

Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

Meet Program - 15/10/2020 Morning

Event 1 Women 13 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 9 Timed Finals						
4	Salma Shref Hussan	13	15 May	NT	_____	_____
5	Nour Mohamed Hosnv	14	M.S Tagamoa	53.94	_____	_____
6	Ro'ova Mashalv	22	Sporting	NT	_____	_____
Heat 2 of 9 Timed Finals						
1	Menna Alaah Mahrous	14	El Nasr Club	47.26	_____	_____
2	Habiba Mahmoud Shawky	13	El Obour	46.33	_____	_____
3	Menatalah Amer Moh. Amer Sharawy	21	El Gezira	45.12	_____	_____
4	Mennatalh Walid Elsayd Moh. Elbanw	16	El Gezira	44.24	_____	_____
5	Ghoswn Wahed Mohamed	16	El Obour	42.82	_____	_____
6	Zena Nader Galal Moh. Bashandy	14	El Gezira	43.77	_____	_____
7	Mava Mohamed Omar	13	Heliolido	44.41	_____	_____
8	Mariam Madhat Moustafa	17	M.S Tagamoa	45.85	_____	_____
9	May amr Mohamed	13	M.S Tagamoa	46.83	_____	_____
10	Ava Rezk Shaban	13	M.S Tagamoa	51.52	_____	_____
Heat 3 of 9 Timed Finals						
1	Laila Khaled Faheem	16	El Mekaweloun	42.43	_____	_____
2	Iudv Awwad Mohamed	15	El Zohour	42.02	_____	_____
3	Rodayna Haytham Mahmoud	13	Al Tersana	41.74	_____	_____
4	Nourhan Essam El Din Fatthv	17	El Zohour	41.38	_____	_____
5	Sharouk Yehya Ibrahim	17	El Ghaba	41.15	_____	_____
6	Malak Amr Essmat Mohamed	17	El Zohour	41.28	_____	_____
7	Mariam Nasr Ahmed Said	15	15 May	41.73	_____	_____
8	Mava Ahmed Yasser Mohamed	13	El Ghaba	41.82	_____	_____
9	Nada Hany Mohamed	13	Heliolido	42.03	_____	_____
10	Shorok Ayman Abd Elfatah Elsaved	13	El Nasr Club	42.80	_____	_____
Heat 4 of 9 Timed Finals						
1	Nadva Moh. Methat Hassan Alaam	13	El Gezira	40.95	_____	_____
2	Nour Amr Mah. Fouad Elguindy	14	El Gezira	40.67	_____	_____
3	Malak Ahmed Osama	14	El Mekaweloun	40.56	_____	_____
4	Gana Sayed Shaker	17	Al Tersana	40.32	_____	_____
5	Malak Amir Mohamed Eisa	13	El Ghaba	40.19	_____	_____
6	Shahd Mohamed Zikri	13	El Shams	40.26	_____	_____
7	Haneen amr Abdelaziz	15	Cairo	40.55	_____	_____
8	Mariam Safwat Saleh	16	El Zohour	40.59	_____	_____
9	Haidv alv Fawzv	13	Zamalek	40.89	_____	_____
10	Yara Hatem Fouad Al Gamy	17	Zamalek	41.03	_____	_____
Heat 5 of 9 Timed Finals						
1	Lojain Hesham Mohamed	16	Cairo	40.07	_____	_____
2	Fatma Mohamed Khaled	15	Royal	39.66	_____	_____
3	Shams Anas Hessen Elsherif	15	El Shams	39.55	_____	_____
4	Gana Ragab Ramdan	16	Zamalek	38.87	_____	_____
5	Farah Tarik Abdel Fattah	19	El Shams	38.58	_____	_____
6	Haidv Ashraf Farouk	22	El Zohour	38.76	_____	_____
7	Lele Mohamed Mostafa	16	Enppi	38.92	_____	_____
8	Wedad Khaled Said Mohamed	18	Zamalek	39.63	_____	_____
9	Farida Mohamed Tharwat	13	Heliolido	39.99	_____	_____
10	Fareh Shiref Hassan Ahmed Azab	15	El Shams	40.12	_____	_____

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Heat 6 Timed Finals... (Event 1 Women 13 & Over 50 LC Meter Breaststroke)

1	Salma Sherif Hussien Mohamed	17	Maadi	38.43	_____	_____
2	Farida Tamer Farouk abd ElMonsif	16	El Shams	38.24	_____	_____
3	Maia Ashraf Hakam	17	Wadi Degla	38.08	_____	_____
4	Lobna Ahmed Khalifa	16	Bank Ahly Alex	37.47	_____	_____
5	Sohvla amr abd el Hakeem	17	Cairo	37.35	_____	_____
6	Razan Mohamed Beshar Adbel Motal	15	Wadi Degla	37.47	_____	_____
7	Ranim Mohamed Wagih	18	Bank Ahly Alex	37.86	_____	_____
8	Rahma Ahmed Hesham Mohamed Mo	19	Heliolido	38.17	_____	_____
9	Minna Mohamed Yousry	14	Zamalek	38.28	_____	_____
10	Mariam Hatem Anwar EL Said	13	Shooting	38.48	_____	_____

Heat 7 of 9 Timed Finals

1	Rana Osama Abdel Halem	19	Ahly	37.24	_____	_____
2	Hava Amr Kamal Eldin	17	Heliopolis	37.21	_____	_____
3	Toka Ahmed Khalifa Mohame	17	Bank Ahly Alex	36.95	_____	_____
4	Kanzy Hesham Rashad	17	Shooting	36.72	_____	_____
5	Habiba Hesham Mostafa Hamdy	17	Wadi Degla	36.30	_____	_____
6	Gana Mohamed Ahmed Salama	15	El Ghaba	36.44	_____	_____
7	Rawan Wael	15	Ahly	36.93	_____	_____
8	Mariam Mohamed Ibrahim	18	Cairo	37.20	_____	_____
9	Mirna Sameh Shawky Mostafa	14	Heliolido	37.21	_____	_____
10	Shahd Ahmed Safwat	14	Cairo	37.32	_____	_____

Heat 8 of 9 Timed Finals

1	Nadin Avman Hessien	15	Wadi Degla	35.92	_____	_____
2	Goudy Abdelhalem Fathala Z	15	Bank Ahly Alex	35.88	_____	_____
3	Malak Mohamed Havtham Rabeia	18	Shooting	35.56	_____	_____
4	Nadine Mohmed Mohmed Amin	14	6th	35.44	_____	_____
5	Yasmin Hosam EL Den Abd EL Naser	14	Heliopolis	35.18	_____	_____
6	Shahd Mohamed Ismael	15	Smouha	35.44	_____	_____
7	Mariam Mohamed Soliman Aoda	13	Wadi Degla	35.53	_____	_____
8	Karma Shady Mohamed Sabry	13	Heliopolis	35.57	_____	_____
9	Malak Mohamed Abbas Mohamed	15	Maadi	35.89	_____	_____
10	Mariam Mohamed Ahmed Kotb	14	Smouha	36.19	_____	_____

Heat 9 of 9 Timed Finals

1	Karma Ahmed Nabil	16	Shooting	34.96	_____	_____
2	Lian Shady Sabry	16	Heliopolis	34.94	_____	_____
3	Hana Mostafa Ahmed Hamdy	19	Ahly	34.77	_____	_____
4	Rewida Hisham Tolba Ibrahim	25	Ahly	33.49	_____	_____
5	Sara Soliman Said	16	Ahly	32.89	_____	_____
6	Hedy Amr Moustafa Hamouda	21	Heliopolis	33.45	_____	_____
7	Salma Saber	23	Shooting	34.30	_____	_____
8	Maryem Ahmed Khalifa Mohame	21	Bank Ahly Alex	34.86	_____	_____
9	Dina Mosaad El Taivbe	17	Sporting	34.94	_____	_____
10	Souhaila Abou El Mgd Ahmed	19	6th	35.08	_____	_____

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Meet Program - 15/10/2020 Morning

Event 2 Men 13 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 7 Timed Finals						
1	Khaled Eslam Khaled	17	El Mekaweloun	NT	_____	_____
2	Abd El Latif Hassan Abd El Latif	13	El Zohour	3:07.02	_____	_____
3	Nour Aldeen Ahmed Hassen Ahmed	17	Nasr City	2:48.32	_____	_____
4	Eyad Maged	13	El Nasr Club	2:46.64	_____	_____
5	Khaled Ayman Salem	13	Nasr City	2:43.66	_____	_____
6	Almoataz Bellahm Mohamed Alazazzv	13	Heliolido	2:44.77	_____	_____
7	Mazen Mohamed Mohamady Mahmoud	13	El Nasr Club	2:47.98	_____	_____
8	Yossif Ahmed Badawv	14	El Nasr Club	2:51.48	_____	_____
9	Abdelrahman Osama Omar	16	Cairo	NT	_____	_____
10	Mazen Mohamed Ahmed Al Rashedv	23	Ahly	NT	_____	_____
Heat 2 of 7 Timed Finals						
1	Hmad Fouad Karam	13	Al Tersana	2:40.53	_____	_____
2	Abdelrahman Ahmed Mohamed	16	El Obour	2:39.08	_____	_____
3	Mohanad Ashraf Farok Rashwan	18	El Zohour	2:37.35	_____	_____
4	Tomas Samuael Mounir	14	El Ghaba	2:36.13	_____	_____
5	Yehia Ali Yehia Hassan	17	Heliolido	2:34.90	_____	_____
6	Yosif Moh. Fawzi Moh. Kandel	15	El Gezira	2:35.02	_____	_____
7	Mohamed Walid Abd El Fattah	14	Maadi	2:37.07	_____	_____
8	Yosif Khaled	16	El Nasr Club	2:37.67	_____	_____
9	Alv Ahmed Bahy Elden	14	El Nasr Club	2:40.35	_____	_____
10	Ahmed Osama Khalil	14	El Ghaba	2:42.56	_____	_____
Heat 3 of 7 Timed Finals						
1	Yosef Ahm. Ebrahim Hebesha	14	El Gezira	2:32.11	_____	_____
2	Nizar Osama Ameer	16	Shooting	2:31.18	_____	_____
3	Abd Alla Nabil Ebrahim	16	Shooting	2:28.99	_____	_____
4	Mohamed Hassan Mohamed	16	15 May	2:28.36	_____	_____
5	Mazen Mohamed Mokhtar Mohamed	14	Heliolido	2:27.78	_____	_____
6	Youssef Emad Hanafv Saved	16	Heliolido	2:27.99	_____	_____
7	Yaseen Nashaat Salama	14	Cairo	2:28.38	_____	_____
8	Ali Ashraf Hussin	17	Heliopolis	2:30.22	_____	_____
9	Mahmoud Essam El Din Abdalla	17	El Zohour	2:31.36	_____	_____
10	Mostafa Mahmoud Mostafa	15	Shooting	2:33.71	_____	_____
Heat 4 of 7 Timed Finals						
1	Houssen Talal Houssen Savd	16	6th	2:26.33	_____	_____
2	Esmail Shref Adel	16	Heliopolis	2:24.87	_____	_____
3	Elhamy Ibrahim Elhamy Badreldin	14	Heliolido	2:23.76	_____	_____
4	Ahmed Adel Eshak	15	Wadi Degla	2:22.08	_____	_____
5	Yossef Magdv el Azharv	15	Heliopolis	2:21.79	_____	_____
6	Ahmed Sameh Awad	17	Rowad	2:22.08	_____	_____
7	Islam EL Saved Mabrouk	16	El Shams	2:23.76	_____	_____
8	Adam Shref Mostafa	16	Heliopolis	2:23.98	_____	_____
9	Ali Hesham Moh. Fekre Shrif	16	El Gezira	2:25.78	_____	_____
10	amr Hesham Bavomv	17	Cairo	2:26.55	_____	_____

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Heat 5 Timed Finals... (Event 2 Men 13 & Over 200 LC Meter Butterfly)

1	Zeiad Hamdy Amin Ossman	17	Zamalek	2:20.72	_____	_____
2	Gamal Avmn Gamal abd el Magied	17	El Shams	2:19.67	_____	_____
3	Mahmoud Ayman Mahmoud Mohame	18	Bank Ahly Alex	2:17.48	_____	_____
4	Omar Ahmed Samir Eldawody	13	Gezira El Ward	2:16.34	_____	_____
5	Mohamed Tarek Rashad Abd el Hamec	15	El Shams	2:15.82	_____	_____
6	Yousef Adel Ramadan	15	El Shams	2:16.28	_____	_____
7	Seif amr el Batal	14	Cairo	2:17.42	_____	_____
8	Mohamed Ashraf Abdel Ghafar	17	Wadi Degla	2:18.11	_____	_____
9	Ahmed Mohssein Zaher Al Housseiny	19	Zamalek	2:20.00	_____	_____
10	Abdallah Ahmed Nasr Eldin	14	Zamalek	2:21.70	_____	_____

Heat 6 of 7 Timed Finals

1	Mostafa Khaled Mahmoud	19	El Shams	2:14.69	_____	_____
2	Omar Adel Abdel Hamed	18	El Zohour	2:14.38	_____	_____
3	Saif ELDin Aiman Ahmed	17	Wadi Degla	2:13.69	_____	_____
4	Selim Moh. Ahm. Moktar Hasan	16	El Gezira	2:13.46	_____	_____
5	Hamza Adham Amin	20	Ahly	2:12.14	_____	_____
6	Moustafa Tarik Moustafa	17	Heliopolis	2:12.14	_____	_____
7	Seif Mohamed Mohamed	16	Wadi Degla	2:13.56	_____	_____
8	Mohamed Hesham Mohamed	19	El Zohour	2:14.13	_____	_____
9	Ahmed Wael Ahmed	16	Wadi Degla	2:14.42	_____	_____
10	Amar Hossam Fed El Tranesy	17	6th	2:15.82	_____	_____

Heat 7 of 7 Timed Finals

1	Ahmed Khaled Moustafa	20	Zamalek	2:11.35	_____	_____
2	Ibrahim Mohamed Yoneis	20	Zamalek	2:09.64	_____	_____
3	Yassin Avman Ali Toulba	17	Shooting	2:06.27	_____	_____
4	Ibrahim Ahmed Ibrahim	19	Sporting	2:04.54	_____	_____
5	Ahmed Akram Abbas	24	Ahly	1:58.00	_____	_____
6	Marwan Ismael Elkmash	27	Sporting	1:59.00	_____	_____
7	Ahmed Hamdv Salem	28	Ahly	2:06.05	_____	_____
8	Khaled Abdel Naser Ali	21	Shooting	2:08.46	_____	_____
9	Mohamed Attef Yassin	20	Ahly	2:09.79	_____	_____
10	Ahmed Essam Mohamed	18	Cairo	2:11.74	_____	_____

Event 3 Women 13 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 9 Timed Finals						
4	Farah Yasser Bakrv	15	El Nasr Club	2:49.08	_____	_____
5	Rodaina Emad Maher	16	Senzo	2:43.18	_____	_____
6	Rania Mohamed Mahmoud	19	El Zohour	2:44.94	_____	_____
Heat 2 of 9 Timed Finals						
2	Menatalah Amer Moh. Amer Sharawy	21	El Gezira	2:37.55	_____	_____
3	Farah Yasser abd Elsalam	13	Cairo	2:36.02	_____	_____
4	Rodaina Nabil Hamdv	13	El Ghaba	2:35.35	_____	_____
5	Nermin Mohamed Ahm. Mod. Fadel	14	El Gezira	2:34.40	_____	_____
6	Nour Diaa Eldin Fathv	14	El Nasr Club	2:35.22	_____	_____
7	Zeina Essam Ali Mamdouh	13	Heliolido	2:35.83	_____	_____
8	Habiba Ahmed Mohamed Osman	13	Heliolido	2:36.74	_____	_____
9	Nouran Ahmed Mohamed Ali	17	Heliolido	2:40.26	_____	_____

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Heat 3 Timed Finals... (Event 3 Women 13 & Over 200 LC Meter Freestyle)

1	Habiba Shady Abdel Rahman Taha	17	Heliolido	2:32.69	_____	_____
2	Karma alv Elsheraee	14	Heliopolis	2:31.32	_____	_____
3	Lena Ahmed Adel Smaha	13	Heliopolis	2:30.79	_____	_____
4	Khadiga Mohsen Abdel Wahab	13	Rowad	2:30.02	_____	_____
5	Zeina Ayman Saad	14	Zamalek	2:28.53	_____	_____
6	Farida Mohamed Adel Khattab	14	El Zohour	2:28.58	_____	_____
7	Esraa Wael Ezat	14	Zamalek	2:30.03	_____	_____
8	Zenab Wagdv	15	El Ghaba	2:31.27	_____	_____
9	Tala Tarekf el Kafrawe	14	Heliopolis	2:31.51	_____	_____
10	Ganna Ebrahim Abdallha	13	Cairo	2:33.11	_____	_____

Heat 4 of 9 Timed Finals

1	Retag Ahmed Abu El Fotoh	14	El Zohour	2:28.07	_____	_____
2	Mariam Safwat Saleh	16	El Zohour	2:27.06	_____	_____
3	Ranheil Moaat az Ballah Ali Ibrahim	17	Zamalek	2:26.27	_____	_____
4	Rawda Ashrif Ramdan	15	15 May	2:25.79	_____	_____
5	Loiain Hesham Mohamed	16	Cairo	2:24.31	_____	_____
6	Merna Mohamed adb Elhadv	16	Zamalek	2:24.89	_____	_____
7	Reem Mohamed Ibrahim	15	Zamalek	2:26.26	_____	_____
8	Noor Marwan Moh. Alv Zewar	14	El Gezira	2:26.39	_____	_____
9	Habiba Fawzvy Mostafa	13	El Nasr Club	2:27.20	_____	_____
10	Malak Mahmud Hassan	15	El Ghaba	2:28.44	_____	_____

Heat 5 of 9 Timed Finals

1	Farida Wasim Mohamed Adlv	13	El Ghaba	2:23.68	_____	_____
2	Amira Hatem Ahmed Shawky	14	Maadi	2:22.41	_____	_____
3	Sara Tarek Abd El Aziz Ahmed	14	Heliolido	2:22.08	_____	_____
4	Noor Moh. Samer Eleesh	18	El Gezira	2:21.87	_____	_____
5	Habeba Maysara Abdelhamed	15	El Mekaweloun	2:21.64	_____	_____
6	Goudv Abdelhalem Fathala Z	15	Bank Ahly Alex	2:21.80	_____	_____
7	Ganna Samir Mohamed Hamzawv	17	El Ghaba	2:22.07	_____	_____
8	Alaa Hossam Mohamed Mohamed	17	El Shams	2:22.22	_____	_____
9	Mariam Sherif Mohamed Shawkv	14	Maadi	2:23.54	_____	_____
10	Ioudv Ahmed Mohamed Nour	15	15 May	2:23.83	_____	_____

Heat 6 of 9 Timed Finals

1	Rodaina Wael Mohamed	17	Rowad	2:20.31	_____	_____
2	Kenzy Hazem Moneeb	14	Cairo	2:19.84	_____	_____
3	Ioudv Mohamed Alv	15	Sporting	2:19.43	_____	_____
4	Elena Rogeh Hanv	14	Wadi Degla	2:19.07	_____	_____
5	Dina Khaled Elgaloly	20	Sporting	2:18.88	_____	_____
6	Rawda Nabil Mohamed	18	Smouha	2:19.04	_____	_____
7	Youmna Mohamed Mahmoud Samv	17	El Shams	2:19.15	_____	_____
8	Sara Mahmoud El Gendy	14	Wadi Degla	2:19.52	_____	_____
9	Rokaia Hisham Ahmed	14	Shooting	2:20.00	_____	_____
10	Haidv Hosam Nabil Cotore	21	El Gezira	2:20.33	_____	_____

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Heat 7 Timed Finals... (Event 3 Women 13 & Over 200 LC Meter Freestyle)

1	Hoda Ahmed Hussein	16	El Zohour	2:17.69	_____	_____
2	Omeina Mavsara Abdel Hamed	19	El Mekaweloun	2:17.55	_____	_____
3	Anod Amr Abd El Aziz	14	Wadi Degla	2:17.03	_____	_____
4	Lama Tamer Mohamed Ahmed	15	Smouha	2:16.64	_____	_____
5	Salma Mohamed Ibrahim Hassan	17	El Shams	2:16.38	_____	_____
6	Shahd Yasser	18	Smouha	2:16.48	_____	_____
7	Amina Magdy Mohamed El Sebeilgy	27	Heliopolis	2:16.73	_____	_____
8	Nadin Adam Ahmed Foad Mohamed	17	El Shams	2:17.32	_____	_____
9	Farah Osama Ahmed Mahmood	17	Bank Ahly Alex	2:17.59	_____	_____
10	Toka Ahmed Khalifa Mohame	17	Bank Ahly Alex	2:18.70	_____	_____

Heat 8 of 9 Timed Finals

1	Malak Hesham Mohamed	14	Ahly	2:15.80	_____	_____
2	Rouaa Ahmed Ibrahim	16	Rowad	2:15.30	_____	_____
3	Rawan Tamer Mohamed	16	Wadi Degla	2:13.98	_____	_____
4	Rawan Mohamed AboElFadl	17	Wadi Degla	2:13.26	_____	_____
5	Nour Mohamed Ibrahim Ali	15	Smouha	2:12.81	_____	_____
6	Malak Ahmed Helmv	15	Ahly	2:12.99	_____	_____
7	Yara Hussam Mohamed Salem	13	Hadak Al Ahram	2:13.70	_____	_____
8	Gana Emad Gaad Hosnv	17	El Shams	2:14.40	_____	_____
9	Laila Mohamed Hitham	13	Shooting	2:15.69	_____	_____
10	Nada Ahmed El Said Elbasvouny	13	Shooting	2:15.82	_____	_____

Heat 9 of 9 Timed Finals

1	Hana Mostafa Ahmed Hamdy	19	Ahly	2:12.28	_____	_____
2	Sara Mohamed Bhaa	15	Heliopolis	2:11.14	_____	_____
3	Farida Tharwat Maher	17	Ahly	2:09.92	_____	_____
4	Farida Ayman Samra	16	Shooting	2:08.47	_____	_____
5	Ro'ua Ahmed Farag	18	Shooting	2:07.58	_____	_____
6	Sandv Ayman Atef	20	Ahly	2:08.35	_____	_____
7	Nada Ahmed Othman	21	Bank Ahly Alex	2:09.70	_____	_____
8	Loujin Abd Alla Slah Zkey	16	6th	2:10.56	_____	_____
9	Malak Mohamed Abd El Gaber	16	Bank Ahly Alex	2:11.65	_____	_____
10	Rawan Hesham Mohamed	19	Cairo	2:12.46	_____	_____

Event 4 Men 13 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 9 Timed Finals						
1	Abdullah Saber Mohamed	13	M.S Tagamoa	1:42.66	_____	_____
2	Ahmed Mohmed Tamer	13	Cairo	1:24.86	_____	_____
3	Yosif Ahmed Mohsen	13	El Nasr Club	1:20.38	_____	_____
4	Yosef Ahm. Ebrahim Hebesha	14	El Gezira	1:19.59	_____	_____
5	Ahmed Mohamed Samir Mohamed	14	Heliolido	1:19.21	_____	_____
6	Abd Alla Karim Ashraf Mahgoub	15	El Gezira	1:19.41	_____	_____
7	Mohamed Ahmed Abd Elgawad Alv	14	El Nasr Club	1:20.25	_____	_____
8	Badr Reda Badr	15	15 May	1:22.35	_____	_____
9	Mohamed Ahmed Mmokhtar	13	M.S Tagamoa	1:30.25	_____	_____

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Heat 2 Timed Finals... (Event 4 Men 13 & Over 100 LC Meter Backstroke)

1	Omar Ahmed Magdy Abd AlManeim	15	Heliolido	1:18.54	_____	_____
2	Alv Magdv Eid Shehata	13	El Nasr Club	1:16.50	_____	_____
3	Evad Mohamed Tamer	14	Tawfekaya	1:14.92	_____	_____
4	Kareem Mohamed Fouad Algaml	15	Tawfekaya	1:14.00	_____	_____
5	Ahmed Mosaad AboASerie	14	15 May	1:13.08	_____	_____
6	Mohab Tarek Helal Mohamed	15	Heliolido	1:13.69	_____	_____
7	Kareem Mohamed Fawzy Mohame	13	Nasr City	1:14.72	_____	_____
8	Youssef Mohamed Abd ElRahman Abu	14	Heliolido	1:15.42	_____	_____
9	Mohamed Emad Maher	14	Senzo	1:17.59	_____	_____
10	Somow Eldeen Mohamed Esmail	16	El Zohour	1:18.86	_____	_____

Heat 3 of 9 Timed Finals

1	abd el Rahman Waleed el Shahat	13	Heliopolis	1:12.80	_____	_____
2	Esmail Shref Adel	16	Heliopolis	1:12.25	_____	_____
3	Mahmoud Emad Abd Elmoghny	15	El Zohour	1:11.53	_____	_____
4	Evad Mohsen Ismail	13	El Nasr Club	1:11.05	_____	_____
5	Mohamed Avman Mamdoh Hafez	14	Tanta	1:10.53	_____	_____
6	Youssef Hassan Salah	16	Cairo	1:10.90	_____	_____
7	Marwan Mohamed Ahmed	13	Nasr City	1:11.46	_____	_____
8	Yosef Ismail Atef	16	Canal El Suez	1:12.14	_____	_____
9	Hamza Moh. Khairv Samra	14	El Gezira	1:12.63	_____	_____
10	Omar Khaled Hasan	15	El Nasr Club	1:13.07	_____	_____

Heat 4 of 9 Timed Finals

1	Ali Mohamed Refaat Abdel Razek Al N;	17	Heliolido	1:10.16	_____	_____
2	Zeyad Osama Zedan	14	Bank Ahly Alex	1:09.07	_____	_____
3	Yehva Amr Mohamed Sadek	19	Heliopolis	1:08.17	_____	_____
4	Yasen Abdelaziz Mohsen Abel Aziz	16	6th	1:07.36	_____	_____
5	Amr Mohamed Ebrahim Ebrahim	14	El Shams	1:07.08	_____	_____
6	Mohamed Avman Abd Elsamie	13	El Zohour	1:07.22	_____	_____
7	Yahia Mohamed Abdelaal Ebrahim	17	Nasr City	1:07.99	_____	_____
8	Mostafa Abou Elabas Youssef	17	Bank Ahly Geza	1:08.24	_____	_____
9	Karem Ashraf	15	El Ghaba	1:10.04	_____	_____
10	Khaled Ahmed Farouk Ramdan	17	Cairo	1:10.52	_____	_____

Heat 5 of 9 Timed Finals

1	Yousif Mahmoud Mohammed Alv	14	Shooting	1:06.89	_____	_____
2	Ahmed Yaser Mohamed	15	El Mekaweloun	1:06.75	_____	_____
3	Mohamed Ahmed Salem	16	El Ghaba	1:06.62	_____	_____
4	Abdel Rahman Amr Farag	13	Shooting	1:06.03	_____	_____
5	Omar Mohamed Abdelbaaqv	17	El Ghaba	1:05.93	_____	_____
6	Mahmoud El Walid Abd El Karim	14	Maadi	1:05.96	_____	_____
7	Abd El Rahman Mohamed Ali	15	Shooting	1:06.43	_____	_____
8	Ahmed Mohamed abd Elaziz	20	Maadi	1:06.74	_____	_____
9	Yousef Maged Nagv	16	Heliopolis	1:06.87	_____	_____
10	Mohamed Ahm. Alv Moh. Derbala	16	El Gezira	1:07.02	_____	_____

Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

Meet Program - 15/10/2020 Morning

Heat 6 Timed Finals... (Event 4 Men 13 & Over 100 LC Meter Backstroke)

1	Zeyad Wahied Hamdy Tawfik Mostafa	17	El Shams	1:05.88	_____	_____
2	amr Tarek Alsaïd Alarabv	16	Nasr City	1:05.31	_____	_____
3	Seif ElDein Ahmed Ebrahim Radwan	16	El Shams	1:04.85	_____	_____
4	Omar Sherif Sayed	17	Zamalek	1:04.38	_____	_____
5	Zeïad Omr Atteïa	19	El Ghaba	1:03.81	_____	_____
6	Omer Badr Kamel	16	Shooting	1:04.07	_____	_____
7	Malek amr Mahdy	15	Cairo	1:04.75	_____	_____
8	Ahmed Hesson Abbas	17	Cairo	1:05.16	_____	_____
9	Sherif Yaser Ali Meaabed	17	6th	1:05.75	_____	_____
10	Moamen Khalid Mohamed	15	Zamalek	1:05.88	_____	_____

Heat 7 of 9 Timed Finals

1	Zeïad Sophy Mohamed	20	El Ghaba	1:03.54	_____	_____
2	Islam Mohamed Nashaat	14	Maadi	1:03.42	_____	_____
3	Karim Adel Ahmed Bahgat	17	El Zohour	1:03.13	_____	_____
4	Mohamed Taha Abd El Raouf	15	Wadi Degla	1:02.94	_____	_____
5	Mohamed Ahmed Abdel Hakam	17	Shooting	1:02.46	_____	_____
6	Ali Khaled Osama	16	Wadi Degla	1:02.62	_____	_____
7	Ahmed Awny Glal Aly	16	6th	1:02.95	_____	_____
8	Kirolos Gamal Sobhv	17	El Shams	1:03.39	_____	_____
9	Ahmed Hazem Akram	15	Wadi Degla	1:03.51	_____	_____
10	Karim Ahmed Khaled Elewa	18	El Shams	1:03.64	_____	_____

Heat 8 of 9 Timed Finals

1	Moustafa Yaser Fouda	25	Heliopolis	1:02.22	_____	_____
2	Yasen Amro Yasen Abd Elrahman Mad	17	El Gezira	1:01.45	_____	_____
3	Abdel Rahman Mohamed Abdel Samac	18	Ahly	1:01.33	_____	_____
4	Mohamed Adel Ahmed Bahgat	20	El Zohour	1:00.94	_____	_____
5	Yousif Mohamed Khalaf	19	Smouha	1:00.64	_____	_____
6	Ahmed Younis Nasir	18	Zamalek	1:00.81	_____	_____
7	Mrawan Mostafa Mowaled	17	Wadi Degla	1:01.14	_____	_____
8	Yasin HossamEldin	17	Smouha	1:01.35	_____	_____
9	Khaled Ahmed Mahmoud Gaber	15	Bank Ahly Alex	1:01.70	_____	_____
10	Zeïad Ahmed Abdelazim Abdallah	18	Maadi	1:02.46	_____	_____

Heat 9 of 9 Timed Finals

1	Ahmed Adel Mohamed Meselhv	20	Ahly	1:00.32	_____	_____
2	Abdel Reheim Samir Al Sheinawwy	22	Zamalek	59.88	_____	_____
3	Marawan Ahmed Abdel Moez	16	Wadi Degla	59.82	_____	_____
4	Waled Mohamed Sophv	17	Stad Mansoura	59.42	_____	_____
5	Abdelrahman Gamal Eldin	20	Ahly	57.48	_____	_____
6	Yousef Ashraf Mahmoud	20	Zamalek	58.80	_____	_____
7	Mohamed Hanv Elsaved	15	Ahly	59.64	_____	_____
8	Salah Mohamed Amin	28	Smouha	59.87	_____	_____
9	Moustafa Abdo Mohamed Shawav	18	Rowad	1:00.14	_____	_____
10	Abdel Rahman Mohamed Raaft	18	Ahly	1:00.46	_____	_____