/2023 Mor

Heat 22 Timed Finals... (Event 48 Boys 14 Year Olds 200 LC Meter Freestyle)

0	Mazen Alaa El Din Abdel Fattah	14	Wadi Degla	2:19.64
1	Kareem Ayman Mohamed Hamd	14	Police Club	2:18.89
2	Yahya Ehab Hashish	14	Shooting	2:18.78
3	Abd EL Rahman Salama	14	Rowad	2:18.30
4	Omar Mohamed Ahmed Elsaei	14	Zamalek	2:18.05
5	Omar Maged Fattouh	14	El Zohour	2:18.22
6	Mahmoud Amir Mahmoud Allam	14	6th	2:18.47
7	Yassien Osama Fouad	14	El Shams	2:18.80
8	Mohamed Hany Mohamed	14	Wadi Degla	2:19.10
9	Moataz Ahmed Ragab	14	Sharks Team	2:19.88

Heat 23 of 29 Timed Finals

0	Seif Wael Abd El Latif	14	Shooting	2:17.74
1	Hitham Mohamed Ahmed Abdela	14	Moasasa Riadiyah Askaria	2:17.56
2	Ahmed Mohamed Ahmed Abdelftah	14	El Shams	2:17.47
3	Ebrahim Mohamed EL Dsoki	14	Heliopolis	2:17.29
4	Yousif Ahmed Mostafa Elmahdy	14	Shooting	2:17.16
5	Anas Ahmed Ismail	14	Ahly	2:17.19
6	Marwan Moataz Gamal Aldin	14	Pegasus Club	2:17.34
7	Bilal Amr Mohamed	14	Hadak Al Ahram	2:17.53
8	Yahia Ahmed El Sayed	14	Wadi Degla	2:17.61
9	Hamza Elmoutaz Bellah Moha	14	Zamalek	2:17.92

Heat 24 of 29 Timed Finals

0	Abdelrahman Hossam Helmy	14	Stad Mansoura	2:16.58
1	Yehia Adel Anwar	14	Wadi Degla	2:15.98
2	Abou Bakr Mohamed Ibrahim Harou	14	Shooting	2:15.45
3	Omar Mohamed Arafa	14	Police Club	2:15.19
4	Youseif Mohamed Abdelsallam	14	Zamalek	2:15.15
5	Mohamed Hesham Mohamed Ahme	14	El Shams	2:15.18
6	Omar Ehab Mostafa	14	Ahly	2:15.26
7	Sief Hesham Mohamed	14	Ahly	2:15.63
8	Adham Khaled Salah Eldin Mohame	14	Moasasa Riadiyah Askaria	2:16.52
9	Yousief Alaa Gad	14	El Shams	2:16.59

Heat 25 of 29 Timed Finals

0	Mouaaz Magdy Mohamed Eldeb	14	Zamalek	2:15.07
1	Aser Mohamed Mosaad Mohamed	14	Maadi	2:15.01
2	Hazem Mostafa Rabia	14	Ahly	2:14.78
3	Hazem Sherif Abdel Moez	14	Wadi Degla	2:14.43
4	Moaz Ahmed Abdallah	14	El Shams	2:14.04
5	Kariem amr Mouhmed	14	Cairo	2:14.19
6	Ahmed Mohamed Nabil Mohamed	14	El Shams	2:14.52
7	Abdalah Elsayed sad Elden	14	Swim Home	2:14.95
8	Aly Ahmed Khaled	14	Wadi Degla	2:15.04
9	Yassin Waleed Mahmoud	14	el Shark Club	2:15.09

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 9/11/2023 Mor

Heat 26 Timed Finals... (Event 48 Boys 14 Year Olds 200 LC Meter Freestyle)

0	Omar Hisham Hussien	14	El Zohour	2:13.41
1	Abdallah Walid Amer	14	Olympia	2:12.38
2	Adham Ahmed Mohamed	14	Ahly	2:11.80
3	Karim Mohamed Ahmed Al Sayed	14	Al Tersana	2:11.42
4	Yehia Mahmoud Taha	14	Ahly	2:10.38
5	Kariem abd Elrahman	14	Cairo	2:10.48
6	Ahmad Nabil Ahmad	14	Hadak Al Ahram	2:11.58
7	Mohamed Yasser Khalil AbdElrazek	14	6th	2:12.34
8	Farouk Mohamed Farouk Mohamed	14	Gezira El Ward	2:13.18
9	Adm Ahmed Yousief	14	Cairo	2:13.99

Heat 27 of 29 Timed Finals

0	Omar Osama Mohamed	14	Ahly	2:10.13
1	Marwan Mohamed Elsaid	14	Zamalek	2:09.59
2	Marwan Sherif Mohamed	14	Wadi Degla	2:09.13
3	Mazen Haitham Ibrahim	14	Wadi Degla	2:08.77
4	Abdelrahman Ahmed El Sakka	14	Wadi Degla	2:08.29
5	Youssef Mohamed Khalil	14	Wadi Degla	2:08.51
6	Adhm Bassem Mouhmed	14	Cairo	2:08.90
7	Mohamed Ibrahim Mohamed	14	Ahly	2:09.54
8	Rayan Amr Mohamed	14	M.S Tagamoa	2:09.81
9	Omar Mohamed Kawod	14	Baladyat El Mahala	2:10.17

Heat 28 of 29 Timed Finals

0	Yousef Ahmed Shaban	14	Al Shehk Zaeid	2:08.09
1	Adham Wael Zeyad	14	Sporting	2:07.77
2	Adham Shady Medhat Esmail	14	Gezira El Ward	2:07.45
3	Adam Ahmed Yaqoub	14	Hadak Al Ahram	2:06.46
4	Ahmed Amr Ahmed	14	Ahly	2:06.35
5	Magdy Ahmed Magdy Gazea	14	Tanta	2:06.43
6	Ali Amr Zoalfakar	14	Smouha	2:06.68
7	Eyad Kamal Mohamed Salah	14	Wadi Degla	2:07.71
8	Eyad Islam Mahmoud Elsaid	14	Smouha	2:08.06
9	Omar Basem Hassan Mohamed	14	Maadi	2:08.10

Heat 29 of 29 Timed Finals

0	Eslam Mohamed Abdelrazek Saaed	14	6th	2:05.64
1	Abdelrhman Mohamed Mohamed Al	14	Bank Ahly Alex	2:04.81
2	Gasser Khaled Fatooh	14	Taleaa El Gish Club	2:03.74
3	Adham Amr Mahmoud	14	Maadi	2:02.32
4	Yasen Mohamed Nabil	14	Heliopolis	1:59.68
5	Tarek el Shaer	14	Sporting	2:00.19
6	Yassin Ahmed m Adel	14	El Temsah	2:02.34
7	Zain Akram Ahmed	14	Ahly	2:04.11
8	Ziad Mohamed Hassan	14	Sporting	2:05.60
9	Mohamed Amr Nabil	14	Wadi Degla	2:06.10