

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022

Meet Program - 24-03-2022 Morning

Event 1 Men 20 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
3	Ahmed Shehab Ahmed Saleh	22	El Gezira	NT
4	Karem Hisham Abdelfattha	24	Cairo	NT
5	Shehab Atef Sayed	23	Ahly	NT
6	Mohanad Ashraf Farok Rashwan	20	El Zohour	NT
Heat 2 of 7 Timed Finals				
1	Ahmed Abdelghany	26	Smouha	NT
2	Marwan El Amrawy	27	Sporting	NT
3	Omar Wael Hashem Aly	27	El Shams	NT
4	Mohamed Amer Ebrahim	28	Smouha	NT
5	Mohamed Nour Ibrahim	27	Ahly	NT
6	Nour Esam Esmail	27	Gezira El Ward	NT
7	Amr Tamer Farid Madbouly	26	Shooting	NT
8	Shady Amged Abd-elhady	26	El Ghaba	NT
Heat 3 of 7 Timed Finals				
1	Ayman Mohamed Mokhta	30	Shooting	NT
2	Aslam Mohamed Mahde	33	Nasr City	5:53.88
3	Moataz Bellah Ali Mohamed	30	Heliopolis	5:27.30
4	Ahmed Hamdy Salem	30	Ahly	4:37.40
5	Ahmad Mohamad Sherif Salah Eldin	31	Shooting	5:53.75
6	Amr Mohamed Al Akad	33	Heliopolis	5:57.72
7	Ahmed Moh. Rafik Elgezire	25	El Gezira	NT
Heat 4 of 7 Timed Finals				
1	Abd Allah Abdo ElSaid Mattar	35	Maadi	NT
2	Hussin Mohamad Ebrahim Badran	39	Shooting	NT
3	Khaled Mahmoud Elsayed	39	Shooting	5:28.18
4	Ahmad Yosry Mokhtar Hassan	36	Shooting	NT
5	Waleed Ahmed Fouad	41	Shooting	NT
6	Haytham Fouad Zaky	43	Smouha	6:12.62
7	Haitham Hazim	44	Sporting	NT
Heat 5 of 7 Timed Finals				
1	Emad El Din Yosef Mostafa	47	Shooting	NT
2	Sherif Kamal Eldin Mohamad Hosny	48	Shooting	6:24.30
3	Ahmed Bahaa Eldin Farwiz	49	El Gezira	5:48.24
4	Hossam Elden Hussien	46	Cairo	10:01.14
5	Tarek Samy Abdelkhalek	52	Shooting	NT
6	Waleed Hassan Hussien Zayed	52	Shooting	5:51.02
7	Nezar Ahm. Abdel Rahman Fakhry	52	El Gezira	7:40.86
Heat 6 of 7 Timed Finals				
1	Ragaa Ahmed Taha Maarouf	65	Shooting	NT
2	Ibrahim Ahmed el Ayyady	66	Canal El Suez	NT
3	Elsayed Hassan abo Elwafa	68	Canal El Suez	NT
4	Amr Abdellateif El Ghayesh	65	Maadi	NT
5	Hisham Samy Abdel Khaleik Elgoha	55	Shooting	NT
6	Ashraf Farag Abdelwahab	56	Ahly	7:20.13
7	Khaled Hossny Abdel Salan	56	Shooting	10:07.22
8	Osama Ahmad Momtaz	62	Shooting	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022

Meet Program - 24-03-2022 Morning

Heat 7 Timed Finals... (Event 1 Men 20 & Over 400 SC Meter IM)

2	Karam Mohamed Habieb	75	Heliopolis	NT
3	Hesham Omar Sedky	76	Shooting	NT
4	Khamis Eladawy	75	Sporting	NT
5	Moneir Hossein Eisa Abdel Raheim	70	Shooting	NT
6	Maged Mahmoud Kamel	72	Shooting	9:54.44
7	Shrief Zohair	72	Ahly	10:13.94

Event 2 Women 20 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Timed Finals

1	Noha Farouk	43	Yacht Club of Egypt Alex	NT
2	Hoda Moh.Fouad Al Redy	41	El Gezira	6:29.08
3	Haidy Ashraf Farouk	24	El Zohour	NT
4	Lamyaa Mohamad Hassan Khalefa	38	Shooting	NT
5	Nermen Kamel Zakher Mousa	49	Shooting	NT
6	Sylvia Georges Wadie Kamel	27	Heliolido	5:27.25
7	Nada Magdy Mohamed Abdel Aleem	30	Ahly	NT

Heat 2 of 2 Timed Finals

2	Soha Chahine	51	Sporting	NT
3	Ann Taysir Nosseir	53	El Zohour	NT
4	Mirette Nagy Ragheb Salama	53	Shooting	NT
5	Mona Mostafa Fouda	65	Heliopolis	9:14.84
6	Rawiea Mohamed Asaad	66	Shooting	16:11.55
7	Katrein Mary Hanafy	58	Shooting	8:37.99

Event 3 Men 20 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 24 Timed Finals

1	Mohamed Soliman Salem	23	Ahly	NT
2	Hashem Mohamed Ibrahim	23	Ahly	NT
3	Seif el den Hesham Ebrahim	24	Heliopolis	NT
4	Fared Ramy Eskandr	24	Heliopolis	30.59
5	Yousef Ahmed Shehata Mohamed	24	Zamalek	NT
6	Ahmed Wael Husin	24	Tanta	NT
7	abd el Rahman Shrif Hanawm	23	Heliopolis	NT
8	Karim Medhat Badr Mohamed	23	Smouha	NT

Heat 2 of 24 Timed Finals

1	Mohamed Waled Mohamed	22	El Zohour	NT
2	Ahmed Mohamed Eisaa	22	Zamalek	NT
3	Ahmed Khaled Moustafa	22	Zamalek	NT
4	Fady Wael Bahig	22	Heliopolis	NT
5	Karim Ahmed Shaaban	22	Rowad	NT
6	Adham Ahmed Shaaban	22	Rowad	NT
7	Ismail Hisham Aboul Seoud	22	Shooting	NT
8	Omar Ehab Atef Mohamed	21	Gezira El Ward	NT

Heat 3 of 24 Timed Finals

1	Yosef Hesham Saleh	29	Heliopolis	NT
2	Tarek Mohamed Mohamed Khalifa	26	Heliolido	29.93
3	Hesham Mohamad Hesham Abaza	25	Shooting	25.87
4	Mohamed Ahmed Shendy	28	Ahly	25.17
5	Karim Khaled Salem Foda	26	Shooting	25.76
6	Mostafa Hesham Ahmed EL Ansary	25	El Shams	26.77
7	Mohamed Hussein Mohamed	29	Cairo	NT
8	Mahmoud Abdelfattah Eldinary	29	Ahly	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 24-03-2022 Morning****Heat 4 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)**

1	Aly Soliman Salem	27	Ahly	NT
2	Mazen Osama Gaber	28	Smouha	NT
3	Ahmad Mostafa Refaat Alkotb	28	Shooting	NT
4	Omar Abdelmonem Mohmed	29	Cairo	NT
5	Karim Ahmad Elsayed Mahmoud Me	28	Shooting	NT
6	Ahmed A el Said	28	EzzEldikhala Club	NT
7	Seif Mohamed Medhat	27	Ahly	NT
8	Omar Ahmad Ebrahim Eid	26	Shooting	NT

Heat 5 of 24 Timed Finals

1	Omar Ashraf Nasar	25	Gezira El Ward	NT
2	Amen Saady Kamel	26	Shooting	NT
3	Ziad Hany Abdelaziz	26	Heliopolis	NT
4	Shady Amr Kamal	26	Smouha	NT
5	Ahmad Yousry Salah Hussin	26	Shooting	NT
6	Abdel Rahmam Mohamed Abdel Ra	26	Al-Shrouk	NT
7	Daly Dimitrios	25	Sporting	NT
8	ali Kamel abd Rabbo	25	Nasr City	NT

Heat 6 of 24 Timed Finals

1	Saad Tarek Saad Zaklol	34	El Gezira	NT
2	Eslam Ahmad Mohamad	34	Shooting	NT
3	Abdel Hakeim Essam Farag	32	Heliopolis	31.54
4	Ali Ahmed Ramah	34	Ahly	26.23
5	Mostafa Ahmed Ramah	34	Ahly	27.88
6	Mohamed Mostafa Zaghoul Tolba	34	El Shams	NT
7	Mohmed Hosny abd Elmeged	34	Canal El Suez	NT
8	Wael Ahmed Arafa	33	Wadi Degla	NT

Heat 7 of 24 Timed Finals

1	Marawn Osama	30	Smouha	NT
2	Omar Hisham	31	Sporting	NT
3	Ahmed Mohamed Medhat Ahmed	31	El Shams	NT
4	Mohamed Ayob Daabes	32	Heliopolis	NT
5	Yahia Abdelhalim Mohamed Ahmed	32	El Shams	NT
6	Omar Ahmed Hesham Kandel	31	Shooting	NT
7	Omar Abdelhamid Elkhoully	31	Zamalek	NT
8	Mohamed Ahmed Abdel Meguid	30	Ahly	NT

Heat 8 of 24 Timed Finals

2	Mohamed Amr Maamoun	20	El Gezira	NT
3	Moustafa Abdo Mohamed Shawqy	20	Rowad	NT
4	Adham Khled Ahmed Elqady	20	Rowad	NT
5	Yossef Alaa Zaki	20	El Ghaba	NT
6	Saif Eldin Samy Abdelhakim	25	Shooting	NT
7	Amir Ramy Samer Salep	30	Heliopolis	NT

Heat 9 of 24 Timed Finals

1	Moatazbellah Samir Fahim	39	Wadi Degla	39.77
2	Mahmoud Moussa	37	Sporting	27.47
3	Mohamed Abdelhady Shoman	36	Gezira El Ward	26.34
4	Gouzeif Georg Demetry Ghaly	38	El Gezira	24.57
5	Youssf Ahmed Shoukrry Mohamd	36	Heliolido	26.23
6	Hossam Abdelsalam Helmy Belal	36	El Zohour	27.38
7	Mahmoud Abdelrahman Elbar	39	Gezira El Ward	32.09
8	Abd Alah Mohamedm Elhehyawe	39	Heliopolis	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 24-03-2022 Morning****Heat 10 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)**

1	Tamer Hassan Farag	36	Zamalek	NT
2	Amr Mohamed Abd El Mohsen	37	Wadi Degla	NT
3	Mahmoud Abd Alhaleem	38	Smouha	NT
4	Mohamed Rafik Saad Ateea	38	El Gezira	NT
5	Sheref Adel Ramses	38	Heliopolis	NT
6	Amr Adel Ibrahim	38	Ahly	NT
7	Abdel Rahman Mohamed Asaad Zag	37	Zamalek	NT
8	Abdallah Ibrahim Shehata	36	El Zohour	NT

Heat 11 of 24 Timed Finals

1	Mohamed Al Sayed Al Zoughaby	44	Al-Shrouk	NT
2	Mostafa Adel Abdelrahman	40	Shooting	33.75
3	Hazem Abdelrahman Mohamed	43	El Shams	28.22
4	Gasser Mohamed Abdel Naby	42	Ahly	25.42
5	Mohamed Ahmed Gamal Eldin	41	Ahly	26.64
6	Ahmed Nabil Abd Elaziz	44	El Zohour	31.69
7	Ali Ahmed Samy El Ebiary	44	El Zohour	NT
8	Ahmed Abdelfattah Ahmed	43	Ahly	NT

Heat 12 of 24 Timed Finals

1	Ahmed Amr Fayez	40	Heliopolis	NT
2	Karim Saaddin Ibrahim Almosly	41	Shooting	NT
3	Ahmed Saied Mohamed	41	Cairo	NT
4	Mohamad Ahmad Ezzat Emam	41	Shooting	NT
5	Mohamed Aziz Khames	41	Ahly	NT
6	Mohammad Hesham Gamal Eldin Al	40	Shooting	NT
7	Ehsan Mohamed Gomah	36	Nasr City	NT
8	Ahmed Ibrahim Aboutaleb	35	El Zohour	NT

Heat 13 of 24 Timed Finals

1	Tamer Hamoda	49	Smouha	NT
2	Ashraf Ali	46	Ahly	29.98
3	Karim Adel Elasyed	45	Ahly	27.31
4	Tamer Zeinhoum	48	Ahly	26.37
5	Mohamed Sabry Al Hakim	45	El Gezira	26.77
6	Taeimour Ahmed Seifalla Ghaleb	49	El Gezira	29.48
7	Sherief Fathe abd Elwahab	45	Cairo	30.97
8	Yaser Aseim Mahmoud	49	Heliopolis	NT

Heat 14 of 24 Timed Finals

1	Nagi Abdelaziz Gomaa	46	Gezira El Ward	NT
2	Hossam Elden Hussien	46	Cairo	NT
3	Mahmoud Taha Mahmoud Shams	47	Gezira El Ward	NT
4	Ahmad Hassn Abdo Elkhyl	48	Smouha	NT
5	Ahmed Ezz Eldin Moh. Essa	48	El Gezira	NT
6	Ahmed Mohamed Nagieb	47	Nasr City	NT
7	Waled Al Shanwany	46	Heliopolis	NT
8	Hady Ahmad Hassan	45	Shooting	NT

Heat 15 of 24 Timed Finals

1	Ahmed Ghaneim Ibrarim	54	Ahly	NT
2	Nagy Abdelaleim Moustafa	54	Wadi Degla	50.47
3	Amr Mohamed Samy Abdel Karim	53	Shooting	32.03
4	Mohamed Mohamed Wafai	51	Heliopolis	29.52
5	Yasser Hussein Fayyad	54	El Shams	30.50
6	Akram Abd El Monem El Hoseni	53	El Gezira	33.95
7	Ahmed Mohamed Talba	54	Nasr City	54.60
8	Hazem Amir	51	Nasr City	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 24-03-2022 Morning****Heat 16 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)**

1	Mohannad Mohamed Assem	57	El Shams	NT
2	Sherif Mohamed Samy Hassan	58	El Shams	NT
3	Mohamed Fuad Ahmad	59	Heliopolis	NT
4	Mostafa Amer	55	Ahly	28.59
5	Hesham Mohamad Elkaluby	56	Shooting	47.33
6	Alaa Ahm. Moh. Ashour	58	El Gezira	NT
7	Yaser Farouk Yousef	58	Shooting	NT
8	Sherif Salah Eldin Mahmoud	56	Shooting	NT

Heat 17 of 24 Timed Finals

2	Yasser Hamdy Abdel Khalek	50	Maadi	NT
3	Khaled Salah El Din Mohamed	51	Shooting	NT
4	Nabil Fayez Hanin	50	Shooting	NT
5	Ahmed Khalil Abdel Hady	50	Ahly	NT
6	Karem Wagdy m Reyad	45	Heliopolis	NT
7	Yasser Saed Aly Ahmad Khalil	55	Shooting	NT

Heat 18 of 24 Timed Finals

1	Hossny Hassan Ali	63	Ahly	NT
2	Hesham Fouad Mahmoud	64	Cairo	NT
3	Taher Mohamdy Moh. Soleman	64	El Gezira	39.86
4	Amr Ahmad Hamed Darwish	62	Shooting	38.16
5	Hassan Abdaziz Elsandoby	62	Gezira El Ward	38.39
6	Alaa Eldeen Ahmad	63	Smouha	1:02.32
7	Osama Gaber	64	Smouha	NT
8	Hesham Ebrahim Yosef Rezk	63	Heliopolis	NT

Heat 19 of 24 Timed Finals

2	Mohsan Abou Alwafa	60	Sporting	NT
3	Ahmed Mohamed Ibrahim Gado	62	Shooting	NT
4	Ahmad Azmy	63	Smouha	NT
5	Tarik Ahmed Abdel Azzim	62	Heliopolis	NT
6	Abdalla Mahmoud Khalil Elnahas	61	El Gezira	NT

Heat 20 of 24 Timed Finals

1	Mohamed Abdelfatah Mohamwd Aly	69	Shooting	NT
2	Ashraf Elwy Lasheen	69	Smouha	43.54
3	Yaser Ahmed Al Maghraby	65	Heliopolis	34.15
4	Montaser Mohamed Awad	68	Ahly	29.26
5	Mohamed Warda	66	Sporting	32.21
6	Mohamed Saad Younes	65	Shooting	38.24
7	Gamal Ismail Mohamed	69	Shooting	53.89
8	Alsayed Mohamad Boraei	68	Shooting	NT

Heat 21 of 24 Timed Finals

1	Mohamed Hassan Mahmoud	72	Ahly	NT
2	Elsaied Ali Helal	72	Smouha	54.28
3	Mohamed Mosaad Fayed	70	Heliopolis	39.39
4	Mohamed Mahmoud Abas	72	Shooting	35.03
5	Abdel Sameia Abdel Hakim Ahmed	72	Maadi	37.82
6	Hany Kamal Nasar	70	Heliopolis	42.82
7	Ramy Ahmed Refaat	73	El Gezira	NT
8	Mohamed Ali Hegazy	71	Heliopolis	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022

Meet Program - 24-03-2022 Morning

Heat 22 Timed Finals... (Event 3 Men 20 & Over 50 SC Meter Freestyle)

1	Mohamed Esam El Din Ebrahim	65	Heliopolis	NT
2	Mohamed Ashraf Al Banna	66	El Gezira	NT
3	Mohamed Yehia Ibrahim Selim	66	Maadi	NT
4	Ahmed Ibrahim Edreis	67	Heliopolis	NT
5	Ahmed Mohamed Bazaraa	66	Heliopolis	NT
6	Mohamed Galal El Din Farag	66	Ahly	NT
7	Ezzeldin Abdelhalim Abdelhamis El	71	El Shams	NT

Heat 23 of 24 Timed Finals

1	Said Ahmed Kamal	78	Ahly	NT
2	Yousef Anwar Ahm. Wahsh	78	El Gezira	NT
3	Mosaad Hassan Shehab	79	Shooting	51.92
4	Tarik Ahm. Mongy Geiasa	76	El Gezira	38.87
5	Fouad Hanafey	79	Smouha	45.56
6	Mostafa Ebrahim Mohamad Hussin	78	Shooting	NT
7	Marwan Ghazawy	78	Sporting	NT
8	Mohamed Abdelfatah	77	Sporting	NT

Heat 24 of 24 Timed Finals

1	Salah El Din Mostafa Al Saba	80	Shooting	NT
2	Mohamed Salah El Din Mortagy	82	Shooting	NT
3	Ahmed Abdel Baset	80	El Gezira	36.97
4	Ehab Shalabi	82	Heliopolis	NT
5	Ahmed Mostafa Selfou	91	Shooting	1:24.83
6	Ahmed Ibrahim Abdelaal	94	El Gezira	NT
7	Mahfouz Gerges Ghabreial	89	Ahly	1:17.54
8	Ali Kamel Ali Kamel	85	Ahly	NT

Event 4 Women 20 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Timed Finals

1	Shrouk Ahmed AL Mahdy	20	Shooting	NT
2	Zena Khaled Abo Shanab	22	Shooting	NT
3	Mariam Houssin Kamal	23	El Zohour	NT
4	Sara Reda Saad Elhefnawy	24	Gezira El Ward	NT
5	Farah Mohamed Mahmoud	23	El Zohour	NT
6	Salma Ahmad Ahmad Fahim	22	Shooting	NT
7	Rania Mohamed Mahmoud	21	El Zohour	NT

Heat 2 of 11 Timed Finals

1	Mariem Mohamed Saeid	27	Cairo	NT
2	Noran Ahmad Helmy	28	Heliopolis	NT
3	Sara Asharf Fouad	29	Ahly	NT
4	Amina Magdy Mostafa	29	Heliopolis	26.52
5	Yasmeen Moussad Mohamed Ismaie	28	El Zohour	43.77
6	Menna Allah Galal Ibrahim	29	Ahly	NT
7	Reham Medhat Mohamed Youssef	28	El Shams	NT
8	Hana Moataz Mahmoud Toulba	26	El Zohour	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 24-03-2022 Morning****Heat 3 Timed Finals... (Event 4 Women 20 & Over 50 SC Meter Freestyle)**

1	Sara Mohamad Gebril	30	Shooting	NT
2	Wesam Hossam Eddin Ebrahim	31	Shooting	NT
3	Mona Mostafa Sayed	31	Ahly	NT
4	Noha Moussad Mohamed Ismaiel	31	El Zohour	37.31
5	Nada Hesham Abdel Ghany	32	Ahly	NT
6	Sara Hisham Mohamed Abou El Seot	31	Shooting	NT
7	Mena Naser Radwan	31	Heliopolis	NT
8	Hannya Hossam Nabil Ibrahim	25	El Gezira	NT

Heat 4 of 11 Timed Finals

1	Sara Adel Mahros Mahmoud	36	Shooting	NT
2	Omneya Tarif	38	Sporting	NT
3	Shaymaa Samy Tawfeik	37	Heliopolis	34.94
4	Hebatollah Yahya Abdelrahman Ism:	36	Shooting	29.42
5	Ghada Salah Omar	39	Ahly	34.19
6	Sara Ismael Mohamad Ismael	36	Shooting	45.26
7	Salma Ahmed El Badry	37	El Gezira	NT
8	Sara Hamdy Ghaly	35	Smouha	NT

Heat 5 of 11 Timed Finals

1	Omnia Fakhry	40	Ahly	NT
2	Wesam Hamed Al Deib	43	Al-Shrouk	NT
3	Rehab Mohamed Abdelwahed	44	Ahly	38.74
4	Sohad Shaaban Abd Rabo	40	Heliopolis	33.47
5	Noha Abdalla Fekry Ahmad	43	Shooting	NT
6	Alaa Eldein Hebatallah	40	New Giza	NT
7	Salma Saber Zaytony	25	Shooting	NT
8	Merna Amr Abd EL Fatah	25	Heliopolis	NT

Heat 6 of 11 Timed Finals

2	Mona Mahmoud Rizk	46	El Gezira	NT
3	Naglaa Naser El Din Anan	48	El Gezira	NT
4	Basant Ibrahim	45	Heliopolis	32.64
5	Reham Mohamed Shawky	47	Maadi	NT
6	Hend Abdelrahman Abo Shan	35	Shooting	NT

Heat 7 of 11 Timed Finals

2	Kawther abd Elmonem Mahmoud	53	Cairo	NT
3	Ingy Labib Mohamed Abd Alla	54	Maadi	NT
4	Olga Monikeif	54	Sporting	NT
5	Jehan Saeed	54	Smouha	NT
6	Gehan Abdalla	53	Ahly	NT
7	Salam Taha Houssein	51	Shooting	NT

Heat 8 of 11 Timed Finals

1	Amal Moh. Abd Elghaffar	55	El Gezira	NT
2	Salwa Abd Elfatah Ahmed	57	El Gezira	NT
3	Elham Mostafa Esmail	59	Heliopolis	45.35
4	Hala Ghazy	55	Ahly	37.14
5	Angred Wezman	59	El Gezira	40.10
6	Nevein Farouk Al Housseiny	58	Heliopolis	NT
7	Manal Moh. Ahmed Abou El Seoud	56	El Gezira	NT
8	Noha Mahmoud Deiab	55	Shooting	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022

Meet Program - 24-03-2022 Morning

Heat 9 Timed Finals... (Event 4 Women 20 & Over 50 SC Meter Freestyle)

1	Nazla Faeidalla	62	Ahly	NT
2	Nesrine Saad	64	Sporting	38.18
3	Maha Mohmoud El Kholy	61	Heliopolis	51.69
4	Nadia Esmail Mohamed	68	Heliopolis	NT
5	Hoda Salah El Din Mortada	68	Heliopolis	51.86
6	Omima Hassan Nesim	69	Ahly	NT
7	Nahla Housen Gmal EL Den	55	Heliopolis	NT
8	Dalia Abdelfattah Ahmed	55	Ahly	NT

Heat 10 of 11 Timed Finals

1	Nadia Elgendy	71	Shooting	NT
2	Sahar Mansour	71	Ahly	1:03.71
3	Fareida Abdel Aziz Gemeia	74	Heliopolis	57.95
4	Salwa Anwar Mohamed	74	Maadi	NT
8	Samira Hussein Kamal	80	Ahly	NT

Heat 11 of 11 Timed Finals

3	Sameha Kamal Seif El Nasr	79	Heliopolis	1:13.50
4	Nagwa Yousef Gharab	79	Heliopolis	50.22
5	Nageya Salah El Din Zolfakar	79	El Gezira	1:12.33
6	Nabela Ahmed Sayed Ahmed	85	El Gezira	1:10.65

Event 5 Men 20 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Timed Finals

1	Adham Ramy Samir Hamdy	20	Shooting	NT
2	Moamen El Saed Soltan	21	Tanta	NT
3	Nour Eldin Ahmed Ibrahim	23	Ahly	NT
4	Ahmed Shehab Ahmed Saleh	22	El Gezira	1:12.90
5	Yousef Mohamed Abou Bakr	24	El Shams	NT
6	Mohamed Waled Mohamed	22	El Zohour	NT
7	Moustafa Abdo Mohamed Shawqy	20	Rowad	NT

Heat 2 of 12 Timed Finals

1	Youssef Ahmed Shendy	25	Ahly	NT
2	Mohamed Laboudy	27	Sporting	NT
3	AbdElrhman Khaled Saied	28	Smouha	NT
4	Fakhr Eldin Mohamed Khalil	25	Ahly	1:02.74
5	Mohamed Tarek Mohamed Hasanin	29	El Zohour	NT
6	Mohamed Nour Ibrahim	27	Ahly	NT
7	Hany Ahmed Hisham Mohamed	26	Heliolido	NT

Heat 3 of 12 Timed Finals

1	Sherif Samy Ahmed	30	El Zohour	NT
2	Wael Ahmed Arafa	33	Wadi Degla	NT
3	Mohamed Mostafa Zaghloul Tolba	34	El Shams	NT
4	Mohamed Hesham Mohamed	30	Gezira El Ward	57.65
5	Amro Essam Aly Abd El Naby	31	El Gezira	1:15.70
6	Eslam Ahmad Mohamad	34	Shooting	NT
7	Ahmad Mohamad Sherif Salah Eldin	31	Shooting	NT

Heat 4 of 12 Timed Finals

2	Salah Eldin Said Sabry	36	Ahly	NT
3	Mohamed Ahmed Abdelaziz Mousa	38	El Shams	NT
4	Loai R Ismael Hafez	36	Tanta	1:27.25
5	Mohamed Elmy Sayed	39	El Zohour	NT
6	Mina Boshra Helmy Wasef	37	Shooting	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 24-03-2022 Morning****Heat 5 Timed Finals... (Event 5 Men 20 & Over 100 SC Meter Backstroke)**

3	Ahmed Tamer Mohamed	43	Ahly	NT
4	Mohamed Saadelden Ibrahim	44	Gezira El Ward	1:34.06
5	Haitham Hazim	44	Sporting	NT
6	Mohamed Ahmed Ibrahim	42	Nasr City	NT

Heat 6 of 12 Timed Finals

2	Hady Ahmad Hassan	45	Shooting	NT
3	Mohamed Abdelhamid Elebiary	47	Ahly	1:38.28
4	Hany M Farouk Abdelhmed	48	Tanta	1:15.34
5	Yasser AbdelHady AbdelHady	46	El Shams	1:20.61
6	Hossam Elden Hussien	46	Cairo	1:53.03

Heat 7 of 12 Timed Finals

2	Tarek Hassan Bakry	51	Heliopolis	NT
3	Zahran Abdel Aziz Zahran	53	Shooting	1:40.17
4	Yaser Abdelaal	52	Ahly	1:21.26
5	Ahmed M Aly Yossef	50	Tanta	1:23.34
6	Nezar Ahm. Abdel Rahman Fakhry	52	El Gezira	1:51.12

Heat 8 of 12 Timed Finals

3	Hosam El Den Tanawy	59	Heliopolis	NT
4	Amin Ahmed Amin Amer	56	Ahly	1:17.26
5	Hossam Saad Hana Saad	59	El Gezira	1:29.31
6	Osama Nayef Slem	55	Canal El Suez	NT

Heat 9 of 12 Timed Finals

2	Tarik Mohamed Abaza	61	Ahly	NT
3	Tarik Ahmed Abdel Azzim	62	Heliopolis	NT
4	Mohamad Hesham El Kheshen	62	Smouha	2:02.96
5	Mostafa Hassan Abdel Tawab	63	Ahly	NT
6	Ahmed Mohamed Ibrahim Gado	62	Shooting	NT

Heat 10 of 12 Timed Finals

1	Mohamed Sedky Nour El Din	66	Heliopolis	NT
2	Alsayed Mohamad Boraie	68	Shooting	NT
3	Yaser Ahmed Al Maghraby	65	Heliopolis	1:37.36
4	Ali Selim Al Halaby	69	Heliopolis	1:38.96
5	Ibrahim Ahmed el Ayyady	66	Canal El Suez	NT
6	Adel Mohamad Yakout	70	Smouha	1:56.55
7	Moneir Hossein Eisa Abdel Raheim	70	Shooting	1:39.59
8	Hatem Omar Sedk	74	Shooting	NT

Heat 11 of 12 Timed Finals

1	Mohamed Salah El Din Mortagy	82	Shooting	NT
2	Baheig Boshra Meikhaeil	82	Heliopolis	3:04.83
3	Ahmed Abdel Baset	80	El Gezira	1:44.92
4	Wafeik Aeibad	84	Heliopolis	NT
5	Mohamed Refaat Ahmed Refaat	78	Ahly	3:10.09
6	Karam Mohamed Habieb	75	Heliopolis	1:53.77
7	Hassan El Tomy	76	Sporting	2:08.90
8	Mostafa Ebrahim Mohamad Hussin	78	Shooting	3:14.81

Heat 12 of 12 Timed Finals

4	Mahfouz Gerges Ghabreial	89	Ahly	3:11.85
5	Ali Kamel Ali Kamel	85	Ahly	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022

Meet Program - 24-03-2022 Morning

Event 6 Women 20 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
1	Farida Ahmad Ebrahim Aly	25	Shooting	NT
2	Reham Medhat Mohamed Youssef	28	El Shams	NT
3	Farah Omar Abo Raia	27	Heliopolis	1:14.04
4	Nour Hany Abu Elazm	26	Sporting	1:16.58
5	Mariam Sakr	25	Ahly	NT
6	Farah Mohamed Mahmoud	23	El Zohour	NT
7	Salma Ahmad Ahmad Fahim	22	Shooting	NT
Heat 2 of 6 Timed Finals				
1	Aya Salah Abdel Fattah Aly	31	Shooting	NT
2	Passant Magdy Mahmoud Moussa	33	El Shams	NT
3	Weaam Gamal Abdelmeged	33	Shooting	1:26.01
4	Mona Mostafa Sayed	31	Ahly	1:28.11
5	Seham Ahmad Mahmoud Alkarm	32	Shooting	NT
6	Omneya Tarif	38	Sporting	NT
7	Noha Mohamed Youssef	39	Maadi	NT
8	Hebatollah Yahya Abdelrahman Ism:	36	Shooting	NT
Heat 3 of 6 Timed Finals				
1	Noha Farouk	43	Yacht Club of Egypt Alex	NT
2	Amal Mohamed Abdelmonem	44	Shooting	1:38.30
3	Walaa Mohamed Al Gouhary	41	Shooting	1:24.50
4	Omnia Fakhry	40	Ahly	1:30.88
5	Maha Elmarghany	44	Ahly	NT
6	Mona Mahmoud Rizk	46	El Gezira	NT
7	Nevein Mahmoud Ali	45	Shooting	NT
Heat 4 of 6 Timed Finals				
3	Nadein Ali Azmy	53	Maadi	NT
4	Rania Sami	51	Sporting	1:24.97
5	Aml Barkat	54	Smouha	NT
6	Salam Taha Houssein	51	Shooting	NT
Heat 5 of 6 Timed Finals				
1	Dalia Abdelfattah Ahmed	55	Ahly	NT
2	Seham Abdel Monaem Ahmed Khalil	59	El Gezira	NT
3	Magda Ebrahim Khalil	56	Cairo	2:25.51
4	Manal Fawzi Gadalla	57	Heliopolis	3:17.46
5	Marie Elhage	57	Sporting	NT
6	Nesrine Saad	64	Sporting	1:46.95
7	Nazla Faeidalla	62	Ahly	NT
Heat 6 of 6 Timed Finals				
2	Zenab Anwar Al Said Al Kabany	66	Heliopolis	2:18.43
3	Neven Mohamed Khlel Salah	66	El Gezira	1:53.56
4	Madiha Sherif	79	Heliopolis	NT
5	Nabela Ahmed Sayed Ahmed	85	El Gezira	3:02.21
6	Fareida Abdel Aziz Gemeia	74	Heliopolis	3:02.00