

National Masters Cup 2020-2021 - 12-Nov-20 to 14-Nov-20

Meet Program - 14 -11-2020 Morning

Event 41 Men 20 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

3	Nadeem Naser El Din Fawzy	20	TANTA	NT
4	Haitham El Shazly	30	Sporting	NT
5	Ahmed Hamdy Salem	28	AHLY	NT

Heat 2 of 4 Finals

1	Amr Mohamed Al Akad	31	HELOP	NT
2	Mohamed Elsayed Aboelwafa	38	Canal El Suez	NT
3	Wael Elmy Sayed	41	ZOHUR	NT
4	Kamal Fouad Hanafey	42	SMOHA	NT
5	Ahmad Mostafa Fahmy	41	SHOOT	NT
6	Karim Saad Ibrahim	39	SHOOT	NT
7	Sheref Adel Ramses	36	HELOP	NT
8	Omar Abd El Maged El Akad	31	HELOP	NT

Heat 3 of 4 Finals

1	Ashraf Mohammad Saed	45	SHOOT	NT
2	Karim Assem Moh. Abou El E	49	GEZIR	NT
3	Waleed Hassan Hussien Zaye	50	SHOOT	NT
4	Mohsan Abou Alwafa	58	Sporting	NT
5	Khaled Hossny Abdel Salan	54	SHOOT	NT
6	Hesham Hany Elbon	50	Canal El Suez	NT
7	Mohamed Mahmoud Fahmy	46	SHOOT	NT
8	Emad El Din Yosef Mostafa	45	SHOOT	NT

Heat 4 of 4 Finals

1	Osama Ahmad Momtaz	60	SHOOT	NT
2	Attef Fouad Eshak	65	SHOOT	NT
3	Maged Mahmoud Kamel	70	SHOOT	NT
4	Kamal Metwaly Mandour	73	Canal El Suez	NT
5	Khamis Eladawy	73	Sporting	NT
6	Saleh Mandour	66	Canal El Suez	NT
7	Amr Abdellateif El Ghayesh	63	MAADI	NT
8	Ashraf Abdelmenam	58	Canal El Suez	NT

Event 42 Women 20 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

4	Mai Attef Abd El Fattah	29	AHLY	NT
5	Sylvia Georges Wadie Kamel	25	HELDO	NT

Event 43 Men 20 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Finals

1	AbdElRahman Nabel AbdElM	21	GHABA	NT
2	Marawan Esam Esmail	23	Gezira El Ward	NT
3	Mohameed Mohab Abd Elrau	25	HELOP	NT
4	Mahmoud Mohamed Farag	25	AHLY	NT
5	Nour Esam Esmail	25	Gezira El Ward	NT
6	Omar Khaled Hussin Neamat	25	SHOOT	NT
7	Saif Eldin Samy Abdelhakim	23	SHOOT	NT

Heat 2 of 13 Finals

1	Tarek Elsayed Mohamad	28	SHOOT	NT
2	Omar Hasham	29	Sporting	NT
3	Ahmed Abou Bakr Souliman	31	AHLY	NT
4	Mahmoud Khaled Kamal	32	AHLY	NT
5	Adham El-Huseen El-Bassam	32	GHABA	NT
6	Amr Mostafa Kamal	30	AHLY	NT
7	Ayman Mohamed Mokhta	28	SHOOT	NT
8	Mahmoud Abo Eita	25	AHLY	NT

Heat 3 of 13 Finals

1	Ahmed Ibrahim Aboutaleb	33	ZOHUR	NT
2	Ahmad Adel Elsayed Shalaby	33	SHOOT	NT
3	Ahmed Salah Abdu Nada	34	AHLY	NT
4	Eslam Hani Abdou	34	HELOP	NT
5	Salah Eldin Said Sabry	34	AHLY	NT
6	Ehsan Mohamed Gomah	34	Nasr City	NT
7	Ahmed Mohamed el Saghir	33	Nasr City	NT
8	Shady Tarik Sayed Hafeiz	32	SHOOT	NT

Heat 4 of 13 Finals

1	Mohamed Ali Elatreby	35	AHLY	NT
2	Mohamed Al Sayed Yosry	36	SHOOT	NT
3	Abd Elwahab Adel abd Elwah	37	Cairo	NT
4	Yasser Ahmed Amin	38	Canal El Suez	NT
5	Mohamed Elmy Sayed	37	ZOHUR	NT
6	Mohamed Shafiee Shazly	36	SHAMS	NT
7	Khaled Mahmoud Tawacoul	35	SHOOT	NT
8	Mahmoud Moussa	35	Sporting	NT

Heat 5 of 13 Finals

1	Walid Ahmed Badr Radwan	39	SHOOT	NT
2	Karim Saad Ibrahim	39	SHOOT	NT
3	Hazem Abdelrahman Moham	41	SHAMS	NT
4	Mohamad Mahmoud Moham	41	SHOOT	NT
5	Mohamed Ahmad Hany Yosse	41	SHOOT	NT
6	Wael Elmy Sayed	41	ZOHUR	NT
7	Mohamed Ahmed Gamal Eldi	39	AHLY	NT
8	Ayman Khatab	38	Sporting	NT

Heat 6 of 13 Finals

1	Ahmed Abdelfattah Ahmed	41	AHLY	NT
2	Nagi Abdelaziz Gomaa	44	Gezira El Ward	NT
3	Ahmad Abdelrahman Bendar	45	SHOOT	NT
4	Tamer Zeinhoum	46	AHLY	NT
5	Mohamed Mahmoud Fahmy	46	SHOOT	NT
6	Gaser Mohamed Mahmoud	44	YAKHT	NT
7	Ibrahim Ahmed Hafeiz	44	HELOP	NT
8	Abd Elmoneim Khalaf	41	Sporting	NT

Heat 7 of 13 Finals

1	Tamer Samir Ismail	47	SHOOT	NT
2	Omar Mohamed Azouz	47	MAADI	NT
3	Karim Mohamed Elsokary	47	AHLY	NT
4	Khaled Salah El Din Mohame	49	SHOOT	NT
5	Ahmed M Aly Yossef	48	TANTA	NT
6	Tharwat Maher	47	AHLY	NT
7	Yaser Aseim Mahmoud	47	HELOP	NT
8	Ahmed Ezz Eldin Moh. Essa	46	GEZIR	NT

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Heat 8 Finals (#43 Men 20 & Over 100 LC Meter Breaststroke)

1	Khaled Abdel Hamed Solimar	50	Nasr City	NT
2	Haitham Sharnoby	50	Sporting	NT
3	Tarik Soultan Abou Ali	51	HELOP	NT
4	Sherif Al Coutb Ahmed	53	AHLY	NT
5	Yasser Saed Aly Ahmad Khali	53	SHOOT	NT
6	Amr Mohamed Samy Abdel K	51	SHOOT	NT
7	Ahmed Faytourney	50	Sporting	NT
8	Yaser Abdelaal	50	AHLY	NT

Heat 9 of 13 Finals

1	Mohamed Farouk Twfeek	54	SMOHA	NT
2	Nabil Kamal Ibrahim	57	SHAMS	NT
3	Hany Aziz Sedky	57	SHOOT	NT
4	Abdalla Mahmoud Khalil Eln	59	GEZIR	NT
5	Hossam Saad Hana Saad	57	GEZIR	NT
6	Hosam El Den Tanawy	57	HELOP	NT
7	Hany Youseif Al Meseiry	56	MAADI	NT
8	Waleed Mahmoud Diab	53	SHOOT	NT

Heat 10 of 13 Finals

1	Samy Wahby Sief	63	HELOP	NT
2	Ahmed Mohamed Bazaraa	64	HELOP	NT
3	Mohamed Sherif Amin Samy	64	MAADI	NT
4	Yaseer Mohamed Mounir	64	ZMALK	NT
5	Mohamed Galal El Din Farag	64	AHLY	NT
6	Abdel Aziz Mohamed Hashim	64	HELOP	NT
7	Mohamed Essam Eldin Ibrahi	63	HELOP	NT
8	Mostafa Hassan Abou El Foto	62	SHOOT	NT

Heat 11 of 13 Finals

1	Ahmed Mohamed Khairat	66	SHOOT	NT
2	Mohamed Mosaad Fayed	68	HELOP	NT
3	Mohssein Abdel Kawy Al Hou	69	AHLY	NT
4	Taher Khaled Mohamed Abou	70	SHOOT	NT
5	Ibrahim Ahmed Zaki	70	HELOP	NT
6	Adel Mohamad Yakout	68	SMOHA	NT
7	Mohamed Abdelfatah Moham	67	SHOOT	NT
8	Elsayed Hassan Aboelwafa	66	Canal El Suez	NT

Heat 12 of 13 Finals

1	Abdel Sameia Abdel Hakim A	70	MAADI	NT
2	Ahmad Abdelatef EL Ghazaly	73	SHOOT	NT
3	Said Ahmed Kamal	76	AHLY	NT
4	Yousef Anwar Ahm. Wahsh	76	GEZIR	NT
5	Mohamed Refaat Ahmed Refe	76	AHLY	NT
6	Mohamed Abdelfatah	75	Sporting	NT
7	Ahmed Hany Yosef Ezz El Din	71	SHOOT	NT
8	Mohamed Hassan Mahmoud	70	AHLY	NT

Heat 13 of 13 Finals

1	Mahmoud Mohamed Ali	78	AHLY	NT
2	Housam Zaki Fahmy	79	GEZIR	NT
3	Mohamed Salah El Din Morta	80	SHOOT	NT
4	Al Sayed Mohamed Ahmed	88	SHOOT	NT
5	Baheig Boshra Meikhaeil	80	HELOP	NT
6	Mostafa Mohamed Rashad	79	AHLY	NT
7	Salah El Din Mostafa Al Saba	78	SHOOT	NT
8	Mosaad Hassan Shehab	77	SHOOT	NT

Event 44 Women 20 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1	May Shref Emam	23	HELOP	NT
2	Dalia Samier Ahmed	28	AHLY	NT
3	Sara Ebrahim	28	SMOHA	NT
4	Sara Hasheim Mohamed Abo	29	SHOOT	NT
5	Yasmin Hussein	28	Sporting	NT
6	Asmaa Mohamed Fekry	28	ZMALK	NT
7	Rewida Hesham Tolba	25	AHLY	NT
8	Haidy Ashraf Farouk	22	ZOHUR	NT

Heat 2 of 6 Finals

1	Aya Ezzeddin Abdelhamed	32	SHOOT	NT
2	Nadien Adel Ageb Wasef	32	SHAMS	NT
3	Basant Mohamed Shabaan	33	SMOHA	NT
4	Sara Adel Mahros Mahmoud	34	SHOOT	NT
5	Yasmin Moh. Foad Nassar	33	GEZIR	NT
6	Nada Mohamed Eman	33	Sporting	NT
7	Hend Mohamad Bahaa Eldin	32	SHOOT	NT
8	Noha Ahmad Abd El Azez	30	HELOP	NT

Heat 3 of 6 Finals

1	Omneya Tarif	36	Sporting	NT
2	Sohad Shaaban Abd Rabo	38	HELOP	NT
3	Shreen Magdy Zaky	39	SMOHA	NT
4	Yasmin Hamdy	40	Sporting	NT
5	Sara Adel Yassin	39	AHLY	NT
6	Nehal Moh. Ahmed Nashed	38	GEZIR	NT
7	Heba Mamdouh Ali	37	AHLY	NT
8	Riham Maher Loutfy Elsid	36	GEZIR	NT

Heat 4 of 6 Finals

1	Eman Ahm. Ateef Abd Elbaky	41	GEZIR	NT
2	Mariam Mahmud Mostafa	43	SHOOT	NT
3	Salma Mohamed Hassan	44	MAADI	NT
4	Jozyan Raouf Hakim	49	HELOP	NT
5	Soha Chahine	49	Sporting	NT
6	Rasha Magdy	43	AHLY	NT
7	Doneia Ahmed Mohamed Al I	42	SHOOT	NT
8	Samaa Sultan	41	Sporting	NT

Heat 5 of 6 Finals

1	Olga Monikeif	52	Sporting	NT
2	Wesam Ahmed Mohamed Ha	54	HELOP	NT
3	Angred Wezman	57	GEZIR	NT
4	Neven Ramez Al Nagar	60	HELOP	NT
5	Lameia Ahmed Maher	59	GEZIR	NT
6	Elham Mostafa Esmail	57	HELOP	NT
7	Noha Mahmoud Deiab	53	SHOOT	NT
8	Sheren Mohamad Afify	51	SHOOT	NT

Heat 6 of 6 Finals

1	Mona Mostafa Kamel	63	HELOP	NT
2	Mona Kamel Youseif	66	HELOP	NT
3	Nadya Zakareia El Araby	74	GEZIR	NT
4	Suzanne Chalhoub	77	Sporting	NT
5	Madiha Mohamed Sherif	77	HELOP	NT
6	Douriea Ahmed Nazzmy	69	MAADI	NT
7	Neven Mohamed Khlel Salah	64	GEZIR	NT
8	Jehan Ismaeil Ahmed Metwal	63	SHOOT	NT

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Event 45 Men 20 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Finals				
3	Ahmed Shehab Ahmed Saleh	20	GEZIR	NT
4	Mohamed Nour Ibrahim	25	AHLY	NT
5	Hany Ahmed Hisham Moham	24	HELOP	NT
Heat 2 of 7 Finals				
2	Marwan Gamal Mahmoud Tol	28	SHOOT	NT
3	Ahmed Hamdy Salem	28	AHLY	NT
4	Mohammad Waheed Hussein	30	SHOOT	NT
5	Amro Essam Aly Abd El Naby	29	GEZIR	NT
6	Mohamed Hesham Mohamed	28	Gezira El Ward	NT
7	Mostafa Yaser Mohamed	25	HELOP	NT
Heat 3 of 7 Finals				
1	Hosam Mohammad Alghazaly	31	SHOOT	NT
2	Amr Samy Ahmed Farouk	34	ZOHUR	NT
3	Loai R Ismael Hafez	35	TANTA	NT
4	Mohamed Al Sayed Yosry	36	SHOOT	NT
5	Sheref Adel Ramses	36	HELOP	NT
6	Ahmed Hafez Sharaf Eldeen	34	ZOHUR	NT
7	Eslam Ahmad Mohamad	32	SHOOT	NT
8	Aslam Mohamed Mahde	31	Nasr City	NT
Heat 4 of 7 Finals				
1	Khaled Mahmoud Elsayed	37	SHOOT	NT
2	Karim Saad Ibrahim	39	SHOOT	NT
3	Mohamed Ahmed Ibrahim	40	Nasr City	NT
4	Nagi Abdelaziz Gomaa	44	Gezira El Ward	NT
5	Karim Yosry Mahmoud Alla	41	SHOOT	NT
6	Adnan Hesham Omar	40	SHOOT	NT
7	Mahmoud Hossein Mahmoud	39	Nasr City	NT
8	Ibrahim Ahmed Ibrahim	36	Nasr City	NT
Heat 5 of 7 Finals				
1	Hossam Elden Hussien	44	Cairo	NT
2	Ahmed E Abdelaziz Elsharif	46	TANTA	NT
3	Ahmed Mohamed Samy Abde	47	SHOOT	NT
4	Ahmed Adel Talaat Noaman	51	SHOOT	NT
5	Nezar Ahm. Abdel Rahman F	50	GEZIR	NT
6	Hany M Farouk Abdelhmed	46	TANTA	NT
7	Mohamed Abdelhamid Elebic	45	AHLY	NT
8	Ibrahim Ahmed Hafeiz	44	HELOP	NT
Heat 6 of 7 Finals				
1	Amin Ahmed Amin Amer	54	AHLY	NT
2	Waled Mohamed Fathy	56	HELOP	NT
3	Osama Ahmad Momtaz	60	SHOOT	NT
4	Attef Fouad Eshak	65	SHOOT	NT
5	Ibrahim Ahmed Elayady	64	Canal El Suez	NT
6	Tarik Mohamed Abaza	59	AHLY	NT
7	Ashraf Hamdy Zeiyada	54	SHOOT	NT
8	Zahran Abdel Aziz Zahran	51	SHOOT	NT

Heat 7 of 7 Finals

1	Adel Mohamad Yakout	68	SMOHA	NT
2	Ghareib Atteya Ahmed	72	Canal El Suez	NT
3	Ahmad Abdelatef EL Ghazaly	73	SHOOT	NT
4	Baheig Boshra Meikhaeil	80	HELOP	NT
5	Ahmed Moh. Abdel Baset	78	GEZIR	NT
6	Hatem Omar Sedk	72	SHOOT	NT
7	Shrief Zohair	70	AHLY	NT
8	Ali Selim Al Halaby	67	HELOP	NT

Event 46 Women 20 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1	Farah Khaled	21	Sporting	NT
2	Nour Hany Abu Elazm	24	Sporting	NT
3	Dalia Hossam Elsabagh	26	SHOOT	NT
4	Mona Mostafa Sayed	29	AHLY	NT
5	Shaymaa Elsayd	28	SMOHA	NT
6	Farah Omar Abo Raia	25	HELOP	NT
7	Alaa Sadik Mahmoud Ragh	23	SHAMS	NT
8	Nataly Medhat Souliman	21	SHAMS	NT
Heat 2 of 3 Finals				
1	Sherok Sherif Al Shenawy	36	MAADI	NT
2	Omnia Fakhry	38	AHLY	NT
3	Rehab Sabry Zekry	40	SMOHA	NT
4	Maha Abdel Rahman Moham	45	MAADI	NT
5	Amal Mohamed Abdelmonem	42	SHOOT	NT
6	Hoda Moh.Fouad Al Redy	39	GEZIR	NT
7	Nashwa Moteia Abas	36	AHLY	NT
8	Hanaa Dowidar	35	Sporting	NT
Heat 3 of 3 Finals				
1	Rania Sami	49	Sporting	NT
2	Seham Abdel Monaem Ahmei	57	GEZIR	NT
3	Neven Mohamed Khlel Salah	64	GEZIR	NT
4	Souher Al Atar Anwar Al Atar	71	GEZIR	NT
5	Douriea Ahmed Nazzmy	69	MAADI	NT
6	Rawiea Mohamed Asaad	64	SHOOT	NT
7	Sherien Ali Sery	54	HELOP	NT
8	Salam Taha Houssein	49	SHOOT	NT