

Egypt Swimming Cup 2018-2019 - 3/29/2019 to 4/18/2019

Meet Program - 13-04-2019 Final

Event 229 Women 13 & Over 50 LC Meter Backstroke

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|---------------------------|----|----------|-------|
| 1 | Lara Tamer Abdel Aziz Moh | 19 | SHOOT | 33.92 |
| 2 | Farida Ahmed Ibrahim Eid | 22 | HELDO | 33.52 |
| 3 | Monera Ibrahim Basyony | 20 | Smouha | 33.36 |
| 4 | Nihal Khaled Tamam | 17 | Elethead | 32.75 |
| 5 | Farah Omar Mohamed Abu | 24 | HELOP | 33.19 |
| 6 | Allaa Ashraf Fekry | 19 | 6 OCT | 33.44 |
| 7 | JoannaYosef Yehya Youssef | 17 | SHAMS | 33.61 |
| 8 | Noor Moh. Samer Eleesh | 17 | GEZIR | 33.97 |

Heat 2 A - Final

| | | | | |
|---|--------------------------|----|--------|-------|
| 1 | Rawda Nabil Mohamed | 17 | Smouha | 32.42 |
| 2 | Raghd Mohamed Elsaid Mol | 14 | Smouha | 32.37 |
| 3 | Donya Amr Mohamed Nabil | 17 | SHAMS | 31.42 |
| 4 | Roula Ahm. Houssny Houss | 17 | GEZIR | 30.66 |
| 5 | Farah Amr Abdel Motaleib | 16 | SHOOT | 31.25 |
| 6 | Malak Amr Essam Elnady | 21 | AHLY | 32.17 |
| 7 | Mariam Abdel-Rahman Sak | 22 | AHLY | 32.41 |
| 8 | Hana Ashraf Mahmoud | 18 | DEGLA | 32.56 |

Event 230 Men 13 & Over 50 LC Meter Backstroke

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|---------------------------|----|----------|-------|
| 1 | Mohab El Din Fathy | 18 | Sporting | 28.42 |
| 2 | Moustafa Abdo Mohamed S | 17 | RWAD | 28.35 |
| 3 | Omer Mohamed Bahaa | 18 | HELOP | 28.33 |
| 4 | Mohamed Yasser Karam | 17 | Cairo | 28.10 |
| 5 | Yousef Ahmed Salah Shendy | 22 | AHLY | 28.22 |
| 6 | Hazim Mohamed Eisa | 17 | DEGLA | 28.33 |
| 7 | Yasin HossamEldin | 16 | Smouha | 28.38 |
| 8 | Yousif Mohamed Khalaf | 18 | Smouha | 28.43 |

Heat 2 A - Final

| | | | | |
|---|---------------------------|----|----------------|-------|
| 1 | Moustafa Yaser Fouda | 24 | HELOP | 27.89 |
| 2 | Mohamed Hisham Mohame | 27 | Gezira El Ward | 27.59 |
| 3 | Faris Mohamed Mashaly | 20 | Sporting | 27.56 |
| 4 | Abdel Rahman Jamal El Din | 19 | Elethead | 26.55 |
| 5 | Ahmed Osama Ahmed Farag | 20 | AHLY | 27.54 |
| 6 | Yousef Ashraf Mahmoud | 19 | ZMALK | 27.59 |
| 7 | Karim Waled Essam Shabar | 18 | Smouha | 27.70 |
| 8 | Ahmed Adel Mohamed Mes | 19 | AHLY | 27.89 |

Event 231 Women 13 & Over 100 LC Meter Freestyle

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|---------------------------|----|-------|---------|
| 1 | Hanya Hossam Nabil El Cot | 22 | GEZIR | 1:03.43 |
| 2 | Dana Tamer Shafiq | 16 | HELOP | 1:02.85 |
| 3 | Rodaina Mohamed Saad | 14 | DEGLA | 1:02.48 |
| 4 | Hana Mostafa Ahmed Hamc | 18 | AHLY | 1:01.15 |
| 5 | Salam Mohamed Hassan Ab | 17 | 6 OCT | 1:01.31 |
| 6 | Lara Tamer Abdel Aziz Moh | 19 | SHOOT | 1:02.60 |
| 7 | Hana Ashraf Mahmoud | 18 | DEGLA | 1:03.02 |
| 8 | Mariem Galal Saied | 18 | SHAMS | 1:03.46 |

Heat 2 A - Final

| | | | | |
|---|--------------------------|----|----------------|---------|
| 1 | Malak Mohamed Abd El Gal | 15 | Bank Ahly Alex | 1:00.70 |
| 2 | Farida Ayman Samra | 15 | SHOOT | 59.97 |
| 3 | Amina Magdy Mohamed El | 26 | HELOP | 59.09 |
| 4 | Yasmin Mamdouh Mahmou | 20 | AHLY | 58.57 |
| 5 | Ro`ua Ahmed Farag | 17 | SHOOT | 58.90 |
| 6 | Rawan Hesham Mohamed | 18 | Cairo | 59.41 |
| 7 | Rowan Hossam Elbadry | 24 | Sporting | 1:00.37 |
| 8 | Sandy Ayman Atef | 19 | AHLY | 1:01.00 |

Event 232 Men 13 & Over 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|--------------------------|----|----------------|---------|
| 1 | Ibrahim Taha Ibrahim | 20 | BNKG | 1:09.55 |
| 2 | Ahmed Galal Abdel Azim | 20 | SHOOT | 1:09.24 |
| 3 | Marwan Essam Ismaeil | 22 | Gezira El Ward | 1:08.51 |
| 4 | Mohamed Amin Sharaf | 20 | Sporting | 1:07.78 |
| 5 | Mohamed AbdElKarem Abo | 17 | A S E C | 1:08.07 |
| 6 | Omar Ehab Ahmed Abo el F | 17 | SHAMS | 1:08.97 |
| 7 | Zeyad Mohamed Farou2 | 17 | A S E C | 1:09.37 |
| 8 | Mohmed Sherief | 17 | Cairo | 1:09.64 |

Heat 2 A - Final

| | | | | |
|---|--------------------------|----|----------|---------|
| 1 | Omar Hesham Raslan | 22 | HELOP | 1:06.00 |
| 2 | Mohamed Mouhab Abdel R | 24 | HELOP | 1:05.79 |
| 3 | Mohamed Housam Ibrahim | 23 | AHLY | 1:05.27 |
| 4 | Hassan Yasser Ezzat | 21 | AHLY | 1:03.61 |
| 5 | Tarik AboElthana Mohamed | 20 | Smouha | 1:05.23 |
| 6 | Ahmed Kamal Hafez | 32 | MAADI | 1:05.73 |
| 7 | Daly Dimitrios Chin | 22 | Sporting | 1:05.88 |
| 8 | Faris Mohamed Mashaly | 20 | Sporting | 1:06.28 |

Event 233 Women 13 & Over 400 LC Meter IM

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|------------------------|----|--------|---------|
| 4 | Noran Ibrahim Elbially | 17 | Smouha | 5:40.46 |
|---|------------------------|----|--------|---------|

Heat 2 A - Final

| | | | | |
|---|-----------------------------|----|----------|---------|
| 1 | Dina Khaled Elgaloly | 19 | Sporting | 5:26.01 |
| 2 | Sara Mohamed Hassan | 18 | AHLY | 5:19.82 |
| 3 | Rewida Hisham Tolba Ibrah | 24 | AHLY | 5:13.35 |
| 4 | Rawan Tamer Mohamed | 15 | DEGLA | 5:09.38 |
| 5 | Lojen Deiaa Eldin Abd Elale | 16 | DEGLA | 5:12.93 |
| 6 | Nour Diaa Elden abo Bakr | 15 | HELOP | 5:17.98 |
| 7 | Hana Khaled Samy Hassan | 17 | SHOOT | 5:25.25 |
| 8 | Haidy Hosam Nabil Cotore | 20 | GEZIR | 5:28.99 |

Event 234 Men 13 & Over 200 LC Meter Freestyle

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|---------------------------|----|---------|---------|
| 1 | Zeaid Ahmed Abdelazim Ab | 17 | MAADI | 2:01.68 |
| 2 | Mostafa Mohamed Al Tahan | 19 | DEGLA | 2:01.08 |
| 3 | Sief Tarek Mohamed Raslan | 19 | TANTA | 2:00.64 |
| 4 | Ahmed Khaled Abdel Hame | 18 | SHOOT | 2:00.38 |
| 5 | Marwan Magdy Azzam | 16 | Olympic | 2:00.42 |
| 6 | Mostafa Mohamed el Said | 18 | HELOP | 2:00.66 |
| 7 | Bassel Hazem Mohamed Fa | 17 | Smouha | 2:01.28 |
| 8 | Karim Ahmed Khaled Elew | 17 | SHAMS | 2:01.96 |

Egypt Swimming Cup 2018-2019 - 3/29/2019 to 4/18/2019**Meet Program - 13-04-2019 Final****Heat 2 A - Final (#234 Men 13 & Over 200 LC Meter Freestyle)**

| | | | | |
|---|-------------------------|----|----------|---------|
| 1 | Karim Medhat Badr Moham | 20 | Smouha | 1:55.68 |
| 2 | Salah Mohamed Amin | 27 | Smouha | 1:54.43 |
| 3 | Marwan Ahmed Elamrawy | 24 | Sporting | 1:52.93 |
| 4 | Yasin Wael Elshmaa | 20 | Sporting | 1:51.54 |
| 5 | Marwan Ismael Elkmash | 26 | Sporting | 1:51.93 |
| 6 | Yosef Hany Mohamed | 17 | AHLY | 1:53.79 |
| 7 | Omar Adel Abas | 18 | DEGLA | 1:54.51 |
| 8 | Moaaz Hesham Mahmoud | 20 | Cairo | 1:57.83 |