

National Swimming Championship 2021-2022 - 6/5/2022 to 6/29/2022

Meet Program - 28-06-2022 Mor

Event 97 Boys 13 Year Olds 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 20 Finals				
2	Zain El Din Ahmed Yakout	13	DEGLA	NT
3	Omar Emad Mohamed Ayad	13	MRAC	NT
4	Ziad Ashraf abd Elallah	13	TALBE	NT
5	Ahmed Farhat	13	SHOOT	NT
6	Mahmoud Mohamed Nasr	13	TALBE	NT
7	Omar Ahmed El Sayed Mostaf	13	DEGLA	NT
Heat 2 of 20 Finals				
0	Taquideen ali	13	SPOR	NT
1	Omar Mohamed Ezat Moham	13	WARD	NT
2	Omar Esam Mohamed NourE	13	MRAC	NT
3	Anas Ashraf Ramdan	13	MAY15	NT
4	Aly Ahmed Aly	13	AHLY	NT
5	Adam Abd el Malek	13	GHARB	NT
6	Hossam Mohammed Ismail	13	TGC	NT
7	Youssif Mohamed Maher Zaki	13	MAY15	NT
8	Ali Ashraf Emad	13	NASR	NT
9	Omar Eslam Abdelfatah Ham	13	WARD	NT
Heat 3 of 20 Finals				
0	Omar Mohamed Adly	13	DEGLA	NT
1	Mahmoud Mohamed Abdelm	13	DEGLA	NT
2	Yasein Waleed Alham Fadl	13	ZMALK	NT
3	Mohammed Sharif Mohamed	13	AHRAM	NT
4	Mark Micheal Edward	13	DEGLA	NT
5	Omar Hany Samir Abdo	13	6 OCT	NT
6	Mahmoud Tamer Mahmoud	13	DEGLA	NT
7	Yassin Mohamed Ali	13	TGC	NT
8	Youssef Mohamed Soliman	13	RWAD	NT
9	Mohammed Ahmed Mohamm	13	M.ARB	NT
Heat 4 of 20 Finals				
0	Seif Aly Hassan	13	AHLY	NT
1	Youssef Yasser Ahmed	13	SHOOT	NT
2	Mohamed Riad KamalEldin R	13	MRAC	NT
3	Malik Mohamed AbdelMakso	13	PEGAS	NT
4	Mahmoud Hamdy Mohamed	13	DEGLA	NT
5	Youssef Mohamed Ahmed Mo	13	DEGLA	NT
6	Omar Ahmed El Bostany	13	SHOOT	NT
7	Antoun Monir Khier	13	TGC	NT
8	Yehia Ayman Mohamed	13	AHLY	NT
9	Mohab Mahmoud Mohamed	13	RWAD	NT
Heat 5 of 20 Finals				
0	Omar Ahmed Zkaria Soliman	13	HELOP	NT
1	Osama Nader Wasem	13	RWAD	NT
2	Mohamed Sameh Elshawadfy	13	TEMSH	NT
3	Seif Eldin Hatem Shebl	13	AHLY	NT
4	Ahmed Mostafa Ahmed	13	GHABA	NT
5	Wael Ramy Gaber	13	DEGLA	NT
6	Karim Ahmed Hosam	13	PEGAS	NT
7	Omar Mohamed Saied Hafez	13	SHAMS	NT
8	Eyad Ahmed Mahmoud	13	SHRKS	NT
9	Marawan Basem Mahmoud	13	AHLY	NT

Heat 6 of 20 Finals

0	Abdel Rahman Tarek Abdel R	13	AHLY	NT
1	Mohamed Osama Twfik	13	M.ARB	NT
2	Mohamed Tamer Mohamed E	13	M.ARB	NT
3	Eyad Ehab Abdelazeem	13	ASWAN	NT
4	Sherief Yaseer Saeid	13	ZMALK	NT
5	Mohamed Ahmed Nabil Moha	13	WARD	NT
6	Ali Ahmed Gehad	13	DEGLA	NT
7	Ahmed Amr Ahmed	13	AHLY	NT
8	Adam Tamer Mohamed	13	PEGAS	NT
9	Omer Mohamed El Shemy	13	SHOOT	NT

Heat 7 of 20 Finals

0	Marwan Mohamed Anwar	13	TALBE	NT
1	Mahmoud Mohamed Mahmo	13	MAY15	NT
2	Nourallah Mohsen Sarhan Ali	13	HELDO	NT
3	Eyad Ahmed Mohamed Talat	13	6 OCT	NT
4	Adham Ehab Magdy	13	TRSAN	NT
5	Ibrahim Ayman Mohamed	13	ETHAD	NT
6	Eyad Mohamed Zaki	13	AHLY	NT
7	ali Emad ali	13	SHOBR	NT
8	Hamza Ahmed Mohammed Sa	13	DEGLA	NT
9	Yassin Mahmoud Mostafa	13	ZOHUR	NT

Heat 8 of 20 Finals

0	Omar Wael Salah El Din	13	SHOOT	NT
1	Ahmad ali Ahmad	13	TALBE	4:01.24
2	Basel Omar Al Farouk	13	AHLY	3:50.67
3	Ahmed Hossamm Saied	13	CAIRO	3:46.69
4	Karem Ahmed Abdelrahim m	13	MAY15	3:46.34
5	Mohamed Hossam Mohamed	13	TRSAN	3:46.56
6	Hamza Essam EL Wardany	13	ENPPI	3:49.31
7	Yasin Hany Essam El Din	13	SHOOT	3:55.89
8	Eyad Karim Hamdan	13	SHOOT	4:06.42
9	Moataz Osama Fathy Eladl	13	S.MAS	NT

Heat 9 of 20 Finals

0	Yahya Mahmud ib. Khalil	13	TANTA	3:45.49
1	Yassin Mohamed Aly ElShamy	13	6 OCT	3:42.53
2	Mahmoud Hamouda Selim	13	AHLY	3:39.77
3	Moustafa Mahmoud Ahmed A	13	HELDO	3:37.70
4	Mohamed Ahmed Mossad	13	TGC	3:34.66
5	Youssef Mohamed Shrif	13	OBUR	3:37.09
6	Omar Abdellatief Hadwar	13	NASR	3:39.02
7	Hassan Atef Hassan	13	AHLY	3:42.04
8	Mohamed Ahmad Hashem	13	TALBE	3:43.05
9	Amar Yasser Heseen	13	TALBE	3:45.56

Heat 10 of 20 Finals

0	Audai Essam Ebaed	13	TANTA	3:33.58
1	Mostafa Mahmoud Azaam	13	TALBE	3:31.62
2	Alaa Eldien Ahmad Fathy	13	DEGLA	3:30.65
3	Adam Walid Mohamed	13	AHLY	3:30.28
4	Omar Ehab Ahmed	13	ZOHUR	3:29.14
5	Adham Fouad Hasan	13	PETRO	3:29.39
6	Mahmoud Mohamed Abd-Elr	13	GHABA	3:30.46
7	Omar Mohamed Abd-Elghany	13	MSGEZ	3:31.04
8	Yassein Amir Yassein	13	ENPPI	3:32.47
9	Mohamed Ali Mohamed	13	SHRKS	3:34.58

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Heat 11 Finals (#97 Boys 13 Year Olds 200 LC Meter Breaststroke)

0	Omar Abdel Moneim Kalaf	13	SPOR	3:27.97
1	Omar Khaled Hosny Teama	13	MRAC	3:26.60
2	Faysal Mohamed Faysal	13	AHLY	3:26.44
3	Khaleid amr Mohamed	13	ZMALK	3:25.14
4	Ahmed Mohamed Abdelfatah	13	MRAC	3:24.96
5	Malik Mostfa bdo	13	TRSAN	3:24.97
6	Adam Mohamed Samir	13	HELOP	3:25.64
7	Abd EL Rahman Mohamed He	13	RWAD	3:26.51
8	Ziad Mohamed Mostafa	13	TGC	3:27.54
9	Hamza Ramy	13	AHLY	3:29.10

Heat 12 of 20 Finals

0	Hamza amr Mohamed	13	EALAM	3:24.36
1	Ahmed Khaled Ahmed	13	AHLY	3:23.70
2	Adham Mohamed Abdelhalim	13	ZOHUR	3:23.42
3	Mohammed Ahmed Hussien I	13	BATAL	3:23.19
4	Abd Elrahman Sameh Adel	13	CAIRO	3:22.87
5	Anas Alaa Eldeen Mohamed	13	TALBE	3:23.02
6	Mohamed Hesham Refaat	13	AHLY	3:23.34
7	Yaseen Maged Mohsen	13	EALAM	3:23.53
8	Yassin Ahmed Yousry	13	RWAD	3:24.32
9	Ahmed Ibrahim Fouaad	13	SMOHA	3:24.85

Heat 13 of 20 Finals

0	Zeyad Mahmoud Farag	13	SHRKS	3:22.57
1	Youssef Ahmed Mabrouk	13	DEGLA	3:22.35
2	Galal Waleed Mohamed Galal	13	HELDO	3:21.59
3	Abdullah Ahmed Abdullah El	13	SHOOT	3:20.35
4	Mohamed Ahmed Tahsien Gh	13	MRAC	3:19.27
5	Hamza Medhat Ramadan	13	SHAMS	3:19.66
6	Nour el Din Nael Adel Tawfik	13	6 OCT	3:20.51
7	Moamen Mostafa Abo Alela	13	AHLY	3:22.33
8	Mahmoud Mostafa Mohamed	13	TANTA	3:22.38
9	Hamza Tarek Sayed Mohamec	13	6 OCT	3:22.71

Heat 14 of 20 Finals

0	Omar Ahmed Ebrahim	13	WAVE	3:17.52
1	Yousif Mohamed Adel Aboels	13	WARD	3:16.84
2	Abdel Wahab Ahmed Mostafa	13	ETHAD	3:16.60
3	Seif Eldin Ashraf Mahmoud	13	REHAB	3:15.79
4	Hazem Mostafa Rabia	13	AHLY	3:14.91
5	Nour El din Tarek Abd Al Han	13	DEGLA	3:15.46
6	Tamem Heasen Salah	13	OBUR	3:15.98
7	Abdelrhman Mohamed Abdel	13	6 OCT	3:16.83
8	Abdel Rahman Ahmed Mohar	13	DEGLA	3:17.37
9	Abdel Fattah Ahmed Abdel Fa	13	AHLY	3:18.47

Heat 15 of 20 Finals

0	Ahmed Mohamed abd Elkade	13	WAVE	3:14.27
1	Mark Amgad Magdy	13	DEGLA	3:13.98
2	Youssef Ahmed Ragab	13	RWAD	3:13.64
3	Saged Emad Roushdy	13	SMOHA	3:12.23
4	Abdalla Amro Ezat Sayed	13	SHAMS	3:11.07
5	Zeyad Ahmed Abbas Tawfek	13	MAY15	3:11.48
6	Karim Adham Mokbel	13	HELOP	3:13.41
7	Mouaaz Magdy Mohamed Eld	13	ZMALK	3:13.79
8	Mohamed Mostafa Elsaber	13	PEGAS	3:14.25
9	Ammar Amr Kamal El Zayat	13	TGC	3:14.41

Heat 16 of 20 Finals

0	Youseif amr Youseif	13	ZMALK	3:10.62
1	Youseif Mohamed Abdelsallar	13	ZMALK	3:09.80
2	Mahmoud Nour Elmokadem	13	SMOHA	3:09.51
3	Yassin Mohamed Salah	13	SMOHA	3:09.34
4	Omar Yahya Zakaria	13	AHRAM	3:08.58
5	Moaz Wael Barakat	13	SHOOT	3:08.97
6	Braa Ahmed Lotfy	13	SHAMS	3:09.46
7	Mohamed Hussein El-Alfy	13	NGSC	3:09.60
8	Omar Hani Elsaid	13	SMOHA	3:10.50
9	Fady Farid Wadie Farid	13	HLWAN	3:10.64

Heat 17 of 20 Finals

0	Anas Mohamed Nabil	13	DEGLA	3:07.85
1	Omar Mohamed Ahmed	13	DEGLA	3:07.62
2	Omar Abdallah Ismael	13	S.MAS	3:06.91
3	Mohanad Ahmed Elsayed	13	M.ARB	3:06.32
4	Omar Mohamed Omar Mostaf	13	AHLY	3:05.82
5	Ebrahim Mohamed EL Dsoki	13	HELOP	3:05.95
6	Youseef Islam	13	SPOR	3:06.68
7	Mohamed Emadeldein Solime	13	SMOHA	3:07.37
8	Youssef Hany Ali	13	AHLY	3:07.72
9	Youssef Mohamed Khedr	13	SMOHA	3:08.31

Heat 18 of 20 Finals

0	Abdel Rahman Hany Adel	13	AHLY	3:05.28
1	Hassan Mahmoud Mohamed I	13	ZMALK	3:03.59
2	Omar Haitham Bahaa	13	DEGLA	3:03.08
3	Omar Hossam abd Elmonem	13	TRSAN	3:01.85
4	Aly Ahmed Khaled	13	DEGLA	3:01.76
5	Yaseen Mostafa Mohamed	13	GHABA	3:01.77
6	Ezz Eldein Haytham Ezz Eldei	13	SMOHA	3:02.49
7	Bilal Amr Mohamed	13	AHRAM	3:03.18
8	Eslam Mohamed Abdelrazek !	13	6 OCT	3:04.38
9	Eyad Tamer Abd El Aziz	13	MANSH	3:05.32

Heat 19 of 20 Finals

0	Iyad Osama Ibrahim	13	AHRAM	3:01.17
1	Yasen Ahmad gad	13	HELOP	2:59.93
2	Yahya Mostafa abd Elkarim	13	WAVE	2:58.45
3	Tarek Loay Mohamed	13	HELOP	2:57.60
4	Adam Sameh Mohamed Kamr	13	B.ALX	2:55.97
5	Mazen Ahmed Elsaid Ahmed	13	B.ALX	2:56.09
6	Mohamed Amr Mousa	13	DEGLA	2:58.10
7	Mostafa Ahmed Abdelfatah h	13	TANTA	2:58.95
8	Omar Mohamed Khairy	13	SUEZ	3:01.13
9	Omar Ashraf AbdElAzim Matt	13	MAADI	3:01.27

Heat 20 of 20 Finals

0	Mostafa Mohamed Ramadan /	13	SHAMS	2:55.09
1	Khaled Waleed Adel	13	DEGLA	2:53.15
2	Omar Shalby Mohamed	13	SHAMS	2:52.91
3	Amr Faisal Mohamed	13	DEGLA	2:50.48
4	Yassin Mostafa Mohamed	13	AHLY	2:43.07
5	Mohamed Ayman Mohamed /	13	B.ALX	2:45.05
6	Adham Tamer Mahmoud	13	AHLY	2:52.41
7	Yehia Ahmed Abdel Hafez	13	AHLY	2:53.07
8	Yassin Waled Ezzat	13	DEGLA	2:54.28
9	Marwan Khaleid Abdallah	13	ZMALK	2:55.81

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Meet Program - 28-06-2022 Mor

Event 98 Girls 13 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Finals				
3	Mirai Elia Abdel MalaK	13	AHRAM	NT
4	Sara Ayman Abdelmageed Zal	13	ZOHUR	NT
5	Karma Farid Zaky	13	SHOOT	NT
Heat 2 of 11 Finals				
0	Lougain amr Saeid	13	ZMALK	NT
1	Judy Amr Mohamed Ali	13	TGC	NT
2	Sara Ashraf Fathy Ibrahim	13	MSGEZ	NT
3	Zeina Eslam Fayez	13	SHOOT	NT
4	Jasmine Waleed Ibrahim	13	SMOHA	NT
5	Radwa Reda Ebrahim ezz Eldi	13	GOLDY	NT
6	Sumaya Abdullah Muhammad	13	PEGAS	NT
7	Tala Feras Mostafa Mohreb	13	SMOHA	NT
8	Nigar Ahmed Kamal Mohsen	13	S.MAS	NT
9	Hana Ayman Shaliby	13	TANTA	NT
Heat 3 of 11 Finals				
0	Farah Ehab Mohamed Salah	13	ZMALK	NT
1	Joudy Alaa Elsayed Mohamed	13	MSGEZ	NT
2	Kenzy Moahmed m Gafar	13	TANTA	NT
3	Shahd Mohamed Ahmed Elba	13	AHLY	NT
4	Retag Waleed Sayed	13	M.ARB	NT
5	Jana Hesham Mohsen	13	SMOHA	NT
6	mai Mohamed Abdelmonem	13	MRAC	NT
7	Malak Mohamed Mahmoud H	13	S.MAS	NT
8	Mariam Ali Hussien Ali Abo S	13	HELDO	NT
9	Gasmen Hesham Mostafa	13	TALBE	NT
Heat 4 of 11 Finals				
0	Kenzy Kareem Ashraf	13	SHOOT	NT
1	Fatama Mohamed Alshenawe	13	BALAD	NT
2	Julia Ramez Goreg	13	SHAMS	NT
3	Raghad Mohamed Ramdan	13	MSGEZ	NT
4	Merna Khaled Ali Abdalla	13	GHABA	NT
5	Zaina Haitham Mohamed	13	SHOOT	NT
6	Jana Mohamed Amr	13	ZOHUR	NT
7	Hana Mohamed Abdel Azem I	13	HAWAR	NT
8	Malak Ahmed Ibrahim	13	TGC	NT
9	Jana Mohamed Shaheen	13	EZEES	NT
Heat 5 of 11 Finals				
0	Lojain Mostafa Assem Zien E	13	MSGEZ	NT
1	Malak Waleed Mohamed	13	RWAD	NT
2	Kinzy Ahmed Sayed	13	SHAMS	NT
3	Rahf Ahmed Mohamed	13	AHLY	NT
4	Suraya Mohamed Mamdouh	13	TRSAN	6:27.70
5	Loujynah Mahmuod M.Shawe	13	TANTA	NT
6	Haya Hisham Abbas	13	ZOHUR	NT
7	Maryam Mahmoud Shawky	13	AHRAM	NT
8	Malak Mohamed Talaat	13	SHRKS	NT
9	Roaa Ahmed AbdElazim Moh:	13	6 OCT	NT

Heat 6 of 11 Finals

0	Habiba Essam Wahba	13	SPOR	6:19.58
1	Rahma Emad Adli	13	OBUR	6:09.78
2	Nada Mohamed Fathy	13	NCITY	6:00.32
3	Hams Ashraf Ibrahim	13	ENPPI	5:59.41
4	Yara Hany Kamal	13	GHABA	5:54.11
5	Marim Hazem Ahmad	13	TALBE	5:56.09
6	Jana Sherif Farok Mohamed	13	MSGEZ	5:59.93
7	Salwa Tamer Awaad	13	TALBE	6:06.77
8	Jana Abbas Mostafa Abas	13	SHAMS	6:13.77
9	Malak Sherif Mohamed Moha	13	6 OCT	6:19.73

Heat 7 of 11 Finals

0	Rawan Ahmed Mohamed	13	ENPPI	5:52.47
1	Salma Ahmed Ibrahim	13	WARD	5:50.41
2	Farah Maged Mohamed	13	S.MAS	5:46.02
3	Roaa Moataz Bella Hassan	13	TALBE	5:43.93
4	Retag amr Farouk	13	POLIC	5:40.73
5	nor Abdel Baky Galal Abdel B.	13	HAWAR	5:41.57
6	Ghada Wael Abdullah	13	ENPPI	5:44.12
7	Rofaida Mohamed Eprahem	13	EALAM	5:46.52
8	Malak Haitham Hamdy Moha	13	SHOOT	5:50.82
9	Basmla Tamer Fared	13	TAGAM	5:53.77

Heat 8 of 11 Finals

0	Sama Mohamed Abd EL Mon'	13	RWAD	5:38.54
1	Sara Ramadan Mohamed	13	PEGAS	5:35.89
2	Menah Moustafa Mohamed	13	ZMALK	5:33.57
3	Jana Alaa Ibrahim Hussien	13	SMOHA	5:32.06
4	Goudy Mohamed Mahmoud M	13	ZMALK	5:28.10
5	Mona Hazem Mohamed	13	NCITY	5:31.19
6	Joudy Mohamed Ibrahim	13	ZOHUR	5:33.49
7	Salma Ahmad Alaah	13	REHAB	5:35.76
8	Aram Hesham Raafat Mahmo	13	6 OCT	5:37.15
9	Retaj Ahmed Elsamadony	13	TANTA	5:39.27

Heat 9 of 11 Finals

0	Malak Ahmed Mohamed Elsay	13	AHLY	5:25.22
1	Hoda Goma Sobhy Mohamed	13	SHAMS	5:23.35
2	Lara Haitham Mohamed Moh:	13	MAADI	5:22.16
3	Yara Yahya Fathy	13	AHRAM	5:20.37
4	Esraa Ahmed Abdelrhman	13	NASR	5:17.58
5	Hagir Tamer Mohamed	13	M.BAN	5:18.81
6	Arwa Nour Eldin Farag Antar	13	ZOHUR	5:20.92
7	Martena Nasr Atya	13	TALBE	5:23.05
8	Nurai Ahmed Khamis	13	ETHAD	5:23.66
9	Bery Wael Mohamed Elstohy	13	S.MAS	5:25.87

Heat 10 of 11 Finals

0	Goudy Ibrahim Khaliel Ibrah	13	SHAMS	5:17.09
1	Salma Ahmed Abd el Wahab	13	DEGLA	5:16.81
2	Logain Ahmed Hessen	13	DEGLA	5:16.04
3	Malak Youssef Abdelrahman	13	SMOHA	5:14.62
4	Salma Mohamed Ibrahim Abd	13	S.MAS	5:13.34
5	Halla Wael Mohamed	13	DEGLA	5:13.34
6	Lojin Waleed	13	TEMESH	5:15.98
7	Mena Khaleed Rashed	13	GHABA	5:16.38
8	Rodaina Khaled Mahmoud	13	HELOP	5:17.00
9	Taleen Tarik Ahmed	13	AHRAM	5:17.14

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0	Hanin Hany Hassan	13	AHLY	5:12.23
1	Yara Ahmed Mostafa	13	TEMSH	5:10.53
2	Salma Hisham Abdalaa	13	ZMALK	5:05.91
3	Yara Mohamed Elkhawaga	13	DEGLA	4:55.80
4	Noran Mohamed Emad Fahmy	13	MAADI	4:49.87
5	Roudaina Samy Mohamed	13	AHLY	4:54.00
6	Dima Amir Abdallah	13	DEGLA	5:00.75
7	Hana Walid Atallah	13	AHRAM	5:09.25
8	Jana Adel Shaaban	13	WAVE	5:11.83
9	Hafsa Aboelabas Mohamed	13	PEGAS	5:12.58