

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 4/12/2023 Eve

Event 206 Boys 12 Year Olds 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Timed Finals				
3	Amir Bassem Hamdy	12	Canal El Suez	NT
4	Ismail Ahmed Ibrahim	12	Maadi	NT
5	Bavly Samr Samir Ibrahim	12	El Ghaba	NT
Heat 2 of 18 Timed Finals				
0	Eyad Yahya Abu Elonine Mohamed	12	Moasasa Riadiyah Askaria	NT
1	Kefin Amged Adel	12	Canal El Suez	NT
2	Ammar Sherif Mohamed	12	Wadi Degla	NT
3	Hussien Mohamed Hussien Qassem	12	Ahly	NT
4	Yasin Mohamed Salah	12	El Zohour	NT
5	Moamen Ahmed Abdel Moamen	12	Ahly	NT
6	ali Osama Tawfik Elfeki	12	El Mekaweloun	NT
7	Hamza Mohamed Samy	12	Smouha	NT
8	Omar Hakem Hamdy	12	Asyut Club	NT
9	Yassen Moataz Hamed Mohamed	12	Al Hawar	NT
Heat 3 of 18 Timed Finals				
0	Adam Akram Zaki	12	Ahly	NT
1	Basem Ehab Farouk	12	Ahly	NT
2	Mohamed Rashad Mohamed	12	El Ghaba	NT
3	Adam Mohamed Salah Yousef Mosta	12	Moasasa Riadiyah Askaria	NT
4	Mohamed Ayman Ragab	12	Ahly	NT
5	Marawan Mahmoud Mostafa	12	Ahly	NT
6	Karim Hazem Nader	12	Ahly	NT
7	Omar Haytham Abdel Hamid	12	Ahly	NT
8	Moaz Saleh Saber	12	M.S Tagamoa	NT
9	Mohamed Ahmed Elbadry	12	Taleaa El Gish Club	NT
Heat 4 of 18 Timed Finals				
0	Saad Mohamed Saad Mohamed	12	Zamalek	NT
1	Moaz Mahmoud Khater	12	Rehab	NT
2	Eyad Mohamed Alaa Ismail Rasmy	12	El Shams	NT
3	Mohamed Abdel Hamid Said	12	Ahly	NT
4	Hamza Ahmed Abdelkader	12	Zamalek	NT
5	Mostafa Mohamed Galal	12	Wadi Degla	NT
6	Marwan Kamal Ahmed	12	El Temsah	NT
7	Mohamed Hossam Morsi Ahmed	12	El Shams	NT
8	Mohamed Adel Saad Mohamed	12	Al Hawar	NT
9	Malek Hossam Samir	12	Wadi Degla	NT
Heat 5 of 18 Timed Finals				
0	Philopater Kamal Yohanna	12	Wadi Degla	NT
1	Malek Mohamed Rashad	12	Bitash	NT
2	Hamza Ahmed Fahim	12	Ahly	NT
3	Asser Amr Mohamed	12	El Zohour	NT
4	Adam Mohamed Ahmed Abd Elaziz	12	Ahly	NT
5	Yassin Sherif Mohamed Omar	12	Wadi Degla	NT
6	Aly Basem Aly	12	Heliopolis	NT
7	Shehab Khaled Eisa	12	Shooting	NT
8	Yassen Mohamed Ahmed	12	El Obour	NT
9	Ahmed Mohamed Abdelmonam	12	El Khanka	NT

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Heat 6 Timed Finals... (Event 206 Boys 12 Year Olds 200 LC Meter Breaststroke)

0	Yassen Aly Mohammed	12	Nemoo	NT
1	Yassin Moustafa Mohamed	12	Ahly	NT
2	Yosif Mahmoud Elsaid	12	Sharks Team	NT
3	Marwan Sameh Ramadan	12	Meit Khakan Sport Club	NT
4	Yossef Moatafa Nabil	12	Canal El Suez	NT
5	Ibrahim Eslam Abd El-Nabi	12	Tanta	NT
6	Adam Mahmoud Sayed	12	Ahly	NT
7	Ziad Mohamed Shaban	12	Wadi Degla	NT
8	Eyad Amro Drahem	12	Olympia	NT
9	Modeather Mohamed Abd Elbadea	12	Taleaa El Gish Club	NT

Heat 7 of 18 Timed Finals

0	Waled Osama Mohamed	12	Sharks Team	NT
1	Mohamed Ahmed Mohamed Falah	12	Al Hawar	NT
2	Ewan Mohamed abd Elrhman	12	Al Tersana	3:55.81
3	Ahmed Mohamed Hanfy	12	Ahly	3:46.45
4	Mahmoud Yahia Samy	12	El Zohour	3:42.27
5	Abd El Rahman Mohamed Wadgy	12	El Obour	3:42.78
6	Yassen Ahmed Aboelalla	12	Nemoo	3:47.42
7	Youssef Osama Mohamed	12	El Zohour	3:56.95
8	Adham Moataz Shaaban Ibrahim	12	Wadi Degla	NT
9	Yassin Sameh Sayed	12	Wadi Degla	NT

Heat 8 of 18 Timed Finals

0	Marwan Hsham Abdulqawi	12	Sharks Team	3:38.69
1	Karim Amged Mohamed Hussin	12	El Ghaba	3:38.14
2	Mazen Tamer Mohamed Aly	12	Rowad	3:37.72
3	Yassin Bahaa Eldin Abdel Aziz	12	Ahly	3:36.77
4	Ammar Hany Kamal Mahdy	12	Taleaa El Gish Club	3:35.86
5	Hamza Mohamed Said Ali	12	Taleaa El Gish Club	3:35.98
6	Omar Helal Ewes	12	Wadi Degla	3:37.53
7	Youssef Gorj Youssef	12	El Obour	3:38.06
8	Adam Mohamed Mahrous	12	El Zohour	3:38.59
9	Hamza Mohamed Abdoul Monem M	12	El Shams	3:39.92

Heat 9 of 18 Timed Finals

0	Eyad Ihab Zakria	12	ElGezira Youth	3:34.57
1	Nour Eldin Khaled Farouk	12	El Zohour	3:33.64
2	Mohand Mazen Mahmoud	12	Ahly	3:33.28
3	Samir Ahmed Samir	12	M.S Tagamoa	3:30.40
4	Younis Mohamed Rashad	12	Wadi Degla	3:30.30
5	Ahmed Mohamed Galal	12	Seka El Hadid	3:30.37
6	Ibrahim Wael Mahmoud Atries	12	Shooting	3:33.07
7	Tamim Ahmed Galal Eldin	12	Ahly	3:33.45
8	Sief Moataz Ibrahim	12	El Zohour	3:33.88
9	Malek Mohamed Bader	12	Ultimate	3:34.89

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Heat 10 Timed Finals... (Event 206 Boys 12 Year Olds 200 LC Meter Breaststroke)

0	Mohamed Omar Mohamed Refeat	12	6th	3:27.85
1	Hassan Ahmed Adel Fouad	12	Pegasus Club	3:27.47
2	Marwan Mohamed Ibrahim	12	Wadi Degla	3:27.04
3	Marawan Moataz Magdy	12	Ahly	3:25.78
4	Adam Ahmed Ibrahim	12	El Obour	3:25.38
5	Mohamed Essam Abdel Rhiem	12	Ahly	3:25.39
6	Eyead Emad Kamal	12	El Zohour	3:26.14
7	Adam Obaid Allah Mousa El	12	ElGezira Youth	3:27.33
8	Youssef Ahmed Abd Elhady	12	ElGezira Youth	3:27.54
9	Yaseen Ghassan Jaber Kamel	12	Rehab	3:27.85

Heat 11 of 18 Timed Finals

0	Youssef Ahmed Ismail	12	El Zohour	3:24.34
1	Saif Aldin Mostafa Fathy Diab	12	Rowad	3:23.82
2	Faris Hesham Atia	12	TM Sports	3:23.37
3	Omar Gamal Abd ElRahman	12	Seka El Hadid	3:22.21
4	Anas Hazem Mahmoud Abdelwahed	12	6th	3:20.24
5	Anas Ismael Kaled	12	Sharks Team	3:21.02
6	Mohanad Tarek Mahmoud	12	M.S Tagamoa	3:23.13
7	Hamza Mohamed abd Elaal	12	Cairo	3:23.62
8	Malek Darwish	12	Sporting	3:23.96
9	Ali Amr Muhammed	12	Rehab	3:24.66

Heat 12 of 18 Timed Finals

0	Malek Ahmed Yousry	12	Wadi Degla	3:19.68
1	Mohamed Hussein Mohamed Helm	12	Zamalek	3:19.60
2	Mohamed Tamer Fakhry	12	Hadak Al Ahram	3:19.06
3	Yasin Hany Mohamed	12	Sharks Team	3:17.93
4	Fares Ahmed Fathy Talha	12	El Ghaba	3:16.53
5	Ammar Mahmoud Hamed Badr	12	El Ghaba	3:17.57
6	Fares Ahmed Mohamed Fathy	12	Rowad	3:18.49
7	Omar Ahmed Soliman Aly	12	Rowad	3:19.18
8	Mostafa Mahmoud Samir	12	Cairo	3:19.64
9	Sief Ahmed Antar	12	ElGezira Youth	3:19.76

Heat 13 of 18 Timed Finals

0	Ebrahim Mohamed Ebrahim Ahmed	12	Olympic	3:16.39
1	Carl Kamel Samy	12	El Tamsah	3:15.73
2	Yehia Mohab Mohamed Bakr	12	Smouha	3:15.37
3	Saad Esam Saad	12	Olympia	3:14.49
4	Yassin Ahmed Aly Mohamed	12	Shooting	3:14.29
5	Mohamed Ramah Mohamed	12	Ahly	3:14.43
6	Zeyad Emad Kamal	12	El Zohour	3:14.55
7	Yassin Ahmed Hassan	12	El Obour	3:15.54
8	Tarek Hatem Ibrahim	12	Ahly	3:15.91
9	Nour Eldin Waleed Anwar	12	Ahly	3:16.50

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0	Hamza Mohamed Ahmed Ali	12	Wadi Degla	3:13.27
1	Selim amr	12	Sporting	3:12.87
2	Hamza Karim Mohamed Aly	12	TM Sports	3:12.60
3	Adam Ashry	12	Sporting	3:12.04
4	Hamza Ahmed Shabaan	12	Hadak Al Ahram	3:11.18
5	Mazen Ismail Abdalrahmem	12	El Zohour	3:11.90
6	Yahia Mohamed Yahia	12	Montkab Suez	3:12.17
7	Yousef Mohamed Mahfouz	12	Rowad	3:12.73
8	Selim Ahmed Hasan	12	Wadi Degla	3:12.91
9	Kerellos Esam Saad Awad	12	Shooting	3:13.87

Heat 15 of 18 Timed Finals

0	Youssef Mostafa Mohamed Mostafa	12	6th	3:11.03
1	Mostafa Makeen Ndaf	12	Golf City Clup	3:10.44
2	Asser Mohamed Saeed Mohame	12	Rowad	3:10.40
3	Anas Ahmad Mahmoud	12	Ahly	3:10.10
4	Yassen Hossam Mansour Hassa	12	ElGezira Youth	3:09.45
5	Malek Mostafa Mohamed	12	Ahly	3:09.88
6	Hassan Yousef Hassan	12	Smouha	3:10.22
7	Ahmed Assem Abdalmonem	12	Zamalek	3:10.41
8	Mohamed Hany Gamal ali	12	El Shams	3:10.62
9	Seif Hany Hasheim	12	Zamalek	3:11.10

Heat 16 of 18 Timed Finals

0	Ezz Eldin Ahmed Adel	12	Elethead	3:08.87
1	Youssef Ahmed Mohamed Ibrahim	12	Ahly	3:08.10
2	Mohamed Moner Abdel Moneim	12	Petrosport	3:07.60
3	Mohamed Moustafa Mohamed	12	Stad Mansoura	3:06.05
4	Youssef Tamer Gamal Eldin	12	Smouha	3:05.46
5	Hamza Mohamed Hesham	12	Smouha	3:05.79
6	Aser Noor Gamal abd Elnas	12	el Shark Club	3:06.76
7	Malek Gasser Mohamed Shams	12	Maadi	3:08.00
8	Belal Mohamed Moustafa	12	Ahly	3:08.37
9	Basel Hany Salem	12	El Zohour	3:09.23

Heat 17 of 18 Timed Finals

0	Yassin Khaled Ahmed Youssef	12	6th	3:01.07
1	Ahmed Mostafa Mahmoud	12	Ahly	3:00.77
2	Ziad Bahaeldin Ebrahim Sayed Ahn	12	Olympic	3:00.20
3	Adam Rafik Mahmoud Hamed	12	Stad Mansoura	2:59.23
4	Omar Amr Abaza	12	Shooting	2:59.02
5	Youssef Moataz Mohamed Ahmed	12	Wadi Degla	2:59.13
6	Ryan Mahmoud Sayed	12	Elethead	2:59.68
7	Adham Karim Elqady	12	Smouha	3:00.41
8	Mohamed Wail Saif Elnasr	12	Ahly	3:00.83
9	Omar Mahmoud Sayed Sadek	12	Ahly	3:01.52

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0	Youssef Ramy Nouredin Kamel	12	6th	2:57.87
1	Salem Amir Mohamed	12	Al Shehk Zaeid	2:55.24
2	Abd Elrahman el Kilany	12	Sporting	2:53.50
3	Omar Ahmed Magdy Ali	12	Bank Ahly Alex	2:53.13
4	Adam Abdullah Hamed	12	Ahly	2:45.19
5	Hussien El Khashab	12	Sporting	2:50.32
6	Karim Hossam Samir Fahmy	12	Al Hawar	2:53.19
7	Mohamed Yasser Mohamed Aly	12	Smouha	2:53.67
8	Zeyad Adel Ibrahim Mohamed	12	Stad Mansoura	2:56.15
9	Hamza Hossam Nady	12	Wadi Degla	2:58.54

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Event 207 Girls 12 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Timed Finals				
3	Rimas Eslam Mohamed	12	Smouha	NT
4	Jounier John Fikry Youssef	12	El Shams	NT
5	Ratel Mahmoud Mohamed	12	Stad Mansoura	NT
Heat 2 of 18 Timed Finals				
0	Fareda Ahmed Hasan Elmazahy	12	Gezira El Ward	NT
1	Sohaila Hany Badr Eldin	12	Wadi Degla	NT
2	Farida Mohamed Abo Hashem	12	Ahly	NT
3	Farida Ahmed Mohamed	12	Wadi Degla	NT
4	Retaal Ekramy Mahmoud	12	Al Shehk Zaeid	NT
5	Lara Mahmoud Mohamed	12	Taleaa El Gish Club	NT
6	Reem Ramy Abdelsalam Esma	12	Zamalek	NT
7	Zeina Mohamed Gaber Yassin	12	Smouha	NT
8	Rodaina Wael Mostafa	12	Ahly	NT
9	Zeina Alaa Ahmed	12	Shooting	NT
Heat 3 of 18 Timed Finals				
0	Hagar Ahmed Gamal	12	Ahly	NT
1	Jana Ahmed Mohamed	12	Police Club	NT
2	Rawan Mohamed Salama	12	El Ghaba	NT
3	Hana Ahmed Khafagy	12	Sporting	NT
4	Lojain Ehab Ahmed Kamel	12	Shooting	NT
5	Rawda Alaa Eldin Mohamed a	12	Zamalek	NT
6	Imanda Mohamed Mahmuod	12	Sharks Team	NT
7	Gouly Ahmed Monged	12	Ahly	NT
8	Locinda Hany Emad Aziz	12	El Ghaba	NT
9	Dalia Osama Aly Ebraheem	12	Rowad	NT
Heat 4 of 18 Timed Finals				
0	Mira Girgis Wadea Thabet	12	Heliolido	NT
1	Farida Ahmed Ali Fahmy	12	ElGezira Youth	NT
2	Farah El Shazly	12	Shooting	NT
3	Zeina Ahmed Shabaan	12	Ahly	NT
4	Kenzy Aly Mohamed Aly	12	Rowad	NT
5	Lama Hani Mohamed Abdullah	12	Goldy	NT
6	Yara Ahmed Hassan Anwar	12	Shooting	NT
7	Karma Walaa Ali Abdelfatah	12	El Mekaweloun	NT
8	Fairouza Mohamed Mahmoud	12	Elethad	NT
9	Malak Ehab Mohamed Khalil	12	Smouha	NT
Heat 5 of 18 Timed Finals				
0	Farida Amr Gado	12	Olympia	NT
1	Layan Abed Abd el Rehem	12	Wadi Degla	NT
2	Zeina Sherif Hady Mohamed	12	Shooting	NT
3	Farida Ahmed Abdelazem Abdelaziz	12	El Mekaweloun	NT
4	Farida Mohamed Fawzy	12	El Tamsah	NT
5	Joudy Mahmoud Fawzy	12	El Zohour	NT
6	Judy Mohamed Helmy	12	A S E C	NT
7	Maies Mohamed Abd El-Salam Morg	12	Tanta	NT
8	Jana Mohamed Metwally	12	Wadi Degla	NT
9	Farida Esmat Mohamed Ahmed	12	Wadi Degla	NT

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Heat 6 Timed Finals... (Event 207 Girls 12 Year Olds 200 LC Meter IM)

0	Jana Mohamed Gomaa	12	Hadak Al Ahram	NT
1	Maryam Ashraf Mahmoud Elsayed	12	El Mekaweloun	NT
2	Rofaida Amr Abdelaziz	12	Ahly	NT
3	Retal Hamada Khairy	12	Al Tersana	NT
4	Gody Ahmed Kamal	12	Stad Mansoura	NT
5	Malak Ahmed Shawky	12	Heliopolis	NT
6	Malak Mohamed Helmy	12	Wadi Degla	NT
7	Maryam Atif Mohamed Saed	12	El Mekaweloun	NT
8	Roussayl Ahmed Samir Shaaban	12	Smouha	NT
9	Rawan Ahmed Mohamed Ahmed	12	6th	NT

Heat 7 of 18 Timed Finals

0	Hia Kareem Ragab Hashim	12	El Mekaweloun	NT
1	Rittal Mohammed Mohsen	12	Nemoo	NT
2	Karma Asem Mohsen	12	Sharks Team	NT
3	Rawda Tarek Hamed	12	Shooting	NT
4	Perry Islam Atef	12	Smouha	NT
5	Malak Ahmed Morsy	12	Maadi	NT
6	Menatallah Talat Kamal Hekal	12	Matrix	NT
7	Tasnem Abd Elhameed Saad	12	Rowad	NT
8	Farah Islam Abderazek	12	Ahly	NT
9	Rodaina Magdy Mohamed	12	Ahly	NT

Heat 8 of 18 Timed Finals

0	Farida Hussein A.Hamed	12	Wadi Degla	NT
1	Habiba Bassem Nabil	12	Sporting	NT
2	Farah Ahmed Mohamed	12	Taleaa El Gish Club	NT
3	Renad Rada Hasan	12	Bank Ahly Alex	NT
4	Malak Mohamed Abdallah moh	12	Zamalek	NT
5	Kholoud Khaled Elsayed	12	Stad Mansoura	NT
6	Iwana Ahmed Fouad Hab Al Roman	12	Wadi Degla	NT
7	Hana Ahmed Mohamed Ali Merdan	12	Goldy	NT
8	Lamar Aly Abdelrahman	12	Smouha	NT
9	Malak Mahmoud Elsayed Abdelrehe	12	6th	NT

Heat 9 of 18 Timed Finals

0	Lamar Khaled Ahmed	12	Shooting	3:41.71
1	Lara Karim Mahmoud Abo Elsoud	12	Wadi Degla	3:27.43
2	Salma Ahmed Mohamed Barakat	12	El Zohour	3:22.61
3	Kenzy Walid Helmy	12	Shooting	3:22.13
4	Hana Ali Mohamed	12	El Obour	3:20.49
5	Fayrouz Haitham Salem Ahmed	12	6th	3:20.83
6	Yara Ahmed Mamdouh	12	Ahly	3:22.39
7	Malika Amr Sayed Ali	12	Heliopolis	3:23.39
8	Nadia Mahmoud Morsy Mohame	12	Rowad	3:27.85
9	Farida Tarek Mohamed	12	Elethad	NT

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Heat 10 Timed Finals... (Event 207 Girls 12 Year Olds 200 LC Meter IM)

0	Nouran Mohamed Ahmed	12	Ahly	3:19.90
1	Malak Ahmed Ali	12	Wadi Degla	3:18.22
2	Karma Muhammad Muhammad	12	A S E C	3:15.56
3	Nadeen Ahmed Mohamed	12	Wadi Degla	3:14.89
4	Goudy Sherif Ezzat	12	Ahly	3:12.83
5	Habiba Hussien Mahmoud	12	Hadak Al Ahram	3:13.51
6	Salma Mohamed Mahmoud Salem	12	El Shams	3:15.42
7	Iydaa Mohamed Zakaria	12	El Zohour	3:17.15
8	Nour Ehab Mahmoud Hafez	12	Shooting	3:19.18
9	Carma Hesham Mohamed Rashed	12	Heliopolis	3:20.26

Heat 11 of 18 Timed Finals

0	Lara Mohammed Fathy	12	Ahly	3:12.51
1	Nadine Mohamed Abdelsalam	12	Smouha	3:09.39
2	Ayten Ahmed Hamed	12	Shooting	3:07.59
3	Malaka Tamer Mohamed	12	Heliopolis	3:06.89
4	Mariam Ramy Seaoudy	12	Ahly	3:06.15
5	Mariam Sameh Mohamed	12	Sporting	3:06.69
6	Sama Hasan Ragab	12	Bank Ahly Alex	3:07.37
7	Lemar Ahmed Abd el Hamid	12	Wadi Degla	3:08.09
8	Rinad Osama Emam	12	El Temsah	3:10.56
9	Nada Ahmed Saber	12	Petrosport	3:12.60

Heat 12 of 18 Timed Finals

0	Farah Mahmoud Mohi Eldin	12	El Zohour	3:05.63
1	Ganna Adel Abdelrahman	12	Heliolido	3:04.27
2	Rondin Ahmed Saber	12	Bank Ahly Alex	3:04.08
3	Rodaina Ahmed Mohamed Osman	12	Heliolido	3:03.58
4	Hana Adham Ismail	12	Shooting	3:03.46
5	Hana Islam Nabil Mohamed	12	Zamalek	3:03.48
6	Jana Essam Nagah	12	Ahly	3:03.67
7	Ayla Abou Amra	12	Sporting	3:04.15
8	Farida Mohamed Ragaa Abdelghani	12	El Nasr Club	3:05.50
9	Lara abo Amra	12	Sporting	3:06.11

Heat 13 of 18 Timed Finals

0	Malak Abdel Razik Mohamed	12	Ahly	3:02.21
1	Judy Eslam Abdalhamid Mohamed	12	Al Hawar	3:00.75
2	Farida Ibrahim	12	Sporting	3:00.45
3	Logain Diaa Elden Mahmoud Ebrahi	12	Olympic Champion Club	3:00.15
4	Rien Mohamed Askr Moahmed	12	El Ghaba	3:00.13
5	Haneen Mohamed GamalElden Moh;	12	Moasasa Riadiah Askaria	3:00.13
6	Karma Ahmed El Dessouki	12	Heliopolis	3:00.28
7	Nourseen Mohamed Khalil	12	Cairo	3:00.49
8	Lara Haitham Mohamed Ali	12	Wadi Degla	3:02.07
9	Hanen Wael Salah Eldin	12	Shooting	3:02.56

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0	Nanis Mohamed Omar	12	Taleaa El Gish Club	2:59.27
1	Basmalaa Ahmed Saad	12	Petrosport	2:59.04
2	Jounir Hany Samir Ghaly	12	Taleaa El Gish Club	2:57.82
3	Judy Ebrahim Abdelal	12	Al Tersana	2:57.74
4	Judy Ahmed Ibrahim Mohamed	12	El Shams	2:57.41
5	Yara Ahmed Mohamed Abdalg	12	Smouha	2:57.69
6	Layan Mohamed Mohmoud	12	Petrosport	2:57.78
7	Rodayna Usama Basyouny	12	Al Tersana	2:58.79
8	Habiba Aladin Effat	12	Petrosport	2:59.06
9	Renad Mohamed Mahdi	12	M.S Tagamoa	2:59.84

Heat 15 of 18 Timed Finals

0	Layan Mohamed Aziz	12	Petrosport	2:56.93
1	Salma Mohamed El Azb	12	Rehab	2:56.57
2	Aya Sameh Said Hafez	12	Smouha	2:55.77
3	Joudy Mohamed Saied	12	El Temsah	2:55.33
4	Reem Ahmad Abdel Wahab	12	Ahly	2:55.16
5	Aysel Sameh Elsayed	12	El Ghaba	2:55.24
6	Laila Mohamed Magdy	12	Cairo	2:55.56
7	Layla Mohamed Elsayed	12	Smouha	2:56.04
8	Mariam Hesham Mohamed	12	Wadi Degla	2:56.58
9	Dareen Ahmad Abdel Wahab	12	Ahly	2:57.20

Heat 16 of 18 Timed Finals

0	Malak Mohamed Ali	12	Smouha	2:54.99
1	Tia Tamer Hassan	12	Ahly	2:53.51
2	LiLi Karim Alaa ElDin	12	Shooting	2:53.26
3	Heaven Mohsen Sarhan Taha	12	El Mekaweloun	2:52.66
4	Resan Ahmed Mohamed	12	El Nasr Club	2:51.97
5	Leeann Ahmed Zakareya	12	Smouha	2:52.03
6	Malak Waleed Ahmed	12	Ahly	2:53.09
7	Fayrouz Ehab Osman	12	Ahly	2:53.33
8	Roaa Monsr Monser	12	Al Shehk Zaeid	2:54.93
9	Hana Khaled Abdelfattah	12	Ahly	2:55.14

Heat 17 of 18 Timed Finals

0	Karma abd Elhameed	12	Elabd Sporting Club	2:51.15
1	Habiba Mohamed Abdelaziz Ahmed	12	Olympic	2:49.76
2	Asma Mohamed Haridy	12	Smouha	2:49.72
3	Rovana Mohamed Ahmed	12	El Temsah	2:48.76
4	Farida Belal Ibrahim Saad	12	Rehab	2:46.63
5	Nour Wael Abdel Hady	12	Ahly	2:48.04
6	Habiba Mohammed Habik	12	Raas El Bar Club	2:49.09
7	Merna Taha Mohamed	12	El Zohour	2:49.74
8	Lara Mohamed Farouk Khali	12	Smouha	2:50.97
9	Arwa Ahmed Mohamed Hassan	12	El Mekaweloun	2:51.79

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 4/12/2023 Eve****Heat 18 Timed Finals... (Event 207 Girls 12 Year Olds 200 LC Meter IM)**

0	Salma Ahmed Ebrahim	12	Sharks Team	2:46.32
1	Ayten Tamer Abdel Azi	12	Rehab	2:45.21
2	Jana Ahmed Othman Yassin	12	Bank Ahly Alex	2:45.05
3	Rahma Hesham Halwag	12	Smouha	2:43.81
4	Rokaya Mostafa Sadawi	12	Rehab	2:41.83
5	Mariam Ayman Hussien	12	Rehab	2:43.42
6	Fayrouz amr Sayed	12	Cairo	2:45.05
7	Dema Tamer Mohamed Mahmoud	12	Stad Mansoura	2:45.14
8	Rodaina Elsadany	12	Elabd Sporting Club	2:45.47
9	Lara Eslam Abdelrhman	12	Bank Ahly Alex	2:46.59