

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 1/12/2023 Mor

## Event 190 Boys 12 Year Olds 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 17 Timed Finals</b>				
2	Hamza Mostafa Ismail Hasan	12	Shooting	NT
3	Hassan Mohamed Shaker	12	Heliopolis	NT
4	Hamza Ahmed Mohamed Sayed	12	Wadi Degla	NT
5	Rayan Ahmed Sayed	12	Wadi Degla	NT
6	Malek Mohame Gamal Elshal	12	Matrix	NT
<b>Heat 2 of 17 Timed Finals</b>				
0	Mazan Mohamed Lbrahim	12	El Khanka	NT
1	Abdelrahman Moataz Mohamed Abc	12	6th	NT
2	Marwan Mohamed Mansour	12	Shooting	NT
3	Adam Walid Aly Reda	12	Smouha	NT
4	Malek Mohamed Abd Elwareth	12	Bank Ahly Alex	NT
5	Shehab Khaled Eisa	12	Shooting	NT
6	Mostafa Sharif Hisham	12	Police Club	NT
7	Omar Mohamed Noiur Eldin	12	Ahly	NT
8	Yassin Essam Fathy	12	Ahly	NT
9	Abdulrahman Ahmed Mohamoud	12	M.S.Amria	NT
<b>Heat 3 of 17 Timed Finals</b>				
0	Daniel Ramy Thabet	12	Wadi Degla	NT
1	Youssef Ahmed Mohamed Ibrahim	12	Ahly	NT
2	Yassin Mohamed Saeed	12	Wadi Degla	NT
3	Youssef Walid Kamal	12	Wadi Degla	NT
4	Eyad Mohamed Sayed Emam	12	El Shams	NT
5	Adham Mohamed Ahmed Yunus	12	6th	NT
6	Mohamed Mahmoud Elsaeed	12	Ahly	NT
7	Ahmed Sherif Ramzy	12	Ahly	NT
8	Ali Mohamed Aboelnaga	12	Olympia	NT
9	Adham Tarek ali Abdel Naim	12	Petrosport	NT
<b>Heat 4 of 17 Timed Finals</b>				
0	Omar Hisham Yasser	12	El Zohour	NT
1	Yassin Ahmed Mohamed Morsi	12	6th	NT
2	Asser Ehab Ahmed	12	El Obour	NT
3	Mohamed Diaa Salah Abd Latif	12	Matrix	NT
4	Daniel Hany Nagah Fouad	12	Rehab	NT
5	Marwan Mohamed Ahmed Hassn	12	Wadi Degla	NT
6	Omar Mohamed Swilam	12	Wadi Degla	NT
7	Ziaad Ahmed Abdelkader	12	Canal El Suez	NT
8	Eyad Ehab Elsayed Abdelka	12	Stad Mansoura	NT
9	Omar Mohamed Abo El-Hasan Ewia:	12	Tanta	NT
<b>Heat 5 of 17 Timed Finals</b>				
0	Youssef Waleed Adel	12	Wadi Degla	NT
1	Omer Mohamed Mamdouh	12	Petrosport	NT
2	Malek Mohamed Kasem	12	Petrosport	NT
3	Yassin Omar Mohamed Safwat	12	Rehab	NT
4	Shehab Shabaan Abdullah	12	Hadak Al Ahram	NT
5	Yassin Mahmoud Ibrahim	12	Ahly	NT
6	Hamza Saad Mohamad Saad	12	Heliolido	NT
7	Ahmed Mostafa Taha	12	Meit Khakan Sport Club	NT
8	Yehia Eslam Mamdouh	12	Smouha	NT
9	Eyad Ahmed Mohamed	12	Cairo	NT

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**Heat 6 Timed Finals... (Event 190 Boys 12 Year Olds 200 LC Meter Backstroke)**

0	Moaz Mahmoud Abdelrehem Ahmec	12	Olympic Champion Club	NT
1	Mohamed Haitham Mohamed Abd E	12	TM Sports	NT
2	Abdallah Wagih Abdallah	12	El Zohour	NT
3	Selim Mostafa Mohamed	12	Ahly	NT
4	Karim Wael Elshahat	12	Wadi Degla	NT
5	Aser Ahmed Abu Allail	12	Ahly	NT
6	Asser Osama Ramadan	12	Al Ealamein	NT
7	Moustfa Badwey Elsayed	12	Sharks Team	NT
8	Omar Ahmad Mohamed Habeb	12	Heliopolis	NT
9	Mahdi Ahmed Mahmoud	12	Talbeia	NT

**Heat 7 of 17 Timed Finals**

0	Omar Hatem Mohamed	12	Smouha	NT
1	Mohamed Hamdy El Sheik	12	Shooting	NT
2	Youssef Hussein Hosny	12	Petrosport	3:24.65
3	Omar Elmoatzbollah Ahmed Mohar	12	Wadi Degla	3:16.48
4	Mohamed Ahmed Hosny Fahim	12	El Ghaba	3:16.15
5	Youssef Ahmed Samy	12	Ahly	3:16.38
6	Ibrahim Ossama Ibrahim	12	Nemoo	3:19.29
7	Zaid Mohamed Abdel Ghafar Abdelg	12	6th	3:29.44
8	Yossef Ahmed Attia	12	Canal El Suez	NT
9	Mohamed Hesham Ashraf	12	El Zohour	NT

**Heat 8 of 17 Timed Finals**

0	Zeiad Islam Mohamed Mohame	12	Zamalek	3:13.37
1	Asser Ahmed Magdy	12	Ahly	3:12.31
2	Adam Mohamed Mofeed	12	Wadi Degla	3:11.59
3	Youssef Mahmoud Fawzy	12	Maadi	3:10.03
4	Malek Mohsen Eissa	12	Wadi Degla	3:08.28
5	Malek Ahmed Saied	12	Cairo	3:09.24
6	Waled Osama Mohamed	12	Sharks Team	3:11.14
7	Seife Ibrahim Abd Elhady	12	Pegasus Club	3:12.29
8	amr Khaled ali abd el ka	12	Al Ealamein	3:13.33
9	Amr Mohamed Adel	12	Ahly	3:15.80

**Heat 9 of 17 Timed Finals**

0	Mohamed Eslam Atya Masry	12	El Ghaba	3:06.57
1	Akram Ahmed Khalil	12	Rowad	3:06.35
2	Eyad Youssef Erfan	12	Maadi	3:04.53
3	Eyad Ahmed Roshdy Mohamed	12	El Ghaba	3:03.92
4	Yassin Mahmoud Azab	12	Al Tersana	3:02.82
5	Asser Sherif Ahmed	12	Cairo	3:03.65
6	Adam Abdelrahman aly	12	Zamalek	3:04.41
7	Aser RamyAhmed Mohamed	12	Petrosport	3:05.25
8	Ahmed Mohamed Basyoni	12	M.S Tagamoa	3:06.36
9	Youssef Mohamed Mounir	12	Cairo	3:07.71

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 1/12/2023 Mor****Heat 10 Timed Finals... (Event 190 Boys 12 Year Olds 200 LC Meter Backstroke)**

0	Asser Karim Hasan	12	Wadi Degla	3:02.60
1	Kariem Hisham Abdelwahab	12	El Zohour	3:01.99
2	Yehia Islam Ibrahim Shoukry	12	El Shams	3:00.44
3	Abdalla Amr Ali	12	Ahly	2:59.72
4	Youssef Mohamed ElDesoky Sal	12	TM Sports	2:58.84
5	Mohamed Amir Mohamed Hafez	12	Taleaa El Gish Club	2:59.23
6	Mohamed Mahmoud Mohamed el Se	12	Al Hawar	3:00.25
7	Abdullah Mohammed Sayed	12	Ahly	3:00.70
8	Adam Mohamed Osman Mahmoud	12	Wadi Degla	3:02.18
9	Yassin Mohab Mohamed Hany	12	Shooting	3:02.79

**Heat 11 of 17 Timed Finals**

0	Muhammed Ahmed AbdelRahman	12	Shooting	2:58.11
1	Hamza Fathy Mohamed Gomaa	12	Wadi Degla	2:57.74
2	Mazen Atef Gomaa	12	Ahly	2:56.11
3	Adam Mohamed Elsayed Abo	12	Stad Mansoura	2:55.59
4	Mohamed Wael Othman	12	Bank Ahly Geza	2:55.42
5	Mohamed Sameh Mohamed	12	Al Tersana	2:55.46
6	Jack Ehab Helmy	12	Ahly	2:55.91
7	Alhussin Amr Mohamed Elrashidy	12	El Shams	2:56.69
8	Omar Ahmed Eidasos	12	El Zohour	2:58.05
9	Youssef Mohammed Tartor	12	M-S-Almadina	2:58.36

**Heat 12 of 17 Timed Finals**

0	Seif Islam	12	Sporting	2:54.95
1	Adam Ahmed Mahmoud	12	Smouha	2:54.63
2	Karim Naser Elhamy Husin	12	Bank Ahly Alex	2:54.53
3	Yehia Ibrahim	12	Sporting	2:54.24
4	Mohamed Hatem Abdel Rhman	12	Ahly	2:53.71
5	Aser Mohamed Abdelfattah	12	El Zohour	2:53.99
6	Saif Mohamed Nady	12	Sharks Team	2:54.39
7	Fares Elbahr	12	Sporting	2:54.58
8	Youssef Ahmed Abdelwahab	12	Ahly	2:54.75
9	Obay Mohamed Swilam	12	Rowad	2:54.96

**Heat 13 of 17 Timed Finals**

0	Ayman Ayman Ahmed	12	El Zohour	2:53.31
1	Ali Ali Gabr	12	Raas El Bar Club	2:51.76
2	Mohamed Ayman Ali Abdou	12	Wadi Degla	2:50.66
3	Ahmed Abdelhamed Mohamed	12	Smouha	2:50.52
4	Eyad Hamdy Ahmed	12	Smouha	2:50.19
5	Hamza Mohamed Hesham	12	Smouha	2:50.42
6	Ahmed Mohamed Abdelkader Eltaw	12	Stad Mansoura	2:50.64
7	Seif Hany Abdelghafar	12	Al Tersana	2:51.58
8	Malek Mohammed Moustafa	12	Shooting	2:52.18
9	Moustafa Mohamed Mahir Yahia	12	Zamalek	2:53.39

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**Heat 14 Timed Finals... (Event 190 Boys 12 Year Olds 200 LC Meter Backstroke)**

0	Marwan Eslam Gamal	12	El Ghaba	2:49.90
1	Adam Waleed Ebrahim	12	Smouha	2:49.66
2	Omar Khaled Saber Ahmed	12	Smouha	2:48.69
3	Aly Mohamed Abdallah	12	Smouha	2:48.37
4	Zeyad Mohamed Mokhtar Osman	12	Al Hawar	2:48.07
5	Hamza Tarek El Zanaty	12	Shooting	2:48.21
6	Yousef Ahmed Elsarty	12	Ahly	2:48.41
7	Said Amr Said	12	Ahly	2:48.96
8	Adham Ahmed Halim	12	Shooting	2:49.75
9	Mohamed Mahmoud Hussen Mosta	12	Rowad	2:49.91

**Heat 15 of 17 Timed Finals**

0	Yossief Ahmed Wafik Sobhy	12	El Shams	2:47.58
1	Mazin Ayman Abo-elyazid	12	El Ghaba	2:46.92
2	Mohamed Mahmoud Mohamed Khal	12	Stad Mansoura	2:46.31
3	Hamza Mohamed Samy	12	Smouha	2:45.57
4	Omar Ahmed Elsayed	12	Bitash	2:44.98
5	Ali Ayman Hamdy	12	Ahly	2:45.51
6	Yehia Mohamed Sherif	12	Sporting	2:45.58
7	Yaqen Hazem Taher	12	15 May	2:46.40
8	Hazem Ahmed Elsayed	12	Sporting	2:46.99
9	Ahmed Shady Shebl	12	Cairo	2:47.94

**Heat 16 of 17 Timed Finals**

0	ali Ahmed Alii	12	El Temsah	2:44.35
1	Braa Shreef Almenayer	12	Olympia	2:43.51
2	Belal Osama Abdelmoneim	12	6th	2:41.27
3	Mazen Ayman Mohamed abd Elaziz	12	Al Hawar	2:39.73
4	Ahmed Aseem Elsayed Elsayed	12	Olympic	2:38.47
5	Asser Nouman Samir Abdalsalam	12	Al Hawar	2:39.17
6	Ibrahim Mohamed Ibrahim	12	Elethead	2:40.01
7	Mohamed Hassan Ali Hassan Ali	12	Moasasa Riadih Askaria	2:42.15
8	Adam Hamdy Metwally Mohamed	12	Wadi Degla	2:43.54
9	Yassin Mahmoud Farid	12	Ahly	2:44.79

**Heat 17 of 17 Timed Finals**

0	Mazen Mohamed Hagag Othman	12	Bank Ahly Alex	2:37.03
1	Anas Ahmed Gamal	12	Moasasa Riadih Askaria	2:36.02
2	Ahmed Wael Ekram Beder	12	Rowad	2:35.78
3	Yasein Hany Mohamed Kamal	12	Zamalek	2:35.09
4	Mazen Ahmed Algalgemony	12	Smouha	2:30.23
5	Hassan Mostafa Alnoshokaty	12	Olympia	2:32.57
6	Fares Omar Abd Ellatif Awad	12	Pegasus Club	2:35.14
7	Asser Yasser Farouk Ramadan	12	Wadi Degla	2:35.96
8	Mohammed Yehia Zakaria	12	Olympia	2:36.70
9	Ali Mohamed Abdelgawad	12	Ahly	2:38.11

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## Event 191 Girls 12 Year Olds 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 55 Timed Finals</b>				
2	Amina Ahmed Al Ansary	12	Maadi	NT
3	Reham Mansour Badawy	12	Cairo	NT
4	Farida Ahmed Mahmoud Badawy	12	El Gezira	NT
5	Fayrouz Haitham Salem Ahmed	12	6th	NT
6	Dema Tamer Mohamed Mahmou	12	Stad Mansoura	NT
7	Hana Waled Ahmed	12	Ismaily Sporting Club	NT
<b>Heat 2 of 55 Timed Finals</b>				
0	Basmala Shref Osman	12	Sharks Team	NT
1	Farida Ahmed Samir Hegazy	12	El Gezira	NT
2	Mariam Karem Mokhtar	12	Heliopolis	NT
3	Zeina Ahmed Sallem	12	Maadi	NT
4	Logain Sheif Abd el Azeem	12	Wadi Degla	NT
5	Farida Mohamed Ragaa Abdelghani	12	El Nasr Club	NT
6	Hana Ahmed Kamal	12	TM Sports	NT
7	Hala Hassan Aly Hassan	12	Wadi Degla	NT
8	Lilas Mohamed Magdy Ahmed	12	El Shams	NT
9	Jouly Amr Omar Mokhtar Tayel	12	Al-Ahram Sports Club	NT
<b>Heat 3 of 55 Timed Finals</b>				
0	Malak Mohamed Mostafa	12	El Shrook	NT
1	Roaa Ahmed AbdAllha Ali	12	Al Tersana	NT
2	Farida Osama Mahmoud Tawfik Elal	12	El Shams	NT
3	Malk Mohamed Medny	12	Road El Farag	NT
4	Retag Mohamed Hassan	12	Stad Mansoura	NT
5	Mariam Mohamed Ebrahim Ali	12	El Shams	NT
6	Rana Abdelazim El Tohamy	12	Wadi Degla	NT
7	Goudy Ibrahim Disoky	12	Zamalek	NT
8	Yasmin Mohamed Refaet	12	Ahly	NT
9	Goudy aly Gaber	12	Zamalek	NT
<b>Heat 4 of 55 Timed Finals</b>				
0	Farida Hamed Moustafa	12	Maadi	NT
1	Nourlen Ramy Sayed Mahmoud	12	Wadi Degla	NT
2	Jana Wael Moahmed	12	El Nasr Club	NT
3	Lojain Mokhtar Fayez Mokhtar	12	Pegasus Club	NT
4	Yosrya Mohamed Shawky	12	Alsafwa	NT
5	Lojayn Mohamed Abdelsamad	12	El Nasr Club	NT
6	Mary Mina Ayed Gandy	12	Wadi Degla	NT
7	Ahela Amr Shawky	12	Wadi Degla	NT
8	Laila Mohamed Hassnin	12	Canal El Suez	NT
9	Salma Eslam Mohamed Abdelsalam	12	Olympic Champion Club	NT
<b>Heat 5 of 55 Timed Finals</b>				
0	Lalyla Mohamed Adel	12	Moasasa Riadh Askaria	NT
1	Judy Mohamed Helmy	12	A S E C	NT
2	Judy Ebrahim Abdelal	12	Al Tersana	NT
3	Alaa Lotfy Yousef Hassan	12	Stad Mansoura	NT
4	Mary Samy Adel	12	Wadi Degla	NT
5	Lara Ahmed Yahia	12	El Zohour	NT
6	Farida Saeed Darwesh Abdelmegeec	12	El Nasr Club	NT
7	Ritag Abdelnaseir gad Ahme	12	Zamalek	NT
8	Monika Magid Gerges Faeiz	12	Zamalek	NT
9	Lamar Farag Ahmed Hassan	12	Zamalek	NT

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0	Heba Gamal Yousery	12	Shooting	NT
1	Reem Ramy Abdelsalam Esma	12	Zamalek	NT
2	Lara Talal Samy	12	Zamalek	NT
3	Jana Ramy Gamal	12	Ahly	NT
4	Judy Ahmed Hassan	12	Bitash	NT
5	Sama Khaled Mohammed	12	Shooting	NT
6	Malak Mohamed Zarie	12	Ahly	NT
7	Jessika Albir Wahib	12	Canal El Suez	NT
8	Alia Ahmed Mostafa Kamel	12	Shooting	NT
9	Lara Akram Khalel	12	Palm Hills	NT

**Heat 7 of 55 Timed Finals**

0	Aysel Sameh Elsayed	12	El Ghaba	NT
1	Rana Wael Shaban Mohamed	12	Top Swimmer	NT
2	Jody Hassan Ahmed Mohamed	12	Taleaa El Gish Club	NT
3	Habiba Mohmed Mahmoud Fawzy	12	El Shams	NT
4	Kenda Shady Mahmoud	12	Ahly	NT
5	Yasmin Ashraf Hussein	12	Ahly	NT
6	Lamis Sayed Ahmed Abd Elqa	12	ElGezira Youth	NT
7	Retal Ahmed Ibrahim	12	Wadi Degla	NT
8	Rokaya Ramez Hosen	12	Heliopolis	NT
9	Sedra Karim Mohamed Darwish	12	Wadi Degla	NT

**Heat 8 of 55 Timed Finals**

0	Halla Ashraf Mohamed	12	Zamalek	NT
1	Hala Hazem Kamel	12	Ahly	NT
2	Hana Khaled El Sawy	12	Shooting	NT
3	Maria Remon	12	Sharks Team	NT
4	Ritag amr Salah	12	Zamalek	NT
5	Karma Hany Mohamed Ahmed	12	Al-Ahram Sports Club	NT
6	Darien Youssef Abdou	12	Rehab	NT
7	Shaden Mohamed Salah	12	Ahly	NT
8	Lili Sherif Ahmed	12	Ahly	NT
9	Mallak Waheed Hosny	12	Shobra	NT

**Heat 9 of 55 Timed Finals**

0	Nada Mohamed Sobhy Elqotb	12	ElGezira Youth	NT
1	Maleka Mohamed Ahmed Hosny	12	El Zohour	NT
2	Joudy Mohamed Amin Mohamed	12	Top Swimmer	NT
3	Lojain Ahmed Fathi Nasr	12	Wadi Degla	NT
4	Basmallah Mohammed Atef Hussien	12	Nemoo	NT
5	Hana Omar ata Ibrahim	12	Zamalek	NT
6	Yara Ahmed Mahmoud Khlil	12	El Ghaba	NT
7	Yara Magdy El Shahat	12	M S Benha City	NT
8	Hala Aly Abdel Kader	12	Ahly	NT
9	Zeina Mohamed Mohamed	12	El Obour	NT

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**Heat 10 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Chantal Mina Elshahhat	12	Wadi Degla	NT
1	Ransy Tamer Mohamed Bder	12	Stad Mansoura	NT
2	Sohaila Mohamed Shaker	12	Ahly	NT
3	Ghazl Hossam-elden Mostafa	12	El Ghaba	NT
4	Hana Essam Mohamed Ismail	12	Smouha	NT
5	Ganat Ramy Haitham	12	Canal El Suez	NT
6	Alaa Waleed Taher Mohamed	12	Wadi Degla	NT
7	Malk Tarek Salah Zinbay	12	Canal El Suez	NT
8	Hana Tamer Ahmed Mahmoud	12	Wadi Degla	NT
9	Lili Shrief Abdelrazik	12	Olympic Champion Club	NT

**Heat 11 of 55 Timed Finals**

0	Lara Mohamed Ahmed Helmy	12	Shooting	NT
1	Hana Wael Shaaban	12	Heliopolis	NT
2	Mariam Amr Wagih Ali	12	Wadi Degla	NT
3	Mariam Alaa Eldin Mahmoud	12	Rowad	NT
4	Remas Ihab Mamdouh Youssef	12	Wadi Degla	NT
5	Mayar Ahmed Fadl	12	Al Tersana	NT
6	Lamis Hossam Eldin	12	Zamalek	NT
7	Salma Ramy Slama	12	Olympia	NT
8	Farida Ashraf Saied	12	Ahly	NT
9	Zeinab Ahmed Abdelatty Fadl	12	6th	NT

**Heat 12 of 55 Timed Finals**

0	Malak Mahmoud AbdAlaziz	12	Gamgara Youth Center Banha	NT
1	Mariam Hesham Mohamed	12	Wadi Degla	NT
2	Yousra Mohamed Soltan	12	Smouha	NT
3	Rawan Ahmed Mohamed Ahmed	12	6th	NT
4	Jana Ahmed Elsaid Helaly	12	Canal El Suez	NT
5	Mana el Said Abbas Mahmou	12	A S E C	NT
6	Maya Ahmed Abdulmageed	12	El Gezira	NT
7	Sara Walid Abdelazim	12	El Zohour	NT
8	Farida Kamel Abdelaziz Ali	12	Shooting	NT
9	Lilly Mohamed Ismail	12	Ahly	NT

**Heat 13 of 55 Timed Finals**

0	Fatima Amr Ibrahim Mohamed	12	Wadi Degla	NT
1	Layla Yasseir Mohamed	12	Zamalek	NT
2	Renad ali Atef ali	12	Petrosport	NT
3	Faeroz Ahmed Mustafa	12	el Shark Club	NT
4	Rana Ezzat Mohamed Elalem	12	TM Sports	NT
5	Joudy Ibrahim Gamal	12	Wadi Degla	NT
6	Farah Mohamed Kotb Mohamed	12	6th	NT
7	Nadeen Ahmed Mahmoud	12	Ahly	NT
8	Rawaa Ahmed Fatthy	12	Ultimate	NT
9	Hana Salah Sharaf	12	Police Club	NT

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**Heat 14 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Salma Mohamed Mahmoud Salem	12	El Shams	NT
1	Joly Ahmed Mahmoud Abdellatif	12	Wadi Degla	NT
2	Menatallah Talat Kamal Hekal	12	Matrix	NT
3	Malak Tamer Gabr	12	Shooting	NT
4	Rodaina Yasser Abdelrahman	12	Wadi Degla	NT
5	Renad Emad Houssein	12	El Shrook	NT
6	Kinda Mostafa Samir	12	El Zohour	NT
7	Ereny Bahgat Gerges	12	ElGezira Youth	NT
8	Rital Ahmed Mohamed	12	Wadi Degla	NT
9	Karma Abdel Rahman Ismaiel	12	Wadi Degla	NT

**Heat 15 of 55 Timed Finals**

0	Gana Hany Ebrahim	12	Misr Insurance	NT
1	Fairouz Mohamed Gamal	12	Wadi Degla	NT
2	Rodiena Khalid Yousef	12	Shooting	NT
3	Retal Mohamed Hussien Abo El Mag	12	Wadi Degla	NT
4	Mariam Adel Abdel Shafee Taha	12	Goldy	NT
5	Rofida Essam Zakaria Abbass	12	El Shams	NT
6	Mennatalla Yasser Mohamed	12	Wadi Degla	NT
7	Tamema Mohamed abd Elaziz s	12	Beni Suef Club	NT
8	Maryam Khaled Mohamed Saber	12	El Mekaweloun	NT
9	Enola Emil Rashad Dawoud	12	El Shams	NT

**Heat 16 of 55 Timed Finals**

0	Farida Belal Ibrahim Saad	12	Rehab	NT
1	Logain Farag Ahmed Hassan	12	Zamalek	NT
2	Klara Ghon Wasfy	12	Tyran Club	1:47.66
3	Nour Abdfadel Abdgelil	12	Moasasa Riadiyah Askaria	1:45.97
4	Lana Sherif Saad	12	Wadi Degla	1:44.30
5	Zeina Ahmed Rafik	12	Palm Hills	1:44.99
6	Retaj Mohamed Abdfatah	12	Tyran Club	1:46.88
7	Jana Hani Mohamed	12	El Obour	NT
8	Hana Wael Fatouh Hanafy	12	Zamalek	NT
9	Nadien Anwar Fouad	12	Wadi Degla	NT

**Heat 17 of 55 Timed Finals**

0	Lavenia Beshoy Boshra Blamon	12	Tyran Club	1:42.97
1	Rana Fouad Mohamed Ebrahi	12	Police Club	1:42.17
2	Rinad Hossam Gamal	12	Zamalek	1:40.39
3	Ruqayyah Ibrahim Ibrahim al Abadi	12	Al Hawar	1:39.49
4	Layla Mohamed Sherif	12	Shooting	1:36.82
5	Hana Islam Mohamed Hamdy	12	Wadi Degla	1:39.04
6	Retaj Elgabry	12	Rehab	1:39.69
7	Lojain Bahaa Eldeen	12	M.S Tagamoa	1:41.40
8	Dan Waled Ahmed	12	Tyran Club	1:42.85
9	Karma Mohamed Elsayed	12	El Zohour	1:44.21



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0	Zeina Hossam Talaat	12	Ahly	1:36.62
1	Joudy Sherif Mostafa	12	El Zohour	1:36.32
2	Ayten Mohamed Fathy	12	Wadi Degla	1:35.10
3	Meray Michael Naguib	12	Wadi Degla	1:34.78
4	Jodi Mohamed Ibrahim	12	El Obour	1:34.58
5	Malak Mohamed Ahmed Selim	12	Ahly	1:34.68
6	Farida Adel Fawzy Abd Elghany	12	Wadi Degla	1:34.82
7	Yara Amer	12	Sharks Team	1:35.82
8	Mariam Mohamed Ahmed Selim	12	Ahly	1:36.34
9	Jourya Ramy Samir	12	Shooting	1:36.65

**Heat 19 of 55 Timed Finals**

0	Haya Adel Ahmed	12	Ahly	1:34.54
1	Kady Mohamed Hamed	12	Zamalek	1:34.38
2	Rojana Ayman Nagy Ali	12	Wadi Degla	1:33.36
3	Joudy Al Amir Meligy Ali	12	Wadi Degla	1:33.06
4	Remas Eslam Hassen	12	Tyran Club	1:32.62
5	Goulia Sherif Mohamed	12	Ahly	1:32.66
6	Karma Amr Mahmoud	12	Ahly	1:33.14
7	Jody Mohsen Sarhan	12	Moasasa Riadiyah Askaria	1:34.21
8	Joudy Ahmed Sabry Hassan	12	Tyran Club	1:34.45
9	Zeina Hany Hanafy	12	Ahly	1:34.55

**Heat 20 of 55 Timed Finals**

0	Joumana Eslam Fathy	12	Wadi Degla	1:32.53
1	Fareda Mohamed Mohy el den	12	Heliopolis	1:32.32
2	Karma Mohamed Fayz	12	El Obour	1:32.14
3	Zina Mahmoud aly abo	12	Zamalek	1:31.70
4	Farida Ahmed Mohamed	12	El Obour	1:31.53
5	Jayda Mohamed aed Helmy Elayed	12	El Zohour	1:31.58
6	Salma AbdElfatah AdbElRaouf Amar	12	Heliopolis	1:32.08
7	Dogana Tamer Said	12	Ahly	1:32.25
8	Malak Ahmed Mohammed Salah Eld	12	El Zohour	1:32.49
9	Rodina Mohamed Sayed Abd Elhaler	12	Wadi Degla	1:32.56

**Heat 21 of 55 Timed Finals**

0	Lobita Peter Alkes Armia	12	Wadi Degla	1:31.48
1	Lobna Hassan Mohamed	12	M.S Tagamoa	1:31.30
2	Salma Islam ElSayed Koraim	12	Top Swimmer	1:31.18
3	Tasneem Mohamed Ahmed	12	El Zohour	1:31.00
4	Asia Ahmed Mohamed Helmy	12	Maadi	1:30.64
5	Gana Mohamed Ahmed abd	12	Zamalek	1:30.73
6	Hana Wael Shben	12	El Obour	1:31.15
7	Fatma Salah Elsaid	12	El Zohour	1:31.23
8	Hala Amr Ahmed	12	Ahly	1:31.47
9	Farida Tarek Ramzy Elsayed	12	Wadi Degla	1:31.48

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**Heat 22 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Hana Fawzi Saber	12	Wadi Degla	1:30.28
1	Gana Ashraf Mahmoud Abdel	12	Zamalek	1:30.17
2	Celina Fady Habib Hanna	12	Heliolido	1:29.77
3	Retal Mahmud Mostafa	12	Seka El Hadid	1:29.71
4	Jayda Mohamed Fawzy Emera	12	Shooting	1:29.41
5	Radwa Mansour Badawy	12	Cairo	1:29.53
6	Ganat Mohamed Fathy	12	Zamalek	1:29.75
7	Yara Ayman Nabil	12	Nemoo	1:30.16
8	Hala Amjad Mohamed	12	Shooting	1:30.26
9	Farida Sobhy Ahmed	12	Ahly	1:30.42

**Heat 23 of 55 Timed Finals**

0	Khadega Khaleed Mohamed	12	Heliopolis	1:29.36
1	Lamar Mohamed Refaat	12	Wadi Degla	1:28.86
2	Habiba Ahmed Mahmoud Mohame	12	Zamalek	1:28.73
3	Karma Walaa Ali Abdelfatah	12	El Mekaweloun	1:28.69
4	Farida Tamer Abdelaziz	12	El Obour	1:28.39
5	Logain Ahmed Adly Tawfik	12	Rowad	1:28.64
6	Tala Loay Samir Yousef	12	Shooting	1:28.69
7	Karma Ahmed Hussein	12	Wadi Degla	1:28.84
8	Rodaina Mohamed Mahmoud Saad	12	Wadi Degla	1:28.90
9	Basmla Magdy Ahmed Mohamed	12	Wadi Degla	1:29.37

**Heat 24 of 55 Timed Finals**

0	Mariam Mohamed Desouky	12	Wadi Degla	1:28.28
1	Karma Noor Mohamed	12	Elethead	1:28.27
2	Zeina Ahmed Maher	12	Ahly	1:27.93
3	Mariam Zakaria Ali	12	El Zohour	1:27.70
4	Hala Mohamed Metwaly	12	Ahly	1:27.59
5	Kenzy Ahmed Salman Abdrehim	12	Moasasa Riadih Askaria	1:27.62
6	Khadega Hesham Seed Desoky	12	Tagamoa Heljhts	1:27.73
7	Maya Mohamed Sobhy Abdmge	12	Tyran Club	1:28.03
8	Dania Ihab Mohamed	12	Ahly	1:28.28
9	Rowida Gamal Eld-Din Hassan	12	El Zohour	1:28.30

**Heat 25 of 55 Timed Finals**

0	Roaa Amr Mohamed Mohamed	12	Tyran Club	1:27.21
1	Mariam Ahmed Salama	12	Moasasa Riadih Askaria	1:27.11
2	Mennatallah Ahmed Maher	12	El Zohour	1:27.06
3	Karma Ramy Kamal	12	Heliopolis	1:26.95
4	Farah Ashraf Shehab	12	Tyran Club	1:26.40
5	Sama Ibrahim M.Elsaied	12	El Tamsah	1:26.69
6	Lara Islam Aboelwafa Mohammed	12	El Shams	1:26.96
7	Khadiga Mohamed Hussein	12	Ahly	1:27.09
8	Jana Mohamed Metwally	12	Wadi Degla	1:27.21
9	Lili Mahmoud Khalil	12	Ahly	1:27.25

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**Heat 26 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Nada Ahmed Abdel Azeem	12	Ahly	1:26.36
1	Gaida Mohamed Atef	12	Ahly	1:26.12
2	Maya Ahmed Hassan Awad	12	Moasasa Riadhia Askaria	1:26.02
3	Karma Elsory	12	Sporting	1:25.87
4	Alya Yasser Mohamed	12	Palm Hills	1:25.78
5	Maryam Abdelhakim Abdelhady Bal	12	El Mekaweloun	1:25.86
6	Salma Ibrahim Mohamed	12	Ahly	1:25.99
7	Malak Mohamed Sobhy	12	Tyran Club	1:26.05
8	Kenda Karim Ahmed	12	Ahly	1:26.16
9	Yara Mohamed aly Hassan	12	Zamalek	1:26.37

**Heat 27 of 55 Timed Finals**

0	Dima Sameh Abdel Fatah Mohamed	12	Wadi Degla	1:25.62
1	Malak Ahmed Mahmoud	12	Cairo	1:25.42
2	Farida Amr Ali	12	Wadi Degla	1:25.22
3	Lina Hazem Salah	12	Ahly	1:24.96
4	Lara Haitham Mohamed	12	El Zohour	1:24.81
5	Fairouz Mohamed Anwer	12	Elethad	1:24.91
6	Salma Arshad Ahmed	12	Ahly	1:25.09
7	Reem Yasser Mohamed	12	Maadi	1:25.37
8	Farida Hany Mohamed Samir	12	Shooting	1:25.50
9	Malak Mahmoud Mohamed Saed	12	Tyran Club	1:25.69

**Heat 28 of 55 Timed Finals**

0	Sara Abdelrahman Ramadan	12	Wadi Degla	1:24.67
1	Retal Ahmed Shawky	12	M.S Tagamoa	1:24.45
2	Nataly Peter Alkes Armia	12	Wadi Degla	1:24.40
3	Rokaya Ahmed Ibrahim	12	Shooting	1:24.30
4	Nada Amer Sayed Abd Elmageed	12	Wadi Degla	1:24.25
5	Ayten Ehab Samir	12	Wadi Degla	1:24.28
6	Farida Ahmed Shoman	12	Shooting	1:24.31
7	Farida Ahmed Metwally	12	Wadi Degla	1:24.44
8	Shahd Gaser Hazeim Yaqout	12	Zamalek	1:24.61
9	Ereny Remon Nabil	12	Wadi Degla	1:24.77

**Heat 29 of 55 Timed Finals**

0	Malak Ahmed Abdelaal	12	El Zohour	1:24.10
1	Veronica Hany Basily Mansour	12	Wadi Degla	1:23.84
2	Farida Ehab Sayed	12	Police Club	1:23.68
3	Hana Ahmed Abdelatif Sayed	12	Wadi Degla	1:23.57
4	Salwa Mohamed Mostafa	12	Ahly	1:23.25
5	Sama Osama Fekry	12	Wadi Degla	1:23.30
6	Jomana Ahmed Efat	12	Maadi	1:23.58
7	Engy Wessam Aly	12	Ahly	1:23.84
8	Hana Sherif Ismail	12	Maadi	1:23.97
9	Jude Haitham El Schimi	12	Heliopolis	1:24.20

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**Heat 30 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Sedra Asharf Abdel Naby	12	Ahly	1:23.19
1	Taleen Loay Medhat	12	Ahly	1:23.14
2	Jana Ahmed Mohamed	12	Police Club	1:22.85
3	Camelia Amr Hassan	12	Shooting	1:22.78
4	Goumana Mohamed Awad	12	Ahly	1:22.42
5	Sama Sobhy Nabawy	12	El Ghaba	1:22.69
6	Karma Ahmed Farag	12	Shooting	1:22.81
7	Farida Ahmed Medhat	12	Ahly	1:23.11
8	Hedi Tarek	12	Shooting	1:23.18
9	Farida Ramy Hassan Emam	12	Wadi Degla	1:23.24

**Heat 31 of 55 Timed Finals**

0	Malak Mohamed Helmy	12	Wadi Degla	1:22.27
1	Iyten Fakhre Ahmad Abdel Rahman	12	Heliolido	1:22.20
2	Mariem Abdullah Omran	12	Maadi	1:21.70
3	Mariem Mohamed Fathy Elsaie	12	Smouha	1:21.66
4	Nadein Amr Marwan	12	Shooting	1:21.52
5	Fatma Ahmed Salem	12	Wadi Degla	1:21.56
6	Rawan Essam Lotfy	12	Green Hills Club	1:21.70
7	Remas Mohamed Habashi Hassan	12	Wadi Degla	1:21.93
8	Farida Ayman Fathy Abd Elaz	12	ElGezira Youth	1:22.21
9	Maryam Abdelrahman Mohamed	12	Zamalek	1:22.38

**Heat 32 of 55 Timed Finals**

0	Nada Abdellah Zaglol Abdullah	12	El Mekaweloun	1:21.43
1	Kanzy Mohamed Mostfa	12	El Obour	1:21.37
2	Hana Ali Mohamed	12	El Obour	1:21.37
3	Joury Hazem Mohamed	12	El Ghaba	1:21.25
4	Fatma Elsayed Hefny	12	Ahly	1:21.19
5	Sandy Hassan Ismail Ahmed	12	Wadi Degla	1:21.22
6	Lama Hani Mohamed Abdullah	12	Goldy	1:21.34
7	Rodina Ahmed Mahmoud	12	El Zohour	1:21.37
8	Mariam Mohhamed Mahmoud Mans	12	Moasasa Riadhiah Askaria	1:21.42
9	Salma Mohamed Farouk	12	Wadi Degla	1:21.50

**Heat 33 of 55 Timed Finals**

0	Farida Ahmed Mohamed Hassan	12	El Ghaba	1:21.12
1	Joudy Abdel Aziz Mahmoud	12	Ahly	1:21.11
2	Goudy Ahmed Sayed	12	Ahly	1:20.85
3	Malak Mohamed Abd Elshafy	12	Heliopolis	1:20.79
4	Esraa Tamer Abd Elreham	12	El Obour	1:20.78
5	Nouran Mohamed Ahmed	12	Ahly	1:20.79
6	Farida Mohamed Ibrahim Elkhatyb	12	El Shams	1:20.81
7	Imanda Mohamed Mahmood	12	Sharks Team	1:21.05
8	Rawan Fathy Othman	12	El Obour	1:21.12
9	Lamar Mamdouh Abdelmoaty	12	Wadi Degla	1:21.17

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**Heat 34 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Habiba Tarek Abd Elwahab El	12	ElGezira Youth	1:20.69
1	Salma Daa Salah Abd Latif	12	Matrix	1:20.60
2	Maryam Ashraf Mahmoud Elsayed	12	El Mekaweloun	1:20.50
3	Mena Mahmoud Elsayed	12	Ahly	1:20.32
4	Nadia Ahmed Ibrahim Elsayed	12	El Shams	1:20.20
5	Tamara Ahmed Amr	12	Maadi	1:20.23
6	Karma Muhammad Muhammad	12	A S E C	1:20.34
7	Karma Ehab Abd Elmoniem Moham	12	Wadi Degla	1:20.53
8	Lara Mohamed Abdellrazek	12	M.S Tagamoa	1:20.68
9	Howaida Sameh Ibrahim	12	El Zohour	1:20.70

**Heat 35 of 55 Timed Finals**

0	Lara Hossam Housny Omran	12	Zamalek	1:20.16
1	Gody Tamer Mahmuod	12	Sharks Team	1:20.14
2	Sara Hamdi ali	12	El Shrook	1:20.11
3	Nour Ahmed Elwy	12	Wadi Degla	1:19.99
4	Malak Eslam Mamdouh	12	Smouha	1:19.93
5	Roqaya Mohamed Ibrahim	12	Wadi Degla	1:19.94
6	Jody Ahmed Osama	12	Police Club	1:20.01
7	Salma Ahmed Mahmoud Ahmed	12	Zamalek	1:20.12
8	Yomna Mostafa Mohamed	12	Top Swimmer	1:20.15
9	Shams Waled Mahmoud Meky	12	El Ghaba	1:20.16

**Heat 36 of 55 Timed Finals**

0	Haneen Medhat Samy	12	Cairo	1:19.90
1	Malak Amr Mohamed Mahmoud	12	ElGezira Youth	1:19.79
2	Jana Amr Sayed	12	Ahly	1:19.73
3	Rokaya Omar Mohamed Taher	12	Shooting	1:19.66
4	Farida aly Moustafa	12	Zamalek	1:19.47
5	Gana Ahmed Lotfiy El-Sham	12	Tanta	1:19.49
6	Iydaa Mohamed Zakaria	12	El Zohour	1:19.72
7	Nataly Ramy Wageh	12	Heliopolis	1:19.76
8	Sajda Hossam Eldin Mohamed	12	Ahly	1:19.79
9	Farida Nader Hegazy	12	El Zohour	1:19.92

**Heat 37 of 55 Timed Finals**

0	Zainab Sameh Bahgat	12	Shooting	1:19.30
1	Malak Ahmed Shawky	12	Heliopolis	1:19.25
2	Remas Ahmed Rezk	12	Wadi Degla	1:19.21
3	Lojy Ismaiel Abd El Aal	12	Wadi Degla	1:19.05
4	Tala Saleh Mohamad	12	Petrosport	1:18.96
5	Lojaen Alaaeldin Masood	12	Talbeia	1:19.04
6	Yara Mohamed Mahrous	12	Wadi Degla	1:19.08
7	Farida Mohamed Khairy Hafez	12	Wadi Degla	1:19.24
8	Malak Mahmoud Elsayed	12	Ahly	1:19.25
9	Salma Ahmed Mohamed Barakat	12	El Zohour	1:19.37

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**Heat 38 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Halaa Hany Elgabry	12	M S Benha City	1:18.89
1	Nour Hatem Ali Ismail	12	6th	1:18.76
2	Rodina Mohamed Fahmy	12	Ahly	1:18.67
3	Malak Karim Mohamed	12	Ahly	1:18.65
4	Remas Tarek Atef	12	Sharks Team	1:18.60
5	Malak Ashour Eid	12	Ahly	1:18.63
6	Salma Omar Sayed	12	6th	1:18.65
7	Rawda Alaa Eldin Mohamed a	12	Zamalek	1:18.69
8	Nor Ebrahim Aly	12	Heliopolis	1:18.88
9	Farida Ali Mohamed	12	Shooting	1:18.92

**Heat 39 of 55 Timed Finals**

0	Khadija Mohamed Dardir	12	Shooting	1:18.53
1	Farah Amr Mohamed Abdeltawab	12	Wadi Degla	1:18.28
2	Reem Mohamed Hamdy	12	Cairo	1:18.12
3	Fatma Basil Ahmad Atef	12	Heliopolis	1:18.04
4	Rawda Mohamed Ahmed Abd-ellate	12	El Ghaba	1:17.97
5	Renad Mohamed Mohamed	12	el Shark Club	1:17.98
6	Fareda Ahmed Hasan Elmazahy	12	Gezira El Ward	1:18.07
7	Kenzy Ahmed Samir	12	Ahly	1:18.15
8	Gannah Magdy Mohamed	12	Cairo	1:18.41
9	Farida Hussein A.Hamed	12	Wadi Degla	1:18.58

**Heat 40 of 55 Timed Finals**

0	Judy Mohammed Abdelhamed	12	El Shams	1:17.85
1	Heidi Waleed Abdel Hamed	12	Ahly	1:17.68
2	Kinzy Mohamed Abd Elraouf	12	Wadi Degla	1:17.66
3	Gouly Ahmed Monged	12	Ahly	1:17.63
4	Lojain Abd Allah Youssef	12	Wadi Degla	1:17.48
5	Bessan Ahmed Mahmoud	12	El Zohour	1:17.55
6	Malak Eid Mohamed	12	Sharks Team	1:17.65
7	Roqaya Ahmed Ezz Eldin	12	Petrosport	1:17.67
8	Malak Haitham Sayed	12	Maadi	1:17.68
9	Alia Mohamed Mostafa	12	Ahly	1:17.94

**Heat 41 of 55 Timed Finals**

0	Rodina Ahmed Mohamed Fawzy	12	Wadi Degla	1:17.35
1	Malak Ayman Ragab	12	Taleaa El Gish Club	1:17.25
2	Jana Mahmoud Saber Ahmed	12	ElGezira Youth	1:17.22
3	Yara Ahmed Mamdouh	12	Ahly	1:17.01
4	Hana Wael Ahmed	12	El Obour	1:16.88
5	Karma Mohamed Hussein Nassef	12	Pegasus Club	1:16.98
6	Malk Amir Mohamed	12	Ahly	1:17.09
7	Rawan Amr Mohamed	12	Wadi Degla	1:17.23
8	Yara Hany Mostafa	12	Smouha	1:17.25
9	Farida Elhoseiny Gomaa Mahm	12	Zamalek	1:17.43

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**Heat 42 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Retal Hassan Aref Mahmoud	12	Wadi Degla	1:16.77
1	Salsabil Ahmed Elsayed	12	Ahly	1:16.41
2	Farida Ashraf Ibrahim Esa	12	Tanta	1:16.38
3	Habiba Mohamed Beksawy	12	Maadi	1:16.31
4	Jana Hassan Ali	12	El Nasr Club	1:16.14
5	Mariam Omar Abdel Rehim	12	Ahly	1:16.29
6	Yomna Amr Abd el Rahman	12	Wadi Degla	1:16.31
7	Remas Hisham Sayed	12	Wadi Degla	1:16.39
8	Kady Ahmed Sayed	12	Wadi Degla	1:16.50
9	Laila Amr Ali	12	Maadi	1:16.84

**Heat 43 of 55 Timed Finals**

0	Arwa Ahmed Hafez	12	Taleaa El Gish Club	1:16.02
1	Engy Alaa Mohamed	12	Wadi Degla	1:15.92
2	Salma Emad Hamdy Abo Elene	12	ElGezira Youth	1:15.83
3	Tia Mohamed Shawki Abdel Aziz	12	Wadi Degla	1:15.77
4	Amina Ehab Mohamed Gamal Eldin	12	Wadi Degla	1:15.66
5	Habiba Hassan Ibrahim	12	Ahly	1:15.68
6	Farah Mahmoud Mohi Eldin	12	El Zohour	1:15.78
7	Rinad Osama Emam	12	El Temsah	1:15.91
8	Joudy Mohamed Nasr	12	El Nasr Club	1:15.97
9	Rofaida Amr Abdelaziz	12	Ahly	1:16.09

**Heat 44 of 55 Timed Finals**

0	Samya Ahmed Kamal	12	Sharks Team	1:15.58
1	Nadeen Ahmed Mohamed	12	Wadi Degla	1:15.40
2	Farida Ibrahim	12	Sporting	1:15.36
3	Gody Wael Saeed	12	Smouha	1:15.35
4	Gana Mohamed Mahmoud	12	Ahly	1:15.20
5	Ghazel Youssri Mohamed	12	Ahly	1:15.30
6	Logain Amr Shaaban	12	Stad Mansoura	1:15.35
7	Haya Mohamed Atef Ramdan	12	Shooting	1:15.39
8	Haidy Ehab Hasan Elsayed	12	Al Hawar	1:15.51
9	Farida Ahmed Attia	12	Ahly	1:15.60

**Heat 45 of 55 Timed Finals**

0	Hala Mahmoud Elgammal	12	Ahly	1:14.89
1	Joudy Mahmoud Fawzy	12	El Zohour	1:14.87
2	Bessan Mohamed Farouk	12	Ahly	1:14.71
3	Jana Daa Nabil GharsEldin	12	Moasasa Riadia Askaria	1:14.60
4	Farida Arafat Mahdy	12	Ahly	1:14.47
5	Sherwit Shady Samir Moahmed	12	Wadi Degla	1:14.49
6	Zeina Mohamed Gaber Yassin	12	Smouha	1:14.70
7	Farida Ahmed Ali Fahmy	12	ElGezira Youth	1:14.76
8	Mariam Ramy Seaoudy	12	Ahly	1:14.88
9	Jowairia Ahmed Mohamed Abd-El	12	ElGezira Youth	1:14.98

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**Heat 46 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Arwa Ali ElSayed	12	Police Club	1:14.30
1	Saja Mohamed Farag	12	Ahly	1:14.01
2	Habiba Aladin Effat	12	Petrosport	1:13.92
3	Joudy Islam Zakaria	12	El Temsah	1:13.75
4	Rodina Ahmed Ismail Zohni Hussein	12	El Shams	1:13.66
5	Yara Ahmed Abdel-razek	12	El Zohour	1:13.72
6	Miral Mohamed Elsaid	12	el Shark Club	1:13.76
7	Malak Mohamed Abdallah moh	12	Zamalek	1:13.95
8	Laila Shehab Said	12	Ahly	1:14.13
9	Mariam Shareef Mahmoud	12	Ahly	1:14.37

**Heat 47 of 55 Timed Finals**

0	Malak Essam Mohamed	12	Smouha	1:13.51
1	Hanin Marwan Sayed	12	Wadi Degla	1:13.43
2	Yara Sharif Fathy	12	Wadi Degla	1:13.20
3	Talia Mohamed Mohamed	12	el Shark Club	1:13.13
4	Ratel Mahmoud Mohamed	12	Stad Mansoura	1:12.95
5	Talia Ahmed Hassan	12	Ahly	1:13.13
6	Kinzy Mohamed Sherife	12	Pegasus Club	1:13.15
7	Maies Mohamed Abd El-Salam Morg	12	Tanta	1:13.41
8	Malak Hany Soltan	12	Police Club	1:13.51
9	Lara Mohammed Fathy	12	Ahly	1:13.62

**Heat 48 of 55 Timed Finals**

0	Mariam Tamer Gabr	12	Shooting	1:12.76
1	Anoreen Nehad Omar	12	Wadi Degla	1:12.75
2	Rawda Tarek Hamed	12	Shooting	1:12.57
3	Talia Mohamed Magdy	12	Maadi	1:12.18
4	Heba Amr Ali Ahmed	12	Shooting	1:12.01
5	Logain Ahmed Nazir Ibrahim	12	El Ghaba	1:12.13
6	Judy Tarek Rashad Hegazy	12	El Shams	1:12.38
7	Maram Mohammed Hashem	12	Olympia	1:12.69
8	Malaka Tamer Mohamed	12	Heliopolis	1:12.76
9	Salma Sherif Helal	12	Ahly	1:12.83

**Heat 49 of 55 Timed Finals**

0	Dana Hesham Abd El Maged	12	Heliopolis	1:11.93
1	Lily Ehab Mahmoud Ahmed	12	Pegasus Club	1:11.77
2	Joud Ahmed Hassan Nasr	12	Heliopolis	1:11.70
3	Jana Amr Shtewy	12	Wadi Degla	1:11.62
4	Malak Shady Magdy	12	Wadi Degla	1:11.56
5	Lara Haitham Mohamed Ali	12	Wadi Degla	1:11.58
6	Hana Adham Ismail	12	Shooting	1:11.63
7	Joudy Mohamed Saied	12	El Temsah	1:11.77
8	Shantal Hany Nagy Milad	12	Wadi Degla	1:11.85
9	Mona Amr Mohsen	12	Ahly	1:11.98



## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 1/12/2023 Mor

**Heat 50 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Hana Jihad Ahmed Abu Issa	12	A S E C	1:11.51
1	Farida Abdelrahman Nagy	12	Smouha	1:11.43
2	Kenzy Aly Mohamed Aly	12	Rowad	1:11.33
3	Farida Elamir Fessal Bahgat Mostafa	12	El Shams	1:11.12
4	Claudia Sameh Kamal	12	Al Tersana	1:11.06
5	Arwa Omar Sayed	12	Ahly	1:11.10
6	Aseel Ahmed Nagy Torky	12	Moasasa Riadiyah Askaria	1:11.26
7	Farida Ayman Mostafa	12	Ahly	1:11.38
8	Farah Basem Shams	12	Raas El Bar Club	1:11.47
9	Farida Mohammed Algamal	12	Olympia	1:11.53

**Heat 51 of 55 Timed Finals**

0	Malak Mohamed Omran Moustafa	12	Wadi Degla	1:11.04
1	Shams Ahmed Abdalsamie	12	Sharks Team	1:10.97
2	Goudy Hesham Ahmed	12	Ahly	1:10.87
3	Jasmine Mahmoud Ahmed Shehata	12	Smouha	1:10.78
4	Reem Mamdouh Ahmed	12	Pegasus Club	1:10.18
5	Lyan Mohamed Mahmoud	12	Wadi Degla	1:10.20
6	Remas Mohamed Abdallah	12	Talbeia	1:10.80
7	Ftama Ahmed Hassan	12	Sporting	1:10.91
8	Farida Kareem Hassan Embaby	12	Pegasus Club	1:11.03
9	Roqaya Ahmed Shehata	12	Al Shehk Zaeid	1:11.04

**Heat 52 of 55 Timed Finals**

0	Laila Ahmed Saied	12	El Shams	1:10.12
1	Lamar Essam Salah Ibrahim	12	Rehab	1:09.84
2	Rodaina Naser Ahmed Hashim	12	ElGezira Youth	1:09.63
3	Alya Ahmed Kamal Zaki	12	Wadi Degla	1:09.53
4	Gana Moufid Abdallah	12	Zamalek	1:09.35
5	Gana Mohammed Awad	12	Ahly	1:09.52
6	Layan Mohamed Aziz	12	Petrosport	1:09.59
7	Alya Amr Hamdy Elserafy	12	Palm Hills	1:09.75
8	Amina Amr Farag	12	Shooting	1:09.91
9	Lama Reda Metwally	12	El Zohour	1:10.15

**Heat 53 of 55 Timed Finals**

0	Farida Hossam Ahmed Elhagry	12	Ahly	1:08.77
1	Mariam Ahmed Mohsen	12	El Nasr Club	1:08.40
2	Lily Mohamed Abo Elyazed	12	Wadi Degla	1:07.88
3	Hager Ahmed Nassar	12	Smouha	1:07.64
4	Rodina Karim Ashref Mohamed	12	Shooting	1:07.49
5	Gody Ahmed Moharm	12	El Obour	1:07.62
6	Malikah Ahmed Moussa	12	Ahly	1:07.75
7	Lavi Shady Hefela	12	Canal Suez Port Said	1:08.18
8	Hla Tamer Khairat	12	ElGezira Youth	1:08.69
9	Ayten Wael Shabaan Abdelrazik	12	El Mekaweloun	1:08.92

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 1/12/2023 Mor****Heat 54 Timed Finals... (Event 191 Girls 12 Year Olds 100 LC Meter Freestyle)**

0	Farah El Shazly	12	Shooting	1:07.27
1	Rokaya Mostafa Sadawi	12	Rehab	1:07.09
2	Farida Amr Gado	12	Olympia	1:06.56
3	Karma Ahmed Said	12	Maadi	1:06.45
4	Malak Mohamed Nasar	12	El Ghaba	1:06.36
5	Rovana Mohamed Ahmed	12	El Temsah	1:06.40
6	Clara Mohamed Omar	12	Ahly	1:06.45
7	Roussayl Ahmed Samir Shaaban	12	Smouha	1:07.08
8	Mariam Mohamed Hussien	12	Heliopolis	1:07.15
9	Malak Mahmoud Fawzy Al-Laqani	12	El Gezira	1:07.36

**Heat 55 of 55 Timed Finals**

0	Karma Mohamed Hassan	12	Smouha	1:06.16
1	Leila Hussein Mohame	12	Palm Hills	1:05.73
2	Gana Mohamed Yahia	12	Ahly	1:05.19
3	Perry Islam Atef	12	Smouha	1:04.75
4	Farida Mohamed Abo Hashem	12	Ahly	1:03.02
5	Razan Mohamed Ahmed Shamekh	12	El Shams	1:03.39
6	Joudy Ashraf Mohamed Elsaeed	12	Olympic	1:04.83
7	Rimas Eslam Mohamed	12	Smouha	1:05.72
8	Lara Tarek Abdelmohsen	12	Shooting	1:05.90
9	Mariam Hatem Mohamed Siry	12	Heliopolis	1:06.18