

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 18-11-2019 Morning

Event 22 Boys 11 Year Olds 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 24 Timed Finals				
3	Ali Talaat Ali Shata	11	Raas El Bar Club	NT
4	Yousef Badr Sayed	11	15 May	NT
5	Amiro Mohamed Amiro	11	Canal El Suez	NT
6	Abdelrahman Mohamed Saied Elsayed	11	Olympic	NT
7	Mohanad Hany Abd Elkader	11	Canal El Suez	NT
Heat 2 of 24 Timed Finals				
1	Joun Maikel Sophy Kamal	11	Rahalat Sohaj	NT
2	Hisham Ahmed Hany Albon	11	El Temsah	NT
3	Yassin Mohamed Abd Elsalam	11	Taleaa El Gish Club	1:52.04
4	Yassin Ashraf Mohamed	11	Taleaa El Gish Club	1:51.28
5	Mahmoud Mohamed Hashem	11	El Mekaweloun	1:49.86
6	Zaid Mohamed Mostafa ali	11	Taleaa El Gish Club	1:50.06
7	Ahmed Abdelazim Saleh	11	Taleaa El Gish Club	1:51.98
8	Abdelrahman Esam Abdelatif	11	Al Qusiya Club	NT
9	omr Hossam Shabl	11	15 May	NT
10	Mohamed Hossam Ebrahim Alghwalby	11	Raas El Bar Club	NT
Heat 3 of 24 Timed Finals				
1	Nour ELDin Mohamed Fouad Selim	11	Tawfekaya	1:46.34
2	Abdelrahman Ahmed Sabry	11	Sharks Team	1:45.19
3	Yousif Ahmed Elsaid	11	Sharks Team	1:44.52
4	Taher Mohamed Elazab Ebrahim	11	Gezira El Ward	1:42.47
5	Elparaa Mohamed Abdo	11	El Mekaweloun	1:41.95
6	Youssef Mohamed Abd EL Aziz	11	Rowad	1:42.18
7	Sherif Mohamed Rasad	11	Nasr City	1:42.72
8	Yasen amr Eprahem	11	El Mekaweloun	1:45.13
9	ali Walid Fathy	11	El Mekaweloun	1:45.32
10	Ahmed Hossam El Din	11	Canal El Suez	1:46.59
Heat 4 of 24 Timed Finals				
1	Yasin Amro Ahm. Kamal Sayed Salim	11	El Gezira	1:41.43
2	Mohmed Waled Omar	11	Cairo	1:41.08
3	Adam Ahmed Mohmed Sayd	11	15 May	1:40.70
4	Karim Mohamed Ibrahim Mehleb	11	Maadi	1:39.26
5	Eyad amr Fathi	11	Cairo	1:39.05
6	Ahmed Hashem Bdr	11	Nasr City	1:39.19
7	Mohamed Ahmed Mohamed Mostafa	11	Tawfekaya	1:40.55
8	Emmanuel Said Wahba	11	Helwan Club	1:40.96
9	Malek Mohamed Badawy	11	Moasasa Riadhia Askaria	1:41.21
10	Yosef Mohamed Nhlewy	11	El Obour	1:41.59
Heat 5 of 24 Timed Finals				
1	Mostafa Wael Samier	11	Al Shark Port Said	1:38.72
2	Youssef Mohamed el Derwy	11	Sporting	1:38.30
3	Ahmed Mohamed Hamdy Almaghlawy	11	Raas El Bar Club	1:38.22
4	Yassen Hossam Ahmed	11	15 May	1:37.70
5	Islam Mohamed Khaled Abdo	11	Sporting	1:37.31
6	Yosuif Mohamed El- Tokhy	11	S Shbein Al Koum	1:37.57
7	ali Wahed Salim	11	Nasr City	1:38.06
8	Mohand Haytham Emad	11	Helwan Club	1:38.27
9	Mohtdy Mohamed Darwesh	11	Helwan Club	1:38.35
10	Ali Ahmed Ali Ahmed	11	Heliopolis	1:38.75

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 6 Timed Finals... (Event 22 Boys 11 Year Olds 100 LC Meter Backstroke)**

1	Saif Wael Eprahem	11	El Mekaweloun	1:37.22
2	Omar Ahmed Farouk Hassan	11	Maadi	1:37.11
3	Hady Ebrahim abd Elhady	11	Cairo	1:37.04
4	Mohamed Nabil Abdelnaaem	11	Helwan Club	1:36.72
5	Karim Mohamed Abdelkreem	11	Al Tersana	1:36.50
6	Mohamed Ahmed Mahfoz	11	Sharks Team	1:36.54
7	Adam Ashrf Abdel Rahman	11	Nasr City	1:36.97
8	Anas Mohamed Ebrahim	11	El Ghaba	1:37.05
9	Mohamed Mohamed Mohamed	11	Hadak Al Ahram	1:37.22
10	Yasen amr Mohamed Mosa	11	El Mekaweloun	1:37.22

Heat 7 of 24 Timed Finals

1	Youssef Hussien Gado	11	El Zohour	1:36.14
2	Mazen Mohamed Mostafa	11	Sharks Team	1:35.92
3	Seif Sameh Said	11	Helwan Club	1:35.74
4	Marwan Tamer El Sayed	11	El Zohour	1:35.55
5	Adam Ehab	11	15 May	1:35.42
6	Amar Mohamed Abd Elhamed	11	El Nasr Club	1:35.44
7	Yossef Mohamed Amin Zaky	11	Elethead	1:35.57
8	Abdelrahman Ibrahim Ahmed Abdelrheem	11	Moasasa Riadiah Askaria	1:35.90
9	Hussein Mohamed Tolba	11	Hadak Al Ahram	1:35.94
10	Mohand Mahmoud Shawky	11	Al Tersana	1:36.42

Heat 8 of 24 Timed Finals

1	Ahmed Walid Abdelsatar	11	Enppi	1:35.17
2	Mohamed Emad Ghonemy	11	Rowad	1:35.10
3	Ahmed Essam Abd Elkreem	11	Taleaa El Gish Club	1:34.92
4	Hazem Hatem Nasr Ahmed Mohamed	11	Heliolido	1:34.51
5	Ahmed Samir Gharib Gomaa	11	Taleaa El Gish Club	1:34.47
6	Mohamed Ayman Ismail	11	El Nasr Club	1:34.51
7	Bishoy Loka Abdo	11	Sharks Team	1:34.91
8	Ismail Adham Ibrahim Mostafa	11	El Zohour	1:34.93
9	Adam Tamer Fouad Elsayed Ahmed	11	Heliolido	1:35.14
10	Seifeldin Wesam Abdelmoniem	11	El Ghaba	1:35.31

Heat 9 of 24 Timed Finals

1	Abdullah Ahmed Farouk	11	M.S Tagamoa	1:33.85
2	Omar Reda Mohamed	11	Al Shehk Zaeid	1:33.72
3	Mohand Medhat Ezzat	11	Helwan Club	1:33.46
4	Ahmed Mahmoud Magdy	11	Sporting	1:33.33
5	Hussein Mahmed Hussein	11	El Nasr Club	1:33.30
6	Hassan Karim Aglan	11	Sporting	1:33.30
7	Mohand Ahmed Maher	11	El Nasr Club	1:33.43
8	Mouhmed Tarek Mouhmed	11	Cairo	1:33.72
9	Aly Osama Ahm. Sayed Ahmed	11	El Gezira	1:33.82
10	Yossef Mohamed Hassan	11	El Ghaba	1:34.22

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 10 Timed Finals... (Event 22 Boys 11 Year Olds 100 LC Meter Backstroke)**

1	Yossef Ayman Said	11	El Ghaba	1:32.69
2	Adam Mohamed Mahmoud Shawky	11	El Zohour	1:32.58
3	Ebrahim Khaled Effat	11	Heliopolis	1:32.32
4	Marwan Mahmoud Mostafa	11	Hadak Al Ahram	1:32.17
5	Adham Amr Hassan	11	Rehab	1:31.70
6	Mobeen Mohamed Sobhy Abdel Ghani	11	Tawfekaya	1:32.05
7	Abd Elrahman Mohamed Ahmed Abd Elhamid	11	El Zohour	1:32.24
8	Ahmed Mohamed Mostafa	11	Baladyat El Mahala	1:32.45
9	abd Elrahman Ahmed Hussny	11	15 May	1:32.66
10	Mostafa Ebrahim Yehia Mahmoud Ramadan	11	Heliolido	1:33.17

Heat 11 of 24 Timed Finals

1	Baraa Mostafa ElSayed Bayoume	11	Heliolido	1:31.36
2	Adham Hany Ahmed	11	A S E C	1:31.01
3	Eslam Ahmed Elsayed	11	El Zohour	1:30.94
4	Omar Abd EL Razek Kamal	11	Rowad	1:30.80
5	Omar Ahmed Moaaz	11	Stad Mansoura	1:30.71
6	Yassin Mostafa Nasr	11	Sporting	1:30.72
7	Mahmoud Khaled Mahmoud Samy Bishr	11	El Shams	1:30.81
8	Hassan Nabil Samy Elnaggar	11	El Gezira	1:30.94
9	Abd Elrahman Sherief	11	Cairo	1:31.28
10	Ahmed Mohamed Ramadan	11	Canal El Suez	1:31.61

Heat 12 of 24 Timed Finals

1	Adam Tarek Adel EL Ghazoly	11	Heliopolis	1:30.28
2	Zeiad Ahmed Hamdy	11	Sharks Team	1:29.70
3	Omar Fareid Mohammed	11	Talbeia	1:29.34
4	Mohamed Ihab aly	11	Zamalek	1:29.19
5	Hamza Mohamed Ebrahim Fath	11	Tanta	1:28.91
6	Adham Mohamed Abd Elrahman	11	El Zohour	1:29.04
7	Amir Maged Eid Yousef	11	Heliopolis	1:29.25
8	Mohamed Abdelmounem Ashor	11	El Shams	1:29.66
9	Bilal Tarik Mohamed Asal	11	Al Tersana	1:30.02
10	Ahmed Salah Ahmed Mohamed	11	El Ghaba	1:30.43

Heat 13 of 24 Timed Finals

1	omr Alaa Ebrahim	11	15 May	1:28.90
2	Abdel Rahman Ahmed El_faytoury	11	Sporting	1:28.77
3	Omar Mostafa Fadl	11	Talbeia	1:28.49
4	Ziad Mohamed Gamal ElDine Mahmoud	11	Heliolido	1:28.31
5	Ahmed Osama Abdelhameed	11	M.S Tagamoa	1:28.02
6	Ahmed Hussain Ahmed	11	Hadak Al Ahram	1:28.27
7	Hassan Ahmed Ehab Wahby	11	Heliopolis	1:28.37
8	Ahmed Hishamm Ahmed Mohsen	11	Gezira El Ward	1:28.68
9	Mazen Almansy	11	Baladyat El Mahala	1:28.77
10	AlHassan Mohamed Hassan	11	El Ghaba	1:28.91

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 14 Timed Finals... (Event 22 Boys 11 Year Olds 100 LC Meter Backstroke)**

1	Abdelrahman Sobhy Abdelhalem Moh	11	Bank Ahly Alex	1:27.83
2	Eyad Mohamed abd Elhamed	11	Tanta	1:27.77
3	Mohamed Sameh abo Zaid	11	Talbeia	1:27.63
4	Mahmoud Haitham Mahmoud Kame	11	El Ghaba	1:27.47
5	Yasien Mohamed Fathy	11	Zamalek	1:27.38
6	Ali Adel Mohamed Fathy	11	El Nasr Club	1:27.42
7	Ibrahim Moh. Abd Elaziz Glal Salim	11	El Gezira	1:27.59
8	Tarek Amir	11	Heliopolis	1:27.73
9	Eyad al Shareef Mahmoud	11	Nasr City	1:27.82
10	Mohamed Hasan Ghanem Fayed	11	Gezira El Ward	1:28.01

Heat 15 of 24 Timed Finals

1	Fahd Hassan Hasanin	11	Zamalek	1:27.04
2	Yahia Mohamed Salama Mohamed	11	El Shams	1:26.91
3	Youssef Amr Yasseen Mady	11	El Gezira	1:26.84
4	amr Magdy Elsayed	11	Al Tersana	1:26.58
5	Mohab Wala Eldin Osama	11	Tanta	1:26.42
6	Omar Shiref Abd el Mounem Mohame	11	El Shams	1:26.58
7	Yassein Tarek Abdelkhalek	11	Talbeia	1:26.83
8	Mohamed Rafe3 El Sayed Ramda	11	A S E C	1:26.89
9	Ahmed Ebrahim Abd Elfatah Ahmed	11	6th	1:26.94
10	Hamza Tawfik Mohamed Tawfi	11	Tanta	1:27.28

Heat 16 of 24 Timed Finals

1	Yasin Maged Ragab	11	Canal El Suez	1:26.31
2	Omar Mohamed Ali Abdo	11	Shooting	1:26.06
3	Yasen Hagres Ahmed	11	Baladyat El Mahala	1:25.85
4	Youssef Khalil Alsaid	11	Rowad	1:25.57
5	Malek Mohamed Bader	11	Al Tersana	1:25.42
6	Abdelrahman Hany Shaker Elsaeid	11	Smouha	1:25.49
7	Mohamed Wael Ibrahim Desouki	11	Tawfekaya	1:25.60
8	Hamza Amro Kandiel	11	El Shams	1:25.93
9	Kerolos Moheb Youssef	11	Rehab	1:26.09
10	Ahmed Hani 0 Ezzat	11	Shooting	1:26.38

Heat 17 of 24 Timed Finals

1	Moustafa amr Abdelazem	11	Helwan Club	1:25.37
2	Omar Ali Fathy Mohamad Es	11	Smouha	1:25.35
3	Omar Tamer Issa	11	Rowad	1:25.30
4	Kareim Mahmoud Ahmed	11	Talbeia	1:25.05
5	Karem Ahmed Samy Bayomy	11	Tanta	1:24.87
6	Omar Ahmed Mohamed Gaballah	11	Rowad	1:24.94
7	Omar Mohamed Ayman Abd El-Gawad	11	Shooting	1:25.08
8	Omar Mohamed Tawfek	11	Al Hawar	1:25.32
9	Mohamed Mostafa Alla' ElDin	11	Shooting	1:25.36
10	Mohamed El Saeed Atia Mohamed	11	6th	1:25.42

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 18 Timed Finals... (Event 22 Boys 11 Year Olds 100 LC Meter Backstroke)**

1	Abd Allah Ahmed Abd El Aziz Hussien	11	Maadi	1:24.60
2	Mohamed Aboelazm Maghawry Aboelazm	11	6th	1:24.48
3	Yassin Khaled Ibrahim Hussien	11	Maadi	1:24.25
4	Mazen Wael Fakry	11	Al Tersana	1:24.12
5	Hesham Essam Mohamed	11	Stad Mansoura	1:23.78
6	Mohamed Ahmed Sallem Metwaly	11	Maadi	1:23.85
7	Ahmed Sameh Mohamed Emam	11	Heliopolis	1:24.15
8	Yousief Mohamed Fathy Hussie	11	Zamalek	1:24.38
9	Mohamud Mohamad Roshdey Abde	11	Smouha	1:24.58
10	Hatem el Ameer Salah el din	11	Al Hawar	1:24.64

Heat 19 of 24 Timed Finals

1	Mohamed Osama Mohamed	11	A S E C	1:23.64
2	Ahmed Samir Mohamed	11	Hadak Al Ahram	1:23.51
3	Ayman ali Elmorsy	11	Stad Mansoura	1:23.50
4	Eyad Ahmed Saad Hasn	11	Tanta	1:23.44
5	Adam Mohamed Mahmoud Mohamed	11	Shooting	1:23.32
6	Mohamed Bakry Kaaed Abd El Gabbar	11	Maadi	1:23.40
7	Hamza Mohamed Saed	11	El Obour	1:23.46
8	Mohamed Amr Elsayed Abdelaziz	11	Olympic	1:23.50
9	Zeiad Ahmed Saied	11	Zamalek	1:23.57
10	Mazen Ayman Farouk	11	Rehab	1:23.69

Heat 20 of 24 Timed Finals

1	Yassin Amr Adel	11	Ahly	1:23.10
2	Omar Karem Mahmoud Abd El	11	Elethead	1:22.87
3	Hamza Khaled Mohamed Ahmed	11	Olympic	1:22.64
4	Hazem Tamer Fathy	11	Gezira El Ward	1:22.31
5	Mostafa Ahmed Mostafa	11	Talbeia	1:22.07
6	Yassin Hussein Nabil Hussein	11	Shooting	1:22.09
7	Abdul Rahman Khaled el Melouky	11	Sporting	1:22.58
8	Omar Mahamed Karam Ali ElSharkawy	11	Heliolido	1:22.67
9	Ahmed Walid Shobhy	11	Stad Mansoura	1:23.05
10	Faris Mohamed Mohamed Farid	11	6th	1:23.21

Heat 21 of 24 Timed Finals

1	Aly Amr Eissa	11	Ahly	1:22.03
2	Belal Tamer Aly	11	Ahly	1:22.02
3	Ziad amr abd Elhakem	11	Cairo	1:21.84
4	Moustfa Mohamed Mahmoud	11	Enppi	1:21.56
5	Adam Mohamed Mahmoud	11	Wadi Degla	1:21.35
6	Selim Shrif Osama Helmy Mohsen	11	El Gezira	1:21.48
7	Moaz Ahmed Zaki Mohamed	11	Tanta	1:21.64
8	Karem Moatasem Mahmoud	11	Wadi Degla	1:21.90
9	Basel Sameh Mohamed	11	Hadak Al Ahram	1:22.02
10	Omar Mohamad Ali Ebrahim	11	Smouha	1:22.04

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 22 Timed Finals... (Event 22 Boys 11 Year Olds 100 LC Meter Backstroke)**

1	Mostafa Mohamed Fouad El Gamal	11	Tawfekaya	1:21.20
2	Ahmed Adel Abdel aal	11	Al Hawar	1:21.07
3	Mazen Refaat Mahmoud	11	Hadak Al Ahram	1:20.95
4	Zeiad Ashraf Essam El Din Mohamed	11	Maadi	1:20.91
5	Tayem Waled Mostafa AbdElh	11	Smouha	1:20.80
6	Yasin Mossa Moh. Faghr Eldin Hawas	11	El Gezira	1:20.85
7	Mostafa Hossam el din	11	Stad Mansoura	1:20.92
8	Ibrahim Bahaaeldin Ibrahim Sayed	11	Olympic	1:21.07
9	Karim Mohamed Sharaf	11	Stad Mansoura	1:21.11
10	Omar Khaled Ibrahim	11	Ahly	1:21.28

Heat 23 of 24 Timed Finals

1	Yasien Mohamed Roshdy	11	Zamalek	1:20.74
2	Moaz Eslam Kamal Eldeen E	11	Smouha	1:20.52
3	Sameir Moataz Bellah	11	Talbeia	1:19.76
4	Farouk Mohamed Moharam	11	Wadi Degla	1:19.24
5	Adham Amr Ahmed ElSharambakhom	11	Wadi Degla	1:19.06
6	Mohamed Osama Fekry	11	Wadi Degla	1:19.22
7	Hussien Mohamed Hussien Shawky	11	El Shams	1:19.51
8	Omar Taher Allam	11	Stad Mansoura	1:19.96
9	Khaled Mohamed Samir	11	Ahly	1:20.63
10	Adam Ahmed Hasan	11	Wadi Degla	1:20.78

Heat 24 of 24 Timed Finals

1	Youssef Emad Shaaban	11	Ahly	1:17.91
2	Omar Ayman Esmael Emam	11	6th	1:17.01
3	Yehia Mohamed Ahmed Ismail	11	Moasasa Riadiyah Askaria	1:16.21
4	Mohamed Tarek Mohamed Zaky	11	Olympic	1:15.67
5	Marwan Ali Mahmoud	11	Wadi Degla	1:13.51
6	Mohamed Khaled Mohamed Mahmoud Zaki	11	Shooting	1:14.87
7	Yassen Osama Yosef Ebrahim	11	Smouha	1:15.91
8	Ahmed Mohamed Anwar Fekry	11	Ahly	1:16.37
9	Eyad Essam Mohmed	11	Cairo	1:17.66
10	Mohand Alaa Mohamed	11	YMCA	1:18.61

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 18-11-2019 Morning

Event 23 Boys 14 Year Olds 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
1	Belal Tamer Abas	14	Canal El Suez	NT
2	Islam Ali Mohamed Ali	14	Beni Suef Club	NT
3	Yousef Tamer Ramadan Mohy	14	Tanta	1:33.51
4	Mohamed Ibrahim Desuky	14	Canal El Suez	1:33.01
5	Osama Esmail Abdel Samiaa	14	El Obour	1:30.39
6	Badr Reda Badr	14	15 May	1:32.90
7	Omar Sayed M Ibrahim	14	El Nasr Club	1:33.35
8	Saif al-Islam Mohamed Mostafa	14	Police Club	1:35.61
9	Daniel Imad Talat	14	Beni Suef Club	NT
Heat 2 of 11 Timed Finals				
1	Omar Mohamed Hosny	14	15 May	1:29.50
2	Yassin Ali Yehia Ali	14	Heliolido	1:27.54
3	Mohamed Tarek Fayiz	14	Heliopolis	1:26.55
4	Ali Ibrahim Ahmed	14	El Zohour	1:25.14
5	Ali Mostafa Mohamed	14	El Zohour	1:24.89
6	Ismail Mohamed Ramdan	14	Sporting	1:25.01
7	Ahmedd Maged Khorshed	14	Heliopolis	1:25.77
8	Haytham Hesham Yehia Mourad	14	Helwan Club	1:27.49
9	Ali Abdalla Ali	14	El Shrook	1:28.97
10	Salah Mohamed Salah	14	15 May	1:29.51
Heat 3 of 11 Timed Finals				
1	Mosaad abd Elrahman abd Elsamiea	14	Al Tersana	1:24.86
2	Abdulrahman Wael Hassen	14	Police Club	1:22.68
3	Omer Mohamed Mahrous	14	Taleaa El Gish Club	1:21.94
4	Yehia SeifEL din EL Marghany	14	El Shams	1:21.48
5	ali abd Elrhman Elsaeed	14	Zamalek	1:20.34
6	Yossef Mahmod Azzat	14	El Ghaba	1:20.93
7	Emad Gamal Marie	14	Al Tersana	1:21.75
8	Abd Alla Karim Ashraf Mahgoub	14	El Gezira	1:22.30
9	Yousef Moustafa Fargaly	14	Rowad	1:24.35
10	Ziad Sayed Fathy Hassan	14	15 May	1:24.87
Heat 4 of 11 Timed Finals				
1	Ahmed Magdy Abd Elhakim	14	El Nasr Club	1:19.57
2	Ahmed Tarek Ahmed	14	Helwan Club	1:19.19
3	Ali Mohamed Mousa	14	Tanta	1:18.05
4	Mokhtar Emad Abdelhamied	14	Moasasa Riadhia Askaria	1:17.94
5	Yousif Khaled Mohamed	14	Helwan Club	1:17.82
6	Yossef Moh. Shrif Moh. Elbarbary	14	El Gezira	1:17.82
7	Mohammed Kamel Mahfouz	14	Talbeia	1:18.02
8	Fares Sherif Mahmoud Fared	14	Shooting	1:18.72
9	Hussein Hassan Ahmed AbouSteit	14	Heliolido	1:19.40
10	Hade Mohamed Saed	14	El Mekaweloun	1:20.30

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 5 Timed Finals... (Event 23 Boys 14 Year Olds 100 LC Meter Backstroke)**

1	Omar Ahmed Magdy Abd AlManeim	14	Heliolido	1:17.62
2	Ziad Mohamed Ahmed Abd El Ghany	14	Shooting	1:17.52
3	Adam Ehab Mamdouh	14	Taleaa El Gish Club	1:17.21
4	Ali Waled Yossef	14	El Ghaba	1:17.07
5	Karim Samir Mohamed	14	Hadak Al Ahram	1:16.87
6	Mohamed Sameh Kayed	14	El Zohour	1:16.90
7	Ibrahim Rafik Ibrahim	14	Elethead	1:17.19
8	Mohamed Hesham Mahmoud	14	Mansheit Naser	1:17.42
9	Mostafa Mahmoud Yousry	14	Shooting	1:17.58
10	abd al Rahman Hatam Mohmed	14	15 May	1:17.70

Heat 6 of 11 Timed Finals

1	Abdalla Mohamed Saeid Mtwli	14	6th	1:16.81
2	Ahmed Yasir Mostafa	14	Shooting	1:16.56
3	Omar Khaled Hasan	14	El Nasr Club	1:16.39
4	Yaser Khaled Mamdouh ali	14	Al Tersana	1:16.21
5	Yosef Ahmed Sabry	14	Heliopolis	1:15.50
6	Kareem Mohamed Fouad Algaml	14	Tawfekaya	1:15.86
7	Mrawan Mahmoud Ahmed	14	Talbeia	1:16.27
8	Hany Essam Sharkawy	14	Al Tersana	1:16.53
9	Mohmd Ahmed Faruk Abdllhmed	14	6th	1:16.74
10	Ali Ahmed Soliman Ali	14	Rowad	1:16.87

Heat 7 of 11 Timed Finals

1	Ziad Amr Samir	14	El Nasr Club	1:15.31
2	Mohamed Fouad	14	Zamalek	1:15.18
3	Abd El Monaem Mahmoud Abd Elmonaem	14	El Zohour	1:15.04
4	Mohamed Hassan Mohamed	14	Helwan Club	1:14.56
5	Omer Waled Hossam El Din	14	Shooting	1:14.37
6	abd Elrahman Mohamed Saad	14	Zamalek	1:14.49
7	Abdallah Mohamed Ahmed Sayed	14	Hadak Al Ahram	1:14.92
8	Khaled Khaled Mohamed Wali Alla	14	Shooting	1:15.08
9	Mhmoud Wled Fkri Mhmoud	14	6th	1:15.18
10	Ayman Yasser Manssour	14	Talbeia	1:15.38

Heat 8 of 11 Timed Finals

1	Basel Amir Ali Hosney	14	6th	1:14.08
2	Ibrahim Mohamed Ibrahim Al Gamal	14	Raas El Bar Club	1:13.41
3	Hossien Mohammed Hossien	14	Talbeia	1:12.31
4	Ali Ahmed Saad	14	Wadi Degla	1:12.18
5	Seif Eldien Islam Shaker	14	Wadi Degla	1:12.00
6	Ziyad Walid Nabiil	14	Sporting	1:12.16
7	Karim Ahmed Maged	14	Zamalek	1:12.21
8	Mahmoud Emad Abd Elmoghny	14	El Zohour	1:12.36
9	Moustafa Salah El Din Abdel M	14	El Shrook	1:13.87
10	Mohab Tarek Helal Mohamed	14	Heliolido	1:14.35

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 9 Timed Finals... (Event 23 Boys 14 Year Olds 100 LC Meter Backstroke)**

1	Moustafa Yasser Abd El Latif	14 Sporting	1:11.65
2	Abd El Rahman Mohamed Mahrous	14 Tanta	1:11.56
3	Ahmed Hattem Ahmed	14 Wadi Degla	1:11.22
4	Youssef Alaa Mohamed	14 Wadi Degla	1:11.01
5	Yehia Mohamed Saad Eldin	14 Wadi Degla	1:10.07
6	Yassin Amr Warda	14 Sporting	1:10.96
7	Omar Khaled Khamis	14 A S E C	1:11.04
8	Abdalla Mostafa Ahmed	14 Ahly	1:11.47
9	Mazen Ashraf Mohamed Abdel	14 Bank Ahly Alex	1:11.62
10	Badr Ali Ahmed	14 Elethad	1:11.92

Heat 10 of 11 Timed Finals

1	Mohamed Ahmed Maher	14 Ahly	1:09.72
2	Tamem Mohamed Tantawy	14 Sporting	1:09.57
3	Abd El Rahman Mohamed Ali	14 Shooting	1:08.70
4	Abdel Rahman Khaled Zakaria	14 Ahly	1:08.57
5	Ahmed Tamer Mostafa Seed	14 6th	1:07.82
6	Ahmed Yaser Mohamed	14 El Mekaweloun	1:08.32
7	Mohamed Ramy Mohamed	14 Ahly	1:08.60
8	Aser Hosam Mohamed Elfhmy	14 Bank Ahly Alex	1:09.22
9	Seif Ahmed Nasr	14 Al Tersana	1:09.71
10	Ahmed Mohmed Gmal Eprahem	14 6th	1:09.90

Heat 11 of 11 Timed Finals

1	Omar Mohamed Abdel Meguid	14 Ahly	1:06.96
2	Adham Mohamed Elarby	14 Smouha	1:06.76
3	Malek amr Mahdy	14 Cairo	1:05.79
4	Ahmed Hazem Akram	14 Wadi Degla	1:04.37
5	Mohamed Hany Elsayed	14 Ahly	1:01.06
6	Khaled Ahmed Mahmoud Gaber	14 Bank Ahly Alex	1:03.05
7	Ahmed Wael el Mohandes	14 Heliopolis	1:04.97
8	Moamen Khalid Mohamed	14 Zamalek	1:06.59
9	Ahmed Amr Abdel Azzim	14 Ahly	1:06.79
10	Mohamed Taha Abd El Raouf	14 Wadi Degla	1:07.05

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 18-11-2019 Morning

Event 24 Girls 11 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Timed Finals				
3	Jomana Walaa Abd Elhakim	11	El Obour	NT
4	Malak Amr Salah	11	Senzo	NT
5	Noray Osama Nagah	11	Senzo	NT
6	Habiba Ahmed Rabah	11	Canal El Suez	NT
7	Noon Ahmed Osama	11	El Ghaba	NT
8	Salma Ahmed Moustafa	11	Senzo	NT
Heat 2 of 12 Timed Finals				
1	Bsmla Abdo abd Eltawab	11	15 May	NT
2	Lama Walid Mostafa	11	El Ghaba	4:05.60
3	Hana Hossam Kamal	11	El Ghaba	3:52.00
4	Aseil Islam Mohammed	11	Enppi	3:42.79
5	Habiba Ayman Abbas Maamoun	11	Sporting	3:41.25
6	Alia Mohamed Hady AbdElHady	11	Heliolido	3:42.50
7	Farida Ahm. Aly Shakeeb	11	El Gezira	3:45.56
8	Nouren Mohamed Elsayed	11	Helwan Club	4:04.82
9	Jomana Amr Rashad	11	El Ghaba	4:30.70
10	Khadija Mohamed Kamel	11	Sporting	NT
Heat 3 of 12 Timed Finals				
1	Salma Sameh Mohamed	11	El Mekaweloun	3:34.35
2	Habiba Ahmed Abdelsalam ali	11	Taleaa El Gish Club	3:33.01
3	Fatma Hossam Ahmed	11	Taleaa El Gish Club	3:30.93
4	Marim Amr Mohamed	11	Sharks Team	3:27.43
5	Marim Magdy Mohamed	11	Al Tersana	3:25.64
6	Hala Sherif Samir abd Elmohsen	11	Taleaa El Gish Club	3:25.84
7	Kinzy Fathy Mohamed	11	Moasasa Riadhia Askaria	3:29.92
8	Kady Ashraf Abdelrahman	11	Al Tersana	3:31.33
9	Gannat Fathy Mohamed	11	El Ghaba	3:33.29
10	Amina Moustafa Mohamed Talaat	11	Maadi	3:40.28
Heat 4 of 12 Timed Finals				
1	Hana Hany Mohamed Salah Eldin	11	6th	3:23.79
2	Shahd Abdelhammid Elsaid	11	Stad Mansoura	3:22.53
3	Logen Ahmed Atwa	11	Gezira El Ward	3:20.93
4	Malak Amr Mohamed Fahim	11	Shooting	3:20.45
5	Salma Ahmed Elmiligi Badawi	11	6th	3:19.47
6	Mariam Mohamed Khalil Ebrahim	11	6th	3:19.71
7	Jenviave Micheal Ibraheim	11	Taleaa El Gish Club	3:20.47
8	Karmaa Karim Rasmy	11	Enppi	3:22.29
9	Salma Hesham Sayed	11	Shooting	3:23.04
10	Hana Alaa Eldeen Ezzat	11	Taleaa El Gish Club	3:24.44
Heat 5 of 12 Timed Finals				
1	Haneen Waleed Ahmed Ahmed	11	Taleaa El Gish Club	3:18.63
2	Hour een Samer Elsaied Shaban	11	Smouha	3:18.19
3	Omama Shady Mohammad Safwan El Solamy	11	Heliolido	3:17.40
4	Nouran Tamer Hassan	11	Enppi	3:16.58
5	Habiba Mohamed Nashaat AbdElGhafar	11	Heliolido	3:15.82
6	Hania Mohamed Asem	11	Enppi	3:15.83
7	Radwa Hamad Adel Hamad	11	Moasasa Riadhia Askaria	3:16.92
8	Joudy Khaled Saied Ismail	11	Olympic	3:17.41
9	Sohila Alaa Eldin Abd Elwahab	11	6th	3:18.25
10	Jana Mohamed Darwish	11	El Ghaba	3:19.32

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 6 Timed Finals... (Event 24 Girls 11 Year Olds 200 LC Meter IM)**

1	Jana Mohamed Abd Elkariem	11	6th	3:15.44
2	Aysel Sameh Mahmoud	11	El Zohour	3:14.65
3	Rokaya Emad Samir Hassan Abdel Khalek	11	Heliolido	3:13.99
4	Rawan Khaled FatoH Abdel Galel	11	Taleaa El Gish Club	3:12.79
5	Hana Mohamed Ezzat Taha	11	Heliopolis	3:12.45
6	Salma Mohamed Ibrahiem Ibrahiem	11	El Shams	3:12.54
7	Youmna Ahmed Fouad	11	Zamalek	3:13.28
8	Haidy Alla Eldin Hamdy	11	Ahly	3:14.58
9	Jana Ahmed akl	11	Sporting	3:14.76
10	Mariem Tarek Mohammed	11	Talbeia	3:15.50

Heat 7 of 12 Timed Finals

1	Malak Mostafa Mahmoud	11	Elethead	3:11.61
2	Sama Mohamed Ibrahiem Ibrahiem	11	El Shams	3:11.09
3	Saja Mohamed Zaki	11	Sporting	3:11.04
4	Marem Mohamad Ebrahim Elby	11	Smouha	3:10.96
5	Kenzy Waael Hosny	11	Al Hawar	3:10.24
6	Farah Ahmed	11	Heliopolis	3:10.77
7	Goudy Mohamed Fahim	11	Ahly	3:11.01
8	Rawan Yahia	11	Zamalek	3:11.08
9	Marem Ahmad Abdelgafar Ahm	11	Smouha	3:11.23
10	Masa Mostafa abd Elghany	11	Tanta	3:11.66

Heat 8 of 12 Timed Finals

1	Malk Mohamed Soliman Mahmoud	11	El Shams	3:09.96
2	Habiba Hossam Abdraboh Aly	11	El Shams	3:09.13
3	Ganna Mohmed Magdy Adbelhamed	11	Gezira El Ward	3:08.87
4	Salma Mohamed Elsaid Tanta	11	Zamalek	3:08.40
5	Miray Ebram Mousad	11	El Shams	3:07.62
6	Hana Abd Elazem Matar	11	El Nasr Club	3:07.97
7	Habiba Tarek Salah	11	Wadi Degla	3:08.72
8	Gana Mohamed Mostafa	11	Tanta	3:09.10
9	Habeba Aly Ahmed Ibrahim	11	Olympic	3:09.60
10	Menna Allah Mohmed Saleh	11	M.S Tagamao	3:10.05

Heat 9 of 12 Timed Finals

1	Habiba Ramadan Mohamed	11	Stad Mansoura	3:07.03
2	Retag Alla Eldeen Abdelfat	11	Smouha	3:05.56
3	Gana amr Shahen	11	Zamalek	3:04.67
4	Zeina Amr Hussein	11	Ahly	3:04.26
5	Habiba Ahmed Hassan	11	Ahly	3:02.49
6	Ganna Sheref Mohamad Abdel	11	Smouha	3:02.81
7	Farah Osama Mohamed Azoz	11	Wadi Degla	3:04.40
8	Nancy Mostafa Ibrahiem Mohamed	11	El Shams	3:05.24
9	Malak Aseem Mohamed	11	Zamalek	3:05.73
10	Menatallah Galal Samir	11	Zamalek	3:07.22

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 10 Timed Finals... (Event 24 Girls 11 Year Olds 200 LC Meter IM)**

1	Malak Saher Samy	11	Helwan Club	3:02.14
2	Jessica Girgis Wadea Thabet Ellithy	11	Heliolido	3:01.85
3	Maya Mohamad Mahmud Hamaa	11	Smouha	3:01.32
4	Zeina Ahmed Medhat	11	El Zohour	3:01.04
5	Hana Mohamed Asharaf Makrem	11	El Shams	2:59.48
6	Nazly Mohamed Elokda	11	Shooting	2:59.61
7	Gana Noaaman Samer	11	Al Hawar	3:01.05
8	Jannat Safwat Saleh	11	El Zohour	3:01.56
9	Malak Ashraf Ahmed Ezzat	11	Shooting	3:02.13
10	Salma Mohamed Hamdy	11	Gezira El Ward	3:02.35

Heat 11 of 12 Timed Finals

1	Saba Ahmed Elshabrawy	11	Ahly	2:59.01
2	Lily Hany Mohamed	11	Wadi Degla	2:56.88
3	Kenzy Shadi Mohamed Elhena	11	Stad Mansoura	2:56.43
4	Marim Mohamed Bakr	11	Al Tersana	2:55.27
5	Habiba Shady Mohamed	11	Wadi Degla	2:54.35
6	Malak Islam Gamal	11	Wadi Degla	2:54.38
7	Layla Mohamed Elsaed Manso	11	Bank Ahly Alex	2:55.82
8	Farah Aymen Adel Mettwaly	11	Shooting	2:56.48
9	Basmala Taha Abd Alraouf	11	Wadi Degla	2:58.82
10	Sagwa Khaled Mostafa Mahmo	11	Bank Ahly Alex	2:59.37

Heat 12 of 12 Timed Finals

1	Farida Nasser Mohamed El-Safty	11	Shooting	2:53.93
2	Hanan Mahmoud Ramadan	11	Stad Mansoura	2:52.38
3	Goumana Mohamed Ibrahim	11	Ahly	2:49.59
4	Sama Iyhab Onsy	11	Al Hawar	2:47.87
5	Ingy Bassem Bahaa Eldin	11	Ahly	2:43.62
6	Lara Amr Mahmoud Alsokkary	11	6th	2:45.07
7	Mennatallah Tamer Fawzy	11	Wadi Degla	2:48.48
8	Habeba Mohamad SaeydShabl	11	Smouha	2:52.24
9	Hala Amr	11	El Ghaba	2:53.80
10	Malak Ahmed 0 Gamal al Shazly	11	Shooting	2:53.93

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

Meet Program - 18-11-2019 Morning

Event 25 Girls 14 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals				
1	Jana Mohmed abd Tawab	14	15 May	3:30.91
2	Jana Mohamed Rashad	14	Helwan Club	3:25.55
3	Esraa Nasser Mahdy	14	El Zohour	3:03.38
4	Nouran Mohamed Ali Mohamed	14	Rowad	3:02.25
5	Soha Hesham El Said Mohamed	14	Shooting	3:00.47
6	Laila Tarek Bakry	14	Heliopolis	3:01.69
7	Nour Reda Mohamed	14	15 May	3:02.90
8	Zina Amr	14	Sporting	3:11.18
9	Farah Yasser Bakry	14	El Nasr Club	3:29.39
Heat 2 of 6 Timed Finals				
1	Kenzy amr Ahmed	14	Zamalek	2:58.28
2	Mariam Bassem Beshay Moussa Gobria	14	Heliolido	2:57.00
3	Nour Ahmed Samer	14	Sporting	2:56.01
4	Sama Wael Mohamed EL Hady	14	El Shams	2:54.50
5	Rewan Sherief Zayan	14	Olympic	2:53.27
6	Dorra Hesham Sayed Zahran	14	Wadi Degla	2:53.38
7	Rokaya Khalid El Masry	14	Sporting	2:54.51
8	Rewan Saed Khames Mahmoud	14	Bank Ahly Alex	2:56.48
9	Hames Mohamed Hanfy	14	Bank Ahly Alex	2:57.39
10	Habiba Mohamed Moustafa	14	Heliopolis	2:58.69
Heat 3 of 6 Timed Finals				
1	Hana Hisham Mohamed Yousi	14	Smouha	2:52.12
2	Hams Sameh Afify Matwaly	14	Wadi Degla	2:51.65
3	Donia Ebrahim Ebid	14	Sporting	2:50.71
4	Rawda Ashrif Ramdan	14	15 May	2:49.95
5	Maryem Sobhy abd el Fatah	14	Al Tersana	2:48.89
6	Mona Mahmoud Abdalla	14	Ahly	2:49.35
7	Kenzy Amr Hanafy	14	Wadi Degla	2:50.60
8	Basmala Ahmed AbdElftah	14	Smouha	2:51.51
9	Malak Mostafa Beshir	14	Ahly	2:51.78
10	Jana Mohamed Mahmoud	14	El Zohour	2:53.17
Heat 4 of 6 Timed Finals				
1	Mariam Nasr Ahmed Said	14	15 May	2:48.64
2	Mariam amr Mohamed	14	Wadi Degla	2:47.51
3	Gana Mohamed Abd ElSamed Abass	14	Shooting	2:46.57
4	Habeba Maysara Abdelhamed	14	El Mekaweloun	2:46.45
5	Gody Ahmed Zaki	14	Tanta	2:45.34
6	Goudy Abdelhalem Fathala Z	14	Bank Ahly Alex	2:46.00
7	Rahaf Ahmed Esmaeel	14	Zamalek	2:46.57
8	Lojain Osama Mohamed	14	Wadi Degla	2:46.59
9	Malak Mohamed Mhmoud Hamad	14	Smouha	2:48.63
10	Gody Tarik Salah Elwilily	14	Smouha	2:48.81

National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19**Meet Program - 18-11-2019 Morning****Heat 5 Timed Finals... (Event 25 Girls 14 Year Olds 200 LC Meter IM)**

1	Nor Mahmoud Anbar	14	El Ghaba	2:45.12
2	Nouran Mahmoud Mohamed	14	Wadi Degla	2:43.76
3	Salma Khaled Elsayed	14	Wadi Degla	2:42.59
4	Joudy Mohamed Aly	14	Sporting	2:41.63
5	Hanan Ahmed Mohamed Mahmoud	14	Olympic	2:40.71
6	Salma Ahmed Mohamed Khalil	14	Gezira El Ward	2:41.32
7	Shahd Yousry Mohamed Hassan	14	Olympic	2:42.43
8	Basmalah Gomaa Ali	14	Bank Ahly Alex	2:43.54
9	Goudy Ahmed Elsayed	14	Ahly	2:44.75
10	Lama Mohamed Ali	14	A S E C	2:45.28

Heat 6 of 6 Timed Finals

1	Rawan Wael	14	Ahly	2:40.53
2	Malak Khaled Abdel Aziz	14	Ahly	2:39.67
3	Maryam Emad Mohamed Elhadid	14	Gezira El Ward	2:38.96
4	Sara Elhamy Foad Abd El Sallam	14	Maadi	2:35.68
5	Mariam Mohamed Emad Fahmy	14	Maadi	2:29.80
6	Kenzy Mostafa Zakaria	14	Ahly	2:34.53
7	Yara ali el Koshy	14	Zamalek	2:37.97
8	Sara Mohamed Bhaa	14	Heliopolis	2:39.00
9	Malak Ahmed Helmy	14	Ahly	2:40.05
10	Joudy Ahmed Mohamed Nour	14	15 May	2:40.55