

Egypt Swimming National Championship2020-2021 - 4/5/2021 to 4/10/2021

Meet Program - 07-04-2021 Morning

Event 16 Women 16 & Over 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time | Finals | Place |
|----------------------------------|-------------------------------|-----|----------------|-----------|--------|-------|
| Heat 1 of 26 Timed Finals | | | | | | |
| 3 | Esraa Hatem Thabet | 17 | Talbeia | NT | _____ | _____ |
| 4 | Rahma Alaah Mahmoud Sobhy | 16 | Zamalek | NT | _____ | _____ |
| 5 | Hana Moataz Mahmoud Toulba | 25 | El Zohour | NT | _____ | _____ |
| 6 | Hala Hany Mohamed | 19 | Police Club | NT | _____ | _____ |
| 7 | Hania Mohamed Hany Moro | 25 | Ahly | NT | _____ | _____ |
| Heat 2 of 26 Timed Finals | | | | | | |
| 1 | Jouana Ahmed Mohamed Hussin | 17 | Smouha | NT | _____ | _____ |
| 2 | Malak Ayman Omar Eldeeb | 17 | Shooting | NT | _____ | _____ |
| 3 | Salma Abd Ella Abd Elhameed | 16 | Talbeia | NT | _____ | _____ |
| 4 | Noran Khaled Saad | 19 | Smouha | NT | _____ | _____ |
| 5 | Dareen Mohamed Ahmed | 16 | Beni Suef Club | NT | _____ | _____ |
| 6 | Menna Allah Mohamed Esmail | 16 | El Shrook | NT | _____ | _____ |
| 7 | Engy Ahmed Mokhtar | 20 | Ahly | NT | _____ | _____ |
| 8 | Gana Hesham Rabiaa | 16 | Ahly | NT | _____ | _____ |
| 9 | Rouba Wael Mostafa | 19 | Zamalek | NT | _____ | _____ |
| 10 | Farah Hassan Rageb | 16 | A S E C | NT | _____ | _____ |
| Heat 3 of 26 Timed Finals | | | | | | |
| 1 | Farah Ehab Fo`ad Elhussin | 18 | Smouha | NT | _____ | _____ |
| 2 | Arwa Sherif Mohamed Samy | 16 | Shooting | NT | _____ | _____ |
| 3 | Salma Khaled El Henawy | 16 | Wadi Degla | NT | _____ | _____ |
| 4 | Rana Rame Ahmed | 16 | El Mekaweloun | NT | _____ | _____ |
| 5 | Ganna Ahmed Yousof | 16 | Tanta | NT | _____ | _____ |
| 6 | Hania Haytham Mahmoud | 16 | Ahly | NT | _____ | _____ |
| 7 | Jana Ahmed Hussien | 16 | Wadi Degla | NT | _____ | _____ |
| 8 | Malak Medhat Abdallah | 16 | Talbeia | NT | _____ | _____ |
| 9 | Hana Hisham Mohamed Yousi | 16 | Smouha | NT | _____ | _____ |
| 10 | Rogada Mohamed Ibrahim | 17 | Ahly | NT | _____ | _____ |
| Heat 4 of 26 Timed Finals | | | | | | |
| 1 | Salma Osama Kamal | 16 | Elethead | NT | _____ | _____ |
| 2 | Basmala Ashraf Sayed | 22 | Ahly | NT | _____ | _____ |
| 3 | Gana Mohamed Ashraf | 17 | Ahly | NT | _____ | _____ |
| 4 | Gana Walid Abou Tabl | 16 | Ahly | NT | _____ | _____ |
| 5 | Jana Sherif Mahmoud | 16 | Wadi Degla | NT | _____ | _____ |
| 6 | Salma Mohamed Ibrahim Hassan | 18 | El Shams | NT | _____ | _____ |
| 7 | Mariam Ibrahim Basuony Moha | 18 | Smouha | NT | _____ | _____ |
| 8 | Alia Mohamed Hamed Sayed | 16 | Al Shehk Zaeid | NT | _____ | _____ |
| 9 | Malak Samir abd el Fatah | 16 | Zamalek | NT | _____ | _____ |
| 10 | Gana Ibrahim Abo Elhassan | 16 | Ahly | NT | _____ | _____ |
| Heat 5 of 26 Timed Finals | | | | | | |
| 1 | Farida Hossameldin Mohamed | 17 | Ahly | NT | _____ | _____ |
| 2 | Malak Khaled Mostafa | 16 | Shooting | NT | _____ | _____ |
| 3 | Ganat Allah Mohamed Khalel | 20 | Wadi Degla | NT | _____ | _____ |
| 4 | Goudy Mahmoud Mohamed | 16 | Ahly | NT | _____ | _____ |
| 5 | Gana Amr Sayed | 19 | Ahly | NT | _____ | _____ |
| 6 | Gana Mohamed Ahmed Salama | 16 | El Ghaba | NT | _____ | _____ |
| 7 | Maya Khaled Nour Eldin | 16 | Palm Hills | NT | _____ | _____ |
| 8 | Malak Mohamed Ezzat Al Hadydy | 18 | 6th | NT | _____ | _____ |
| 9 | Zienab Reda Farouk | 17 | Wadi Degla | NT | _____ | _____ |
| 10 | Mariam Mahmoud El Shawadfy | 16 | Ahly | NT | _____ | _____ |

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Heat 6 Timed Finals... (Event 16 Women 16 & Over 100 LC Meter Freestyle)

| | | | | | | |
|----|----------------------------|----|-----------|----|-------|-------|
| 1 | Habiba Walid Mohamed | 16 | Ahly | NT | _____ | _____ |
| 2 | Jody Essam | 19 | Smouha | NT | _____ | _____ |
| 3 | Yasmin Ahmed El Tahlawy | 16 | Ahly | NT | _____ | _____ |
| 4 | Dahb Magdy Kamal | 17 | Elethead | NT | _____ | _____ |
| 5 | Khadiga Ahmed Arafat | 18 | Sporting | NT | _____ | _____ |
| 6 | Lina Ahmed Abu El Khair | 18 | Sporting | NT | _____ | _____ |
| 7 | Allaa Ashraf Fekry | 21 | 6th | NT | _____ | _____ |
| 8 | Hana Adel Mohamed | 16 | Ahly | NT | _____ | _____ |
| 9 | Mariam Essam Mohamed Saber | 18 | Shooting | NT | _____ | _____ |
| 10 | Yasmin Hassan Fathy Ahmed | 16 | Tawfekaya | NT | _____ | _____ |

Heat 7 of 26 Timed Finals

| | | | | | | |
|----|----------------------------|----|---------------|----|-------|-------|
| 1 | Laila Hassan Mohamed | 17 | Elethead | NT | _____ | _____ |
| 2 | Malak Ahmed Abdelkader | 16 | Zamalek | NT | _____ | _____ |
| 3 | Kenzi Magdy Elshahat | 16 | Elethead | NT | _____ | _____ |
| 4 | Nada Khaled Salah | 18 | Wadi Degla | NT | _____ | _____ |
| 5 | Omeina Maysara Abdel Hamed | 20 | El Mekaweloun | NT | _____ | _____ |
| 6 | Alia abd el Mohseen Galal | 16 | Zamalek | NT | _____ | _____ |
| 7 | Zina Ahmed Nabil | 18 | Sporting | NT | _____ | _____ |
| 8 | Mariam Mohamed Abbas | 16 | Ahly | NT | _____ | _____ |
| 9 | Nada Hosam El Said | 16 | Shooting | NT | _____ | _____ |
| 10 | Noor Kamel ElNagar | 17 | Sporting | NT | _____ | _____ |

Heat 8 of 26 Timed Finals

| | | | | | | |
|----|-----------------------------------|----|-------------|----|-------|-------|
| 1 | Jannah Mohamed Saad | 17 | Ahly | NT | _____ | _____ |
| 2 | Mennatalh Walid Elsayd Moh. Elban | 17 | El Gezira | NT | _____ | _____ |
| 3 | Meiar Yaser Moahmed Raouf | 20 | Zamalek | NT | _____ | _____ |
| 4 | Rawan Islam Amr | 16 | Ahly | NT | _____ | _____ |
| 5 | Malak Sherif Mohamed | 20 | Shooting | NT | _____ | _____ |
| 6 | Anan Abdelrahman Ahmed | 17 | Police Club | NT | _____ | _____ |
| 7 | Farah Ahmed Mamdouh Samy | 17 | El Shams | NT | _____ | _____ |
| 8 | Esraa Emad Mohamed | 18 | El Shrook | NT | _____ | _____ |
| 9 | Aliaa Osama Sabar | 19 | Ahly | NT | _____ | _____ |
| 10 | Malak Saad Elkersh | 19 | Ahly | NT | _____ | _____ |

Heat 9 of 26 Timed Finals

| | | | | | | |
|----|-------------------------------|----|----------------|---------|-------|-------|
| 1 | Rola Mostafa Salah | 16 | Shooting | NT | _____ | _____ |
| 2 | Raghda Magdy Mohamed | 16 | Wadi Degla | 1:34.02 | _____ | _____ |
| 3 | Mariam Ahmed Zekry | 16 | Police Club | 1:29.49 | _____ | _____ |
| 4 | Farida Ahmed Aiyod | 18 | Sporting | 1:28.29 | _____ | _____ |
| 5 | Shada Mohamed el Shaht ali | 19 | Wadi Degla | 1:22.49 | _____ | _____ |
| 6 | Malak Maged El Sökkary | 16 | M S Benha City | 1:27.56 | _____ | _____ |
| 7 | Nariman Omar Mohamed Abdel ha | 19 | El Shams | 1:29.08 | _____ | _____ |
| 8 | Sama Ibrahiem Abdel Wehab | 16 | Wadi Degla | 1:29.61 | _____ | _____ |
| 9 | Joumana Yaser Rifaat | 16 | Shooting | 1:34.78 | _____ | _____ |
| 10 | Malak Amr Ali | 16 | Beni Suef Club | NT | _____ | _____ |

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Heat 10 Timed Finals... (Event 16 Women 16 & Over 100 LC Meter Freestyle)

| | | | | | | |
|----|------------------------------|----|-------------------------|---------|-------|-------|
| 1 | Meshkat Mohamed Abdel Aziz | 16 | Wadi Degla | 1:21.42 | _____ | _____ |
| 2 | Janis Matta Fayez | 16 | Wadi Degla | 1:20.98 | _____ | _____ |
| 3 | Ganna Waleed Eid | 17 | El Shrook | 1:20.50 | _____ | _____ |
| 4 | Hala Mohsen Yousef Abdelaziz | 17 | Moasasa Riadhia Askaria | 1:19.91 | _____ | _____ |
| 5 | Clara Wahid Niazy | 16 | Wadi Degla | 1:18.68 | _____ | _____ |
| 6 | Salma Mohamed Ewees | 16 | Ahly | 1:19.63 | _____ | _____ |
| 7 | Klara Alfred Sabr | 16 | Zamalek | 1:19.91 | _____ | _____ |
| 8 | Ayten Hassan Hamza | 17 | Smouha | 1:20.57 | _____ | _____ |
| 9 | Doha Hussein Fathy Hussein | 16 | El Nasr Club | 1:21.05 | _____ | _____ |
| 10 | Hanan Faten Fouad | 17 | Al Tersana | 1:21.42 | _____ | _____ |

Heat 11 of 26 Timed Finals

| | | | | | | |
|----|---------------------------|----|---------------|---------|-------|-------|
| 1 | Shourouk Moustafa Shaban | 19 | Zamalek | 1:18.04 | _____ | _____ |
| 2 | Habiba Ehab Fawzy | 18 | Ahly | 1:17.92 | _____ | _____ |
| 3 | Laila Khaled Faheem | 17 | El Mekaweloun | 1:17.13 | _____ | _____ |
| 4 | Rania Mohamed Mahmoud | 20 | El Zohour | 1:16.89 | _____ | _____ |
| 5 | Maryem Ahmed Refaat | 16 | Olympic | 1:16.60 | _____ | _____ |
| 6 | Sarah Hesham Abd El Hamid | 16 | 15 May | 1:16.64 | _____ | _____ |
| 7 | Nardeen Emad aly | 17 | El Mekaweloun | 1:16.95 | _____ | _____ |
| 8 | Salama Mahmoud Khorshed | 17 | El Obour | 1:17.55 | _____ | _____ |
| 9 | Farah Wael Mohamed Kabary | 18 | Smouha | 1:17.96 | _____ | _____ |
| 10 | Maria Mina | 16 | El Ghaba | 1:18.29 | _____ | _____ |

Heat 12 of 26 Timed Finals

| | | | | | | |
|----|---------------------------|----|---------------------|---------|-------|-------|
| 1 | Aya Mohamed Mahmoud | 17 | Hadak Al Ahram | 1:16.56 | _____ | _____ |
| 2 | Jomana Hatem Mohamed | 16 | Wadi Degla | 1:16.32 | _____ | _____ |
| 3 | Gana Mohamed abd el Salam | 16 | Hadak Al Ahram | 1:16.16 | _____ | _____ |
| 4 | Hana Hamdy Metwaly | 17 | El Zohour | 1:15.90 | _____ | _____ |
| 5 | Lamar Ebrahim Foaad | 16 | El Mekaweloun | 1:15.62 | _____ | _____ |
| 6 | Mariam Mohamed Omar | 22 | Shooting | 1:15.69 | _____ | _____ |
| 7 | Farah Kmal Batesha | 19 | Sporting | 1:16.09 | _____ | _____ |
| 8 | Yara Osama Mohamed Zaatar | 16 | Taleaa El Gish Club | 1:16.26 | _____ | _____ |
| 9 | Habiba Mohamedf Farouk | 16 | Tawfekaya | 1:16.55 | _____ | _____ |
| 10 | Habiba Emad El Din Said | 17 | Al Ealamein | 1:16.56 | _____ | _____ |

Heat 13 of 26 Timed Finals

| | | | | | | |
|----|-----------------------------|----|-------------|---------|-------|-------|
| 1 | Arwa Magd Elsayed | 16 | Ahly | 1:15.21 | _____ | _____ |
| 2 | Arwa Ahmed Huossien | 17 | Fayoum Club | 1:14.75 | _____ | _____ |
| 3 | Kenzy Amr Sayed | 17 | Ahly | 1:14.39 | _____ | _____ |
| 4 | Martina Magdy Bekhet | 16 | Zamalek | 1:13.96 | _____ | _____ |
| 5 | Wedad Khaled Said Mohamed | 19 | Zamalek | 1:13.71 | _____ | _____ |
| 6 | Salma Hossam al Deen Ahmed | 17 | Police Club | 1:13.82 | _____ | _____ |
| 7 | Haya Mohamed Asharaf Makram | 17 | El Shams | 1:14.26 | _____ | _____ |
| 8 | Kenze Mohamad Mhmud | 17 | Smouha | 1:14.48 | _____ | _____ |
| 9 | Souhaila Mohamed Mostafa | 18 | El Zohour | 1:15.00 | _____ | _____ |
| 10 | Judy Awwad Mohamed | 16 | El Zohour | 1:15.56 | _____ | _____ |

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Heat 14 Timed Finals... (Event 16 Women 16 & Over 100 LC Meter Freestyle)

| | | | | | | |
|----|----------------------------|----|------------|---------|-------|-------|
| 1 | Amira Ahmed Adel Aly | 17 | El Shams | 1:13.66 | _____ | _____ |
| 2 | Rawan Emad Bayomy | 17 | Wadi Degla | 1:13.31 | _____ | _____ |
| 3 | Hana Hesham Saleh | 16 | Wadi Degla | 1:12.67 | _____ | _____ |
| 4 | Laila Mohamed Nabil Baiomy | 16 | Heliopolis | 1:12.57 | _____ | _____ |
| 5 | Rana Walid Ahmed | 16 | Shooting | 1:12.17 | _____ | _____ |
| 6 | Farah Abd Elmagid Mohamed | 17 | El Zohour | 1:12.25 | _____ | _____ |
| 7 | Lana Mathias Levandovesky | 16 | El Gezira | 1:12.63 | _____ | _____ |
| 8 | Fayroz Mohamed Farouk | 18 | Zamalek | 1:13.14 | _____ | _____ |
| 9 | Alaa Omar Saad | 18 | Royal | 1:13.44 | _____ | _____ |
| 10 | Alia Mohamed Soleman | 17 | Zamalek | 1:13.70 | _____ | _____ |

Heat 15 of 26 Timed Finals

| | | | | | | |
|----|---------------------------|----|------------|---------|-------|-------|
| 1 | Gana Mahmoud Abdel Menaam | 16 | Royal | 1:11.57 | _____ | _____ |
| 2 | Sara Ibrahim Mohamed | 16 | Ahly | 1:11.47 | _____ | _____ |
| 3 | Amna Bayomy | 19 | Sporting | 1:11.41 | _____ | _____ |
| 4 | Habiba Hany Ali | 17 | El Shams | 1:11.27 | _____ | _____ |
| 5 | Losiana Rimon Mounir | 16 | Wadi Degla | 1:11.07 | _____ | _____ |
| 6 | Hana Mohamed Ashour | 18 | Heliopolis | 1:11.07 | _____ | _____ |
| 7 | Alia Ali Mohamed | 18 | Heliopolis | 1:11.31 | _____ | _____ |
| 8 | Noureen Alaa Azouz | 18 | Ahly | 1:11.45 | _____ | _____ |
| 9 | Haya HossamEldin Kndel | 16 | Smouha | 1:11.49 | _____ | _____ |
| 10 | Malak Mahmud Hassan | 16 | El Ghaba | 1:11.94 | _____ | _____ |

Heat 16 of 26 Timed Finals

| | | | | | | |
|----|----------------------------------|----|---------------|---------|-------|-------|
| 1 | Nor Salah El Din Mohmed | 16 | Shooting | 1:10.91 | _____ | _____ |
| 2 | Mariam Hussin Fawzy | 19 | Smouha | 1:10.76 | _____ | _____ |
| 3 | Basant Ahmed Abd Elmoneem | 19 | El Shrook | 1:10.53 | _____ | _____ |
| 4 | Dina Hesham Mohamed | 17 | Zamalek | 1:10.40 | _____ | _____ |
| 5 | Gana Tarek Mohamed Farid | 16 | Shooting | 1:10.32 | _____ | _____ |
| 6 | Lobna Saed Hanfy | 17 | Wadi Degla | 1:10.35 | _____ | _____ |
| 7 | Gana Ashraf Abd El Hafez Mohamed | 16 | Shooting | 1:10.46 | _____ | _____ |
| 8 | Alyaa Mhmoud Kmal Hsn | 17 | 6th | 1:10.63 | _____ | _____ |
| 9 | Habiba Shady Abdel Rahman Taha | 18 | Heliolido | 1:10.78 | _____ | _____ |
| 10 | Anan Mohamed Yehia | 16 | El Mekaweloun | 1:10.99 | _____ | _____ |

Heat 17 of 26 Timed Finals

| | | | | | | |
|----|---------------------------|----|---------------|---------|-------|-------|
| 1 | Maram Mohamed Omar | 20 | Shooting | 1:10.20 | _____ | _____ |
| 2 | Alaa Khaled Safwan | 16 | El Mekaweloun | 1:09.88 | _____ | _____ |
| 3 | Salma Samir abd el Azim | 16 | Al Tersana | 1:09.77 | _____ | _____ |
| 4 | Jana Khaled Mohamed Mosaa | 18 | Olympic | 1:09.67 | _____ | _____ |
| 5 | Lugen Mohamed Nabil | 17 | Shooting | 1:09.37 | _____ | _____ |
| 6 | Habiba Mohamed Younis | 17 | Wadi Degla | 1:09.57 | _____ | _____ |
| 7 | Mrk Mohamed Shwkey Saad | 16 | 6th | 1:09.69 | _____ | _____ |
| 8 | Lele Mohamed Mostafa | 17 | Enppi | 1:09.79 | _____ | _____ |
| 9 | Nouran Ahmed Hanfy | 17 | A S E C | 1:10.02 | _____ | _____ |
| 10 | Hana Ahmed Heseen | 17 | El Ghaba | 1:10.21 | _____ | _____ |

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Heat 18 Timed Finals... (Event 16 Women 16 & Over 100 LC Meter Freestyle)

| | | | | | | |
|----|--------------------------------|----|------------|---------|-------|-------|
| 1 | Fareh Shiref Hassan Ahmed Azab | 16 | El Shams | 1:09.33 | _____ | _____ |
| 2 | Yara Hesham Saad | 19 | Shooting | 1:09.19 | _____ | _____ |
| 3 | Ola Ehab Samier Abd EL Kader | 16 | El Shams | 1:09.04 | _____ | _____ |
| 4 | Laila Mostafa Beshir | 16 | Ahly | 1:08.64 | _____ | _____ |
| 5 | Kenzy amr Ahmed | 16 | Zamalek | 1:08.09 | _____ | _____ |
| 6 | Nada Ibrahim Elsaid Ahmed | 18 | Smouha | 1:08.24 | _____ | _____ |
| 7 | Sara Samir Sedky | 17 | Wadi Degla | 1:08.78 | _____ | _____ |
| 8 | Gannat Allah Alaa El Din Ahmed | 17 | Enppi | 1:09.09 | _____ | _____ |
| 9 | Habiba Khaled Ahmed | 18 | Wadi Degla | 1:09.24 | _____ | _____ |
| 10 | Sara Tarek Ahmed Mohsen | 16 | Maadi | 1:09.36 | _____ | _____ |

Heat 19 of 26 Timed Finals

| | | | | | | |
|----|--------------------------------|----|------------|---------|-------|-------|
| 1 | Nour Tamer Gamal El-Din | 18 | Ahly | 1:07.89 | _____ | _____ |
| 2 | Goumana Karim Mostafa | 19 | Wadi Degla | 1:07.73 | _____ | _____ |
| 3 | Shaza Wael Mostafa | 19 | Zamalek | 1:07.49 | _____ | _____ |
| 4 | Mona Mahmoud Abdalla | 16 | Ahly | 1:07.43 | _____ | _____ |
| 5 | Malak Tarek El Kady | 16 | Sporting | 1:07.38 | _____ | _____ |
| 6 | Zahwa Mohsen Sayed | 16 | Ahly | 1:07.39 | _____ | _____ |
| 7 | Malak Ahmed Fattouh | 18 | Ahly | 1:07.48 | _____ | _____ |
| 8 | Aya Mohamed Osama Taha Hossein | 20 | Shooting | 1:07.53 | _____ | _____ |
| 9 | Nor Mahmoud Anbar | 16 | El Ghaba | 1:07.89 | _____ | _____ |
| 10 | Merna Adel Elsayed | 17 | Ahly | 1:07.98 | _____ | _____ |

Heat 20 of 26 Timed Finals

| | | | | | | |
|----|-----------------------------|----|--------------|---------|-------|-------|
| 1 | Haya Amr Kamal Eldin | 18 | Heliopolis | 1:07.25 | _____ | _____ |
| 2 | Farah Mohammed Abd Rabbo | 16 | Wadi Degla | 1:07.09 | _____ | _____ |
| 3 | Reham Amr Basha | 16 | Tanta | 1:06.81 | _____ | _____ |
| 4 | Yasmin Mohamed ali | 17 | Pegasus Club | 1:06.58 | _____ | _____ |
| 5 | Malak Mohamed Mahmoud Gaber | 16 | Maadi | 1:05.80 | _____ | _____ |
| 6 | Zeina Bassem Ali | 16 | Wadi Degla | 1:06.03 | _____ | _____ |
| 7 | Nada Fouad Abdel Gawad Ali | 19 | Ahly | 1:06.67 | _____ | _____ |
| 8 | Malak Hasan Moh. Elhoshy | 16 | El Gezira | 1:06.91 | _____ | _____ |
| 9 | Caren Hany Gamal | 18 | Sporting | 1:07.24 | _____ | _____ |
| 10 | Nadin Ayman Hessien | 16 | Wadi Degla | 1:07.29 | _____ | _____ |

Heat 21 of 26 Timed Finals

| | | | | | | |
|----|-------------------------------|----|-----------|---------|-------|-------|
| 1 | Haidy Mostafa Reyad | 17 | Ahly | 1:05.75 | _____ | _____ |
| 2 | Malak Mohamed Mhmoud Hamad | 16 | Smouha | 1:05.55 | _____ | _____ |
| 3 | Aida Ahm. Mohssin Abd Elrazek | 16 | El Gezira | 1:05.53 | _____ | _____ |
| 4 | Malak Islam Mohamed | 16 | Ahly | 1:05.16 | _____ | _____ |
| 5 | Hagar Hassan Abdel Rhman | 18 | Talbeia | 1:05.08 | _____ | _____ |
| 6 | Malak Khaled Abdelhady | 17 | Ahly | 1:05.12 | _____ | _____ |
| 7 | Malak Haytham Elsayed | 19 | Ahly | 1:05.26 | _____ | _____ |
| 8 | Zena Mahmoud Mohamed Mosa | 16 | El Ghaba | 1:05.54 | _____ | _____ |
| 9 | Nourhan Mohamed Moharam | 16 | Tanta | 1:05.73 | _____ | _____ |
| 10 | Karma Ahmed Nabil | 17 | Shooting | 1:05.75 | _____ | _____ |

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Heat 22 Timed Finals... (Event 16 Women 16 & Over 100 LC Meter Freestyle)

| | | | | | | |
|----|-----------------------------|----|----------------|---------|-------|-------|
| 1 | Goudy Abdelhalem Fathala Z | 16 | Bank Ahly Alex | 1:04.98 | _____ | _____ |
| 2 | Gana Khaled Shaaban | 19 | Ahly | 1:04.98 | _____ | _____ |
| 3 | Mariam Mohamed ali | 17 | Pegasus Club | 1:04.94 | _____ | _____ |
| 4 | Rodaina Khaled Mohamed | 19 | Ahly | 1:04.35 | _____ | _____ |
| 5 | Habiba Ayman Mahmoud Hamdy | 17 | Bank Ahly Alex | 1:04.18 | _____ | _____ |
| 6 | Nour Islam Mohamed | 19 | Ahly | 1:04.24 | _____ | _____ |
| 7 | Shad Hossam Hantera | 18 | Tanta | 1:04.52 | _____ | _____ |
| 8 | Malak Khaled Ahmed Abdallah | 16 | Wadi Degla | 1:04.94 | _____ | _____ |
| 9 | Lojain Hesham Mohamed | 17 | Cairo | 1:04.98 | _____ | _____ |
| 10 | Lana Mohamed Fathy | 17 | Ahly | 1:05.01 | _____ | _____ |

Heat 23 of 26 Timed Finals

| | | | | | | |
|----|-------------------------------------|----|----------------|---------|-------|-------|
| 1 | Yasmine Sharif AbdElAziz Galal | 17 | El Shams | 1:03.26 | _____ | _____ |
| 2 | Hana Ashraf Mahmoud | 20 | Wadi Degla | 1:03.17 | _____ | _____ |
| 3 | Norhan Mohamed Mohei El din | 18 | Smouha | 1:03.09 | _____ | _____ |
| 4 | Nelly Elgmal Moh. Sayd Mostafa Elgr | 17 | El Gezira | 1:03.04 | _____ | _____ |
| 5 | Rouaa Ahmed Ibrahim | 17 | Rowad | 1:02.94 | _____ | _____ |
| 6 | Sandy Ayman Atef | 21 | Ahly | 1:03.01 | _____ | _____ |
| 7 | Farah Tarek Hassan | 17 | Heliopolis | 1:03.07 | _____ | _____ |
| 8 | Farah Osama Ahmed Mahmud | 18 | Bank Ahly Alex | 1:03.13 | _____ | _____ |
| 9 | Nour Mohamed Hossain | 16 | Shooting | 1:03.24 | _____ | _____ |
| 10 | Lojaina Khaled Mohamed Morsi | 17 | Heliolido | 1:03.29 | _____ | _____ |

Heat 24 of 26 Timed Finals

| | | | | | | |
|----|----------------------------------|----|------------|---------|-------|-------|
| 1 | Malak Mohamed Haytham Rabeia | 19 | Shooting | 1:02.69 | _____ | _____ |
| 2 | Mayar Mohamed Gaber | 20 | Ahly | 1:02.39 | _____ | _____ |
| 3 | Dana Tamer Shafiq | 18 | Heliopolis | 1:02.30 | _____ | _____ |
| 4 | Farida Amr Mohamed Abd El Moteli | 16 | Shooting | 1:02.29 | _____ | _____ |
| 5 | Hanya Hossam Nabil El Cotory | 24 | El Gezira | 1:02.20 | _____ | _____ |
| 6 | Hana Yasser Ghalab | 17 | Ahly | 1:02.27 | _____ | _____ |
| 7 | Kenzy Ahmed Ali | 18 | Ahly | 1:02.29 | _____ | _____ |
| 8 | Salma Alaa Mahdy | 18 | Ahly | 1:02.36 | _____ | _____ |
| 9 | Noor Moh. Samer Eleesh | 19 | El Gezira | 1:02.53 | _____ | _____ |
| 10 | Lela Ahmed Kamal | 16 | El Ghaba | 1:02.82 | _____ | _____ |

Heat 25 of 26 Timed Finals

| | | | | | | |
|----|----------------------------|----|---------------------|---------|-------|-------|
| 1 | Kanzy Hesham Rashad | 18 | Shooting | 1:02.15 | _____ | _____ |
| 2 | Shahd Ahmed Abd Elbaky | 17 | Sporting | 1:01.90 | _____ | _____ |
| 3 | Raghd Mohamed Elsaid Moham | 16 | Smouha | 1:01.43 | _____ | _____ |
| 4 | Ro'oya Mashaly | 23 | Sporting | 1:00.84 | _____ | _____ |
| 5 | Nour Mohamed Ibrahim Ali | 16 | Smouha | 1:00.68 | _____ | _____ |
| 6 | Jana Mohamed Abdel Fattah | 17 | Taleaa El Gish Club | 1:00.82 | _____ | _____ |
| 7 | Malak Ahmed Helmy | 16 | Ahly | 1:01.39 | _____ | _____ |
| 8 | Goumana Tarek Yehia | 16 | Ahly | 1:01.66 | _____ | _____ |
| 9 | Rawda Nabil Mohamed | 19 | Smouha | 1:02.01 | _____ | _____ |
| 10 | Mariem Mohamed Emad Fahmy | 16 | Maadi | 1:02.17 | _____ | _____ |

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Heat 26 Timed Finals... (Event 16 Women 16 & Over 100 LC Meter Freestyle)

| | | | | | | |
|----|----------------------------------|----|----------------|---------|-------|-------|
| 1 | Gihan Ahmed Abd El Azim Abdallah | 17 | Maadi | 1:00.55 | _____ | _____ |
| 2 | Malak Mohamed Abbas Mohamed | 16 | Maadi | 1:00.52 | _____ | _____ |
| 3 | Malak Mohamed Abd El Gaber | 17 | Bank Ahly Alex | 1:00.13 | _____ | _____ |
| 4 | Farida Ayman Samra | 17 | Shooting | 59.55 | _____ | _____ |
| 5 | Amina Magdy Mohamed El Sebeilgy | 28 | Heliopolis | 59.25 | _____ | _____ |
| 6 | Yasmin Mamdouh Mahmoud | 22 | Ahly | 59.36 | _____ | _____ |
| 7 | Farida Tharwat Maher | 18 | Ahly | 59.65 | _____ | _____ |
| 8 | Hedy Amr Moustafa Hamouda | 22 | Heliopolis | 1:00.52 | _____ | _____ |
| 9 | Hana Mostafa Ahmed Hamdy | 20 | Ahly | 1:00.54 | _____ | _____ |
| 10 | Enjy Mohamed AboZid | 21 | Smouha | 1:00.66 | _____ | _____ |

Event 17 Men 16 & Over 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time | Finals | Place |
|----------------------------------|--------------------------------|-----|-------------------------|-----------|--------|-------|
| Heat 1 of 19 Timed Finals | | | | | | |
| 4 | Hamza Hisham | 19 | Smouha | NT | _____ | _____ |
| 5 | Youssef Khaled Wahid | 16 | Wadi Degla | NT | _____ | _____ |
| 6 | NourEldin Nasr Wahba | 16 | Smouha | NT | _____ | _____ |
| Heat 2 of 19 Timed Finals | | | | | | |
| 1 | Mohamed Ayman Ali | 16 | El Shrook | NT | _____ | _____ |
| 2 | Sife Eldin Mohamed Adel | 16 | Zamalek | NT | _____ | _____ |
| 3 | Aly Shref El Shamy | 17 | Heliopolis | NT | _____ | _____ |
| 4 | Mohamed Khaleid Abdelfatah | 17 | Zamalek | NT | _____ | _____ |
| 5 | Zeyad Omar Hashim | 16 | Tawfekaya | NT | _____ | _____ |
| 6 | Karem Magdy Ismail | 21 | Sporting | NT | _____ | _____ |
| 7 | Ali Tamer Adel | 17 | Shooting | NT | _____ | _____ |
| 8 | Mustafa Mohamed Mustafa | 16 | Wadi Degla | NT | _____ | _____ |
| 9 | Youssef Mohamed Mostafa | 17 | Zamalek | NT | _____ | _____ |
| 10 | Ziad Ashraf Mohamed | 16 | 15 May | NT | _____ | _____ |
| Heat 3 of 19 Timed Finals | | | | | | |
| 1 | Mahmoud Magdy Fahem | 18 | Shooting | NT | _____ | _____ |
| 2 | Loai Hany A bd EL Haliem | 16 | El Shams | NT | _____ | _____ |
| 3 | Omar Khaled Moustafa Al Hady | 17 | Maadi | NT | _____ | _____ |
| 4 | Omar Mohamed Mohamed Amin | 16 | Shooting | NT | _____ | _____ |
| 5 | Belal Mohamed Youns Mohamed | 17 | 6th | NT | _____ | _____ |
| 6 | Zeyad Mohamed Saad Zaky | 16 | Olympic | NT | _____ | _____ |
| 7 | Yousef Hany Samuael | 16 | Moasasa Riadhia Askaria | NT | _____ | _____ |
| 8 | AbdElrhman Mhmoud Yuones Fatha | 18 | Smouha | NT | _____ | _____ |
| 9 | Hossam Fahim Waled | 16 | Al Tersana | NT | _____ | _____ |
| 10 | Ahmed Mahmoud Abdullah | 17 | M.S Tagamoa | NT | _____ | _____ |
| Heat 4 of 19 Timed Finals | | | | | | |
| 1 | ali Ahmed Gamal Eldin Afarah | 16 | Wadi Degla | NT | _____ | _____ |
| 2 | Badr Reda Badr | 16 | 15 May | NT | _____ | _____ |
| 3 | Mohamed Mahmoud Kodb | 17 | A S E C | NT | _____ | _____ |
| 4 | Karim Mohamed El Gharabawy | 16 | El Zohour | NT | _____ | _____ |
| 5 | Abdel Rahman Hesham Tallat | 20 | Ahly | NT | _____ | _____ |
| 6 | Khaled Moataz Saber | 16 | Ahly | NT | _____ | _____ |
| 7 | Gmal Sherif Gmal Ebrahim | 17 | 6th | NT | _____ | _____ |
| 8 | Mahmod Osama El Gayar | 24 | Heliopolis | NT | _____ | _____ |
| 9 | Ahmed Mohamed El Sayed | 18 | Hadak Al Ahram | NT | _____ | _____ |
| 10 | Ahmed Moataz Saber El-Gazar | 19 | Ahly | NT | _____ | _____ |

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Meet Program - 07-04-2021 Morning

Heat 5 Timed Finals... (Event 17 Men 16 & Over 200 LC Meter Breaststroke)

| | | | | | | |
|----|------------------------------|----|-------------------------|---------|-------|-------|
| 1 | Yossef Hany Elroini | 18 | Wadi Degla | NT | _____ | _____ |
| 2 | Ahmed Hesham Nageib | 18 | Zamalek | NT | _____ | _____ |
| 3 | Mohamed TantawyNasr | 17 | El Shrook | 3:27.53 | _____ | _____ |
| 4 | Stephen Hany Samir Ramzy | 16 | Taleaa El Gish Club | 3:25.12 | _____ | _____ |
| 5 | Ibrahim Ahmed Galal | 16 | El Shrook | 3:21.92 | _____ | _____ |
| 6 | Peiar Eid Rady | 18 | Zamalek | 3:22.00 | _____ | _____ |
| 7 | Kariem Bassem Joseph | 16 | Wadi Degla | 3:25.89 | _____ | _____ |
| 8 | Ziad Ramy Akmal | 16 | Moasasa Riadiah Askaria | 3:32.28 | _____ | _____ |
| 9 | Mohamed Ahmed Mostafa AbdAll | 17 | Smouha | NT | _____ | _____ |
| 10 | Hazam Tamer Mohamed | 17 | Tagamoa Heljhts | NT | _____ | _____ |

Heat 6 of 19 Timed Finals

| | | | | | | |
|----|-------------------------------|----|------------|---------|-------|-------|
| 1 | Amen Ayman Amen | 16 | Zamalek | 3:17.26 | _____ | _____ |
| 2 | Yousef Elmenshawy | 16 | Sporting | 3:15.64 | _____ | _____ |
| 3 | Batrek Ateef Gatas | 16 | Zamalek | 3:13.44 | _____ | _____ |
| 4 | Mohamed Zaki Abdel Hay | 16 | Ahly | 3:10.84 | _____ | _____ |
| 5 | Seif Waleed Atef | 16 | Wadi Degla | 3:09.55 | _____ | _____ |
| 6 | Abdu Rahman Wissam Mohamed At | 17 | Tawfekaya | 3:10.76 | _____ | _____ |
| 7 | Youssef Mostafa Hanafy | 16 | Wadi Degla | 3:12.49 | _____ | _____ |
| 8 | Marwan Khalied Mohamed Sale | 18 | Zamalek | 3:13.65 | _____ | _____ |
| 9 | Mohamed Badwy Salah | 16 | Zamalek | 3:16.84 | _____ | _____ |
| 10 | Yousif Ehab Sabry | 16 | Shooting | 3:18.21 | _____ | _____ |

Heat 7 of 19 Timed Finals

| | | | | | | |
|----|--------------------------|----|-------------------------|---------|-------|-------|
| 1 | Mohand Amr Darwish | 16 | Ahly | 3:08.09 | _____ | _____ |
| 2 | Yehia Ahmed Fouad | 16 | Ahly | 3:06.78 | _____ | _____ |
| 3 | Yassin Ihab Mamdouh | 17 | Taleaa El Gish Club | 3:06.13 | _____ | _____ |
| 4 | Yousf Aymn Ebrahim Ahmed | 16 | 6th | 3:05.69 | _____ | _____ |
| 5 | Mostafa Mohamed Mourad | 16 | Wadi Degla | 3:04.43 | _____ | _____ |
| 6 | Abd Elrahman Hany Ahmed | 17 | Shooting | 3:04.62 | _____ | _____ |
| 7 | Mohamed Magdy Ezzat | 16 | Moasasa Riadiah Askaria | 3:05.84 | _____ | _____ |
| 8 | Mohamed Hisham Mohamed | 16 | El Nasr Club | 3:06.32 | _____ | _____ |
| 9 | Mazen Gamal Abdallah | 16 | Talbeia | 3:07.44 | _____ | _____ |
| 10 | Abdel Rahman Amr Helaly | 16 | Sporting | 3:08.84 | _____ | _____ |

Heat 8 of 19 Timed Finals

| | | | | | | |
|----|--------------------------------|----|-----------|---------|-------|-------|
| 1 | Seif Eldin El Hadidy | 17 | Sporting | 3:03.99 | _____ | _____ |
| 2 | Ali Mohamed Hussien | 20 | El Zohour | 3:03.36 | _____ | _____ |
| 3 | Omar Ehab Rida | 16 | Shooting | 3:02.65 | _____ | _____ |
| 4 | Mohamed Khaled Mohmd Kamal Elt | 18 | Shooting | 3:01.41 | _____ | _____ |
| 5 | Yehia SeifEL din EL Marghany | 16 | El Shams | 3:00.58 | _____ | _____ |
| 6 | Ahmed abd el Hady Hassan | 16 | Zamalek | 3:01.26 | _____ | _____ |
| 7 | Yaseen Nabil Mohamed | 16 | Zamalek | 3:01.82 | _____ | _____ |
| 8 | Seifeldin Ahmed Elsaied | 17 | Zamalek | 3:02.78 | _____ | _____ |
| 9 | Abd Alaa Hany Ahmed | 16 | Shooting | 3:03.75 | _____ | _____ |
| 10 | Moamen Abdel Aziz Abdou | 16 | Ahly | 3:04.40 | _____ | _____ |

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Heat 9 Timed Finals... (Event 17 Men 16 & Over 200 LC Meter Breaststroke)

| | | | | | | |
|----|---------------------------------|----|------------|---------|-------|-------|
| 1 | Mohamed Sameh Fathy | 16 | Ahly | 3:00.23 | _____ | _____ |
| 2 | Youssef Ahmed Elsayed | 16 | Elethead | 2:58.98 | _____ | _____ |
| 3 | Nour el Sayed Kamal el din | 16 | Al Tersana | 2:58.14 | _____ | _____ |
| 4 | Mohamed Hany Sameh Elnahry | 17 | Wadi Degla | 2:57.73 | _____ | _____ |
| 5 | Ahmed Sameh Adel | 16 | Cairo | 2:56.97 | _____ | _____ |
| 6 | Marawan Tarek Ehab | 16 | Ahly | 2:57.08 | _____ | _____ |
| 7 | Yassin Amro Mohamed Badr | 17 | Shooting | 2:58.02 | _____ | _____ |
| 8 | Yousief Hazem Mohamed Abd EL Ra | 18 | El Shams | 2:58.14 | _____ | _____ |
| 9 | Ahmed Wael Yahya Moustafa | 18 | Zamalek | 2:59.12 | _____ | _____ |
| 10 | Ibrhim Mostafa Mohamed | 18 | Talbeia | 3:00.26 | _____ | _____ |

Heat 10 of 19 Timed Finals

| | | | | | | |
|----|----------------------------------|----|----------------|---------|-------|-------|
| 1 | AbdelRahman Mohamed Sayed | 16 | El Obour | 2:55.75 | _____ | _____ |
| 2 | Omar Hazem | 16 | Zamalek | 2:55.20 | _____ | _____ |
| 3 | Mohamed Ramy | 17 | El Ghaba | 2:54.33 | _____ | _____ |
| 4 | Yahia Mostafa Gamal Eldeen Salem | 16 | Rowad | 2:53.07 | _____ | _____ |
| 5 | Omar Mohamed Omar Ibrahim | 17 | Smouha | 2:52.89 | _____ | _____ |
| 6 | Yasin Mohamed Abu Raya | 16 | Tanta | 2:52.90 | _____ | _____ |
| 7 | Amr Mohamed Hossam | 16 | Ahly | 2:53.12 | _____ | _____ |
| 8 | Gaser Mohamed el Shahat | 16 | Al Tersana | 2:54.47 | _____ | _____ |
| 9 | Ali Nader Ali Mohamed | 16 | Wadi Degla | 2:55.48 | _____ | _____ |
| 10 | Omar Mohammed Mahmoud | 17 | Hadak Al Ahram | 2:56.16 | _____ | _____ |

Heat 11 of 19 Timed Finals

| | | | | | | |
|----|-------------------------------|----|------------------------|---------|-------|-------|
| 1 | Aly Mostafa Tareef | 16 | Ahly | 2:52.64 | _____ | _____ |
| 2 | Yousef Mohamed Hashim Mohamed | 16 | Moasasa Riadia Askaria | 2:52.22 | _____ | _____ |
| 3 | Mahmoudm Tariq Mahmoud | 17 | Taleaa El Gish Club | 2:51.60 | _____ | _____ |
| 4 | Youssef Ahmed El Tahlawy | 16 | Ahly | 2:49.98 | _____ | _____ |
| 5 | Yasen Ahmed Hamed | 17 | Heliopolis | 2:49.39 | _____ | _____ |
| 6 | Mohamed Alaa Azouz | 16 | Ahly | 2:49.56 | _____ | _____ |
| 7 | Karim Mohamed Mahmoud | 16 | El Shrook | 2:50.81 | _____ | _____ |
| 8 | Ahmed Mohamed Soliman | 17 | Olympic | 2:52.08 | _____ | _____ |
| 9 | Omar Hatem Hassan | 16 | El Zohour | 2:52.40 | _____ | _____ |
| 10 | amr Ehab Fahmy | 20 | Wadi Degla | 2:52.66 | _____ | _____ |

Heat 12 of 19 Timed Finals

| | | | | | | |
|----|-------------------------------------|----|----------------|---------|-------|-------|
| 1 | Selim Ihab Ghali | 16 | Wadi Degla | 2:48.68 | _____ | _____ |
| 2 | Ahmed Mohmed Solyman Solyman | 17 | 6th | 2:47.81 | _____ | _____ |
| 3 | Mohamed Wael Abdala Abdelglil | 16 | Nasr City | 2:47.52 | _____ | _____ |
| 4 | Seif El Din Sameh Mostafa Abdel Azi | 18 | Hadak Al Ahram | 2:47.47 | _____ | _____ |
| 5 | Moaz Amr Gamal | 17 | Ahly | 2:46.49 | _____ | _____ |
| 6 | Omar Khairy Ali | 22 | Zamalek | 2:46.53 | _____ | _____ |
| 7 | Younis Mohamed Younis | 17 | Wadi Degla | 2:47.49 | _____ | _____ |
| 8 | Yassin Mohamed Mostafa | 18 | Zamalek | 2:47.61 | _____ | _____ |
| 9 | Ahmed Eslam Hossny | 16 | Wadi Degla | 2:48.48 | _____ | _____ |
| 10 | Mostafa Ashraf Awad Allah | 18 | Olympic | 2:49.14 | _____ | _____ |

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Heat 13 Timed Finals... (Event 17 Men 16 & Over 200 LC Meter Breaststroke)

| | | | | | | |
|----|------------------------------|----|--------------|---------|-------|-------|
| 1 | AbdAllah Ashraf | 19 | Smouha | 2:45.27 | _____ | _____ |
| 2 | Omar Hossam Moahmed | 19 | Pegasus Club | 2:44.95 | _____ | _____ |
| 3 | Adham Hesham Mohmed abd Alaa | 16 | Shooting | 2:44.75 | _____ | _____ |
| 4 | Bahy Mohy Mohamed | 17 | Zamalek | 2:44.31 | _____ | _____ |
| 5 | Abdlrhmn Amro Nshat Abdlghni | 16 | 6th | 2:43.68 | _____ | _____ |
| 6 | Youssef Mohamed Abd El Hamid | 17 | A S E C | 2:44.29 | _____ | _____ |
| 7 | Mohamed Hisham Beshr | 17 | Wadi Degla | 2:44.51 | _____ | _____ |
| 8 | Karim Kamal Ahmed Mostafa | 18 | 6th | 2:44.84 | _____ | _____ |
| 9 | Braa Ayman Ali | 17 | El Zohour | 2:45.16 | _____ | _____ |
| 10 | Abdalla Mohamed Imbaby | 17 | Ahly | 2:45.54 | _____ | _____ |

Heat 14 of 19 Timed Finals

| | | | | | | |
|----|--------------------------------|----|------------|---------|-------|-------|
| 1 | Yassin Hisham Nour | 16 | Smouha | 2:43.62 | _____ | _____ |
| 2 | Omar Ibrahim Mohamed | 17 | Ahly | 2:43.02 | _____ | _____ |
| 3 | Anas Moustafa Al Sayed Bayoumi | 17 | Heliolido | 2:41.91 | _____ | _____ |
| 4 | Darren Dimitrios Chin | 16 | Sporting | 2:41.59 | _____ | _____ |
| 5 | Ahmed Khaled Mamdouh | 19 | Ahly | 2:41.30 | _____ | _____ |
| 6 | Ahmed Emad Samir Hassan | 16 | Heliolido | 2:41.40 | _____ | _____ |
| 7 | Ali Mahmoud Salah ElDein Zaki | 17 | El Shams | 2:41.87 | _____ | _____ |
| 8 | Mohamed Ahmed Elryas | 17 | Zamalek | 2:41.98 | _____ | _____ |
| 9 | Mohab Mohamed Elsaid Moham | 18 | Smouha | 2:43.05 | _____ | _____ |
| 10 | Ahmed Wael Ibrahim | 17 | Wadi Degla | 2:43.64 | _____ | _____ |

Heat 15 of 19 Timed Finals

| | | | | | | |
|----|-----------------------------|----|------------|---------|-------|-------|
| 1 | Morad Yaser Hafez | 18 | Wadi Degla | 2:41.08 | _____ | _____ |
| 2 | Mohamed Emad Shaaban | 16 | Ahly | 2:40.75 | _____ | _____ |
| 3 | Abdalla Gasser AbdelLatif | 16 | Ahly | 2:40.68 | _____ | _____ |
| 4 | Yousif Ahmed Hamdy Borham | 17 | Smouha | 2:40.06 | _____ | _____ |
| 5 | Gamal Metwaly Gamal Mohamed | 18 | El Zohour | 2:39.90 | _____ | _____ |
| 6 | Youssef Tamer Mohamed Hamed | 16 | Wadi Degla | 2:39.93 | _____ | _____ |
| 7 | Ahmed Amr Magdy | 16 | Shooting | 2:40.23 | _____ | _____ |
| 8 | Eyad Osama Ramadan | 17 | Ahly | 2:40.75 | _____ | _____ |
| 9 | Youssef Ehab Mostafa | 16 | Ahly | 2:41.02 | _____ | _____ |
| 10 | Ahmade Hamed Abbaas | 16 | Talbeia | 2:41.22 | _____ | _____ |

Heat 16 of 19 Timed Finals

| | | | | | | |
|----|-----------------------------|----|------------|---------|-------|-------|
| 1 | Mazen Ismail Mohamed Ismail | 17 | Maadi | 2:39.52 | _____ | _____ |
| 2 | Hazem Amr Mohamed | 18 | Ahly | 2:38.93 | _____ | _____ |
| 3 | Eazz El Din Mohamed Khamis | 16 | Sporting | 2:38.49 | _____ | _____ |
| 4 | Belal Mohamed Abdel Wahab | 16 | Wadi Degla | 2:37.99 | _____ | _____ |
| 5 | Mohamed Walid Abdel Aziz | 16 | Elethead | 2:37.75 | _____ | _____ |
| 6 | Abd El Aziz Hanafe Ahmed | 20 | Talbeia | 2:37.79 | _____ | _____ |
| 7 | Mohamed Salem Essa | 16 | Heliopolis | 2:38.42 | _____ | _____ |
| 8 | Mohamed Mahmoud Attia | 16 | Wadi Degla | 2:38.76 | _____ | _____ |
| 9 | Abdla Mohmd Ahmd Ali Almhdi | 16 | 6th | 2:38.98 | _____ | _____ |
| 10 | Karim Ehab Abdel Kader | 19 | Zamalek | 2:39.71 | _____ | _____ |

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Heat 17 Timed Finals... (Event 17 Men 16 & Over 200 LC Meter Breaststroke)

| | | | | | | |
|----|----------------------------|----|------------|---------|-------|-------|
| 1 | Adhm Montser Kmaal | 16 | Shooting | 2:37.65 | _____ | _____ |
| 2 | Belal Hesham Mohamed | 21 | Ahly | 2:37.31 | _____ | _____ |
| 3 | Omar Ehab Elfaham | 17 | Sporting | 2:36.27 | _____ | _____ |
| 4 | Adham Hisham Nor | 18 | Smouha | 2:35.56 | _____ | _____ |
| 5 | Zeyad Karm Mohamdeen | 17 | Ahly | 2:34.88 | _____ | _____ |
| 6 | Ali Khaled Ahmed Mostafa | 18 | El Ghaba | 2:35.12 | _____ | _____ |
| 7 | Mahmoud Yasser AbdElFatah | 18 | A S E C | 2:36.19 | _____ | _____ |
| 8 | abd Elrahman Mohamed Bader | 16 | Al Tersana | 2:36.95 | _____ | _____ |
| 9 | Amr Mostafa Kodb | 18 | Smouha | 2:37.65 | _____ | _____ |
| 10 | Azz El Din Hany Nagy Ahmed | 16 | Shooting | 2:37.68 | _____ | _____ |

Heat 18 of 19 Timed Finals

| | | | | | | |
|----|-------------------------------|----|------------|---------|-------|-------|
| 1 | Abdelrahman Ashraf Abdelattif | 17 | Ahly | 2:33.35 | _____ | _____ |
| 2 | Khaled Hammad Mohamed | 17 | Wadi Degla | 2:31.16 | _____ | _____ |
| 3 | Yousef Adel Ramadan | 16 | El Shams | 2:30.98 | _____ | _____ |
| 4 | Selim Moh. Ahm. Moktar Hasan | 17 | El Gezira | 2:30.16 | _____ | _____ |
| 5 | Zeyad Mohamed Farou2 | 19 | A S E C | 2:28.86 | _____ | _____ |
| 6 | Mohamed Mashhour Yehia | 16 | Ahly | 2:29.25 | _____ | _____ |
| 7 | Ahmed Mohamed Amr | 17 | El Zohour | 2:30.84 | _____ | _____ |
| 8 | Mohaned LiwaaEldin Ali | 16 | Smouha | 2:31.11 | _____ | _____ |
| 9 | Ali El Din Tamer Mohamed Rezk | 17 | Tanta | 2:33.21 | _____ | _____ |
| 10 | Zeiad Khairy Ali | 19 | Zamalek | 2:33.78 | _____ | _____ |

Heat 19 of 19 Timed Finals

| | | | | | | |
|----|------------------------------------|----|---------------------|---------|-------|-------|
| 1 | Ahmed Ismail Mohamed Ismail Ibrail | 18 | Maadi | 2:28.56 | _____ | _____ |
| 2 | Mahmoud Maged Abo el Ela | 17 | Wadi Degla | 2:27.44 | _____ | _____ |
| 3 | Youssef Talal Mohamed | 19 | Ahly | 2:26.47 | _____ | _____ |
| 4 | Mohamed Ashraf Abdel Hay | 20 | Ahly | 2:23.41 | _____ | _____ |
| 5 | Abdulaziz Hassan A M Al-Obaidly | 20 | Qatar Swimming Team | 2:20.00 | _____ | _____ |
| 6 | Faris Mohamed Mashaly | 22 | Sporting | 2:22.52 | _____ | _____ |
| 7 | Karim Mohamed Samy | 18 | Ahly | 2:24.05 | _____ | _____ |
| 8 | Saif Ahmed abd Elmoniem Emarah | 18 | El Shams | 2:27.41 | _____ | _____ |
| 9 | Saif ELIDIn Sameh A.Elmoaez | 18 | Wadi Degla | 2:28.34 | _____ | _____ |
| 10 | Moahamed Sameh Moustafa Moham | 17 | Maadi | 2:28.80 | _____ | _____ |

Event 18 Women 16 & Over 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time | Finals | Place |
|------|------|-----|------|-----------|--------|-------|
|------|------|-----|------|-----------|--------|-------|

Heat 1 of 19 Timed Finals

| | | | | | | |
|---|-----------------------------------|----|------------|----|-------|-------|
| 3 | Rana Mohamed Tatek | 17 | El Ghaba | NT | _____ | _____ |
| 4 | Mennatalh Walid Elsayd Moh. Elban | 17 | El Gezira | NT | _____ | _____ |
| 5 | Nour Said Mohamed Abdel Galel | 16 | Senzo | NT | _____ | _____ |
| 6 | Zeina Tarek Taha | 17 | Wadi Degla | NT | _____ | _____ |
| 7 | Sama Ibrahim Abdel Wehab | 16 | Wadi Degla | NT | _____ | _____ |
| 8 | Malak Sherif Mohamed | 20 | Shooting | NT | _____ | _____ |

Heat 2 of 19 Timed Finals

| | | | | | | |
|----|----------------------------|----|-------------|----|-------|-------|
| 1 | Yasmen Samer Mahmoud | 18 | Ahly | NT | _____ | _____ |
| 2 | Mariam Mohamed Mohamed | 18 | Police Club | NT | _____ | _____ |
| 3 | Mariam Essam Mohamed Saber | 18 | Shooting | NT | _____ | _____ |
| 4 | Malak Mahmod Hassan | 16 | El Ghaba | NT | _____ | _____ |
| 5 | Rania Mohamed Mahmoud | 20 | El Zohour | NT | _____ | _____ |
| 6 | Farah Ehab Fo`ad Elhussin | 18 | Smouha | NT | _____ | _____ |
| 7 | Nour Islam Mohamed | 19 | Ahly | NT | _____ | _____ |
| 8 | Menatalla Ehab AlGaeiar | 20 | El Ghaba | NT | _____ | _____ |
| 9 | Gody Tarik Salah Elwilily | 16 | Smouha | NT | _____ | _____ |
| 10 | Dalia El Arabey | 22 | Smouha | NT | _____ | _____ |

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Heat 3 Timed Finals... (Event 18 Women 16 & Over 50 LC Meter Butterfly)

| | | | | | | |
|----|----------------------------------|----|-------------|----|-------|-------|
| 1 | Jana Mohamed Rashad | 16 | Helwan Club | NT | _____ | _____ |
| 2 | Mariam Ahmed Zekry | 16 | Police Club | NT | _____ | _____ |
| 3 | Asrar Ehab Al Sayed | 18 | El Ghaba | NT | _____ | _____ |
| 4 | Nariman Wael Abdelrahman | 17 | El Shams | NT | _____ | _____ |
| 5 | Malak Khaled Mostafa | 16 | Shooting | NT | _____ | _____ |
| 6 | Farida Amr Mohamed Abd El Moteli | 16 | Shooting | NT | _____ | _____ |
| 7 | Zeina Essam Mohamed | 22 | Shooting | NT | _____ | _____ |
| 8 | Hala Hany Mohamed | 19 | Police Club | NT | _____ | _____ |
| 9 | Sara Mohamed Hassan | 20 | Ahly | NT | _____ | _____ |
| 10 | Hana Hamdy Metwaly | 17 | El Zohour | NT | _____ | _____ |

Heat 4 of 19 Timed Finals

| | | | | | | |
|----|---------------------------|----|------------|----|-------|-------|
| 1 | Hana Hazem Mohamed | 17 | Heliopolis | NT | _____ | _____ |
| 2 | Malak Ahmed Helmy | 16 | Ahly | NT | _____ | _____ |
| 3 | Gana Ibrahim Abo Elhassan | 16 | Ahly | NT | _____ | _____ |
| 4 | Enjy Mohamed AboZid | 21 | Smouha | NT | _____ | _____ |
| 5 | Mariam Ahmed Taha ali | 19 | Zamalek | NT | _____ | _____ |
| 6 | Malak Saad Elkersh | 19 | Ahly | NT | _____ | _____ |
| 7 | Basmala amr aly | 17 | Olympic | NT | _____ | _____ |
| 8 | Dahb Magdy Kamal | 17 | Elethead | NT | _____ | _____ |
| 9 | Sama Mohamed Elsayed | 16 | Elethead | NT | _____ | _____ |
| 10 | Marim Zaky | 16 | Sporting | NT | _____ | _____ |

Heat 5 of 19 Timed Finals

| | | | | | | |
|----|---------------------------------|----|------------------------|----|-------|-------|
| 1 | Yara Ahmed Nasr | 17 | Moasasa Riadia Askaria | NT | _____ | _____ |
| 2 | Mariam Abdel-Rahman Sakr | 24 | Ahly | NT | _____ | _____ |
| 3 | Shahd Amin Mohamed Amin | 18 | Baladyat El Mahala | NT | _____ | _____ |
| 4 | Shorouk Mohamed Belal | 17 | Ahly | NT | _____ | _____ |
| 5 | Sawsan Wael Ahmed | 16 | Al Tersana | NT | _____ | _____ |
| 6 | Menatalah Amer Moh. Amer Sharaw | 22 | El Gezira | NT | _____ | _____ |
| 7 | Laila Hassan Mohamed | 17 | Elethead | NT | _____ | _____ |
| 8 | Nour Reda Mohmed | 16 | 15 May | NT | _____ | _____ |
| 9 | Gillan Essam Sayed EL Adly | 16 | El Shams | NT | _____ | _____ |
| 10 | Farah Abd Elmagid Mohamed | 17 | El Zohour | NT | _____ | _____ |

Heat 6 of 19 Timed Finals

| | | | | | | |
|----|-----------------------------|----|----------------|-------|-------|-------|
| 1 | Maya Khaled Nour Eldin | 16 | Palm Hills | NT | _____ | _____ |
| 2 | Zina Ahmed Nabil | 18 | Sporting | NT | _____ | _____ |
| 3 | Menna Alla Mohamed Moustafa | 16 | Zamalek | 47.03 | _____ | _____ |
| 4 | Hagar Nabil Ahmed | 17 | El Shrook | 45.46 | _____ | _____ |
| 5 | Meriam Khaled Hussein | 16 | Ahly | 43.92 | _____ | _____ |
| 6 | Salma Ahmed Kamal | 16 | Fayoum Club | 44.79 | _____ | _____ |
| 7 | Malak Amr Ali | 16 | Beni Suef Club | 46.97 | _____ | _____ |
| 8 | Jana Mahmoud Ibrahim | 16 | Zamalek | NT | _____ | _____ |
| 9 | Omeina Maysara Abdel Hamed | 20 | El Mekaweloun | NT | _____ | _____ |
| 10 | Dalia Ahmed Abdelsalam | 17 | 15 May | NT | _____ | _____ |

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Heat 7 Timed Finals... (Event 18 Women 16 & Over 50 LC Meter Butterfly)

| | | | | | | |
|----|----------------------------|----|----------------|-------|-------|-------|
| 1 | Manar Mohamed Amr Saad | 17 | Shooting | 40.85 | _____ | _____ |
| 2 | Mariam Mahmoud El Shawadfy | 16 | Ahly | 40.54 | _____ | _____ |
| 3 | Lana Mathias Levandovesky | 16 | El Gezira | 40.36 | _____ | _____ |
| 4 | Esraa Hatem Thabet | 17 | Talbeia | 39.78 | _____ | _____ |
| 5 | Janis Matta Fayez | 16 | Wadi Degla | 38.96 | _____ | _____ |
| 6 | Ghada Magdy Mohamed | 16 | Wadi Degla | 39.55 | _____ | _____ |
| 7 | Rowana Mohamed Kamal | 17 | Wadi Degla | 40.21 | _____ | _____ |
| 8 | Aya Mohamed Mahmoud | 17 | Hadak Al Ahram | 40.48 | _____ | _____ |
| 9 | Hana Adel Mohamed | 16 | Ahly | 40.79 | _____ | _____ |
| 10 | Rawan Islam Amr | 16 | Ahly | 41.79 | _____ | _____ |

Heat 8 of 19 Timed Finals

| | | | | | | |
|----|-----------------------------|----|-------------|-------|-------|-------|
| 1 | Sarah Hesham Abd El Hamid | 16 | 15 May | 38.79 | _____ | _____ |
| 2 | Rola Mohamed Saeed | 16 | Zamalek | 38.50 | _____ | _____ |
| 3 | Mona Adel Abdalla | 17 | Ahly | 38.34 | _____ | _____ |
| 4 | Kenzy Amr El Sayed | 16 | Tanta | 37.72 | _____ | _____ |
| 5 | Mariam Khaleed Moustafa | 19 | Zamalek | 37.06 | _____ | _____ |
| 6 | Nawal Yasser Sayed | 16 | El Obour | 37.42 | _____ | _____ |
| 7 | Arwa Sherif Mohamed Samy | 16 | Shooting | 38.19 | _____ | _____ |
| 8 | Logyne Haitham Saad Mahmoud | 16 | Wadi Degla | 38.37 | _____ | _____ |
| 9 | Salma Mohamed Ewees | 16 | Ahly | 38.61 | _____ | _____ |
| 10 | Salma Hossam al Deen Ahmed | 17 | Police Club | 38.79 | _____ | _____ |

Heat 9 of 19 Timed Finals

| | | | | | | |
|----|-----------------------------|----|---------------|-------|-------|-------|
| 1 | Yasmin Mohame ElSaid Ismael | 16 | Smouha | 37.01 | _____ | _____ |
| 2 | Haya Mohamed Asharaf Makram | 17 | El Shams | 36.37 | _____ | _____ |
| 3 | Leila Ahmed Ebrahim Ali Eid | 16 | Heliolido | 36.19 | _____ | _____ |
| 4 | Hana Hesham Saleh | 16 | Wadi Degla | 36.07 | _____ | _____ |
| 5 | Nour Abdel Hamed Sulttan | 20 | El Mekaweloun | 35.47 | _____ | _____ |
| 6 | Malak Ayman Said | 17 | Wadi Degla | 35.97 | _____ | _____ |
| 7 | Souhaila Mohamed Mostafa | 18 | El Zohour | 36.18 | _____ | _____ |
| 8 | Jana Alaa | 16 | Sporting | 36.35 | _____ | _____ |
| 9 | Jana Ahmed Hussien | 16 | Wadi Degla | 36.66 | _____ | _____ |
| 10 | Jana Ashraf | 16 | Sporting | 37.05 | _____ | _____ |

Heat 10 of 19 Timed Finals

| | | | | | | |
|----|--------------------------------|----|----------------|-------|-------|-------|
| 1 | Habiba Khaled Ahmed | 18 | Wadi Degla | 35.30 | _____ | _____ |
| 2 | Haya HossamEldin Kndel | 16 | Smouha | 35.25 | _____ | _____ |
| 3 | Salma Osama Kamal | 16 | Elethead | 35.00 | _____ | _____ |
| 4 | Nour Ahmed Samer | 16 | Sporting | 34.79 | _____ | _____ |
| 5 | Hana Ahmed Atia | 16 | Wadi Degla | 34.74 | _____ | _____ |
| 6 | Menatalla Mamdouh Khalel | 21 | Ahly | 34.75 | _____ | _____ |
| 7 | Monika Ayman Raaouf Eriyan | 17 | El Shams | 34.87 | _____ | _____ |
| 8 | Hana Ahmed Heseen | 17 | El Ghaba | 35.04 | _____ | _____ |
| 9 | Yara Mohamed Bauomy Abdel Rahm | 19 | Bank Ahly Geza | 35.28 | _____ | _____ |
| 10 | Sama Ahmed Ismail | 16 | Stad Tanta | 35.36 | _____ | _____ |

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Heat 11 Timed Finals... (Event 18 Women 16 & Over 50 LC Meter Butterfly)

| | | | | | | |
|----|---------------------------------|----|-----------|-------|-------|-------|
| 1 | Sherein Adel Raafat | 21 | Ahly | 34.52 | _____ | _____ |
| 2 | Nourhan Mohamed Moharam | 16 | Tanta | 34.45 | _____ | _____ |
| 3 | Habiba Safwat Saleh | 17 | El Zohour | 34.38 | _____ | _____ |
| 4 | Gana Akmal Nabil Ahmed Al Mazny | 19 | Shooting | 34.30 | _____ | _____ |
| 5 | Jomana Essam Ali | 17 | Smouha | 34.24 | _____ | _____ |
| 6 | Renad Khaled Mahmoud | 17 | Ahly | 34.29 | _____ | _____ |
| 7 | Khadiga Ahmed Arafat | 18 | Sporting | 34.31 | _____ | _____ |
| 8 | Rogada Mohamed Ibrahim | 17 | Ahly | 34.43 | _____ | _____ |
| 9 | Lama Hesham Wagdy | 20 | Ahly | 34.46 | _____ | _____ |
| 10 | Noran Wael Ali | 18 | Smouha | 34.62 | _____ | _____ |

Heat 12 of 19 Timed Finals

| | | | | | | |
|----|--------------------------|----|---------------|-------|-------|-------|
| 1 | Hagar Hamdy Abdel Gawad | 20 | Heliolido | 34.19 | _____ | _____ |
| 2 | Mariam amr Mohamed | 16 | Wadi Degla | 34.00 | _____ | _____ |
| 3 | Malak Tarek El Kady | 16 | Sporting | 33.92 | _____ | _____ |
| 4 | Sara Samir Sedky | 17 | Wadi Degla | 33.88 | _____ | _____ |
| 5 | Malak Mostafa Beshir | 16 | Ahly | 33.81 | _____ | _____ |
| 6 | Malak Hasan Moh. Elhoshy | 16 | El Gezira | 33.82 | _____ | _____ |
| 7 | Salma Hesham Mohamed | 17 | Zamalek | 33.90 | _____ | _____ |
| 8 | Habiba Hany Ali | 17 | El Shams | 33.96 | _____ | _____ |
| 9 | Nour Amr Ibrahim | 20 | Sporting | 34.14 | _____ | _____ |
| 10 | Malak Abd Elaziz Zanaty | 17 | El Mekaweloun | 34.20 | _____ | _____ |

Heat 13 of 19 Timed Finals

| | | | | | | |
|----|-------------------------------|----|----------------|-------|-------|-------|
| 1 | Aida Ahm. Mohssin Abd Elrazek | 16 | El Gezira | 33.69 | _____ | _____ |
| 2 | Hana Tarek Fared | 18 | Shooting | 33.54 | _____ | _____ |
| 3 | Lana Mohamed Fathy | 17 | Ahly | 33.39 | _____ | _____ |
| 4 | Zahwa Mohsen Sayed | 16 | Ahly | 33.09 | _____ | _____ |
| 5 | Lobna Ahmed Khalifa | 17 | Bank Ahly Alex | 32.94 | _____ | _____ |
| 6 | Malak Sameh Mohamed | 18 | Ahly | 32.94 | _____ | _____ |
| 7 | Sharouk Yehya Ibrahim | 18 | El Ghaba | 33.24 | _____ | _____ |
| 8 | Salma Tarek Shehata Ahmed | 18 | Smouha | 33.40 | _____ | _____ |
| 9 | Reem Mohamed Ibrahim | 16 | Zamalek | 33.55 | _____ | _____ |
| 10 | Meran Mohammed Ramadan | 16 | Talbeia | 33.76 | _____ | _____ |

Heat 14 of 19 Timed Finals

| | | | | | | |
|----|-----------------------------------|----|----------------|-------|-------|-------|
| 1 | Malk Mamduh Hammad | 18 | Heliopolis | 32.75 | _____ | _____ |
| 2 | Nour Ayman Abdel Hafeiz | 18 | Shooting | 32.64 | _____ | _____ |
| 3 | Ranheil Moataz Ballah Ali Ibrahim | 18 | Zamalek | 32.46 | _____ | _____ |
| 4 | Wessam Kamal Mohamed | 19 | 15 May | 32.36 | _____ | _____ |
| 5 | Habiba Ayman Mahmoud Hamdy | 17 | Bank Ahly Alex | 32.22 | _____ | _____ |
| 6 | Habiba Khalid Ebrahiem | 16 | Tawfekaya | 32.24 | _____ | _____ |
| 7 | Hams Sameh Afify Matwaly | 16 | Wadi Degla | 32.37 | _____ | _____ |
| 8 | Malak Waled Essam Shabana | 17 | Smouha | 32.46 | _____ | _____ |
| 9 | Gana Mohamed Abd ElSamed Abass | 16 | Shooting | 32.69 | _____ | _____ |
| 10 | Shahd Mohamed Ismael | 16 | Smouha | 32.84 | _____ | _____ |

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Heat 15 Timed Finals... (Event 18 Women 16 & Over 50 LC Meter Butterfly)

| | | | | | | |
|----|-------------------------------------|----|------------|-------|-------|-------|
| 1 | Malak Mohamed Mhmoud Hamad | 16 | Smouha | 32.06 | _____ | _____ |
| 2 | Nelly Elgmal Moh. Sayd Mostafa Elgr | 17 | El Gezira | 32.05 | _____ | _____ |
| 3 | Khadiga Nabil Ebrahim | 17 | Shooting | 32.01 | _____ | _____ |
| 4 | Aisl Magd El Sayed | 21 | Ahly | 31.97 | _____ | _____ |
| 5 | Razan Ahmed Hosny | 17 | Wadi Degla | 31.91 | _____ | _____ |
| 6 | Kenzy Ahmed Ali | 18 | Ahly | 31.94 | _____ | _____ |
| 7 | Hagar Hassan Abdel Rhman | 18 | Talbeia | 31.99 | _____ | _____ |
| 8 | Farah Mohammed Abd Rabbo | 16 | Wadi Degla | 32.02 | _____ | _____ |
| 9 | Malak Mohamed Mohamed Ali | 18 | Maadi | 32.06 | _____ | _____ |
| 10 | Rahaf Ahmed Esmaeel | 16 | Zamalek | 32.08 | _____ | _____ |

Heat 16 of 19 Timed Finals

| | | | | | | |
|----|-----------------------------|----|---------------------|-------|-------|-------|
| 1 | Jana Mohamed Abdel Fattah | 17 | Taleaa El Gish Club | 31.87 | _____ | _____ |
| 2 | Rodaina Khaled Mohamed | 19 | Ahly | 31.77 | _____ | _____ |
| 3 | Mena Mohamed Abd Elrhem | 16 | El Nasr Club | 31.50 | _____ | _____ |
| 4 | Tasnem Mohamed Mohamed Gala | 17 | Smouha | 31.36 | _____ | _____ |
| 5 | Noor Moh. Samer Eleesh | 19 | El Gezira | 31.31 | _____ | _____ |
| 6 | Malak Khaled Abdel Aziz | 16 | Ahly | 31.33 | _____ | _____ |
| 7 | Ranim Mohamed Wagih | 19 | Bank Ahly Alex | 31.45 | _____ | _____ |
| 8 | Rouaa Ahmed Ibrahim | 17 | Rowad | 31.60 | _____ | _____ |
| 9 | Kinzy Shref Gabr | 18 | Heliopolis | 31.80 | _____ | _____ |
| 10 | Maia Ashraf Hakam | 18 | Wadi Degla | 31.90 | _____ | _____ |

Heat 17 of 19 Timed Finals

| | | | | | | |
|----|-------------------------------|----|------------|-------|-------|-------|
| 1 | Lojaina Khaled Mohamed Morsi | 17 | Heliolido | 31.25 | _____ | _____ |
| 2 | Farah Tarek Hassan | 17 | Heliopolis | 31.20 | _____ | _____ |
| 3 | Nadin Adam Ahmed Foad Mohamed | 18 | El Shams | 31.15 | _____ | _____ |
| 4 | Habiba Ayman Moustafa Safwat | 17 | Maadi | 30.99 | _____ | _____ |
| 5 | Mariam Emad Hamed Motaweia | 18 | Zamalek | 30.61 | _____ | _____ |
| 6 | Allaa Ashraf Fekry | 21 | 6th | 30.69 | _____ | _____ |
| 7 | Malak Mohamed Mahmoud Gaber | 16 | Maadi | 31.11 | _____ | _____ |
| 8 | Rola Abo El Naga El Sayed | 17 | A S E C | 31.18 | _____ | _____ |
| 9 | Hanya Hossam Nabil El Cotory | 24 | El Gezira | 31.20 | _____ | _____ |
| 10 | Lougin Yousief Ahmed Yousie | 18 | El Shams | 31.30 | _____ | _____ |

Heat 18 of 19 Timed Finals

| | | | | | | |
|----|----------------------------|----|------------|-------|-------|-------|
| 1 | Nour Mohamed Hossain | 16 | Shooting | 30.58 | _____ | _____ |
| 2 | Souhaila Abou El Mgd Ahmed | 20 | 6th | 30.51 | _____ | _____ |
| 3 | Shahd Yasser | 19 | Smouha | 30.28 | _____ | _____ |
| 4 | Fatma Mohamed Klel Ebrahim | 17 | 6th | 30.15 | _____ | _____ |
| 5 | Kanzy Hesham Rashad | 18 | Shooting | 29.95 | _____ | _____ |
| 6 | Rawan Wael | 16 | Ahly | 30.15 | _____ | _____ |
| 7 | Yasmin Mamdouh Mahmoud | 22 | Ahly | 30.21 | _____ | _____ |
| 8 | Malak Khaled Ahmed Zayan | 20 | Smouha | 30.35 | _____ | _____ |
| 9 | Lian Shady Sabry | 17 | Heliopolis | 30.56 | _____ | _____ |
| 10 | Dana Tamer Shafiq | 18 | Heliopolis | 30.60 | _____ | _____ |

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| | | | | | | |
|----|---------------------------------|----|------------|-------|-------|-------|
| 1 | Jana Khalid | 17 | Sporting | 29.76 | _____ | _____ |
| 2 | Amina Magdy Mohamed El Sebeilgy | 28 | Heliopolis | 29.58 | _____ | _____ |
| 3 | Rodaina Mohamed Saad | 16 | Wadi Degla | 29.33 | _____ | _____ |
| 4 | Hana Waled Hassan Tolba | 16 | El Shrook | 28.95 | _____ | _____ |
| 5 | Farida Ayman Samra | 17 | Shooting | 28.60 | _____ | _____ |
| 6 | Nour Mohamed Ibrahim Ali | 16 | Smouha | 28.73 | _____ | _____ |
| 7 | Hedy Amr Moustafa Hamouda | 22 | Heliopolis | 29.30 | _____ | _____ |
| 8 | Mayar Mohamed Gaber | 20 | Ahly | 29.56 | _____ | _____ |
| 9 | Norhan Mohamed Mohei El din | 18 | Smouha | 29.65 | _____ | _____ |
| 10 | Rewida Hisham Tolba Ibrahim | 26 | Ahly | 29.86 | _____ | _____ |