

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 19/10/2020 Morning

## Event 29 Men 13 &amp; Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 13 Timed Finals</b>						
2	el Mostafa Mostafa Eashur	14	El Seka El Hadid	NT	_____	_____
3	Ahmed Mohamed Elhadary	15	Canal El Suez	NT	_____	_____
4	Evad Waleed Shanan	17	Maadi	NT	_____	_____
5	Adham Khalid Ahmed	13	M.S Tagamoa	1:20.96	_____	_____
6	Marwan Ahmed Elamrawy	25	Sporting	NT	_____	_____
7	Omar el Saied abd el Eziz	14	El Seka El Hadid	NT	_____	_____
8	Omar Mohamed Hossny Afify	15	Esf	NT	_____	_____
<b>Heat 2 of 13 Timed Finals</b>						
1	Mazen Mabrouk Farag	13	M.S Tagamoa	1:18.61	_____	_____
2	Ahmed Hazem Ibrahim	13	Enppi	1:13.18	_____	_____
3	Mohamed Nagv Abd Elallah	13	El Nasr Club	1:10.90	_____	_____
4	Ahmed Mahmoud Abdullah	16	M.S Tagamoa	1:10.11	_____	_____
5	Abd Elrahman Saad Mostafa	13	Al Tersana	1:08.75	_____	_____
6	Abdalla Amr Essa	13	Canal El Suez	1:09.93	_____	_____
7	Ziad Ahmed abd Elhamid	14	Enppi	1:10.67	_____	_____
8	Zain AboElfotouh Elkilany	14	Royal	1:11.28	_____	_____
9	Mohamed Adel Abdullah Mmoham	15	M.S Tagamoa	1:14.13	_____	_____
10	Easim Mohamed Eabdallah	14	El Seka El Hadid	1:19.07	_____	_____
<b>Heat 3 of 13 Timed Finals</b>						
1	Mohamed Hanv Fekry	14	El Nasr Club	1:08.29	_____	_____
2	Abdel Aziz Yousery Abdel Aziz	15	El Nasr Club	1:07.51	_____	_____
3	Badr Reda Badr	15	15 May	1:06.75	_____	_____
4	Moamen Mohamed Faisal	14	Al Tersana	1:06.32	_____	_____
5	Abdul Rahman Amr Salah Mahmoud	16	Senzo	1:05.52	_____	_____
6	Youssef Mohamed Abd ElRahman Abu	14	Heliolido	1:05.81	_____	_____
7	Mohamed Hamdy Mohamed	13	El Obour	1:06.43	_____	_____
8	Zyad Ayman Fouad	16	El Nasr Club	1:07.17	_____	_____
9	Mahmoud Hazem Mahmoud Elghzawy	14	El Nasr Club	1:07.99	_____	_____
10	Mohamed Emad Maher	14	Senzo	1:08.66	_____	_____
<b>Heat 4 of 13 Timed Finals</b>						
1	Mohab Ehab Halme	13	Tagamoa Heljhts	1:05.23	_____	_____
2	Yousef Ahmed Shehata Mohamed	22	Zamalek	1:04.86	_____	_____
3	Ahmaed Abdeulnaser Mohamed	16	Royal	1:04.68	_____	_____
4	Nizar Amir Ahmed Al Saved	14	Senzo	1:04.24	_____	_____
5	Alv Osama Samer Eldhshan	16	El Gezira	1:03.14	_____	_____
6	Mohamed Nasr Ahmed	13	15 May	1:04.06	_____	_____
7	Youssef Tawfik Hamdy Tawfik	14	Senzo	1:04.66	_____	_____
8	Zavad Badr Fathallah	15	M.S Tagamoa	1:04.77	_____	_____
9	Abdelrahman Medhat Ahmed	15	15 May	1:04.98	_____	_____
10	Ahmed Osama Fouad	16	El Obour	1:05.45	_____	_____

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**Heat 5 Timed Finals... (Event 29 Men 13 & Over 100 LC Meter Freestyle)**

1	Yosif Moh. Fawzi Moh. Kandel	15	El Gezira	1:03.10	_____	_____
2	Ahmed Mosaad AboASerie	14	15 May	1:02.69	_____	_____
3	Ali Adel Abdel Razik	14	El Obour	1:02.64	_____	_____
4	Mohamed Ahmed Mahrous Mohame	16	El Obour	1:02.29	_____	_____
5	Belal Tamer Abas	15	Canal El Suez	1:02.16	_____	_____
6	Loay Amgad el Mongy	15	Al Tersana	1:02.28	_____	_____
7	Mohamed Yasser Abdel Aziz El Seddik	18	Heliolido	1:02.51	_____	_____
8	Sohaeib Avman Samir	14	Canal El Suez	1:02.66	_____	_____
9	Mohamed Sherif Mostafa Ali	16	Tawfekaya	1:03.01	_____	_____
10	Mohamed Hassan Mohamed	16	15 May	1:03.11	_____	_____

**Heat 6 of 13 Timed Finals**

1	Ahmed Akram Mohamed	17	El Zohour	1:01.65	_____	_____
2	Ead Ahmed Farowk	16	Nasr City	1:01.35	_____	_____
3	Yosef Ismail Atef	16	Canal El Suez	1:00.90	_____	_____
4	abd Elrahman Mohamed Bader	15	Al Tersana	1:00.30	_____	_____
5	Karim Wael Abdala Abdelgelil	15	Nasr City	59.89	_____	_____
6	Abd Elrahman Emad Fathe Esmael ELR	19	El Gezira	59.91	_____	_____
7	Marwan Mohamed Sabry	15	Enppi	1:00.42	_____	_____
8	Hussen Ahm. Bahaa Eldin Farwez	16	El Gezira	1:01.31	_____	_____
9	Ahmed Ali El Saved Ali	20	6th	1:01.38	_____	_____
10	Adham Moh. Galal Eldin ElSayed	15	El Gezira	1:01.70	_____	_____

**Heat 7 of 13 Timed Finals**

1	Ahmed Mohamed Ibrahim	20	El Mekaweloun	59.68	_____	_____
2	Hazem Mohamed Hazem Sabry	16	Senzo	59.29	_____	_____
3	Mohamed Hazem Mohany Emam	16	Heliolido	59.05	_____	_____
4	Mohamed Yaser Mohamed	17	El Ghaba	58.44	_____	_____
5	Zeiad Osama Fatthy Abdel Hamed	17	Al Tersana	58.32	_____	_____
6	Mohamed Hanv Farouk	15	Hadak Al Ahram	58.34	_____	_____
7	Ahmed Mohamed Amr	16	El Zohour	58.54	_____	_____
8	Abdelrahman Osama Omar	16	Cairo	59.27	_____	_____
9	Seif Saved Mahmoud	14	Helwan Club	59.33	_____	_____
10	Ahmed Atef Afifi	16	El Mekaweloun	59.70	_____	_____

**Heat 8 of 13 Timed Finals**

1	Ibrahiem Walid Fouad	17	Cairo	58.25	_____	_____
2	amr Tarek Alsaid Alaraby	16	Nasr City	57.95	_____	_____
3	Mohamed Mohamed Gamel	19	El Ghaba	57.64	_____	_____
4	John Wael Nagv Mosad	14	Heliolido	57.42	_____	_____
5	Ahmed Hossam Abdallah	16	Heliopolis	56.97	_____	_____
6	Ahmed Osama Mohamed	17	Cairo	57.41	_____	_____
7	Ali Khaled Ahmed Mostafa	17	El Ghaba	57.54	_____	_____
8	Rashed Hany Ramadan	17	Rowad	57.71	_____	_____
9	Sherif Amr Mahmoud Walv	19	El Mekaweloun	58.19	_____	_____
10	Mohamed Ahmed Hamdv	17	Cairo	58.29	_____	_____

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**Heat 9 Timed Finals... (Event 29 Men 13 & Over 100 LC Meter Freestyle)**

1	Ahmed Mohamed abd Elaziz	20	Maadi	56.96	_____	_____
2	Khaled Mohamed abd Elmonaam	19	Cairo	56.86	_____	_____
3	Nour Eldien Amr Elsaid Mohamed	16	Rowad	56.59	_____	_____
4	Yoseif Waled Hassan Al Shafaie	20	Zamalek	56.47	_____	_____
5	Ahmed Ismail Mohamed Ismail Ibrahim	17	Maadi	56.03	_____	_____
6	Ahmed Tarek ali Fatehalla	17	Nasr City	56.09	_____	_____
7	Zyad Ahmed Hesen Mahmoud	17	El Ghaba	56.51	_____	_____
8	Mohamed Waled Mohamed	20	El Zohour	56.85	_____	_____
9	Yousef Maged Nagy	16	Heliopolis	56.89	_____	_____
10	Ziad Abdel Ghany Osman	16	Rowad	56.97	_____	_____

**Heat 10 of 13 Timed Finals**

1	Mounir Ramez Mounir	16	Shooting	55.69	_____	_____
2	Seif Ramah Essam El Din	18	Shooting	55.50	_____	_____
3	Omar Sherif Galal Eldin Mahmoud	15	Maadi	55.36	_____	_____
4	Yousef Ashraf Mahmoud	20	Zamalek	55.09	_____	_____
5	Aser Mamduh Yihia	17	Heliopolis	54.90	_____	_____
6	Shehab Ashraf	18	Wadi Degla	54.94	_____	_____
7	Ahmed Younis Nasir	18	Zamalek	55.29	_____	_____
8	Ahmed Wael Ahmed	16	Wadi Degla	55.48	_____	_____
9	Moustafa Abdo Mohamed Shawqy	18	Rowad	55.58	_____	_____
10	Mohanad Mohamed Wageh	17	Shooting	55.80	_____	_____

**Heat 11 of 13 Timed Finals**

1	Ahmed Wael el Mohandes	15	Heliopolis	54.82	_____	_____
2	Abdelrahman Khaled Mohamed	17	Wadi Degla	54.71	_____	_____
3	Mohamed Hesham Esmail Hamd	17	6th	54.64	_____	_____
4	Shehab Hossam Mahmoud Garab	19	El Ghaba	54.48	_____	_____
5	Ali Mohamed ali abd el Rahman	17	El Shams	54.37	_____	_____
6	Marwan Abdalla Mohamed Ahmed	18	Shooting	54.45	_____	_____
7	Mostafa Ahmed Mohamed Esawv	18	Tanta	54.56	_____	_____
8	Mostafa Ihab Ahmed Shouman	20	El Shams	54.66	_____	_____
9	Saleh Hossam El Din Saleh	17	El Zohour	54.74	_____	_____
10	Omar Mohamed Taha Radwan	20	Smouha	54.88	_____	_____

**Heat 12 of 13 Timed Finals**

1	Karim Hatem abd el Sabour	19	Nasr City	54.30	_____	_____
2	Ali Wael Hashem	21	El Shams	54.12	_____	_____
3	Seif Osama Ahmed Farag	20	Ahly	53.97	_____	_____
4	Zeiad Ahmed Abdelazim Abdallah	18	Maadi	53.85	_____	_____
5	Abdel Rahman Ali Mohamed	19	El Shams	52.86	_____	_____
6	Karim Ahmed Khaled Elewa	18	El Shams	53.49	_____	_____
7	Abdel Reheim Samir Al Sheinawv	22	Zamalek	53.92	_____	_____
8	Marawan Ahmed Abdel Moez	16	Wadi Degla	54.00	_____	_____
9	Mostafa Mohamed el Said	19	Heliopolis	54.20	_____	_____
10	Adham Marwan Hassan	18	Shooting	54.36	_____	_____

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## Heat 13 Timed Finals... (Event 29 Men 13 &amp; Over 100 LC Meter Freestyle)

1	Yasin HossamEldin	17	Smouha	52.83	_____	_____
2	Mohamed Hossam AbdElslam	22	Smouha	52.70	_____	_____
3	Hesham Wael Makram	21	Ahly	52.56	_____	_____
4	Mohamed Adel Ahmed Bahgat	20	El Zohour	51.54	_____	_____
5	Alv Ahmed Mahmoud Khalaf Alla	24	Ahly	49.10	_____	_____
6	Abdel Rahman Sameh Mahmoud	20	Ahly	50.91	_____	_____
7	Mostafa Mohamed Al Tahan	20	Wadi Degla	51.95	_____	_____
8	Sief Mohamed Mahmoud Mehreiz	19	Ahly	52.68	_____	_____
9	Karim Medhat Badr Mohamed	21	Smouha	52.76	_____	_____
10	Omar Ahmed Ibrahim Eid	24	Heliolido	52.84	_____	_____

## Event 30 Women 13 &amp; Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 7 Timed Finals</b>						
4	Mariam Abdel-Rahman Sakr	23	Ahly	NT	_____	_____
5	Farah Magdy Ahmed	15	El Ghaba	3:21.83	_____	_____
6	Mirna Adel Youssef	18	El Nasr Club	3:36.28	_____	_____
<b>Heat 2 of 7 Timed Finals</b>						
1	Marim ali Ebrhim	13	Cairo	3:17.58	_____	_____
2	Loiain Ebrahim Yossef	13	El Ghaba	3:07.48	_____	_____
3	Salma Shref Hussan	13	15 May	3:03.80	_____	_____
4	Malak Amir Mohamed Eisa	13	El Ghaba	3:01.46	_____	_____
5	Laila Mohamed Nabil Baiomv	15	Heliopolis	2:59.16	_____	_____
6	Belissia Mamdouh Gaber	14	Heliolido	3:00.42	_____	_____
7	Malak Oazzafi Shehata	16	El Ghaba	3:02.90	_____	_____
8	Doha Hussein Fathv Hussein	15	El Nasr Club	3:06.52	_____	_____
9	Samar Salah Mostafa	14	El Zohour	3:09.55	_____	_____
10	Hams Hisham Mohamed	14	Cairo	3:20.33	_____	_____
<b>Heat 3 of 7 Timed Finals</b>						
1	Rahma Mohamed Hassan Abdel Hamic	17	Heliolido	2:56.47	_____	_____
2	Zena Nader Galal Moh. Bashandv	14	El Gezira	2:55.29	_____	_____
3	Farida Hanv Mahmoud Ibrahim	19	Heliolido	2:54.61	_____	_____
4	Zenia Ahmed Saied Kandil	13	Heliopolis	2:53.91	_____	_____
5	Iana Hisham Mohamed	14	Cairo	2:52.83	_____	_____
6	Alia Ali Mohamed	17	Heliopolis	2:52.96	_____	_____
7	Mariem Mohammed abd Elaziz	14	15 May	2:54.11	_____	_____
8	Habiba Safwat Saleh	16	El Zohour	2:55.07	_____	_____
9	Zeina Essam Ali Mamdouh	13	Heliolido	2:56.02	_____	_____
10	Salma Ahmed Sayed	14	El Zohour	2:58.73	_____	_____
<b>Heat 4 of 7 Timed Finals</b>						
1	Malak Hussein Abd ElHalim Ahmed	14	Heliolido	2:52.07	_____	_____
2	Sama Mohamed Dahv	13	Nasr City	2:50.67	_____	_____
3	Malak Nasr El Din Ibrahim	17	Zamalek	2:49.00	_____	_____
4	Malak Amr Abdel Monaem	18	Zamalek	2:48.48	_____	_____
5	Farah Karim Mohamed	19	Heliopolis	2:46.67	_____	_____
6	Lena Ahmed Adel Smaha	13	Heliopolis	2:48.44	_____	_____
7	Hana Mohamed Hasaan	13	Zamalek	2:48.70	_____	_____
8	Esraa Ehab Zamel	16	Zamalek	2:49.84	_____	_____
9	Esraa Wael Ezat	14	Zamalek	2:51.66	_____	_____
10	Zena Mahmoud Mohamed Mosa	15	El Ghaba	2:52.51	_____	_____

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**Heat 5 Timed Finals... (Event 30 Women 13 & Over 200 LC Meter Backstroke)**

1	Farida Sherif Ahmed Taha	13	Shooting	2:45.20	_____	_____
2	IoannaYosef Yehva Youssef	18	El Shams	2:43.40	_____	_____
3	Souhaila Moahmed Mahmoud Barakat	17	Shooting	2:39.57	_____	_____
4	Mai Khaled Abdeltif	17	Wadi Degla	2:38.27	_____	_____
5	Yasmine Sharif AbdELAziz Galal	16	El Shams	2:37.65	_____	_____
6	Leila Mohamed Ibrahim	15	Wadi Degla	2:37.78	_____	_____
7	Mariam Sherif Mohamed Shawky	14	Maadi	2:38.66	_____	_____
8	Ioudv Ahmed Mohamed Nour	15	15 May	2:40.36	_____	_____
9	Logien Ahmed Elsherif	13	Shooting	2:43.93	_____	_____
10	Farah Tarik Abdel Fattah	19	El Shams	2:46.51	_____	_____

**Heat 6 of 7 Timed Finals**

1	Jana Mohamed Omar Mohamed Elderv	14	El Shams	2:35.34	_____	_____
2	Shahd Ahmed Abd Elbakv	16	Sporting	2:34.63	_____	_____
3	Lougin Yousief Ahmed Yousie	17	El Shams	2:33.50	_____	_____
4	Mariem Mohamed Emad Fahmy	15	Maadi	2:33.36	_____	_____
5	Haia Salah Mahmoud	20	Ahly	2:32.01	_____	_____
6	Hoda Ahmed Hussein	16	El Zohour	2:32.73	_____	_____
7	Kenzy Ahmed Ali	17	Ahly	2:33.44	_____	_____
8	Farah Osama Ahmed Mahmod	17	Bank Ahly Alex	2:33.94	_____	_____
9	Fatma Mohamed Klel Ebrahim	16	6th	2:35.15	_____	_____
10	Jassmin Mohamed Abdel Kader	13	Wadi Degla	2:35.65	_____	_____

**Heat 7 of 7 Timed Finals**

1	Kenzy Mohamed el Sebaev	14	Cairo	2:30.91	_____	_____
2	Goumana Tarek Yehia	15	Ahly	2:30.83	_____	_____
3	Rawda Nabil Mohamed	18	Smouha	2:30.66	_____	_____
4	Farah Amr Abdel Motaleib	17	Shooting	2:28.62	_____	_____
5	Farida Amr Mohamed Abd El Motelib	15	Shooting	2:27.47	_____	_____
6	Loien Deiaa Eldin Abd Elalem	17	Wadi Degla	2:28.28	_____	_____
7	Raghd Mohamed Elsaid Moham	15	Smouha	2:29.92	_____	_____
8	Rawan Tamer Mohamed	16	Wadi Degla	2:30.72	_____	_____
9	Basmala Ashraf Saved	21	Ahly	2:30.90	_____	_____
10	Rawan Hesham Mohamed	19	Cairo	2:31.41	_____	_____