

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 18-07-2019 Evining

Event 20 Girls 10 Year Olds 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 21 Finals				
4	Gana Mostafa Abdou	10	AHLY	NT
5	Nor Ahmed Ali Abdel Khale	10	SHOOT	NT
6	Gana Ahmed Mohamed	10	SHAMS	NT
7	Sara Talaat Taher El Hadidi	10	SHOOT	NT
Heat 2 of 21 Finals				
1	Malak Hossam ElDin Mohar	10	MAADI	NT
2	Farida Khaled Farok Farag	10	MAADI	NT
3	Joliana Fady Emad	10	GHABA	NT
4	Joulie Samer Mohsen	10	DEGLA	NT
5	Omnia Mohamed Mohiy	10	SHAMS	NT
6	Aysin Mahmoud Abdel Azee	10	AHLY	NT
7	Habiba Ahmed Mohamed A	10	SHOOT	NT
8	Melesia Mostafa Esmat	10	AHLY	NT
9	Judy Ahmed Shehata	10	SHOOT	NT
10	Gana Mahmoud Abdel Ham	10	AHLY	NT
Heat 3 of 21 Finals				
1	Maya Mohammed eid	10	El Temsah	NT
2	Lougin Mostafa Fathy	10	AHLY	NT
3	Yara Sherif Mohamed	10	DEGLA	NT
4	Joudy Sherif El Masry	10	DEGLA	NT
5	Malak Tamer Zakaria	10	AHLY	NT
6	Hala Ahmed Hani	10	El Temsah	NT
7	Rewida Ahmed Mohamed	10	AHLY	NT
8	Hanin Mahmoud El Said	10	AHLY	NT
9	Loujain Yasir Mohamed Gar	10	SHOOT	NT
10	Lojaien Ayman	10	SHAR!	NT
Heat 4 of 21 Finals				
1	Laila Mohamed Fathy Ibrah	10	SHOOT	NT
2	Rana Sameh Sabry	10	AHLY	NT
3	Nada Mohamed Elsayed	10	SHAMS	NT
4	Goudy Emad El Nahas	10	AHLY	NT
5	Habiba Elamier Fiesl	10	SHAMS	NT
6	Dara Adham Adel	10	SHOOT	NT
7	Nour Tamer Elsayed	10	AHLY	NT
8	Malak Mohamed Fawzy	10	MAADI	NT
9	Kamilia Hossam ElDin Ahm	10	MAADI	NT
10	Gana Alla Ahmed Salah	10	AHLY	NT
Heat 5 of 21 Finals				
1	Jaida Bassam Anwar	10	DEGLA	NT
2	Zeina Assem Khaled	10	DEGLA	NT
3	Sara Hesham Ramadan	10	El Temsah	NT
4	Habiba Mohamed Hamdy	10	AHLY	NT
5	Goudy Ashour Eid	10	AHLY	NT
6	Laila Ahmed Abd El Ghaffar	10	MAADI	NT
7	Kenzy Hesham Mohamed	10	AHLY	NT
8	Nour Alaa Samy	10	AHLY	NT
9	Basma	10	DEGLA	NT
10	Nour Mohamed Hussein Er	10	SHOOT	NT

Heat 6 of 21 Finals

1	Gana Abou Bakr Elseddik	10	AHLY	NT
2	Maya Ahmed Samir	10	DEGLA	NT
3	Salma Amr Akram	10	AHLY	NT
4	Nadien Mohamed Safwat	10	DEGLA	NT
5	Retaj Ahmed Abd el Rauof	10	SHOOT	NT
6	Alia Mohamed Omar Metwa	10	MAADI	NT
7	Tolin Ibrahim A.Karim	10	DEGLA	NT
8	Alma Wesam Khaled	10	AHLY	NT
9	Nour Mohamed Gabr	10	SHOOT	NT
10	Zeina Wael Mohamed	10	AHLY	NT

Heat 7 of 21 Finals

1	Rinad Mohamed Abdel Ham	10	SHOOT	NT
2	Sewar Sary Said	10	MAADI	NT
3	Salma Amir Ibrahim	10	SHOOT	NT
4	Jana Hatem Ragab	10	DEGLA	NT
5	Malak Haitham Hamdy Moh	10	SHOOT	NT
6	Gunia Emad Magdy	10	SHAMS	NT
7	Hala Walid Gomaa	10	DEGLA	NT
8	Halla Magdy Hassan	10	AHLY	NT
9	Farah Nader Kamal	10	AHLY	NT
10	Logain Ahmed Hessen	10	DEGLA	NT

Heat 8 of 21 Finals

1	Karma Ayman Badr	10	SHOOT	NT
2	Farida Ahmed Fawzy	10	AHLY	NT
3	Farida Ayman Mohamed	10	AHLY	NT
4	Omnia Hesham Mohamed	10	GHABA	NT
5	Hana Mostafa Gamal	10	AHLY	NT
6	Kinzy Ahmed Sayed	10	SHAMS	NT
7	Malika Medhat Gomaa	10	DEGLA	NT
8	Ritaj Ahmed Sayd	10	M.S Tagamoa	NT
9	Rahma Emad Farouk	10	El Temsah	NT
10	Kenzy Kareem Ashraf	10	SHOOT	NT

Heat 9 of 21 Finals

1	Yara Mohamed Sobhy	10	DEGLA	NT
2	Malak Ashraf Ibrahim	10	AHLY	NT
3	Hala Waiel Yahia	10	DEGLA	NT
4	Gudy Walied Adly	10	SHAMS	NT
5	Halla Wael Mohamed	10	DEGLA	NT
6	Carol Mina Mechille	10	GHABA	NT
7	Hana Hany Sobhy	10	DEGLA	NT
8	Razan Mohamed Samy Nofa	10	MAADI	NT
9	Toqa Mohamed Elsayed	10	GHABA	NT
10	Rodina A.Samad A.Aziz	10	DEGLA	NT

Heat 10 of 21 Finals

1	Salma Ahmed Abd el Wahat	10	DEGLA	NT
2	Darin Ahmed Saleh	10	DEGLA	NT
3	Gana Shady Ahmed	10	AHLY	NT
4	Habiba Ahmed El Sayed	10	DEGLA	NT
5	Clara Remon Michelle	10	GHABA	NT
6	Zamzam Mohamed Mahmo	10	GHABA	NT
7	Malak Khaled Khalifa	10	AHLY	NT
8	Lamar Ahmed Yahia	10	DEGLA	NT
9	Jana Shrif Ezzat	10	DEGLA	NT
10	Gana Mohamed Sabry	10	SHAMS	NT

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Heat 11 Finals (#20 Girls 10 Year Olds 50 LC Meter Breaststroke)

1	Ransy ElSayed Ali	10	DEGLA	NT
2	Amina Mohamed Saad AlGa	10	MAADI	NT
3	Rodaina Diaa el din Abd el F	10	DEGLA	NT
4	Retal Eslam Mokhter	10	DEGLA	NT
5	Gana Sherif Mahmoud Semz	10	SHOOT	NT
6	Jana Mohamed Ahmed	10	DEGLA	NT
7	Gana Akram Mostafa	10	AHLY	NT
8	Rodaina Ahmed Ali	10	AHLY	NT
9	Retaj Mohmed Elsayed	10	GHABA	NT
10	Pearly Mahmoud Gamal	10	AHLY	NT

Heat 12 of 21 Finals

1	Malak Hamdy Ahmed	10	DEGLA	NT
2	Yara Ahmed Mohamed Sabe	10	DEGLA	NT
3	Sondos Hatim Mahmoud	10	M.S Tagamoa	NT
4	Kinzy Wael Abdelhamed	10	DEGLA	NT
5	Yara Hany Kamal	10	GHABA	NT
6	Gana Mohamed Atef	10	SHOOT	NT
7	Amna Ahmed Mohamed	10	AHLY	NT
8	Noran Mohamed Emad Fah	10	MAADI	NT
9	Amira Hisham Mohamed H	10	SHOOT	NT
10	Retaj Ashraf Youssry	10	GHABA	NT

Heat 13 of 21 Finals

1	Yasmine Hany el Nahas	10	DEGLA	NT
2	Marwa Mahmoud Mohamec	10	AHLY	NT
3	Nour Mohanad Salah	10	DEGLA	NT
4	Mariam Abdalla Mohamed l	10	AHLY	NT
5	Salma Khaled Ramzy	10	SHOOT	NT
6	Rohan Ahmed Mohamed	10	AHLY	NT
7	Mennatallah Ihab Sakr	10	DEGLA	NT
8	Malak Ahmed Abd Elwahed	10	DEGLA	NT
9	Mariam Mohamed Mahmou	10	DEGLA	NT
10	Hanin Hany Hassan	10	AHLY	NT

Heat 14 of 21 Finals

1	Rahf Ahmed Mohamed	10	AHLY	NT
2	Khadega Mohamed Ibrahim	10	DEGLA	NT
3	Mariam Mohamed Amin	10	DEGLA	NT
4	Salma Ahmed Helmy	10	GHABA	NT
5	Salma Hesham Mohamed	10	AHLY	NT
6	Lara Haitham Mohamed Mc	10	MAADI	NT
7	Khadija Ahmed Hassan	10	AHLY	NT
8	Ledia Shrief Adel	10	AHLY	NT
9	Nadin Moataz Mohamed Fel	10	MAADI	NT
10	Hagar Mahmoud Salem	10	AHLY	NT

Heat 15 of 21 Finals

1	Joy John Samir	10	DEGLA	NT
2	Jana Gomaa Mohamed	10	DEGLA	NT
3	Eiya Ehab Mohamed Farid	10	MAADI	NT
4	Noureen Mohamed Hazem	10	AHLY	NT
5	Zeina Essam Ahmed	10	DEGLA	NT
6	Lavinia Hany Samir	10	DEGLA	NT
7	Mena Shawkat Heiba	10	AHLY	NT
8	Yara Mohamed Hamdy	10	DEGLA	NT
9	Logain Ahmed Talaat	10	DEGLA	NT
10	Tareem Ehab Mohamed Far	10	MAADI	NT

Heat 16 of 21 Finals

1	Hana Hassan Abdel Fattah	10	DEGLA	NT
2	Goise Wael Wagih	10	DEGLA	NT
3	Mariam Osama Gohary	10	DEGLA	NT
4	Nour Mohamed Zaky	10	SHAMS	NT
5	Dima Amir Abdallah	10	DEGLA	NT
6	Rovan Hany Mohamed	10	DEGLA	NT
7	Rafaella Emad Habib	10	DEGLA	NT
8	Habiba Mohamed Taha	10	DEGLA	NT
9	Malak Ahmed Samir	10	AHLY	NT
10	Demyana Hanna Safwat	10	SHOOT	NT

Heat 17 of 21 Finals

1	Mariz Ramez Nader	10	DEGLA	NT
2	Zeina Ahmed Gamal Abdel I	10	SHOOT	NT
3	Lana Wael	10	DEGLA	NT
4	Mariam Haytham Abdelmor	10	GHABA	NT
5	Ingy Mohamed Khairy Huss	10	SHOOT	NT
6	Hala Tamer Elfardy	10	El Temsah	NT
7	Rodaina Khaled El Hawary	10	DEGLA	NT
8	Rodaina Atef Saber	10	DEGLA	NT
9	Kenzy Wael Hagagy	10	DEGLA	NT
10	Jana Hisham Mohamed	10	DEGLA	NT

Heat 18 of 21 Finals

1	Jomana Mohammed Hussie	10	El Temsah	NT
2	Carla Ayoub Zakaria	10	DEGLA	NT
3	Rodaina Mohamed Ahmed	10	DEGLA	NT
4	Zeina Walid Mohamed	10	AHLY	NT
5	Jesseil Ehab Farag	10	GHABA	NT
6	Malak Ahmed Mohamed Els	10	AHLY	NT
7	Manal Said Mohamed	10	AHLY	NT
8	Lilly Mohamed abd el Aziz	10	Nasr City	NT
9	Farida Amir Abdel Gawad	10	AHLY	NT
10	Jana Ebrahim Abdelmonier	10	GHABA	NT

Heat 19 of 21 Finals

1	Malak Mohamed Elsayed	10	AHLY	NT
2	Noureen Ahmed Hegazy	10	AHLY	NT
3	Salma Hany Mahmoud Hish	10	SHOOT	NT
4	Goudy Bahaa Eldin Mohame	10	AHLY	NT
5	Mariam Khaled Mohamed	10	AHLY	NT
6	Mariam Mohamed Fathi	10	AHLY	NT
7	Joly Mina Michelle	10	GHABA	NT
8	Farida Mahmoud Mohamed	10	AHLY	NT
9	Jana Mohamed Ali El Sisi	10	SHOOT	NT
10	Salma Sameh Rashad	10	DEGLA	NT

Heat 20 of 21 Finals

1	Mariam Ahmed Abdelaal	10	AHLY	NT
2	Yara Amr Moustafa El Sheri	10	SHOOT	NT
3	Lena Ahmed Mohamed	10	AHLY	NT
4	Janah Mahmoud Ali	10	DEGLA	NT
5	Gamila Khaled El Gendy	10	DEGLA	NT
6	Gana Mohy Eldin Mohamed	10	SHOOT	NT
7	Habiba Hani Samir	10	El Temsah	NT
8	Malak Ahmed Hamdy El Mo	10	SHOOT	NT
9	Jana Basem Abdel Hady	10	DEGLA	NT
10	Retag Mohamed Abdelaziz	10	AHLY	NT

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Heat 21 Finals (#20 Girls 10 Year Olds 50 LC Meter Breaststroke)

1	Haya Ahmed Abd El Hamid	10	SHOOT	NT
2	Zeina Alaa Eldin Ahmed	10	AHLY	NT
3	Farida Sherif Hosny	10	DEGLA	NT
4	Meilfa Sherif Azmy	10	AHLY	NT
5	Farida Osama Mamdouh Na	10	SHOOT	NT
6	Loujin Ramy Ahab	10	AHLY	NT
7	Yasmine Ahmed Mansour M	10	SHOOT	NT
8	Haya Haitham Reda Sedeik	10	MAADI	NT
9	Yara Amr Samir	10	DEGLA	NT
10	Salma Tarek Farouk	10	DEGLA	NT

Event 21 Boys 10 Year Olds 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

4	Baraa Mohamed Abdel Weh	10	DEGLA	NT
5	Abdalla Ahmed Adel Sadek	10	AHLY	NT
6	Eyad Ahmed Soror	10	DEGLA	NT

Heat 2 of 9 Finals

1	Yahya Ehab Hashish	10	SHOOT	NT
2	Mazen Mahmoud Gmal	10	SHAMS	NT
3	Omar Essam Salah	10	DEGLA	NT
4	Abdel Wehab Mahmoud El I	10	DEGLA	NT
5	Ziad Mostafa Abdelbaky	10	SHAMS	NT
6	Mohamed Hossam Mohame	10	SHAMS	NT
7	Yassien Salah Mohamed	10	SHAMS	NT
8	Adam Yahya Kmal	10	SHAMS	NT
9	Zein Ramy Tolba	10	SHOOT	NT
10	Ahmed AlSaid Moustafa	10	MAADI	NT

Heat 3 of 9 Finals

1	Yehia Mahmoud Taha	10	AHLY	NT
2	Gasser Amr Mostafa	10	AHLY	NT
3	Bilal Tamer Mohamed	10	SHAMS	NT
4	Mohamed Hassan Aly	10	AHLY	NT
5	Abdelrahman Agamey	10	GHABA	NT
6	Yassin Hussein Ahmed Sher	10	SHOOT	NT
7	Eyad Kamal Mohamed	10	DEGLA	NT
8	Adham Tamer Mohamed	10	AHLY	NT
9	Youssef Ahmed Mohamed G	10	AHLY	NT
10	Ahmed Mohamed Ibrahim M	10	GHABA	NT

Heat 4 of 9 Finals

1	Eyad Mohamed Ahmed	10	AHLY	NT
2	Hamza Ahmed Gamal Eldin	10	AHLY	NT
3	Nour El din Tarek Abd Al H	10	DEGLA	NT
4	Adam Mohamed Hamdy	10	AHLY	NT
5	Ahmed Hisham Mahmoud A	10	MRAC	NT
6	Omar Shrief Ahmed	10	AHLY	NT
7	Youssef Karim Youssef	10	MAADI	NT
8	Yousief Ahmed Mahmoud	10	SHAMS	NT
9	Yousef Moahmed Fawzi	10	DEGLA	NT
10	Bilal Mohamed Mammdoh	10	SHAMS	NT

Heat 5 of 9 Finals

1	Abou Bakr Mohamed Ibrahi	10	SHOOT	NT
2	Yassin Kariem Mohamed	10	DEGLA	NT
3	Omar Shirief Hassan	10	SHAMS	NT
4	Mohamed Salah Mahrous H	10	MRAC	NT
5	Anas Mohamed Saad	10	DEGLA	NT
6	Mohamed Hamdy Mohamec	10	DEGLA	NT
7	Ziad Mohamed Mostafa Fah	10	SHAMS	NT
8	Abdalla Moamed Abdala Qa	10	GHABA	NT
9	Adham Hussien Abdallah	10	DEGLA	NT
10	Mohamed Hesham Mohame	10	AHLY	NT

Heat 6 of 9 Finals

1	Mark Mamdouh Garas	10	GHABA	NT
2	Raad Hany Mohamed	10	AHLY	NT
3	Youssef Ahmed El Halawany	10	DEGLA	NT
4	Mohamed Tamer Ali	10	AHLY	NT
5	Mohamed Ibrahim Attia	10	AHLY	NT
6	Omar Ahmed Mahdy	10	El Temsah	NT
7	Yousef Ahmed Hussein Sult	10	SHOOT	NT
8	Zyad Ahmed Aboelmaty	10	DEGLA	NT
9	Mohamed Ahmed Bolbol	10	AHLY	NT
10	Bilal Yaser Mohamed Saad	10	SHAMS	NT

Heat 7 of 9 Finals

1	Mohamed Samir Mohamed	10	AHLY	NT
2	Youssef Ahmed Mabrouk	10	DEGLA	NT
3	Mazen Mohamed Hassan	10	AHLY	NT
4	Omar Mokhtar Sayed	10	AHLY	NT
5	Youssef Mohamed Anas Ahr	10	MAADI	NT
6	Yehia Waseem Mohamed	10	AHLY	NT
7	Ahmed Hossam Eldin Seyan	10	El Temsah	NT
8	Yassien Mohamed Salem	10	DEGLA	NT
9	Ayad Yaser Sayed Ahmed	10	SHAMS	NT
10	aly Mohamed Abdeltawab M	10	MRAC	NT

Heat 8 of 9 Finals

1	Seif Eldin Hatem Shebl	10	AHLY	NT
2	Mohamed Alaa Abdelfttah	10	SHAMS	NT
3	Mohamed Amr Nabil	10	DEGLA	NT
4	Ziad A.Eioun	10	DEGLA	NT
5	Adham Ashraf Mohamed	10	DEGLA	NT
6	Omar Hany Mohamed	10	AHLY	NT
7	Ibrahim Mahmoud Borhami	10	DEGLA	NT
8	Ammar Abdeltawab Elsayec	10	GHABA	NT
9	Ammar Mohamed Hesham	10	SHOOT	NT
10	Taher Mahmoud Taher	10	AHLY	NT

Heat 9 of 9 Finals

1	Tarek Ahmed Osama	10	El Temsah	NT
2	Hamza Kariem Ahmed	10	SHAMS	NT
3	Ammar Ahmed Ammar	10	AHLY	NT
4	Yassien Mohab Moamed	10	SHAMS	NT
5	Mohamed Hassan Mohamec	10	SHAMS	NT
6	Bassel Emad Elsayed	10	DEGLA	NT
7	Omar Mohamed Hamdy Mo	10	SHOOT	NT
8	Hamza Yehia Mohamed	10	AHLY	NT
9	Ahmed Mostafa Abd el Aaw	10	DEGLA	NT
10	Ali Ahmed Mohamed Tawak	10	MAADI	NT

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 18-07-2019 Evining

Event 22 Girls 10 Year Olds 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
4	Yara Mohamed Elkhawaga	10	DEGLA	NT
5	Alma Wesam Khaled	10	AHLY	NT
6	Noor Yasser Helmy	10	DEGLA	NT
Heat 2 of 4 Finals				
1	Hoda Hany Ahmed	10	DEGLA	NT
2	Hala Mohammed Marouf	10	El Temsah	NT
3	Hoda Gomaa Sobhy	10	GHABA	NT
4	Malak Shrief Ezzat	10	AHLY	NT
5	Menah Moustafa Mohamed	10	ZMALK	NT
6	Joly Mina Michelle	10	GHABA	NT
7	Nora Mahmoud Ebrahim	10	GHABA	NT
8	Merna Khaled Ali Abdalla	10	GHABA	NT
9	Tmara Rafiek Wagdy	10	SHAMS	NT
Heat 3 of 4 Finals				
1	Hana Mohamed Mostafa	10	AHLY	NT
2	Mai Mahmoud Ahmed	10	DEGLA	NT
3	Julia Ramez Goreg	10	SHAMS	NT
4	Kenzy Mohamed Mamdoud	10	DEGLA	NT
5	Hoda Ahmed Mamdouh	10	AHLY	NT
6	Basant Hesham Hussin	10	DEGLA	NT
7	Hana Mahmoud Hassan	10	GHABA	NT
8	Rodaina Osama Khalil	10	GHABA	NT
9	Gudy Walied Adly	10	SHAMS	NT
10	Rodina Ahmed Sayed	10	SHAMS	NT
Heat 4 of 4 Finals				
1	Rinad Mohamed Abdel Har	10	SHOOT	NT
2	Nour Mohammed Saied	10	El Temsah	NT
3	Karma Tamer El Sayed	10	SHOOT	NT
4	Retag Galal Ibrahiem	10	DEGLA	NT
5	Toka Mostafa Rizek	10	SHAMS	NT
6	Lavinia Hany Samir	10	DEGLA	NT
7	mai Mohamed Abdelmonen	10	MRAC	NT
8	Shahd Mohamed Ahmed Kh	10	AHLY	NT
9	Malak Mohamed Omar	10	SHAMS	NT
10	Salma Mohamed Osama	10	DEGLA	NT