

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

## Event 17 Boys 11 Year Olds 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 28 Finals</b>				
1	Mazen Ehab Mohamed	11	SWEIF	NT
2	Yossef Adel Hamed	11	SWEIF	NT
3	Mohamed Hossam Ebrahim /	11	Raas El Bar Club	NT
4	Yousef Mohamed Ebada	11	SWEIF	NT
5	Hassan Ahmed Ehab Wahby	11	HELOP	NT
6	Amar Ahmed Abdel Ader	11	Beni Suef Club	NT
7	Youssef Hitham Abd Alal	11	Telephonat B.N.S	NT
8	Mohand Ehab Mohamed	11	SWEIF	NT
9	Ahmed Mohamed Hamdy Aln	11	Raas El Bar Club	NT
10	Saif Khaled Ibrahim AbdelWa	11	TWFIK	NT
<b>Heat 2 of 28 Finals</b>				
1	Selim Mohamed Husein	11	Beni Suef Club	NT
2	Omar Ehab Gamal Morsy	11	MRAC	49.53
3	Abd El Rahman Mohamed Afi	11	TAGAM	47.03
4	Belal Mohamed Mohamed	11	Police Club	42.20
5	Ahmed Abdelazim Saleh	11	Taleaa El Gish	40.99
6	Sherif Mohamed Rasad	11	Nasr City	41.01
7	Nour Aldien Tareq Mhamdd	11	M.S Tagamoa	44.27
8	Salah Ahmed Sobhy	11	M.S Tagamoa	47.11
9	Mahmoud Wael Mahmoud B	11	TWFIK	55.08
10	Moaz Mohamed Hashim	11	Raas El Bar Club	NT
<b>Heat 3 of 28 Finals</b>				
1	Ahmed Mohamed Yousef	11	MRAC	40.83
2	ali Wahed Salim	11	Nasr City	40.21
3	Nour ElDin Mohamed Fouad	11	TWFIK	39.70
4	Omer Mohamed Seleh	11	El Obour	39.60
5	Pasel Ahmed Mohamed	11	Mansheit Naser	39.53
6	Abdalrhman Mahmoud Amin	11	Taleaa El Gish	39.54
7	Ahmed Hessen Ahmed	11	TAGAM	39.69
8	Ahmed Hashem Bdrt	11	Nasr City	39.75
9	Ahmed usama Ezzat Ahmed	11	Taleaa El Gish	40.48
10	Uoussef Mohamed Mostafa N	11	Taleaa El Gish	40.90
<b>Heat 4 of 28 Finals</b>				
1	Omar Moustafa Mohamed El	11	HELDO	39.09
2	Omar Walid Sayed Mohamed	11	HELDO	38.97
3	Abdallah Khaled Mahmoud	11	HLWAN	38.83
4	Yehya Talal Hamed	11	Mansheit Naser	38.54
5	Ahmed Mohamed al Sayed	11	Nasr City	38.46
6	Yassen Hossam Ahmed	11	MAY15	38.54
7	Yassin Samer Wagdy	11	Nasr City	38.72
8	abd Elrhman Mosad Abosrea	11	MAY15	38.90
9	Mohamed Ashraf Salah	11	Nasr City	39.06
10	Eyad Mohamed Abdalla Moh	11	HELDO	39.21

## Heat 5 of 28 Finals

1	Abdulrahman Khaled Saied S	11	SHAMS	38.29
2	Mohamed Magdy Abdo	11	Police Club	38.20
3	Seif Tamer Abdel Meneem	11	M.ARB	38.03
4	Apdalla Osama	11	Mansheit Naser	37.96
5	Fares Hossam Mansour	11	Cairo	37.95
6	Mazin Mohamed Ahmed Aba	11	ENPPI	37.95
7	Omar Mohamed Abdel Nabey	11	Al Shehk Zaeid	38.02
8	Youssef Khalil Alsaid	11	RWAD	38.07
9	Philobateer Sameh Abdelmas	11	HELDO	38.26
10	Aley Eldein Hany Basiony	11	Taleaa El Gish	38.33

## Heat 6 of 28 Finals

1	Abdalla amr abd Elkhaleq	11	M.ARB	37.93
2	Mohand Medhat Ezzat	11	HLWAN	37.73
3	Mazen Mohamed Ahmed akl	11	Gezira El Ward	37.70
4	Ahmed Samir Gharib Gomaa	11	Taleaa El Gish	37.64
5	Zeyad Ahmed Mawd	11	Mansheit Naser	37.61
6	Omar Mohamed Talaat	11	GHABA	37.61
7	Mazen Mohamed Adly	11	ENPPI	37.67
8	Mohamed Ahmed Mohamed i	11	TWFIK	37.70
9	Ahmed Alaa Eldein Rafeq	11	Al Shehk Zaeid	37.76
10	Yassen Mahmoud Fahmy	11	MAY15	37.93

## Heat 7 of 28 Finals

1	Marwan Mohamed Yahia	11	Cairo	37.50
2	Yahia Mohamed Salama Moh	11	SHAMS	37.47
3	Omar Mohamed abd el Basit	11	Police Club	37.42
4	Ali Ahmed Magdy	11	Cairo	37.37
5	Omar Hany Fathy	11	A S E C	37.35
6	ali Khaled Mohamed	11	M.ARB	37.37
7	Saif Wael Eprahem	11	M.ARB	37.40
8	Amr Mohamed Moustfa	11	ENPPI	37.47
9	Mohamed Khaled Hesem	11	Mansheit Naser	37.48
10	Anas Mohamed Sayed	11	ENPPI	37.54

## Heat 8 of 28 Finals

1	Abdallah Ahmed Mahmoud	11	RWAD	37.28
2	Ahmed Mohamed Rashed	11	A S E C	37.21
3	Zeiad Ahmed Hamdy	11	SHARK	37.09
4	Mohammed Magdy Hassan	11	El Temsah	37.03
5	Karem Sheref Abdalla	11	M.ARB	37.02
6	Amar Mohamed Abd Elhamei	11	NASR	37.03
7	Karem Mohamed Ismael Moh	11	Gezira El Ward	37.06
8	Ahmed Mohamed Mohamed i	11	GHABA	37.17
9	Mohamed Fouad Abd Elhady	11	NASR	37.25
10	Mohamed Ahmed Nour Aldin	11	RWAD	37.29

## Heat 9 of 28 Finals

1	Ahmed Shady Ahmed	11	AHRAM	37.00
2	Kerolos Moheb Youssef	11	REHAB	36.98
3	Abdullah Ahmed Fouad	11	REHAB	36.94
4	Mohamed Ahmed Mahfoz	11	SHARK	36.86
5	Kareem Osama Attia	11	MAY15	36.78
6	Omar Mahmoud Saied	11	SHAMS	36.80
7	Ahmed Shirief Ahmed Mohan	11	SHAMS	36.91
8	Islam Ahmed Sayed	11	REHAB	36.96
9	Yousef Mohamed Ibrahim	11	Al Shehk Zaeid	36.99
10	Khaled Mostafa Hassan	11	HLWAN	37.01

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

## Heat 10 Finals (#17 Boys 11 Year Olds 50 LC Meter Freestyle)

1	Hisham Ahmed Hany Albon	11	El Temsah	36.76
2	Ali Abdelhamid Farouk	11	Taleaa El Gish	36.73
3	Mohamed Ahmed Nagy	11	GHABA	36.70
4	Belal Ahmed Ahmed Maouad	11	A S E C	36.70
5	Yossef Ayman Said	11	GHABA	36.64
6	AlHassan Mohamed Hassan	11	GHABA	36.66
7	Hassan Ibrahim Arafa	11	RWAD	36.70
8	Mohamed Fares Abdelhade	11	M.ARB	36.73
9	Ahmed Walid Abdelsatar	11	ENPPI	36.74
10	Yousif Amir Godah	11	NASR	36.78

## Heat 11 of 28 Finals

1	Abdelrahman Hany Abdel Mc	11	M.ARB	36.58
2	Yassin Adel Ramzy	11	El Temsah	36.53
3	Mazen Mohamed Hosen Oma	11	TANTA	36.48
4	Omar Sameh ali Ragab	11	Gezira El Ward	36.45
5	Mobeen Mohamed Sobhy Abc	11	TWFIK	36.44
6	Yassen Osman el deb	11	MAY15	36.44
7	Youssef Mohamed Ahmed Ma	11	M.S Tagamoa	36.47
8	Adam Abdullah Ahmed Hass	11	TWFIK	36.52
9	Yousief Emad Saied	11	Cairo	36.57
10	Zeyad Ashraf Mohamed Ebra	11	TANTA	36.60

## Heat 12 of 28 Finals

1	Seif Osama Mostafa Elmahdy	11	6 OCT	36.37
2	Abdel Rahman Ihab Mohame	11	Al Shehk Zaeid	36.31
3	Ziad Ahmed Abd EL Wahab	11	RWAD	36.27
4	Saif Ahmed Samir Abdo	11	6 OCT	36.26
5	Taim Ahmed Abd Elwhab	11	ZOHUR	36.16
6	Adham Osama	11	MAY15	36.20
7	Yassin Mohamed Abdelghany	11	6 OCT	36.26
8	Yassin Tamer Samir	11	ZOHUR	36.30
9	Abd EL Rahman Ramy Mohse	11	RWAD	36.34
10	Mohamed Rafe3 El Sayed Rar	11	A S E C	36.39

## Heat 13 of 28 Finals

1	Mohab Hossam Farouk Moha	11	Elethead	36.12
2	Ali Adel Mohamed Fathy	11	NASR	36.07
3	Andria Wael Nagy Mosad Abc	11	HELDO	36.05
4	Yassin Ahmed Mohamed Sha	11	HELDO	36.02
5	Abdelrahman Mohamed Ahm	11	SHARK	35.98
6	Amjad Ahmed Shawky	11	AHRAM	35.99
7	Ahmed Hussain Ahmed	11	AHRAM	36.04
8	Saif Khalid Abdul Aziz	11	AHRAM	36.06
9	Ahmed Sherief Ismaiel Sayed	11	SHAMS	36.09
10	Abdel Rahman Ahmed Nour c	11	BNKG	36.16

## Heat 14 of 28 Finals

1	Ahmed Nabil Mohamed Shlto	11	TANTA	35.95
2	Aly Osama Ahm. Sayed Ahme	11	GEZIR	35.92
3	Mostafa Ebrhim Yehia Mahm	11	HELDO	35.88
4	Yasin Wael Elfshawy	11	NASR	35.86
5	Yehya Karem Mamdoh Ahme	11	Gezira El Ward	35.84
6	Kareem Ahmed Awad	11	El Temsah	35.85
7	Yassin Hassan Hosny Ahmed	11	Elethead	35.86
8	Abd EL Rahman Ahmed Ram	11	RWAD	35.90
9	Ali Ahmed Basha	11	SHAR!	35.92
10	Adham Ayman Ebrahim Swil	11	TANTA	35.97

## Heat 15 of 28 Finals

1	Amr Wael Elhamy Abdelmoni	11	Olympic	35.69
2	Omar Mostafa Fadl	11	TALBE	35.67
3	Adam Karim Kamal Mah. Kan	11	GEZIR	35.60
4	Motaz amr Mostafa	11	TRSAN	35.35
5	Essam Hassan Allam	11	GEZIR	35.23
6	Mostafa Moh. Monir Mostafa	11	GEZIR	35.27
7	Mohamed Hamdy	11	TALBE	35.42
8	Yassin Khaled Mohamed Lasl	11	GHABA	35.63
9	Omar Ahmed Farouk Hassan	11	MAADI	35.67
10	Omar Ahmed Mohamed Darv	11	SHAMS	35.79

## Heat 16 of 28 Finals

1	Omar Ahmed Elzeni	11	ZOHUR	35.21
2	Ahmed Karam Hamam	11	A S E C	35.17
3	Basel Hisham Samer	11	Al Shehk Zaeid	35.15
4	Yassin Mohamed Ahmed	11	HLWAN	35.09
5	Mohamed Ahmed Sallem Met	11	MAADI	35.06
6	Yaseen Mostafa Mahmud Mor	11	TANTA	35.08
7	Adham Amr Hassan	11	REHAB	35.14
8	Mohamed Osama Abdelhame	11	M.S Tagamoa	35.16
9	Yassin Khaled Ibrahim Hussi	11	MAADI	35.18
10	Eyad Hany Mohamed	11	SHARK	35.21

## Heat 17 of 28 Finals

1	Ahmed Tamer Shafek	11	TRSAN	35.05
2	Abdullah Mahmoud Mohamn	11	REHAB	34.99
3	Yousef Mohamed Hanafy	11	Baladyat El Maha	34.91
4	Omar Reda Mohamed	11	Al Shehk Zaeid	34.81
5	Omar amr Helmy	11	El Temsah	34.79
6	Adam Tarek Adel EL Ghazoly	11	HELOP	34.80
7	abd Allah Atef Hassan	11	TRSAN	34.84
8	Zeyad Essam abd Elmoaty	11	TALBE	34.96
9	Hussein Mohamed Tolba	11	AHRAM	35.00
10	Moustfa Mohamed Mahmoud	11	ENPPI	35.05

## Heat 18 of 28 Finals

1	amr Ahmed Alzalabany	11	Baladyat El Maha	34.75
2	Yahia Hisham Mohamed	11	SHOOT	34.73
3	Karim Ahmed Atef	11	Nasr City	34.69
4	Omar Khaled Gamal El Din Sa	11	MAADI	34.61
5	Ahmed Yasser Mahmoud Salr	11	ZOHUR	34.54
6	Moamen Ahmad Hamed Ahm	11	Smouha	34.59
7	Mahmoud Mohamed Fayek E	11	6 OCT	34.66
8	Abd Alla Yehia Saiedd EL Ahl	11	HELOP	34.70
9	Mohamed Mostafa Esmail	11	SHARK	34.73
10	Mostafa Mahmoud Mohamed	11	Elethead	34.78

## Heat 19 of 28 Finals

1	Ali El- Sayed Hessuin El-Gafa	11	SENZO	34.52
2	Aser Nayrouz Raafat	11	El Temsah	34.47
3	Mazen Wael Fakry	11	TRSAN	34.47
4	Youssef Ahmed El_Sisi	11	Sporting	34.40
5	Seif Sameh Said	11	HLWAN	34.38
6	Yasen Hagres Ahmed	11	Baladyat El Maha	34.39
7	Eyad Mohamed El-Saed	11	Mansheit Naser	34.45
8	Adham Mostafa Abdulla	11	Elethead	34.47
9	Hamza Hosam el din Faiz	11	Police Club	34.51
10	Adham Mohamed Abd Elrahn	11	ZOHUR	34.52

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

**Heat 20 Finals (#17 Boys 11 Year Olds 50 LC Meter Freestyle)**

1	GabaLLa Yousry Gaballa	11	SHARK	34.33
2	Yossef Mohamad Mohamad H	11	Smouha	34.31
3	Felemon Eshaq Fangary	11	GHABA	34.28
4	Yehya Mahmoud Mohmed Ya	11	TANTA	34.17
5	Ahmed Samir Helmy El Sayec	11	TWFIK	34.14
6	Yousief Ahmed Yousief	11	Cairo	34.16
7	Hamza Mohamed Hassan Mo	11	HELOP	34.23
8	Almohand Wael	11	MAY15	34.29
9	Amir Maged Eid Yousef	11	HELOP	34.32
10	Mostafa Abd Almoemen Mah	11	Baladyat El Maha	34.38

**Heat 21 of 28 Finals**

1	Yassin Ahmed Abou Khedr	11	SHAR!	34.11
2	Eyad Mohamed Shokry Moha	11	6 OCT	34.09
3	Mohamed Adel Khayre	11	Baladyat El Maha	34.08
4	Mohamed Sameh Saied Moha	11	Bank Ahly Alex	34.01
5	Mahmoud Ahmed Mohamed	11	Bank Ahly Alex	33.98
6	Yassin Mohamed abd el Fatah	11	DEGLA	34.00
7	Omar Mohamed Tawfek	11	Al Hawar	34.02
8	Seif Ahmed Hussein	11	HLWAN	34.08
9	Yousef Emad El Din Mostafa	11	SHAR!	34.10
10	Yassein Tarek Abdelkhalek	11	TALBE	34.14

**Heat 22 of 28 Finals**

1	Mohamed Atya Mohamed aly	11	ZMALK	33.92
2	Ahmed Mohamed Kaowd	11	Baladyat El Maha	33.86
3	Abd Allah Ahmed Abd El Aziz	11	MAADI	33.83
4	Seif Elasmaam Ahmed Moham	11	ZOHUR	33.79
5	Ziad Rafik Mahmoud	11	Stad Mansoura	33.71
6	Saif Mohammed Salama	11	El Temsah	33.73
7	Ahmed Hamdi Salah Mohame	11	Elethad	33.79
8	Yassin Youssef Mohamed Elsl	11	Olympic	33.84
9	Marawan Hani Samy	11	REHAB	33.86
10	Ahmed Hani Ezzat	11	SHOOT	33.96

**Heat 23 of 28 Finals**

1	Ziad amr abd Elhakem	11	Cairo	33.64
2	Khaled Mohamed Samir	11	AHLY	33.60
3	A.Rahman Mohamed Salem	11	DEGLA	33.59
4	Yassin Hussein Nabil Hussein	11	SHOOT	33.52
5	Hamed Mohamed Hamed Mo	11	SHAMS	33.46
6	Hady Mohamed Sabry	11	ENPPI	33.47
7	Mohamed Ashraf Hassan	11	AHLY	33.53
8	Yassin Mohamed Mowafy	11	SHAR!	33.60
9	Nour Eldin Karem Mohamed	11	AHLY	33.64
10	Ahmed Osama Abdelhameed	11	M.S Tagamoa	33.65

**Heat 24 of 28 Finals**

1	Mohamed Mahmoud Salah M	11	Olympic	33.41
2	Abdel Rahman Ahmed El_fayl	11	Sporting	33.39
3	Basel Sameh Mohamed	11	AHRAM	33.35
4	Yossef Ayman Abdalla Mohan	11	Smouha	33.29
5	Ahmed Mohamed Yaseir	11	ZMALK	33.10
6	Yassein Waleed Elsayed	11	TALBE	33.13
7	Marawan Mohamed Sayed	11	AHLY	33.33
8	Omar Mohamed Ayman Abd	11	SHOOT	33.37
9	Mazen Ayman Farouk	11	REHAB	33.40
10	Moaz Ahmed Abdelmoneem	11	ZMALK	33.46

**Heat 25 of 28 Finals**

1	Hamza Hazem Moneb	11	Cairo	33.04
2	Ahmed Adel Abdel aal	11	Al Hawar	32.94
3	Mostafa Mohamed Salah Safo	11	TANTA	32.82
4	Marwan Ali Mahmoud	11	DEGLA	32.75
5	Hassan Ahmed Mohamed Ess	11	HELOP	32.66
6	Ahmed Khaled Farouk Fadel	11	6 OCT	32.68
7	Yousief Mohamed aly	11	ZMALK	32.76
8	Hany Mohsen Sayed	11	AHLY	32.86
9	Essa Shref Abd EL Monem	11	HELOP	33.01
10	Amer Ahmad Elsayed Awad M	11	Smouha	33.05

**Heat 26 of 28 Finals**

1	Mahmoud Hassan Mahmoud	11	HLWAN	32.50
2	Youssef Khaled Mohamed	11	DEGLA	32.41
3	Mohamed Osama Fekry	11	DEGLA	32.28
4	Ahmed Samir Mohamed	11	AHRAM	32.25
5	Ahmed Waleed abd Elhady	11	TALBE	32.20
6	Ahmed Maged Ghoureib	11	DEGLA	32.22
7	Youssef Amr Yasseen Mady	11	GEZIR	32.27
8	Adam Mohamed Mahmoud M	11	SHOOT	32.28
9	abd Allah Mohamed Abdelazi	11	ZMALK	32.49
10	Malek Haythm Mohamad Els	11	Smouha	32.61

**Heat 27 of 28 Finals**

1	Selim Shrif Osama Helmy Mo	11	GEZIR	32.18
2	Belal Tamer Aly	11	AHLY	32.13
3	Abdala Mdhat	11	Baladyat El Maha	32.08
4	Moumen Moustafa Mohamed	11	ZMALK	31.87
5	Yassen Osama Yosef Ebraherr	11	Smouha	31.83
6	Yasien Mohamed Roshdy	11	ZMALK	31.87
7	Hamza Mahmoud Ibrahim	11	Stad Mansoura	31.95
8	Zeyad Mohamed Elsayed	11	Sporting	32.10
9	Hazem Tamer Fathy	11	Gezira El Ward	32.17
10	Adam Ahmed Hasan	11	DEGLA	32.20

**Heat 28 of 28 Finals**

1	Abd Allah Tamer Abd El Raao	11	MAADI	31.74
2	Selim Ahm. Mah. Ahm. Niazy	11	GEZIR	31.71
3	Omar Ahmed Emad	11	SHOOT	31.47
4	Ibrahim Bahaeldin Ibrahim	11	Olympic	31.27
5	Omar Mohamed Hassan	11	AHLY	30.39
6	Zeyad Ashraf Essam El Din M	11	MAADI	31.27
7	Mohamad Amr Mohamad Me	11	Smouha	31.38
8	Saif Mohamed Mahmoud Met	11	SHOOT	31.50
9	Omar Abdelaziz Hussein	11	TALBE	31.74
10	Belal Mohamed Fouad Ramac	11	Olympic	31.79

**Event 18 Boys 12 Year Olds 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 23 Finals**

2	Abd Elaziz Adel Eltahir	12	ELCTR	NT
3	Eslam Mohamed Kheer	12	Taleaa El Gish	NT
4	Karim Hassan Salah	12	Taleaa El Gish	NT
5	Seif Eldin Osama Mohamed	12	Telephonat B.N.S	NT
6	Amro Essam Hamed Elshowil	12	Raas El Bar Club	NT
7	Mostafa Abobakr Alsdek	12	Canal El Suez	NT
8	Mostafa Ahmed Abou El Eine	12	SHAR!	NT

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

## Heat 2 Finals (#18 Boys 12 Year Olds 50 LC Meter Freestyle)

1	Adam Hany Fathy	12	Taleaa El Gish	NT
2	Yousef Mohamed Gaafar	12	Raas El Bar Club	NT
3	Amar Mohamed Ahmed Solin	12	ELCTR	NT
4	Karim Mohamed Mosad	12	Taleaa El Gish	47.11
5	Yassin Ahmed Gamal	12	SHARK	44.09
6	Ahmed Moataz Salah Eldin M	12	HELDO	44.17
7	Saif Elden Mohamed Magdi	12	HLWAN	50.19
8	Adhm Mahmoud Sliman	12	ELCTR	NT
9	Adam Elsaaid Slama	12	Raas El Bar Club	NT
10	Seif Mohamed Al Sayd Taalab	12	Raas El Bar Club	NT

## Heat 3 of 23 Finals

1	Moaz Ali Saliman	12	Misr	44.05
2	ali Tarek ali	12	HLWAN	42.99
3	Abdullah Sayed Hussein	12	Beni Suef Club	42.59
4	Moamen Hasan Sabr	12	M.S Tagamoa	42.40
5	Mohamed Sabre Almahdi	12	M.S Tagamoa	41.53
6	Yousef Gadelhak Abdelnaby	12	SHARK	42.10
7	Mahmoud Karam Ebrahim	12	Misr	42.44
8	Yassin Mohamed Abdelmonic	12	HELDO	42.70
9	Mohamed Ahmed Ebrahim	12	SHARK	43.26
10	Sief Allah Abd Elkhalik	12	Al Zaher	44.07

## Heat 4 of 23 Finals

1	Saif Eldin Mohamed Elsaid	12	SHARK	40.70
2	Mohamed Karem Eid	12	Police Club	39.82
3	Mathew Jhon Samer	12	M.S Tagamoa	39.26
4	Mohamed Walid Abdelrazek	12	MRAC	39.22
5	Khaled Attia	12	Baladyat El Maha	38.96
6	Mostafa Mohamed Abdelmog	12	HLWAN	38.99
7	Seif Eldin Yousef Sayed	12	Al Shehk Zaeid	39.25
8	Yossef Amer Saad	12	Police Club	39.28
9	Ahmed Wael Ahmed	12	SHARK	39.90
10	Seif Allah Ahmed Ebrahim	12	HLWAN	41.24

## Heat 5 of 23 Finals

1	Yehia amr Hussien	12	MRAC	38.55
2	Mazen Ahmed Hassan	12	TWFIK	38.34
3	Abdelaziz Ahmed Kilany	12	M.S Tagamoa	37.94
4	Saif Aldin Tarek Saad Ebrahir	12	RWAD	37.84
5	Fady Fargaly abd el Maqsoud	12	Cairo	37.59
6	Abdelrahman Sallah Mahros	12	Mansheit Naser	37.74
7	Omar Mohamed Nasr	12	SHARK	37.89
8	Mazen Mabrouk Farag	12	M.S Tagamoa	38.26
9	Karim Haythem EL Sayed	12	HELDO	38.44
10	Fares Mohmed Ahmed Metwl	12	M.S Tagamoa	38.74

## Heat 6 of 23 Finals

1	Seif El Din Essam Reda	12	SENZO	37.22
2	Yehia Alaa Moustafa	12	Taleaa El Gish	36.98
3	Mohamed Ahmed Abdel Kad	12	MAY15	36.60
4	Moaz Ashraf Sedek	12	M.ARB	36.56
5	Belal Elsayed Ahmed	12	Al Shehk Zaeid	36.38
6	Mohamed Khaled Kamal Ahn	12	MAADI	36.52
7	Ziad Magdy Elassy	12	Cairo	36.58
8	Ziaad Ahmed Zaki	12	NASR	36.73
9	Zeyad Mahmoud Ahmed	12	HELDO	37.03
10	Hazem Karam Mohamed	12	HLWAN	37.43

## Heat 7 of 23 Finals

1	Ahmed amr Mohamed	12	Mansheit Naser	36.32
2	Amr Khaled Abraham	12	Police Club	36.30
3	Karim Abdul Alim Abdul Har	12	Beni Suef Club	36.27
4	Steven Tharwat Shahata	12	NASR	36.26
5	Ziad Mo'men Ahmed	12	RWAD	36.11
6	Yasen Ahmed eid Thabet	12	MRAC	36.11
7	Ziad Samer Galal	12	Cairo	36.26
8	Abdalla Ibrahim Eldisoqe	12	Canal El Suez	36.28
9	Mohamed Mustafa Ahmed	12	Al Shehk Zaeid	36.32
10	Zeyad amr Hamed	12	ENPPI	36.33

## Heat 8 of 23 Finals

1	Fouad Moustfa Fouad	12	Misr	36.05
2	Khaled Mahmoud Mohamed I	12	Beni Suef Club	35.76
3	Mohamed Mamdouh Moham	12	MRAC	35.69
4	Khaled Mohamed Ibrahim	12	ENPPI	35.47
5	Ammar Ahmed Mohamed Ab	12	Stad Mansoura	35.41
6	Mohamed Ahmed Mahdy	12	Al Shehk Zaeid	35.45
7	Yassen Mostafa Sabry	12	Stad Mansoura	35.67
8	Marwan Haitham El Sayed M	12	MAADI	35.71
9	Youssef Al Said Abdel Hamee	12	RWAD	35.78
10	Adam Amr Al Daadaa	12	Raas El Bar Club	36.11

## Heat 9 of 23 Finals

1	Zeyad Moh. Hazem Abd Elaze	12	GEZIR	35.39
2	Zeyad Sabry	12	Baladyat El Maha	35.33
3	ali el Moustafa Moustafa Heg	12	HELOP	35.25
4	Adham Ahm. Abd Elmonein A	12	GEZIR	35.13
5	Hamza Haitham Salah	12	HELOP	34.99
6	Marwan Ahmed Abd Elaal El	12	MAADI	35.05
7	Mohmed Essam Saied	12	Cairo	35.24
8	Mohamed Ragab Saber	12	NASR	35.33
9	Mohamed Ahmed Fahmy	12	TANTA	35.37
10	Yassin Hany Mohamed Hafez	12	MAADI	35.39

## Heat 10 of 23 Finals

1	Nour Sherief Hassan	12	Cairo	34.92
2	Omar Tamer Raafat	12	MAY15	34.81
3	Karem Ashraf Fouad	12	Police Club	34.56
4	Ahmed Mohamed Roshdy	12	TALBE	34.51
5	Yasin Taimor Moh. Mah. Ham	12	GEZIR	34.43
6	Eyad Sameh Sayed Mohamed	12	GHABA	34.46
7	Youssef Salah	12	Police Club	34.52
8	Abd Elrahman Ismail Abd Elh	12	Police Club	34.74
9	Amro Ahm. Bader Eldin Safa	12	GEZIR	34.88
10	Hamza Mohamed Sofy	12	Al Shehk Zaeid	34.94

## Heat 11 of 23 Finals

1	Yousef Reda Saad Elhefnawy	12	Stad Mansoura	34.29
2	Yousef Amro Amir Esmail	12	HELOP	34.11
3	Keven Shrif Mekael Nageb M	12	GEZIR	34.11
4	Marwan Elsayed Mohamed	12	Al Shehk Zaeid	33.93
5	Marwan Hany Moustafa Tork	12	MAADI	33.87
6	Eyad Ahmed Husien	12	Nasr City	33.89
7	Marwan Mahmoud abd Alrah	12	MAY15	34.03
8	Amir Khaled Shehata	12	AHRAM	34.11
9	Andrew Ehab Gerges Mikhail	12	HELDO	34.24
10	Yassin Mohamed Nabil	12	Nasr City	34.42

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

**Heat 12 Finals (#18 Boys 12 Year Olds 50 LC Meter Freestyle)**

1	Zeyad Mohamed Abdelbaser	12	GHABA	33.76
2	Mohamed Nagy Abd Elallah	12	NASR	33.67
3	Mohamed Abdelrahman Ahm	12	M.ARB	33.64
4	Yassen Mohamed Ibrahim	12	Al Shehk Zaeid	33.61
5	Hassan Abdel Naser	12	ROYAL	33.53
6	Abdlrhman Ayman Salah Else	12	HELDO	33.57
7	Marawan Mohamed Ghayath	12	TANTA	33.64
8	Iyad Mohamed Shaaban	12	AHRAM	33.65
9	Byjad Zakariy	12	ENPPI	33.76
10	Hazem Mostafa Mahmoud	12	TALBE	33.78

**Heat 13 of 23 Finals**

1	Omar Ahmed Belal Othman	12	SHAMS	33.43
2	Basem Aehab Mohamed	12	Canal El Suez	33.41
3	Adam Mohamed Abdelmenie	12	GHABA	33.36
4	Eyad Mohamed Sayed	12	MAY15	33.26
5	Mostafa Atef Afife	12	M.ARB	33.22
6	Eyad Mohsen Ismail	12	NASR	33.23
7	Ahmed Ehab Elderereny	12	TANTA	33.27
8	Youssef Mahmoud Sayed	12	Taleaa El Gish	33.40
9	Adham Ahmed Hamada Ahm	12	SHAMS	33.42
10	Ahmed Abdelghany Bedair Al	12	TRSAN	33.49

**Heat 14 of 23 Finals**

1	Adham Mohamed Farouk	12	AHRAM	33.20
2	Youssf Sameh Abdelrhem Ah	12	6 OCT	33.17
3	Zeiad Karem Mohamed el Ad	12	HELOP	33.16
4	Mohamed Aadel Abdelraheer	12	6 OCT	33.10
5	Shady Ahmed Samy Kamel	12	ZOHUR	32.97
6	Hussien Sherif Hussien Moha	12	MAADI	32.99
7	Youssef Tarek Mohamed	12	Nasr City	33.11
8	Mazen Hesham Hamdy Rash	12	6 OCT	33.16
9	Mohamed Naser Ramdan	12	TALBE	33.20
10	Mohamed Abdalla Al Basaty	12	Raas El Bar Club	33.22

**Heat 15 of 23 Finals**

1	Abdalaa Esam Abdalaa Aley	12	6 OCT	32.95
2	Assr Ahmed Aly Fekry	12	6 OCT	32.88
3	Hamza Ahmed Shalby	12	ENPPI	32.81
4	Ahmed Hany Salem	12	ZOHUR	32.69
5	Youssef Hesham Ali Emam	12	Taleaa El Gish	32.64
6	Abdelrahman Gouda Hassan	12	GHABA	32.66
7	Omar Shref el Motamer Moha	12	HELOP	32.70
8	Yehia Samer Wafek	12	HELOP	32.85
9	Khaled Ayman Salem	12	Nasr City	32.89
10	Seif Mohamed el Khawanky	12	ENPPI	32.97

**Heat 16 of 23 Finals**

1	Kareem Mohamed Fawzy Mo	12	Nasr City	32.55
2	Yehia Hisham Yehia Abdelaz	12	Smouha	32.52
3	Khaled Mohamed Elsaheed Elg	12	Smouha	32.48
4	Hassan Ali Khaled Al Lawndy	12	MAADI	32.38
5	Seif din Ahmed Husien	12	Nasr City	32.30
6	Mohamed Emad Ahmed Most	12	Smouha	32.32
7	Yousef Gamal Khalel	12	TALBE	32.47
8	Saif Eldin Sherif Ahmed	12	TRSAN	32.50
9	Adm Gamal Ismail	12	Cairo	32.54
10	Monzer Ahmed Amayem	12	TANTA	32.60

**Heat 17 of 23 Finals**

1	Yousif Yehia Al Aeidy	12	Raas El Bar Club	32.21
2	Ibrahim Helin Ibrahim	12	ZMALK	32.14
3	Mazin Mahmoud Mahrous Ah	12	SHAMS	32.07
4	Adam Sameh Mohamed	12	AHRAM	32.03
5	Mohamed Wageh Ragab	12	NASR	31.98
6	Omar Asem Salah Eldin	12	ZMALK	32.01
7	Yassien Ahmed Mohamed	12	Smouha	32.04
8	Hamza Muhammed Abd el Aæ	12	AHRAM	32.13
9	Yassin Hossam Elden Metwal	12	ZOHUR	32.19
10	Eyad Mohamed Shaban	12	TRSAN	32.24

**Heat 18 of 23 Finals**

1	Ali Ahmed Abdullah	12	AHRAM	31.96
2	Yassien Yasser Hassan	12	Smouha	31.93
3	Ahmed Medhat Ahmed Mostæ	12	DEGLA	31.79
4	Abdefattah Ahmed Youssef A	12	Olympic	31.67
5	Serag Ahmed Mohamed	12	TALBE	31.61
6	Ahmed Mohamed usama	12	TRSAN	31.62
7	Aly Eldin Ahmed Ibrahim	12	AHLY	31.70
8	Malek Sherif Hayaty	12	Sporting	31.90
9	Seif Allah Ahm. Adel Katab	12	GEZIR	31.95
10	Basel Tamer Rashed Abd ELA:	12	SHAMS	31.97

**Heat 19 of 23 Finals**

1	Abdalla Amr Essa	12	Canal El Suez	31.59
2	Amro Ahmed Elshekh	12	TANTA	31.56
3	Ziad Talaat Haroun	12	DEGLA	31.51
4	Ahmed Ayman Mohamed Tan	12	DEGLA	31.49
5	Ahmed Tamer Fathy Helmy	12	Gezira El Ward	31.46
6	amr Saied Abdelsattar	12	ZMALK	31.47
7	Saif Eddin Amr Abdel Raouf	12	AHRAM	31.50
8	Karim Ahmed Anwar	12	DEGLA	31.56
9	Karem Ahmed Bdran	12	Canal El Suez	31.59
10	Eyad Amr Hessen	12	DEGLA	31.60

**Heat 20 of 23 Finals**

1	Omar Osama Samir Eldhshan	12	GEZIR	31.44
2	Mazien Mohamed Nabawy Hæ	12	ZMALK	31.41
3	Abdalla Mohamed Mhfoz Frg	12	6 OCT	31.33
4	Aly Ahmed Nagy	12	AHLY	31.23
5	Marawan Walid Noshy	12	AHLY	31.18
6	Omar Hitham Mahmoud	12	SHOOT	31.21
7	aly amr Saeed Ahmed	12	ZMALK	31.31
8	Abdullah Mostafa Mahmoud !	12	SHAMS	31.38
9	Seif Mohamed Sayed	12	ZOHUR	31.44
10	Yassin Adel Ahmed Bahgat	12	ZOHUR	31.45

**Heat 21 of 23 Finals**

1	Youssry Ehab Elshimy	12	Sporting	31.14
2	Adham Tamer Saad	12	SHOOT	31.11
3	Omar Mohamed Ahmed Fathæ	12	SHOOT	31.09
4	Karem Ashre Kasem	12	Canal El Suez	31.07
5	Mazen Emad Hamed	12	AHLY	30.91
6	Yehia Ahmed Aly El Din	12	AHLY	31.05
7	Ebrahim Mohamed Hamdy	12	TANTA	31.07
8	Ziad Nabil Ahmed Mohamed	12	Smouha	31.09
9	aly Eldin Ahmed Mohamed	12	ZMALK	31.14
10	Seif Wael Ahmed	12	DEGLA	31.18

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

**Heat 22 Finals (#18 Boys 12 Year Olds 50 LC Meter Freestyle)**

1	Mohamed Ayman Abd Elsami	12	ZOHUR	30.89
2	Ziad Emad Atya	12	DEGLA	30.73
3	Omar Ayman Mahmoud Moh	12	AHLY	30.60
4	Seif Mohamed Salah	12	Cairo	30.41
5	Abed Emad Abed	12	TRSAN	30.19
6	Yossef Hossam Mohamed Elw	12	SHOOT	30.27
7	Mohamed Nasr Ahmed	12	MAY15	30.59
8	Youssef Mohamed Ibrahim	12	AHLY	30.71
9	Hamza Ashraf El Marakby	12	SHOOT	30.77
10	Rakan Amin Hassan	12	ZMALK	30.90

**Heat 23 of 23 Finals**

1	Ali Shref Ali Abdelkader	12	Smouha	30.13
2	Yehia Ahmed Abd Elfatah Els	12	SHOOT	29.79
3	Yamen Ayman Helmy	12	TANTA	29.66
4	Mohamed Hatem Mohamed S	12	HELOP	29.27
5	Abdel Rahman Amr Farag	12	SHOOT	28.29
6	Omar Ahmed Samir Eldawod	12	Gezira El Ward	28.84
7	Mohamed Taha Abd ElHaimd	12	SHAMS	29.66
8	Hamza Ahmed Mohamed Ali	12	Bank Ahly Alex	29.74
9	Ahmed Abdel Fattah Tourk	12	Sporting	30.06
10	Mohamed Walid Hesen Hamc	12	GHABA	30.16

**Event 19 Boys 13 Year Olds 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 21 Finals**

1	Abdelrahman Mahmoud Mak	13	Taleaa El Gish	NT
2	Mostafa Mahmoud Elmanakh	13	Raas El Bar Club	NT
3	Karim Osama Mohamed Nabi	13	SWEIF	NT
4	Mohamed Haytham Ibrahim	13	Canal El Suez	NT
5	Omar Ahmed Abdel Aal	13	Beni Suef Club	50.59
6	Ahmed Hossam Taha	13	SWEIF	NT
7	Abd Elrahman Saad Magdy	13	ELCTR	NT
8	Ahmed Tailab	13	Raas El Bar Club	NT
9	Abdelrehaman Haytham Mos	13	Taleaa El Gish	NT

**Heat 2 of 21 Finals**

1	Omar Nabil Kamel	13	M.S Tagamoa	48.45
2	Ali Tarek Ali	13	Mansheit Naser	44.89
3	Tarek Ashraf Ramzy	13	SHARK	43.86
4	Mohmed Ahmed Yousief	13	Cairo	40.47
5	Mazn Bisam Mamduh	13	Taleaa El Gish	39.86
6	Abdullah Mohammed Abdull	13	Beni Suef Club	40.24
7	Belal Mohamed Saied	13	M.S Tagamoa	43.60
8	Abdelrahman Hisham Mouni	13	M.S Tagamoa	44.85
9	Youssef Ayman Mohamed Ho	13	Beni Suef Club	46.78
10	Ali Adel Ahmed	13	M.S Tagamoa	50.06

**Heat 3 of 21 Finals**

1	Abdelrhman Ashraf Mohame	13	HLWAN	39.44
2	Omar Mohamed Saaed	13	Police Club	38.90
3	Mazid Hatam Wahba Ismail	13	Taleaa El Gish	38.71
4	Walid Hosin Ahmed	13	Police Club	38.49
5	Basel Tarek Elsefsafy	13	HLWAN	38.23
6	Mahmoud Hesham Mahmouc	13	M.ARB	38.33
7	Omr Moustfa Elsaeyd	13	Misr	38.49
8	Mohamed Abdallah Samir	13	Taleaa El Gish	38.82
9	Mohamed Alqatary	13	Baladyat El Maha	39.12
10	Amr Mohamed Mohamed Ha	13	Police Club	39.55

**Heat 4 of 21 Finals**

1	Mohamed Mohsen Mostafa O	13	Police Club	37.59
2	Sohaib Mohamed Ali	13	BNK.G	37.55
3	Yosuif Hassan Hegazy	13	SENZO	37.23
4	Yousef Ahmed Yahya Moham	13	RWAD	36.85
5	Adham Mohamed Belal	13	M.S Tagamoa	36.72
6	Mohamed Haythem Abdelna	13	Nasr City	36.75
7	Mokhtar Ashraf Saber	13	SHARK	37.05
8	Mohab EL Deen Nabil Mohar	13	RWAD	37.30
9	Iyad Walid Fathy	13	Beni Suef Club	37.57
10	Ali Mohamed Ali	13	RWAD	37.71

**Heat 5 of 21 Finals**

1	Abdelrhman Ahmed Abdelha	13	HLWAN	36.54
2	Sief Shreef Hassan	13	Cairo	36.22
3	Youssef Shady Mohamed	13	Taleaa El Gish	36.10
4	Saif Samy Abd Eltawab	13	NASR	35.94
5	Yassen Mohamed Abdelaal	13	Nasr City	35.87
6	Ahmed Mostafa Mohamed	13	Nasr City	35.90
7	Mohammed Alaioty	13	Raas El Bar Club	35.95
8	Ahmed Emad Mohamed Swel	13	NASR	36.16
9	Mohamed Walid Mahmoud	13	MAY15	36.34
10	Moaz Ahmed Allatef	13	MAY15	36.55

**Heat 6 of 21 Finals**

1	Mahmoud Mohamed Ahmed	13	TALBE	35.81
2	Basem Ayman Kishk	13	Raas El Bar Club	35.51
3	Hanna Refaat Hanna Awadall	13	HELDO	35.45
4	al Hassan Moataz Bellah	13	TALBE	35.31
5	Omar Osama Abd ElMohsin G	13	HELDO	35.25
6	Ahmed Samy Sayed	13	TWFIK	35.29
7	Moaz Hossam Mohamed	13	MAY15	35.40
8	Ahmed Ragab Saber	13	NASR	35.47
9	Yosef Hesham Ahm. Hazem M	13	GEZIR	35.60
10	Omar Khaled al Ashry	13	TALBE	35.81

**Heat 7 of 21 Finals**

1	Mohamed Ashraf abd Elrhem	13	ENPPI	35.10
2	Omar Khaled Hamed	13	MAY15	34.98
3	Abdul Aziz Mohamed Abdul /	13	Misr	34.95
4	Asar Ahmed Alkrdany	13	Nasr City	34.85
5	Abdelrahman Mohsen Moaw	13	Taleaa El Gish	34.73
6	Ahmed Emad Mohamed Al T	13	Canal El Suez	34.79
7	Youssef Ahmed Abbas	13	MAY15	34.89
8	Mahmoud Mostafa Darwesh	13	Nasr City	34.97
9	Adham Ahmed Ibrahim	13	MRAC	34.98
10	Yousief Samir Abdelghany	13	Al Shehk Zaeid	35.20

**Heat 8 of 21 Finals**

1	Omar Wael Hassen Ali	13	Police Club	34.69
2	Eslam Mohamed El Sayed	13	AHRAM	34.62
3	Ahmed Mohamed Fahmy	13	AHRAM	34.50
4	Yosef Badwy Mahmoud Badw	13	TRSAN	34.43
5	Yasen Ahm. Abd ElHay Soiem	13	GEZIR	34.40
6	Mohamed Ahmed Mohamed	13	ENPPI	34.42
7	Yossif Ahmed Badawy	13	NASR	34.47
8	Salah Ashraf Salah	13	Nasr City	34.58
9	amr Mahmoud Mahamed	13	TALBE	34.65
10	Marwan Gamal Saleh Moham	13	HELDO	34.72

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

## Heat 9 Finals (#19 Boys 13 Year Olds 50 LC Meter Freestyle)

1	Hassan ali Hassan	13	TALBE	34.05
2	Yasen Ashraf Adel Ahmed	13	HELOP	33.94
3	Marwan Waleed el Masry	13	Cairo	33.85
4	Zeyad Sayed Yassen	13	ENPPI	33.55
5	Zeyad Khaled Abd el Aziz	13	AHRAM	33.43
6	Ziad Wesam Hamid	13	AHRAM	33.44
7	Loai Tamer Nasser El din	13	AHRAM	33.65
8	Ahmed Mohamed Samir Moh	13	HELDO	33.91
9	Zyada Ahmed Fahmy	13	M.S Tagamoa	34.03
10	Ziad Walid Ramadan	13	NASR	34.20

## Heat 10 of 21 Finals

1	Fouad amr Abulaban	13	HELOP	33.34
2	Omar Akram Hamdy	13	NASR	33.28
3	Ziad Ahmed abd Elhamid	13	ENPPI	33.25
4	Ahmed Fathy Aid Abd el aty	13	RWAD	33.12
5	Yassin Mahmoud Ahmed	13	MAADI	33.06
6	Hasan Moh. Wahed Mohsen /	13	GEZIR	33.06
7	Mohamed Ahmed Lotfy	13	MAADI	33.25
8	Marwan Mohamed Ahmed	13	ENPPI	33.27
9	Aly Ahmed Bahy Elden	13	NASR	33.29
10	Abdelrahman ali Kamal	13	Al Shehk Zaeid	33.40

## Heat 11 of 21 Finals

1	Ammar Sayed Sayed	13	AHRAM	32.94
2	Mohamed Walid Abd El Fatta	13	MAADI	32.92
3	Fares Ahmed Ameen Aly Alhg	13	6 OCT	32.86
4	Yasin Tarek Mostafa	13	HELOP	32.80
5	Adham Nabil Mohamed Maro	13	TANTA	32.66
6	Mostafa Ahmed Sayed Ahmec	13	HELDO	32.76
7	Omar Ahmed Hamdy Abood	13	6 OCT	32.83
8	Ahmed Mosaad AboASerie	13	MAY15	32.87
9	Ibrahim Mohamed Mehleb	13	MAADI	32.93
10	Adham Mohamed el Daly	13	HELOP	32.95

## Heat 12 of 21 Finals

1	Ahmed Yehya Ibrahim	13	GHABA	32.47
2	Ahmed Mohamed Awad Alla	13	Canal El Suez	32.33
3	Omar Moataz Mohammad	13	MAY15	32.26
4	Ziad Mohamed Mohamed Abi	13	RWAD	32.08
5	Ismael Moh.Ibrahim ELAwad	13	GEZIR	32.01
6	Yosef Motaz Nazeh Moh. Elsa	13	GEZIR	32.07
7	Mohamed Ahmed Elghareb	13	TANTA	32.25
8	Yassin Tarek Khalaf	13	ZMALK	32.28
9	Ehab Esam Ahmed	13	ZMALK	32.33
10	Ahmed usama Mohamed	13	TRSAN	32.54

## Heat 13 of 21 Finals

1	Mohamed aly Mohamed Rizk	13	TANTA	31.81
2	Khalid Islam Mohamed	13	Stad Tanta	31.69
3	Marwan Mohamed Nabil	13	GHABA	31.64
4	Adam Sherif Ahmed Elmasry	13	GHABA	31.59
5	Adam Asharaf Ibrahim	13	GHABA	31.47
6	Zeyad Yaser Salama	13	ROYAL	31.51
7	Zeyad Ahmed Fath Ragab	13	TANTA	31.62
8	Ahmed Maged Amir	13	ZOHUR	31.67
9	Yaseen Sherif Mohamed	13	ENPPI	31.71
10	Youssef Mohamed Abd ElRah	13	HELDO	31.89

## Heat 14 of 21 Finals

1	Karim Hani al Morsi	13	SHOOT	31.42
2	Kerilleis Gourge Victor	13	GHABA	31.30
3	aly Tarek Abaza	13	HELOP	31.23
4	Mamdouh Yasser Talaat	13	AHLY	31.18
5	Nour EL Din Hesham	13	SHOOT	31.18
6	Ahmed Tamer Elhenawy	13	AHLY	31.18
7	Mostafa Moh. Ahm. Moh. Mo	13	GEZIR	31.23
8	Bilal Khaled Mohamed Hassa	13	Smouha	31.24
9	Mohamed Khaled El Demerd	13	MAADI	31.38
10	Mohamed Ayman Mamdoh H	13	TANTA	31.46

## Heat 15 of 21 Finals

1	Zeyad Hatem Ateya Abdalaty	13	Stad Tanta	31.11
2	Ibrahim Mostafa Ibrahim	13	ZMALK	31.04
3	Yassin Walid Helmy Mohamn	13	SHOOT	30.93
4	Mohamed Ashraf Mohamed	13	ZOHUR	30.83
5	Yousef Ahmed Mohamed	13	M.ARB	30.80
6	Ahmed Emad Abdel Maabouc	13	AHLY	30.81
7	Khaled Mohamed Maowafy	13	SHAR!	30.85
8	Aly Elden Kaled Mohamed	13	ZOHUR	30.96
9	Abdelrahman Mostafa Mahm	13	6 OCT	31.04
10	Moamen Mohamed Rashad	13	Sporting	31.14

## Heat 16 of 21 Finals

1	Zeiad Mohamed Ahmed	13	BNK.G	30.74
2	Abdelrahman Mohamed Saad	13	DEGLA	30.71
3	Bilal Mohamed Hilal Ibrahe	13	Smouha	30.65
4	Fouad Ahmed Fouad EL Hada	13	SHAMS	30.64
5	Malek Anwar Ahmed Elsaid	13	M.ARB	30.57
6	Mohamed Mohseen Said	13	ZMALK	30.61
7	Malek Haytham Mohamed	13	DEGLA	30.64
8	Sohaieb Ayman Samir	13	Canal El Suez	30.65
9	Hamza Moh. Khairy Samra	13	GEZIR	30.72
10	Ahmed Belal Tayseer Zaytoor	13	SHAMS	30.79

## Heat 17 of 21 Finals

1	Adam Karim Mohamed Al Tal	13	Canal El Suez	30.51
2	Seif Elden Mohsen Mohmed S	13	6 OCT	30.43
3	Omar Sherif Abd El Hamid	13	DEGLA	30.41
4	Tarek Tamer Ali Alettr	13	MAADI	30.33
5	Yassin Mohamed Attia	13	SHOOT	30.24
6	Mohamed Abd El Wahab Nab	13	AHRAM	30.28
7	Mohamed Wael Mohamed Mæ	13	ZOHUR	30.40
8	Abd El Rahman Mohamed Ab	13	Sporting	30.42
9	Karim Ashraf Ahmed	13	ZMALK	30.48
10	Ahmed Shazle Said	13	M.ARB	30.57

## Heat 18 of 21 Finals

1	Yousef Ahmed Ebrahim Elde	13	TANTA	30.20
2	Eyad Karam Okasha	13	DEGLA	29.88
3	Amar Yasser Mohamed Ahme	13	Smouha	29.86
4	Abie Mahmoud Soliman	13	SHAR!	29.83
5	Karim Magdy Mohamed	13	ZOHUR	29.76
6	Mohamed Sief EL Nasr	13	MRAC	29.76
7	Seif Ahmed Mohamed Abdelf	13	Smouha	29.86
8	Mohand Mostafa Hamdy	13	AHLY	29.87
9	Ahmed Ashraf Adel	13	ZOHUR	30.04
10	Begad Ahmed Hessin	13	GHABA	30.22

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

**Heat 19 Finals (#19 Boys 13 Year Olds 50 LC Meter Freestyle)**

1	Hazem Ahmed Reda Foaad	13	Smouha	29.68
2	Kareem Amr Aly Hasan Hassa	13	6 OCT	29.67
3	Yousef Mohamed Ahmed Bad	13	TANTA	29.63
4	Yassin Hytam Hossam Eldin	13	ZMALK	29.57
5	Abdallah Amr Abd El Azeim	13	SHOOT	29.45
6	Ahmed Allaa Eldin Ahmed Hu	13	AHLY	29.54
7	Omar Faysal Farag	13	AHLY	29.58
8	Mostafa Mohamed Mostafa	13	Cairo	29.65
9	Omar Ahmed Saber	13	DEGLA	29.67
10	Yousef Yasser Minesy	13	Sporting	29.69

**Heat 20 of 21 Finals**

1	Abd el hay Ashour	13	SHAMS	29.28
2	Yehia Eslam Farouk	13	AHLY	29.24
3	Eyad Ahmed Hessin	13	GHABA	29.08
4	Amr Mohamed Ebrahim Ebr	13	SHAMS	28.92
5	Ayad Hatem Fouad	13	ZMALK	28.11
6	Mostafa Ahmed Mostafa	13	Canal El Suez	28.12
7	Mazen Saied Gaber Ali	13	Smouha	29.03
8	Adam Amr Shawky	13	DEGLA	29.21
9	Mazen Ibrahim Ahmed	13	DEGLA	29.26
10	Mohamed Magdy Ali Ali Elbai	13	SHAMS	29.35

**Heat 21 of 21 Finals**

1	Yousif Mahmoud Mohammed	13	SHOOT	27.94
2	Seif Amr Mahmoud Alsokry	13	6 OCT	27.89
3	Abdel Rahman Ahmed Mosta	13	Canal El Suez	27.78
4	Zeyad Osama Zedan	13	Bank Ahly Alex	27.48
5	John Wael Nagy Mosad	13	HELDO	26.88
6	Islam Mohamed Nashaat	13	MAADI	27.33
7	Adm Ahmed Hamdy	13	Elethead	27.53
8	Ahmed Yaser Ahmed Mahmo	13	SHAMS	27.80
9	Omar Mohamed Abo Elmagd	13	SHAMS	27.92
10	Youssef Ahmed Shehata El Ga	13	SHOOT	28.02

**Event 20 Girls 11 Year Olds 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

3	Habiba Mustafa Hamdy Moha	11	Taleaa El Gish	NT
4	Bassant Hany Mohamed Red	11	GHABA	4:39.61
5	Sama Salah Eldin Mohmud M	11	Taleaa El Gish	4:32.32
6	Lama Walid Mostafa	11	GHABA	4:35.24
7	Ashrakat Mohamed Helmy Sf	11	TANTA	NT
8	Rokaya Ahmed Kamal Hassar	11	SHOOT	NT

**Heat 2 of 12 Finals**

1	Aseil Islam Mohammed	11	ENPPI	4:25.52
2	Sara Medhat Yossef	11	GHABA	4:22.18
3	Maria Eshaq Rezik	11	GHABA	4:20.46
4	Hana Hossam Kamal	11	GHABA	4:16.34
5	Lujaine Hany Hassan	11	GHABA	4:14.46
6	Habiba Mohamed ElSayed Za	11	ENPPI	4:15.39
7	Sandra Emad Onsy	11	RWAD	4:16.45
8	Jomana Mohamed ali	11	HLWAN	4:21.15
9	Haya Amr Moh. Mokbl Ezzat	11	GEZIR	4:22.19
10	Gomana Hosam Elashtokhy	11	TANTA	4:28.71

**Heat 3 of 12 Finals**

1	Laila Ahm. Abd Elmegid Radv	11	GEZIR	4:13.79
2	Lubna Haitham Mohsen	11	AHRAM	4:13.28
3	Somia Shiref Mohamed	11	SHAMS	4:11.08
4	Sama Gaseer Hussien	11	ZMALK	4:08.82
5	Habiba Ahmed Abdelsalam al	11	Taleaa El Gish	4:01.70
6	Malk Mohamed Effat	11	AHRAM	4:04.43
7	Jasmen Maged Magdy Abbas	11	Taleaa El Gish	4:10.29
8	Jomana Maged Magdy Abbas	11	Taleaa El Gish	4:12.07
9	Malk Amr Hassan	11	ENPPI	4:13.68
10	Rawan Ashraf Sayed Ameen	11	Taleaa El Gish	4:14.34

**Heat 4 of 12 Finals**

1	Hala Sherif Samir abd Elmoh:	11	Taleaa El Gish	4:01.16
2	Nour Omar Abdelfatah Omar	11	HELDO	3:58.74
3	Rokaia Ahmad Mohamad Mo:	11	Smouha	3:57.86
4	Hana Tamer Samy Mohamad	11	Smouha	3:57.38
5	Malak Mahmoud Saied Mahrr	11	SHAMS	3:55.71
6	Gana Mohamed Yhya	11	M.ARB	3:56.00
7	Habeba Waled Mahmud Shre	11	Smouha	3:57.58
8	Miral Hatem Mohamed Abdel	11	SHAMS	3:58.31
9	Ethar Ahmed Gamal	11	HELDO	3:59.46
10	Rahma Mahmed Abdel Hady	11	NASR	4:01.61

**Heat 5 of 12 Finals**

1	Sara Ahmed Kamal	11	AHRAM	3:55.68
2	Salma Saed Elsamadony	11	TANTA	3:54.84
3	Logina Ahmed Mostafa	11	Police Club	3:53.75
4	Gana Mahmoud Foad Mahmo	11	TANTA	3:52.65
5	Rawan Yahia	11	ZMALK	3:51.21
6	Hedaya Ahmed Nagy	11	GHABA	3:51.62
7	Gana Shabon Ahmed	11	Baladyat El Maha	3:53.64
8	Hana Mohamad Fathy Ebrahe	11	Smouha	3:54.69
9	Hanen Waled Mohamed	11	TRSAN	3:55.10
10	Dima Ahmed Abdulrahman	11	SHOOT	3:55.69

**Heat 6 of 12 Finals**

1	Nour Mohamed Gamal	11	ZMALK	3:49.88
2	Malak Mohamed abd Elmawl	11	TANTA	3:48.53
3	Gody Hatem Adel Osman	11	MAADI	3:47.67
4	Sama Islam	11	ZMALK	3:45.11
5	Roqaya Saad Mohamed	11	ZMALK	3:43.59
6	Gana Mohamed Mostafa	11	TANTA	3:45.05
7	Jana Wael Samir	11	NASR	3:46.95
8	Joumana Ahmed Mohamed A	11	SHOOT	3:47.99
9	Jana Esam Mohamad Abdelaz	11	Smouha	3:49.70
10	Nour Waleed Ezzat	11	TALBE	3:49.88

**Heat 7 of 12 Finals**

1	Yara Ahmed Abdelaziz	11	TALBE	3:42.21
2	Sohila Alaa Eldin Abd Elwaha	11	6 OCT	3:42.13
3	Nada Mohamed Saed Elshrbii	11	Gezira El Ward	3:41.91
4	Nisrena Mohamed Khalil	11	Cairo	3:41.16
5	Salma Mohamed Ibrahim Ib	11	SHAMS	3:39.46
6	Micale Ramy Guirguis	11	REHAB	3:40.28
7	Mariem Tamer Fathi	11	Cairo	3:41.17
8	Hana Amr Mohamed Taha	11	6 OCT	3:42.10
9	Ronzy Ahmed Shawky	11	Cairo	3:42.15
10	Miracle Ramy Guirguis	11	REHAB	3:42.47



## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

**Heat 8 Finals (#20 Girls 11 Year Olds 200 LC Meter Breaststroke)**

1	Malak Aseem Mohamed aly	11	ZMALK	3:38.90
2	Farah Hussein Ali Mohamd	11	6 OCT	3:37.77
3	Zeina Mohamed Abdel Moaez	11	AHLY	3:37.06
4	Farah Ahmed Emam	11	AHLY	3:36.61
5	Hanan Hassan Qassim	11	AHRAM	3:36.43
6	Sohaila Magdy Mahmoud Has	11	HELOP	3:36.47
7	Rokaya Emad Samir Hassan /	11	HELDO	3:37.02
8	Mariam Mohamed Fathy	11	DEGLA	3:37.30
9	Jannat Safwat Saleh	11	ZOHUR	3:38.53
10	Marem Mohamad Ebrahim E	11	Smouha	3:38.95

**Heat 9 of 12 Finals**

1	Yara Hesham Mohsen	11	AHLY	3:36.05
2	Zeina amr Mohammed	11	TALBE	3:35.35
3	Malk Jamal Mohamed	11	AHRAM	3:33.85
4	Hana Mohamed Asharaf Mak	11	SHAMS	3:33.36
5	Karima Mohamed Saied	11	DEGLA	3:33.08
6	Farah Osama Mohamed Azoz	11	DEGLA	3:33.09
7	Jana Mohamed Abd Elkariem	11	6 OCT	3:33.74
8	Zina Ahmed Medhat	11	AHLY	3:34.31
9	Hana Sameh Younes	11	El Temsah	3:35.47
10	Rahma Samira Mufawaboun	11	AHRAM	3:36.27

**Heat 10 of 12 Finals**

1	Farida Mostafa Ahmed Fathy	11	SHOOT	3:32.25
2	Loujin Reda Ebrahim Abd Ela	11	6 OCT	3:31.11
3	Salma Mohamed Elsaid Tanta	11	ZMALK	3:30.62
4	Saga Alaa Adel Ibrahim	11	SHOOT	3:28.73
5	Younna Hesham Mohsen	11	AHLY	3:28.14
6	Kinzy Yahia Mohamed Sameh	11	ENPPI	3:28.73
7	Hana Abd Elazem Matar	11	NASR	3:29.19
8	Sama Mohamed Shokry	11	Stad Mansoura	3:30.93
9	Malak Mostafa Mahmoud	11	Elethead	3:31.60
10	Nada Mohamed Magdy	11	Elethead	3:32.30

**Heat 11 of 12 Finals**

1	Gana Noaaman Samer	11	Al Hawar	3:27.93
2	Marim Mohamed Bakr	11	TRSAN	3:27.34
3	Jessica Girgis Wadea Thabet I	11	HELDO	3:26.28
4	Nazly Mohamed Elokda	11	SHOOT	3:23.94
5	Lana Bassem Hesham	11	Stad Mansoura	3:22.97
6	Masa Mostafa abd Elghany	11	TANTA	3:23.49
7	Lily Hany Mohamed	11	DEGLA	3:25.55
8	Lama Abu Bakr Ahmed	11	REHAB	3:27.12
9	Salma Waleed Raslan	11	Al Hawar	3:27.85
10	Ganna Sheref Mohamad Abde	11	Smouha	3:28.06

**Heat 12 of 12 Finals**

1	Mera Medhat Madbouly	11	AHLY	3:21.67
2	Lina Haythaim Hassan	11	DEGLA	3:19.99
3	Sagwa Khaled Mostafa Mahm	11	Bank Ahly Alex	3:18.82
4	Rawan Yossry Zaky Khalaf	11	SHAMS	3:18.63
5	Lara Amr Mahmoud Alsokka	11	6 OCT	3:06.97
6	Dana Rafik El Saady	11	DEGLA	3:13.17
7	Hlla Eslam Adel Yassin	11	AHLY	3:18.77
8	Noor Hassan Mohamed	11	AHRAM	3:19.98
9	Login Hossam Mohamed	11	DEGLA	3:21.05
10	Malak Ahmed Gamal al Shazl	11	SHOOT	3:21.87

**Event 21 Girls 12 Year Olds 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Finals**

1	Tasnem Ahmed Eltobgy	12	ELCTR	NT
2	Noura Ahmed Mohamed Abo	12	Taleaa El Gish	NT
3	Khadega Ahmed ali abd el Az	12	HELOP	3:59.88
4	Nour Alaa Ahmed	12	AHRAM	3:55.50
5	Farida Mohamed Ibrahim	12	TRSAN	3:50.30
6	Sarah Emad Naim	12	HELDO	3:51.32
7	Renad Wled Fathy	12	TRSAN	3:56.20
8	Marym Ahmed Moustafa	12	Taleaa El Gish	NT
9	Maya Ahmed Ragheb	12	Sporting	NT
10	Habiba Mohamed Mohsen	12	ELCTR	NT

**Heat 2 of 9 Finals**

1	Malak Ahmed Samir Farg	12	SHOOT	3:48.98
2	Gomana Abdelmonam Ghone	12	Taleaa El Gish	3:46.20
3	Jana Abdelmonaim Mohamec	12	ENPPI	3:44.87
4	Aishaa Mohamed Yossef	12	GHABA	3:43.93
5	Lama Khaled Mohamed	12	Gezira El Ward	3:42.21
6	Noura Ahmed Houssny Ahme	12	SHAMS	3:43.81
7	Basmala Blal Rafat	12	TRSAN	3:44.19
8	Haya Mostafa Husin Fathah	12	TANTA	3:45.29
9	Fatma Haitham AbdeLmotele	12	AHRAM	3:46.61
10	Salma Wael Ahmed Mohamec	12	ZOHUR	3:49.70

**Heat 3 of 9 Finals**

1	Salma Ahmed Ibrahim El Des	12	MAADI	3:40.96
2	Yassmin Khaled Kaml ElSayer	12	SHAMS	3:40.35
3	Aida Mohamed Saad Selim El	12	MAADI	3:37.42
4	Fatema Mohamed Othman M	12	6 OCT	3:36.92
5	Shaza Ahmed Abdel Razik	12	AHLY	3:36.18
6	Nada Mohamed Ahmed Kafal	12	ZMALK	3:36.46
7	Rinad Ahmed Farouk	12	ZMALK	3:37.34
8	Rawan Samer Abdelaleem	12	ENPPI	3:37.75
9	Maya Mohamed Omar	12	HELDO	3:40.84
10	Rawan Mostafa Gamal AL Din	12	RWAD	3:41.94

**Heat 4 of 9 Finals**

1	Hana el Sayed Ahmed el Saeic	12	Al Hawar	3:34.50
2	Hana Hany Elkholy	12	TANTA	3:32.57
3	Habeba Mohmed Bdr Nasser	12	6 OCT	3:30.80
4	Marym Soulyman Badea	12	6 OCT	3:29.35
5	Aroua Karam Khaled Ahmed	12	SHAMS	3:29.15
6	Gana amr Magdy	12	ZMALK	3:29.33
7	Zeina Waled Ahmed	12	SHOOT	3:29.55
8	Retaj Hany El Sayed	12	DEGLA	3:31.23
9	Shahd Gamaleldin Mahmod A	12	6 OCT	3:33.67
10	Sama Ahmed Hosny	12	HLWAN	3:34.71

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

**Heat 5 Finals (#21 Girls 12 Year Olds 200 LC Meter Breaststroke)**

1	Maya Ahmed Yasser Mohame	12	GHABA	3:28.92
2	Karma Tarek Mahmoud Elgar	12	SHOOT	3:28.28
3	Sara Amro Moh. Abd Elfatah	12	GEZIR	3:27.47
4	Malak Yasser Mohamed Abde	12	Stad Mansoura	3:27.18
5	Zeina Wael Abd Elmohsen	12	SHOOT	3:25.93
6	Malak Mohamed Mahmoud A	12	ZMALK	3:26.51
7	Serein Sherif Mahmoud	12	ZMALK	3:27.40
8	Gana Ahmed Mohamed	12	M.ARB	3:27.87
9	Jana Ahmed Saied	12	Cairo	3:28.34
10	Shorok Ayman Abd Elfatah El	12	NASR	3:29.04

**Heat 6 of 9 Finals**

1	Karma Mohamed Elwakiel	12	Smouha	3:24.65
2	Salma Sherif Mohamed Sayec	12	SHAMS	3:23.62
3	Sedra abd el aal Mohamed	12	ENPPI	3:23.05
4	Nour Allah Ahmed Fahmy	12	HLWAN	3:21.37
5	Jomana Hamdy Ameen	12	ZOHUR	3:20.55
6	Arwa Ayman Atif	12	AHLY	3:20.94
7	Gnah Mohamed Seed Elgaret	12	6 OCT	3:21.40
8	Lena Hany Mohamed	12	AHLY	3:23.42
9	Mera Ashraf Nazmy	12	Cairo	3:24.29
10	Nadya Moh. Methat Hassan A	12	GEZIR	3:25.26

**Heat 7 of 9 Finals**

1	Ziena Gasser Gamil	12	Cairo	3:20.35
2	Hala Ahmed Ismael	12	SHOOT	3:19.41
3	Dana Mohamed Mosaad	12	AHLY	3:18.71
4	Kanzy Waled Hamad	12	Smouha	3:17.89
5	Karma Ayman Abou Amera	12	Sporting	3:16.30
6	Malak Ali Atia	12	Smouha	3:17.20
7	Rodina Sharif Salah Eddin	12	AHRAM	3:18.70
8	Nada Hany Mohamed	12	HELDO	3:19.05
9	Malak Mohamed Fayek Elsav	12	Smouha	3:20.28
10	Rawnaa Taher Mahmoud	12	ZMALK	3:20.37

**Heat 8 of 9 Finals**

1	Souhaila Ehab Mohamed	12	ZMALK	3:15.52
2	Fatema Tamer Ahmed Sayed	12	DEGLA	3:15.01
3	Mariam Mohamed Soliman A	12	DEGLA	3:13.05
4	Yara Hussam Mohamed Saler	12	AHRAM	3:12.14
5	Mariam Hatem Anwar EL Sai	12	SHOOT	3:10.59
6	Hanya Haitham Hassan	12	Gezira El Ward	3:11.90
7	Habiba Essam Abdelkarim	12	DEGLA	3:12.55
8	Nour Amr Abd Ullah Fekry	12	SHOOT	3:14.07
9	Haya Mohamed Samir	12	AHLY	3:15.32
10	Jana Emad EL Gyoshy	12	DEGLA	3:15.96

**Heat 9 of 9 Finals**

1	Nour Mohamed aly el Sobky	12	DEGLA	3:10.46
2	Natally Hany Samir	12	GHABA	3:08.12
3	Basmala Ramdan Mostafa Mc	12	Bank Ahly Alex	3:07.04
4	Karma Shady Mohamed Sabr	12	HELOP	3:01.47
5	Gana Khaled Abdel-Wahed	12	AHLY	2:58.41
6	Malak Mohamed Nagy	12	Sporting	2:58.75
7	Hlla Khaled Diab	12	AHLY	3:02.72
8	Menat Allah Medhat abd el A:	12	Al Hawar	3:07.34
9	Marim aly Hasan Hegazy	12	TANTA	3:09.81
10	Farida Mohamed Tharwat	12	HELDO	3:10.49

**Event 22 Girls 13 Year Olds 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Finals**

4	Jana Shady Mohamed Said	13	ZOHUR	3:52.10
5	Shad Ashrf Abdelslam	13	Taleaa El Gish	3:45.43
6	Fatima Ibrahim Hussin	13	ZOHUR	3:48.70
7	Arwa ali	13	MAY15	NT

**Heat 2 of 8 Finals**

1	Jana Ehap Yossef	13	GHABA	3:38.06
2	Sama Ahmed Ali	13	AHLY	3:35.42
3	Malak Wael Hosny	13	TANTA	3:33.10
4	Tasabe Yousef Mohamed	13	TALBE	3:31.86
5	Shaza Abdallah Abraham	13	TALBE	3:30.75
6	Logyn Ismael Mohamed	13	TALBE	3:31.30
7	Farah Omer Mahmoud Samy	13	6 OCT	3:32.81
8	Habiba Ebrahim Mahmoud	13	Taleaa El Gish	3:34.07
9	Sama Tamer Maged Hassan	13	HELDO	3:35.75
10	Habiba Ahmed Elwy	13	SHOOT	3:43.24

**Heat 3 of 8 Finals**

1	Engy Mohamed Abd Elhamee	13	ZOHUR	3:28.16
2	Malak Yasser Mahmoud	13	ZMALK	3:27.88
3	Laila Alaa Abd ElFatah	13	SHAMS	3:26.23
4	Nour Mohamed Mohamed Ka	13	DEGLA	3:24.80
5	Doaa Haytham Elsaid	13	ZMALK	3:24.01
6	Jana Ahmed Gamal Eldin	13	SHOOT	3:24.48
7	Nordin Yasser Essam	13	GHABA	3:25.22
8	Lina Kaled Mohamed	13	AHRAM	3:27.26
9	Zena Shref Mohamed Ali	13	HELOP	3:27.94
10	Kanzy Essam Saed	13	GHABA	3:29.30

**Heat 4 of 8 Finals**

1	Bakinam Amr Abd El Monaer	13	MAADI	3:21.99
2	Roaa Abdelmonem Hmdy Abi	13	6 OCT	3:21.38
3	Salma Khaled Zaghloul	13	Baladyat El Maha	3:20.36
4	Farida Emad El din Fouad	13	DEGLA	3:20.22
5	Farida Ahmed Fouad	13	DEGLA	3:19.46
6	Nour Mohamed Mawad Arafa	13	SHAMS	3:20.18
7	Hend Shrif Abd Elrahman	13	NASR	3:20.25
8	Maya Hatem Fekry	13	AHLY	3:20.65
9	Lara Tamer Mohamed Abdell	13	Taleaa El Gish	3:21.84
10	Mariam Mohamed Aamer Moh	13	6 OCT	3:23.21

**Heat 5 of 8 Finals**

1	Maira Ahmed Esmat	13	AHLY	3:16.88
2	Salma Mahamed Abd Elrheer	13	SHOOT	3:16.39
3	Jana Yaser Mostafa	13	ENPPI	3:15.21
4	Malak Mohameda Hmed Hasl	13	Stad Mansoura	3:14.55
5	Jada Yaser Mostafa	13	ENPPI	3:14.02
6	Hana Mohamed Youssef Moh:	13	Smouha	3:14.16
7	Nour Amr Mah. Fouad Elguin	13	GEZIR	3:14.81
8	Hanan Ahmed Hussin	13	ZMALK	3:15.53
9	Arwa Mohamed Fkry	13	TALBE	3:16.64
10	Aya Osama Ahmed	13	DEGLA	3:16.97

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 30-03-2019 Morning

**Heat 6 Finals (#22 Girls 13 Year Olds 200 LC Meter Breaststroke)**

1	Gody Wael Abdelfatah Khal	13	TANTA	3:12.85
2	Rneem Ashrf Slaheldeen Ame	13	6 OCT	3:11.75
3	Farida Mohamed Ahmed El O	13	SHOOT	3:10.99
4	Ganna Mohamed Mahmoud	13	AHLY	3:08.17
5	Jana Hossam Mohamed Emar	13	DEGLA	3:06.90
6	Minna Mohamed Yousry	13	ZMALK	3:07.96
7	Kholoud Abdelfatah Ali Abde	13	Smouha	3:09.08
8	Jana Ashraf Mohamed Gaber	13	Olympic	3:11.57
9	Gana Ibrahim Abdalla	13	TALBE	3:11.93
10	Jumana Hussein Ramzy	13	TALBE	3:13.31

**Heat 7 of 8 Finals**

1	Joumana Haytham Mohassen	13	AHRAM	3:06.19
2	Fareda Ahmed Khalel	13	DEGLA	3:04.44
3	Alia Ahmed Soka	13	Sporting	3:03.44
4	Julie Akram Ahmed	13	AHLY	3:03.27
5	Maryem abd Elfttah Mohame	13	Stad Mansoura	3:03.14
6	Basant Ayman Mohamed Abc	13	6 OCT	3:03.17
7	Alia Khaled Abas Sabaa	13	HELOP	3:03.41
8	Yasmin Hosam EL Den Abd E	13	HELOP	3:04.29
9	Sama Ahmed Taha abd Elhali	13	Stad Mansoura	3:04.78
10	Sarah Karim Mohamed Galal	13	Smouha	3:06.24

**Heat 8 of 8 Finals**

1	Rowida Ayman Mohamed	13	TALBE	3:01.04
2	Mirna Sameh Shawky Mostaf	13	HELDO	2:59.93
3	Mariam Mohamed Ahmed Ko	13	Smouha	2:58.29
4	Salma Mohmed Abdelazeem	13	6 OCT	2:55.44
5	Nadine Mohmed Mohmed An	13	6 OCT	2:51.59
6	Farida Ahmed Ibrahim	13	GHABA	2:53.37
7	Goudy Mohamed Ahmed	13	AHLY	2:56.26
8	Basmala Tarek Mahmoud	13	TRSAN	2:59.24
9	Shahd Ahmed Safwat	13	Cairo	3:00.84
10	Sarah Hatem Mohamed Abda	13	DEGLA	3:02.17