

National Masters Championships 2017/2018 - 14-Dec-17 to 15-Dec-17

Meet Program - 14-12-2017 Eve

Event 7 Men 20 & Over 100 LC Meter Freestyle

25-29 Nation:	53.24	12-2015	Adham Ali Mohamed	El Shams		
30-34 Nation:	56.46	3-2017	Ahmed Abdel Rehim	Sporting		
35-39 Nation:	58.52	6-2012	Omar El Hamawy	El Gezira		
40-44 Nation:	59.48	8-2017	Mohamed Mostafa	El Gzezira		
45-49 Nation:	1:04.16	3-2017	Ayman Mohamed	El Yacht		
50-54 Nation:	1:08.06	9-2016	Patrick Scott	Maadi		
55-59 Nation:	1:08.12	12-2015	Osama Ahmed Momtaz	El Gizera		
60-64 Nation:	1:12.87	3-2017	Mohamed Warda	Sporting		
65-69 Nation:	1:19.77	12-2015	Mohamed Mahmoud	Cuez Canal		
70-74 Nation:	1:13.19	8-2010	Ahmed Gawad Hamada	Sporting		
Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
2	Omar Ashraf Ahmed Al Said	20	Gzira Al Ward	NT	_____	_____
3	Mohamed Hesham Al Laboudy	22	Alexandria	NT	_____	_____
4	Amr Hossam Maher Sadek	26	El Gezira	NT	_____	_____
5	Abdel Hakeim Essam Farag	27	Heliopolis	NT	_____	_____
6	Omar Abdel Hamed Al Khouly	26	El Zamalek	NT	_____	_____
7	Omar Hesham Farouk	26	Alexandria	NT	_____	_____
8	Amr Akram Ahmed Al Gharabawy	20	Gzira Al Ward	NT	_____	_____
Heat 2 of 6 Timed Finals						
1	Hossam Mohamed Hany Ibrahim	28	El Zamalek	NT	_____	_____
2	Ahmed Houssny Ahmed	31	El Zohour	NT	_____	_____
3	Mahmoud Ibrahim Mahmoud	31	Gzira Al Ward	NT	_____	_____
4	Tarik Mohamed Talaat Al Sayed	32	Heliopolis	NT	_____	_____
5	Mahmoud Mohamed Refaat	32	El Shams	NT	_____	_____
6	Mahmoud Mohamed Mossa	32	Alexandria	NT	_____	_____
7	Abdel Rahman Mohamed Loutfy	32	El Zamalek	NT	_____	_____
8	Islam Hany Ahmed	31	El Shams	NT	_____	_____
9	Mohamed Khaled Kamal	29	Ahly	NT	_____	_____
10	Adhma Ali Abdel Mogeid	27	El Shams	NT	_____	_____
Heat 3 of 6 Timed Finals						
1	Ahmed Emad Mohamed Neihad	33	Heliopolis	NT	_____	_____
2	Mohamed Magdy Ibrahim	34	El Gezira	NT	_____	_____
3	Waled Ahmed Fouad	36	Shooting	NT	_____	_____
4	Ahmed Hassan Abdou	40	Maadi	NT	_____	_____
5	Ahmed Adel Aziz Al Sherif	43	Tanta	NT	_____	_____
6	Mohamed Ibrahim Mohamed	42	Maadi	NT	_____	_____
7	Abdel Monaem Mohamed Khalaf	38	Alexandria	NT	_____	_____
8	Mohamed Ahmed Galal El Din	36	El Shams	NT	_____	_____
9	Mahmoud Abdel Rahman Al Bar	34	Gzira Al Ward	NT	_____	_____
10	Mohamed Farouk Fatthalla	32	El Gezira	NT	_____	_____
Heat 4 of 6 Timed Finals						
1	Omar Mohamed Azouz	44	Maadi	NT	_____	_____
2	Ayman Mohamed Said Al Cowedy	45	El Yacht	NT	_____	_____
3	Hesham Hany Abdel Haleim	47	Suez Canal	NT	_____	_____
4	Amr Mohamed Samy Abdel Karim	48	Shooting	NT	_____	_____
5	Ahmed Galal Abou El Kheir	49	Alexandria	NT	_____	_____
6	Youseif Hesham Goumaa	49	Heliopolis	NT	_____	_____
7	Nezar Ahmed Abdel Rahman	47	El Gezira	NT	_____	_____
8	Karim Assem Mohamed Abou El En	46	El Gezira	NT	_____	_____
9	Hesham Salah Alam	45	Heliopolis	NT	_____	_____
10	Yaser Hamdy Abdel Khalek	44	Maadi	NT	_____	_____

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Heat 5 Timed Finals... (Event 7 Men 20 & Over 100 LC Meter Freestyle)

1	Allaa Ahmed Mohamed Ashour	53	El Gezira	NT	_____	_____
2	Ahmed Morsy Mostafa Fahmy	57	El Gezira	NT	_____	_____
3	Taher Khaled Abou Samra	67	Suez Canal	NT	_____	_____
4	Abdel Sameia Abdel Hakim Ahmed	67	Maadi	NT	_____	_____
5	Mohamed Abdel Fattah Al Sayed	72	Alexandria	NT	_____	_____
6	Tarik Ahmed Mongy Geiasa	71	El Gezira	NT	_____	_____
7	Ibrahim Ahmed Zaki	67	Heliopolis	NT	_____	_____
8	Moaataz Mohamed Talaat	65	Heliopolis	NT	_____	_____
9	Abdalla Mahmoud Khalil	56	El Gezira	NT	_____	_____
10	Hisham Samy Abdel Khaleik	50	Shooting	NT	_____	_____

Heat 6 of 6 Timed Finals

1	Ehab Mohamed Abdel Hafeiz	77	Heliopolis	NT	_____	_____
2	Mohamed Fadel Waheba	78	El Gezira	NT	_____	_____
3	Moner Mohamed Abdel Salam	79	Alexandria	NT	_____	_____
4	Ali Kamel Ali Kamel	80	Ahly	NT	_____	_____
5	Essam Abdel Aziz Naser	86	El Gezira	NT	_____	_____
6	Ahmed Mostafa	86	Shooting	NT	_____	_____
7	Mahmoud Fahmy Souliman	80	El Gezira	NT	_____	_____
8	Baher Salah El Din Radwan	78	Maadi	NT	_____	_____
9	Ahmed Gawad Hamada	78	Alexandria	NT	_____	_____
10	Mosaad Hassan Shehab	74	Shooting	NT	_____	_____

Event 8 Women 20 & Over 100 LC Meter Freestyle

25-29 Nation:	1:05.09	3-2016	Dina Mostafa	El Gezira
30-34 Nation:	1:12.92	12-2015	Reham Maher	El Gezira
35-39 Nation:	1:13.81	11-2016	Sama Ali	Sporting
40-44 Nation:	1:23.04	9-2016	Suzan Mohamed	Shooting
45-49 Nation:	1:17.87	12-2015	Sherwet Wafa	El Gezira
50-54 Nation:	1:23.72	9-2016	Mary Al Hag	Sporting
55-59 Nation:	1:35.16	11-2016	Gaclen Mary	El Gezira
60-64 Nation:	1:49.30	3-2016	Neven Salah	El Gezira
65-69 Nation:	1:32.21	3-2016	Soher El Attar	El Gezira
70-74 Nation:	1:48.61	8-2015	Nagwa Ghorab	Heliopolis

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 4 Timed Finals

3	Hannya Hossam Nabil Ibrahim	20	El Gezira	NT	_____	_____
4	Nesrein Houssein Mohamed	26	Shooting	NT	_____	_____
5	Haidy Hesham Hanafy	28	Maadi	NT	_____	_____
6	Esraa Ahmed Shama	27	El Zohour	NT	_____	_____
7	Rawan Hossam Al Badry	22	Alexandria	NT	_____	_____

Heat 2 of 4 Timed Finals

1	Basant Sayed Mohamed Nasar	29	Heliopolis	NT	_____	_____
2	Esraa Al Housseiny Al Zoheiry	29	El Zamalek	NT	_____	_____
3	Hebatalla Yehia Abdel Rahman	31	Heliopolis	NT	_____	_____
4	Dina Magdy Mohamed	36	Maadi	NT	_____	_____
5	Mona Mahmoud Mohamed	41	El Gezira	NT	_____	_____
6	Sama Ali Soultan	38	Alexandria	NT	_____	_____
7	Dina Adel Louweis	32	El Shams	NT	_____	_____
8	Yassmin Mohamed Amin	30	Smoha	NT	_____	_____
9	Haba Mohamed Selim	29	Maadi	NT	_____	_____
10	Magda Ayman Mohamed Kamel	28	El Gezira	NT	_____	_____

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Heat 3 Timed Finals... (Event 8 Women 20 & Over 100 LC Meter Freestyle)

1	Jozyan Raouf Hakim	46	Heliopolis	NT	_____	_____
2	Rania Samy Mohamed	46	Alexandria	NT	_____	_____
3	Eman Hazem Abou Shabat	49	Heliopolis	NT	_____	_____
4	Nevein Farouk Al Housseiny	53	Heliopolis	NT	_____	_____
5	Fatma Mohamed Amin Beder	55	El Gezira	NT	_____	_____
6	Olla Ahmed Houssein Mosherif	55	Heliopolis	NT	_____	_____
7	Magda Ra`fat Habib	50	Maadi	NT	_____	_____
8	Tateiana Betrouvna Ayloukheina	47	Heliopolis	NT	_____	_____
9	Soah Mohamed Lotfy Shahein	46	Alexandria	NT	_____	_____
10	Reham Abdel Kader Al Asar	45	Heliopolis	NT	_____	_____

Heat 4 of 4 Timed Finals

1	Lobna Mohamed Labib Abdel Rahm	57	El Gezira	NT	_____	_____
2	Gelan Akl Fawzy	62	Heliopolis	NT	_____	_____
3	Hoda Salah El Din Mortada	63	Heliopolis	NT	_____	_____
4	Courin Mary Safeitsh	70	El Gezira	NT	_____	_____
5	Nagwa Yousef Gharab	74	Heliopolis	NT	_____	_____
6	Sameha Kamal Seif El Nasr	74	Heliopolis	NT	_____	_____
7	Souher Al Atar Anwar Al Atar	68	El Gezira	NT	_____	_____
8	Mona Kamel Youseif	63	Heliopolis	NT	_____	_____
9	Tateiana Veladeimer Kashkein	61	Heliopolis	NT	_____	_____
10	Maha Mahmoud Al Hkouly	56	Heliopolis	NT	_____	_____

Event 9 Men 20 & Over 50 LC Meter Breaststroke

25-29 Nation:	29.07	8-2014	Ahmed Kamal	Maadi
30-34 Nation:	31.13	8-2017	Ahmed Salah Nada	Ahly
35-39 Nation:	32.96	8-2017	Mohamed Safy El Din	El Gezira
40-44 Nation:	36.44	3-2017	Mahmoud Taha	Gezira Al Ward
45-49 Nation:	36.56	9-2016	Moktar Ahmed	Maadi
50-54 Nation:	37.62	3-2016	Amin Ahmed Amin Amer	Ahly
55-59 Nation:	38.17	6-2012	Abdel Aziz Hashim	Heliopolis
60-64 Nation:	39.56	3-2017	Mohamed Warda	Sporting
65-69 Nation:	41.90	3-2016	Ahmed Al Ghazaly	El Gezira
70-74 Nation:	42.71	3-2017	Ahmed Al Ghazaly	El Gezira

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 9 Timed Finals

2	Amr Akram Ahmed Al Gharabawy	20	Gzira Al Ward	NT	_____	_____
3	Marwan Essam Ismail Ossman	20	Gzira Al Ward	NT	_____	_____
4	Taher Mohamed Taher	22	Gzira Al Ward	NT	_____	_____
5	Mohamed Medhat Ahmed Shalaby	24	Gzira Al Ward	NT	_____	_____
6	Ali Sary	22	Alexandria	NT	_____	_____
7	Daly Dematrous	20	Alexandria	NT	_____	_____
8	Abdalla Mohamed Taher	20	Gzira Al Ward	NT	_____	_____

Heat 2 of 9 Timed Finals

1	Moaataz Bella Ali Abdel Mogeid	25	El Shams	NT	_____	_____
2	Amr Hossam Maher Sadek	26	El Gezira	NT	_____	_____
3	Adham Hossam Mohamed	27	Alexandria	NT	_____	_____
4	Mohamed Khaled Kamal	29	Ahly	NT	_____	_____
5	Islam Hany Ahmed	31	El Shams	NT	_____	_____
6	Ahmed Kamal Hafeiz	30	Maadi	NT	_____	_____
7	Amr Rabeia Hassan	28	Ahly	NT	_____	_____
8	Ahmed Mohamed Refaat	26	El Shams	NT	_____	_____
9	Mohamed Emad Mohamed	25	Alexandria	NT	_____	_____
10	Ahmed Mohamed Abdou	25	El Rowad	NT	_____	_____

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Heat 3 Timed Finals... (Event 9 Men 20 & Over 50 LC Meter Breaststroke)

1	Ahmed Salah Abdu Nada	31	Ahly	NT	_____	_____
2	Hashem Samy Ragheb	32	El Zohour	NT	_____	_____
3	Amr Mohamed Maged Barakat	33	Tanta	NT	_____	_____
4	Ali Hassan Ali Hassan	34	El Zohour	NT	_____	_____
5	Mohamed Ahmed Galal El Din	36	El Shams	NT	_____	_____
6	Ahmed Houssein Doura	35	Tanta	NT	_____	_____
7	Ahmed Emad Mohamed Neihad	33	Heliopolis	NT	_____	_____
8	Mahmoud Mohamed Mossa	32	Alexandria	NT	_____	_____
9	Mohamed Houssein Abdel Lateif	31	El Gezira	NT	_____	_____
10	Zeyad Samy Raghib	31	El Zohour	NT	_____	_____

Heat 4 of 9 Timed Finals

1	Yaser Mohamed Mohamd Al Saeidy	37	El Gezira	NT	_____	_____
2	Ahmed Khatab	38	Alexandria	NT	_____	_____
3	Ahmed Ali Youseif	39	Alexandria	NT	_____	_____
4	Anwar Sherif Ahmed Anwar	40	Maadi	NT	_____	_____
5	Nagy Abdel Aziz Mohamed	41	Gzira Al Ward	NT	_____	_____
6	Gaser Mohamed Mahmoud	41	El Yacht	NT	_____	_____
7	Mohamed Sayed Al Nassag	40	Shooting	NT	_____	_____
8	Abdel Monaem Mohamed Khalaf	38	Alexandria	NT	_____	_____
9	Amir Maher Demietary	37	Gzira Al Ward	NT	_____	_____
10	Peitar Eskannandar Boutorour	37	Heliopolis	NT	_____	_____

Heat 5 of 9 Timed Finals

1	Mahmoud Taha Mahmoud Shams	42	Gzira Al Ward	NT	_____	_____
2	Mohamed Ibrahim Mohamed	42	Maadi	NT	_____	_____
3	Mohamed Mahmoud Fahmy	43	Shooting	NT	_____	_____
4	Omar Mohamed Azouz	44	Maadi	NT	_____	_____
5	Yaser Aseim Mahmoud	44	Heliopolis	NT	_____	_____
6	Taamour Ahmed Seifalla Ghaleb	44	El Gezira	NT	_____	_____
7	Fady Fakhary Nashed Tadrous	43	Gzira Al Ward	NT	_____	_____
8	Mohamed Abdel Kader Al Asar	43	Heliopolis	NT	_____	_____
9	Mohamed Hassan Said Mobarak	42	Heliopolis	NT	_____	_____
10	Marwa Abdel Razeik	41	Nasr City	NT	_____	_____

Heat 6 of 9 Timed Finals

1	Ahmed Ali Mohamed Yousef	45	Tanta	NT	_____	_____
2	Amr Mohamed Samy Abdel Karim	48	Shooting	NT	_____	_____
3	Mohamed Amin Desouky	48	Heliopolis	NT	_____	_____
4	Hany Aziz Sedky	54	Shooting	NT	_____	_____
5	Mohamed Zaki Mehanna	55	El Gezira	NT	_____	_____
6	Hossam Saad Hana Saad	54	El Gezira	NT	_____	_____
7	Hany Youseif Al Meseiry	53	Maadi	NT	_____	_____
8	Tarik Sulttan Abou Ali	48	Heliopolis	NT	_____	_____
9	Moaataz Mosaad Mostafa	46	El Zamalek	NT	_____	_____
10	Ayman Mohamed Said Al Cowedy	45	El Yacht	NT	_____	_____

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Heat 7 Timed Finals... (Event 9 Men 20 & Over 50 LC Meter Breaststroke)

1	Hesham Abdel Baky	56	Heliopolis	NT	_____	_____
2	Hesham Mohamed	57	Smoha	NT	_____	_____
3	Mostafa Hassan Abou El Fotouh	59	Shooting	NT	_____	_____
4	Mohamed Sherif Amin	61	Maadi	NT	_____	_____
5	Abdel Aziz Mohamed Hashim	61	Heliopolis	NT	_____	_____
6	Yaser Mohamed Moner Abdel Aziz	61	El Zamalek	NT	_____	_____
7	Haeid Salah El Din Mohamed	61	El Gezira	NT	_____	_____
8	Mohamed Ahmed Fouad	57	El Shams	NT	_____	_____
9	Khaled Nasr El Din Reiad	57	Heliopolis	NT	_____	_____
10	Abdalla Mahmoud Khalil	56	El Gezira	NT	_____	_____

Heat 8 of 9 Timed Finals

1	Abdel Sameia Abdel Hakim Ahmed	67	Maadi	NT	_____	_____
2	Ahmed Hany Yosef Ezz El Din	68	Shooting	NT	_____	_____
3	Ahmed Abdel Lattef Al Gazaly	70	El Gezira	NT	_____	_____
4	Tarik Ahmed Mongy Geiasa	71	El Gezira	NT	_____	_____
5	Mohamed Sary Abdel Monaem	73	Tanta	NT	_____	_____
6	Mohamed Abdel Fattah Al Sayed	72	Alexandria	NT	_____	_____
7	Hassan Khameis Al Toumy	71	Alexandria	NT	_____	_____
8	Ali Mohamed Hassan Eid	68	El Gezira	NT	_____	_____
9	Al Sayed Ali Helal	67	Smoha	NT	_____	_____
10	Mohamed Mosaad Faeid	65	Heliopolis	NT	_____	_____

Heat 9 of 9 Timed Finals

1	Ahmed Mohamed Abdel Baset	75	El Gezira	NT	_____	_____
2	Baheig Boshra Meikhaeil	77	Heliopolis	NT	_____	_____
3	Kamal El Sayed Soliman	78	Alexandria	NT	_____	_____
4	Ahmed Fouad Kamal Ahmed	84	El Gezira	NT	_____	_____
5	Fawzy Zaki	86	Alexandria	NT	_____	_____
6	Al Sayed Mohamed Ahmed	85	Suez Canal	NT	_____	_____
7	Ali Kamel Ali Kamel	80	Ahly	NT	_____	_____
8	Baher Salah El Din Radwan	78	Maadi	NT	_____	_____
9	Housam Zaki Fahmy	76	El Gezira	NT	_____	_____
10	Yousef Anwar Ahmed Wahsh	73	El Gezira	NT	_____	_____

Event 10 Women 20 & Over 50 LC Meter Breaststroke

25-29 Nation:	33.12	9-2016	May Attfe	Ahly
30-34 Nation:	40.73	8-2014	Reham Maher	El Gezira
35-39 Nation:	44.80	12-2015	Sama Ali	Sporting
40-44 Nation:	43.63	3-2016	Rasha Youssef	El Gezira
45-49 Nation:	46.49	3-2017	Jozyan Raouf	Heliopolis
50-54 Nation:	52.53	12-2015	Caroul Mary	El Gezira
55-59 Nation:	50.05	12-2015	Neven Salah	El Gezira
60-64 Nation:	51.97	3-2016	Neven Salah	El Gezira
65-69 Nation:	57.72	3-2017	Doria Ahmed Nazmi	Maadi
70-74 Nation:	1:02.82	9-2016	Nadia Zakaria	El Gezira

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 5 Timed Finals

4	Malak Hossam	22	Alexandria	NT	_____	_____
5	Dalia Samier Ahmed	25	Ahly	NT	_____	_____
6	Eiabada Mohamed Essam	25	Heliopolis	NT	_____	_____

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Heat 2 Timed Finals... (Event 10 Women 20 & Over 50 LC Meter Breaststroke)

1	Nesrein Houssein Mohamed	26	Shooting	NT	_____	_____
2	Magda Ayman Mohamed Kamel	28	El Gezira	NT	_____	_____
3	Dina Adel Louweis	32	El Shams	NT	_____	_____
4	Yassmin Saber Zaytoun	35	El Zamalek	NT	_____	_____
5	Doaa Mohamed Abdel Kader	38	Gzira Al Ward	NT	_____	_____
6	Dina Magdy Mohamed	36	Maadi	NT	_____	_____
7	Hanna Dweidar	32	Alexandria	NT	_____	_____
8	Esraa Al Housseiny Al Zoheiry	29	El Zamalek	NT	_____	_____
9	Mai Attef Abd El Fattah	26	Ahly	NT	_____	_____

Heat 3 of 5 Timed Finals

1	Rasha Yousef Mohamed	43	El Gezira	NT	_____	_____
2	Jozyan Raouf Hakim	46	Heliopolis	NT	_____	_____
3	Nehad Nemr Shehata Bebawi	47	Heliopolis	NT	_____	_____
4	Sherifa Abdel Rhman Amin	47	Heliopolis	NT	_____	_____
5	Aesha Ahmed Abdel Salam	49	El Gezira	NT	_____	_____
6	Tateiana Betrouvna Ayloukheina	47	Heliopolis	NT	_____	_____
7	Nevein Ibrahim Al Azazy	47	Heliopolis	NT	_____	_____
8	Soah Mohamed Lotfy Shahein	46	Alexandria	NT	_____	_____
9	Reham Abdel Kader Al Asar	45	Heliopolis	NT	_____	_____
10	Salma Mohamed Hassan	41	Maadi	NT	_____	_____

Heat 4 of 5 Timed Finals

1	Magda Ra`fat Habib	50	Maadi	NT	_____	_____
2	Manal Fawzi Gadalla	52	Heliopolis	NT	_____	_____
3	Fatma Mohamed Amin Beder	55	El Gezira	NT	_____	_____
4	Lameia Ahmed Maher	56	El Gezira	NT	_____	_____
5	Neven Ramez Al Nagar	57	Heliopolis	NT	_____	_____
6	Lobna Mohamed Labib Abdel Rahm	57	El Gezira	NT	_____	_____
7	Gelan Ahmed Hassan Aly	55	El Gezira	NT	_____	_____
8	Nevein Farouk Al Housseiny	53	Heliopolis	NT	_____	_____
9	Elham Ali Mohamed Ibrahim	52	Gzira Al Ward	NT	_____	_____
10	Eman Hazem Abou Shabat	49	Heliopolis	NT	_____	_____

Heat 5 of 5 Timed Finals

1	Neven Mohamed Khlel	61	El Gezira	NT	_____	_____
2	Hoda Salah El Din Mortada	63	Heliopolis	NT	_____	_____
3	Douriea Ahmed Nazzmy	66	Maadi	NT	_____	_____
4	Madeha Mohamed Sherif	74	Heliopolis	NT	_____	_____
5	Nabela Ahmed Sayed Ahmed	78	El Gezira	NT	_____	_____
6	Nageya Salah El Din Zolfakar	74	El Gezira	NT	_____	_____
7	Nadya Zakareia El Araby	71	El Gezira	NT	_____	_____
8	Mona Kamel Youseif	63	Heliopolis	NT	_____	_____
9	Gelan Akl Fawzy	62	Heliopolis	NT	_____	_____
10	Tateiana Veladeimer Kashkein	61	Heliopolis	NT	_____	_____

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Event 13 Men 20 & Over 100 LC Meter Backstroke

25-29 Nation:	1:02.40	8-2014	Islam Rifai	Heliopolis		
30-34 Nation:	1:04.42	3-2017	Islam Refaie	El Zohour		
35-39 Nation:	1:14.12	9-2016	Mohamed Al Amrousy	Sporting		
40-44 Nation:	1:14.48	8-2017	Hany Farok	Tanta		
45-49 Nation:	1:11.38	6-2012	Amin Ahmed	Ahly		
50-54 Nation:	1:14.31	3-2016	Amin Ahmed Amin Amer	Ahly		
55-59 Nation:	1:23.36	3-2017	Osama Ahmed Momtaz	El Gizera		
60-64 Nation:	1:30.99	3-2017	Mohamed Sedky	Heliopolis		
65-69 Nation:	1:22.28	3-2017	Ghareib Attia	Cuez Canal		
70-74 Nation:	1:29.52	8-2015	Ahmed Abdel Baset	El Gezira		
Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
1	Mohamed Hesham Al Laboudy	22	Alexandria	NT	_____	_____
2	Eslam Aziz Abdel Mohaymein	26	El Rowad	NT	_____	_____
3	Ahmed Houssny Ahmed	31	El Zohour	NT	_____	_____
4	Tarik Mohamed Talaat Al Sayed	32	Heliopolis	NT	_____	_____
5	Marwa Mohamed Abdelaaty	33	Nasr City	NT	_____	_____
6	Sherif Adel Ramsis	33	El Zohour	NT	_____	_____
7	Mohamed Houssein Abdel Lateif	31	El Gezira	NT	_____	_____
8	Ahmed Mohamed Refaat	26	El Shams	NT	_____	_____
9	Mohamed Hesham Mohamed	25	Gzira Al Ward	NT	_____	_____
10	Seif El Din Mraeit	22	Alexandria	NT	_____	_____
Heat 2 of 4 Timed Finals						
1	Amr Al Arousy	38	Alexandria	NT	_____	_____
2	Emad El Din Yosef Mostafa	42	Shooting	NT	_____	_____
3	Hany Farouk Mostafa Abdel Hamed	43	Tanta	NT	_____	_____
4	Hesham Salah Alam	45	Heliopolis	NT	_____	_____
5	Hossam Saad Hana Saad	54	El Gezira	NT	_____	_____
6	Tarek Hassan Bakry	46	Heliopolis	NT	_____	_____
7	Amr Yosry Ahmed	43	Maadi	NT	_____	_____
8	Osama Hassanein Ibrahim	43	Shooting	NT	_____	_____
9	Amr Ali Mohamed Ibrahim	41	Gzira Al Ward	NT	_____	_____
10	Adnan Hesham Omar	37	Shooting	NT	_____	_____
Heat 3 of 4 Timed Finals						
1	Tarik Ahmed Abdel Azzim	57	Heliopolis	NT	_____	_____
2	Mohamed Sedky Nour El Din	61	Heliopolis	NT	_____	_____
3	Al Sayed Mohamed Bouraie	63	Shooting	NT	_____	_____
4	Moneir Hossein Eisa Abdel Raheim	65	Shooting	NT	_____	_____
5	Ghareib Atteia Ahmed Awny	69	Suez Canal	NT	_____	_____
6	Adel Yakout	65	Smoha	NT	_____	_____
7	Ali Selim Al Halaby	64	Heliopolis	NT	_____	_____
8	Mohamed Ashraf Gamal Al Banna	61	El Gezira	NT	_____	_____
9	Yaser Ahmed Al Maghraby	60	Heliopolis	NT	_____	_____
10	Ashraf Al Sayed Younes	56	Heliopolis	NT	_____	_____

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Heat 4 Timed Finals... (Event 13 Men 20 & Over 100 LC Meter Backstroke)

1	Ahmed Abdel Lattef Al Gazaly	70	El Gezira	NT	_____	_____
2	Tarik Ahmed Mongy Geiasa	71	El Gezira	NT	_____	_____
3	Ahmed Mohamed Abdel Baset	75	El Gezira	NT	_____	_____
4	Mohamed Fadel Waheba	78	El Gezira	NT	_____	_____
5	Fawzy Zaki	86	Alexandria	NT	_____	_____
6	Mahmoud Fahmy Souliman	80	El Gezira	NT	_____	_____
7	Baheig Boshra Meikhaeil	77	Heliopolis	NT	_____	_____
8	Marwan Mokhtar Ghazawy	73	Alexandria	NT	_____	_____
9	Hassan Khameis Al Toumy	71	Alexandria	NT	_____	_____
10	Karam Mohamed Habieb	70	Heliopolis	NT	_____	_____

Event 14 Women 20 & Over 100 LC Meter Backstroke

25-29 Nation:	1:13.74	3-2016	Dina Mostafa	El Gezira
30-34 Nation:	1:24.78	3-2017	Hanaa Dwedar	Sporting
35-39 Nation:	1:26.58	3-2017	Hoda Mohamed	El Gezira
40-44 Nation:	1:31.21	12-2015	Ranya Samy	Sporting
45-49 Nation:	1:26.31	3-2017	Rania Samy	Sporting
50-54 Nation:	1:41.97	9-2016	Mary Al Hag	Sporting
55-59 Nation:	1:45.44	11-2016	Nesrein Saad	Sporting
60-64 Nation:	1:50.27	3-2016	Neven Salah	El Gezira
65-69 Nation:	1:43.07	3-2016	Soher El Attar	El Gezira
70-74 Nation:	2:04.06	8-2014	Nagwa Ghorab	Heliopolis

Lane Name Age Team Seed Time Finals Place

Heat 1 of 3 Timed Finals

3	Salma Hasouna	22	Alexandria	NT	_____	_____
4	Nesrein Houssein Mohamed	26	Shooting	NT	_____	_____
5	Sherok Sherif Al Shenawy	33	Maadi	NT	_____	_____
6	Yassmin Mohamed Amin	30	Smoha	NT	_____	_____
7	Hoda Ismail Mahmoud	26	Maadi	NT	_____	_____

Heat 2 of 3 Timed Finals

1	Sama Ali Sultana	38	Alexandria	NT	_____	_____
2	Rania Samy Mohamed	46	Alexandria	NT	_____	_____
3	Nadein Ali Azmy	48	Maadi	NT	_____	_____
4	Manal Fawzi Gadalla	52	Heliopolis	NT	_____	_____
5	Maha Mahmoud Al Hkouly	56	Heliopolis	NT	_____	_____
6	Olla Ahmed Houssein Mosherif	55	Heliopolis	NT	_____	_____
7	Magda Ra`fat Habib	50	Maadi	NT	_____	_____
8	Sherifa Abdel Rhman Amin	47	Heliopolis	NT	_____	_____
9	Maha Abdel Rahman Mohamed	42	Maadi	NT	_____	_____
10	Hoda Mohamed Fouad Al Redy	36	El Gezira	NT	_____	_____

Heat 3 of 3 Timed Finals

1	Neven Mohamed Khlel	61	El Gezira	NT	_____	_____
2	Douriea Ahmed Nazzmy	66	Maadi	NT	_____	_____
3	Courin Mary Safeitsh	70	El Gezira	NT	_____	_____
4	Sameha Kamal Seif El Nasr	74	Heliopolis	NT	_____	_____
5	Nabela Ahmed Sayed Ahmed	78	El Gezira	NT	_____	_____
6	Madeha Mohamed Sherif	74	Heliopolis	NT	_____	_____
7	Nagwa Yousef Gharab	74	Heliopolis	NT	_____	_____
8	Souher Al Atar Anwar Al Atar	68	El Gezira	NT	_____	_____
9	Gelan Akl Fawzy	62	Heliopolis	NT	_____	_____
10	Lobna Mohamed Labib Abdel Rahm	57	El Gezira	NT	_____	_____

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Event 15 Men 20 & Over 50 LC Meter Butterfly

25-29 Nation:	25.22	8-2014	Shehab Younis	Smoha		
30-34 Nation:	25.30	8-2015	Mostafa Ateif	Ahly		
35-39 Nation:	28.58	8-2017	Mohamed Safy El Din	El Gezira		
40-44 Nation:	29.04	8-2017	Mohamed Mostafa	El Gzezira		
45-49 Nation:	31.53	12-2015	Amin Ahmed	Ahly		
50-54 Nation:	30.08	9-2016	Wa;ed Fatthy	Heliopolis		
55-59 Nation:	33.34	3-2016	Osama Ahmed Momtaz	El Gizera		
60-64 Nation:	32.25	12-2015	Montaser Awad	Ahly		
65-69 Nation:	36.74	3-2017	Abdel Monacim Mohamed	Ahly		
70-74 Nation:	37.79	8-2010	Ahmed Gawad Hamada	Sporting		
Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 7 Timed Finals						
4	Mohamed Hesham Al Laboudy	22	Alexandria	NT	_____	_____
5	Taher Mohamed Taher	22	Gzira Al Ward	NT	_____	_____
6	Ali Sary	22	Alexandria	NT	_____	_____
7	Abdalla Mohamed Taher	20	Gzira Al Ward	NT	_____	_____
Heat 2 of 7 Timed Finals						
1	Ahmed Al Hasafy	24	Alexandria	NT	_____	_____
2	Mohamed Hesham Mohamed	25	Gzira Al Ward	NT	_____	_____
3	Mahmoud Mohamed Essam	26	El Gezira	NT	_____	_____
4	Adham Hossam Mohamed	27	Alexandria	NT	_____	_____
5	Amr Rabeia Hassan	28	Ahly	NT	_____	_____
6	Adhma Ali Abdel Mogeid	27	El Shams	NT	_____	_____
7	Omar Hesham Farouk	26	Alexandria	NT	_____	_____
8	Mohamed Emad Mohamed	25	Alexandria	NT	_____	_____
9	Mohamed Medhat Ahmed Shalaby	24	Gzira Al Ward	NT	_____	_____
10	Seif El Din Mraeit	22	Alexandria	NT	_____	_____
Heat 3 of 7 Timed Finals						
1	Mohamed Houssein Abdel Lateif	31	El Gezira	NT	_____	_____
2	Zeyad Samy Raghib	31	El Zohour	NT	_____	_____
3	Tarik Mohamed Talaat Al Sayed	32	Heliopolis	NT	_____	_____
4	Ahmed Abdel Rahim	32	Alexandria	NT	_____	_____
5	Abdel Rahman Mohamed Loutfy	32	El Zamalek	NT	_____	_____
6	Mahmoud Mohamed Refaat	32	El Shams	NT	_____	_____
7	Mohamed Farouk Fatthalla	32	El Gezira	NT	_____	_____
8	Mahmoud Ibrahim Mahmoud	31	Gzira Al Ward	NT	_____	_____
9	Ahmed Salah Abdu Nada	31	Ahly	NT	_____	_____
10	Islam Mohamed Taha	30	El Zohour	NT	_____	_____
Heat 4 of 7 Timed Finals						
1	Amr Mohamed Maged Barakat	33	Tanta	NT	_____	_____
2	Ali Hassan Ali Hassan	34	El Zohour	NT	_____	_____
3	Amir Maher Demietary	37	Gzira Al Ward	NT	_____	_____
4	Haytham Hazeim	39	Alexandria	NT	_____	_____
5	Marwa Abdel Razeik	41	Nasr City	NT	_____	_____
6	Mohamed Ali Al Medany	39	Heliopolis	NT	_____	_____
7	Ahmed Ali Youseif	39	Alexandria	NT	_____	_____
8	Karim Saad El Din Ibrahim	36	Gzira Al Ward	NT	_____	_____
9	Mahmoud Abdel Rahman Al Bar	34	Gzira Al Ward	NT	_____	_____
10	Hashem Samy Ragheb	32	El Zohour	NT	_____	_____

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Heat 5 Timed Finals... (Event 15 Men 20 & Over 50 LC Meter Butterfly)

1	Ashraf Mohamed Said	42	El Yacht	NT	_____	_____
2	Yaser Aseim Mahmoud	44	Heliopolis	NT	_____	_____
3	Karim Assem Mohamed Abou El En	46	El Gezira	NT	_____	_____
4	Nezar Ahmed Abdel Rahman	47	El Gezira	NT	_____	_____
5	Waled Mohamed Fatthy	53	Heliopolis	NT	_____	_____
6	Youseif Hesham Goumaa	49	Heliopolis	NT	_____	_____
7	Tarek Hassan Bakry	46	Heliopolis	NT	_____	_____
8	Taeimour Ahmed Seifalla Ghaleb	44	El Gezira	NT	_____	_____
9	Mahmoud Taha Mahmoud Shams	42	Gzira Al Ward	NT	_____	_____
10	Amr Samir Khorshed	42	Heliopolis	NT	_____	_____

Heat 6 of 7 Timed Finals

1	Hossam Saad Hana Saad	54	El Gezira	NT	_____	_____
2	Ahmed Morsy Mostafa Fahmy	57	El Gezira	NT	_____	_____
3	Mostafa Hassan Abou El Fotouh	59	Shooting	NT	_____	_____
4	Mohamed Sedky Nour El Din	61	Heliopolis	NT	_____	_____
5	Ali Selim Al Halaby	64	Heliopolis	NT	_____	_____
6	Attef Fouad Eshak	62	Shooting	NT	_____	_____
7	Yaser Ahmed Al Maghraby	60	Heliopolis	NT	_____	_____
8	Hassan Abdel Aziz Hassan	57	Gzira Al Ward	NT	_____	_____
9	Mohssein Fatthy Abou El Wafa	55	Alexandria	NT	_____	_____
10	Hany Youseif Al Meseiry	53	Maadi	NT	_____	_____

Heat 7 of 7 Timed Finals

1	Abdel Sameia Abdel Hakim Ahmed	67	Maadi	NT	_____	_____
2	Mohamed Abdel Fattah Al Sayed	72	Alexandria	NT	_____	_____
3	Ahmed Gawad Hamada	78	Alexandria	NT	_____	_____
4	Mahmoud Fahmy Souliman	80	El Gezira	NT	_____	_____
5	Ahmed Fouad Kamal Ahmed	84	El Gezira	NT	_____	_____
6	Ali Kamel Ali Kamel	80	Ahly	NT	_____	_____
7	Moner Mohamed Abdel Salam	79	Alexandria	NT	_____	_____
8	Mohamed Sary Abdel Monaem	73	Tanta	NT	_____	_____
9	Abdel Monaem Mohamed Rashad	68	Ahly	NT	_____	_____
10	Hany Kamal Nasar	65	Heliopolis	NT	_____	_____

Event 16 Women 20 & Over 50 LC Meter Butterfly

25-29 Nation:	29.32	9-2016	May Attef	Ahly
30-34 Nation:	38.51	12-2015	Hoda Mohamed	El Gezira
35-39 Nation:	37.08	3-2017	Hoda Mohamed	El Gezira
40-44 Nation:	43.43	3-2016	Soha Shahen	Sporting
45-49 Nation:	37.25	12-2015	Sherwet Wafa	El Gezira
50-54 Nation:	55.98	12-2015	Caroul Mary	El Gezira
55-59 Nation:	47.49	11-2016	Gehan Ismail	Sporting
60-64 Nation:	54.73	3-2016	Neven Salah	El Gezira
65-69 Nation:	1:02.12	12-2015	Soher El Attar	El Gezira
70-74 Nation:	1:28.52	3-2017	Corinne Fahm	El Gezira

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 2 Timed Finals

3	Hannya Hossam Nabil Ibrahim	20	El Gezira	NT	_____	_____
4	Rawan Hossam Al Badry	22	Alexandria	NT	_____	_____
5	Soheir Abdel Monaeim Farag	27	El Zamalek	NT	_____	_____
6	Mai Attef Abd El Fattah	26	Ahly	NT	_____	_____
7	Malak Hossam	22	Alexandria	NT	_____	_____

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Heat 2 Timed Finals... (Event 16 Women 20 & Over 50 LC Meter Butterfly)

1	Basant Sayed Mohamed Nasar	29	Heliopolis	NT	_____	_____
2	Dina Adel Louweis	32	El Shams	NT	_____	_____
3	Hoda Mohamed Fouad Al Redy	36	El Gezira	NT	_____	_____
4	Soah Mohamed Lotfy Shahein	46	Alexandria	NT	_____	_____
5	Maha Mahmoud Al Hkouly	56	Heliopolis	NT	_____	_____
6	Manal Fawzi Gadalla	52	Heliopolis	NT	_____	_____
7	Rasha Yousef Mohamed	43	El Gezira	NT	_____	_____
8	Dina Magdy Mohamed	36	Maadi	NT	_____	_____
9	Haba Mohamed Selim	29	Maadi	NT	_____	_____
10	Haidy Hesham Hanafy	28	Maadi	NT	_____	_____