

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 26/11/2023 Eve

Event 168 Girls 13 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Timed Finals				
2	Laila Mohamed abo Etta	13	Sporting	NT
3	Roaa Ibrahim Salaheldin Ibrahim	13	Al Hawar	NT
4	Raga Haniy Mohamed Amyn	13	El Mekaweloun	NT
5	Layaly Hossam Eldin Mohamed	13	Smouha	NT
6	Nadin Ahmed Farouk	13	Hadak Al Ahram	NT
7	Sybel Mohamed Gaber	13	Elethad	NT
Heat 2 of 9 Timed Finals				
0	Raghda Mohamed Awany Gaber	13	Smouha	NT
1	Remas Eslam Mohamed	13	Top Swimmer	NT
2	Happy Wael Emad	13	Rehab	NT
3	Zeina Ahmed Kenawi	13	Damnhor Sport	NT
4	Farida Haitham Mohamed	13	Maadi	NT
5	Basmalah Mohammed Alhoseny	13	Domyt Club	NT
6	Rodayna Hussien Salah	13	El Mekaweloun	NT
7	Farah Taymor Hamdy Abdelra	13	Zamalek	NT
8	Lojain Hany Ahmed Hamed	13	ElGezira Youth	NT
9	Wafa Medhat Adbullatif	13	M.S Tagamoa	NT
Heat 3 of 9 Timed Finals				
0	Sereen Eslam gab Allah	13	Sporting	NT
1	Joudy Ibrahim abd Allha	13	Cairo	NT
2	Nada Saeed Ramadan Arfa	13	Zamalek	5:56.37
3	Arwa Salah El-Din AbdulFattah	13	Seka El Hadid	5:50.31
4	Malak Arfa Ahmed Amen	13	Rowad	5:49.61
5	Myar Osama ali Mohamed	13	El Mekaweloun	5:50.07
6	Remas Tamer Ahmed Mohamed	13	Rowad	5:51.16
7	Haneen Hassan Mohamed	13	El Obour	NT
8	Aya Ayman Abdelhalim Mahmoud	13	Stad Mansoura	NT
9	Maram Mohamed Mahmoud	13	Rowad	NT
Heat 4 of 9 Timed Finals				
0	Mena-allah Mohamed Basiony	13	El Ghaba	5:43.58
1	Rowiada Aly Ahmed	13	Seka El Hadid	5:41.34
2	Hala Mostafa Kamel Marzok	13	Zamalek	5:39.29
3	Farida Tarek Aboelmaaty Elsaeed	13	6th	5:35.05
4	Joury Amro Tayea	13	Pegasus Club	5:32.64
5	Karma Walid Mohamed	13	Pegasus Club	5:34.95
6	Judy Ashrf Sayed	13	M.S Tagamoa	5:38.90
7	Farida Mostafa el Barawy	13	Sporting	5:41.14
8	Malk Ebrahim Mahmoud	13	Sharks Team	5:43.12
9	Nour Mostafa Ibrahim Mohamed	13	El Shams	5:47.88
Heat 5 of 9 Timed Finals				
0	Mariam Haitham Ahmed	13	Shooting	5:32.00
1	Gana Ahmed Farouk	13	6th	5:25.67
2	Malak Wael Abdel Mohsen	13	Shooting	5:25.22
3	Hasnaa Mamdouh Ahmed	13	Al Tersana	5:22.70
4	Lama Fady Salah	13	Shooting	5:20.18
5	Jumana Mohamed Abd Elaziz	13	Ahly	5:21.34
6	Jana Atef Ebrahim	13	El Ghaba	5:23.33
7	Nariman Nizar Ahmed	13	Hadak Al Ahram	5:25.53
8	Arwa Ahmed Abdelhamed	13	M.S Tagamoa	5:31.11
9	Sama Sayed Ali Ahmed	13	Al Tersana	5:32.05

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Heat 6 Timed Finals... (Event 168 Girls 13 Year Olds 400 LC Meter Freestyle)

0	Assel Ahmed Saied	13	Cairo	5:19.40
1	Maysam Mohamed Magdy	13	Rowad	5:18.54
2	Mirna Abo-alyamin	13	El Ghaba	5:18.25
3	Farida Mohamed Ali Hassn	13	Smouha	5:16.86
4	Sagda Abd EL Razek Kamal	13	Rowad	5:15.12
5	Roqaya Rabie Al Noor	13	Talbeia	5:16.63
6	Ghalia Ashraf Ebrahim	13	Sporting	5:18.17
7	Jolyaa Walid Ahmed	13	El Zohour	5:18.46
8	Ronzy Ahmed Yahia Ahmed	13	El Mekaweloun	5:19.17
9	Farida Abdel Fattah Hammad	13	Swim Home	5:19.79

Heat 7 of 9 Timed Finals

0	Nayrouz Moutaz Nabil Mohamed	13	El Shams	5:14.78
1	Rozan Amr Mohamed	13	Sharks Team	5:12.22
2	Lojayn Mohamed Gamal ali	13	Zamalek	5:10.83
3	Maya Mohamed Mostafa	13	Wadi Degla	5:08.98
4	Login Alaa Saber Ahmed	13	El Ghaba	5:08.56
5	Gana Mohamed Abdul Mawla	13	El Shams	5:08.80
6	Joudy Amr Mohsen	13	Shooting	5:09.03
7	Joudy Osama Mohamed Abdelrazek	13	El Zohour	5:11.02
8	Rumaisa Yaser Mohamed	13	El Ghaba	5:13.72
9	Kermima Boles Samir Seha	13	El Shams	5:14.79

Heat 8 of 9 Timed Finals

0	Sama Hesham Abdel Fattah	13	El Shams	5:08.21
1	Jana Magdy Mohamed	13	Wadi Degla	5:06.11
2	Joudy Emad Ashmawy	13	Sporting	5:04.37
3	Login Osama Sayed	13	Hadak Al Ahram	5:02.30
4	Karma Sabry Hussien	13	Wadi Degla	5:00.98
5	Yara Kamel Masamer	13	Damnhor Sport	5:01.76
6	Habiba Ahmed Mohamed Mahmoud	13	Ahly	5:03.04
7	Salma Mohamed Eltokhy	13	Ahly	5:05.74
8	Alaa Ahmed Bahaa El-Din	13	Wadi Degla	5:07.78
9	Hana Weal Fouad	13	Smouha	5:08.37

Heat 9 of 9 Timed Finals

0	Rimas Khaled Shehata	13	Hadak Al Ahram	4:56.06
1	Fayroz Mohamed Elmtwaly Els	13	Bank Ahly Alex	4:54.98
2	Sama Wael Ahmed Mohamed	13	El Zohour	4:54.02
3	Jana Ramadan Abdelftah	13	Ahly	4:51.84
4	Sofia Ahmed Khalifa	13	Ahly	4:44.67
5	Rofida Amro Abas	13	Olympia	4:51.05
6	Retal Mahmoud Mohamed	13	Wadi Degla	4:53.76
7	Malk Mohamed Magdy Abdelkader	13	Gezira El Ward	4:54.14
8	Hana Ossama Mohamed Ali	13	Smouha	4:55.03
9	Malak Tareq Abla	13	Smouha	4:58.77

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Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
3	Yassin Waseem Khalil Ibrahim	13	Wadi Degla	NT
4	Zayed Amr Said	13	Marina Sporting Club Hurghada	NT
5	Ziyad Mohamed Ragaa	13	Shooting	NT
6	Nour Eldin Ahmed Fouad Ismail	13	El Shams	NT
Heat 2 of 7 Timed Finals				
0	Ibrahem Anwar Saied	13	el Shark Club	NT
1	Ahmed Khaled Abd El Latif	13	Smouha	NT
2	Omar Hazem Abdel Rahman Ezzat	13	El Shams	NT
3	Baraa Mohamed Ibrahim	13	Shooting	NT
4	Yosuif Mohamed Monir	13	Ultimate	NT
5	Mohamed Ayman Mohamed Hamed	13	Stad Mansoura	NT
6	Omar Hamdy Hussein	13	El Nasr Club	NT
7	Mostafaa Mohamed Elrawady	13	Canal El Suez	NT
8	Mahmoud Waleid Mahmoud	13	Zamalek	NT
9	Bashar Mohamed Elsaid Khali	13	Smouha	NT
Heat 3 of 7 Timed Finals				
0	Ewaan Haytham Hassan met	13	Zamalek	NT
1	Mohamed Ahmed Fadel	13	Sharks Team	21:44.87
2	Yehia Wael Awad Mohammed Khalil	13	Goldy	20:59.97
3	Marwan Amr Abd-elrahem	13	El Ghaba	20:45.07
4	Mazen Maher Abd Elmegid	13	Smouha	20:27.67
5	Ahmed Tarek abo Yossef	13	Sporting	20:42.48
6	Omar Mohamed Shawqi	13	Hadak Al Ahram	20:46.29
7	Hady Ibrahim Abdulghani	13	Hadak Al Ahram	21:17.88
8	Abdelrahman Seid Magdy Seid	13	Zamalek	22:43.08
9	Youssef Tamer Azab	13	Wadi Degla	NT
Heat 4 of 7 Timed Finals				
0	Hazem Ahmed Mohamed Ahmed	13	6th	20:21.88
1	Muhannad Amr Abd Elfattah	13	El Obour	20:10.48
2	Yassein Amr Mostafa	13	Shooting	19:55.68
3	Hamza Mohamed Safwat Bazan	13	Maadi	19:48.73
4	Asser Mohamed abd Almneam	13	El Obour	19:45.24
5	Mohamed Osama Abd ElAzim Moha	13	Wadi Degla	19:46.40
6	Omar Mamdoh abd el Azim	13	Rowad	19:50.66
7	Gasser Nader Nabih	13	Wadi Degla	20:06.16
8	Adham Sameh Said	13	Al Tersana	20:20.19
9	Youssef Mohamed Rabie	13	El Obour	20:26.70
Heat 5 of 7 Timed Finals				
0	Amr Mohamed Khedr Shaker	13	El Mekaweloun	19:36.83
1	Omar Ali Mahmoud	13	Ahly	19:30.07
2	El Hussein Ibrahim Hussein Abdr	13	Smouha	19:21.36
3	Ahmed Basem Mohamed	13	El Shams	19:19.24
4	Ahmed Mohmed Ahmed	13	Cairo	19:14.36
5	Omar Mohamed Hanafy	13	M.S Tagamoa	19:15.34
6	Yahie Ahmed Adel Aly	13	Shooting	19:21.16
7	Mohamed Mahmoud Esmail Abdmg	13	Smouha	19:26.79
8	Mostafa Ramdan Moustafa Moha	13	Bank Ahly Alex	19:34.13
9	Eyad Mohamed Anwer	13	Al Tersana	19:41.22

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0	Amr Osama Ibrahim	13	Maadi	19:06.99
1	Ahmed Waleed Ahmed Yaseen	13	El Shams	18:50.47
2	Abdala Ahmed Samir Abdo	13	6th	18:47.21
3	Hussein Ahmed Hussein	13	Shooting	18:40.54
4	Hamza Mohamed Abdelwahab A	13	Bank Ahly Alex	18:27.35
5	Begad Mohamed Hussien	13	Ahly	18:32.37
6	Adham Hesham Mohamed Mohame	13	Stad Mansoura	18:45.29
7	Ahmed Waled Talat Hasanin	13	6th	18:48.99
8	Mohamed Hosam el din Mohamed	13	Sporting	18:54.72
9	Mohammed Taha Aboelsoud	13	Olympia	19:08.53

Heat 7 of 7 Timed Finals

0	Youssef Mohamed Saad	13	Ahly	18:24.55
1	Marwan Akram Sobaeeh	13	El Shams	18:21.67
2	Fares Tamer abo Elhasan	13	Gezira El Ward	18:09.37
3	Mohamed Mamdouh Ebada Abdelna	13	Stad Mansoura	18:02.59
4	Ahmed Mohamed Ahmed Abdallah	13	Ahly	17:53.21
5	Youssef Ramez Mohamed	13	Wadi Degla	17:57.72
6	Yousef Ahmed Elshabany	13	Olympia	18:06.72
7	Selim Abdallah Mohamed	13	Pegasus Club	18:12.14
8	Yousef Hesham Mohamed Tawfek	13	Stad Mansoura	18:22.85
9	Seif Eldin Sameh El Kadi	13	Ahly	18:24.66