

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 30/11/2023 Mor

## Event 185 Girls 12 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 10 Timed Finals</b>				
0	Hana Wael Fatouh Hanafy	12	Zamalek	NT
1	Mira Esam Saad	12	Hadak Al Ahram	NT
2	Ganna Adel Abdelrahman	12	Heliolido	NT
3	Malak Mahmoud AbdAlaziz	12	Gamgara Youth Center Banha	NT
4	Ransy Tamer Mohamed Bder	12	Stad Mansoura	NT
5	Shadein Gaser Hazem Yaqout	12	Zamalek	NT
6	Karma Muhammad Muhammad	12	A S E C	NT
7	Goudy aly Gaber	12	Zamalek	NT
8	Rodiena Khalid Yousef	12	Shooting	NT
9	Nadin Ahmed Al Zohairy	12	Maadi	NT
<b>Heat 2 of 10 Timed Finals</b>				
0	Lamar Essam Salah Ibrahim	12	Rehab	NT
1	Kinzy Mohamed Sherife	12	Pegasus Club	NT
2	Maya Ahmed Abdulmageed	12	El Gezira	NT
3	Heba Amr Ali Ahmed	12	Shooting	NT
4	Mariam Ayman Hussien	12	Rehab	NT
5	Farida Ashraf Ibrahim Esa	12	Tanta	NT
6	Rana Naser Mohamed	12	Hadak Al Ahram	NT
7	Hla Tamer Khairat	12	ElGezira Youth	NT
8	Farida Mohamed Fawzy	12	El Temsah	NT
9	Rawan Fathy Othman	12	El Obour	NT
<b>Heat 3 of 10 Timed Finals</b>				
0	Lojain Ehab Ahmed Kamel	12	Shooting	6:04.35
1	Retal Essam Mahmoud	12	6th	6:01.12
2	Roqaya Ahmed Ezz Eldin	12	Petrosport	5:53.87
3	Habiba Mohamed Beksawy	12	Maadi	5:52.40
4	Arwa Ali ElSayed	12	Police Club	5:47.08
5	Maryam Atif Mohamed Saed	12	El Mekaweloun	5:49.12
6	Malika Amr Sayed Ali	12	Heliopolis	5:53.14
7	Farida Elhoseiny Gomaa Mahm	12	Zamalek	5:55.48
8	Jodana Mohamed Saad	12	Bank Ahly Alex	6:02.76
9	Farida Nader Hegazy	12	El Zohour	6:04.36
<b>Heat 4 of 10 Timed Finals</b>				
0	Retal Hamada Khairy	12	Al Tersana	5:44.81
1	Rodaina Ahmed Mohamed Osman	12	Heliolido	5:43.68
2	Dana Hesham Abd El Maged	12	Heliopolis	5:40.65
3	Farida Mohamed Ragaa Abdelghani	12	El Nasr Club	5:38.32
4	Tasneem Ehab Ahmed	12	Taleaa El Gish Club	5:37.66
5	Lana Mohamed Ahmed Nashat	12	Stad Mansoura	5:38.11
6	Haidy Ehab Hasan Elsayed	12	Al Hawar	5:40.00
7	Manwyla Juzif Abdallh Tawfek	12	El Ghaba	5:43.57
8	Lara Ahmed Yahia	12	El Zohour	5:44.18
9	Hana Wael Ahmed	12	El Obour	5:46.03

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**Heat 5 Timed Finals... (Event 185 Girls 12 Year Olds 400 LC Meter Freestyle)**

0	Rodina Ahmed Ismail Zohni Hussein	12	El Shams	5:35.75
1	Karma Mohamed Hussein Nassef	12	Pegasus Club	5:34.96
2	Retaal Ekramy Mahmoud	12	Al Shehk Zaeid	5:34.15
3	Alya Ahmed Kamal Zaki	12	Wadi Degla	5:33.21
4	Judy Tarek Rashad Hegazy	12	El Shams	5:31.59
5	Mariam Mohamed Ebrahim Ali	12	El Shams	5:32.97
6	Nanis Mohamed Omar	12	Taleaa El Gish Club	5:33.26
7	Salma Ramy Slama	12	Olympia	5:34.17
8	Hanin Marwan Sayed	12	Wadi Degla	5:35.12
9	Lara Haitham Mohamed Ali	12	Wadi Degla	5:36.51

**Heat 6 of 10 Timed Finals**

0	Haneen Mohamed GamalElden Moh:	12	Moasasa Riadiah Askaria	5:29.08
1	Nourseen Mohamed Khalil	12	Cairo	5:27.74
2	Kenzy Aly Mohamed Aly	12	Rowad	5:26.95
3	Hana Adham Ismail	12	Shooting	5:26.19
4	Rien Mohamed Askr Moahmed	12	El Ghaba	5:24.22
5	Malak Mahmoud Elsayed Abdelrehe	12	6th	5:25.83
6	Zeina Mohamed Mohamed	12	El Obour	5:26.36
7	Mariam Tamer Gabr	12	Shooting	5:27.02
8	Salma Mohamed AbdelHakim	12	Rehab	5:28.29
9	Lamar Hany Shokry Ibrahim	12	6th	5:31.13

**Heat 7 of 10 Timed Finals**

0	Mariam Hesham Mohamed	12	Wadi Degla	5:22.85
1	Farida Refaat	12	Elethead	5:21.37
2	Mariam Ahmed Mohsen	12	El Nasr Club	5:19.61
3	Roaa Monsr Monser	12	Al Shehk Zaeid	5:17.72
4	Leeann Ahmed Zakareya	12	Smouha	5:16.87
5	Cady Arfa Gaber Ahmed	12	Olympic	5:16.93
6	Farida Abdelrahman Nagy	12	Smouha	5:19.27
7	Judy Ebrahim Abdelal	12	Al Tersana	5:20.74
8	Arwa Alaa Said Ali	12	6th	5:21.98
9	Mira Girgis Wadea Thabet	12	Heliolido	5:23.23

**Heat 8 of 10 Timed Finals**

0	Aya Sameh Said Hafez	12	Smouha	5:16.74
1	Yara Ahmed Mahmoud Khilil	12	El Ghaba	5:15.47
2	Rodaina Naser Ahmed Hashim	12	ElGezira Youth	5:15.17
3	Marila Hany Khalil	12	Smouha	5:14.10
4	Judy Ahmed Hassan	12	Bitash	5:12.96
5	Salma Ahmed Ebrahim	12	Sharks Team	5:13.99
6	Layan Mohamed Mohmoud	12	Petrosport	5:14.16
7	Tia Tamer Hassan	12	Ahly	5:15.42
8	Lama Reda Metwally	12	El Zohour	5:16.11
9	Sedra Karim Mohamed Darwish	12	Wadi Degla	5:16.79

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0	Malak Mohamed Nasar	12	El Ghaba	5:12.32
1	Saja Mahmoud El-Bahiry	12	Platinum	5:11.24
2	Clara Mohamed Omar	12	Ahly	5:10.11
3	Habiba Mohammed Habik	12	Raas El Bar Club	5:09.61
4	Alaa Lotfy Yousef Hassan	12	Stad Mansoura	5:08.06
5	Gody Ahmed Moharm	12	El Obour	5:09.33
6	Heaven Mohsen Sarhan Taha	12	El Mekaweloun	5:09.91
7	Farah Basem Shams	12	Raas El Bar Club	5:10.57
8	Hager Ahmed Nassar	12	Smouha	5:11.86
9	Malikah Ahmed Moussa	12	Ahly	5:12.32

**Heat 10 of 10 Timed Finals**

0	Karma Ahmed Said	12	Maadi	5:07.65
1	Hanin Sameh Mohiey	12	Hadak Al Ahram	5:05.45
2	Malak Wael Taher Mohamed	12	Al Hawar	5:03.03
3	Farida Mohamed Abo Hashem	12	Ahly	4:59.23
4	Dema Tamer Mohamed Mahmou	12	Stad Mansoura	4:55.98
5	Rovana Mohamed Ahmed	12	El Temsah	4:58.83
6	Jana Ahmed Othman Yassin	12	Bank Ahly Alex	5:02.37
7	Lojain Mokhtar Fayez Mokhtar	12	Pegasus Club	5:03.68
8	Gana Mohamed Yahia	12	Ahly	5:06.82
9	Fayrouz amr Sayed	12	Cairo	5:07.98

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Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 31 Timed Finals</b>				
2	Omar Hatem Mohamed	12	Smouha	NT
3	Akram Mohamed Ismat Manni	12	The Republic Of The Sudan	NT
4	Ibrahim Mohamed Ibrahim	12	Wadi Degla	NT
5	Adam Mohamed Mustafa abd Alhafi	12	El Shams	NT
6	Malek Mohamed Taha Elsayed	12	Wadi Degla	NT
<b>Heat 2 of 31 Timed Finals</b>				
0	Malk Khaled Elarian	12	El Temsah	NT
1	Sief Adham Saad	12	Heliopolis	NT
2	Abdallah Abdallah abd Elbadie	12	El Temsah	NT
3	Omar Islam Mohamed	12	El Temsah	NT
4	Ahmed Ekramy Abdelrahman	12	Ahly	NT
5	Ahmed Ayman Ibrahim Abdelsalam	12	Wadi Degla	NT
6	Ziaad Ahmed Abdelkader	12	Canal El Suez	NT
7	Ibrahim Mohamed Ibrahim	12	Elethead	NT
8	Marawan Mohamed Mokhtar Mohar	12	Heliolido	NT
9	Yassin Shady Mohamed	12	Smouha	NT
<b>Heat 3 of 31 Timed Finals</b>				
0	Ali Hany Ali	12	Ahly	NT
1	Hamza Ahmed Gehad	12	Wadi Degla	NT
2	Aly Ahmad Tharwat	12	Heliopolis	NT
3	Zaid Mohamed Hassan	12	Olympia	NT
4	Abd Elrahman Tamer Refaat	12	Rowad	NT
5	Ahmed Alaa RezQ Abo Zeid	12	Stad Mansoura	NT
6	Adam Hazem Dawoud	12	Wadi Degla	NT
7	Omar Khaled Nabil Shedid	12	Ahly	NT
8	Hamza Mohamed Abdoul Monem M	12	El Shams	NT
9	Moazz Ahmed Mohamed Badr	12	Ahly	NT
<b>Heat 4 of 31 Timed Finals</b>				
0	Youssef Ahmed Roshdy	12	Ahly	NT
1	Hassan Shrief Abd Monem	12	Tyran Club	NT
2	Mostafa Sharif Hisham	12	Police Club	NT
3	Mohamed Sherif Nabil Hosny	12	El Zohour	NT
4	Asar Mohamed Mokhtar	12	Wadi Degla	NT
5	Yasuin Mohamed Abdel Mohssuin El	12	E-Zee Sport	NT
6	Yassin Essam Fathy	12	Ahly	NT
7	Hosney Hamdy Mahmoud	12	Ahly	NT
8	Kevin Nasr Bakhet Masood	12	El Ghaba	NT
9	Abdulrahman Ahmed Mohamoud	12	M.S.Amria	NT
<b>Heat 5 of 31 Timed Finals</b>				
0	Mohamed Ahmed Aref	12	Wadi Degla	NT
1	Daniel Hany Nagah Fouad	12	Rehab	NT
2	Mohamed Wail Saif Elnasr	12	Ahly	NT
3	Mohamed Ismael Mohamed El Sa	12	City Club	NT
4	Aly Ayman Nabil	12	Ahly	NT
5	Omar Hesham Abbasy	12	Maadi	NT
6	Eyad Hamdy Ahmed	12	Smouha	NT
7	Adam Mohammed Fathy	12	Shooting	NT
8	Marwan Youssef Soliman Attia	12	Wadi Degla	NT
9	Adam Mohammed Hussein	12	Heliopolis	NT

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0	Youssef Ahmed Mohamed Ibrahim	12	Ahly	NT
1	Hassan Magdy Mostafa Abraham	12	El Zohour	NT
2	Ziad Elsayed Ibrahim	12	Ahly	NT
3	Yehya Nader Mohamed Nabil	12	El Ghaba	NT
4	Selim amr	12	Sporting	NT
5	Karas Marco Joseph	12	El Zohour	NT
6	Yousif Tarek Hamed Sedeq	12	El Ghaba	NT
7	Hamza Ahmed Abdelraouf	12	Rehab	NT
8	Omar Hisham Yasser	12	El Zohour	NT
9	Malek Mohamed Ahmed Abdall	12	Zamalek	NT

**Heat 7 of 31 Timed Finals**

0	Omar Mohamed Abd Elmotaleb	12	Wadi Degla	NT
1	Yossuf Moatafa Mohamed	12	Shobra	NT
2	Mostafa Muhamed Mostafa Muhame	12	Wadi Degla	NT
3	Yassin Ahmed Mohamed Morsi	12	6th	NT
4	Abdulrahman Emad Mohamed Moha	12	Wadi Degla	NT
5	Mohamed Ahmed Saad ElBoraay	12	Wadi Degla	NT
6	Yassin Mahmoud Farid	12	Ahly	NT
7	Yassen Mostafa Abd Elatif	12	Police Club	NT
8	Abdallah Tamer Mohamed	12	El Zohour	NT
9	Hassan Wael	12	Shobra	NT

**Heat 8 of 31 Timed Finals**

0	Adam Abdelrahman aly	12	Zamalek	NT
1	Ahmed Mostafa Taha	12	Meit Khakan Sport Club	NT
2	Yossef Ahmed Attia	12	Canal El Suez	NT
3	Mohamed Diaa Salah Abd Latif	12	Matrix	NT
4	Fouad Faisal Fouad	12	Ahly	NT
5	Anas Sobhi Zakria	12	Talbeia	NT
6	Mohamed Ayman Ragab	12	Ahly	NT
7	Mazen Mohamed Gaber	12	M.S Tagamoa	NT
8	Ahmed Balegh Hamdy	12	Police Club	NT
9	Malek Mohame Gamal Elshal	12	Matrix	NT

**Heat 9 of 31 Timed Finals**

0	Moaz Mahmoud Abdelrehem Ahmec	12	Olympic Champion Club	NT
1	Ayad Karem Fayz	12	El Obour	NT
2	Abdelrahman Moataz Mohamed Abc	12	6th	NT
3	Eyad Ehab Elsayed Abdelka	12	Stad Mansoura	NT
4	Youssef Ibrahim Ahmedibrahim	12	Beni Suef Club	NT
5	Hamza Ashraf Sayed Afify	12	Wadi Degla	NT
6	Hamza Saad Mohamad Saad	12	Heliolido	NT
7	Mohamed Osama Mohamed Hamma	12	Rowad	NT
8	Abdullah Wael Abdel Mobdy	12	Ahly	NT
9	Eyad Ashraf Saad Aly Mohamed	12	Moasasa Riadiyah Askaria	NT

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**Heat 10 Timed Finals... (Event 186 Boys 12 Year Olds 100 LC Meter Backstroke)**

0	Malek Moustafa	12	Shobra	NT
1	Akram Ahmed Khalil	12	Rowad	NT
2	Yassin Shreef Mahmoud Selim	12	Moasasa Riadiyah Askaria	NT
3	Malek Mohamed Kasem	12	Petrosport	NT
4	Moezz Hasan Fahmi Mohamed	12	ElGezira Youth	1:48.18
5	Aly Elden Ossama Aly	12	Nemoo	2:03.00
6	Youssef Hazem Mohany Emam	12	Heliolido	NT
7	Youssef Mahrous Freej Abo Youssef	12	El Shams	NT
8	Youssef Ahmed Abdelwahab	12	Ahly	NT
9	Karim Ramy Ahmed	12	Ahly	NT

**Heat 11 of 31 Timed Finals**

0	Galal Mohamed Galal Abas	12	El Mekaweloun	1:46.01
1	Yassin Mohamed Hamed	12	Ahly	1:43.32
2	Ahmed Fakhr Eldin Lokman	12	Ahly	1:41.79
3	Abdel Rahman Ahmed Abo Elkasm	12	Ahly	1:41.01
4	Aser Ahmed Abdel Rahman	12	Shooting	1:40.22
5	Zaid Mohamed Abdel Ghafar Abdelg	12	6th	1:40.48
6	Hamza Hossam AbdAlrzzak	12	Petrosport	1:41.16
7	Marwan Gaseir Magahid	12	Zamalek	1:42.14
8	Omar Emad Salah Eldin	12	El Mekaweloun	1:44.61
9	Youssef Ahmed Aly Elden	12	El Mekaweloun	1:47.64

**Heat 12 of 31 Timed Finals**

0	Yassin Elsayed Hefny	12	Ahly	1:38.50
1	Ahmed Hisham Atia AbdElmegid	12	Moasasa Riadiyah Askaria	1:37.50
2	Hossameldin Islam Fathy Taha	12	Zamalek	1:37.25
3	Yahia Mohamed Ezzat Badr	12	Rowad	1:36.45
4	Saimon Nabil Raafat	12	Wadi Degla	1:36.09
5	Yassin Abdelazeem Salah Eldin	12	Ahly	1:36.44
6	Ramiz Reyad Rabia Rageh	12	El Ghaba	1:36.50
7	Yassin Alaa-elden Abdo Alli	12	El Ghaba	1:37.30
8	Eyad Yasser Mohamed	12	M.S Tagamoa	1:37.69
9	Yassin Khaled Hassan	12	El Zohour	1:38.99

**Heat 13 of 31 Timed Finals**

0	Youssef Sharif	12	Elethad	1:35.86
1	Youssef Hussein Hosny	12	Petrosport	1:34.97
2	Seif Shady Ahmed	12	Ahly	1:34.89
3	Yassin Omar Mohamed Safwat	12	Rehab	1:34.31
4	Omar Mohamed Atef Abdelmonaem	12	El Shams	1:34.07
5	Adam Ahmed Gamal	12	Shooting	1:34.10
6	Mahmoud Mohamed Fathy	12	Maadi	1:34.78
7	Ashraf Ashraf Mahmoud	12	Ahly	1:34.97
8	Hassan Nour Mohamed	12	Elethad	1:35.18
9	Yahya Ashraf Najm Eldeen A	12	City Club	1:36.08

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**Heat 14 Timed Finals... (Event 186 Boys 12 Year Olds 100 LC Meter Backstroke)**

0	Ali Amr Abdallah ElShabka	12	Shooting	1:33.79
1	Yassin Mohamed Mohamed ali Nass:	12	El Shams	1:33.08
2	Mostafa Ahmed Nader Ahmed	12	Shooting	1:32.79
3	Omar Metwaly	12	Sporting	1:32.74
4	Amr Mohamed Adel	12	Ahly	1:32.67
5	Ibrahim Ossama Ibrahim	12	Nemoo	1:32.68
6	Philopater Maged Rezkallah	12	Wadi Degla	1:32.75
7	Mohamed Ahmed Hosny Fahim	12	El Ghaba	1:32.82
8	Andrew George Shakwy Hanin	12	Wadi Degla	1:33.34
9	Mohamed Ahmed Hassan Mohamed	12	El Zohour	1:33.99

**Heat 15 of 31 Timed Finals**

0	Eyad Mostafa Esaa	12	Tyran Club	1:32.25
1	Omer Mohamed Mamdouh	12	Petrosport	1:32.18
2	Malek Muhamed Magdy	12	Shooting	1:31.80
3	Moaz Aly Mohamed	12	Sharks Team	1:31.45
4	Hamza Ahmed Wahdan Saad	12	El Ghaba	1:31.31
5	Ahmed Mahmoud Ahmed	12	ElGezira Youth	1:31.40
6	Yassen el Moutaz Belh Nabil Moham	12	El Shams	1:31.78
7	Seife Ibrahim Abd Elhady	12	Pegasus Club	1:31.94
8	Marawan Abd Elkhalek Mohamed	12	ElGezira Youth	1:32.19
9	Zeiad Islam Mohamed Mohame	12	Zamalek	1:32.61

**Heat 16 of 31 Timed Finals**

0	Abdallah Wagih Abdallah	12	El Zohour	1:31.18
1	Yassin Mahmoud Ibrahim	12	Ahly	1:31.12
2	Mahmoud Walid Fathy	12	El Zohour	1:30.74
3	amr Khaled ali abd el ka	12	Al Ealamein	1:30.20
4	Abd el Rahman Ali Ahmed	12	Wadi Degla	1:30.10
5	Mazan Mohamed Lbrahim	12	El Khanka	1:30.14
6	Adam Mohamed Mofeed	12	Wadi Degla	1:30.64
7	Yehia Ahmed Badr Eldin	12	Ahly	1:31.11
8	Omar Elmoatazbella Ahmed Mohar	12	Wadi Degla	1:31.13
9	Yossief Ayman Salah Eldin	12	El Shams	1:31.21

**Heat 17 of 31 Timed Finals**

0	Hamza Mostafa Ismail Hasan	12	Shooting	1:29.81
1	Omar Mohamed Noiur Eldin	12	Ahly	1:29.48
2	Omar Ayman Salah	12	Cairo	1:29.33
3	Omar Mohamed Ahmed Basma	12	Ahly	1:28.96
4	Youssef Mohamed Mounir	12	Cairo	1:28.68
5	Aser RamyAhmed Mohamed	12	Petrosport	1:28.82
6	Malek Ahmed Saied	12	Cairo	1:29.25
7	Yassin Mahmoud Elsayed	12	Wadi Degla	1:29.41
8	Asser Ahmed Magdy	12	Ahly	1:29.51
9	Al Hussain Moaz Hussein	12	Ahly	1:29.86

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**Heat 18 Timed Finals... (Event 186 Boys 12 Year Olds 100 LC Meter Backstroke)**

0	Yousef Hazeem Mahmoud	12	Talbeia	1:28.35
1	Mohamed Haitham Mohamed Abd E	12	TM Sports	1:28.25
2	Omar Haytham Abdelshakour	12	Al Tersana	1:27.97
3	Yahia Riad Maarouf Mahmoud	12	Rowad	1:27.86
4	Mohamed Sayed Ramadan Ali	12	ElGezira Youth	1:27.75
5	Ahmed Mohamed Basyoni	12	M.S Tagamoa	1:27.82
6	Yassin Omar Abdelaziz Omar Abdel	12	El Shams	1:27.95
7	Ahmed Sherif Ramzy	12	Ahly	1:28.23
8	Youssef Elsayed Hefny	12	Ahly	1:28.32
9	Omar Mohamed Samir Abdelrahmar	12	Shooting	1:28.64

**Heat 19 of 31 Timed Finals**

0	Eyad Youssef Erfan	12	Maadi	1:27.64
1	Mohamed Hesham Ashraf	12	El Zohour	1:27.53
2	Asser Sherif Ahmed	12	Cairo	1:27.52
3	Mohamed Hamdy El Sheik	12	Shooting	1:27.31
4	Yassin Mohab Mohamed Hany	12	Shooting	1:27.17
5	Magdi Ahmed Abd Eltwab	12	Pegasus Club	1:27.21
6	Youssef Ahmed Abdel Moniem	12	Wadi Degla	1:27.42
7	Hamza Mohamed Ali Youssef	12	Pegasus Club	1:27.52
8	Hassan Mohamed Shaker	12	Heliopolis	1:27.57
9	Ali Mahmoud Mohamed Mousaa	12	Pegasus Club	1:27.68

**Heat 20 of 31 Timed Finals**

0	Youssef Mohamed ElDesoky Sal	12	TM Sports	1:26.88
1	Mohamed Eslam Atya Masry	12	El Ghaba	1:26.77
2	Abdalla Amr Ali	12	Ahly	1:26.66
3	Mohamed Magdy Mohamed Saeed	12	A S E C	1:26.58
4	Abdullah Ahmed Abdulaziz	12	Wadi Degla	1:26.03
5	Adam Walid Aly Reda	12	Smouha	1:26.10
6	Eyad Ahmed Roshdy Mohamed	12	El Ghaba	1:26.64
7	Yassin Wael Mostafa	12	Ahly	1:26.68
8	Yassin Mohamed Sayed Othman	12	El Shams	1:26.83
9	Marwan Basem Atef	12	Al Ealamein	1:27.00

**Heat 21 of 31 Timed Finals**

0	Kariem Hisham Abdelwahab	12	El Zohour	1:25.79
1	Obay Mohamed Swilam	12	Rowad	1:25.50
2	Mohamed Hisham Mohamed	12	Ahly	1:25.50
3	Abdullah Mohammed Sayed	12	Ahly	1:25.14
4	Omar Ahmad Mohamed Habeb	12	Heliopolis	1:24.98
5	Samy Mohamed Samy	12	Tyran Club	1:25.00
6	Asser Karim Hasan	12	Wadi Degla	1:25.43
7	Ali Tamer Ali	12	Ahly	1:25.50
8	Malek Mohsen Eissa	12	Wadi Degla	1:25.59
9	Mohamed Karim Mohamed Ali	12	Wadi Degla	1:25.88



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0	Adam Mohamed Mahmoud Abdeltav	12	6th	1:24.66
1	Adam Ahmed Abdel Raaof	12	Ahly	1:23.83
2	Jack Ehab Helmy	12	Ahly	1:23.65
3	Mohamed Wael Othman	12	Bank Ahly Geza	1:23.62
4	Yassen Hassan Shaaban Ahmed	12	ElGezira Youth	1:23.50
5	Alhussin Amr Mohamed Elrashidy	12	El Shams	1:23.58
6	Youssef Mohammed Tartor	12	M-S-Almadina	1:23.63
7	Hamza Fathy Mohamed Gomaa	12	Wadi Degla	1:23.73
8	Mazen Atef Gomaa	12	Ahly	1:24.61
9	Eyad Shady Yehya Elgebaly	12	El Shams	1:24.77

**Heat 23 of 31 Timed Finals**

0	Marawan Mohamed Megahed	12	Ahly	1:23.46
1	Farouk Abdelaziz Farouk	12	Stad Mansoura	1:23.45
2	Aser Ahmed Abu Allail	12	Ahly	1:23.34
3	Fares Elbahr	12	Sporting	1:23.19
4	Marwan Mohamed Ahmed Hassn	12	Wadi Degla	1:23.05
5	Omar Ahmed Eidaros	12	El Zohour	1:23.10
6	Adham Tarek ali Abdel Naim	12	Petrosport	1:23.27
7	Saif Aldin Ahmed Mohamed Fathy	12	Rowad	1:23.37
8	Adam Mohamed Elsayed Abo	12	Stad Mansoura	1:23.45
9	Yassin Mohamed Abdelfatah	12	El Nasr Club	1:23.48

**Heat 24 of 31 Timed Finals**

0	Mohab Hany Said	12	El Obour	1:22.90
1	Eyad Mohamed Sayed Emam	12	El Shams	1:22.85
2	Adam Ahmed Mahmoud	12	Smouha	1:22.77
3	Anas Mahmoud Mohamed Mahm	12	ElGezira Youth	1:22.72
4	Adham Ahmed Halim	12	Shooting	1:22.66
5	Adam Zaghlol	12	Sporting	1:22.68
6	Youssef Osama Kamel	12	Shooting	1:22.74
7	Mohamed Amir Mohamed Hafez	12	Taleaa El Gish Club	1:22.81
8	Mohamed Hatem Abdel Rhman	12	Ahly	1:22.86
9	Adam Mohamed Osman Mahmoud	12	Wadi Degla	1:22.94

**Heat 25 of 31 Timed Finals**

0	Saif Mohamed Nady	12	Sharks Team	1:22.26
1	Yehia Islam Ibrahim Shoukry	12	El Shams	1:22.19
2	Yehia Ibrahim	12	Sporting	1:21.94
3	Karim Naser Elhamy Husin	12	Bank Ahly Alex	1:21.84
4	Mahmoud Mohamed Abdel Fatah	12	Taleaa El Gish Club	1:21.66
5	Yassin Mohamed Ahmed Abd Elfatah	12	El Shams	1:21.68
6	Moustfa Badwey Elsayed	12	Sharks Team	1:21.88
7	Moustafa Mohamed Mahir Yahia	12	Zamalek	1:22.13
8	Aser Mohamed Abdelfattah	12	El Zohour	1:22.22
9	Ahmed Mohamed Abdelkader Eltaw	12	Stad Mansoura	1:22.27

## National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

## Meet Program - 30/11/2023 Mor

**Heat 26 Timed Finals... (Event 186 Boys 12 Year Olds 100 LC Meter Backstroke)**

0	Seif Islam	12	Sporting	1:21.22
1	Omar Ahmed Samir	12	Maadi	1:21.02
2	Mohamed Mahmoud Hussen Mosta	12	Rowad	1:20.78
3	Mohamed Ahmed Abdelhamid	12	Ahly	1:20.16
4	Yousef Ahmed Elsarty	12	Ahly	1:19.94
5	Seif el Din Adel Mohamed	12	Wadi Degla	1:20.02
6	Malek Mohammed Moustafa	12	Shooting	1:20.74
7	Said Amr Said	12	Ahly	1:21.01
8	Mostafa Mohamed Hassan	12	ElGezira Youth	1:21.11
9	Ayman Ayman Ahmed	12	El Zohour	1:21.48

**Heat 27 of 31 Timed Finals**

0	Mohamed Sameh Mohamed	12	Al Tersana	1:19.66
1	Marwan Eslam Gamal	12	El Ghaba	1:19.56
2	Aly Mohamed Abdallah	12	Smouha	1:19.27
3	Hamza Hassan Taha Hassan	12	Olympic	1:19.01
4	ali Ahmed Alii	12	El Temsah	1:18.55
5	Mazin Ayman Abo-elyazid	12	El Ghaba	1:18.93
6	Adam Waleed Ebrahim	12	Smouha	1:19.03
7	Yehia Mohamed Sherif	12	Sporting	1:19.50
8	Mohamed Mostafa Ebeid	12	Shooting	1:19.61
9	Ali Ali Gabr	12	Raas El Bar Club	1:19.70

**Heat 28 of 31 Timed Finals**

0	Selim Mostafa Mohamed	12	Ahly	1:18.46
1	Mohamed Ayman Ali Abdou	12	Wadi Degla	1:18.44
2	Hazem Ahmed Elsayed	12	Sporting	1:18.28
3	Adam Hamdy Metwally Mohamed	12	Wadi Degla	1:18.11
4	Yassin Mostafa Ahmed Mahmou	12	Smouha	1:17.95
5	Omar Khaled Saber Ahmed	12	Smouha	1:18.02
6	Zeyad Mohamed Mokhtar Osman	12	Al Hawar	1:18.17
7	Hamza Tarek El Zanaty	12	Shooting	1:18.40
8	Ahmed Abdelhamed Mohamed	12	Smouha	1:18.44
9	Ahmed Shady Shebl	12	Cairo	1:18.51

**Heat 29 of 31 Timed Finals**

0	Hamza Mohamed Samy	12	Smouha	1:17.69
1	Braa Shreef Almenayer	12	Olympia	1:17.03
2	Youssef Mohamad Gamal	12	Ahly	1:16.84
3	Ali Ayman Hamdy	12	Ahly	1:16.44
4	Mohamed Hassan Ali Hassan Ali	12	Moasasa Riadhia Askaria	1:16.14
5	Khaled Mohamed Khaled	12	Shooting	1:16.15
6	Yaqen Hazem Taher	12	15 May	1:16.80
7	Youssef Walid Kamal	12	Wadi Degla	1:16.86
8	Yossief Ahmed Wafik Sobhy	12	El Shams	1:17.34
9	Daniel Ramy Thabet	12	Wadi Degla	1:17.76

**National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023****Meet Program - 30/11/2023 Mor****Heat 30 Timed Finals... (Event 186 Boys 12 Year Olds 100 LC Meter Backstroke)**

0	Omar Ahmed Elsayed	12	Bitash	1:16.03
1	Mohamed Marwan Mohamed	12	Ahly	1:15.38
2	Mohammed Yehia Zakaria	12	Olympia	1:14.90
3	Mazen Ayman Mohamed abd Elaziz	12	Al Hawar	1:14.77
4	Ali Mohamed Abdelgawad	12	Ahly	1:13.60
5	Belal Osama Abdelmoneim	12	6th	1:14.52
6	Ahmed Aseem Elsayed Elsayed	12	Olympic	1:14.88
7	Youssef Waleed Adel	12	Wadi Degla	1:14.93
8	Marwan Mohamed Mansour	12	Shooting	1:15.72
9	Yousif Waled Yousif Mohamed	12	El Ghaba	1:16.11

**Heat 31 of 31 Timed Finals**

0	Mazen Mohamed Hagag Othman	12	Bank Ahly Alex	1:13.27
1	Ahmed Wael Ekram Beder	12	Rowad	1:12.50
2	Malek Mohamed Abd Elwareth	12	Bank Ahly Alex	1:11.52
3	Mazen Mostafa Mohamed Abba	12	Smouha	1:09.67
4	Hussein Mohamed Hussein	12	Wadi Degla	1:09.20
5	Mazen Ahmed Algalgemony	12	Smouha	1:09.60
6	Hassan Mostafa Alnoshokaty	12	Olympia	1:10.36
7	Fares Omar Abd Ellatif Awad	12	Pegasus Club	1:11.78
8	Yasein Hany Mohamed Kamal	12	Zamalek	1:13.10
9	Asser Yasser Farouk Ramadan	12	Wadi Degla	1:13.27