

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Event 61 Girls 12 Year Olds 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

3	Shahd Amr Mohamed EL Gar	12	HELDO	NT
4	Menat Allah Ayman eid Moha	12	Al Hawar	NT
5	Nada Tarek Ahmed	12	HLWAN	7:15.54
6	Sarah Emad Naim	12	HELDO	7:17.29
7	Malak Mohamed Fathey	12	SHOOT	NT
8	Logain Ahmed Yehiea	12	Taleaa El Gish	NT

**Heat 2 of 4 Finals**

1	Jumayna Adel Ahmed	12	DEGLA	6:59.17
2	Mennatallah Mohamed Abdel	12	GHABA	6:48.82
3	Hala Maaahmed Ali Taha	12	Smouha	6:39.74
4	Dima Adel Mohamed	12	Smouha	6:36.88
5	Nada Hany Mohamed	12	HELDO	6:32.59
6	Lena Ahmed Adel Smaha	12	HELOP	6:34.13
7	Arwa Adel Ismael	12	DEGLA	6:37.91
8	Salma Sherif Mohamed Sayec	12	SHAMS	6:41.57
9	Jana Mohamed Wahby Mhmc	12	Smouha	6:54.66
10	aya Ehab Mahmoud	12	SHOOT	7:00.47

**Heat 3 of 4 Finals**

1	Mariam Ahmed Zahran	12	Sporting	6:32.31
2	Malak Mohamed Fayek Elsaw	12	Smouha	6:26.36
3	Salma Atef Fayek Abdo	12	DEGLA	6:21.31
4	Malak Yasser Mohamed Abde	12	Stad Mansoura	6:15.09
5	Malak Ahmed Anes Mahmoud	12	Al Hawar	6:11.30
6	Menat Allah Medhat abd el A:	12	Al Hawar	6:14.51
7	Rodina Sharif Salah Eddin	12	AHRAM	6:18.72
8	Maia Mohamed Moustafa	12	AHLY	6:25.85
9	Karma Ayman Abou Amera	12	Sporting	6:28.98
10	Hala Ahmed Ahmed Nooh	12	Gezira El Ward	6:32.38

**Heat 4 of 4 Finals**

1	Alyaa Ehab Abdelmounim	12	ZMALK	5:58.45
2	Sama Mohamed Makram Abd	12	Gezira El Ward	5:54.32
3	hla Mohamed Nanousg	12	TANTA	5:50.38
4	Hlla Khaled Diab	12	AHLY	5:43.73
5	Bassant Gamil Barakat	12	AHLY	5:42.24
6	Malak Mohamed Nagy	12	Sporting	5:43.08
7	Lamees Amr Mhmoud Elsoka	12	6 OCT	5:43.89
8	Mariam abd el Hakem Sharaf	12	HELOP	5:52.37
9	Jannah Sameh AbdelMoneem	12	Sporting	5:57.52
10	Fatma Osama Fahmy	12	ZMALK	5:58.87

**Event 62 Girls 13 Year Olds 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1	Hala Mohamed Ahmed Ibrahi	13	Taleaa El Gish	NT
2	Jana Saber Abdel Hamed	13	DEGLA	6:33.38
3	Malak Hussein Abd ElHalim /	13	HELDO	6:28.21
4	Yasmen Ahmed Basim	13	Sporting	6:15.85
5	Salma Mahmoud Abdo Mosa	13	Al Hawar	6:06.72
6	Tala Tarekf el Kafrawe	13	HELOP	6:09.13
7	Rneem Ashrf Slaheldeen Ame	13	6 OCT	6:21.41
8	Bakinam Amr Abd El Monaer	13	MAADI	6:30.30
9	Malak Ehab Saaed Yassin	13	SHOOT	6:48.77

**Heat 2 of 3 Finals**

1	Retaj Mohamed Elsayed Anw	13	Smouha	6:05.57
2	Mariam Mohamed abo Elnasi	13	Al Hawar	6:04.83
3	Fareda Ahmed Khalel	13	DEGLA	6:01.87
4	Sarah Mohamed Abd ElSalam	13	HELDO	5:59.23
5	Farida Ahmed Fouad	13	DEGLA	5:57.85
6	Zina Ayman Saad	13	ZMALK	5:57.94
7	Judy Mohamed Nabil	13	DEGLA	5:59.42
8	Farida Khaled Mohamed El G	13	HELDO	6:03.62
9	Dema Tarek Abdelkhleq	13	Gezira El Ward	6:05.33
10	Farida Mohamed Adel Khatta	13	ZOHUR	6:06.33

**Heat 3 of 3 Finals**

1	Mana Mohamed Alashkar	13	TALBE	5:52.64
2	Nadine Karim Mansour Saleh	13	SHOOT	5:50.79
3	Mariam Mohamed Ahmed Ko	13	Smouha	5:46.52
4	Maryam George Aziz	13	Stad Mansoura	5:42.92
5	Nadine Mohmed Mohmed An	13	6 OCT	5:32.42
6	Jana Mohamed Omar Moham	13	SHAMS	5:41.39
7	Salma Osama Mohamed Darv	13	TANTA	5:43.77
8	Lojin Mohmoud Yosef	13	Al Hawar	5:49.29
9	Maya Kamal Mohamed Mhmc	13	Smouha	5:51.66
10	Farida Moustafa Abd Elaziz	13	Sporting	5:54.41

**Event 63 Boys 11 Year Olds 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 27 Finals**

4	Moaaz Mohamed Hashim	11	Raas El Bar Club	NT
5	Omar amr Helmy	11	El Temsah	NT
6	Ahmed Ayman Mohamed	11	ELCTR	NT

**Heat 2 of 27 Finals**

1	Yassin Adel Ramzy	11	El Temsah	NT
2	Ahmed Mohamed Hamdy Aln	11	Raas El Bar Club	NT
3	Abdel Rahman Ahmed EL_fayt	11	Sporting	NT
4	Hossam Samer Abdelghany	11	Al Shehk Zaeid	1:42.84
5	Uoussef Mohamed Mostafa N	11	Taleaa El Gish	1:37.35
6	Nour Aldien Tareq Mhamdd	11	M.S Tagamoa	1:38.08
7	Abd El Rahman Mohamed Afi	11	TAGAM	1:43.84
8	Yousef Ibrahim Mohamed	11	ELCTR	NT
9	Yossef Sherif Abdelkrem Abd	11	Smouha	NT
10	Mohamed Hossam Ebrahim /	11	Raas El Bar Club	NT

**Heat 3 of 27 Finals**

1	Saif Khaled Ibrahim AbdelWa	11	TWFIK	1:36.24
2	Hasan Esam Hasan	11	Al Shehk Zaeid	1:34.17
3	Zyad Nagy Atya	11	Al Hawar	1:32.88
4	Ahmed Mohamed Yousef	11	MRAC	1:32.15
5	Ahmed Abdelazim Saleh	11	Taleaa El Gish	1:30.56
6	Mohanad Yasser Salah	11	A S E C	1:30.84
7	Ahmed usama Ezzat Ahmed	11	Taleaa El Gish	1:32.22
8	Fady John Nagy Fahmy	11	Taleaa El Gish	1:33.85
9	Nour Eldin Mohamed Fouad	11	TWFIK	1:34.50
10	Omar Mohamed Abdel Nabey	11	Al Shehk Zaeid	1:36.95

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## Meet Program - 01-04-2019 Evening

**Heat 4 Finals (#63 Boys 11 Year Olds 100 LC Meter Freestyle)**

1	Yousef Essam Rady	11	Al Shehk Zaeid	1:29.64
2	Mohmed Mostafa Moktar	11	Cairo	1:28.80
3	Seif Ahmed Fahmy	11	ENPPI	1:27.67
4	Yasuin Basem Saeyd	11	ENPPI	1:27.58
5	Zeyad Mohamed Ghazy	11	AHRAM	1:26.70
6	Ali Osama Abdel Mohsen Gad	11	HELDO	1:26.96
7	Yassin Samer Wagdy	11	Nasr City	1:27.65
8	Yasien Ahmed Mansour Nour	11	A S E C	1:28.50
9	Mohamed Ashraf Salah	11	Nasr City	1:28.88
10	Ahmed Hessen Ahmed	11	TAGAM	1:30.45

**Heat 5 of 27 Finals**

1	Mazin Mohamed Ahmed Aba	11	ENPPI	1:26.33
2	Mohamed Ahmed Mohamed	11	TWFIK	1:26.07
3	Yosif Ahmed Mahmoud	11	NASR	1:25.99
4	Anas Mohamed Sayed	11	ENPPI	1:25.65
5	Ali Ahmed Magdy	11	Cairo	1:25.51
6	Saif Wael Eprahem	11	M.ARB	1:25.61
7	Adam Abdullah Ahmed Hassa	11	TWFIK	1:25.80
8	Saif Khalid Abdul Aziz	11	AHRAM	1:26.05
9	Omar Mohamed Hazem	11	Police Club	1:26.23
10	Mohamed Hasan Ghanem Fay	11	Gezira El Ward	1:26.38

**Heat 6 of 27 Finals**

1	Omar Yasser akl	11	Nasr City	1:24.98
2	Amjad Ahmed Shawky	11	AHRAM	1:24.84
3	Ahmed Samir Gharib Gomaa	11	Taleaa El Gish	1:24.55
4	Mohamed Hassan Abd El Wal	11	MAADI	1:24.42
5	Mazen Mohamed Mostafa	11	SHARK	1:24.18
6	abd Elrahman Sayed Mohame	11	TRSAN	1:24.40
7	Islam Ahmed Sayed	11	REHAB	1:24.44
8	Mostafa Ebrhim Yehia Mahm	11	HELDO	1:24.73
9	Amar Mohamed Abd Elhame	11	NASR	1:24.94
10	Omar Ahmed Farouk Hassan	11	MAADI	1:25.42

**Heat 7 of 27 Finals**

1	abd Elrhman Mohmed Shaba	11	MAY15	1:23.91
2	Amr Mohamed Moustfa	11	ENPPI	1:23.69
3	Marwan Mohamed Mansour	11	AHRAM	1:23.61
4	Zeiad Ahmed Hamdy	11	SHARK	1:23.47
5	Mohammed Magdy Hassan	11	El Temsah	1:23.41
6	Omar Abdelmonaim Mohame	11	Taleaa El Gish	1:23.46
7	Mohamed Mostafa Mohamed	11	Gezira El Ward	1:23.55
8	Hussein ElSabbah Hussein	11	GHABA	1:23.64
9	Mohamed Magdy Abdo	11	Police Club	1:23.71
10	Abdalla amr abd Elkhaleq	11	M.ARB	1:23.93

**Heat 8 of 27 Finals**

1	Mazen Mohamed Adly	11	ENPPI	1:23.34
2	Hamza Mohamed Shaaban	11	AHRAM	1:23.17
3	Omar Abd EL Razek Kamal	11	RWAD	1:22.97
4	Malek Ahmed Sayed	11	GHABA	1:22.73
5	Yasin Wael Elfshawy	11	NASR	1:22.66
6	Kareem Osama Attia	11	MAY15	1:22.69
7	Marwan Anaam Abbass Mahr	11	HELDO	1:22.90
8	Eyad al Shareef Mahmoud	11	Nasr City	1:23.16
9	Mohamed Ahmed Mahfoz	11	SHARK	1:23.27
10	Abdelrahman Hany Abdel Mc	11	M.ARB	1:23.39

**Heat 9 of 27 Finals**

1	Yassen Mohamed Abd EL Nae	11	RWAD	1:22.60
2	Marwan Mohmed Yahia	11	Cairo	1:22.53
3	Youssef Mohmed Ahmed Mah	11	M.S Tagamoa	1:22.47
4	Mohamed Ayman Ismail	11	NASR	1:22.37
5	Yousief Emad Saied	11	Cairo	1:22.10
6	Seif Sameh Said	11	HLWAN	1:22.31
7	Abdelrahman Mohamed Ahm	11	SHARK	1:22.42
8	Abduallah Ahmed Adel Moha	11	REHAB	1:22.51
9	Karem Sheref Abdalla	11	M.ARB	1:22.53
10	Karim Ebrahim Shaaban	11	GHABA	1:22.63

**Heat 10 of 27 Finals**

1	Mazen Mohamed Badr	11	TALBE	1:22.03
2	Seif Tamer Abdel Meneem	11	M.ARB	1:21.84
3	Abdelrahman Frid Shawki	11	REHAB	1:21.78
4	Kariem Ahmed Mahmoud	11	Cairo	1:21.69
5	Mohamed Mostafa Esmail	11	SHARK	1:21.46
6	Mahmoud Mohammed Mosae	11	TALBE	1:21.65
7	Youssef Khalil Alsaid	11	RWAD	1:21.75
8	Yassin Alaa Zaki	11	GHABA	1:21.79
9	Ahmed Wahid Mohamed	11	ZOHUR	1:21.99
10	Adham Amr Hassan	11	REHAB	1:22.08

**Heat 11 of 27 Finals**

1	Abdallah Ahmed Mahmoud	11	RWAD	1:21.35
2	Moustafa amr Abdelazem	11	HLWAN	1:21.26
3	Abdul Rahman Khaled el Mel	11	Sporting	1:21.19
4	Yousif Waleed Eid Abdul Azi	11	6 OCT	1:21.10
5	Belal Tarek Mohamed Ibrahim	11	SHAMS	1:21.07
6	Ahmed Ebrahim Abd Elfatah	11	6 OCT	1:21.09
7	Abd Alla Yehia Saiedd EL Ahl	11	HELOP	1:21.11
8	Adam Tarek Adel EL Ghazoly	11	HELOP	1:21.22
9	Andria Wael Nagy Mosad Abc	11	HELDO	1:21.29
10	Yassin amr Mostafa	11	TRSAN	1:21.38

**Heat 12 of 27 Finals**

1	Mahmoud Hatem abd el Azen	11	TRSAN	1:20.87
2	Ahmed Tamer Shafek	11	TRSAN	1:20.77
3	Hazem Hussin Ahmed	11	HLWAN	1:20.71
4	Ziad Ayman Mamon	11	Cairo	1:20.63
5	Samer Ismaeil Hafez	11	TALBE	1:20.50
6	Kareem Ahmed Awad	11	El Temsah	1:20.51
7	Karim Moh. Adel Moh. Munir	11	GEZIR	1:20.67
8	Basel Hisham Samer	11	Al Shehk Zaeid	1:20.76
9	abd Allah Atef Hassan	11	TRSAN	1:20.84
10	Mostafa Hesham Fatehy	11	Nasr City	1:20.94

**Heat 13 of 27 Finals**

1	Hazem Hatem Nasr Ahmed M	11	HELDO	1:20.38
2	Abd Elrahman Mazen Mohar	11	6 OCT	1:20.30
3	Ahmed Mohamed Mostafa	11	Baladyat El Maha	1:20.25
4	Tarek Amir	11	HELOP	1:20.05
5	Ahmed Samir Helmy El Sayec	11	TWFIK	1:19.87
6	Omar Ahmed Mohamed Darv	11	SHAMS	1:19.95
7	Yassen Osman el deb	11	MAY15	1:20.06
8	Abd EL Rahman Ramy Mohse	11	RWAD	1:20.28
9	Ahmed Tamer Mohamed Mo	11	6 OCT	1:20.35
10	Hisham Ahmed Hany Albon	11	El Temsah	1:20.47

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Heat 14 Finals (#63 Boys 11 Year Olds 100 LC Meter Freestyle)**

1	Mohamed Ahmed SalahELdir	11	SHAMS	1:19.71
2	Abdallah Gheith	11	REHAB	1:19.69
3	Mostafa Mahmoud Mohamed	11	Elethead	1:19.52
4	Yasen Hagres Ahmed	11	Baladyat El Maha	1:19.49
5	Mohamud Mohamad Roshdey	11	Smouha	1:19.47
6	Omar Mostafa Ahmed Mostaf	11	RWAD	1:19.49
7	Mohab Hossam Farouk Moha	11	Elethead	1:19.50
8	Loaay Ahmed Rezk	11	Al Hawar	1:19.59
9	omr Mahmoud Abdallah	11	MAY15	1:19.70
10	Adham Osama	11	MAY15	1:19.80

**Heat 15 of 27 Finals**

1	Yousef Ahmed Fathy	11	Stad Mansoura	1:19.35
2	Mohamed Hamam	11	Baladyat El Maha	1:19.16
3	Amaar Elsayd abd Elshafy	11	TANTA	1:19.00
4	Yehya Karem Mamdoh Ahme	11	Gezira El Ward	1:18.88
5	Yehya Mahmoud Mohamed Ya	11	TANTA	1:18.66
6	Yousef FatoH Moustafa	11	NASR	1:18.81
7	Mohamed Amin Abd Elsatara	11	NASR	1:18.98
8	Yassin Abdelmegeed Mohame	11	GHABA	1:19.05
9	Motaz amr Mostafa	11	TRSAN	1:19.19
10	Tarek Ahmed Tarek	11	HELOP	1:19.36

**Heat 16 of 27 Finals**

1	Hamza Medhat Edris Helmy I	11	HELDO	1:18.59
2	Yassen Mohamad Atia Elsaec	11	Smouha	1:18.33
3	Saif Mohammed Salama	11	El Temsah	1:18.25
4	Yassin Khaled Ibrahim Hussie	11	MAADI	1:18.06
5	GabaLLA Yousry Gaballa	11	SHARK	1:17.83
6	Ibrahim Moh. Abd Elaziz Glal	11	GEZIR	1:18.02
7	Karim Ahmed Atef	11	Nasr City	1:18.23
8	Ali El- Sayed Hessuin El-Gafa	11	SENZO	1:18.26
9	Mohab Wala Eldin Osama	11	TANTA	1:18.44
10	Adam Karim Kamal Mah. Kan	11	GEZIR	1:18.64

**Heat 17 of 27 Finals**

1	Seif Ahmed Hussein	11	HLWAN	1:17.79
2	Omar Ahmed abd Elbary	11	Nasr City	1:17.76
3	Yossef Ayman Abdalla Mohan	11	Smouha	1:17.55
4	Adham Mostafa Abdulla	11	Elethead	1:17.45
5	Mostafa Hesham FatoH Basur	11	Smouha	1:17.29
6	Mostafa Abd Almoemen Mah	11	Baladyat El Maha	1:17.38
7	Mohamed Mahmoud Salah M	11	Olympic	1:17.51
8	Felemon Eshaq Fangary	11	GHABA	1:17.59
9	Omar Ahmed Elzeni	11	ZOHUR	1:17.78
10	Abdelrahman Mohamed Ashr	11	Stad Mansoura	1:17.81

**Heat 18 of 27 Finals**

1	Yousief Ahmed Yousief	11	Cairo	1:17.19
2	Mostafa Moh. Monir Mostafa	11	GEZIR	1:17.10
3	amr Khaled	11	TALBE	1:16.80
4	Ahmed Khaled Hashem Ali	11	HELOP	1:16.63
5	Abdel Rahman Ahmed Nour e	11	BNKG	1:16.54
6	Hamza Mohamed Ebrahim Fe	11	TANTA	1:16.55
7	Yousef Mohamed Awad	11	Stad Mansoura	1:16.71
8	Eyad Hany Mohamed	11	SHARK	1:16.85
9	Adham Mohamed Abd Elrahr	11	ZOHUR	1:17.16
10	Hamza Mohamed Nashaat At	11	6 OCT	1:17.24

**Heat 19 of 27 Finals**

1	Yassin Khaled Mohamed Lasf	11	GHABA	1:16.50
2	Yousef Emad El Din Mostafa	11	SHAR!	1:16.48
3	Yassin Belal Mohamed Mohar	11	Olympic	1:16.26
4	Eyad Mohamed Shokry Moha	11	6 OCT	1:16.05
5	Sherief Reda Metwaally	11	ZOHUR	1:15.95
6	Souhaib Gamal Abdelfattah F.	11	Olympic	1:15.95
7	Omar Ayman Wahied Moham	11	SHAMS	1:16.16
8	Abd Allah Ahmed Abd El Aziz	11	MAADI	1:16.44
9	amr Ayman Kmal	11	MAY15	1:16.50
10	Ayman ali Elmorsy	11	Stad Mansoura	1:16.51

**Heat 20 of 27 Finals**

1	Mostafa Mootaz Mohamed Es	11	6 OCT	1:15.92
2	Almohand Wael	11	MAY15	1:15.74
3	Hamed Mohamed Hamed Mo	11	SHAMS	1:15.60
4	Mohand Haytham Ezzat	11	AHLY	1:15.45
5	Mahmoud Osama Mohamed	11	SHOOT	1:15.30
6	Eyad Ahmed Saad Hasn	11	TANTA	1:15.35
7	Aser Nayrouz Raafat	11	El Temsah	1:15.49
8	Seif Elasmaam Ahmed Moham	11	ZOHUR	1:15.72
9	Yassin Mohamed Ahmed	11	HLWAN	1:15.86
10	Mahmoud Ahmed Mohamed	11	Bank Ahly Alex	1:15.94

**Heat 21 of 27 Finals**

1	Yousef Mohamed Hanafy	11	Baladyat El Maha	1:15.17
2	Amer Ahmad Elsayed Awad M	11	Smouha	1:14.98
3	Omar Mohamed Ayman Abd l	11	SHOOT	1:14.95
4	Mahmoud Hossam El din Mal	11	SHOOT	1:14.77
5	Mohamed Amr Abd El Monae	11	MAADI	1:14.64
6	Ziaad Hisham Hassan	11	El Temsah	1:14.69
7	Abdelrahman Mahmoud Moh	11	SHAMS	1:14.81
8	Ziad Rafik Mahmoud	11	Stad Mansoura	1:14.97
9	Youssef Yasser Farouk Hassa	11	Sporting	1:15.07
10	Omar Alaa el din Mahmoud	11	AHRAM	1:15.20

**Heat 22 of 27 Finals**

1	Hossen Ahmed Mohamed Ha	11	TANTA	1:14.61
2	Ahmed Osama Abdelhameed	11	M.S Tagamoa	1:14.49
3	Karim Mohamed Sharaf	11	Stad Mansoura	1:14.35
4	Malek Haythm Mohamad Elsi	11	Smouha	1:13.96
5	Moaaz Ahmed Abdelmoneem	11	ZMALK	1:13.92
6	Yousief Mohamed aly	11	ZMALK	1:13.93
7	Mostafa Mohamed Salah Safo	11	TANTA	1:14.08
8	Zyad Ibrahim Mohamed	11	HELDO	1:14.36
9	Mohamed Tarek Mohamed Ze	11	Olympic	1:14.55
10	Hassan Ahmed Ehab Wahby	11	HELOP	1:14.63

**Heat 23 of 27 Finals**

1	Ahmed Walid Shobhy	11	Stad Mansoura	1:13.80
2	Yassein Waleed Elsayed	11	TALBE	1:13.73
3	Mohamed Ashraf Safwat	11	ZMALK	1:13.69
4	Ziad Ayman Mamoun	11	ZMALK	1:13.66
5	Moustfa Mohamed Mahmoud	11	ENPPI	1:13.58
6	Hassan Ahmed Mohamed Ess	11	HELOP	1:13.62
7	Basel Sameh Mohamed	11	AHRAM	1:13.67
8	Adham Shady Mohsen El Hab	11	ZOHUR	1:13.70
9	Youssef Amr Yasseen Mady	11	GEZIR	1:13.78
10	Abdullah Faisal Ibrahim	11	Elethead	1:13.81

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## Meet Program - 01-04-2019 Evening

**Heat 24 Finals (#63 Boys 11 Year Olds 100 LC Meter Freestyle)**

1	Adam Mohamed Mahmoud M	11	SHOOT	1:13.28
2	Adam Ahmed Hasan	11	DEGLA	1:13.06
3	Hossam Ahmed Mohamed Ga	11	Bank Ahly Alex	1:12.99
4	Yehia Mohamed Ahmed Isma	11	MRAC	1:12.97
5	Mohamed Ahmed Ibrahim Sa	11	Olympic	1:12.76
6	Selim Shrif Osama Helmy Mo	11	GEZIR	1:12.93
7	Abdala Mdhat	11	Baladyat El Maha	1:12.97
8	Selim Ahm. Mah. Ahm. Niazy	11	GEZIR	1:13.06
9	Ali Ehab Ahmed Mohamed	11	SHAMS	1:13.08
10	Yassin Ahmed Abou Khedr	11	SHAR!	1:13.44

**Heat 25 of 27 Finals**

1	Ahmed Mohamed Kaowd	11	Baladyat El Maha	1:12.57
2	Youssef Khaled Mohamed	11	DEGLA	1:12.33
3	Omer Ahmed Abo Bakr	11	SHOOT	1:12.14
4	Ahmed Maged Ghoureib	11	DEGLA	1:12.08
5	Ahmed Waleed abd Elhady	11	TALBE	1:11.96
6	Yasien Mohamed Roshdy	11	ZMALK	1:12.05
7	Khaled Mohamed Samir	11	AHLY	1:12.11
8	Omar Abdelaziz Hussein	11	TALBE	1:12.28
9	Ibrahim Bahaaeldin Ibrahim	11	Olympic	1:12.45
10	Mohamed Osama Fekry	11	DEGLA	1:12.64

**Heat 26 of 27 Finals**

1	Yahia Hazim Husieen	11	ZMALK	1:11.69
2	Marwan Ali Mahmoud	11	DEGLA	1:11.52
3	Belal Tamer Aly	11	AHLY	1:11.23
4	Hazem Tamer Fathy	11	Gezira El Ward	1:10.74
5	Farouk Mohamed Moharam	11	DEGLA	1:10.53
6	Fares Karm Refaay	11	AHLY	1:10.72
7	Moumen Moustafa Mohamed	11	ZMALK	1:11.20
8	Abd Allah Tamer Abd El Raao	11	MAADI	1:11.37
9	Omar Wahed Ibrahim Awad	11	RWAD	1:11.53
10	Mahmoud Hassan Mahmoud	11	HLWAN	1:11.69

**Heat 27 of 27 Finals**

1	Zeyad Ashraf Essam El Din M	11	MAADI	1:10.49
2	Zeyad Mohamed Elsayed	11	Sporting	1:10.19
3	Omar Ahmed Emad	11	SHOOT	1:09.88
4	Youssef Emad Shaaban	11	AHLY	1:09.09
5	Omar Mohamed Hassan	11	AHLY	1:06.06
6	Anas Mostafa Shaker	11	DEGLA	1:08.55
7	Ibrahim Shams Eldin Moham	11	AHLY	1:09.54
8	Saif Mohamed Mahmoud Met	11	SHOOT	1:09.95
9	Mohamed Adel Yossif	11	NASR	1:10.39
10	Belal Mohamed Fouad Ramac	11	Olympic	1:10.49

**Event 64 Boys 12 Year Olds 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 24 Finals**

4	Amar Mohamed Ahmed Solin	12	ELCTR	NT
5	Ahmed Fathey Elghandour	12	Canal El Suez	NT
6	Mohammed Alharony	12	Raas El Bar Club	NT

**Heat 2 of 24 Finals**

1	Amro Essam Hamed Elshowil	12	Raas El Bar Club	NT
2	Motaz Amr	12	Taleaa El Gish	NT
3	Abd Elaziz Adel Eltahir	12	ELCTR	NT
4	Ahmed Adel Eldomyate	12	ELCTR	NT
5	Abdelrahman Mohamed Sam	12	Taleaa El Gish	NT
6	Seif Mohamed Al Mansoury	12	Raas El Bar Club	NT
7	Youssef Hesham Ali Emam	12	Taleaa El Gish	NT
8	Youssef Mahmoud Sayed	12	Taleaa El Gish	NT
9	Mohamed Saeed Abo Elsoaad	12	ELCTR	NT

**Heat 3 of 24 Finals**

1	Salem Waled Ahmed	12	HELOP	NT
2	Yassin Ahmed Gamal	12	SHARK	1:47.05
3	Sief Allah Abd Elkhalik	12	Al Zaher	1:39.01
4	Yousef Gadelhak Abdelnaby	12	SHARK	1:36.54
5	Yehia amr Hussien	12	MRAC	1:34.02
6	Mohamed Walid Abdelrazek	12	MRAC	1:34.43
7	Mahmoud Karam Ebrahim	12	Misr	1:37.30
8	Mohamed Ahmed Ebrahim	12	SHARK	1:40.12
9	Yousef Mohamed Gaafar	12	Raas El Bar Club	NT
10	Ammar Mohamed Ibrahim	12	Taleaa El Gish	NT

**Heat 4 of 24 Finals**

1	Saif Eldin Mohamed Elsaid	12	SHARK	1:31.21
2	Omar Mohamed Nasr	12	SHARK	1:29.84
3	Mohamed Karem Eid	12	Police Club	1:27.69
4	Seif El Din Essam Reda	12	SENZO	1:26.63
5	Abdelrahman Hamdy Abdelg	12	HELDO	1:25.13
6	Mohamed Mustafa Ahmed	12	Al Shehk Zaeid	1:26.59
7	Seif Eldin Yousef Sayed	12	Al Shehk Zaeid	1:27.53
8	Mazen Mabrouk Farag	12	M.S Tagamoa	1:28.40
9	Ossama Mohamed Ebrahim	12	Taleaa El Gish	1:30.88
10	Yossef Amer Saad	12	Police Club	1:32.23

**Heat 5 of 24 Finals**

1	Amr Khaled Abraham	12	Police Club	1:24.18
2	Nabil Ahmed Ibrahim	12	Mansheit Naser	1:23.17
3	Moaz Ashraf Sedek	12	M.ARB	1:23.10
4	Youssef Asaad Saad Ya'koub	12	RWAD	1:22.90
5	Yousif Bahaa Saied	12	El Obour	1:22.43
6	Mohamed Tarek Mohamed	12	HLWAN	1:22.75
7	Saeed Ahmed Saeed	12	M.ARB	1:23.09
8	Zeyad Mahmoud Ahmed	12	HELDO	1:23.12
9	Yasen Ahmed eid Thabet	12	MRAC	1:23.88
10	Mazen Mohamed Yassin	12	HLWAN	1:24.85

**Heat 6 of 24 Finals**

1	Belal Elsayed Ahmed	12	Al Shehk Zaeid	1:22.08
2	Abdelrahman Sallah Mahros	12	Mansheit Naser	1:21.41
3	Mohamed Mostafa Mohamed	12	RWAD	1:21.18
4	Hamza Ehab Elbatrik	12	HELDO	1:21.14
5	Khaled Mahmoud Mohamed	12	Beni Suef Club	1:20.89
6	Eyad Ahmed Elsaied Badwy	12	Stad Mansoura	1:20.95
7	Mohmed Kamal Ebrahim	12	Cairo	1:21.15
8	Mohamed Mamdouh Moham	12	MRAC	1:21.25
9	Yahia Mohamed Hussien	12	HLWAN	1:21.84
10	Ziad Samer Galal	12	Cairo	1:22.30

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Heat 7 Finals (#64 Boys 12 Year Olds 100 LC Meter Freestyle)**

1	Youssef Al Said Abdel Hamee	12	RWAD	1:20.69
2	Mohamed Ahmed Abdel Kade	12	MAY15	1:20.52
3	Zeyad Shoman	12	Baladyat El Maha	1:18.77
4	Hamza Mohamed Sofy	12	Al Shehk Zaeid	1:18.37
5	Moaz Hassan Kamel	12	NASR	1:18.04
6	Abd Elrahman Ismail Abd Elh	12	Police Club	1:18.30
7	Ziad Akram Hamdy Mohamee	12	NASR	1:18.47
8	Nooreldeen Mohamedm Said	12	Gezira El Ward	1:19.09
9	Mohamed Ahmed Mahdy	12	Al Shehk Zaeid	1:20.54
10	Youssef Mohammed Elsayed	12	HELDO	1:20.71

**Heat 8 of 24 Finals**

1	Mahmoud Ahmed Kamal	12	AHRAM	1:17.90
2	Ziad Mohamed Zenhom	12	RWAD	1:17.70
3	Hassan Abdel Naser	12	ROYAL	1:17.37
4	Omar Tamer Raafat	12	MAY15	1:17.00
5	Adam Ahmed Mostafa	12	Nasr City	1:16.84
6	Mohamed Hatem Ata	12	Mansheit Naser	1:16.93
7	Amro Ahm. Bader Eldin Safa	12	GEZIR	1:17.19
8	Mohamed Zayed	12	Baladyat El Maha	1:17.58
9	Yasin Taimor Moh. Mah. Ham	12	GEZIR	1:17.74
10	Salman Khaled Saber Kamel	12	RWAD	1:17.98

**Heat 9 of 24 Finals**

1	Aly Moh. Khaled Aly Moh. Yos	12	GEZIR	1:16.42
2	Yassen Mohamed Ibrahim	12	Al Shehk Zaeid	1:16.36
3	Ahmed Khaled Abd El Karim	12	MAADI	1:16.26
4	ali el Moustafa Moustafa Heg	12	HELOP	1:16.23
5	Andrew Ehab Gerges Mikhail	12	HELDO	1:16.19
6	Ammar Ahmed Mohamed Ab	12	Stad Mansoura	1:16.23
7	Tarek Ahmed el Ghareb Moh	12	Stad Mansoura	1:16.24
8	Ramy Maged Gorge Amanuel	12	GHABA	1:16.32
9	Youssef Tarek Mohamed	12	Nasr City	1:16.38
10	Yassin Mohamed Nabil	12	Nasr City	1:16.79

**Heat 10 of 24 Finals**

1	Amir Khaled Shehata	12	AHRAM	1:15.96
2	Nour Sherief Hassan	12	Cairo	1:15.94
3	Mohamed Nagy Abd Elallah	12	NASR	1:15.64
4	Mohamed Abdalla Al Basaty	12	Raas El Bar Club	1:15.56
5	Adham Mohamed abd Aziz	12	Nasr City	1:15.39
6	Ahmed Mohamed Tamer	12	Cairo	1:15.40
7	Abd El Rahman Ahmed Husse	12	TRSAN	1:15.64
8	Mazen Mohamed Mohamady	12	NASR	1:15.83
9	Mohamed Ehab el Shabory	12	HELOP	1:15.94
10	Yousef Amro Amir Esmail	12	HELOP	1:15.98

**Heat 11 of 24 Finals**

1	Abd Elrahman Tamer M Abd	12	NASR	1:15.30
2	Marwan Hany Moustafa Tork	12	MAADI	1:15.30
3	Zeyad Sabry	12	Baladyat El Maha	1:15.09
4	Yousif Yehia Al Aeidy	12	Raas El Bar Club	1:14.89
5	Ahmed Ashraf Mohamed Mo	12	GHABA	1:14.86
6	Youssef Salah	12	Police Club	1:14.88
7	Mohamed Abdelrahman Ahm	12	M.ARB	1:15.01
8	Eyad Sameh Sayed Mohamed	12	GHABA	1:15.12
9	Keven Shrif Mekaël Nageb M	12	GEZIR	1:15.30
10	Adham Mohamed Farouk	12	AHRAM	1:15.33

**Heat 12 of 24 Finals**

1	Ammar Mohamed Mohamed	12	MAY15	1:14.74
2	Abdalaa Esam Abdalaa Aley	12	6 OCT	1:14.42
3	Ahmed Abdelaziz Kmal	12	Taleaa El Gish	1:14.19
4	Adham Ahmed Hamada Ahm	12	SHAMS	1:13.97
5	Hamza Ahmed Shalby	12	ENPPI	1:13.88
6	Seif Mohamed el Khawanky	12	ENPPI	1:13.95
7	Mohamed Aadel Abdelraheer	12	6 OCT	1:14.10
8	Ryad Samy Abdel Haleem	12	TALBE	1:14.41
9	Marwan Mahmoud abd Alrah	12	MAY15	1:14.73
10	Yousef Mohamed Ibrahim el	12	Stad Mansoura	1:14.86

**Heat 13 of 24 Finals**

1	Khaled Hesham el Said Moha	12	Stad Mansoura	1:13.78
2	Eyad Mohamed Sayed	12	MAY15	1:13.73
3	Mostafa Ahmed Mohamed He	12	ZOHUR	1:13.55
4	Ahmed Esmail Shehata	12	Raas El Bar Club	1:13.45
5	amr Mohamed Ebrahim Weh	12	HLWAN	1:13.23
6	Abdelrahman Gouda Hassan	12	GHABA	1:13.26
7	Moaz Atef Al Shabrawy Ahm	12	RWAD	1:13.46
8	Abdlrhman Ayman Salah Else	12	HELDO	1:13.58
9	Ahmed Mohamed Ahmed Mo	12	ENPPI	1:13.74
10	Mazen Ahmed Moustafa	12	ZOHUR	1:13.88

**Heat 14 of 24 Finals**

1	Adam Ahmed Salah Mostafa	12	GHABA	1:13.19
2	Youssf Sameh Abdelrhem Ah	12	6 OCT	1:13.13
3	Yaasen Mohamed Abdelhame	12	ENPPI	1:12.98
4	Basel Tamer Rashed Abd ELA	12	SHAMS	1:12.63
5	Seif din Ahmed Husien	12	Nasr City	1:12.36
6	Seif Elden Osama Darwesh	12	TANTA	1:12.55
7	Amar Haitham Mohamed Sae	12	SHAMS	1:12.96
8	Shehab Sherif Rashed	12	TRSAN	1:13.13
9	Byjad Zakariy	12	ENPPI	1:13.15
10	Ahmed Abdelghany Bedair Al	12	TRSAN	1:13.19

**Heat 15 of 24 Finals**

1	Mostafa Atef Afife	12	M.ARB	1:12.16
2	Omar Shref el Motamer Moh	12	HELOP	1:12.02
3	Zeyad Khaled abd Elmonem	12	TANTA	1:11.98
4	Ahmed Ehab Seyam	12	TANTA	1:11.87
5	Khaled Ayman Salem	12	Nasr City	1:11.69
6	Anas Ahmed Refaat	12	NASR	1:11.83
7	Yassin Hossam Elden Metwal	12	ZOHUR	1:11.89
8	Seif Allah Ahm. Adel Katab	12	GEZIR	1:12.01
9	Mohamed Emad Ahmed Most	12	Smouha	1:12.04
10	Ahmed Mohamed usama	12	TRSAN	1:12.35

**Heat 16 of 24 Finals**

1	Taha Khaled Attwa Ahmed	12	MAADI	1:11.63
2	Youssry Ehab Elshimy	12	Sporting	1:11.47
3	Omar Waleed AlQabary	12	Sporting	1:11.44
4	Serag Ahmed Mohamed	12	TALBE	1:11.36
5	Mazen Hesham Hamdy Rash	12	6 OCT	1:11.28
6	Mohamed Naser Ramdan	12	TALBE	1:11.34
7	Hussien Sherif Hussien Moha	12	MAADI	1:11.37
8	Abd Elrahman Ahmmed Elna	12	Canal El Suez	1:11.44
9	Hamza Muhammed Abd el A	12	AHRAM	1:11.52
10	Adm Gamal Ismail	12	Cairo	1:11.66

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Heat 17 Finals (#64 Boys 12 Year Olds 100 LC Meter Freestyle)**

1	ali Mohamed ali	12	HLWAN	1:11.17
2	Monzer Ahmed Amayem	12	TANTA	1:11.15
3	Ahmed Hamed Ahmed Mosa	12	Stad Mansoura	1:11.14
4	Mohamed Ehab Ibrahim Moh	12	MAADI	1:11.11
5	Ahmed Hany Salem	12	ZOHUR	1:10.91
6	Kareem Mohamed Fawzy Mo	12	Nasr City	1:11.05
7	Malek Sherif Hayaty	12	Sporting	1:11.13
8	Saif Eldin Sherif Ahmed	12	TRSAN	1:11.15
9	Mohamed Khaled Mohamed ,	12	Stad Mansoura	1:11.17
10	Yassien Ahmed Mohamed	12	Smouha	1:11.22

**Heat 18 of 24 Finals**

1	Karim Osama Ibrahim Abd El	12	MAADI	1:10.82
2	Hamza Thrwat Kamal Mohan	12	Smouha	1:10.76
3	Yousef Gamal Khalel	12	TALBE	1:10.41
4	Moaz Mohamed Abdo	12	ZMALK	1:10.36
5	Amro Ahmed Elshekh	12	TANTA	1:10.20
6	Yousef Mohamed Abas	12	ENPPI	1:10.22
7	Abdel Rahman Mohamed Mo	12	RWAD	1:10.41
8	Kareem Ahmed Shousha	12	ZOHUR	1:10.57
9	Ibrahim Helin Ibrahim	12	ZMALK	1:10.81
10	Omar Osama Samir Eldhshan	12	GEZIR	1:10.88

**Heat 19 of 24 Finals**

1	Yasein Hossam aly	12	ZMALK	1:10.06
2	Seif Mohamed Sayed	12	ZOHUR	1:09.80
3	Mohamed Wageh Ragab	12	NASR	1:09.70
4	Taemor Khaled Elsaid Abd El	12	GEZIR	1:09.62
5	El Hassan amr Hanfy	12	SHOOT	1:09.51
6	Adam Sameh Mohamed	12	AHRAM	1:09.51
7	Abdullah Mostafa Mahmoud	12	SHAMS	1:09.69
8	Ziad Nabil Ahmed Mohamed	12	Smouha	1:09.71
9	Ahmed Medhat Ahmed Most	12	DEGLA	1:10.03
10	Yehia Samer Wafek	12	HELOP	1:10.18

**Heat 20 of 24 Finals**

1	Mazien Mohamed Nabawy Hi	12	ZMALK	1:09.40
2	Yassin Ahmed Othman	12	Sporting	1:09.06
3	Karem Ahmed Bdran	12	Canal El Suez	1:08.93
4	Adam Mohamed Helmy	12	DEGLA	1:08.81
5	Loaay Motasem Alaaeldin	12	ZMALK	1:08.78
6	Ahmed Ayman Mohamed Tan	12	DEGLA	1:08.81
7	Ziad Talaat Haroun	12	DEGLA	1:08.83
8	Mazin Mahmoud Mahrous Af	12	SHAMS	1:08.98
9	Abdalla Amr Essa	12	Canal El Suez	1:09.26
10	AbdelRahman Ehab Elshimy	12	Sporting	1:09.42

**Heat 21 of 24 Finals**

1	Esmael Mohamed Esmael	12	TANTA	1:08.69
2	Mohamed Nasr Ahmed	12	MAY15	1:08.54
3	Saif Eddin Amr Abdel Raouf	12	AHRAM	1:08.54
4	Marawan Walid Noshy	12	AHLY	1:08.45
5	Karem Ashre Kasem	12	Canal El Suez	1:08.27
6	Abdalla Mohamed Mhfoz Fr	12	6 OCT	1:08.28
7	Yassin Adel Ahmed Bahgat	12	ZOHUR	1:08.47
8	Mhmoud Tarik Ahmed Elgen	12	Smouha	1:08.54
9	Selim Tamer Osama Ahmed	12	SHOOT	1:08.60
10	Eyad Yasser Ahmed Kassem	12	AHLY	1:08.76

**Heat 22 of 24 Finals**

1	Ali Karim Mohamed Yousry	12	SHAMS	1:08.13
2	Zeyad Saber Abd el Fatah	12	AHRAM	1:08.04
3	Mohamed abd Elshafy Sadek	12	ZMALK	1:07.88
4	Seif Wael Ahmed	12	DEGLA	1:07.63
5	Yossef Hossam Mohamed Elw	12	SHOOT	1:07.17
6	Youssef Mohamed Ibrahim	12	AHLY	1:07.45
7	Yehia Ahmed Aly El Din	12	AHLY	1:07.75
8	Ahmed Tamer Fathy Helmy	12	Gezira El Ward	1:07.90
9	Rakan Amin Hassan	12	ZMALK	1:08.10
10	Omar Hitham Mahmoud	12	SHOOT	1:08.27

**Heat 23 of 24 Finals**

1	Yassin Abdallah Ahmed Yous	12	DEGLA	1:06.88
2	Yamen Ayman Helmy	12	TANTA	1:06.84
3	Hussein Mohamed Aly	12	AHLY	1:06.53
4	Mazen Mohamed Sayed Solin	12	AHLY	1:06.25
5	Eyad Sherif Hassan	12	DEGLA	1:06.03
6	Ahmed Abdel Fattah Tourk	12	Sporting	1:06.05
7	Ahmed Mohamed Basyouny	12	6 OCT	1:06.29
8	Khaled Wael Sabre Abdelhar	12	Smouha	1:06.60
9	Mohamed Walid Hesen Hamc	12	GHABA	1:06.85
10	Seif Mohamed Salah	12	Cairo	1:07.01

**Heat 24 of 24 Finals**

1	Mohamed Taha Abd ElHaimd	12	SHAMS	1:05.89
2	Adam Karim Hemdan Abdo	12	SHOOT	1:05.60
3	Hamza Ahmed Mohamed Ali	12	Bank Ahly Alex	1:05.21
4	Mohamed Hatem Mohamed S	12	HELOP	1:04.28
5	Mohamed Emed Abdelhamec	12	6 OCT	1:01.89
6	Omar Karim Galal Samy	12	MAADI	1:02.91
7	Adam HossamEldin Mohame	12	Smouha	1:04.30
8	Mazen Emad Hamed	12	AHLY	1:05.32
9	Yehia Ahmed Abd Elfatah Els	12	SHOOT	1:05.65
10	Hamza Ashraf El Marakby	12	SHOOT	1:05.98

**Event 65 Boys 13 Year Olds 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 21 Finals</b>				
1	Houssein Mohamed Al Tahan	13	ELCTR	NT
2	Omar Sameh Abou El Fadl	13	ELCTR	NT
3	Omar Khaled Abdel Rahiem	13	ELCTR	NT
4	Mostafa Mahmoud Elmanakh	13	Raas El Bar Club	NT
5	Amr Mohamed Mohamed Ha:	13	Police Club	1:30.35
6	Mohamed Wael Hasan	13	Al Shehk Zaeid	1:34.32
7	Abdelrehaman Haytham Mos	13	Taleaa El Gish	NT
8	Ziad Ramzi Mansur	13	Taleaa El Gish	NT
9	Basem Ayman Kishk	13	Raas El Bar Club	NT
<b>Heat 2 of 21 Finals</b>				
1	Omar Mohamed Saaed	13	Police Club	1:26.83
2	Zyad Mohamed Salem	13	Mansheit Naser	1:26.31
3	Adham Mohamed Belal	13	M.S Tagamoa	1:24.61
4	Yousief Samir Abdelghany	13	Al Shehk Zaeid	1:23.14
5	Abdelrhman Ahmed Abdelha	13	HLWAN	1:22.89
6	Zyada Ahmed Fahmy	13	M.S Tagamoa	1:23.05
7	Yosuif Hassan Hegazy	13	SENZO	1:23.62
8	Basel Tarek Elsefsafy	13	HLWAN	1:26.03
9	Zeiad Wael Hasan	13	Al Shehk Zaeid	1:26.81
10	Mokhtar Ashraf Saber	13	SHARK	1:29.82

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

## Heat 3 Finals (#65 Boys 13 Year Olds 100 LC Meter Freestyle)

1	Mohamed Ahmed Samir Saad	13	Taleaa El Gish	1:21.81
2	Zyad Mohamed Safwat	13	Cairo	1:21.28
3	Mahmoud Tarek Mahmoud	13	TALBE	1:20.62
4	Ahmed Maher Gbriel	13	Taleaa El Gish	1:20.55
5	Mohamed Walid Mahmoud	13	MAY15	1:20.37
6	Sief Shreef Hassan	13	Cairo	1:20.46
7	Adham Ahmed Ibrahim	13	MRAC	1:20.57
8	Mahmoud Mohamed Ahmed	13	TALBE	1:20.69
9	Abdul Aziz Mohamed Abdul /	13	Misr	1:21.35
10	Mohamed Mohsen Mostafa O	13	Police Club	1:22.77

## Heat 4 of 21 Finals

1	Yosef Badwy Mahmoud Badw	13	TRSAN	1:20.20
2	Yosef Moh. Rame Abd Elfatah	13	GEZIR	1:19.99
3	Mohammed Alaity	13	Raas El Bar Club	1:19.51
4	Abdel El Rahman Abdel Mons	13	Baladyat El Maha	1:18.91
5	Ahmed Samy Sayed	13	TWFIK	1:17.96
6	Youssef Ahmed Abbas	13	MAY15	1:18.47
7	Mohab EL Deen Nabil Mohan	13	RWAD	1:19.44
8	Sief Shady Mohamed	13	Taleaa El Gish	1:19.93
9	Moaz Hossam Mohamed	13	MAY15	1:20.02
10	Ahmed Mostafa Mohamed	13	Nasr City	1:20.29

## Heat 5 of 21 Finals

1	Abd Allah Mohamed Shaaban	13	RWAD	1:17.62
2	Yassen Mohamed Abdelaal	13	Nasr City	1:17.50
3	Anas Ahmed Mohamed	13	ENPPI	1:16.72
4	Yousef Hafez Maher	13	Nasr City	1:16.31
5	Asar Ahmed Alkrdany	13	Nasr City	1:16.18
6	Marwan Waleed el Masry	13	Cairo	1:16.20
7	al Hassan Moataz Bellah	13	TALBE	1:16.47
8	Ahmed Ashraf Anwer	13	ENPPI	1:17.04
9	Marwan Mohamed Ahmed	13	ENPPI	1:17.53
10	Omar Khaled Hamed	13	MAY15	1:17.79

## Heat 6 of 21 Finals

1	Ahmed Elsayed Hussein	13	Nasr City	1:16.04
2	Salah Ashraf Salah	13	Nasr City	1:15.75
3	Ahmed Medhat Mohamed Sh	13	M.ARB	1:15.05
4	Fouad amr Abulaban	13	HELOP	1:14.93
5	Fahd Elsaaid Slama	13	Raas El Bar Club	1:14.62
6	Eyad Mohamed Farghaly	13	Mansheit Naser	1:14.79
7	Ziad Ahmed abd Elhamid	13	ENPPI	1:15.03
8	Yosef Ehab Mohamed Samir	13	HELOP	1:15.53
9	Mohamed Ashraf abd Elrhem	13	ENPPI	1:15.89
10	Omar Osama Abd ElMohsin C	13	HELDO	1:16.08

## Heat 7 of 21 Finals

1	Mostafa Ahmed Sayed Ahme	13	HELDO	1:14.38
2	Mostafa Mohamed Mostafa	13	TALBE	1:13.82
3	Omar Moataz Mohammad	13	MAY15	1:13.59
4	Alaa Mohamed Mohamed Sa	13	HLWAN	1:13.46
5	Ahmed Mohamed Samir Moh	13	HELDO	1:13.37
6	Mostafa Ahmed Hassen Moh	13	Taleaa El Gish	1:13.45
7	Omar Akram Hamdy	13	NASR	1:13.58
8	Ahmed Mosaad AboASerie	13	MAY15	1:13.75
9	Ziad Wesam Hamid	13	AHRAM	1:14.13
10	Omar Salem Mohamed	13	HLWAN	1:14.43

## Heat 8 of 21 Finals

1	Zeyad Sayed Yassen	13	ENPPI	1:13.16
2	omr Mohamed Wanes	13	ENPPI	1:12.92
3	Ahmed Mohamed Atya Bayou	13	RWAD	1:12.71
4	Seif El din Mohamed Hamed	13	AHRAM	1:12.57
5	Ahmed Wesam Eldin	13	TALBE	1:12.37
6	Karem Hany Mohamed Hassa	13	NASR	1:12.40
7	Ahmed usama Mohamed	13	TRSAN	1:12.65
8	Hasan Moh. Wahed Mohsen A	13	GEZIR	1:12.84
9	Yasen Ashraf Adel Ahmed	13	HELOP	1:13.15
10	aly Tarek Abaza	13	HELOP	1:13.36

## Heat 9 of 21 Finals

1	Loai Tamer Nasser El din	13	AHRAM	1:12.05
2	Yosef Motaz Nazeah Moh. Elsa	13	GEZIR	1:11.89
3	abd Elrahman Mohamed Ism	13	TALBE	1:11.68
4	Aly Ahmed Bahy Elden	13	NASR	1:11.58
5	Mohamed Haytham Ibrahim	13	Canal El Suez	1:11.26
6	Omar Sherif Ahmed	13	HLWAN	1:11.44
7	Abd el Rahman Amr El Sayed	13	AHRAM	1:11.66
8	Ahmed Mohamed Awad Alla	13	Canal El Suez	1:11.81
9	Youssef Mohamed Abd ElRah	13	HELDO	1:11.91
10	Mohamed Ahmed Lotfy	13	MAADI	1:12.29

## Heat 10 of 21 Finals

1	Ibrahim Mohamed Mehleb	13	MAADI	1:11.20
2	Ismael Moh.Ibrahim ELAwa	13	GEZIR	1:11.16
3	Selem Ebrahim Sayed Ebrahi	13	GEZIR	1:10.84
4	Abdelrahman ali Kamal	13	Al Shehk Zaeid	1:10.72
5	Mohamed Ahmed Shehata M	13	NASR	1:10.58
6	Wael Slah Ramzy Bker	13	HELOP	1:10.65
7	Moamen Mohamed Rashad	13	Sporting	1:10.75
8	Mahmoud Hazem Mahmoud	13	NASR	1:11.09
9	Mohamed Walid Abd El Fatta	13	MAADI	1:11.19
10	Mohamed Hsan Abo Mohdy	13	Raas El Bar Club	1:11.23

## Heat 11 of 21 Finals

1	Nooreldin Abdelaziz Mahrou	13	Taleaa El Gish	1:10.45
2	Moustafa Ahmed Abdelmawg	13	6 OCT	1:10.34
3	Hamza Mohamed Anwar Anw	13	6 OCT	1:10.26
4	Ahmed Belal Tayseer Zaytoor	13	SHAMS	1:10.12
5	Ziad Mohamed Mohamed Ab	13	RWAD	1:09.99
6	Yasin Tarek Mostafa	13	HELOP	1:10.10
7	Mostafa Moh. Ahm. Moh. Mo	13	GEZIR	1:10.25
8	Ahmed Hessin Shaban	13	AHRAM	1:10.30
9	Mohamed Nabil Bayomy	13	NASR	1:10.42
10	abd Elrahman Mostafa	13	TALBE	1:10.52

## Heat 12 of 21 Finals

1	Ammar Sayed Sayed	13	AHRAM	1:09.67
2	Ebrahim Mohamed Abdelsar	13	Al Hawar	1:09.40
3	Zeyad Mohamed Magdy	13	MAADI	1:08.98
4	Yousef Nasr Mohamed Abdel	13	RWAD	1:08.77
5	Ibrahim Mostafa Ibrahim	13	ZMALK	1:08.66
6	Zeyad Yaser Salama	13	ROYAL	1:08.72
7	Adam Hossamaldin Abdallah	13	ZMALK	1:08.82
8	Adam Asharaf Ibrahim	13	GHABA	1:09.27
9	Hussien Elzafarany	13	Sporting	1:09.65
10	Mohamed Emad Hamdy	13	Al Hawar	1:09.80

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Heat 13 Finals (#65 Boys 13 Year Olds 100 LC Meter Freestyle)**

1	Zeiad Mohamed Ahmed	13	BNKG	1:08.57
2	Ahmed Shazle Said	13	M.ARB	1:08.39
3	Mohamed Ashraf Mohamed	13	ZOHUR	1:07.87
4	Aly Elden Kaled Mohamed	13	ZOHUR	1:07.75
5	Marwan Mohamed Nabil	13	GHABA	1:07.67
6	Mohamed Wael Mohamed M	13	ZOHUR	1:07.73
7	Omar Hatem Atya Abdelaty	13	Stad Tanta	1:07.77
8	Hamza Ali Ahmed	13	ZOHUR	1:08.08
9	Mohamed Nabil Kamal	13	ZMALK	1:08.47
10	Malek Anwar Ahmed Elsaid	13	M.ARB	1:08.60

**Heat 14 of 21 Finals**

1	Ahmed Ashraf Adel	13	ZOHUR	1:07.36
2	Adam Karim Mohamed Al Tal	13	Canal El Suez	1:07.35
3	Mohamed Mohseen Said	13	ZMALK	1:07.21
4	Yehya Yasser Shehata	13	Nasr City	1:07.06
5	Omar Hamada Ahmed	13	Canal El Suez	1:06.91
6	Amar Diaa Nasar	13	Gezira El Ward	1:07.00
7	Yosef Ahm. Ebrahim Hebesha	13	GEZIR	1:07.13
8	Zeyad Hatem Ateya Abdalaty	13	Stad Tanta	1:07.34
9	Khalid Islam Mohamed	13	Stad Tanta	1:07.35
10	Mohamed Khaled El Demerd	13	MAADI	1:07.46

**Heat 15 of 21 Finals**

1	Belal Mohamed Khames	13	ZMALK	1:06.85
2	Marawan Shady Shebl Farag	13	TANTA	1:06.76
3	Yousef Ahmed Ebrahim Elde	13	TANTA	1:06.73
4	Ahmed Emad Abdel Maabouc	13	AHLY	1:06.68
5	Karim Ramy Ibrahim	13	AHLY	1:06.61
6	Mostafa Waled Mamdoh Atal	13	TANTA	1:06.64
7	Marawan Yaser Mohamed Da	13	TANTA	1:06.69
8	Kareem Amr Aly Hasan Hass	13	6 OCT	1:06.75
9	Nadim Rami Mostafa	13	DEGLA	1:06.76
10	Marwan Mohamed Bakry Mo	13	Olympic	1:06.87

**Heat 16 of 21 Finals**

1	Abie Mahmoud Soliman	13	SHARU	1:06.47
2	Karim Magdy Mohamed	13	ZOHUR	1:06.39
3	Youssef Sameh Salah Eldin Sa	13	6 OCT	1:06.36
4	Ahmed Osama Khalil	13	GHABA	1:06.32
5	Ahmed Walid Hossam Eldein	13	SHOOT	1:06.17
6	Abd El Rahman Mohamed Ab	13	Sporting	1:06.29
7	Yahia Ahmed Fahmey	13	ZOHUR	1:06.36
8	Ahmed Sameh Safwat Shaaba	13	HELDO	1:06.39
9	Mohamed Abd El Wahab Nab	13	AHRAM	1:06.40
10	Adham Ibrahim Basuni	13	GHABA	1:06.51

**Heat 17 of 21 Finals**

1	Eyad Karam Okasha	13	DEGLA	1:06.10
2	Hussin Hassan Gemei	13	Sporting	1:06.04
3	Malek Haytham Mohamed	13	DEGLA	1:05.85
4	Youssef Tamer Gaber Moham	13	Smouha	1:05.73
5	Mohamed Sief EL Nasr	13	MRAC	1:05.40
6	Seif Allah Tarek Samir Sayed	13	SHOOT	1:05.73
7	Ahmed Allaa Eldin Ahmed Hu	13	AHLY	1:05.80
8	Mostafa Mohmed Mostafa	13	Cairo	1:06.01
9	Karim Ashraf Ahmed	13	ZMALK	1:06.06
10	Yossef Sherif Ibrahim	13	MAADI	1:06.12

**Heat 18 of 21 Finals**

1	Abdelrahman Mostafa Mahm	13	6 OCT	1:05.27
2	Mohamed Awny Mahmoud	13	Stad Mansoura	1:05.22
3	Karim Ahmed Naser Abdelm	13	Smouha	1:05.02
4	Adam Amr Shawky	13	DEGLA	1:04.99
5	Abdallah Amr Abd El Azeim	13	SHOOT	1:04.75
6	Ahmed Nasser Ismael Mohan	13	Smouha	1:04.90
7	Yossef Maged Goreg	13	GHABA	1:04.99
8	Abdel Allah Bassem Moustafa	13	DEGLA	1:05.04
9	Ahmed Medhat Mousa Marzo	13	TANTA	1:05.22
10	Mostafa Adel Mohamed Samy	13	SHOOT	1:05.33

**Heat 19 of 21 Finals**

1	Ali Ali Hussein Ali	13	HELDO	1:04.58
2	Mohand Mostafa Hamdy	13	AHLY	1:04.45
3	Mazen Saied Gaber Ali	13	Smouha	1:04.40
4	Mohamed Magdy Ali Ali Elba	13	SHAMS	1:04.30
5	Adam Mohmoud Abdelftah K	13	Bank Ahly Alex	1:04.20
6	Yousef Mohamed Ahmed Bad	13	TANTA	1:04.23
7	Amar Yasser Mohamed Ahme	13	Smouha	1:04.32
8	Omar Faysal Farag	13	AHLY	1:04.44
9	Ali Mhmod Ibrahim Mohame	13	Smouha	1:04.54
10	Seif Elden Mohsen Mohmed S	13	6 OCT	1:04.65

**Heat 20 of 21 Finals**

1	Karem Haitham Khalf Allah	13	TANTA	1:04.03
2	Mostafa Ahmed Mostafa	13	Canal El Suez	1:03.82
3	Ziad Ahamed Ragab Abd el H	13	SHOOT	1:03.36
4	Yehia Eslam Farouk	13	AHLY	1:02.76
5	Abdel-Rahman Mohamed Ab	13	AHLY	1:02.20
6	Ahmed Yaser Ahmed Mahmo	13	SHAMS	1:02.54
7	Eyad Ahmed Hessin	13	GHABA	1:02.81
8	Hamza Mostafa Mohamed	13	DEGLA	1:03.72
9	Amr Mohamed Ebrahim Ebr	13	SHAMS	1:04.01
10	Ahmed Hany Ahmed	13	DEGLA	1:04.19

**Heat 21 of 21 Finals**

1	Abdel Rahman Ahmed Mosta	13	Canal El Suez	1:01.53
2	Omar Mohamed Abo Elmagd	13	SHAMS	1:01.08
3	Ayad Hatem Fouad	13	ZMALK	1:00.61
4	John Wael Nagy Mosad	13	HELDO	1:00.39
5	Mohamed Yaser Fared Abd El	13	SHAMS	59.71
6	Islam Mohamed Nashaat	13	MAADI	1:00.33
7	Adm Ahmed Hamdy	13	Elethad	1:00.40
8	Yousif Mahmoud Mohammed	13	SHOOT	1:00.82
9	Seif Amr Mahmoud Alsokry	13	6 OCT	1:01.33
10	Youssef Ahmed Shehata El Ga	13	SHOOT	1:01.97

**Event 66 Girls 11 Year Olds 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Finals**

1	Rokaya Ahmed Kamal Hassar	11	SHOOT	NT
2	Rokaia Moustafa Elsayed	11	ELCTR	NT
3	Janh Hesham Mohamed Zagh	11	SHAMS	4:03.57
4	Mayar Ahmed amr	11	ZMALK	3:56.86
5	Amira Ahmed Mohamed	11	GHABA	3:47.10
6	Jody Mohamed Ahmed Khalil	11	TANTA	3:54.02
7	Retaj Mohamed Mostafa Sade	11	Taleaa El Gish	3:58.94
8	Hana Ahmed Abd Elmohsen	11	6 OCT	4:11.30
9	Retag Atia	11	Baladyat El Maha	NT



## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Heat 2 Finals (#66 Girls 11 Year Olds 200 LC Meter Backstroke)**

1	Karma Mohamed Ahmed	11	Cairo	3:43.92
2	Sama Salah Eldin Mohmud M	11	Taleaa El Gish	3:42.39
3	Carla Riemon abd el Malek B	11	Taleaa El Gish	3:39.99
4	Logina Ahmed Mostafa	11	Police Club	3:39.61
5	Jana Samir Mohamed Moham	11	NASR	3:38.41
6	Malak Islam Gamal Abdelhan	11	SHAMS	3:39.29
7	Hana Hany Mohamed Salah E	11	6 OCT	3:39.78
8	Hana Ehab Mokhles	11	SHOOT	3:40.32
9	Gana Essam Samer	11	TRSAN	3:42.93
10	Zena Ashraf Mohamed Ebrah	11	TANTA	3:46.91

**Heat 3 of 9 Finals**

1	Malak Reda Mohamed Soror	11	Taleaa El Gish	3:36.21
2	Yara Mahmed Maher	11	NASR	3:33.57
3	Rewa Ahmed Fathy abo Esha	11	TANTA	3:32.76
4	Salma Mohamad Eed Ebrahe	11	Smouha	3:32.28
5	Gana Ehab Rezk	11	TALBE	3:30.51
6	Marem Ahmad Abdelgafar Af	11	Smouha	3:31.08
7	Razan Ahmed Abdelmaboud	11	ZMALK	3:32.35
8	Jenviave Micheal Ibraheim	11	Taleaa El Gish	3:33.55
9	Mariam Kareem Salah AL Din	11	RWAD	3:34.81
10	Ganaa Mohamed Shehata	11	Al Shehk Zaeid	3:37.69

**Heat 4 of 9 Finals**

1	Mayar Sherif Mohamed	11	Elethead	3:26.25
2	Logain Ahmed Hamdy	11	AHRAM	3:25.14
3	Malak Hassan abu Sheashea	11	Stad Mansoura	3:24.35
4	Rawan Mohamed Saleh Mohr	11	SHAMS	3:23.48
5	Kenzy Hamada Saad	11	AHLY	3:22.95
6	Mariam Wael Attia	11	AHLY	3:23.36
7	Nigar Mosa Mohamed	11	HLWAN	3:23.67
8	Kenzy Wael Foud RamadanYc	11	Smouha	3:25.04
9	Malak Yasser Abdellatif	11	Sporting	3:25.30
10	Habiba Mohamed Zaki	11	HLWAN	3:30.13

**Heat 5 of 9 Finals**

1	Sherien Bassiony	11	TALBE	3:21.63
2	Renad Khedr Alam	11	Baladyat El Maha	3:20.44
3	Rawan Yahia	11	ZMALK	3:20.21
4	Hana Mohamed Safwat	11	Cairo	3:19.33
5	Mariam Fawzy Farouk	11	ZOHUR	3:18.78
6	Zeina Amr Hussein	11	AHLY	3:18.83
7	Hanin Saeed	11	ZMALK	3:19.65
8	Zenaa Ahmed Adel Mohamed	11	Bank Ahly Alex	3:20.32
9	Yara Tamer Saed Mohamed	11	6 OCT	3:20.83
10	Malak Mohamed Ahmed Moh	11	MRAC	3:22.37

**Heat 6 of 9 Finals**

1	Malak Khaled Shafek	11	DEGLA	3:18.53
2	Malk Magdy gad ali	11	DEGLA	3:18.20
3	Fareda abd Elfatah Elsayd	11	TANTA	3:17.72
4	Karol Sameh Mahros	11	Y.M.C.A	3:17.14
5	Ganna Mohamed Magdy Adbel	11	Gezira El Ward	3:16.22
6	Malak Mohamed Hassan	11	ZMALK	3:16.33
7	Yara Ahmad Nageb Ahmad Al	11	Smouha	3:17.38
8	Hour een Samer Elsaeid Sha	11	Smouha	3:17.91
9	Fatma Alaa El Ganzory	11	DEGLA	3:18.40
10	Malk Mohamed Soliman Mah	11	SHAMS	3:18.54

**Heat 7 of 9 Finals**

1	Rokaya Hussein Mohamed	11	AHLY	3:15.26
2	Hania Mohamed Asem	11	ENPPI	3:14.65
3	Nancy Mostafa Ibrahiem Moh	11	SHAMS	3:14.26
4	Gana Noaaman Samer	11	Al Hawar	3:13.72
5	Reem Mostafa Mohamed Eza	11	A S E C	3:13.28
6	Habeba Ahmed Mohamed Abc	11	HELOP	3:13.46
7	Lara Ahmed Elwan	11	AHLY	3:13.90
8	Mayroz Mohamed abd Elsalai	11	TANTA	3:14.46
9	Shahd Abdelhammid Elsaid	11	Stad Mansoura	3:14.83
10	Nour Mohamed Kamal	11	DEGLA	3:15.79

**Heat 8 of 9 Finals**

1	Yasmen Naser Esmael Mohan	11	Smouha	3:12.99
2	Shahd Hassan Gamal	11	Cairo	3:11.06
3	Joudy Khaled Saied Ismail	11	Olympic	3:09.87
4	Saba Ahmed Elshabrawy	11	AHLY	3:06.94
5	Rokan Tamer Ismail	11	SHOOT	3:04.98
6	Mariam Mohamed Ebrahim	11	Stad Mansoura	3:06.19
7	Gana amr Shahen	11	ZMALK	3:08.99
8	Lili Ezzat Fawzi Ahm. Elgama	11	GEZIR	3:10.75
9	Hana Nabil Ahmed	11	Cairo	3:12.59
10	Yasmin Khaled Abdelraoof	11	ZMALK	3:13.22

**Heat 9 of 9 Finals**

1	Jessica Girgis Wadea Thabet I	11	HELDO	3:04.29
2	Maya Abdelaziz Zakaria	11	AHLY	3:02.66
3	Arwa Faisal El Sherif	11	DEGLA	2:59.43
4	Hala Amr	11	GHABA	2:53.18
5	Zeina Ahmed Medhat	11	ZOHUR	2:45.19
6	Farah Aymen Adel Mettwaly	11	SHOOT	2:52.81
7	Malak Islam Gamal	11	DEGLA	2:58.12
8	Habiba Shady Mohamed	11	DEGLA	3:02.07
9	Habeba Mohamad SaeydSha	11	Smouha	3:03.82
10	Kenzy Shady Mohamed	11	Mansoura	3:04.39

**Event 67 Girls 12 Year Olds 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 9 Finals</b>				
1	Rana Rami Said	12	Taleaa El Gish	NT
2	Marim Mrwan Fathy	12	Taleaa El Gish	NT
3	Rodaina Mohamed Ahmed	12	AHRAM	3:54.20
4	Rawan Mostafa Gamal AL Din	12	RWAD	3:48.82
5	Malak Ahmed Abdallah	12	RWAD	3:30.44
6	Hana Mohamed Mohamed Sa	12	HELOP	3:31.66
7	Noor Hussein Mohamed	12	AHRAM	3:51.40
8	Habiba Fawzy Mostafa	12	NASR	NT
9	Salma Ahmed Mohamed Tahc	12	SHOOT	NT
<b>Heat 2 of 9 Finals</b>				
1	Salma Sameh Abd ElAziz	12	SHAMS	3:27.32
2	Karouleen Mgdey Gaad Geyd	12	6 OCT	3:25.25
3	Sagda Hassan Mohamed	12	TALBE	3:24.08
4	Marim ali Ebrhim	12	Cairo	3:22.86
5	Zainah Ahmed Hafez	12	Sporting	3:19.80
6	Nahla Mohsen Fayek	12	AHRAM	3:22.86
7	Jana Saber Hussein	12	TALBE	3:23.30
8	Farah Tamer Zakaria	12	ZMALK	3:24.40
9	Lougin Mohamed Fathy	12	AHLY	3:26.54
10	Farah Ahmed Abd Elaziz	12	ZOHUR	3:28.84

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Heat 3 Finals (#67 Girls 12 Year Olds 200 LC Meter Backstroke)**

1	Fatmaelzahraa Khaled Aboel	12	ZMALK	3:18.38
2	Sarah Ahmed Farouk	12	AHRAM	3:15.91
3	Fatema Mohamed Othman M	12	6 OCT	3:14.74
4	Hana Amr Mohsen	12	AHLY	3:14.46
5	Judy Amr Yehya	12	DEGLA	3:13.09
6	roh Ahmed Elshekh	12	TANTA	3:13.27
7	Joumana Moataz Mohamed	12	Cairo	3:14.55
8	Mennatallah Mohamed Abdel	12	GHABA	3:15.29
9	Jana Tamer Ahmaed	12	ENPPI	3:15.96
10	Jomana Haitham Gamil	12	SHOOT	3:18.71

**Heat 4 of 9 Finals**

1	Saga Mohamed Elhawy	12	TANTA	3:12.51
2	Habebe Mohamed Saleh Mhn	12	6 OCT	3:10.92
3	Freda Hesham Mahmoud	12	HELOP	3:09.74
4	Gana Mohamed abd el Aziz	12	Al Hawar	3:09.56
5	Malak Ahmed Eisa	12	GHABA	3:09.19
6	Arwa Adel Ismael	12	DEGLA	3:09.55
7	Salma Tamer Ahmed	12	ZMALK	3:09.69
8	Mirna amr Mohammed Ebra	12	Gezira El Ward	3:10.60
9	Slma Kreem Ahmed Abdelftai	12	6 OCT	3:11.17
10	Menna Abd Elkhalk Mahran /	12	ZOHUR	3:13.01

**Heat 5 of 9 Finals**

1	Gana Yamin Mohipeldin	12	ZMALK	3:07.56
2	Hala Mohamed Salah Eldin	12	SHOOT	3:07.22
3	Gana Mohammed Sayed Hass	12	Gezira El Ward	3:07.07
4	Mariam Emad Gad Hossny	12	SHAMS	3:06.31
5	Yomna Hesham Mhmoud Hss	12	6 OCT	3:05.74
6	Judy Hesham Kamal	12	DEGLA	3:06.08
7	Goudy Tarek Faiz Mohamed	12	HELOP	3:06.71
8	Lojain Ebrahim Yossef	12	GHABA	3:07.10
9	Hana Zakrya	12	Baladyat El Maha	3:07.32
10	Eveline Hani Nabil Merham	12	HELDO	3:08.42

**Heat 6 of 9 Finals**

1	Yara Hussam Mohamed Saler	12	AHRAM	3:04.63
2	Mariam Hany Hammam	12	Sporting	3:04.29
3	Login Ebrahim Khlil	12	Taleaa El Gish	3:03.61
4	Farida Sherif Ahmed Taha	12	SHOOT	3:03.51
5	Shahd Khaled Lotfy Abdelhar	12	Stad Mansoura	3:01.83
6	Joudy Moahmed Hamdy	12	Smouha	3:03.01
7	Roqaya Ashraf Ezzeldeen	12	M.S Tagamoa	3:03.57
8	Jana Serag Mahmoud	12	Nasr City	3:03.65
9	Jumayna Adel Ahmed	12	DEGLA	3:04.40
10	Menna Ahmed Ibrahim Mahr	12	Stad Mansoura	3:05.67

**Heat 7 of 9 Finals**

1	Goudy Ahmed Hanafy	12	AHLY	3:00.94
2	Jody Hany	12	DEGLA	3:00.71
3	Gana Ashraf Abdelgwad Yos	12	Bank Ahly Alex	3:00.07
4	Maia Mohamed Moustafa	12	AHLY	2:59.51
5	Yasmena Ahmed Saad	12	Smouha	2:57.91
6	Gana Mohammed Ahmed Saf	12	Gezira El Ward	2:59.45
7	Mariam Emad Mohamed Zoh	12	HELDO	2:59.97
8	Iman Ahmed Adel Elsaied	12	Smouha	3:00.26
9	Sama Karm Nasr Mohamed	12	SHAMS	3:00.89
10	Hana Mohamed Hasaan	12	ZMALK	3:01.38

**Heat 8 of 9 Finals**

1	hla Mohamed Shalaby	12	TANTA	2:56.96
2	Mennat Allah Fawaz abd Ellat	12	SHOOT	2:56.34
3	Mayar Yaseer Hasan	12	ZMALK	2:55.44
4	Zeina Essam Ali Mamdouh	12	HELDO	2:53.22
5	Sama Mohamed Elsawah	12	Smouha	2:52.62
6	Hana Tarek Yehia	12	AHLY	2:52.83
7	Dana Mohamed Mosaad	12	AHLY	2:53.40
8	Habiba Wael Farg	12	SHOOT	2:55.87
9	Laila Tarek Mostafa	12	DEGLA	2:56.52
10	Ganna Ebrahim Abdallha	12	Cairo	2:57.31

**Heat 9 of 9 Finals**

1	Lena Ahmed Adel Smaha	12	HELOP	2:50.21
2	Passant Ahmed Farouk	12	ZOHUR	2:48.44
3	Hlla Khaled Diab	12	AHLY	2:46.50
4	Amina Alaa Elhamouly	12	Sporting	2:45.12
5	Na'eela Wael Elagroudy	12	Sporting	2:40.69
6	Fatma Osama Fahmy	12	ZMALK	2:44.72
7	Jassmin Mohamed Abdel Kad	12	DEGLA	2:45.36
8	Mariam abd el Hakem Sharaf	12	HELOP	2:47.03
9	Logien Ahmed Elsherif	12	SHOOT	2:48.48
10	Zena Hesham Mahfoz	12	TANTA	2:50.93

**Event 68 Girls 13 Year Olds 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1	Hour Amgad Al Baeia	13	Raas El Bar Club	NT
2	Alia Alzlaky	13	Raas El Bar Club	NT
3	Malak Ahmed Mohamed Yahia	13	AHRAM	3:36.31
4	Sama Khaled Mahmoud	13	ZMALK	3:20.06
5	Reem Shaban Mostafa Sharaf	13	Taleaa El Gish	3:14.98
6	Renad Mohamed Talaat	13	ENPPI	3:19.82
7	Nour Diaa Eldin Fathy	13	NASR	3:20.90
8	Maya Mohamed Hamam	13	Sporting	NT
9	Fatma Ahmed Hussin	13	Taleaa El Gish	NT

**Heat 2 of 7 Finals**

1	Yomna Mohamed Abd Allah M	13	SHAMS	3:12.30
2	Nordin Yasser Essam	13	GHABA	3:11.56
3	Jana Ahmed Sadeek	13	ZMALK	3:11.10
4	Kanzy Essam Saed	13	GHABA	3:10.33
5	Sandra Hany Said Fouad	13	Taleaa El Gish	3:09.00
6	Aliya Ahmed ElMostafa Monz	13	SHAMS	3:09.72
7	Lila Esam Mohammed	13	SHOOT	3:11.06
8	Rawan Sherif El Saied	13	TAGAM	3:11.36
9	Alya Ahmed Adel	13	SHOOT	3:11.62
10	Hana Amro Azone	13	HELOP	3:14.31

**Heat 3 of 7 Finals**

1	Nour Mohamed Abdelkarim	13	ZMALK	3:06.30
2	Hager Sameh Yoseef	13	ZOHUR	3:05.72
3	Belissia Mamdouh Gaber	13	HELDO	3:05.14
4	Zena Nader Galal Moh. Basha	13	GEZIR	3:04.45
5	Nada Haatem Nagaty	13	HELOP	3:02.01
6	Lojain Ibrahim Mohamed Wal	13	6 OCT	3:04.37
7	Menaallah Osama Khalil Khal	13	Smouha	3:04.45
8	Menatalla Khaled Mohamed	13	AHLY	3:05.57
9	Zena Ayman Hasan	13	TANTA	3:06.15
10	Menatallah Mohamed Aly	13	6 OCT	3:06.35

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 01-04-2019 Evening

**Heat 4 Finals (#68 Girls 13 Year Olds 200 LC Meter Backstroke)**

1	Rawan Mostafa Abdallah	13	DEGLA	3:00.49
2	Menat Allah Abdel Hamed So	13	M.ARB	2:58.51
3	Retaga Mohamed Ahmed Ma	13	Nasr City	2:57.58
4	Jowayreya Mohamed Saad H	13	Olympic	2:56.49
5	Nahed Ayman Hasan Moham	13	TANTA	2:55.36
6	Rana Ismaiel Ahmed	13	DEGLA	2:55.62
7	Basant Mohamed Mahros	13	Al Shehk Zaeid	2:57.39
8	Habebe Amro Mah. Daba	13	GEZIR	2:58.10
9	Retag Mohamed Ragab	13	ZMALK	3:00.17
10	Mariam Mohamed Ali Fekry	13	6 OCT	3:01.65

**Heat 5 of 7 Finals**

1	Khadiga Mohamed Rafaat	13	AHLY	2:53.86
2	Jana Sherif Kamal	13	DEGLA	2:53.52
3	Lojain Khaled Ibrahim Moha	13	Smouha	2:52.45
4	Yasmin Yasser Khalil Abdelra	13	6 OCT	2:52.28
5	Jomana Wael Awadallah	13	DEGLA	2:51.43
6	Rana Ahmed Mahmoud Tawf	13	SHOOT	2:51.44
7	Berihan Reda El Shazly	13	DEGLA	2:52.36
8	Jana Ahmed Atyia	13	6 OCT	2:52.76
9	Malak Sameh Mostafa	13	Gezira El Ward	2:53.63
10	Dema Tarek Abdelkhleq	13	Gezira El Ward	2:54.48

**Heat 6 of 7 Finals**

1	Joudy Mohamed Osama	13	DEGLA	2:51.32
2	Aya Bassam Heikal Abdel Har	13	SHOOT	2:50.49
3	Alia Khaled Abas Sabaa	13	HELOP	2:49.63
4	Rokaia Gamal Mohamed	13	AHLY	2:48.78
5	Miriam Mamdouh Shayeb	13	AHRAM	2:47.54
6	Amal Mohamed Farouk	13	Al Hawar	2:48.30
7	Malak Adel abd Elal	13	Al Hawar	2:49.24
8	Retaj Mohamed Elsayed Anw	13	Smouha	2:50.28
9	Login Hazem Tallat	13	AHLY	2:50.83
10	Yasmen Ahmed Basim	13	Sporting	2:51.43

**Heat 7 of 7 Finals**

1	Kenzy Tamer Ahmed Abdelh	13	Smouha	2:43.84
2	Sama Gehad Mohamed	13	TWFIK	2:42.96
3	Rofaida Mahmoud Mohamed	13	DEGLA	2:42.60
4	Hagar Mohamed Ibrahim Ab	13	Smouha	2:37.62
5	Shimaa Mohamed Hussien	13	TALBE	2:32.47
6	Kenzy Mohamed el Sebaey	13	Cairo	2:33.77
7	Maya Kamal Mohamed Mhm	13	Smouha	2:38.72
8	Mariam Sherif Mohamed Sha	13	MAADI	2:42.69
9	Gana Salah Kamal ElDin	13	AHLY	2:43.51
10	Mariam Omran Ahmed Moha	13	SHOOT	2:46.89