

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 3/12/2023 Mor

## Event 199 Boys 12 Year Olds 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Timed Finals</b>				
0	Belal Mohamed Moustafa	12	Ahly	NT
1	Mazen Mohammed Sameer	12	El Mostakbal	NT
2	Kassem Mohamed Elsayed Ahme	12	Smouha	NT
3	Braa Shreef Almenayer	12	Olympia	NT
4	Eyad Abdelkereem Mohamed	12	Al Tersana	NT
5	Yousef Mostafa Abdallah	12	M.S Tagamoa	NT
6	Omar Khaled Saber Ahmed	12	Smouha	NT
7	Yousif Ihab Yousif	12	El Ghaba	NT
8	Omar Ayman Abdallah	12	M.S Tagamoa	NT
9	Mostafa Makeen Ndaf	12	Golf City Clup	NT
<b>Heat 2 of 5 Timed Finals</b>				
0	Adam Abdelrahman aly	12	Zamalek	6:36.85
1	Ahmed Mahmoud Ahmed Mahmou	12	Taleaa El Gish Club	6:30.77
2	Mohamed Mostafa Ebeid	12	Shooting	6:16.47
3	Abdelaziz Mohamed Abdelaziz Moh	12	Wadi Degla	6:12.27
4	Mohamed Tamer Fakhry	12	Hadak Al Ahram	6:06.00
5	Yassen Gehad AbdelMonem	12	Shooting	6:09.60
6	Anas Mostafa Zaki	12	Petrosport	6:14.98
7	Mohamed Mostafa Nyazi	12	Talbeia	6:28.86
8	Mohamed Mahmoud Mohamed	12	El Obour	6:32.97
9	Ahmed Marawan Ahmed	12	Rowad	NT
<b>Heat 3 of 5 Timed Finals</b>				
0	Mohamed Moustafa Mohamed	12	Stad Mansoura	6:02.71
1	Mostafa Ahmed Mahmoud	12	Wadi Degla	5:58.27
2	Eyad Ahmed Mohamed Abdalg	12	Smouha	5:56.44
3	Mohamed Mostafa Mohamed	12	El Zohour	5:54.78
4	Mohammed Amr Mohammed	12	El Zohour	5:52.66
5	AbdelRahman Karim Mohamed	12	Shooting	5:54.10
6	Mohamed Mahmoud Hussen Mosta	12	Rowad	5:55.01
7	Zeyad Ahmed Reda Metwally	12	El Shams	5:58.17
8	Omar Tarek Ahmed	12	Ahly	6:00.20
9	Mohamed Abdel Razik Mohamed	12	Ahly	6:03.38
<b>Heat 4 of 5 Timed Finals</b>				
0	Hamza Mohamed Hesham	12	Smouha	5:49.24
1	Youssef Ahmed Atea	12	Taleaa El Gish Club	5:47.77
2	Selim Ahmed Hazem	12	Sporting	5:44.30
3	Ahmed Ali Hassanain	12	6th	5:38.26
4	Yousif Hany Abd-elghfar	12	El Ghaba	5:36.89
5	Hamza Hossam Nady	12	Wadi Degla	5:38.02
6	Youssef Waleed Adel	12	Wadi Degla	5:42.45
7	Omar Mohamed Ezzat	12	Al Tersana	5:46.35
8	Aser Noor Gamal abd Elnas	12	el Shark Club	5:48.84
9	Mazin Ayman Abo-elyazid	12	El Ghaba	5:51.51

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 3/12/2023 Mor****Heat 5 Timed Finals... (Event 199 Boys 12 Year Olds 400 LC Meter IM)**

0	Mohammed Hassan Esmail	12	Olympia	5:35.81
1	Malek Mohamed Rashad	12	Bitash	5:32.58
2	Mostafa Mohamed Jawhar	12	Ahly	5:29.00
3	Adam Abdullah Hamed	12	Ahly	5:24.76
4	Mazen Karim Fawzy	12	Smouha	5:19.01
5	Omar Mohammed Samy Osman	12	El Nasr Club	5:20.66
6	Hussien El Khashab	12	Sporting	5:25.77
7	Malek Mohamed Abd Elwareth	12	Bank Ahly Alex	5:29.35
8	Yousef Hessen Atia	12	Olympia	5:32.63
9	Shehab Khaled Eisa	12	Shooting	5:35.96

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 3/12/2023 Mor

## Event 200 Girls 12 Year Olds 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 70 Timed Finals</b>				
3	Mary Mina Ayed Gandy	12	Wadi Degla	NT
4	Basmallah Mohammed Atef Hussen	12	Nemoo	NT
5	Farida Ali Hassan Hassan	12	Wadi Degla	NT
<b>Heat 2 of 70 Timed Finals</b>				
1	Layan Haitham Abdelmeneam Ali	12	Wadi Degla	NT
2	Lamis Hossam Eldin	12	Zamalek	NT
3	Farida Abdelrahman Nagy	12	Smouha	NT
4	Karma Hany Mohamed Ahmed	12	Al-Ahram Sports Club	NT
5	Hana Haitham Mohamed Zaki	12	Wadi Degla	NT
6	Hana Ahmed Mohamed Naguib	12	Wadi Degla	NT
7	Hana Waled Ahmed	12	Ismaily Sporting Club	NT
8	Zeina Ahmed Sallem	12	Maadi	NT
<b>Heat 3 of 70 Timed Finals</b>				
0	Hala Hazem Kamel	12	Ahly	NT
1	Rawda Alaa Eldin Mohamed a	12	Zamalek	NT
2	Roaa Mohamed Hanafy	12	Ahly	NT
3	Roka Ahmed Atef Abdelaziz	12	Golf City Clup	NT
4	Tia Mohamed Osama Eldesouky	12	Wadi Degla	NT
5	Menatallah Talat Kamal Hekal	12	Matrix	NT
6	Jana Mohamed Gomaa	12	Hadak Al Ahram	NT
7	Gana Alaa aly aly	12	Zamalek	NT
8	Aysel Sameh Elsayed	12	El Ghaba	NT
9	Gina Ahmed Shahin	12	Ahly	NT
<b>Heat 4 of 70 Timed Finals</b>				
0	Jana Mohamed Lotfi Abd EL	12	City Club	NT
1	Joudy Ehab Fouly	12	Wadi Degla	NT
2	Lamar Farag Ahmed Hassan	12	Zamalek	NT
3	Asma Mohamed Haridy	12	Smouha	NT
4	Nada Ahmed Elashwat	12	Ahly	NT
5	Sama Khaled Mohammed	12	Shooting	NT
6	Hana Wael Mohamed Adel	12	Al Tersana	NT
7	Logein Hossam Nader Saad	12	Zamalek	NT
8	Hana Wael Shaaban	12	Heliopolis	NT
9	Joudy Mohamed Mohamed Saad	12	Moasasa Riadiiah Askaria	NT
<b>Heat 5 of 70 Timed Finals</b>				
0	Rital Mohamed Omar Mohamed	12	El Shams	NT
1	Fayroz Mohammed Mohy	12	Nemoo	NT
2	Login Karim Mohamed Aiad	12	Alsafwa	NT
3	Zainb Mahmoud Husien	12	Zamalek	NT
4	Sondos Mansour Mahrous	12	Wadi Degla	NT
5	Logain Farag Ahmed Hassan	12	Zamalek	NT
6	Farida Elhoseiny Gomaa Mahm	12	Zamalek	NT
7	Fayrose Ahmed Khaled	12	6th	NT
8	Jana Amr Sayed	12	Ahly	NT
9	Gana Islam Ismail	12	Shooting	NT

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 3/12/2023 Mor****Heat 6 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Elbtol aly Hasen	12	Alsafwa	NT
1	Rawaa Galal Hasan Abdelfatah	12	El Shams	NT
2	Laila Mohamed AbdelKader AboHan	12	El Gezira	NT
3	Yara Ahmed Hassan Anwar	12	Shooting	NT
4	Layan Mohamed Adel Ahmed	12	Wadi Degla	NT
5	Lojain Abd Allah Youssef	12	Wadi Degla	NT
6	Yara Ahmed Kamal	12	Beni Suef Club	NT
7	Reem Hatem Mohamed	12	Alsafwa	NT
8	Hana Mohamed Abd Elrady	12	Elethead	NT
9	Malk Ahmed AbdelGawad Ahmed	12	Al-Ahram Sports Club	NT

**Heat 7 of 70 Timed Finals**

0	Hagar Ahmed Gamal	12	Ahly	NT
1	Basmala Shref Osman	12	Sharks Team	NT
2	Joudy Mohamed Amin Mohamed	12	Top Swimmer	NT
3	Salma Ahmed Sief Eldin	12	Wadi Degla	NT
4	Malak Mansor Ragab Shapan	12	ElGezira Youth	NT
5	Hana Khaled Abdelfattah	12	Ahly	NT
6	Marim Mohamed Subhy	12	City Club	NT
7	Fairouz Mostafa Mohamed Hussin	12	Heliolido	NT
8	Jana Walid Rafik	12	M.S Tagamoa	NT
9	Omaima Ahmed Abdel Samie Attia	12	Wadi Degla	NT

**Heat 8 of 70 Timed Finals**

0	Retaj Hussain Taha	12	Wadi Degla	NT
1	Zina Mohamed Ibrahim Osman	12	Wadi Degla	NT
2	Hala Aly Abdel Kader	12	Ahly	NT
3	Marem Mohmed Shaban	12	Road El Farag	NT
4	Minah abd Elmordy Twfiq	12	Beni Suef Club	NT
5	Maryam Mohamed Fathy Mohame	12	Zamalek	NT
6	Nour Ahmed Ahmed Ibrahim	12	6th	NT
7	Zeina Ahmed Ismail Metwaly	12	Shooting	NT
8	Salma Diaa Salah Abd Latif	12	Matrix	NT
9	Malak Mohsen Saleh	12	Zagazig University	NT

**Heat 9 of 70 Timed Finals**

0	Yara Ahmed Farouk	12	Pegasus Club	NT
1	Mariam Said Saber	12	M.S Tagamoa	NT
2	Jouly Amr Omar Mokhtar Tayel	12	Al-Ahram Sports Club	NT
3	Mariam Mahmoud Mohamed	12	Stad Mansoura	NT
4	Roussayl Ahmed Samir Shaaban	12	Smouha	NT
5	Lalyla Mohamed Adel	12	Moasasa Riadiah Askaria	NT
6	Catren Hany Moris Hanin	12	Wadi Degla	NT
7	Jaidaa Ahmed Abdel Razq	12	Ahly	NT
8	Mennt Allah Mohamed Gamal	12	El Shrook	NT
9	Salma Essam Shawky	12	Alsafwa	NT

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 3/12/2023 Mor****Heat 10 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Joury Haytham Abdelfatah	12	El Shrook	NT
1	Farida Mohamed Abo Hashem	12	Ahly	NT
2	Malak Ramadan Kamal Abd El	12	Top Swimmer	NT
3	Jana Hossam Mohamed	12	Wadi Degla	NT
4	Rodaina Sayed Tawfik	12	Wadi Degla	NT
5	Roz Ahmed Shafik	12	M S Benha City	NT
6	Lara Talal Samy	12	Zamalek	NT
7	Darien Youssef Abdou	12	Rehab	NT
8	Farida Ahmed Hassan Mohamed	12	Wadi Degla	NT
9	Shaden Mohamed Salah	12	Ahly	NT

**Heat 11 of 70 Timed Finals**

0	Hanen Wael Salah ElDin	12	Shooting	NT
1	Aytan Mostafa Mohammed	12	Nemoo	NT
2	Salma Mohamed Hassan	12	M.S Tagamo	NT
3	Tala Saleh Mohamad	12	Petrosport	NT
4	Lamar Khaled Ahmed	12	Shooting	NT
5	Farida Hossam Ahmed Elhagry	12	Ahly	NT
6	Jessika Albir Wahib	12	Canal El Suez	NT
7	Goudy aly Gaber	12	Zamalek	NT
8	Rodina Ahmed Ismail Zohni Hussein	12	El Shams	NT
9	Karma Muhammad Muhammad	12	A S E C	NT

**Heat 12 of 70 Timed Finals**

0	Jody Ahmed Osama	12	Police Club	NT
1	Farah Mohamed Kotb Mohamed	12	6th	NT
2	Ritaj Hany Hassan Ali	12	Elethead	NT
3	Marah Mohamed Abdelwahab	12	Zamalek	NT
4	Farida Mohamed Ahmed Ahmed	12	Alsafwa	NT
5	Goudy Hesham Ahmed	12	Ahly	NT
6	Rana Wael Shaban Mohamed	12	Top Swimmer	NT
7	Hala Hassan Aly Hassan	12	Wadi Degla	NT
8	Mariam Adel Abdel Shafee Taha	12	Goldy	NT
9	Karma Islam ali Ameen	12	El Shams	NT

**Heat 13 of 70 Timed Finals**

0	Jana ElSayd Ahmed Salma	12	Petrosport	NT
1	Monika Magid Gerges Faeiz	12	Zamalek	NT
2	Malak Walaa Elgazar	12	Electricity	NT
3	Retal Mohamed Hussien Abo El Mag	12	Wadi Degla	NT
4	Sandey Sameh Helmey Ahmed	12	6th	NT
5	Retaj Ahmed Lotfy	12	Al-Ahram Sports Club	NT
6	Malak Mahmoud AbdAlaziz	12	Gangara Youth Center Banha	NT
7	Retag Ahmed Yehia Hamed	12	El Mekaweloun	NT
8	Joly Ahmed Mahmoud Abdellatif	12	Wadi Degla	NT
9	Farida Mohamed Hassan Elmosalam	12	El Shams	NT

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 3/12/2023 Mor****Heat 14 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Arwa Ali ElSayed	12	Police Club	NT
1	Hana Mohamed Abdeltwab	12	Zamalek	NT
2	Li Li Khaled Farouk Mohame	12	Wadi Degla	NT
3	Mennatallah Hany Fawzy	12	Wadi Degla	NT
4	Hana Yasser Mohamed	12	Shooting	NT
5	Talia Mohamed El Mootaz	12	Ahly	NT
6	Lilly Mohamed Ismail	12	Ahly	NT
7	Salma Eslam Mohamed Abdelsalam	12	Olympic Champion Club	NT
8	Remas Hisham Sayed	12	Wadi Degla	NT
9	Amany Hany Fawzy	12	Wadi Degla	NT

**Heat 15 of 70 Timed Finals**

0	Hana Emad Mohamed	12	Ahly	NT
1	Hana Ahmed Ahmed Ibrahim	12	6th	NT
2	Judy Mohamed Bahaa	12	Alsafwa	NT
3	Joudy Ahmed Fathy	12	Police Club	NT
4	Halla Ashraf Mohamed	12	Zamalek	NT
5	Lara Akram Khalel	12	Palm Hills	NT
6	Hana Ahmed Kamal	12	TM Sports	NT
7	Shahed Ayman	12	Road El Farag	NT
8	Amina Ahmed Al Ansary	12	Maadi	NT
9	Farida Ahmed Medhat	12	Ahly	NT

**Heat 16 of 70 Timed Finals**

0	Jana Mohamed Anowr Zaky	12	El Ghaba	NT
1	Sama Sameh Mohamed Samir	12	El Shams	NT
2	Reem Hany Salah	12	Ahly	NT
3	Joumana Mohamed Ali	12	Shooting	NT
4	Lili Shrief Abdelrazik	12	Olympic Champion Club	NT
5	Jana Mohamed Etman Mohamed	12	El Shams	NT
6	Reem Ramy Abdelsalam Esma	12	Zamalek	NT
7	Salma Mohamed Saad	12	Ahly	NT
8	Hana Essam Mohamed Ismail	12	Smouha	NT
9	Farida Hisham ali Ahmed	12	El Shams	NT

**Heat 17 of 70 Timed Finals**

0	Lamis Salah Ahmed	12	Wadi Degla	NT
1	Ayten Hany Mohamed Saad	12	El Ghaba	NT
2	Chantal Mina Elshahhat	12	Wadi Degla	NT
3	Farida Ahmed Talaat	12	Wadi Degla	NT
4	Fayrouz Ehab Osman	12	Ahly	NT
5	Laila Tamer Said	12	Heliopolis	NT
6	Malk Tarek Salah Zinbay	12	Canal El Suez	NT
7	Joudy Al Amir Meligy Ali	12	Wadi Degla	NT
8	Tamema Mohamed abd Elaziz s	12	Beni Suef Club	NT
9	Yara Magdy El Shahat	12	M S Benha City	NT

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 3/12/2023 Mor****Heat 18 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Habiba Medhat Moustafa	12	Zamalek	NT
1	Sohaila Amr Mohamed	12	Ahly	NT
2	Fairouza Mohamed Mahmoud	12	Elethead	NT
3	Lamar Nagdy Moustafa Nagaty	12	6th	NT
4	Mariam Mahmoud Othman	12	Ahly	NT
5	Mennatalla Yasser Mohamed	12	Wadi Degla	NT
6	Lili Sherif Ahmed	12	Ahly	NT
7	Sama Mamdouh Ahmed	12	Al Tersana	NT
8	Rana Abdelazim El Tohamy	12	Wadi Degla	NT
9	Habiba Aladin Effat	12	Petrosport	NT

**Heat 19 of 70 Timed Finals**

0	Laila Mohamed Hassnin	12	Canal El Suez	NT
1	Mira Mohamed Abdel Satar	12	Wadi Degla	NT
2	Ganat Ramy Haitham	12	Canal El Suez	NT
3	Yara Ahmed Mamdouh	12	Ahly	NT
4	Jana Ahmed Mohamed	12	Police Club	NT
5	Rodina Mohamed Reda	12	El Gezira	NT
6	Jody Mohsen Sarhan	12	Moasasa Riadiyah Askaria	NT
7	Mouda Atia Soltan Mohamed	12	Wadi Degla	NT
8	Faeroz Ahmed Mustafa	12	el Shark Club	NT
9	Jana Essam Nagah	12	Ahly	NT

**Heat 20 of 70 Timed Finals**

0	Haneen Khaled Mohamed	12	Shooting	NT
1	Remas Mohannad Hassan	12	Ahly	NT
2	Negar Abdelsatar	12	Al Tersana	NT
3	Gana Mohamed ebd Elrazk	12	Alsafwa	NT
4	Lavina Ebram Nadi	12	El Obour	57.63
5	Halla Mohamed Ahmed Hussei	12	Zamalek	NT
6	Nour Hatem Ali Ismail	12	6th	NT
7	Ritag Abdelnaseir gad Ahme	12	Zamalek	NT
8	Berwin Mohamed Fouad	12	Canal El Suez	NT
9	Gana Haitham Mohamed	12	Alsafwa	NT

**Heat 21 of 70 Timed Finals**

0	Salma Mahmoud Samir	12	El Obour	54.54
1	Gehan Khaled Omar Abou Bakr	12	Wadi Degla	51.49
2	Habiba Walied Safwat Mahmoud	12	Wadi Degla	50.41
3	Malak Mohamed Mostafa	12	El Nasr Club	50.15
4	Khadiga Sherif Samy Hassan	12	Wadi Degla	49.90
5	Salma Mohamed Abdelraouf Abdelr:	12	Wadi Degla	49.96
6	Mahy Sherief Mohamed Salah	12	Wadi Degla	50.30
7	Farah Mohamed Fawzy Saleh	12	Wadi Degla	50.61
8	Gana Samy Abdelwahed	12	Ahly	51.57
9	Salma Mohamed Moustafa	12	Platinum	54.81

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**Heat 22 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Goudy Walid Saber	12	Zamalek	49.64
1	Rodaina Yasser Abdelrahman	12	Wadi Degla	49.45
2	Fatma Mohamed Mohamed Abdoh	12	Shobra	49.26
3	Salma Ehab Mohamed	12	El Obour	48.44
4	Klara Ghon Wasfy	12	Tyran Club	48.03
5	Fatma Mohamed Ahmed	12	El Obour	48.22
6	Aliaa Islam Hamdy Nasr	12	Wadi Degla	48.58
7	Farida Amr Talaat	12	Wadi Degla	49.41
8	Joudy Ahmed Kasem Abdelalim	12	Wadi Degla	49.49
9	Lara Mohamed Gamal Eldin	12	El Gezira	49.72

**Heat 23 of 70 Timed Finals**

0	Retaj Mohamed Abdfatah	12	Tyran Club	47.83
1	Farida Ahmed Farouk	12	Ahly	47.59
2	Locia Samy Makram	12	Nemoo	47.04
3	Yasmin Ashraf Hussein	12	Ahly	46.84
4	Dan Waled Ahmed	12	Tyran Club	46.68
5	Jana Hosam Ebrahim	12	El Zohour	46.75
6	Malak Mohamed Ibrahim	12	Zamalek	47.04
7	Joudy Khaled Alsaïd Saad	12	Wadi Degla	47.51
8	Lavina Michelle Fawzy Saad	12	El Mekaweloun	47.79
9	Lavenia Beshoy Boshra Blamon	12	Tyran Club	47.89

**Heat 24 of 70 Timed Finals**

0	Nadien Anwar Fouad	12	Wadi Degla	46.39
1	Joumana Mostafa Ahmed	12	Wadi Degla	45.98
2	Haya Ahmaed Saeed Abu Al Yazid	12	Goldy	45.82
3	Alzahraa Mohsen Mohamed	12	Rowad	45.77
4	Hana Happy Samir	12	Wadi Degla	45.53
5	Lojain Bahaa Eldeen	12	M.S Tagamoa	45.66
6	Gana Khled Mostafa	12	Road El Farag	45.81
7	Esraa Hassan Elsayed	12	el Shark Club	45.92
8	Nour Abdfadel Abdgelil	12	Moasasa Riadiyah Askaria	46.38
9	Mariam Tarek Mohamed Mattar	12	Al-Ahram Sports Club	46.65

**Heat 25 of 70 Timed Finals**

0	Lama Mohab Mohamed	12	Wadi Degla	44.80
1	Jana Ahmed El Metwaly El Sayed	12	Wadi Degla	44.78
2	Sara Sameh Zaid aly	12	Moasasa Riadiyah Askaria	44.66
3	Lojain Ahmed Fathi Nasr	12	Wadi Degla	44.47
4	Joudy Emad Ahmed Saleh	12	Wadi Degla	44.41
5	Rinad Hossam Gamal	12	Zamalek	44.45
6	Fatma Ehab Salah Eldin	12	Ahly	44.59
7	Nada Ahmed Hanafy Mahmoud	12	Mokattam	44.75
8	Malak Ahmed Abdelwahab	12	Nemoo	44.78
9	Remas Ihab Mamdouh Youssef	12	Wadi Degla	45.00



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**Heat 26 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Salma Hossam Hasan	12	Nemoo	44.06
1	Rodina Ahmed Mahmoud	12	El Ghaba	44.03
2	Arwa Maher Mohamed	12	Ahly	43.84
3	Mariam Mohammed Ibrahim	12	Cairo	43.74
4	Layal Ahmed Shawky	12	El Nasr Club	43.42
5	Jourya Ramy Samir	12	Shooting	43.59
6	Lojain Wafae Ibrahim Fahmy	12	Moasasa Riadia Askaria	43.78
7	Maria Kamel AboElkhair	12	Palm Hills	43.95
8	Lara Ayman Ali Abdelkader	12	Wadi Degla	44.05
9	Lana Sherif Saad	12	Wadi Degla	44.24

**Heat 27 of 70 Timed Finals**

0	Nour Yasser Elshahat Ibrahim	12	El Shams	43.29
1	Karma Ahmed Ibrahim Elsawy	12	Wadi Degla	43.23
2	Farida Hamed Moustafa	12	Maadi	43.13
3	Zeina Hossam Talaat	12	Ahly	43.04
4	Menatallah Mahmoud Abdeltawab	12	Wadi Degla	43.00
5	Jana Mohamed Safwat	12	Cairo	43.02
6	Kenzy Mohamed Ahmed Abd Ellatif	12	Wadi Degla	43.12
7	Layla Mohamed Sherif	12	Shooting	43.19
8	Zeina Ahmed Rafik	12	Palm Hills	43.28
9	Sama Dyaa-elden Hasani	12	El Ghaba	43.33

**Heat 28 of 70 Timed Finals**

0	Farida Ahmed Samir Hegazy	12	El Gezira	42.88
1	Rojana Ayman Nagy Ali	12	Wadi Degla	42.80
2	Farida Ashraf Saied	12	Ahly	42.65
3	Rodaina Ahmed Abd Elmoneam	12	ElGezira Youth	42.48
4	Hala Amr Ahmed	12	Ahly	42.37
5	Gana Hany Ebrahim	12	Misr Insurance	42.46
6	Hanen Mohammed Salah	12	M S Benha City	42.51
7	Farida Sameh Kamel	12	Platinum	42.74
8	Zeina Hany Hanafy	12	Ahly	42.85
9	Elaf Moahmed Ali	12	El Nasr Club	42.90

**Heat 29 of 70 Timed Finals**

0	Nadeen Ahmed Mahmoud	12	Ahly	42.32
1	Mariam Ahmed Mahmoud	12	Wadi Degla	42.21
2	Farida Adel Fawzy Abd Elghany	12	Wadi Degla	42.02
3	Remas Eslam Hassen	12	Tyran Club	41.95
4	Karma Ahmed Amir	12	Ahly	41.90
5	Meray Michael Naguib	12	Wadi Degla	41.93
6	Karma Momen Mahmoud	12	El Zohour	41.95
7	Roqaia Hossam Mohamed Sheta	12	ElGezira Youth	42.12
8	Kady Mohamed Hamed	12	Zamalek	42.26
9	Ritag amr Salah	12	Zamalek	42.35

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**Heat 30 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Joumana Eslam Fathy	12	Wadi Degla	41.74
1	Rofida Essam Zakaria Abbass	12	El Shams	41.70
2	Joudy Ahmed Sabry Hassan	12	Tyran Club	41.61
3	Laila Ashraf Saed Elgamall	12	Heliolido	41.56
4	Fairouz Mohamed Gamal	12	Wadi Degla	41.43
5	Hana Omar ata Ibrahim	12	Zamalek	41.56
6	Arwa El Sayed Abdel Halim Mohame	12	Wadi Degla	41.60
7	Hana Islam Mohamed Hamdy	12	Wadi Degla	41.62
8	Lamar Mohamed Abd Elalim	12	Ahly	41.71
9	Farah Mohamed Mostafa	12	Wadi Degla	41.80

**Heat 31 of 70 Timed Finals**

0	Malak Mohamed Salah	12	Wadi Degla	41.35
1	Ayten Mohamed Fathy	12	Wadi Degla	41.27
2	Lilly Alfredo El Bannany	12	El Gezira	41.23
3	Joudy Sherif Mostafa	12	El Zohour	41.20
4	Gana Ashraf Mahmoud Abdel	12	Zamalek	41.15
5	Loujain Said Ezz Eldin	12	Wadi Degla	41.18
6	Bassant Mostafa Ahmed	12	ElGezira Youth	41.22
7	Lobita Peter Alkes Armia	12	Wadi Degla	41.25
8	Hala Amjad Mohamed	12	Shooting	41.31
9	Yara Amer	12	Sharks Team	41.40

**Heat 32 of 70 Timed Finals**

0	Karen Adel Kamal Estawro	12	El Shams	41.01
1	Ganat Mohamed Fathy	12	Zamalek	40.85
2	Karma Amr Mahmoud	12	Ahly	40.74
3	Hala Ahmed Mohammed Zaki	12	Wadi Degla	40.70
4	Goulia Sherif Mohamed	12	Ahly	40.66
5	Malak Mohammed Ramdan	12	El Shams	40.69
6	Heba Gamal Yousery	12	Shooting	40.70
7	Karma Mohamed Elsayed	12	El Zohour	40.79
8	Malak Ahmed Mohammed Salah Eld	12	El Zohour	41.00
9	Retal Ramy El Sayed	12	Wadi Degla	41.11

**Heat 33 of 70 Timed Finals**

0	Ruqayyah Hisham Muhammad	12	Wadi Degla	40.64
1	Basmla Magdy Ahmed Mohamed	12	Wadi Degla	40.61
2	Rokia Nader Fahmy	12	Shooting	40.60
3	Farida Sobhy Ahmed	12	Ahly	40.58
4	Enola Emil Rashad Dawoud	12	El Shams	40.54
5	Noreen Mohamed Nagy	12	El Zohour	40.55
6	Salma Islam ElSayed Koraim	12	Top Swimmer	40.58
7	Zeina Ahmed Maher	12	Ahly	40.61
8	Nataly Mohamed Yehia	12	Wadi Degla	40.61
9	Jodi Mohamed Ibrahim	12	El Obour	40.64

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**Heat 34 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Radwa Mansour Badawy	12	Cairo	40.52
1	Mary Samy Adel	12	Wadi Degla	40.45
2	Ghazl Hossam-elden Mostafa	12	El Ghaba	40.31
3	Karma Ahmed Hussein	12	Wadi Degla	40.25
4	Hana Tamer Ahmed Mahmoud	12	Wadi Degla	40.19
5	Maya Mohamed Sobhy Abdmge	12	Tyran Club	40.24
6	Dilara Mohamed Tibi Hasan	12	El Mekaweloun	40.29
7	Fatma Salah Elsaid	12	El Zohour	40.41
8	Farida Tarek Ramzy Elsayed	12	Wadi Degla	40.46
9	Kenzy Ahmed Salman Abdrehim	12	Moasasa Riadiah Askaria	40.53

**Heat 35 of 70 Timed Finals**

0	Jana Hani Mohamed	12	El Obour	40.09
1	Rodina Mohamed Sayed Abd Elhalel	12	Wadi Degla	39.94
2	Habiba Ahmed Mahmoud Mohame	12	Zamalek	39.91
3	Nerman Mohamed Abdel Khalek	12	Shooting	39.86
4	Lara Haitham Mohamed	12	El Zohour	39.85
5	Lama Ehab Tawfik	12	Shooting	39.86
6	Lojin Amr Mohamed Abdelwah	12	ElGezira Youth	39.86
7	Renad Mohammed Talaet	12	M S Benha City	39.93
8	Karma Mohamed Fayz	12	El Obour	40.05
9	Celina Fady Habib Hanna	12	Heliolido	40.13

**Heat 36 of 70 Timed Finals**

0	Salma Ibrahim Mohamed	12	Ahly	39.81
1	Yara Ayman Nabil	12	Nemoo	39.79
2	Retaj Mohamed Osman Hasan	12	El Ghaba	39.77
3	Mariez Nabil Sabry	12	El Ghaba	39.71
4	Jayda Mohamed Fawzy Emera	12	Shooting	39.69
5	Rowida Gamal Eld-Din Hassan	12	El Zohour	39.69
6	Fareda Mohamed Mohy el den	12	Heliopolis	39.75
7	Elaria Romany Fathy	12	Rowad	39.79
8	Farida Ahmed Mahmoud Badawy	12	El Gezira	39.79
9	Reem Mohamed Amin	12	Ahly	39.84

**Heat 37 of 70 Timed Finals**

0	Tasneem Mohamed Ahmed	12	El Zohour	39.63
1	Malak Mahmoud Mohamed	12	Stad Mansoura	39.60
2	Farida Hamdy Ahmed Lotfy	12	Zamalek	39.55
3	Judy Mohamed Hany	12	Smouha	39.53
4	Mariam Amr Wagih Ali	12	Wadi Degla	39.51
5	Farida Ahmed Mohamed	12	El Obour	39.52
6	Joudy Ibrahim Gamal	12	Wadi Degla	39.54
7	Karma Ramy Kamal	12	Heliopolis	39.59
8	Ayten Ehab Samir	12	Wadi Degla	39.61
9	Mariam Mohamed Desouky	12	Wadi Degla	39.67

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**Heat 38 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Hana Wael Shben	12	El Obour	39.45
1	Malak Ahmed Mohamed Atef	12	Wadi Degla	39.38
2	Zina Mahmoud aly abo	12	Zamalek	39.30
3	Retaj Ahmed el Gyoushi	12	El Shrook	39.26
4	Alya Yasser Mohamed	12	Palm Hills	39.21
5	Dogana Tamer Said	12	Ahly	39.23
6	Maryem Esam Mohamed	12	Al Tersana	39.28
7	Retal Mahmud Mostafa	12	Seka El Hadid	39.34
8	Jayda Mohamed aed Helmy Elayed	12	El Zohour	39.44
9	Masah Mohamed aly Omar	12	Zamalek	39.48

**Heat 39 of 70 Timed Finals**

0	Farida Tamer Abdelaziz	12	El Obour	39.19
1	Logain Sheif Abd el Azeem	12	Wadi Degla	39.14
2	Judy Khaled Ismail Mahmoud	12	Heliolido	39.07
3	Malak Tamer Gabr	12	Shooting	39.04
4	Lamis Mohamed Hozayen Bikh	12	ElGezira Youth	39.03
5	Nourlen Ramy Sayed Mahmoud	12	Wadi Degla	39.03
6	Khadiga Mohamed Hussein	12	Ahly	39.07
7	Rodaina Mohamed Mahmoud Saad	12	Wadi Degla	39.08
8	Farah Ashraf Shehab	12	Tyran Club	39.19
9	Salma AbdElfatah AdbElRaouf Amar	12	Heliopolis	39.20

**Heat 40 of 70 Timed Finals**

0	Aisel Hesham Abdelaziz	12	Nemoo	38.96
1	Salma Mohamed Hassan	12	Wadi Degla	38.88
2	Laila Amr Gamal Samy	12	New Giza	38.88
3	Kenda Karim Ahmed	12	Ahly	38.86
4	Shahd Gaser Hazeim Yaqout	12	Zamalek	38.84
5	Saga Mohamed Salah Eldin Ahmed	12	El Shams	38.86
6	Reham Mansour Badawy	12	Cairo	38.88
7	Maryam Khaled Mohamed Saber	12	El Mekaweloun	38.88
8	Joudy Sherif Mohamed Abdou	12	Wadi Degla	38.95
9	Lamar Mohamed Refaat	12	Wadi Degla	39.01

**Heat 41 of 70 Timed Finals**

0	Tala Loay Samir Yousef	12	Shooting	38.73
1	Jana Mohamed Metwally	12	Wadi Degla	38.63
2	Nada Amer Sayed Abd Elmageed	12	Wadi Degla	38.56
3	Nada Ahmed Abdel Azeem	12	Ahly	38.53
4	Malak Ahmed Abdelaal	12	El Zohour	38.53
5	Hana Naguib Hosny	12	Shooting	38.53
6	Karma Ahmed Farag	12	Shooting	38.54
7	Asia Ahmed Mohamed Helmy	12	Maadi	38.63
8	Nataly Peter Alkes Armia	12	Wadi Degla	38.68
9	Dania Ihab Mohamed	12	Ahly	38.82

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**Heat 42 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Mariam Moustafa Mohamed	12	New Giza	38.48
1	Lili Mahmoud Khalil	12	Ahly	38.44
2	Mariem Ahmed Salama	12	Moasasa Riadiah Askaria	38.38
3	Kinda Mostafa Samir	12	El Zohour	38.33
4	Farida Tarek Mohamed	12	Elethead	38.32
5	Lara Islam Aboelwafa Mohammed	12	El Shams	38.33
6	Hana Fawzi Saber	12	Wadi Degla	38.37
7	Mariam Zakaria Ali	12	El Zohour	38.41
8	Maya Ahmed Hassan Awad	12	Moasasa Riadiah Askaria	38.46
9	Malak Haytham Fouad	12	El Ghaba	38.50

**Heat 43 of 70 Timed Finals**

0	Malak Mohamed Sobhy	12	Tyran Club	38.29
1	Lina Hazem Salah	12	Ahly	38.18
2	Rawan Essam Lotfy	12	Green Hills Club	38.06
3	Karma Ahmed Magdy Ramdan	12	El Shams	38.02
4	Reem Yasser Mohamed	12	Maadi	37.99
5	Hana Ahmed Abdelatif Sayed	12	Wadi Degla	38.02
6	Farida Kamel Abdelaziz Ali	12	Shooting	38.04
7	Kenzy Hamdy Rifaey Ismael	12	ElGezira Youth	38.07
8	Farida Ahmed Metwally	12	Wadi Degla	38.27
9	Khadega Khaleed Mohamed	12	Heliopolis	38.31

**Heat 44 of 70 Timed Finals**

0	Malak Mahmoud Mohamed Saed	12	Tyran Club	37.95
1	Aya Mohamed Zaki Abdelmegheed	12	Moasasa Riadiah Askaria	37.92
2	Rittal Mohammed Mohsen	12	Nemoo	37.89
3	Malak Mohamed Adel	12	El Shrook	37.86
4	Roaa Amr Mohamed Mohamed	12	Tyran Club	37.82
5	Farida Sherif Ebraheem	12	Rowad	37.84
6	Fatma Khaled Abd Elhaleem	12	ElGezira Youth	37.86
7	Camelia Amr Hassan	12	Shooting	37.91
8	Malak Mohamed Zarie	12	Ahly	37.95
9	Mennatallah Ahmed Maher	12	El Zohour	37.96

**Heat 45 of 70 Timed Finals**

0	Sedra Asharf Abdel Naby	12	Ahly	37.73
1	Sara Abdelrahman Ramadan	12	Wadi Degla	37.68
2	Sama Ashrf Fawzy Hamtd	12	El Mekaweloun	37.52
3	Sohaila Mohamed Shaker	12	Ahly	37.49
4	Nada Abdellah Zaglol Abdullah	12	El Mekaweloun	37.43
5	Salwa Mohamed Mostafa	12	Ahly	37.45
6	Veronica Hany Basily Mansour	12	Wadi Degla	37.50
7	Alia Ahmed Mostafa Kamel	12	Shooting	37.54
8	Hana Sherif Ismail	12	Maadi	37.69
9	Lojain Mostafa Ali	12	El Obour	37.74

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**Heat 46 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Farah Mohamed Hosny	12	Wadi Degla	37.43
1	Sandy Hassan Ismail Ahmed	12	Wadi Degla	37.38
2	Karma Elsory	12	Sporting	37.36
3	Salma Arshad Ahmed	12	Ahly	37.32
4	Jasmine Mohamed Safina	12	El Shams	37.30
5	Sandy Ibrahim Abd-Elmohsen	12	ElGezira Youth	37.32
6	Hana Mahmoud Ahmed	12	Cairo	37.33
7	Joury Hazem Mohamed	12	El Ghaba	37.37
8	Mariam Alaa Eldin Mahmoud	12	Rowad	37.39
9	Lara Mohamed Ahmed Helmy	12	Shooting	37.43

**Heat 47 of 70 Timed Finals**

0	Rokaya Ahmed Ibrahim	12	Shooting	37.25
1	Karma Abdel Rahman Ismaiel	12	Wadi Degla	37.22
2	Dima Sameh Abdel Fatah Mohamed	12	Wadi Degla	37.15
3	Farida Ahmed Mohamed Hassan	12	El Ghaba	37.02
4	Farida Ahmed Shoman	12	Shooting	37.01
5	Hana Wael Fatouh Hanafy	12	Zamalek	37.02
6	Hedi Tarek	12	Shooting	37.03
7	Retal Hassan Aref Mahmoud	12	Wadi Degla	37.20
8	Renad ali Atef ali	12	Petrosport	37.23
9	Gaida Mohamed Abdelmeguid	12	Ahly	37.27

**Heat 48 of 70 Timed Finals**

0	Farida Ramy Hassan Emam	12	Wadi Degla	36.93
1	Kenda Shady Mahmoud	12	Ahly	36.92
2	Taleen Loay Medhat	12	Ahly	36.89
3	Engy Wessam Aly	12	Ahly	36.83
4	Rodaina Magdy Mohamed	12	Ahly	36.79
5	Jana Abdelazez Hassan	12	Sharks Team	36.80
6	Karma Ehab Abd Elmoniem Moham	12	Wadi Degla	36.86
7	Saja Tamer Shawkey	12	Ahly	36.90
8	Sama Sobhy Nabawy	12	El Ghaba	36.92
9	Ereny Remon Nabil	12	Wadi Degla	36.99

**Heat 49 of 70 Timed Finals**

0	Maleka Mohamed Ahmed Hosny	12	El Zohour	36.74
1	Jude Haitham El Schimi	12	Heliopolis	36.67
2	Jana Mohamed Fathy	12	Wadi Degla	36.65
3	Roqaia Mohamed Maher Moawad	12	ElGezira Youth	36.61
4	Lara Hossam Housny Omran	12	Zamalek	36.60
5	Goudy Ahmed Sayed	12	Ahly	36.61
6	Farida Mohamed Ibrahim Elkhatyb	12	El Shams	36.62
7	Malak Amr Mohamed Mahmoud	12	ElGezira Youth	36.67
8	Ereny Bahgat Gerges	12	ElGezira Youth	36.74
9	Mariem Mohamed Fathy Elsaie	12	Smouha	36.79

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**Heat 50 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Joudy Abdel Aziz Mahmoud	12	Ahly	36.55
1	Howaida Sameh Ibrahim	12	El Zohour	36.52
2	Nadine Ahmed Sayed	12	El Shrook	36.40
3	Maryam Abdelrahman Mohamed	12	Zamalek	36.34
4	Goumana Mohamed Awad	12	Ahly	36.27
5	Lamar Mamdouh Abdelmoaty	12	Wadi Degla	36.30
6	Mariam Karem Mokhtar	12	Heliopolis	36.38
7	Malikah Mohamed Ahmed	12	Ahly	36.44
8	Gody Tamer Mahmuod	12	Sharks Team	36.52
9	Malak Mohamed Fayek Farag	12	6th	36.56

**Heat 51 of 70 Timed Finals**

0	Sarah Ahmed Hamdy Sayed	12	6th	36.17
1	Sama Osama Fekry	12	Wadi Degla	36.16
2	Zeina Ahmed Shabaan	12	Ahly	36.12
3	Roqaya Mohamed Ibrahim	12	Wadi Degla	36.07
4	Dalia Osama Aly Ebraheem	12	Rowad	36.06
5	Mariam Mhhamed Mahmoud Mans	12	Moasasa Riadih Askaria	36.06
6	Lara Mohamed Abdellrazek	12	M.S Tagamoa	36.12
7	Shams Waled Mahmoud Meky	12	El Ghaba	36.13
8	Rodina Ahmed Mahmoud	12	El Zohour	36.16
9	Mona Yehyia Goda Mohamed	12	El Ghaba	36.25

**Heat 52 of 70 Timed Finals**

0	Malak Mohamed Helmy	12	Wadi Degla	35.94
1	Malak Ahmed Shawky	12	Heliopolis	35.88
2	Mena Mahmoud Elsayed	12	Ahly	35.86
3	Farida Hussein A.Hamed	12	Wadi Degla	35.84
4	Remas Tarek Atef	12	Sharks Team	35.77
5	Salma Mohamed Kamel	12	Petrosport	35.80
6	Farida aly Moustafa	12	Zamalek	35.84
7	Farida Hany Mohamed Samir	12	Shooting	35.88
8	Rital Ahmed Mohamed	12	Wadi Degla	35.90
9	Habiba Tarek Abd Elwahab El	12	ElGezira Youth	36.00

**Heat 53 of 70 Timed Finals**

0	Ayten Hesham Azab Saleh	12	El Ghaba	35.75
1	Jomana Ahmed Efat	12	Maadi	35.71
2	Jasmine Mohamed Ahmed Farouk	12	Wadi Degla	35.69
3	Retaj Ekramy Mohamed	12	Wadi Degla	35.65
4	Rana Wael Farid Ahmed	12	Wadi Degla	35.63
5	Yomna Mostafa Mohamed	12	Top Swimmer	35.64
6	Kanzy Mohamed Mostfa	12	El Obour	35.69
7	Remas Mohamed Habashi Hassan	12	Wadi Degla	35.70
8	Nataly Ramy Wageh	12	Heliopolis	35.71
9	Sara Hamdi ali	12	El Shrook	35.75

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**Heat 54 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Heidi Waleed Abdel Hamed	12	Ahly	35.55
1	Jana Osama Ahmed Ibrahim	12	ElGezira Youth	35.51
2	Mallak Waheed Hosny	12	Shobra	35.44
3	Zeina Alaa Ahmed	12	Shooting	35.39
4	Nor Ebrahim Aly	12	Heliopolis	35.36
5	Malak Haitham Sayed	12	Maadi	35.38
6	Remas Ahmed Rezk	12	Wadi Degla	35.42
7	Aicha Hany Mahmoud	12	Wadi Degla	35.47
8	Renad Emad Houssein	12	El Shrook	35.53
9	Imanda Mohamed Mahmud	12	Sharks Team	35.55

**Heat 55 of 70 Timed Finals**

0	Salma Omar Sayed	12	6th	35.32
1	Malak Ashour Eid	12	Ahly	35.27
2	Farida Aymen Fathy Abd Elaz	12	ElGezira Youth	35.20
3	Malak Mohamed Abd Elshafy	12	Heliopolis	35.11
4	Rawan Mohamed Salama	12	El Ghaba	35.09
5	Habiba Mohamed Beksawy	12	Maadi	35.10
6	Judy Mohammed Abdelhamed	12	El Shams	35.16
7	Kinzy Mohamed Abd Elraouf	12	Wadi Degla	35.26
8	Farah Amr Mohamed Abdeltawab	12	Wadi Degla	35.28
9	Roaa Ahmed AbdAllha Ali	12	Al Tersana	35.35

**Heat 56 of 70 Timed Finals**

0	Mariam Omar Abdel Rehim	12	Ahly	35.05
1	Farida Sherif Mohamed	12	Wadi Degla	34.99
2	Rital Tamer Mohamed	12	Ahly	34.96
3	Hala Mohamed Nizaar	12	Wadi Degla	34.90
4	Berry Mohamed Aly	12	Wadi Degla	34.88
5	Sara Walid Abdelazim	12	El Zohour	34.88
6	Zainab Sameh Bahgat	12	Shooting	34.96
7	Zina Alaa Moustafa	12	Zamalek	34.99
8	Jessica Maged Phillip Khela	12	Wadi Degla	35.02
9	Nadein Amr Marwan	12	Shooting	35.08

**Heat 57 of 70 Timed Finals**

0	Malak Mahmoud Elsayed	12	Ahly	34.85
1	Kenzy Walid Helmy	12	Shooting	34.82
2	Malak Mohamed Hegazy	12	Shooting	34.80
3	Rawan Amr Mohamed	12	Wadi Degla	34.73
4	Jana Diaa Nabil GharsEldin	12	Moasasa Riadiah Askaria	34.72
5	Joudy Mohamed Nasr	12	El Nasr Club	34.73
6	Noor Ahmed Mahmoud Ahmed	12	Shooting	34.75
7	Bessan Ahmed Mahmoud	12	El Zohour	34.80
8	Jounier John Fikry Youssef	12	El Shams	34.84
9	Khadija Mohamed Dardir	12	Shooting	34.88



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**Heat 58 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Fatma Basil Ahmad Atef	12	Heliopolis	34.68
1	Kenzy Ahmed Samir	12	Ahly	34.64
2	Halaa Hany Elgabry	12	M S Benha City	34.62
3	Tamara Ahmed Amr	12	Maadi	34.54
4	Hala Mahmoud Elgammal	12	Ahly	34.50
5	Retal Ahmed Ibrahim	12	Wadi Degla	34.52
6	Hanin Marwan Sayed	12	Wadi Degla	34.60
7	Goudy Sherif Ezzat	12	Ahly	34.63
8	Farida Emad Eldin Al Saeed	12	Wadi Degla	34.66
9	Yomna Amr Abd el Rahman	12	Wadi Degla	34.71

**Heat 59 of 70 Timed Finals**

0	Haya Mohamed Atef Ramdan	12	Shooting	34.45
1	Farida Ali Mohamed	12	Shooting	34.41
2	Farida Amr Mostafa Maoad	12	El Mekaweloun	34.33
3	Rokaya Omar Mohamed Taher	12	Shooting	34.27
4	Salma Ahmed Mohamed Barakat	12	El Zohour	34.25
5	Rodina Mohamed Fahmy	12	Ahly	34.26
6	Lilas Mohamed Magdy Ahmed	12	El Shams	34.30
7	Karma Mohamed Helmy	12	Wadi Degla	34.38
8	Salma Ahmed Mahmoud Ahmed	12	Zamalek	34.44
9	Karma Ahmed El Dessouki	12	Heliopolis	34.46

**Heat 60 of 70 Timed Finals**

0	Tia Mohamed Shawki Abdel Aziz	12	Wadi Degla	34.21
1	Renad Mohamed Mohamed	12	el Shark Club	34.18
2	Jowairia Ahmed Mohamed Abd-El	12	ElGezira Youth	34.13
3	Malak Mohamed Mostafa	12	El Shrook	33.97
4	Engy Alaa Mohamed	12	Wadi Degla	33.92
5	Mariam Ramy Seaoudy	12	Ahly	33.93
6	Farah Mahmoud Mohi Eldin	12	El Zohour	34.10
7	Kady Ahmed Sayed	12	Wadi Degla	34.15
8	Malak Karim Mohamed	12	Ahly	34.19
9	Lama Hani Mohamed Abdullah	12	Goldy	34.21

**Heat 61 of 70 Timed Finals**

0	Mariam Shareef Mahmoud	12	Ahly	33.83
1	Judy Mohamed Hussein	12	Shooting	33.76
2	Malk Amir Mohamed	12	Ahly	33.67
3	Lara Mohammed Fathy	12	Ahly	33.61
4	Gana Mohamed Mahmoud	12	Ahly	33.56
5	Basma Diaa Mohamed	12	El Shrook	33.60
6	Salsabil Ahmed Elsayed	12	Ahly	33.66
7	Lily Ehab Mahmoud Ahmed	12	Pegasus Club	33.70
8	Alia Mohamed Mostafa	12	Ahly	33.82
9	Jana Mahmoud Saber Ahmed	12	ElGezira Youth	33.91

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**Heat 62 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Salma Mohamed Mahmoud Salem	12	El Shams	33.53
1	Farida Arafat Mahdy	12	Ahly	33.51
2	Miral Mohamed Elsaid	12	el Shark Club	33.49
3	Nadeen Ahmed Mohamed	12	Wadi Degla	33.43
4	Malak Tarek Ahmed	12	Helwan Club	33.40
5	Joudy Mahmoud Fawzy	12	El Zohour	33.40
6	Nada Mohamed Sobhy Elqotb	12	ElGezira Youth	33.43
7	Salma Sherif Helal	12	Ahly	33.50
8	Malak Mohamed Abdallah moh	12	Zamalek	33.51
9	Mariam Tamer Gabr	12	Shooting	33.54

**Heat 63 of 70 Timed Finals**

0	Layan Abed Abd el Rehem	12	Wadi Degla	33.36
1	Farida Ahmed Attia	12	Ahly	33.35
2	Mira Esam Saad	12	Hadak Al Ahram	33.32
3	Bessan Mohamed Farouk	12	Ahly	33.29
4	Malak Essam Mohamed	12	Smouha	33.21
5	Laila Amr Ali	12	Maadi	33.29
6	Shahd Shady Ebrahim	12	Sharks Team	33.30
7	Yara Ahmed Abdel-razek	12	El Zohour	33.34
8	Gelsy Sameh Labib	12	Shooting	33.36
9	Farida Ahmed Ali Fahmy	12	ElGezira Youth	33.37

**Heat 64 of 70 Timed Finals**

0	Farida Ahmed Abdelazem Abdelaziz	12	El Mekaweloun	33.08
1	Remas Shrief Abduallh	12	Shooting	33.00
2	Jana Amr Shtewy	12	Wadi Degla	32.95
3	Talia Mohamed Magdy	12	Maadi	32.82
4	Sherwit Shady Samir Moahmed	12	Wadi Degla	32.75
5	Hana Khaled El Sawy	12	Shooting	32.82
6	Farida Kareem Hassan Embaby	12	Pegasus Club	32.86
7	Mona Amr Mohsen	12	Ahly	33.00
8	Laila Shehab Said	12	Ahly	33.07
9	Mariam Ehab Salah Ibrahim	12	Shooting	33.08

**Heat 65 of 70 Timed Finals**

0	Judy Mohamed Helmy	12	A S E C	32.65
1	Dana Hesham Abd El Maged	12	Heliopolis	32.60
2	Judy Tarek Rashad Hegazy	12	El Shams	32.53
3	Malak Abdel Razik Mohamed	12	Ahly	32.51
4	Reem Mamdouh Ahmed	12	Pegasus Club	32.37
5	Amina Amr Farag	12	Shooting	32.46
6	Farida Mohammed Algamal	12	Olympia	32.52
7	Farida Refaat	12	Elethead	32.59
8	Lara Amr Mohamed Mostafa	12	Shooting	32.62
9	Rodaina Naser Ahmed Hashim	12	ElGezira Youth	32.73

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 3/12/2023 Mor

**Heat 66 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Yara Sharif Fathy	12	Wadi Degla	32.36
1	Maryam Mohamed Mustafa	12	Ahly	32.15
2	Hana Jihad Ahmed Abu Issa	12	A S E C	32.11
3	Ahela Amr Shawky	12	Wadi Degla	32.01
4	Joudy Ahmed Mohamed	12	Elethead	31.92
5	Aseel Ahmed Nagy Torky	12	Moasasa Riadiyah Askaria	31.94
6	Malak Shady Magdy	12	Wadi Degla	32.04
7	Hana Adham Ismail	12	Shooting	32.13
8	Lyan Mohamed Mahmoud	12	Wadi Degla	32.21
9	Dareen Ahmad Abdel Wahab	12	Ahly	32.37

**Heat 67 of 70 Timed Finals**

0	Malak Mohamed Omran Moustafa	12	Wadi Degla	31.88
1	Yousra Mohamed Soltan	12	Smouha	31.81
2	Arwa Omar Sayed	12	Ahly	31.70
3	Talia Mohamed Mohamed	12	el Shark Club	31.61
4	Malikah Ahmed Moussa	12	Ahly	31.34
5	Alaa Mahmoud Maher	12	Talbeia	31.48
6	Joud Ahmed Hassan Nasr	12	Heliopolis	31.63
7	Gana Moufid Abdallah	12	Zamalek	31.73
8	Alya Amr Hamdy Elserafy	12	Palm Hills	31.87
9	Farida Ayman Mostafa	12	Ahly	31.90

**Heat 68 of 70 Timed Finals**

0	Mariam Mohamed Hussien	12	Heliopolis	31.29
1	Mayar Ahmed Fadl	12	Al Tersana	31.24
2	Rawda Tarek Hamed	12	Shooting	31.12
3	Hager Ahmed Nassar	12	Smouha	30.99
4	Lara Mohamed Farouk Khali	12	Smouha	30.91
5	Rodina Karim Ashref Mohamed	12	Shooting	30.92
6	Karma Ahmed Said	12	Maadi	31.06
7	Gana Mohammed Awad	12	Ahly	31.17
8	Ayten Wael Shabaan Abdelrazik	12	El Mekaweloun	31.27
9	Mariam Ahmed Mohsen	12	El Nasr Club	31.31

**Heat 69 of 70 Timed Finals**

0	Loujjain Mustafa Mohamed Abdel K	12	Heliolido	30.72
1	Goudy Ahmed Gamil	12	Ahly	30.65
2	Malak Mohamed Nasar	12	El Ghaba	30.59
3	Farah El Shazly	12	Shooting	30.31
4	Rawaa Ahmed Fatthy	12	Ultimate	30.27
5	Lavi Shady Hefela	12	Canal Suez Port Said	30.29
6	Rimas Eslam Mohamed	12	Smouha	30.35
7	Saja Mahmoud El-Bahiry	12	Platinum	30.65
8	Hla Tamer Khairat	12	ElGezira Youth	30.71
9	Malak Mahmoud Fawzy Al-Laqani	12	El Gezira	30.87

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 3/12/2023 Mor****Heat 70 Timed Finals... (Event 200 Girls 12 Year Olds 50 LC Meter Freestyle)**

0	Leila Hussein Mohame	12	Palm Hills	30.03
1	Farida Amr Gado	12	Olympia	29.98
2	Mariam Hatem Mohamed Siry	12	Heliopolis	29.69
3	Joudy Ashraf Mohamed Elsaeed	12	Olympic	29.54
4	Razan Mohamed Ahmed Shamekh	12	El Shams	29.43
5	Laila Ahmed Saied	12	El Shams	29.48
6	Gana Mohamed Yahia	12	Ahly	29.64
7	Lily Mohamed Abo Elyazed	12	Wadi Degla	29.98
8	Lara Tarek Abdelmohsen	12	Shooting	30.01
9	Malak Ramy Gaber Yassin	12	Smouha	30.08