

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 17-07-2019 Morning

## Event 7 Boys 10 Year Olds 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 26 Finals</b>				
4	Omar Shrief Ahmed	10	AHLY	NT
5	Negm Eldin Mohamed Fawz	10	GHABA	NT
6	Mohamed Ayman Mofeed	10	DEGLA	NT
<b>Heat 2 of 26 Finals</b>				
1	Marawan Basem Mahmoud	10	AHLY	NT
2	Ahmed Montaser Mohamed	10	AHLY	NT
3	Hazem Hossam Gomaa	10	DEGLA	NT
4	Karim Tarek Ibrahim	10	AHLY	NT
5	Ibrahim Mohamed Ibrahim	10	AHLY	NT
6	Mohamed Nasser Abdel Fat	10	AHLY	NT
7	Yassin Wael Moneir	10	SHAMS	NT
8	Abdel Salam Mohamed Abd	10	AHLY	NT
9	Ahmed Safwat Ahmed	10	SHOOT	NT
10	Yassin Mohamed Fattouh	10	AHLY	NT
<b>Heat 3 of 26 Finals</b>				
1	Adam Mohamed Omar	10	AHLY	NT
2	Adam Walid Mohamed	10	AHLY	NT
3	Belal Walid Mohamed	10	AHLY	NT
4	Yousief Sayed Hatem	10	SHAMS	NT
5	Zeyad Mostafa Ahmed	10	AHLY	NT
6	Belal Kariem Ahmed	10	SHAMS	NT
7	Abdul Rahman Ahmed Abdi	10	SHOOT	NT
8	Youssef Amr Abdelghany	10	GHABA	NT
9	Hamza Mohamed Fawzy Ab	10	SHOOT	NT
10	Youssef Akram Essam	10	AHLY	NT
<b>Heat 4 of 26 Finals</b>				
1	Ayad Ayman Gmal	10	SHAMS	NT
2	Yassin Osama Mohamed El	10	SHOOT	NT
3	Omar Abdel Hamid Aly	10	AHLY	NT
4	Omar Mohamed Samy Aly	10	SHOOT	NT
5	Yassin Sherif Ismail Helal	10	MAADI	NT
6	Youssef Mohamed Yassin	10	AHLY	NT
7	Adham Mohamed Ali	10	SHAMS	NT
8	Mohamed Hany Mohamed	10	DEGLA	NT
9	Omar Essam Ali AbdElAtti	10	MAADI	NT
10	Mohnad Ashraf Abdelmoun	10	SHAMS	NT
<b>Heat 5 of 26 Finals</b>				
1	Ziad Mohamed Mohamed L	10	SHAMS	NT
2	Zeyad Ahmed Salem Ali	10	MAADI	NT
3	Yahya Ehab Hashish	10	SHOOT	NT
4	Adham Mohammed Mousa	10	El Temsah	NT
5	Omar Shirief Hassan	10	SHAMS	NT
6	Zeyad Hussein Abdelmonie	10	GHABA	NT
7	Hamza Kariem Ahmed	10	SHAMS	NT
8	Yehia Mahmoud Taha	10	AHLY	NT
9	Karim Ahmed Mahmoud	10	AHLY	NT
10	Sief Hesham Mohamed	10	AHLY	NT

## Heat 6 of 26 Finals

1	Hesham Ahmed Abdel Bary	10	DEGLA	NT
2	Khaled Mohamed Sabry	10	DEGLA	NT
3	Abd Allah Amr Youssef AlGe	10	MAADI	NT
4	Adham Ayman Hussien	10	DEGLA	NT
5	Yassin Mohamed Farouk	10	DEGLA	NT
6	Mohamed Hassan Mohamed	10	AHLY	NT
7	Saief Eldin Khaled Salah	10	SHAMS	NT
8	Abd ElRahman Walid Moha	10	SHOOT	NT
9	Yassin Mohamed Said	10	DEGLA	NT
10	Mahmoud Osama Mahmoud	10	SHAMS	NT

## Heat 7 of 26 Finals

1	Hamza Mohamed Abdel Mo	10	AHLY	NT
2	Yassin Hatem Abdel Rahma	10	SHOOT	NT
3	Mohamed Hassan Mohamed	10	SHAMS	NT
4	Yassin Ahmed Ramdan	10	GHABA	NT
5	Wael Ramy Gaber	10	DEGLA	NT
6	Ahmed Hossam Samy	10	AHLY	NT
7	Mohamed Ahmed Abdelaziz	10	AHLY	NT
8	Omar Ahmed Shawky	10	SHAMS	NT
9	Mahmoud Hamouda Selim	10	AHLY	NT
10	Mohamed Tamer Alaa Eldin	10	AHLY	NT

## Heat 8 of 26 Finals

1	Mohanad Hesham Mohamed	10	MAADI	NT
2	Eyad Ahmed Hesem	10	DEGLA	NT
3	Mazen Tarek Saad	10	SHAMS	NT
4	Youssef Mohamed Abdalla	10	AHLY	NT
5	Saad Wael Saad	10	AHLY	NT
6	Yehia Ahmed Abdel Hafez	10	AHLY	NT
7	Youssef Yasser Medhat	10	DEGLA	NT
8	Mazen Haitham Ibrahim	10	DEGLA	NT
9	Malek Ahmed Nabih	10	DEGLA	NT
10	Yehia Adel Anour	10	DEGLA	NT

## Heat 9 of 26 Finals

1	Seif Alla Walid Mohamed	10	AHLY	NT
2	Mohammed Kamal Mohey E	10	El Temsah	NT
3	Adham Tamer Mohamed	10	AHLY	NT
4	Belal Mohamed A.El Hakim	10	DEGLA	NT
5	Omar Ahmed El Bostany	10	SHOOT	NT
6	Ayad amr Hassan	10	El Temsah	NT
7	Mohamed Walid Abo Elalla	10	AHLY	NT
8	Yassien Mohamed Salem	10	DEGLA	NT
9	Yassin Ahmed Mohamed	10	AHLY	NT
10	Hamza Abdallah Farouk	10	SHAMS	NT

## Heat 10 of 26 Finals

1	Adam Ramy Shawky	10	AHLY	NT
2	Youness Ahmed Magdy	10	DEGLA	NT
3	Momein Mostafa Al Khayat	10	SHAR	NT
4	Mohamed Hany Mahmoud I	10	SHAMS	NT
5	Marawan Amir Magdy	10	AHLY	NT
6	Yahia Ahmed El Sayed	10	DEGLA	NT
7	Mohamed Tamer Ali	10	AHLY	NT
8	Abdalla Moamed Abdala Qa	10	GHABA	NT
9	Yehia Ahmed Mostafa	10	AHLY	NT
10	Ammar Abdeltawab Elsayec	10	GHABA	NT

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**Heat 11 Finals (#7 Boys 10 Year Olds 50 LC Meter Butterfly)**

1	Gaser Khaled Farag Mahmo	10	SHOOT	NT
2	Ahmed Ehab Saeid El Hamz	10	SHOOT	NT
3	Moustafa Mohamed Fathy M	10	MAADI	NT
4	Ahmed Hossam Othman	10	DEGLA	NT
5	Omar Essam Salah	10	DEGLA	NT
6	Omar Sameh Elsayed	10	GHABA	NT
7	Gasser Amr Mostafa	10	AHLY	NT
8	Yehia Ayman Mohamed	10	AHLY	NT
9	Youssef Wael Hassan	10	DEGLA	NT
10	Adam Amr Abdel Rahman	10	SHOOT	NT

**Heat 12 of 26 Finals**

1	Begad Mohamed Samir	10	DEGLA	NT
2	Mazen Mahmoud Gmal	10	SHAMS	NT
3	Ahmed Dandrawy Mohamed	10	DEGLA	NT
4	Marawan Tarek Mohamed	10	AHLY	NT
5	Yassin Amr Hassan	10	DEGLA	NT
6	Mohamed Essam Mahmoud	10	DEGLA	NT
7	John Hany Eshaa	10	DEGLA	NT
8	Youssef Haytham Abdelmor	10	GHABA	NT
9	Zieneldien Mohamed Misba	10	SHAMS	NT
10	Hassan Mohamed Abdelaal	10	El Temsah	NT

**Heat 13 of 26 Finals**

1	Mohamed Ahmed Abdelslar	10	SHAMS	NT
2	Mohamed Ahmed Samy	10	AHLY	NT
3	Mark Micheal Edward	10	DEGLA	NT
4	Omar Khaled Mohamed Has	10	AHLY	NT
5	Marcelleno Michelle Merzel	10	GHABA	NT
6	Abdelrahman Ahmed El Sak	10	DEGLA	NT
7	Omar Hisham Abdeltawab	10	SHAMS	NT
8	Ziad Hatem Kmal	10	SHAMS	NT
9	Yassin Hussein Ahmed Sher	10	SHOOT	NT
10	Asser Mostafa Ibrahim	10	DEGLA	NT

**Heat 14 of 26 Finals**

1	Hamza Amr Ghonem	10	SHAMS	NT
2	Ahmed Sameh Hamam	10	AHLY	NT
3	Omar Mohamed Helmy	10	SHAMS	NT
4	Bilal Yaser Mohamed Saad	10	SHAMS	NT
5	Abdelrahman Hussien Moh	10	SHAMS	NT
6	Ziad Ahmed Fayad	10	DEGLA	NT
7	abd Elrahman Khaled Hussi	10	DEGLA	NT
8	Aser Mohamed Mosaad Mol	10	MAADI	NT
9	Obaidah Ammar Mohamed	10	SHOOT	NT
10	Zeyad Mohamed Gamil	10	AHLY	NT

**Heat 15 of 26 Finals**

1	Aly Amr Mohamed	10	AHLY	NT
2	AbdelRahman Ahmed Moh	10	MAADI	NT
3	Fouad Mohamed Mohamed	10	AHLY	NT
4	Mohamed Shirief Ahmed M	10	SHAMS	NT
5	Omar Khaled Mohamed	10	GHABA	NT
6	Mazen Mohamed Mostafa	10	GHABA	NT
7	Moaz Wael Barakat	10	SHOOT	NT
8	Aly Ahmed Adel Mohamed	10	SHOOT	NT
9	Youssef Elsayed Mohamed	10	AHLY	NT
10	Ziad Mohamed Mostafa Fah	10	SHAMS	NT

**Heat 16 of 26 Finals**

1	Mohamed Amr Kamal ELDin	10	MAADI	NT
2	Marwan Mahmoud Moham	10	SHAMS	NT
3	Yehia Waseem Mohamed	10	AHLY	NT
4	Youssef Ahmed Talaat Hami	10	MAADI	NT
5	Omar Ashraf AbdELAzim M	10	MAADI	NT
6	Ali Islam Mohamed	10	SHAMS	NT
7	Adham Amr Mohamed	10	AHLY	NT
8	Selim Maeznabdelaziz	10	SHOOT	NT
9	Mahmoud Mohamed Mahm	10	SHOOT	NT
10	Seif Mohamed Hussen	10	DEGLA	NT

**Heat 17 of 26 Finals**

1	Mohamed Waiel Mohamed	10	SHAMS	NT
2	Omar Magdy Fouad	10	GHABA	NT
3	Omar Tamer Mohamed	10	AHLY	NT
4	Mohamed Ahmed Zaky Gha	10	SHOOT	NT
5	Mohamed Hisham Ibrahiem	10	SHAMS	NT
6	Hamza Hesham Ragab	10	GHABA	NT
7	Basel Omar Al Farouk	10	AHLY	NT
8	John Joseph Abdalla	10	GHABA	NT
9	Yazid Sherif Abdel Hameed	10	DEGLA	NT
10	Omar Ashraf Samy	10	SHAMS	NT

**Heat 18 of 26 Finals**

1	Youssef Hossam Mohamed	10	AHLY	NT
2	Mohad Ahme Mohamed	10	M.S Tagamoa	NT
3	Khaled Marwan Khaled Mo	10	MAADI	NT
4	Omar Mokhtar Sayed	10	AHLY	NT
5	Abdullah Saleh Ibrahim Sal	10	SHOOT	NT
6	Yassin Mohamed Hamed	10	DEGLA	NT
7	Baraa Mohamed Abdel Weh	10	DEGLA	NT
8	Youssef Amr El Sayed	10	DEGLA	NT
9	Abdel Rahman Mohamed H	10	AHLY	NT
10	Yassin Hossam Mohamed	10	AHLY	NT

**Heat 19 of 26 Finals**

1	Ahmed Mohamed Maghraby	10	AHLY	NT
2	Albert Emad Fayez	10	AHLY	NT
3	Adham Amr Mahmoud	10	MAADI	NT
4	Omar Osama Mohamed	10	AHLY	NT
5	Shehab Eldin Hassan Ahme	10	DEGLA	NT
6	Hassan Wael Mohamed	10	AHLY	NT
7	Omar Hossam Saad ELDin A	10	MAADI	NT
8	Yassin Mohamed Salah	10	DEGLA	NT
9	Omar Hany Mohamed	10	AHLY	NT
10	Aly Tamer Mahmoud Abdel	10	SHOOT	NT

**Heat 20 of 26 Finals**

1	Mahmoud Amgad Ahmed	10	AHLY	NT
2	Aser Mohamed Tamer	10	AHLY	NT
3	Omar Shrief Taha	10	AHLY	NT
4	Adham Ahmed Mohamed	10	AHLY	NT
5	Mostafa Amr Osman Aly	10	SHOOT	NT
6	Abdel Wehab Mahmoud El I	10	DEGLA	NT
7	Seif Mohamed Hamza	10	GHABA	NT
8	Yassin Kariem Mohamed	10	DEGLA	NT
9	Omar Basem Hassan Mohar	10	MAADI	NT
10	Mark Mamdouh Garas	10	GHABA	NT

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**Heat 21 Finals (#7 Boys 10 Year Olds 50 LC Meter Butterfly)**

1	Ezz Eldin Khaled Ezz	10	GHABA	NT
2	Mohamed Hesham Refaat	10	AHLY	NT
3	Yousif Sherif Moustafa	10	SHOOT	NT
4	Saif Eldin Haitham Mohame	10	DEGLA	NT
5	Mohamed Alaa Abdelfttah	10	SHAMS	NT
6	Eyad Karim Hamdan	10	SHOOT	NT
7	Danial Fady Atef	10	DEGLA	NT
8	aly Mohamed Abdeltawab M	10	MRAC	NT
9	Yunus Mohamed Ahmed	10	SHAMS	NT
10	Zeyad Ahmed Hamed	10	AHLY	NT

**Heat 22 of 26 Finals**

1	Karim Sherif Magdy	10	DEGLA	NT
2	Seif Ahmed Domar Akl	10	SHOOT	NT
3	Seif Mohamed Saad Baioum	10	DEGLA	NT
4	Marawan Mohamed Sayed S	10	AHLY	NT
5	Youssef Ahmed Mohamed G	10	AHLY	NT
6	Moamen AbdElAziz Madbol	10	MAADI	NT
7	Ali Ahmed Mohamed Tawak	10	MAADI	NT
8	Ali Hisham Ali	10	SHAMS	NT
9	Mohamed Ahmed Hamed	10	AHLY	NT
10	Adam Mohamed Hamdy	10	AHLY	NT

**Heat 23 of 26 Finals**

1	Yehia Mohamed Sayed	10	AHLY	NT
2	Abd Elrahman Amr Abd El /	10	SHOOT	NT
3	Khaled Ahmed Khaled Abde	10	SHOOT	NT
4	Mohammed Hesham Eltokh	10	El Temsah	NT
5	Tarek Ahmed Osama	10	El Temsah	NT
6	Youssef Reda Zinhom	10	DEGLA	NT
7	Youssef Mohamed Hussein	10	AHLY	NT
8	Aly Ahmed Aly	10	AHLY	NT
9	Mohab Naguib Mohamed	10	DEGLA	NT
10	Mahmoud Mohamed Hassa	10	DEGLA	NT

**Heat 24 of 26 Finals**

1	Eyad Ayman Samy	10	DEGLA	NT
2	Ahmed Mostafa Abd el Aaw	10	DEGLA	NT
3	Ayad Yaser Sayed Ahmed	10	SHAMS	NT
4	Mostafa Walid Samir	10	AHLY	NT
5	Adham Mohamed Ibrahim	10	AHLY	NT
6	Mohamed Ahmed Saad	10	M.S Tagamoa	NT
7	Zain El Din Ahmed Yakout	10	DEGLA	NT
8	Aly Haytham Ahmed	10	AHLY	NT
9	Yassin Ehab Mohamed	10	AHLY	NT
10	Mahmoud Hassan A.Aziz	10	DEGLA	NT

**Heat 25 of 26 Finals**

1	Ashraf Khaled Hamed	10	DEGLA	NT
2	Omar Ahmed Mahdy	10	El Temsah	NT
3	Sief Tarek Abdel Maniem	10	DEGLA	NT
4	Mark Amgad Magdy	10	DEGLA	NT
5	Ans Ahmed Ismail	10	AHLY	NT
6	Yassien Ayman Abdelhamie	10	SHAMS	NT
7	Hamza Medhat Ramadan	10	SHAMS	NT
8	Seif el din Ashraf Mohamed	10	DEGLA	NT
9	Yassin Amr Mohamed Amer	10	DEGLA	NT
10	Yassin Amr Mohamed	10	GHABA	NT

**Heat 26 of 26 Finals**

1	Seif Wael Abd El Latif	10	SHOOT	NT
2	Mohamed Wael Mahmoud	10	AHLY	NT
3	Abdelrahman Tamer Wlaa	10	SHAMS	NT
4	Marawan Tamer Abdel Rah	10	AHLY	NT
5	Yassin Mohamed Shaykhon	10	AHLY	NT
6	Mohamed Amr Mousa	10	DEGLA	NT
7	Eyad Ahmed Soror	10	DEGLA	NT
8	Ahmed Ehab Sayed Ibrahim	10	SHOOT	NT
9	Yassien Osama Fouad	10	SHAMS	NT
10	Adham Shreif Salah	10	AHLY	NT

**Event 8 Girls 10 Year Olds 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 19 Finals</b>				
4	Malak Mohamed Omar	10	SHAMS	NT
5	Halla Magdy Hassan	10	AHLY	NT
6	Kamilia Hossam ELDin Ahm	10	MAADI	NT
<b>Heat 2 of 19 Finals</b>				
1	Loujain Aymen Abdel Karen	10	SHOOT	NT
2	Gunia Emad Magdy	10	SHAMS	NT
3	Amina Mohamed Saad AlGa	10	MAADI	NT
4	Rodaina Atef Saber	10	DEGLA	NT
5	Maya Ahmed Samir	10	DEGLA	NT
6	Habiba Hani Samir	10	El Temsah	NT
7	Yara Amr Samir	10	DEGLA	NT
8	Jana Mohamed Ali El Sisi	10	SHOOT	NT
9	Salma Amir Ibrahim	10	SHOOT	NT
<b>Heat 3 of 19 Finals</b>				
1	Jaida Bassam Anwar	10	DEGLA	NT
2	Jesseil Ehab Farag	10	GHABA	NT
3	Goise Wael Wagih	10	DEGLA	NT
4	Ritaj Ahmed Sayd	10	M.S Tagamoa	NT
5	Reman Mohamed A.Latif	10	DEGLA	NT
6	Zeina Assem Khaled	10	DEGLA	NT
7	Clara Remon Michelle	10	GHABA	NT
8	Salma Tarek Farouk	10	DEGLA	NT
9	Rovan Hany Mohamed	10	DEGLA	NT
10	Zeina Ahmed Fathy	10	AHLY	NT
<b>Heat 4 of 19 Finals</b>				
1	Habiba Haitham Ammar	10	El Temsah	NT
2	Nour Mohamed Gabr	10	SHOOT	NT
3	Gamila Khaled El Gendy	10	DEGLA	NT
4	Rovan Tamer Elsenousy	10	El Temsah	NT
5	Kenzy Abdel Salam Mahmo	10	AHLY	NT
6	Gana Ahmed Mohamed	10	SHAMS	NT
7	Mariam Walid Kamal Eldin	10	AHLY	NT
8	Rohanda Walid Hassan Abd	10	MAADI	NT
9	Lili Alaa Wahba	10	SHAMS	NT
10	Rodaina Diaa el din Abd el F	10	DEGLA	NT

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**Heat 5 Finals (#8 Girls 10 Year Olds 50 LC Meter Backstroke)**

1	Nour Tamer Elsayed	10	AHLY	NT
2	Mariam Mohamed Amin	10	DEGLA	NT
3	Farida Sherif Hosny	10	DEGLA	NT
4	Habiba Ahmed Mohamed A	10	SHOOT	NT
5	Sondos Hatim Mahmoud	10	M.S Tagamoa	NT
6	Lama Tamer Desouky	10	DEGLA	NT
7	Salma Mohamed Badr	10	DEGLA	NT
8	Malak Amr Adel	10	DEGLA	NT
9	Salma Amr Akram	10	AHLY	NT
10	Joudy Ahmed Karam	10	DEGLA	NT

**Heat 6 of 19 Finals**

1	Salma Ahmed Helmy	10	GHABA	NT
2	Rana Sameh Sabry	10	AHLY	NT
3	Roqaia Mohamed Ahmed El	10	DEGLA	NT
4	Zeina Alaa Eldin Ahmed	10	AHLY	NT
5	Zeina Essam Ahmed	10	DEGLA	NT
6	Farida Ahmed Alaa AlDin	10	MAADI	NT
7	Yara Ahmed Mostafa	10	El Temsah	NT
8	Zeina Ahmed Gamal Abdel I	10	SHOOT	NT
9	Mariam Islam Mohamed	10	AHLY	NT
10	Habiba Mohamed Refaat	10	AHLY	NT

**Heat 7 of 19 Finals**

1	Malak Haitham Hamdy Moh	10	SHOOT	NT
2	Mariam Amr Saber Mahran	10	SHOOT	NT
3	Nour Mohamed Zaky	10	SHAMS	NT
4	Gana Mohamed Atef	10	SHOOT	NT
5	Habiba Elamier Fiesl	10	SHAMS	NT
6	Rodaina Khaled El Hawary	10	DEGLA	NT
7	Jana Basem Abdel Hady	10	DEGLA	NT
8	Malak Ahmed Samir	10	AHLY	NT
9	Salma Hesham Mohamed	10	AHLY	NT
10	Judy Khaled Sayed	10	DEGLA	NT

**Heat 8 of 19 Finals**

1	Gody Hussien Mohamed	10	SHAMS	NT
2	Farida Khaled Farok Farag	10	MAADI	NT
3	Gana Mohy Eldin Mohamed	10	SHOOT	NT
4	Malak Mohamed Mahmoud	10	DEGLA	NT
5	Kenzy Hesham Mohamed	10	AHLY	NT
6	Joy John Samir	10	DEGLA	NT
7	Hana Hany Sobhy	10	DEGLA	NT
8	Goudy Emad El Nahas	10	AHLY	NT
9	Retag Omar A.Azim	10	DEGLA	NT
10	Loren Osama Mohamed	10	SHAMS	NT

**Heat 9 of 19 Finals**

1	Alma Ismail Elgohary	10	DEGLA	NT
2	Basma	10	DEGLA	NT
3	Mariam Osama Gohary	10	DEGLA	NT
4	Omnia Hesham Mohamed	10	GHABA	NT
5	Kenzy Wael Hagagy	10	DEGLA	NT
6	Janah Mahmoud Ali	10	DEGLA	NT
7	Habiba Ahmed El Sayed	10	DEGLA	NT
8	Rodina Alaa Rashad	10	El Temsah	NT
9	Yasmine Hany el Nahas	10	DEGLA	NT
10	Lamar Abdel Megid Ahmed	10	DEGLA	NT

**Heat 10 of 19 Finals**

1	Malak Mohamed Elsayed	10	AHLY	NT
2	Ingy Mohamed Khairy Huss	10	SHOOT	NT
3	Rodaina Ahmed Ali	10	AHLY	NT
4	Salma Hany Mahmoud Hish	10	SHOOT	NT
5	Rahma Emad Farouk	10	El Temsah	NT
6	Salma Sherif Mahmoud	10	DEGLA	NT
7	Salma Khaled Ramzy	10	SHOOT	NT
8	Hala Waiel Yahia	10	DEGLA	NT
9	Ledia Shrief Adel	10	AHLY	NT
10	Tareem Ehab Mohamed Far	10	MAADI	NT

**Heat 11 of 19 Finals**

1	Farida Ayman Mohamed	10	AHLY	NT
2	Alia Mohamed Omar Metwa	10	MAADI	NT
3	Laila Mohamed Fathy Ibrah	10	SHOOT	NT
4	Maya Mohammed eid	10	El Temsah	NT
5	Ransy ElSayed Ali	10	DEGLA	NT
6	Kinzy Ahmed Sayed	10	SHAMS	NT
7	Jana Mahmoud Hafiz	10	GHABA	NT
8	Rodina Ahmed Sayed	10	SHAMS	NT
9	Jana Said Ebrahim	10	GHABA	NT
10	Meilfa Sherif Azmy	10	AHLY	NT

**Heat 12 of 19 Finals**

1	Lamar Ahmed Yahia	10	DEGLA	NT
2	Hana Mohamed Mostafa	10	AHLY	NT
3	Dara Adham Adel	10	SHOOT	NT
4	Aysin Mahmoud Abdel Azee	10	AHLY	NT
5	Malak Ashraf Ibrahim	10	AHLY	NT
6	Jana Gomaa Mohamed	10	DEGLA	NT
7	Carla Ayoub Zakaria	10	DEGLA	NT
8	Logain Ahmed Hessen	10	DEGLA	NT
9	Amina Ahmed Mahmoud	10	AHLY	NT
10	Laila Ahmed Abd El Ghaffar	10	MAADI	NT

**Heat 13 of 19 Finals**

1	Tmara Rafiek Wagdy	10	SHAMS	NT
2	Hala Walid Gomaa	10	DEGLA	NT
3	Zeina Wael Mohamed	10	AHLY	NT
4	Mariam Ahmed Mohamed F	10	AHLY	NT
5	Hala Tamer Elfardy	10	El Temsah	NT
6	Sandy Waleed	10	DEGLA	NT
7	Loujain Yasir Mohamed Gar	10	SHOOT	NT
8	Jody Mohamed Salah Husse	10	MAADI	NT
9	Noureen Mohamed Hazem	10	AHLY	NT
10	Salma Mohamed Hasan	10	DEGLA	NT

**Heat 14 of 19 Finals**

1	Mariam Haytham Abdelmor	10	GHABA	NT
2	Malak Khaled Khalifa	10	AHLY	NT
3	Farida Osama Mamdouh Na	10	SHOOT	NT
4	Rovan Ahmed Bakry	10	DEGLA	NT
5	Omnia Mohamed Mohiy	10	SHAMS	NT
6	Retal Eslam Mokhter	10	DEGLA	NT
7	Hana Mohammed Hefny	10	El Temsah	NT
8	Mariz Ramez Nader	10	DEGLA	NT
9	Nour Mohamed Hussein Err	10	SHOOT	NT
10	Jana Hisham Mohamed	10	DEGLA	NT

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**Heat 15 Finals (#8 Girls 10 Year Olds 50 LC Meter Backstroke)**

1	Karma Ayman Badr	10	SHOOT	NT
2	Sara Talaat Taher El Hadidi	10	SHOOT	NT
3	Gana Akram Mostafa	10	AHLY	NT
4	Amira Hisham Mohamed H	10	SHOOT	NT
5	Yara Mohamed Elkhawaga	10	DEGLA	NT
6	Malak Mohamed Fawzy	10	MAADI	NT
7	Mariam Ahmed Abdelaal	10	AHLY	NT
8	Malak Ahmed Abd Elwahed	10	DEGLA	NT
9	Hanin Hany Hassan	10	AHLY	NT
10	Lara Haitham Mohamed Mc	10	MAADI	NT

**Heat 16 of 19 Finals**

1	Salma Sameh Rashad	10	DEGLA	NT
2	Nor Ahmed Ali Abdel Khale	10	SHOOT	NT
3	Goumana O Ahmed Hamza	10	SHOOT	NT
4	Jana Mohamed Ahmed	10	DEGLA	NT
5	Mennatallah Ihab Sakr	10	DEGLA	NT
6	Malak Hossam ElDin Mohar	10	MAADI	NT
7	Eiya Ehab Mohamed Farid	10	MAADI	NT
8	Malika Medhat Gomaa	10	DEGLA	NT
9	Hoda Gomaa Sobhy	10	GHABA	NT
10	Retag Mohamed Abdelaziz	10	AHLY	NT

**Heat 17 of 19 Finals**

1	Retag Salah Ahmed	10	DEGLA	NT
2	Joudy Sherif El Masry	10	DEGLA	NT
3	Jana Shrif Ezzat	10	DEGLA	NT
4	Laila Mahmoud Mamdough	10	DEGLA	NT
5	Farida Mahmoud Mohamed	10	AHLY	NT
6	Nour Mohammed Saied	10	El Temsah	NT
7	Berry Amr Ahmed	10	DEGLA	NT
8	Tolin Ibrahim A.Karim	10	DEGLA	NT
9	Pearly Mahmoud Gamal	10	AHLY	NT
10	Carol Mina Mechille	10	GHABA	NT

**Heat 18 of 19 Finals**

1	Nour Mohanad Salah	10	DEGLA	NT
2	Yara Amr Moustafa El Sheri	10	SHOOT	NT
3	Logain Ahmed Talaat	10	DEGLA	NT
4	Haya Haitham Reda Sedeik	10	MAADI	NT
5	Malak Tamer Zakaria	10	AHLY	NT
6	Joulie Samer Mohsen	10	DEGLA	NT
7	Jana Nader Kadry	10	DEGLA	NT
8	Habiba Mohamed Hamdy	10	AHLY	NT
9	Goudy Ashour Eid	10	AHLY	NT
10	Alma Wesam Khaled	10	AHLY	NT

**Heat 19 of 19 Finals**

1	Retaj Ahmed Abd el Rauof	10	SHOOT	NT
2	Mariam Abdalla Mohamed /	10	AHLY	NT
3	Roudaina Samy Mohamed	10	AHLY	NT
4	Rodina A.Samad A.Aziz	10	DEGLA	NT
5	Rahf Ahmed Mohamed	10	AHLY	NT
6	Gana Mohamed Mahmoud	10	AHLY	NT
7	Yara Mohamed Sobhy	10	DEGLA	NT
8	Rafaella Emad Habib	10	DEGLA	NT
9	Demyana Hanna Safwat	10	SHOOT	NT
10	Gana Sherif Mahmoud Sem	10	SHOOT	NT

**Event 9 Boys 10 Year Olds 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 32 Finals**

4	Ibrahim Mahmoud Borhami	10	DEGLA	NT
5	Yassin Amr Mohamed	10	DEGLA	NT
6	Marawan Mohamed Abdel M	10	AHLY	NT

**Heat 2 of 32 Finals**

1	Mohamed Hassan Aly	10	AHLY	NT
2	Mohamed Hesham Mohame	10	AHLY	NT
3	Albert Emad Fayez	10	AHLY	NT
4	Mohamed Ahmed Samy	10	AHLY	NT
5	Belal Hatem Maher	10	AHLY	NT
6	Ibrahim Mohamed Ali	10	DEGLA	NT
7	Omar Abdel Hamid Aly	10	AHLY	NT
8	Adham Ahmed Mohamed	10	AHLY	NT
9	Saief Eldin Khaled Salah	10	SHAMS	NT
10	Abd ElRahman Walid Moha	10	SHOOT	NT

**Heat 3 of 32 Finals**

1	Baraa Islam Essam	10	DEGLA	NT
2	Yahia Ahmed El Sayed	10	DEGLA	NT
3	Mohab Naguib Mohamed	10	DEGLA	NT
4	Mohamed ElSayed Mohame	10	MAADI	NT
5	Yassin Mohamed Hamed	10	DEGLA	NT
6	Yousif Sherif Moustafa	10	SHOOT	NT
7	Ahmed Tamer Rifat	10	SHAMS	NT
8	John Hany Eshaa	10	DEGLA	NT
9	Raad Hany Mohamed	10	AHLY	NT
10	Anas Mohamed Saad	10	DEGLA	NT

**Heat 4 of 32 Finals**

1	Abdelrahman Hussien Moh	10	SHAMS	NT
2	Mazen Mohamed Hassan	10	AHLY	NT
3	Omer Hany Amin Mahmoud	10	SHOOT	NT
4	abd Elrahman Khaled Hussi	10	DEGLA	NT
5	Islam Atef Abdelrahman	10	SHAMS	NT
6	Yassin Amr Aly	10	AHLY	NT
7	Tim Ahmed Al Hishmy	10	SHOOT	NT
8	Yassin Kariem Mohamed	10	DEGLA	NT
9	Mohamed Essam Mahmoud	10	DEGLA	NT
10	Omar Khaled Abdel Hakim	10	SHOOT	NT

**Heat 5 of 32 Finals**

1	Mohanad Hesham Mohame	10	MAADI	NT
2	Mostafa Walid Samir	10	AHLY	NT
3	Youssef Elsayed Mohamed	10	AHLY	NT
4	Bassel Emad Elsayed	10	DEGLA	NT
5	Yehia Mahmoud Ahmed	10	MAADI	NT
6	Seif Mohamed Hamza	10	GHABA	NT
7	Abdelrahman Agamey	10	GHABA	NT
8	Youssef Mohamed Hussein	10	AHLY	NT
9	Moustafa Mohamed Fathy M	10	MAADI	NT
10	Mazen Haitham Ibrahim	10	DEGLA	NT

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 17-07-2019 Morning

**Heat 6 Finals (#9 Boys 10 Year Olds 100 LC Meter Freestyle)**

1	Ziad Mostafa Abdelbaky	10	SHAMS	NT
2	Mark Micheal Edward	10	DEGLA	NT
3	Yassin Ahmed Mohamed M	10	SHOOT	NT
4	Zeyad Ahmed Hamed	10	AHLY	NT
5	Selim Maeznabdelaziz	10	SHOOT	NT
6	Hamza Adel Mohamed	10	DEGLA	NT
7	Bilal Tamer Mohamed	10	SHAMS	NT
8	AbdElRahman Ahmed Moh	10	MAADI	NT
9	Yassin Mohamed Hassan	10	DEGLA	NT
10	Ahmed Ehab Sayed Ibrahim	10	SHOOT	NT

**Heat 7 of 32 Finals**

1	Mostafa Amr Osman Aly	10	SHOOT	NT
2	Mohamed Ahmed Abdelaziz	10	AHLY	NT
3	Youssef Hatem Hanafy	10	AHLY	NT
4	Moaz Mohammed Mostafa	10	El Temsah	NT
5	Mostafa Ahmed Motawea	10	DEGLA	NT
6	Omar Khaled Mohamed	10	GHABA	NT
7	Mahmoud Mohamed Hassa	10	DEGLA	NT
8	Zeyad Mostafa Ahmed	10	AHLY	NT
9	Mohamed Ibrahim Attia	10	AHLY	NT
10	Hazem Mohamed Abdalla	10	AHLY	NT

**Heat 8 of 32 Finals**

1	Omar Shrief Ahmed	10	AHLY	NT
2	Omar Hisham Abdeltawab	10	SHAMS	NT
3	Mahmoud Osama Mahmou	10	SHAMS	NT
4	Youssef Ahmed El Halawany	10	DEGLA	NT
5	Omar Khaled Mohamed Has	10	AHLY	NT
6	Yassin Hussein Ahmed Sher	10	SHOOT	NT
7	Omar Essam Ali AbdElAtti	10	MAADI	NT
8	Seif Mohamed Hussen	10	DEGLA	NT
9	Mohamed Samir Mohamed	10	AHLY	NT
10	Abdel Salam Mohamed Abd	10	AHLY	NT

**Heat 9 of 32 Finals**

1	Mahmoud Muhamed Mahm	10	SHOOT	NT
2	Mohamed Ahmed Samir	10	DEGLA	NT
3	Marwan Ahmed Saleh Ali	10	MAADI	NT
4	Ahmed Montaser Mohamed	10	AHLY	NT
5	Ziad Ahmed Fayad	10	DEGLA	NT
6	Khaled Marwan Khaled Mo	10	MAADI	NT
7	Abdelrahamn Mohamed Ab	10	SHAMS	NT
8	Shady Abdel Moniem Rama	10	DEGLA	NT
9	Mahmoud Mohamed Ahme	10	SHOOT	NT
10	Belal Walid Mohamed	10	AHLY	NT

**Heat 10 of 32 Finals**

1	Fares Ahmed Refaat Abdel	10	SHOOT	NT
2	Aly Ahmed Khaled	10	DEGLA	NT
3	Seif Wael Abd El Latif	10	SHOOT	NT
4	Aly Ahmed Adel Mohamed	10	SHOOT	NT
5	Saad Ashraf Saad	10	SHOOT	NT
6	Marawan Tarek Mohamed	10	AHLY	NT
7	Adam Walid Mohamed	10	AHLY	NT
8	Mohmaed Walied Mohamec	10	SHAMS	NT
9	Omar Mokhtar Sayed	10	AHLY	NT
10	Mohamed Ahmed Bolbol	10	AHLY	NT

**Heat 11 of 32 Finals**

1	Omar Shrief Taha	10	AHLY	NT
2	Ammar Mohamed Hesham	10	SHOOT	NT
3	Mohamed Ayman Mofeed	10	DEGLA	NT
4	Yassin Ashraf Magdy	10	DEGLA	NT
5	Hamza Yehia Mohamed	10	AHLY	NT
6	Mohammed Kamal Mohey F	10	El Temsah	NT
7	Yousief Sayed Hatem	10	SHAMS	NT
8	Mohamed Hany Mohamed	10	AHLY	NT
9	Gasser Mohamed Mahmoud	10	AHLY	NT
10	Seif Aly Hassan	10	AHLY	NT

**Heat 12 of 32 Finals**

1	Mohamed Tamer Ali	10	AHLY	NT
2	Adam Yahya Kmal	10	SHAMS	NT
3	Aly Tamer Badrt	10	AHLY	NT
4	Yousef Moahmed Fawzi	10	DEGLA	NT
5	Mazen Tarek Saad	10	SHAMS	NT
6	Marawan Mohamed Mahmc	10	AHLY	NT
7	Mohamed Hossam Mohame	10	SHAMS	NT
8	Ahmed Safwat Ahmed	10	SHOOT	NT
9	Yassin Ahmed m Adel	10	El Temsah	NT
10	Adam Mohamed Ali	10	SHAMS	NT

**Heat 13 of 32 Finals**

1	Yassin Essam Metwaly	10	DEGLA	NT
2	Yehia Ayman Mohamed	10	AHLY	NT
3	Yehia Mahmoud Taha	10	AHLY	NT
4	Adham Mohamed Ahmed F	10	MAADI	NT
5	Ahmed Maged Elsayed	10	AHLY	NT
6	Mohamed Amr Nabil	10	DEGLA	NT
7	Abd Elrahman Amr Abd El /	10	SHOOT	NT
8	Bilal Mohamed Fawzy	10	SHAMS	NT
9	Mohamed Amr Kamal EIDin	10	MAADI	NT
10	Hassan Amr Hussein	10	AHLY	NT

**Heat 14 of 32 Finals**

1	Adham Mohamed Ali	10	SHAMS	NT
2	Yehia Waseem Mohamed	10	AHLY	NT
3	Ashraf Khaled Hamed	10	DEGLA	NT
4	Omar Ahmed Hussein	10	AHLY	NT
5	Hamza Abdallah Farouk	10	SHAMS	NT
6	Youssef Akram Essam	10	AHLY	NT
7	Yassin Hany Abd el Hamid	10	DEGLA	NT
8	Yassin Mohamed Salah	10	DEGLA	NT
9	Yassin Mohamed Farouk	10	DEGLA	NT
10	Omar Mohamed Gamal	10	DEGLA	NT

**Heat 15 of 32 Finals**

1	Momein Mostafa Al Khayat	10	SHAR!	NT
2	Ammar Ahmed Ammar	10	AHLY	NT
3	Adham Ahmed Hamed	10	AHLY	NT
4	Ahmed Ramy Abdelmoneir	10	GHABA	NT
5	Ismail Walid Mohamed	10	AHLY	NT
6	Abdalla Moamed Abdala Qa	10	GHABA	NT
7	Omar Ahmed Gaber	10	GHABA	NT
8	Khaled Waleed Adel	10	DEGLA	NT
9	A.Rahman Ahmed Saaïd	10	DEGLA	NT
10	Hazem Mostafa Rabia	10	AHLY	NT

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 17-07-2019 Morning

**Heat 16 Finals (#9 Boys 10 Year Olds 100 LC Meter Freestyle)**

1	Ali Abdallah Ahmed	10	DEGLA	NT
2	omr Wael Salah El Din	10	SHOOT	NT
3	Marwan Omar Mammdoh	10	SHAMS	NT
4	Youssef Hany Ali	10	AHLY	NT
5	Amr Mohamed Abdelfattah	10	GHABA	NT
6	Abdel Rahman Mohamed H.	10	AHLY	NT
7	A.Rahman Maged Ahmed	10	DEGLA	NT
8	Ahmed Hossam Samy	10	AHLY	NT
9	Yassin Sherif Ismail Helal	10	MAADI	NT
10	Yassin Mahmoud Mohamed	10	AHLY	NT

**Heat 17 of 32 Finals**

1	Omar Mahmoud Mokhtar A	10	AHLY	NT
2	Omar Tarek Sayed Mostafa	10	DEGLA	NT
3	Yassin Mohamed Mostafa	10	DEGLA	NT
4	Mahmoud Hassan A.Aziz	10	DEGLA	NT
5	Yassin Mohamed Fattouh	10	AHLY	NT
6	Omar Ashraf Samy	10	SHAMS	NT
7	Yassin Ashraf Sayed	10	AHLY	NT
8	Abdel Fattah Ahmed Abdel	10	AHLY	NT
9	Hamza Ahmed Gamal Eldin	10	AHLY	NT
10	Omar Ahmed Shawky	10	SHAMS	NT

**Heat 18 of 32 Finals**

1	Aser Mohamed Tamer	10	AHLY	NT
2	Mohamed Hany Mohamed	10	DEGLA	NT
3	Omar Osama Mohamed	10	AHLY	NT
4	Amr Faisal Mohamed	10	DEGLA	NT
5	Abdelrahman Ahmed El Sak	10	DEGLA	NT
6	Yasin Hany Essam El Din	10	SHOOT	NT
7	Yehia Bassem Hassan Moha	10	MAADI	NT
8	Omar Aymen Abd ElFatah A	10	SHOOT	NT
9	Moaz Mohamed Farag	10	DEGLA	NT
10	Zeyad Hussein Abdelmonie	10	GHABA	NT

**Heat 19 of 32 Finals**

1	Asser Mostafa Ibrahim	10	DEGLA	NT
2	Omar Basem Hassan Mohar	10	MAADI	NT
3	Mohamed Ahmed Galal	10	AHLY	NT
4	Mazen Mohamed Mostafa	10	GHABA	NT
5	Mohamed Amr Mousa	10	DEGLA	NT
6	Youssef Reda Zinhom	10	DEGLA	NT
7	Mohamed Ahmed Ismail	10	SHAR!	NT
8	Mohamed Ibrahim Mohame	10	AHLY	NT
9	Seif Eldin Hatem Shebl	10	AHLY	NT
10	Omar Sherif Adel	10	DEGLA	NT

**Heat 20 of 32 Finals**

1	Yassin Osama Abdel Halim	10	AHLY	NT
2	Karim Ismaiel Mohamady	10	DEGLA	NT
3	Yassin Ahmed Mohamed	10	AHLY	NT
4	Hamza Amr Ghonem	10	SHAMS	NT
5	Abdel Rahman Ahmed Moh.	10	DEGLA	NT
6	Yehia Mohamed Sayed	10	AHLY	NT
7	Abdelrahman Ahmed Elsay	10	SHAMS	NT
8	Omar Hany Mohamed	10	AHLY	NT
9	Yassin Osama Fouad	10	SHAMS	NT
10	Danial Fady Atef	10	DEGLA	NT

**Heat 21 of 32 Finals**

1	Ziad Mohamed Mostafa Fah	10	SHAMS	NT
2	Ahmed Hossam Othman	10	DEGLA	NT
3	Mark Amgad Magdy	10	DEGLA	NT
4	Mohamed Nasser Abdel Fat	10	AHLY	NT
5	Adham Hussien Abdallah	10	DEGLA	NT
6	Khaled Mohamed Sabry	10	DEGLA	NT
7	Youssef Amr El Sayed	10	DEGLA	NT
8	Ali Tamer Abdo Mattar	10	MAADI	NT
9	Eyad Mohamed Ahmed	10	AHLY	NT
10	Adham Amr Mahmoud	10	MAADI	NT

**Heat 22 of 32 Finals**

1	Hazem Hossam Gomaa	10	DEGLA	NT
2	Youssef Wael Hassan	10	DEGLA	NT
3	Yassien Ayman Abdelhamie	10	SHAMS	NT
4	Belal Mohamed A.El Hakim	10	DEGLA	NT
5	Yehia Adel Anour	10	DEGLA	NT
6	Omar Hossam Saad Eldin A	10	MAADI	NT
7	Ayad Ayman Gmal	10	SHAMS	NT
8	Youssef Amr Abdelghany	10	GHABA	NT
9	Yousief Ahmed Mahmoud	10	SHAMS	NT
10	Youssef Ahmed Mohamed G	10	AHLY	NT

**Heat 23 of 32 Finals**

1	Ahmed Sameh Hamam	10	AHLY	NT
2	Yahie Nabil Abdel Razek Tal	10	SHOOT	NT
3	Seif Nabil Naaim	10	AHLY	NT
4	Karim Tarek Ibrahim	10	AHLY	NT
5	Eyad Ahmed Hesem	10	DEGLA	NT
6	Mohamed Hany Mahmoud I	10	SHAMS	NT
7	Bilal Yaser Mohamed Saad	10	SHAMS	NT
8	Marawan Mohamed Sayed S	10	AHLY	NT
9	Youssef Mohamed Nabil	10	DEGLA	NT
10	Ziad Hatem Kmal	10	SHAMS	NT

**Heat 24 of 32 Finals**

1	Yassin Ahmed Ramdan	10	GHABA	NT
2	Aly Mohamed Fathy	10	AHLY	NT
3	Adam Hazem Kamel	10	AHLY	NT
4	Yehia Amgd Mohamed	10	AHLY	NT
5	Youssef Hossam Mohamed	10	AHLY	NT
6	Yousif Ahmed Mostafa Foua	10	SHOOT	NT
7	Youssef Mohamed Mahmou	10	GHABA	NT
8	Abd Allah Amr Youssef AlG	10	MAADI	NT
9	Yassin Amr Mohamed	10	GHABA	NT
10	Adham Tamer Nabil Mohar	10	SHOOT	NT

**Heat 25 of 32 Finals**

1	Mohamed Hisham Ibrahim	10	SHAMS	NT
2	Ahmed Mohamed Maghraby	10	AHLY	NT
3	Zyad Ahmed Aboelmaty	10	DEGLA	NT
4	Ziad A.Eioun	10	DEGLA	NT
5	Ahmed Mostafa Abd el Aaw	10	DEGLA	NT
6	Muhamed Esaam Eldin Mol	10	SHOOT	NT
7	Youssif Karim Youssif	10	MAADI	NT
8	Yassien Mohamed Salem	10	DEGLA	NT
9	Ans Ahmed Ismail	10	AHLY	NT
10	Mohamed Hamdy Mohamec	10	DEGLA	NT

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## Meet Program - 17-07-2019 Morning

**Heat 26 Finals (#9 Boys 10 Year Olds 100 LC Meter Freestyle)**

1	Saif Eldin Haitham Mohame	10	DEGLA	NT
2	Eyad Ahmed Soror	10	DEGLA	NT
3	Bilal Mohamed Mammdoh	10	SHAMS	NT
4	Seif Mohamed Saad Baioum	10	DEGLA	NT
5	Adham Ashraf Mohamed	10	DEGLA	NT
6	Nour El din Tarek Abd Al H	10	DEGLA	NT
7	Yassin Hossam Mohamed	10	AHLY	NT
8	Adham Hatem Hossny	10	DEGLA	NT
9	Hassan Wael Mohamed	10	AHLY	NT
10	Karim Walid Sobhy	10	AHLY	NT

**Heat 27 of 32 Finals**

1	Ahmed Hossam Eldin Seyan	10	El Temsah	NT
2	Ahmed Dandrawy Mohame	10	DEGLA	NT
3	Ali Hisham Ali	10	SHAMS	NT
4	Ayad Yaser Sayed Ahmed	10	SHAMS	NT
5	Sief Hesham Mohamed	10	AHLY	NT
6	Fouad Mohamed Mohamed	10	AHLY	NT
7	Youssef Ahmed Mabrouk	10	DEGLA	NT
8	Ahmed Amr Ahmed	10	AHLY	NT
9	Omar Ahmed Nagy	10	SHAMS	NT
10	Aly Amr Mohamed	10	AHLY	NT

**Heat 28 of 32 Finals**

1	Zain Haitham Ezz Elregal	10	DEGLA	NT
2	Eyad Hamer Fouad	10	DEGLA	NT
3	Yehia Ahmed Mostafa	10	AHLY	NT
4	Yunus Mohamed Ahmed	10	SHAMS	NT
5	Mohamed Tamer Alaa Eldin	10	AHLY	NT
6	Moamen Mostafa Abo Alela	10	AHLY	NT
7	Adam Amr Abdel Rahman	10	SHOOT	NT
8	Zein Ramy Tolba	10	SHOOT	NT
9	Mohammed Hesham Eltokh	10	El Temsah	NT
10	Youness Ahmed Magdy	10	DEGLA	NT

**Heat 29 of 32 Finals**

1	Abdelrahman Tamer Wlaa	10	SHAMS	NT
2	Yassin Ahmed Aly	10	AHLY	NT
3	Yassin Amr Mohamed Amer	10	DEGLA	NT
4	Yassin Wael Moneir	10	SHAMS	NT
5	Moaz Ahmed Abdallah	10	SHAMS	NT
6	Wael Ramy Gaber	10	DEGLA	NT
7	Ziad Mohamed Mohamed L	10	SHAMS	NT
8	Omar Shalby Mohamed	10	SHAMS	NT
9	Mohamed Tamam Adel	10	AHLY	NT
10	Ahmed Khaled Ahmed	10	AHLY	NT

**Heat 30 of 32 Finals**

1	Mohamed Salah Hammad	10	DEGLA	NT
2	Abdel Rahman Hany Adel	10	AHLY	NT
3	Omar Ehab Mostafa	10	AHLY	NT
4	Abou Bakr Mohamed Ibrahi	10	SHOOT	NT
5	Hamza Ali Hussein Mohame	10	SHOOT	NT
6	Zeyad Mohamed Gamil	10	AHLY	NT
7	Aser Mohamed Mosaad Mol	10	MAADI	NT
8	Yassin Amr Hassan	10	DEGLA	NT
9	Al Ayman Ayman Mohamed	10	AHLY	NT
10	Yousef Ahmed Hussein Sult	10	SHOOT	NT

**Heat 31 of 32 Finals**

1	Moamen AbdELAziz Madbol	10	MAADI	NT
2	Mohamed Ahmed Hamed	10	AHLY	NT
3	Yassien Mohab Moamed	10	SHAMS	NT
4	Yassin Haitham Hassan	10	DEGLA	NT
5	Omar Mohamed Magdy	10	DEGLA	NT
6	Yassin Ehab Mohamed	10	AHLY	NT
7	Eyad Kamal Mohamed	10	DEGLA	NT
8	Youssef Mohamed Anas Ahr	10	MAADI	NT
9	Hamza Medhat Ramadan	10	SHAMS	NT
10	Yassin Mohamed Shaykhon	10	AHLY	NT

**Heat 32 of 32 Finals**

1	Hassan Amr Mohamed	10	DEGLA	NT
2	Omar Tarek El Sabe	10	DEGLA	NT
3	Mazen Mahmoud Gmal	10	SHAMS	NT
4	Omar Mohamed Samy Aly	10	SHOOT	NT
5	Adham Shreif Salah	10	AHLY	NT
6	Samir Ahmed Samir	10	AHLY	NT
7	Belal Kariem Ahmed	10	SHAMS	NT
8	Omar Ahmed Mahdy	10	El Temsah	NT
9	Ayad Ehab Mohamed Mahm	10	SHAMS	NT
10	Mohab Walid El Hussein	10	DEGLA	NT

**Event 10 Girls 10 Year Olds 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Finals**

4	Goudy Emad El Nahas	10	AHLY	NT
5	Rodaina Ahmed Ali	10	AHLY	NT
6	Loujain Yasir Mohamed Gar	10	SHOOT	NT

**Heat 2 of 8 Finals**

1	Gana Mostafa Abdou	10	AHLY	NT
2	Jody Mohamed Salah Husse	10	MAADI	NT
3	Salma Tarek Farouk	10	DEGLA	NT
4	Judy Ahmed Shehata	10	SHOOT	NT
5	Loujin Hatem Ibrahim	10	AHLY	NT
6	Malak Ahmed Mohamed Els	10	AHLY	NT
7	Mariam Ahmed Abdelaal	10	AHLY	NT
8	Loujin Ramy Ahab	10	AHLY	NT
9	Jomana Mohammed Hussie	10	El Temsah	NT

**Heat 3 of 8 Finals**

1	Toka Mostafa Rizek	10	SHAMS	NT
2	Goudy Bahaa Eldin Mohame	10	AHLY	NT
3	Alma Ismail Elgohary	10	DEGLA	NT
4	Amina Mohamed Saad AlGa	10	MAADI	NT
5	Retaj Mohmed Elsayed	10	GHABA	NT
6	Sewar Sary Said	10	MAADI	NT
7	Zeina Assem Khaled	10	DEGLA	NT
8	Hala Walid Gomaa	10	DEGLA	NT
9	Darin Ahmed Saleh	10	DEGLA	NT
10	Malak Tamer Zakaria	10	AHLY	NT



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## Meet Program - 17-07-2019 Morning

**Heat 4 Finals (#10 Girls 10 Year Olds 100 LC Meter Breaststroke)**

1	Malak Hamdy Ahmed	10	DEGLA	NT
2	Yara Hany Kamal	10	GHABA	NT
3	Yara Sherif Mohamed	10	DEGLA	NT
4	Joliana Fady Emad	10	GHABA	NT
5	Gana Mohamed Fathy	10	AHLY	NT
6	Salma Ahmed Abd el Wahat	10	DEGLA	NT
7	Melesia Mostafa Esmat	10	AHLY	NT
8	Clara Remon Michelle	10	GHABA	NT
9	Sara Hesham Ramadan	10	El Temsah	NT
10	Gana Mohamed Sabry	10	SHAMS	NT

**Heat 5 of 8 Finals**

1	Zeina Mohamed Abdel Megi	10	AHLY	NT
2	Rodaina Mohamed Ahmed	10	DEGLA	NT
3	Mena Shawkat Heiba	10	AHLY	NT
4	Nessma Reda A.Ali	10	DEGLA	NT
5	Mariam Osama Gohary	10	DEGLA	NT
6	mai Mohamed Abdelmonen	10	MRAC	NT
7	Habiba Ahmed El Sayed	10	DEGLA	NT
8	Jana Hisham Mohamed	10	DEGLA	NT
9	Halla Wael Mohamed	10	DEGLA	NT
10	Khadija Ahmed Hassan	10	AHLY	NT

**Heat 6 of 8 Finals**

1	Maya Ahmed Samir	10	DEGLA	NT
2	Janah Mahmoud Ali	10	DEGLA	NT
3	Goudy Ashour Eid	10	AHLY	NT
4	Joly Mina Michelle	10	GHABA	NT
5	Noureen Ahmed Hegazy	10	AHLY	NT
6	Malak Ashraf Ibrahim	10	AHLY	NT
7	Malika Medhat Gomaa	10	DEGLA	NT
8	Gunia Emad Magdy	10	SHAMS	NT
9	Farida Khaled Farok Farag	10	MAADI	NT
10	Salma Hesham Mohamed	10	AHLY	NT

**Heat 7 of 8 Finals**

1	Kinzy Wael Abdelhamed	10	DEGLA	NT
2	Gana Abou Bakr Elseddik	10	AHLY	NT
3	Kenzy Abdel Salam Mahmou	10	AHLY	NT
4	Jana Ebrahim Abdelmonien	10	GHABA	NT
5	Hana Hassan Abdel Fattah	10	DEGLA	NT
6	Retag Mohamed Abdelaziz	10	AHLY	NT
7	Lojaien Ayman	10	SHAR!	NT
8	Basant Hesham Hussin	10	DEGLA	NT
9	Razan Mohamed Samy Nofa	10	MAADI	NT
10	Gana Alla Ahmed Salah	10	AHLY	NT

**Heat 8 of 8 Finals**

1	Nadien Mohamed Safwat	10	DEGLA	NT
2	Hala Wael Yahia	10	DEGLA	NT
3	Merna Khaled Ali Abdalla	10	GHABA	NT
4	Halla Magdy Hassan	10	AHLY	NT
5	Mariam Abdalla Mohamed /	10	AHLY	NT
6	Lilly Mohamed abd el Aziz	10	Nasr City	NT
7	Khadega Mohamed Ibrahim	10	DEGLA	NT
8	Kenzy Kareem Ashraf	10	SHOOT	NT
9	Ransy ElSayed Ali	10	DEGLA	NT
10	Omnia Hesham Mohamed	10	GHABA	NT