

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Event 53 Girls 14 Year Olds 1500 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals				
3	Mariam Mohmed Mosaad	14	Zamalek	21:59.63
4	Dorra Hesham Sayed Zahran	14	Wadi Degla	20:32.18
5	Malak Mohamed Sayed Khalifa	14	Wadi Degla	20:27.37
6	Reem Mohamed Ibrahim	14	Zamalek	20:30.41
7	Marim Ahmed Farouk	14	Hadak Al Ahram	20:59.87
8	Joanna Ateef Gatas	14	Zamalek	24:06.10
Heat 2 of 2 Timed Finals				
1	Nily Karem	14	Shooting	20:11.98
2	Habeba Maysara Abdelhamed	14	El Mekaweloun	19:43.19
3	Nour Ahmed aly Elsheshtaw	14	Gezira El Ward	19:23.28
4	Lila Mohamed Fahmi	14	Elethead	18:56.88
5	Zaina Mohamed Haitham Hassn	14	Shooting	18:22.41
6	Mena Tarek Aly	14	Ahly	18:24.59
7	Joudy Mohamed Aly	14	Sporting	19:04.03
8	Salma Ahmed ali Mostafa	14	El Ghaba	19:25.22
9	Fdwa Amer Ahmed Rmdan	14	6th	19:52.77
10	Lougin Adel Mohamed	14	Ahly	20:17.42

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 20-11-2019 Evening

Event 54 Boys 11 Year Olds 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 25 Timed Finals				
1	Abdelrahman Esam Abdelatif	11	Al Qusiya Club	NT
2	Yahia Mostafa Yahia	11	El Shrook	NT
3	Amiro Mohamed Amiro	11	Canal El Suez	NT
4	Ahmed Ebrahim Farag	11	Al Qusiya Club	NT
5	Ahmed Mohamed Ramadan	11	Canal El Suez	NT
6	Keroles Onsy Makram	11	Al Qusiya Club	NT
7	Eyad Hisham Mahmoud	11	Canal El Suez	NT
8	Joun Maikel Sophy Kamal	11	Rahalat Sohaj	NT
9	Ali Talaat Ali Shata	11	Raas El Bar Club	NT
Heat 2 of 25 Timed Finals				
1	Ahmed Mohamed Ahmed Abdelmegeed	11	El Ghaba	NT
2	Saif el din Sherin Mohamed	11	Al Tersana	NT
3	Bilal Ahmed Sayd	11	Beni Suef Club	NT
4	Mohamed Medhat Abd ElHalim	11	Canal El Suez	NT
5	Yossif Mohamed Esmail	11	Enppi	53.16
6	Zayd Mohamed Farouk	11	Misr Insurance	1:01.21
7	Ibraam Ehab Tawadrous	11	Telephonat B.N.S	NT
8	Yousef Badr Sayed	11	15 May	NT
9	Ahmed Hasan Ahmed	11	Hadak Al Ahram	NT
10	Mohanad Hany Abd Elkader	11	Canal El Suez	NT
Heat 3 of 25 Timed Finals				
1	Nour ELDin Mohamed Fouad Selim	11	Tawfekaya	50.73
2	Yousef Mohamed Ebada	11	M S B-Sweif	50.27
3	Ahmed Haitham Mohamed	11	Enppi	49.76
4	Ahmed Hossam El Din	11	Canal El Suez	49.01
5	Taher Mohamed Elazab Ebrahim	11	Gezira El Ward	48.73
6	Mohab Ahmed Abass	11	Tagamoa Heljhts	48.89
7	Mostafa Sayed Hashem Sayed	11	Taleaa El Gish Club	49.63
8	Yasen amr Eprahem	11	El Mekaweloun	50.22
9	Yassin Ashraf Mohamed	11	Taleaa El Gish Club	50.32
10	Mohamed Diea El-Dein Fathey	11	El Obour	51.80
Heat 4 of 25 Timed Finals				
1	Mohamed Karim Mohamed	11	Enppi	48.44
2	Zaid Mohamed Mostafa ali	11	Taleaa El Gish Club	48.28
3	Omar Khalid Ahmed	11	Sharks Team	47.91
4	Sherif Mohamed Rasad	11	Nasr City	47.31
5	Ali Mohamed Sophi Abdel-azem	11	El Obour	47.20
6	Mohamed Ahmed Mohamed Mostafa	11	Tawfekaya	47.21
7	Youssef Mohamed Abd EL Aziz	11	Rowad	47.62
8	Ahmed Hessin Ahmed	11	Enppi	48.25
9	Omr Hany Magdy	11	Enppi	48.30
10	Yossef Mohamed Amin Zaky	11	Elethead	48.66

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 5 Timed Finals... (Event 54 Boys 11 Year Olds 50 LC Meter Backstroke)**

1	Omer Mohamed Seleh	11	El Obour	46.74
2	Ahmed Mohamed Yousef	11	Moasasa Riadiah Askaria	46.39
3	Maher Mohamed Maher	11	Rowad	46.32
4	Marwan Walid Mohamed Mohamed Ezz El Din	11	Heliolido	46.13
5	Hazem Mostafa el Sayed	11	Hadak Al Ahram	45.95
6	Yassen abd Elhamed Said	11	Cairo	46.01
7	Karim Mohamed Ibrahim Mehleb	11	Maadi	46.18
8	Pasel Ahmed Mohamed	11	Mansheit Naser	46.33
9	Amar Paher Dewedar	11	El Mekaweloun	46.51
10	Elparaa Mohamed Abdo	11	El Mekaweloun	46.93

Heat 6 of 25 Timed Finals

1	ali Walid Fathy	11	El Mekaweloun	45.92
2	Mohamed Ahmed Mahfoz	11	Sharks Team	45.61
3	Mohamed Emad Ghonemy	11	Rowad	45.51
4	Malek Mohamed Badawy	11	Moasasa Riadiah Askaria	45.41
5	Yassin Maged Samir	11	Al Tersana	45.38
6	Adam Tamer Fouad Elsayed Ahmed	11	Heliolido	45.40
7	Omar Alaa el din Mahmoud	11	Hadak Al Ahram	45.43
8	Yosef Mohamed Nhlewy	11	El Obour	45.52
9	Ahmed Hashem Bdrt	11	Nasr City	45.71
10	Eyad amr Fathi	11	Cairo	45.95

Heat 7 of 25 Timed Finals

1	Anas Abd Elhalem Salah	11	El Nasr Club	45.28
2	Yasen amr Mohamed Mosa	11	El Mekaweloun	45.21
3	Bishoy Loka Abdo	11	Sharks Team	45.08
4	Omar Ahmed Farouk Hassan	11	Maadi	45.03
5	Mazen Mohamed Mostafa	11	Sharks Team	44.97
6	Mostafa Wael Samier	11	Al Shark Port Said	44.99
7	ali Wahed Salim	11	Nasr City	45.04
8	Moustafa Hamdy Mahmed	11	El Nasr Club	45.21
9	Hady Ebrahim abd Elhady	11	Cairo	45.24
10	Islam Mohamed Khaled Abdo	11	Sporting	45.37

Heat 8 of 25 Timed Finals

1	Yosuif Mohamed El- Tokhy	11	S Shbein Al Koum	44.82
2	Mohand Mahmoud Shawky	11	Al Tersana	44.65
3	Ahmed Mohamed Hasaneen abd Elaziz	11	Moasasa Riadiah Askaria	44.55
4	Uoussef Mohamed Mostafa Nour	11	Taleaa El Gish Club	44.40
5	Yassin Ahmed Eisa	11	Rehab	44.29
6	Mohand Haytham Emad	11	Helwan Club	44.32
7	Anas Mohamed Ebrahim	11	El Ghaba	44.50
8	Mohnd WaLed Atef	11	El Obour	44.59
9	Mohamed Ayman Ismail	11	El Nasr Club	44.72
10	Yasin Reda Farag Mohamed	11	6th	44.85

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 9 Timed Finals... (Event 54 Boys 11 Year Olds 50 LC Meter Backstroke)**

1	Yousif Ahmed Elsaïd	11	Sharks Team	44.19
2	Aaser Akram Ellsayed	11	Helwan Club	44.14
3	Youssif Mohamed Fathy	11	Helwan Club	44.00
4	Slem Wesam Samy Mohamed	11	Heliopolis	43.88
5	Adam Ashrf Abdel Rahman	11	Nasr City	43.84
6	Ahmed Samir Gharib Gomaa	11	Taleaa El Gish Club	43.84
7	Youssef Mohamed el Derwy	11	Sporting	44.00
8	Hussein Mohamed Tolba	11	Hadak Al Ahram	44.03
9	Amar Mohamed Abd Elhamed	11	El Nasr Club	44.15
10	Adham Ahmed Mohamed	11	6th	44.25

Heat 10 of 25 Timed Finals

1	Abdallah Ahmed Mahmoud	11	Rowad	43.75
2	Mohamed Nabil Abdelnaem	11	Helwan Club	43.73
3	al Modather Yehya Abdel Ghafar	11	15 May	43.57
4	Saif Alla Hatem Raouf	11	El Shams	43.51
5	Abdelrahman Ibrahim Ahmed Abdelrheem	11	Moasasa Riadiah Askaria	43.29
6	Kareem Osama Attia	11	15 May	43.35
7	Mohand Medhat Ezzat	11	Helwan Club	43.51
8	Moaz Tamer Hassan Mohmaed	11	El Shams	43.63
9	Omar Abdelmonaim Mohamed	11	Taleaa El Gish Club	43.74
10	abd Elrahman Waled Afefy	11	Tanta	43.78

Heat 11 of 25 Timed Finals

1	Abd Elaziz Mohamed Abd Elaziz	11	El Zohour	43.27
2	Hussein Mahmed Hussein	11	El Nasr Club	43.16
3	Adham Hany Ahmed	11	A S E C	43.13
4	Adam Ehab	11	15 May	43.10
5	Philobateer Sameh Abdelmassih Nashed	11	Heliolido	43.09
6	Abdalla Ashraf abd Elmonam	11	15 May	43.09
7	Ahmed Mohamed Mostafa	11	Baladyat El Mahala	43.11
8	Omar Reda Mohamed	11	Al Shehk Zaeid	43.13
9	Mohamed Helal Fathy	11	Al Hawar	43.18
10	Ahmed Wahid Mohamed	11	El Zohour	43.29

Heat 12 of 25 Timed Finals

1	Mohamed Ahmed Nour Aldin	11	Rowad	43.06
2	Yossef Mohamed Hassan	11	El Ghaba	43.03
3	Ahmed Salah Ahmed Mohamed	11	El Ghaba	42.83
4	Abd Allah Mohamed Ahmed Abd Elhamid	11	El Zohour	42.71
5	Karim Moh. Adel Moh. Munir	11	El Gezira	42.63
6	Moustafa Ahmed Magid	11	Zamalek	42.68
7	Mahmoud amr EL_Meniawy	11	Sporting	42.73
8	Saif Wael Eprahem	11	El Mekaweloun	42.96
9	Seif Sameh Said	11	Helwan Club	43.04
10	Marwan Mahmoud Mostafa	11	Hadak Al Ahram	43.06

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 13 Timed Finals... (Event 54 Boys 11 Year Olds 50 LC Meter Backstroke)**

1	Ahmed Walid Abdelsatar	11	Enppi	42.55
2	Mohamed Hossam Ebrahim Alghwalby	11	Raas El Bar Club	42.53
3	Nabil Ahmed Nabil Elharas	11	Tanta	42.35
4	Mazen Almansy	11	Baladyat El Mahala	42.19
5	Mostafa Ebrhim Yehia Mahmoud Ramadan	11	Heliolido	41.86
6	Mohamed Abdelmounem Ashor	11	El Shams	42.07
7	Karim Mohamed Hany	11	A S E C	42.32
8	Yasien Tamer Othman	11	Zamalek	42.50
9	Abd Elrahman Mohamed Ahmed Abd Elhamid	11	El Zohour	42.55
10	Aly Osama Ahm. Sayed Ahmed	11	El Gezira	42.61

Heat 14 of 25 Timed Finals

1	Abdullah Ahmed Farouk	11	M.S Tagamoa	41.81
2	Mouhmed Tarek Mouhmed	11	Cairo	41.67
3	Hassan Nabil Samy Elnaggar	11	El Gezira	41.66
4	Mohamed Waled Barakat	11	Heliopolis	41.54
5	Yassin Mostafa Nasr	11	Sporting	41.31
6	Eyad Mohamed EL Saed	11	Mansheit Naser	41.38
7	Eslam Ahmed Elsayed	11	El Zohour	41.62
8	Omar Ahmed Moaaz	11	Stad Mansoura	41.66
9	Mohamed Eslam Mohamed	11	Stad Mansoura	41.71
10	Yossef Ayman Said	11	El Ghaba	41.85

Heat 15 of 25 Timed Finals

1	Abdullah Ahmed Fouad	11	Rehab	41.20
2	Eyad al Shareef Mahmoud	11	Nasr City	41.12
3	Amir Maged Eid Yousef	11	Heliopolis	41.09
4	Adam Mohamed Mahmoud Shawky	11	El Zohour	41.02
5	Mohamed Sameh abo Zaid	11	Talbeia	41.02
6	Mahmoud Haitham Mahmoud Kame	11	El Ghaba	41.02
7	Adham Mohamed Abd Elrahman	11	El Zohour	41.07
8	Mohamed Wael Ibrahim Desouki	11	Tawfekaya	41.12
9	Hazem Hatem Nasr Ahmed Mohamed	11	Heliolido	41.15
10	Ahmed Tamer Wasfy	11	Tanta	41.24

Heat 16 of 25 Timed Finals

1	Youssef Khalil Alsaid	11	Rowad	40.94
2	Abd Elrahman Sherief	11	Cairo	40.85
3	Yasien Hazem Taher	11	Zamalek	40.80
4	Ahmed Tamer Abass Ahmed	11	El Shams	40.61
5	Omar Mohamed Ali Abdo	11	Shooting	40.53
6	Fahd Hassan Hasanin	11	Zamalek	40.57
7	Yasen Hagres Ahmed	11	Baladyat El Mahala	40.70
8	Ebrahim Khaled Effat	11	Heliopolis	40.84
9	Ibrahim Moh. Abd Elaziz Glal Salim	11	El Gezira	40.87
10	Ali Adel Mohamed Fathy	11	El Nasr Club	40.95

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 17 Timed Finals... (Event 54 Boys 11 Year Olds 50 LC Meter Backstroke)**

1	Ahmed Ebrahim Abd Elfatah Ahmed	11	6th	40.45
2	Mohamed Aboelazm Maghawry Aboelazm	11	6th	40.35
3	Abdel Rahman Ahmed El_faytoury	11	Sporting	40.27
4	Abdelrhman Moustafa Hanfy	11	A S E C	40.21
5	Loay Alhesen Mohamad Alam	11	Smouha	40.12
6	Almohand Wael	11	15 May	40.19
7	Hassan Ahmed Ehab Wahby	11	Heliopolis	40.24
8	AlHassan Mohamed Hassan	11	El Ghaba	40.34
9	Omar Ahmed Mohamed Gaballah	11	Rowad	40.36
10	Ahmed Osama Abdelhameed	11	M.S Tagamoa	40.47

Heat 18 of 25 Timed Finals

1	Mohamed El Saeed Atia Mohamed	11	6th	40.04
2	Hesham Essam Mohamed	11	Stad Mansoura	40.00
3	Omar Mohamed Ayman Abd El-Gawad	11	Shooting	39.90
4	Omar Ali Fathy Mohamad Es	11	Smouha	39.86
5	amr Magdy Elsayed	11	Al Tersana	39.67
6	Yassin Khaled Ibrahim Hussien	11	Maadi	39.69
7	Malek Mohamed Bader	11	Al Tersana	39.88
8	Moustafa amr Abdelazem	11	Helwan Club	39.95
9	omr Alaa Ebrahim	11	15 May	40.01
10	Adham Amr Hassan	11	Rehab	40.10

Heat 19 of 25 Timed Finals

1	Essam Khaled Abdel Hady	11	Ahly	39.56
2	Youssef Amr Yasseen Mady	11	El Gezira	39.39
3	Tarek Amir	11	Heliopolis	39.28
4	Adham Ahmed 0 Mohamed	11	Shooting	39.25
5	Kareim Mahmoud Ahmed	11	Talbeia	39.18
6	Hamed Mohamed Hamed Mohamed	11	El Shams	39.22
7	Ahmed Hani 0 Ezzat	11	Shooting	39.26
8	Hamza Amro Kandiel	11	El Shams	39.29
9	Mohamud Mohamad Roshdey Abde	11	Smouha	39.53
10	Hamza Tawfik Mohamed Tawfi	11	Tanta	39.62

Heat 20 of 25 Timed Finals

1	Tarek Ahmed Tarek	11	Heliopolis	39.07
2	Mohamed Amr Elsayed Abdelaziz	11	Olympic	39.02
3	Ahmed Walid Shobhy	11	Stad Mansoura	38.95
4	Basel Sameh Mohamed	11	Hadak Al Ahram	38.92
5	Abd Allah Ahmed Abd El Aziz Hussien	11	Maadi	38.90
6	Mohamed Mostafa Alla' ElDin	11	Shooting	38.92
7	Kerolos Moheb Youssef	11	Rehab	38.93
8	Mohamed Bakry Kaaed Abd El Gabbar	11	Maadi	39.02
9	Moaz Eslam Kamal Eldeen E	11	Smouha	39.06
10	Karem Ahmed Samy Bayomy	11	Tanta	39.17

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 21 Timed Finals... (Event 54 Boys 11 Year Olds 50 LC Meter Backstroke)**

1	Mohamed Ahmed Sallem Metwaly	11	Maadi	38.82
2	Ayman ali Elmorsy	11	Stad Mansoura	38.57
3	Mohamed Ashraf Mohamed Abdel Raouf	11	Ahly	38.55
4	Hamza Mohamed Saed	11	El Obour	38.37
5	Moaz Ahmed Zaki Mohamed	11	Tanta	38.34
6	Yassein Tarek Abdelkhalek	11	Talbeia	38.36
7	Mohamed Osama Mohamed	11	A S E C	38.38
8	Tayem Waled Mostafa AbdElh	11	Smouha	38.56
9	Moustfa Mohamed Mahmoud	11	Enppi	38.69
10	Mostafa Hossam el din	11	Stad Mansoura	38.84

Heat 22 of 25 Timed Finals

1	Faris Mohamed Mohamed Farid	11	6th	38.16
2	Yousief Mohamed Fathy Hussie	11	Zamalek	38.13
3	Mazen Refaat Mahmoud	11	Hadak Al Ahram	38.12
4	Omar Mahamed Karam Ali ElSharkawy	11	Heliolido	37.90
5	Selim Shrif Osama Helmy Mohsen	11	El Gezira	37.87
6	Aly Amr Eissa	11	Ahly	37.89
7	Eyad Ahmed Saad Hasn	11	Tanta	38.07
8	Karim Hesham Moh. Fakry Abd Elhalim	11	El Gezira	38.12
9	Karim Mohamed Sharaf	11	Stad Mansoura	38.15
10	Abdul Rahman Khaled el Melouky	11	Sporting	38.27

Heat 23 of 25 Timed Finals

1	Ibrahim Bahaaeldin Ibrahim Sayed	11	Olympic	37.65
2	Mostafa Mohamed Fouad El Gamal	11	Tawfekaya	37.58
3	Ziad amr abd Elhakem	11	Cairo	37.36
4	Youssef Ahmed Samir	11	Wadi Degla	37.34
5	Farouk Mohamed Moharam	11	Wadi Degla	37.20
6	Omar Khaled Ibrahim	11	Ahly	37.21
7	Omar Mohamed Tawfek	11	Al Hawar	37.36
8	Yassin Hussein Nabil Hussein	11	Shooting	37.54
9	Sameir Moataz Bellah	11	Talbeia	37.59
10	Zeiad Ahmed Saied	11	Zamalek	37.76

Heat 24 of 25 Timed Finals

1	Mohamed Osama Fekry	11	Wadi Degla	36.92
2	Ahmed Adel Abdel aal	11	Al Hawar	36.68
3	Adam Mohamed Mahmoud	11	Wadi Degla	36.67
4	Yehia Mohamed Ahmed Ismail	11	Moasasa Riadhia Askaria	36.48
5	Adam Mohamed Mahmoud Mohamed	11	Shooting	36.41
6	Ahmed Mohamed Anwar Fekry	11	Ahly	36.44
7	Mohamad Amr Mohamad Mense	11	Smouha	36.60
8	Adham Amr Ahmed ElSharambakhom	11	Wadi Degla	36.68
9	Adam Ahmed Hasan	11	Wadi Degla	36.78
10	Mostafa Ahmed Mostafa	11	Talbeia	37.12

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 25 Timed Finals... (Event 54 Boys 11 Year Olds 50 LC Meter Backstroke)**

1	Zeiad Ashraf Essam El Din Mohamed	11	Maadi	36.29
2	Yasien Mohamed Roshdy	11	Zamalek	35.74
3	Nour Eldin Mohamed Refaat	11	Ahly	35.56
4	Omar Ayman Esmael Emam	11	6th	35.15
5	Mohamed Tarek Mohamed Zaky	11	Olympic	34.11
6	Marwan Ali Mahmoud	11	Wadi Degla	34.49
7	Youssef Emad Shaaban	11	Ahly	35.42
8	Mohand Alaa Mohamed	11	YMCA	35.59
9	Yassen Osama Yosef Ebrahim	11	Smouha	35.98
10	Eyad Essam Mohamed	11	Cairo	36.29

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 20-11-2019 Evening

Event 55 Boys 14 Year Olds 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Timed Finals				
4	Mohamed Ezat Ali Elgzar	14	Smouha	NT
5	Abdallah Ashraf Abdallah	14	M S B-Sweif	NT
6	Islam Ali Mohamed Ali	14	Beni Suef Club	NT
Heat 2 of 13 Timed Finals				
2	Ibrahim Adl Ibrahim	14	El Nasr Club	50.35
3	Ibrahim Ahmed Galal	14	El Shrook	43.87
4	Yousef Tamer Ramadan Mohy	14	Tanta	43.62
5	Moaz Osama Mohamed Omar	14	El Mekaweloun	43.39
6	Sayd Mohamed Sayd	14	Police Club	43.57
7	Saif al-Islam Mohamed Mostafa	14	Police Club	43.69
8	Omar Wael Ismail Eid	14	Moasasa Riadiyah Askaria	44.49
9	Ahmed Ayman Mohamed Bresha	14	Beni Suef Club	NT
Heat 3 of 13 Timed Finals				
1	Omar Sayed M Ibrahim	14	El Nasr Club	42.98
2	Badr Reda Badr	14	15 May	42.64
3	Mostafa Ahmed Mohamed	14	Zamalek	40.97
4	Yosif Ehab Mohamed Refaat	14	El Nasr Club	40.81
5	Mostafa Ahmed Mostafa	14	Telephonat B.N.S	40.55
6	Ahmed Ashraf Mokhtar	14	Moasasa Riadiyah Askaria	40.73
7	Karim Mohamed Mahmoud	14	El Shrook	40.95
8	amr Ahmed	14	Talbeia	42.01
9	Abdul Rahman Atef Aweida	14	Talbeia	42.64
10	Hassan Mohamed Hassan Abdel	14	Beni Suef Club	43.37
Heat 4 of 13 Timed Finals				
1	Mahmoud Mohamed Samy	14	Mansheit Naser	39.95
2	Zyad Ahmed Abdelmnam Ali Brkat	14	6th	39.85
3	Sief Mohamed Sadoka	14	Tanta	39.45
4	Ali Mostafa Mohamed	14	El Zohour	39.08
5	Mohamed Wael Mohamed Hashem	14	15 May	38.83
6	Ismail Mohamed Ramdan	14	Sporting	38.92
7	Omar Mohamed Hosny	14	15 May	39.14
8	Amar Mohamed Nabil	14	El Ghaba	39.78
9	Mahmoud Aymen abd Elsatar	14	Tanta	39.92
10	Ali Abdalla Ali	14	El Shrook	40.48
Heat 5 of 13 Timed Finals				
1	Abd Alla Karim Ashraf Mahgoub	14	El Gezira	38.75
2	Ahmedd Maged Khorshed	14	Heliopolis	38.10
3	Ali Ibrahim Ahmed	14	El Zohour	38.01
4	Hassn Hatem Mohamed	14	Enppi	37.68
5	Omer Mohamed Mahrous	14	Taleaa El Gish Club	37.53
6	Abdulrahman Wael Hassen	14	Police Club	37.55
7	Hosam Eldien Shreef Mahmoud	14	Tawfekaya	38.00
8	Emad Gamal Marie	14	Al Tersana	38.05
9	Haytham Hesham Yehia Mourad	14	Helwan Club	38.69
10	Osama Esmail Abdel Samiaa	14	El Obour	38.80

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 6 Timed Finals... (Event 55 Boys 14 Year Olds 50 LC Meter Backstroke)**

1	Monzer Mahmoud Ahmed	14	El Zohour	37.38
2	Hany Essam Sharkawy	14	Al Tersana	37.21
3	Yehia SeifEL din EL Marghany	14	El Shams	36.83
4	Youssef Abdullah Nabil	14	El Zohour	36.58
5	Karim Samir Mohamed	14	Hadak Al Ahram	36.49
6	Ahmed Tarek Ahmed	14	Helwan Club	36.54
7	Mohtady Ahmed Mohamed Hassan	14	Smouha	36.58
8	Ahmed Magdy Abd Elhakim	14	El Nasr Club	37.05
9	Omar Hssan Ahmed Wahba	14	Tagamoa Heljhts	37.32
10	Yassien Mohaned Rizek Rizek	14	El Shams	37.49

Heat 7 of 13 Timed Finals

1	Yousef Wesam Mohamed Samer	14	El Mekaweloun	36.10
2	Hussein Hassan Ahmed AbouSteit	14	Heliolido	36.00
3	Yaser Khaled Mamdouh ali	14	Al Tersana	35.84
4	Mostafa Mohamed Mostafa Fahmey	14	El Shams	35.52
5	Omar Mohamed Mahmoud	14	Sporting	35.21
6	Mohamed Hesham Mahmoud	14	Mansheit Naser	35.52
7	Adam Ehab Mamdouh	14	Taleaa El Gish Club	35.55
8	Ahmed Yhya Zkrya Twfek	14	6th	35.85
9	ali abd Elrhman Elsaeed	14	Zamalek	36.00
10	Omar Ahmed Magdy Abd AlManeim	14	Heliolido	36.17

Heat 8 of 13 Timed Finals

1	Abd El Monaem Mahmoud Abd Elmonaem	14	El Zohour	34.95
2	Khaled Khaled Mohamed Wali Alla	14	Shooting	34.93
3	Ziad Mohamed Ahmed Abd El Ghany	14	Shooting	34.68
4	Ali Waled Yossef	14	El Ghaba	34.23
5	Ahmed Yasir Mostafa	14	Shooting	34.20
6	abd al Rahman Hatam Mohmed	14	15 May	34.23
7	Abdallah Mohamed Ahmed Sayed	14	Hadak Al Ahram	34.48
8	Ayman Yasser Manssour	14	Talbeia	34.74
9	Belal Tamer Abas	14	Canal El Suez	34.93
10	Omer Waled Hossam El Din	14	Shooting	35.06

Heat 9 of 13 Timed Finals

1	Basel Amir Ali Hosney	14	6th	34.18
2	Omar Khaled Hasan	14	El Nasr Club	33.97
3	Mohab Tarek Helal Mohamed	14	Heliolido	33.88
4	Moustafa Salah El Din Abdel M	14	El Shrook	33.83
5	Darren Dimitrios Chin	14	Sporting	33.73
6	Blal amr Ahmed	14	Heliopolis	33.74
7	Ibrahim Mohamed Ibrahim Al Gamal	14	Raas El Bar Club	33.84
8	Yosef Ahmed Sabry	14	Heliopolis	33.90
9	abd Elrahman Mohamed Saad	14	Zamalek	34.13
10	Ziad Amr Samir	14	El Nasr Club	34.19

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 10 Timed Finals... (Event 55 Boys 14 Year Olds 50 LC Meter Backstroke)**

1	Mohamed Sameh Kayed	14	El Zohour	33.71
2	Ali Samy	14	Wadi Degla	33.50
3	Ahmed Sharif Ahmed Abdallah	14	Shooting	33.20
4	Adham Tarik Ali Baiuomy	14	Smouha	33.17
5	Fares Husin Atia	14	Tanta	32.91
6	Ahmed Emad Ahmed	14	Ahly	33.11
7	Mohamed Khaled Abdel Maaboud	14	Ahly	33.17
8	Hossien Mohammed Hossien	14	Talbeia	33.35
9	Mohamed Hassan Mohamed	14	Helwan Club	33.70
10	Ahmed Sameh Abdelkader	14	Wadi Degla	33.73

Heat 11 of 13 Timed Finals

1	Ziad Mohamed Fathy	14	Wadi Degla	32.79
2	Abd El Rahman Mohamed Mahrous	14	Tanta	32.56
3	Mohamed Ahmed Maher	14	Ahly	32.55
4	Adhm Montser Kmaal	14	Shooting	32.46
5	Seif Ahmed Nasr	14	Al Tersana	32.05
6	Mazen Ashraf Mohamed Abdel	14	Bank Ahly Alex	32.31
7	Karim Ahmed Maged	14	Zamalek	32.54
8	Seif Eldien Islam Shaker	14	Wadi Degla	32.56
9	Ahmed Mohmed Gmal Eprahem	14	6th	32.71
10	Mohamed Yehia aly Elshenawy	14	Nasr City	32.88

Heat 12 of 13 Timed Finals

1	Omar Khaled Khamis	14	A S E C	31.97
2	Abdel Rahman Khaled Zakaria	14	Ahly	31.86
3	Adham Mohamed Elarby	14	Smouha	31.79
4	Adham Hadee Mohamed Talaat	14	Bank Ahly Alex	31.69
5	Mohamed Khaled Mohamed ali	14	Wadi Degla	31.41
6	Yehia Emad eL Toukhy	14	Sporting	31.45
7	Mohamed Ramy Mohamed	14	Ahly	31.79
8	Abd El Rahman Mohamed Ali	14	Shooting	31.81
9	Tamem Mohamed Tantawy	14	Sporting	31.90
10	Yassin Mohamed Tayaa	14	Pegasus Club	32.03

Heat 13 of 13 Timed Finals

1	Ahmed Yaser Mohamed	14	El Mekaweloun	31.31
2	Moamen Khalid Mohamed	14	Zamalek	30.87
3	Ahmed Hazem Akram	14	Wadi Degla	30.26
4	Ahmed Wael el Mohandes	14	Heliopolis	29.41
5	Mohamed Hany Elsayed	14	Ahly	28.93
6	Khaled Ahmed Mahmoud Gaber	14	Bank Ahly Alex	28.97
7	Mohamed Taha Abd El Raouf	14	Wadi Degla	29.90
8	Malek amr Mahdy	14	Cairo	30.81
9	Aser Hosam Mohamed Elfhmy	14	Bank Ahly Alex	31.16
10	Omar Mohamed Abdel Meguid	14	Ahly	31.35

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 20-11-2019 Evening

Event 56 Girls 11 Year Olds 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Timed Finals				
2	Joy Moheb Yehia	11	Al Qusiya Club	NT
3	Rokia Tamer Abbas	11	Canal El Suez	NT
4	Goudy Ahmed Samir	11	Al Shark Port Said	NT
5	Sama Ahmed Eladawy	11	Canal El Suez	NT
6	Bsmla Abdo abd Eltawab	11	15 May	NT
7	Hala Reda Metwaly	11	Al Qusiya Club	NT
8	Joliana Gerges Bebawy	11	Al Qusiya Club	NT
9	Noray Osama Nagah	11	Senzo	NT
Heat 2 of 18 Timed Finals				
1	Nouren Mohamed Elsayed	11	Helwan Club	55.43
2	Sarah Saber Mohamed	11	M.S Tagamoa	53.09
3	Hapepa Mohamed Helmy	11	El Mekaweloun	51.71
4	Fatma Ebrahim Elshabrawy	11	Sharks Team	51.27
5	Yassmin Ahmed Ali	11	Rowad	50.29
6	Kerya Wael Naaom	11	Sharks Team	50.49
7	Gloria Joseph George Mikhail Barsom	11	Heliolido	51.62
8	Mariam Abdelnaser Ahmed	11	Helwan Club	52.14
9	Farida Ramy Mahmoud Magdy Abdelhamied	11	Heliolido	53.80
10	Jana Amr Abd El Maabod Soltan	11	Maadi	58.39
Heat 3 of 18 Timed Finals				
1	Jana Sayed Rayan	11	El Nasr Club	50.09
2	Retal Hesham Elazap	11	El Mekaweloun	49.19
3	Khadija Mohamed Kamel	11	Sporting	48.99
4	Hala Tarek Asim Mohamed	11	Nasr City	48.94
5	Zainab al Sayed Hussein	11	Nasr City	48.35
6	Malak Ahmed Abd El Aal El Sayed	11	Maadi	48.70
7	Lina Ahmed Abdel Halim	11	Hadak Al Ahram	48.99
8	Sara Ahmed Hamza	11	El Obour	49.11
9	Jana Ahmed Ali	11	El Ghaba	49.97
10	Salma Atta Abdallah	11	Helwan Club	50.18
Heat 4 of 18 Timed Finals				
1	Goody Hany Nabil	11	Nasr City	47.58
2	Habiba Ayman Abbas Maamoun	11	Sporting	47.13
3	Joanna Waleed Shanan	11	Maadi	46.80
4	Khadija Moustafa Mohamed Talaat	11	Maadi	46.40
5	Rana Sherif Ibrahim	11	El Nasr Club	46.15
6	Rokaia Ayman Mohamed Magdy	11	El Zohour	46.39
7	Basmla Ahmed Hassan	11	Taleaa El Gish Club	46.75
8	Amira Ahmed Mohamed	11	El Ghaba	46.81
9	Jana Wael Samir	11	El Nasr Club	47.28
10	Logien abd Elgafar Azab	11	Cairo	47.62

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 5 Timed Finals... (Event 56 Girls 11 Year Olds 50 LC Meter Butterfly)**

1	Gannat Fathy Mohamed	11	El Ghaba	45.40
2	Gana Mohamed Abd Elslaam	11	Taleaa El Gish Club	44.94
3	Alia Mohamed Hady AbdElHady	11	Heliolido	44.60
4	Lujaine Abdelghaffar Sayed	11	El Ghaba	44.46
5	Shahd Abdelhammid Elsaid	11	Stad Mansoura	44.14
6	Sama Ahmed Mohamed	11	Tagamoa Heljhts	44.44
7	Salma Sameh Mohamed	11	El Mekaweloun	44.58
8	Jomana Maged Magdy Abbas	11	Taleaa El Gish Club	44.71
9	Masa Mostafa abd Elghany	11	Tanta	45.20
10	Saja Walid Metwally	11	Sporting	46.09

Heat 6 of 18 Timed Finals

1	Gannat Hamza El_faytoury	11	Sporting	43.70
2	Sara Ahmed Abdelsatar ele	11	Tanta	43.59
3	Jana Mostafa Hassan	11	El Zohour	43.41
4	Nada Amr Mohamed ElGhareeb ElSayed	11	Heliolido	43.38
5	Mariam Ahmed Mohamed	11	Helwan Club	43.25
6	Malak Amr Mohamed Fahim	11	Shooting	43.36
7	Gana Mohammed ali	11	Talbeia	43.39
8	Logain Madhat Ahmed	11	15 May	43.58
9	Roquia Amr Mohamed	11	Police Club	43.68
10	Nawara Ashraf Abdo	11	Hadak Al Ahram	43.76

Heat 7 of 18 Timed Finals

1	Ayla Mohamed Ali EL Medany	11	Heliopolis	43.20
2	Hagar Safwat Mohamed	11	El Zohour	42.91
3	Rahma Allah Sameh Hassan	11	Enppi	42.66
4	Almas Maged Mohamed	11	Helwan Club	42.59
5	Jana Atef Rabie Ahamed	11	Shooting	42.48
6	Remas Rabea Mousa Hassan	11	Olympic	42.49
7	Yasmin Abdel Gawad Hamed	11	Hadak Al Ahram	42.65
8	Radwa Hamad Adel Hamad	11	Moasasa Riadiah Askaria	42.76
9	Alaa Mahmoud Mohamed	11	Al Shehk Zaeid	42.93
10	Jana Mohamed Abdeltawab	11	Helwan Club	43.23

Heat 8 of 18 Timed Finals

1	Hager Mostfa Mohamed	11	Tagamoa Heljhts	42.23
2	Malak Mohamed abd Elmawla	11	Tanta	42.10
3	Mariam Mohamed Khalil Ebrahim	11	6th	42.01
4	Malak Yasser Abdellatif	11	Sporting	41.80
5	Kinzy Fathy Mohamed	11	Moasasa Riadiah Askaria	41.71
6	Karmaa Karim Rasmy	11	Enppi	41.77
7	Mariam Ebrahim Mohamed Hamdy	11	Heliopolis	41.88
8	Hala Sherif Samir abd Elmohsen	11	Taleaa El Gish Club	42.04
9	Habiba Mahmoud Abdelnaby	11	Sharks Team	42.12
10	Habiba Mohamed Montaser Mohamed	11	6th	42.24

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 9 Timed Finals... (Event 56 Girls 11 Year Olds 50 LC Meter Butterfly)**

1	Godi Mahmoud Hasan Yosef	11	El Obour	41.55
2	Haneen Waleed Ahmed Ahmed	11	Taleaa El Gish Club	41.38
3	Marem Mohamad Ebrahim Elby	11	Smouha	41.21
4	Rinad Walid Gomaa	11	Stad Mansoura	41.12
5	Logein Mohammed Mostafa	11	Talbeia	40.88
6	Rawan Mohamed Saleh Mohmaed	11	El Shams	40.95
7	Khadega Kaled	11	Heliopolis	41.18
8	Malak Mohamed Ahmed Mohamed	11	Moasasa Riadiah Askaria	41.36
9	Mariam Mosad Hassan aly	11	Moasasa Riadiah Askaria	41.43
10	Hana Alaa Eldeen Ezzat	11	Taleaa El Gish Club	41.65

Heat 10 of 18 Timed Finals

1	Goody Aslam Mohamed Shawky	11	Nasr City	40.80
2	Haya Hesham Mohamed	11	Al Hawar	40.69
3	Hana Asad Alsaid Shmata	11	6th	40.44
4	Gana Amro Abdallah Hamed	11	Tanta	40.36
5	Jasmine Mohamed Youssef	11	Shooting	40.16
6	Malak Khaled Mohamed Dawy	11	Moasasa Riadiah Askaria	40.32
7	Toka Adham Mohamed	11	Al Tersana	40.38
8	Jana Ahmed Eid	11	El Ghaba	40.44
9	Rokaya Emad Samir Hassan Abdel Khalek	11	Heliolido	40.72
10	Karma Hosam Basim Elkhatib	11	6th	40.86

Heat 11 of 18 Timed Finals

1	Hour een Samer Elsaeid Shaban	11	Smouha	39.85
2	Farida Mostafa Ahmed Fathy	11	Shooting	39.56
3	Lojain Tarek Esmail	11	Heliopolis	39.44
4	Noon Ahmed Osama	11	El Ghaba	39.37
5	Jasika Dawood Aziz	11	Ahly	39.21
6	Mariam Tarek Mohammed	11	Talbeia	39.34
7	Saja Mohamed Zaki	11	Sporting	39.39
8	Rewa Ahmed Fathy abo Esha	11	Tanta	39.47
9	Nour Ahmad Mahmud Abdelrh	11	Smouha	39.72
10	Sama Bassem Hamdy	11	Nasr City	39.86

Heat 12 of 18 Timed Finals

1	Sadan Khaled Mostafa Mahmo	11	Bank Ahly Alex	39.11
2	Habiba Mohmaed Himed Hamed	11	El Shams	39.03
3	Mera Medhat Madbouly	11	Ahly	38.89
4	Maay Ahmed Saied Abdelmot	11	Zamalek	38.86
5	Salma Mohamed Azmy Abdallah	11	Moasasa Riadiah Askaria	38.78
6	Lina Ibrahim Eslam	11	El Zohour	38.84
7	Younna Ahmed Fouad	11	Zamalek	38.87
8	Mayroz Mohamed abd Elsalam	11	Tanta	38.94
9	Jomana Walaa Abd Elhakim	11	El Obour	39.04
10	Jana Mohamed Darwish	11	El Ghaba	39.15

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 13 Timed Finals... (Event 56 Girls 11 Year Olds 50 LC Meter Butterfly)**

1	Nouran Tamer Hassan	11	Enppi	38.61
2	Aysel Sameh Mahmoud	11	El Zohour	38.50
3	Habiba Mohamed Nashaat AbdElGhafar	11	Heliolido	38.35
4	Yara Ahmad Nageb Ahmad Ab	11	Smouha	38.24
5	Rawan Khaled FatoH Abdel Galel	11	Taleaa El Gish Club	38.15
6	Nourhan el Sayed Mahmoud	11	Hadak Al Ahram	38.19
7	Hanin Saeed	11	Zamalek	38.33
8	Kenzy Waael Hosny	11	Al Hawar	38.36
9	Sama Mohamed Ibrahiem Ibrahiem	11	El Shams	38.57
10	Menna Allah Mohmed Saleh	11	M.S Tagamoa	38.71

Heat 14 of 18 Timed Finals

1	Malak Mostafa Mahmoud	11	Elethead	38.06
2	Salma Hesham Sayed	11	Shooting	37.81
3	Rawan Yahia	11	Zamalek	37.54
4	Marim Amr Mohamed	11	El Nasr Club	37.45
5	Hana Mohamed Ezzat Taha	11	Heliopolis	37.29
6	Samaa Khames Mohamed Esmee	11	Bank Ahly Alex	37.43
7	Salma Ahmed Elmiligi Badawi	11	6th	37.46
8	Malak amr Hasaan	11	Al Hawar	37.67
9	Amina Moustafa Mohamed Talaat	11	Maadi	38.04
10	Aliaa Ahmad Rapea Saleh	11	Heliopolis	38.09

Heat 15 of 18 Timed Finals

1	Amenha Hesham Amin	11	El Zohour	37.08
2	Ganna Mohmed Magdy Abdelhamed	11	Gezira El Ward	36.90
3	Habiba Ahmed Hassan	11	Ahly	36.66
4	Mariam Eslam Hosny	11	Wadi Degla	36.37
5	Micale Ramy Guirguis	11	Rehab	36.28
6	Malak Saheer Samy	11	Helwan Club	36.34
7	Habiba Hossam Abdraboh Aly	11	El Shams	36.44
8	Yasmen Naser Esmael Mohamad	11	Smouha	36.73
9	Omama Shady Mohammad Safwan El Solamy	11	Heliolido	36.97
10	Kenzy Yasser	11	Talbeia	37.17

Heat 16 of 18 Timed Finals

1	Habiba Ramadan Mohamed	11	Stad Mansoura	36.11
2	Rancy Mohamed Hafez	11	Tanta	36.04
3	Saba Ahmed Elshabrawy	11	Ahly	35.85
4	Mona Mohamed Alaa	11	El Mekaweloun	35.61
5	Mariam Yasser Mohamed	11	Wadi Degla	35.43
6	Nancy Mostafa Ibrahiem Mohamed	11	El Shams	35.45
7	Lina Haythaim Hassan	11	Wadi Degla	35.73
8	Farah Osama Mohamed Azoz	11	Wadi Degla	35.97
9	Basmala Taha Abd Alraouf	11	Wadi Degla	36.08
10	Fairoz Ahmed Ibrahiem	11	El Shams	36.19

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 17 Timed Finals... (Event 56 Girls 11 Year Olds 50 LC Meter Butterfly)**

1	Salma Khaled Mohamed	11	Wadi Degla	35.31
2	Jana Ahmed akl	11	Sporting	35.22
3	Haya Mohamed Mahmoud	11	Wadi Degla	35.06
4	Hanan Mahmoud Ramadan	11	Stad Mansoura	34.98
5	Salma Mohamed Hamdy	11	Gezira El Ward	34.53
6	Hader Mahmoud	11	Zamalek	34.58
7	Nour Hasan Fouad	11	Cairo	35.03
8	Salma Ahmed Abo Mosalm	11	Ahly	35.11
9	Jana Maged Amir	11	El Zohour	35.23
10	Nour Mohamed Elsoda	11	Maadi	35.31

Heat 18 of 18 Timed Finals

1	Jana Mostafa Moktar	11	Cairo	34.29
2	Alaa Mamdouh abd Elhady Mohamed	11	Moasasa Riadiah Askaria	34.20
3	Nour Shref Osama	11	Heliopolis	34.10
4	Lara Ahmed Elwan	11	Ahly	33.90
5	Sama Iyhab Onsy	11	Al Hawar	33.25
6	Nadine Hazem Mohamed	11	Pegasus Club	33.56
7	Malak Ahmed O Gamal al Shazly	11	Shooting	34.01
8	Hanya Hossam Ahmad Salama	11	Smouha	34.14
9	Maya Abdelaziz Zakaria	11	Ahly	34.24
10	Farida Nasser Mohamed El-Safty	11	Shooting	34.38

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 20-11-2019 Evening

Event 57 Girls 14 Year Olds 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Timed Finals				
2	Mariam Mohamed Atef	14	Al Qusiya Club	NT
3	Rina Amgad Sabry Ghaly	14	Senzo	NT
4	Menna Alla Mohamed Moustafa	14	Zamalek	47.06
5	Klara Alfred Sabr	14	Zamalek	45.12
6	Nor Sheref Adel	14	Mansheit Naser	47.03
7	Allaa Ahmed Kamal	14	Al Zaher	52.25
8	Malak Amr Ali	14	Beni Suef Club	NT
9	Mariam Ahmed Zakria	14	Police Club	NT
Heat 2 of 8 Timed Finals				
1	Joumana Mohamed Eldegwy	14	S Shbein Al Koum	42.18
2	Rwan Khaled Abdelhalem	14	Taleaa El Gish Club	40.79
3	Shahd Ahmed O al Ansari	14	Shooting	39.80
4	Malak Amr Abd EL Khalek	14	Heliopolis	38.36
5	Nawal Yasser Sayed	14	El Obour	37.98
6	Fareda Shreif Halouda	14	Heliopolis	38.10
7	Ola Ehab Samier Abd EL Kader	14	El Shams	38.79
8	Rola Mostafa Salah	14	Shooting	40.58
9	Jana Mohmed abd Tawab	14	15 May	41.57
10	Noran Shrif Monir	14	El Mekaweloun	42.97
Heat 3 of 8 Timed Finals				
1	Malak Mahmud Hassan	14	El Ghaba	37.77
2	Salma Mohamed Ewees	14	Ahly	36.98
3	Arwa Sherif Mohamed Samy	14	Shooting	36.83
4	Haya HossamEldin Kndel	14	Smouha	36.72
5	Karma Abd el Rhman Ezzt Mohamed	14	El Shams	36.30
6	Fareda Mohamed Nwar	14	Tanta	36.30
7	Zenab Wagdy	14	El Ghaba	36.82
8	Laila Tarek Bakry	14	Heliopolis	36.89
9	Esraa Nasser Mahdy	14	El Zohour	37.08
10	Yasmin Mohame ElSaid Ismael	14	Smouha	37.93
Heat 4 of 8 Timed Finals				
1	Nour Reda Mohamed	14	15 May	35.73
2	Marim Usama Mohamed	14	Al Tersana	35.40
3	Rokaya Khalid El Masry	14	Sporting	35.18
4	Hames Mohamed Hanfy	14	Bank Ahly Alex	35.04
5	Lana Yasir Mohamed Gamal	14	Shooting	34.96
6	Darien Wael Said Abdel Raouf	14	Al Shehk Zaeid	34.99
7	Rawda Mohamed Mobark Abdel Azem	14	Wadi Degla	35.05
8	Zeina Tamer Zeinhoum	14	Ahly	35.21
9	Sarah Hesham Abd El Hamid	14	15 May	35.71
10	Sama Wael Mohamed	14	Cairo	36.03

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 5 Timed Finals... (Event 57 Girls 14 Year Olds 50 LC Meter Butterfly)**

1	Salma Osama Kamal	14	Elethead	34.74
2	Lyla Tamer Ahmed Mgdey	14	6th	34.62
3	Marim Mohamed Osman	14	El Nasr Club	34.49
4	Malak Mostafa Beshir	14	Ahly	34.48
5	Malak Hasan Moh. Elhoshy	14	El Gezira	34.14
6	Rewan Saed Khames Mahmoud	14	Bank Ahly Alex	34.14
7	Hana A Ahmed Ateia	14	Wadi Degla	34.48
8	Salma Samir abd el Azim	14	Al Tersana	34.61
9	Somia Ahmed Mohamed	14	El Ghaba	34.69
10	Sama Tarek Salah	14	Wadi Degla	34.83

Heat 6 of 8 Timed Finals

1	Gody Tarik Salah Elwilily	14	Smouha	33.87
2	Jana Ahmed Abdallah	14	Wadi Degla	33.74
3	Mariam Nasr Ahmed Said	14	15 May	33.59
4	Shahd Yousry Mohamed Hassan	14	Olympic	33.05
5	Hanan Ahmed Mohamed Mahmoud	14	Olympic	32.89
6	Aida Ahm. Mohssin Abd Elrazek	14	El Gezira	33.00
7	Jana Mohamed Samir Khaled	14	Olympic	33.36
8	Nouran Marawan Ramadan	14	Ahly	33.73
9	Habibia Haitham Ismaielgamal	14	Nasr City	33.76
10	Nour Ahmed Samer	14	Sporting	33.88

Heat 7 of 8 Timed Finals

1	Rim Husin Khallaf	14	Tanta	32.72
2	Hams Sameh Afify Matwaly	14	Wadi Degla	32.64
3	Rahaf Ahmed Esmaeel	14	Zamalek	32.34
4	Farah Mohammed Abd Rabbo	14	Wadi Degla	31.94
5	Lela Ahmed Kamal	14	El Ghaba	31.57
6	Gana Mohamed Abd ElSamed Abass	14	Shooting	31.75
7	Sara Elhamy Foad Abd El Sallam	14	Maadi	32.02
8	Shahd Mohamed Ismael	14	Smouha	32.52
9	Zahwa Mohsen Sayed	14	Ahly	32.66
10	Gody Ahmed Badawy Mhmoud	14	Smouha	32.84

Heat 8 of 8 Timed Finals

1	Malak Mohamed Mhmoud Hamad	14	Smouha	31.36
2	Nour Mohamed Hossain	14	Shooting	31.11
3	Malak Khaled Abdel Aziz	14	Ahly	30.82
4	Rawan Wael	14	Ahly	29.32
5	Rodaina Mohamed Saad	14	Wadi Degla	29.06
6	Hana Waled Hassan	14	El Ghaba	29.26
7	Nour Mohamed Ibrahim Ali	14	Smouha	29.37
8	Rodaina Mohamed Mohamed Hass	14	Nasr City	31.01
9	Malak Mohamed Mahmoud Gaber	14	Maadi	31.23
10	Gody Ahmed Zaki	14	Tanta	31.52

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 20-11-2019 Evening

Event 58 Boys 11 Year Olds 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 19 Timed Finals				
2	Mark Saleeb Eshak	11	Al Qusiya Club	NT
3	Adham Mohamed Mandour	11	Canal El Suez	NT
4	Ali El- Sayed Hessuin El-Gafary	11	Senzo	NT
5	Ahmed Ebrahim Farag	11	Al Qusiya Club	NT
6	Ziad Salem Sayed	11	Canal El Suez	NT
7	Yousef Badr Sayed	11	15 May	NT
8	Ahmed Hazem Ibrahim	11	Canal El Suez	NT
Heat 2 of 19 Timed Finals				
1	Zeyad Mohamed Elsayed	11	Sporting	NT
2	Mohamed Ahmed Mohamed	11	Sharks Team	2:01.50
3	Saif Elden Mohamed Ahmed	11	Nasr City	1:56.71
4	Adam Eslam Mohamed Batal	11	Rowad	1:45.62
5	Kareem Osama Attia	11	15 May	1:43.30
6	Yasin Mostafa Mohamed	11	Sharks Team	1:43.60
7	Moaz Ehap Ahmed	11	El Mekaweloun	1:56.58
8	Mrwan Hatem Samir	11	Sharks Team	1:59.38
9	Abdelrahman Ahmed Mohamed	11	Canal El Suez	NT
10	Abdel Rahman Ahmed Nour El Din	11	Bank Ahly Geza	NT
Heat 3 of 19 Timed Finals				
1	Mohamed Hany Ragheb	11	Hadak Al Ahram	1:42.36
2	Moaaz Mohamed Ismaeel	11	Rowad	1:41.57
3	Yousef Ahmed Mohamed Samy	11	Heliopolis	1:40.24
4	Karim Moh. Adel Moh. Munir	11	El Gezira	1:39.19
5	Youssef Monir Nabil el Sayed	11	Sporting	1:38.61
6	Mohamed Osama Abdelhameed	11	M.S Tagamoa	1:38.98
7	Omar Mohammed Fakhry	11	Talbeia	1:39.95
8	Omar Mahmoud Saied	11	El Shams	1:41.54
9	Mohamed Ashraf Salah	11	Nasr City	1:41.99
10	Omar Mohamed abu Bakr	11	Hadak Al Ahram	1:43.26
Heat 4 of 19 Timed Finals				
1	Kirollos Jan Farnses	11	Taleaa El Gish Club	1:38.06
2	Mohamed Ehap Mohamed	11	El Mekaweloun	1:37.75
3	Saif Eldin Ayman Elsayed Awad	11	Taleaa El Gish Club	1:37.32
4	Adam Karim Kamal Mah. Kamal Ahm.Kamal	11	El Gezira	1:37.09
5	Karim Ebrahim Shaaban	11	El Ghaba	1:36.63
6	Amir Tadros Mouner	11	Heliopolis	1:36.87
7	Yassin Mohamed Saleh Abdelhakam	11	Olympic	1:37.23
8	al Modather Yehya Abdel Ghafar	11	15 May	1:37.48
9	Saif Khalid Abdul Aziz	11	Hadak Al Ahram	1:37.80
10	Ziad Ahmed Abd EL Wahab	11	Rowad	1:38.16

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 5 Timed Finals... (Event 58 Boys 11 Year Olds 100 LC Meter Butterfly)**

1	Yihie Elsied Abd Elrhiem	11	El Obour	1:35.66
2	Ibrahim Mohamed Ibrahim	11	Enppi	1:35.30
3	Yasen Kaled Yosry Abd Elbar Hashesh	11	El Gezira	1:34.57
4	Omar Sameh ali Ragab	11	Gezira El Ward	1:34.20
5	Belal Tarek Mohamed Ibrahiem	11	El Shams	1:34.04
6	Abduallah Ahmed Adel Mohamed	11	Rehab	1:34.07
7	Khaled Mostafa Hassan	11	Helwan Club	1:34.42
8	Nagy Ahmed Nagy Aly Aly	11	Heliolido	1:35.05
9	Mohamed Ebrhim Mohamed	11	Sharks Team	1:35.51
10	Youssef Ahmed Mahmoud Hussien	11	Maadi	1:36.11

Heat 6 of 19 Timed Finals

1	Mohamed Fares Abdelhade	11	El Mekaweloun	1:33.45
2	Ibrahim amr Ibrahim	11	Hadak Al Ahram	1:33.11
3	Omar Mohamedmohmd Elsayed	11	El Ghaba	1:32.69
4	Mostafa Hesham Fatehy	11	Nasr City	1:31.05
5	Baraa Mostafa ElSayed Bayoume	11	Heliolido	1:31.00
6	Yassin Ali Mahmoud	11	El Ghaba	1:31.02
7	Ail Gamal MohamedHassan Hammad	11	Tawfekaya	1:31.98
8	Zyad Mohamed Hedaya	11	Sharks Team	1:33.00
9	Ahmed Shehab Abraham	11	El Zohour	1:33.42
10	Omar Moustafa Mahamed Mahmoud	11	Heliolido	1:33.62

Heat 7 of 19 Timed Finals

1	Moaz Sherif Wagdy Abdelaal	11	Moasasa Riadhia Askaria	1:30.89
2	Omar Yamin Moheb	11	Zamalek	1:30.07
3	Marwan Mohmed Yahia	11	Cairo	1:29.44
4	Kariem Ahmed Mahmoud	11	Cairo	1:28.91
5	Ziad Ayman Mamon	11	Cairo	1:28.71
6	Ahmed Shirief Ahmed Mohamed	11	El Shams	1:28.88
7	Abdelrahman Mahmoud Mohamed	11	El Shams	1:29.31
8	Adam Tarek Adel EL Ghazoly	11	Heliopolis	1:29.55
9	Mohamed Yaser Ahmed Zaky	11	Taleaa El Gish Club	1:30.39
10	Felemon Eshaq Fangary	11	El Ghaba	1:30.92

Heat 8 of 19 Timed Finals

1	Anas Mohamed Sayed	11	Enppi	1:28.36
2	Mohamed Ayman Abd el Hafyz	11	Shooting	1:27.90
3	Saif abd Allah Ibrhem	11	Al Tersana	1:27.78
4	Adam Ashrf Abdel Rahman	11	Nasr City	1:27.65
5	Anas Amr Abdalla	11	El Ghaba	1:27.62
6	Ahmed Hossam Ahmed Ghaly	11	Shooting	1:27.62
7	Seif Ahmed Hussein	11	Helwan Club	1:27.66
8	Yassen Mohamed Abd EL Naeem	11	Rowad	1:27.82
9	Yosif Samer Samir Moh. Helmy Mahmoud	11	El Gezira	1:28.10
10	Ahmed Sherief Ismaiel Sayed	11	El Shams	1:28.39

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 9 Timed Finals... (Event 58 Boys 11 Year Olds 100 LC Meter Butterfly)**

1	Yassin Tamer Samir	11	El Zohour	1:27.36
2	Zeyad Ahmed Mahmoud Samy	11	Ahly	1:27.08
3	Mohamed Amin Abd Elsatir	11	El Nasr Club	1:26.90
4	Mohamed Ashraf Safwat	11	Zamalek	1:26.72
5	Basel Hisham Samer	11	Al Shehk Zaeid	1:26.00
6	Yasien Ahmed Mansour Nour	11	A S E C	1:26.70
7	Aser Nayrouz Raafat	11	El Temsah	1:26.77
8	Mohammed Ibrahim Salman	11	El Temsah	1:27.01
9	Sherif Atef Mohamed Mohamed	11	Rowad	1:27.21
10	Seif Elaslaam Ahmed Mohamed	11	El Zohour	1:27.55

Heat 10 of 19 Timed Finals

1	Kareem Sherif Abdel Aziz Elshaer	11	6th	1:25.86
2	Tarek Ahmed Tarek	11	Heliopolis	1:25.59
3	Omar Ahmed Elzeni	11	El Zohour	1:25.21
4	Amjad Ahmed Shawky	11	Hadak Al Ahram	1:24.77
5	Ziad Mohamed Gamal ElDine Mahmoud	11	Heliolido	1:24.57
6	Yassin Abdelmegeed Mohamed	11	El Ghaba	1:24.61
7	Moaz Ahmed Mohamed	11	Al Tersana	1:25.10
8	Abd Allah Mohamed Ahmed Abd Elhamid	11	El Zohour	1:25.38
9	Zeiad Ahmed Saied	11	Zamalek	1:25.60
10	Yassin Mohamed Tallat	11	Ahly	1:25.89

Heat 11 of 19 Timed Finals

1	Ziad Rafik Mahmoud	11	Stad Mansoura	1:24.49
2	Zyad Ibrahim Mohamed	11	Heliolido	1:24.33
3	Yassin Safy Eldin	11	El Ghaba	1:24.22
4	Adham Ayman Ebrahim Swilam	11	Tanta	1:24.11
5	Selim Moh. Foad Hamdy	11	El Gezira	1:23.95
6	Omar Mohamad Ali Ebrahim	11	Smouha	1:24.06
7	Abdel Rahman Ahmed EL_faytoury	11	Sporting	1:24.12
8	Karim Nader Mohamed Tawfik	11	Maadi	1:24.30
9	Hamza Mohamed Rifaat	11	Shooting	1:24.39
10	Karem Ahmed Samy Bayomy	11	Tanta	1:24.55

Heat 12 of 19 Timed Finals

1	Yassin Haytham Mohamed Emad	11	Ahly	1:23.81
2	Selim Ahm. Mah. Ahm. Niazy Mahmoud	11	El Gezira	1:23.76
3	Ahmed Sameh Mohamed Emam	11	Heliopolis	1:23.55
4	Yassin Ahmed Abou Khedr	11	Al Shark Port Said	1:23.29
5	Abelrahman Mohamed Abdelrahman	11	Al Tersana	1:23.08
6	Saif Mohamed Salah Eisaa	11	6th	1:23.18
7	Mohamed Ahmed Mohamed Youssef	11	Ahly	1:23.30
8	Gaser Mostafa aly Mohamed	11	Moasasa Riadiah Askaria	1:23.65
9	Mohammed Magdy Hassan	11	El Temsah	1:23.80
10	Zeyad Ashraf Mohamed Ebrah	11	Tanta	1:23.84

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1	Belal Tamer Aly	11	Ahly	1:22.90
2	Omar Atef el Sadat	11	Al Hawar	1:22.84
3	Ahmed Khaled Hashem Ali	11	Heliopolis	1:22.48
4	Mohamed Hassan Abd El Wahab	11	Maadi	1:22.17
5	Youssef Yasser Farouk Hassan	11	Sporting	1:21.75
6	Basel Mohamed Ibrahim	11	A S E C	1:21.92
7	Omar Mostafa Ahmed Mostaf	11	Rowad	1:22.45
8	Abdelrahman Mohamed Saied Elsayed	11	Olympic	1:22.64
9	Hesen Mohamad Elsaied Yose	11	Smouha	1:22.84
10	Yousef Emad El Din Mostafa	11	Al Shark Port Said	1:22.92

Heat 14 of 19 Timed Finals

1	Zayad Emad Mohamed	11	Al Tersana	1:21.30
2	Mostafa Mohamed Salah Safoh	11	Tanta	1:21.06
3	Mohamed Magdy Atef Ebrahim	11	6th	1:20.91
4	Saif Mohammed Salama	11	El Temsah	1:20.52
5	Moustafa Wael Kasem	11	Zamalek	1:20.45
6	Hassan Ahmed Mohamed Essam	11	Heliopolis	1:20.48
7	Mostafa Mohamed Fouad El Gamal	11	Tawfekaya	1:20.82
8	Yousief Ahmed Yousief	11	Cairo	1:20.95
9	Almohand Wael	11	15 May	1:21.08
10	Omar Ahmed Moaaz	11	Stad Mansoura	1:21.73

Heat 15 of 19 Timed Finals

1	Anas Wael	11	Talbeia	1:20.06
2	Sherief Reda Metwaally	11	El Zohour	1:19.60
3	Yassin Belal Mohamed Mohamed	11	Olympic	1:19.47
4	Mazen Refaat Mahmoud	11	Hadak Al Ahram	1:19.07
5	Yassin Mohamed Abdelghany Elsaid	11	6th	1:18.94
6	Hamza Hazem Moneb	11	Cairo	1:19.00
7	Ahmed Mohamed Farok	11	Baladyat El Mahala	1:19.32
8	Mahmoud Osama 0 Mohamed	11	Shooting	1:19.57
9	Ehab Ashraf Ebrahim esa	11	Tanta	1:20.03
10	Yassin Youssef Mohamed Elshaabeny	11	Olympic	1:20.19

Heat 16 of 19 Timed Finals

1	Amer Ahmad Elsayed Awad M	11	Smouha	1:18.79
2	Marawan Mohamed Sayed	11	Ahly	1:18.65
3	Ahmad Ehab Ebrahim Abdelwa	11	Smouha	1:18.50
4	Ahmed Mohamed Abdel Salam Mohamed	11	Heliolido	1:18.36
5	Yossef Ayman Abdalla Mohama	11	Smouha	1:17.82
6	Ahmed Adel Abdel aal	11	Al Hawar	1:18.27
7	Eyad Mohamed Shokry Mohamed	11	6th	1:18.42
8	Souhaib Gamal Abdelfattah Fadel	11	Olympic	1:18.56
9	Hasan Mohamed Hasan	11	El Nasr Club	1:18.76
10	Ziad Ayman Mamoun	11	Zamalek	1:18.94

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 17 Timed Finals... (Event 58 Boys 11 Year Olds 100 LC Meter Butterfly)**

1	Abdalla Adel Abdalla	11	Ahly	1:17.50
2	Yassen Osama Yosef Ebrahim	11	Smouha	1:17.15
3	Omar Adel Ishaq	11	Wadi Degla	1:16.93
4	Abdelrahman Sobhy Abdelhalem Moh	11	Bank Ahly Alex	1:16.81
5	Yehya Karem Mamdoh Ahmed	11	Gezira El Ward	1:16.72
6	Anas Omar Elewa Mohamed	11	Wadi Degla	1:16.79
7	Yasien Mohamed Fathy	11	Zamalek	1:16.88
8	Yousef Mohamed Awad	11	Stad Mansoura	1:16.98
9	Moaz Ahmed Zaki Mohamed	11	Tanta	1:17.18
10	Hady Mohamed Sabry	11	Enppi	1:17.54

Heat 18 of 19 Timed Finals

1	Ahmed Yasser Mahmoud Salman	11	El Zohour	1:15.80
2	Anas Mostafa Shaker	11	Wadi Degla	1:15.38
3	Yassein Waleed Elsayed	11	Talbeia	1:15.02
4	Mahmoud Hossam El din Mahmoud	11	Shooting	1:14.71
5	Hussin Hesham Hussin	11	Wadi Degla	1:14.53
6	Saif Mohamed O Mahmoud Metwaly	11	Shooting	1:14.54
7	Tiam Mohamed Saad	11	Stad Mansoura	1:14.81
8	Omar Ahmed Emad	11	Shooting	1:15.32
9	Anas Haythm Mohamad Elsay	11	Smouha	1:15.79
10	Ali Ahmed El Prince	11	Wadi Degla	1:16.04

Heat 19 of 19 Timed Finals

1	Omar Wahed Ibrahim Awad	11	Rowad	1:14.29
2	Abdelrhman Moustafa Hanfy	11	A S E C	1:14.23
3	Hazem Tamer Fathy	11	Gezira El Ward	1:13.57
4	Ahmed Waleed abd Elhady	11	Talbeia	1:11.56
5	Mahmoud Ahmed Mohamed Anwar	11	A S E C	1:09.04
6	Zeiad Ashraf Essam El Din Mohamed	11	Maadi	1:09.48
7	Hossen Ahmed Mohamed Hashad	11	Tanta	1:13.08
8	Abd Allah Tamer Abd El Raaof	11	Maadi	1:14.15
9	Eyad Ahmed Al Sayed	11	Wadi Degla	1:14.29
10	Ahmed Maged Ghoureib	11	Wadi Degla	1:14.39

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 20-11-2019 Evening

Event 59 Boys 14 Year Olds 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Timed Finals				
1	Houssein Salem Sayed	14	Canal El Suez	NT
2	Mena Magdy Fayez	14	Al Qusiya Club	NT
3	Seif Ehab Mohamed	14	El Mekaweloun	NT
4	Zeyad Mohamed Alsaied	14	Al Shark Port Said	NT
5	Sameh Mohamed Sameh	14	Police Club	1:29.72
6	Moustafa Mohamed Shehata El Nekhily	14	Heliolido	1:33.46
7	Abdel Rahman Ibrahim Hassan	14	Canal El Suez	NT
8	Daniel Imad Talat	14	Beni Suef Club	NT
9	Hazem Mostafa Abdel Azim	14	Beni Suef Club	NT
10	Hassan Mohamed Hassan Abdel	14	Beni Suef Club	NT
Heat 2 of 14 Timed Finals				
1	Mahmoud Mohamed Desouky Abosriea	14	Taleaa El Gish Club	1:23.44
2	Abdel Rahman Adel Abdel Rahman	14	Talbeia	1:22.58
3	abd el Rahman Alaa Ibrahim Ahmed	14	15 May	1:20.87
4	Khaled Walied Atia	14	El Shams	1:20.40
5	Omar Mohamed Talat	14	Police Club	1:19.91
6	Tarek Ahmed Ali	14	El Zohour	1:20.39
7	Omar Mohamed Mouslhy	14	Moasasa Riadiah Askaria	1:20.44
8	Mohamed Ebrahim Sadoma	14	Tanta	1:21.28
9	Yousif Emad El Din Abdel Ra	14	El Shrook	1:22.83
10	Mahmoud Haitham M Azmy	14	El Nasr Club	1:24.69
Heat 3 of 14 Timed Finals				
1	Mohamed Abd El Kader Abo El Dahab	14	El Zohour	1:18.40
2	Ahmed Shady Abd ElRahman Mohamed	14	Heliolido	1:18.09
3	Yossef Mohamed Sayed Idris	14	Taleaa El Gish Club	1:17.11
4	Mohmed Wled Talat Hsanen	14	6th	1:16.74
5	Karim Ahmed Gamal	14	Tanta	1:16.64
6	Moustafa Mohmoud Talaat Mahmoud	14	Heliolido	1:16.68
7	Abd EL Malek Ashour	14	El Shams	1:16.95
8	Abd Elrmahman Mohamed Saeed Hassan	14	Heliolido	1:17.82
9	ezz Elden Marouf Mayaz	14	Al Tersana	1:18.23
10	Youssef Ahmed Abd El Whab	14	El Zohour	1:19.55
Heat 4 of 14 Timed Finals				
1	Zyead Mohamed Hassan	14	Zamalek	1:15.91
2	Yosef Atef el Sadaty	14	Al Hawar	1:15.86
3	Karim Samer Galal	14	Cairo	1:15.67
4	Yasein Abdel Hady Ahamed Abdel Hady	14	Heliolido	1:15.46
5	Yossef Mahmud Azzat	14	El Ghaba	1:15.34
6	Mohamed Hazm	14	Taleaa El Gish Club	1:15.38
7	Mohamed Salah El Din Abdel M	14	El Shrook	1:15.57
8	Ahmed Reda Mahmoud	14	15 May	1:15.68
9	Ahmed Hossam abd el Moneam	14	Al Tersana	1:15.86
10	Omar Osama El Saadany	14	Sporting	1:15.95

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 20-11-2019 Evening****Heat 5 Timed Finals... (Event 59 Boys 14 Year Olds 100 LC Meter Butterfly)**

1	Marwan Mohamed Maged	14	Cairo	1:14.95
2	Mohamed Ahmed Elkhashab	14	Elethead	1:14.54
3	Adham Mohammed ali	14	Talbeia	1:13.79
4	Saif El Dien Ahmed Mohamed	14	Hadak Al Ahram	1:13.20
5	Abd El Manaam Moh Abd Elmanaam	14	El Ghaba	1:12.80
6	Eyad Mohamed Samy	14	Zamalek	1:12.99
7	Ahmed Mohamed Sallah	14	Mansheit Naser	1:13.79
8	Mahmoud Khaled Mahmoud Bader	14	El Shams	1:14.03
9	Hassan Ahmed Hassan	14	Zamalek	1:14.74
10	Monzer Mahmoud Ahmed	14	El Zohour	1:15.09

Heat 6 of 14 Timed Finals

1	sif El Din Mohamed Afifi	14	Shooting	1:12.43
2	Karim amr Mahmoud	14	Nasr City	1:12.06
3	Yossef Ahmed Abd Allah Salem	14	El Ghaba	1:11.62
4	Ahmed Yehia Zakaria	14	Tanta	1:11.40
5	Ammar Mohamed el Gnedey	14	Al Tersana	1:11.24
6	Yosif Moh. Fawzi Moh. Kandel	14	El Gezira	1:11.35
7	Karim Ali Mohamed	14	El Ghaba	1:11.55
8	Mark Hany Raof	14	El Shrook	1:12.00
9	Loay Amgad el Mongy	14	Al Tersana	1:12.10
10	Yosef Ahmed Sabry	14	Heliopolis	1:12.63

Heat 7 of 14 Timed Finals

1	Ibrahim Rafik Ibrahim	14	Elethead	1:10.74
2	Mohamed Tarek Ahmed	14	El Ghaba	1:10.65
3	abd Elrahman Sherif Karam Monir	14	Al Tersana	1:10.20
4	Adham Moh. Galal Eldin ElSayd	14	El Gezira	1:10.05
5	Yousif Khaled Mohamed	14	Helwan Club	1:09.74
6	Karim Wael Abdala Abdelgelil	14	Nasr City	1:09.92
7	Mohamed Elssameldin Mahmoud	14	Cairo	1:10.09
8	Khaled Mhmoud Mostfa Ali	14	6th	1:10.51
9	Ali Mohamed Mousa	14	Tanta	1:10.72
10	Kareem Mohamed Fouad Algaml	14	Tawfekaya	1:11.03

Heat 8 of 14 Timed Finals

1	Ahmed Sameh	14	El Ghaba	1:09.10
2	Khalied Mohamed Gadallah	14	Zamalek	1:08.85
3	Ahmed Mahmoud Araby	14	Tanta	1:08.48
4	Yousef Ahmed Shalaby	14	Tanta	1:08.20
5	Omar Sameh Mohamed Hamed	14	Ahly	1:07.76
6	Marwan Mohamed Sabry	14	Enppi	1:07.94
7	Mohamed Yasser Mohmoud	14	Zamalek	1:08.30
8	Abd Elrahman Mohammed Zarif	14	Rowad	1:08.49
9	Mahmoud Hesham Mahmud	14	Mansheit Naser	1:09.09
10	Omar Mohamed Mahmoud	14	Sporting	1:09.68

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1	Adham Ahmed Allaa Eldin Ahmed	14	El Shams	1:07.68
2	Ahmed Beshar Mostafa Mohamed	14	6th	1:07.46
3	Ziyad Walid Nabiil	14	Sporting	1:07.08
4	Moaaz Mohamed Samer abd Allah	14	Stad Mansoura	1:06.84
5	Karim Eslam Khaled	14	El Mekaweloun	1:06.69
6	Ahmed Yhya Zkrya Twfek	14	6th	1:06.75
7	Yasin Housam Fyd Altranesy	14	6th	1:07.07
8	Aser Hosam Mohamed Elfhmy	14	Bank Ahly Alex	1:07.39
9	Mohamed Yehia aly Elshenawy	14	Nasr City	1:07.62
10	Yassin Moataz Zakaria	14	Ahly	1:07.72

Heat 10 of 14 Timed Finals

1	Yehia Mohamed Saad Eldin	14	Wadi Degla	1:06.53
2	Tamem Mohamed Tantawy	14	Sporting	1:06.44
3	Adham Mohamed Elarby	14	Smouha	1:06.41
4	Karim amr Abd el Monem	14	Wadi Degla	1:06.30
5	Marawan Ayman Abd El Hafiz	14	Shooting	1:06.22
6	Yasser Walid Abo Elela	14	Ahly	1:06.28
7	Ahmed Mohmed Eztt Alhdedi	14	6th	1:06.32
8	Badr Ahmed Mohamed Anis	14	Olympic	1:06.43
9	Mohamed Mahmoud Attia	14	Wadi Degla	1:06.52
10	omr Mohamed Fathey Yousef el bah	14	Stad Mansoura	1:06.60

Heat 11 of 14 Timed Finals

1	Zeyad Mohamed Saad Zaky	14	Olympic	1:06.07
2	Mohamed Ezat Ali Elgzar	14	Smouha	1:05.82
3	Yahya Tarek Fawzy	14	Sporting	1:05.19
4	Ahmed Hesham Mohsen	14	Ahly	1:04.96
5	Ahmed Ayman Ali Mohamed	14	El Shams	1:04.93
6	Youssef Alaa Mohamed	14	Wadi Degla	1:04.95
7	Seif Eldien Islam Shaker	14	Wadi Degla	1:05.07
8	Yosaf Tamr Mosa	14	Tagamoa Heljhts	1:05.41
9	Yassin Amr Warda	14	Sporting	1:05.96
10	Ahmed Ayman Mohamed abd el Mniem	14	Stad Mansoura	1:06.17

Heat 12 of 14 Timed Finals

1	Yossef Magdy el Azhary	14	Heliopolis	1:04.82
2	Sife Mohamwd Saber	14	Zamalek	1:04.61
3	Adham Khaled Kamal	14	Shooting	1:04.35
4	Mostafa Mahmoud Mostafa	14	Shooting	1:04.21
5	Yousif Mohamed Soliman Omra	14	Smouha	1:04.02
6	Yousif Mo`men Elkady	14	Smouha	1:04.14
7	Ahmed Tamer Mostafa Seed	14	6th	1:04.33
8	Abd ElRahman Mohamed Aiman	14	Shooting	1:04.37
9	Omr Jamal Eldin Hassain	14	Elethead	1:04.61
10	Ahmed Amr Magdy	14	Shooting	1:04.84

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1	Mohamed Hany Farouk	14	Hadak Al Ahram	1:03.82
2	Mohamed Khaled Mohamed ali	14	Wadi Degla	1:03.49
3	Mohamed Tarek Rashad Abd el Hamed	14	El Shams	1:03.01
4	ali Mohamed Sarwat	14	Heliopolis	1:02.81
5	Ahmed Adel Eshak	14	Wadi Degla	1:02.66
6	Yousif Ahmed Ragab Elshaman	14	Smouha	1:02.77
7	Adham Hadee Mohamed Talaat	14	Bank Ahly Alex	1:02.81
8	Omar Sherif Hamed	14	El Ghaba	1:03.11
9	Youssef Ehab Mostafa	14	Ahly	1:03.57
10	Ahmed Amgad Ahmed	14	Ahly	1:03.97

Heat 14 of 14 Timed Finals

1	Omar Sherif Galal Eldin Mahmoud	14	Maadi	1:02.58
2	Omar Khaled Soliman	14	El Nasr Club	1:02.36
3	Khaled Ahmed Mahmoud Gaber	14	Bank Ahly Alex	1:01.79
4	Yousef Adel Ramadan	14	El Shams	1:01.67
5	Nadem Kram Mohamed	14	Heliopolis	58.65
6	Mohamed Yaser Omar	14	Raas El Bar Club	58.71
7	Marwan Mostafa Mohamed Most	14	Smouha	1:01.68
8	Mohnad Khaled Mohamed Mahmoud	14	Shooting	1:02.04
9	Waleed Samer Mahmoud	14	Ahly	1:02.39
10	Nour El Din Ayman	14	Sporting	1:02.58