

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

## Event 1 Girls 11 Year Olds 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 21 Finals</b>				
2	Marim Tarek Sayed	11	NASR	1:14.74
3	Sara Medhat Yossef	11	GHABA	1:00.00
4	Fatma Ebrahim Elshabrawy	11	SHARK	58.43
5	Malak Basem Hassan Embaby	11	TWFIK	57.99
6	Sohaila Mohamed Said	11	MRAC	58.39
7	Lama Walid Mostafa	11	GHABA	59.26
8	Goda Ramy Faraq	11	M.S Tagamoa	1:00.79
9	Hanna Mohamed Mansour	11	ELCTR	NT
<b>Heat 2 of 21 Finals</b>				
1	Malak Ahm. Elshahat Moh. R	11	GEZIR	57.79
2	Habiba Hamdy Ahmed	11	RWAD	56.96
3	Maleka Shrif Hany Moh. Aly F	11	GEZIR	56.40
4	Retaj Mohamed Mostafa Sade	11	Taleaa El Gish	55.97
5	Roqia Ahmed Hassan Moham	11	Taleaa El Gish	55.72
6	Maryam Algbaly	11	Baladyat El Maha	55.88
7	Mariam Maher AL Said	11	RWAD	56.03
8	Samah Eslam Mousad	11	Al Shekh Zaeid	56.86
9	Zainab al Sayed Hussein	11	Nasr City	57.29
10	Hana Ahmed Esaa	11	Al Shekh Zaeid	57.96
<b>Heat 3 of 21 Finals</b>				
1	Maia Ahmed Hassun Ahmed	11	Taleaa El Gish	55.58
2	Noor Mohamed Ahmed Elsay	11	HELDO	54.43
3	Malak Khaled Darwiesh	11	MAADI	54.32
4	Demi Ahmed Fahmy Marwan	11	Nasr City	54.17
5	Ann Mohamed Samhan	11	TWFIK	53.57
6	Yassmin Ahmed Ali	11	RWAD	53.62
7	Lubna Haitham Mohsen	11	AHRAM	54.19
8	Farida Ramy Mahmoud Magd	11	HELDO	54.37
9	Malak Khaled Ahmed	11	NASR	54.61
10	Zena Tamer Sayd	11	M.ARB	55.71
<b>Heat 4 of 21 Finals</b>				
1	Fabiola Emad Atteya Abdel Sl	11	HELDO	53.02
2	Logain Madhat Ahmed	11	MAY15	52.77
3	Kanzy Mohamed Magd	11	M.ARB	52.33
4	Jana Sameh Mahmoud Hassa	11	A S E C	52.07
5	Farida Ahm. Aly Ahm. Shkeeb	11	GEZIR	51.49
6	Mariam Ashraf Shokry	11	RWAD	51.58
7	Jana Ahmed Ali	11	GHABA	52.31
8	Marim Monier Malaak	11	SHARK	52.55
9	Gloria Joseph George Mikhail	11	HELDO	52.81
10	Donna Nader Emile Barsome	11	HELDO	53.25
<b>Heat 5 of 21 Finals</b>				
1	Sama Ahmed Mohamed	11	TAGAM	50.80
2	Login Sameh Elhashemy	11	SHARK	50.36
3	Leila Mohamed Abdel Raouf	11	TWFIK	50.32
4	Habiba Ayman Rshad	11	MAY15	50.06
5	Rana Emad Hamed Mohamec	11	RWAD	49.97
6	Hager Mohamed abd al Aleen	11	Taleaa El Gish	49.98
7	Gamela Raouf	11	Baladyat El Maha	50.10
8	Sana Wael El-Saeed Ahmed	11	ENPPI	50.35
9	Sara Mohamed Bogdady	11	TRSAN	50.55
10	Lily Osama Mostafa Mohahm	11	A S E C	51.08

## Heat 6 of 21 Finals

1	Lina Ahmed Abdel Halim	11	AHRAM	49.89
2	Malak Hossam Riad	11	MAY15	49.77
3	Farah Fady Gamil Mahros	11	TANTA	49.72
4	Marim Amr Mohamed	11	SHARK	49.63
5	Meran Mohamed abd Elsame	11	TRSAN	49.53
6	Karma Mohamed Ahmed	11	Cairo	49.53
7	Malak Mohamed Ibrahim Mo	11	Gezira El Ward	49.68
8	Hana Tarek Mostafa	11	ENPPI	49.75
9	Gomana Hosam Elashtokhy	11	TANTA	49.80
10	Jana Ahmed Nagar	11	NASR	49.94

## Heat 7 of 21 Finals

1	Miracle Ramy Guirguis	11	REHAB	49.47
2	Salma Ehab Atef	11	REHAB	49.27
3	Gana Mohammed Saad	11	TALBE	49.21
4	Hapepa Mohamed Helmy	11	M.ARB	49.15
5	Hala Tarek Asim Mohamed	11	Nasr City	49.07
6	Yara Ahmed Abdelaziz	11	TALBE	49.13
7	Menna Allah Mohamed Saleh	11	M.S Tagamoa	49.17
8	Hana Amr Mohamed Taha	11	6 OCT	49.22
9	Hana Tahir Mohamed Ali	11	TWFIK	49.31
10	Almas Maged Mohamed	11	HLWAN	49.48

## Heat 8 of 21 Finals

1	Malk Mohamed Effat	11	AHRAM	48.94
2	Salma Ahmed Morsi Ahmed M	11	6 OCT	48.76
3	Zena Ashraf Mohamed Ebrah	11	TANTA	48.61
4	Basmala Abdou Abdel-Twab	11	MAY15	48.52
5	Joudy Amgad ez Aldin	11	El Temsah	48.41
6	Goudy Esmail Adel	11	HELOP	48.52
7	Hanin Waleed Mostafa	11	ENPPI	48.56
8	Salma Belal Mokhtar	11	MAY15	48.62
9	Hana Hany Mohamed Salah E	11	6 OCT	48.86
10	Aya Mohsen	11	Cairo	49.04

## Heat 9 of 21 Finals

1	Lele Mostafa Mohamed	11	TRSAN	48.40
2	Malak Amir Mostafa	11	RWAD	48.28
3	Rahma Hatem	11	TALBE	48.20
4	Login Hossam Eldin Tageldin	11	SHARK	48.02
5	Ganaa Mohamed Shehata	11	Al Shekh Zaeid	47.59
6	Malak Islam Gamal Abdelhan	11	SHAMS	47.68
7	Salma Atta Abdallah	11	HLWAN	48.09
8	Amira Ahmed Mohamed	11	GHABA	48.25
9	Jana Mohamed Abdeltawab	11	HLWAN	48.32
10	Mariam Kareem Salah AL Din	11	RWAD	48.41

## Heat 10 of 21 Finals

1	Rawda Mohamed Abou Zeid	11	Elethead	47.55
2	Marim Magdy Mohamed	11	TRSAN	47.41
3	Malak Hassan abu Sheashea	11	Stad Mansoura	47.30
4	Habiba Mohamed Zaki	11	HLWAN	47.12
5	Malak Basem Ali	11	REHAB	46.91
6	Zena Nabel Mohamed	11	Baladyat El Maha	47.03
7	Khadeja Osama Hussien	11	Cairo	47.20
8	Malak Amr Mohamed Fahim	11	SHOOT	47.34
9	Nawara Ashraf Abdo	11	AHRAM	47.41
10	Carla Riemon abd el Malek B	11	Taleaa El Gish	47.59

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

**Heat 11 Finals (#1 Girls 11 Year Olds 50 LC Meter Backstroke)**

1	Malak Hesham Ibrahim	11	ZOHUR	46.84
2	Logen Ahmed Atwa	11	Gezira El Ward	46.78
3	Banou Sherif ElMasry	11	REHAB	46.62
4	Malak Reda Mohamed Soror	11	Taleaa El Gish	46.58
5	Gody Mohamed Esmail	11	ENPPI	46.28
6	Farah Hussein Ali Mohamd	11	6 OCT	46.30
7	Lama Abu Bakr Ahmed	11	REHAB	46.61
8	Jana Mostafa Hassan	11	ZOHUR	46.76
9	Khadija Moustafa Mohamed	11	MAADI	46.78
10	Malak Mohamed Ahmed Moh	11	MRAC	46.89

**Heat 12 of 21 Finals**

1	Nada Amr Mohamed ElGhare	11	HELDO	46.00
2	Haidy Alla Eldin Hamdy	11	AHLY	45.66
3	Gannat Fathy Mohamed	11	GHABA	45.65
4	Mayar Raauf Mohamed	11	Al Shehk Zaeid	45.42
5	Donya Ahmed aly Yousef	11	TANTA	45.35
6	Jenviave Micheal Ibraheim	11	Taleaa El Gish	45.39
7	Jana Mohamed Mohsen Nass	11	Stad Mansoura	45.48
8	Haya Samir Mohamed	11	Nasr City	45.66
9	Yasmin Amr Nagib Mahmoud	11	HELOP	45.92
10	Karen Gourage Victor	11	GHABA	46.04

**Heat 13 of 21 Finals**

1	Jana Samir Mohamed Moham	11	NASR	45.31
2	Lojain Mahmoud Fouad Abd	11	SHOOT	45.26
3	Hala Mohamed Mohsen Nasa	11	Stad Mansoura	45.08
4	Zina Mahmoud Shaban	11	El Temsah	45.03
5	Hana Mohamed Safwat	11	Cairo	45.00
6	Malak Mohamed Hassan	11	ZMALK	45.00
7	Hania Mohamed Asem	11	ENPPI	45.06
8	Habiba Hossam Abdraboh Al	11	SHAMS	45.09
9	Tasnem Ehab abd Elrazek	11	Cairo	45.31
10	Rawan Mohamed Saleh Mohr	11	SHAMS	45.33

**Heat 14 of 21 Finals**

1	Habiba Mohamed Nashaat Al	11	HELDO	44.89
2	Rokaia Ayman Mohamed Mağ	11	ZOHUR	44.85
3	Mariam Fawzy Farouk	11	ZOHUR	44.62
4	Kinzy Yahia Mohamed Sameh	11	ENPPI	44.50
5	Salma Mohamed Hamdy	11	Gezira El Ward	44.46
6	Laila Hossam Eldin	11	ENPPI	44.47
7	Salma Mohamed Saeed	11	AHRAM	44.53
8	Lina Mohamed Ramadan Ahr	11	6 OCT	44.64
9	Lojain Tarek Esmail	11	HELOP	44.89
10	Rokaya Hussein Mohamed	11	AHLY	44.96

**Heat 15 of 21 Finals**

1	Rawan Yahia	11	ZMALK	44.38
2	Gana Ehab Rezk	11	TALBE	44.21
3	Salma Ahmed Elsaeed	11	ZMALK	44.08
4	Loujaen Ahmed Abd Al Halen	11	SHOOT	43.98
5	Nigar Mosa Mohamed	11	HLWAN	43.93
6	Zeina Amr Hussein	11	AHLY	43.93
7	Hanin Saeed	11	ZMALK	44.01
8	Malk Mohammed Rafaat	11	El Temsah	44.20
9	Jana Maged Amir	11	ZOHUR	44.32
10	Nansy Gamal Moustafa	11	TALBE	44.45

**Heat 16 of 21 Finals**

1	Jomana Nader Faruk Moham	11	Smouha	43.89
2	Lili Ezzat Fawzi Ahm. Elgama	11	GEZIR	43.53
3	Hana Mohamed Ezzat Taha	11	HELOP	43.33
4	Logain Ahmed Hamdy	11	AHRAM	43.15
5	Shahd Hassan Gamal	11	Cairo	43.11
6	Shahd Abdelhammid Elsaid	11	Stad Mansoura	43.14
7	Mariam Taha Mohamed Adel	11	ZOHUR	43.22
8	Saga Alaa Adel Ibrahim	11	SHOOT	43.44
9	Mayar Sherif Mohamed	11	Elethad	43.78
10	Yara Tamer Saed Mohamed	11	6 OCT	43.92

**Heat 17 of 21 Finals**

1	Malak Ahmed Ragab Fathy	11	DEGLA	43.08
2	Mariam Ebrahim Mohamed F	11	HELOP	43.02
3	Hana Nabil Ahmed	11	Cairo	42.82
4	Nour Mohamad Hassan Moha	11	Smouha	42.78
5	Sherien Bassiony	11	TALBE	42.75
6	Joanna Waleed Shanan	11	MAADI	42.76
7	Masa Mostafa abd Elghany	11	TANTA	42.79
8	Gana Allaelidin Mohamed	11	SHAMS	42.89
9	Marim Amr Mohamed	11	NASR	43.05
10	Zeina amr Mohammed	11	TALBE	43.09

**Heat 18 of 21 Finals**

1	Laila Waled EL Shahat Mans	11	HELOP	42.54
2	Sara Tamer Farouk Sayed	11	MAADI	42.41
3	Saba Ahmed Elshabrawy	11	AHLY	42.33
4	Mayroz Mohamed abd Elsalai	11	TANTA	42.00
5	Hala Aboser	11	Baladyat El Maha	41.93
6	Habeba Aly Ahmed Ibrahim	11	Olympic	41.98
7	Fayruz Hussien Hanfy Baker	11	SHAMS	42.22
8	Yara Ahmad Nageb Ahmad Al	11	Smouha	42.33
9	Malak Saher Samy	11	HLWAN	42.42
10	Farida Mostafa Ahmed Fathy	11	SHOOT	42.65

**Heat 19 of 21 Finals**

1	Sadan Khaled Mostafa Mahm	11	Bank Ahly Alex	41.64
2	Lana Bassem Hesham	11	Stad Mansoura	41.53
3	Noor Hassan Mohamed	11	AHRAM	41.48
4	Yasmin Khaled Abdelraoof	11	ZMALK	41.35
5	Logien Osama Mohamed Mağ	11	SHAMS	41.24
6	Gana amr Shahen	11	ZMALK	41.28
7	Menatallah Galal Samir	11	ZMALK	41.38
8	Hour een Samer Elsaied Shab	11	Smouha	41.50
9	Malak Yasser Abdellatif	11	Sporting	41.62
10	Norai Mohamed Galal	11	SHOOT	41.87

**Heat 20 of 21 Finals**

1	Mariam Yasser Mohamed	11	DEGLA	40.97
2	Rokan Tamer Ismail	11	SHOOT	40.74
3	Lina Haythaim Hassan	11	DEGLA	40.70
4	Salma Khaled Mohamed	11	DEGLA	40.54
5	Nancy Mostafa Ibrahiem Moh	11	SHAMS	40.49
6	Habiba Shady Mohamed	11	DEGLA	40.51
7	Karol Sameh Mahros	11	Y.M.C.A	40.59
8	Yasmen Naser Esmael Mohan	11	Smouha	40.73
9	Hlla Eslam Adel Yassin	11	AHLY	40.79
10	Eman Mohamad Abdelmohse	11	Smouha	41.03

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

## Heat 21 Finals (#1 Girls 11 Year Olds 50 LC Meter Backstroke)

1	Arwa Mohamed Elsayed	11	AHLY	40.13
2	Fatma Magdi Mostafa	11	HLWAN	39.59
3	Haya Mohamed Mahmoud	11	DEGLA	38.99
4	Maya Abdelaziz Zakaria	11	AHLY	38.34
5	Zeina Ahmed Medhat	11	ZOHUR	37.46
6	Hala Amr	11	GHABA	37.75
7	Habeba Mohamad SaeydShat	11	Smouha	38.76
8	Mennatallah Tamer Fawzy	11	DEGLA	39.30
9	Joudy Khaled Saied Ismail	11	Olympic	39.83
10	Habeba Ahmed Mohamed Abc	11	HELOP	40.39

## Event 2 Girls 12 Year Olds 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 14 Finals

1	Judy Tarek Youssef	12	Taleaa El Gish	NT
2	Gomana Hesham Mohamed	12	ELCTR	NT
3	Ahd Aly Abd Elfatah	12	Taleaa El Gish	NT
4	Habiba Mohamed AL Said	12	RWAD	54.59
5	Sama Samey	12	TALBE	52.01
6	Nada Khaled Mohamed	12	Nasr City	53.27
7	Marem Aly Adley	12	Al Shehk Zaeid	58.35
8	Sama Mohamed Elsayah	12	Smouha	NT
9	Rowan Wael Abdel Fattah	12	M.S.D	NT

## Heat 2 of 14 Finals

1	Nanse Nader Kamal	12	M.ARB	51.74
2	Malk Mamdouh El Salahe	12	ZOHUR	51.22
3	Mariam Mohamed Nabil	12	MAY15	50.02
4	Jana Mohamed el Saeed	12	Nasr City	49.28
5	Malak Ahmed Abdallah	12	RWAD	48.94
6	Noor Hussein Mohamed	12	AHRAM	49.07
7	Jana Ahmed Farouk Ahmed	12	HELDO	49.49
8	Rodaina Mohamed Ahmed	12	AHRAM	50.48
9	Mirola Maged Yousry	12	TALBE	51.63
10	Bassant Wael Hussien Kamel	12	MAADI	51.79

## Heat 3 of 14 Finals

1	Gameela Mohamed el Saeed	12	Nasr City	48.72
2	Nour Ahmed Kamel Abdelhar	12	TANTA	48.64
3	Goody Mohamed Yousry	12	Taleaa El Gish	48.40
4	Hafsah Ehab Hassan	12	AHRAM	47.86
5	Farida Mohamed Ibrahim	12	TRSAN	47.64
6	Farah Ismail Abd Elhady	12	Police Club	47.76
7	Nada Ehab Arafa	12	Cairo	48.04
8	Mariam Ahmed Hassan	12	ZOHUR	48.48
9	Mirna Khaled f	12	TALBE	48.67
10	Shrin Ahmed Abdelkader	12	SHARK	48.76

## Heat 4 of 14 Finals

1	Lily Ashraf Mohammed Adel	12	ZOHUR	47.50
2	Rana Rami Said	12	Taleaa El Gish	47.18
3	Hana Mohamed Saber	12	TALBE	46.94
4	Goody Hassan Mohamed	12	AHRAM	46.82
5	Yasmin Osama Yehya	12	AHRAM	46.21
6	Sherym Omar Mohamed Hus	12	Nasr City	46.68
7	Jana Tamer Saied	12	ENPPI	46.94
8	Marim Mrwan Fathy	12	Taleaa El Gish	47.10
9	Aynour Mohamed Adel Abdelr	12	TANTA	47.39
10	Mayar Hossam El Deen Saad	12	ZOHUR	47.59

## Heat 5 of 14 Finals

1	Jana Saber Hussein	12	TALBE	45.95
2	Goudy Waled Mohamed Mah	12	HELOP	45.70
3	Nahla Mohsen Fayek	12	AHRAM	45.43
4	Salma Mohamed Ahmed	12	ENPPI	45.18
5	Rawan Hisham Mahmoud	12	TRSAN	44.81
6	Fareda Ahmed Esmael	12	TANTA	45.07
7	Nada Ahmed ElSayed	12	REHAB	45.38
8	Gana Omar Ahmed	12	Mansheit Naser	45.47
9	Beardy Emad Talaat	12	Beni Suef Club	45.73
10	Renad Khaled	12	Cairo	46.05

## Heat 6 of 14 Finals

1	Salma Shref Hussan	12	MAY15	44.69
2	Farah Ahmed Abd Elaziz	12	ZOHUR	44.63
3	Habeba Mohamed Saleh Mhn	12	6 OCT	44.29
4	Khadija Ibrahim Abdelhamid	12	Al Shehk Zaeid	44.17
5	Salma Sameh Abd ElAziz	12	SHAMS	44.06
6	Farah Waled Ibrahim	12	TALBE	44.12
7	Sagda Hassan Mohamed	12	TALBE	44.29
8	Karouleen Mgdey Gaad Geyd	12	6 OCT	44.59
9	Caddy Ahmed Elmohandes	12	Cairo	44.63
10	Sarah Ahmed Farouk	12	AHRAM	44.79

## Heat 7 of 14 Finals

1	Fatema Mohamed Othman M	12	6 OCT	43.65
2	Mariem Mohamed abd Elmaso	12	Cairo	43.41
3	Farida amr Mohamed Farg	12	SHOOT	43.34
4	Allaa Hazem Abd Elshkour	12	SHOOT	43.22
5	Jana Tarek Wagdy Ali	12	GHABA	42.96
6	Marim Mahmoud Mohamed	12	NASR	43.20
7	Eveline Hani Nabil Merham	12	HELDO	43.27
8	Iten Tamer Fahmy Abdo Most	12	GEZIR	43.34
9	Jomana Haitham Gamil	12	SHOOT	43.55
10	Maya Ahmed Yasser Mohame	12	GHABA	43.82

## Heat 8 of 14 Finals

1	Karma Mohamed Elwakiel	12	Smouha	42.72
2	Maya Mostafa Salah	12	SHOOT	42.52
3	Menna Ahmed Ibrahim Mahr	12	Stad Mansoura	42.42
4	Salma Mohamed Zedan	12	M.ARB	42.31
5	Rozan Louay Khalel	12	ENPPI	42.21
6	Sara Amin Soliman Mabrouk	12	GHABA	42.29
7	Jana Osama Attia	12	MAY15	42.33
8	Shahd Abdalla Mohamed Ami	12	GHABA	42.42
9	Ziena Gasser Gamil	12	Cairo	42.71
10	Jana Tamer Ahmaed	12	ENPPI	42.85

## Heat 9 of 14 Finals

1	Shahd Ahmed Fouad	12	ZMALK	41.82
2	Slma Kreem Ahmed Abdelftal	12	6 OCT	41.73
3	Sama Amr Nouser	12	HELOP	41.60
4	Malak Amir Mohamed Eisa	12	GHABA	41.56
5	Saga Mohamed Elhawy	12	TANTA	41.11
6	Hala Mohamed Salah Eldin	12	SHOOT	41.27
7	Maya Ahmed Ragheb	12	Sporting	41.57
8	Nadin Soliman Mohamed	12	AHLY	41.66
9	Rofaida Khaled Hussein	12	AHLY	41.75
10	Judy Amr Yehya	12	DEGLA	41.92

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

**Heat 10 Finals (#2 Girls 12 Year Olds 50 LC Meter Backstroke)**

1	Mariam Emad Gad Hossny	12	SHAMS	41.07
2	Gana Yamin Mohipeldin	12	ZMALK	40.85
3	Lojain Ebrahim Yossef	12	GHABA	40.67
4	Passant Ahmed Farouk	12	ZOHUR	40.48
5	Khadiga Mohsen Abdel Waha	12	RWAD	40.29
6	Yomna Hesham Mhmoud Hss	12	6 OCT	40.42
7	Jody Hany	12	DEGLA	40.52
8	Salma Ahmed Moustafa	12	ZMALK	40.77
9	Menna Abd Elkhalk Mahran /	12	ZOHUR	40.90
10	Malak Moustafa Ahmed	12	ENPPI	41.11

**Heat 11 of 14 Finals**

1	Hana Mohamed Hasaan	12	ZMALK	40.15
2	Zenia Ahmed Saied Kandil	12	HELOP	40.02
3	Mariam Hany Hammam	12	Sporting	39.88
4	Kissma Abd ElRahman Saeid	12	SHAMS	39.62
5	Hana Zakrya	12	Baladyat El Maha	39.52
6	Rofayda Mohamed Emam	12	ZMALK	39.54
7	Yasmine Ahmed Aly Attia	12	HELDO	39.77
8	Nour Nader Hamdy	12	DEGLA	39.94
9	Jana Serag Mahmoud	12	Nasr City	40.07
10	Salma Mohamed Ezzat Moha	12	DEGLA	40.24

**Heat 12 of 14 Finals**

1	Habiba Mahmoud Moustafa	12	AHLY	39.38
2	Goudy Ahmed Hanafy	12	AHLY	39.27
3	Sama Mohamed Dahy	12	Nasr City	39.08
4	Hana Tarek Yehia	12	AHLY	38.88
5	Malak Ahmed Eisa	12	GHABA	38.58
6	Sama Karm Nasr Mohamed	12	SHAMS	38.82
7	Mayar Yaseer Hasan	12	ZMALK	38.91
8	Loujein Amr Kalel Ebrahim	12	6 OCT	39.26
9	Joudy Moahmed Hamdy	12	Smouha	39.28
10	Khadega abd el Azez Glal	12	HELOP	39.44

**Heat 13 of 14 Finals**

1	Roqaya Ashraf Ezzeldeen	12	M.S Tagamoa	38.03
2	Mariam Emad Mohamed Zoh	12	HELDO	37.94
3	Dana Mohamed Mosaad	12	AHLY	37.78
4	Laila Tarek Mostafa	12	DEGLA	37.49
5	Shahd Ahmed Ismail Moham	12	Olympic	37.22
6	Gana Mohammed Ahmed Saf	12	Gezira El Ward	37.28
7	Mennat Allah Fawaz abd Ellat	12	SHOOT	37.55
8	Habiba Fawzy Mostafa	12	NASR	37.86
9	Gana Ashraf Abdelgwad Yos	12	Bank Ahly Alex	37.94
10	Leen Hossam Mansour	12	Cairo	38.41

**Heat 14 of 14 Finals**

1	Amina Alaa Elhamouly	12	Sporting	37.00
2	Login Ebrahim Khlil	12	Taleaa El Gish	36.92
3	Zeina Essam Ali Mamdouh	12	HELDO	36.32
4	hla Mohamed Nanousg	12	TANTA	35.49
5	Sara Waled Mahmoud	12	HELOP	32.88
6	Na'eela Wael Elagroudy	12	Sporting	33.97
7	Ganna Safwat Salah	12	AHLY	35.84
8	Fatma Osama Fahmy	12	ZMALK	36.78
9	Habiba Wael Farg	12	SHOOT	36.94
10	Jassmin Mohamed Abdel Kad	12	DEGLA	37.10

**Event 3 Girls 13 Year Olds 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 13 Finals**

4	Jana Fathy Salim Abbas	13	Taleaa El Gish	NT
5	Jumana Moataz Abu Bakre	13	Taleaa El Gish	57.96
6	Shahd Ashraf Abdalla Ali	13	Taleaa El Gish	NT

**Heat 2 of 13 Finals**

1	Rahma Mohamed Ebraheem	13	Cairo	53.88
2	Gamila Ahmed Sayed	13	HLWAN	50.55
3	Judy Adel Mohammady	13	Taleaa El Gish	50.22
4	Yasmen Ayman Abd el Haleer	13	RWAD	49.62
5	Lela Tamer Fawzy	13	Al Shehk Zaeid	48.10
6	Hana Rame Safwat	13	Al Shehk Zaeid	48.45
7	Lojin Mohamedf Mostafa	13	SHOOT	50.00
8	Farah Okasha Mohamed	13	HLWAN	50.27
9	Maram Ahmed Hamdy Atya	13	NASR	51.71

**Heat 3 of 13 Finals**

1	Zenab Mohamed Gomaa	13	HLWAN	47.84
2	Goudy Omar Attia	13	GHABA	47.52
3	Joudy Mohamed Sabry Sedeil	13	SHAMS	46.95
4	Malak Samir Mahmoud Desoi	13	MAY15	46.85
5	Sagda Amr Fekre	13	SHOOT	46.79
6	Malak Ahmed Mohmed Yahia	13	AHRAM	46.83
7	Hana Heisham Youssef Abd E	13	SHAMS	46.92
8	Rawan Mohamed Nasr	13	MAY15	47.02
9	Malak Ahmed Mosa	13	HLWAN	47.53
10	Zeina Alamin Abdelmonem	13	6 OCT	47.92

**Heat 4 of 13 Finals**

1	Sarah Taher Mohamed Ali	13	TWFIK	46.50
2	Gana Mohamed Alseese	13	Raas El Bar Club	46.28
3	Malak Medhat Moustafa	13	M.S Tagamoa	45.93
4	Zeinab Mahmoud Saeid Mahr	13	SHAMS	45.63
5	Jory Mohamed Hamed	13	TANTA	44.73
6	Waad Salah ELdin Waheed Sa	13	HELDO	45.53
7	Merna Mohamed Yehea	13	NASR	45.68
8	Hayat Yaaser Azmy	13	ENPPI	46.26
9	Jana Ame Mohamed Mohame	13	M.S Tagamoa	46.34
10	Yara Hany Mohamed Moham	13	RWAD	46.56

**Heat 5 of 13 Finals**

1	Habeba Omar Sobhi	13	HELOP	44.68
2	Malak Mohamed Mamdouh	13	ZMALK	44.60
3	Nour Ayman eid Abdlehamid	13	HLWAN	44.46
4	Jody Ashraf Fathy	13	TRSAN	43.99
5	Mariem Ahmed Hamed	13	Cairo	43.86
6	Joumana Samy Mahmoud	13	AHRAM	43.86
7	Basmala Ashraf Gamal	13	Cairo	44.13
8	Amina Mohamed Ahmed Saei	13	HELOP	44.51
9	Samar Salah Mostafa	13	ZOHUR	44.62
10	Sama Mohamed Elhady	13	HLWAN	44.73

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

**Heat 6 Finals (#3 Girls 13 Year Olds 50 LC Meter Backstroke)**

1	Lara Mostafa Mohamed Isma	13	HELDO	43.69
2	Jana Mohamed Saad	13	ZMALK	43.33
3	Khadija Anwar Sherif Ahmed	13	MAADI	42.62
4	Sara Mohamed Hassan	13	GHABA	42.26
5	Malak Mohamed Yehia	13	HELOP	41.95
6	Nour Mohamed Abdelkarim	13	ZMALK	42.19
7	Sama Khaled Mahmoud	13	ZMALK	42.33
8	Rana Mostafa Fadel	13	TALBE	42.75
9	Jana Ahmed Sadeek	13	ZMALK	43.36
10	Mariam Ahmed Saeed Abdell	13	ZMALK	43.76

**Heat 7 of 13 Finals**

1	Lojain Ibrahim Mohamed Wal	13	6 OCT	41.54
2	Shahd Elsyed Elmansy	13	TANTA	41.32
3	Marim Mahmoud Sayed Abba	13	Taleaa El Gish	40.89
4	Hager Sameh Yoseef	13	ZOHUR	40.67
5	Jana Mohamed Ismail	13	ZOHUR	40.57
6	Nordin Yasser Essam	13	GHABA	40.63
7	Sara Osama Tawfik	13	M.ARB	40.87
8	Kanzy Essam Saed	13	GHABA	41.17
9	Lojien Ayman Ali	13	SHAMS	41.40
10	Hana Amro Azone	13	HELOP	41.76

**Heat 8 of 13 Finals**

1	Noran Waleed Mohamed	13	M.ARB	40.48
2	Maira Ahmed Esmat	13	AHLY	40.06
3	Yara Tamer Ahmed Mgdy	13	6 OCT	39.95
4	Salma Ahmed Sayed	13	ZOHUR	39.68
5	Gamila Mohamed Anwar	13	AHLY	39.34
6	Yasmin Hussein Mohamed	13	ZOHUR	39.39
7	Sara Ismail Sarwat	13	HELOP	39.71
8	Menatallah Mohamed Aly	13	6 OCT	40.02
9	Retag Mohamed Ragab	13	ZMALK	40.15
10	Farah Same Mostafa Ahmed	13	M.ARB	40.52

**Heat 9 of 13 Finals**

1	Mariam Mohammed abd Elaz	13	MAY15	39.25
2	Nour Amr Mah. Fouad Elguin	13	GEZIR	39.19
3	Khadiga Mohamed Rafaat	13	AHLY	39.07
4	Jana Hisham Mohamed	13	Cairo	38.96
5	Eman Tarik Mohamed Sallah	13	Smouha	38.85
6	Sandra ElGamal Moh. Sayd M	13	GEZIR	38.86
7	Nour Elsabah Ahmed Amer	13	AHLY	39.05
8	Belissia Mamdouh Gaber	13	HELDO	39.16
9	Kenzy Moustafa Younis Abd E	13	SHOOT	39.22
10	Joudy Magdy Abbas	13	Olympic	39.32

**Heat 10 of 13 Finals**

1	Zena Nader Galal Moh. Basha	13	GEZIR	38.74
2	Nada Haatem Nagaty	13	HELOP	38.62
3	Rana Ahmed Mahmoud Tawf	13	SHOOT	38.09
4	Rawan Osama Mehana	13	DEGLA	37.75
5	Login Hazem Tallat	13	AHLY	37.60
6	Yasmin Yasser Khalil Abdella	13	6 OCT	37.69
7	Malak Sameh Mostafa	13	Gezira El Ward	38.00
8	Basant Mohamed Mahros	13	Al Shehk Zaeid	38.41
9	Hour Amgad Al Baeia	13	Raas El Bar Club	38.73
10	Menat Allah Abdel Hamed So	13	M.ARB	38.79

**Heat 11 of 13 Finals**

1	Berihan Reda El Shazly	13	DEGLA	37.36
2	Jowayreya Mohamed Saad H	13	Olympic	37.25
3	Karma aly Elsheraee	13	HELOP	36.86
4	Rawan Sherif El Saied	13	TAGAM	36.68
5	Joudy Mohamed Osama	13	DEGLA	36.60
6	Yasmen Ahmed Basim	13	Sporting	36.63
7	Aya Bassam Heikal Abdel Har	13	SHOOT	36.80
8	Amal Mohamed Farouk	13	Al Hawar	36.98
9	Habeba Amro Mah. Daba	13	GEZIR	37.31
10	Donya Zakrya Mohamed	13	TRSAN	37.43

**Heat 12 of 13 Finals**

1	Nahed Ayman Hasan Moham	13	TANTA	36.37
2	Jana Ahmed Atyia	13	6 OCT	36.28
3	Mariam Sherif Mohamed Sha	13	MAADI	36.19
4	Malak Adel abd Elal	13	Al Hawar	35.89
5	Kenzy Tamer Ahmed Abdelh	13	Smouha	35.69
6	Nada Tamer Hany	13	MAADI	35.82
7	Fatma Mohamed Hamed	13	Canal El Suez	35.90
8	Rokaia Gamal Mohamed	13	AHLY	36.25
9	Ritag Ehab Sayed Mohamed	13	SHAMS	36.35
10	Jana Sherif Kamal	13	DEGLA	36.41

**Heat 13 of 13 Finals**

1	Mana Mohamed Alashkar	13	TALBE	35.23
2	Sama Gehad Mohamed	13	TWFIK	34.90
3	Shimaa Mohamed Hussien	13	TALBE	34.76
4	Delara Khaled Ahmed Mohan	13	Olympic	33.71
5	Kenzy Mohamed el Sebaey	13	Cairo	33.19
6	Rofaida Mahmoud Mohamed	13	DEGLA	33.68
7	Aisha Ahmed Khaled	13	AHLY	34.75
8	Hagar Mohamed Ibrahim Ab	13	Smouha	34.88
9	Mariam Omran Ahmed Moha	13	SHOOT	34.99
10	Jomana Wael Awadallah	13	DEGLA	35.59

**Event 4 Boys 11 Year Olds 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 22 Finals</b>				
4	Mohammed Ibrahim Salman	11	El Temsah	NT
5	Moaaz Mohamed Hashim	11	Raas El Bar Club	NT
6	Adham Mostafa Ibrahim	11	El Temsah	NT
<b>Heat 2 of 22 Finals</b>				
1	Mohab Ahmed Dourgham	11	Raas El Bar Club	NT
2	Mohamed Hossam Ebrahim /	11	Raas El Bar Club	NT
3	Yousef Ibrahim Mohamed	11	ELCTR	NT
4	Abdelrahman Ayman Moham	11	ENPPI	3:44.89
5	Marwan Ayman Usama	11	ZOHUR	3:28.26
6	Saif Eldin Ayman Elsayed Aw	11	Taleaa El Gish	3:29.82
7	Adam Tamer Fouad Elsayed /	11	HELDO	NT
8	Yassin Adel Ramzy	11	El Temsah	NT
9	Ahmed Mohamed Hamdy Aln	11	Raas El Bar Club	NT
10	Ahmed Ayman Mohamed	11	ELCTR	NT

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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## Heat 3 Finals (#4 Boys 11 Year Olds 200 LC Meter Freestyle)

1	Mazen Ahmed Salam	11	ENPPI	3:24.58
2	Hamza Mohamed Abdelmone	11	Taleaa El Gish	3:22.52
3	Ahmed Abdelazim Saleh	11	Taleaa El Gish	3:20.95
4	Yasuin Basem Saeyd	11	ENPPI	3:16.86
5	Omar Mohamed Hazem	11	Police Club	3:14.71
6	Mostafa Sayed Hashem Sayed	11	Taleaa El Gish	3:15.78
7	Abdalahman Mahmoud Amin	11	Taleaa El Gish	3:17.32
8	Fady John Nagy Fahmy	11	Taleaa El Gish	3:22.22
9	Fahd Mahmoud Yahia	11	HLWAN	3:22.60
10	Ahmed Mohamed Abdelfatah	11	SHARK	3:26.00

## Heat 4 of 22 Finals

1	Ahmed Hashem Bdrt	11	Nasr City	3:14.05
2	Marwan Tamer El Sayed	11	ZOHUR	3:13.09
3	Mohmed Mostafa Moktar	11	Cairo	3:11.59
4	Mohmed Salha Elden	11	Cairo	3:10.09
5	Khaled Mostafa Hassan	11	HLWAN	3:09.23
6	Mostafa Mahmoud Nasr Eldir	11	AHRAM	3:09.70
7	Yasen Hagres Ahmed	11	Baladyat El Maha	3:11.50
8	Mahmoud Mohamed Mohsen	11	ZOHUR	3:11.77
9	Dafid Adel Nazmy	11	SHARK	3:13.53
10	Adham Hany Ahmed	11	A S E C	3:14.52

## Heat 5 of 22 Finals

1	Mohamed Osama Abdelhame	11	M.S Tagamoa	3:07.98
2	Saif Khalid Abdul Aziz	11	AHRAM	3:06.99
3	Nagy Ahmed Nagy Aly Aly	11	HELDO	3:05.08
4	abd Elrahman Sayed Moham	11	TRSAN	3:03.95
5	Mazin Mohamed Ahmed Aba:	11	ENPPI	3:02.90
6	Mazen Mohamed Mostafa	11	SHARK	3:03.92
7	Ali Amen	11	Baladyat El Maha	3:04.78
8	Marwan Mohamed Mansour	11	AHRAM	3:06.53
9	Mohamed Ahmed Bahy Eldai	11	TRSAN	3:07.82
10	Islam Ahmed Sayed	11	REHAB	3:08.05

## Heat 6 of 22 Finals

1	Marwan Mahmoud Mostafa	11	AHRAM	3:02.42
2	Ziad Shreif Mahmoud	11	NASR	3:02.23
3	Mohamed Mostafa Esmail	11	SHARK	3:01.71
4	Marawan Waleed Mohamede	11	RWAD	3:01.09
5	Ahmed Mohamed Abdelhame	11	TRSAN	2:59.69
6	Omar Ahmed Mohamed Gaba	11	RWAD	3:00.19
7	Youssef Mohamed Ahmed Mal	11	M.S Tagamoa	3:01.49
8	Yassin amr Mostafa	11	TRSAN	3:02.20
9	Mohamed Rafe3 El Sayed Rar	11	A S E C	3:02.25
10	Abdalla amr abd Elkhaleq	11	M.ARB	3:02.45

## Heat 7 of 22 Finals

1	Abdul Rahman Khaled el Mel	11	Sporting	2:58.73
2	Mohamed Hany Mohamed Ez	11	GHABA	2:57.97
3	Omar Mohamedmohmd Elsay	11	GHABA	2:57.76
4	Omar Mostafa Ahmed Mostaf	11	RWAD	2:57.55
5	Tarek Ahmed Tarek	11	HELOP	2:57.36
6	Adam Mohamed Abd Elfatah	11	ZOHUR	2:57.41
7	Eyad Ahmed Adel	11	GHABA	2:57.73
8	Amer Ehab Mohamed	11	MAY15	2:57.93
9	Mostafa Hesham Fatehy	11	Nasr City	2:58.40
10	Kamal Magdy Kamal Ahmed	11	Elethead	2:59.35

## Heat 8 of 22 Finals

1	Abd Alla Yehia Saiedd EL Ahl	11	HELOP	2:57.04
2	Mohamed Bakry Kaaed Abd I	11	MAADI	2:56.19
3	Tarek Amir	11	HELOP	2:55.69
4	Yossef Mohamed Hassan	11	GHABA	2:55.37
5	Omar Abd EL Razek Kamal	11	RWAD	2:54.88
6	Seif Ahmed Hussein	11	HLWAN	2:55.28
7	Eyad Mohamed Mansor	11	Elethead	2:55.55
8	Mazen Mohmed Adly	11	ENPPI	2:56.05
9	Mohamed Hassan Abd El Wal	11	MAADI	2:56.79
10	Karim Ebrahim Shaaban	11	GHABA	2:57.22

## Heat 9 of 22 Finals

1	Abdelrahman Frid Shawki	11	REHAB	2:53.53
2	Adham Osama	11	MAY15	2:53.49
3	Youssef Fato Moustafa	11	NASR	2:52.94
4	Abdelrahman Mohamed Abd	11	Elethead	2:52.88
5	Abdallah Ahmed Mahmoud	11	RWAD	2:52.78
6	Abd Elrahman Mazen Moharr	11	6 OCT	2:52.78
7	Ahmed Nabil Mohamed Shlto	11	TANTA	2:52.90
8	Yossef Mohamed Ahmed Faw	11	TANTA	2:53.07
9	Hazem Mohamed Hesen Sola	11	Bank Ahly Alex	2:53.51
10	Yassin Hossam Eldin Farouk	11	Taleaa El Gish	2:54.76

## Heat 10 of 22 Finals

1	Eyad Abd-elrethem Baioumy	11	Mansheit Naser	2:52.33
2	Bara abd Alwahab Mosa	11	TANTA	2:52.02
3	Youssef Shams Elden Gaber	11	A S E C	2:50.42
4	Fahd Hassan Hasanin	11	ZMALK	2:50.00
5	Omar Mohamed Tawfek	11	Al Hawar	2:49.73
6	Hamza Mohamed Ebrahim Fa	11	TANTA	2:49.97
7	Abdelrahman Hany Shaker El	11	Smouha	2:50.32
8	Mohab Hossam Farouk Moha	11	Elethead	2:51.96
9	Omar Tamer Issa	11	RWAD	2:52.23
10	Adel Khaled Gougou	11	Sporting	2:52.40

## Heat 11 of 22 Finals

1	Mohamed Walid Hosny Ahme	11	MAADI	2:49.37
2	Mohamed El Saeed Atia Moha	11	6 OCT	2:49.11
3	amr Khaled	11	TALBE	2:48.95
4	Yousief Ahmed Yousief	11	Cairo	2:48.80
5	Hussein Mohamed Tolba	11	AHRAM	2:48.74
6	Abd Allah Ahmed Abd El Aziz	11	MAADI	2:48.79
7	Yehya Karem Mamdoh Ahme	11	Gezira El Ward	2:48.85
8	Mohand Ahmed Maher	11	NASR	2:49.00
9	Yassin Alaa Zaki	11	GHABA	2:49.18
10	Mohamed Alaa Mouhsen	11	ZMALK	2:49.58

## Heat 12 of 22 Finals

1	Badr Eldeen Harby	11	TALBE	2:48.50
2	Yassin Mohamed Ahmed	11	HLWAN	2:48.26
3	Mohamad Abdelkader Badye	11	Smouha	2:48.21
4	Abdullah Mahmoud Mohamn	11	REHAB	2:47.98
5	Youssef Tarek Abdo Diab	11	SHOOT	2:47.91
6	Ahmed Sameh Mohamed Em:	11	HELOP	2:47.93
7	Omar Ahmed abd Elbary	11	Nasr City	2:48.15
8	Hazem Hussin Ahmed	11	HLWAN	2:48.22
9	Hamza Medhat Edris Helmy I	11	HELDO	2:48.46
10	Ibrahim Moh. Abd Elaziz Glal	11	GEZIR	2:48.72

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**Heat 13 Finals (#4 Boys 11 Year Olds 200 LC Meter Freestyle)**

1	Faris Mohamed Mohamed Fa	11	6 OCT	2:47.73
2	Mohab Wala Eldin Osama	11	TANTA	2:47.24
3	Mahmoud Mohamed Ahmed	11	NASR	2:46.98
4	Ahmed Tamer Shafek	11	TRSAN	2:46.93
5	Amer Ahmad Elsayed Awad	11	Smouha	2:46.44
6	Mahmoud Osama Mohamed	11	SHOOT	2:46.69
7	Eyad Hany Mohamed	11	SHARK	2:46.98
8	Hassan Ahmed Ehab Wahby	11	HELOP	2:47.04
9	Omar Tamer Mohamed Eltayl	11	Bank Ahly Alex	2:47.36
10	Omar Mohamad Ali Ebrahim	11	Smouha	2:47.79

**Heat 14 of 22 Finals**

1	Sameir Moataz Bellah	11	TALBE	2:45.92
2	Adam Ali Hassan Ahmed	11	SHOOT	2:45.82
3	Mahmoud Ahmed Mohamed	11	Bank Ahly Alex	2:45.44
4	Ziad Ayman Mamon	11	Cairo	2:45.26
5	Yassein Waleed Elsayed	11	TALBE	2:44.90
6	Abdelrahman Mohamed Saie	11	Olympic	2:45.20
7	Eyad Ahmed Saad Hasn	11	TANTA	2:45.32
8	Amaar Elsayd abd Elshafy	11	TANTA	2:45.72
9	Abdelrahman Mahmoud Moh	11	SHAMS	2:45.84
10	Anas Haythm Mohamad Elsa	11	Smouha	2:46.18

**Heat 15 of 22 Finals**

1	Mohamed Aboelazm Maghaw	11	6 OCT	2:44.30
2	Mohamed Amin Abd Elsatat	11	NASR	2:44.17
3	Yassin Youssef Mohamed Elsl	11	Olympic	2:43.63
4	Mazen Ahmed Abdallah Saad	11	SHAMS	2:43.48
5	Yousef Mohamed Awad	11	Stad Mansoura	2:43.38
6	Hossam Ahmed Mohamed Ga	11	Bank Ahly Alex	2:43.46
7	Noureddin Ayman Hussien	11	ZMALK	2:43.61
8	Omar Shiref Abd el Mounem	11	SHAMS	2:44.02
9	Mostafa Ahmed Mostafa	11	TALBE	2:44.17
10	Youssef Amr Yasseen Mady	11	GEZIR	2:44.59

**Heat 16 of 22 Finals**

1	Zyad Ibrahim Mohamed	11	HELDO	2:42.83
2	Omar amr Helmy	11	El Temsah	2:42.53
3	Ail Gamal Mohamed Hassan F	11	TWFIK	2:42.07
4	Abdelrahman Mohamed Ashr	11	Stad Mansoura	2:41.64
5	Mohamed Ahmed Ibrahim Sa	11	Olympic	2:41.43
6	Tiam Mohamed Saad	11	Stad Mansoura	2:41.47
7	Hatem el Ameer Salah el din	11	Al Hawar	2:42.03
8	Yassin Belal Mohamed Moha	11	Olympic	2:42.35
9	Selim Shrif Osama Helmy Mo	11	GEZIR	2:42.74
10	Omar Abdelaziz Hussein	11	TALBE	2:43.14

**Heat 17 of 22 Finals**

1	Mohamed Wael Ibrahim Desc	11	TWFIK	2:41.35
2	Adham Mahmoud Sayed	11	AHLY	2:41.21
3	Adham Shady Mohsen El Hab	11	ZOHUR	2:40.80
4	Ziad Ayman Mamoun	11	ZMALK	2:40.78
5	Karim Nader Mohamed Tawf	11	MAADI	2:40.40
6	Omer Ahmed Abo Bakr	11	SHOOT	2:40.47
7	Ahmad Ehab Ebrahim Abdel	11	Smouha	2:40.79
8	Youssef Yasser Farouk Hassa	11	Sporting	2:40.96
9	Ibrahim Bahaaeldin Ibrahim	11	Olympic	2:41.25
10	Hassan Ahmed Mohamed Ess	11	HELOP	2:41.36

**Heat 18 of 22 Finals**

1	Selim Moh. Foad Hamdy	11	GEZIR	2:40.08
2	Basel Sameh Mohamed	11	AHRAM	2:40.02
3	Sherief Reda Metwaally	11	ZOHUR	2:39.79
4	Mohamed Amr Abd El Monae	11	MAADI	2:39.56
5	Abdala Mdhat	11	Baladyat El Maha	2:38.99
6	Mohamed Ashraf Safwat	11	ZMALK	2:39.14
7	Yehia Ahmed Mohamed Adel	11	AHLY	2:39.66
8	Aly Amr Eissa	11	AHLY	2:39.79
9	Ahmed Walid Shobhy	11	Stad Mansoura	2:40.02
10	Hady Mohamed Sabry	11	ENPPI	2:40.31

**Heat 19 of 22 Finals**

1	Mahmoud Hossam El din Mal	11	SHOOT	2:38.65
2	Ahmed Tamer Abass Ahmed	11	SHAMS	2:38.17
3	Ahmed Maged Ghoureib	11	DEGLA	2:38.12
4	Ziad Rafik Mahmoud	11	Stad Mansoura	2:37.77
5	Karim Mohamed Sharaf	11	Stad Mansoura	2:37.44
6	Ali Ehab Ahmed Mohamed	11	SHAMS	2:37.65
7	Ahmed Mohamed Abdel Sala	11	HELDO	2:38.01
8	Yousief Mohamed aly	11	ZMALK	2:38.13
9	Hamza Hazem Moneb	11	Cairo	2:38.30
10	Ziaad Hisham Hassan	11	El Temsah	2:38.75

**Heat 20 of 22 Finals**

1	Hasan Mohamed Hasan	11	NASR	2:37.30
2	Ahmed Samir Mohamed	11	AHRAM	2:37.16
3	Ahmed Mohamed Kaowd	11	Baladyat El Maha	2:36.80
4	Abd Allah Tamer Abd El Raao	11	MAADI	2:36.65
5	Ahmed Waleed abd Elhady	11	TALBE	2:36.32
6	Malek Haythm Mohamad Elsa	11	Smouha	2:36.53
7	Mahmoud Hassan Mohamed	11	SHAMS	2:36.72
8	Belal Mohamed Fouad Rama	11	Olympic	2:37.14
9	Abdel Rahman Wael Karam	11	DEGLA	2:37.17
10	Shrif Ahm. Zaky Ibrahim Zed	11	GEZIR	2:37.33

**Heat 21 of 22 Finals**

1	A.Rahman Mohamed Salem	11	DEGLA	2:34.92
2	Yasin Mossa Moh. Faghr Eldir	11	GEZIR	2:34.76
3	Mazen Mostafa Asfoor	11	ZOHUR	2:33.63
4	Omar Wahed Ibrahim Awad	11	RWAD	2:33.22
5	Mohamed Adel Yossif	11	NASR	2:33.01
6	Mohamed Osama Fekry	11	DEGLA	2:33.08
7	Omar Taher Allam	11	Stad Mansoura	2:33.60
8	Karim Hesham Moh. Fakry Al	11	GEZIR	2:34.40
9	Yehia Salah El Din Galal	11	DEGLA	2:34.90
10	Hamza Khaled Mohamed Ahr	11	Olympic	2:36.27

**Heat 22 of 22 Finals**

1	Hazem Hossam Nady	11	DEGLA	2:31.69
2	Omar Ahmed Emad	11	SHOOT	2:31.01
3	Yahia Hazim Husieen	11	ZMALK	2:30.78
4	Mohamed Khaled Mohamed l	11	SHOOT	2:28.62
5	Omar Mohamed Hassan	11	AHLY	2:23.53
6	Anas Mostafa Shaker	11	DEGLA	2:27.20
7	Ibrahim Shams Eldin Moham	11	AHLY	2:29.80
8	Fares Karm Refaay	11	AHLY	2:30.97
9	Zeyad Mohamed Elsayed	11	Sporting	2:31.06
10	Khaled Mohamed Samir	11	AHLY	2:32.55

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

## Event 5 Boys 12 Year Olds 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 20 Finals</b>				
4	Ahmed Abdelaziz Kmal	12	Taleaa El Gish	NT
5	Yassien Mostafa Mahmoud	12	Taleaa El Gish	NT
6	Adhm Mahmoud Sliman	12	ELCTR	NT
<b>Heat 2 of 20 Finals</b>				
1	Karim Tamer Nabil	12	ELCTR	NT
2	Yousef Mohamed Gaafar	12	Raas El Bar Club	NT
3	Abdelrahman Mohamed Sam	12	Taleaa El Gish	NT
4	Ahmed Adel Eldomyate	12	ELCTR	NT
5	Basem Aehab Mohamed	12	Canal El Suez	NT
6	Taemor Khaled Elsaid Abd El	12	GEZIR	NT
7	Safy Mohamed Lotfy	12	Taleaa El Gish	NT
8	Seif Mohamed Al Mansoury	12	Raas El Bar Club	NT
9	Marawan Osamaa Mohamed	12	Taleaa El Gish	NT
<b>Heat 3 of 20 Finals</b>				
1	Ahmed Mohsen Abd Elaal	12	ELCTR	NT
2	Adam Elsaaid Slama	12	Raas El Bar Club	NT
3	Ahmed Moataz Salah Eldin M	12	HELDO	3:32.60
4	Mohamed Mostafa Mohamed	12	RWAD	3:06.71
5	Zyed Shreif Ebrahim	12	Taleaa El Gish	3:03.54
6	Ahmed Hesham Mahmoud	12	AHRAM	3:03.79
7	Yousif Hassan Mohamed Has	12	HLWAN	3:07.93
8	Amar Mohamed Ahmed Solin	12	ELCTR	NT
9	Mostafa Magdy abd Elrhim	12	ELCTR	NT
10	Adam Amr Al Daadaa	12	Raas El Bar Club	NT
<b>Heat 4 of 20 Finals</b>				
1	Omar Mohamed Youssef	12	RWAD	3:01.37
2	Yousif Bahaa Saied	12	El Obour	2:58.50
3	Mazaen Ebrahim Mohamed	12	MAY15	2:56.69
4	Mohamed Emad Hamdy	12	AHRAM	2:54.56
5	Mahmoud Ahmed Kamal	12	AHRAM	2:52.54
6	Eyad Said Ahmed Rashwan	12	GHABA	2:53.81
7	Mohamed Tarek Mohamed	12	HLWAN	2:56.14
8	Gourge Asaad Saad Ya'koub	12	RWAD	2:58.46
9	Abdelrahman Hamdy Abdelg	12	HELDO	2:58.64
10	Youssef Asaad Saad Ya'koub	12	RWAD	3:01.45
<b>Heat 5 of 20 Finals</b>				
1	Hussein Saaed Ahmed	12	TALBE	2:51.41
2	Adham Mohamed Farouk	12	AHRAM	2:50.90
3	Omar Yasser abd Azyz	12	Nasr City	2:49.25
4	Ziaad Ahmed Zaki	12	NASR	2:49.01
5	Eyad Sameh Sayed Mohamed	12	GHABA	2:48.16
6	Marwan Mahmoud abd Alrah	12	MAY15	2:48.94
7	Aly Moh. Khaled Aly Moh. Yos	12	GEZIR	2:49.19
8	Seif Mohamed Alsiedy	12	Raas El Bar Club	2:49.47
9	Salman Khaled Saber Kamel	12	RWAD	2:51.38
10	Andrew Ehab Gerges Mikhail	12	HELDO	2:52.50

## Heat 6 of 20 Finals

1	Mazen Waleed Mosaad	12	Al Hawar	2:46.64
2	Ramy Maged Gorge Amanuel	12	GHABA	2:46.20
3	Moaaz Hassan Kamel	12	NASR	2:45.78
4	Mohamed Zayed	12	Baladyat El Maha	2:45.15
5	Mazen Mohamed Mohamady	12	NASR	2:44.18
6	Ahmed Mohamed Ahmed Mo	12	ENPPI	2:45.11
7	Marwan Hany Moustafa Tork	12	MAADI	2:45.24
8	Hassan Abdel Naser	12	ROYAL	2:46.02
9	Hamza Mohamed Sofy	12	Al Shehk Zaeid	2:46.21
10	Keven Shrif Mekael Nageb M	12	GEZIR	2:48.05

## Heat 7 of 20 Finals

1	Adam Abdo Hosny Nawar	12	Gezira El Ward	2:43.97
2	Yousef Reda Saad Elhefnawy	12	Stad Mansoura	2:43.75
3	Eyad Mohamed Sayed	12	MAY15	2:42.73
4	Adam Sameh Saaeb	12	HELOP	2:42.17
5	Khaled Tamer Mohamed	12	TALBE	2:42.12
6	Mohamed Tawfek Abdel Ghar	12	TALBE	2:42.15
7	Youssef Tarek Mohamed	12	Nasr City	2:42.21
8	Ryad Samy Abdel Haleem	12	TALBE	2:43.27
9	Ziad Akram Hamdy Mohame	12	NASR	2:43.83
10	Moaaz Atef Al Shabrawy Ahm	12	RWAD	2:44.04

## Heat 8 of 20 Finals

1	Ahmed Mohmed Tamer	12	Cairo	2:41.57
2	Ahmed Abdelghany Bedair Al	12	TRSAN	2:41.35
3	Shady Ahmed Samy Kamel	12	ZOHUR	2:40.00
4	Anas Mohamed Mohamed	12	Al Shehk Zaeid	2:39.61
5	Youssef Salah	12	Police Club	2:39.45
6	Aly Magdy Eid Shehata	12	NASR	2:39.49
7	Ahmed Fathey Elghandour	12	Canal El Suez	2:39.85
8	Adam Ahmed Salah Mostafa	12	GHABA	2:40.43
9	Tarek Ahmed el Ghareb Moh	12	Stad Mansoura	2:41.43
10	Marwan Mohamed Mamdoh l	12	Stad Mansoura	2:41.62

## Heat 9 of 20 Finals

1	Yousef Khaled Mohamed Shre	12	HELOP	2:39.31
2	Byjad Zakariy	12	ENPPI	2:39.17
3	Ammar Ahmed Mohamed Ab	12	Stad Mansoura	2:39.02
4	Yosuif Tamer Ebrahim	12	GHABA	2:38.85
5	Ahmed Mohamed Elzawawy	12	TANTA	2:38.68
6	Abdalaa Esam Abdalaa Aley	12	6 OCT	2:38.75
7	Mohamed Tarek Mohamed Sa	12	Smouha	2:39.02
8	Mazen Said Alaraby Mohame	12	6 OCT	2:39.09
9	Saif Eldin Sherif Ahmed	12	TRSAN	2:39.21
10	Mohamed Elshazly	12	Baladyat El Maha	2:39.36

## Heat 10 of 20 Finals

1	Mohamed Emad Ahmed Most	12	Smouha	2:38.31
2	Ahmed Mohamed usama	12	TRSAN	2:38.03
3	Anas Ahmed Refaat	12	NASR	2:37.94
4	Seif Mohamed el Khawanky	12	ENPPI	2:37.37
5	Omar Mohamed Fawzy Tawfe	12	TALBE	2:36.67
6	Yehia Samer Wafek	12	HELOP	2:37.34
7	Ahmed Ashraf Mohamed Mor	12	GHABA	2:37.78
8	Youssef Hesham Ali Emam	12	Taleaa El Gish	2:37.96
9	Omar Shref el Motamer Moh	12	HELOP	2:38.26
10	Hasan Mohamed Abdelrazik	12	Raas El Bar Club	2:38.56



## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

## Heat 11 Finals (#5 Boys 12 Year Olds 200 LC Meter Freestyle)

1	Waleed Ahmed Mohamed ga	12	Gezira El Ward	2:36.64
2	Omar Elbyaa	12	Baladyat El Maha	2:36.18
3	Seif ezz el din abd el Kawey	12	SHOOT	2:36.17
4	Abdlrhman Ayman Salah Else	12	HELDO	2:36.12
5	Hosam Mahmoud Ahmed Abi	12	Al Hawar	2:35.87
6	Shehab Sherif Rashed	12	TRSAN	2:36.11
7	Kareem Ahmed Shousha	12	ZOHUR	2:36.13
8	Gaser Moatz Fahem	12	Cairo	2:36.18
9	Karim Osama Ibrahim Abd El	12	MAADI	2:36.55
10	amr Mohamed Ebrahim Weh	12	HLWAN	2:36.64

## Heat 12 of 20 Finals

1	Ali Mostafa Ahmed	12	ZOHUR	2:35.83
2	Malek Sherif Hayaty	12	Sporting	2:35.09
3	Shams Eldin Shady Amer	12	TANTA	2:34.92
4	Momeen Emad aly Hassan	12	ZMALK	2:34.73
5	Moaaz Ahmed Mohamed Ahn	12	NASR	2:34.51
6	Mohamed Esam ali	12	TRSAN	2:34.68
7	Yousef Gamal Khalel	12	TALBE	2:34.87
8	Malek Maged Mohamed	12	ZOHUR	2:35.00
9	Omar Waleed AlQabary	12	Sporting	2:35.57
10	Yaasen Mohamed Abdelhame	12	ENPPI	2:35.85

## Heat 13 of 20 Finals

1	Omar Tarek Saleh	12	Sporting	2:34.37
2	Abdel Rahman Mohamed Mo	12	RWAD	2:34.20
3	Ahmed Tamer Farouk Abd el	12	SHAMS	2:34.12
4	Mohamed Nasr Ahmed	12	MAY15	2:33.95
5	Ahmed Tamer Fathy Helmy	12	Gezira El Ward	2:33.84
6	Yassin Ahmed Othman	12	Sporting	2:33.84
7	Hamza Thrwat Kamal Mohan	12	Smouha	2:34.06
8	Moaaz Mohamed Abdo	12	ZMALK	2:34.16
9	Eyad Hossam Eldin Zakzouk	12	Sporting	2:34.29
10	Mazen Hesham Hamdy Rash	12	6 OCT	2:34.44

## Heat 14 of 20 Finals

1	Yousif Mohamed gad	12	HLWAN	2:33.36
2	Abdullah Mostafa Mahmoud	12	SHAMS	2:33.10
3	Ibrahim Helin Ibrahim	12	ZMALK	2:32.89
4	Omar Hany Mohamed Samir	12	SHOOT	2:32.65
5	Hmad Fouad Karam	12	TRSAN	2:32.31
6	Moustafa Mohamed Amarah	12	Sporting	2:32.47
7	Ahmed Ehab Seyam	12	TANTA	2:32.88
8	Ahmed Tamer Rabea	12	SHOOT	2:32.98
9	Seif Elden Osama Darwesh	12	TANTA	2:33.33
10	ali Mohamed ali	12	HLWAN	2:33.67

## Heat 15 of 20 Finals

1	Zeyad Khaled abd Elmonem	12	TANTA	2:31.81
2	Omar Hossam Mohsen	12	DEGLA	2:31.59
3	Adham Bareaa Abdel Ghany	12	AHLY	2:31.46
4	Ziad Talaat Haroun	12	DEGLA	2:31.08
5	Marwan Mohamed Hamed	12	Cairo	2:30.73
6	Hamza Muhammed Abd el Ae	12	AHRAM	2:31.00
7	Aly Eldin Ahmed Ibrahim	12	AHLY	2:31.31
8	Hussien Sherif Hussien Moha	12	MAADI	2:31.52
9	Youssef Mohamed Mostafa Le	12	DEGLA	2:31.76
10	aly Eldin Ahmed Mohamed	12	ZMALK	2:32.01

## Heat 16 of 20 Finals

1	Yehia Ahmed Aly El Din	12	AHLY	2:30.55
2	Ziad Nabil Ahmed Mohamed	12	Smouha	2:30.48
3	Mohamed Nader Elbarbary	12	TANTA	2:30.28
4	Mohamed Khaled Mohamed	12	Stad Mansoura	2:30.02
5	Slem Waled Ahmed Fahem	12	HELOP	2:29.31
6	Ahmed Hany Salem	12	ZOHUR	2:29.88
7	Malek Waled Ibrahim Hussie	12	Smouha	2:30.14
8	Yassein Akram Ragab Sobeih	12	SHAMS	2:30.32
9	Seif Mohamed Sayed	12	ZOHUR	2:30.52
10	Adam Sameh Mohamed	12	AHRAM	2:30.64

## Heat 17 of 20 Finals

1	Abdalla Amr Essa	12	Canal El Suez	2:28.91
2	Mohab Bdr Eldin Rady	12	SHAMS	2:28.67
3	Youssef Taher Mossa Youssef	12	DEGLA	2:28.30
4	Eyad Yasser Ahmed Kassem	12	AHLY	2:28.04
5	Yamen Ayman Helmy	12	TANTA	2:27.76
6	Yasein Hossam aly	12	ZMALK	2:27.97
7	Ali Karim Mohamed Youssry	12	SHAMS	2:28.21
8	Zeyad Saber Abd el Fatah	12	AHRAM	2:28.31
9	Mohamed Taha Abd ElHaimd	12	SHAMS	2:28.67
10	Mazin Mahmoud Mahrous Ah	12	SHAMS	2:29.06

## Heat 18 of 20 Finals

1	Hamza Ahmed Mohamed Ali	12	Bank Ahly Alex	2:27.49
2	Omar Tarek Samer abd el Ghf	12	HELOP	2:27.28
3	Selim Tamer Osama Ahmed	12	SHOOT	2:26.89
4	Mohamed Hesham Tawakol	12	Al Hawar	2:26.34
5	Seif Wael Ahmed	12	DEGLA	2:25.27
6	Ahmed Elhorany	12	Baladyat El Maha	2:25.57
7	Mostafa Mohamed Faruok	12	SHOOT	2:26.58
8	Mhmoud Tarik Ahmed Elgen	12	Smouha	2:26.99
9	Omar Waled Talat Hsanen	12	6 OCT	2:27.38
10	Hmza Mhmoud Mohamed Ab	12	6 OCT	2:27.69

## Heat 19 of 20 Finals

1	Mohamed abd Elshafy Sadek	12	ZMALK	2:24.62
2	Osama Medhat Samir	12	ZOHUR	2:24.32
3	Malek Mohamed Bazan	12	MAADI	2:23.58
4	Karim Magid Abdelglil	12	ZMALK	2:23.17
5	Mazen Mohamed Sayed Solin	12	AHLY	2:22.53
6	Mohamed Bahgat Mohamed I	12	Stad Mansoura	2:22.84
7	Ahmed Metwaly	12	Baladyat El Maha	2:23.45
8	Eyad Sherif Hassan	12	DEGLA	2:23.86
9	Abdallah Ibrahim Elsaïd Abd	12	Stad Mansoura	2:24.54
10	Yassin Abdallah Ahmed Yous	12	DEGLA	2:24.75

## Heat 20 of 20 Finals

1	Hussein Mohamed Aly	12	AHLY	2:22.13
2	Yehia Ahmed Abd Elfatah Els	12	SHOOT	2:21.14
3	Mazen Emad Hamed	12	AHLY	2:18.90
4	Mohamed Emed Abdelhamec	12	6 OCT	2:18.07
5	Omar Karim Galal Samy	12	MAADI	2:14.64
6	Mohamed Hatem Mohamed S	12	HELOP	2:17.63
7	Adam HossamEldin Mohame	12	Smouha	2:18.48
8	Moustafa Essam Wahba	12	Sporting	2:19.66
9	Ahmed Mohamed Basyouny	12	6 OCT	2:21.48
10	Adam Karim Hemdan Abdo	12	SHOOT	2:22.26

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

## Event 6 Boys 13 Year Olds 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 18 Finals</b>				
4	Omar Hamada Ahmed	13	Canal El Suez	NT
5	Youssef Ehab Gabar Mohame	13	Taleaa El Gish	NT
6	Abdelharman Ahmed Abdelh	13	Smouha	NT
<b>Heat 2 of 18 Finals</b>				
2	Omar Khaled Abdel Rahiem	13	ELCTR	NT
3	Fahd Elsaaid Slama	13	Raas El Bar Club	NT
4	Houssein Mohamed Al Tahan	13	ELCTR	NT
5	Omar Sameh Abou El Fadl	13	ELCTR	NT
6	Amr Zakria Mohamed	13	TRSAN	NT
7	Marwan Mohamed Faried	13	Taleaa El Gish	NT
8	Nooreldin Abdelaziz Mahrou	13	Taleaa El Gish	NT
9	Mohammed Alaiooty	13	Raas El Bar Club	NT
<b>Heat 3 of 18 Finals</b>				
1	Zeiad Wael Hasan	13	Al Shehk Zaeid	3:08.87
2	Zyada Ahmed Fahmy	13	M.S Tagamoa	2:57.84
3	Hazim Hassan Ali Hassan	13	MAADI	2:54.02
4	Ahmed Ashraf Anwer	13	ENPPI	2:52.97
5	Salah Ashraf Salah	13	Nasr City	2:50.12
6	Abdel Rahman Yaser aql	13	Nasr City	2:50.34
7	Zeyad Khaled Abd el Aziz	13	AHRAM	2:53.33
8	Mazen Ahmed Esmael	13	Cairo	2:56.86
9	Mohamed Khaled Mohamed l	13	NASR	2:58.00
10	Omar Khaled Fattouh Abdelj	13	Taleaa El Gish	NT
<b>Heat 4 of 18 Finals</b>				
1	Zyad Mohamed Safwat	13	Cairo	2:49.69
2	Ahmed Medhat Mohamed Sh	13	M.ARB	2:48.49
3	Ali Hassan abd el Rahman	13	TRSAN	2:47.08
4	Marwan Waleed el Masry	13	Cairo	2:46.46
5	Ayad Ahmed Abdalla Moham	13	SHAMS	2:45.48
6	Mohamed Ashraf abd Elrhem	13	ENPPI	2:46.20
7	Abdelrhman Mohamed Adel	13	HLWAN	2:47.06
8	Mahmed Mahmoud el Mounii	13	NASR	2:47.72
9	ali Mohamed Mostafa	13	ENPPI	2:48.83
10	al Hassan Moataz Bellah	13	TALBE	2:49.93
<b>Heat 5 of 18 Finals</b>				
1	Mahmoud Hesham Mahmouc	13	TRSAN	2:44.72
2	Omar Loayy Mohamed Aziz	13	HELOP	2:44.47
3	Moaaz Waheed Ibraheem Aw	13	RWAD	2:43.65
4	Omar Mohamed Ali Ali Mera	13	RWAD	2:43.59
5	Yosef Ehab Mohamed Samir	13	HELOP	2:42.73
6	abd Elkder Mohamed	13	HELOP	2:42.93
7	Yousef Hafez Maher	13	Nasr City	2:43.63
8	Ahmed Wesam Eldin	13	TALBE	2:44.39
9	Abd Allah Mohamed Shaaban	13	RWAD	2:44.71
10	Mostafa Mohamed Mostafa	13	TALBE	2:45.12

## Heat 6 of 18 Finals

1	Yossif Tarik Yehya	13	AHRAM	2:42.09
2	Ahmed Elsayed Hussein	13	Nasr City	2:41.05
3	Malek Haytham Mhamed	13	HLWAN	2:40.49
4	Mostafa Ahmed Hassen Moha	13	Taleaa El Gish	2:40.27
5	Omar Akram Hamdy	13	NASR	2:40.14
6	Loai Tamer Nasser El din	13	AHRAM	2:40.14
7	Anas Ahmed Mohamed	13	ENPPI	2:40.48
8	Ahmed Mohamed Atya Bayou	13	RWAD	2:40.82
9	Farouk Mostafa Farouk Ebra	13	SHAMS	2:41.11
10	Omar Osama Abd ElMohsin G	13	HELDO	2:42.14

## Heat 7 of 18 Finals

1	Abdelrahman Mohamed Ram	13	ENPPI	2:39.58
2	Ahmed Mosaad AboASerie	13	MAY15	2:39.45
3	Mazen Hany Emara	13	ZOHUR	2:37.80
4	Yassin Mahmoud Ahmed	13	MAADI	2:37.03
5	Yousef Hazem Hussein	13	ZMALK	2:36.76
6	Marwan Mohamed Saber	13	TRSAN	2:36.81
7	Ahmed Fathy Aid Abd el aty	13	RWAD	2:37.03
8	Mostafa Tarek Abdelfattah H	13	6 OCT	2:39.40
9	Ibrahim Said Abdelaaty Khali	13	Taleaa El Gish	2:39.57
10	Fares Mohamed Raafat Abd E	13	NASR	2:39.90

## Heat 8 of 18 Finals

1	Ismael Moh.Ibrahem ElAwa	13	GEZIR	2:36.67
2	Omar Mohamed Abdelgwad	13	ZMALK	2:36.19
3	Omar Sherif Ahmed	13	HLWAN	2:34.81
4	Aly Ahmed Bahy Elden	13	NASR	2:34.57
5	Zeyad Yaser Salama	13	ROYAL	2:34.43
6	Floubatir Emad	13	TALBE	2:34.52
7	Hussen Mohamed EL Dsoky	13	HELOP	2:34.59
8	Hamza Mohmed Anwar Anw	13	6 OCT	2:36.03
9	Mohamed Ahmed Lotfi	13	GHABA	2:36.27
10	Kareem Amr Aly Hasan Hass	13	6 OCT	2:36.73

## Heat 9 of 18 Finals

1	Ziad Mohamed Mohamed Ab	13	RWAD	2:34.18
2	Mahmoud Ahmed Mahmoud	13	MAY15	2:33.87
3	Yasin Tarek Mostafa	13	HELOP	2:33.42
4	Mohamed Khaled El Demerd	13	MAADI	2:32.64
5	Ahmed Mohamed Zaki	13	Police Club	2:31.97
6	Ahmed Yehya Ibrahim	13	GHABA	2:32.47
7	Mohamed Ahmed Abd Elgaw	13	NASR	2:32.65
8	Yousef Nasr Mohamed Abdel	13	RWAD	2:33.62
9	Safielden Ashraf Hashem	13	GHABA	2:34.09
10	Omar Mohamed Foaad	13	TALBE	2:34.23

## Heat 10 of 18 Finals

1	Ebrahim Mohamed Abdelsar	13	Al Hawar	2:31.77
2	Abd El Rahman Mohamed Ab	13	Sporting	2:31.40
3	Ammar Sayed Sayed	13	AHRAM	2:31.06
4	Mohamed Emad Hamdy	13	Al Hawar	2:29.99
5	Mohamed Nabil Kamal	13	ZMALK	2:29.49
6	Adham Mohamed Abdelham	13	TANTA	2:29.82
7	Ibrahim Mostafa Ibrahim	13	ZMALK	2:30.66
8	Mohanad Tamer Mohamed Z	13	Smouha	2:31.22
9	Ahmed Mohamed Ahmed	13	ZOHUR	2:31.73
10	Hussin Hassan Gemei	13	Sporting	2:31.84

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

**Heat 11 Finals (#6 Boys 13 Year Olds 200 LC Meter Freestyle)**

1	Mohamed Ashraf Mohamed	13	ZOHUR	2:29.16
2	Zeyad Ahmed Fath Ragab	13	TANTA	2:28.61
3	Zeyad Hatem Ateya Abdalaty	13	Stad Tanta	2:28.29
4	Zeyad Mohamed Magdy	13	MAADI	2:28.00
5	Yahia Amr Mohamed	13	ZOHUR	2:27.36
6	Marawan Yaser Mohamed Da	13	TANTA	2:27.83
7	Hamza Ali Ahmed	13	ZOHUR	2:28.14
8	Mohamed Haytham Ibrahim	13	Canal El Suez	2:28.32
9	Abel Rahman Gaper Mohame	13	M.ARB	2:29.08
10	Karim Ashraf Ahmed	13	ZMALK	2:29.17

**Heat 12 of 18 Finals**

1	Omr Ahmed Farouk	13	Cairo	2:26.82
2	Mohamed Eldesoki Mansour	13	Baladyat El Maha	2:26.67
3	Omar Faysal Farag	13	AHLY	2:26.08
4	Mazen Saied Gaber Ali	13	Smouha	2:25.72
5	Mohamed Hamdy Abdel-Aziz	13	AHLY	2:25.57
6	Mahmoud Mohamed Ahmed	13	SHAMS	2:25.62
7	Ahmed Osama Khalil	13	GHABA	2:26.04
8	Aly Elden Kaled Mohamed	13	ZOHUR	2:26.57
9	Mohamed Ahmed Mahmoud	13	Taleaa El Gish	2:26.71
10	Adam Mohmoud Abdelftah K	13	Bank Ahly Alex	2:26.95

**Heat 13 of 18 Finals**

1	Adam Karim Mohamed Al Tal	13	Canal El Suez	2:25.25
2	Yehya Yasser Shehata	13	Nasr City	2:25.17
3	Abdallah Amr Abd El Azeim	13	SHOOT	2:24.97
4	Ahmed Walid Hossam Eldein	13	SHOOT	2:24.44
5	Mahmoud Ahmed Eltablawy	13	ZOHUR	2:24.36
6	Belal Mohamed Khames	13	ZMALK	2:24.42
7	Marwan Mohamed Nabil	13	GHABA	2:24.62
8	Karim Yasser Mamdouh	13	SHOOT	2:25.12
9	Mahmoud Mohamed Mahmo	13	SHOOT	2:25.19
10	Karim Gamal El Din Mohmou	13	SHOOT	2:25.25

**Heat 14 of 18 Finals**

1	Adham Ibrahim Basuni	13	GHABA	2:24.09
2	Rami Michel Artigaud	13	GEZIR	2:23.81
3	Omar Ashraf Wagdy	13	AHLY	2:23.70
4	Marawan Shady Shebl Farag	13	TANTA	2:23.49
5	Hamza Moh. Khairy Samra	13	GEZIR	2:23.43
6	Ahmed Allaa Eldin Ahmed Hu	13	AHLY	2:23.49
7	Hossam Eldin Mostafa Abdeli	13	DEGLA	2:23.58
8	Yossef Sherif Ibrahim	13	MAADI	2:23.80
9	Karem Haitham Khalf Allah	13	TANTA	2:23.86
10	Hazem Ahmed Reda Foaad	13	Smouha	2:24.19

**Heat 15 of 18 Finals**

1	Abd Elrahman Amr Abd Elfat	13	SHAMS	2:22.92
2	Mostafa Waled Mamdoh Atal	13	TANTA	2:22.31
3	Karim Ramy Ibrahim	13	AHLY	2:22.26
4	Omar Tarek Gaber	13	DEGLA	2:21.64
5	Abdel Rahman Ahmed Ali	13	DEGLA	2:21.22
6	Mohand Mostafa Hamdy	13	AHLY	2:21.40
7	Ahmed Sameh Safwat Shaaba	13	HELDO	2:21.85
8	Mostafa Adel Mohamed Samy	13	SHOOT	2:22.29
9	Omar Alkhdr Shafik Aly	13	6 OCT	2:22.91
10	Omar Tamer Abbas	13	MAADI	2:23.24

**Heat 16 of 18 Finals**

1	Ahmed Nasser Ismael Mohan	13	Smouha	2:20.97
2	Yossef Maged Goreg	13	GHABA	2:20.40
3	Ali Ali Hussein Ali	13	HELDO	2:20.38
4	Mohamed Essam Abdou	13	Canal El Suez	2:19.67
5	Mostafa Kareem Rasmy	13	ENPPI	2:19.20
6	Malek Haytham Mohamed	13	DEGLA	2:19.63
7	Youssef Sameh Salah Eldin Sa	13	6 OCT	2:19.67
8	Yousef Mohamed Ahmed Bad	13	TANTA	2:20.39
9	Mohamed Alaa Ibrahim Ali	13	Bank Ahly Alex	2:20.61
10	Mahmoud Abdelwahab Shab	13	ENPPI	2:21.07

**Heat 17 of 18 Finals**

1	Ibrahim Walid Ibrahim	13	DEGLA	2:18.86
2	Abd El Rahman Hisham Fath	13	Sporting	2:17.86
3	Ziad Ahamed Ragab Abd el H	13	SHOOT	2:17.75
4	Ali Mhmod Ibrahim Mohame	13	Smouha	2:17.48
5	Mostafa Ahmed Mostafa	13	Canal El Suez	2:16.77
6	Seif amr el Batal	13	Cairo	2:16.96
7	Mohamed Awny Mahmoud	13	Stad Mansoura	2:17.55
8	Seif Elden Mohsen Mohamed S	13	6 OCT	2:17.79
9	Ahmed Esam Mahmoud	13	Stad Mansoura	2:17.89
10	Elhamy Ibrahim Elhamy Bad	13	HELDO	2:19.15

**Heat 18 of 18 Finals**

1	Yaseen Nashaat Salama	13	Cairo	2:15.35
2	Omar Ahmed Ibrahim	13	Stad Mansoura	2:15.28
3	Abdel Rahman Ahmed Mosta	13	Canal El Suez	2:14.75
4	Youssef Amr Sayed	13	DEGLA	2:11.50
5	Mohamed Ehab El Tayeb	13	DEGLA	2:09.16
6	Mohamed Yaser Fared Abd El	13	SHAMS	2:10.80
7	Ayad Hatem Fouad	13	ZMALK	2:13.56
8	Seif Sayed Mahmoud	13	HLWAN	2:15.04
9	Yehia Eslam Farouk	13	AHLY	2:15.29
10	Omar Mohamed Abo Elmagd	13	SHAMS	2:16.12

**Event 7 Girls 12 Year Olds 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

3	Dima Adel Mohamed	12	Smouha	NT
4	Gna Amr Said	12	Taleaa El Gish	NT
5	Logain Ahmed Yehiea	12	Taleaa El Gish	NT
6	Rawan Mohamed Abdall Moh	12	DEGLA	NT
7	Engy Ahmed ElMahdy	12	Sporting	NT

**Heat 2 of 6 Finals**

1	Rawda Abdelfadl Mahmoud	12	ZMALK	3:37.53
2	Gase Hany Kamel	12	M.ARB	3:33.78
3	Karma Ahmed Ibrahim	12	Smouha	3:28.84
4	Nada Afify Abdelmaqsoud	12	ZMALK	3:27.36
5	aya Ehab Mahmoud	12	SHOOT	3:25.34
6	Ganna Waled Mohamed Mah	12	HELOP	3:26.21
7	Hagar Osama Mkhaimar	12	ZMALK	3:27.89
8	Gana Diaa Mohamed	12	ZMALK	3:29.69
9	Yasmen Adel Sieed	12	TWFIK	3:37.09
10	Maya Mohamed Saied	12	ZMALK	3:51.65

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 29-03-2019 Morning

**Heat 3 Finals (#7 Girls 12 Year Olds 200 LC Meter Butterfly)**

1	Yasmin Wael Abdalaah	12	ZMALK	3:22.09
2	Rawan Tamer Essam Mahmo	12	DEGLA	3:20.19
3	Nadine Mostafa Fathy	12	GHABA	3:17.83
4	Jana Mohamed Wahby Mhmo	12	Smouha	3:15.72
5	Amira Ayman Ahmed	12	BNKG	3:13.10
6	Khadiga Mohsen Abdel Waha	12	RWAD	3:15.07
7	Renad Tarek Ahmed Hamdy	12	HELDO	3:17.44
8	Nada Tarek Ahmed	12	HLWAN	3:19.71
9	Daren Ahmed Mohamed	12	HELOP	3:20.51
10	Shahd Ayman Saed Saber	12	NASR	3:22.89

**Heat 4 of 6 Finals**

1	Sarah Emad Naim	12	HELDO	3:12.40
2	Aysel Mohamed Abdelghany	12	GHABA	3:08.01
3	Fareda Mohamed Rabie	12	TANTA	3:07.15
4	hla Mohamed Shalaby	12	TANTA	3:05.43
5	Sara Mamdouh	12	Baladyat El Maha	3:03.13
6	Sara Amin Soliman Mabrouk	12	GHABA	3:04.91
7	Hana Ahmed Saied Kandel	12	HELOP	3:05.70
8	Malak Mohamed Fathey	12	SHOOT	3:07.68
9	Mariam Ahmed Zahran	12	Sporting	3:09.10
10	Farida Ali Mohamed	12	DEGLA	3:13.03

**Heat 5 of 6 Finals**

1	Salma Atef Fayek Abdo	12	DEGLA	3:01.66
2	Malak Ahmed Anes Mahmoud	12	Al Hawar	2:56.07
3	Logien Ahmed Elsherif	12	SHOOT	2:54.38
4	Alaa Khaled Ahmed Hassan	12	Stad Mansoura	2:51.20
5	Mai Mohamed Ramadan	12	TALBE	2:50.79
6	Rozana Waleed Desoky	12	Nasr City	2:50.88
7	Laila Mohamed Fathy	12	SHOOT	2:53.75
8	Gana aly Refaat aly	12	ZMALK	2:54.59
9	Mariam abd el Hakem Sharaf	12	HELOP	2:57.65
10	Fareeda Mohamed Farouk	12	HELDO	3:03.04

**Heat 6 of 6 Finals**

1	Jannah Sameh AbdelMoneem	12	Sporting	2:48.08
2	Sama Mohamed Makram Abd	12	Gezira El Ward	2:47.46
3	Lamees Amr Mhmoud Elsoka	12	6 OCT	2:44.07
4	Laila Mohamed Hitham	12	SHOOT	2:43.33
5	Farida Wasim Mohamed Adly	12	GHABA	2:40.24
6	hla Mohamed Nanousg	12	TANTA	2:40.81
7	Hlla Khaled Diab	12	AHLY	2:43.75
8	Hala Ahmed Ahmed Nooh	12	Gezira El Ward	2:44.68
9	Shahd Amr Mohamed EL Gar	12	HELDO	2:48.04
10	Goudy Tarek Sayed Mohamec	12	GHABA	2:48.93

**Event 8 Girls 13 Year Olds 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1	Yassmin Ayman Abd ElHalim	13	SHAMS	3:19.84
2	Miroll Hany Samir	13	DEGLA	3:15.96
3	Gana Hosney Kamal	13	TALBE	3:11.77
4	Roa Ahmed Salah	13	DEGLA	3:07.66
5	Madouna Hany Rabea	13	GHABA	3:05.18
6	Tala Tarekf el Kafrawe	13	HELOP	3:06.83
7	Yara Hossam Matarawy Fargl	13	HELDO	3:08.87
8	Alaa Abdelaziz Hasan	13	Nasr City	3:15.08
9	Nada Ahmed Abdelmonem kl	13	TANTA	3:16.53
10	Menatalla Mohamed Azmy	13	Canal El Suez	NT

**Heat 2 of 4 Finals**

1	Nadeen Ahmed Saed Dawood	13	6 OCT	3:02.53
2	Fatma Ahmed Fathey	13	Canal El Suez	2:59.51
3	Malak Mohamed Awees	13	AHLY	2:57.46
4	Meya Mohamed Samer	13	ZOHUR	2:56.31
5	Salma Ahmed Kamal Kamal E	13	6 OCT	2:54.97
6	Hala Bassem Hesham	13	Stad Mansoura	2:55.08
7	Retag Ahmed Abu El Fotoh	13	ZOHUR	2:56.66
8	Marim Hatem Mohamed	13	AHRAM	2:58.00
9	Nour Sameh El Refae	13	DEGLA	3:01.14
10	Yasmin Mohamed Alaa	13	AHLY	3:04.01

**Heat 3 of 4 Finals**

1	Reem Wael Salah Hassan	13	GHABA	2:54.34
2	Zina Ayman Saad	13	ZMALK	2:51.81
3	Zina Yasser Ahmed	13	Sporting	2:47.25
4	Salma Mahmoud Abdo Mosa	13	Al Hawar	2:44.23
5	Jana Sameh Mohamed	13	Canal El Suez	2:41.52
6	Farida Khaled Mohamed El G	13	HELDO	2:42.99
7	Sarah Mohamed Abd ElSalam	13	HELDO	2:45.31
8	Halla Alla Maher	13	DEGLA	2:51.36
9	Farida Moustafa Abd Elaziz	13	Sporting	2:53.33
10	Joumana Mahmoud Karam	13	Cairo	2:54.81

**Heat 4 of 4 Finals**

1	Kenzy Hazem Moneeb	13	Cairo	2:38.37
2	Salma Osama Mohamed Darv	13	TANTA	2:36.08
3	Jana Mohamed Omar Moham	13	SHAMS	2:35.23
4	Farah Tarek Fathy	13	Stad Mansoura	2:33.58
5	Hanen Amr Mohamed	13	NASR	2:30.09
6	Maryam George Aziz	13	Stad Mansoura	2:32.88
7	Malak Amr Mohamed	13	DEGLA	2:34.84
8	Lojin Mohmoud Yosef	13	Al Hawar	2:35.96
9	Nadine Karim Mansour Saleh	13	SHOOT	2:37.15
10	Hala Hany Abdelwahab	13	GHABA	2:40.28